



TRUSTEES' ANNUAL REPORT

JAN - DEC 2024

Progress and Accounts for the Charity

United Through Sport is a UK Registered Charity (number 1102107)

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1. Charity Details

1.1. Charity Name and Contact Details

Charity Name:

United Through Sport

Registered Charity Number:

1102107

Correspondence Address:

Hamilton House, 80 Stokes Croft, Bristol, BS1 3QY, United Kingdom.

1.2. Charity Trustees for year ending 31st December 2024

Mr David Burton (Chair)

Mrs Amy Whiting

Mr Ben Spier

1.3. Professional Advisors and Bankers

Bankers:

CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ.

Independent Examiner:

Guadalupe Brockman MAAT

AAT Licensed Accountant

2. Charity Objectives and Governance

2.1. Charity Vision and Objectives

United Through Sport is a sports development charity operating on an international basis to support individual and community development in deprived regions throughout the world. The charity works with a reliable and accountable network of vetted grassroots charities and not-for-profit organisations located in specific target countries, through which sponsored programmes are run and managed. United Through Sport works in partnership with these organisations to raise awareness and funds as well as advising on project direction and policy.

The Vision of United Through Sport, as ratified by the charity trustees is as follows:

1. To bring people together to play sport, have fun, build friendships and advance community development.
2. To develop people to their full potential in:
 - Sport
 - Education
 - Health
3. Use sport as a tool for development – through it's direct benefits, by developing life-skills and addressing critical issues

All projects funded by United Through Sport must fulfil this Vision. The target countries for United Through Sport during the year were South Africa, Argentina and St Lucia.

2.2. Management and Governance

Trustees are elected by the majority vote of the existing trustee body. Additional trustees are introduced to the charity provided it is considered that they bring significant benefit to the organisation through their specific skills and their dedication to the United Through Sport Vision. There is no official limit on trustee numbers, but the body is not expected to rise above three members at present.

The chair of trustees is responsible for the induction of any new trustee which involves awareness of a trustee's responsibilities, the governing document, administrative procedures, and the Vision of the charity.

The trustees annually review the risks that the charity faces. The friends and members of the charity are currently protected through employers liability and public liability insurance. In addition, the charity works with a trusted network of registered charitable organisations overseas to avoid the risk of irresponsible, fraudulent or criminal use of funds.

2.3. Funding Policy

During the course of 2024, funds were distributed at the point of need. All beneficiary payments were reviewed and approved by unanimous trustee vote.

Funds are allocated in response to requests from trusted organisations responsible for projects in the target countries. Each request must be accompanied by an outline proposal which identifies the cost, benefit and sustainability of the projects requiring funding.

3. Charity Achievements and Performance

3.1. Achievements for the period

We continue to maintain a good impact in the communities of Port Elizabeth, South Africa, with guidance provided to satellite units in St Lucia, Argentina and the introduction of Ghana and Mauritius. These two new countries are financially independent until such a time the global board agrees to support capital growth or ongoing needs. However, they are using the charity name, and other resources to leverage good will in the countries they operate in order to make their divisions sustainable. This is a positive step in delivering our values into more communities that can benefit from it.

2024 income: £000,000

Below is a summary of progress in each programme country.

South Africa



MESSAGE TO SUPPORTERS

Dear family, friends, and supporters,

2024 has been a year of significant progress for United Through Sport, both in terms of the number of individuals we've supported and the breadth of our programmes. We've reached a monumental 17,937 participants across all of our initiatives, which provide sporting opportunities to the most vulnerable and underprivileged communities in our city. This growth is a testament to the dedication of our staff, volunteers, and supporters.

We have been able to expand our programmes without compromising the quality of our services. One of our standout achievements this year has been the expansion of our Sport Hubs programme into high schools ensuring continuity of our interventions whilst reaching young athletes who otherwise may not have had access to organised sport.

Our partnerships with local schools, community organizations, and corporate sponsors have been integral to our success. We have built stronger ties with various stakeholders who share our mission to make sport accessible to all.

While the year has been largely successful, we have faced some challenges, particularly with rising operational costs and the ongoing impact of the global economic climate. These factors have put pressure on our resources, but we remain committed to delivering our mission. Thanks to the generous donations from individuals and corporate sponsors, as well as the continued success of our grassroots fundraising efforts led by our volunteers and alumni.

