

REGISTERED COMPANY NUMBER: 04998207 (ENGLAND AND WALES)

REGISTERED CHARITY NUMBER: 1101961

College of Sexual and Relationship Therapists

Annual Report and Accounts

Trustees' Report

31 December 2023

Introduction

2023 saw the organisation continue its successful development and growth. A key focus for the year was the implementation of a new Relationship Therapist Register – ensuring COSRT’s structure reflected its membership and the specialities at its core. Alongside this important shift, membership grew again, meaning that our scope to improve professional standards and protect the public increased.

COSRT’s training offer continued to diversify through the year, with a range of new classes and seminars provided for professionals and the public. This core CPD training was accompanied by two major conferences – one of which was a flagship event in London that marked a return to in-person training after three years.

Professional standards underpinned all activity, with complaints against members being successfully conducted under the ethics and conduct framework. The 2022 launch of revised training course standards was built upon with reaccreditation of Professional Qualification courses, emphasising learning outcomes and competences for students.

The year an evolution of personnel. Towards the end of the year Sonja Pinnell left the post of Training and Knowledge Manager, whilst Jo Coker’s post was amended to Director of Therapy Standards to reflect cross cutting activity. The AGM saw members vote Markie Twist, Lohani Noor and Imelda-Hatton Yeo to the Board of Trustees.

Thanks to all who have contributed to and supported our work. Volunteers, staff, and trustees. Our mission is worthwhile and achieving our aims is not possible without your help.

John Alan Dodd

Chief Executive Officer

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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

1. WHY WE EXIST

COSRT works to improve professional standards and protect the public. Our focus is on Psychosexual and Relationship Therapies, working with and on behalf of a membership predominantly composed of practicing therapists. Our activities are underpinned by our Articles of Association, which include:

- The provision of, and assisting in the provision of training for those engaged in sexual, couple and relationship therapy;
- Formulating and monitoring standards of professional conduct and competence for those engaged in sexual, couple and relationship therapy; and
- Promoting research in the fields of marriage and other intimate relationships; sexual, couple and relationship therapy and human sexuality.

2. HOW WE HELP

To maximise our impact, we undertake a range of activities in accordance with our charitable objectives. These include:

- Overseeing a public register of trained Psychosexual and Relationship Therapists.
- Implementing ethical standards and a complaint procedure;
- Providing high-quality training and conferences.
- Publishing a peer reviewed international journal.
- Accrediting third-party training.
- Sharing information, advice and guidance with the public and professionals.
- Acting as the voice of the Psychosexual and Relationship Therapy sector.

3. STRATEGIC REPORT

3.1 Good Therapy for All. COSRT Strategy 2019 - 2022

In 2019 a strategic plan was agreed for the organisation. This was designed to guide the core activities and how resource was deployed through 2022. The strategy contained clear vision and mission statements:

- Vision: That everyone can access high quality psychosexual and relationship support regardless of their background or context.
- Mission: To improve knowledge around psychosexual and relationship issues, increase practice and training

The strategy is based on four overarching objectives:

- **Making evidence count:** Gathering and disseminating information; driving the impact of our international journal; and addressing knowledge gaps.
- **Setting professional standards:** Ensuring robust standards underpin the register; and promoting high professional standards across the sector.
- **Improving training and education:** Diversifying COSRT's training offer; and working with other providers to increase high quality specialist training provision.
- **Influencing policy and practice:** Increasing engagement with policy initiatives; diversifying COSRT events; and building organisational positions on key issues.

The strategy was continued through 2023 to allow for an extended strategy review period, taking into account the external changes post-pandemic.

3.2 Public Benefit

COSRT trustees ensure that all activities carried out by the charity are in support of its charitable objects and thus are to support the advancement of education in sexual, couple and relationship therapy for the benefit of the public.

In setting the overall strategic direction for the charity and its shorter-term objectives, the trustees have kept in mind the Charity Commission's guidance on public benefit.

3.3 Making evidence count

Our international peer reviewed journal continued to be at the core of our evidence activities. 2023 saw continued work to increase the impact and reach of the Journal of Sex and Relationship Therapy. Social media channels were used across platforms, and there was successful linkage between publisher, COSRT and journal media activities.

2023 metrics were positive for the journal with an impact factor of 1.5 and a five-year score of 1.7. Citescore, essentially a metric showing the average number of citations per document that a title receives over a three-year period was at 3.8. Citations, downloads, publications and open access all increased to ensure a very positive picture for the journal overall.

