UNITED THROUGH SPORT

England & Wales · Charity number 1102107

Details

Other names	UTS
Status	Registered
Legal form	Other
Registered	2004-02-16
Register	View on the Charity Commission register

Contact

Address	Hamilton House 80 Stokes Croft Bristol BS1 3QY
Phone	02071935775
Email	info@unitedthroughsport.org
Website	www.unitedthroughsport.org

Activities

Objects: TO ADVANCE EDUCATION, RELIEVE POVERTY, SICKNESS AND DISTRESS, PROMOTE PRESERVATION AND CONSERVATION OF THE ENVIRONMENT AND PROVIDE OR ASSIST IN THE PROVISION OF FINANCIAL HARDSHIP AND/OR UNEMPLOYMENT AND PROVIDE AND ASSIST IN THE PROVISION OF FACILITIES FOR RECREATION OF OTHER LEISURE OCCUPATION FOR THE PUBLIC AT LARGE AND/OR THOSE WHO BY REASON OF YOUTH, AGE, INFIRMITY OR DISABLEMENT, POVERTY OR ECONOMIC AND SOCIAL CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE.

Activities: The Vision of United Through Sport, as ratified by the charity Trustees is as follows:1. To bring people together to play sport, have fun, build friendships and advance community development.2. To develop people to their full potential in:- Sport- Education- Health

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Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Argentina
- Ghana
- Mauritius
- Netherlands
- South Africa
- St Lucia
- Thailand
- Bristol City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£125,344	£147,759	-	-
2024-12-31	£98,156	£112,085	-	-
2023-12-31	£119,883	£132,573	-	-
2022-12-31	£165,606	£111,046	-	-
2021-12-31	£16,880	£35,341	-	-
2020-12-31	£101,957	£105,714	-	-

Trustees

Name	Role	Appointed
DAVID BURTON	Chair	
Amy Louise Whiting		2022-10-31
Thomas Andrew Goold		2025-05-01

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UNITED THROUGH SPORT

England & Wales - Charity number 1102107

Accounts

TRUSTEES' ANNUAL REPORT
JAN - DEC 2025

Progress and Accounts for the Charity

United Through Sport is a UK Registered Charity (number 1102107)

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1. Charity Details

1.1. Charity Name and Contact Details

Charity Name:
United Through Sport

Registered Charity Number:
1102107

Correspondence Address:
Hamilton House, 80 Stokes Croft, Bristol, BS1 3QY, United Kingdom.

1.2. Charity Trustees for year ending 31st December 2025

Mr David Burton (Chair)
Mrs Amy Whiting
Mr Thomas Goold

1.3. Professional Advisors and Bankers

Bankers:
CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ.

Independent Examiner:
Matthew Jones

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2. Charity Objectives and Governance

2.1. Charity Vision and Objectives

United Through Sport is a sports development charity operating on an international basis to support individual and community development in deprived regions throughout the world. The charity works with a reliable and accountable network of vetted grassroots charities and not-for-profit organisations located in specific target countries, through which sponsored programmes are run and managed. United Through Sport works in partnership with these organisations to raise awareness and funds as well as advising on project direction and policy.

The Vision of United Through Sport, as ratified by the charity trustees is as follows:

1. To bring people together to play sport, have fun, build friendships and advance community development.
2. To develop people to their full potential in:
    - Sport
    - Education
    - Health

3. Use sport as a tool for development – through its direct benefits, by developing life-skills and addressing critical issues

All projects funded by United Through Sport must fulfil this Vision. The target countries for United Through Sport during the year were South Africa, Argentina and St Lucia.

2.2. Management and Governance

Trustees are elected by the majority vote of the existing trustee body. Additional trustees are introduced to the charity provided it is considered that they bring significant benefit to the organisation through their specific skills and their dedication to the United Through Sport Vision. There is no official limit on trustee numbers, but the body is not expected to rise above three members at present.

The chair of trustees is responsible for the induction of any new trustee which involves awareness of a trustee's responsibilities, the governing document, administrative procedures, and the Vision of the charity.

The trustees annually review the risks that the charity faces. The friends and members of the charity are currently protected through employers liability and public liability insurance. In addition, the charity works with a trusted network of registered charitable organisations overseas to avoid the risk of irresponsible, fraudulent or criminal use of funds.

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2.3. Funding Policy

During the course of 2025, funds were distributed at the point of need. All beneficiary payments were reviewed and approved by unanimous trustee vote.

Funds are allocated in response to requests from trusted organisations responsible for projects in the target countries. Each request must be accompanied by an outline proposal which identifies the cost, benefit and sustainability of the projects requiring funding.

3. Charity Achievements and Performance

3.1. Achievements for the period

We continue to maintain a good impact in the communities of Port Elizabeth, South Africa, with guidance provided to satellite units in St Lucia, Argentina, Ghana and Mauritius.

South Africa is our main programme with updates from the field as follows:

Dear family, friends, and supporters,

2025 has been a defining year for United Through Sport — a year of connection, consolidation, and deepened impact. Our focus has continued to evolve from delivering strong programmes to building strong systems that endure, ensuring that every child, coach, and community we reach is part of something lasting.

Through our Hubs Model, we are now seeing what true community-rooted development looks like in action. From Zwide to Bethelsdorp, children are accessing consistent, high-quality opportunities in their own schools, supported by coaches and mentors who come from the same neighbourhoods and understand their journeys. The result is not just participation, but transformation — a steady rise in confidence, resilience, and aspiration among young people who can now see a pathway from early learning to leadership.

Stories like that of **Lelethu Nono**, who rose from our Zwide Hub to captain South Africa's U16 national rugby team, remind us of what's possible when talent meets opportunity. Equally, the growth of youth leaders like **Sinovuyo Stamper**, who moved from part-time coach to a qualified professional shaping new sporting pathways, demonstrates the power of investing in people and potential over the long term.

Our evidence-based approach is helping us measure this change more accurately than ever. From 96% of Learn to Move participants improving their motor skills, to Read to Lead learners achieving a 203% literacy increase, and over **41,000** children engaging in programmes that build health, knowledge, and confidence — the data tells a clear story of progress and purpose.

Yet behind every number is a relationship — between a coach and a learner, a partner and a school, a community and its future. To our dedicated team, loyal supporters, and partners who continue to walk this journey with us: **thank you.** Your belief in our mission fuels everything we do.

As we look to 2026, our vision remains clear — to build systems that last, empower youth from within, and ensure that every child has the chance to rise, learn, and lead.

Nick Mould
Founder & Director, United Through Sport

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OUR DREAM

United Through Sport

WE HAVE A DREAM TO SEE ALL CHILDREN GIVEN AN EQUAL OPPORTUNITY TO LEARN AND THRIVE IN THEIR ACADEMIC AND SPORTING ABILITIES.
We want to see schools in the communities with high quality training facilities, programmes and equipment. We want to see clear academic and sporting pathways from childhood to career. We want to see equitable access to opportunities for children to excel in academic, sporting and recreational activities within their communities.

VISION

Our vision is to transform the lives of our participants allowing them to reach their full potential, contributing to the sustainable development of South Africa.

MISSION

Our mission is to use sport as a tool to support the children in the Nelson Mandela Bay area in breaking the poverty cycle and transforming their lives for good.

GOAL

To help develop healthy, active, emotionally and academically stronger children while contributing to the broader development of the disadvantaged communities and beyond

VALUES

1 **Excellence:** We are committed to pursuing excellence in every aspect of our work. We look at excellence as an idea that is more than a benchmark, more than a goal, more than a distant destination but the foundation of rigour in our endeavor.

2 **Accountability:** We recognise our obligation towards our staff, stakeholders, funders, partners, and society in general. To this end, we will be stewards of good governance who are accountable, responsible, and dutiful in our actions. We will be conscientious in our utilisation of the financial and physical resources of the institution as well as concerning our impact on the wider environment.

3 **Care:** We are committed to caring for ourselves, our fellow humans, and the natural environment.

4 **Integrity:** We commit ourselves to the highest standards of personal honesty and exemplary moral character. We take responsibility for our decisions, behaviours, actions and the consequences thereof.

5 **Ubuntu:** We are a people-centred, values-driven institution that respects the dignity of others and mutual interdependence.

OUR THEORY OF CHANGE

BECAUSE WE BELIEVE ALL CHILDREN HAVE AN EQUAL RIGHT to learning, recreation and cultural activities to thrive in their academic and sporting abilities, we work with schools in the communities of Nelson Mandela Bay in the Eastern Cape Province of South Africa providing quality programmes (education, life skills and sport) and training facilities to create sustained and clear academic and sporting pathway from childhood to career in order to achieve Sustainable Development Goals (SDG's) by 2050.

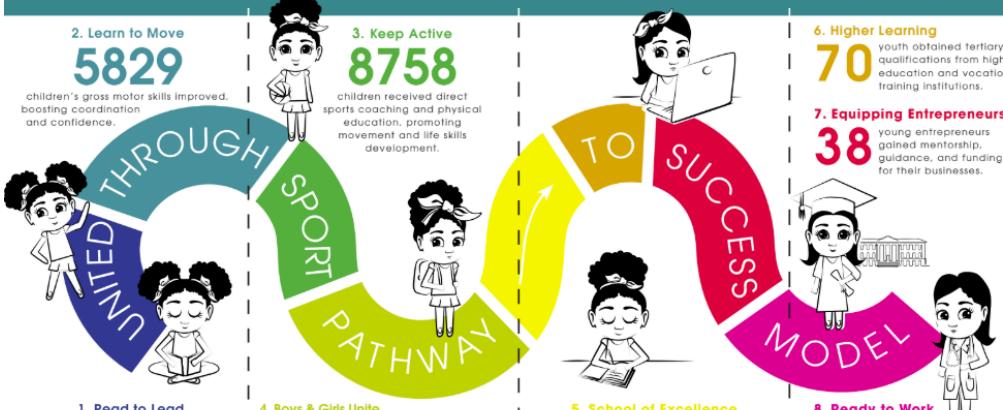
SUSTAINABLE DEVELOPMENT GOALS

Empowering Children And Youth On Their

PATHWAY TO SUCCESS

WE ACHIEVE OUR VISION AND MISSION THROUGH OUR PATHWAY TO SUCCESS MODEL. Through our pathway to success model, we have created a holistic approach to each participant's development, providing them with the life skills, education support and access to opportunities that they need to reach their full potential.

EARLY INSPIRATION 5-9 years	ASPIRING ADOLESCENCE 10-14 years	FUTURE GENERATION 13-19 years	YOUTH RISING 18-35 years



2. Learn to Move
5829 children's gross motor skills improved, boosting coordination and confidence.

3. Keep Active
8758 children received direct sports coaching and physical education, promoting movement and life skills development.

6. Higher Learning
70 youth obtained tertiary qualifications from higher education and vocational training institutions.

7. Equipping Entrepreneurs
38 young entrepreneurs gained mentorship, guidance, and funding for their businesses.

1. Read to Lead
579 children accessed literacy sessions, fostering their passion for reading.

4. Boys & Girls Unite
139 boys & girls were empowered to navigate life challenges confidently and reach their full potential. They became advocates for gender equity while developing essential skills for holistic development at home, school, and in their communities.

5. School of Excellence
65 students received scholarships to attend high-level academic and sports-focused private high schools.

8. Ready to Work
245 youth secured meaningful employment opportunities.

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From Zwide to the National Stage: LELETHU NONO'S JOURNEY

At just 16 years old, Lelethu Nono, South Africa's U16 national captain, is already a powerful example of what becomes possible when local opportunity meets consistent support.

Lelethu's journey with **United Through Sport** began in the **Zwide Hub at Emsengeni Primary School**, where he was introduced to structured sport through our Siyaphakama programme. From the outset, his talent and discipline stood out, but equally important was his willingness to learn, commit, and grow within the supportive environment created through the hub.

Recognising both his athletic potential and academic promise, Lelethu was awarded a **bursary to Grey High School**, one of the most prestigious rugby schools in the province. The transition was demanding, academically, socially, and linguistically, but Lelethu met these challenges head-on. He regularly attended academic support classes, maintained strong performance in the classroom, and continued to train with relentless focus.

His commitment quickly translated into results. In his first year at Grey, Lelethu was named **Best Forward of the Season**, a major accolade that affirmed his rapid progression. In 2025, he reached another milestone with his selection for the **Eastern Province U16 team** and participation in the elite **Khomo Grant Week Tournament**, a key platform for identifying South Africa's top young rugby talent.

Now leading the country as **U16 SA captain**, Lelethu's story reflects more than sporting excellence. It demonstrates the impact of **community-rooted development**, where children are supported from primary school through high-performance environments without losing their sense of identity or belonging.

Lelethu's journey captures the essence of the Hubs Model: long-term investment, local foundations, and pathways that allow talent to rise without being extracted from its community. It is not just a story of success, but a blueprint for what is possible when opportunity is built from the ground up.

READ TO LEAD

Literacy remains a critical challenge in the communities we serve, particularly in the early years where reading ability strongly influences long-term educational outcomes.

Read to Lead addresses this through targeted, one-on-one reading support designed to accelerate literacy development during a child's most formative learning stage.

Following a year of growth, **Read to Lead** increased its reach from **311 children in 2024 to 579 children in 2025**, strengthening access to early literacy support. Over the course of the year, children participated in **12,085 individual reading sessions**, receiving an **average of 21 sessions each**. Programme assessments showed an **average increase in literacy of 203%**, reflecting substantial gains in reading confidence, fluency, and comprehension.

The programme continues to prioritise quality, consistency, and individual attention, ensuring that each child receives tailored support aligned to their learning needs. Alongside its educational impact, **Read to Lead** creates meaningful employment for young adults from local communities, who are trained and supported as literacy coaches. This dual-focus model strengthens literacy outcomes for children while contributing to skills development and economic opportunity within the communities we serve.

579
PARTICIPANTS REACHED

203%
AVERAGE INCREASE IN LITERACY

12,085
LITERACY SESSIONS PROVIDED

52%
FEMALE PARTICIPANTS

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LEARN TO MOVE

Learn to Move continued to serve as the foundation of our programme pathway in 2025, delivering clear and measurable impact for younger learners.

Working across **23 schools**, the programme reached **5,829 children** in Grades R–3, including **3,031 boys** and **2,798 girls.**

Using structured pre- and post-assessments, **96% of participants improved their gross motor skills,** with an **average increase of 87%.** To strengthen the validity of these findings, a **control group** from a comparable non-participating school was assessed, showing an average improvement of just 12%. This comparison reinforces the programme's direct impact beyond natural developmental progression.

Early childhood is a critical period for developing movement, attention, and learning readiness. **Learn to Move** provides children with structured opportunities to be active, improve coordination, and learn through play, supporting better focus and behaviour in the classroom.

By building strong foundations early, the programme prepares children for progression into future programmes such as **Keep Active** and supports long-term educational and life outcomes.

5,829
PARTICIPANTS REACHED

⇧87%
IMPROVEMENT IN GROSS MOTOR SKILLS

KEEP ACTIVE

Keep Active continued to provide structured sport and life skills programming for primary school learners, reaching 8,758 children in 2025 across 43 schools, including 4,534 boys and 4,224 girls.

The programme supported physical health, wellbeing, and personal development during a critical stage of early adolescence.

Programme monitoring showed that **84% of participants improved their physical fitness,** with an **average fitness increase of 73%.** Beyond physical outcomes, **Keep Active** demonstrated strong psychosocial and educational benefits. **82% of participants reported attending school more regularly** as a result of the programme, while **85% reported feeling happier,** highlighting the programme's role in motivation, confidence, and emotional wellbeing.

Life skills sessions remained a core component of delivery, with participants showing an **average increase of 81% in sexual health and gender knowledge.** Importantly, the programme also contributed to shifting participation norms, with a **31% increase in female participation** in traditionally male-dominated sports such as soccer, rugby, and cricket.

By combining consistent physical activity with relevant life skills education, **Keep Active** supports healthier behaviours, stronger engagement in school, and more inclusive sporting environments.

8,758
PARTICIPANTS REACHED

⇧81%
IMPROVEMENT IN SEXUAL HEALTH & GENDER KNOWLEDGE

⇧31%
INCREASE IN FEMALE PARTICIPATION

⇧73%
IMPROVEMENT IN PHYSICAL FITNESS

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ALCOHOL AWARENESS

Underage drinking remains a significant challenge in the communities we serve, particularly in the Eastern Cape, which frequently makes headlines for alcohol-related harms among young people. In response, our partnership with Aware.org has been critical, and in 2025 the programme went from strength to strength, becoming a core component of our life skills curriculum.

Through our **recreational programme**, children engaged in sport combined with alcohol awareness sessions, **reaching 3,196 participants**. By integrating educational content with fun, structured activities, the programme promotes both physical health and informed decision-making, with **97% of participants reporting an intention to abstain from or reduce alcohol consumption.** The programme also includes **tournaments**, where children experience the benefits of teamwork, competition, and achievement in a safe environment. In 2025, **737 participants** took part, earning medals and building self-esteem while reinforcing alcohol awareness messages.

Excitingly, 2025 saw the **expansion of Alcohol Awareness into high schools** through a peer-to-peer model, recognising the critical influence of peers during adolescence. Delivered in partnership with the **Eastern Cape Liquor Board**, the programme reached **40 high schools**, 20 in Nelson Mandela Bay and 20 in Buffalo City, East London, with our partner **EduSport.** High school ambassadors were carefully selected, trained, and mentored to deliver sessions, ensuring the programme is relatable and engaging for learners. This approach reached **30,543 students**, with **84% reporting an intention to abstain from or reduce alcohol use**.

By embedding alcohol awareness into both recreational and competitive sport, as well as leveraging peer influence in high schools, the programme addresses a pressing social issue while supporting learners' **self-esteem, decision-making, and healthy lifestyle choices**.

We are very proud to have been recognised for this vital work, by being awarded with the 'Innovation In Prevention Award' by Aware.org.

35,243
PARTICIPANTS REACHED

HUBS MODEL

Building on the success of the Zwide Hub, a collaboration with the Kolisi Foundation, Ubuntu, and KaziBantu, our Hubs Model in 2025 strengthened community-rooted development, ensuring children can access consistent support without leaving their local schools. The model embeds our programmes, including Learn to Move, Keep Active, and targeted life skills sessions, directly into primary and high schools, creating long-term pathways that are both holistic and sustainable.

