

CARRS LANE COUNSELLING CENTRE LIMITED

England & Wales · Charity number 1102628

Details

Status Registered

Legal form Charitable company

Company number [04894920](#)

Registered 2004-03-15

Register [View on the Charity Commission register](#)

Contact

Address Carrs Lane Counselling
Carrs Lane Church
Carrs Lane
Birmingham
B4 7SX

Phone 01216436363

Email counselling@carrslanecounselling.co.uk

Website www.carrslanecounselling.co.uk

Activities

Objects: THE RELIEF OF PERSONS IN NEED, HARDSHIP OR DISTRESS CAUSED BY MENTAL OR PHYSICAL ILL HEALTH OR BY SOCIAL OR ECONOMIC CIRCUMSTANCES BY ESTABLISHING AND MAINTAINING AND DEVELOPING A VOLUNTARY CONFIDENTIAL COUNSELLING SERVICE.

Activities: The Carrs Lane Counselling Centre exists to bring about the relief of persons in need, hardship or distress caused by physical or mental ill-health or by social or economic circumstances by establishing and maintaining a voluntary confidential counselling service.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED, IN PRACTICE LOCALLY IN THE WEST MIDLANDS.
- Birmingham City
- Coventry City
- Dudley
- Sandwell
- Solihull
- Walsall
- Wolverhampton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£64,654	£77,577	-	-
2024-03-31	£68,809	£62,751	-	-
2023-03-31	£44,994	£67,325	-	-
2022-03-31	£34,365	£63,200	-	-
2021-03-31	£86,021	£48,677	-	-

Trustees

Name	Role	Appointed
Bayan Essam Masoud	Chair	2025-11-29
Chimene Codner		2022-11-01
DIANA MARY COTTINGHAM		2020-04-01
ELIZABETH BARBARA CUMMINGS		2013-07-26
Joanne Louise McDonald		2024-06-11
Kenneth Walter Hutchinson		2026-04-07
Martin Stokes		2025-02-04
Michael David Beech		2026-01-08

CARRS LANE COUNSELLING CENTRE LIMITED

England & Wales - Charity number 1102628

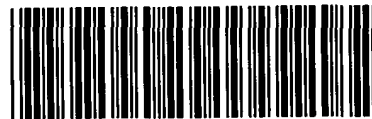
Accounts

Charity registration number : 1102628

Company registration number: 04894920 (England and Wales)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

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20/12/2025

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COMPANIES HOUSE

Carrs Lane Counselling Centre Limited (CLCC)

Legal and Administrative Information

Trustees	J Horwood (Chair)	
	C Codner	
	D Cottingham	
	E Cummings	
	A Harris	
	A Leo	Resigned 4 February 2025
	J McDonald	Appointed 11 June 2024
	D Pujara	Resigned 30 June 2024
	P Todman	Appointed 11 June 2024
	C Rinaldi	Appointed 8 October 2024
	M Stokes	Appointed 4 February 2025
Secretary	C Rinaldi	Appointed 4 February 2025
	A Leo	Resigned 4 February 2025
Charity Number	1102628	
Company number	04894920	
Registered office	Carrs Lane Conference Centre Carrs Lane Birmingham B4 7SX	
Independent examiner	LMH Accountants Limited T/A Trevor Jones & Co Old Bank Chambers 582-586 Kingsbury Road Erdington Birmingham B24 9ND	
Bankers	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	

Carrs Lane Counselling Centre Limited (CLCC)
Contents

	Page
Trustees report	1 - 4
Independent examiners report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 10

Carrs Lane Counselling Centre Limited (CLCC)
Trustees Report (Including Directors Report)
For the Year Ending 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and activities

The principal object of the charity is to bring about the relief of persons in need, hardship or distress caused by loss, relationship issues, abuse and mental health issues caused by social or economic circumstances. It continues to develop and maintain a voluntary and confidential counselling service.

Significant activities

The Counselling Centre continues to fulfil its charitable objectives through the provision of no/low cost one to one counselling to people over the age of 18 to help them bring about effective change in them-selves and their lives and/or to enhance their wellbeing.

Clients are able to choose to have their counselling sessions face to face, by telephone or by video link. All three methods are now embedded in our operational activities.

Clients continue to be signposted to the Counselling Centre by GPs, Mental Health Trusts, Social Services and other local agencies. There are no restrictions on who may benefit from the Counselling Centre's services and counselling is never refused except where more specialist assistance is required, when clients are signposted to more appropriate

During an initial telephone assessment, clients are assessed for their suitability for face to face, online or telephone counselling. Each counsellor also conducts an assessment, after which they report to their clinical supervisor for supervision of their assessment and to gain approval for contracting to counsel with the client. Counsellors, depending on their ability as assessed by their clinical supervisor, may counsel up to six clients. Probationary counsellors may counsel only two clients at any given time. A counselling session, whether face to face or telephone, lasts 50 minutes. Initial contracts are for six sessions with a follow-up review, after which contracting for a further six sessions may be possible. In exceptional circumstances additional sessions may be made available.

Recruitment and Continuing Professional Development of counsellors is a core activity and the Counselling Centre has a regular programme established with a number of educational establishments in the Birmingham area as part of the contact hours requirement for their courses.

In line with understood timescales for the redevelopment of the site at Carrs Lane, significant research was undertaken with a view of establishing relocation options and likely costs. As a step towards providing an alternative location, the Counselling Centre took up an option on a small space in the Quayside House redevelopment on Broad Street in the City Centre for a peppercorn rent. This has the potential to provide a foothold into further space if and when this becomes available.

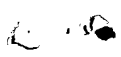
The timeline of redevelopment programme of the Carrs Lane site incurred significant slippage during the year and is not an immediate threat to the operation of the Counselling Centre. Work carried out last year has established a baseline of opportunities and cost involved but no decisions to move were required. The Counselling Centre has maintained its option on a small space in the Quayside House redevelopment on Broad Street in the City Centre for a peppercorn rent as a low-cost backstop.

The Trustees are confident that the 2024/2025 accounts represent a true and accurate account of the finances of the Counselling Centre during that year.

An AGM of trustees and volunteers was held on 29th November 2025 at which time the Board of Directors was re-elected and the Annual Report for 2024/2025 approved by show of hands.

The charity continued to be recognised by the relevant professional body, The British Association for Counselling and Psychotherapy (BACP), as a "BACP Accredited Counselling Service".

Considerable grants have been received from bodies with whom we have an on-going relationship.



Carrs Lane Counselling Centre Limited (CLCC)

Trustees Report (Including Directors Report)

For the Year Ending 31 March 2025

The Counselling Centre has maintained its object of providing a professional counselling service to members of the general public.

During the period April 2024 to March 2025, the Counselling Centre provided a service to 134 clients (previous year 162 clients). 1,387 counselling hours were delivered with a mean average of 6.8 counselling sessions per client.

These numbers are similar to last year with slightly fewer clients and slightly more hours, however 20% of counselling sessions were lost due to client absence. This is significantly higher than the numbers reported by the NHS for missed appointments although substantially less than reported in some studies in the US. As a result of this high level, the Counselling Centre has introduced a system that enables text reminders to be sent to clients and this is having the effect of reducing the level of missed appointments.

Personnel changes

Apart from the addition of three volunteer counsellor representatives, there were no significant personnel changes in 2024/25, however the Trustees are intent on further increasing the strength and breadth of business expertise on the board and continue to look for suitable recruitment opportunities.

The stability and capability of the current Trustees and Volunteers has been welcome and has contributed greatly to the recovery of the Charity following the turbulence of the previous three years.

The volunteer counsellors continued to be supported by a team of Volunteer Clinical Supervisors, who are themselves supported by an external Supervisory Consultant, the Counselling Centre Manager/Clinical Lead and the Board of

The Counselling Centre recognises the need to continue to establish and maintain links with local mental health services, specialist agencies (e.g. safeguarding, domestic violence etc.), other third-sector counselling services and the Community Police.

Public benefit

In reviewing their activities, the trustees have referred to the general guidance from the Charity Commission on public benefit.

Trends in counselling needs, provision of the correct level of service and current legislation are continuously monitored by all those involved to ensure that the Counselling Centre remains at the forefront of counselling provision in

Future developments

As noted earlier, The Church At Carrs Lane who are the Landlords of the Counselling Centre have given notice of their intention to sell the site for redevelopment. It continues to be the case that the redeveloped site will have a Community facing facility within it however the nature and scale of the space is still unclear and is the subject of ongoing discussions. The timescale for the redevelopment is not yet established but has been significantly pushed back and it is likely that an alternative site for the Counselling Centre will not be required until at least the first half of 2027.

We reported last year that The Church At Carrs Lane had withdrawn the majority of its activities at the Carrs Lane site and the Counselling Centre had taken on the majority of the services that had been provided by The Church. In 2024 the Counselling Centre also took on full responsibility for the payroll services for its two paid staff as well as the responsibility for administration of the Pensions Scheme.

IT and Communications systems were upgraded with a new provider during the year without disruption and are readily transferrable to a new location if required. Our IT resilience is much improved as a result.

A new client management system has been installed that has enhanced the efficiency of managing client/counsellor interaction and we continue to develop further measures to improve client attendance rates.

The trustees are confident that we will be able to offer counselling through different platforms so that the people of Birmingham can benefit from our services.

In order to improve visibility of our services, the Counselling Centre has expanded its presence in Social Media with regular postings on LinkedIn and Instagram.

The task of enhancing the business capabilities of the Board is critical to continued performance. In line with this objective a further four directors were recruited this year. All have strong business backgrounds and skills and have added much to the Counselling Centre.

