

### **Risk Review**

The trustees have conducted a review of the major risks to which the charity is exposed and systems have been established to mitigate those risks.

## **Objectives & Activities**

### **Mission Statement**

Young People Taking Action (YPTA), locally known as the CYDS project, was set up in 1997 to support young people aged 8-29 in the Suffolk Coastal Area by the provision of an information and support service.

In particular to help young people to reach their full potential and to improve the conditions of life for young persons who have the need for such as service due to social or economic circumstances.

Young People Taking Action is dedicated to continuing to improve and update the services, giving continuity of care to all service users, especially those who are marginalised.

### **Primary Objectives**

- Free, confidential, open minded, non-judgmental support.
- To aid young people to reach their full potential.
- To empower young people to take control of their daily lives and future independence.
- To respect the rights of the individual and their choices.
- To provide information and advice on topics, which may hinder young people reaching their goals.
  
- To meet the needs of young people in the local community and surrounding area.
- To advocate on behalf of the young people so they receive the best and most useful service for them.
- To offer a service which is user- friendly and flexible to the needs of the users, which offers the opportunity for early intervention together with crisis support.

### **Young People Taking Action aims to promote public benefit by tackling the issues outlined below:**

- Develop independence and empowerment.
- Develop self-awareness.
- Develop self-esteem and confidence.
- Gain an understanding of services available to them.
- Develop new skills and coping strategies.
- Change self-abusing patterns of behaviour.
- Reduce loneliness, isolation, and social marginalization.
- Receive opportunities to challenge themselves in a supportive environment.
- Gain relevant information to make informed choices.

The work we have undertaken in the past year and what we hope to achieve in the coming year will be explained in more detail over the following pages.

The trust have taken due regards of the guidance published by the Charity Commission on public benefit.

## **Achievements & Performance**

### **Introduction to the year**

Over the last year CYDS has continued to deliver a valuable service to young people living in our area of benefit and for some from outside of it.

The project as a whole has been able to offer different and interesting learning experiences, such as short educational courses to help people into education, training or employment, diversionary holiday activities and hobby sessions allowing young people the chance to try something new, such as art, photography and film making.

The organisation also continues to be proactive in offering young people courses, which the staff team sees as being beneficial to the ongoing wellbeing of the young people, such as substance misuse, anger management and others helping them to be better equipped to reach their full potential.

Mental health has become a larger part of our work. Staff have undertaken training in ways to understand and spot issues earlier and how to better support young people with mental health needs.

We continue to be able to cover all sessions with paid qualified staff assisted by volunteers, some of which are young people from within the project and some local people from the wider community keen to help the young people.

### **Open Access**

Our centres in Leiston and Saxmundham offered open access time, a total of 40 hours per week. This open access work is of real importance as without it we would not be able to build the relationships with the members enabling us to support them into the other more structured work we offer or into other training / employment opportunities. Also, it gives the members time to unwind, blow off steam, have fun, meet up with friends, try new things and relax in a safe comfortable environment. This year has been hard for us not being able to keep contact with many of our young and them with us, even though we offer online support.

### **Offer One 2 One Counselling**

This year we have been able to offer free Counselling to young people who need it. We offer an afternoon a week at our local college (Suffolk on the Coast) to support the young people there.

### **Fun Activities**

From our centre we offer a wide range of fun activities for members including arts and Crafts, photography, use of Internet, computer gaming, pool table, music, board games, TV, film projects, music projects, cooking, competitions and trips out.



## Young People Taking Action

### CHARITY NUMBER 1102645

#### **Targeted Courses**

We have been able to offer one to one support sessions to local young people to help them to get best possible transition from school life to adult life. Most of this work is aimed at young people not in, or at risk of being not in, education, employment, or training. Or young people who have been identified as young offenders or at real risk of becoming involved in crime.

#### **Young Parents**

Our Young Parents group has been on hiatus since the start of the pandemic, but we will be restarting this very soon.

#### **Welfare**

We were able to offer free use of phone and WiFi, washing machine, tumble dryer, shower, cooking facilities and basic food to young people in real need for these.

#### **Holiday Activities**

These are a range of sport, creative or community projects run during school holidays to give young people a chance to have fun, gain resilience, make new friends, and learn to work as a team and to give something back to the local community.

#### **Detached Work**

We have been going out and about around the streets of Leiston and Saxmundham offering information, advice and activities to young people who do not use our centre in Leiston. On top of all the normal information and advice work we also helped young people to understand the rules around Covid and the different levels of lockdowns and social distancing and protecting themselves and others.

#### **Partnership Working**

We have not been able to deliver any face-to-face partnership work as our partners have not been able to send staff out due to Covid restrictions. We have however been in contact with partners to arrange referrals to our Counseling service.

#### **Financial review**

Incoming resources amounted to £149,742 After incurring costs £147,515 the net credit balance for the year amounted to £2,224 as shown on page 9. The directors consider the yearend financial position to be satisfactory.