However, we recognise that there is still much work to be done to ensure long-term sustainability. We are actively exploring new revenue streams and enhancing our fundraising efforts to secure a robust future for our organisation.

I am incredibly proud of what we have achieved in 2024, and I remain inspired by the positive impact our organisation has on the lives of those we serve. None of this would be possible without the dedication of our staff, volunteers, donors, and supporters. As we move forward into 2025, we are more determined than ever to make sport accessible to everyone, regardless of their background or circumstances.

On behalf of our board, thank you for your continued support. Together, we will continue to inspire, empower, and make a difference in the lives of countless individuals through sport.

Qondakele Sampondo
Board Chairman, United Through Sport

United Through Sport Trustees' Report

Progress and Accounts for Year Ending 31st December 2024



OUR DREAM

WE HAVE A DREAM TO SEE ALL CHILDREN GIVEN AN EQUAL OPPORTUNITY TO LEARN AND THRIVE IN THEIR ACADEMIC AND SPORTING ABILITIES. We want to see schools in the communities with high quality training facilities, programmes and equipment. We want to see clear academic and sporting pathways from childhood to career. We want to see equitable access to opportunities for children to excel in academic, sporting and recreational activities within their communities.



VISION

Our vision is to transform the lives of our participants allowing them to reach their full potential, contributing to the sustainable development of South Africa.



MISSION

Our mission is to use sport as a tool to support the children in the Nelson Mandela Bay area in breaking the poverty cycle and transforming their lives for good.



GOAL

To help develop healthy, active, emotionally and academically stronger children while contributing to the broader development of the disadvantaged communities and beyond

VALUES



- 1 Excellence:** We are committed to pursuing excellence in every aspect of our work. We look at excellence as an idea that is more than a benchmark, more than a goal, more than a distant destination but the foundation of rigour in our endeavor.
- 2 Accountability:** We recognise our obligation towards our staff, stakeholders, funders, partners, and society in general. To this end, we will be stewards of good governance who are accountable, responsible, and dutiful in our actions. We will be conscientious in our utilisation of the financial and physical resources of the institution as well as concerning our impact on the wider environment.
- 3 Care:** We are committed to caring for ourselves, our fellow humans, and the natural environment.
- 4 Integrity:** We commit ourselves to the highest standards of personal honesty and exemplary moral character. We take responsibility for our decisions, behaviours, actions and the consequences thereof.
- 5 Ubuntu:** We are a people-centred, values-driven institution that respects the dignity of others and mutual interdependence.



OUR THEORY OF CHANGE

BECAUSE WE BELIEVE ALL CHILDREN HAVE AN EQUAL RIGHT to learning, recreation and cultural activities to thrive in their academic and sporting abilities, we work with schools in the communities of Nelson Mandela Bay in the Eastern Cape Province of South Africa providing quality programmes (education, life skills and sport) and training facilities to create sustained and clear academic and sporting pathway from childhood to career in order to achieve Sustainable Development Goals (SDG's) by 2050.

SUSTAINABLE DEVELOPMENT GOALS



Empowering Children And Youth On Their PATHWAY TO SUCCESS

EARLY INSPIRATION
5-9 years

2. Learn to Move

1148

children's gross motor skills improved, boosting coordination and confidence.

ASPIRING ADOLESCENCE
10-14 years

3. Keep Active

6896

children received direct sports coaching and physical education, promoting movement and life skills development.

FUTURE GENERATION
13-19 years

5. School of Excellence

80

students received scholarships to attend high-level academic and sports-focused private high schools.

YOUTH RISING
18-35 years

6. Higher Learning

70

youth obtained tertiary qualifications from higher education and vocational training institutions.