Carrs Lane Counselling Centre Limited (CLCC)

Trustees Report (Including Directors Report)

For the Year Ending 31 March 2025

Financial review

Detailed analysis is contained in the notes to the Financial Statements. The incoming resources for the year were £64,654 (2024: £68,809). The charity's activities have resulted in a deficit of £13,923 (2024: surplus of £6,058). At the balance sheet date, the Centre had £12,093 (2024: £26,016) in unrestricted funds. The analysis of income and expenditure reflects the classification of activities together with costs relating to support of those activities. This represents a significant improvement in the financial position of The Charity.

Structure, governance and management

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 10 September 2003.

Recruitment and appointment of new trustees

The management of the charity is the responsibility of the trustees who are elected and co-opted in accordance with the Memorandum and Articles of Association.

The trustees act in a voluntary capacity and any fees paid are made in accordance with the Memorandum and Articles of Association and disclosed in note 4 to the financial statements. Any private benefit is incidental to our work. During the year no fees were received by any director of the charity.

Organisational structure

The Counselling Centre has a specified individual who holds clinical responsibility for the service. There is a clearly defined and effective management structure which includes:

- i) Counselling Centre Manager and Clinical Lead who is a qualified and experienced counsellor, has knowledge and experience of the counselling field and has overall responsibility for the operational and clinical management of the service.
- ii) An Administrative Assistant (part-time)
- iii) The voluntary Board of Trustees
- iv) A Supervisory Consultant (contractor)
- v) Voluntary Supervisors
- vi) Voluntary Counsellors

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J Horwood (Chair)	A Leo	Resigned 4 February 2025
C Codner	J McDonald	
D Cottingham	M Stokes	Appointed 4 February 2025
E Cummings	C Rinaldi	
A Harris	P Todman	
C Hickey	Appointed 27 February 2025, Resigned 22 April 2025	

Related parties

The Counselling Centre has a close relationship with The Church at Carrs Lane (formerly Carrs Lane Church Centre) even though it is registered as a separate charity. The Church continues to be supportive in our mission. Two trustees are appointed by the Church at Carrs Lane.

Carrs Lane Counselling Centre Limited (CLCC)
Trustees Report (Including Directors Report)
For the Year Ending 31 March 2025

Risk management

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Some of the key elements identified are:

Risk assessment and dealing with critical incidents continues to form part of the Induction and Training programme for employed and voluntary staff;

There are procedures to help all staff identify and deal with clients at risk to themselves or others;

The service is covered by professional indemnity and public liability insurance; and

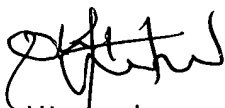
BACP recommendations for registration of counsellors are monitored.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to three month's expenditure. The Trustees then consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. Free reserves at 31 March 2025 £12,093 (2024: £26,016), against a spending of £72,577 (2024: £40,821) which meets the requirements, free reserves have been calculated as unrestricted funds. The Trustees will remain mindful of this target in making financial decisions and allocating resources during the current year.

The charity continues to try to source appropriate levels of activities for its purpose and will restore its reserves to its stated policy as soon as it is practicable to do so.

The Trustees' report was approved by the Board of Trustees



J Horwood
Trustee



P Todman
Trustee

29 November 2025

Independent examiners report to the trustees of Carrs Lane Counselling Centre Limited (CLCC)

I report to the Trustees on my examination of the financial statements of Carrs Lane Counselling Centre Limited (CLCC) (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. The financial statements do not accord with those records; or
3. The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

LMH Accountants Ltd

LMH Accountants Limited T/A Trevor Jones & Co
Old Bank Chambers
582-586 Kingsbury Road
Erdington
Birmingham
B24 9ND

Dated: 19/12/2025

Carrs Lane Counselling Centre Limited (CLCC)
Statement of Financial Activities
For the Year Ending 31 March 2025

	Notes	2025			2024		
		Unrestricted funds £	Restricted funds £	Total £	Unrestricted funds £	Restricted funds £	Total £
Income from:							
Donations and legacies	3	16,104	-	16,104	11,184	-	11,184
Charitable activities	4	42,500	6,000	48,500	40,825	16,800	57,625
Bank interest		50	-	50	-	-	-
		58,654	6,000	64,654	52,009	16,800	68,809
Expenditure on:							
Charitable activities	5	(72,577)	(5,000)	(77,577)	(40,821)	(21,930)	(62,751)
Net movement in funds		(13,923)	1,000	(12,923)	11,188	(5,130)	6,058
Fund balances at 1 April 2024		26,016	-	26,016	14,828	5,130	19,958
Fund balances at 31 March 2025		12,093	1,000	13,093	26,016	-	26,016

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Carrs Lane Counselling Centre Limited (CLCC)
Balance Sheet
As at 31 March 2025

		2025		2024	
	Notes	£	£	£	£
Fixed Assets					
Tangible assets	9		-		22
Current Assets					
Debtors	10	1,356		11,595	
Cash at bank and in hand		27,787		32,534	
			29,143		44,129
Creditors: Amounts falling due within one year	11		(16,050)		(18,135)
Net current assets			13,093		25,994
Total assets less current liabilities			13,093		26,016
Income funds					
Restricted funds			1,000		-
Unrestricted funds			12,093		26,016
			13,093		26,016

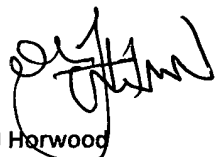
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29th November 2025


J Horwood
Trustee


P Todman
Trustee

Company registration number 04894920

Carrs Lane Counselling Centre Limited (CLCC)
Trustees Report (Including Directors Report)
For the Year Ending 31 March 2025

1. Accounting policies

Charity information

Carrs Lane Counselling Centre Limited (CLCC) is a private company limited by guarantee incorporated in England and Wales. The registered office is Carrs Lane Conference Centre, Carrs Lane, Birmingham, B4 7SX.

Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Going Concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Expenditure is recognised on an accruals basis in line with when the goods or services were received. Any uninvoiced amounts at the year end shown within Accruals and Deferred Income.

Expenditure in the Statement of Financial Activities is categorised as disclosed in Note 5.

Tangible Assets

Tangible Assets are recognised at historical cost.

Depreciation is charged by equal instalments over the expected life of the asset, commencing at date of acquisition.

Carrs Lane Counselling Centre Limited (CLCC)
Trustees Report (Including Directors Report)
For the Year Ending 31 March 2025

1. Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Carrs Lane Counselling Centre Limited (CLCC)
Notes to the Financial Statements
For the Year Ending 31 March 2025

3. Donations and legacies

	2025	2024
	£	£
Donations and gifts	16,104	11,184
	16,104	11,184

All income from gifts and legacies relate to unrestricted funds

4. Income from charitable activities

	2025	2024
	£	£
Grants	48,500	57,625
	48,500	57,625

Analysis by fund

Unrestricted funds	42,500	40,825
Restricted funds	6,000	16,800
	48,500	57,625

5. Expenditure on charitable activities

	2025	2024
	£	£
Staff costs	52,380	44,478
Depreciation and impairment	22	54
Training and supervision	7,670	6,813
Accommodation costs	10,500	3,874
Subscriptions	-	725
Insurance	606	694
Office supplies	2,125	1,480
Bank charges	60	60
Computer costs	2,408	2,821
Accountancy fees	1,006	577
Independent examination fee	800	800
Legal and professional	-	375
	77,577	62,751

Analysis by fund

Unrestricted funds	72,577	40,821
Restricted funds	5,000	21,930
	77,577	62,751

Carrs Lane Counselling Centre Limited (CLCC)
Notes to the Financial Statements
For the Year Ending 31 March 2025

6. Trustees

None of the Trustees or any persons connected with them) received any remuneration or benefits from the charity during the year (2023: £Nil)

7. Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	2	2
	2025	2024
	£	£
Employment costs:		
Wages and salaries	51,218	38,909
Social security costs	-	4,400
Other pension costs	1,162	1,169
	52,380	44,478

There were no employees whose annual remuneration was more than £60,000.

8. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

9. Tangible Fixed Assets

	Fixtures and Fittings £
Cost	
At 1 April 2024 and 31 March 2025	11,442
Depreciation	
At 1 April 2024	11,420
Depreciation charged in the year	22
At 31 March 2025	11,442
Carrying amount	
At 31 March 2025	-
At 31 March 2024	22

Carrs Lane Counselling Centre Limited (CLCC)
Notes to the Financial Statements
For the Year Ending 31 March 2025

10. Debtors

	2025 £	2024 £
Other debtors	1,277	11,332
Prepayments and accrued income	79	263
	1,356	11,595

11. Creditors: Amounts falling due within 1 year

	2025 £	2024 £
Accruals and deferred income	16,050	18,135
	16,050	18,135

12. Analysis of net assets between funds

	2025			2024		
	Unrestricted funds £	Restricted funds £	Total £	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 31 March are represented by:						
Tangible assets	-	-	-	22	-	22
Net current assets	12,093	1,000	13,093	25,994	-	25,994
	12,093	1,000	13,093	26,016	-	26,016

13. Related party transactions

There were no disclosable related party transactions during the year (2024: None).

