

# **The Barking and Dagenham Progress Project**

**Registered Company Number  
04574234**

**Registered Charity Number  
1102465**

**Annual Report and Financial Statements  
for the Year Ended 31 March 2025**

MDCP Accountancy  
25 Merton Road  
Seven Kings  
Greater London  
IG3 8PB

# The Barking & Dagenham Progress Project

## Contents

---

	<b><u>Page</u></b>
Legal & administrative information	3
Report of the Trustees	4 – 9
Independent Examiner's Report to the Trustees	10
Statement of Financial Activities	11
Balance Sheet	12
Notes to the Financial Statements	13 - 18

## The Barking & Dagenham Progress Project

### Legal and Administrative Information

For the year ended 31 March 2025

---

<b>Charity Name</b>	The Barking and Dagenham Progress Project (working name: the Progress Project).						
<b>Registered Charity number</b>	1102465 (England & Wales) registered 3 <sup>rd</sup> March 2004.						
<b>Registered Company Number</b>	04574234 (England & Wales) The Progress Project was incorporated as a company limited by guarantee on the 25 October 2002.						
<b>Principal Address</b>	42 - 48 Parsloes Avenue, Dagenham Essex RM9 5NB Tel: (01708) 478140 Email: <a href="mailto:progress.project@btinternet.com">progress.project@btinternet.com</a>						
<b>Governing Document</b>	Memorandum and Articles of Association						
<b>Objects</b>	<p>The objects of the charity are summarised as follows:</p> <ul style="list-style-type: none"><li>(i) To relieve the needs of disabled children and young people within England and their families, in particular but not exclusively, those who are resident in the London Borough of Barking and Dagenham and adjoining areas or such other area as the company may from time to time determine by providing or encouraging the provision of resources and services which will improve their opportunities and also facilitate active participation, inclusion and full integration into society.</li><li>(ii) To promote and/or provide training and education as will assist disabled children &amp; young people and their families, in pursuing an independent life, making the transition into adulthood and aiding their integration within the community generally.</li><li>(iii) To promote, establish and operate other schemes of a charitable nature for the benefit of the community and groups which work with disabled children &amp; young people and their families in the Greater London Area.</li></ul>						
<b>Trustees</b>	<table><tr><td>Elaine James</td><td>(Treasurer) (Resigned 11-Aug-25)</td></tr><tr><td>Emma Middleton</td><td>(Resigned 28-Apr-25)</td></tr><tr><td>Rajiv Gadhvi</td><td></td></tr></table>	Elaine James	(Treasurer) (Resigned 11-Aug-25)	Emma Middleton	(Resigned 28-Apr-25)	Rajiv Gadhvi	
Elaine James	(Treasurer) (Resigned 11-Aug-25)						
Emma Middleton	(Resigned 28-Apr-25)						
Rajiv Gadhvi							
<b>Company Secretary</b>	Mark Gerbaldi						
<b>Key Management Personnel</b>	<p>Those in charge of planning, directing, controlling, running and operating the Charity, including those members of staff who are the senior management personnel to whom the Trustees have delegated significant authority or responsibility in the day-to-day running of the charity, are the Trustees / Directors.</p> <p>Mark Gerbaldi (Company Secretary) and Andy Murphy (Young People's Development Forum) have been delegated some authority and responsibility in the day-to-day running and administration of the charity.</p> <p>Project work is led by Andy Murphy (Young People's Development Forum), Nichola Fairbairn (Sporting Futures collaborating with This Girls Ability CIC) and Simon Blewitt (International Day of Disabled People Participation Project),</p> <p>Company Secretary and Contractor Consultant Mark Gerbaldi (MG – Training &amp; Consultancy), and contractor Martin Pringle (Financial Officer) (MDCP Accountancy)</p>						
<b>Independent Examiner</b>	John Helm ACA Tandem Accounting Ltd 17 Heathville Road London N19 3AL						

## **The Barking & Dagenham Progress Project**

### **Trustees Report**

For the year ended 31 March 2025

---

The Trustees, who are also directors of the charitable company for the purposes of Company Law, present their report with the accounts of the charitable company for the year ended 31 March 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and as amended by Update Bulletin 1 (effective 1 January 2016) and Update Bulletin 2 (effective 1 January 2019). The legal and administrative information set out earlier in this document forms part of this report.

