

**A Place To Call Our Own Limited**

**Charity No. 1102516**

**Trustees' Report and Unaudited Accounts**

**31 July 2023**

**A Place To Call Our Own Limited**  
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**A Place To Call Our Own Limited**  
**Trustees Annual Report**

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 July 2023.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity No. 1102516**

**Trustees**

The following trustees served during the year:

M. Abdy  
M. Holmes  
K. Kilner  
L. Piercy  
P. Green  
D. Liggins

**Independent examiner**

Neil M King  
The Greenhouse  
106 - 108 Ashbourne Road  
Derby  
DE22 3AG

**Bankers**

Unity Trust Bank  
Four Brindley Place  
Birmingham  
B1 2JB

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Constitution and governing document**

**Introduction from Matt Abdy - APTCOO (A Place to Call Our Own) Chair**

This year our AGM (Annual General Meeting) focussed on the sad passing of two of our long serving Trustees, Trish Green the founder member and David Liggins our long serving Chair. Their combined lifetime achievements are something that you can only feel proud and privileged to have worked closely with for many years.

I was honoured to be appointed as the Chair having previously served as a Trustee, I will endeavour to carry on the work and dedication of the Charity and its legacy held sacred by many.

I am delighted to present APTCOO's trustee report for 2022/2023. This has been another extraordinary year for the Charity. The highlight of the year was the acquisition, refurbishment, and grand opening of our own premises namely Tall Trees. This started the new year with an exciting development plan – a Specialist Family Hub in Retford serving the Bassetlaw locality together with an ambitious plan to deliver new services co-produced with partners, parents, and young people.

## **A Place To Call Our Own Limited**

### **Trustees Annual Report**

I am proud of the leadership, drive, and determination that APTCOO shows every day. This year is certain to have more than its fair share of political, economic, and social change. But we have also entered a year of choices, challenges, and opportunities.

To successfully navigate the uncertainties of the future, we are proactively addressing our strategic plans and priorities that will keep APTCOO fleet of foot. By embracing change, collaborating with key stakeholders, and leveraging the power of people and technology, we are confident that we can not only weather the storm of post-Covid, running alongside the cost-of-living crisis together with the political unknowns but come through stronger and more resilient.

The Charity is always looking for ways in which it can make a positive difference to family lives. Trustees recognise the exceptional leadership of the Chief Executive, and Senior Leadership Team, staff, volunteers, and supporters, I would like to thank them all.

#### *Chief Executive Officer (CEO) Review*

This year we have grown from the pandemic as a changed organisation. We have learned a great deal about providing services virtually when that works well and when it does not replace face to face contact. We have invested in our Infrastructure, technology and communications retaining agility and forward thinking with the hindsight of safety and GDPR (General Data Protection Regulations).

We have reviewed and renewed the services that we put in place to respond to the post-pandemic and cost of living crisis.

We know there is a rising demand and limited resources to address the increase in family/teenage emotional wellbeing, we are working together with our local mental health teams and crisis support offering intensive family therapy at the right time, in the right place, with the right people. A single point of access helps enormously, that has 'no wrong door' and provides several types of support at various levels of engagement as families need it.

This means that families can step into support when life becomes complex in any given areas and feel welcomed in a place they belong. We offer a comprehensive, one-stop shop with fully accessible and multi-functional space. Families enjoy and benefit from learning more about themselves, making friends and feeling valued. Our facilities offer an equal opportunity for positive play and educational development.

We have also made great strides forward in terms of our organisation-wide ability to use technology well. Many meetings across the organisation are now taking place virtually and that will remain the case as it serves to be effective, economical, and efficient.

#### **Organisational structure**

The board, as a whole, and Trustees individually, accept collective responsibility for ensuring that the charity has a clear and relevant set of aims and an appropriate strategy for achieving them.

The board agrees to the charity's vision, values and reputation and leads by example, requiring anyone representing the charity reflects its values positively; they oversee the ethos and culture of the organisation underpinning the delivery of all activities.

The Trustees of the charity are also the Board of Governors to the independent school who meet on a quarterly basis; whilst its sub-committees and task and finish groups meet monthly and/or as required. The Trustees periodically review the organisation's charitable purposes, and the external environment in which it works, to make sure that the charity, and its purposes, stay relevant and valid.

The board regularly reviews the sustainability of its income sources and their impact on achieving charitable purposes in the short, medium, and longer term.