CARRS LANE COUNSELLING CENTRE LIMITED

England & Wales - Charity number 1102628

Accounts

Charity registration number: 1102628

Company registration number: 04894920 (England and Wales)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

Carrs Lane Counselling Centre Limited (CLCC)
Legal and Administrative Information

Trustees	J Horwood (Chair)	
	C Codner	
	D Cottingham	
	E Cummings	
	A Harris	
	A Leo	Appointed 20 February 2024
	J McDonald	Appointed 11 June 2024
	D Pujara	Resigned 30 June 2024
	P Todman	Appointed 11 June 2024
	C Rinaldi	Appointed 8 October 2024
Secretary	A Leo	
Charity Number	1102628	
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Registered office	Carrs Lane Conference Centre Carrs Lane Birmingham B4 7SX	
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Contents

	Page
Trustees report	1 - 4
Independent examiners report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 10

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Trustees Report (Including Directors Report)
For the Year Ending 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and activities

The principal object of the charity is to bring about the relief of persons in need, hardship or distress caused by loss, relationship issues, abuse and mental health issues caused by social or economic circumstances. It continues to develop and maintain a voluntary and confidential counselling service.

Significant activities

The Counselling Centre continues to fulfil its charitable objectives through the provision of no/low cost one to one counselling to people over the age of 18 to help them bring about effective change in them-selves and their lives and/or to enhance their wellbeing.

The changes made to the provision of services that were introduced during the COVID-19 Pandemic have endured, with significant numbers of clients preferring to continue with telephone or online counselling rather than face to face. All three methods are now embedded in our operational activities.

Clients continue to be signposted to the Counselling Centre by GPs, Mental Health Trusts, Social Services and other local agencies. There are no restrictions on who may benefit from the Counselling Centre's services and counselling is never refused except where more specialist assistance is required, when clients are signposted to more appropriate agencies.

During an initial telephone assessment, clients are assessed for their suitability for face to face, online or telephone counselling. Each counsellor also conducts an assessment, after which they report to their clinical supervisor for supervision of their assessment and to gain approval for contracting to counsel with the client. Counsellors, depending on their ability as assessed by their clinical supervisor, may counsel up to six clients. Probationary counsellors may counsel only two clients at any given time. A counselling session, whether face to face or telephone, lasts 50 minutes. Initial contracts are for six sessions with a follow-up review, after which contracting for a further six sessions may be

Following the curtailment of some activities in the year 2022/23, the Counselling Centre was able to re-sume the expected programme of Continuing Professional Development and to plan for the recruitment of volunteer counsellors later in the calendar year.

In line with understood timescales for the redevelopment of the site at Carrs Lane, significant research was undertaken with a view of establishing relocation options and likely costs. As a step towards providing an alternative location, the Counselling Centre took up an option on a small space in the Quayside House redevelopment on Broad Street in the City Centre for a peppercorn rent. This has the potential to provide a foothold into further space if and when this becomes available.

As previewed in last year's report we have taken the step of improving the interaction that volunteer counsellors have with the Counselling Centre and Board of Trustees by the establishment of three Counsellor Representatives. Drawn from the ranks of our volunteer counsellors, these three highly experienced individuals have already demonstrated their impact on the thinking of the Board and are a valuable addition to our team.

The Trustees are confident that the 2023/2024 accounts represent a true and accurate account of the finances of the Counselling Centre during that year.

An AGM of trustees and volunteers was held on 9th November 2024 at which time the Board of Directors was re-elected and the Annual Report for 2023/2024 approved by show of hands.

The charity continued to be recognised by the relevant professional body, The British Association for Counselling and Psychotherapy (BACP), as a "BACP Accredited Counselling Service".

Considerable grants have been received from bodies with whom we have an on-going relationship.

The Counselling Centre has maintained its object of providing a professional counselling service to members of the general public.

Carrs Lane Counselling Centre Limited (CLCC)

Trustees Report (Including Directors Report)

For the Year Ending 31 March 2024

During the period April 2023 to March 2024, the Counselling Centre provided a service to 162 clients (previous year 175 clients). 1343 counselling hours were delivered with a mean average of 8 counselling sessions per client.

These numbers are similar to last year with slightly fewer clients and slightly more hours, however 20% of counselling sessions were lost due to client absence. This is significantly higher than the numbers reported by the NHS for missed appointments although substantially less than reported in some studies in the US. As a result of this high level, the Counselling Centre has introduced a system that enables text reminders to be sent to clients and this is having the effect of reducing the level of missed appointments.

Income from Trust Fund donors recovered substantially in 2023/24 and this is reflected in the accounts.

Personnel changes

Apart from the addition of three volunteer counsellor representatives, there were no significant personnel changes in 2023/24, however the Trustees are intent on further increasing the strength and breadth of business expertise on the board and continue to look for suitable recruitment opportunities.

The stability and capability of the current Trustees and Volunteers has been welcome and has contributed greatly to the recovery of the Charity following the turbulence of the previous three years.

The volunteer counsellors continued to be supported by a team of Volunteer Clinical Supervisors, who are themselves supported by an external Supervisory Consultant, the Counselling Centre Manager/Clinical Lead and the Board of

The Counselling Centre recognises the need to continue to establish and maintain links with local mental health services, specialist agencies (e.g. safeguarding, domestic violence etc.), other third-sector counselling services and the Community Police.

Public benefit

In reviewing their activities, the trustees have referred to the general guidance from the Charity Commission on public benefit.

Trends in counselling needs, provision of the correct level of service and current legislation are continuously monitored by all those involved to ensure that the Counselling Centre remains at the forefront of counselling provision in

Future developments

As previously reported, The Church At Carrs Lane who are the Landlords of the Counselling Centre have given notice of their intention to sell the site for redevelopment. It continues to be the case that the re-developed site will have a Community facing facility within it however the nature and scale of the space is still unclear and is the subject of ongoing discussions. The timescale for the redevelopment is not yet established but has been significantly pushed back and it is likely that an alternative site for the Counselling Centre will not be required until at least the first half of 2026.

The Church At Carrs Lane has withdrawn the majority of its activities at the Carrs Lane site and the Counselling Centre has taken on the majority of the services that had been provided by The Church.

In 2024 the Counselling Centre will take on full responsibility for the payroll services for its two paid staff as well as the responsibility for administration of the Pensions Scheme.

Attention will be directed towards ensuring that IT and Communications systems can be readily transferable to the new location once this is identified and agreed. We will need to be creative in our use of resources and will continue to build a strong network so that we can offer a vital service as we transition to the new environment.

A new client management system will be installed that will enhance the efficiency of managing client/counsellor interaction and we will develop further measures to improve client attendance rates.

The trustees are confident that we will be able to offer counselling through different platforms so that the people of Birmingham can benefit from our services.

Although the financial deficit incurred over the previous two years has been reduced, it is clear that alternative income streams are necessary. Trustees will initiate a major review of strategy in the coming year to identify and capitalise on additional activities.

Carrs Lane Counselling Centre Limited (CLCC)

Trustees Report (Including Directors Report)

For the Year Ending 31 March 2024

Financial review

Detailed analysis is contained in the notes to the Financial Statements. The incoming resources for the year were £68,809 (2023: £44,994). The charity's activities have resulted in a surplus of £6,058 (2023: deficit of £22,331). At the balance sheet date, the Centre had £26,016 (2023: £14,828) in unrestricted funds. The analysis of income and expenditure reflects the classification of activities together with costs relating to support of those activities.

Reserves policy General funds are required to assist with the development of the service and help cover related support costs.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 10 September 2003.

Recruitment and appointment of new trustees

The management of the charity is the responsibility of the trustees who are elected and co-opted in accordance with the Memorandum and Articles of Association.

The trustees act in a voluntary capacity and any fees paid are made in accordance with the Memorandum and Articles of Association and disclosed in note 4 to the financial statements. Any private benefit is incidental to our work. During the year no fees were received by any director of the charity.

Organisational structure

The Counselling Centre has a specified individual who holds clinical responsibility for the service. There is a clearly defined and effective management structure which includes:

- i) Counselling Centre Manager and Clinical Lead who is a qualified and experienced counsellor, has knowledge and experience of the counselling field and has overall responsibility for the operational and clinical management of the service.
- ii) An Administrative Assistant (part-time)
- iii) The voluntary Board of Trustees
- iv) A Supervisory Consultant (contractor)
- v) Voluntary Supervisors
- vi) Voluntary Counsellors

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J Horwood (Chair)	A Leo	Appointed 20 February 2024
C Codner	J McDonald	Appointed 11 June 2024
D Cottingham	D Pujara	Resigned 30 June 2024
E Cummings	P Todman	Appointed 11 June 2024
A Harris	C Rinaldi	Appointed 8 October 2024

Related parties

The Counselling Centre has a close relationship with The Church at Carrs Lane (formerly Carrs Lane Church Centre) even though it is registered as a separate charity. The Church continues to be supportive in our mission. Two trustees are appointed by the Church at Carrs Lane.

Carrs Lane Counselling Centre Limited (CLCC)
Trustees Report (Including Directors Report)
For the Year Ending 31 March 2024

Risk management

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Some of the key elements identified are:

Risk assessment and dealing with critical incidents continues to form part of the Induction and Training programme for employed and voluntary staff;

There are procedures to help all staff identify and deal with clients at risk to themselves or others;

The service is covered by professional indemnity and public liability insurance; and

BACP recommendations for registration of counsellors are monitored.

