

SPACE Counselling Chesterfield

England & Wales · Charity number 1102023

Details

Other names	RELATE CHESTERFIELD AND NORTH DERBYSHIRE
Status	Registered
Legal form	Charitable company
Company number	04773325
Registered	2004-02-10
Register	View on the Charity Commission register

Contact

Address	3rd Floor Dents Chambers 81 New Square Chesterfield S40 1AH
Phone	01246382772
Email	admin@relatechesterfield.org.uk
Website	www.relatechesterfield.org.uk

Activities

Objects: 1) TO EDUCATE THE PUBLIC CONCERNING THE BENEFITS OF SECURE COUPLE RELATIONSHIPS, MARRIAGE AND FAMILY LIFE IN ORDER TO IMPROVE THE EMOTIONAL, SEXUAL AND SPIRITUAL WELL-BEING OF INDIVIDUALS WHICH IS DERIVED FROM COMMITTED RELATIONSHIPS2) TO PROMOTE RESEARCH INTO ALL ASPECTS OF COUPLE RELATIONSHIPS AND MARRIAGE AND TO MAKE THE RESULTS AVAILABLE TO THE PUBLIC.3) TO SEEK TO ENHANCE THE GOOD HEALTH, BOTH MENTAL AND PHYSICAL, OF ADULTS AND CHILDREN BY INCREASING PUBLIC AWARENESS OF THE BENEFIT OF COMMITTED COUPLE RELATIONSHIPS, MARRIAGE AND FAMILY LIFE AND WORKING TO PREVENT POVERTY, HARDSHIP AND DISTRESS CAUSED BY THE BREAKDOWN OF SUCH RELATIONSHIPS

Activities: Relationship counselling, family counselling, psycho-sexual therapy, counselling for young people 11-18yrs and training for groups & individuals.

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- **Area of benefit:** CHESTERFIELD AND NORTH DERBYSHIRE
- Derbyshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£323,225	£257,499	-	-
2024-03-31	£277,659	£267,738	-	-
2023-03-31	£228,082	£244,897	-	-
2022-03-31	£284,421	£219,774	-	-
2021-03-31	£197,819	£171,470	-	-

Trustees

Name	Role	Appointed
Barbara SHUTTLEWORTH		2025-11-03
Ged Drugan		2025-11-03
Grant Lowe		2025-11-03

Accounts

Space Counselling Chesterfield Ltd
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2025

ALLEN, WEST AND FOSTER
Chartered accountants
Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2025

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	6
Statement of financial activities (including income and expenditure account)	8
Statement of financial position	9
Notes to the financial statements	10

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name Space Counselling Chesterfield Ltd

Charity registration number 1102023

Company registration number 04773325

Principal office and registered office 3rd Floor, Dents Chambers
81 New Square
Chesterfield
S40 1AH
England

The trustees

T Cresswell
J Webb
H Douch
R Barnett (Resigned 4 November 2024)
J Etherington
P Green (Appointed 7 May 2024)
G Hill

Company secretary Sarah Willis

Independent examiner Stephen Allen ACA FCCA
Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Structure, governance and management

a. Constitution

Space Counselling Chesterfield (formerly Relate - Chesterfield & North Derbyshire) is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association dated 21 May 2003. The company name was changed on 23 April 2025.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Structure, governance and management *(continued)*

b. Methods of appointment or election of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually.

In an effort to reflect a range of skills and expertise, members have been appointed to the Board with this in mind and where possible, the Board will endeavour to retain these skills or recruit new Trustees according to the needs of the organisation. In the event of particular skills being lost due to retirement, individuals may be approached to offer themselves for election.

c. Policies adopted for the induction and training of trustees

Trustees have a selection interview following completion of the Trustee application form, and references have been received, with a further opportunity to meet the Centre Manager and other staff and to visit the Centre. They are also given information packs about Relate and can access both national and local websites. New members are invited to attend meetings prior to registering as Trustees as observers and are also required to attend National Relate zoom meetings of Trustees. In particular, they are briefed about the Charities Commission requirements for Trustees, and their safeguarding responsibilities.

d. Organisational structure and decision making

Relate Chesterfield & North Derbyshire (Space Counselling Chesterfield as of 1 April 2025) currently has an Executive Committee of 8 members who meet monthly and are responsible for the overall governance and strategic direction of the charity. Responsibility of the day-to-day provision of services is delegated to the Centre Manager. The Centre is a member of the Relate Federation (now Relationships England & Wales) and is guided in the provision of services by each Federated Centres Board of Trustees but adhere to agreed quality standards across all the Federated Centres.

e. Risk management

The Board of directors receive a monthly financial report in addition to the Centre Managers written and verbal reports at the monthly Board meetings. Financial and health and safety policies are also in place along with the appropriate insurance policies. In addition, all staff are DBS checked, and are required to read annually updated policies and sign a statement of understanding to confirm they will apply the policy to their practice.

The major risk that the charity is exposed to is loss of funding from grants and contracts. To mitigate this the Board ensure sufficient funds are kept in the reserves over and above the amounts that have previously been held for this purpose. Also, there has been a diversification of income streams to protect against loss from an particular source and this continues to be the focus to protect the future and financial viability of the Centre. Other more general risks such as damage to property and absence of staff are provided for in the business continuity plan, which also provides for remote working.

A major risk to the organisation is staff sickness absence owing to the small team and ensuring service and management coverage. This is partly mitigated by the Board's hands-on and operational protection approach.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Objectives and activities

a. Policies and objectives

The key charitable activity is attributed to direct client counselling, this encompasses children and young people, individuals, couples, family counselling and psychosexual therapy. In addition, we offer free or subsidised training to volunteers and employees of the voluntary and statutory sector.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how many planned activities they have set. Further details on how the charity delivers public benefit can be found in the activities undertaken to achieve objectives paragraph below.

b. Activities undertaken to achieve objectives

Clients are offered a choice of appointment times to suit their availability and attend for an assessment appointment before undertaking ongoing counselling to ensure they receive the right service. Waiting times are monitored and every effort is made to keep these as short as possible within the restraints of our resources. The Board and Centre Manager are actively and continually seeking contract services that fit our charitable activity.

In line with our charitable aims, we actively seek funding and bursaries to enable us to provide services at the point of need to those less able to pay. In particular, this last year we have reached a target of 76% free of charge counselling.

c. Staffing

The Centre relies on the reception staff (both paid and voluntary) who provide reception cover throughout the day and evening. The provision of placements for counsellors on the training course continues and supervision and ongoing support to counsellors is provided by the Centre via the Clinical Supervisors. The Centre currently employs 10 Counsellors, 1 Centre Manager, 1 Quality and Training Lead, 1 Senior administrator/Company Secretary, 1 Senior administrator who manages room hire and revenue income and 2 general administrative staff.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Achievements and performance

a. Review of activities

The Centre delivered 2,424 attended counselling sessions during the period of April 2024 to March 2025. We have offered a blended service of face to face, telephone and webcam appointments to meet client demands and needs for geographical and a range of other reasons. This will reduce previous barriers for some people in accessing our service, particularly those in remote areas.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Financial review

a. Going concern

The trustees meet regularly to look at governance, finance and strategy. Their concerns are directly in relation to the impending loss of the IAPT contract and the significant impact it will have on our income and ability to continue to provide subsidised counselling services. In addition to that there will be an associated loss of room hire by partner agencies who also will be affected similarly. Against the backdrop of contract loss, and reduced grant funding opportunities, combined with a new brand the board have identified several key activities to help raise the profile of SPACE. Including a new website and social media coverage. Alongside promoting the provision through Destination Chesterfield businesses to seek business and sponsorship. The trustees are not confident of the long-term future as a going concern but the immediate financial buffer enables to put plans in action to increase our revenue and hopefully stabilise.

b. Review of the year

Although the accounts show that we made a significant surplus this year, in reality it feels much different, due to a number of reasons:

During the year we received a grant of £50,000 which the Board have agreed will be used for free and subsidised counselling services, the provision and cost of which will be met on delivery in the current financial year. Unfortunately, the SORP prevents us from using the matching principal, which means the receipt of the funds are recognised in the accounts to 31 March 2025, and the expenditure will be recognised in the accounts of the year to 31 March 2026.

In December 2024 Relate National went into administration, although they were rescued by Family Action, Family Action's proposed funding model to the federated centres, was not one most centres could accept as sustainable. Like many other federated centres, we left the Relate brand and formed Relations England & Wales. There were rebranding and administration costs in doing so, some of which continue into the current financial year.

In June 2025, our IAPT contract finished. This was a significant loss to us, not only in contract income, but also room hire income by partner suppliers.

As a result of funding changes, total income increased from the previous year to £323,225 from £277,659. Expenditure decreased from the previous year to £257,499 from £267,738 resulting in a surplus of £65,726 (2024: surplus £9,539).

The total funds carried forward as of 31 March 2025 are £221,699 (2024: £155,973) of which £58,141 (2024: £10,471) are restricted, and £163,558 (2024: £145,502) are unrestricted.

Monthly financial statements are produced for the Board's scrutiny and quarterly financial statements are presented by the CEO.

c. Reserves policy

The policy of the organisation has always been to have a small reserve in cash and an asset in the form of a property that was rented out. The last two years have been difficult as shown in this financial statement and the cash reserves have been depleted. The trustees took the decision to sell the asset to maintain cash reserves and are now operating on the basis that we always retain £50,000 as a reserve that would cover any closing costs and cash availability of circa £50,000 to allow for the gaps between receipt of large-scale grants which are critical to the organisation. The Trustees and management review this situation on a monthly basis.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Plans for future periods

- Improve media and web presence
- Work with Schools/school exclusion and youth provision to de Improve media and web presence
- Continue to Work with Destination Chesterfield to promote our services to businesses
- Work with Schools/School exclusion and youth provision to develop joint funding applications to support young people.
- Create a Bank of Counsellors to draw upon
- Reduce Supervisor input to fund Clinical Lead
- Continue to seek sponsorship from businesses
- Work with TLC to strengthen our provision
- Align with Relationships England and Wales to give National stability.

The trustees' annual report and the strategic report were approved on ...05/11/2025..... and signed on behalf of the board of trustees by:



T Cresswell
Trustee

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Space Counselling Chesterfield Ltd

Year ended 31 March 2025

I report to the trustees on my examination of the financial statements of Space Counselling Chesterfield Ltd ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Space Counselling Chesterfield Ltd *(continued)*

Year ended 31 March 2025

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen Allen ACA FCCA
Independent Examiner

Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

		Unrestricted funds	2025 Restricted funds	Total funds	2024 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	31,840	85,246	117,086	55,059
Charitable activities	6	156,513	–	156,513	157,808
Other trading activities	7	48,723	–	48,723	63,830
Investment income	8	903	–	903	962
Total income		<u>237,979</u>	<u>85,246</u>	<u>323,225</u>	<u>277,659</u>
Expenditure					
Expenditure on raising funds:					
Costs of other trading activities	9	519	–	519	134
Expenditure on charitable activities	10,11	219,404	37,576	256,980	267,604
Total expenditure		<u>219,923</u>	<u>37,576</u>	<u>257,499</u>	<u>267,738</u>
Net losses on investments	12	–	–	–	(382)
Net income and net movement in funds		<u>18,056</u>	<u>47,670</u>	<u>65,726</u>	<u>9,539</u>
Reconciliation of funds					
Total funds brought forward		145,502	10,471	155,973	146,434
Total funds carried forward		<u>163,558</u>	<u>58,141</u>	<u>221,699</u>	<u>155,973</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 10 to 22 form part of these financial statements.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	17	9,186	6,548
Current assets			
Debtors	18	26,511	36,470
Cash at bank and in hand		219,944	128,114
		<u>246,455</u>	<u>164,584</u>
Creditors: amounts falling due within one year	19	33,942	15,159
Net current assets		<u>212,513</u>	<u>149,425</u>
Total assets less current liabilities		<u>221,699</u>	<u>155,973</u>
Net assets		<u>221,699</u>	<u>155,973</u>
Funds of the charity			
Restricted funds		58,141	10,471
Unrestricted funds		<u>163,558</u>	<u>145,502</u>
Total charity funds	21	<u>221,699</u>	<u>155,973</u>

For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on .05/11/2025....., and are signed on behalf of the board by:



T Cresswell
Trustee

The notes on pages 10 to 22 form part of these financial statements.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 3rd Floor, Dents Chambers, 81 New Square, Chesterfield, S40 1AH, England.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

The trustees recognise that the ability of the charity to continue in operation is dependent on its ability to be able to raise sufficient income through services provided and obtaining grants to support the running costs of the charity. The trustees recognise that in the current economic climate there are significant uncertainties to achieving this. A new management team has reviewed options to merge with other centres or the national body but at this point feels they would be last resort and possibly have a negative impact on the local nature and provision of services.

This new management team and a revised approach has identified financial and operational weaknesses that have been resolved and together with the liquidation of a fixed asset to cover short term cash requirements the immediate future is not in doubt. Trustees are continuing to take this issue very seriously and are reviewing financial information (including cash flow forecasting) with management on a monthly basis and appropriate action is being taken where necessary. Based on the above, the trustees are satisfied that the charity is a going concern and continue to adopt this basis of accounting.

Judgements and key sources of estimation uncertainty

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including experience of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Incoming resources

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the company of the item is probably and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

Resources expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings	-	25% reducing balance
-----------------------	---	----------------------

Investment property

Investment property is initially recorded at cost, which includes purchase price and any directly attributable expenditure.

Investment property is revalued to its fair value at each reporting date and any changes in fair value are recognised in income or expenditure.

If a reliable measure of fair value is no longer available without undue cost or effort for an item of investment property, it shall be transferred to tangible assets and treated as such until it is expected that fair value will be reliably measurable on an on-going basis.