## **A Place To Call Our Own Limited**

### **Trustees Annual Report**

Trustees consider the benefits and risks of partnership working, its broader responsibilities towards communities, stakeholders, wider society and the environment, and acts on them in a manner consistent with the charity's purposes, values, and available resources.

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Induction and training of new Trustees**

All new Trustees receive a bespoke induction plan according to individual need. As a minimum, this includes meetings with the Chair, CEO, Senior Leadership Team and other key staff, the opportunity to observe a Board meeting before joining the Board. The CEO presents in detail on the charity's history, strategy, services, finances, and current operating environment.

As part of the recruitment process, prospective trustees receive a Trustee Information Pack, which includes the Charity Commission publication "CC3 The Essential Trustee: What you need to know". The pack also contains information on the charity's structure, aims and objectives, policies and procedures, sub-committees, latest Annual Report & Accounts and Memorandum and Articles of Association. Prospective Trustees are invited to attend a full board meeting to observe and discuss the responsibilities of being a APTCOO trustee. They visit the activity groups, meet with parents to see, and feel the Charity in operation, meet the staff and volunteers and follow an induction programme. Trustee training is continually reviewed, and information is provided of training courses available. Trustees have access to online training, face to face and membership to NCVO (National Council for Voluntary Organisations), Andrew Hall Safeguarding, and a range of Third Sector, Governance and Leadership publications. They are encouraged to visit Charity Commission and Companies House websites, where documents outlining Trustee responsibilities, charity law and other training opportunities can be accessed.

Our effective system of integrated charity/school governance enables the Trustees to make informed decisions by providing them with an overview of the organisation's key objectives, the systems needed to achieve them and the risks that might be involved. A designated member of the senior leadership team supports the school Governor role with training and overall compliance responsibilities.

#### **Pay and Remuneration**

APTCOO offer generous, family friendly terms and conditions with flexible working agreements that continue to attract and to retain the while team to lead, manage, support, and deliver the Charity's aims We are immensely proud of the diverse make-up of the team who bring their own lived experience, understanding and added value.

Trustees are responsible for setting remuneration levels for the Charity's most senior staff. These senior staff are identified by the Trustees and will typically, although not always, be part of the charity's executive or senior management team.

To set appropriate pay and rewards for these staff requires making informed judgments and following the Charity's governance and constitutional arrangements.

#### **Public Benefit and Activities**

APTCOO provides emotional, practical, and educational support to vulnerable children and young people with additional needs and life limiting conditions and their whole family unit; specialising in early intervention and preventative practise with an aim to keep children and young people safe, healthy, and happy. We work across and in between health, education, and social care, acting as a safety net and a professional ally to safeguard looked after children and vulnerable families. Our services are bespoke and flexible, designed to encourage engagement and participation at the right time for a family, bringing families together so they can support each other, make friends, and socialise reducing isolation and loneliness.

**A Place To Call Our Own Limited**  
**Trustees Annual Report**

Our services include:

- Crisis support - nurture unit acting as safety net between agencies
- Delivery of specialist training programmes
- Emotional wellbeing support for families
- After school activity groups for children and young people across all age ranges
- Parents and sibling groups
- Young carer group
- Therapeutic sensory space
- Outreach and home support
- Short breaks
- Volunteering
- Education, training, and employability
- Workforce development APTCOO provides hosting to other complementary providers and agencies enabling families to benefit from joined up services and coordinated care.

APTCOO is an Independent Special School using highly innovative and creative practical strategies that offer new opportunities for a small number of vulnerable young people together with their families. We are a positive learning centre where families and professionals come together to improve the health, education, and wellbeing within our locations each with their own specialism based in the local community and close to home. Our Independent Special School offers an inclusive, safe, and nurturing environment supporting learners with special educational needs and/or disabilities (SEND) who have struggled to make progress in mainstream or special school settings.

We have created an all-encompassing curriculum that provides emotional, practical, and educational support to vulnerable children and young people together with their whole family unit; specialising in early life trauma, intervention, and preventative practise with an aim to keep young people safe, healthy, happy, and achieving together with ambitions for the brightest future.

There is a rising demand and limited resources to address the increase in family/teenage depression, we work together with our local mental health teams and crisis support offering intensive family therapy within the community hub offering a positive learning environment. We continue to develop volunteer champions working to improve family health and well-being, they have lived through the experience and make the best teachers of life skills and an increasingly competitive jobs market. We have implemented a whole system approach to well-being for all service users, staff and volunteers aiming to prevent the onset of long-term mental health conditions.

