

Charity number: 1102494
Company number: 05028930
(England and Wales)

Addictions North East

Report of the Trustees and Unaudited Financial Statements

For the year ended 31 January 2021

Addictions North East
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**Addictions North East
Report of the Trustees
For the year ended 31 January 2021**

The Trustees, who are also directors for the purposes of company law, have pleasure in presenting their report and the financial statements for the charitable company for the year ended 31 January 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's objects are

- a) to promote the prevention, recognition and treatment of problems related to the use of alcohol, drugs, related substances and other addictions, in particular but not limited to
 - b) the provision of advice, information, support and counselling to such persons, their families and carers
 - c) the provision of a range of holistic therapies and treatments such as reflexology, aromatherapy, massage and reiki, osteopathy, chiropractic, acupuncture, herbal medicine and homeopathy and
- To promote such other charitable purposes as may from time to time be determined.

Organisation

The Organisation is a charitable company limited by guarantee, incorporated on 28th January 2004 and registered as a charity on 5th March 2004, under Charity Number 1102494.

The charity is governed by the Board of Charitable Trustees who meets regularly throughout the year.

The trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

Addictions North East
Report of the Trustees Continued
For the year ended 31 January 2021

ACHIEVEMENTS AND PERFORMANCE

ACHIEVEMENTS AND PERFORMANCE

Achievements and Performance during the period:

The welfare of recovering alcoholics, addicts and their carers and people with general well-being issues such as mental health and neurodiverse conditions is paramount to the objectives of the Charity.

Other training sessions have been held throughout the last period and we have been conducting a Pilot Evaluation into thirty-three new training courses which have been developed by Addictions UK aimed at Practitioners, Service Users and their Family and Friends.

Our Volunteers and staff provide one to one support to recovery housing clients and our service users throughout the North East of England. We have been pleased at the development of group training sessions which has had a significant benefit to attendees. These courses have been conducted remotely through Zoom / Microsoft Teams and this has allowed us to expand our support and training services throughout the terrible days of the Covid-19 Pandemic.

We were pleased to receive housing benefits payments from Durham County Council for an increased number of service users. Our Housing Recovery Programme has now become a major source of assistance for over thirty-five tenants. We continue to expand this much needed service and are working hard to reduce a large waiting list from both vulnerable men and women.

The Trustees hope that we will be able to expand our work with people in the North East of England - especially with clients who find it difficult to access available services who experience addictions issues or mental Health or neurodiverse problems.

We also plan to develop our work with other people who find it difficult to access traditional services because of social or economic exclusion issues. Addictions North East will increase this work to further tackle social exclusion during the next year.

Addictions North East is well equipped to deliver the objectives, being a registered charitable body; a limited liability company and having close associations with other similar voluntary and statutory agencies.

We have revamped the Addictions North East webpages during this financial year as the numbers of people who seek our help often locate us using the Internet. Our On-Line training courses are now available to clients and other interested parties thanks to courses now hosted on the Customised Platform on The Addictions UK website.

We have managed to promote additional welfare rights and advocacy services to our client group and assisted many people with applications for Employment Support Allowance, Personal Independence Payments and Universal Credit. Last Year we attended numerous Tribunal Hearings for our client group members and many DWP Assessment Interviews.

Future Strategy:

The Trust remains committed to supporting the development of its radical new approach to provide 24/7 crisis support for recovering addicts and their carers plus delivering wellbeing, mentoring and confidence building activities in both group and one-to-one service delivery. The development of our well-being services and increased training work is both positive and exciting.

The Trust has received referrals from other specialist drug & alcohol agencies. Support, especially to carers, has been a priority. Facilitating employment and support to individuals, especially after people commence recovery is a priority for the Trust to promote. We are pleased that we have maintained our excellent relationship with many other third sector agencies in the North East Region. Additionally, we have helped facilitate the creation of other support measures with associated agencies.

We are grateful to our funders and supporters and to the Trustees for their never-ending help and support. Addictions North East hold mentoring, counselling sessions and training sessions throughout County Durham and neighbouring Counties. We are seeking further resources to expand our services and we are concerned at the inadequate levels of Talking Therapies available in the North East Region. More services are needed especially in hard to reach rural

Addictions North East
Report of the Trustees Continued
For the year ended 31 January 2021

areas across isolated communities.