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Impairment of fixed assets *(continued)*

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Client contributions	31,617	–	31,617
Donations	223	–	223

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Grants			
Hardwick CCG	—	—	—
Inspirative Art Help the Helpers	—	—	—
DVA Youth Group	—	—	—
DVA Chesterfield	—	—	—
Foundation Derbyshire	—	—	—
Chesterfield Borough Council Counselling CYP	—	—	—
Derbyshire Community Foundation	—	2,000	2,000
Derbyshire Mind - Trauma Informed Practice	—	7,439	7,439
Postcode Places - Postcode Community PCT Millionaire	—	65,732	65,732
Police & Crime Commissioner grant	—	2,445	2,445
Erewash Voluntary - Erewash Voluntary MH Small Grants	—	4,140	4,140
Derbyshire Voluntary Action - Health & Wellbeing grant	—	990	990
Rotary Club - Fund raising	—	2,500	2,500
	<u>31,840</u>	<u>85,246</u>	<u>117,086</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Client contributions	18,902	—	18,902
Donations	5,357	—	5,357
Grants			
Hardwick CCG	—	5,652	5,652
Inspirative Art Help the Helpers	—	11,848	11,848
DVA Youth Group	—	3,000	3,000
DVA Chesterfield	—	6,000	6,000
Foundation Derbyshire	—	1,500	1,500
Chesterfield Borough Council Counselling CYP	—	2,800	2,800
Derbyshire Community Foundation	—	—	—
Derbyshire Mind - Trauma Informed Practice	—	—	—
Postcode Places - Postcode Community PCT Millionaire	—	—	—
Police & Crime Commissioner grant	—	—	—
Erewash Voluntary - Erewash Voluntary MH Small Grants	—	—	—
Derbyshire Voluntary Action - Health & Wellbeing grant	—	—	—
Rotary Club - Fund raising	—	—	—
	<u>24,259</u>	<u>30,800</u>	<u>55,059</u>

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Contract work	<u>156,513</u>	<u>—</u>	<u>156,513</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Contract work	<u>98,768</u>	<u>59,040</u>	<u>157,808</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Room hire	47,058	47,058	59,357	59,357
100 Club	—	—	149	149
Sundries	<u>1,665</u>	<u>1,665</u>	<u>4,324</u>	<u>4,324</u>
	<u>48,723</u>	<u>48,723</u>	<u>63,830</u>	<u>63,830</u>

8. Investment income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Investment income	<u>903</u>	<u>903</u>	<u>962</u>	<u>962</u>

9. Costs of other trading activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Costs of other trading activities - Advertising and publicity	<u>519</u>	<u>519</u>	<u>134</u>	<u>134</u>

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

10. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Counselling services	214,431	37,576	252,007
Support costs	4,973	—	4,973
	<u>219,404</u>	<u>37,576</u>	<u>256,980</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Counselling services	169,328	87,779	257,107
Support costs	10,497	—	10,497
	<u>179,825</u>	<u>87,779</u>	<u>267,604</u>

11. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2025 £	Total fund 2024 £
Counselling services	252,007	—	252,007	257,107
Governance costs	—	4,973	4,973	10,497
	<u>252,007</u>	<u>4,973</u>	<u>256,980</u>	<u>267,604</u>

12. Net losses on investments

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Gains/(losses) on investment property	<u>—</u>	<u>—</u>	<u>(382)</u>	<u>(382)</u>

13. Net income

Net income is stated after charging/(crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	<u>2,062</u>	<u>2,183</u>

14. Independent examination fees

	2025 £	2024 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,000</u>	<u>1,000</u>

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

15. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025	2024
	£	£
Wages and salaries	178,406	178,490
Social security costs	2,870	3,819
Employer contributions to pension plans	1,662	1,729
	<u>182,938</u>	<u>184,038</u>

The average head count of employees during the year was 17 (2024: 17). The average number of full-time equivalent employees during the year is analysed as follows:

	2025	2024
	No.	No.
Charitable activities	11	11
Management and administration of the charity	6	6
	<u>17</u>	<u>17</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £24,655 (2024:£44,890).

16. Trustee remuneration and expenses

During the year, no Trustees received any remuneration or benefits in kind (2024: £NIL).

During the year, no Trustees received any reimbursement of expenses (2024: £NIL).

17. Tangible fixed assets

	Fixtures and fittings
	£
Cost	
At 1 Apr 2024	20,710
Additions	<u>4,700</u>
At 31 Mar 2025	<u>25,410</u>
Depreciation	
At 1 Apr 2024	14,162
Charge for the year	<u>2,062</u>
At 31 Mar 2025	<u>16,224</u>
Carrying amount	
At 31 Mar 2025	<u>9,186</u>
At 31 Mar 2024	<u>6,548</u>

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Debtors

	2025 £	2024 £
Prepayments and accrued income	<u>26,511</u>	<u>36,470</u>

19. Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	<u>33,942</u>	<u>15,159</u>

20. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,662 (2024: £1,729).

21. Analysis of charitable funds

Unrestricted funds

	At 1 Apr 2024 £	Income £	Expenditure £	Gains and losses £	At 31 Mar 2025 £
General funds	95,502	237,979	(219,923)	–	113,558
Contingencies	<u>50,000</u>	<u>–</u>	<u>–</u>	<u>–</u>	<u>50,000</u>
	<u>145,502</u>	<u>237,979</u>	<u>(219,923)</u>	<u>–</u>	<u>163,558</u>

	At 1 Apr 2023 £	Income £	Expenditure £	Gains and losses £	At 31 Mar 2024 £
General funds	88,024	187,819	(179,959)	(382)	95,502
Contingencies	<u>50,000</u>	<u>–</u>	<u>–</u>	<u>–</u>	<u>50,000</u>
	<u>138,024</u>	<u>187,819</u>	<u>(179,959)</u>	<u>(382)</u>	<u>145,502</u>

Designated funds

A contingency fund has been set aside by the directors to provide running costs in case of an unforeseen reduction in income levels.

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 Apr 2024 £	Income £	Expenditure £	Gains and losses £	At 31 Mar 2025 £
DVA North East Derbyshire	–	–	–	–	–
Inspirative Art Help the Helpers	–	–	–	–	–
Hardwick CCG	–	–	–	–	–
DVA Bolsover	–	–	–	–	–
DVA Chesterfield	2,880	–	(1,800)	–	1,080
Pixel Fund	–	–	–	–	–
Voluntary Sector AMHP Funding	1,320	–	(240)	–	1,080
Edward Gosling Funding	1,350	–	(1,350)	–	–
Chesterfield Borough Council Funding	1,921	–	(1,921)	–	–
Postcode Neighbourhood Trust	–	–	–	–	–
CEV Emotional Wellbeing	–	–	–	–	–
DVA Youth Group	3,000	–	(3,000)	–	–

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Foundation Derbyshire	—	—	—	—	—
Derbyshire Community Foundation	—	2,000	(2,000)	—	—
Derbyshire Mind - Trauma Informed Practice	—	7,439	(7,439)	—	—
Postcode Places - Postcode Community	—	65,732	(15,732)	—	50,000
PCT Millionaire	—	2,445	—	—	2,445
Police & Crime Commissioner grant	—	2,445	—	—	2,445
Erewash Voluntary - Erewash Voluntary MH	—	4,140	(4,094)	—	46
Small Grants	—	4,140	(4,094)	—	46
Derbyshire Voluntary Action - Health & Wellbeing grant	—	990	—	—	990
Rotary Club - Fund raising	—	2,500	—	—	2,500
	<u>10,471</u>	<u>85,246</u>	<u>(37,576)</u>	<u>—</u>	<u>58,141</u>

	At 1 Apr 2023 £	Income £	Expenditure £	Gains and losses £	At 31 Mar 2024 £
DVA North East Derbyshire	240	—	(240)	—	—
Inspirative Art Help the Helpers	—	11,848	(11,848)	—	—
Hardwick CCG	—	5,652	(5,652)	—	—
DVA Bolsover	200	—	(200)	—	—
DVA Chesterfield	—	3,000	(120)	—	2,880
Pixel Fund	600	—	(600)	—	—

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of charitable funds *(continued)*

Voluntary Sector AMHP					
Funding	1,320	–	–	–	1,320
Edward Gosling Funding	2,500	–	(1,150)	–	1,350
Chesterfield Borough					
Council Funding	3,350	5,800	(7,229)	–	1,921
Postcode Neighbourhood					
Trust	200	–	(200)	–	–
CEV Emotional Wellbeing	–	59,040	(59,040)	–	–
DVA Youth Group	–	3,000	–	–	3,000
Foundation Derbyshire	–	1,500	(1,500)	–	–
Derbyshire Community					
Foundation	–	–	–	–	–
Derbyshire Mind - Trauma					
Informed Practice	–	–	–	–	–
Postcode Places -					
Postcode Community					
PCT Millionaire	–	–	–	–	–
Police & Crime					
Commissioner grant	–	–	–	–	–
Erewash Voluntary -					
Erewash Voluntary MH					
Small Grants	–	–	–	–	–
Derbyshire Voluntary					
Action - Health &					
Wellbeing grant	–	–	–	–	–
Rotary Club - Fund					
raising	–	–	–	–	–
	<u>8,410</u>	<u>89,840</u>	<u>(87,779)</u>	<u>–</u>	<u>10,471</u>

The purpose of the restricted funds are as follows:-

DVA North East Derbyshire - funding for providing subsidised counselling to young people (aged 11-18)

Inspirative Art Help the Helpers - funding for trustee training

Hardwick CCG - funding for psychosexual therapy

DVA Bolsover - funding for providing subsidised counselling to young people (aged 11-18) in Bolsover

DVA Chesterfield - funding for providing subsidised counselling to young people (aged 11-18) in Chesterfield

DVA - funding for youth group worker's salary

Pixel Funding - funding for young people's counselling

Voluntary Sector AMHP Funding - funding for Covid risk assessments, panic alarms, workspace adaptations, and training room equipment

Edward Gosling Funding - funding for mental health counselling sessions

Chesterfield Borough Council Funding - funding for counselling sessions

Postcode Neighbourhood Trust Grant - funding for counselling sessions

CEV Emotional Wellbeing - funding for counselling service

Space Counselling Chesterfield Ltd

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	9,186	–	9,186
Current assets	188,314	58,141	246,455
Creditors less than 1 year	(33,942)	–	(33,942)
Net assets	163,558	58,141	221,699

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	6,548	–	6,548
Investments	–	–	–
Current assets	154,113	10,471	164,584
Creditors less than 1 year	(15,159)	–	(15,159)
Net assets	145,502	10,471	155,973

23. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Not later than 1 year	12,000	12,000
Later than 1 year and not later than 5 years	12,000	24,000
	<u>24,000</u>	<u>36,000</u>

24. Related parties

There are no related party transactions which require disclosure in this or the prior period.

Accounts

**Relate - Chesterfield and North Derbyshire
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2024**

ALLEN, WEST AND FOSTER
Chartered accountants
Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2024

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the trustees	7
Statement of financial activities (including income and expenditure account)	9
Statement of financial position	10
Notes to the financial statements	12

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2024

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered charity name	Relate - Chesterfield and North Derbyshire
Charity registration number	1102023
Company registration number	04773325
Principal office and registered office	3rd Floor, Dents Chambers 81 New Square Chesterfield S40 1AH England

The trustees

T Cresswell	
J Webb	
H Douch	
R Barnett	(Resigned 4 November 2024)
L McManus	(Resigned 26 April 2023)
E Orry	(Resigned 1 November 2023)
J Etherington	
P Green	(Appointed 7 May 2024)
G Hill	(Appointed 15 March 2024)

Company secretary Sarah Willis

Independent examiner Stephen Allen ACA FCCA
Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Structure, governance and management

a. Constitution

Relate - Chesterfield & North Derbyshire is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association dated 21 May 2003.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Structure, governance and management *(continued)*

b. Methods of appointment or election of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually.

In an effort to reflect a range of skills and expertise, members have been appointed to the Board with this in mind and where possible, the Board will endeavour to retain these skills or recruit new Trustees according to the needs of the organisation. In the event of particular skills being lost due to retirement, individuals may be approached to offer themselves for election.

c. Policies adopted for the induction and training of trustees

Trustees have a selection interview following completion of the Trustee application form, and references have been received, with a further opportunity to meet the Centre Manager and other staff and to visit the Centre. They are also given information packs about Relate and can access both national and local websites. New members are invited to attend meetings prior to registering as Trustees as observers and are also required to attend National Relate zoom meetings of Trustees. In particular, they are briefed about the Charities Commission requirements for Trustees, and their safeguarding responsibilities.

d. Organisational structure and decision making

Relate Chesterfield & North Derbyshire currently has an Executive Committee of 6 members who meet quarterly and are responsible for the overall governance and strategic direction of the charity. Responsibility of the day-to-day provision of services is delegated to the Centre Manager. The Centre is a member of the Relate Federation and is guided in the provision of services by the agreed national service specifications.

e. Risk management

The Board of directors receive a quarterly financial report in addition to the Centre Managers written and verbal reports at the monthly or quarterly Board meetings. Financial and health and safety policies are also in place along with the appropriate insurance policies. In addition, all staff are DBS checked, and are required to read annually updated policies and sign a statement of understanding to confirm they will apply the policy to their practice.

The major risk that the charity is exposed to is loss of funding from grants and contracts. To mitigate this the Board ensure sufficient funds are kept in the reserves over and above the amounts that have previously been held for this purpose. Also, there has been a diversification of income streams to protect against loss from an particular source and this continues to be the focus to protect the future and financial viability of the Centre. Other more general risks such as damage to property and absence of staff are provided for in the business continuity plan, which also provides for remote working.

A major risk to the organisation is staff sickness absence owing to the small team and ensuring service and management coverage. This is partly mitigated by the Board's hands-on and operational protection approach.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Objectives and activities

a. Policies and objectives

The key charitable activity is attributed to direct client counselling, this encompasses children and young people, individuals, couples, family counselling and psychosexual therapy. In addition, we offer free or subsidised training to volunteers and employees of the voluntary and statutory sector.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how many planned activities they have set. Further details on how the charity delivers public benefit can be found in the activities undertaken to achieve objectives paragraph below.

b. Activities undertaken to achieve objectives

Clients are offered a choice of appointment times to suit their availability and attend for an assessment appointment before undertaking ongoing counselling to ensure they receive the right service. Waiting times are monitored and every effort is made to keep these as short as possible within the restraints of our resources. The Board and Centre Manager are actively and continually seeking contract services that fit our charitable activity.

One of the Board's main objectives for this year was to continue to increase our outreach provision in order to reach people who may not have known about all of the services we offer. We specifically sought contracts and grants to enable us to increase the reach of our service, and to help people irrespective of their ability to pay.