Over the last year we have adapted and delivered personalised training remotely and face to face to over 400 families, and over 100 paediatric health, education, and social care teams. Reflective parenting is an approach, which helps parents better understand their children's behaviour and their own. From this we start to build their relationship and connection with the whole family unit, removing the conflict. We have delivered this service in partnership with the commissioners and funding received from the newly formed Nottinghamshire Integrated Care Board.

During the past 12 months we have taken some significant steps on our journey towards delivering 'outstanding' specialist family services, improving the quality of the services that support children and young people with Special Educational Needs (SEND) and their whole family unit in Nottinghamshire. Our service provides a safety net working in partnership with local services whose primary aim is to support families who often do not know where to turn for help or how to ask for help; the Charity has worked closely with social workers, the virtual school and paediatric team, mental health and the police offering a reliable safety net with wrap around care and support.

### **APTCOO in Bassetlaw**

This year we opened the doors to our newly acquired and refurbished premises in Retford, locally known as Tall Trees. The day was a celebration, the opening of our much-needed SEND (Special Educational Needs and Disabilities) Family Hub and the Specialist Multi-Sensory Therapy Suite, a project that started many years ago when the Trustees of a legacy were looking for a suitable charity to benefit from the funds raised by local people. The Trustees were delighted to see their hopes, dreams and aspirations transformed into reality meeting their four main criteria; local, children, disabled or disadvantaged. We have been on a journey working together with the Trustees to overcome the storm of Covid and retaining momentum in the project. Celebrating the opening of the centre and sharing our heartfelt thanks with the Trustees and local community was a testament to the legacy and longevity of the investment.

The centre has a therapeutic spa feeling both inside and out with beautiful gardens and growing spaces and a centralised café for that all important coffee and catch up. We have opened the doors and now it is time for the centre to come to life, a place in the community that is fit for purpose for our parents and partners to work together under one roof to meet the needs, wants and choices of our families in Bassetlaw.

APTCOO has worked in Bassetlaw for many years as a satellite service, working together with our partners in Health who have supported and encouraged our innovative and ambitious plans to meet the needs of Bassetlaw families and the gaps identified through creative commissioning. APTCOO services in Bassetlaw have expanded offering a sensory therapy suite, a community café, enterprise, training and education for young adults, parents, carers, and the local community.

With a small project team and committed volunteers and local business partners we have transformed Tall Trees into a place for families to flourish. We would like to thank the local community who have welcomed and shared their pleasure on a great facility and restoration of a lovely building, grounds, and gardens. We would like to thank Key Fund who offered early investment allowing the fast-paced project to come to life.

### **Impact**

To deliver the Charity's vision APTCOO provides safe environments offering a wide range of support and specialist services, achieving an outcome of increased resilience and empowerment within our families. APTCOO shares its hands-on experience to advocate that the needs of the child and family are fully understood. The Trustees carefully consider how planned activities will contribute to APTCOO's aims and objectives. To ensure APTCOO's work remains focused on our stated aims and objectives, performance and outcomes are continuously monitored. APTCOO systematically seeks feedback from our families which, along with monitoring and evaluation, indicates we are providing essential and high-quality services and activities. We are committed to measuring the impact of our work. We seek to triangulate the impact of our services through service user feedback, compliance with contractually agreed outcomes and self-assessment of the effectiveness of our service models.

We are seeing and feeling better impacts for children, young people, families, post-Covid we have re-energised our workforce together with flexible working options, responding to the changes and family dynamics post-Covid. Our strengthened capacity means we can be equal partners contributing locally and nationally to the enhanced reputation and value of Education, Health, and Social Care Services within the community setting.

### **Objectives**

- To build resilience within families who have children and/or young people with Special Educational Needs and Disabilities (SEND)
- To improve family health and wellbeing; supporting, signposting, and hosting other complimentary organisations to reduce the effect and wider determinants of mental health; anxiety, depression, suicidal thoughts, addiction, and domestic violence
- Raise aspirations and quality of life, enabling families to be the 'best they can be,' increasing their confidence
- To maximise employability skills of parents and young people themselves through education, training, volunteering, and supported employment

## **Equality, Diversity, and Inclusion**

APTCOO is committed to encouraging diversity, promoting equal opportunities, and providing fair treatment in all that we do. We strive for a working environment that is inclusive, free from discrimination and where everyone is treated with dignity and respect. We believe that people with diverse backgrounds, skills, attitudes, and experiences bring fresh ideas and perspectives to the workplace. We seek to encourage and harness these differences to meet the changing needs and requirements of our staff, volunteers, service users, governance, partners, funders, and supporters.