Each hub is led by **designated coordinators** who manage youth coaches, plan and coordinate sessions, and maintain close engagement with schools, caregivers, and local leaders. Coaches are recruited from the same communities as the children, fostering trusted, familiar relationships that enhance participation, learning, and social development.

A defining feature of the model is the **six primary schools feeding into one high school**, allowing learners to continue participating in familiar programmes as they transition to secondary education. At **Khwezi Lomso Comprehensive School in Zwide** and **Sanctor High School in the Northern Areas**, youth coaches who supported children at primary level continue to guide them through structured after-school coaching, sports sessions, and life skills workshops. This continuity builds confidence, reduces drop-off during a critical stage, and reinforces positive behaviours, attendance, and engagement.

The hubs also provide opportunities for structured competition through leagues such as the **Siyaphakama Schools League,** alongside holistic sessions that focus on leadership, emotional regulation, and gender equality. By embedding programmes within the communities where children live, the Hubs Model reduces barriers to participation, fosters belonging, and creates a sustainable ecosystem for learning and growth.

Through this approach, the **Hubs Model** demonstrates that **lasting change begins at home**, grows through trusted relationships, and is reinforced by consistent, high-quality programming that spans both primary and secondary schools.

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Developing Leaders From Within:

SINOVUYO STAMPER

Sinovuyo Stamper's journey within United Through Sport shows what becomes possible when youth development is treated as a core outcome, not a by-product.

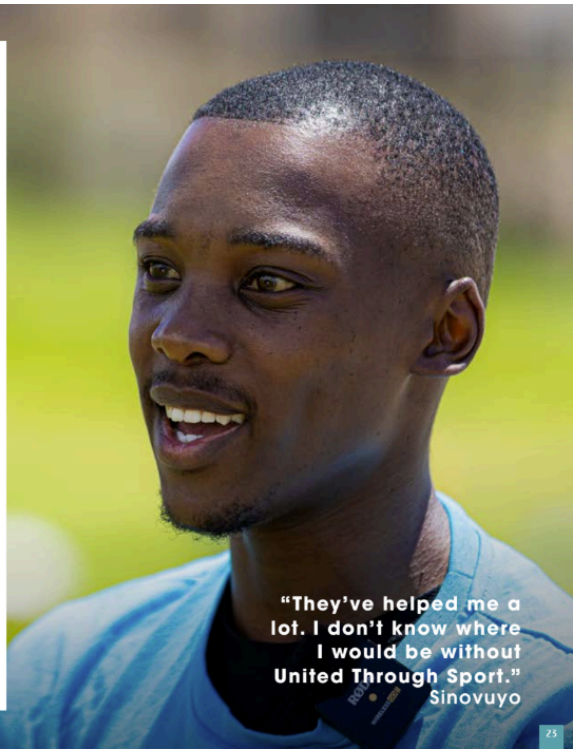
Originally from Kwa-Zakhele and now 25 years old, Sinovuyo joined the organisation as a part-time coach on our **Keep Active** programme with no formal qualifications and experience limited to informal community sport. Today, he is **a recognised leader in his community**, progressing through a rare and rigorous development pathway that includes SACE-accredited training, international certification, and formal sport management education.

What sets Sinovuyo apart is not only talent, but intent. From the outset, he showed a seriousness about his own development, consistently **putting himself forward for every opportunity to learn, train, and take on greater responsibility.** This commitment led to his selection as one of the first hub coaches when the programme launched, a role involving daily accountability across multiple schools and a clear step into leadership.

Crucially, Sinovuyo's development has been formal, not just experiential. Through **United Through Sport**, he has completed certified First Aid training, a SACE-accredited Physical Education qualification, formal cricket coaching certification, and is **currently enrolled in the FIFA Auxiliary Programme in Sports Management at Nelson Mandela University.** For a young person from Kwa-Zakhele, access to both SACE accreditation and a FIFA-linked programme represents a rare and powerful transition from informal sport participation into globally portable professional qualification. This is precisely the type of pathway that remains inaccessible to most local youth, and one that **United Through Sport** is intentionally building.

His growing competence has translated into practical impact. He was tasked with establishing football at Daniels Primary School, **building teams from nothing and taking learners to a league final within a season.** He later identified the absence of regular cricket across the Zwide Hub and independently revitalised a programme that now operates across all hub schools, creating entirely new sporting pathways for local children.

Today, Sinovuyo is one of the **most reliable and professional members of our coaching team**, shaping culture through preparation, conduct, and accountability. His story captures the core of **United Through Sport's** youth development model: identifying local potential early, investing in formal qualifications, and converting community-based participation into sustainable professional pathways. **We are incredibly proud of Sinovuyo's journey.**



BOYS & GIRLS UNITE

In 2025, Boys & Girls Unite evolved to become an integral part of our Hubs Model, moving beyond the previous two-school approach to reach a wider and more diverse group of children. The programme continues to provide a safe and supportive space for youth aged 10 to 14, fostering growth, self-expression, and mutual respect, while embedding learning and development within the familiar school and community environment of the hubs.

Girls participate in sessions designed to enhance self-confidence, leadership, and academic skills, preparing them for high-quality high school opportunities. Boys engage in activities that challenge stereotypes, build empathy, and encourage respectful peer interactions, contributing to the prevention of gender-based violence.

In 2025, the programme expanded its focus on sporting development, offering talented young athletes additional opportunities through **monthly coaching sessions with experts from Nelson Mandela University and termly sports clinics**, complementing existing physical and life skills activities. Academic support has also been tailored to meet individual needs, ensuring every participant benefits from a personalised approach rather than a one-size-fits-all model.

By embedding **Boys & Girls Unite** within the **Hubs Model**, the programme now reaches a broader community of learners while maintaining its holistic focus on social, emotional, academic, and athletic development.

139
PARTICIPANTS REACHED

↑100%
IMPROVEMENT IN SELF CONFIDENCE

↑100%
IMPROVEMENT IN GENDER EQUITY KNOWLEDGE

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ENVIRONMENTAL HUB

Communities such as Bethelsdorp face daily environmental challenges that directly affect children's health, safety, and learning, including water insecurity, food shortages, degraded outdoor spaces, and limited access to environmental education. These pressures undermine not only household wellbeing, but also schools' ability to provide safe and consistent spaces for play, learning, and development.

In response, in 2025, **United Through Sport** launched its first **Environmental Hub**, integrating environmental sustainability into our model for the first time. The project links sport, education, and environmental action into a single, community-based system designed to strengthen both child development and local resilience.

At the centre of the hub is a working school garden, now producing fresh vegetables for the school feeding scheme while serving as a live classroom where children learn about food systems, conservation, and responsibility through hands-on participation. Local youth are employed to manage the garden and lead Eco Hub sessions, creating both employment and long-term community ownership of the project.

Alongside this, we began the installation of the **GreenSource Turf**, a unique sports surface designed to harvest rainwater, filter it, and reuse it for irrigation and community benefit. This transforms sport infrastructure into a tool for sustainability, ensuring that children can play on safe surfaces while contributing to water security and environmental protection.

Through the project, children are not only learning about environmental challenges, they are actively shaping solutions in their own communities. The project reflects our long-term vision: that sustainable youth development must be rooted in healthy environments, local leadership, and systems that allow both children and communities to thrive together.

1,200
PARTICIPANTS RECEIVING ENVIRONMENTAL SESSIONS

↑94%
INCREASED CONFIDENCE IN SUSTAINABLE ACTION

17
YOUTH INVOLVED IN THE PROJECT

SCHOOL OF EXCELLENCE

In 2025, our School of Excellence programme continued to make a profound impact, partnering with 8 top-performing high schools to provide full scholarships to students, offering them access to quality education and opportunities for personal growth. The learners received transportation, after-school tutoring, and mentorship, ensuring holistic support and development throughout their educational journey.

This year, **14 of our 15 Grade 12 students proudly matriculated, giving us a 93.3% matriculant pass rate.** This achievement not only highlights their incredible determination and hard work but also reflects the unwavering support and dedication of our United Through Sport team. **Special recognition goes to our School of Excellence Coordinator, Alizwa September,** whose guidance has been instrumental in their success. With this accomplishment, these students are now well-positioned to pursue further education, embark on meaningful careers, and build bright futures, whilst we also seek to support those who did not do well as anticipated.

Beyond academics, our scholars shone in sports and leadership, **earning awards for Academic Excellence and Top Sports Performance** and securing positions as prefects and team captains. Their achievements exemplify the transformative potential of education combined with comprehensive support, setting them on a path to lifelong success. Notably, 2 of our matrics, **Anesto Williams and Urshrudene Klaasen,** made us extremely proud by gathering **2 distinctions each.**

The School of Excellence remains a cornerstone of our efforts to empower youth through education and opportunity.

64
HIGH SCHOOL STUDENTS ON FULL SCHOLARSHIPS

29
AWARDED ACADEMIC EXCELLENCE OR SPORTING EXCELLENCE

↑100%
ACADEMIC PROGRESSION RATE

93.3%
MATRICULANT PASS RATE

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YOUTH RISING

In 2025, Youth Rising strengthened its role in developing local youth as core drivers of our programmes, embedding professional growth, skills development, and leadership opportunities within the Hubs Model. By prioritising young people from the same communities as our learners, the programme ensures that coaches are both trusted role models and deeply connected to the children they support.

402
YOUTH IMPACTED

One of the programme's key strengths is its intentional, individualised approach to coach development. Every coach receives comprehensive foundational training through **KaziBantu**, covering the skills required to deliver impactful, curriculum-aligned physical education and life skills sessions in schools.

Beyond this, each youth follows a tailored development pathway, designed around their existing skills, experience, and long-term aspirations. Accredited courses and development opportunities are then aligned with each coach's growth plan. These include World Rugby and Netball coaching qualifications, SACE-accredited physical education training, and pathways into sports management, physiotherapy, massage, and driver's licence attainment.

This approach has **strengthened the internal culture of the coaching team**, fostering professionalism, motivation, and creativity. Regular mentorship, peer learning, and structured feedback ensure that coaches feel supported and empowered, resulting in consistently high-quality sessions that benefit both learners and the broader programme.

By investing in youth in this holistic, structured, and personalised way, **Youth Rising** not only builds the **capacity of individual coaches**, but also strengthens the **sustainability and impact of our programmes**, ensuring that children in the **Hubs Model** receive engaging, high-quality, and meaningful support.

BUILDING SYSTEMS THAT LAST

Over the past year, United Through Sport has deliberately shifted from delivering strong individual programmes to building strong, connected systems. As our work has grown in scale and complexity, so too has our commitment to being evidence-led, accountable, and focused on what genuinely improves outcomes for children and communities.

Across the organisation, delivery and measurement are now designed together. This has allowed us to move beyond counting participation alone and towards tracking **learning, behaviour change, and long-term impact.** From control-group comparisons in our Hubs model, to structured pre- and post-assessments in literacy, fitness, and alcohol awareness, our programmes are increasingly driven by what the data shows, not just what feels right. This approach strengthens both our impact and our credibility, allowing us to adapt quickly, refine intelligently, and scale responsibly.

At the same time, we have invested in the people who make this work possible. youth coaches, programme leads, and coordinators are now supported through structured development pathways, tailored training, and regular feedback cycles. Quality is no longer dependent on individuals alone, but embedded in how the organisation operates.

Our focus is not simply on reaching more children, but on ensuring that every interaction contributes to a measurable, long-term outcome. By building systems rather than standalone projects, and by grounding decisions in data rather than assumption, **United Through Sport** is positioning itself as an organisation that is not only impactful today, but structurally prepared to deliver meaningful change over time.

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4. Financial Review

4.1 Financial Policy

For 2025, United Through Sport has taken a low-risk policy to investment.

The charity has a reserves policy to ensure that unreserved cash balances do not fall below £10,000 at any time. This policy remained in 2025.

At present the charity only supplies payments to beneficiaries for initiatives which are sustainable without a guarantee of future support from United Through Sport. The charity therefore has no fixed future financial commitments to beneficiaries and will offer support on a case-by-case basis until further notice. This implies that the charity's reserves policy is dictated only by operational expenditure and not by future commitments to beneficiaries.

The charity has a target of distributing 75% of total income to beneficiary projects in-country, with 25% retained for UK administration.

4.2 Statement of Trustees' Responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on Behalf of the Trustees by David Burton.

Signed: **Date: Jul 2026**

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5. Independent Examiner's Report

I report on the accounts of the charity for the year ended 31st December 2025, which are set out in Section 6.

5.1 Respective responsibilities of trustees and examiner

The charity's Trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act); and
- to state whether particular matters have come to my attention.

5.2 Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

5.3 Independent examiner's statement

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the trustees have met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 41 of the 1993 Act); and
- accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or

Signed: Matthew Jones **Date: Jul 2026**

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6. Financial Activities for Year Ending 31st Dec 2025

6.1 Receipts and Payments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
RECEIPTS				
General Income	1,067	100,411	101,478	81,254
Online Platform Income (Total Giving)	1,456	16,075	17,531	12,636
Sales	6,269	-	6,269	4,111
Bank Interest	65	-	65	155
Total Receipts	**8,857**	**116,487**	**125,344**	**98,156**
PAYMENTS				
Beneficiary Payments	12,749	115,416	128,165	91,611
Development Costs	-	924	924	-
Fees deducted from Income	110	776	886	637
Marketing and Event Costs	3,632	3,268	6,899	2,080
Personnel Costs	-	7,200	7,200	14,039
IT Costs (inc JustGiving)	216	-	216	216
Administration Costs	-	3,468	3,468	3,502
Gift Aid Repayment	-	-	-	-
Total Payments	**16,707**	**131,052**	**147,759**	**112,084**
LOAN RECEIVED FROM UTS SOUTH AFRICA				
Loan Received	-	1,981	1,981	51,111
Loan Repayments	-	000	000	(49,130)
Balance of loan	**-**	**1,981**	**1,981**	**1,981**
NET SURPLUS				
Net of Receipts / Payments	(7,850)	(14,565)	(20,434)	(61,076)
Adjustment from previous year	-	24	0	0
Cash Funds Last Year End	50,387	(3,170)	47,217	110,274
Cash Funds This Year End	**42,537**	**(17,760)**	**24,777**	**47,217**

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6.2 Statement of Assets and Liabilities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
ASSETS			
Cash at Bank	42,537	(17,760)	24,777
Total Cash Funds	**42,537**	**(17,760)**	**24,777**
LIABILITIES			
Loan from UTS South Africa	-	1,981	1,981
Total Liabilities	**0**	**1,981**	**1,981**

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UNITED THROUGH SPORT

England & Wales - Charity number 1102107

Accounts

TRUSTEES' ANNUAL REPORT
JAN - DEC 2024

Progress and Accounts for the Charity

United Through Sport is a UK Registered Charity (number 1102107)

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1. Charity Details

1.1. Charity Name and Contact Details

Charity Name:
United Through Sport

Registered Charity Number:
1102107

Correspondence Address:
Hamilton House, 80 Stokes Croft, Bristol, BS1 3QY, United Kingdom.

1.2. Charity Trustees for year ending 31st December 2024

Mr David Burton (Chair)
Mrs Amy Whiting
Mr Ben Spier

1.3. Professional Advisors and Bankers

Bankers:
CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ.

Independent Examiner:
Guadalupe Brockman MAAT
AAT Licensed Accountant

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2. Charity Objectives and Governance

2.1. Charity Vision and Objectives

United Through Sport is a sports development charity operating on an international basis to support individual and community development in deprived regions throughout the world. The charity works with a reliable and accountable network of vetted grassroots charities and not-for-profit organisations located in specific target countries, through which sponsored programmes are run and managed. United Through Sport works in partnership with these organisations to raise awareness and funds as well as advising on project direction and policy.

The Vision of United Through Sport, as ratified by the charity trustees is as follows:

1. To bring people together to play sport, have fun, build friendships and advance community development.
2. To develop people to their full potential in:
    - Sport
    - Education
    - Health

3. Use sport as a tool for development – through it's direct benefits, by developing life-skills and addressing critical issues

All projects funded by United Through Sport must fulfil this Vision. The target countries for United Through Sport during the year were South Africa, Argentina and St Lucia.

2.2. Management and Governance

Trustees are elected by the majority vote of the existing trustee body. Additional trustees are introduced to the charity provided it is considered that they bring significant benefit to the organisation through their specific skills and their dedication to the United Through Sport Vision. There is no official limit on trustee numbers, but the body is not expected to rise above three members at present.

The chair of trustees is responsible for the induction of any new trustee which involves awareness of a trustee's responsibilities, the governing document, administrative procedures, and the Vision of the charity.

The trustees annually review the risks that the charity faces. The friends and members of the charity are currently protected through employers liability and public liability insurance. In addition, the charity works with a trusted network of registered charitable organisations overseas to avoid the risk of irresponsible, fraudulent or criminal use of funds.

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2.3. Funding Policy

During the course of 2024, funds were distributed at the point of need. All beneficiary payments were reviewed and approved by unanimous trustee vote.

Funds are allocated in response to requests from trusted organisations responsible for projects in the target countries. Each request must be accompanied by an outline proposal which identifies the cost, benefit and sustainability of the projects requiring funding.

3. Charity Achievements and Performance

3.1. Achievements for the period

We continue to maintain a good impact in the communities of Port Elizabeth, South Africa, with guidance provided to satellite units in St Lucia, Argentina and the introduction of Ghana and Mauritius. These two new countries are financially independent until such a time the global board agrees to support capital growth or ongoing needs. However, they are using the charity name, and other resources to leverage good will in the countries they operate in order to make their divisions sustainable. This is a positive step in delivering our values into more communities that can benefit from it.

2024 income: £000,000

Below is a summary of progress in each programme country.

South Africa

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United Through Sport

OUR DREAM

WE HAVE A DREAM TO SEE ALL CHILDREN GIVEN AN EQUAL OPPORTUNITY TO LEARN AND THRIVE IN THEIR ACADEMIC AND SPORTING ABILITIES.
We want to see schools in the communities with high quality training facilities, programmes and equipment. We want to see clear academic and sporting pathways from childhood to career. We want to see equitable access to opportunities for children to excel in academic, sporting and recreational activities within their communities.

VISION

Our vision is to transform the lives of our participants allowing them to reach their full potential, contributing to the sustainable development of South Africa.