In line with our charitable aims, we actively seek funding and bursaries to enable us to provide services at the point of need to those less able to pay. In particular, this last year we have reached a target of 80% free of charge counselling.

c. Staffing

The Centre relies on the reception staff (both paid and voluntary) who provide reception cover throughout the day and evening. The provision of placements for counsellors on the Relate training course continues and supervision and ongoing support to counsellors is provided by the Centre via the Clinical Supervisors. The Centre currently employs 11 Counsellors, 1 Centre Manager, 1 Quality and Training Lead, and 4 administrative staff.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Achievements and performance

a. Review of activities

The Centre delivered 2,271 attended counselling sessions during the period of April 2023 to March 2024. We have offered a blended service of face to face, telephone and webcam appointments to meet client demands and needs for geographical and a range of other reasons. This will reduce previous barriers for some people in accessing our service, particularly those in remote areas.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Financial review

a. Going concern

This last year has been financially supported via a CEV contract from DCC Public Health, this was given to support people affected by Covid. This provision enabled us to meet our Charitable Aims in terms of providing free or subsidised counselling to those less able to pay. In addition, the IAPT contract and referrals enabled us to provide counselling to those in a similar position and are experiencing low level mental ill health difficulties.

These contracts have been invaluable, but we recognise the importance of attracting fee-paying clients. However, the demographics we serve are predominantly areas of high deprivation. This makes us more reliant upon seeking funding to support our provision. Our business plan reflects this.

Another impact upon our business has been the significantly high level of sickness absence amongst key people, this we have not been able to seek funding or work with key partners to develop strong pathways for our clients and seek subsidy funding to support clients accessing our provision.

At the latter end of the year (Oct onwards) we undertook a forensic financial review examining all income and expenditure, this enabled us to make considerable savings on less important expenses and rationalise our spending and enable service efficiencies.

Trustees are taking very seriously the financial and operational difficulties we have been experiencing. This has led to a significant change in management, and a greater cohesion between staff since October.

With increased financial scrutiny, including the implementation of the Xero financial recording system, and the investment of an external financial accountant to provide us with greater financial oversight, we have been in a position to manage our finances more effectively. This, combined with greater service planning and reaching out to our partner agencies, plus our planning to bring in a professional bid writer to support us approaching larger Trusts for funding, we anticipate we will be in a position to increase our reserves over 2024-2025.

b. Review of the year

Our main funding source is now contract working including our IAPT contract with Talking Mental Health Derbyshire, grants and bursaries, and client payments.

As a result of funding changes, total income increased from the previous year to £277,659 from £228,082. Expenditure increased from the previous year to £267,738 from £244,897 resulting in a surplus of £9,539 (2023: deficit £16,815).

The total funds carried forward as of 31 March 2024 are £155,973 (2023: £146,434) of which £10,471 (2023: £8,410) are restricted, and £145,502 (2023: £138,024) are unrestricted.

Monthly financial statements are produced for the Board's scrutiny and quarterly financial statements are presented by the CEO.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

Financial review *(continued)*

c. Reserves policy

The policy of the organisation has always been to have a small reserve in cash and an asset in the form of a property that was rented out. The last two years have been difficult as shown in this financial statement and the cash reserves have been depleted. The trustees took the decision to sell the asset to maintain cash reserves and are now operating on the basis that we always retain £50,000 as a reserve that would cover any closing costs and cash availability of circa £50,000 to allow for the gaps between receipt of large-scale grants which are critical to the organisation. The Trustees and management review this situation on a monthly basis.

Plans for future periods

As stated earlier, we were not in a positive financial position owing to significant sickness absence of key people. However, since October 2023, we were in a position to forensically review all our finances and service delivery. A consequence of this has led us to improving our financial reporting and monitor our expenditure more effectively.

This enhanced and accurate financial reporting has enabled us to plan more effectively the services we need to develop. Clearly, we needed to integrate more widely with partner agencies to improve client pathways and consider joint funding. With that in mind new developments have taken place between the college to provide outreach provision for young people.

A joint bid with the Unemployed Workers Centre in in the process of being developed, and we have strengthened our partnership with Chesterfield Football club to develop a new Counselling and support system.

We have strengthened the GP partnership for client referrals and are currently extending our outreach to another GP practice.

We also recognised the importance of attracting fee-paying clients, and with that in mind we have put articles into local magazines.

We have a qualified training and coach employed and she is developing training and a potential coaching provision for young people.

In essence - Increased financial reporting and scrutiny and following a business plan. building partnership working with relevant agencies, further outreach, a clearer marketing strategy, and strengthening the way we work is providing us with a strong foundation to move forward. In addition, a new management team and an improving workplace environment has helped us to plan the future and move forward.

The way forward is to build upon the service redesign undertaken in the second half of the financial year. Review the business strategy and broaden our provision. Plans to extend our hours of opening to attract people who are in work, plus consider Saturday mornings.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2024

The trustees' annual report and the strategic report were approved on 18 December 2024 and signed on behalf of the board of trustees by:



T Cresswell
Trustee

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Relate - Chesterfield and North Derbyshire

Year ended 31 March 2024

I report to the trustees on my examination of the financial statements of Relate - Chesterfield and North Derbyshire ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Relate - Chesterfield and North Derbyshire *(continued)*

Year ended 31 March 2024

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Allen ACA FCCA
Independent Examiner

Omega Court
364-366 Cemetery Road
Sheffield
S11 8FT

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2024

		Unrestricted funds £	2024 Restricted funds £	Total funds £	2023 Total funds £
	Note				
Income and endowments					
Donations and legacies	5	24,259	30,800	55,059	67,826
Charitable activities	6	98,768	59,040	157,808	82,445
Other trading activities	7	63,830	—	63,830	77,729
Investment income	8	962	—	962	82
Total income		<u>187,819</u>	<u>89,840</u>	<u>277,659</u>	<u>228,082</u>
Expenditure					
Expenditure on raising funds:					
Costs of other trading activities	9	134	—	134	606
Expenditure on charitable activities	10,11	179,825	87,779	267,604	244,291
Total expenditure		<u>179,959</u>	<u>87,779</u>	<u>267,738</u>	<u>244,897</u>
Net losses on investments	12	(382)	—	(382)	—
Net income/(expenditure) and net movement in funds		<u>7,478</u>	<u>2,061</u>	<u>9,539</u>	<u>(16,815)</u>
Reconciliation of funds					
Total funds brought forward		138,024	8,410	146,434	163,249
Total funds carried forward		<u>145,502</u>	<u>10,471</u>	<u>155,973</u>	<u>146,434</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 12 to 23 form part of these financial statements.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Statement of Financial Position

31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	17	6,548	8,731
Investments	18	—	108,644
		<u>6,548</u>	<u>117,375</u>
Current assets			
Debtors	19	36,470	15,264
Cash at bank and in hand		<u>128,114</u>	<u>102,964</u>
		164,584	118,228
Creditors: amounts falling due within one year	20	15,159	89,169
Net current assets		<u>149,425</u>	<u>29,059</u>
Total assets less current liabilities		<u>155,973</u>	<u>146,434</u>
Net assets		<u>155,973</u>	<u>146,434</u>
Funds of the charity			
Restricted funds		10,471	8,410
Unrestricted funds		<u>145,502</u>	<u>138,024</u>
Total charity funds	22	<u>155,973</u>	<u>146,434</u>

For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position
continues on the following page.

The notes on pages 12 to 23 form part of these financial statements.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31 March 2024

These financial statements were approved by the board of trustees and authorised for issue on 18 December 2024, and are signed on behalf of the board by:



T Cresswell
Trustee

The notes on pages 12 to 23 form part of these financial statements.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 3rd Floor, Dents Chambers, 81 New Square, Chesterfield, S40 1AH, England.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

The trustees recognise that the ability of the charity to continue in operation is dependent on its ability to be able to raise sufficient income through services provided and obtaining grants to support the running costs of the charity. The trustees recognise that in the current economic climate there are significant uncertainties to achieving this. A new management team has reviewed options to merge with other centres or the national body but at this point feels they would be last resort and possibly have a negative impact on the local nature and provision of services.

This new management team and a revised approach has identified financial and operational weaknesses that have been resolved and together with the liquidation of a fixed asset to cover short term cash requirements the immediate future is not in doubt. Trustees are continuing to take this issue very seriously and are reviewing financial information (including cash flow forecasting) with management on a monthly basis and appropriate action is being taken where necessary. Based on the above, the trustees are satisfied that the charity is a going concern and continue to adopt this basis of accounting.

Judgements and key sources of estimation uncertainty

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including experience of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Incoming resources

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the company of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

Resources expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

Year ended 31 March 2024

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Client contributions	18,902	—	18,902
Donations	5,357	—	5,357
Grants			
The National Lottery	—	—	—
Hardwick CCG	—	5,652	5,652
Derbyshire County Council	—	—	—
Inspirative Art Help the Helpers	—	11,848	11,848
Pixel Fund	—	—	—
Helen Roll Charity	—	—	—
DVA Youth Group	—	3,000	3,000
DVA Chesterfield	—	6,000	6,000
Foundation Derbyshire	—	1,500	1,500
Chesterfield Borough Council Counselling CYP	—	2,800	2,800
	<u>24,259</u>	<u>30,800</u>	<u>55,059</u>

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Client contributions	17,755	—	17,755
Donations	990	—	990
Grants			
The National Lottery	—	9,970	9,970
Hardwick CCG	—	6,736	6,736
Derbyshire County Council	—	16,527	16,527
Inspirative Art Help the Helpers	—	11,848	11,848
Pixel Fund	—	3,000	3,000
Helen Roll Charity	—	1,000	1,000
DVA Youth Group	—	—	—
DVA Chesterfield	—	—	—
Foundation Derbyshire	—	—	—
Chesterfield Borough Council Counselling CYP	—	—	—
	<u>18,745</u>	<u>49,081</u>	<u>67,826</u>

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Contract work	<u>98,768</u>	<u>59,040</u>	<u>157,808</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Contract work	<u>69,485</u>	<u>12,960</u>	<u>82,445</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Room hire	59,357	59,357	77,433	77,433
100 Club	149	149	143	143
Sundries	4,324	4,324	153	153
	<u>63,830</u>	<u>63,830</u>	<u>77,729</u>	<u>77,729</u>

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

8. Investment income

	Unrestricted Funds	Total Funds 2024	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Investment income	962	962	82	82

9. Costs of other trading activities

	Unrestricted Funds	Total Funds 2024	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Costs of other trading activities - Advertising and publicity	134	134	606	606

10. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Counselling services	169,328	87,779	257,107
Support costs	10,497	—	10,497
	<u>179,825</u>	<u>87,779</u>	<u>267,604</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Counselling services	172,122	64,991	237,113
Support costs	7,178	—	7,178
	<u>179,300</u>	<u>64,991</u>	<u>244,291</u>

11. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2024	Total fund 2023
	£	£	£	£
Counselling services	257,107	—	257,107	237,113
Governance costs	—	10,497	10,497	7,178
	<u>257,107</u>	<u>10,497</u>	<u>267,604</u>	<u>244,291</u>

12. Net losses on investments

	Unrestricted Funds	Total Funds 2024	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Gains/(losses) on investment property	(382)	(382)	—	—

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

13. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation of tangible fixed assets	2,183	2,637

14. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	1,000	2,000

15. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	178,490	157,890
Social security costs	3,819	4,899
Employer contributions to pension plans	1,729	1,762
	184,038	164,551

The average head count of employees during the year was 17 (2023: 19). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Charitable activities	11	14
Management and administration of the charity	6	5
	17	19

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £44,890 (2023: £71,225).

16. Trustee remuneration and expenses

During the year, no Trustees received any remuneration or benefits in kind (2023: £NIL).

During the year, no Trustees received any reimbursement of expenses (2023: £NIL).

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

17. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 Apr 2023 and 31 Mar 2024	20,710
Depreciation	
At 1 Apr 2023	11,979
Charge for the year	2,183
At 31 Mar 2024	14,162
Carrying amount	
At 31 Mar 2024	6,548
At 31 Mar 2023	8,731

18. Investments

	Investment properties £
Cost or valuation	
At 1 Apr 2023	108,644
Additions	–
Disposals	(108,644)
At 31 Mar 2024	–
Impairment	
At 1 Apr 2023 and 31 Mar 2024	
Carrying amount	
At 31 Mar 2024	–
At 31 Mar 2023	108,644

All investments shown above are held at valuation.

Investment properties

The investment property purchased during the prior year was held at cost which was deemed to be the valuation at 31 March 2023. The property has been disposed of during the year ended 31 March 2024 for £108,263.

19. Debtors

	2024 £	2023 £
Prepayments and accrued income	36,470	15,264

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

20. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	15,159	89,169

21. Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,729 (2023: £1,762).

22. Analysis of charitable funds

Unrestricted funds

	At 1 Apr 2023	Income	Expenditure	Transfers	Gains and losses	At 31 Mar 2024
	£	£	£	£	£	£
General funds	88,024	187,819	(179,959)	—	(382)	95,502
Contingencies	50,000	—	—	—	—	50,000
	<u>138,024</u>	<u>187,819</u>	<u>(179,959)</u>	<u>—</u>	<u>(382)</u>	<u>145,502</u>

	At 1 Apr 2022	Income	Expenditure	Transfers	Gains and losses	At 31 Mar 2023
	£	£	£	£	£	£
General funds	117,889	166,041	(179,906)	(16,000)	—	88,024
Contingencies	34,000	—	—	16,000	—	50,000
	<u>151,889</u>	<u>166,041</u>	<u>(179,906)</u>	<u>—</u>	<u>—</u>	<u>138,024</u>

Designated funds

A contingency fund has been set aside by the directors to provide running costs in case of an unforeseen reduction in income levels.