#### **Principal Funding Sources**

The principal funding sources for the charity are grants to enable it to meet its charitable during the year, these grants were chiefly from The National Lottery's Community Fund, Children in Need, Robert McAlpine Foundation, Limbourne Trust, East Suffolk District Council, and Saxmundham Town Council.

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#### **Reserves Policy**

Unrestricted funds represent the balance arising from the past operating activities. The charity is actively seeking funding for its ongoing work for the coming year. The main expenditure incurred by the charity is in relation to wages, and the trustees are satisfied that the balance of the fund is sufficient to meet the day-to-day operating requirements of the charity for a period of three months, amounting to approximately £15,000.

Free reserves at 31st August 2022 amounted to £58,854

Restricted funds are held in accordance with the terms of use for each project.

#### **Plans for Future Periods**

##### **Young Parents**

We are working towards bringing back our young parent's group, as soon as we can get a big enough group together to make it enjoyable for those taking part.

##### **Work in Yoxford**

We are working with Yoxford Parrish Council to deliver a drop in youth club and detached youth work in their village. This should be up and running soon.

##### **Detached Work**

We need to be able to offer detached work to make sure we can reestablish contact with any young people who we have not seen due to Covid plus engage with those younger one who have just come up into our age range.

##### **Widen the age ranges of those who use CYDS**

Consult with the young people to see what days, time, and ages they think sessions should be aimed at.

##### **Holiday Activities**

Offer a bigger holiday activities programme to a wider group of young people. To give young people something to look forward too. With fun activities away from home and back outside in the fresh air again.

##### **Partnerships**

Continue to offer the use of our centre to other services and organisation that work with young people in our area and to work towards CYDS being at the centre of the local Integrated Youth Support Service.

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**Independent Examiner**

CRASL Accounting Services will be re-appointed as independent examiner for the ensuing year.

**Small Companies Provision**

This report has been prepared in accordance with special provision for small companies under part 15 of the Companies Act 2006.



Jack Fairweather

Chair

Date

22.06.2023



Young People Taking Action

CHARITY NUMBER 1102645

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF Young People Taking Action

I report on the accounts of the charity for the year ended 31 August 2022, which are set out on pages 9 to 15.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of the Charities Act 2011 (The Act) does not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 145(5)(b) of the Act, whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity has prepared accounts in accordance with published on 16 July 2014, the Financial Reporting Standard for Smaller Entities (FRSSE) is in

preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Young People Taking Action

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INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- 1     which gives me reasonable cause to believe that in any material respect the requirements
  - \*     to keep accounting records in accordance with section 130 of the Act; and
  - \*     to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act.
- have not been met; or
- 2     to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rebecca Brock FMAAT/ACCA  
CRASL  
Saxmundham

Young People Taking Action

CHARITY NUMBER 1102645

STATEMENT OF FINANCIAL ACTIVITIES

For the year end 31 August 2022

				2022	2021
	Note	Unrestricted £	Restricted £	Total £	Total £
<b>Income and endowments from</b>					
<i>Voluntary Income:</i>					
Donations and legacies	2	109,363	0	109,363	115,634
Grants		0	0	0	9,907
<i>Activities for generating funds:</i>					
Charitable activities	3	40,365	0	40,365	31,507
Investments		0	0	0	0
Interest Received		14	0	14	0
<b>Total income and endowments</b>		<b>149,742</b>	<b>0</b>	<b>149,742</b>	<b>157,048</b>
<b>Expenditure</b>					
Cost of generating voluntary income					
Charitable activities	4	147,518		147,518	150,191
<b>Total expenditure</b>		<b>147,518</b>		<b>147,518</b>	<b>150,191</b>
<b>Net movement in funds</b>					
		2,224		2,224	6,857
Balances brought forward					
		56,630		56,630	49,773
		58,854		58,854	56,630

All of the Charity's activities are classed as continuing.

The Charity has no recognised gains or losses other than those shown above.

The notes on pages 9 to 15 form part of these accounts.



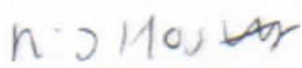
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BALANCE SHEET AS AT 31 August 2022

	Note	£	2022 £	£	2021 £
<b>Fixed Assets</b>					
Tangible Assets	5		1,947		222
			<u>1,947</u>		<u>222</u>
<b>Current Assets</b>					
Stock		0		0	
Debtors and prepayments	6	80		0	
Cash at bank-current		33,752		33,348	
Cash at bank-deposit		25,013		25,000	
Cash in hand		<u>0</u>		<u>0</u>	
		58,845		58,348	
<b>Liabilities</b>					
Amounts falling due in one year	7	1,938		1,940	
<b>Net current assets</b>			<u>56,907</u>		<u>56,408</u>
<b>Net assets</b>			<u>58,854</u>		<u>56,630</u>
<b>Funds</b>					
General			58,854		56,630
			<u>58,854</u>		<u>56,630</u>

Approved by the Board of Trustees on 27 February 2023 and signed on its behalf by:

  
\_\_\_\_\_  
Ronnie Hostler  
Trustee

NOTES TO THE ACCOUNT

**1 ACCOUNTING POLICIES**

**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2015) and the Charities Act 2011. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting accounting policy note. The financial statements have been prepared to give and 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following Accounting and Reporting by the Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRSSE).