The journal continued to drive academic and practice-based discourse through its diverse content. 2023 saw an Outstanding Paper Award given to Cory Cascalheira and colleagues for “Curative kink: survivors of early abuse transform trauma through BDSM”. A Special Issue was also published in 2023 on Sexuality, Trauma, and Abuse – linking closely to COSRT’s conference theme for professional development.

3.4 Setting professional standards

Membership

COSRT continued to manage and maintain its membership structure and public register using the following categories:

- Student
- Professional Associate
- Retired
- Registered
- Accredited
- Senior Accredited

This was extended to a second public register in March, covering the speciality of Relationship Therapy alongside Psychosexual and Relationship Therapy.

Overall membership continued to grow through 2022, with numbers reaching just under 1300 members by the end of the year. As of December 2023, the public Psychosexual and Relationship Register contained 750 members – an increase from 713 a year earlier. By the end of 2023 the Relationship Therapist Register had reached almost 460 members from a starting point of around 400 in March.

Unregistered Membership category	Dec 2022	Dec 2023
Professional Associate	218	223
Student	249	285
Retired	17	22
Affiliate	8	7
Honorary Fellow	6	6
Total	498	543

Psychosexual and Relationship Therapy Register		
Membership category	Dec 2022	Dec 2023
Senior Accredited	199	180
Accredited	153	158
Registered	361	412
Total	713	750

Relationship Therapy Register		
Membership category	Mar 2023	Dec 2023
Senior Accredited	194	242
Accredited	106	109
Registered	105	106
Total	405	457

Complaints

In its role as a professional body, COSRT conducts complaints related to professional standards. This ensures members are held accountable for their adherence to the Code of Ethics. In 2023:

- Three complaints passed screening and were conducted under the Conduct Procedure.
- Two of these complaints were completed in 2022, with one concluded via Consensual Agreement Resolution and the other ending with a Professional Conduct Panel hearing.
- The third of the three new complaints continued into 2023 for completion.
- A fourth complaint was conducted in 2024, having started in 2024, with the outcome determined by a Professional Conduct Panel.

3.5 Improving training and education

Continued development of COSRT's training offer

In 2023 a major focus continued to be the organisation's training offer. This was and is seen as a vital aspect of work to improve practice standards and to subsequently support Service Users. Key actions included:

- Increasing the number of self-access video-based training courses.
- Increasing dedicated training for supervisors.
- Increasing dedicated support for Students.
- Minimising costs to users.

The work programme was highly successful and by the end of 2023:

- Ten new Self-Access Classes had been launched, with over 50 available by the end of the year.
- There were over 1000 Self-Access sales across the year, continuing the positive trend of 2022.
- 20 Online Seminars were held, seeing almost 1000 delegates attending.

In addition, four Student Support sessions were held meaning the support programme was fully implemented alongside four seminars for registered supervisors.

Accrediting training

COSRT continued to develop its role as an accrediting organisation for training related to Psychosexual and Relationship Therapies. An important part of the organisation's work was to reaccredit Professional Qualifications against revised standards developed through 2022. This saw standards evaluated against learner outcomes and related 'stretch' of training, as well as metrics around the time an average learner could be expected to dedicate to the training. Accredited courses also expanded to include two Relationship Therapy Professional Qualifications for the first time.

Annual conferences

The format of conferences was adapted in 2023 to include one face-to-face/hybrid conference alongside an online version. The first was a single day event held in Spring/Summer which explored how domestic abuse can be complex and hidden. The second hybrid event built on the vital theme to examine how therapists can support adult survivors of abuse. was a similar format, examining the effects of Race and Culture in Psychosexual & Relationship Therapy. Participation levels were extremely good, with the in-person event seeing over 150 people being joined by over 50 online.

3.6 Influencing policy and practice

COSRT continued its role in the cross-sector collaborative work around conversion therapy, retaining its place within the coalition supporting the Memorandum of Understanding on Conversion Therapy. COSRT also applied to join and later did join in 2024, the Coalition for The Coalition for Inclusion and Anti-Oppressive Practice. That is a grouping of organisations with a shared mission to improve diversity within the counselling, psychotherapy and psychological therapy professions.

Alongside that, COSRT staff and Members continued to produce opinion for and input into a range of media articles relevant to the professions served.