Restricted funds

	At 1 Apr 2023	Income	Expenditure	Transfers	Gains and losses	At 31 Mar 2024
	£	£	£	£	£	£
DVA North East Derbyshire	240	—	(240)	—	—	—
Inspirative Art Help the Helpers	—	11,848	(11,848)	—	—	—
Hardwick CCG	—	5,652	(5,652)	—	—	—
DVA Bolsover	200	—	(200)	—	—	—
DVA Chesterfield	—	3,000	(120)	—	—	2,880
Pixel Fund	600	—	(600)	—	—	—

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

22. Analysis of charitable funds *(continued)*

The National Lottery	—	—	—	—	—	—
Voluntary Sector AMHP Funding	1,320	—	—	—	—	1,320
Edward Gosling Funding	2,500	—	(1,150)	—	—	1,350
Helen Roll Charity Chesterfield Borough Council Funding	3,350	5,800	(7,229)	—	—	1,921
Derbyshire County Council Funding	—	—	—	—	—	—
Rotary Club Grant	—	—	—	—	—	—
Arnold Clark Grant	—	—	—	—	—	—
Postcode Neighbourhood Trust	200	—	(200)	—	—	—
Kelly Family Trust	—	—	—	—	—	—
CEV Emotional Wellbeing	—	59,040	(59,040)	—	—	—
DVA Youth Group Foundation	—	3,000	—	—	—	3,000
Derbyshire	—	1,500	(1,500)	—	—	—
	<u>8,410</u>	<u>89,840</u>	<u>(87,779)</u>	<u>—</u>	<u>—</u>	<u>10,471</u>

	At 1 Apr 2022 £	Income £	Expenditure £	Transfers £	Gains and losses £	At 31 Mar 2023 £
DVA North East Derbyshire	240	—	—	—	—	240
Inspirative Art Help the Helpers	—	11,848	(11,848)	—	—	—
Hardwick CCG	—	6,736	(6,736)	—	—	—
DVA Bolsover	200	—	—	—	—	200
DVA Chesterfield	640	—	(640)	—	—	—
Pixel Fund	—	3,000	(2,400)	—	—	600
The National Lottery	—	9,970	(9,970)	—	—	—
Voluntary Sector AMHP Funding	1,320	—	—	—	—	1,320
Edward Gosling Funding	2,500	—	—	—	—	2,500
Helen Roll Charity Chesterfield Borough Council Funding	3,730	—	(380)	—	—	3,350

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

22. Analysis of charitable funds *(continued)*

Derbyshire County Council Funding	–	16,527	(16,527)	–	–	–
Rotary Club Grant	100	–	(100)	–	–	–
Arnold Clark Grant	150	–	(150)	–	–	–
Postcode Neighbourhood Trust	1,040	–	(840)	–	–	200
Kelly Family Trust	1,440	–	(1,440)	–	–	–
CEV Emotional Wellbeing	–	12,960	(12,960)	–	–	–
DVA Youth Group Foundation	–	–	–	–	–	–
Derbyshire	–	–	–	–	–	–
	<u>11,360</u>	<u>62,041</u>	<u>(64,991)</u>	<u>–</u>	<u>–</u>	<u>8,410</u>

The purpose of the restricted funds are as follows:-

DVA North East Derbyshire - funding for providing subsidised counselling to young people (aged 11-18)

Inspirative Art Help the Helpers - funding for trustee training

Hardwick CCG - funding for psychosexual therapy

DVA Bolsover - funding for providing subsidised counselling to young people (aged 11-18) in Bolsover

DVA Chesterfield - funding for providing subsidised counselling to young people (aged 11-18) in Chesterfield

DVA - funding for youth group worker's salary

Pixel Funding - funding for young people's counselling

Voluntary Sector AMHP Funding - funding for Covid risk assessments, panic alarms, workspace adaptations, and training room equipment

Edward Gosling Funding - funding for mental health counselling sessions

Chesterfield Borough Council Funding - funding for counselling sessions

Postcode Neighbourhood Trust Grant - funding for counselling sessions

CEV Emotional Wellbeing - funding for counselling service

Relate - Chesterfield and North Derbyshire

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

23. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	6,548	–	6,548
Investments	–	–	–
Current assets	154,113	10,471	164,584
Creditors less than 1 year	(15,159)	–	(15,159)
Net assets	145,502	10,471	155,973

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	8,731	–	8,731
Investments	108,644	–	108,644
Current assets	109,818	8,410	118,228
Creditors less than 1 year	(89,169)	–	(89,169)
Net assets	138,024	8,410	146,434

24. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Not later than 1 year	12,000	12,000
Later than 1 year and not later than 5 years	24,000	36,000
	36,000	48,000

25. Related parties

There are no related party transactions which require disclosure in this or the prior period.

Accounts

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

CONTENTS

	Page
Reference and administrative details of the charity, its trustees and advisers	1
Trustees' report	2 - 7
Independent examiner's report	8 - 9
Statement of financial activities	10
Balance sheet	11 - 12
Notes to the financial statements	13 - 31

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE**(A company limited by guarantee)**

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITABLE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023**

Trustees Teresa Cresswell, Chair
Jean Webb, Vice Chair
Helena Douch
Rick Barnett
Lucy McManus (resigned 26 April 2023)
Eleanor Orry (resigned 1 November 2023)
Joseph Etherington

Company registered number 04773325

Charity registered number 1102023

Registered office 3rd Floor
Dents Chambers
81 New Square
Chesterfield
England
S40 1AH

Independent Examiner Nicola Adams ACA DChA
BHP LLP
Chartered Accountants
One Waterside Place
Basin Square
Brimington Road
Chesterfield
S41 7FH

Bankers Co-operative Bank plc
15 Elder Way
Chesterfield
S40 1UX

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees (who are directors of the charity for the purposes of the company law) present their annual report together with the financial statements of Relate – Chesterfield & North Derbyshire for the year 1 April 2022 to 31 March 2023. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the annual report and financial statement of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The key charitable activity is attributed to direct client counselling, this encompasses children and young people, individuals, couples, family counselling and psychosexual therapy. In addition, we offer free or subsidised training to those in need.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how many planned activities they have set. Further details on how the charity delivers public benefit can be found in the activities undertaken to achieve objectives paragraph below

b. Activities undertaken to achieve objectives

Clients are offered a choice of appointment times to suit their availability and attend for an assessment appointment before undertaking ongoing counselling to ensure they receive the right service. Waiting times are monitored and every effort is made to keep these as short as possible within the restraints of our resources. The Board and CEO are actively and continually seeking contract services that fit our charitable activity.

One of the Board's main objectives for this year was to ensure that people were able to access our provision irrespective of their ability to pay. We specifically sought contracts and grants to enable us to increase the reach of our services to people affected by COVID-19 and those on a low income and experiencing financial hardship where this is impacting upon their relationships.

We also wanted to focus on children and young people aged 8-18 years and families. As part of this we aimed to strengthen our interrelationships with Mental Health services, Social Care and School Nursing and Education, to develop strong referral pathways and networking systems.

In line with our charitable aims, we actively seek funding and bursaries to enable us to provide services at the point of need to those less able to pay. In particular, this last year we have reached a target of 79% free or subsidised provision.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)**c. Staffing**

The Centre relies on the reception staff (both paid and voluntary) who provide reception cover throughout the day and evening. The provision of placements for counsellors on the Relate training course continues and supervision and ongoing support to counsellors is provided by the Centre via the Clinical Supervisor. The Centre currently employs 11 Counsellors, 1 Chief Executive Officer, 1 Operations manager, 1 Quality and Training Lead, and 2 administrative staff.

Achievements and performance**a. Review of activities**

The Centre delivered 1,704 attended counselling sessions during the period of April 2022 to March 2023. We have offered a blended service of face to face, telephone and webcam appointments to meet client demands and needs for geographical and a range of other reasons. This will reduce previous barriers for some people in accessing our service, particularly those in remote areas.

Financial review**a. Going concern**

The trustees recognise that the ability of the charity to continue in operation is dependent on its ability to be able to raise sufficient income through services provided and obtaining grants to support the running costs of the charity. The trustees recognise that in the current economic climate there are significant uncertainties to achieving this.

A new management team has reviewed options to merge with other centres or the national body but at this point feels they would be last resort and possibly have a negative impact on the local nature and provision of services.

This new management team and a revised approach has identified financial and operational weaknesses that have been resolved and together with the liquidation of a fixed asset to cover short term cash requirements the immediate future is not in doubt. Trustees are continuing to take this issue very seriously and are reviewing financial information (including cash flow forecasting) with management on a monthly basis and appropriate action is being taken where necessary.

Based on the above, the trustees are satisfied that the charity is a going concern and continue to adopt this basis of accounting.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

b. Review of the year

Our main funding source is now contract working including our IAPT contract with Talking Mental Health Derbyshire, grants and bursaries, and client payments.

As a result of funding changes, total income decreased from the previous year from £268,451 (as restated) to £228,082. Expenditure increased from the previous year from £219,774 to £244,897 resulting in a deficit of £16,815 (2022: surplus £48,677 as restated).

The total funds carried forward as of 31 March 2023 are £146,434 (2022: £163,249 as restated) of which £8,410 (2022: £11,360) are restricted, and £138,024 (2022: £151,889 as restated) are unrestricted.

Monthly financial statements are produced for the Board's scrutiny and quarterly financial statements are presented by the CEO.

c. Reserves policy

The policy of the organisation has always been to have a small reserve in cash and an asset in the form of a property that was rented out. The last two years have been difficult as shown in this financial statement and the cash reserves have been depleted. The trustees have taken the decision to sell the asset to maintain cash reserves and are now operating on the basis that we always retain £50,000 as a reserve that would cover any closing costs and cash availability of circa £50,000 to allow for the gaps between receipt of large-scale grants which are critical to the organisation. The Trustees and management review this situation on a monthly basis.

At 31 March 2023 total free reserves were (£29,351) after designating an extra £16,000 for a contingency against loss of funding (designated fund total £50,000 at year end). The free reserves position will be improved in the future as a result of the decision to sell the property and remedial action being taken by the trustees and management team

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management**a. Constitution**

Relate – Chesterfield & North Derbyshire is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association dated 21 May 2003.

b. Methods of appointment or election of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually.

In an effort to reflect a range of skills and expertise, members have been appointed to the Board with this in mind and where possible, the Board will endeavour to retain these skills, or recruit new Trustees according to the needs of the organisation. In the event of particular skills being lost due to retirement, individuals may be approached to offer themselves for election.

c. Policies adopted for the induction and training of Trustees

Trustees have a selection interview following completion of the Trustee application form, and references have been received, with a further opportunity to meet the Chief Executive Officer and other staff and to visit the Centre. They are also given information packs about Relate and can access both national and local websites. New members are invited to attend meetings prior to registering as Trustees as observers and are also required to attend National Relate zoom meetings of Trustees. In particular, they are briefed about the Charities Commission requirements for Trustees, and their Safeguarding responsibilities.

d. Organisational structure and decision making

Relate Chesterfield & North Derbyshire currently has an Executive Committee of 5 members who meet quarterly and are responsible for the overall governance and strategic direction of the charity. Responsibility of the day-to-day provision of services is delegated to the Chief Executive Officer.

The Centre is a member of the Relate Federation and is guided in the provision of services by the agreed national service specifications.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management (continued)

e. Risk management

The Board of directors receive a quarterly financial report in addition to the Chief Executive Officers written and verbal reports at the monthly or quarterly Board meetings. Financial and health and safety policies are also in place along with the appropriate insurance policies. In addition, all staff are DBS checked, and are required to read annually updated policies and sign a statement of understanding to confirm they will apply the policy to their practice.

The major risk that the charity is exposed to is loss of funding from grants and contracts. To mitigate this the Board ensure sufficient funds are kept in the reserves over and above the amounts that have previously been held for this purpose. Also, there has been a diversification of income streams to protect against loss from an particular source and this continues to be the focus to protect the future and financial viability of the Centre. Other more general risks such as damage to property and absence of staff are provided for in the business continuity plan, which also provides for remote working.

A major risk to the organisation is staff sickness absence owing to the small team and ensuring service and management coverage. This is partly mitigated by the Board's hands-on and operational protection approach.

Plans for future periods

Last year, similar to other charities we benefitted from Covid Funding, which helped us consolidate our removal, and build up the service. Our strategy was to move from Webcam or Telephone Counselling and to return to face to face counselling as client confidence grew. Our approach is now to offer counselling by 3 communication approaches.

However, building up both client and counsellor confidence became a lengthy process. Plus, our client service utilisation was reducing. This required us strengthening our administrative processes and maximising our capacity with each counsellor. Alongside this, to provide us with some income stability, we are subletting parts of our accommodation to similar organisations. Putting this in place was really important as we were aware that funding via grants was becoming more difficult.

We endeavoured to advertise and recruit more counsellors, but this process was slow due to the high academic requirements of Relate and counsellor's qualifications meeting the APEL process. We were able to recruit 2 youth counsellors to support us in the ever-increasing demand for young people's counselling. Building on the demand for young people's provision the Board were supportive of us developing a "Youth Hub" and calling this aspect of Relate "SPACE".

To further develop our service and build upon the demand, we recruited a "Trainer and Qualified Coach" to extend our counselling offer to include coaching for young people who would benefit from this approach, either independently or as well as counselling.

Alongside this the Board were extremely keen to improve Relate's approach to Quality. In particular, it was important to capture client feedback to inform service delivery, and to develop quality approaches including our "First Response" and maximising our appointments. Discussions took place with National Relate to utilise "Tableau" a more sophisticated data system that enabled us to scrutinise and analyse our activity to inform our approaches.

Whilst we have two service contracts – IAPT, which is in place until April 2025, we are aware that the CEV contract was a finance restricted provision that would run out in March 2024. Both of these contracts contribute to us being able to deliver our charitable aims, "To deliver counselling to all those in need, irrespective of their ability to pay". However, to maintain this, the Board and Management have to consider future approaches, including increasing our fee paying clients

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Plans for future periods (continued)

service utilisation.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charitable Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation..