7. Equipping Entrepreneurs

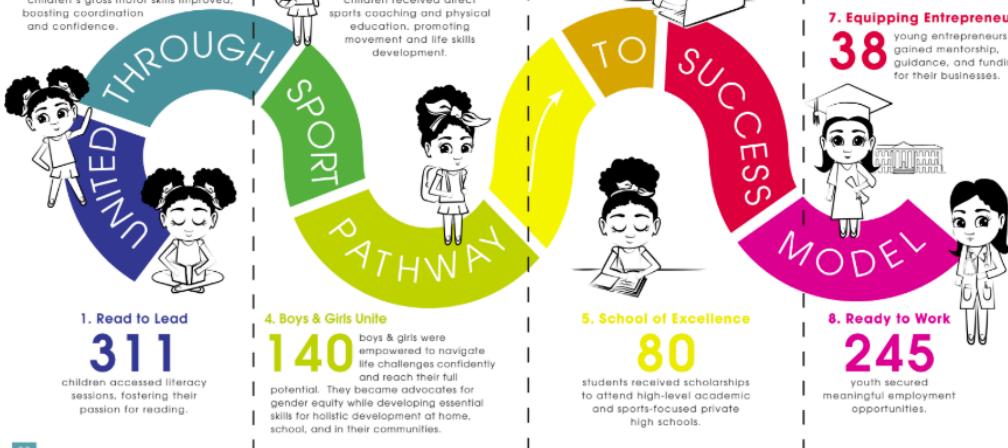
38

young entrepreneurs gained mentorship, guidance, and funding for their businesses.

8. Ready to Work

245

youth secured meaningful employment opportunities.



08

09

CAITLYN DAMPIES.

Defying Odds, Redefining Possibilities

In the Northern Areas, Caitlyn's journey began when she was identified during our **Keep Active** programme at her primary school. Even then, her exceptional academic ability, drive, and athletic talent stood out. Recognising her potential, she joined our **Girls Unite** programme, where she received support to grow both academically and personally.

Caitlyn's hard work and determination soon earned her a place in our Aspiring Adolescence programme, along with a full scholarship to Pearson High School, one of the region's most prestigious schools. There, she thrived, excelling both in the classroom and beyond.

This year, Caitlyn achieved what few dare to dream: matriculating with a staggering seven distinctions. This accomplishment is more than just numbers on a page; it is the culmination of years of hard work, sacrifice, and an unyielding belief in her ability to overcome any obstacle. Caitlyn's story is a testament to the power of resilience and the transformative impact of opportunity.

Now, Caitlyn is preparing to pursue a degree in Accounting at university, becoming the first member of her family to attend higher education. Her journey is not only a testament to her resilience but also an inspiration to those who dare to dream big.

Caitlyn embodies the spirit of United Through Sport, proving that barriers can be broken and futures transformed. As she steps into this exciting new chapter, we are honoured to support her and celebrate her incredible achievements.

"United Through Sport's support is what allowed me to become the person that I wanted to be, irrespective of the environment that I grew up in".
CAITLYN DAMPIES



10



12

LEARN TO MOVE

Launched in 2022, **Learn to Move** introduces Grade R-3 students to the fundamental components of exercise, with a strong focus on developing gross motor skills.

This programme has proven to be instrumental in enhancing a range of important abilities, from improved attention in class and better handwriting to increased coordination and boosted cognitive function.

The programme creates a seamless transition into our more advanced programmes, like **Keep Active**, and serves as a vital building block in our pathway to success.

By reaching 1,148 children across 9 schools in 2024, **Learn to Move** ensures that children are not only prepared for future programmes but also experience immediate improvements in behaviour and focus. This holistic approach sets them up for long-term success, both in school and in life.

A PARTICIPATING TEACHER SHARED:
"I've noticed the students are much calmer after the Learn to Move sessions. They need the opportunity to exercise and learn through play. It's essential for their development."



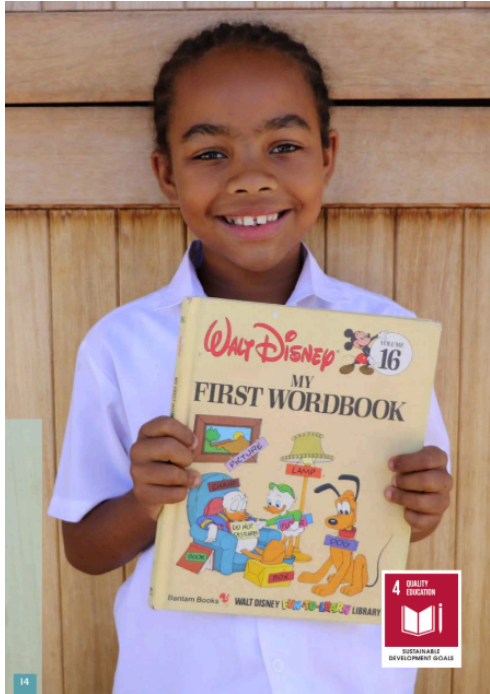
1,148
PARTICIPANTS
REACHED



↑87%
IMPROVEMENT IN
GROSS MOTOR SKILLS



13



READ TO LEAD

Literacy remains a significant challenge in the communities that we serve, with some studies revealing that 81% of South African children are unable to read for comprehension by the age of 10. Our **Read to Lead** programme addresses these challenges by offering one-on-one, high-quality reading interventions.

