

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2022
for
The National Organisation For FASD

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

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The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The National Organisation for FASD (formerly NOFAS-UK) is dedicated to supporting people affected by Fetal Alcohol Spectrum Disorders (FASD), their families and communities; campaigns to raise public awareness; and promotes policies and practices which further these objectives. Broadly these aims can fall under the following areas:

1. (a) to advance the education of the general public in all areas relating to Fetal Alcohol Spectrum Disorders (FASD) in order to eliminate birth defects caused by alcohol consumption during pregnancy.
2. (b) To preserve and protect the health of those individuals affected by FASD.

Significant activities

The National Organisation for FASD Trustees reaffirm the organisation's twin mission of education and support - focusing on national strategies and campaigns that raise awareness of Fetal Alcohol Spectrum Disorders and the risks of alcohol in pregnancy. NOFAS-UK remains committed to socially responsible best practices, emphasising work that is positive and inclusive.

The National Organisation for FASD seeks to broaden public awareness of FASD for both prevention and support, and within that broad objective specifically targets relevant practitioners (eg. GPs, midwives, teachers) and prioritises engaging with policy makers and opinion shapers.

The National Organisation for FASD seeks to increase wellbeing and support provided for those with FASD and their families and works to raise the voices of those too often left out of discussions that directly affect their lives.

The National Organisation for FASD created three new websites (www.nationalfasd.org.uk, www.preventfasd.ino and www.fasd.me) to provide information freely available to increase awareness of FASD and support those with FASD and their families; our wellbeing project conducted a major new project "Resources and Training to Support Children and Young People with FASD" in partnership with Seashell, funded by DHSC; we launched a ground-breaking prevention project aimed at 15-25 year olds involving release of an award-winning film and a national competition; our education programme developed a new e-school and continued educating midwives, GPs and other healthcare practitioners.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Overall impact

The National Organisation for FASD promotes an integrated and informed national approach for FASD prevention, diagnosis and support. We create resources and materials for people with FASD, their supporters and the practitioners and professionals around them. In doing this, we seek to create brighter futures. Our fingerprint is on the most profound policy changes ever made on FASD in the UK. In fact, we have called 2022 'the tipping point,' since for the first time ever all major public health bodies are now on record recognising FASD and the importance of early diagnosis and support.

Our programmes have three mutually reinforcing strands - wellbeing, learning and prevention.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

We work collaboratively and are guided by lived experience. Our board of Trustees are all leaders in their fields and our growing staff also works closely with our committee of Adults and Young Adults with FASD and our experts committee, which includes some of the country's leading experts alongside parents, carers and guardians of those with FASD (people with lived experience). We also seek input from the wider FASD community through our own database of contacts and via our cooperative collaboration with the FASD UK Alliance and other related organisations and coalitions.

The Time is Now: Changing the national landscape and promoting best practice

In 2022, the National Institute for Health and Care Excellence (NICE), issued NICE Quality Standard 204, a transformational document that outlines improvements in quality of care for FASD prevention, diagnosis and support. Our chief executive served as a lay member on the NICE committee that created this Quality Standard.

Purpose: To prepare for the increased national attention to FASD across health services that will result from the NICE Quality Standard, the National FASD Experts Committee convened a series of nine roundtable discussions chaired by Prof Raja Mukherjee and Sandra Butcher and involving more than 60 of the country's leading practitioners, commissioners, public health officials, researchers, leaders from the Third Sector and people with lived experience. Our Time is Now report is designed to help guide the next steps - demonstrating best practice and encouraging operationalisation of aspects of the NICE Quality Standard.

Process: Participants took part in their individual capacities, not as representatives of organisations. Substance could be reported out but not attributed to any individual (Chatham House rules). Chairs' summaries formed the core of the final 140-page interactive report that is a practical tool and comprehensive overview of steps for ramping up services, including practical guidance of how to ramp up services, all based on best practice in UK). Easy access versions of the Time is Now (and other policy matters) make it accessible more widely.