Our Trustees are mindful of the Pandemic Outbreak and work has now been re-organised to include effective outreach work through the internet. Our skills in on-line therapeutic support have been considerably enhanced and we will be seeking to promote this new way of working to assist and support many of our clients who are all extremely vulnerable. Our skills in offering relevant and effective training courses using technology, including the internet and telephone, has allowed us to maintain our support services to the most vulnerable and to offer a 24/7 service to those in the greatest need.

Our Thanks:

We are grateful to all staff, volunteers and Trustees for their hard work and commitment during the last twelve months. Without their hard work and diligence Addictions North East would have not been able to provide so much needed support to our clients. We are also grateful to Addictions UK for their considerable support during this last year. Without their expertise and innovative programmes, we would be greatly disadvantaged. The coronavirus pandemic has caused us exceptional difficulties and we are indebted to the numerous charitable organisations who have made donations to Addictions North East's service users.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Addictions North East
Charity registration number	1102494
Company registration number	05028930
Principal address	PO Box 182 Chester-le-Street DH2 1ZZ

Trustees

The trustees and officers serving during the year and since the year end were as follows:

A Percival (Company Secretary)
A Welsh (Director/Trustee)
J King (Director)
(Resigned: 06 July 2020)
D S Barnes (Chairperson)
(Resigned: 04 November 2020)
E Barnes
(Appointed: 22 November 2020)
C Lilley
(Appointed: 22 November 2020)
S J Newton
(Appointed: 22 November 2020)
I W Kay
(Appointed: 30 November 2020)

Independent examiners	C T Brewster BA Hons FCA 5a Station Terrace East Boldon Tyne & Wear NE36 0LJ
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**Addictions North East
Report of the Trustees Continued
For the year ended 31 January 2021**

Approved by the Board of Trustees and signed on its behalf by

..... 11 July 2021
A Welsh (Director/Trustee)

**Addictions North East
Independent Examiners Report to the Trustees
For the year ended 31 January 2021**

I report to the trustees on my examination of the accounts of the charitable company for the year ended 31 January 2021.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

Since the Charitable company's gross income exceeded £250,000, your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination by virtue of my membership of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
C T Brewster BA Hons FCA
5a Station Terrace
East Boldon
Tyne & Wear
NE36 0LJ

11 July 2021

Addictions North East
Statement of Financial Activities (including Income and Expenditure Account)
For the year ended 31 January 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 £	2020 £
Income and endowments from:					
Donations and legacies	2	6,783	77,582	84,365	9,950
Other trading activities	3	415,591	-	415,591	232,754
Total		422,374	77,582	499,956	242,704
Expenditure on:					
Charitable activities	4/5	(298,838)	(70,371)	(369,209)	(241,044)
Total		(298,838)	(70,371)	(369,209)	(241,044)
Net income		123,536	7,211	130,747	1,660
Reconciliation of funds					
Total funds brought forward		10,841	9,950	20,791	19,131
Total funds carried forward		134,377	17,161	151,538	20,791

**Addictions North East
Statement of Financial Position
As at 31 January 2021**

	Notes	2021 £	2020 £
Current assets			
Debtors	9	51,919	19,898
Cash at bank and in hand		108,978	23,198
		160,897	43,096
Creditors: amounts falling due within one year	10	(9,359)	(22,305)
Net current assets		151,538	20,791
Total assets less current liabilities		151,538	20,791
Net assets		151,538	20,791
The funds of the charity			
Restricted income funds		17,161	9,950
Unrestricted income funds	11	134,377	10,841
Total funds		151,538	20,791

For the year ended 31 January 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

I W Kay
Trustee
11 July 2021

Addictions North East
Notes to the Financial Statements
For the year ended 31 January 2021

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Addictions North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2021	2020
	£	£	£	£
Donations received	6,783	-	6,783	-
Grants received	-	77,582	77,582	9,950
	6,783	77,582	84,365	9,950