Our literacy coaches work individually with children aged 5 to 10, breaking down complex concepts to build a strong foundation in reading and comprehension. This personalised approach ensures that each child receives the attention and support they need to succeed.

In 2024, we deepened our impact, by providing our participants with an average of 30 sessions per child, a 20% increase on 2023. In addition to enhancing literacy, **Read to Lead** provides skilled employment opportunities for previously unemployed youth. By training and employing young adults as literacy coaches, the programme offers them a meaningful and enriching pursuit. As they contribute to the development of children in their community, they also gain valuable skills and experience, fostering mutual growth and empowerment.

Through these combined efforts, **Read to Lead** not only improves literacy rates but also strengthens the social fabric of our communities, paving the way for a brighter future for all.



311
PARTICIPANTS
REACHED



↑85%
IMPROVEMENT IN
READING ABILITY



↑68%
IMPROVEMENT IN
WRITING ABILITY



9,160
LITERACY SESSIONS
PROVIDED

KEEP ACTIVE

In 2024, our **Keep Active** programme partnered with 40 primary schools, delivering interactive sessions to 6,896 participants (an increase on last year's 5,978).

Engaging in structured sport sessions offers numerous emotional, mental, and physical health benefits. Regular physical activity can reduce stress, improve mood, and enhance cognitive function.

Beyond physical activity, **Keep Active** provides critical life skills sessions addressing salient issues both on and off the field. These sessions holistically develop participants, equipping them with the knowledge and confidence to navigate early adolescence and thrive. By focusing on comprehensive development, **Keep Active** ensures that children are prepared for future challenges, promoting a healthier and more active lifestyle.



6,896
PARTICIPANTS
REACHED



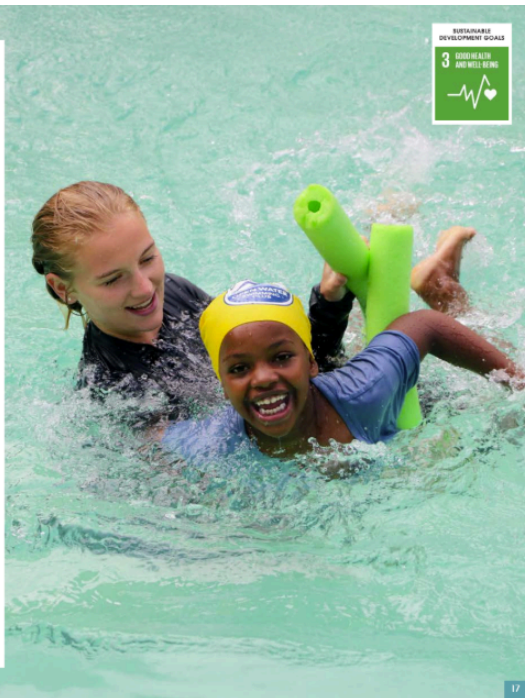
↑88%
IMPROVEMENT
IN SCHOOL
ATTENDANCE



↑98%
IMPROVEMENT IN
SEXUAL HEALTH
KNOWLEDGE



↑94%
IMPROVEMENT IN
PHYSICAL HEALTH





HUBS MODEL

Our hubs model is redefining how support is delivered to children by focusing on uplifting their communities rather than requiring them to leave. Our hubs provide a localised network of programmes and resources, ensuring that children can thrive academically, athletically, and personally within their own communities.

Building on the success of our **Zwide Hub** (our collaboration with the **Kalisi Foundation, Ubuntu, and KaziBantu**) which has been a cornerstone of community development since 2022, we proudly launched the **Northern Areas Hub** in 2024. This new hub operates across **six primary schools**, reaching an impressive **5,477 children** and employing **14 youth coaches** to deliver high-quality, impactful interventions. These efforts complement the work of the **Zwide Hub**, where **21 youth coaches** continue to support **4058 participants**.