The Launch: The report was launched at a nationally livestreamed event on 21st March 2022, coincidentally just 6 days after NICE released its long-delayed Quality Standard on FASD. Approximately 50 participants attended in person at the National Liberal Club in London. The event was viewed on the day by more than 1,000 people and The Time is Now webpage has been viewed almost 1,000 times; National FASD posts about the report and event reached almost 100,000 users and hard copies are still being distributed, with more than 500 copies shared so far. The #FASDTimeIsNow twitter hashtag was viewed almost 20,000 times.

Outcomes: The Time is Now is being used by commissioners, clinicians, programme managers, policy makers, families and charities. For example, our September Awareness month days of action encouraged people to share the Time is Now with local policy makers, MPs, and commissioners. We are now convening regular meetings with mostly families/local groups who are in follow-on discussions in Buckinghamshire, Cambridgeshire/Peterborough, Cornwall, Derbyshire and Sheffield, Devon, County Durham, Hampshire and the Isle of Wight, Hertfordshire/Essex, Kent/Medway and NHS Borders, North East and North Cumbria ICB and Lancashire and South Cumbria ICB, Stockport, and the NE generally. We know it has been used in Sheffield, Kingston-on-Thames, Greater Manchester, Brighton and Hove and has led to further action in Hertfordshire and Essex, Evelina Children's Hospital and in groups such as Queen's Nursing Institute Scotland, FASD Awareness, FASD Ireland, FASD Greater Manchester and more. It was presented at the EU FASD Conference in Norway in September 2022.

Raja and Neil's FASD Book Club: As part of our efforts to make research more accessible, we started a series of 'bitesize' 30-minute lunchtime sessions based on 'Prevention, Recognition and Management of Fetal Alcohol Spectrum Disorders', by Prof Raja Mukherjee and Dr Neil Aiton (Springer, 2021). Each session so far has involved up to 50 people and the sessions are recorded, edited, and posted on the National FASD YouTube channel. So far, they have been viewed 1665 times on YouTube. In addition, we prepare 'easy access' summaries of each talk to help make the material more widely available and accessible. The Book Club is continuing in 2023.

" Session 1, Introduction - Professor Raja Mukherjee and Dr Neil Aiton, 22 June 2022

" Session 2, Standardising the Approach to Assessment and Diagnosis, Prof Raja Mukherjee and Dr Neil Aiton, 21st July 2022

" Session 3, The Complex Issues Related to Alcohol and Pregnancy: Evidence, Ethics and the Law, with Dr Neil Aiton, 3rd August 2022.

" Session 4, Overview of FASD: How our Understanding of FASD Has Progressed, with Dr Alan D. Price, 16th August 2022

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

- " Session 5, How FASD Presents Across the Lifespan, with Prof. Ana C. Hanlon-Dearman, 16 September 2022
- " Session 6, Diagnosing FASD in the Context of Other Overlapping Neurodevelopmental Presentations, with Prof. Raja Mukherjee, 22nd September 2022
- " Session 7, The Complexity of Attachment Issues in FASD, with Helen Oakwater, 4th October 2022
- " Session 8, Transition Into Adulthood & Avoiding Secondary Disabilities, with Raja Mukherjee, 3rd November 2022
- " Session 9, Conversations About Alcohol Use In Pregnancy, with Anna Ferguson, 23rd November 2022
- " Session 10, Service Delivery: Organisation & Models of Care, with Prof Raja Mukherjee, 8th December 2022
- " Session 11, It Isn't All About the Facial Features, with Miguel del Campo, 22nd December 2022

Me and My FASD - Promoting well-being for those with FASD

In 2022, National FASD continued its offerings for children and young people with FASD via our world-leading website www.fasd.me created specifically to help children and young people understand their diagnosis, learn from their peers about coping strategies, and to break the loneliness that too many with FASD feel.

We also continued our piloting of The Me and My FASD Club. The concept behind the club is to educate and empower a group of young people with FASD to understand how they are affected and build strategies to increase their well-being. All the materials produced reflect real life positive UK examples of young people living with FASD.

