

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2021
for
The National Organisation For FASD

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

**Contents of the Financial Statements
For The Year Ended 31 December 2021**

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 17
Detailed Statement of Financial Activities	18

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The National Organisation for FASD (formerly NOFAS-UK) is dedicated to supporting people affected by Foetal Alcohol Spectrum Disorders (FASD), their families and communities; campaigns to raise public awareness; and promotes policies and practices which further these objectives. Broadly these aims can fall under the following areas:

1. (a) to advance the education of the general public in all areas relating to Fetal Alcohol Spectrum Disorders (FASD) in order to eliminate birth defects caused by alcohol consumption during pregnancy.
2. (b) To preserve and protect the health of those individuals affected by FASD.

Significant activities

The National Organisation for FASD Trustees reaffirm the organisation's twin mission of education and support - focusing on national strategies and campaigns that raise awareness of Foetal Alcohol Spectrum Disorders and the risks of alcohol in pregnancy. NOFAS-UK remains committed to socially responsible best practices, emphasising work that is positive and inclusive.

The National Organisation for FASD seeks to broaden public awareness of FASD for both prevention and support, and within that broad objective specifically targets relevant practitioners (eg. GPs, midwives, teachers) and prioritises engaging with policy makers and opinion shapers.

The National Organisation for FASD seeks to increase wellbeing and support provided for those with FASD and their families and works to raise the voices of those too often left out of discussions that directly affect their lives.

The National Organisation for FASD created three new websites (www.nationalfasd.org.uk, www.preventfasd.ino and www.fasd.me) to provide information freely available to increase awareness of FASD and support those with FASD and their families; our wellbeing project conducted a major new project "Resources and Training to Support Children and Young People with FASD" in partnership with Seashell, funded by DHSC; we launched a ground-breaking prevention project aimed at 15-25 year olds involving release of an award-winning film and a national competition; our education programme developed a new e-school and continued educating midwives, GPs and other healthcare practitioners.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Overall impact

At a time when all major public health bodies are lining up about the importance of FASD prevention, diagnosis, and support, National FASD has played a leadership role and has helped to keep the needs people with FASD and their families and those at risk of alcohol-free pregnancies at the forefront of the debates.

We do this through three core programmes, focused on:

- " Wellbeing
- " Learning
- " Prevention

National FASD has an experts committee and a committee of adults and young adults with FASD that help to guide our work and ensure we are relevant, guided by the latest evidence and lived experience, and filling the needs outlined by our key stakeholders. Organisationally, our expanded board of trustees and the new finance/governance and programmes/strategy committees of the trustees have helped guide our expansion, including addition of two new staff positions in 2021 (executive assistant/office manager and social media coordinator.)

We have a strong and growing social media presence across all of our programmes.

Wellbeing Programme

The purpose of the Wellbeing Programme is to support individuals and families affected by FASD by making materials available to them that emphasise peer-to-peer support and positive futures.

The National FASD Website (www.nationalfasd.org.uk) continues to be a source of information for adults with FASD, parents, carers and those who support them. Our homepage had 47,724 sessions. We have publications across the website that freely available to promote better understanding of FASD recognition, diagnosis and support, including extensive information about FASD parenting strategies.

We also have developed a "Me and My FASD Toolkit" to help children and young people with FASD reduce their sense of isolation and loneliness while better understanding their diagnosis, learning coping strategies from peer-to-peer resources, and take the first steps toward becoming self-advocates. This was created under a 2020-2021 partnership between Seashell and National FASD, funded by the Department of Health and Social Care.

" At its core the Me and My FASD website (www.fasd.me) is a unique site designed for children and young people with FASD. In 2021, the site had 19,172 sessions with 50,205 page views from around the world.

" We launched the Break it Down Board, a unique FASD branded visual and kinesthetic resource to help children with FASD understand different situations, successes and challenges. It was created based on lived experience. The Break it Down Board has been called a 'life-changer'.

" We created and launched a set of FASD Calming Cards based on feedback from more than 50 young people with FASD about strategies that work for them.

" We developed and launched The Misunderstoods - a board game featuring new characters created at the suggestion of young adults with FASD and featuring coping strategies, facts and positive prompts to help young people explore aspects of living with FASD.