Additionally, we have extended our focus to high schools, with **Khwezi Lomso** in Zwide and **Sanctor** in the Northern Areas identified as key partners. Each high school now has **two youth coaches** stationed to support students through tailored physical education and life skills sessions.

The goal is to create a seamless **pathway and transition from primary to high school**, providing children with the tools they need to succeed without having to leave their communities. By addressing critical needs within their local environments, we not only reduce barriers to access but also empower schools to become hubs of growth and opportunity.

This innovative approach allows us to holistically support participants while fostering sustainable development within their communities, reinforcing our belief that meaningful change begins at home.



"United Through Sport helped me discover my passion and gave me the tools to build a career. Sport truly is a pathway to endless possibilities." Phumla

From the Court to a Career: PHUMLA'S JOURNEY OF GROWTH

Phumla's journey with United Through Sport is a testament to the transformative power of opportunity and perseverance.

Once an unemployed youth, Phumla became a founding coach for the **Siyaphakama programme**, where she discovered her talent for empowering others. Her dedication shone as she led her netball teams to numerous accolades, fostering both skill and confidence among her players.

Beyond the court, Phumla embraced the **job skills** training provided through **United Through Sport's Youth Programme**, which equipped her with the tools to grow professionally. Recognising her potential, **United Through Sport** offered Phumla **financial support to pursue Agricultural Studies** at Nelson Mandela University. Her hard work and determination culminated in her successful completion of her course, opening new doors to her future.

Today, Phumla is a proud employee of **Sovereign**, a market leader in the agricultural sector, where she works full-time at their large poultry farm in Uitenhage. Her journey exemplifies how sport serves as both a foundation for personal growth and a gateway to unexpected opportunities, showing that while sport may be the starting point, it often becomes the bridge to even greater achievements, empowering beneficiaries to combine their passions and unlock their full potential.





BOYS & GIRLS UNITE

In 2024, **Boys & Girls Unite** brought together 140 participants from two primary schools, fostering growth, self-expression, and mutual respect among youth aged 10 to 14.

This integrated programme provides a safe and nurturing space for girls to **enhance self-development, boost self-esteem, and foster positive peer connections**. Through girl-specific sessions, participants improve their **English skills** and grow into confident individuals, preparing for academic success and pathways to high-quality high schools.

Simultaneously, boys explore **gender perceptions**, challenge stereotypes, and cultivate empathy toward their female peers. Guided by positive role models, they develop **self-awareness**, learn to build healthy relationships, and advocate for gender equality, reducing gender-based violence and fostering respectful interactions.

In addition, **Boys & Girls Unite** offers enriching extracurricular activities such as self-defense, dance, and art therapy, fostering the holistic growth and well-being of our participants.



140
PARTICIPANTS
REACHED



↑100%
IMPROVEMENT IN
SELF CONFIDENCE



↑100%
IMPROVEMENT IN
GENDER EQUITY
KNOWLEDGE



22

23



SCHOOL OF EXCELLENCE

In 2024, our **School of Excellence** programme continued to make a profound impact, partnering with 8 top-performing high schools to provide full scholarships to 80 students, offering them access to quality education and opportunities for personal growth. Participants received transportation, after-school tutoring, and mentorship, ensuring holistic support throughout their educational journey.

This year, all 18 of our Grade 12 students, including Caitlyn, proudly matriculated, giving us a 100% matriculation pass rate. This outstanding achievement not only highlights their incredible determination and potential but also reflects the unwavering support and dedication of our **United Through Sport** team. Special recognition goes to our **School of Excellence Coordinator, Alitwa September**, whose guidance has been instrumental in their success. With this accomplishment, these students are now well-positioned to pursue further education, embark on meaningful careers, and build bright futures.

Beyond academics, our scholars thrive in sports and leadership, earning awards for **Academic Excellence** and **Top Sports Performance** and securing positions as prefects and team captains. Their achievements exemplify the transformative potential of education combined with comprehensive support, setting them on a path to lifelong success. Notably, **Alyssa Oormeyer** was selected for **Athletics South Africa** this year, after breaking the longstanding Gqeberha 100m time.