During 2022, we produced our second pilot magazine, Living FASD, and mailed these out to a group of 300 young people. We were also successful in applying for a further grant that will make it possible to increase the circulation of 5 editions of the magazine plus associated resources, both in number (up to 900) and geographically (throughout the whole of the UK).

Providing support

Our helpline took more than 190 requests for information in 2022. In addition, National FASD continues to join with other FASD UK Alliance groups to pool resources and two of our staff serve as co-moderators with other leaders of the FASD UK Alliance on the FASD UK Facebook support group that supported some 3,500 families in 2022. (The Alliance is a coalition of independent FASD groups across the UK. National FASD is a sister organisation, and our chief executive is on the steering committee). As demonstrated below, our websites are regularly used to provide information on FASD to the wider community.

Researching and developing the National FASD Alcohol and Pregnancy toolkit

As another of our responses to the NICE Quality Standard on FASD, during 2022 we continued intensive development and partial piloting of a new Alcohol in Pregnancy Toolkit that will be launched on 27th June 2023. It contains materials that will inform and support Maternity Teams with the aim of reducing alcohol-exposed pregnancies and Fetal Alcohol Spectrum Disorder (FASD).

The toolkit aims to ensure that Maternity Teams: have the latest information and policy on alcohol in pregnancy and FASD, are empowered to discuss alcohol consumption in pregnancy with women, feel confident to share their knowledge with pregnant women to ensure that they are aware of the risks associated with drinking alcohol in pregnancy, understand how to record alcohol intake accurately in order to offer personalised care to the mother and also to support future diagnosis of FASD where needed.

Many midwives have not had specific training around alcohol and pregnancy in their undergraduate training and have expressed concern about how to manage conversations about alcohol in pregnancy as well as FASD.

Now that these conversations should be happening throughout pregnancy and that they should also be recorded (NICE, 2022) it is crucial that midwives have access to expert information about how to do this. These conversations have the power to help a woman understand the risks of alcohol in pregnancy and reduce the incidence.

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Report of the Trustees For The Year Ended 31 December 2022

Items under development include:

- " This first of its kind e-course
- " An Alcohol in Pregnancy leaflet for the general public
- " Posters for use with the general public
- " Fast facts concertina leaflets for use by healthcare professionals
- " Pull-up banners for use with the general public.
- " A table-top aid for Maternity Teams
- " Balloons and bunting for use in awareness-raising

A pilot was held on 09.09.22, International FASD day. Midwives from various locations across the UK held awareness events using some of the new materials. The toolkit pilot aimed to test out the materials, to increase knowledge amongst the general public, and to empower midwives and other professionals to feel confident in having conversations about alcohol in pregnancy in order to support pregnant women.

While the pilot was impacted by the death of the Queen on 08.09.2022, and many NHS trusts were told to have a social media blackout, we were still able to get feedback about the new materials. Feedback from the midwives that took part in the trial was very positive: 'The materials are the best yet'; 'Superb'; 'Public interested in the leaflets - almost all taken!'; 'Really good quality'; 'Excellent. Professionally designed and easily caught people's eye'. 'Presentation of all the materials were superb - they tackled a difficult topic well and easily, without judgement'.

September FASD Awareness Month

In 2022 for September FASD Awareness Month, National FASD provided resources and support for daily actions to help raise awareness of FASD and to promote wellbeing and support for those with FASD and those who care for them. We provided an FASD Action Calendar that linked to blog posts with resources, links, sample letters and all that people needed to make this the most exciting FASD month yet. We launched a new "FASD Song" written by a young adult with FASD, we provided templates so people could contact media, MPs, GPs, health boards and others, we linked in with other awareness days during the month, we had special activities for children and young people, we offered free access to our e-course for 175 teaching assistants, among other activities.