" We trialed the Me and My FASD Club with the support of Pears Foundation (via Contact), as part of Government's £750 million charities package. 300 packs of information, including a new "Living FASD" magazine, our Me and My FASD Toolkit and sensory items were sent to 300 children and young people across England.

" We trialed a series of new activity sheets and materials at a special workshop with people with FASD and their families.

We continued to provide training developed under the partnership with Seashell and funded by the DHSC. This includes: a 1-day training for practitioners - "supporting children and young people with FASD" and a 3-day training for practitioners - "Me and My FASD, helping a young person with FASD understand and own their diagnosis".

Our DHSC funded work was externally independently reviewed by Rachel Flood and Associates with high ratings. Some of our materials were called "world class." The one-day training received scores of 9 out of 10 and the pilot of the 3-day training was called "the most child-centred" course on FASD.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

We provide support to the FASD community across the country. Our helpline continued to reach hundreds (though it slowed a bit during COVID). We also continued to provide admin support along with other independent organisations in the FASD UK Alliance for the FASD UK Facebook support group which reached some 3,100 families and administered the Gender Identity and FASD FB support group. We also regularly participate in conferences, webinars and other activities.

In addition, our chief executive gave a talk to the EU FASD Alliance in November 2021 and Brian Roberts and Sandra Butcher presented the Me and My FASD toolkit to an interactional audience via ProofCon, organised by one of the USA's leading FASD organisations.

Prevention Project

The Prevention Project is aimed at people 15-25 to help raise awareness of the risks of alcohol in pregnancy before they are planning a family.

With support of the Sylvia Adams Charitable Trust, The National Organisation for FASD has been able to promote creative ways to raise awareness of the risks of alcohol in pregnancy among those in the 15-25 year-old age group. With the advice of people in the target demographic, we have done this through:

- " National polling & media;

- " Creation of an innovative NOments social media campaign tapping into the "sober curious" lifestyle;

- " Development of a fun comic-strip for younger audiences ("The Conceivables");

- " Development of teaching resources based on the award-winning film RISK.

- " We have been extremely effective in pushing forward relevant policies, working together with a wide range of allies - including policy makers, the alcohol industry, other Third Sector organisations and other possible partners.

Following the #WhyRiskIt competition in 2020, a virtual award evening was held, an intergenerational dialogue among people in the medical profession. It was originally envisaged that this would be a gala evening, but due to the pandemic restrictions it pivoted to a virtual session with Dr Raja Mukherjee (head of the National FASD Clinic and who works regularly with student researchers) and former Deputy Chief Medical Officer Rev Prof Gina Radford speaking with the competition winner, Lakshya Gopal, a medical student and videos from the runners up. It also included some feedback from the influencers who were involved. As with all we do, we were guided by experts via collaboration with our other initiatives. The event was held on the evening of 16th February 2021 and on the first night alone more than 1700 viewed the video - therefore reaching many more than we would have in a face-to-face gathering.

Some of the competition finalists wanted to continue to support National FASD and so joined a "Top Preventers" committee to help advise our project. Their advice has been very helpful as from the start of this project we have emphasised the importance of being informed by and guided by young people in the target demographic.

In addition, in February 2021 National FASD worked remotely with students from Worcester Polytechnic Institute (WPI), a prestigious US science and technology university, who were meant to be on a London study group. The students worked full-time (for free) for a term on the Prevention Project, helping us to better understand how to raise these issues with the target demographic.

They helped us to develop questions for a national poll of 1200 16-25 year-olds about Sex and Alcohol which was conducted by 72point and Onepoll. We worked with a graphic designer to create an image linking alcohol and sex to be used with the results. The poll was covered in 25 publications in early March 2021, including The Metro, The Sun, The Mirror, and more. It was also widely shared on social media.

The results have informed our work throughout the year. They showed that young people dangerously mix sex and alcohol without understanding the consequences and half of them are embarrassed to talk about these issues.