### **Structure, Governance & Management**

#### **Method of Appointment / Election of Trustees**

The Trustees, who are also Company Directors, are appointed at the Annual General Meeting by members of the company / charity, for a period lasting up to 3 years. Additionally, new Trustees may be appointed by the existing Trustees during the year up to a maximum of nine.

#### **Induction and Training New Trustees**

New Trustees undergo an orientation course to brief them on the legal obligations under charity and company laws and the content of the Memorandum & Articles of Association of the charity. The Board's decision-making process, the Business Plan and financial performance together with Health & Safety regulations are all covered in the induction and, furthermore, Trustees are encouraged to attend appropriate external training events and activities to support the role they are performing.

#### **Risk Management**

The Trustees actively review the major risks associated with the activities of the charity on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of key financial controls, will provide sufficient resources in the event of adverse conditions.

#### **Public Benefit**

In planning the activities for the year, we kept in mind the Charity Commissions' guidance on public benefit. The focus of activities of the charity covers three main spheres to benefit the London Borough of Barking and Dagenham, which suffers from lack of resources, when working with disabled children, young people and their parents / carers: -

- (1) Disabled children and young people are able to access the same opportunities for activities and services as those children who do not have disabilities.
- (2) Local and newly established organisations, which aim to provide services to disabled children and young people, have the resources that will enable them to conduct their programs effectively.
- (3) The London Borough of Barking and Dagenham has a strong and effective voluntary sector catering for disabled children and young people.

### **Achievements & Performance:**

Progress Project delivered 3 programmes during the reporting period 2024 - 25, funding by:

- National Lottery Community Fund (Reaching Communities),
- People's Health Trust,
- Postcode Society Trust,
- LCF Youth Futures Fund,
- UK Youth,
- LB Barking & Dagenham,
- Sport England.

Programmes included the following as in the following reports:

## **The Barking & Dagenham Progress Project**

### **Trustees Report**

For the year ended 31 March 2025

---

#### **“Sporting Futures”:**

We continue to connect with ‘This Girl’s Ability CIC’ to deliver our inclusive sports programme, complemented by sports activity delivered by our Participation Officer, Andy Murphy.

Funded by Sport England and the Postcode Society Trust, key sporting activities delivered throughout 2024 – 25, included: -

1. Multi-Sports: our Wednesday sports club continued to introduce young people with disabilities to inclusive sports activity, motivating our young people who assist in development of the programme, i.e. they choose their own sports activity as our sports programme continues and extends our user-led ethos.
2. Swimming Club: Tuesday sessions continued, led by Paralympic World Record Holder Brock Whiston, who continues as Patron of our swimming programme, enabling disabled young people inclusive opportunities to learn how to swim and develop their swimming abilities.
3. Adapted cycling: our ongoing partnership with Vandome Cycling continued; although, this was limited to the warmer weather months as an outdoor pursuit.
4. Part of our sports offer is also to recognise participants’ achievements, for which purpose we host awards ceremonies whereby they receive certificates to congratulate them on their sporting achievements. These were followed by fun activities such as 10-pin bowling which kept the group together and provided team building as well as confidence building, adding to the ‘fun’ objective which is a key theme to all our activities.
5. Sports Leaders: having trained our young people as sports leaders, we benefit from their support during sessions, which also provides employment pathways leading to one of our volunteers gaining paid work within a sports company this year.

Overall, during 2024 – 25, more than 100 young people benefited through participation in our sports programme and due to its ongoing success, we secured a new grant from the City Bridge Foundation, rekindling our previous association to run our sports programme from 2025 onwards, ensuring that inclusive sports continue to be available for another 2-years as an integral part of our overall offer which has been such a great success.