The Trustees' report was approved by the Board of Trustees

J Horwood
Trustee



P Todman
Trustee

9 November 2024

Independent examiners report to the trustees of Carrs Lane Counselling Centre Limited (CLCC)

I report to the Trustees on my examination of the financial statements of Carrs Lane Counselling Centre Limited (CLCC) (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. The financial statements do not accord with those records; or
3. The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

LMH Accountants Ltd

LMH Accountants Limited T/A Trevor Jones & Co
Old Bank Chambers
582-586 Kingsbury Road
Erdington
Birmingham
B24 9ND

Dated:

20/12/2024

Carrs Lane Counselling Centre Limited (CLCC)
Statement of Financial Activities
For the Year Ending 31 March 2024

	Notes	2024			2023		
		Unrestricted funds £	Restricted funds £	Total £	Unrestricted funds £	Restricted funds £	Total £
Income from:							
Donations and legacies	3	11,184	-	11,184	14,334	-	14,334
Charitable activities	4	40,825	16,800	57,625	18,660	12,000	30,660
		52,009	16,800	68,809	32,994	12,000	44,994
Expenditure on:							
Charitable activities	5	(40,821)	(21,930)	(62,751)	(55,236)	(12,089)	(67,325)
Net movement in funds		11,188	(5,130)	6,058	(22,242)	(89)	(22,331)
Fund balances at 1 April 2023		14,828	5,130	19,958	37,070	5,219	42,289
Fund balances at 31 March 2024		26,016	-	26,016	14,828	5,130	19,958

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Carrs Lane Counselling Centre Limited (CLCC)
Balance Sheet
As at 31 March 2024

	Notes	2024		2023	
		£	£	£	£
Fixed Assets					
Tangible assets	9		<u>22</u>		<u>76</u>
Current Assets					
Debtors	10	11,595		1,965	
Cash at bank and in hand		<u>32,534</u>		<u>39,610</u>	
			44,129		41,575
Creditors: Amounts falling due within one year	11		<u>(18,135)</u>		<u>(21,693)</u>
Net current assets			<u>25,994</u>		<u>19,882</u>
Total assets less current liabilities			<u>26,016</u>		<u>19,958</u>
Income funds					
Restricted funds			-		5,130
Unrestricted funds			<u>26,016</u>		<u>14,828</u>
			<u>26,016</u>		<u>19,958</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 9 November 2024

J Horwood
Trustee



P Todman
Trustee



Company registration number 04894920

Carrs Lane Counselling Centre Limited (CLCC)
Trustees Report (Including Directors Report)
For the Year Ending 31 March 2024

1. Accounting policies

Charity information

Carrs Lane Counselling Centre Limited (CLCC) is a private company limited by guarantee incorporated in England and Wales. The registered office is Carrs Lane Conference Centre, Carrs Lane, Birmingham, B4 7SX.

Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Going Concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure

Expenditure is recognised on an accruals basis in line with when the goods or services were received. Any uninvoiced amounts at the year end shown within Accruals and Deferred Income.

Expenditure in the Statement of Financial Activities is categorised as disclosed in Note 5.

Tangible Assets

Tangible Assets are recognised at historical cost.

Depreciation is charged by equal instalments over the expected life of the asset, commencing at date of acquisition.

Carrs Lane Counselling Centre Limited (CLCC)
Trustees Report (Including Directors Report)
For the Year Ending 31 March 2024

1. Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Carrs Lane Counselling Centre Limited (CLCC)
Notes to the Financial Statements
For the Year Ending 31 March 2024

3. Donations and legacies

	2024	2023
	£	£
Donations and gifts	11,184	15,017
Gift aid	-	(827)
Donated goods and services	-	144
	11,184	14,334

All income from gifts and legacies relate to unrestricted funds

4. Income from charitable activities

	2024	2023
	£	£
Grants	57,625	12,000
Other grants	-	18,000
Membership fees	-	360
Training income	-	300
	57,625	30,660

Analysis by fund

Unrestricted funds	40,825	18,660
Restricted funds	16,800	12,000
	57,625	30,660

5. Expenditure on charitable activities

	2024	2023
	£	£
Staff costs	44,478	35,461
Depreciation and impairment	54	89
Advertising	-	418
Training costs	6,813	9,333
Room hire and licence fees	3,874	13,866
Subscriptions	725	323
Insurance	694	739
Printing, postage and stationery	1,480	1,155
Sundries	-	13
Bank charges	60	72
Computer costs	2,821	2,946
Caretaker	-	710
Accountancy fees	577	615
Independent examination fee	800	1,545
Legal and professional	375	40
	62,751	67,325

Analysis by fund

Unrestricted funds	40,821	55,236
Restricted funds	21,930	12,089
	62,751	67,325

Carrs Lane Counselling Centre Limited (CLCC)
Notes to the Financial Statements
For the Year Ending 31 March 2024

6. Trustees

None of the Trustees or any persons connected with them) received any remuneration or benefits from the charity during the year (2023: £Nil)

7. Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	2	2
	2024	2023
	£	£
Employment costs:		
Wages and salaries	38,909	32,801
Social security costs	4,400	2,112
Other pension costs	1,169	548
	44,478	35,461

There were no employees whose annual remuneration was more than £60,000.

8. Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

9. Tangible Fixed Assets

	Fixtures and Fittings
	£
Cost	
At 1 April 2023 and 31 March 2024	11,442
Depreciation	
At 1 April 2023	11,366
Depreciation charged in the year	54
At 31 March 2024	11,420
Carrying amount	
At 31 March 2024	22
At 31 March 2023	76

Carrs Lane Counselling Centre Limited (CLCC)
Notes to the Financial Statements
For the Year Ending 31 March 2024

10. Debtors

	2024	2023
	£	£
Other debtors	11,332	173
Prepayments and accrued income	263	1,792
	11,595	1,965

11. Creditors: Amounts falling due within 1 year

	2024	2023
	£	£
Accruals and deferred income	18,135	21,693
	18,135	21,693

12. Analysis of net assets between funds

	2024			2023		
	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	£	£	£	£	£	£
Fund balances at 31 March are represented by:						
Tangible assets	22	-	22	76	-	76
Net current assets	25,994	-	25,994	14,752	5,130	19,882
	26,016	-	26,016	14,828	5,130	19,958

13. Related party transactions

There were no disclosable related party transactions during the year (2023: None).

CARRS LANE COUNSELLING CENTRE LIMITED

England & Wales - Charity number 1102628

Accounts

Charity registration number 1102628

Company registration number 04894920 (England and Wales)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J Horwood D Cottingham E Cummings A Harris C Codner Mr D Pujara	(Appointed 1 November 2022) (Appointed 17 January 2023)
Chair of Trustees	J Horwood	
Secretary	A Leo	
Charity number	1102628	
Company number	04894920	
Registered office	Carrs Lane Conference Centre Carrs Lane Birmingham B4 7SX	
Independent examiner	LMH Accountants Limited T/A Trevor Jones & Co Old Bank Chambers 582-586 Kingsbury Road Erdington Birmingham B24 9ND	

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

CONTENTS

	Page
Trustees' report	1 - 5
Independent examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the financial statements	9 - 15

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006 present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The principal object of the charity is to bring about the relief of persons in need, hardship or distress caused by loss, relationship issues, abuse and mental health issues caused by social or economic circumstances. It continues to develop and maintain a voluntary and confidential counselling service.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Significant Activities

The Counselling Centre continues to fulfil its charitable objectives through the provision of no/low cost one to one counselling to people over the age of 18 to help them bring about effective change in themselves and their lives and/or to enhance their wellbeing.

The changes made to the provision of services that were introduced during the COVID-19 Pandemic have endured, with significant numbers of clients preferring to continue with telephone counselling rather than face to face. Both methods are now embedded in our operational activities.

Clients continue to be signposted to the Counselling Centre by GPs, Mental Health Trusts, Social Services and other local agencies. There are no restrictions on who may benefit from the Counselling Centre's services and counselling is never refused except where more specialist assistance is required, when clients are signposted to more appropriate agencies.

During an initial telephone assessment, clients are assessed for their suitability for both face to face and telephone counselling. Each counsellor also conducts an assessment, after which they report to their clinical supervisor for supervision of their assessment and to gain approval for contracting to counsel with the client. Counsellors, depending on their ability as assessed by their clinical supervisor, may counsel up to six clients. Probationary counsellors may counsel only two clients at any given time. A counselling session, whether face to face or telephone, lasts 50 minutes. Initial contracts are for six sessions with a follow-up review, after which contracting for a further six sessions may be possible.

Due to the upheaval caused by a combination of COVID-19, withdrawal of some services by our Landlord and the time taken to recruit a new Centre Manager the Counselling Centre was not able to provide the expected level of Continuing Professional Development training throughout the year for volunteer counsellors and volunteer clinical supervisors. It is expected that this will resume for FY 2023/24.

The Trustees are confident that the 2022/2023 accounts represent a true and accurate account of the finances of the Counselling Centre during that year.

An AGM of Trustees and volunteers was held on 4th November 2022.

The charity continued to be recognised by the relevant professional body, The British Association for Counselling and Psychotherapy (BACP), as a "BACP Accredited Counselling Service".

Considerable grants have been received from bodies with whom we have an on-going relationship as well as from new bodies most notably those who saw the mental health needs created by the pandemic and were in a position to offer emergency funding.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

The Counselling Centre has maintained its object of providing a professional counselling service to members of the general public.

During the period April 2022 to March 2023, the Centre provided a service to 178 clients (previous year 132 clients). 1268 counselling hours were delivered with a mean average of 7 counselling sessions per client.

This is a significant increase on the number of clients over last year due to the disruption caused by the pandemic and the charity is proud of the response that it was able to make due to the work of staff and volunteers and the generous donations from a variety of sources and of its resilience in the face of the amount of change that took place.

In the Directors Report to the 2021/22 Accounts, we referred to the difficulties encountered by the loss of our Treasurer. The effects of this and the subsequent delay to the filing of the 22/23 accounts had a significant effect on our ability to attract funding. The Trustees are pleased to confirm that these difficulties are now behind us and we are able to look forward with confidence.