The APTCOO team represents health and care, education, private and voluntary sector. Our investment in training and development is exemplary. Each year we support staff and volunteers within their chosen fields of work to develop their skills, qualifications, and aspirations. We work together with local colleges and universities providing high quality clinical placements. Our safe and complex environments lend themselves to research and development, this is recognised and rewarded with master's level students, paediatric doctors and qualified therapists spending quality time with APTCOO, and in some cases continuing to volunteer and becoming part of the APTCOO workforce.

Addressing equality, diversity and inclusion helps APTCOO make better decisions. This requires commitment, but it means that a charity is more likely to stay relevant to those it serves and to deliver its public benefit. Recognising and countering any imbalances in power, perspectives, and opportunities in the charity, and in the attitudes and behaviour of Trustees, staff and volunteers, helps to make sure that a charity achieves its aims.

Our Trustees commit to equality, diversity and inclusion and set a positive example and tone for the charity, delivering its purpose, and setting inclusive values and culture.

## **Volunteers**

We are committed to supporting, enabling, and celebrating volunteering in all its diversity. APTCOO volunteers include people from all levels of society. We have an established and growing team of volunteers including parents, carers, students, professionals, and willing members of the community.

The natural development from passive recipient to becoming an active paid member of the workforce is now embedded within the culture of APTCOO, we call this Grow2Grow. This applies to how we deliver, as well as the social impact and value on families that we serve. We are motivated by the social, economic, health, environmental and community benefits; we are committed to bringing those benefits to as many people as possible, including marginalised and vulnerable groups.

## **FINANCIAL REVIEW**

### **Policy on reserves**

The utilisation of the charity's reserves can only be undertaken within the limits and parameters set by the Trustees, who have agreed that sufficient reserves be retained to cover re-investment in capital/premises, equipment and the funding needed to operate for a minimum of three months running costs. In the next budget year, we are working towards a target of six months reserves, dependent on organisational growth and sustainable business plans.

### **Principal funding sources**

We strive to secure as many funding streams as possible to reduce risk by not depending on one source of income. In this regard we are happy to report funding to deliver specialist education continues to provide the sustainability of our wrap-around Charity support without any extra cost to the families. We are grateful to have had continued fundraising support from local community, organisations and contracted income through the local authority, and Health including:



## **A Place To Call Our Own Limited**

### **Trustees Annual Report**

- Nottingham City Council and Nottinghamshire County Council (Education) - APTCOO deliver commissioned education, health, and care placements
- Bassetlaw NHS (National Health Service) (Integrated Care Board) - APTCOO in Bassetlaw provides a range of high, quality support services to empower families pre- and post-diagnosis, who have children and young
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- people with behaviours that challenge including Autism, ADHD (attention deficit hyperactivity disorder) and SEND (Special Educational Needs and Disability). Services include information, advice ASD (autism spectrum disorder) guidance, family learning programme and ASD (autism spectrum disorder) Sensory Therapies
- Key Fund – To assist with the purchase of The Tall Trees, Retford
- Nottinghamshire County Council Short Breaks – APTCOO provide a flexible Short Breaks Service supporting young people with additional needs APTCOO activity groups and the local community
- Fundays in Nottinghamshire – Funding to support families access activities and excursions throughout the summer holidays
- Holiday Activities and Food Programme HAF (Holidays Activities and Food) - the HAF Programme provides support to children in receipt of free school meals throughout school holiday periods ensuring young people have access to accessible, enrichment activities

APTCOO strategic plans support the combination of integrated health and social care services becoming a valued partner within multi-speciality community teams with a broader approach to improving family and community wellbeing.

This year we have intensively transformed our organisation without losing any understanding of the local community, new insights are based on revealed capabilities rather than limitations, we find out what we can do to help develop these capabilities only through openness to learning.

The public, private and voluntary sector is fragmented, APTCOO needs to ensure a quality offer if we are to survive in a competitive environment.

We learn as equals on a journey of discovery, the destination is not always clear but will equate to permanent positive change in a clear process rather than chance benefits from routine delivery. The boundary between beneficiary and provider is not blurred in any way but the reciprocal learning process defines something very equal and dignifying from where we can all grow!

This means, joining up the dots between the range of services that are currently too often treated separately, enabling families to access support at the right time, in the right place with the right people.

#### **Involvement and engagement**

Our services are co-designed with our customers to meet the needs of our communities, reducing the strain on public services and empowering individuals by putting families and young people at the heart of what we do.