#### **“Youth Futures”:**

“Youth Futures” completed another successful year as part of its 2-year term which ended in Mar-25, providing 4-key parts, including: -

1. Health Support: coaching, workshops and support activities promoting participants’ emotional, mental & physical well-being, ensuring they are ready to participate and thrive through training & development,
2. Skills Training Programme: developing disabled young people’s [soft] skills including: -
  - Confidence building,
  - Practical skills such as time management and communications,
  - CV development,
  - career planning & employment mentoring,
3. Sports & Leisure: opportunities to train as Sports Leaders, which is an employment pathway for which local opportunities are available through our connections e.g. jobs in sports centres and with community groups.
4. Volunteer Programme: recruiting and training [Peer] volunteers, providing skills and direct work experience schemes e.g. with our partners and local businesses.

The programme has been a tremendous success; in the past year alone, 118 young people participated within 103 sessions delivered, leading to over 1,000 interactions with our young people.

## **The Barking & Dagenham Progress Project**

### **Trustees Report**

For the year ended 31 March 2025

---

#### **“Young People’s Development Forum”:**

Our Youth Forum is a crucial function which was launched in 2007 and continues to drive all our strategies and activities as we uphold our key ethos to be a user-led charity which is critical when supporting disabled young people who fed back to us many years ago that they prefer to have activities delivered ‘with them’ as opposed to ‘at them’.

Sessions continued using the same informal format following the success of last year, whereby we changed the structure meeting fortnightly at The Vibe Youth Club with a core team of up to 12-regular participants who lead the project.

We continue to encourage others to join and achieve outcomes which include measuring ongoing project work, suggesting new ideas for activities and discussing issues which are relevant to disabled young people with a view towards providing solutions for them.

Specific outputs included: -

1. Consultations: this year, within 6 consultation exercises, we discussed issues which were important to our young people and produced brief reports, recommendations and suggestions including careers, parks, transitions, parenting & families and ongoing issues of services and community venue exclusions.
2. Skills training through 18 Forum meetings, addressing: -
  - confidence & team building,
  - communication skills,
  - time management,
  - developing Forum protocols,
  - staying safe in the community and online.
  - bullying awareness workshops,
  - planning for training and employment pathways.
3. Volunteer Development: 6 [peer] young people supported us all year round during every session; all our volunteers attended ILA training courses to equip them with certificated employability skills.

#### **“Speak Up” Project:**

“Speak Up” continued into its 2<sup>nd</sup> year, funded by the local council [London Borough of Barking & Dagenham] building upon our successful Young People’s Development Forum to encourage young people to meet, discuss issues and give their views on matters within the Borough.

Positive outcomes, included: -

1. We developed our [upper age] 14–25-year-old “Speak Up” group where we regularly met at the Vibe and went out into the community to conduct our consultation reporting.
2. On launching the project [Aug-23], we had 10 regular members. We developed this to over 30 young people want to participate in the programme.
3. Our Age 8–14-year-old speak up group have over 60 children & young people registered, but very low turn out to our actual monthly club at the Vibe i.e. between 5 and 10 young people.

However, the younger cohorts attended sessions in high numbers within our programmes, including Adapted Cycling, “i CAN run Club”, Swimming, Multi Sports and cricket.

Working with the age 14–25-year-old “Speak Up” group, we submitted 9 consultation reports, which assist our charity and the local area to access young people’s feelings and thoughts as regards local issues and how they can be addressed - this is integral to meeting community needs and ensuring inclusivity which is a key part of our mission.

## **The Barking & Dagenham Progress Project**

### **Trustees Report**

For the year ended 31 March 2025

---

#### Outputs [Numbers Overview]:

1. 111 Young People have interacted and attended a Barking and Dagenham Progress Project, LBBD Funded Speak up session over the last 11.5 months.
2. A further 31YP have signed up but not yet ever attended a session (across all age groups 8-25)

#### **International Day of Disabled People (IDDP) “Participation Project”:**

The Progress Project has now led on the annual International Day of Disabled People (IDDP) event in Barking and Dagenham for the past 13 years, each with a different theme and centered on disabled community, access, and conclusion.

Previous years have included themes which have covered technology, disability history, transport and each year focuses on positives and challenging misconceptions and preconceived ideas..... with that in mind our mantra is always ‘Who says I can’t’.

Since 2018 the project has benefitted by being funded by People’s Health Trust which has enabled an activity programme to be developed around the single day annual event; a 12-months’ extension enabled this year’s programme to be delivered.