4 STRUCTURE, GOVERNANCE AND MANAGEMENT

4.1 Structure and Management

The College of Sexual and Relationship Therapists (COSRT) is a company limited by guarantee registered in England and Wales (number 4998207) and a registered charity (number 1101961). Its governing document was updated and agreed by the membership at their AGM on 12 July 2014.

COSRT exists to maintain professional standards in the field therapy for the protection of the public. It is primarily a membership organisation with over 1,200 members from a wide range of disciplines, including Psychosexual and Relationship Therapies, medicine, nursing, social work, and psychiatry.

Subject to certain matters reserved to members, COSRT's Board of Trustees holds all of the Charity's powers and authorities. The Board is ultimately responsible for the overall control and strategic direction of the Charity, and for the protection of its assets. Day-to-day management is delegated to the Chief Executive Officer, John Alan Dodd.

4.2 Board of Trustees

The trustees, who are also directors under company law, are elected by the members of the Charity at the Annual General Meeting and, subject to re-election or early retirement, serve for a maximum of nine successive years. The Board has the power to fill casual vacancies by appointment until the next Annual General Meeting. The trustees all give their time to COSRT on a voluntary basis and receive no remuneration. Out-of-pocket expenses may be reimbursed.

Trustees are required to declare any potential conflict of interest, financial or otherwise and may be required to withdraw from relevant proceedings.

The trustees who served during the year and up to the date of this report are as follows:

Andrew Galliford-Yates – resigned 9th November 2023

Steve Johnson (Chair)

Tim Blackstone

Dana Braithwaite

David Edwards

Charmian Beer – resigned 9th November 2023

Nigel Westwood – resigned 7th February 2024

Hazel Wright – resigned 28th May 2024

Colin Cosgrove – resigned 11th January 2023

Murray Blackett

Cate Campbell

Markie Twist – appointed 9th November 2023

Lohani Noor – appointed 9th November 2023

Imelda Hatton-Yeo – appointed 9th November 2023

4.3 Reference and Administrative Details

Registered Company number

04998207 (England and Wales)

Registered Charity number

1101961

Registered office

10 Queen Street Place

London

United Kingdom

EC4R 1BE

Bankers

CAF Charity Money Management

Kings Hill

West Malling

Kent ME19 4TA

Postal address

Suite 48987

PO Box 6945

London

W1A 6US

Email: info@cosrt.org.uk

Website: www.cosrt.org.uk

Solicitors

Bates, Wells & Braithwaite

10 Queen Street Place

London

United Kingdom

EC4R 1BE

Chief Executive Officer & Company Secretary

John Alan Dodd

Financial Managers

the dt group

Chartered Accountants

Swatton Barn

Badbury

Swindon

Independent examiner

A Clarke FCCA

the dt group

Chartered Accountants

Swatton Barn

Badbury

4.4 Financial Review

COSRT is predominantly funded through membership subscriptions. The trustees set a budget for 2023 with a target to achieve a deficit of £108,450.

At the end of the year, however, COSRT posted financial performance that continued a trend of surplus at year end. There was an actual overall underspend (surplus) was £9,563.

Income increased due to larger numbers of Members – over £4,000 above budget target. CPD income was also above target – posting a £26,000 surplus – albeit reduced compared to 2022. Spending across the year was well managed, with staff and wider activity costs within planned budget – posting a combined surplus of £76,451 – with factors including gaps in staffing and changes to work priorities in year.

The trustees have a reserves policy in place to ensure that the charity maintains sufficient reserves to be able to deal with unforeseen crises and to be able to wind up in good order if necessary. They believe that the charity should normally have enough reserves to maintain itself for twelve months, which are estimated to be £90,000. This policy is reviewed by the trustees on an annual basis. The reserves are at this level which the trustees believe to be prudent to maintain in the uncertain financial climate. The charity currently makes no specific investments.

General funds of £365,732 represent available free funds as of 31st December 2023

4.5 Exemptions from Disclosure

There are no exemptions from disclosure in this report.

4.6 Funds Held as Custodian Trustee on Behalf of Others

The charity is not acting as custodian trustee for any funds.

4.7 Statement of Trustees' Responsibilities

Company law requires the trustees to prepare financial statements for each financial year, and which give a true and fair view of the charitable company's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and

- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in operation.

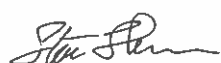
The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charitable company, and which enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for ensuring that the report of the Board of Trustees and other information included in the annual report is prepared in accordance with company law in the United Kingdom.