Learning - increased demands for our training offer

With all the national developments surrounding FASD during 2022 we have seen a marked increase in the demand for training. This is reflected in requests that are made to the Organisation. To address this increased demand National FASD started to increase its capacity to provide training throughout the year while preserving the principles outlined in the best practice UK guide for delivering FASD training that we developed during 2020. We have continued to develop and run the highly successful training, which we developed and present in collaboration with the charity Seashell. During 2022 we delivered four 1-day 'An introduction to FASD' training experiences and two 3-day intensive 'Me and My FASD: Supporting a Young Person to Understand their FASD Diagnosis' trainings. Also, during the year, we have investigated ways of increasing the staff and volunteer workforce so that we have a larger number of staff to provide training, develop new bespoke packages and deal with enquiries.

Our staff are regularly called upon to present and engage with a wide range of audiences for presentations and consultations. In 2022 our staff engagements included: Paediatric trainees and neurodevelopmental network; Keys; Herts FASD Support Group; South Wales Doctoral Training Programme in Clinical Psychology; Leicester Virtual School; Kirklees Virtual School; Bristol University NHS Sussex Community NHS Foundation Trust; ADHD Foundation; Royal College of Speech and Language Therapists; OHID; University East Anglia; FASD national service away day; FASD Awareness; Portman Group; RCPCH; Liverpool John Moore University; RCLT; MCA consultation; Family Adoption Links; Liz Truss MP; Forensic CAMHS training; Kingston CCG SEND Partnership; Surrey University; FASD United; Birmingham City University; University of Salford; FASD Ireland; EUFASD; BACCH (British Association of Community Child Health); SLT Aware; Sheffield All Age FASD Steering Group; Greater Manchester Health and Social Care Partnership; Early years SEND conference Hertfordshire; Greater Manchester Health and Social Care Partnership; expert from Canada; South East Post Adoption Network; Sylvia Adams Charitable Trust; Evelina Children's Hospital; Learning Technology Awards (runner up); Hertfordshire County Council; and more. This list is indicative and not exhaustive. When we say we believe in collaboration, we mean it.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

Social media

Over the course of 2022, our content and messaging reached almost half a million people in the UK and around the world. We have seen consistent, healthy growth of all of our social media platforms, as well as our websites.

2022 social media at a glance:

" 1,163 new followers

" Reached almost half a million people

" Significant increases in almost all major metrics across all platforms compared with 2021

Our Facebook page experienced a very positive year in 2022, with rises in all key metrics compared with 2021. Page Reach for the year was 60% higher than the previous period, Page Visits more than doubled when compared with 2021, and we saw a 90% increase in the rate of new likes and follows. Notable points of increased activity include the period around the release of 'The Time is Now', in March 2022, and throughout September 2022, during FASD Awareness Month.

Similarly to our Facebook page, our Instagram account saw substantial growth in 2022. Reach was lower than in 2021, but despite this, we saw a near 80% rise in the number of Profile Visits and our following nearly doubled in the course of the year.

Our Twitter profile continued to demonstrate healthy growth throughout 2022. Our following grew by nearly 300 users, and now totals more than 3,000, our Tweets were seen by 205,994 users, and our profile was visited 35,775 times.

Our LinkedIn profile is the newest of our social media platforms, having only been established in 2021. However, it is a growing platform and one that will ideally prove to be highly valuable in communicating with a professional audience, particularly as we look to expand our training operations.

Websites

2022 Website performance at a glance:

" 329,833 pageviews across all 3 sites

" National FASD website alone attracted nearly 40,000 users in 2022

" FASD.me website was used by almost 10.5k people with FASD and their loved ones.

www.nationalfasd.org.uk

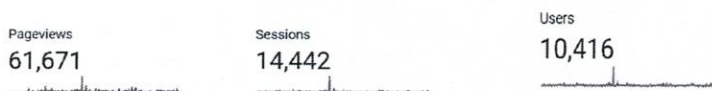
The National FASD website attracted almost 40,000 users over the course of 2022, which is a 21% rise on the previous period. It also saw a 25% increase in the number of sessions, a 34% rise in the number of page views, a 3% rise in the number of sessions per user, and notable 83% reduction in the bounce rate.



This reduced bounce that not only are we attracting more users, but the users that do find our site are increasingly engaging with the site content.

www.FASD.me

Throughout 2022, the FASD.me site gathered almost 10.5k visitors, and almost 14.5k sessions. We saw a 23% increase in the number of pageviews over the previous year, a 64% increase in the number of pages browsed per session, and a 74% reduction in the bounce rate.