A team of volunteers and organising committee work throughout the year to deliver a main event and associated activities, which continued the previous programmes delivered successfully.

Since the start of the project we delivered 147 sessions, engaging local disabled people in a variety of activities including:-

1. Weekly social activity e.g. art projects, park walks and playing games,
2. Sports and exercise e.g. we set up and developed an IDDP FC [football team] and gave opportunities for participants to play other sports including cricket, cycling and our new running clubs,
3. Training and personal skills development e.g. confidence building, enabling them to attend other sessions and ‘join in’,
4. Volunteering as participants assisted sessions and supported their peers,

... we even held an end of year talent contest!!!

All activities fed into the annual IDDP (International Day of Disabled People) event, held at Dagenham & Redbridge Football Club which was open to all LBBD residents with the aim of shining a light on local disabled people and their achievements.

This year’s event welcomed 226 people, exceeding the target, with 6 of our participants sharing hosting duties.

The event engages with local charities and service providers during the day with keynote speakers and local people sharing their stories; the day then evolved to become a talent show, family disco and culminated with live music and audience participation.

#### **Financial Activity and Financial Position**

The Statement of Financial Activities and Balance Sheet can be found on pages 11 and 12 respectively. The Charity’s reserves decreased by £36,755 during the year (2023-24 – increased by £43,444).

The balance sheet shows total net assets of £14,967 (2023-24: £51,722).

Included in total funds are amounts totaling £26,597 (2023-23: £55,942) which are restricted. These monies have either been raised for, and their use restricted to, specific purposes, or they comprise donations subject to donor-imposed conditions.

## The Barking & Dagenham Progress Project

### Trustees Report

For the year ended 31 March 2025

Full details of these restricted funds can be found in note 9 in the accounts together with an analysis of movements in the year.

### Reserves Policy

The Trustees strive to achieve a Reserves Policy as recommended by the Charity Commission which is to have 3 months' revenue funding in unrestricted / free reserves to:

1. protect our services against losses of funding / sustain service levels;
2. invest in new programmes as needs are identified by young people;
3. support costs which funders do not readily consider e.g. core costs; and
4. cover winding down costs including redundancies where appropriate.

At 31 March 2025 the charity had free reserves deficit of £11,630 (2023-24: deficit of £5,076) as follows:

	<b>2024-25</b>	<b>2023-24</b>
	<b>£</b>	<b>£</b>
<b>Total reserves</b>	14,967	51,722
Less: restricted funds	(26,597)	(55,942)
Less: unrestricted fixed assets used for the continuing work of the charity	-	(856)
<b>Free reserves (deficit)</b>	<b>(11,630)</b>	<b>(5,076)</b>
<b>Free reserves requirement:</b>	<b>20,000</b>	<b>20,000</b>

The Trustees are aware of the unrestricted reserves deficit; although, through fund-raising efforts during the year, the previous year's deficit decreased, i.e. we are making progress with new plans including: -

- increase in unrestricted funds being built into new grant bids as 'full cost recovery'; and
- new grant applications being developed specifically targeted towards securing unrestricted grants,

These actions will resolve this issue and provide our immediate priority going forward as regards financial management applicable to our fund-raising plans and actions.

### Trustees' Responsibilities Statement

The charity's Trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the situation of the charitable company during the period and of the incoming resources and application of resources, including the net income and expenditure, of the charitable company for the financial period.

In preparing financial statements giving a true and fair view, the Trustees should follow best practice and are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Follow applicable accounting standards, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity, and which enable them to ensure that the financial statements comply with the Companies Act 2006.



## **The Barking & Dagenham Progress Project**

### **Trustees Report**

For the year ended 31 March 2025

---

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Approval**

The financial statements were approved by the Trustees on 23 December 2025 and signed on their behalf by



**Mark Gerbaldi**  
**Company Secretary**  
**23 December 2025**

## **The Barking & Dagenham Progress Project**

### **Independent Examiner's Report on Accounts**

For the year ended 31 March 2025

---

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2025, set out on pages 11 to 19.