Raising income through expanding the delivery of our own bespoke services is key to our sustainability. We need to be pro-active when considering partnerships, seeking out good partners with shared values, and aligned services to work collaboratively. We are working together with our partners from public, private, and other VCSE (Voluntary Community and Social Enterprise).

What we do know is the significant role of the voluntary sector in supporting education, health, and social care as part of the local sustainability and transformation plans. APTCOO is a valued third sector partner in transforming our local community services.

APTCOO's support is holistic and evolves over time, in response to the level of need and age of the children and young people with additional needs and disabilities. APTCOO recognises the changes and demands that families encounter as their children grow older. Families develop new skills and resilience with the knowledge that APTCOO is always there when needed. APTCOO actively seeks the views and opinions of our families to help measure the impact of services and to assist in the development and planning of future provision.

### **Related parties**

There are no Directors or Trustees related party issues.

### **Risk management**

The Trustees have a risk register acting as a management strategy which comprises:

- the principal risks and uncertainties that the charity faces are updated by the senior management team and presented to the full board, for review and discussion
- the establishment of policies, systems, and procedures to mitigate those risks identified in the annual review
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise

The Trustees ensure the decision-making processes are informed, rigorous and timely, and that effective delegation, control and risk-assessment and management systems are set up and monitored.

The Trustees promote a culture of sound management of resources but also understand that being over-cautious and risk averse can itself be a risk and hinder innovation.

Where aspects of a Trustee's role are delegated to committees, staff, volunteers, or contractors, they keep responsibility and oversight.

The Board of Trustees retain overall responsibility for risk management and discusses and decides the level of risk it is prepared to accept for specific and combined risks. It regularly reviews the Charity's specific significant risks and the effect of these risks added together. It makes plans to mitigate and manage these risks appropriately. Trustees consider risk that relates to their situation and where they work, for example charities working with children or vulnerable adults will look at risks relating to safeguarding.

The Trustees put in place and regularly checks the Charity's process for identifying, prioritising, escalating, and managing risks and, where applicable, the Charity's system of internal controls to manage these risks. They review the effectiveness of the Charity's approach to risk at least every quarter or as and when required. The Trustees describe the Charity's approach to risk in its annual report and in line with regulatory requirements.

The Trustees operate a risk management approach to the charity's business and the process involves:

- Setting out objectives/targets to be achieved annually
- Setting out an annual budget
- Delegating authority to ensure objectives and targets are achieved
- Undertaking an annual Financial Risk Assessment

In addition, the Trustees have also set out and implemented policies and procedures to cover quality assurance, equal opportunities, health and safety, environmental issues and recycling, IT data and financial policies covering investment, reserves, and limits of authority for expenditure.

These policies are reviewed annually, and monitoring takes place to measure the impact of the implementation of these policies the results of which are used to improve the quality and effectiveness of staff and the services by the charity.

In concluding this review of 2022/2023, we would like to thank every member of the APTCOO Team; our members of staff, or our tremendous volunteers and fundraisers, commissioners, donors including acts of kindness from the local communities. Without these we could not offer such highly valued services for our families, employment training and volunteering opportunities that remain our golden thread.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

M. Abdy  
Trustee  
Dated  
24/04/24

**A Place To Call Our Own Limited****Independent Examiners Report****Independent Examiner's Report to the trustees of A Place To Call Our Own Limited**

I report to the trustees on my examination of the financial statements of A Place To Call Our Own Limited for the year ended 31 July 2023 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of the financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Neil M King FCCA

Cedar & Co

The Greenhouse

106 - 108 Ashbourne Road

Derby

DE22 3AG

Dated:

24/04/2024

**A Place To Call Our Own Limited**  
**Statement of Financial Activities**  
**for the year ended 31 July 2023**

		<b>Unrestricted</b>		
		<b>funds</b>	<b>Total funds</b>	<b>Total funds</b>
		<b>2023</b>	<b>2023</b>	<b>2022</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income and endowments</b>				
<b>from:</b>				
Donations and legacies	2	2,313	2,313	5,759
Charitable activities	3	984,944	984,944	989,384
Other	4	839	839	81
<b>Total</b>		<b>988,096</b>	<b>988,096</b>	<b>995,224</b>
<b>Expenditure on:</b>				
Charitable activities	5	2,437	2,437	16
Other	6	978,969	978,969	729,435
<b>Total</b>		<b>981,406</b>	<b>981,406</b>	<b>729,451</b>
Net gains on investments		-	-	-
<b>Net income</b>	7	<b>6,690</b>	<b>6,690</b>	<b>265,773</b>
Transfers between funds		-	-	-
<b>Net income before other gains/(losses)</b>		<b>6,690</b>	<b>6,690</b>	<b>265,773</b>
<b>Other gains and losses</b>				
<b>Net movement in funds</b>		<b>6,690</b>	<b>6,690</b>	<b>265,773</b>
<b>Reconciliation of funds:</b>				
Total funds brought forward		620,412	620,412	354,641
<b>Total funds carried forward</b>		<b>627,102</b>	<b>627,102</b>	<b>620,414</b>