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



Teresa Cresswell

Chair

Date: 30/01/2024

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2023

Independent Examiner's Report to the Trustees of Relate - Chesterfield and North Derbyshire ('the charitable company')

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charitable company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charitable Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Emphasis of matter

I draw attention to note 1.3 in the financial statements which discusses the trustees' assessment of going concern given the uncertainties around future income generation.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Nicola Adams (Jan 30, 2024 15:57 GMT)

Signed:

Dated: 30/01/2024

Nicola Adams ACA DChA

BHP LLP
One Waterside Place
Basin Square
Brimington Road
Chesterfield
S41 7FH

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023

		Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £	As restated Total funds 2022 £
	Note				
Income from:					
Donations and legacies	2	49,081	18,745	67,826	79,916
Charitable activities	3	12,960	69,485	82,445	84,169
Other trading activities	4	-	77,729	77,729	19,932
Investments	5	-	82	82	12
Other income	6	-	-	-	84,422
Total income		62,041	166,041	228,082	268,451
Expenditure on:					
Raising funds	7	-	606	606	1,176
Charitable activities	8	64,991	179,300	244,291	218,598
Total expenditure		64,991	179,906	244,897	219,774
Net movement in funds		(2,950)	(13,865)	(16,815)	48,677
Reconciliation of funds:					
Total funds brought forward as previously stated		11,360	135,919	147,279	114,572
Prior year adjustment		-	15,970	15,970	-
Total funds brought forward as restated		11,360	151,889	163,249	114,572
Net movement in funds		(2,950)	(13,865)	(16,815)	48,677
Total funds carried forward		8,410	138,024	146,434	163,249

The Statement of Financial Activities complies with the requirements for an income and expenditure account under the Companies Act 2006 and includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE**(A company limited by guarantee)**REGISTERED NUMBER: 04773325

BALANCE SHEET*AS AT 31 MARCH 2023*

		2023	As restated
	Note	£	2022
			£
Fixed assets			
Tangible assets	12	8,731	8,955
Investment property	13	108,644	-
		117,375	8,955
Current assets			
Debtors	14	15,264	29,276
Cash at bank and in hand		102,964	150,090
		118,228	179,366
Creditors: amounts falling due within one year	15	(89,169)	(25,072)
Net current assets		29,059	154,294
Total assets less current liabilities		146,434	163,249
Total net assets		146,434	163,249
Charity funds			
Restricted funds	17	8,410	11,360
Unrestricted funds	17	138,024	151,889
Total funds		146,434	163,249

The Charitable Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

REGISTERED NUMBER: 04773325

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2023

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Teresa Cresswell

Date: 30/01/2024

The notes on pages 13 to 31 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Relate - Chesterfield and North Derbyshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

1.2 Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

1.3 Going concern

The trustees recognise that the ability of the charity to continue in operation is dependent on its ability to be able to raise sufficient income through services provided and obtaining grants to support the running costs of the charity. The trustees recognise that in the current economic climate there are significant uncertainties to achieving this.

A new management team has reviewed options to merge with other centres or the national body but at this point feels they would be last resort and possibly have a negative impact on the local nature and provision of services.

This new management team and a revised approach has identified financial and operational weaknesses that have been resolved and together with the liquidation of a fixed asset to cover short term cash requirements the immediate future is not in doubt. Trustees are continuing to take this issue very seriously and are reviewing financial information (including cash flow forecasting) with management on a monthly basis and appropriate action is being taken where necessary.

Based on the above, the trustees are satisfied that the charity is a going concern and continue to adopt this basis of accounting.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting policies (continued)

1.4 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the company of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

1.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting policies (continued)

1.7 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	- Nil
Office equipment	- 25% reducing balance

1.8 Investment property

Investment properties are measured initially at cost and subsequently at fair value at the reporting date.

1.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation.

1.12 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting policies (continued)

1.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charitable Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charitable Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.14 Employee benefits

When employees have rendered a service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

1.15 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including experience of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Income from donations and legacies

	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Client contributions	-	17,755	17,755	24,817
Donations	-	990	990	2,178
Grants (see below)	49,081	-	49,081	52,921
	<u>49,081</u>	<u>18,745</u>	<u>67,826</u>	<u>79,916</u>
Total 2022	<u>52,921</u>	<u>26,995</u>	<u>79,916</u>	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

Grants

	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
The National Lottery	9,970	9,970	-
Hardwick CCG	6,736	6,736	6,736
Postcode Neighbourhood Trust Grant	-	-	15,060
Clothworkers	-	-	5,000
Chesterfield Borough Council Funding	-	-	7,025
Derbyshire County Council	16,527	16,527	-
Groundwork Tesco	-	-	1,000
Inspirative Art Help the Helpers	11,848	11,848	-
Pixel Fund	3,000	3,000	-
NEDCC	-	-	1,000
Rotary Club Grant	-	-	2,000
Arnold Clark Grant	-	-	1,000
DVA Chesterfield	-	-	1,000
Voluntary Sector AMHP Funding	-	-	5,000
Edward Gosling Funding	-	-	2,500
Kelly Family Trust Funding	-	-	4,600
Helen Roll Charity	1,000	1,000	-
Links PCC Fund	-	-	1,000
Total 2023	49,081	49,081	52,921
Total 2022	52,921	52,921	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

3. Income from charitable activities

	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £	As restated Total funds 2022 £
Contract work	12,960	69,485	82,445	84,169
Total 2022 as restated	-	84,169	84,169	

4. Income from other trading activities

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Room hire	77,433	77,433	19,336
100 club	143	143	255
Sundries	153	153	341
Total 2023	77,729	77,729	19,932
Total 2022	19,932	19,932	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

5. Investment income

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Investment income	82	82	12
Total 2022	12	12	

6. Other incoming resources

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Profit on disposal of fixed assets	-	-	84,422
Total 2022	84,422	84,422	

7. Expenditure on raising funds

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Fundraising and publicity	606	606	1,176

In 2022, all expenditure on raising funds was from unrestricted funds.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

8. Analysis of expenditure on charitable activities

	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Counsellors' expenses	-	596	596	2,297
Counsellors' salaries	36,106	30,202	66,308	60,293
Training	2,220	3,025	5,245	-
Supervision	-	9,147	9,147	7,625
Printing, postage and stationery	-	1,695	1,695	486
Federation charges	-	11,161	11,161	9,204
Staff salaries and pension	17,740	80,503	98,243	85,922
Meeting and receptionist expenses	2,400	1,080	3,480	5,787
Repairs and maintenance	247	11,874	12,121	16,464
Telephone, light, heat, insurance and rent	-	18,498	18,498	9,668
Bank charges	-	177	177	379
General expenses	-	2,071	2,071	330
Legal and professional fees	-	3,031	3,031	14,890
Depreciation	-	2,637	2,637	1,683
Accounts and Independent examination fees	-	7,178	7,178	3,570
Payroll costs	-	1,174	1,174	-
Project expenses	1,529	-	1,529	-
Total 2023	60,242	184,049	244,291	218,598
Total 2022	48,143	122,787	170,930	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9. Net income/(expenditure)

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Depreciation of tangible fixed assets: -owned by the charity	2,637	2,637	1,683

During the year, no Trustees received any remuneration (2022 - £NIL).

During the year, no Trustees received any benefits in kind (2022 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2022 - £NIL).

10. Staff costs

	2023 £	2022 £
Wages and salaries	157,890	140,072
Social security costs	4,899	4,487
Contribution to defined contribution pension schemes	1,762	1,656
	164,551	146,215

The average number of persons employed by the Charitable Company during the year was as follows:

	2023 No.	2022 No.
Charitable activities	14	10
Management and administration of the charity	5	3
	19	13

No employee received remuneration amounting to more than £60,000 in either year.

The total remuneration and benefits received by key management personnel during the year was £71,225 (2022: £61,847). The trustees consider the key management personnel to be the Chief Executive Officer and Centre Manager.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

11. Taxation

The company is considered to pass the tests set out in Sch. 6, para. 1 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Pt. 11, Ch. 3 of the Corporation Tax Act 2010 or s. 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

12. Tangible fixed assets

	Office equipment £
<i>Cost or valuation</i>	
At 1 April 2022	18,297
Additions	2,413
At 31 March 2022	20,710
<i>Depreciation</i>	
At 1 April 2022	9,342
Charge for the year	2,637
At 31 March 2022	11,979
<i>Net book value</i>	
At 31 March 2022	8,731
At 31 March 2021	8,955

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

13. Investment property

	Freehold investment property £
Valuation	
Additions	108,644
At 31 March 2023	<u>108,644</u>

The investment property purchased during the year is held at cost which is deemed to be the valuation at 31 March 2023.

14. Debtors

	2023 £	2022 £
Prepayments and accrued income	15,264	29,276
	<u>15,264</u>	<u>29,276</u>

15. Creditors: Amounts falling due within one year

	2023 £	As restated 2022 £
Accruals and deferred income	89,169	25,072
	<u>89,169</u>	<u>25,072</u>
	2023 £	2022 £
Resources deferred during the year	64,600	-
	<u>64,600</u>	<u>-</u>

Deferred income relates to income received in advance of services provided in 2023/24.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

16. Prior year adjustments

There has been a prior year adjustment relating to credit notes issued in 2023 for invoices relating to 2022 contract income. This reduced unrestricted income for the year to 31 March 2022 by £15,790. This increased creditors and reduced net assets at 31 March 2022 by £15,790.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

17. Statement of funds

Statement of funds - current year

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
<i>Unrestricted funds</i>					
<i>Designated funds</i>					
Contingencies	34,000	-	-	16,000	50,000
<i>General funds</i>					
General Funds	117,889	166,041	(179,906)	(16,000)	88,024
<i>Total Unrestricted funds</i>	151,889	166,041	(179,906)	-	138,024
<i>Restricted funds</i>					
DVA North East Derbyshire	240	-	-	-	240
Inspirative Art Help the Helpers	-	11,848	(11,848)	-	-
Hardwick CCG	-	6,736	(6,736)	-	-
CEV Emotional Wellbeing	-	12,960	(12,960)	-	-
DVA Bolsover	200	-	-	-	200
DVA Chesterfield	640	-	(640)	-	-
Pixel Fund	-	3,000	(2,400)	-	600
The National Lottery	-	9,970	(9,970)	-	-
Voluntary Sector AMHP Funding	1,320	-	-	-	1,320
Edward Gosling Funding	2,500	-	-	-	2,500
Helen Roll Charity	-	1,000	(1,000)	-	-
Chesterfield Borough Council Funding	3,730	-	(380)	-	3,350
Derbyshire County Council Funding	-	16,527	(16,527)	-	-
Rotary Club Grant	100	-	(100)	-	-
Arnold Clark Grant	150	-	(150)	-	-
Postcode Neighbourhood Trust	1,040	-	(840)	-	200
Kelly Family Trust	1,440	-	(1,440)	-	-

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

17. Statement of funds (continued)

Statement of funds - current year (continued)

	As restated Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
	11,360	62,041	(64,991)	-	8,410
Total of funds	163,249	228,082	(244,897)	-	146,434

Statement of funds - prior year

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	As restated Balance at 31 March 2022 £
Unrestricted funds				
Designated funds				
Contingencies	34,000	-	-	34,000
General funds				
General Funds	67,974	215,530	(165,615)	117,889
Total Unrestricted funds	101,974	215,530	(165,615)	151,889
Restricted funds				
Clothworkers Foundation	-	5,000	(5,000)	-
DVA Mental Health	1,098	-	(1,098)	-
DVA North East Derbyshire	800	1,000	(1,560)	240
Derbyshire High Sheriff Fund	1,217	-	(1,217)	-
Hardwick CCG	-	6,736	(6,736)	-
DVA Bolsover	1,675	-	(1,475)	200
DVA Chesterfield	600	1,000	(960)	640

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

17. Statement of funds (continued)

Statement of funds - prior year (continued)

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	As restated Balance at 31 March 2022 £
Links PCC Fund	-	1,000	(1,000)	-
The National Lottery	3,226	-	(3,226)	-
Voluntary Sector AMHP Funding	-	5,000	(3,680)	1,320
Edward Gosling Funding	-	2,500	-	2,500
Chesterfield Borough Council Funding	1,522	7,025	(4,817)	3,730
Derbyshire County Council Funding	1,300	-	(1,300)	-
Rotary Club Grant	-	2,000	(1,900)	100
Arnold Clark Grant	-	1,000	(850)	150
Kelly Family Trust	-	4,600	(3,160)	1,440
Groundwork Tesco	-	1,000	(1,000)	-
Postcode Neighbourhood Trust	1,160	15,060	(15,180)	1,040
	<u>12,598</u>	<u>52,921</u>	<u>(54,159)</u>	<u>11,360</u>
<i>Total of funds</i>	<u>114,572</u>	<u>268,451</u>	<u>(219,774)</u>	<u>163,249</u>

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

18. Statement of funds (continued)

Designated funds

A contingency fund has been set aside by the directors to provide running costs in case of an unforeseen reduction in income levels.

Restricted funds

The purpose of the restricted funds are as follows:-

DVA North East Derbyshire - funding for providing subsidised counselling to young people (aged 11-18)
 Inspirative Art Help the Helpers - funding for trustee training
 Hardwick CCG - funding for psychosexual therapy
 CEV Emotional Wellbeing - funding for counselling services
 DVA Bolsover - funding for providing subsidised counselling to young people (aged 11-18) in Bolsover
 DVA Chesterfield - funding for providing subsidised counselling to young people (aged 11-18) in Chesterfield
 Pixel Funding - funding for young people's counselling
 The National Lottery - funding for free counselling session
 Voluntary Sector AMHP Funding - funding for Covid risk assessments, panic alarms, workspace adaptations, and training room equipment
 Edward Gosling Funding - funding for mental health counselling sessions
 Helen Roll Charity - funding for youth room
 Chesterfield Borough Council Funding - funding for counselling sessions
 Derbyshire County Council Funding - funding for counselling sessions
 Rotary Club Grant - funding for free training course places & furniture for counselling room
 Arnold Clark Grant - funding for free training course for non-counsellors
 Postcode Neighbourhood Trust Grant - funding for counselling sessions
 Kelly Family Trust Funding - funding for family counselling sessions
 Clothworkers Foundation - funding for capital
 DVA Mental Health - funding for carers mental health counselling services
 Derbyshire High Sheriff Fund - funding for free training course places
 Links PCC Fund - funding for free training course places
 Groundwork Tesco - funding for 16-25 year olds counselling services

19. Summary of funds

Summary of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
Designated funds	34,000	-	-	16,000	50,000
General funds	117,889	166,041	(179,906)	(16,000)	88,024
Restricted funds	11,360	62,041	(64,991)	-	8,410
	163,249	228,082	(244,897)	-	146,434

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

19. Summary of funds (continued)

Summary of funds - prior year

	Balance at 1 April 2021 £	As restated Income £	Expenditure £	As restated Balance at 31 March 2022 £
Designated funds	34,000	-	-	34,000
General funds	67,974	215,530	(165,615)	117,889
Restricted funds	12,598	52,921	(54,159)	11,360
	<u>114,572</u>	<u>268,451</u>	<u>(219,774)</u>	<u>163,249</u>

20. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2023 £	Unrestricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	-	8,731	8,731
Investment property	-	108,644	108,644
Current assets	8,410	109,818	118,228
Creditors due within one year	-	(89,169)	(89,169)
Total	<u>8,410</u>	<u>138,024</u>	<u>146,434</u>

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

20. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	Restricted funds 2022 £	Unrestricted funds 2022 £	As restated Total funds 2022 £
Tangible fixed assets	-	8,955	8,955
Current assets	11,360	168,006	179,366
Creditors due within one year	-	(25,072)	(25,072)
Total As restated	11,360	151,889	163,249

21. Operating lease commitments

At 31 March 2023 the Charitable Company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2023 £	2022 £
Not later than 1 year	12,000	12,000
Later than 1 year and not later than 5 years	36,000	48,000
	48,000	60,000

22. Related party transactions

There were no related party transactions during either year.