Personnel changes

The Trustees accepted the resignations of Supervisory Consultant and Clinical Lead Peter Orlando Fantini and Counselling Manager Robin Yapp and thanked them greatly for their many years of service. Following their departure, the Trustees took the decision to combine the roles of Clinical Lead and Counselling Manager and were pleased to be able to appoint Sandra Fabowale to the role in March 2023. The role of Supervisory Consultant was awarded by contract to Elizabeth Doggart, a highly experienced professional with previous strong links with the Counselling Centre.

The Counselling Centre made two Trustee recruitments this year - Dilip Pujara and Chimene Codner. These appointments were aimed specifically at strengthening the range of expertise of the Board and we were delighted to welcome them to the team.

The final addition to the team was the recruitment of a new volunteer treasurer Oluwatosin Odeleye and we are pleased to add her to the team and are confident that she will be a significant addition to the competence of the organization.

The volunteer counsellors continued to be supported by a team of Volunteer Clinical Supervisors, who are themselves supported by an external Supervisory Consultant, the Counselling Centre Manager/Clinical Lead and the Board of Trustees.

The Counselling Centre recognises the need to continue to establish and maintain links with local mental health services, specialist agencies (e.g. safeguarding, domestic violence etc.), other third-sector counselling services and the Community Police.

Public benefit

In reviewing their activities, the trustees have referred to the general guidance from the Charity Commission on public benefit.

Trends in counselling needs, provision of the correct level of service and current legislation are continuously monitored by all those involved to ensure that the Centre remains at the forefront of counselling provision in Birmingham.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance

Future developments

In the latter half of 2021, The Church At Carrs Lane who are the Landlords of the Counselling Centre gave notice of an intention to sell the site for redevelopment. Although the current intention is that the redeveloped site will have a Community facing facility within it, the nature and scale of the space is at this stage unclear and is the subject of ongoing discussions. The timescale for the redevelopment is not yet established but it is likely that an alternative site for the Counselling Centre will not be required until the latter half of 2024.

The main task in 2023/24 will therefore be to identify potential new locations for the Counselling Centre in advance of the redevelopment of the current site. We will continue to manage the Counselling Centre as The Church At Carrs Lane withdraws its activities and the Counselling Centre takes on the remainder of the services that had been provided by The Church. Attention will be directed towards ensuring that IT and Communications systems can be readily transferrable to the new location once this is identified and agreed. We will need to be creative in our use of resources and will continue to build a strong network so that we can offer a vital service as we transition to the new environment. We will reinstate Continuing Professional Development training as a means of investing in our counselling resource.

We will also be looking to improve the interaction that volunteer counsellors have with the Counselling Centre and Board of Trustees by the establishment of a number of Counsellor Representatives.

The trustees are confident that we will be able to offer counselling through different platforms so that the people of Birmingham can benefit from our services.

Financial review

Detailed analysis in the notes to the Financial Statements. The incoming resources for the year were £44,994 (2022: £34,365). The charity's activities have resulted in a deficit of £22,331 (2022: deficit of £28,835). At the balance sheet date, the Centre had £14,828 (2022: £37,070) in unrestricted funds. The analysis of income and expenditure reflects the classification of activities together with costs relating to support of those activities.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 10 September 2003.

Recruitment and appointment of new trustees

The management of the charity is the responsibility of the trustees who are elected and co-opted in accordance with the Memorandum and Articles of Association.

The trustees act in a voluntary capacity and any fees paid are made in accordance with the Memorandum and Articles of Association and disclosed in note 4 to the financial statements. Any private benefit is incidental to our work. During the year no fees were received by any director of the charity.

Organisational structure

The Counselling Centre has a specified individual who holds clinical responsibility for the service. There is a clearly defined and effective management structure which includes:

- Counselling Centre Manager and Clinical Lead who is a qualified and experienced counsellor, has knowledge and experience of the counselling field and has overall responsibility for the operational and clinical management of the service.
- An Administrative Assistant (part-time)
- The voluntary Board of Trustees
- A Supervisory Consultant (contractor)
- Voluntary Supervisors
- Voluntary Counsellors

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

J Horwood

D Cottingham

E Cummings

A Harris

C Codner

(Appointed 1 November 2022)

C Tudor-Jones

(Resigned 2 July 2023)

Reverend C Homan

(Resigned 21 June 2022)

Mr D Pujara

(Appointed 17 January 2023)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Related parties

The Counselling Centre has a close relationship with The Church at Carrs Lane (formerly Carrs Lane Church Centre) even though it is registered as a separate charity. The Church continues to be supportive in our mission. Two trustees are appointed by the Church at Carrs Lane.

Risk management

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Some of the key elements identified:

Risk assessment and dealing with critical incidents continues to form part of the Induction and Training programme for employed and voluntary staff;

There are procedures to help all staff identify and deal with clients at risk to themselves or others;

The service is covered by professional indemnity and public liability insurance;

BACP recommendations for registration of counsellors are monitored.

Bankers:

CAF Bank is a subsidiary of the Charities Aid Foundation (registered charity number 268369)

25 Kings Hill Avenue,

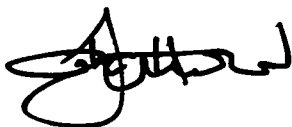
Kings Hill,

West Malling,

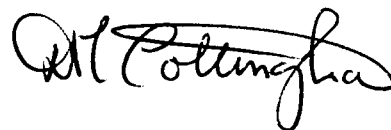
Kent ME19 4JQ

The trustees' report was approved by the Board of Trustees.

J Horwood
Trustee



D Cottingham
Trustee



4 November 2023

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

I report to the Trustees on my examination of the financial statements of Carrs Lane Counselling Centre Limited (CLCC) (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

LMH Accountants Ltd.

LMH Accountants Limited T/A Trevor Jones & Co

Old Bank Chambers
582-586 Kingsbury Road
Erdington
Birmingham
B24 9ND

Dated: *23/11/2023*

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
<u>Income from:</u>							
Donations and legacies	3	14,334	-	14,334	25,150	-	25,150
Charitable activities	4	18,660	12,000	30,660	9,215	-	9,215
Total income		32,994	12,000	44,994	34,365	-	34,365
<u>Expenditure on:</u>							
Charitable activities	5	55,236	12,089	67,325	62,383	817	63,200
Net expenditure for the year/							
Net movement in funds		(22,242)	(89)	(22,331)	(28,018)	(817)	(28,835)
Fund balances at 1 April 2022		37,070	5,219	42,289	65,088	6,036	71,124
Fund balances at 31 March 2023		14,828	5,130	19,958	37,070	5,219	42,289

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	9		76		165
Current assets					
Debtors	10	1,965		1,611	
Cash at bank and in hand		39,610		63,684	
		41,575		65,295	
Creditors: amounts falling due within one year	11	(21,693)		(23,171)	
Net current assets			19,882		42,124
Total assets less current liabilities			19,958		42,289
Income funds					
Restricted funds			5,130		5,219
Unrestricted funds			14,828		37,070
			19,958		42,289

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

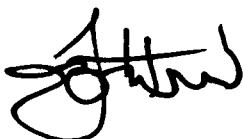
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 4 November 2023

J Horwood
Trustee



D Cottingham
Trustee



Company registration number 04894920

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Carrs Lane Counselling Centre Limited (CLCC) is a private company limited by guarantee incorporated in England and Wales. The registered office is Carrs Lane Conference Centre, Carrs Lane, Birmingham, B4 7SX.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	3 years straight line
-----------------------	-----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	15,017	24,150
Gift aid	(827)	1,000
Donated goods and services	144	-
	<u>14,334</u>	<u>25,150</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Charitable Income 2023 £	Charitable Income 2022 £
Grants	12,000	-
Other grants	18,000	5,000
Membership fees	380	1,165
Training income	300	3,050
	<u>30,680</u>	<u>9,215</u>
Analysis by fund		
Unrestricted funds	18,680	9,215
Restricted funds	<u>12,000</u>	<u>-</u>
	<u>30,680</u>	<u>9,215</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Charitable activities

	Charitable Expenditure Heading 1 2023 £	Charitable Expenditure Heading 1 2022 £
Staff costs	35,461	36,171
Depreciation and impairment	89	817
Advertising	418	1,747
Training costs	9,333	5,018
Room hire and licence fees	13,866	12,680
Subscriptions	323	293
Insurance	739	773
Printing, postage and stationery	1,155	1,878
Sundries	13	13
Bank charges	72	96
Equipment	-	144
Computer costs	2,946	615
Caretaker	710	1,310
Accountancy fees	615	110
Independent examination fee	1,545	1,500
Legal and professional	40	35
	<u>67,325</u>	<u>63,200</u>
	<u>67,325</u>	<u>63,200</u>
Analysis by fund		
Unrestricted funds	55,236	62,383
Restricted funds	12,089	817
	<u>67,325</u>	<u>63,200</u>

6 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Employees	<u>2</u>	<u>7</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Employees (Continued)

Employment costs	2023 £	2022 £
Wages and salaries	32,801	33,214
Social security costs	2,112	2,349
Other pension costs	548	608
	<u>35,461</u>	<u>36,171</u>

There were no employees whose annual remuneration was more than £60,000.

