

The Barking and Dagenham Progress Project

**Registered Company Number
04574234**

**Registered Charity Number
1102465**

**Annual Report and Financial Statements
for the Year Ended 31st March 2022**

MDCP Accountancy
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The Barking & Dagenham Progress Project

Year ended 31 March 2022

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The Barking & Dagenham Progress Project

Trustee's Report For the Year Ended 31st March 2022

Charity Name	The Barking and Dagenham Progress Project (working name: the Progress Project)
Registered Charity number	1102465 (England & Wales) registered 3 rd March 2004
Registered Company Number	4574234 (England & Wales) The Progress Project was incorporated as a company limited by guarantee on the 25 October 2002
Principal Address	42 - 48 Parsloes Avenue Dagenham Essex RM9 5NB Tel: (020) 8592 2020 Email: progress.project@btinternet.com
Governing Document	Memorandum and Articles of Association
Objects	<p>The objects of the charity are summarised as follows:</p> <ul style="list-style-type: none">(i) To relieve the needs of disabled children and young people within England and their families, in particular but not exclusively, those who are resident in the London Borough of Barking and Dagenham and adjoining areas or such other area as the company may from time to time determine by providing or encouraging the provision of resources and services which will improve their opportunities and also facilitate active participation, inclusion and full integration into society.(ii) To promote and/or provide training and education as will assist disabled children & young people and their families, in pursuing an independent life, making the transition into adulthood and aiding their integration within the community generally.(iii) To promote, establish and operate other schemes of a charitable nature for the benefit of the community and groups which work with disabled children & young people and their families in the Greater London Area.
Trustees	Keith Smith (Chair): Appointed 23-Feb-2018 Elaine James (Treasurer) Appointed 27-May-2015 Terry Miller: Appointed 01-Apr-2017 Christine Laney: Appointed 10-Apr-2017 Isaac Harvey: Appointed 25-Mar-2021
Company Secretary	Mark Gerbaldi: Date Appointed 25-Oct-2002
Key Management Personnel	<p>Those in charge of planning, directing, controlling, running and operating the Charity, including those members of staff who are the senior management personnel to whom the trustees have delegated significant authority or responsibility in the day-to-day running of the charity, are the trustees.</p> <p>Mark Gerbaldi (Company Secretary) and Nichola Fairbairn (Participation Officer: Various Projects) are delegated some authority and responsibility in the day-to-day running and administration of the charity. Andy Murphy (Forum), Nikki Fairbairn (Sporting Futures, Stronger Together, Adapted Cycling) and Simon Blewitt (Independence Day for Disable People), company secretary and contractor consultant Mark Gerbaldi (MG Consultancy), and contractor Martin Pringle (Financial Officer) (MDCP Accountancy)</p>
Independent Examiner	John Helm ACA Tandem Accounting Ltd 17 Heathville Road London N19 3AL

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Trustee's Report For the Year Ended 31st March 2022

The Trustees, who are also directors of the charitable company for the purposes of Company Law, present their report with the accounts of the charitable company for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and as amended by Update Bulletin 1 (effective 1 January 2016) and Update Bulletin 2 (effective 1 January 2019). The legal and administrative information set out earlier in this document forms part of this report.

Structure, Governance & Management

Method of Appointment / Election of Trustees

The Trustees, who are also Company Directors, are appointed at the Annual General Meeting by members of the company / charity, for a period lasting up to 3 years. Additionally, new Trustees may be appointed by the existing Trustees during the year up to a maximum of nine.

Induction and Training of New Trustees

New Trustees undergo an orientation course to brief them on the legal obligations under charity and company laws and the content of the Memorandum & Articles of Association of the charity. The Board's decision-making process, the Business Plan and financial performance together with Health & Safety regulations are all covered in the induction and, furthermore, Trustees are encouraged to attend appropriate external training events and activities to support the role they are performing.

Risk Management

The Trustees actively review the major risks associated with the activities of the charity on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of key financial controls, will provide sufficient resources in the event of adverse conditions.