MISSION

Our mission is to use sport as a tool to support the children in the Nelson Mandela Bay area in breaking the poverty cycle and transforming their lives for good.

GOAL

To help develop healthy, active, emotionally and academically stronger children while contributing to the broader development of the disadvantaged communities and beyond

VALUES

1 Excellence: We are committed to pursuing excellence in every aspect of our work. We look at excellence as an idea that is more than a benchmark, more than a goal, more than a distant destination but the foundation of rigour in our endeavor.

2 Accountability: We recognise our obligation towards our staff, stakeholders, funders, partners, and society in general. To this end, we will be stewards of good governance who are accountable, responsible, and dutiful in our actions. We will be conscientious in our utilisation of the financial and physical resources of the institution as well as concerning our impact on the wider environment.

3 Care: We are committed to caring for ourselves, our fellow humans, and the natural environment.

4 Integrity: We commit ourselves to the highest standards of personal honesty and exemplary moral character. We take responsibility for our decisions, behaviours, actions and the consequences thereof.

5 Ubuntu: We are a people-centred, values-driven institution that respects the dignity of others and mutual interdependence.

OUR THEORY OF CHANGE

BECAUSE WE BELIEVE ALL CHILDREN HAVE AN EQUAL RIGHT to learning, recreation and cultural activities to thrive in their academic and sporting abilities, we work with schools in the communities of Nelson Mandela Bay in the Eastern Cape Province of South Africa providing quality programmes (education, life skills and sport) and training facilities to create sustained and clear academic and sporting pathway from childhood to career in order to achieve Sustainable Development Goals (SDG's) by 2050.

SUSTAINABLE DEVELOPMENT GOALS

Empowering Children And Youth On Their

PATHWAY TO SUCCESS

WE ACHIEVE OUR VISION AND MISSION THROUGH OUR PATHWAY TO SUCCESS MODEL. Through our pathway to success model, we have created a holistic approach to each participant's development, providing them with the life skills, education support and access to opportunities that they need to reach their full potential.

EARLY INSPIRATION 5-9 years	ASPIRING ADOLESCENCE 10-14 years	FUTURE GENERATION 13-19 years	YOUTH RISING 18-35 years
2. Learn to Move 1148 children's gross motor skills improved, boosting coordination and confidence.	**3. Keep Active** 6896 children received direct sports coaching and physical education, promoting movement and life skills development.		**6. Higher Learning** 70 youth obtained tertiary qualifications from higher education and vocational training institutions.
			7. Equipping Entrepreneurs 38 young entrepreneurs gained mentorship, guidance, and funding for their businesses.
1. Read to Lead 311 children accessed literacy sessions, fostering their passion for reading.	**4. Boys & Girls Unite** 140 boys & girls were empowered to navigate life challenges confidently and reach their full potential. They became advocates for gender equity while developing essential skills for holistic development at home, school, and in their communities.	**5. School of Excellence** 80 students received scholarships to attend high-level academic and sports-focused private high schools.	**8. Ready to Work** 245 youth secured meaningful employment opportunities.

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CAITLYN DAMPIES.

Defying Odds, Redefining Possibilities

In the Northern Areas, Caitlyn's journey began when she was identified during our Keep Active programme at her primary school. Even then, her exceptional academic ability, drive, and athletic talent stood out. Recognising her potential, she joined our Girls Unite programme, where she received support to grow both academically and personally.

Caitlyn's hard work and determination soon earned her a place in our Aspiring Adolescence programme, along with a full scholarship to Pearson High School, one of the region's most prestigious schools. There, she thrived, excelling both in the classroom and beyond.

This year, Caitlyn achieved what few dare to dream: matriculating with a staggering seven distinctions. This accomplishment is more than just numbers on a page; it is the culmination of years of hard work, sacrifice, and an unyielding belief in her ability to overcome any obstacle. Caitlyn's story is a testament to the power of resilience and the transformative impact of opportunity.

Now, Caitlyn is preparing to pursue a degree in Accounting at university, becoming the first member of her family to attend higher education. Her journey is not only a testament to her resilience but also an inspiration to those who dare to dream big.

Caitlyn embodies the spirit of United Through Sport, proving that barriers can be broken and futures transformed. As she steps into this exciting new chapter, we are honoured to support her and celebrate her incredible achievements.

"United Through Sport's support is what allowed me to become the person that I wanted to be, irrespective of the environment that I grew up in".
CAITLYN DAMPIES

LEARN TO MOVE

Launched in 2022, Learn to Move introduces Grade R–3 students to the fundamental components of exercise, with a strong focus on developing gross motor skills.

This programme has proven to be instrumental in enhancing a range of important abilities, from improved attention in class and better handwriting to increased coordination and boosted cognitive function.

The programme creates a seamless transition into our more advanced programmes, like **Keep Active**, and serves as a vital building block in our pathway to success.

By reaching 1,148 children across 9 schools in 2024, **Learn to Move** ensures that children are not only prepared for future programmes but also experience immediate improvements in behaviour and focus. This holistic approach sets them up for long-term success, both in school and in life.

A PARTICIPATING TEACHER SHARED, "I've noticed the students are much calmer after the Learn to Move sessions. They need the opportunity to exercise and learn through play. It's essential for their development."

1,148
PARTICIPANTS REACHED

87%
IMPROVEMENT IN GROSS MOTOR SKILLS

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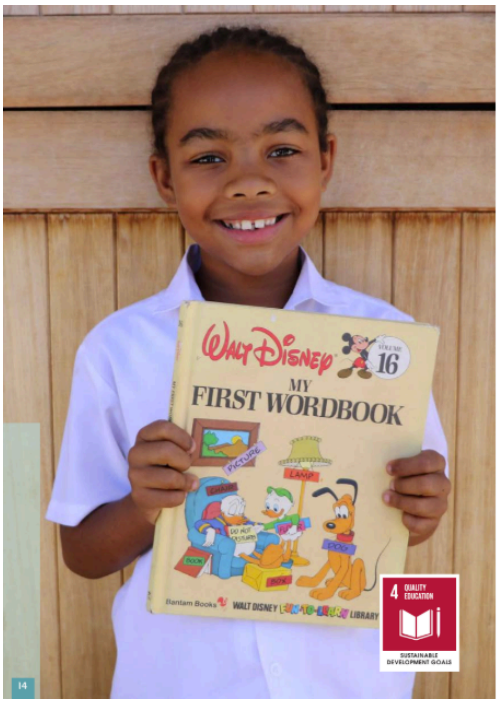


READ TO LEAD

Literacy remains a significant challenge in the communities that we serve, with some studies revealing that 81% of South African children are unable to read for comprehension by the age of 10. Our Read to Lead programme addresses these challenges by offering one-on-one, high-quality reading interventions.

Our literacy coaches work individually with children aged 5 to 10, breaking down complex concepts to build a strong foundation in reading and comprehension. This personalised approach ensures that each child receives the attention and support they need to succeed.

In 2024, we deepened our impact, by providing our participants with an average of 30 sessions per child, a 20% increase on 2023. In addition to enhancing literacy, **Read to Lead** provides skilled employment opportunities for previously unemployed youth. By training and employing young adults as literacy coaches, the programme offers them a meaningful and enriching pursuit. As they contribute to the development of children in their community, they also gain valuable skills and experience, fostering mutual growth and empowerment.

Through these combined efforts, **Read to Lead** not only improves literacy rates but also strengthens the social fabric of our communities, paving the way for a brighter future for all.

311
PARTICIPANTS REACHED

85%
IMPROVEMENT IN READING ABILITY

68%
IMPROVEMENT IN WRITING ABILITY

9,160
LITERACY SESSIONS PROVIDED

KEEP ACTIVE

In 2024, our Keep Active programme partnered with 40 primary schools, delivering interactive sessions to 6,896 participants (an increase on last year's 5,978).

Engaging in structured sport sessions offers numerous emotional, mental, and physical health benefits. Regular physical activity can reduce stress, improve mood, and enhance cognitive function.

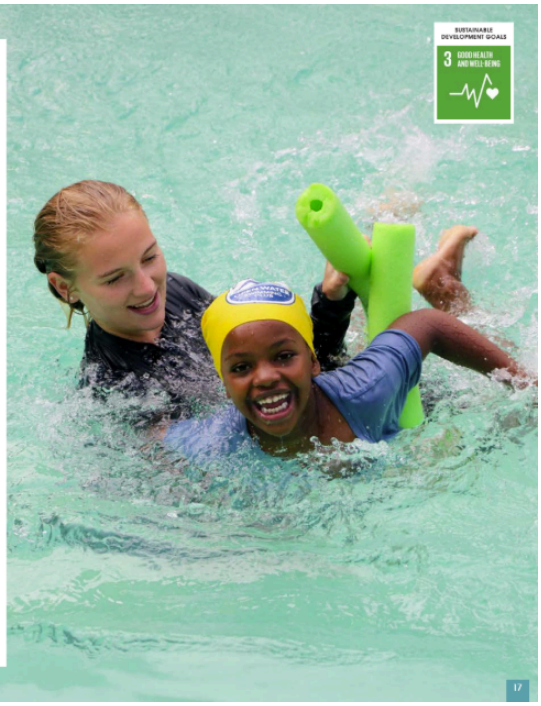
Beyond physical activity, **Keep Active** provides critical life skills sessions addressing salient issues both on and off the field. These sessions holistically develop participants, equipping them with the knowledge and confidence to navigate early adolescence and thrive. By focusing on comprehensive development, **Keep Active** ensures that children are prepared for future challenges, promoting a healthier and more active lifestyle.

6,896
PARTICIPANTS REACHED

88%
IMPROVEMENT IN SCHOOL ATTENDANCE

98%
IMPROVEMENT IN SEXUAL HEALTH KNOWLEDGE

94%
IMPROVEMENT IN PHYSICAL HEALTH



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HUBS MODEL

Our hubs model is redefining how support is delivered to children by focusing on uplifting their communities rather than requiring them to leave. Our hubs provide a localised network of programmes and resources, ensuring that children can thrive academically, athletically, and personally within their own communities.

Building on the success of our **Zwide Hub** (our collaboration with the **Kolisi Foundation, Ubuntu**, and **KaziBantu**) which has been a cornerstone of community development since 2022, we proudly launched the **Northern Areas Hub** in 2024. This new hub operates across **six primary schools**, reaching an impressive **5,477 children** and employing **14 youth coaches** to deliver high-quality, impactful interventions. These efforts complement the work of the **Zwide Hub**, where **21 youth coaches** continue to support **4058 participants**.

Additionally, we have extended our focus to high schools, with **Khwezi Lomso** in Zwide and **Sanctor** in the Northern Areas identified as key partners. Each high school now has **two youth coaches** stationed to support students through tailored physical education and life skills sessions.

The goal is to create a seamless **pathway and transition from primary to high school**, providing children with the tools they need to succeed without having to leave their communities. By addressing critical needs within their local environments, we not only reduce barriers to access but also empower schools to become hubs of growth and opportunity.

This innovative approach allows us to holistically support participants while fostering sustainable development within their communities, reinforcing our belief that meaningful change begins at home.

From the Court to a Career:

PHUMLA'S JOURNEY OF GROWTH

Phumla's journey with United Through Sport is a testament to the transformative power of opportunity and perseverance.

Once an unemployed youth, Phumla became a founding coach for the **Siyaphakama programme**, where she discovered her talent for empowering others. Her dedication shone as she led her netball teams to numerous accolades, fostering both skill and confidence among her players.

Beyond the court, Phumla embraced the **job skills** training provided through **United Through Sport's Youth Programme**, which equipped her with the tools to grow professionally. Recognising her potential, **United Through Sport** offered Phumla **financial support to pursue Agricultural Studies** at Nelson Mandela University. Her hard work and determination culminated in her successful completion of her course, opening new doors to her future.

Today, Phumla is a proud employee of **Sovereign**, a market leader in the agricultural sector, where she works full-time at their large poultry farm in Uitenhage. Her journey exemplifies how sport serves as both a foundation for personal growth and a gateway to unexpected opportunities; showing that while sport may be the starting point, it often becomes the bridge to even greater achievements, empowering beneficiaries to combine their passions and unlock their full potential.

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BOYS & GIRLS UNITE

In 2024, Boys & Girls Unite brought together 140 participants from two primary schools, fostering growth, self-expression, and mutual respect among youth aged 10 to 14.

This integrated programme provides a safe and nurturing space for girls to **enhance self-development, boost self-esteem, and foster positive peer connections.** Through girl-specific sessions, participants improve their **English skills** and grow into confident individuals, preparing for academic success and pathways to high-quality high schools.

Simultaneously, boys explore **gender perceptions,** challenge stereotypes, and cultivate empathy toward their female peers. Guided by positive role models, they develop **self-awareness**, learn to build healthy relationships, and advocate for gender equality, reducing gender-based violence and fostering respectful interactions.

In addition, **Boys & Girls Unite** offers enriching extracurricular activities such as self-defense, dance, and art therapy, fostering the holistic growth and well-being of our participants.

140
PARTICIPANTS REACHED

↑100%
IMPROVEMENT IN SELF CONFIDENCE

↑100%
IMPROVEMENT IN GENDER EQUITY KNOWLEDGE

SCHOOL OF EXCELLENCE

In 2024, our School of Excellence programme continued to make a profound impact, partnering with 8 top-performing high schools to provide full scholarships to 80 students, offering them access to quality education and opportunities for personal growth. Participants received transportation, after-school tutoring, and mentorship, ensuring holistic support throughout their educational journey.

This year, all 18 of our Grade 12 students, including Caitlyn, proudly matriculated, giving us a 100% matriculant pass rate. This outstanding achievement not only highlights their incredible determination and potential but also reflects the unwavering support and dedication of our **United Through Sport** team. **Special recognition goes to our School of Excellence Coordinator, Alizwa September,** whose guidance has been instrumental in their success. With this accomplishment, these students are now well-positioned to pursue further education, embark on meaningful careers, and build bright futures.

Beyond academics, our scholars shone in sports and leadership, earning awards for **Academic Excellence and Top Sports Performance** and securing positions as prefects and team captains. Their achievements exemplify the transformative potential of education combined with comprehensive support, setting them on a path to lifelong success. Notably, **Alyssa Oormeyer was selected for Athletics South Africa** this year, after breaking the longstanding Gqeberha 100m time.

80
HIGH SCHOOL STUDENTS ON FULL SCHOLARSHIPS

40
AWARDED ACADEMIC EXCELLENCE OR SPORTING EXCELLENCE

↑99%
ACADEMIC PROGRESSION RATE

↑100%
HIGH SCHOOL COMPLETION RATE

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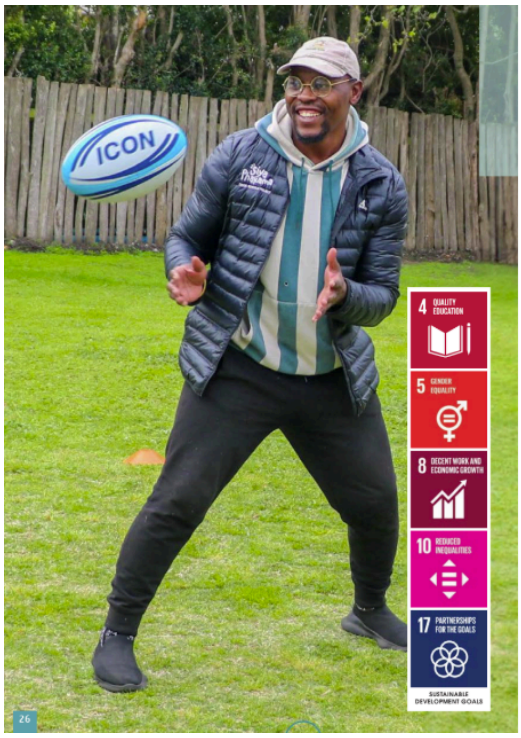

YOUTH RISING

In 2024, our Youth Rising programme supported 402 participants, continuing its mission to empower young people through employment, entrepreneurship, and higher education opportunities.

The programme offered **mentorship**, robust support networks, and workshops on essential skills such as CV writing, interview techniques, and financial literacy. These efforts equipped participants to thrive in the competitive job market. Additionally, **youth interns** from the local community gained practical work experience within the **Zwide** and **Bethelsdorp Hubs**, delivering physical education, life skills training, sports coaching, and academic support to our beneficiaries.

Our youth interns received **monthly stipends** and **comprehensive training**, including first-aid certification, sports coaching qualifications like **World Rugby Level 1**, and access to local networking events with businesses and corporates. Some were also supported in obtaining **driver's licenses**, further enhancing their employability.

Youth Rising's holistic approach not only focuses on professional development but also builds participants' confidence, leadership, and interpersonal skills, empowering them to create brighter futures for themselves and their communities.

402
YOUTH IMPACTED

66%
FEMALE YOUTH IMPACTED

245
YOUTH EMPLOYED

119
YOUTH ENROLLED IN OR GRADUATED WITH TERTIARY QUALIFICATION

38
YOUTH OWNED BUSINESSES

From Dream to Reality:

ZANO'S JOURNEY

Zano's story is a remarkable example of the impact of our Equipping Entrepreneurs programme. In 2021, Zano began his journey with the use of the turf that United Through Sport was able to build with the support of our partners.

Starting with just four boys, one set of training cones, and a few footballs, Zano launched his dream of creating a football academy. With our support; providing vital equipment, a monthly stipend, and ongoing mentorship during the crucial first six months, Zano turned his vision into reality, laying the groundwork for **Stars Unite Academy**.

Today, **Stars Unite Academy** has grown into a thriving hub for local youth, welcoming between 80 and 120 children each week. Zano has expanded his team to include five full-time coaches, who not only deliver high-quality training but also serve as role models for the next generation. Beyond football, Zano is leading the way in creating opportunities for young women and girls, working with local clubs and schools to nurture and develop female talent.

True to his roots, Zano also ensures that his academy remains accessible to disadvantaged communities, hosting specific development programmes for underprivileged players from across Gqeberha. His work is breaking down barriers and creating pathways for success that were once out of reach for many.

Zano's inspiring journey is a testament to the power of investing in local heroes. His determination, paired with the resources and mentorship provided through our programme, has transformed not only his life but the lives of countless children in his community. His story encourages us all to continue building a brighter, more inclusive future.