8 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

9 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 April 2022	11,442
At 31 March 2023	11,442
Depreciation and impairment	
At 1 April 2022	11,277
Depreciation charged in the year	89
At 31 March 2023	11,366
Carrying amount	
At 31 March 2023	76
At 31 March 2022	165

10 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	173	1,000
Prepayments and accrued income	1,792	611
	<u>1,965</u>	<u>1,611</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

11 Creditors: amounts falling due within one year

	Notes	2023 £	2022 £
Deferred income	12	-	15,000
Accruals and deferred income		21,693	8,171
		<u>21,693</u>	<u>23,171</u>

12 Deferred income

	2023 £	2022 £
Other deferred income	-	15,000
	<u>-</u>	<u>15,000</u>

Deferred income is included in the financial statements as follows:

	2023 £	2022 £
Deferred income is included within:		
Current liabilities	-	15,000
	<u>-</u>	<u>15,000</u>
Movements in the year:		
Deferred income at 1 April 2022	15,000	-
Released from previous periods	(15,000)	-
Resources deferred in the year	-	15,000
	<u>-</u>	<u>15,000</u>
Deferred income at 31 March 2023	-	15,000
	<u>-</u>	<u>15,000</u>

13 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:					
Tangible assets	76	-	76	137	165
Current assets/(liabilities)	14,752	5,130	19,882	5,191	42,124
	<u>14,828</u>	<u>5,130</u>	<u>19,958</u>	<u>5,219</u>	<u>42,289</u>

14 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

CARRS LANE COUNSELLING CENTRE LIMITED

England & Wales - Charity number 1102628

Accounts

Charity registration number 1102628

Company registration number 04894920 (England and Wales)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr D Pujara	(Appointed 17 January 2023)
	D Cottingham	
	E Cummings	
	A Harris	
	J Horwood	
	C Tudor-Jones	
	C Codner	(Appointed 1 November 2022)
Secretary	A Leo	
Charity number	1102628	
Company number	04894920	
Registered office	Carrs Lane Conference Centre Carrs Lane Birmingham B4 7SX	
Independent examiner	LMH Accountants Limited T/A Trevor Jones & Co Old Bank Chambers 582-586 Kingsbury Road Erdington Birmingham B24 9ND	

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

CONTENTS

	Page
Trustees' report	1 - 4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 14

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006 present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The principal object of the charity is to bring about the relief of persons in need, hardship or distress caused by loss, relationship issues, abuse and mental health issues caused by social or economic circumstances. It continues to develop and maintain a voluntary and confidential counselling service.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Significant Activities

The Counselling Centre continues to fulfil its charitable objectives through the provision of no/low cost one to one counselling to people over the age of 18 to help them bring about effective change in themselves and their lives and/or to enhance their wellbeing.

The changes made to the provision of services that were introduced during the COVID-19 Pandemic have endured, with significant numbers of clients preferring to continue with telephone counselling rather than face to face. Both methods are now embedded in our operational activities.

Clients continue to be signposted to the Counselling Centre by GPs, Mental Health Trusts, Social Services and other local agencies. There are no restrictions on who may benefit from the Counselling Centre's services and counselling is never refused except where more specialist assistance is required, when clients are signposted to more appropriate agencies.

During an initial telephone assessment, clients are assessed for their suitability for both face to face and telephone counselling. Each counsellor also conducts an assessment, after which they report to their clinical supervisor for supervision of their assessment and to gain approval for contracting to counsel with the client. Counsellors, depending on their ability as assessed by their clinical supervisor, may counsel up to six clients. Probationary counsellors may counsel only two clients at any given time. A counselling session, whether face to face or telephone, lasts 50 minutes. Initial contracts are for six sessions with a follow-up review, after which contracting for a further six sessions may be possible.

The Counselling Centre continued to provide Continuing Professional Development training throughout the year for volunteer counsellors and volunteer clinical supervisors, resuming our activities following the COVID-19 lockdown restrictions following safe working practice guidelines. In Autumn 2021 we returned to in-house standard entry training in order to recruit a new tranche of volunteer counsellors of a high professional standard.

It must be recognised that the production of this report and the accompanying accounts for Financial Year 2021/2022 have been significantly delayed due to a disruption in our ability to rely on the services of a volunteer treasurer. Following the resignation of our volunteer treasurer after several years of valued service, efforts were made to recruit a replacement. This culminated in the recruitment of a new treasurer in November 2021. Regrettably, under circumstances that remain unclear, the new treasurer effectively discontinued contact with the Trustees in April 2022 and failed to provide information and data which were critical to the production of the accounts which have had to be painstakingly reconstructed. The overall financing of the Counselling Centre was not under any threat and no Data Protection issues ensued however a substantial delay was incurred as we recruited another treasurer to begin work. The Trustees are now confident that the 2021/2022 accounts represent a true and accurate account of the finances of the Counselling Centre during that year.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

The charity continued to be recognised by the relevant professional body, The British Association for Counselling and Psychotherapy (BACP), as a "BACP Accredited Counselling Service".

An AGM of trustees and volunteers was held in November 2021.

Considerable grants have been received from bodies with whom we have an on-going relationship as well as from new bodies most notably those who saw the mental health needs created by the pandemic and were in a position to offer emergency funding.

The Counselling Centre has maintained its object of providing a professional counselling service to members of the general public.

During the period April 2021 to March 2022, the Centre provided a service to 132 clients (previous year 65 clients). 1,158 counselling hours were delivered with a mean average of 9 counselling sessions per client.

This is a significant increase on the number of clients over last year due to the disruption caused by the pandemic and the charity is proud of the response that it was able to make due to the work of staff and volunteers and the generous donations from a variety of sources and of its resilience in the face of the amount of change that took place. The volunteer counsellors continued to be supported by a team of Volunteer Clinical Supervisors, a Clinical Lead Officer, the Counselling Centre Manager and the Board of Trustees.

The Trustees accepted the resignation of Company Secretary Donald Payne on the 4th August 2021 and thank him greatly for the many years of service both as Trustee and Secretary. Andrew Leo was appointed as Company Secretary on the same date and we welcome him to the Counselling Centre team.

Peter Orlando Fantini, has continued to act as a Supervisory Consultant in order to provide clinical supervision to the Centre's volunteer clinical supervisors. His work has been highly valued and we are grateful for his ongoing support.

The Counselling Centre recognises the need to continue to establish and maintain links with local mental health services, specialist agencies (e.g. safeguarding, domestic violence etc.), other third-sector counselling services and the Community Police.

Public benefit

In reviewing their activities, the trustees have referred to the general guidance from the Charity Commission on public benefit.

Trends in counselling needs, provision of the correct level of service and current legislation are continuously monitored by all those involved to ensure that the Centre remains at the forefront of counselling provision in Birmingham.

Achievements and performance

Future developments

In the latter half of 2021, The Church At Carrs Lane who are the Landlords of the Counselling Centre gave notice of an intention to sell the site for redevelopment. Although the current intention is that the redeveloped site will have a Community facing facility within it, the nature and scale of the space is at this stage unclear and is the subject of ongoing discussions. The timescale for the redevelopment is not yet established but it is likely that an alternative site for the Counselling Centre will not be required until the latter half of 2024.

The main task in 2022/23 will be to continue to manage the Counselling Centre as The Church At Carrs Lane withdraws its activities and the Counselling Centre takes on some of the services that had been provided by The Church. We will need to be creative in our use of resources and will continue to build a strong network so that we can offer a vital service in these uncertain times.

The trustees are confident that we will be able to offer counselling through different platforms so that the people of Birmingham can benefit from our services.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Financial review

Detailed analysis in the notes to the Financial Statements. The incoming resources for the year were £34,365 (2021: £86,021). The charity's activities have resulted in a deficit of £28,835 (2021: surplus of £37,344). At the balance sheet date, the Centre had £37,070 (2021: £65,088) in unrestricted funds. The analysis of income and expenditure reflects the classification of activities together with costs relating to support of those activities.

Reserves policy General funds are required to assist with the development of the service and help cover related support costs.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 10 September 2003.

Recruitment and appointment of new trustees

The management of the charity is the responsibility of the trustees who are elected and co-opted in accordance with the Memorandum and Articles of Association. The trustees act in a voluntary capacity and any fees paid are made in accordance with the Memorandum and Articles of Association and disclosed in note 4 to the financial statements. Any private benefit is incidental to our work. During the year no fees were received by any director/trustee of the charity.

Organisational structure

The Counselling Centre has a specified individual who holds clinical responsibility for the service. There is a clearly defined and effective management structure which includes:

- Counselling Centre Manager who is a qualified psychotherapist and clinical supervisor has knowledge and experience of the counselling field and has overall responsibility for the operational and clinical management of the service;
- An Administrative Assistant (part-time)
- Fund Raiser (part-time)
- The voluntary Board of Trustees
- Voluntary Clinical Lead Officer
- Voluntary Supervisors
- Voluntary Counsellors

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr D Pujara (Appointed 17 January 2023)

D Cottingham

E Cummings

A Harris

J Horwood

C Tudor-Jones

Reverend C Homan (Resigned 21 June 2022)

C Codner (Appointed 1 November 2022)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

The Counselling Centre has a close relationship with The Church at Carrs Lane (formerly Carrs Lane Church Centre) even though it is registered as a separate charity. The Church continues to be supportive in our mission. Three trustees are appointed by the Church at Carrs Lane.

Risk management

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Some of the key elements identified:

Risk assessment and dealing with critical incidents continues to form part of the Induction and Training programme for employed and voluntary staff;

There are procedures to help all staff identify and deal with clients at risk to themselves or others;

The service is covered by professional indemnity and public liability insurance;

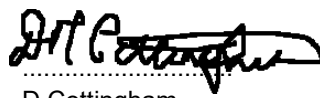
BACP recommendations for registration of counsellors are monitored.

Bankers:

CAF Bank is a subsidiary of the Charities Aid Foundation (registered charity number 268369)
25 Kings Hill Avenue,
Kings Hill,
West Malling,
Kent ME19 4JQ

The trustees' report was approved by the Board of Trustees.