**A Place To Call Our Own Limited****Balance Sheet****at 31 July 2023****Charity No. 1102516**

		<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Tangible assets	9	9,615	12,440
Investments	10	450,842	-
		<u>460,457</u>	<u>12,440</u>
<b>Current assets</b>			
Debtors	11	61,674	179,524
Cash at bank and in hand		310,963	552,143
		<u>372,637</u>	<u>731,667</u>
<b>Creditors: Amount falling due within one year</b>	12	(124,538)	(119,831)
<b>Net current assets</b>		248,099	611,836
<b>Total assets less current liabilities</b>		708,556	624,276
<b>Creditors: Amounts falling due after more than one year</b>	13	(81,454)	(3,862)
<b>Net assets excluding pension asset or liability</b>		<u>627,102</u>	<u>620,414</u>
<b>Total net assets</b>		<u><u>627,102</u></u>	<u><u>620,414</u></u>
<b>The funds of the charity</b>			
<b>Restricted funds</b>	14		
<b>Unrestricted funds</b>	14		
General funds		620,412	620,412
Designated funds		6,690	-
		<u>627,102</u>	<u>620,412</u>
<b>Reserves</b>	14		
<b>Total funds</b>		<u><u>627,102</u></u>	<u><u>620,414</u></u>

Approved by the trustees on 31 July 2023

And signed on their behalf by:

L. Piercy  
Trustee

24 April 2024

**A Place To Call Our Own Limited**  
**Notes to the Accounts**  
**for the year ended 31 July 2023**

**1 Accounting policies**

**Basis of preparation**

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

**Change in basis of accounting or to previous accounts**

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

**Fund accounting**

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

**Income**

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

## **A Place To Call Our Own Limited**

### **Notes to the Accounts**

#### **Expenditure**

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

#### **Taxation**

The charity is exempt from tax on its charitable activities.

#### **Tangible fixed assets and depreciation**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Land and Buildings	
improvements	10% Straight line
Equipment	20% Straight line
Motor	25% Reducing balance
Computer	33% Straight line

#### **Freehold investment property**

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

#### **Stocks**

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

#### **Trade and other debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.



## **A Place To Call Our Own Limited**

### **Notes to the Accounts**

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

#### **Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### **Research and development**

Expenditure on research and development is written off in the year in which it is incurred.

#### **Foreign currencies**

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period. Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred. All exchange differences are taken into account in arriving at net income/expenditure.

#### **Leased assets**

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

#### **Pension costs**

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

**A Place To Call Our Own Limited****Notes to the Accounts****Receipt of donated goods, facilities and services**

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

**2 Income from donations and legacies**

	<b>Unrestricted</b>	<b>Total</b>	<b>Total</b>
		<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Personal donations	10	10	783
Donations from companies	2,303	2,303	4,976
	<u>2,313</u>	<u>2,313</u>	<u>5,759</u>

**3 Income from charitable activities**

	<b>Unrestricted</b>	<b>Total</b>	<b>Total</b>
		<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Contracted Services	883,173	883,173	837,699
Grants	101,771	101,771	151,685
	<u>984,944</u>	<u>984,944</u>	<u>989,384</u>

**4 Other income**

	<b>Unrestricted</b>	<b>Total</b>	<b>Total</b>
		<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Interest receivable on bank deposits	839	839	81
	<u>839</u>	<u>839</u>	<u>81</u>

**5 Expenditure on charitable activities**

	<b>Unrestricted</b>	<b>Total</b>	<b>Total</b>
		<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<i>Expenditure on charitable activities</i>			
Contracted Services	2,437	2,437	16
<i>Governance costs</i>			
	<u>2,437</u>	<u>2,437</u>	<u>16</u>