80
HIGH SCHOOL
STUDENTS ON FULL
SCHOLARSHIPS



40
AWARDED ACADEMIC
EXCELLENCE OR
SPORTING EXCELLENCE



↑99%
ACADEMIC
PROGRESSION RATE



↑100%
HIGH SCHOOL
COMPLETION RATE

24

25



YOUTH RISING

In 2024, our **Youth Rising** programme supported **402 participants**, continuing its mission to empower young people through employment, entrepreneurship, and higher education opportunities.

The programme offered **mentorship**, robust support networks, and workshops on essential skills such as CV writing, interview techniques, and financial literacy. These efforts equipped participants to thrive in the competitive job market. Additionally, **youth interns** from the local community gained practical work experience within the **Zwide** and **Bethelsdorp Hubs**, delivering physical education, life skills training, sports coaching, and academic support to our beneficiaries.

Our youth interns received **monthly stipends** and **comprehensive training**, including first-aid certification, sports coaching qualifications like **World Rugby Level 1**, and access to local networking events with businesses and corporates. Some were also supported in obtaining **driver's licenses**, further enhancing their employability.

Youth Rising's holistic approach not only focuses on professional development but also builds participants' confidence, leadership, and interpersonal skills, empowering them to create brighter futures for themselves and their communities.



402

YOUTH IMPACTED



66%

FEMALE YOUTH IMPACTED



245

YOUTH EMPLOYED



119

YOUTH ENROLLED IN OR GRADUATED WITH TERTIARY QUALIFICATION



38

YOUTH OWNED BUSINESSES

From Dream to Reality: ZANO'S JOURNEY

Zano's story is a remarkable example of the impact of our **Equipping Entrepreneurs** programme. In 2021, Zano began his journey with the use of the turf that **United Through Sport** was able to build with the support of our partners.

Starting with just four boys, one set of training cones, and a few footballs, Zano launched his dream of creating a football academy. With our support, providing vital equipment, a monthly stipend, and ongoing mentorship during the crucial first six months, Zano turned his vision into reality, laying the groundwork for **Stars Unite Academy**.

Today, **Stars Unite Academy** has grown into a thriving hub for local youth, welcoming between 80 and 120 children each week. Zano has expanded his team to include five full-time coaches, who not only deliver high-quality training but also serve as role models for the next generation. Beyond football, Zano is leading the way in creating opportunities for young women and girls, working with local clubs and schools to nurture and develop female talent.

True to his roots, Zano also ensures that his academy remains accessible to disadvantaged communities, hosting specific development programmes for underprivileged players from across Gaqeberha. His work is breaking down barriers and creating pathways for success that were once out of reach for many.

Zano's inspiring journey is a testament to the power of investing in local heroes. His determination, paired with the resources and mentorship provided through our programme, has transformed not only his life but the lives of countless children in his community. His story encourages us all to continue building a brighter, more inclusive future.



Starting with almost nothing, I never imagined the Academy would grow into what it is today. With the right support, I've been able to create opportunities not just for young boys, but also for girls and underprivileged players in our community. Seeing these kids thrive is the greatest reward." Zano



COMMITMENT TO EXCELLENCE

Towards the end of 2024, **United Through Sport** embarked on a transformative journey to deepen our impact, heighten accountability, and elevate excellence across all our programmes. Recognising the ever-changing needs of the communities we serve, we are actively refining our systems to remain adaptive, transparent, and effective.

We are investing in robust monitoring, evaluation, and learning (MEL) practices to track progress and measure the outcomes of our work more effectively. By implementing these advanced tools, we ensure our programmes are driven by data, insights, and community feedback.

Additionally, we are equipping our team with the skills and resources needed to deliver high-quality interventions while fostering a culture of continuous improvement.

As we adapt to a changing world, we remain steadfast in our mission to create lasting, measurable change for every child, family, and community we support.



VISION 2025 AND BEYOND

Our vision for 2025 and beyond focuses on the strategic expansion of our successful hub model, redefining how children access support within their own communities.

By embedding our **Girls Unite** and **Boys Unite** programmes directly into the hubs, we aim to provide comprehensive sporting, academic, and life skills support to children within their local hub schools, removing the need for travel to centralised, single-focus facilities.