.....
Mr D Pujara
Trustee


.....
D Cottingham
Trustee

Date:

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

I report to the Trustees on my examination of the financial statements of Carrs Lane Counselling Centre Limited (CLCC) (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

LMH Accountants Limited T/A Trevor Jones & Co

Old Bank Chambers
582-586 Kingsbury Road
Erdington
Birmingham
B24 9ND

Dated:

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes						
Income from:							
Donations and legacies	3	25,150	-	25,150	49,683	29,100	78,783
Charitable activities	4	9,215	-	9,215	7,238	-	7,238
Total income		34,365	-	34,365	56,921	29,100	86,021
Expenditure on:							
Charitable activities	5	62,383	817	63,200	23,396	25,281	48,677
Net (expenditure)/income for the year/ Net movement in funds		(28,018)	(817)	(28,835)	33,525	3,819	37,344
Fund balances at 1 April 2021		65,088	6,036	71,124	31,563	2,217	33,780
Fund balances at 31 March 2022		37,070	5,219	42,289	65,088	6,036	71,124

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	9		165		799
Current assets					
Debtors	10	1,611		1,564	
Cash at bank and in hand		63,684		70,831	
		<u>65,295</u>		<u>72,395</u>	
Creditors: amounts falling due within one year	11	<u>(23,171)</u>		<u>(2,070)</u>	
Net current assets			42,124		70,325
Total assets less current liabilities			<u>42,289</u>		<u>71,124</u>
Income funds					
Restricted funds			5,219		6,036
Unrestricted funds			37,070		65,088
			<u>42,289</u>		<u>71,124</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on

.....
Mr D Pujara
Trustee


D Cottingham
Trustee

Company registration number 04894920

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Carrs Lane Counselling Centre Limited (CLCC) is a private company limited by guarantee incorporated in England and Wales. The registered office is Carrs Lane Conference Centre, Carrs Lane, Birmingham, B4 7SX.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	3 years straight line
-----------------------	-----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2022	2021	2021	2021
	£	£	£	£
Donations and gifts	24,150	49,440	29,100	78,540
Gift aid	1,000	243	-	243
	<u>25,150</u>	<u>49,683</u>	<u>29,100</u>	<u>78,783</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	Charitable Income 2022 £	Charitable Income 2021 £
Other grants	5,000	-
Membership fees	1,165	1,305
Training income	3,050	-
Job retention scheme	-	5,933
	<u>9,215</u>	<u>7,238</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

5 Charitable activities

	Charitable Expenditure Heading 1 2022 £	Charitable Expenditure Heading 1 2021 £
Staff costs	36,171	29,412
Depreciation and impairment	817	887
Advertising	1,747	310
Training costs	5,018	3,263
Room hire and licence fees	12,680	5,772
Subscriptions	293	319
Insurance	773	761
Printing, postage and stationery	1,878	180
Sundries	13	13
Bank charges	96	69
Fundraising costs	-	3,243
Card fees	-	83
Equipment	144	2,401
Computer costs	615	144
Caretaker	1,310	105
Accountancy fees	110	660
Independent examination fee	1,500	1,020
Legal and professional	35	35
	<u>63,200</u>	<u>48,677</u>
	<u>63,200</u>	<u>48,677</u>
Analysis by fund		
Unrestricted funds	62,383	23,396
Restricted funds	817	25,281
	<u>63,200</u>	<u>48,677</u>

6 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Centre manager	<u>1</u>	<u>1</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

7 Employees (Continued)

Employment costs	2022 £	2021 £
Wages and salaries	33,214	25,745
Social security costs	2,349	2,185
Other pension costs	608	1,482
	<u>36,171</u>	<u>29,412</u>

There were no employees whose annual remuneration was more than £60,000.

8 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

9 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 April 2021	11,259
Additions	183
At 31 March 2022	<u>11,442</u>
Depreciation and impairment	
At 1 April 2021	10,460
Depreciation charged in the year	817
At 31 March 2022	<u>11,277</u>
Carrying amount	
At 31 March 2022	<u>165</u>
At 31 March 2021	<u>799</u>

10 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Other debtors	1,000	1,049
Prepayments and accrued income	611	515
	<u>1,611</u>	<u>1,564</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

11 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Deferred income	12	15,000	-
Accruals and deferred income		8,171	2,070
		<u>23,171</u>	<u>2,070</u>

12 Deferred income

	2022 £	2021 £
Other deferred income	15,000	-
	<u>15,000</u>	<u>-</u>

Deferred income is included in the financial statements as follows:

	2022 £	2021 £
Deferred income is included within:		
Current liabilities	15,000	-
	<u>15,000</u>	<u>-</u>
Movements in the year:		
Deferred income at 1 April 2021	-	-
Resources deferred in the year	15,000	-
	<u>15,000</u>	<u>-</u>
Deferred income at 31 March 2022	15,000	-
	<u>15,000</u>	<u>-</u>

13 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:					
Tangible assets	137	28	165	-	799
Current assets/(liabilities)	36,933	5,191	42,124	-	70,325
	<u>37,070</u>	<u>5,219</u>	<u>42,289</u>	<u>-</u>	<u>71,124</u>

14 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

CARRS LANE COUNSELLING CENTRE LIMITED

England & Wales - Charity number 1102628

Accounts

Charity registration number 1102628

Company registration number 04894920 (England and Wales)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr D Pujara	(Appointed 17 January 2023)
	D Cottingham	
	E Cummings	
	A Harris	
	J Horwood	
	C Tudor-Jones	
	C Codner	(Appointed 1 November 2022)
Secretary	A Leo	
Charity number	1102628	
Company number	04894920	
Registered office	Carrs Lane Conference Centre Carrs Lane Birmingham B4 7SX	
Independent examiner	LMH Accountants Limited T/A Trevor Jones & Co Old Bank Chambers 582-586 Kingsbury Road Erdington Birmingham B24 9ND	

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

CONTENTS

	Page
Trustees' report	1 - 4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 14

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006 present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The principal object of the charity is to bring about the relief of persons in need, hardship or distress caused by loss, relationship issues, abuse and mental health issues caused by social or economic circumstances. It continues to develop and maintain a voluntary and confidential counselling service.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Significant Activities

The Counselling Centre continues to fulfil its charitable objectives through the provision of no/low cost one to one counselling to people over the age of 18 to help them bring about effective change in themselves and their lives and/or to enhance their wellbeing.

The changes made to the provision of services that were introduced during the COVID-19 Pandemic have endured, with significant numbers of clients preferring to continue with telephone counselling rather than face to face. Both methods are now embedded in our operational activities.

Clients continue to be signposted to the Counselling Centre by GPs, Mental Health Trusts, Social Services and other local agencies. There are no restrictions on who may benefit from the Counselling Centre's services and counselling is never refused except where more specialist assistance is required, when clients are signposted to more appropriate agencies.

During an initial telephone assessment, clients are assessed for their suitability for both face to face and telephone counselling. Each counsellor also conducts an assessment, after which they report to their clinical supervisor for supervision of their assessment and to gain approval for contracting to counsel with the client. Counsellors, depending on their ability as assessed by their clinical supervisor, may counsel up to six clients. Probationary counsellors may counsel only two clients at any given time. A counselling session, whether face to face or telephone, lasts 50 minutes. Initial contracts are for six sessions with a follow-up review, after which contracting for a further six sessions may be possible.

The Counselling Centre continued to provide Continuing Professional Development training throughout the year for volunteer counsellors and volunteer clinical supervisors, resuming our activities following the COVID-19 lockdown restrictions following safe working practice guidelines. In Autumn 2021 we returned to in-house standard entry training in order to recruit a new tranche of volunteer counsellors of a high professional standard.

It must be recognised that the production of this report and the accompanying accounts for Financial Year 2021/2022 have been significantly delayed due to a disruption in our ability to rely on the services of a volunteer treasurer. Following the resignation of our volunteer treasurer after several years of valued service, efforts were made to recruit a replacement. This culminated in the recruitment of a new treasurer in November 2021. Regrettably, under circumstances that remain unclear, the new treasurer effectively discontinued contact with the Trustees in April 2022 and failed to provide information and data which were critical to the production of the accounts which have had to be painstakingly reconstructed. The overall financing of the Counselling Centre was not under any threat and no Data Protection issues ensued however a substantial delay was incurred as we recruited another treasurer to begin work. The Trustees are now confident that the 2021/2022 accounts represent a true and accurate account of the finances of the Counselling Centre during that year.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

The charity continued to be recognised by the relevant professional body, The British Association for Counselling and Psychotherapy (BACP), as a "BACP Accredited Counselling Service".

An AGM of trustees and volunteers was held in November 2021.

Considerable grants have been received from bodies with whom we have an on-going relationship as well as from new bodies most notably those who saw the mental health needs created by the pandemic and were in a position to offer emergency funding.

The Counselling Centre has maintained its object of providing a professional counselling service to members of the general public.

During the period April 2021 to March 2022, the Centre provided a service to 132 clients (previous year 65 clients). 1,158 counselling hours were delivered with a mean average of 9 counselling sessions per client.

This is a significant increase on the number of clients over last year due to the disruption caused by the pandemic and the charity is proud of the response that it was able to make due to the work of staff and volunteers and the generous donations from a variety of sources and of its resilience in the face of the amount of change that took place. The volunteer counsellors continued to be supported by a team of Volunteer Clinical Supervisors, a Clinical Lead Officer, the Counselling Centre Manager and the Board of Trustees.

The Trustees accepted the resignation of Company Secretary Donald Payne on the 4th August 2021 and thank him greatly for the many years of service both as Trustee and Secretary. Andrew Leo was appointed as Company Secretary on the same date and we welcome him to the Counselling Centre team.