**A Place To Call Our Own Limited**  
**Notes to the Accounts**

**6 Other expenditure**

	<b>Unrestricted</b>	<b>Total</b>	<b>Total</b>
	<b>2023</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Bank loan and overdraft	4,375	4,375	427
interest payable			
Other interest payable	589	589	589
Employee costs	728,118	728,118	541,866
Motor and travel costs	6,139	6,139	20,418
Premises costs	127,619	127,619	88,838
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	3,045	3,045	3,816
General administrative costs	91,516	91,516	54,006
Legal and professional costs	17,568	17,568	19,475
	<u>978,969</u>	<u>978,969</u>	<u>729,435</u>

**7 Net income before transfers**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
This is stated after charging:		
Depreciation of owned fixed assets	3,045	3,816

**8 Staff costs**

	<b>2023</b>	<b>2022</b>
Salaries and wages	642,934	420,180
Social security costs	52,339	52,598
Pension costs	12,121	18,868
	<u>707,394</u>	<u>491,646</u>

No employee received emoluments in excess of £60,000.

The average number of employees in the year was 26.

**A Place To Call Our Own Limited**

**Notes to the Accounts**

**9 Tangible fixed assets**

	<b>Land and buildings</b>	<b>Equipment</b>	<b>Motor</b>	<b>Computer</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost or revaluation</b>					
At 1 August 2022	31,094	1,495	25,009	-	57,598
Additions	-	-	-	220	220
At 31 July 2023	<u>31,094</u>	<u>1,495</u>	<u>25,009</u>	<u>220</u>	<u>57,818</u>
<b>Depreciation and impairment</b>					
At 1 August 2022	29,996	305	14,857	-	45,158
Depreciation charge for the year	135	299	2,538	73	3,045
At 31 July 2023	<u>30,131</u>	<u>604</u>	<u>17,395</u>	<u>73</u>	<u>48,203</u>
<b>Net book values</b>					
At 31 July 2023	<u>963</u>	<u>891</u>	<u>7,614</u>	<u>147</u>	<u>9,615</u>
At 31 July 2022	<u>1,098</u>	<u>1,190</u>	<u>10,152</u>	<u>-</u>	<u>12,440</u>

**10 Investments**

	<b>Freehold Investment Property</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
<b>Cost or revaluation</b>		
Additions	450,842	450,842
At 31 July 2023	<u>450,842</u>	<u>450,842</u>
<b>Net book values</b>		
At 31 July 2023	<u>450,842</u>	<u>450,842</u>

**11 Debtors**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Trade debtors	56,634	174,484
Prepayments and accrued income	5,040	5,040
	<u>61,674</u>	<u>179,524</u>

**A Place To Call Our Own Limited**

**Notes to the Accounts**

**12 Creditors:**

amounts falling due within one year

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Bank loans and overdrafts	23,080	-
Obligations under finance lease and hire purchase contracts	1,264	2,598
Trade creditors	23,694	15,746
Other taxes and social security	13,436	13,786
Other creditors	2,754	2,057
Accruals	3,506	3,840
Deferred income	56,804	81,804
	<u>124,538</u>	<u>119,831</u>

**13 Creditors:**

amounts falling due after more than one year

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Bank loans and overdrafts	78,856	-
Obligations under finance lease and hire purchase contracts	2,598	3,862
	<u>81,454</u>	<u>3,862</u>

**14 Movement in funds**

	<b>At 1 August 2022</b>	<b>Incoming resources (including other gains/losses)</b>	<b>Resources expended</b>	<b>At 31 July 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Restricted funds:</b>				
<b>Unrestricted funds:</b>				
<b>General funds</b>	620,412	-	-	620,412
<b>Designated funds:</b>				
	-	988,096	(981,406)	6,690
<i>Total</i>	<u>-</u>	<u>988,096</u>	<u>(981,406)</u>	<u>6,690</u>
<b>Total funds</b>	<u>620,412</u>	<u>988,096</u>	<u>(981,406)</u>	<u>627,102</u>

15 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	9,615	9,615
Investments	450,842	450,842
Net current assets	248,099	248,099
Creditors due in more than one year and provisions	(81,454)	(81,454)
	<u>627,102</u>	<u>627,102</u>

16 Reconciliation of net debt

	At 1 August 2022	Cash flows	At 31 July 2023
	£	£	£
Cash and cash equivalents	552,143	(241,180)	310,963
	<u>552,143</u>	<u>(241,180)</u>	<u>310,963</u>
Bank loans	-	(101,936)	(101,936)
Obligations under HP/Finance leases	(6,460)	2,598	(3,862)
	<u>(6,460)</u>	<u>(99,338)</u>	<u>(105,798)</u>
Net debt	<u>545,683</u>	<u>(340,518)</u>	<u>205,165</u>