Public Benefit

In planning the activities for the year, we kept in mind the Charity Commissions' guidance on public benefit. The focus of the activities of the project covers three main spheres to benefit the London Borough of Barking and Dagenham, which suffers from lack of resources, when working with disabled children, young people and their parents / carers:-

- (1) Disabled children and young people are able to access the same opportunities for activities and services as those children who do not have disabilities.
- (2) Local and newly established organisations, which aim to provide services to disabled children and young people, have the resources that will enable them to conduct their programs effectively
- (3) The London Borough of Barking and Dagenham have a strong and effective voluntary sector catering for disabled children and young people.

Achievements & Performance:

The Progress Project delivered 3 x main programmes during the reporting period 2021 - 22, which benefited from full funding from City Bridge Trust, People's Health Trust and new grants from the Postcode Society Trust and L&Q Foundation Placemakers Fund; these included the following:-

1) The Young People's Development Forum (YPDF):

The Forum continued to meet monthly and deliver a range of fun and developmental activities including youth club-style initiatives and supported volunteering.

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Trustee's Report For the Year Ended 31st March 2022

However, the Forum programme changed mid-year in that we launched 2 x new initiatives under its main heading which we titled "*Back to the Community*" and "*Stronger Together*" to mark our return post-COVID as we encouraged our young people '*back to the community*'.

We saw a new staff member take over from Matt Dyde who previously led the programme; Andy Murphy made immediate impact from October, with a fresh approach encouraging young people to 'get involved' with activities including:

- (i) Sports sessions, connecting with our "Sporting Futures" sessions to further open opportunities for those young people returning to the community after a long lockdown e.g. multi sports, football and swimming,
- (ii) The Forum: we developed Forum meetings at The Vibe and increased attendance to 18-young people on average, including adding an on-line offer via 'Zoom',
- (iii) Fun Activities included:
 - a 'Pizza Christmas Party' with 10-young people present and 1 via Zoom which the group planned as part of their organisational development training,
 - 11 YP met up at the Liberty Bell Restaurant to discuss a 'healthy lives' project and incorporated their ideas into shopping and cooking sessions we delivered at the 'Future Youth Zone' centre.
 - 'Daggers Diversity Day': 21 young people + 5 siblings were supported to access a 'Boccia' session and attended a number of football matches throughout the year,
 - 5 young people were supported to access the 'Valance Library Becontree Treasured memories' initiative as co-ordinated by Positive Change Consultancy,
 - Hollywood Bowl in Dagenham: this is a regular activity whereby our group organizes and plays games of bowling to learn how to plan activities and for fun / team building,
 - A particularly well-received activity was in formulating an article about Serpentine Gallery Volunteering for the 'Dagenham Post' newspaper,
- (iv) Research & Consultation: what continued communications with young people to find out their views and engage them in project planning, development and measurement [for which training is provided]

We found out that, above everything else, young people are desperate to get back out in the community and socialise, and keen to participate in activities ranging from youth club to joining a library, through sports and leisure sessions / projects.
- (v) Supported Volunteering: we continue to support our young people to volunteer and support their peers with a particular achievement being presentations of Autism Certificates for 6 of our young people,

More than 100-young people benefited through our programme over the year, seeing a successful return from the COVID Pandemic and ensuing lockdowns which we planned to continue as we progressed into 2022 – 23.

2) "Sporting Futures":

Key points from Apr '21 – Mar 22 operations include: -

"Sporting Futures" is our innovative sports programme, the first in the borough to facilitate equal access to sports activity for local children & young people with disabilities.

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Trustee's Report For the Year Ended 31st March 2022

We couldn't be prouder of what we have achieved as we reflect on the skills gained, **increased confidence**, new meaningful friendships formed, and decreased isolation through **greater connections in the community**.

Disabled people were disproportionately affected by COVID-19 with low activity levels, and our project mattered now more than ever.

In the last year of the programme, we ran three weekly and regular extra-curricular activities, attracting 89 children / young people with disabilities and a further 25 siblings/friends.

- (i) Inclusive Multi-Sports (weekly): sports / activities offered each week cater for all tastes and abilities. Staff and volunteers encourage the children/young adults to make friends, interact with their peers and participate in small group games led by staff and members.