Peter Orlando Fantini, has continued to act as a Supervisory Consultant in order to provide clinical supervision to the Centre's volunteer clinical supervisors. His work has been highly valued and we are grateful for his ongoing support.

The Counselling Centre recognises the need to continue to establish and maintain links with local mental health services, specialist agencies (e.g. safeguarding, domestic violence etc.), other third-sector counselling services and the Community Police.

Public benefit

In reviewing their activities, the trustees have referred to the general guidance from the Charity Commission on public benefit.

Trends in counselling needs, provision of the correct level of service and current legislation are continuously monitored by all those involved to ensure that the Centre remains at the forefront of counselling provision in Birmingham.

Achievements and performance

Future developments

In the latter half of 2021, The Church At Carrs Lane who are the Landlords of the Counselling Centre gave notice of an intention to sell the site for redevelopment. Although the current intention is that the redeveloped site will have a Community facing facility within it, the nature and scale of the space is at this stage unclear and is the subject of ongoing discussions. The timescale for the redevelopment is not yet established but it is likely that an alternative site for the Counselling Centre will not be required until the latter half of 2024.

The main task in 2022/23 will be to continue to manage the Counselling Centre as The Church At Carrs Lane withdraws its activities and the Counselling Centre takes on some of the services that had been provided by The Church. We will need to be creative in our use of resources and will continue to build a strong network so that we can offer a vital service in these uncertain times.

The trustees are confident that we will be able to offer counselling through different platforms so that the people of Birmingham can benefit from our services.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Financial review

Detailed analysis in the notes to the Financial Statements. The incoming resources for the year were £34,365 (2021: £86,021). The charity's activities have resulted in a deficit of £28,835 (2021: surplus of £37,344). At the balance sheet date, the Centre had £37,070 (2021: £65,088) in unrestricted funds. The analysis of income and expenditure reflects the classification of activities together with costs relating to support of those activities.

Reserves policy General funds are required to assist with the development of the service and help cover related support costs.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 10 September 2003.

Recruitment and appointment of new trustees

The management of the charity is the responsibility of the trustees who are elected and co-opted in accordance with the Memorandum and Articles of Association. The trustees act in a voluntary capacity and any fees paid are made in accordance with the Memorandum and Articles of Association and disclosed in note 4 to the financial statements. Any private benefit is incidental to our work. During the year no fees were received by any director/trustee of the charity.

Organisational structure

The Counselling Centre has a specified individual who holds clinical responsibility for the service. There is a clearly defined and effective management structure which includes:

- Counselling Centre Manager who is a qualified psychotherapist and clinical supervisor has knowledge and experience of the counselling field and has overall responsibility for the operational and clinical management of the service;
- An Administrative Assistant (part-time)
- Fund Raiser (part-time)
- The voluntary Board of Trustees
- Voluntary Clinical Lead Officer
- Voluntary Supervisors
- Voluntary Counsellors

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr D Pujara (Appointed 17 January 2023)

D Cottingham

E Cummings

A Harris

J Horwood

C Tudor-Jones

Reverend C Homan

(Resigned 21 June 2022)

C Codner

(Appointed 1 November 2022)

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

The Counselling Centre has a close relationship with The Church at Carrs Lane (formerly Carrs Lane Church Centre) even though it is registered as a separate charity. The Church continues to be supportive in our mission. Three trustees are appointed by the Church at Carrs Lane.

Risk management

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Some of the key elements identified:

Risk assessment and dealing with critical incidents continues to form part of the Induction and Training programme for employed and voluntary staff;

There are procedures to help all staff identify and deal with clients at risk to themselves or others;

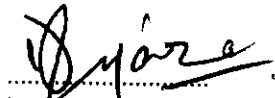
The service is covered by professional indemnity and public liability insurance;

BACP recommendations for registration of counsellors are monitored.

Bankers:

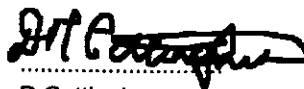
CAF Bank is a subsidiary of the Charities Aid Foundation (registered charity number 268369)
25 Kings Hill Avenue,
Kings Hill,
West Malling,
Kent ME19 4JQ

The trustees' report was approved by the Board of Trustees.



Mr D Pujara
Trustee

Date: 2/May/23



D Cottingham
Trustee

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

I report to the Trustees on my examination of the financial statements of Carrs Lane Counselling Centre Limited (CLCC) (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

LMH Accountants Ltd

LMH Accountants Limited T/A Trevor Jones & Co

Old Bank Chambers
582-586 Kingsbury Road
Erdington
Birmingham
B24 9ND

Dated: 3/5/2023

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
<u>Income from:</u>							
Donations and legacies	3	25,150	-	25,150	49,683	29,100	78,783
Charitable activities	4	9,215	-	9,215	7,238	-	7,238
Total income		34,365	-	34,365	56,921	29,100	86,021
<u>Expenditure on:</u>							
Charitable activities	5	62,383	817	63,200	23,396	25,281	48,677
Net (expenditure)/income for the year/							
Net movement in funds		(28,018)	(817)	(28,835)	33,525	3,819	37,344
Fund balances at 1 April 2021		65,088	6,036	71,124	31,563	2,217	33,780
Fund balances at 31 March 2022		37,070	5,219	42,289	65,088	6,036	71,124

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	9		165		799
Current assets					
Debtors	10	1,611		1,564	
Cash at bank and in hand		63,684		70,831	
		65,295		72,395	
Creditors: amounts falling due within one year	11	(23,171)		(2,070)	
Net current assets			42,124		70,325
Total assets less current liabilities			42,289		71,124
Income funds					
Restricted funds			5,219		6,036
Unrestricted funds			37,070		65,088
			42,289		71,124

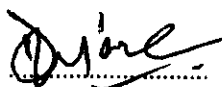
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 2/MAY/23.


Mr D Pujara
Trustee


D Cottingham
Trustee

Company registration number 04894920

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Carrs Lane Counselling Centre Limited (CLCC) is a private company limited by guarantee incorporated in England and Wales. The registered office is Carrs Lane Conference Centre, Carrs Lane, Birmingham, B4 7SX.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	3 years straight line
-----------------------	-----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2022 £	2021 £	2021 £	2021 £
Donations and gifts	24,150	49,440	29,100	78,540
Gift aid	1,000	243	-	243
	<u>25,150</u>	<u>49,683</u>	<u>29,100</u>	<u>78,783</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	Charitable Income 2022 £	Charitable Income 2021 £
Other grants	5,000	-
Membership fees	1,165	1,305
Training income	3,050	-
Job retention scheme	-	5,933
	<u>9,215</u>	<u>7,238</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

5 Charitable activities

	Charitable Expenditure Heading 1 2022 £	Charitable Expenditure Heading 1 2021 £
Staff costs	36,171	29,412
Depreciation and impairment	817	887
Advertising	1,747	310
Training costs	5,018	3,263
Room hire and licence fees	12,680	5,772
Subscriptions	293	319
Insurance	773	761
Printing, postage and stationery	1,878	180
Sundries	13	13
Bank charges	96	69
Fundraising costs	-	3,243
Card fees	-	83
Equipment	144	2,401
Computer costs	615	144
Caretaker	1,310	105
Accountancy fees	110	660
Independent examination fee	1,500	1,020
Legal and professional	35	35
	<u>63,200</u>	<u>48,677</u>
	<u>63,200</u>	<u>48,677</u>
Analysis by fund		
Unrestricted funds	62,383	23,396
Restricted funds	817	25,281
	<u>63,200</u>	<u>48,677</u>

6 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Centre manager	<u>1</u>	<u>1</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

7 Employees		(Continued)	
Employment costs	2022	2021	
	£	£	
Wages and salaries	33,214	25,745	
Social security costs	2,349	2,185	
Other pension costs	608	1,482	
	<u>36,171</u>	<u>29,412</u>	

There were no employees whose annual remuneration was more than £60,000.

8 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

9 Tangible fixed assets

	Fixtures and fittings
	£
Cost	
At 1 April 2021	11,259
Additions	183
	<u>11,442</u>
At 31 March 2022	
	<u>11,442</u>
Depreciation and impairment	
At 1 April 2021	10,460
Depreciation charged in the year	817
	<u>11,277</u>
At 31 March 2022	
	<u>11,277</u>
Carrying amount	
At 31 March 2022	165
	<u>165</u>
At 31 March 2021	799
	<u>799</u>

10 Debtors

	2022	2021
	£	£
Amounts falling due within one year:		
Other debtors	1,000	1,049
Prepayments and accrued income	611	515
	<u>1,611</u>	<u>1,564</u>

CARRS LANE COUNSELLING CENTRE LIMITED (CLCC)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

11 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Deferred income	12	15,000	-
Accruals and deferred income		8,171	2,070
		<u>23,171</u>	<u>2,070</u>

12 Deferred income

	2022 £	2021 £
Other deferred income	<u>15,000</u>	<u>-</u>

Deferred income is included in the financial statements as follows:

	2022 £	2021 £
Deferred income is included within:		
Current liabilities	<u>15,000</u>	<u>-</u>
Movements in the year:		
Deferred income at 1 April 2021	-	-
Resources deferred in the year	<u>15,000</u>	<u>-</u>
Deferred income at 31 March 2022	<u>15,000</u>	<u>-</u>

13 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:					
Tangible assets	137	28	165	799	799
Current assets/(liabilities)	<u>36,933</u>	<u>5,191</u>	<u>42,124</u>	<u>70,325</u>	<u>70,325</u>
	<u>37,070</u>	<u>5,219</u>	<u>42,289</u>	<u>-</u>	<u>71,124</u>

14 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