Accounts

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

CONTENTS

	Page
Reference and administrative details of the charity, its trustees and advisers	1
Trustees' report	2 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9 - 10
Notes to the financial statements	11 - 27

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE**(A company limited by guarantee)**

REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022

Trustees	Teresa Cresswell, Chair Jean Webb, Vice Chair Helena Douch Rick Barnett Lucy McManus Eleanor Orry Stacey Speed (resigned 1 March 2022) Joseph Etherington (appointed 8 June 2021)
Company registered number	04773325
Charity registered number	1102023
Registered office	3rd Floor Dents Chambers 81 New Square Chesterfield England S40 1AH
Chief executive officer	Amy Harris
Independent Examiner	Philip Allsop FCA BHP LLP Chartered Accountants One Waterside Place Basin Square Brimington Road Chesterfield S41 7FH
Bankers	Co-operative Bank plc 15 Elder Way Chesterfield S40 1UX

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees (who are directors of the charity for the purposes of the company law) present their annual report together with the financial statements of Relate – Chesterfield & North Derbyshire for the year 1 April 2021 to 31 March 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the annual report and financial statement of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities**a. Policies and objectives**

The main areas of charitable activity are relationship counselling, individual counselling for relationship issues, family counselling, psychosexual therapy, children and young people's counselling for 8-18 year olds, and education and training around mental health.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities they have set. Further details on how the charity delivers public benefit can be found in the activities for achieving objectives paragraph below.

b. Activities undertaken to achieve objectives

Clients are offered a choice of appointment times to suit their availability and attend for an assessment appointment before returning for ongoing counselling if this is the right thing for them. Waiting times are monitored and every effort is made to keep these as short as possible within the restraints of our resources. The Board and CEO are actively, continually seeking contract services that fit our charitable activity.

One of the Board's main objectives for this year is to increase the reach of our services to people affected by COVID-19 and those on a low income and experiencing financial hardship where this is impacting upon their relationships. We also want to focus on children and young people aged 8-18 years and families. As part of this we aim to strengthen our interrelationships with Mental Health services, Social Care and Health Visiting Services and School Nursing and Education, to develop strong referral pathways and networking systems.

In line with our charitable aims, we actively seek funding and bursaries to enable us to provide services at the point of need to those less able to pay. In particular, this last year we have reached a target of 70% free provision.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

c. Staffing

The Centre relies on the reception staff (both paid and voluntary) who provide reception cover throughout the day and evening. The provision of placements for counsellors on the Relate training course continues and supervision and ongoing support to counsellors is provided by the Centre via the Clinical Supervisor. The Centre currently employs 11 Counsellors, 1 Chief Executive Officer, 1 Service Development Manager, 1 Executive Personal Assistant, and 3 administrative staff.

Achievements and performance

a. Review of activities

The Centre delivered 1,817 attended counselling sessions during the period of April 2021 to March 2022. Since moving into our new premises, we have offered a blended service of face to face, telephone and webcam to meet client demands and needs for geographical and a range of other reasons, this will reduce previous barriers for some people in accessing our service, particularly those in remote areas.

Financial review

a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

b. Review of the year

Our main funding source is now contract working including our IAPT contract with Talking Mental Health Derbyshire, grants and bursaries, and client payments.

As a result of funding changes, the other work to diversify and increase income for the Centre, total income increased from the previous year from £197,819 to £284,421. This also includes the gain of £84,422 on the sale of our premises at Othen House, 7 Sheffield Road. Expenditure increased in the year from £171,470 to £219,774 resulting in a surplus of £64,647 (2021: £26,349).

The total funds carried forward as of 31 March 2022 are £179,219 (2021: £114,572) of which £11,360 (2021: £3,498) are restricted, and £167,859 (£101,974) are unrestricted.

Monthly financial statements are produced for the Board's scrutiny and quarterly financial statements are presented by the CEO.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

c. Reserves policy

The trustees regularly review the reserves of the charity. These reviews encompass the nature of the income and expenditure streams, the need to match variable income with fixed commitments and the levels of the reserves. In order to allow the charity to be managed efficiently and to provide a buffer for uninterrupted services, the organisation aims to secure a general reserve (either held in unrestricted funds or designated funds) equivalent to approximately four months of unrestricted funds expenditure, which is £41,000. At 31 March 2022 total free reserves were £158,904 before designating £34,000 for a contingency against loss of funding, which means this has been achieved. In the current funding climate, the trustees consider it prudent to hold additional reserves.

Structure, governance and management**a. Constitution**

Relate – Chesterfield & North Derbyshire is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association dated 21 May 2003.

b. Methods of appointment or election of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually.

In an effort to reflect a range of skills and expertise, members have been appointed to the Board with this in mind and where possible, the Board will endeavour to retain these skills, or recruit new Trustees according to the needs of the organisation. In the event of particular skills being lost due to retirement, individuals may be approached to offer themselves for election.

c. Policies adopted for the induction and training of Trustees

Trustees have a selection interview following completion of the Trustee application form, and references have been received, with a further opportunity to meet the Chief Executive Officer and other staff and to visit the Centre. They are also given information packs about Relate and can access both national and local websites. New members are invited to attend meetings prior to registering as Trustees as observers and are also required to attend National Relate zoom meetings of Trustees. In particular, they are briefed about the Charities Commission requirements for Trustees, and their Safeguarding responsibilities.

d. Organisational structure and decision making

Relate Chesterfield & North Derbyshire currently has an Executive Committee of 7 members who meet either monthly or quarterly and are responsible for the overall governance and strategic direction of the charity. Responsibility of the day-to-day provision of services is delegated to the Chief Executive Officer.

The Centre is a member of the Relate Federation and is guided in the provision of services by the agreed national service specifications.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management (continued)

e. Risk management

The Board of directors receive a quarterly financial report in addition to the Chief Executive Officers written and verbal reports at the monthly or quarterly Board meetings. Financial and health and safety policies are also in place along with the appropriate insurance policies.

The major risk that the charity is exposed to is loss of funding from grants and contracts. To mitigate against this the Board ensure sufficient funds are kept in the reserves over and above the amounts that have previously been held for this purpose. Also, there has been a diversification of income streams to protect against loss from any particular source and this continues to be the focus to protect the future and financial viability of the Centre. Other more general risks such as damage to property and absence of staff are provided for in the business continuity plan, which also provides for remote working.

Plans for future periods

We have developed a working 5 year business plan that has been put together by the CEO and trustees to ensure that the service can continue to develop. We also acknowledge that we need a strategic funding plan to enable us to seek specific funding to enhance the service and improve equipment; this is in progress.

COVID-19 has changed the future planning for the Centre significantly and we have learnt that we can function remotely and offer our service in full, save for some cases with safety concerns such as where domestic abuse is involved. Covid health and safety requirements had rendered our premises very difficult to use due to the smallness of corridors, rooms, and ventilation. Whilst our staff were all working remotely, we took the decision to sell our premises, and seek more suitable accommodation for the safe delivery of our services.

We found suitable premises to rent, that we converted into counselling and training rooms with capacity to rent out to other similar organisations, thus helping to cover our rental outgoings. We made the decision to turn this into a community hub and by the end of the financial year we had approximately 10 other organisations either using the space or in discussion to commence use early in the next financial year. This is expected to bring in sufficient income to cover our rent and also support the sustainability of our service, as well as providing a safe and inviting space for like-minded organisations to safely return to work post pandemic.

In addition, as we are increasing our outreach provision for young people, we are offering counselling in school settings. The Penelope data management system enables us to have a more detailed and accurate picture of the counselling that takes place, when, and by whom, and ensure no counselling vacancies exist and the service is operating to full potential. The use of Penelope enables us to predict trends and service needs and assess client contributions more effectively. We are working to develop a more effective monitoring database in collaboration with neighbouring centres.

We are applying the cancellation policy more strictly to ensure that there are less wasted appointments, as these were putting significant financial strain on the day to day running of the service.

The addition of the IAPT contract for PST and Couple Therapy has increased the revenue through the contract, and we ensure this is delivered in a timely way across the service. In this financial year, we were invited to partner with Talking Mental Health Derbyshire (TMHD) again and have been successful in securing the continuation of this contract until at least March 2023. We are delivering both individual and couple counselling for depression and anxiety under our contract with Talking Mental Health Derbyshire.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods (continued)

At the end of the financial year, we also negotiated a 2 year contract with Derbyshire County Council to provide free counselling to anyone affected by clinical vulnerability as a result of the pandemic. This programme will support children, young people, adults, couples and families who are either vulnerable themselves or were supporting someone with a clinical vulnerability at this time. This is a fantastic contract for the charity to be working on in collaboration with Public Health.

We will ensure that we will support the seeking of new contracting opportunities and income streams to sustain and further develop Relate services within Chesterfield & North Derbyshire.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



Teresa Cresswell

Chair

Date: 27 January 2023

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Independent Examiner's Report to the Trustees of Relate - Chesterfield and North Derbyshire ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and Basis of Report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Philip Allsop (Jan 27, 2023 17:04 GMT)

Signed:

Dated: Jan 27, 2023

Philip Allsop

FCA

BHP LLP
One Waterside Place
Basin Square
Brimington Road
Chesterfield
S41 7FH

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	2	52,921	26,995	79,916	95,350
Charitable activities	3	-	100,139	100,139	100,616
Other trading activities	4	-	19,932	19,932	595
Investments	5	-	12	12	10
Other income	6	-	84,422	84,422	1,248
Total income		52,921	231,500	284,421	197,819
Expenditure on:					
Raising funds	7	-	1,176	1,176	540
Charitable activities	8	54,159	164,439	218,598	170,930
Total expenditure		54,159	165,615	219,774	171,470
Net movement in funds		(1,238)	65,885	64,647	26,349
Reconciliation of funds:					
Total funds brought forward		12,598	101,974	114,572	88,223
Net movement in funds		(1,238)	65,885	64,647	26,349
Total funds carried forward		11,360	167,859	179,219	114,572

The Statement of Financial Activities complies with the requirements for an income and expenditure account under the Companies Act 2006 and includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE**(A company limited by guarantee)**REGISTERED NUMBER: 04773325

BALANCE SHEET*AS AT 31 MARCH 2022*

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	12	8,955	32,323
		8,955	32,323
Current assets			
Debtors	13	29,276	9,566
Cash at bank and in hand		150,090	79,832
		179,366	89,398
Creditors: amounts falling due within one year	14	(9,102)	(7,149)
Net current assets		170,264	82,249
Total assets less current liabilities		179,219	114,572
Total net assets		179,219	114,572
Charity funds			
Restricted funds	15	11,360	12,598
Unrestricted funds	15	167,859	101,974
Total funds		179,219	114,572

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

REGISTERED NUMBER: 04773325

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2022

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Teresa Cresswell (Chair)

Date: 27 January 2023

The notes on pages 11 to 27 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Relate - Chesterfield and North Derbyshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

1.2 Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

1.3 Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

1.4 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the company of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting policies (continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

1.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

1.7 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	- Nil
Office equipment	- 25% reducing balance

1.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting policies (continued)

1.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation.

1.11 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.13 Employee benefits

When employees have rendered a service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting policies (continued)

1.14 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including experience of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

2. Income from donations and legacies

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Client contributions	-	24,817	24,817	15,910
Donations	-	2,178	2,178	273
Grants (see below)	52,921	-	52,921	79,167
	<u>52,921</u>	<u>26,995</u>	<u>79,916</u>	<u>95,350</u>
Total 2021	<u>57,243</u>	<u>38,107</u>	<u>95,350</u>	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

Grants

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
The National Lottery Community Fund	-	-	-	15,001
Hardwick CCG	6,736	-	6,736	6,736
Postcode Neighbourhood Trust Grant	15,060	-	15,060	10,946
Chesterfield BC	-	-	-	10,000
Government funding	-	-	-	8,528
Charities Aid Foundation Grant	-	-	-	6,543
Clothworkers	5,000	-	5,000	-
Coalfields Regeneration Trust Grant	-	-	-	5,000
Chesterfield Borough Council Funding	7,025	-	7,025	4,775
Duke of Devonshire family counselling	-	-	-	3,600
Foyle Foundation	-	-	-	3,000
Derbyshire County Council	-	-	-	2,000
Derbyshire High Sheriff fund	-	-	-	1,217
Bolsover grant	-	-	-	675
Groundwork Tesco	1,000	-	1,000	500
NDVA Health	-	-	-	396
Masonic charitable grant	-	-	-	250
NEDCC	1,000	-	1,000	-
Rotary Club Grant	2,000	-	2,000	-
Arnold Clark Grant	1,000	-	1,000	-
DVA Chesterfield	1,000	-	1,000	-
Voluntary Sector AMHP Funding	5,000	-	5,000	-
Edward Gosling Funding	2,500	-	2,500	-
Kelly Family Trust Funding	4,600	-	4,600	-
Links PCC Fund	1,000	-	1,000	-
Total 2022	52,921	-	52,921	79,167
Total 2021	57,243	21,924	79,167	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

3. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Contract work	100,139	100,139	100,616
Total 2021	100,616	100,616	

4. Income from other trading activities

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Room hire	19,336	19,336	-
100 club	255	255	357
Sundries	341	341	238
Total 2022	19,932	19,932	595
Total 2021	595	595	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

5. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Investment income	12	12	10
Total 2021	10	10	

6. Other incoming resources

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Government CJRS grant	-	-	1,248
Profit on disposal of fixed assets	84,422	84,422	-
	84,422	84,422	1,248
Total 2021	1,248	1,248	

7. Expenditure on raising funds

	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Fundraising and publicity	1,176	1,176	815

In 2021, all expenditure on raising funds was from unrestricted funds.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

8. Analysis of expenditure on charitable activities

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Counsellors' expenses	-	2,297	2,297	1,939
Counsellors' salaries	47,979	12,314	60,293	54,657
Training	-	-	-	225
Supervision	-	7,625	7,625	9,283
Printing, postage and stationery	-	486	486	332
Federation charges	-	9,204	9,204	7,735
Staff salaries and pension	-	85,922	85,922	73,539
Meeting and receptionist expenses	-	5,787	5,787	3,132
Repairs and maintenance	6,180	10,284	16,464	5,474
Telephone, light, heat, insurance and rent	-	9,668	9,668	5,469
Bank charges	-	379	379	600
General expenses	-	330	330	1,990
Legal and professional fees	-	14,890	14,890	3,974
Depreciation	-	1,683	1,683	1,086
Independent examination fees	-	3,570	3,570	1,495
Total 2022	54,159	164,439	218,598	170,930
Total 2021	48,143	122,787	170,930	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

9. Net income/(expenditure)

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Depreciation of tangible fixed assets: -owned by the charity	1,683	1,683	1,086

During the year, no Trustees received any remuneration (2021 - £NIL).