#### **Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ("the 2011 Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**John Helm ACA**  
17 Heathville Road  
London N19 3AL

23 December 2025

**Statement of Financial Activities**

For the year ended 31 March 2025

	Note	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total 2024-25 £	Unrestricted Funds 2023-24 £	Restricted Funds 2023-24 £	Total 2023-24 £
<b>Income from:</b>	<b>2</b>						
Donations and Legacies		8,150	55,757	63,907	8,650	108,123	116,773
Other Income		-	-	-	115	-	115
<b>Total Income</b>		<b>8,150</b>	<b>55,757</b>	<b>63,907</b>	<b>8,765</b>	<b>108,123</b>	<b>116,888</b>
<b>Expenditure on:</b>							
Raising Funds	<b>3</b>	2,040	35	2,075	277	8,555	8,832
Charitable Activities	<b>4</b>	14,241	84,346	98,587	11,428	53,184	64,612
<b>Total Expenditure</b>		<b>16,281</b>	<b>84,381</b>	<b>100,662</b>	<b>11,705</b>	<b>61,739</b>	<b>73,444</b>
<b>Net (Expenditure)/Income</b>		<b>(8,131)</b>	<b>(28,624)</b>	<b>(36,755)</b>	<b>(2,940)</b>	<b>46,384</b>	<b>43,444</b>
<b>Transfers</b>		721	(721)	-			
<b>Net movement in funds</b>		<b>(7,410)</b>	<b>(29,345)</b>	<b>(36,755)</b>	<b>(2,940)</b>	<b>46,384</b>	<b>43,444</b>
<b>Total funds brought forward</b>		<b>(4,220)</b>	<b>55,942</b>	<b>51,722</b>	<b>(1,280)</b>	<b>9,558</b>	<b>8,278</b>
<b>Total funds carried forward</b>		<b>(11,630)</b>	<b>26,597</b>	<b>14,967</b>	<b>(4,220)</b>	<b>55,942</b>	<b>51,722</b>

## The Barking & Dagenham Progress Project

### Balance Sheet

As at 31 March 2025

	Note	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total 2024-25 £	Total 2023-24 £
<b>Fixed assets</b>					
Tangible assets	5	-	-	-	920
<b>Current assets</b>					
Debtors	6	-	-	-	5,898
Cash at bank and in hand	7	(10,812)	30,916	20,104	71,228
		<b>(10,812)</b>	<b>30,916</b>	<b>20,104</b>	<b>77,126</b>
<b>Liabilities</b>					
Creditors: amounts falling due within one year	8	818	4,319	5,137	26,324
<b>Net current assets</b>		<b>(11,630)</b>	<b>26,597</b>	<b>14,967</b>	<b>50,802</b>
<b>Net Assets</b>		<b>(11,630)</b>	<b>26,597</b>	<b>14,967</b>	51,722
<b>Represented by Funds</b>					
Unrestricted	10	(11,630)	-	(11,630)	(4,220)
Restricted	9	-	26,597	26,597	55,942
<b>Total Funds</b>		<b>(11,630)</b>	<b>26,597</b>	<b>14,967</b>	<b>51,722</b>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31<sup>st</sup> March 2025.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31st March 2025 in accordance with Section 476 of the Companies Act 2006. The Trustees acknowledge their responsibilities for the following, including:

- ensuring that that charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as is applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

### Approval

The financial statements were approved by the Trustees on 23 December 2025 and signed on their behalf by



**Mark Gerbaldi**  
Company Secretary

**Notes to the Financial Statements**

For the year ended 31 March 2025

---

**1 Accounting Policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**a) Basis of Accounting**

The financial statements have been prepared on an accruals basis under the historical cost convention and in accordance with the Companies Act 2006 and the requirements of Accounting and Reporting by Charities Statement of Recommended Practice 2019 [FRS 102]. They have been prepared to comply with the format and disclosure requirements of the Companies Act 2006 in order to provide a 'true and fair view'. The charity has taken advantage of the exemption from the requirement to produce a cash flow statement because it is a small charity. There has been no change to the accounting policies (valuation rules and methods of accounting) since last year. The accounting policies below have been applied consistently in dealing with the items which are considered material in relation to the charity's financial statements.