NOments Campaign

National FASD issued a tender for a PR company to help us reach the 15-25 year-old demographic. We selected Coldr from among some of the more creative firms out there. We chose Coldr because they were a fresh, diverse and vibrant company that felt the most in tune with the Prevent demographic because they pitched a strategy based on Instagram and with the use of influencers. Their focus on Instagram as the best way to reach this age group matched the research conducted by the WPI team. Coldr recommended that the PreventFASD website should be upgraded to have more of a lifestyle feel.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

We developed the NOments campaign, launched on 9/9 - International FASD Awareness Day. The campaign included the use of influencers, as this was deemed the most appropriate option, with Louise Thompson (Made in Chelsea, Pocket Sport) as the primary lifestyle influencer. Louise was pregnant at the time, and actively working on her overall wellbeing. Louise has 1.4 million followers. Other influencers included Chloe Pierre (@chloepierreldn) from thy.self (@thy.self), Dr. Tosin (@mindbodydoctor), Lauren Mads (@laurenmads), and Kayah (@kayahdontbsilly). The latter were all involved in a special Instagram Live on the 10th September, where they discussed alcohol and how it affects you when you're pregnant, planning, or trying. Together, the additional influencers boast a collective following of 25,500 Instagram users. We have been advised that this target age group is influenced more by influencers who do not have massive numbers of followers.

The campaign featured a three-part series of short webisodes, where Louise and Dr Inyang Takon (Paediatrician and FASD expert) discussed topics relating to alcohol consumption and pregnancy, with Louise drawing on her own experiences to add relatability to a potentially weighty subject. The series was entitled 'Have Your NOments'.

The reach for the Have Your NOments campaign was exceptional, as Instagram heavyweights allowed us to reach potentially more than 1.5 million people with education about the effects of alcohol use in pregnancy.

Conceivables (15-19 age group)

The Conceivables is a set of sperm and egg-shaped characters designed to explore some of the risks of alcohol use in pregnancy and is aimed at the younger part of the cohort- 15-19. The character set is designed to depict recognisable social groups such as the 'cool girl' and 'geeky boy' and aims to depict conversations they may have about alcohol in pregnancy. This was built on a concept devised by National FASD. The project was developed by the second cohort of WPI university students who like the first group were meant to be in London for a study group but who had to work remotely due to COVID. The students were within the age range and thought that the concept would work to educate young people about the risks of alcohol use during pregnancy. They also tested it with UK students via focus groups who also liked the idea. The student team then created several cartoon strips using the character set. This has been added to the campaigns section on the PreventFASD website and was launched via social media platforms.

The release of The Conceivables drew some considerable attention, and the posts were reshared widely within special needs groups on social media. The Conceivables page on our website was also the most visited throughout both November and December 2021.

RISK (15-25 demographic)

Building on our earlier work, we developed RISK learning activity materials for teachers/ lecturers/ youth-workers to deliver as a stand-alone session. These were developed by an FASD specialist and former teacher and reviewed by the National FASD experts' committee. The materials incorporate the use of the film RISK and allow for discussion time which is crucial for learning within this age group. There are also materials for the facilitator to upskill their FASD knowledge. The complete upheaval in schools due to COVID has made it impossible for us to do more with this until schools normalise again.

Other engagement

We continued to have meetings with other organisations including the Alcohol Education Trust, NACOA (the National Association of Children of Alcoholics), Barnardos, Learning Disability England, and other groups who don't normally work in this space. We also serve as informal advisors to the Drymester programme in Greater Manchester.

Of all of our programmes, the Prevention Project was the one most affected by COVID. When this project was conceived, it was meant to have the backdrop of changes that would arise as a result of the NICE Quality Standard. The fact that it was not published in 2021, combined with the strains COVID has placed on schools has led to challenges in getting the profile for the programme.

Working with our Trustees who have extensive media experience in the industry, we have conducted meetings with OFCOM and Netflix and discussed how the topic of alcohol and pregnancy is dealt with by the media. Following concerning and misleading news cycles when the WHO Global Strategy on Alcohol Harm was released, we held immediate discussions with Diageo and the Portman Group about the one-sided response to the WHO Strategy and the need for emphasising the importance of alcohol-free pregnancy/prevention in all public statements. National FASD had been among the groups that had encouraged the WHO to address the reducing harm from alcohol in pregnancy and FASD prevention in its Global Strategy. Instead, the national media, fuelled by quotes from the head of the Portman Group, focused only on one poorly worded line that called for women of childbearing age to avoid alcohol.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

The National FASD Experts Committee launched a highly successful roundtable series in December on "The National Perspective on Ramping Up FASD Services". This series is engaging dozens of senior policy makers, practitioners, commissioners, researchers, FASD experts and others with lived experience. This was the first of what became 9 roundtables leading to a March 2022 report.