Members share ideas to shape their programme of activities to provide autonomy. Our regular weekly multi-sports included free play, cricket, basketball, football, dance, volleyball, rounders, self-defence, tennis, tag rugby, athletics, and dodgeball.

- (ii) Swim Programme (weekly): since starting our swim programme in September with 6-young people, we more than doubled our group to 14; during the first term, 4-young people were awarded Swim England certifications.
- (iii) IDDP FC (weekly): regular weekly training for our football team with quality training from a qualified coach: we welcomed 3-new members to the group of 17.
- (iv) Adapted Cycling Sessions (semi-monthly): we ran cycling sessions twice monthly, working with a local partner who provided expert coaching and adaptive bikes: our last session of the year in October was a sponsored cycle where 21-young people with disabilities, cheered on by their families and friends, completed 500 laps of the stadium track, a massive 125 miles!
- (v) Partnership with Essex Cricket in the Community: Young people from our multi-sports represented Barking & Dagenham in Cricket Tournaments at Leyton, playing matches against Redbridge, Newham, and Bexley.
- (vi) Healthy Lives Consultation/Workshops: consultation was conducted in May with a representative group of 8-young people contributing.
- (vii) Summer Sports & Family Fun Day: held during the Summer, introducing young people with disabilities to sports, arts, and craft e.g., making paper flowers and adding to a community poetry tree: 23-young people with disabilities attended, along with family members, friends, and support workers
- (viii) Girls only self-defence classes: aimed to instil knowledge and confidence, and through a combination of simple techniques and movements, learn how to escape a dangerous situation [11-attendeess].
- (ix) Dagenham & Redbridge F.C. Diversity Day: In January 2022, our members celebrated Diversity Day at Dagenham & Redbridge F.C., where we hosted our biggest group at a live sporting event, forty-five people, of which 21 were young people with disabilities. Our volunteers ran a boccia session for our members and the public for two hours as part of the pre-match activities at their Diversity Day.
- (x) Sports Leadership: 10 disabled young people supported the programme as sports leaders gaining crucial skills and experience which, as well as being purely developmental, enables improved employability by gaining real work experience.

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- (xi) **Volunteers & Training:** Seven [7] volunteers were trained and supported to assist their friends and enable the sessions to be user-led. Four volunteers attended an MHFA England Mental Health First Aid Champions course to give them the knowledge and confidence to advocate for mental health awareness, the ability to spot signs of mental ill health and the skills to support positive well-being.

3) International Day of Disabled People (IDDP) "Participation Project":

The Progress Project has led on the annual IDDP for the past 10-years, each with a different theme and has benefited since 2018, by being funded by People's Health Trust which has enabled a complete project to be developed around the single day annual event.

After a challenging period during the Pandemic where our activities and engagements were restricted, and our main event had to be held online, we were dealt a devastating blow when our event Chairperson, Neal Crowley, was diagnosed with Cancer.

Despite this, he was resolute, and we had high hopes for both his recovery, and for the funding period April 2021 to March 2022.

It is always our intention to do more and be bigger and better than the previous year, and planning began for our most ambitious main event to date; given the tough times people had experienced it was vitally important to raise people's spirits and celebrate being back together in person.

With our team of volunteers, we met weekly, working on the theme 'Past, Present, Future?' looking back over 100 years of Disability history and imagining what was to come.

We engaged with Valance House Museum and their archives and disability campaigners to provide insight and an overview of life as a disabled person over the years.

Neal was involved in the planning of the event up until his untimely passing in the September, which was a devastating blow, but collectively we resolved to celebrate as always, particularly to mark his memory and achievements.