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<https://preventfasd.info>

The Prevent FASD website also saw a positive year in 2022. It enjoyed a 2% uplift in the number of sessions per user, a 15% uplift in the number of pages per session, and a 70% reduction the bounce rate. Overall, the Prevent FASD website gathered 10,018 pageviews, 4,099 sessions, and 3,128 users over the course of 2022. While this website is not as heavily trafficked as our others and we haven't promoted it as much this year, it is demonstrating that it's in good health, with users browsing more pages per visit and a similarly large reduction in bounce rates to its counterparts.

Merchandise

During 2022 we had 202 orders placed via the merch shop on our websites and had increased revenue from the previous year's sales by 13.5%. Our best-selling product in 2022 was the Break it Down Board - 127 of these were purchased via our online shop. In March 2022 we began to roll out some trial materials for the Alcohol in Pregnancy toolkit. In August 2022 we joined with Hidden Disabilities to create a National FASD Sunflower lanyard. From when the lanyard was launched to the end of 2022, we sold 71 of our FASD Sunflower Lanyards. September is FASD Awareness Month, so for the whole month we offered a free awareness pack. These contained 5 individual posters and 10 Alcohol and Pregnancy leaflets, we sent out 191 of these packs during Awareness Month. In December 2022, we launched a Me and My FASD Club/Living FASD magazine subscription, ordering of this is now available via our merch shop.

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a surplus for the year of £161,503, compared with a deficit of £7,373 for the year ended 31st December 2021. The total net reserves at 31st December 2022 were £265,949 compared with £104,446 at 31st December 2021. Total expenditure during the year was £233,271 (2021: £256,948.)

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2022 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include Diageo GB and The Sylvia Adams Trust.

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is at least equivalent to six months operational expenditure and have done so having regards to its manner of operation of likely funding streams and taking account of potential risks that may arise from time to time. This policy is annually reviewed by the trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Wider network

WORKING COOPERATIVELY: The National Organisation for FASD is proud to be a member of the FASD UK Alliance, a coalition of independent groups across the British Isles. As a sister organisation in the FASD UK Alliance, we actively contribute and advertise FASD UK Facebook support groups for families, professionals, teens and adults with FASD and one focused on FASD and gender identity. These groups reach more than 2,600 individuals and families. The National Organisation for FASD helps channel stakeholder views from the FASD UK Alliance into policy debates. We work in cooperation with other disability groups, advocacy groups and professional organisations on a range of intersecting interests. The National Organisation for FASD fully agrees with the motto "Together We Are Stronger." We also work with other related coalitions such as Embracing Complexity, the EU FASD Alliance, the Alcohol Health Alliance, the international NOFAS Affiliate Network and the Council for Disabled Children.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

M N Attwell (resigned 31.12.22)
L Bradford
R S Kelly (resigned 20.6.22)
K L Price
R Reynolds
G Radford (resigned 26.2.22)
T V Griffiths
N L Pasek MBE
G Daniel (appointed 1.1.23)
P Jackson OBE, FRCPCH (appointed 1.1.23)
B Carpenter CBE D.Litt (appointed 1.4.23)

Hon. Vice-President

Michael Attwell

Chief Executive

Sandra Butcher


The National Organisation For FASD

**Report of the Trustees
For The Year Ended 31 December 2022**

Independent Examiner

Susan Keane
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 13th September 2023 and signed on its behalf by:



.....
N L Pasek MBE - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.


Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Susan Keane

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 13th September 2023

The National Organisation For FASD

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2022

	Notes	Unrestricted fund £	Restricted funds £	31.12.22 Total funds £	31.12.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	8,252	371,377	379,629	241,458
Other trading activities	3	<u>15,145</u>	<u>-</u>	<u>15,145</u>	<u>8,117</u>
Total		<u>23,397</u>	<u>371,377</u>	<u>394,774</u>	<u>249,575</u>
EXPENDITURE ON					
Raising funds		2,836	548	3,384	14,902
Charitable activities	4				
Wellbeing		608	25,461	26,069	57,338
Learning		-	65,087	65,087	57,777
Prevention project		-	136,421	136,421	124,546
Governance		<u>2,310</u>	<u>-</u>	<u>2,310</u>	<u>2,385</u>
Total		<u>5,754</u>	<u>227,517</u>	<u>233,271</u>	<u>256,948</u>
NET INCOME/(EXPENDITURE)		17,643	143,860	161,503	(7,373)
RECONCILIATION OF FUNDS					
Total funds brought forward		39,992	64,454	104,446	111,819
TOTAL FUNDS CARRIED FORWARD		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>

The notes form part of these financial statements

The National Organisation For FASD

Balance Sheet 31 December 2022

	Notes	Unrestricted fund £	Restricted funds £	31.12.22 Total funds £	31.12.21 Total funds £
CURRENT ASSETS					
Debtors	11	62,029	70,250	132,279	11,298
Cash at bank and in hand		<u>36,093</u>	<u>138,064</u>	<u>174,157</u>	<u>106,150</u>
		98,122	208,314	306,436	117,448
CREDITORS					
Amounts falling due within one year	12	(40,487)	-	(40,487)	(13,002)
NET CURRENT ASSETS		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>
NET ASSETS		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>
FUNDS	13				
Unrestricted funds				57,635	39,992
Restricted funds				<u>208,314</u>	<u>64,454</u>
TOTAL FUNDS				<u>265,949</u>	<u>104,446</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

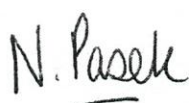
The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



.....
N L Pasek MBE - Trustee

The notes form part of these financial statements

The National Organisation For FASD

Notes to the Financial Statements For The Year Ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Fetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2020 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. A new system of allocation of support costs for the Charity was implemented in 2020 to apportion costs between:

Wellbeing
Learning
Prevention

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The restricted income funds are specifically designated for GP/Midwives projects, which are used to educate and raise awareness about FASD and its harm to over 15,000 GP and midwives in the UK.

The National Organisation For FASD

Notes to the Financial Statements - continued For The Year Ended 31 December 2022

1. ACCOUNTING POLICIES - continued

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.22	31.12.21
	£	£
Donations	8,254	13,771
Grants	<u>371,375</u>	<u>227,687</u>
	<u>379,629</u>	<u>241,458</u>

3. OTHER TRADING ACTIVITIES

	31.12.22	31.12.21
	£	£
Shop income	8,342	7,357
Training/educational services	<u>6,803</u>	<u>760</u>
	<u>15,145</u>	<u>8,117</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)	Support costs (see note 6)	Totals
	£	£	£
Wellbeing	4,771	21,298	26,069
Learning	7,660	57,427	65,087
Prevention project	24,314	112,107	136,421
Governance	<u>-</u>	<u>2,310</u>	<u>2,310</u>
	<u>36,745</u>	<u>193,142</u>	<u>229,887</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2022**

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.22	31.12.21
	£	£
Project printing, promotion and distribution	36,591	77,602
Entertainment	<u>154</u>	<u>501</u>
	<u>36,745</u>	<u>78,103</u>

6. SUPPORT COSTS

	Other	Governance	Totals
	£	costs £	£
Wellbeing	13,919	7,379	21,298
Learning	55,735	1,692	57,427
Prevention project	107,158	4,949	112,107
Governance	<u>-</u>	<u>2,310</u>	<u>2,310</u>
	<u>176,812</u>	<u>16,330</u>	<u>193,142</u>

Support costs, included in the above, are as follows:

	Wellbeing	Learning	Prevention project
	£	£	£
Wages	3,100	40,672	91,044
Rent, rates and utilities	5,429	5,526	8,308
Insurance	516	602	728
Telephone	363	423	423
Office costs	2,362	4,606	2,686
Sundries	1,999	3,739	1,044
Travel	150	107	2,925
Independent examiners fee	-	-	-
Accountancy, legal and consultancy costs	<u>7,379</u>	<u>1,692</u>	<u>4,949</u>
	<u>21,298</u>	<u>57,427</u>	<u>112,107</u>