Starting with almost nothing, I never imagined the Academy would grow into what it is today. With the right support, I've been able to create opportunities not just for young boys, but also for girls and underprivileged players in our community. Seeing these kids thrive is the greatest reward." Zano

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COMMITMENT TO EXCELLENCE

Towards the end of 2024, United Through Sport embarked on a transformative journey to deepen our impact, heighten accountability, and elevate excellence across all our programmes. Recognising the ever-changing needs of the communities we serve, we are actively refining our systems to remain adaptive, transparent, and effective.

We are investing in robust monitoring, evaluation, and learning (MEL) practices to track progress and measure the outcomes of our work more effectively. By implementing these advanced tools, we ensure our programmes are driven by data, insights, and community feedback.

Additionally, we are equipping our team with the skills and resources needed to deliver high-quality interventions while fostering a culture of continuous improvement.

As we adapt to a changing world, we remain steadfast in our mission to create lasting, measurable change for every child, family, and community we support.

VISION 2025 AND BEYOND

Our vision for 2025 and beyond focuses on the strategic expansion of our successful hub model, redefining how children access support within their own communities.

By embedding our Girls Unite and Boys Unite programmes directly into the hubs, we aim to provide comprehensive sporting, academic, and life skills support to children within their local hub schools, removing the need for travel to centralised, single-focus facilities.

This integrated approach allows us to better serve our beneficiaries by ensuring they receive:

Tailored coaching that enhances their physical and emotional well-being.

Academic support designed to meet their individual needs and circumstances.

Salient life skills sessions addressing critical issues within their communities.

Pathways into local sports clubs, creating opportunities for ongoing development and competition.

Routes into top-performing high schools, setting them on a trajectory for long-term success.

We've laid the foundation by training our youth coaches in programme delivery and essential life skills facilitation. Simultaneously, we are actively building partnerships with local sports clubs within each hub to ensure a multifaceted pathway for our participants.

Our approach nurtures the whole child, empowering them to thrive academically, athletically, and socially while remaining rooted in their communities. Through Vision 2025 and beyond, we aim to inspire a generation of young leaders and achievers, proving that with the right support, success can begin right at home.

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St Lucia
2024 has been a year of innovation and empowerment for United Through Sport Caribbean. Building on the momentum of previous years, we have expanded our programmes to address not only physical performance but also the mental, emotional, and social well-being of young people across Saint Lucia. From introducing sports psychology workshops for aspiring athletes and coaches, to strengthening our Female Empowerment Programme through self-defence training, and even celebrating our 20th anniversary with a unique contribution to a local school, our impact has continued to grow in both depth and reach.

Our Vision and Mission
Our mission remains clear: to empower children and young people from disadvantaged backgrounds by providing access to sports, education, and health services. We believe in sport as a catalyst for transformation—building confidence, resilience, and community connection.

Key Achievements

1. Sports Psychology Workshops for National Athletes and Coaches
This year, we took a groundbreaking step in supporting the mental side of sport by hosting **Sports Psychology Workshops** at the National Athletics Forum.

- **Practical Tools and Methods**: The sessions provided athletes and coaches with usable theories, strategies, and mental training exercises designed to boost performance, manage stress, and build resilience.
- **Empowering Coaches and Athletes**: By equipping national coaches with these tools, we are helping to shape a more supportive and holistic approach to athlete development across Saint Lucia.
- **Positive Reception**: The workshops were met with enthusiasm and have set the stage for further integration of sports psychology into national coaching structures.

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2. Celebrating 20 Years of United Through Sport – Gift to Marchand School
As part of the global celebration of **20 years of United Through Sport**, we proudly commissioned and donated a custom portrait to **Marchand School**.

- **A Lasting Legacy**: The portrait serves as both an artwork and a symbol of UTS's ongoing commitment to Saint Lucian schools and communities.
- **Community Pride**: The donation was warmly received and will stand as a reminder of the power of partnership and shared history.
- **Celebrating Two Decades**: This gesture highlights our journey of growth from grassroots initiatives to a wide-reaching movement that touches thousands of young lives each year.

3. Female Empowerment Programme – Girls' Self-Defence Classes
2024 also saw the launch of a new **Girls' Self-Defence Initiative** under our Female Empowerment Programme.

- **Kickboxing at Corinth School**: We introduced kickboxing-based self-defence classes to empower girls with practical skills for confidence, safety, and self-protection.
- **Beyond Sport**: The programme went beyond physical techniques, opening discussions about self-worth, boundaries, and resilience.

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- **Impact on Participants**: Girls reported feeling stronger, safer, and more confident both inside and outside the classroom.

4. Staff and Coach Training

This year we made a significant investment in the development of our staff, local coaches, and volunteers, ensuring that our programmes remain sustainable and led by skilled professionals.

- **Internationally Recognised Qualifications:** We organised and delivered an open-water swim coaching workshop, providing internationally recognised qualifications to local participants and UTS staff.
- **Capacity Building for Local Leaders:** We funded driving lessons, a licence, and a work vehicle for one of our coordinators, empowering him to better serve his community and lead programmes independently.
- **Teacher Development**: In District 4 (Ciceron & Millet), we trained local P.E. teachers in updated coaching methods and modern theories, directly improving the quality of physical education for hundreds of students.
- **Sport-Specific Coaching:** We partnered with the Saint Lucia Rugby Football Union (SLRFU) to deliver youth coaching workshops, strengthening grassroots rugby across the island.

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5. Goalkeeper Coaching Programme
Recognising the need for specialist training in football, we introduced goalkeeper-specific coaching in 2024.

- Youth Development: Children at the grassroots level received targeted positional coaching to develop their confidence and skills in goal.
- Raising Standards: Our sessions extended to semi-professional clubs and national team players, filling a long-standing gap in football development in Saint Lucia.
- Building a Pathway: This specialised training is creating new opportunities for aspiring goalkeepers, ensuring they receive the same structured development as outfield players.

Challenges and Opportunities
As in previous years, high demand for our programmes has been both our greatest challenge and our biggest opportunity. Our new initiatives in sports psychology and female empowerment have generated strong community interest, creating opportunities for growth but also increasing the need for resources, skilled trainers, and partnerships. We remain committed to meeting this demand sustainably while maintaining the quality of our impact.

Looking Ahead to 2025
In 2025, United Through Sport Caribbean aims to:

- Expand sports psychology support into more schools and clubs.
- Scale up our Female Empowerment Programme, introducing self-defence and personal development workshops in more schools across the island.
- Launch new community partnerships to celebrate health, sport, and culture together.
- Continue building on the strong foundation of our swimming, physiotherapy, and sports coaching programmes to ensure holistic development for all participants.

Conclusion
2024 has been a year of bold new steps for United Through Sport Caribbean. From advancing athlete development through sports psychology, to empowering young women with the confidence and skills of self-defence, to celebrating 20 years of our global mission with meaningful community contributions, we are proud of the progress made. Looking ahead, we are more committed than ever to building a brighter, stronger future for the youth of Saint Lucia and the wider Caribbean.

Thank you for standing with us in this mission.

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4. Financial Review

4.1 Financial Policy

For 2024, United Through Sport has taken a low-risk policy to investment. It does have a loan balance of £51,111 at the close of the year.

The charity has a reserves policy to ensure that unreserved cash balances do not fall below £10,000 at any time. This policy will remain in 2024.

At present the charity only supplies payments to beneficiaries for initiatives which are sustainable without a guarantee of future support from United Through Sport. The charity therefore has no fixed future financial commitments to beneficiaries and will offer support on a case-by-case basis until further notice. This implies that the charity's reserves policy is dictated only by operational expenditure and not by future commitments to beneficiaries.

The charity has a target of distributing 75% of total income to beneficiary projects in-country, with 25% retained for UK administration.

4.2 Statement of Trustees' Responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on Behalf of the Trustees by David Burton.

Signed: **Date: Oct 2025**

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5. Independent Examiner's Report

I report on the accounts of the charity for the year ended 31st December 2024, which are set out in Section 6.

5.1 Respective responsibilities of trustees and examiner

The charity's Trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act); and
- to state whether particular matters have come to my attention.

5.2 Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

5.3 Independent examiner's statement

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the trustees have met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 41 of the 1993 Act); and
- accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or

Signed: Guadalupe Brockman MAAT **Date: 30th Oct 2025**

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6. Financial Activities for Year Ending 31st Dec 2024

6.1 Receipts and Payments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
RECEIPTS				
General Income	6,985	74,269	81,254	115523
Online Platform Income (Total Giving)	3,102	9,534	12,636	2,376
Sales	4,111	-	4,111	1,735
Bank Interest	155	-	155	249
Total Receipts	**14,353**	**83,803**	**98,156**	**119,883**
PAYMENTS				
Beneficiary Payments	483	91,128	91,611	97,475
Development Costs	-	-	-	5,000
Fees deducted from Income	116	521	637	465
Marketing and Event Costs	2,080	-	2,080	2,027
Personnel Costs	-	14,039	14,039	23,506
IT Costs (inc JustGiving)	216	-	216	216
Administration Costs	62	3,440	3,502	3,885
Gift Aid Repayment	-	-	-	-
Total Payments	**2,957**	**109,128**	**112,085**	**132,574**
LOAN RECEIVED FROM UTS SOUTH AFRICA				
Loan Received	-	51,111	51,111	77,778
Loan Repayments	000	(49,130)	(49,130)	(26,667)
NET SURPLUS				
Net of Receipts / Payments	11,397	(74,454)	(61,076)	11,755
Transfer	-	-	0	0
Cash Funds Last Year End	38,990	71,284	110,274	149,631
Cash Funds This Year End	**50,387**	**(3,170)**	**47,217**	**110,274**

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6.2 Statement of Assets and Liabilities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
ASSETS			
Cash at Bank	50,387	(3,170)	47,217
Total Cash Funds	**50,387**	**(3,170)**	**47,217**
LIABILITIES			
Loan from UTS South Africa	-	1,981	51,111
Total Liabilities	**0**	**1,981**	**51,111**

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UNITED THROUGH SPORT

England & Wales - Charity number 1102107

Accounts

TRUSTEES' ANNUAL REPORT
JAN - DEC 2023

Progress and Accounts for the Charity

United Through Sport is a UK Registered Charity (number 1102107)

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1. Charity Details

1.1. Charity Name and Contact Details

Charity Name:
United Through Sport

Registered Charity Number:
1102107

Correspondence Address:
Hamilton House, 80 Stokes Croft, Bristol, BS1 3QY, United Kingdom.

1.2. Charity Trustees for year ending 31st December 2023

Mr David Burton (Chair)
Mrs Amy Whiting
Mr Ben Spier

1.3. Professional Advisors and Bankers

Bankers:
CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ.

Independent Examiner:
Egle Vainauskyte

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2. Charity Objectives and Governance

2.1. Charity Vision and Objectives

United Through Sport is a sports development charity operating on an international basis to support individual and community development in deprived regions throughout the world. The charity works with a reliable and accountable network of vetted grassroots charities and not-for-profit organisations located in specific target countries, through which sponsored programmes are run and managed. United Through Sport works in partnership with these organisations to raise awareness and funds as well as advising on project direction and policy.

The Vision of United Through Sport, as ratified by the charity trustees is as follows:

1. To bring people together to play sport, have fun, build friendships and advance community development.
2. To develop people to their full potential in:
    - Sport
    - Education
    - Health

3. Use sport as a tool for development – through it's direct benefits, by developing life-skills and addressing critical issues

All projects funded by United Through Sport must fulfil this Vision. The target countries for United Through Sport during the year were South Africa, Argentina and St Lucia.

2.2. Management and Governance

Trustees are elected by the majority vote of the existing trustee body. Additional trustees are introduced to the charity provided it is considered that they bring significant benefit to the organisation through their specific skills and their dedication to the United Through Sport Vision. There is no official limit on trustee numbers, but the body is not expected to rise above three members at present.

The chair of trustees is responsible for the induction of any new trustee which involves awareness of a trustee's responsibilities, the governing document, administrative procedures, and the Vision of the charity.

The trustees annually review the risks that the charity faces. The friends and members of the charity are currently protected through employers liability and public liability insurance. In addition, the charity works with a trusted network of registered charitable organisations overseas to avoid the risk of irresponsible, fraudulent or criminal use of funds.

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2.3. Funding Policy

During the course of 2023, funds were distributed at the point of need. All beneficiary payments were reviewed and approved by unanimous trustee vote.

Funds are allocated in response to requests from trusted organisations responsible for projects in the target countries. Each request must be accompanied by an outline proposal which identifies the cost, benefit and sustainability of the projects requiring funding.

3. Charity Achievements and Performance

3.1. Achievements for 2023

We continue to maintain a good impact in the communities of Port Elizabeth, South Africa, with guidance provided to satellite units in St Lucia, Argentina and the introduction of Ghana and Mauritius. These two new countries are financially independent until such a time the global board agrees to support capital growth or ongoing needs. However, they are using the charity name, and other resources to leverage good will in the countries they operate in order to make their divisions sustainable. This is a positive step in delivering our values into more communities that can benefit from it.

2023 income: £119,883

Below is a summary of progress in each programme country.

South Africa

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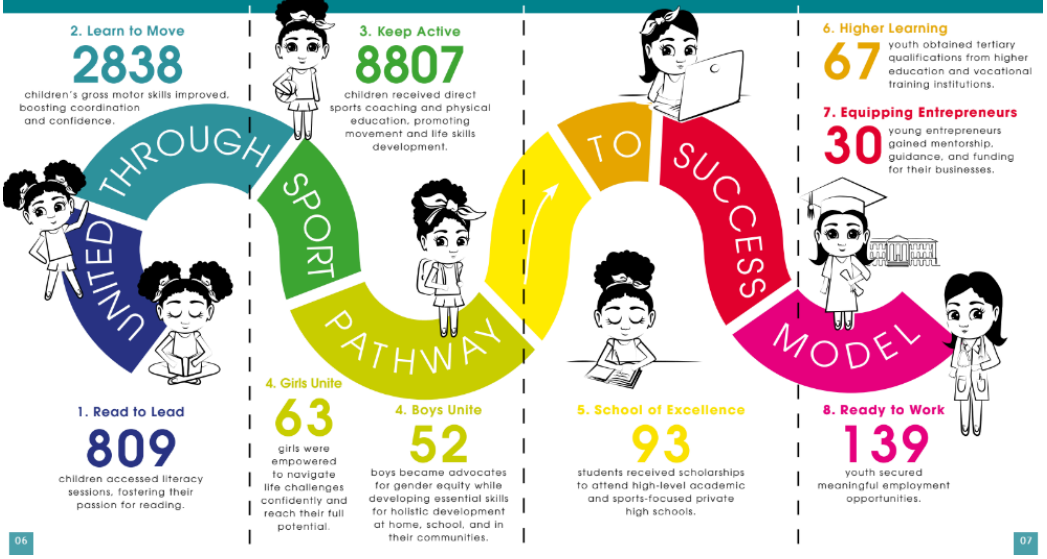
Empowering Children And Youth On Their
PATHWAY TO SUCCESS

SUSTAINABLE DEVELOPMENT GOALS



2. Learn to Move
2838
children's gross motor skills improved, boosting coordination and confidence.

3. Keep Active
8807
children received direct sports coaching and physical education, promoting movement and life skills development.

6. Higher Learning
67
youth obtained tertiary qualifications from higher education and vocational training institutions.

7. Equipping Entrepreneurs
30
young entrepreneurs gained mentorship, guidance, and funding for their businesses.

1. Read to Lead
809
children accessed literacy sessions, fostering their passion for reading.

4. Girls Unite
63
girls were empowered to navigate life challenges confidently and reach their full potential.

4. Boys Unite
52
boys became advocates for gender equity while developing essential skills for holistic development at home, school, and in their communities.

5. School of Excellence
93
students received scholarships to attend high-level academic and sports-focused private high schools.

8. Ready to Work
139
youth secured meaningful employment opportunities.

A TWELVE-YEAR JOURNEY
to becoming Dr. Bronwyn White

After a 12-year journey with United Through Sport, Dr. Bronwyn White has achieved her dream of graduating as a medical doctor, and is currently completing her community service.

Reflecting on her journey, Bronwyn shared, "We are allowed to make five choices, and then get placed at one of the hospitals of our choice for our community service period. My parents would love for me to come back to Gqeberha. They are very proud of me."

Dr. Bronwyn White joined our Junior School of Excellence (now the Girls & Boys Unite programmes) in 2012, when she was just 12 years old, becoming one of the first participants in the programme. Recognised for her exceptional sporting and academic abilities, she progressed to the Senior School of Excellence (now, the Aspiring Adolescence Programme) and received a scholarship at Pearson High School where she achieved an impressive four distinctions in her final year.

"United Through Sport gave me such an amazing opportunity, allowing me to attend a school such as Pearson. This made me realise that I am capable of following my dreams and becoming a medical doctor," said Bronwyn.

Continuing as a participant in our Youth Rising programme, Bronwyn received funding for her MBChB degree at Free State University in Bloemfontein, South Africa, a journey of over 650km (about a 7-hour drive) from her hometown, Gqeberha.

Bronwyn becomes our first medical doctor graduate. We are immensely proud and credit this achievement to her hard work and the generosity of our community of supporters.

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LEARN TO MOVE

For the past three years, our Learn to Move programme has been steadily growing.

We have expanded it to eight partner schools and received positive feedback from teachers. They have noticed improved concentration and better behaviour in learners thanks to engaging in physical activities.

Learn to Move focuses on both gross and fine motor skills, which are crucial for coordination and staying active. These skills also enhance cognitive function, aiding in learning. Our sessions are enjoyable and interactive, featuring games that promote skill development alongside positive social interactions.

2,355
PARTICIPANTS REACHED

83%
IMPROVEMENT IN GROSS MOTOR SKILLS

READ TO LEAD

Reading for meaning and comprehension continues to remain a challenge for the majority of under 10 year olds in South Africa.

Read To Lead has provided high-quality literacy support to project participants this year, with an average of 25 sessions per participant.

Our literacy coaches work individually with children aged 5 to 10, breaking down literacy barriers in their learning path. When kids master reading, writing and understanding, they gain crucial tools for life. Throughout the programme, their literacy skills significantly improve.