We are proud of the programme of engagement that we delivered, which included:-

- (i) Weekly planning and activity meetings held both online and in person
- (ii) Volunteers supporting local youth groups and other Progress Project activities working with disabled children and young people
- (iii) Stallholders at the Summer of Festivals One Borough Day, where we engaged with attendees and promoted the project and wider work of the Progress Project.
- (iv) Working with Studio 3 Arts to produce a short film 'Dr What?': a time travelling adventure short film covering the period from the 1920s to the present day; this premiered at the main event and is due to be entered into a local film awards.
- (v) IDDP FC- Weekly football training sessions for our inclusive football team; when remaining COVID restrictions were applied we maintained contact setting challenges and training drills that participants could action individually
- (vi) Sponsored Cycle [A fundraising sponsored cycle from London Stadium to Barking & Dagenham Town Hall where adult participants used adapted bicycles] raising money to support activities and awareness of our work

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- (vii) Children & Young Peoples Cycling Event [A fun cycling event for disabled children and young people in Mayesbrook Park, Barking, where participants used adapted bicycles] raising money to support our activities and awareness
- (viii) IDDP Day [An in-person community event running from 11am to 8.30pm on 2-Dec-2021] where we used a mix of speakers, performance, discussion, stallholder engagement, sports taster sessions, arts and crafts, a disco and live music from High Voltage Big Band. Over 200 people attended over the course of the day

Outputs: over the year, 46-young people benefited from the project, attending regular activities and a further 27 engaged with at least one event [total of 73 young people] which also includes social-media engagements.

Financial Review

The charity's main sources of funding are grants from outside organisations.

Financial Activity and Financial Position

The Statement of Financial Activities and Balance Sheet can be found on pages 11 and 12 respectively. The Charity's reserves decreased by £13,891 during the year (2020-21 – increased by £24,300).

The balance sheet shows total net assets of £30,754 (2020-21: £44,645).

Included in total funds are amounts totaling £15,798 (2020-21: £33,177) which are restricted. These monies have either been raised for, and their use restricted to, specific purposes, or they comprise donations subject to donor-imposed conditions.

Full details of these restricted funds can be found in note 9 to the accounts together with an analysis of movements in the year.

Reserves Policy

The Trustees strives to achieve a Reserves Policy as recommended by the Charity Commission which is to have 3 months revenue funding in unrestricted / free reserves to:

- (1) protect our services against losses of funding / sustain service levels
- (2) invest in new programmes as needs are identified by young people
- (3) support costs which funders do not readily consider e.g. core costs
- (4) cover winding down costs including redundancies where appropriate.

At 31 March 2022 the charity had net free reserves of £14,956 (2020-21: £11,069) as follows:

	2021-22 £	2020-21 £
Total reserves	30,754	44,645
Less: restricted funds	(15,798)	(33,177)
Less: unrestricted fixed assets used for the continuing work of the charity	-	(399)
Free reserves	14,956	11,069
Free reserves requirement:	20,000	20,000

Whilst free reserves show an improvement on the previous year, the trustees are aware that the free reserves requirement continues to be in excess of the free reserves. This will be closely monitored by the trustees during 2022-23.

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Trustee's Report For the Year Ended 31st March 2022

Trustees' Responsibilities Statement

The charity's Trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the situation of the charitable company during the period and of the incoming resources and application of resources, including the net income and expenditure, of the charitable company for the financial period.

In preparing financial statements giving a true and fair view, the Trustees should follow best practice and are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Follow applicable accounting standards, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity, and which enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval



**Keith Smith
Trustee & Chair**

27 January 2023

The Barking & Dagenham Progress Project

Independent Examiner's Report on Accounts For the Year Ended 31st March 2022

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022 which are set out on pages 11-18.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act').

In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



John Helm ACA
17 Heathville Road
London N19 3AL

27 January 2023

The Barking & Dagenham Progress Project

Statement of Financial Activities For the Year Ended 31st March 2022

	Note	Unrestricted Funds 2021-22 £	Restricted Funds 2021-22 £	Total 2021-22 £	Unrestricted Funds 2020-21 £	Restricted Funds 2020-21 £	Total 2020-21 £
Income from:							
Donations and Legacies	2	9,821	66,246	76,067	28,239	69,812	98,051
Other trading activities		5,489	-	5,489	700	-	700
Total Income		15,310	66,246	81,556	28,939	69,812	98,751
Expenditure on:							
Raising Funds	3	2,753	396	3,149	2,457	1,329	3,786
Charitable Activities	4	9,069	83,229	92,298	22,619	48,046	70,665
Total Expenditure		11,822	83,625	95,447	25,076	49,375	74,451
Net income/(expenditure)		3,488	(17,379)	(13,891)	3,863	20,437	24,300
Transfers							
Gross transfers between funds — in		-	-	-	-	-	-
Gross transfers between funds — out		-	-	-	-	-	-
Net movement in funds		3,488	(17,379)	(13,891)	3,863	20,437	24,300
Total funds brought forward		11,468	33,177	44,645	7,605	12,740	20,345
Total funds carried forward		14,956	15,798	30,754	11,468	33,177	44,645