17 Commitments

**Operating lease commitments**

Annual commitments under non-cancellable operating leases are as follows:

	2023	2023	2022	2022
	Land and buildings	Other	Land and buildings	Other
	£	£	£	£
Operating leases with expiry date:				

**Pension commitments**

	2023	2022
	£	£
The pension cost charge to the charity amounted to:	<u>12,121</u>	<u>18,868</u>

**A Place To Call Our Own Limited**  
**Detailed Statement of Financial Activities**  
**for the year ended 31 July 2023**

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
<b>Income and endowments from:</b>			
Donations and legacies			
Personal donations	10	10	783
Donations from companies	2,303	2,303	4,976
	<u>2,313</u>	<u>2,313</u>	<u>5,759</u>
Charitable activities			
Contracted Services	883,173	883,173	837,699
Grants	101,771	101,771	151,685
	<u>984,944</u>	<u>984,944</u>	<u>989,384</u>
Other			
Interest receivable on bank deposits	839	839	81
	<u>839</u>	<u>839</u>	<u>81</u>
<b>Total income and endowments</b>	<b>988,096</b>	<b>988,096</b>	<b>995,224</b>
<b>Expenditure on:</b>			
Charitable activities			
Contracted Services	2,437	2,437	16
	<u>2,437</u>	<u>2,437</u>	<u>16</u>
<b>Total of expenditure on charitable activities</b>	<b>2,437</b>	<b>2,437</b>	<b>16</b>
Other expenditure			
Bank loan and overdraft interest payable	4,375	4,375	427
Other interest payable	589	589	589
	<u>4,964</u>	<u>4,964</u>	<u>1,016</u>
Employee costs			
Salaries/wages	642,934	642,934	420,180
Employer's NIC	52,339	52,339	52,598
Pension costs	12,121	12,121	18,868
Staff training	20,724	20,724	17,345
Temporary staff	-	-	32,875
	<u>728,118</u>	<u>728,118</u>	<u>541,866</u>
Motor and travel costs			
Travel and subsistence	6,139	6,139	6,877
Business mileage costs reimbursed	-	-	13,541
	<u>6,139</u>	<u>6,139</u>	<u>20,418</u>
Premises costs			
Rent	81,909	81,909	76,718
Rates	41,755	41,755	-
Light, heat and power	-	-	9,848

**A Place To Call Our Own Limited**  
**Detailed Statement of Financial Activities**

Premises cleaning	3,955	3,955	2,272
	<u>127,619</u>	<u>127,619</u>	<u>88,838</u>
General administrative costs, including depreciation and amortisation			
Depreciation of land and buildings	135	135	135
Depreciation of Equipment	299	299	297
Depreciation of Motor	2,538	2,538	3,384
Depreciation of Computer	73	73	-
Bank charges	2,111	2,111	4,035
Equipment expensed	19,585	19,585	11,807
Equipment repairs and maintenance	34,649	34,649	16,845
General insurances	7,650	7,650	5,505
Information and publications	5,854	5,854	1,250
Stationery and printing	4,534	4,534	2,341
Subscriptions	6,504	6,504	4,708
Sundry expenses	2,023	2,023	1,575
Telephone, fax and broadband	8,606	8,606	5,940
	<u>94,561</u>	<u>94,561</u>	<u>57,822</u>
Legal and professional costs			
Accountancy and bookkeeping	6,110	6,110	3,840
Other legal and professional costs	11,458	11,458	15,635
	<u>17,568</u>	<u>17,568</u>	<u>19,475</u>
<b>Total of expenditure of other costs</b>	<u>978,969</u>	<u>978,969</u>	<u>729,435</u>
<b>Total expenditure</b>	<u>981,406</u>	<u>981,406</u>	<u>729,451</u>
Net gains on investments	-	-	-
<b>Net income</b>	<u>6,690</u>	<u>6,690</u>	<u>265,773</u>
<b>Net income before other gains/(losses)</b>	<u>6,690</u>	<u>6,690</u>	<u>265,773</u>
Other Gains	-	-	-
<b>Net movement in funds</b>	<u>6,690</u>	<u>6,690</u>	<u>265,773</u>
<b>Reconciliation of funds:</b>			
Total funds brought forward	620,412	620,412	354,641
<b>Total funds carried forward</b>	<u>627,102</u>	<u>627,102</u>	<u>620,414</u>