**b) Public Benefit Entity**

The Charity meets the definition of a public benefit entity under FRS 102.

**c) Going Concern**

There are no material uncertainties about the charity's ability to continue as a going concern and accordingly the accounts have been drawn up on a going concern basis.

**d) Funds structure**

The charity holds unrestricted and restricted funds. Unrestricted funds are spent or applied at the discretion of the Trustees. Restricted funds can only be used for the purpose for which they were given or collected.

**e) Income recognition**

Voluntary income, grants and donations are included in income. All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount to income receivable can be measured reliably.

**f) Expenditure recognition**

Expenditure is accounted for on an accruals basis and inclusive of VAT which is irrecoverable. It has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to headings, they have been allocated to activities on a basis consistent with the use of resources. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required, and the amount of the obligation can be measured or estimated reliably.

**g) Tangible fixed assets**

Depreciation is provided on office equipment at an annual rate of 25%, and on sports and other equipment at an annual rate of 33.3% in order to write off each asset over its estimated useful life.

**h) Taxation**

The charity is exempt from corporation tax on its charitable activities, but not from VAT. Irrecoverable VAT is included within the cost of those items to which it relates.

**i) Debtors including income accruals and deferred expenditure**

Debtors are measured at their recoverable amounts i.e. the amount the charity anticipates it will receive from a debt owed to the charity but not received during the accounting period.

**j) Creditors including expenditure accruals**

Liabilities are recognised for the amount that the charity anticipates it will pay to settle a debt or the amount it has received as an advance payment for services. The term accruals are used for services which the charity is liable for but has not been invoiced or paid for during the accounting period.

## The Barking & Dagenham Progress Project

### Notes to the Financial Statements

For the year ended 31 March 2025

#### 2 Income

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total 2024-25 £	Total 2023-24 £
<b>Donations &amp; Legacies</b>				
Grants (see note 2a below)	8,150	55,757	63,907	116,773
	<b>8,150</b>	<b>55,757</b>	<b>63,907</b>	116,773
<b>Other Income</b>				
Other Income	-	-	-	115
	<b>8,150</b>	<b>55,757</b>	<b>63,907</b>	<b>116,888</b>

#### 2a Grants

	Unrestricted Funds 2024-24 £	Restricted Funds 2024-24 £	Total 2024-24 £	Total 2023-24 £
Award 4 All	-	-	-	9,811
Barking and Dagenham	-	-	-	22,275
Groundwork UK	-	-	-	500
London Community Foundation	-	15,000	15,000	15,000
National Lottery Community Fund	-	16,529	16,529	32,320
People's Health Trust	-	10,628	10,628	4,000
Postcode Society Trust	-	-	-	24,717
UK Youth	8,150	-	8,150	8,150
Sport England	-	13,600	13,600	-
	<b>8,150</b>	<b>55,757</b>	<b>63,907</b>	<b>116,773</b>

#### 3 Expenditure – Cost of raising funds

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total 2024-25 £	Total 2023-24 £
Consultancy Fees	2,040	35	2,075	7,862
Advertising and publicity	-	-	-	970
	<b>2,040</b>	<b>35</b>	<b>2,075</b>	<b>8,832</b>