**Preparation of accounts on a going concern basis**

The assessment of the trustees is that the charity is a going concern.

**Income**

All incoming resources are included on the Statement of Financial Activities when the charity has sufficient certainty that receipt of the income is probable and the amount can be measured reliably.

**Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party. It has been classified under headings that aggregate all costs related to the at category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT. Grants offered subject to conditions which have not been met at the year end date are noted as commitment but not accrued as expenditure.

**Voluntary Income**

All donated income is included in income on receipt where the donor requires that the sum is to be treated as income in future accounting periods.

**Investment Income**

Interest received is included when receivable.

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#### NOTES TO THE ACCOUNT

##### **Fixed Assets**

Depreciation is provided on fixed assets at rates calculated to write off the costs, less estimated residual value, or each asset over its expected useful life as follows:-

Furniture, Fixtures and Fittings - 20% on reducing balance

##### **Stock**

Stock is valued at a lower of cost and net realisable value



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NOTES TO THE ACCOUNTS

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted £	Restricted £	2022 Total £	2021 Total £
<b>2 Donations and legacies</b>					
Donations & Legacies		109,363	0	109,363	115,634
Grants		0	0	0	9907
		<u>109,363</u>	<u>0</u>	<u>109,363</u>	<u>125,541</u>
<b>3 Charitable activities</b>					
Fundraising	9	22,854	0	22,854	19,106
Youth Club		12,971	0	12,971	12,281
Snack Bar / Training		1764	0	1,764	120
Holiday Activities		2,776	0	2,776	0
		<u>40,365</u>	<u>0</u>	<u>40,365</u>	<u>31,507</u>
<b>4 Charitable activities</b>					
Coffee bar & Food		2,049	0	2,049	547
Fundraising Costs		4,797	0	4,797	4,167
Wages & Salaries		95,533	0	95,533	85,653
Employers NIC		2,235	0	2,235	0
Employers Pension		4,357	0	4,357	3,338
Rent & Rates		10,800	0	10,800	11,700
Light, Heat & Water		2,574	0	2,574	1,320
Telephone		604	0	604	742
Waste Disposal		278	0	278	224
Licences & Fees		391	0	391	254
Insurance		745	0	745	712
Counselling		6,864	0	6,864	7,324
Equipment & Repairs		803	0	803	395
Saxmundham		398	0	398	4,394
Holiday Activities		758	0	758	3,066
Stationery & General		1,147	0	1,147	1,236
Accountancy		384	0	384	360
Depreciation		431	0	431	57
Projects		200	0	200	74
Leiston Youth Club		11,157	0	11,157	12,481
Training		1,013	0	1,013	12,150
		<u>147,518</u>	<u>0</u>	<u>147,518</u>	<u>150,194</u>

Young People Taking Action

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NOTES TO THE ACCOUNTS

STATEMENT OF FINANCIAL ACTIVITIES

<b>5 Fixed Assets</b>	<b>Equipment</b>	<b>Furniture</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Cost			
At 1 September 2021	278	61,040	61,318
Additions	1,799	358	2,157
Less: Grants	0	0	0
At 31 August 2022	<u>2,077</u>	<u>61,398</u>	<u>63,475</u>
Depreciation			
At 1 September 2021	56	61,040	61,096
Charge for the year	360	72	432
At 31 August 2022	<u>416</u>	<u>61,112</u>	<u>61,528</u>
Net book Value			
At 31 August 2022	<u>1,661</u>	<u>286</u>	<u>1,947</u>
At 1 September 2021	<u>222</u>	<u>0</u>	<u>222</u>
<b>6 Debtors and prepayments</b>		<b>2022</b>	<b>2021</b>
Debtors		0	0
Prepayments		0	0
Net Wages		50	0
DEA		30	0
		<u>80</u>	<u>0</u>
<b>7 Liabilities: Amounts falling due within one year</b>			
Accruals		384	1,940
PAYE		1,082	0
Pension		472	0
		<u>1,938</u>	<u>1,940</u>

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NOTES TO THE ACCOUNTS

STATEMENT OF FINANCIAL ACTIVITIES

**8 Fundraising**

Amazon Smile	£68.56
Robert McAlpine Foundation	£7,500
Homeland Charitable Trust	£3,500
F B Coales Family Trust	£1,000
Awards For All Fund	£8,816
Community Suffolk Action	£1,219.50
The Casey Trust	£500
Cranfield Charitable Trust	£250
	<u>£22,854.06</u>