3. Income earned from other activities

	2021	2020
	£	£
Unrestricted funds		
Other activities for generating funds 1	415,591	232,754
	415,591	232,754

4. Costs of charitable activities by fund type

	Unrestricted funds	Restricted funds	2021	2020
	£	£	£	£
Charitable Activities	284,807	34,162	318,969	228,817
Support costs	14,031	36,209	50,240	12,227
	298,838	70,371	369,209	241,044

Addictions North East
Notes to the Financial Statements Continued
For the year ended 31 January 2021

5. Costs of charitable activities by activity type

	Activities undertaken directly	Support costs	2021	2020
	£	£	£	£
Support costs				
Charitable Activities	318,969	-	318,969	228,817
Management Costs	-	50,240	50,240	12,227
	318,969	50,240	369,209	241,044

6. Analysis of support costs

	2021	2020
	£	£
Management Costs		
Management	49,805	11,267
Governance costs	435	960
	50,240	12,227

7. Particulars of employees

	2021	2020
Employees	1	0
	1	0

Addictions North East
Notes to the Financial Statements Continued
For the year ended 31 January 2021

8. Comparative for the Statement of Financial Activities

	Unrestricted funds £	Restricted funds £	2020 £
Income and endowments from:			
Donations and legacies	-	9,950	9,950
Other trading activities	232,754	-	232,754
Total	232,754	9,950	242,704
Expenditure on:			
Charitable activities	(241,044)	-	(241,044)
Total	(241,044)	-	(241,044)
Net income/expenditure	(8,290)	9,950	1,660
Reconciliation of funds			
Total funds brought forward	19,131	-	19,131
Total funds carried forward	10,841	9,950	20,791

9. Debtors

	2021 £	2020 £
Amounts due within one year:		
Other debtors	51,919	19,898
	51,919	19,898

10. Creditors: amounts falling due within one year

	2021 £	2020 £
Other creditors	7,959	21,345
Accruals and deferred income	1,400	960
	9,359	22,305

Addictions North East
Notes to the Financial Statements Continued
For the year ended 31 January 2021

11. Movement in funds

Unrestricted Funds

	Balance at 01/02/2020 £	Incoming resources £	Outgoing resources £	Balance at 31/01/2021 £
<i>General</i>				
General	10,841	422,374	(298,838)	134,377
	10,841	422,374	(298,838)	134,377

Unrestricted Funds - Previous year

	Balance at 01/02/2019 £	Incoming resources £	Outgoing resources £	Balance at 31/01/2020 £
<i>General</i>				
General	19,131	232,754	(241,044)	10,841
	19,131	232,754	(241,044)	10,841

Purpose of unrestricted Funds

General

Unrestricted Funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Purpose of restricted funds

Restricted

Restricted Funds are to be used for the specific purpose as laid down by the donor.

Addictions North East
Notes to the Financial Statements Continued
For the year ended 31 January 2021

12. Analysis of net assets between funds

	Net current assets / (liabilities) £	Net Assets £
Unrestricted funds		
<i>General</i>		
General	134,377	134,377
Restricted funds		
Restricted	17,161	17,161
	151,538	151,538
Previous year		
	Net current assets / (liabilities) £	Net Assets £
Unrestricted funds		
<i>General</i>		
General	10,841	10,841
Restricted funds		
Restricted	9,950	9,950
	20,791	20,791

Addictions North East
Detailed Statement of Financial Activities
For the year ended 31 January 2021

	2021 £	2020 £
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	6,783	-
Grants receivable	77,582	9,950
	84,365	9,950
Other trading activities		
Income from other activities for generating funds 1	415,591	232,754
	415,591	232,754
Total incoming resources	499,956	242,704
EXPENDITURE		
Charitable activities		
Cost of direct charitable activity (Charitable Activities)	(318,969)	(228,817)
	(318,969)	(228,817)
SUPPORT COSTS		
Management		
Management (Management Costs)	(49,805)	(11,267)
	(49,805)	(11,267)
Governance costs		
Governance costs (Management Costs)	(435)	(960)
	(435)	(960)
Total resources expended	(369,209)	(241,044)
Net Income	130,747	1,660