## The Barking & Dagenham Progress Project

### Notes to the Financial Statements

For the year ended 31 March 2025

#### 4 Expenditure - Charitable Activities

	Unrestricted Funds 2024-25 £	Restricted Funds 2024-25 £	Total 2024-25 £	Total 2023-24 £
<b>Staff costs</b>				
Wages and salaries	7,605	26,207	33,812	29,799
Social security costs	386	1,931	2,317	1,873
Employment Allowance	(2,317)	-	(2,317)	(1,873)
Pension contributions	98	549	647	507
Staff expenses	36	3,588	3,624	1,834
Contractors' remuneration	-	9,612	9,612	2,627
	<b>5,808</b>	<b>41,887</b>	<b>47,695</b>	<b>34,767</b>
<b>Activities/ programme delivery</b>				
Hire of venues/halls	-	5,749	5,749	1,434
Activities expenses	350	3,885	4,235	6,496
Coaching cost	-	4,041	4,041	1,170
Resources and equipment	840	-	840	551
Training & Programme consumables	70	3,357	3,427	935
Volunteer costs	110	1,563	1,673	1,412
Entertainment & prizes (IDDP)	300	7,667	7,967	648
Sessional budget	2,768	3,522	6,290	6,698
Accessible transport	-	-	-	91
Refreshments/Hospitality	223	719	942	1,757
	<b>4,661</b>	<b>30,503</b>	<b>35,164</b>	<b>21,192</b>
<b>Office/ running costs</b>				
Insurance	536	207	743	656
Rent	-	-	-	5,500
General running expenses	81	1,711	1,792	313
Depreciation	111	808	920	1,053
(Profit)/Loss on disposal of fixed assets	-	-	-	517
Subscriptions & memberships	-	946	945	-
Bank charges	-	2	2	-
Sundries	18	34	52	363
	<b>746</b>	<b>3,708</b>	<b>4,454</b>	<b>8,402</b>
<b>Governance</b>				
Accountancy	737	3,325	4,062	4,036
Consultancy	2,289	3,711	6,000	-
Independent	-	1,140	1,140	950
Other professional fees	-	72	72	-
	<b>3,026</b>	<b>8,248</b>	<b>11,274</b>	<b>4,986</b>
<b>Total Charitable Activities</b>	<b>14,241</b>	<b>84,396</b>	<b>98,587</b>	<b>73,444</b>

No employees received emoluments in excess of £60,000. There was no trustee remuneration.

	2024-25	2023-24
The average number of employees during the year was:	10	6

Andrew Murphy, a participation officer, and three of the sessional workers are enrolled for a statutory workplace pension in the NEST scheme. Andrew made contributions at the minimum rate for tax year 2024-25 of 3% of qualifying earnings, and the sessional workers on all earnings, between April 2024 and March 2025.

There were no Trustees' expenses paid for the year ended 31 March 2025.

## The Barking & Dagenham Progress Project

### Notes to the Financial Statements

For the year ended 31 March 2025

#### 5 Tangible Fixed Assets

	Office Equipment £	Sports & Other Equipment £	Total £
<b>Cost/valuation</b>			
At 1 April 2024	3,895	1,307	5,202
Revaluation	-	-	-
Additions	-	-	-
Disposals	-	-	-
<b>At 31 March 2025</b>	<b>3,895</b>	<b>1,307</b>	<b>5,202</b>
<b>Depreciation</b>			
At 1 April 2024	3,039	1,243	4,282
Charge for year	856	64	920
Disposals	-	-	-
<b>At 31 March 2025</b>	<b>3,895</b>	<b>1,307</b>	<b>5,202</b>
<b>Net Book Value</b>			
At 31 March 2025	-	-	-
At 31 March 2024	<b>856</b>	<b>64</b>	<b>920</b>

The fixed assets are office equipment, media and sporting equipment used for charitable purposes.

#### 6 Debtors

	2024-25 £	2023-24 £
Prepayments	-	5,898
Sundry Debtors	-	-
	<b>0</b>	<b>5,898</b>

#### 7 Cash at Bank and in Hand

	2024-25 £	2023-24 £
Metro Current	20,059	71,102
Petty Cash General	39	120
Petty Cash IDDP	6	6
	<b>20,104</b>	<b>71,228</b>

#### 8 Creditors – Amounts falling due within 1 year

	2024-25 £	2023-24 £
Trade Creditors	134	5,898
Wages & Pension Creditors	818	642
Accruals & Deferred Income	4,185	19,784
	<b>5,137</b>	<b>26,324</b>



## The Barking & Dagenham Progress Project

### Notes to the Financial Statements

For the year ended 31 March 2025

#### 9 Restricted Funds

##### 9a Current Year

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
People's Health Trust – IDDP Participation Project	0	10,628	(13,267)	-	(2,639)
National Lottery - Crisis Response Development Programme	1,125	-	(404)	(721)	0
National Lottery – Stronger Together Awards4All	22,157	16,529	(2,059)	-	36,627
Barking & Dagenham	4,413	-	(4,413)	-	0
London Community Foundation – Youth Futures	8,947	-	(26,969)	-	(18,022)
Postcode Society Trust – Sporting Futures	3,423	15,000	(18,312)	-	111
Sport England Movement	15,877	-	(15,877)	-	0
	0	13,600	(3,080)	-	10,520
	<b>55,942</b>	<b>55,757</b>	<b>(84,381)</b>	<b>(721)</b>	<b>26,597</b>