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Balance Sheet As at 31st March 2022

	Note	Unrestricted Funds 2021-22 £	Restricted Funds 2021-22 £	Total 2021-22 £	Total 2020-21 £
Fixed assets					
Tangible assets	5	-	2,558	2,558	3,859
Current assets					
Debtors	6	656	110	766	643
Cash at bank and in hand	7	10,045	22,195	32,240	53,518
		10,701	22,305	33,006	54,161
Liabilities					
Creditors: amounts falling due within one year	8	(4,255)	9,065	4,810	13,375
Net current assets		14,956	13,240	28,196	40,786
Net Assets		14,956	15,798	30,754	44,645
Represented by Funds					
Unrestricted	10	14,956	-	14,956	11,468
Restricted	9	-	15,798	15,798	33,177
Total Funds		14,956	15,798	30,754	44,645

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006. The trustees acknowledge their responsibilities for

- ensuring that that charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as is applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Approval

The financial statements were approved by the trustees on 27 January 2023 and signed on its behalf by



Terry Miller
Trustee

The Barking & Dagenham Progress Project

Notes to the Financial Statements continued For the Year Ended 31st March 2022

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a) Basis of Accounting

The financial statements have been prepared on an accruals basis under the historical cost convention and in accordance with the Companies Act 2006 and the requirements of Accounting and Reporting by Charities Statement of Recommended Practice 2019 [FRS 102]. They have been prepared to comply with the format and disclosure requirements of the Companies Act 2006 in order to provide a 'true and fair view'. The charity has taken advantage of the exemption from the requirement to produce a cash flow statement because it is a small charity. There has been no change to the accounting policies (valuation rules and methods of accounting) since last year. The accounting policies below have been applied consistently in dealing with the items which are considered material in relation to the charity's financial statements.

b) Public Benefit Entity

The Charity meets the definition of a public benefit entity under FRS 102.

c) Going Concern

There are no material uncertainties about the charity's ability to continue as a going concern and accordingly the accounts have been drawn up on a going concern basis.

d) Funds structure

The charity holds unrestricted and restricted funds. Unrestricted funds are spent or applied at the discretion of the trustees. The General fund is for day-to-day and regular revenue income and expenditure. Restricted funds can only be used for the purpose for which they were given or collected.

e) Income recognition

Voluntary income, grants and donations are included in incoming recognition. All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount to income receivable can be measured reliably.

f) Expenditure recognition

Expenditure is accounted for on an accruals basis and inclusive of VAT which is irrecoverable. It has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to headings, they have been allocated to activities on a basis consistent with the use of resources. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that settlement will be required, and the amount of the obligation can be measured or estimated reliably.

g) Tangible fixed assets

Depreciation is provided on office equipment at an annual rate of 25%, and on sports and other equipment at an annual rate of 33.3% in order to write off each asset over its estimated useful life.

h) Taxation

The charity is exempt from corporation tax on its charitable activities, but not from VAT. Irrecoverable VAT is included within the cost of those items to which it relates.

i) Debtors including income accruals and deferred expenditure

Debtors are measured at their recoverable amounts i.e., the amount the charity anticipates it will receive from a debt owed to the charity but not received during the accounting period.

j) Creditors including expenditure accruals

Liabilities are recognised for the amount that the charity anticipates it will pay to settle a debt or the amount it has received as an advance payment for services. The term accruals are used for services which the charity is liable for but has not been invoiced or paid for during the accounting period.