During the year, no Trustees received any benefits in kind (2021 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2021 - £NIL).

10. Staff costs

	2022 £	2021 £
Wages and salaries	140,072	124,474
Social security costs	4,487	2,672
Contribution to defined contribution pension schemes	1,656	1,050
	146,215	128,196

The average number of persons employed by the Company during the year was as follows:

	2022 No.	2021 No.
Charitable activities	10	10
Management and administration of the charity	3	3
	13	13

No employee received remuneration amounting to more than £60,000 in either year.

The total remuneration and benefits received by key management personnel during the year was £61,847 (2021: £53,847). The trustees consider the key management personnel to be the Chief Executive Officer and Centre Manager.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

11. Taxation

The company is considered to pass the tests set out in Sch. 6, para. 1 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Pt. 11, Ch. 3 of the Corporation Tax Act 2010 or s. 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

12. Tangible fixed assets

	Freehold property £	Office equipment £	Total £
<i>Cost or valuation</i>			
At 1 April 2021	27,954	12,027	39,981
Additions	-	6,270	6,270
Disposals	(27,954)	-	(27,954)
At 31 March 2022	-	18,297	18,297
<i>Depreciation</i>			
At 1 April 2021	-	7,658	7,658
Charge for the year	-	1,684	1,684
At 31 March 2022	-	9,342	9,342
<i>Net book value</i>			
At 31 March 2022	-	8,955	8,955
At 31 March 2021	27,954	4,369	32,323

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

13. Debtors

	2022	2021
	£	£
Prepayments and accrued income	29,276	9,566
	29,276	9,566

14. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Accruals and deferred income	9,102	7,149

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
<i>Unrestricted funds</i>				
<i>Designated funds</i>				
Contingencies	34,000	-	-	34,000
<i>General funds</i>				
General Funds	67,974	231,500	(165,615)	133,859
<i>Total Unrestricted funds</i>	101,974	231,500	(165,615)	167,859
<i>Restricted funds</i>				
DVA Mental Health	1,098	-	(1,098)	-
DVA North East Derbyshire	800	1,000	(1,560)	240
Derbyshire High Sheriff Fund	1,217	-	(1,217)	-
Groundwork Tesco	-	1,000	(1,000)	-
Hardwick CCG	-	6,736	(6,736)	-
DVA Bolsover	1,675	-	(1,475)	200
DVA Chesterfield	600	1,000	(960)	640
Links PCC Fund	-	1,000	(1,000)	-
Lottery Grant	3,226	-	(3,226)	-
Voluntary Sector AMHP Funding	-	5,000	(3,680)	1,320
Edward Gosling Funding	-	2,500	-	2,500
Postcode Neighbourhood Trust Grant	1,160	15,060	(15,180)	1,040
Chesterfield Borough Council Funding	1,522	7,025	(4,817)	3,730
Derbyshire County Council Funding	1,300	-	(1,300)	-
Rotary Club Grant	-	2,000	(1,900)	100
Arnold Clark Grant	-	1,000	(850)	150
Kelly Family Trust Funding	-	4,600	(3,160)	1,440
Clothworkers Funding	-	5,000	(5,000)	-
	12,598	52,921	(54,159)	11,360

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

15. Statement of funds (continued)

Total of funds	114,572	284,421	(219,774)	179,219
Statement of funds - prior year				
	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
Designated funds				
Contingencies	34,000	-	-	34,000
General funds				
General Funds	50,725	140,576	(123,327)	67,974
Total Unrestricted funds	84,725	140,576	(123,327)	101,974
Restricted funds				
DVA Mental Health	1,098	-	-	1,098
Groundwork Tesco	-	500	(500)	-
Derbyshire High Sheriff Fund	-	1,217	-	1,217
Hardwick CCG	-	6,736	(6,736)	-
DVA North East Derbyshire	800	-	-	800
DVA Bolsover	1,000	675	-	1,675
DVA Chesterfield	600	-	-	600
Charities Aid Foundation Grant	-	6,543	(6,543)	-
Masonic Charitable Grant	-	250	(250)	-
Lottery Grant	-	15,001	(11,775)	3,226
Duke of Devonshire	-	3,600	(3,600)	-
Coalfields Regeneration Trust Grant	-	5,000	(5,000)	-
Postcode Neighbourhood Trust Grant	-	10,946	(9,786)	1,160
Chesterfield Borough Council Funding	-	4,775	(3,253)	1,522
Derbyshire County Council Funding	-	2,000	(700)	1,300

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

15. Statement of funds (continued)

Statement of funds - prior year (continued)

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
	3,498	57,243	(48,143)	12,598
<i>Total of funds</i>	88,223	197,819	(171,470)	114,572

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

16. Statement of funds (continued)

Designated funds

A contingency fund has been set aside by the directors to provide running costs in case of an unforeseen reduction in income levels.

Restricted funds

The purpose of the restricted funds are as follows:-

DVA Mental Health - funding for carers mental health counselling services.
DVA North East Derbyshire - funding for providing subsidised counselling to young people (aged 11-18) in Derbyshire High Sheriff Fund - funding for free training course places.
Groundwork Tesco - funding for 16-25 year olds counselling services.
Hardwick CCG - funding for psychosexual therapy
DVA Bolsover - funding for providing subsidised counselling to young people (aged 11-18) in Bolsover
DVA Chesterfield - funding for providing subsidised counselling to young people (aged 11-18) in Chesterfield
Links PCC Fund - funding for free training course places
The National Lottery Funding - funding for free counselling session
Voluntary Sector AMHP Funding - funding for Covid risk assessments, panic alarms, workspace adaptations, and training room equipment
Edward Gosling Funding - funding for mental health counselling sessions
Postcode Neighbourhood Trust Grant - funding for counselling sessions
Chesterfield Borough Council Funding - funding for counselling sessions
Derbyshire County Council Funding - funding for counselling sessions
Rotary Club Grant - funding for free training course places & furniture for counselling room
Arnold Clark Grant - funding for free training course for non-counsellors
Kelly Family Trust Funding - funding for family counselling sessions
Clothworkers Funding - funding for capital
Charities Aid Foundation Grant - funding for core costs, technology and equipment.
Masonic Charitable Grant - funding for counselling sessions
Duke of Devonshire - funding for counselling sessions for Key Workers
Coalfields Regeneration Trust Grant - funding for counselling sessions

17. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
Designated funds	34,000	-	-	34,000
General funds	67,974	231,500	(165,615)	133,859
Restricted funds	12,598	52,921	(54,159)	11,360
	114,572	284,421	(219,774)	179,219

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

17. Summary of funds (continued)

Summary of funds - prior year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Designated funds	34,000	-	-	34,000
General funds	50,725	140,576	(123,327)	67,974
Restricted funds	3,498	57,243	(48,143)	12,598
	<u>88,223</u>	<u>197,819</u>	<u>(171,470)</u>	<u>114,572</u>

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2022 £	Unrestricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	-	8,955	8,955
Current assets	11,360	168,006	179,366
Creditors due within one year	-	(9,102)	(9,102)
Total	<u>11,360</u>	<u>167,859</u>	<u>179,219</u>

Analysis of net assets between funds - prior year

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	-	32,323	32,323
Current assets	12,598	76,800	89,398
Creditors due within one year	-	(7,149)	(7,149)
Total	<u>12,598</u>	<u>101,974</u>	<u>114,572</u>

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

19. Operating lease commitments

At 31 March 2022 the Company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022	2021
	£	£
Not later than 1 year	12,000	-
Later than 1 year and not later than 5 years	48,000	-
	60,000	-

20. Related party transactions

There were no related party transactions during either year.

Accounts

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

CONTENTS

	Page
Reference and administrative details of the charity, its trustees and advisers	1
Trustees' report	2 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9 - 10
Notes to the financial statements	11 - 26

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE**(A company limited by guarantee)**

REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021

Trustees

Teresa Cresswell, Chair
Jean Webb, Vice Chair
Helena Douch
Rick Barnett (appointed 15 June 2020)
Lucy McManus (appointed 15 June 2020)
Eleanor Orry (appointed 16 July 2020)
Stacey Speed (appointed 15 November 2020)
Joseph Etherington (appointed 8 June 2021)
Dorothy Rowland (resigned 1 December 2020)

Company registered number 04773325

Charity registered number 1102023

Registered office

3rd Floor
Dents Chambers
81 New Square
Chesterfield
England
S40 1AH

Chief executive officer Amy Harris

Independent Examiner

Nicola Adams ACA DChA
BHP LLP
Chartered Accountants
57-59 Saltergate
Chesterfield
S40 1UL

Bankers

Co-operative Bank plc
15 Elder Way
Chesterfield
S40 1UX

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The Trustees (who are directors of the charity for the purposes of the company law) present their annual report together with the financial statements of Relate - Chesterfield and North Derbyshire for the year 1 April 2020 to 31 March 2021. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the annual report and financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities**a. Policies and objectives**

The main areas of charitable activity are relationship counselling, individual counselling for relationship issues, family counselling, psychosexual therapy, children and young people's counselling for 8-18 year olds, and education and training around mental health.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities they have set. Further details on how the charity delivers public benefit can be found in the activities for achieving objectives paragraph below.

b. Activities undertaken to achieve objectives

Clients are offered a choice of appointment times to suit their availability and attend for an assessment appointment before returning for ongoing counselling if this is the right thing for them. Waiting times are monitored and every effort is made to keep these as short as possible within the restraints of our resources. The Board and CEO are actively continually seeking contract services that fit our charitable activity.

One of the Board's main objectives for this year is to increase the reach of our services to people affected by COVID-19 and those on a low income and experiencing financial hardship where this is impacting upon their relationships. We also want to focus on children and young people aged 8-18 years and families. As part of this we aim to strengthen our interrelationships with Mental Health services, Social Care and Health Visiting Services and School Nursing and Education, to develop strong referral pathways and networking systems.

In line with our charitable aims, we actively seek funding and bursaries to enable us to provide services at the point of need to those less able to pay. In particular this last year we have reached a target of 75% free provision.

c. Staffing

The Centre relies on the reception staff (both paid and voluntary) who provide reception cover throughout the day and evening. The provision of placements for counsellors on the Relate training course continues and supervision and ongoing support to counsellors is provided by the Centre via the Clinical Supervisor. The Centre currently employs 11 Counsellors, 1 Chief Executive Officer, 1 Marketing and Development worker, and 3 administrative staff.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance

a. Review of activities

The Centre delivered 2,065 attended counselling sessions during the period of April 2020 to March 2021. As Covid-19 resulted in a national lockdown, all of our services were delivered virtually by telephone or webcam. We envisage going forwards that we will become a blended service of face to face, telephone and webcam to meet client demands and needs.

Financial review

a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

b. Review of the year

Our main funding source is now contract working including our IAPT contract through Talking Mental Health Derbyshire, grants and bursaries, and client payments.

As a result of funding changes, and other work to diversify and increase income for the Centre, total income increased from the previous year from £162,203 to £197,819. Expenditure increased in the year from £161,952 to £171,469 resulting in a surplus of £31,349 (2020: £251).

The total funds carried forward as of 31 March 2021 are £114,572 (2020: £88,972) of which £101,974 (2020: £84,854) is unrestricted and £12,598 (2020: £3,498) is restricted.

Monthly financial statements are produced for the Board's scrutiny and quarterly financial statements are presented by our Honorary Treasurer.

c. Reserves policy

The trustees regularly review the reserves of the charity. These reviews encompass the nature of the income and expenditure streams, the need to match variable income with fixed commitments and the levels of the reserves. In order to allow the charity to be managed efficiently and to provide a buffer for uninterrupted services, the organisation aims to secure a general reserve (either held in unrestricted funds or designated funds) equivalent to approximately four months of unrestricted funds expenditure, which is £41,000. At 31 March 2021 total free reserves were £69,651 before designating £34,000 for a contingency against loss of funding, which means this has been achieved. In the current funding climate the trustees consider it prudent to hold additional reserves.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

a. Constitution

Relate - Chesterfield and North Derbyshire is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association dated 21 May 2003.

b. Methods of appointment or election of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as Members of the Executive Committee. Under the requirements of the Memorandum and Articles of Association the members of the Executive Committee are elected to serve for one year renewable annually.

In an effort to reflect a range of skills and expertise members have been appointed to the Board with this in mind and where possible the Board will endeavor to retain these skills, or recruit new Trustees according to the needs of the organisation. In the event of particular skills being lost due to retirement, individuals may be approached to offer themselves for election.

c. Policies adopted for the induction and training of Trustees

Trustees have a selection interview following completion of the Trustee application form, and references have been received, with a further opportunity to meet the Chief Executive Officer and other staff and to visit the centre. They are also given information packs about Relate and can access both national and local websites. New members are invited to attend meetings prior to registering as Trustees as observers, and are also required to attend National Relate zoom meetings of Trustees. In particular they are briefed about the Charities Commission requirements for Trustees, and their Safeguarding responsibilities.

d. Organisational structure and decision making

Relate Chesterfield & North Derbyshire currently has an Executive Committee of 8 members who meet either monthly or bi monthly and are responsible for the overall governance and strategic direction of the charity. Responsibility for the day to day provision of services is delegated to the Chief Executive Officer.

The centre is a member of the Relate Federation and is guided in the provision of services by the agreed national service specifications.

e. Risk management

The Board of directors receive a quarterly financial report in addition to Chief Executive Officer written and verbal reports at the Board monthly to bi monthly meetings. Financial and health and safety policies are also in place along with the appropriate insurance policies.