This integrated approach allows us to better serve our beneficiaries by ensuring they receive:



We've laid the foundation by training our youth coaches in programme delivery and essential life skills facilitation. Simultaneously, we are actively building partnerships with local sports clubs within each hub to ensure a multifaceted pathway for our participants.

Our approach nurtures the whole child, empowering them to thrive academically, athletically, and socially while remaining rooted in their communities. Through Vision 2025 and beyond, we aim to inspire a generation of young leaders and achievers, proving that with the right support, success can begin right at home.



St Lucia

2024 has been a year of innovation and empowerment for United Through Sport Caribbean. Building on the momentum of previous years, we have expanded our programmes to address not only physical performance but also the mental, emotional, and social well-being of young people across Saint Lucia. From introducing sports psychology workshops for aspiring athletes and coaches, to strengthening our Female Empowerment Programme through self-defence training, and even celebrating our 20th anniversary with a unique contribution to a local school, our impact has continued to grow in both depth and reach.

Our Vision and Mission

Our mission remains clear: to empower children and young people from disadvantaged backgrounds by providing access to sports, education, and health services. We believe in sport as a catalyst for transformation—building confidence, resilience, and community connection.

Key Achievements

1. Sports Psychology Workshops for National Athletes and Coaches

This year, we took a groundbreaking step in supporting the mental side of sport by hosting **Sports Psychology Workshops** at the National Athletics Forum.

- **Practical Tools and Methods:** The sessions provided athletes and coaches with usable theories, strategies, and mental training exercises designed to boost performance, manage stress, and build resilience.
- **Empowering Coaches and Athletes:** By equipping national coaches with these tools, we are helping to shape a more supportive and holistic approach to athlete development across Saint Lucia.
- **Positive Reception:** The workshops were met with enthusiasm and have set the stage for further integration of sports psychology into national coaching structures.



2. Celebrating 20 Years of United Through Sport – Gift to Marchand School

As part of the global celebration of **20 years of United Through Sport**, we proudly commissioned and donated a custom portrait to **Marchand School**.

- **A Lasting Legacy:** The portrait serves as both an artwork and a symbol of UTS's ongoing commitment to Saint Lucian schools and communities.
- **Community Pride:** The donation was warmly received and will stand as a reminder of the power of partnership and shared history.
- **Celebrating Two Decades:** This gesture highlights our journey of growth from grassroots initiatives to a wide-reaching movement that touches thousands of young lives each year.



3. Female Empowerment Programme – Girls' Self-Defence Classes

2024 also saw the launch of a new **Girls' Self-Defence Initiative** under our Female Empowerment Programme.

- **Kickboxing at Corinth School:** We introduced kickboxing-based self-defence classes to empower girls with practical skills for confidence, safety, and self-protection.
- **Beyond Sport:** The programme went beyond physical techniques, opening discussions about self-worth, boundaries, and resilience.

- **Impact on Participants:** Girls reported feeling stronger, safer, and more confident both inside and outside the classroom.



4. Staff and Coach Training

This year we made a significant investment in the development of our staff, local coaches, and volunteers, ensuring that our programmes remain sustainable and led by skilled professionals.

- **Internationally Recognised Qualifications:** We organised and delivered an open-water swim coaching workshop, providing internationally recognised qualifications to local participants and UTS staff.
- **Capacity Building for Local Leaders:** We funded driving lessons, a licence, and a work vehicle for one of our coordinators, empowering him to better serve his community and lead programmes independently.
- **Teacher Development:** In District 4 (Ciceron & Millet), we trained local P.E. teachers in updated coaching methods and modern theories, directly improving the quality of physical education for hundreds of students.
- **Sport-Specific Coaching:** We partnered with the Saint Lucia Rugby Football Union (SLRFU) to deliver youth coaching workshops, strengthening grassroots rugby across the island.

5. Goalkeeper Coaching Programme

Recognising the need for specialist training in football, we introduced goalkeeper-specific coaching in 2024.

- Youth Development: Children at the grassroots level received targeted positional coaching to develop their confidence and skills in goal.
- Raising Standards: Our sessions extended to semi-professional clubs and national team players, filling a long-standing gap in football development in Saint Lucia.
- Building a Pathway: This specialised training is creating new opportunities for aspiring goalkeepers, ensuring they receive the same structured development as outfield players.