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Notes to the Financial Statements continued For the Year Ended 31st March 2022

2 Income

	Unrestricted Funds 2021-22 £	Restricted Funds 2021-22 £	Total 2021-22 £	Total 2020-21 £
Donations & Legacies				
Donations	65	-	65	2,035
Grants (see note 2a below)	9,756	66,246	76,002	96,016
	9,821	66,246	76,067	98,051
Other trading activities				
Fundraising events	2,263	-	2,263	700
Invoiced Income	405	-	405	-
Other Income	2,821	-	2,821	-
	5,489	-	5,489	700
Total Income	15,310	66,246	81,556	98,751

2a Grants

	Unrestricted Funds 2021-22 £	Restricted Funds 2021-22 £	Total 2021-22 £	Total 2020-21 £
City Bridge Trust – Sporting Futures	4,527	28,473	33,000	24,750
City Bridge Trust – Special	-	-	-	9,500
People's Health Trust	-	6,000	6,000	8,930
Jack Petchey Foundation – Volunteer Challenge	-	1,889	1,889	-
Big Lottery - Covid Emergency Response	-	-	-	30,682
London Community Foundation - Provident Social Impact	-	-	-	10,000
HMRC Covid-19 Job Retention Grant	-	-	-	12,154
L&Q Placemakers	398	7,557	7,955	-
London Community Foundation	1,000	6,021	7,021	-
Postcode Society Trust	3,331	16,306	19,637	-
B&D Equality and Diversity Community	500	-	500	-
	9,756	66,246	76,002	96,016

3 Expenditure – Cost of raising funds

	Unrestricted Funds 2021-22 £	Restricted Funds 2021-22 £	Total 2021-22 £	Total 2020-21 £
Consultancy Fees	2667	-	2667	3,534
Advertising and publicity	86	396	482	252
	2,753	396	3,149	3,786

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Notes to the Financial Statements continued For the Year Ended 31st March 2022

4 Expenditure - Charitable Activities

	Unrestricted Funds 2021-22 £	Restricted Funds 2021-22 £	Total 2021-22 £	Total 2020-21 £
Staff costs				
Wages and salaries	668	45,920	46,588	44,814
Social security costs	-	3,453	3,453	3,014
Employment Allowance	(3,453)	-	(3,453)	(3,014)
Pension contributions	-	926	926	808
Staff Expenses	6	1,067	1,073	209
Training	-	763	763	289
	(2,779)	52,129	49,350	46,120
Activities/programme delivery				
Hire of venues/halls	-	990	990	60
Activities expenses	145	18,807	18,952	5,925
Resources and equipment	-	1,266	1,266	1,074
Training & Programme Consumables	-	1,634	1,634	-
Volunteer costs	6	3,438	3,444	81
Entertainment & prizes (IDDP)	-	831	831	50
Sessional Budget	-	791	791	-
Accessible Transport	-	40	40	-
Refreshments/Hospitality	45	689	734	-
Evaluation Expenses	-	700	700	-
	196	29,186	29,382	7,190
Office costs				
Insurance	643	-	643	577
Rent	-	40	40	5,700
General running expenses	310	325	635	695
Depreciation	42	1,259	1,301	918
Miscellaneous Professional	3,773	97	3,870	3,347
Bank Charges	86	-	86	-
Sundries	(86)	193	107	291
	4,768	1,914	6,682	11,528
Governance				
Accountancy	550	-	550	450
Independent Examination	1,000	-	1,000	910
Consultancy	5,334	-	5,334	4,467
	6,884	-	6,884	5,827
Total Charitable Activities	9,069	83,229	92,298	70,665

No employees received emoluments in excess of £60,000. There was no key management personnel remuneration.

The average number of employees during the year was:

2021-22	2020-21
7	4

The two participation officers were automatically enrolled for a statutory workplace pension in January 2018 in the NEST scheme. Both made contributions at the minimum rate for tax year 2021-22 of 3% of qualifying earnings between April 2020 and March 2021.

There were no trustees' expenses paid for the year ended 31 March 2022 or for the year ended 31 March 2021.