The major risk that the charity is exposed to is loss of funding from grants and contracts. To mitigate against this the board ensure sufficient funds are kept in the reserves over and above the amounts that have previously been held for this purpose. Also, there has been a diversification of income streams to protect against loss from any particular source and this continues to be the focus to protect the future and financial viability of the Centre. Other more general risks such as damage to property and absence of staff are provided for in the business continuity plan, which also provides for remote working.

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Plans for future periods

We have developed a working business plan that has been put together by the CEO and trustees to ensure that the service can continue to develop. We also acknowledge that we need a strategic funding plan to enable us to seek specific funding to enhance the service and improve equipment this is in progress. As the Centre was impacted by the COVID-19 pandemic at the very end of this financial year, this funding plan has been deferred until the financial year 2021-2022. A new 3-year business plan will also be produced by the middle of the next financial year to take into account the impact of COVID-19 on the charity and its future.

COVID-19 has changed the future planning for the Centre significantly and we have learnt that we can function remotely and offer our service in full, save for some cases with safety concerns such as where domestic abuse is involved. Covid health and safety requirements has rendered our premises very difficult to use due to the smallness of corridors, rooms, and ventilation. Whilst our staff were all working remotely, we took the decision to sell our premises, and seek more suitable accommodation for the safe delivery of our services

We have found suitable premises to rent, that are being converted to counselling and training rooms with capacity to rent out to other similar organisations, thus helping to cover our rental outgoings.

In addition, as we are increasing our outreach provision for young people, we are offering counselling in school settings.

The Penelope data management system enables us to have a more detailed and accurate picture of the counselling that takes place, when, and by whom, and ensure no counselling vacancies exist and the service is operating to full potential. The use of Penelope enables us to predict trends and service needs and assess client contributions more effectively. We are working to develop a more effective monitoring database in collaboration with neighbouring centres.

We are applying the cancellation policy more strictly to ensure that there are less wasted appointments, as these were putting significant financial strain on the day to day running of the service.

The addition of the IAPT contract for PST and couple therapy has increased the revenue through the contract, and we ensure this is delivered in a timely way across the service. In this financial year, we were invited to partner with Talking Mental Health Derbyshire (TMHD) again and have been successful in securing the continuation of this contract until at least March 2022. We are delivering both individual and couple counselling for depression and anxiety under our contract with Talking Mental Health Service.

We will ensure that we will support the seeking of new contracting opportunities and income streams to sustain and further develop Relate services within Chesterfield & North Derbyshire.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE**(A company limited by guarantee)**

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

**Teresa Cresswell**

Chair

Date: 21.12.2021

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021

Independent Examiner's Report to the Trustees of Relate - Chesterfield and North Derbyshire ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and Basis of Report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

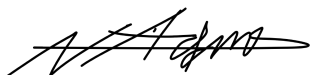
Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated: 22/12/2021

Nicola Adams

ACA DChA

BHP LLP
57-59 Saltergate
Chesterfield
S40 1UL

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021

	Note	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	2	57,243	38,107	95,350	42,016
Charitable activities	3	-	100,616	100,616	89,317
Other trading activities	4	-	595	595	30,835
Investments	5	-	10	10	35
Other income	6	-	1,248	1,248	-
Total income		57,243	140,576	197,819	162,203
Expenditure on:					
Raising funds	7	-	540	540	815
Charitable activities	8	48,143	122,787	170,930	161,137
Total expenditure		48,143	123,327	171,470	161,952
Net movement in funds		9,100	17,249	26,349	251
Reconciliation of funds:					
Total funds brought forward		3,498	84,725	88,223	87,972
Net movement in funds		9,100	17,249	26,349	251
Total funds carried forward		12,598	101,974	114,572	88,223

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 11 to 26 form part of these financial statements.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE**(A company limited by guarantee)**REGISTERED NUMBER: 04773325

BALANCE SHEET*AS AT 31 MARCH 2021*

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	12	32,323	30,742
		32,323	30,742
Current assets			
Debtors	13	9,566	11,900
Cash at bank and in hand		79,832	52,458
		89,398	64,358
Creditors: amounts falling due within one year	14	(7,149)	(6,877)
Net current assets		82,249	57,481
Total assets less current liabilities		114,572	88,223
Total net assets		114,572	88,223
Charity funds			
Restricted funds	15	12,598	3,498
Unrestricted funds	15	101,974	84,725
Total funds		114,572	88,223

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE

(A company limited by guarantee)

REGISTERED NUMBER: 04773325

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2021

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Teresa Cresswell (Chair)

Date: 21.12.2021

The notes on pages 11 to 26 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Relate - Chesterfield and North Derbyshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in £ sterling which is the functional currency of the charity and rounded to the nearest £1.

1.2 Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

1.3 Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

1.4 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the company of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the company which is the amount the company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies (continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Costs of generating funds are costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

1.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

1.7 Tangible fixed assets and depreciation

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of financial activities incorporating income and expenditure account.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	- Nil
Office equipment	- 25% reducing balance

1.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies (continued)

1.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation.

1.11 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.13 Employee benefits

When employees have rendered a service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies (continued)

1.14 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including experience of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

2. Income from donations and legacies

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Client contributions	-	15,910	15,910	29,050
Donations	-	273	273	2,834
Grants (see below)	57,243	21,924	79,167	10,132
	<u>57,243</u>	<u>38,107</u>	<u>95,350</u>	<u>42,016</u>
Total 2020	<u>9,736</u>	<u>32,280</u>	<u>42,016</u>	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

Grants

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
The National Lottery Community Fund	15,001	-	15,001	-
Hardwick CCG	6,736	-	6,736	6,736
Postcode Neighbourhood Trust Grant	10,946	-	10,946	-
Chesterfield BC	-	10,000	10,000	-
Government funding	-	8,528	8,528	-
Charities Aid Foundation Grant	6,543	-	6,543	-
Coalfields Regeneration Trust Grant	5,000	-	5,000	-
Chesterfield Borough Council Funding	4,775	-	4,775	-
Duke of Devonshire family counselling	3,600	-	3,600	-
Foyle Foundation	-	3,000	3,000	-
Derbyshire County Council	2,000	-	2,000	-
Derbyshire High Sheriff fund	1,217	-	1,217	-
Bolsover grant	675	-	675	-
Groundwork TESCO	500	-	500	-
NDVA Health	-	396	396	396
Masonic charitable grant	250	-	250	-
DVA North East Derbyshire	-	-	-	1,000
DVA Bolsover	-	-	-	1,000
DVA Chesterfield	-	-	-	1,000
Total 2021	57,243	21,924	79,167	10,132
Total 2020	3,000	7,132	10,132	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

3. Income from charitable activities

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Contract work	100,616	100,616	89,317
Total 2020	89,317	89,317	

4. Income from other trading activities

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Room hire	-	-	30,219
100 club	357	357	285
Sundries	238	238	331
Total 2021	595	595	30,835
Total 2020	30,835	30,835	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

5. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Investment income	10	10	35
Total 2020	35	35	

6. Other incoming resources

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Government CJRS grant	1,248	1,248	-

7. Expenditure on raising funds

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Fundraising and publicity	815	815	521

In 2020, all expenditure on raising funds was from unrestricted funds.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

8. Analysis of expenditure on charitable activities

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Counsellor's expenses	-	1,939	1,939	1,310
Counsellor's salaries	46,007	8,650	54,657	55,836
Training	-	225	225	100
Supervision	-	9,283	9,283	7,072
Printing, postage and stationery	-	332	332	2,138
Federation charges	-	7,735	7,735	7,621
Staff salaries and pension	-	73,539	73,539	63,601
Meeting and receptionist expenses	-	3,132	3,132	2,685
Repairs and maintenance	2,136	3,338	5,474	9,000
Telephone, light, heat, insurance and rent	-	5,469	5,469	5,777
Bank charges	-	600	600	1,180
General expenses	-	1,990	1,990	1,075
Legal and professional fees	-	3,974	3,974	1,103
Depreciation	-	1,086	1,086	929
Independent examination fees	-	1,495	1,495	1,710
Total 2021	48,143	122,787	170,930	161,137
Total 2020	12,361	148,776	161,137	

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

9. Net income/(expenditure)

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Depreciation of tangible fixed assets: -owned by the charity	1,086	1,086	929

During the year, no Trustees received any remuneration (2020 - £NIL).

During the year, no Trustees received any benefits in kind (2020 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2020 - £NIL).

10. Staff costs

	2021 £	2020 £
Wages and salaries	124,474	115,757
Social security costs	2,672	2,450
Contribution to defined contribution pension schemes	1,050	1,230
	128,196	119,437

The average number of persons employed by the Company during the year was as follows:

	2021 No.	2020 No.
Charitable activities	10	11
Management and administration of the charity	3	3
	13	14

No employee received remuneration amounting to more than £60,000 in either year.

The total remuneration and benefits received by key management personnel during the year was £53,847 (2020: £49,075). The trustees consider the key management personnel to be the Chief Executive Officer and Centre Manager.

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

11. Taxation

The company is considered to pass the tests set out in Sch. 6, para. 1 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Pt. 11, Ch. 3 of the Corporation Tax Act 2010 or s. 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

12. Tangible fixed assets

	Freehold property £	Office equipment £	Total £
<i>Cost or valuation</i>			
At 1 April 2020	27,954	9,360	37,314
Additions	-	2,667	2,667
At 31 March 2021	27,954	12,027	39,981
<i>Depreciation</i>			
At 1 April 2020	-	6,572	6,572
Charge for the year	-	1,086	1,086
At 31 March 2021	-	7,658	7,658
<i>Net book value</i>			
At 31 March 2021	27,954	4,369	32,323
At 31 March 2020	27,954	2,788	30,742

13. Debtors

	2021 £	2020 £
Prepayments and accrued income	9,566	11,900
	9,566	11,900

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

14. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	7,149	6,877

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
<i>Unrestricted funds</i>				
<i>Designated funds</i>				
Contingencies	34,000	-	-	34,000
<i>General funds</i>				
General Funds	50,725	140,576	(123,327)	67,974
<i>Total Unrestricted funds</i>	84,725	140,576	(123,327)	101,974
<i>Restricted funds</i>				
DVA Mental Health	1,098	-	-	1,098
Groundwork Tesco	-	500	(500)	-
Derbyshire High Sheriff Fund	-	1,217	-	1,217
Hardwick CCG	-	6,736	(6,736)	-
DVA North East Derbyshire	800	-	-	800
DVA Bolsover	1,000	675	-	1,675
DVA Chesterfield	600	-	-	600
Charities Aid Foundation Grant	-	6,543	(6,543)	-
Masonic Charitable Grant	-	250	(250)	-
Lottery Grant	-	15,001	(11,775)	3,226
Duke of Devonshire	-	3,600	(3,600)	-
Coalfields Regeneration Trust Grant	-	5,000	(5,000)	-
Postcode Neighbourhood Trust Grant	-	10,946	(9,786)	1,160
Chesterfield Borough Council Funding	-	4,775	(3,253)	1,522
Derbyshire County Council Funding	-	2,000	(700)	1,300
	3,498	57,243	(48,143)	12,598
<i>Total of funds</i>	88,223	197,819	(171,470)	114,572

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

15. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
<i>Unrestricted funds</i>				
<i>Designated funds</i>				
Contingencies	34,000	-	-	34,000
<i>General funds</i>				
General Funds	47,849	152,467	(149,591)	50,725
<i>Total Unrestricted funds</i>	81,849	152,467	(149,591)	84,725
<i>Restricted funds</i>				
DVA Mental Health	1,218	-	(120)	1,098
Groundwork Tesco	1,320	-	(1,320)	-
One Stop	240	-	(240)	-
Foundation Derbyshire	3,345	-	(3,345)	-
Hardwick CCG	-	6,736	(6,736)	-
DVA North East Derbyshire	-	1,000	(200)	800
DVA Bolsover	-	1,000	-	1,000
DVA Chesterfield	-	1,000	(400)	600
	6,123	9,736	(12,361)	3,498
<i>Total of funds</i>	87,972	162,203	(161,952)	88,223

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

16. Statement of funds (continued)

Designated funds

A contingency fund has been set aside by the directors to provide running costs in case of an unforeseen reduction in income levels.

Restricted funds

The purpose of the restricted funds are as follows:-

DVA Mental Health - funding for carers mental health counselling services.
Groundwork Tesco - funding for 16-25 year olds counselling services.
Derbyshire High Sheriff Fund - funding for free training course places.
DVA North East Derbyshire - funding for providing subsidised counselling to young people (aged 11-18) in
DVA Bolsover - funding for providing subsidised counselling to young people (aged 11-18) in Bolsover
DVA Chesterfield - funding for providing subsidised counselling to young people (aged 11-18) in Chesterfield
Charities Aid Foundation Grant - funding for core costs, technology and equipment.
Masonic Charitable Grant - funding for counselling sessions
The National Lottery Community Fund - funding for free counselling sessions
Duke of Devonshire - funding for counselling sessions for Key Workers
Coalfields Regeneration Trust Grant - funding for counselling sessions
Postcode Neighbourhood Trust Grant - funding for counselling sessions
Chesterfield Borough Council Funding - funding for counselling sessions
Derbyshire County Council Funding - funding for counselling sessions
One Stop - funding for family counselling services
Foundation Derbyshire - funding for older people counselling services
Hardwick CCG - funding for psychosexual therapy

17. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Designated funds	34,000	-	-	34,000
General funds	50,725	140,576	(123,327)	67,974
Restricted funds	3,498	57,243	(48,143)	12,598
	88,223	197,819	(171,470)	114,572

RELATE - CHESTERFIELD AND NORTH DERBYSHIRE
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

17. Summary of funds (continued)

Summary of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
Designated funds	34,000	-	-	34,000
General funds	47,849	152,467	(149,591)	50,725
Restricted funds	6,123	9,736	(12,361)	3,498
	<u>87,972</u>	<u>162,203</u>	<u>(161,952)</u>	<u>88,223</u>

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2021 £	Unrestricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	-	32,323	32,323
Current assets	12,598	76,800	89,398
Creditors due within one year	-	(7,149)	(7,149)
Total	<u>12,598</u>	<u>101,974</u>	<u>114,572</u>

Analysis of net assets between funds - prior year

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	-	30,742	30,742
Current assets	3,498	60,860	64,358
Creditors due within one year	-	(6,877)	(6,877)
Total	<u>3,498</u>	<u>84,725</u>	<u>88,223</u>

19. Related party transactions

There were no related party transactions during either year.