	31.12.22	31.12.21
	Total	Total
	activities	activities
	£	£
Governance	-	134,816
Wages	-	19,263
Rent, rates and utilities	-	1,846
Insurance	-	1,209
Telephone	-	5,890
Office costs	-	6,782
Sundries	-	3,192
Travel	-	828
Independent examiners fee	2,310	2,385
Accountancy, legal and consultancy costs	<u>-</u>	<u>14,020</u>
	<u>2,310</u>	<u>193,142</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2022**

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.22	31.12.21
	£	£
Independent examiners fee	<u>2,310</u>	<u>2,385</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.22	31.12.21
	4	2
Administration	<u>4</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	71,457	170,001	241,458
Other trading activities	<u>7,357</u>	<u>760</u>	<u>8,117</u>
Total	<u>78,814</u>	<u>170,761</u>	<u>249,575</u>
EXPENDITURE ON			
Raising funds	13,883	1,019	14,902
Charitable activities			
Wellbeing	57,338	-	57,338
Learning	1,626	56,151	57,777
Prevention project	-	124,546	124,546
Governance	<u>2,385</u>	<u>-</u>	<u>2,385</u>
Total	<u>75,232</u>	<u>181,716</u>	<u>256,948</u>
NET INCOME/(EXPENDITURE)	3,582	(10,955)	(7,373)
RECONCILIATION OF FUNDS			
Total funds brought forward	36,409	75,410	111,819

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2022

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>39,991</u>	<u>64,455</u>	<u>104,446</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Trade debtors	121,521	-
Other debtors	508	1,298
Prepayments and accrued income	<u>250</u>	<u>10,000</u>
	<u>132,279</u>	<u>11,298</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Trade creditors	182	647
Other creditors	2,335	130
Deferred income	35,625	10,000
Accrued expenses	<u>2,345</u>	<u>2,225</u>
	<u>40,487</u>	<u>13,002</u>

13. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
Unrestricted	39,992	17,643	57,635
Restricted funds			
Learning	36,441	55,702	92,143
Prevention project	28,013	54,713	82,726
Wellbeing			
	<u>-</u>	<u>33,445</u>	<u>33,445</u>
	<u>64,454</u>	<u>143,860</u>	<u>208,314</u>
TOTAL FUNDS	<u>104,446</u>	<u>161,503</u>	<u>265,949</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2022

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	23,397	(5,754)	17,643
Restricted funds			
Learning	121,221	(65,519)	55,702
Prevention project	191,250	(136,537)	54,713
Wellbeing			
	<u>58,906</u>	<u>(25,461)</u>	<u>33,445</u>
	<u>371,377</u>	<u>(227,517)</u>	<u>143,860</u>
TOTAL FUNDS	<u>394,774</u>	<u>(233,271)</u>	<u>161,503</u>

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
Unrestricted	36,409	3,583	39,992
Restricted funds			
Learning	42,570	(6,129)	36,441
Prevention project	<u>32,840</u>	<u>(4,827)</u>	<u>28,013</u>
	<u>75,410</u>	<u>(10,956)</u>	<u>64,454</u>
TOTAL FUNDS	<u>111,819</u>	<u>(7,373)</u>	<u>104,446</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	78,814	(75,231)	3,583
Restricted funds			
Learning	50,761	(56,890)	(6,129)
Prevention project	<u>120,000</u>	<u>(124,827)</u>	<u>(4,827)</u>
	<u>170,761</u>	<u>(181,717)</u>	<u>(10,956)</u>
TOTAL FUNDS	<u>249,575</u>	<u>(256,948)</u>	<u>(7,373)</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2022**

13. MOVEMENT IN FUNDS - continued

Midwives Project

Grants received from Diageo are restricted to be used on these projects and are utilised as and when appropriate.

14. RELATED PARTY DISCLOSURES

During the year the company paid £1,346 to a company of which L Bradford, a Trustee, is a director; for the filming of an event.