The Barking & Dagenham Progress Project

Notes to the Financial Statements continued For the Year Ended 31st March 2022

5 Tangible Fixed Assets

	Office Equipment	Sports & Other Equipment	Total
	£	£	£
Cost/valuation			
At 1 April 2021	4,372	1,307	5,679
Revaluation	-	-	-
Additions	-	-	-
Disposals	-	-	-
At 31 March 2022	4,372	1,307	5,679
Depreciation			
At 1 April 2021	1,315	505	1,820
Charge for year	892	409	1,301
Disposals	-	-	-
At 31 March 2022	2,207	914	3,121
Net Book Value			
At 31 March 2022	2,165	393	2,558
At 31 March 2021	3,057	802	3,859

The fixed assets are office equipment, media and sporting equipment used for charitable purposes.

6 Debtors

	2021-22	2020-21
	£	£
Prepayments	766	643
	766	643

7 Cash at Bank and in Hand

	2021-22	2020-21
	£	£
Metro Current	13,939	26,037
Barclays Current	-	27,103
Petty Cash General	180	145
Petty Cash IDDP	121	233
	32,240	53,518

8 Creditors – Amounts falling due within 1 year

	2021-22	2020-21
	£	£
Trade Creditors	352	2,970
Wages & Pension Creditors	690	161
Tax Creditors	(128)	-
Accruals	3,896	10,244
Advance Receipts	-	-
	4,810	13,375

The Barking & Dagenham Progress Project

Notes to the Financial Statements continued For the Year Ended 31st March 2022

9 Restricted Funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
City Bridge Trust – Sporting Futures	8,343	28,473	(32,128)	-	4,689
People's Health Trust – IDDP Participation Project	4,387	6,000	(13,403)	-	(3,106)
Jack Petchey Foundation – Volunteer Challenge	7,531	1,889	(9,420)	-	-
National Lottery - Crisis Response Development Programme	3,916	-	(988)	-	2,928
London Community Foundation – Healthy Lives	9,000	-	(9,000)	-	-
London Community Foundation – Cycling	-	16,021	(1,720)	-	4,301
L&Q Placemakers – Stronger Together	-	7,557	(7,877)	-	(320)
Postcode Society Trust – Back to the Community	-	16,306	(9,090)	-	7,216
	33,177	66,246	(83,625)	-	15,798

The deficit on the IDDP fund will be fully funded in due course by the project funder following their acceptance of a management and evaluation report from the trustees relating to the grant.

9a Comparatives for Restricted Funds	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
City Bridge Trust – Sporting Futures	1,472	21,200	(14,329)	-	8,343
People's Health Trust – IDDP Participation Project	203	8,930	(4,746)	-	4,387
Jack Petchey Foundation – Volunteer Challenge	11,065	-	(3,534)	-	7,531
National Lottery - Crisis Response Development Programme	-	30,682	(26,766)	-	3,916
London Community Foundation – Healthy Lives	-	9,000	-	-	9,000
	12,740	69,812	(49,375)	-	33,177

There were eight funds / funders for our projects running through 2021-22:

City Bridge Trust funded Sporting Futures.
 People's Health Trust funded the full IDDP programme.
 Jack Petchey Foundation funded "Volunteer Challenge".
 National Lottery funded our COVID response programme.
 London Community Foundation funded the project "Healthy Lives".
 IDDP "giving" part-funded the International Day of Disabled People.
 L&Q Placemakers funded "Stronger Together" project.
 Postcode Society Trust funded "Back to the Community" project.

The Barking & Dagenham Progress Project

Notes to the Financial Statements continued For the Year Ended 31st March 2022

10 Unrestricted Funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Community Fund Raising & Small Grants	5,095	2,762	(45)	-	7,812
Other	6,373	12,548	(11,777)	-	7,144
	11,468	15,310	(11,822)	-	14,956

10a Comparatives for Unrestricted Funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers £	At 31 March 2021 £
Community Fund Raising & Small Grants	4,315	900	(120)	-	5,095
Other	3,290	15,885	(12,802)	-	6,373
	7,605	16,785	(12,922)	-	11,468

11 Related Party Transactions

There were no related party transactions.

12 Status

The organisation is a charitable company limited by guarantee. The company was established under a Memorandum of Association which establishes the object and powers of the charitable company and is governed under its Articles of Association.