4.8 Independent Examination

A resolution to re-appoint the dt group as Independent Examiners for the ensuing year will be proposed at the annual general meeting in accordance with Section 489 of the Companies Act 2006.

Approved by order of the board of trustees on 10th September 2024 and signed on its behalf by:



Steve Johnson. Chair of the COSRT Board of Trustees

5 INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE COLLEGE OF SEXUAL AND RELATIONSHIP THERAPISTS ('the company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

5.1 Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In

carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

5.2 Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Associate Chartered Accountant which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- Accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A Clarke FCCA
the dt group
Swatton Barn
Badbury
Swindon
Wiltshire
SN4 0EU



Date : 10th September 2024

COLLEGE OF SEXUAL AND RELATIONSHIP THERAPISTS

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		1	-	1	-
Charitable activities					
Conference income		19,356	-	19,356	27,727
Membership contributions		189,186	-	189,186	183,972
Journal income		27,697	-	27,697	25,541
CPD income		66,822	-	66,822	70,383
Other income		<u>39,500</u>	<u>-</u>	<u>39,500</u>	<u>37,340</u>
Total		<u>342,562</u>	<u>-</u>	<u>342,562</u>	<u>344,963</u>
EXPENDITURE ON					
Charitable activities					
Information and education		105,090	-	105,090	88,491
Conference costs		42,911	-	42,911	17,020
Membership support & services		71,910	-	71,910	62,746
Support costs		110,631	-	110,631	90,612
Governance costs		<u>2,457</u>	<u>-</u>	<u>2,457</u>	<u>2,457</u>
Total		<u>332,999</u>	<u>-</u>	<u>332,999</u>	<u>261,326</u>
NET INCOME		9,563	-	9,563	83,637
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>356,169</u>	<u>-</u>	<u>356,169</u>	<u>272,532</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>365,732</u></u>	<u><u>-</u></u>	<u><u>365,732</u></u>	<u><u>356,169</u></u>

The notes form part of these financial statements

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**BALANCE SHEET
31 DECEMBER 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	6	1,143	-	1,143	1,486
CURRENT ASSETS					
Debtors	7	16,945	-	16,945	10,138
Cash at bank		<u>378,832</u>	<u>-</u>	<u>378,832</u>	<u>376,398</u>
		395,777	-	395,777	386,536
CREDITORS					
Amounts falling due within one year	8	(31,188)	-	(31,188)	(31,853)
		<u>364,589</u>	<u>-</u>	<u>364,589</u>	<u>354,683</u>
NET CURRENT ASSETS					
		<u>364,589</u>	<u>-</u>	<u>364,589</u>	<u>354,683</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>365,732</u>	<u>-</u>	<u>365,732</u>	<u>356,169</u>
NET ASSETS		<u>365,732</u>	<u>-</u>	<u>365,732</u>	<u>356,169</u>
FUNDS	9				
Unrestricted funds				<u>365,732</u>	<u>356,169</u>
TOTAL FUNDS				<u>365,732</u>	<u>356,169</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS

BALANCE SHEET - continued
31 DECEMBER 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10th September 2024 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Steve Johnson', written in a cursive style.

Steve Johnson – Chair of the COSRT Board of Trustees

The notes form part of these financial statements

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 25% on reducing balance

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023**

2. SUPPORT COSTS

	Management costs £	Governance £	Totals £
Information and education Conference costs	35,476	-	35,476
	18,566	-	18,566
Support costs	44,420	-	44,420
Governance costs	-	2,457	2,457
	<u>98,462</u>	<u>2,457</u>	<u>100,919</u>

Support costs, included in the above, are as follows:

MANAGEMENT

	Information and education	Conference costs	Support costs	2023 Total activities	2022 Total activities
	£	£	£	£	£
Marketing and research	2,406	1,259	3,013	6,678	3,302
Sundries	666	349	834	1,849	912
Professional	16,984	8,889	21,267	47,140	27,990
Office costs	15,295	8,005	19,152	42,452	24,482
Depreciation of tangible and heritage assets	<u>125</u>	<u>64</u>	<u>154</u>	<u>343</u>	<u>450</u>
	<u>35,476</u>	<u>18,566</u>	<u>44,420</u>	<u>98,462</u>	<u>57,136</u>