Challenges and Opportunities

As in previous years, high demand for our programmes has been both our greatest challenge and our biggest opportunity. Our new initiatives in sports psychology and female empowerment have generated strong community interest, creating opportunities for growth but also increasing the need for resources, skilled trainers, and partnerships. We remain committed to meeting this demand sustainably while maintaining the quality of our impact.

Looking Ahead to 2025

In 2025, United Through Sport Caribbean aims to:

- Expand sports psychology support into more schools and clubs.
- Scale up our Female Empowerment Programme, introducing self-defence and personal development workshops in more schools across the island.
- Launch new community partnerships to celebrate health, sport, and culture together.
- Continue building on the strong foundation of our swimming, physiotherapy, and sports coaching programmes to ensure holistic development for all participants.

Conclusion

2024 has been a year of bold new steps for United Through Sport Caribbean. From advancing athlete development through sports psychology, to empowering young women with the confidence and skills of self-defence, to celebrating 20 years of our global mission with meaningful community contributions, we are proud of the progress made. Looking ahead, we are more committed than ever to building a brighter, stronger future for the youth of Saint Lucia and the wider Caribbean.

Thank you for standing with us in this mission.

4. Financial Review

4.1 Financial Policy

For 2024, United Through Sport has taken a low-risk policy to investment. It does have a loan balance of £51,111 at the close of the year.

The charity has a reserves policy to ensure that unreserved cash balances do not fall below £10,000 at any time. This policy will remain in 2024.

At present the charity only supplies payments to beneficiaries for initiatives which are sustainable without a guarantee of future support from United Through Sport. The charity therefore has no fixed future financial commitments to beneficiaries and will offer support on a case-by-case basis until further notice. This implies that the charity's reserves policy is dictated only by operational expenditure and not by future commitments to beneficiaries.

The charity has a target of distributing 75% of total income to beneficiary projects in-country, with 25% retained for UK administration.

4.2 Statement of Trustees' Responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on Behalf of the Trustees by David Burton.

Signed:



Date: Oct 2025

5. Independent Examiner's Report

I report on the accounts of the charity for the year ended 31st December 2024, which are set out in Section 6.

5.1 *Respective responsibilities of trustees and examiner*

The charity's Trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act); and
- to state whether particular matters have come to my attention.

5.2 *Basis of the independent examiner's report*

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

5.3 *Independent examiner's statement*

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the trustees have met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 41 of the 1993 Act); and
- accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or

Signed: Guadalupe Brockman MAAT

Date: 30th Oct 2025

6. Financial Activities for Year Ending 31st Dec 2024

6.1 Receipts and Payments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
RECEIPTS				
General Income	6,985	74,269	81,254	115,523
Online Platform Income (Total Giving)	3,102	9,534	12,636	2,376
Sales	4,111	-	4,111	1,735
Bank Interest	155	-	155	249
Total Receipts	14,353	83,803	98,156	119,883
PAYMENTS				
Beneficiary Payments	483	91,128	91,611	97,475
Development Costs	-	-	-	5,000
Fees deducted from Income	116	521	637	465
Marketing and Event Costs	2,080	-	2,080	2,027
Personnel Costs	-	14,039	14,039	23,506
IT Costs (inc JustGiving)	216	-	216	216
Administration Costs	62	3,440	3,502	3,885
Gift Aid Repayment	-	-	-	-
Total Payments	2,957	109,128	112,085	132,574
LOAN RECEIVED FROM UTS SOUTH AFRICA				
Loan Received	-	51,111	51,111	77,778
Loan Repayments	000	(49,130)	(49,130)	(26,667)
NET SURPLUS				
Net of Receipts / Payments	11,397	(74,454)	(61,076)	11,755
Transfer	-	-	0	0
Cash Funds Last Year End	38,990	71,284	110,274	149,631
Cash Funds This Year End	50,387	(3,170)	47,217	110,274

6.2 Statement of Assets and Liabilities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
ASSETS			
Cash at Bank	50,387	(3,170)	47,217
Total Cash Funds	50,387	(3,170)	47,217
LIABILITIES			
Loan from UTS South Africa	-	1,981	51,111
Total Liabilities	0	1,981	51,111