383
PARTICIPANTS REACHED

94%
IMPROVEMENT IN READING ABILITY

88%
IMPROVEMENT IN WRITING ABILITY

6,374
LITERACY SESSIONS PROVIDED

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KEEP ACTIVE

Keep Active empowers early adolescents with life skills, critical information and promotes an active lifestyle.

This year, we have partnered with 30 primary schools, positively impacting the lives of 5,978 participants. Our sessions are interactive and fun, offering a safe and supportive environment.

We focus on topics like sexual health, gender awareness and life skills, ensuring our participants have the knowledge and confidence to navigate early adolescence and thrive.

8,807
PARTICIPANTS REACHED

⇧90%
IMPROVEMENT IN EMOTIONAL WELL-BEING

⇧100%
IMPROVEMENT IN SEXUAL HEALTH KNOWLEDGE

⇧87%
IMPROVEMENT IN PHYSICAL HEALTH

GIRLS UNITE

Girls Unite offers a nurturing space where girls aged 10 to 14 years can freely express themselves and boost their self-esteem.

Partnering with two primary schools, we empower girls to enhance their self-development and advocate for gender equality. Through our girls-only sessions, participants improve their English skills, foster positive peer connections and develop into confident individuals. We assist them in accessing top-quality high schools, opening doors to academic opportunities on their pathway to success.

63
PARTICIPANTS REACHED

⇧100%
IMPROVEMENT IN SELF CONFIDENCE

⇧100%
IMPROVEMENT IN RESILIENCE

⇧100%
IMPROVEMENT IN LEADERSHIP SKILLS

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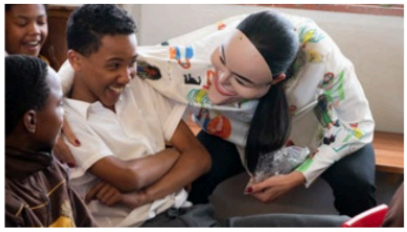
BOYS UNITE

Boys Unite offers a safe space for boys to explore gender perceptions and advocates for girls.

Here, boys challenge stereotypes learned at home and school, fostering empathy for their female peers. Through emotional growth and positive role models, boys develop self-awareness and healthy relationships.

Our programme cultivates respect and equality, reducing gender-based violence and promoting positive interactions between genders.



52
PARTICIPANTS REACHED

↑100%
IMPROVEMENT IN GENDER SENSITIVITY

SCHOOL OF EXCELLENCE

We have had another successful year with our **School of Excellence** project, partnering with 8 top performing high schools and providing full scholarships to 93 participants, an increase from last year (85 participants).

They received transportation, after-school tutoring, and mentorship. In 2023, our participants excelled academically and in sports, receiving awards for Academic Excellence and Top Sports Performance.

Many were chosen as prefects and captains, highlighting their leadership skills.

93
HIGH SCHOOL STUDENTS ON FULL SCHOLARSHIPS

24
STUDENTS AWARDED ACADEMIC EXCELLENCE OR SPORTING EXCELLENCE

↑98%
ACADEMIC PROGRESSION RATE

↑100%
HIGH SCHOOL COMPLETION RATE

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YOUTH RISING

This year, we supported 282 participants through Youth Rising. Our focus is on helping youth find employment, start businesses and pursue higher education.

We offer mentorship, create support networks and help them access opportunities. Our workshops cover essential skills like interview techniques and CV writing.

In the past year, our impact has been significant. We have seen a substantial increase in youth employment, with 139 young people finding jobs compared to 53 the previous year. Additionally, the number of youth graduating from tertiary institutions rose from 26 to 67. These numbers reflect the tangible difference we are making in the lives of young people, providing them with opportunities for meaningful employment and skill development.

294
YOUTH IMPACTED

64%
FEMALE YOUTH IMPACTED

139
YOUTH EMPLOYED

125
YOUTH ENROLLED IN OR GRADUATED WITH TERTIARY QUALIFICATION

30
YOUTH OWNED BUSINESSES

United Through Sport's

IMPACT IN PARTNER SCHOOLS

Since its establishment in 2005, United Through Sport has become an integral part of Gqeberha's most under served communities. In 2023, we celebrated nearly two decades since the inception of our flagship programme, Keep Active, at our longstanding partner schools - Astra Primary and Isaac Booi Primary.

Today, we remain an integral part of the schools' educational framework and offer a variety of programmes and services. This aligns with our commitment to providing comprehensive and meaningful engagement opportunities that offer all learners the chance to partake in our programmes while addressing the needs of their developmental stage. These initiatives seamlessly integrate into the curriculum, enhancing the educational journey of every participant.

In 2012, we launched our Girls and Boys Unite clubs at Astra Primary and Isaac Booi, serving as host sites for the programme. Today, both schools also host our gardening and recycling projects, contributing to the school feeding scheme to ensure that every child receives nourishment for both body and mind.

Through collaboration with school leadership, we have invested in transformative infrastructure projects. At Astra Primary, the establishment of a library, literacy centre, hockey turf, and multipurpose court has transformed the school's environment, fostering physical and academic growth. Similarly, at Isaac Booi Primary, our contributions, including literacy centres, library facilities, a computer room, two prefab classrooms, cricket nets and a multipurpose court empower students along their journey to success through sport.

Together, these initiatives reflect our shared dedication to nurturing thriving communities and empowering the next generation.

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CHARITY GALA

On November 1st, United Through Sport hosted our inaugural charity fundraiser dinner, marking a significant milestone in our mission to enhance community awareness and engagement.

The evening featured South African personality and presenter, Dan Nicholl, as emcee, and a soul-stirring performance by South Africa's multi-award winning and globally accomplished artist, Zolani Mahola-Klemp, formerly of Freshly Ground. Highlighting the event were two remarkable success stories from our programmes.

Kaylin Fourie, a participant since 2011, excelled in our Junior and Senior School of Excellence, earning a full scholarship to our partner school, Pearson High School. Excelling in hockey, she secured a partial scholarship to the University of Pretoria, with United Through Sport bridging financial gaps. Today, Kaylin is a passionate English teacher at Sanctor High School.

Mfundo Mpofhula, a participant since 2007, transitioned from our Keep Active Programme to earning an Electrical Engineering diploma. After COVID-related unemployment, he re-engaged with United Through Sport, receiving capital and mentorship to establish his IT hardware and training business, where he now employs 12 other youth from the communities.

The evening's centrepiece was our auction, showcasing a coveted 2023 Rugby World Cup jersey signed by Siya Kolisi. With 137 attendees, our auction raised a monumental R227,000 towards our programmes.

In the spirit of community involvement, a follow-up initiative will take place in 2024, inviting stakeholders on an immersive half-day tour to experience the impact of our programmes first-hand.

VISION 2024, AND BEYOND

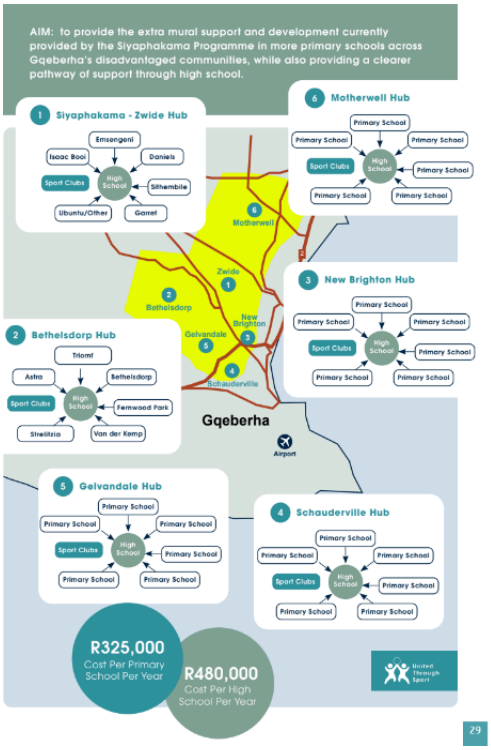
Since launching in 2022, the Siyaphakama project (our collaboration with the Kolisi Foundation, Ubuntu and KaziBantu) has been a transformative contribution towards our Pathway to Success model.

In 2023, we reached 3,829 children across six schools and employed 24 previously unemployed youth. Feedback from schools and participants underscores the project's impact.

Reflecting on our programmes and the feedback from participants, schools, and staff, we continually strive to identify areas of opportunity and improvement.

We are excited to share that we will be ushering in a new Hub Model as part of our Pathway to Success. We have identified six hub networks across Gqeberha, including additional Primary and High Schools.

This model will guarantee continuous service provision for participants transitioning to high school from our programmes and will allow us to reach a broader range of children, with a deeper impact.



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ENKOSI!
(Thank You)

We express heartfelt gratitude to our supporters, partners and staff for their invaluable contributions to transforming lives through sport in Nelson Mandela Bay!

Thanks to your support, 12,415 participants, including individuals like Bronwyn, are progressing along their own Pathway to Success.

We eagerly anticipate journeying with you in 2024 as we continue to impact lives, families and communities.

PLUS ALL VOLUNTEERS, CHARITY CHAMPIONS AND INDIVIDUAL SUPPORTERS, WE THANK YOU FOR YOUR SUPPORT!

***

St Lucia

2023 has been a transformative year for United Through Sport Caribbean as we continue to empower children and young athletes across the region through sports, education, and health initiatives. This year, we achieved remarkable growth and launched new programs that have furthered our impact, particularly in underserved communities. Notably, our Learn to Swim Programme has expanded to reach more children than ever, and we proudly opened our first free physiotherapy clinic in Saint Lucia, enhancing the support we provide to our partner athletes.

2023 Key Achievements

1. Learn to Swim Programme Expansion

Our Learn to Swim Programme has seen tremendous growth in 2023, becoming one of our most impactful initiatives.

- **Weekly Open-Water Lessons in Anse la Raye and Canaries**: This year, we expanded our Learn to Swim Programme to offer weekly lessons in the coastal communities of Anse la Raye and Canaries. These areas are at high risk for water-related accidents, and we recognize the urgent need to teach children essential water safety and swimming skills.

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- **Record Participation During Summer:** At its height, during the summer holidays, we provided open-water swim lessons to an astounding 500 children per week. This massive turnout reflects the community's trust in the programme and the children's enthusiasm for learning a life-saving skill.

- **Increased Impact:** The programme has not only taught children how to swim but also promoted awareness of water safety and built confidence among participants. By ensuring regular access to qualified swim instructors, we are creating a safer environment for children and their families in these coastal communities.

- **Community Engagement:** The success of the programme is due, in large part, to the strong relationships we have built with local leaders, parents, and volunteers. Their support has been invaluable in creating a positive, safe, and sustainable learning environment.

2. Opening of Free Physiotherapy Clinic in Saint Lucia

2023 marked the exciting launch of our free physiotherapy clinic in Saint Lucia, an essential service designed to support the health and performance of our partner athletes and sports clubs.

- **Partnership with Student Physiotherapists:** Our clinic is staffed by 12 student physiotherapists who, under the guidance of our Physiotherapy Coordinator, have provided free treatment and rehabilitation services to athletes from our partner sports clubs. This has filled a critical gap in healthcare for young athletes who often lack access to professional physiotherapy services.

- **Comprehensive Services:** In addition to injury treatment, our physiotherapy clinic works proactively with sports clubs to conduct injury prevention screenings. These screenings aim to identify potential risk factors early, helping to prevent injuries and improve overall athletic performance.

- **Community Impact:** The opening of the physiotherapy clinic has been widely praised by athletes, coaches, and parents alike. For many of our athletes, this is the first time they have had access to professional physical therapy services, allowing them to recover from injuries faster and perform at their best.

- **Hands-On Experience for Students:** The clinic has also provided an excellent training ground for the 12 student physiotherapists, giving them hands-on experience in injury diagnosis, rehabilitation, and athlete care, under the mentorship of experienced professionals.

3. Ongoing Sports Coaching and Youth Development

Beyond the Learn to Swim Programme and our physiotherapy clinic, United Through Sport Caribbean has continued to run our regular sports coaching and youth development programmes in various disciplines including football, netball, and athletics.

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- **Football:** Our football clinics continued to engage over 300 children in both rural and urban areas, focusing on developing technical skills, teamwork, and sportsmanship. Regular competitions and friendly matches were organised to give participants a chance to showcase their skills.

- **Netball:** Netball has also seen increased participation, with more girls joining the sport and excelling in regional tournaments. Our focus has been on creating inclusive environments where all young people can thrive regardless of their background or skill level.

- **Holistic Development:** In addition to sports training, we continued to emphasise education and life skills development. Many of our participants benefited from academic tutoring, mentorship, and life coaching sessions aimed at fostering personal growth and resilience.

Challenges and Opportunities
While 2023 has been a year of growth, it has also highlighted some of the challenges we face in scaling our programmes. The rapid increase in demand for our services—particularly in the Learn to Swim Programme and the physiotherapy clinic—has placed a strain on our resources. We are committed to addressing these challenges by strengthening partnerships with local and international donors and increasing our pool of volunteers and staff.

At the same time, these challenges present exciting opportunities for further expansion. With the success of our Learn to Swim Programme, we aim to introduce similar initiatives in other coastal areas. Additionally, the positive response to our physiotherapy clinic has opened the door to potentially offering more healthcare services in the future.

Looking Ahead to 2024
As we look to 2024, our focus will be on sustaining and expanding our existing programmes while launching new initiatives to broaden our impact. Key goals for the coming year include:

- Expanding the Learn to Swim Programme to additional communities along Saint Lucia's coastline.
- Increasing the capacity of our physiotherapy clinic and enhancing its services to support more athletes and sports clubs.
- Introducing new sports development programmes such as cricket and volleyball.
- Strengthening our educational and mentorship programmes to ensure that all participants receive holistic support.

Acknowledgements
None of our achievements in 2023 would have been possible without the generous support of our partners, donors, volunteers, and staff. We extend our heartfelt gratitude to everyone who has

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contributed to our mission. Your commitment and passion have allowed us to make a real difference in the lives of children and young athletes across Saint Lucia and beyond.

Conclusion

2023 has been a remarkable year for United Through Sport Caribbean, with significant milestones achieved in both our sports and healthcare initiatives. The growth of our Learn to Swim Programme and the opening of our physiotherapy clinic are just two examples of the meaningful impact we are having in the communities we serve. As we look to the future, we are excited to continue building on this foundation and reaching even more children and young athletes in the Caribbean.

Thank you for being part of this incredible journey.

***

Argentina

Argentina has developed different activities throughout 2023 to keep promoting sport and non-sport projects in vulnerable communities located in the area of Buenos Aires.

We started the year in full speed by continuing with the Matanza programme based on the funds we received from the **UEFA Foundation**. We managed to welcome three new primary schools so we can include 500 more participants who can benefit from the sport coaching sessions.

Through the month of March we continued to deliver sessions in 5 schools in La Matanza with an average of three times a week sessions of 1.5 hour divided in life skill sessions -looking to cover topics such as leadership, team-work and communication and sport coaching sessions focusing mainly on football.

As result, this brought the attention in the community and we are now having conversations with other municipalities in the area to be able to increase the number of participants in Greater Buenos Aires.

We are looking to add 5 more schools and purchase an additional minibus so it will help us reach a bigger audience.

In the meantime, we continue with our work at Barracas (in the south area of the city of Buenos Aires), with sports and non-sports programmes. We are working closely with our partners of the catholic church who are endlessly working towards the improvement of the community living conditions. During 2023 we reached 1,500 with our work throughout the various programmes - community healthcare, teaching English, life skills and sport sessions and the childcare project.

Likewise, 3 new members joined the team to increase the impact in the community. Thus, 4 new nurses joined the team to help international volunteers carry out daily actions at the community healthcare project, one new member joined the coordination of the childcare project and we added a new PE teacher at the sport project in Barracas and Matanza.

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From November 2023, we again organised our own Summer Camp. In the past, we used to join forces with the city government to share responsibilities and fundings in the development of the summer camp, but since we were looking to work closely with the Barracas community and thanks to the funds granted by the UEFA Foundation we were able to run our own project. The goal of the summer camp is to deliver life skills and sport coaching sessions to kids aged 8 -15 in the area of Barracas with the aim of recruiting more kids who will be joining our year round sessions after the summer camp finishes.

Finally, UTS Argentina has hosted 160 volunteers in the year 2023 who worked in various projects and helped to reach 2,200 kids and adults through our sport sessions and community healthcare outreach. With the inclusion of other communities we are looking to raise the number of beneficiaries of our programmes.

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4. Financial Review

4.1 Financial Policy

For 2023, United Through Sport has taken a low-risk policy to investment and had no liabilities to address at the close of the year.

The charity has a reserves policy to ensure that unreserved cash balances do not fall below £10,000 at any time. This policy will remain in 2023..

At present the charity only supplies payments to beneficiaries for initiatives which are sustainable without a guarantee of future support from United Through Sport. The charity therefore has no fixed future financial commitments to beneficiaries and will offer support on a case-by-case basis until further notice. This implies that the charity's reserves policy is dictated only by operational expenditure and not by future commitments to beneficiaries.

The charity has a target of distributing 75% of total income to beneficiary projects in country, with 25% retained for UK administration.

4.2 Statement of Trustees' Responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on Behalf of the Trustees by David Burton.

Signed: **Date: Oct 2024**

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5. Independent Examiner's Report

I report on the accounts of the charity for the year ended 31st December 2023, which are set out in Section 6.

5.1 Respective responsibilities of trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act); and
- to state whether particular matters have come to my attention.