The transfer of £721 from restricted to unrestricted funds represents an adjustment for a historical error. A grant awarded in July 2020 was time-bound to the year ending 31 March 2021, and the funded activities were fully delivered in that period and the funding fully used up. The balance has therefore been released to unrestricted funds in the 2025 accounts.

##### 9b Prior Year

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
People's Health Trust – IDDP Participation Project	827	4,000	(4,827)	-	0
National Lottery - Crisis Response Development Programme	1,940	-	(815)	-	1,125
National Lottery – Stronger Together Awards4All	1	32,320	(10,164)	-	22,157
Barking & Dagenham	0	9,811	(5,398)	-	4,413
London Community Foundation – Youth Futures	0	22,275	(13,328)	-	8,947
Cherry Family Foundation	0	15,000	(11,577)	-	3,423
Postcode Society Trust – Sporting Futures	6,790	-	(6,790)	-	0
	0	24,717	(8,840)	-	15,877
	<b>9,558</b>	<b>108,123</b>	<b>(61,739)</b>	<b>-</b>	<b>55,942</b>

There were seven funds / funders for our projects running through 2024-25

**Awards4All** funded the Youth Futures programme.

**People's Health Trust** funded the full 'IDDP' programme.

**National Lottery Crisis Response** funded our COVID response programme.

**London Community Foundation** funded the Youth Futures programme.

**Postcode Society Trust** funded the Sporting Futures project.

**National Lottery Community Fund** funded Stronger Together programme.

**Barking & Dagenham** funded the Back to the Community/Speak Out programme.

## The Barking & Dagenham Progress Project

### Notes to the Financial Statements

For the year ended 31 March 2025

#### 10. Unrestricted Funds

##### 10a Current year

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
Community Fund Raising & Small Grants	4,160	-	(714)	-	3,446
UK Youth	5,025	8,150	(13,175)	-	0
General	(13,405)	-	(2,392)	721	(15,076)
	(4,220)	8,150	(16,281)	721	(11,630)

##### 10b Prior year

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Community Fund Raising & Small Grants	4,971	-	(811)	-	4,160
UK Youth	0	8,150	(3,125)	-	5,025
Groundwork	0	500	(500)	-	0
NLCF Stronger Together Overheads	471	-	(471)	-	0
General	(6,722)	115	(6,798)	-	(13,405)
	(1,280)	8,765	(11,705)	0	(4,220)

#### 11 Balance Sheet Comparatives

	Note	Unrestricted Funds 2023-24 £	Restricted Funds 2023-24 £	Total 2023-24 £	Total 2022-23 £
<b>Fixed assets</b>					
Tangible assets	5	856	64	920	1,505
<b>Current assets</b>					
Debtors	6	-	5,898	5,898	763
Cash at bank and in hand	7	18,823	52,405	71,228	26,559
		18,823	58,303	77,126	27,322
<b>Liabilities</b>					
Creditors: amounts falling due within one year	8	23,899	2,425	26,324	20,549
<b>Net current assets</b>		(5,076)	55,878	50,802	6,773
<b>Net Assets</b>		(4,220)	55,942	51,722	8,278
<b>Represented by Funds</b>					
Unrestricted	10	(4,220)	-	(4,220)	(1,280)
Restricted	9	-	55,942	55,942	9,558
<b>Total Funds</b>		(4,220)	55,942	51,722	8,278

#### 12. Related Party Transactions

Mark Gerbaldi, the Company Secretary and a member of the Key Management Personnel, provides Training and Consultancy services for which he received a remuneration of £6,000 (2023-24: £7,862).

Martin Pringle (MDCP Accountancy), a member of the Key Management Personnel, provided bookkeeping and accountancy services for £4,062 (2023-24: £4,036) during the year.

There were no other related party transactions.