GOVERNANCE COSTS

	2023 Governance costs	2022 Total activities
	£	£
Auditors' remuneration	<u>2,457</u>	<u>2,457</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Independent examiners fee	2,457	2,457
Depreciation - owned assets	<u>343</u>	<u>450</u>

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023**

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

TRUSTEES' EXPENSES

The trustees are entitled to reclaim reasonable out of pocket expenses. During the year 10 trustees reclaimed £ (2023 £4,512) in respect of travel and other expenses.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Conference income	27,727	-	27,727
Membership contributions	183,972	-	183,972
Journal income	25,541	-	25,541
CPD income	70,383	-	70,383
Other income	<u>37,340</u>	<u>-</u>	<u>37,340</u>
Total	<u>344,963</u>	<u>-</u>	<u>344,963</u>
EXPENDITURE ON			
Charitable activities			
Information and education	88,491	-	88,491
Conference costs	17,020	-	17,020
Membership support & services	62,746	-	62,746
Support costs	90,612	-	90,612
Governance costs	<u>2,457</u>	<u>-</u>	<u>2,457</u>
Total	<u>261,326</u>	<u>-</u>	<u>261,326</u>
NET INCOME	83,637	-	83,637
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>272,532</u>	<u>-</u>	<u>272,532</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>356,169</u></u>	<u><u>-</u></u>	<u><u>356,169</u></u>

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023**

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 January 2023 and 31 December 2023	<u>11,349</u>	<u>8,543</u>	<u>19,892</u>
DEPRECIATION			
At 1 January 2023	11,062	7,344	18,406
Charge for year	<u>43</u>	<u>300</u>	<u>343</u>
At 31 December 2023	<u>11,105</u>	<u>7,644</u>	<u>18,749</u>
NET BOOK VALUE			
At 31 December 2023	<u>244</u>	<u>899</u>	<u>1,143</u>
At 31 December 2022	<u>287</u>	<u>1,199</u>	<u>1,486</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Prepayments	<u>16,945</u>	<u>10,138</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	3,640	4,425
Social security and other taxes	4,036	3,202
Other creditors	881	1,036
Accruals and deferred income	<u>22,631</u>	<u>23,190</u>
	<u>31,188</u>	<u>31,853</u>

9. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	<u>356,169</u>	<u>9,563</u>	<u>365,732</u>
TOTAL FUNDS	<u>356,169</u>	<u>9,563</u>	<u>365,732</u>

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023**

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	342,562	(332,999)	9,563
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>342,562</u>	<u>(332,999)</u>	<u>9,563</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	272,532	83,637	356,169
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>272,532</u>	<u>83,637</u>	<u>356,169</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	344,963	(261,326)	83,637
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>344,963</u>	<u>(261,326)</u>	<u>83,637</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	272,532	93,200	365,732
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>272,532</u>	<u>93,200</u>	<u>365,732</u>

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023**

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	687,525	(594,325)	93,200
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>687,525</u>	<u>(594,325)</u>	<u>93,200</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

11. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital. The liability of each member is limited to a sum not exceeding £1 on the winding up of the company.

The word limited is omitted by licence from the Department of Trade & Industry as the company has charitable status.

**COLLEGE OF SEXUAL AND RELATIONSHIP
THERAPISTS**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	1	-
Charitable activities		
Membership contributions	189,186	183,972
Conference income	19,356	27,727
Journal income	27,697	25,541
CPD income	<u>66,822</u>	<u>70,383</u>
	303,061	307,623
Other income		
Other	35,366	33,430
Accreditation Fees	<u>4,134</u>	<u>3,910</u>
	<u>39,500</u>	<u>37,340</u>
Total incoming resources	342,562	344,963
EXPENDITURE		
Charitable activities		
Wages	165,324	143,314
Social security	8,092	8,028
Pensions	6,360	5,523
Speakers	26,129	20,651
Costs relating to publishing	21,777	18,299
Legal & professional fees	<u>4,398</u>	<u>5,918</u>
	232,080	201,733
Support costs		
Management		
Marketing and research	6,678	3,302
Sundries	1,849	912
Professional	47,140	27,990
Office costs	42,452	24,482
Fixtures and fittings	300	399
Computer equipment	<u>43</u>	<u>51</u>
	98,462	57,136
Governance costs		
Auditors' remuneration	<u>2,457</u>	<u>2,457</u>
Total resources expended	<u>332,999</u>	<u>261,326</u>
Net income	9,563	83,637

This page does not form part of the statutory financial statements