5.2 Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

5.3 Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 41 of the 1993 Act); and
- accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: **Date: Oct 2023**

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6. Financial Activities for Year Ending 31st Dec 2023

6.1 Receipts and Payments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
RECEIPTS				
General Income	7,894	107,629	115,523	160,115
JustGiving, VMG & Total Giving Income	302	2,074	2,376	-
Sales	1,735	-	1,735	5,393
Bank Interest	-	249	249	98
Total Receipts	**9,931**	**109,952**	**119,883**	**165,606**
PAYMENTS				
Beneficiary Payments	11,293	86,181	97,475	98,213
Sales Costs	-	5,000	5,000	-
Fees deducted from Income	82	383	465	373
Marketing and Event Costs	2,027	-	2,027	1,578
Personnel Costs	-	23,506	23,506	8,928
IT Costs (inc JustGiving)	216	-	216	-
Administration Costs	686	3,199	3,885	1,955
Gift Aid Repayment	-	-	-	-
Total Payments	**14,304**	**118,269**	**132,573**	**111,046**
LOAN RECEIVED FROM UTS SOUTH AFRICA				
Loan Received	-	-	-	80,000
Loan Repayments	-	(26,667)	(26,667)	(2,222)
NET SURPLUS				
Net of Receipts / Payments	(4,373)	(34,984)	13,977	132,337
Transfer	-	-	0	0
Cash Funds Last Year End	43,362	106,268	149,631	17,293
Cash Funds This Year End	**38,990**	**71,284**	**110,274**	**149,631**

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6.2 Statement of Assets and Liabilities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
ASSETS			
Cash at Bank	38,990	71,284	110,274
Total Cash Funds	**38,990**	**71,284**	**110,274**
LIABILITIES			
Loan from UTS South Africa	-	51,111	51,111
Total Liabilities	**-**	**51,111**	**51,111**

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UNITED THROUGH SPORT

England & Wales - Charity number 1102107

Accounts

TRUSTEES' ANNUAL REPORT
JAN - DEC 2022

Progress and Accounts for the Charity

United Through Sport is a UK Registered Charity (number 1102107)

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1. Charity Details

1.1. Charity Name and Contact Details

Charity Name:
United Through Sport

Registered Charity Number:
1102107

Correspondence Address:
Hamilton House, 80 Stokes Croft, Bristol, BS1 3QY, United Kingdom.

1.2. Charity Trustees for year ending 31st December 2022

Mr David Burton (Chair)
Mr Nicholas Mould
Mr Ben Spier

1.3. Professional Advisors and Bankers

Bankers:
CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ.

Independent Examiner:
Egle Vainauskyte

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2. Charity Objectives and Governance

2.1. Charity Vision and Objectives

United Through Sport is a sports development charity operating on an international basis to support individual and community development in deprived regions throughout the world. The charity works with a reliable and accountable network of vetted grassroots charities and not-for-profit organisations located in specific target countries, through which sponsored programmes are run and managed. United Through Sport works in partnership with these organisations to raise awareness and funds as well as advising on project direction and policy.

The Vision of United Through Sport, as ratified by the charity trustees is as follows:

1. To bring people together to play sport, have fun, build friendships and advance community development.
2. To develop people to their full potential in:
    - Sport
    - Education
    - Health

3. Use sport as a tool for development – through it's direct benefits, by developing life-skills and addressing critical issues

All projects funded by United Through Sport must fulfil this Vision. The target countries for United Through Sport during the year were South Africa, Argentina and St Lucia.

2.2. Management and Governance

Trustees are elected by the majority vote of the existing trustee body. Additional trustees are introduced to the charity provided it is considered that they bring significant benefit to the organisation through their specific skills and their dedication to the United Through Sport Vision. There is no official limit on trustee numbers, but the body is not expected to rise above three members at present.

The chair of trustees is responsible for the induction of any new trustee which involves awareness of a trustee's responsibilities, the governing document, administrative procedures, and the Vision of the charity.

The trustees annually review the risks that the charity faces. The friends and members of the charity are currently protected through employers liability and public liability insurance. In addition, the charity works with a trusted network of registered charitable organisations overseas to avoid the risk of irresponsible, fraudulent or criminal use of funds.

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2.3. Funding Policy

During the course of 2022, funds were distributed at the point of need. All beneficiary payments were reviewed and approved by unanimous trustee vote.

Funds are allocated in response to requests from trusted organisations responsible for projects in the target countries. Each request must be accompanied by an outline proposal which identifies the cost, benefit and sustainability of the projects requiring funding.

3. Charity Achievements and Performance

3.1. Achievements for 2022

2021 continued to be a challenging year due to the ongoing Covid-19 impact, resulting in halted travel to our beneficiary destinations, which makes up a large part of our income. However, our efforts to support the local communities in South Africa by our local team were still significant in reach. Our work in Argentina and St Lucia was minimal.

2022 income: £165,606

Below is a summary of progress in each programme country.

South Africa

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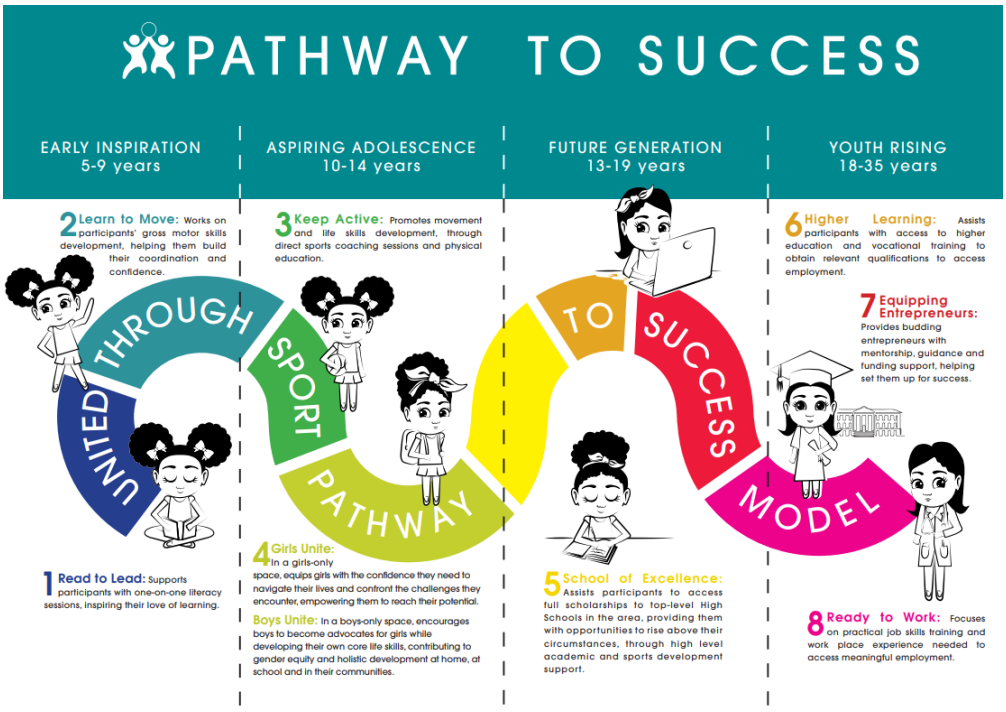

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READ TO LEAD

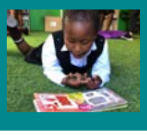
Read To Lead has provided high-quality literacy support to the participants in the project this year. Our literacy coaches provide one-on-one literacy coaching for the first 3 years (age 5 - 10 years) of the children's schooling life. The programme helps to remove literacy as a barrier to a child's education, equipping them with the tools they need to successfully progress through school. The foundation of reading, writing and comprehension unlocks their ability to learn and has a positive impact on them for the rest of their lives.

Prior to joining **Read To Lead**, our participants have limited reading abilities, making it difficult for them to fully engage in learning. Throughout the participants' involvement in the project, their literacy skills markedly improve. We take great pride in employing Literacy Coaches directly from the communities in which they work, making the benefits of this programme two-fold.

SUSTAINABLE DEVELOPMENT GOALS

- 4 QUALITY EDUCATION
- 17 PARTNERSHIPS FOR THE GOALS
- 8 DECENT WORK AND ECONOMIC GROWTH

10699	26%	36	241
LITERACY SESSIONS PROVIDED	AVERAGE LITERACY IMPROVEMENT PER PARTICIPANT	PREVIOUSLY UNEMPLOYED YOUTH EMPLOYED	PARTICIPANTS REACHED



LEARN TO MOVE

We are in the second year of our **Learn to Move** project at three partner primary schools. We focus on teaching gross motor and fine motor skills to teach coordination and encourage an active lifestyle. Gross motor skills also help participants with their cognitive function, allowing them to improve their learning on their pathway to success.

The **Learn To Move** sessions are fun and interactive, providing games that teach valuable gross motor skills while our participants interact positively with each other.

Our pilot project was such a success in 2022 that we have included it in our **Siyaphakama Zwide Schools Project**, helping us reach an additional 3 partner primary schools helping us support more children on their pathway to success.

SUSTAINABLE DEVELOPMENT GOALS

- 3 GOOD HEALTH AND WELL BEING
- 10 REDUCED INEQUALITIES
- 8 DECENT WORK AND ECONOMIC GROWTH

1618	12	898	21%
PARTICIPANTS REACHED	JOBS CREATED	GIRLS REACHED	AVERAGE GROSS MOTOR SKILLS IMPROVEMENT PER PARTICIPANT

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KEEP ACTIVE

We are happy to have our **Keep Active** up and running at full capacity after two slow years due to COVID-19. **Keep Active** teaches early adolescents valuable life skills, critical issues information and encourages an active lifestyle. We have partnered with **44 primary schools** this year and have positively **impacted 6036 participants' lives.**

Our **Keep Active** sessions are fun and interactive and provide our participants with a safe and supportive space. We focus on teaching sexual health, gender awareness and general life skills. All of these topics are important to ensure that our participants are equipped with the knowledge and self-confidence to navigate early adolescence and reach their full potential.

SUSTAINABLE DEVELOPMENT GOALS

6036	48%	82%	73%	12
PARTICIPANTS REACHED	FEMALE PARTICIPANTS REACHED	IMPROVEMENT IN EMOTIONAL WELL-BEING	IMPROVEMENT IN SEXUAL HEALTH KNOWLEDGE	JOBS CREATED

Siya Phakama

ZWIDE SCHOOLS PROJECT

This year we launched an exciting new programme in partnership with **The Kolisi Foundation, Kazibantu and Ubuntu Pathways.** **Siyaphakama Zwide Schools Project** is named after Siya and his mom Phakama. The Programme overlaps with our **Learn to Move** and **Keep Active** Programmes by providing a structured physical education programme and after-school sport programme in 5 schools in the Zwide area (including Siya's Primary School – Emsengeni).

We have employed 14 previously unemployed youth from the surrounding community to deliver the sessions from 8 am to 4 pm in the schools daily. We were also hugely excited to welcome former **United Through Sport** participant Athenkosi Mayinje to the team as the Programme Manager for the **Siyaphakama Zwide Schools Project.**

SUSTAINABLE DEVELOPMENT GOALS

2838	47%	493	16
PARTICIPANTS REACHED	FEMALE PARTICIPANTS REACHED	CHILDREN TAKING PART IN REGULAR AFTER SCHOOL SPORT	JOBS CREATED

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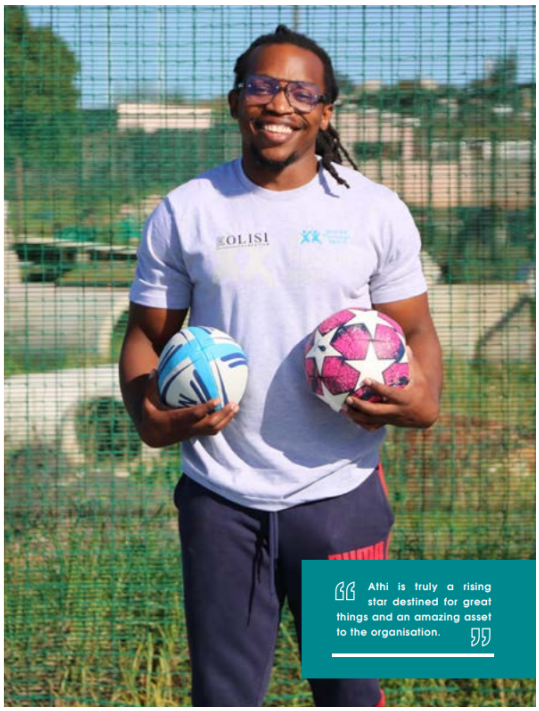
SUCCESS STORY

Athi joined the **United Through Sport Programmes** at the age of 12 when he travelled as part of a Sports and Cultural Exchange to the UK with us in 2009. From there he received a Rugby Scholarship to attend Grey High School where he continued to excel on the Sports field, representing Eastern Province Rugby all the way through the High School age groups.

After school **Athi** received a bursary to study at Nelson Mandela University while playing for the Eastern Province Academy and age group sides. He eventually graduated into the full Eastern Province side and has been on a semi-professional contract with them ever since and has been able to combine his passion for playing sports at a high level with development through sport at grassroots. Since finishing at University Athi has been involved in the **United Through Sport Youth Rising Programme** and has participated in a number of events and activities as a volunteer including mentoring younger **United Through Sport** participants, taking part in a North-South Youth Exchange with German youth, where he travelled to Berlin in 2019 and more recently assisting with our distribution of food parcels to the community during the Covid 19 pandemic.

Aside from his participation in the **United Through Sport Youth Rising Programmes** Athi has started his own community initiatives over the last few years including starting a girls rugby programme as well as a soup kitchen in his home township of Motherwell. As recognition for his humanitarian work in the communities, Athi was recognised as one of the 30 Young Mandela's of the Future in 2022.

In light of his link with **United Through Sport** dating back to his childhood combined with his passion and energy for combining sport and community work, it was an obvious match when we were looking for someone from the community to lead the **Siyaphakama Zwide Schools Project**. Indeed, he has done an amazing job since starting with the organisation this year and has gone on to not only pioneer the Siyaphakama programme in exemplary fashion, he has also represented us on a number of National platforms throughout the year.



> Athi is truly a rising star destined for great things and an amazing asset to the organisation.

WEEKLY SPORTS FIXTURES

Fixtures in U11 and U14 Rugby, Football and Netball were played every Wednesday throughout the 2nd, 3rd and 4th terms, culminating with the finals being played on 28th September. On either side of the sports fixtures, four of the schools had after-school sports coaching in the three main sporting codes (Rugby, Soccer and Netball) taking place on Mondays, Tuesdays and Thursdays. This has resulted in a big uptake in sports participation among the schools with a total of **493 children regularly participating** in the training sessions and matches on a weekly basis. Particularly pleasing to see was the steady increase in female participation throughout the year. At the beginning of the 2nd term females made up only 18% of regular after-school activity participants and by the end of the 4th term, this had increased to 33%. We also only had 3 eager female Football and Rugby players at the beginning of the term which increased to 29 by the end of the year.

The hype and excitement surrounding the match days of the **Siyaphakama** league certainly spilt out to the community, with an average estimated **spectator attendance of 724 per match day.** It also led to a number of enquiries from other schools in the broader community asking to become part of the programme – which is something for further consideration moving into 2023.

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GIRLS UNITE

Girls Unite provides a safe and supportive space where girls are free to express themselves and build their self-confidence. We partner with two primary schools to provide support to girls aged 10 - 14 years to improve their self-development and encourage gender equality. Our girls-only space gives our participants an environment where they can build their self-confidence, improve their English capabilities and build positive peer relationships.

We see our girls develop into self-confident individuals who are inspired to reach their full potential. We support our participants with accessing top-level high schools in the area, allowing them to gain academic opportunities on their pathway to success.

BOYS UNITE

Boys Unite provides a boys-only space where we challenge the boys' perceptions about gender and encourage them to become advocates for girls. The boys build their empathy for their female peers and challenge the gender stereotypes that they are taught at home and at school.

At **Boys Unite**, boys build their emotional sensitivity, building their sense of self and providing them with positive male role models. As a result of our project, the boys are able to build positive peer relationships with their female peers, encouraging gender equality and diminishing gender-based violence.

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SCHOOL OF EXCELLENCE

We have had another successful year implementing our **School of Excellence** project. We partnered with 5 top high schools to provide full scholarships to our School of Excellence participants. This year, we supported **85 participants with full scholarships.** We assisted them with transportation to and from school, tutoring after school and valuable mentorship. We have selected a **further 26 participants** to receive full scholarships next year, joining our **School of Excellence** community.

Our participants have stood out in the classroom and on the sports field this year, receiving awards from their respective schools. These awards include Academic Excellence, Best Netball Player, Best Hockey Player and A-aggregate. Additionally, our participants have been selected to be prefects and captains in 2023, showing their leadership capabilities.

SUSTAINABLE DEVELOPMENT GOALS

85	37	15	5
HIGH SCHOOL STUDENTS ON FULL SCHOLARSHIPS	FEMALE STUDENTS SUPPORTED	STUDENTS AWARDED ACADEMIC EXCELLENCE OR SPORTING EXCELLENCE	JOBS CREATED

YOUTH RISING

We have supported **282 participants** at **Youth Rising** this year. We have focused on assisting youth with accessing employment, building their own businesses and studying at tertiary institutions. We do this by providing valuable mentorship, creating a network of support and assisting with access to opportunities.

We have provided valuable workshops that are focused on assisting youth access education opportunities, teaching soft skills, interview skills and CV writing tips. We have built relationships with 38 local companies that are currently employing **Youth Rising** participants.

SUSTAINABLE DEVELOPMENT GOALS

282	174	53	22	12
YOUTH SUPPORTED ON PATHWAY TO SUCCESS	FEMALE YOUTH SUPPORTED	YOUTH EMPLOYED	YOUTH STUDYING IN TERTIARY INSTITUTION	YOUTH REGISTERED THEIR OWN BUSINESSES

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OUR STAKEHOLDERS

FEEDBACK FROM PARTICIPANTS

"I'll be forever grateful to United Through Sport for giving me the platform and resources to attempt great things with their full support."

SCHOOL OF EXCELLENCE PARTICIPANT

"Being a part of United Through Sport has shown me that anything is possible if you put your mind to it and nothing in life is too far to reach."

SCHOOL OF EXCELLENCE PARTICIPANT

"At first, I never understood the opportunity that was afforded to me by United Through Sport but as I grow older, the more I understand how much of an impact the organisation has on the schools, communities and most importantly our lives."

YOUTH RISING PARTICIPANT

"It was such a momentous moment in my life to meet my idol (Siya), and the fact that he was so engaged and even remembered some of us from growing up together elevated him even further in my eyes. It makes us as Sports Coordinators feel valued, but also makes the goals and purpose of the project more real."

NASH, SIYAPHAKAMA SPORTS COORDINATOR – ISAAC BOOI PRIMARY SCHOOL, ZWIDE

"The girls have a higher level of self-esteem and are able to express themselves and the concerns and challenges they are facing."

GIRLS UNITE FACILITATOR

"The boys have shared the ideas of helping each other, guiding each other and encouraging the awareness of what one should and should not do."

BOYS UNITE FACILITATOR

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AWARDS

We are proud to be selected for two awards this year, highlighting two of our focus areas: sport for education and gender equality. We are passionate about using sport as a tool to promote education and gender equality and it is incredible to be recognized as standing out for our efforts.

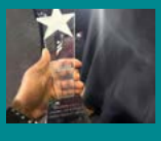
We received the Laureus South Africa Sport for Education Award recognizing our work to promote education on our pathway to success. We work with our participants from ages 5 - 35 years promoting their education, promoting literacy, providing tutoring and assisting with scholarships. We are proud that our holistic approach promoting education was recognized by Laureus South Africa.

We are also the proud recipients of the Sport for Social Change Network Africa Gender Equality Award. The Sport for Social Change Network Africa in partnership with the Leading Like Mandela organization hosted the first-ever SSCN Africa Awards. We attended the event with 138 grassroots organizations from 13 different African countries. We were recognized for our dedication to Gender Equality and our drive to create social impact through sport.

We were selected for our commitment to female empowerment in our Girls Unite project where we provide a girls-only space where girls are encouraged to build their self-confidence. Our girls enter the project with limited confidence and leave with goals, confidence and the ability to make their voices heard.

Athenkosi Mayinje (Siyaphakama Programme Coordinator) attended the awards as our **United Through Sport** representative and said, **"I am really happy and proud of our organisation for winning the first award of the SSCN awards. I also started as a student in the organisation and now I'm here collecting the award on behalf of the organisation. It's amazing and we will continue helping young people."**

We are proud to be recognized with so many other top-tier sport for development organisations and will use this recognition to continue to support more children and youth on their pathways to success.



OUR 2023 VISION

GENDER EQUITY
We are committed to ensuring that we champion female participation in all of our projects, ensuring that we address barriers to girls taking part in our projects, providing a safe space for girls and addressing gender stereotypes.

INCLUSION
We are committed to being an inclusive and accepting organisation, ensuring that any child or young person who wants to take part in our projects is able to do so.

MONITORING, EVALUATION AND LEARNING
We are committed to improving our projects and learning more about our impact. We do this by ensuring that we collect quality data, learning from our data and using it to inform project design and approaches.

DEDICATED STAFF
We are committed to training and upskilling our staff to empower them to deepen their impact on the communities where we work.

RETENTION
We are committed to retaining participants in our projects, assisting them as they journey on their pathway to success.

COMMUNITY
We hold the community at the centre of our work, providing meaningful projects that promote individual development, contributing to the sustainable development of Nelson Mandela Bay.

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THANK YOU

Thank you for your contribution towards transforming lives through sport in Nelson Mandela Bay! We couldn't have achieved what we did this year without our valuable staff, funders, businesses, partners, volunteers, supporters, charity champions, parents, teachers and participants! We look forward to continuing to use sport as a tool to transform lives and communities. By contributing to United Through Sport, you have indirectly played a part in contributing to the sustainable development of Nelson Mandela Bay in 2022, thank you!

We look forward to continuing to make a difference in 2023 with your valuable support!

OUR SUPPORTERS

PLUS ALL VOLUNTEERS, CHARITY CHAMPIONS AND INDIVIDUAL SUPPORTERS, WE THANK YOU FOR YOUR SUPPORT!

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Argentina

In 2022, Argentina dedicated significant efforts to promote both sports and non-sport initiatives within vulnerable communities in the Buenos Aires region. The year commenced with the establishment of the Matanza program, made possible by funding received from the UEFA Foundation. Leveraging our existing connections with schools and grassroots organizations in Buenos Aires, we successfully extended our network to include counterparts in Matanza.

Upon securing stakeholder approval and assembling our team for coaching and life skills sessions, we launched the program in March 2022. Our initial goal was to engage a minimum of 50 children, providing them with three weekly sessions lasting 1.5 hours each. These sessions were divided into life skills modules, encompassing leadership, teamwork, and communication, alongside sport coaching sessions primarily centered around football.

By April, we not only met but exceeded our target by enrolling 90 children aged 6 to 15 years. This achievement captured the attention of the community, leading to discussions with local schools about expanding participation in Matanza. We are actively pursuing partnerships with five additional schools and planning to acquire an extra minibus to facilitate wider outreach.

Simultaneously, our work continued in Barracas, located in the southern part of Buenos Aires, encompassing both sports and non-sports programs. We collaborated closely with our partners in the Catholic Church, who were dedicated to enhancing community living conditions. Over the course of 2022, we impacted 1,500 individuals across various programs, including community healthcare, English education, life skills training, and sports sessions, alongside our childcare initiative.

Furthermore, our team expanded with the addition of six new members. Two new nurses joined the community healthcare project to assist international volunteers in daily activities, while another member assumed a coordinating role in the childcare project. Additionally, we introduced a new Physical Education teacher to enhance our sports projects in Barracas and Matanza.

In November 2022, we made the strategic decision to launch our independent Summer Camp. Previously, we collaborated with the city government, sharing responsibilities and resources for the camp's development. However, thanks to the funding received from the UEFA Foundation and our desire to work closely with the Barracas community, we initiated our standalone project. The Summer Camp's objective was to provide life skills and sports coaching to children aged 8 to 15 in Barracas, with the intention of recruiting more participants for our year-round sessions following the camp's conclusion.

Finally, UTS Argentina hosted 110 volunteers throughout 2022 who contributed to various projects and played a pivotal role in reaching 2,200 children and adults through our sports sessions and community healthcare initiatives. As we welcomed the Matanza community into our fold and acquired additional transportation resources, we aim to expand the reach of our programs to benefit even more individuals.

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St Lucia

In February of 2022 we reopened our international volunteer programme, post the global pandemic, welcoming back our highest ever numbers of volunteers and interns over a 7 month period. The lifting of national restrictions of outdoor recreation and school sports meant we were able to reopen our preschool adventure sports programme at Auntie Pinky's Memorial School and Creative Kids Preschool. We also recommenced school programmes at Corinth Secondary and Balata Primary and started a new community rugby program in Monchy; with in-school introductory sessions twice a week and twice weekly community sessions with newly formed youth team Monchy Sharks.

School holidays meant the return of our free La Clery Easter and Summer Camps after two years. For the first time, we were able to secure sponsorship to provide transport and lunch for all attendees throughout the full 8 weeks.

For 6 weeks during the school summer holidays we collaborated with Students from Excelia business school; La Rochelle, France, to create 'Boats on Wheels Programme' providing introductory sailing lessons to coastal communities for children in Saint Lucia.
The project aims to expose children to a sport not normally deemed as easily accessible to most on the island, while imparting skills; opening avenues for success in the sport and employment in the maritime industry. Working in the often overlooked communities of Grios Islet, Canaries, Anse la Raye, Laborie and Dennery, we were able to provide 6 week sailing programmes for over 100 children and have plans in place to continue next year.

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4. Financial Review

4.1 Financial Policy

For 2022, United Through Sport has taken a low-risk policy to investment and had no liabilities to address at the close of the year.

The charity has a reserves policy to ensure that unreserved cash balances do not fall below £10,000 at any time. This policy will remain in 2022.

At present the charity only supplies payments to beneficiaries for initiatives which are sustainable without a guarantee of future support from United Through Sport. The charity therefore has no fixed future financial commitments to beneficiaries and will offer support on a case-by-case basis until further notice. This implies that the charity's reserves policy is dictated only by operational expenditure and not by future commitments to beneficiaries.

The charity has a target of distributing 75% of total income to beneficiary projects in country, with 25% retained for UK administration.

4.2 Statement of Trustees' Responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on Behalf of the Trustees by David Burton.

Signed: **Date: Sep 2023**

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5. Independent Examiner's Report

I report on the accounts of the charity for the year ended 31st December 2022, which are set out in Section 6.

5.1 Respective responsibilities of trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act); and
- to state whether particular matters have come to my attention.

5.2 Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

5.3 Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 41 of the 1993 Act); and
- accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: **Date: Sep 2022**

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6. Financial Activities for Year Ending 31st Dec 2022

6.1 Receipts and Payments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
RECEIPTS				
General Income	15,484	144,631	160,115	14,643
JustGiving, VMG & Total Giving Income	-	-	-	2,237
Sales	5,393	-	5,393	-
Bank Interest	-	98	98	-
Total Receipts	**20,876**	**144,730**	**165,606**	**16,880**
PAYMENTS				
Beneficiary Payments	-	98,213	98,213	25,713
Sales Costs	-	-	-	-
Fees deducted from Income	56	317	373	186
Marketing and Event Costs	1,578	-	1578	-
Personnel Costs	-	8,928	8,928	7,350
IT Costs (inc JustGiving)	-	-	-	259
Administration Costs	-	1955	1,955	1,833
Gift Aid Repayment	-	-	-	-
Total Payments	**1,634**	**109,412**	**111,046**	**35,341**
NET SURPLUS				
Net of Receipts / Payments	19,242	35,317	54,559	(18,461)
Transfer	0	0	0	0
Cash Funds Last Year End	24,120	(6,827)	17,293	35,754
Cash Funds This Year End	**43,362**	**28,490**	**71,853**	**17,293**

6.2 Statement of Assets and Liabilities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
ASSETS			
Cash at Bank	43,362	28,490	71,853
Total Cash Funds	**43,362**	**28,490**	**71,853**

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LIABILITIES			
Loan from UTS South Africa	-	77,778	77,778
Total Liabilities	**-**	**77,778**	**77,778**

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UNITED THROUGH SPORT

England & Wales - Charity number 1102107

Accounts

UNITED THROUGH SPORT

TRUSTEES' ANNUAL REPORT
JAN - DEC 2020

Progress and Accounts for the Charity

United Through Sport is a UK Registered Charity (number 1102107)

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1. Charity Details

1.1. Charity Name and Contact Details

Charity Name:
United Through Sport

Registered Charity Number:
1102107

Correspondence Address:
Hamilton House, 80 Stokes Croft, Bristol, BS1 3QY, United Kingdom.

1.2. Charity Trustees for year ending 31st December 2020

Mr David Burton (Chair)
Mr Nicholas Mould
Mr Ben Spier

1.3. Professional Advisors and Bankers

Bankers:
CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ.

Independent Examiner:
Egle Vainauskyte

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2. Charity Objectives and Governance

2.1. Charity Vision and Objectives

United Through Sport is a sports development charity operating on an international basis to support individual and community development in deprived regions throughout the world. The charity works with a reliable and accountable network of vetted grassroots charities and not-for-profit organisations located in specific target countries, through which sponsored programmes are run and managed. United Through Sport works in partnership with these organisations to raise awareness and funds as well as advising on project direction and policy.

The Vision of United Through Sport, as ratified by the charity trustees is as follows:

1. To bring people together to play sport, have fun, build friendships and advance community development.
2. To develop people to their full potential in:
    - Sport
    - Education
    - Health

3. Use sport as a tool for development – through it's direct benefits, by developing life-skills and addressing critical issues

All projects funded by United Through Sport must fulfil this Vision. The target countries for United Through Sport during the year were South Africa, Argentina and St Lucia.

2.2. Management and Governance

Trustees are elected by the majority vote of the existing trustee body. Additional trustees are introduced to the charity provided it is considered that they bring significant benefit to the organisation through their specific skills and their dedication to the United Through Sport Vision. There is no official limit on trustee numbers, but the body is not expected to rise above three members at present.

The chair of trustees is responsible for the induction of any new trustee which involves awareness of a trustee's responsibilities, the governing document, administrative procedures, and the Vision of the charity.

The trustees annually review the risks that the charity faces. The friends and members of the charity are currently protected through employers liability and public liability insurance. In addition, the charity works with a trusted network of registered charitable organisations overseas to avoid the risk of irresponsible, fraudulent or criminal use of funds.

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2.3. Funding Policy

During the course of 2020, funds were distributed at the point of need. All beneficiary payments were reviewed and approved by unanimous trustee vote.

Funds are allocated in response to requests from trusted organisations responsible for projects in the target countries. Each request must be accompanied by an outline proposal which identifies the cost, benefit and sustainability of the projects requiring funding.

3. Charity Achievements and Performance

3.1. Achievements for 2020

2020 was an extremely challenging year. In March the global pandemic (Covid-19) put a halt to many operations, severely impacting travel related activities. In South Africa and Argentina efforts were made in supporting communities with medical and food supplies but St Lucia had to come to a complete stop.

2020 income: £101,957

Below is a summary of progress in each programme country.

South Africa

Unprecedented has been the word that has been repeatedly heard at different stages throughout the Covid 19 pandemic of 2020. Certainly, at United Through Sport it has been a year that we will never forget and like for so many individuals and organisations has been full of challenges like we have never seen before.

In spite of this, I am extremely proud of the way we have come through this difficult period as an organisation. Our staff members have been absolutely immense and have continued to serve the communities throughout the peaks of the virus. Since April our staff have been on the frontlines working tirelessly in the most needy parts of the communities, distributing food parcels, health and hygiene packs and providing psychosocial support for the children within our programmes. No doubt at times staff were scared, but never once did any of the team hesitate to do their duty in assisting the communities to pull through such massive hardships.

Our funders and donors have been unbelievably supportive this year! Every donor we have, remained consistent with their commitment of backing throughout the year, never withholding support where it was needed and never questioning any request to transfer funds to alternative areas of need which are normally outside of our scope of work. Due to their on-going backing and in many cases increased support during 2020, not only were we able to adapt and continue to meet the changing needs of our children and youth, but we were also able to maintain all 20 full

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time staff members and 16 part time staff members in a time when many around them were losing their jobs.

Finally, our partnerships with other NGOs have been invaluable and helped us increase our reach and depth of impact but also provided moral and emotional support in the darkest periods. We managed to collaborate with many NGO partners during this period but a particular mention must go to Masinyusane and Masifunde whose unwavering leadership allowed us to collaborate to form Project Unity and distribute more than 13,000 food parcels, feeding more than 80,000 people with over 1,600,000 meals.

This year has been hugely challenging, but like many things in life, there is no growth without struggle and little learning without hardship. We have learned many valuable lessons this year and now more than ever have faith in the power of what can be achieved if we work together.

Thank you to all our partners in 2020 together we have made a significant impact in the lives of young South Africans and are moving towards 2021 re energised and reinvigorated to do even more.

Nick Mould
Director of United Through Sport in South Africa

Our Mission and Vision

Our Mission: To use sport as a tool to support the children in the Nelson Mandela Bay area in breaking the poverty cycle and transforming their lives for good.

Our Vision: Transforming the lives of our participants allowing them to reach their pathway to success, contributing to the sustainable development of South Africa.

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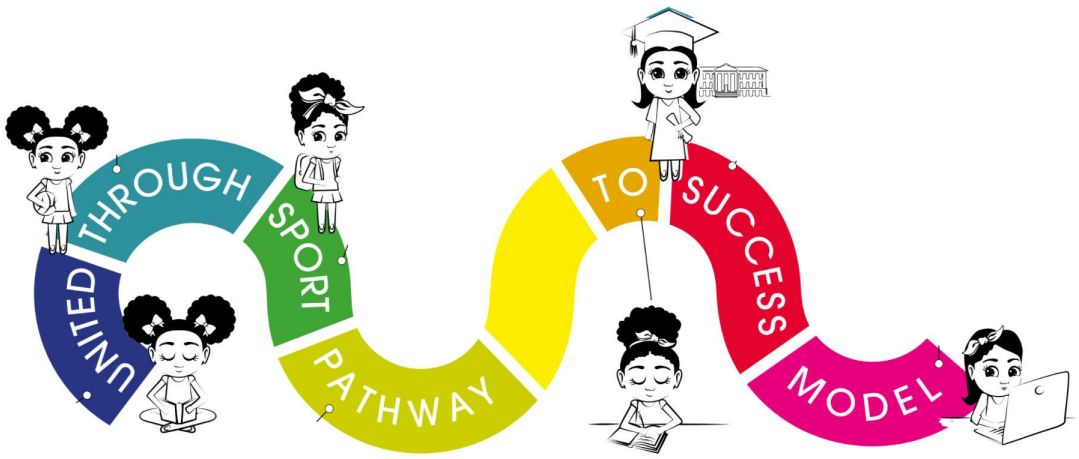
The United Through Sport pathway to success model



1. Early Childhood Development Literacy Programme
Amanda receives the literacy support that her teacher has identified that she needs. She gets one-on-one reading coaching twice a week from a United Through Sport Literacy Educator as well as participating in reading clubs and book borrowing. This gives her a strong literacy foundation, unlocking her ability to learn new topics in school, growing her confidence and boosting her towards her potential.

2. Mass Participation Programme
Amanda is introduced to physical education and sport and gets to explore her sporting potential, move her body, gains a positive self-identity, boosts her self-confidence and emotional well being all while learning about important life skills and critical issues – including mental, sexual and physical health.

3. Girls Unite
Amanda chooses to enter the Girls Unite programme to continue her pathway of success. Here she learns more about female-specific life skills, is able to explore the changes she is experiencing, builds positive peer relationships and learns self-defence. She is equipped with the knowledge of her self-worth, boosting her self-confidence and continuing to grow her personal identity and her ability to cope with the challenges of life in the township.

4. Junior School of Excellence
With the support that Amanda receives from the ECD literary program and throughout her schooling career, she is achieving her academic and sporting goals. She enters the Junior School of Excellence, where she is able to access support four days a week – getting additional tutoring

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in English and Maths, sports coaching and mentorship from a trusted coach. Her grades are improving and her confidence on the netball court is growing, boosting her self-esteem.

5. Senior School of Excellence

Amanda is a hard worker academically and athletically. With the support of her mentors at United Through Sport she receives a full scholarship for the next five years to a top level (former model c) high school. She starts her high school career at one of the top schools in South Africa! She continues to receive support from her mentors, getting guidance on how to successfully navigate this transition into a different school environment as well as support with the step up in academics. Amanda spends five years in a positive learning environment, boosting her academic ability, receiving high level sports development and interacting daily with children from a variety of backgrounds improving her social connectedness and ability to interact in different environments!

6. YOUth First Network

Amanda graduates from high school and wants to continue her journey with United Through Sport's support. She joins the YOUth First Network to get guidance from United Through Sport staff and support from her peers about how to access tertiary education. Through the guidance provided, she applies and receives a scholarship at a University. She starts her university career with the continued guidance from the United Through Sport team. Some of her peers do not qualify for the University pathway, but are supported by United Through Sport into vocational programmes and job skills training.

7. Meaningful Employment

Amanda has graduated from University and has successfully entered into her first job. She is confident to enter into this new stage with the knowledge that she has the support from her mentors at United Through Sport, she continues to receive support in her first year of employment with budgeting, finance and workplace etiquette training.

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Programmes Results

Early Childhood Development Literacy Programme

Sustainable Development Goals: Quality Education, Partnerships for Goals, Decent work and economic growth

Literacy is often a barrier to a child's success, standing in the way of meaningfully engaging in the classroom and learning. In South Africa, roughly 60% of children cannot read at appropriate levels by the age of 10, stunting their further learning ability for the rest of their life. We have created an early child development literacy programme that focuses on Grade R - 3 participants who are identified as needing extra support through a literacy assessment.

In 2020, UTS reached 195 participants (50% female participation) in our learn to read sessions, providing them with one on one literacy training twice a week. A total of 2322 one on one literacy sessions took place this year!

Our participants enter the sessions not being able to read at an age-appropriate level. They are provided with a supportive and focused environment where they feel safe to explore and improve their reading and comprehension abilities. We carefully track their progress and our participants graduate from the programme once they have shown that they have reached appropriate literacy levels that allow them to read to learn.

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This year, our participants showed a 93% improvement in reading and writing and 89.5% of the participants improved their confidence to read aloud.

502 children took part in the active library project, encouraging a passion for reading and knowledge! This includes reading clubs, treasure hunts and book borrowing - contributing to their passion for reading.
Jobs Created: 21 jobs created

Mass Participation Programme

Sustainable Development Goals: Good Health and Well-being, Reduced Inequalities, Decent work and economic growth

The schools and communities that we work in are under-resourced and sport is often not offered or limited. As a result children miss out on the key health, emotional well-being and life skills developed from participating in structured sport and physical education. Our Mass Participation Programme focuses on bringing sport and physical education to these schools and utilizing it as a tool to teach valuable life skills centred around health and emotional well-being. We partnered with 19 primary schools in the Nelson Mandela Bay area and assisted with delivering their physical education curriculum, direct sports coaching and critical issues conversations.

This year we have reached 2690 participants, with 51% female participation. Our participants reported an improvement in the following areas: 93% improvement in health, 82% improved school attendance, 91% improvement in emotional wellbeing, 87% increased teamwork, 89% increased communication skills, 82% increased confidence. They also reported a 20% improvement in HIV/AIDS knowledge and 20% improvement in their gender attitudes.
Jobs Created: 10 jobs created

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Girls Unite/ Boys Unite

Sustainable Development Goals: Good Health and Well-being, Gender Equality, Decent work and economic growth

South Africa has one of the highest gender based violence rates in the world. The entrenchment of gender roles in the communities we work in is a contributing factor to the high rates of gender-based violence. On top of this girls often face more discrimination and barriers to learning and personal development. We have created two programmes to address gender norms and roles in our partner schools – providing girls and boys with the opportunity to challenge their gender views and stereotypes.

Girls Unite reached 121 girls this year, focusing on their upliftment, building their self-confidence and resiliency and challenging their gender perspectives. We also provide them with practical self protection skills and access to health and hygiene products. Our Boys Unite programme reached 80 participants this year, challenging their gender stereotypes, building their empathy and encouraging them to be advocates for girls.

The two programmes provide the participants with peer learning groups, discussion about sexual health, building positive peer relationships, extra literacy sessions and access to lay counselling.

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Additionally, the girls receive self-defence training, access to sanitary products and discussion about body confidence.

The programmes have contributed to the improvement in our participants' confidence, leadership and resilience. Improved problem-solving abilities were exhibited in 100% of the girls as well as an ability to respond to challenges and knowledge of who/how to reach out when needing help. Academic improvements were also picked up in 86% of the girls.
Jobs Created: 8 jobs created

Junior School of Excellence
Sustainable Development Goals: Good Health and Well-being, Quality Education, Reduced Inequalities, Zero Hunger, Decent work and economic growth

At our Junior School of Excellence programme, we focus on personal development support, improved academic performance and sport skills development. Our participants attend the programme four days a week after school. The sessions include tutoring, personal development support, psychosocial support and sports training. Our participants also receive a meal at each of the sessions, fulfilling one of their basic needs.

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This year we had 194 fully committed participants with 41% female participation. Through our academic support, our participants achieved a 79% improvement in their English scores, 88% improvement in their Maths scores and 93% improvement in understanding their schoolwork.

Through our coaches' mentorship and guidance, our participants reported that since joining the programme they have experienced: 80% improved knowledge in identity, 72% improved knowledge in conflict resolution, 66% improved social capital, 84% improved knowledge on abuse and 96% increase in their hope for their future. They also reported a 98% improvement in their happiness and a 98% improvement in their self-confidence.

Through our support, 24 of our participants obtained fully funded scholarships to top-level high schools for their five years of study.
Jobs Created: 18 Jobs Created

Meet Matthew

Matthew is a 13-year-old participant in the Junior School of Excellence who has participated in the programme since 2019. He has been raised by his single, unemployed father and has three other siblings. His father solely relies on the childrens' social grant to cater for the household expenses and their needs.

At the start of the programme, Matthew showed great potential in hockey, but lacked social skills and had very low self-esteem. His academics were poor and he gave the facilitators and teachers challenges with his behaviour and aggression. As a result, he was a loner who hardly socialised with the other participants and chose not to make new friends.

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During his participation in the programme, Matthew massively improved his social skills, opened up to making new friends and participated fully in class activities. His academics have improved. In this year particularly, Matthew's mindset changed a great deal, and he has had a more positive attitude.

As a result of his determination, consistency and continued hard work, Matthew will be in the Senior School of Excellence next year, at a top English-medium high school.

The opportunity that Matthew has received will put him in a better position to realise his big dream of playing for the national team one day. He will now stand a good chance of going to University, which is definitely not an opportunity that his father would have been able to afford him. His teachers, coaches and mentors are all very proud of the transformation Matthew has undergone in these last 2 years going through the UTS programme!

Senior School of Excellence

Sustainable Development Goals: Good Health and Well-being, Quality Education, Reduced Inequalities, Partnerships for Goals, Decent work and economic growth

Education is a big problem in South Africa, with the majority of children attending under-resourced, poor performing schools resulting in only 3% of children who start education in a township school continuing to University and only 41% of children who complete school receiving the necessary grades to enter University. Our programme focuses on getting our participants fully funded scholarships to some of the top high schools in the country, with a commitment to fund the full five years. The focus is on supporting them with access to top level education to enable them to continue to Higher Learning and ultimately employment. This year we reached 86 participants (42% female) and have reached 136 participants over the past five years.

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Through the support of our mentors and coaches, our participants have achieved 100% matric pass rate, 100% achieved university passes (enabling them to enter tertiary education) and 88% have entered tertiary education or employment after exiting high school.
Jobs Created: 31 Jobs

YOUth First Network

Sustainable Development Goals: Quality Education, Reduced Inequalities, Partnerships for Goals, Decent work and economic growth

High Youth Unemployment continues to hamper the growth and development of the majority of the South Africa population. Pre-Covid 19 youth unemployment in Nelson Mandela Bay was 55%, rising to 81% in the townships. In both cases it is higher for females than males.

Our YOUth First Network focuses on providing opportunities for youth to access Higher Education, vocational training and practical job skills training. We also have a bridge to employment aspect that assists the youth with connections to local employers and assists in preparing them for applications and interviews. We also provide practical support in the early stages of employment to assist the youth to retain their first job for more than 12 months (statistically, people who keep their first job for more than a year are 80% more likely to receive further employment).

This year 91 youth have enrolled or completed our YOUth First Network, with 68% female participation. Out of our 91 participants some of them chose to continue their education with 20 enrolled at University, 7 enrolled in FET (Further Education and Training) Colleges and 11 are enrolled in vocational training programmes. Through this programme we have assisted 46 youth with finding and maintaining employment and 11 youth with starting their own businesses or focusing on extra sources of income.

To date, we have a 98% employment placement rate of youth completing the programme, 96% of youth report the programme improved their confidence to enter the working world, 100% reported the programme improved their emotional well being and self-esteem and 92% reported that the programme improved their preparedness for the working world.

Jobs Created: 46 Jobs Created

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Meet Amanda

Amanda is passionate about the beauty industry, she entered the program in February after struggling to find meaningful employment for the past three years and having no clear path to change her situation. Through the United Through Sport programme Amanda was supported with soft skills training to prepare her for the working world including: CV writing, interview skills, project management and conflict management.

In the next stage with financial support from the YOUth First programme, she entered a vocational training course at Total Concept majoring in nail art and make-up artistry, which she recently completed. Towards her final month at Total Concept she was offered a full time job as a make-up artist! Amanda is currently a make-up artist at Total Concept and is building up her clientele base!

"I am grateful for this opportunity that United Through Sport Youth Pathways presented to me, I have always been confused with what I wanted to do career wise, but with the consultations I had with the youth program coordinator. I connected with my purpose and found my passion along the way. I am now employed doing something I genuinely love."

Amanda truly resembles the change we want to see in the youth of Nelson Mandela Bay!

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COVID-19 Response

COVID-19 had a resounding impact on the communities that we work in, our participants and their families. With the sudden closure of schools, our participants were cut off from their support systems - feeding schemes, psychosocial support and their coaches. Many of the families of our participants experienced a loss of income or loss of jobs during the national lockdown, leading to further food insecurity.

With the disproportionate negative impact COVID-19 has had on poorer communities, United Through Sport had to quickly adapt to meet our participants' needs and the needs of their families. COVID-19 showed us that social innovation and collaboration is key to successfully create change and have an impact on the communities that we work in during challenging times

We focused on meeting basic needs (food and sanitation packs) and psychosocial support of our participants and their peers. Shifting away from our usual programme focus and facing a larger need than we are accustomed to, we realized that we needed to start effective partnerships to address the growing needs in the Nelson Mandela Bay community.

We co-created Project Unity to address the need for food support. We partnered with two other organizations in the Nelson Mandela Bay area: Masinyusane and Masifunde. We pooled our resources, funding and our relationships with various schools to meet the unprecedented need. We asked teachers at the schools we work in to nominate 3 - 5 children from their classes that they know are most vulnerable. We created a list of the most vulnerable families in the communities and drew up a distribution schedule to make sure our limited resources could help as many families as possible.

To date, we have distributed 13,081 food parcels, benefitting 81,364 people, assisting 80 schools and assisting 26 communities.

QuaranTV and QuaranTimes

Psychosocial support was another key issue that we needed to address during this crisis, particularly during the lockdown. With our participants suddenly unable to attend school, spend time with their peers and having to navigate a changing environment, we needed to support their social and emotional needs.

We created QuaranTV, a provincial TV programme that is broadcast on local networks in the afternoon. The programme focused on providing information about COVID-19, fun activities to do at home and educational support. To date, we have produced 60 episodes and have reached an estimated audience of 12,000, with an estimated minimum reach of 2710 UTS participants.

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"*I really like the show, I enjoy trying the activities at home and it helps me remember UTS before COVID. I am so thankful to be a part of this programme."*

"*When it comes to lockdown family life, in my family we have strived to build better relationships with each other through sharing meaningful family fun activities. Thanks to UTS and JSE, this has become easy with their presentation of QuaranTV."*

We also created QuaranTimes, a periodical that was distributed with the feeding packs. QuaranTimes focuses on key information about COVID-19, how to protect yourself and how to support children's social and emotional needs during lockdown. We distributed 4900 QuaranTimes periodicals this year.

We also distributed the Treasure Box support education support packs throughout the lockdown period, distributing 5000 books.

Facilities Built:
Literacy Centre at Isaac Booi
Literacy Centre at Astra
(see photos below)

Conclusion

In spite of all of the challenges 2020 has brought, overall it has been a successful year for United Through Sport. Financially we maintained a strong position, programme wise, we were still able to achieve impact in our existing programmes as well as expand their reach and we were able to respond to community needs in light of the Covid 19 crisis on a large scale.

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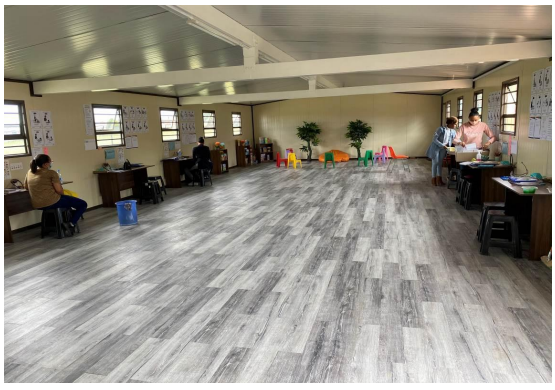
Literacy Facilities at Isaac Booi – a Library and 3 literacy centres

Inside a literacy centre at Isaac Booi

Young children playing and learning at Isaac Booi Literacy Centre

Literacy Centre and Library at Astra



Inside the Literacy Centre at Astra – not fully complete yet

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Argentina

The Civil Association United Through Sport represents a social educative and sport entrepreneurship oriented to enrich cultural and social integration of the citizens in Barracas and Rodrigo Bueno Units. We have the support of local and international volunteers who carry on our projects.

The inclusion of our international volunteers guarantees a better interest in our community to learn the English language while they do a specific sport of their choice. It is the case of an informal approach with a lot of girls and boys from the 21-24 Unit as well as from the nearby sports center unit.

Our main goal as an NGO, is to develop actions throughout education and sport to link these two different communities represented by our nearby Pereyra Park facility and the 21-24 Unit.

With this idea, since March 2020 with the beginning of the pandemic, our activities were forced to close due to the characteristics of our projects, which are strongly linked to cultural and sport exchange and the reliance of international participants.

With this new reality, we moved all our activities virtuality to engage with the local community and developed our Spanish website for United Through Sport http://unidosporeldeporte.org.

We launched our ***Cup of Culture*** program, that consists of virtual meetings between our local and international volunteers to develop conversations in English and Spanish to encourage a cultural and linguistic exchange.

Likewise, we implement a donation campaign of staple food and personal hygiene products to give out to the Evita Soup kitchen and to Rodrigo Bueno Unit. During the months of April, May, June and July we gave donations to collaborate with the soup kitchens hard work.

In August 2020, we launched the lunch box donation program with the name "***Real food as a Right***". The campaign was a collaboration between the nutritionist-Instagram influencer Fiorela Vitteli and United Through Sport Argentina, with the goal of donating nutritious lunch boxes to the community of Rodrigo Bueno Unit. We managed to donate more than 1000 lunch boxes in the course of 4 months.

Planning ahead to 2021 and alongside CESSAC N° 6 and 21-24 Unit we will develop a community health program whose goal is to develop an active and effective research of hypertensive people. The work of the research will be carried out by local and international volunteers as well as medicine students who will be collaborating with the development of the research and the interviews production to the future beneficiaries of the program.

Finally, throughout 2020, the organization continues working alongside the Sport and Social Change Network, a group of civil associations and foundations, which use sports as a way of promoting values and social integration. The network is sponsored by NIKE, who helps and collaborates for the growth of the member organizations and assists throughout donation and logistic support.

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St Lucia

The breakout of the global COVID pandemic in March 2020 meant a suspension of the vast majority of our Caribbean operations.

Twelve of our international volunteer placements were cut short after only 6 weeks. However impact was made with the establishment of a new youth rugby programme in the Monchy community, including in-school lessons conducted by our coaching team. Further another 14 preschoolers benefited from completing a 7-week swim programme.

During the periods of lockdown, focus had to shift to sending aid packages of food and resources to remote communities in need, and the provision of virtual lessons/coaching for our School of Excellence participants. In preparation for the resumption of recreation sport in St. Lucia, UTS Caribbean was assisted by our partners at UTS Netherlands in sending 1000 Euros of sports equipment to our projects.

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4. Financial Review

4.1 Financial Policy

For 20, United Through Sport has taken a low-risk policy to investment and had no liabilities to address at the close of the year.

The charity has a reserves policy to ensure that unreserved cash balances do not fall below £10,000 at any time. This policy will remain in 2020.

At present the charity only supplies payments to beneficiaries for initiatives which are sustainable without a guarantee of future support from United Through Sport. The charity therefore has no fixed future financial commitments to beneficiaries and will offer support on a case-by-case basis until further notice. This implies that the charity's reserves policy is dictated only by operational expenditure and not by future commitments to beneficiaries.

The charity has a target of distributing 75% of total income to beneficiary projects in country, with 25% retained for UK administration.

4.2 Statement of Trustees' Responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on Behalf of the Trustees by David Burton.

Signed: **Date: Oct 2021**

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5. Independent Examiner's Report

I report on the accounts of the charity for the year ended 31st December 2020, which are set out in Section 6.

5.1 Respective responsibilities of trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43 of the Act);
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act); and
- to state whether particular matters have come to my attention.

5.2 Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

5.3 Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 41 of the 1993 Act); and
- accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: **Date: Oct 2021**

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6. Financial Activities for Year Ending 31st Dec 2020

6.1 Receipts and Payments

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
RECEIPTS				
General Income	13,110	87,180	100,290	235,942
JustGiving, VMG & Total Giving Income	914	709	1,623	4,816
Sales	-	-	-	18
Bank Interest	-	45	45	122
Total Receipts	**14,024**	**87,933**	**101,957**	**240,899**
PAYMENTS				
Beneficiary Payments	-	82.073	82,073	231,272
Sales Costs	44	-	44	3
Fees deducted from Income	146	111	257	669
Marketing and Event Costs	-	-	-	1,922
Personnel Costs	-	12,340	12,340	11,160
IT Costs (inc JustGiving)	-	273	273	401
Administration Costs	-	10,727	10,727	10,328
Gift Aid Repayment	-	-	-	-
Total Payments	**189**	**105.524**	**105,714**	**255,755**
NET SURPLUS				
Net of Receipts / Payments	13,835	(17,591)	(3,756)	(14,856)
Transfer	(21,098)	21,098	0	0
Cash Funds Last Year End	35,752	3,758	39,510	54,367
Cash Funds This Year End	**28,489**	**7,265**	**35,754**	**39,510**

6.2 Statement of Assets and Liabilities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
ASSETS			
Cash at Bank	28,489	7,265	35,754
Total Cash Funds	**28,489**	**7,265**	**35,754**

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United Through Sport Trustees' Report

Progress and Accounts for Year Ending 31st December 2020

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