Learning Project

The learning programme aims to help promote awareness and understanding of FASD among practitioners and professionals

During 2021, while awaiting the delayed NICE Quality Standard on FASD, we have been developing a new Midwives' Toolkit for release in 2022, under the guidance of an advisory committee of midwives. The core of this will be free e-learning for midwives, a trifold pamphlet that will be available to provide to women on their first maternity booking as called for in the draft NICE Quality Standards, a wire-bound display booklet for midwives to use as an aid when discussing alcohol in pregnancy, along with posters, banners and other materials.

In addition, we have been involved in trainings, conferences, talks and background briefings with a range of professional bodies including the Royal College of Paediatrics and Child Health, Hertfordshire Safeguarding FASD conference, the Clinical Excellence Network of Speech and Language Therapists, Barnardos, the National Fostering Network, St. Georges Medical School, Calderdale Local Authority, the Midlands Alcohol Forum, The Portman Group, Heineken, Diageo, West Midlands Police and others. We advised on and spoke at the Sheffield Safeguarding National Dialogue on International FASD Day and helped to make it a national event with more than 700 registered. We wrote blogs the Portman Group, Alcohol Health Alliance, Institute for Alcohol Studies. Due to COVID we postponed our participation in the RCGP Annual Conference. In addition to the practitioner training we did under the "Support Children and Young People with FASD project outlined in the wellbeing section, we hosted a special ½ day training on Friday 18 Nov for a Clinical Excellence Network of Speech and Language Therapists

Our website continues to be a source of information for a range of professionals. The Practitioners landing page had 4850 sessions. The educators page had 5019 sessions, GPs/healthcare page - sessions, the midwives page - 737, social care workers - 1791 and the e-learning landing page - 3,148. (Please note we have not advertised the practitioner pages as we are waiting for the NICE Quality Standard to be released. Our policy related pages have been popular as well - for example the NICE Quality Standard landing page has had 1,253 sessions.)

We launched our e-learning course in 2021. This course was the first interactive FASD e-course to have been reviewed by an FASD experts' committee and by those with lived experience. It incorporates interactive activities, case studies and data from FASD clinics brought to life. The feedback on this has been excellent.

We have provided insight and support to various research studies as well, including: University of Salford Parenting Course committee; University of Salford prevalence study committee; a mapping project by the University of Bristol and informal advice to two research projects on Criminal Justice and FASD (the University of Salford and Sheffield Hallam University).

On the policy front, the first-ever DHSC FASD Health Needs Assessment, which identifies area for improving services, was released in 2021 and National FASD research was included and our chief executive was one of the contributors. We also presented in the first ever Public Health England webinar on FASD in January 2021 with nearly 700 people.

National FASD also serves as the secretariat for the APPG on FASD, though this was mostly dormant in 2021 due to COVID. We did hold a virtual meeting of the APPG, linked into the 9 September National Conference on International FASD Day. At this meeting the DHSC released its new FASD Health Needs Assessment for England.

Conclusion

National FASD is well-placed to continue to help drive the national FASD agenda and to promote innovation and best practice to help prevent FASD and to help build better lives for those with FASD and their families.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a deficit for the year of £7,373, compared with a surplus of £67,292 for the year ended 31st December 2020. The total net reserves at 31st December 2021 were £104,446 compared with £111,819 at 31st December 2020. Total expenditure during the year was £256,947 (2020: £175,757.)

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2020 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include Diageo GB and The Sylvia Adams Trust.

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is at least equivalent to six months operational expenditure and have done so having regards to its manner of operation of likely funding streams and taking account of potential risks that may arise from time to time. This policy is annually reviewed by the trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Wider network

WORKING COOPERATIVELY: The National Organisation for FASD is proud to be a member of the FASD UK Alliance, a coalition of independent groups across the British Isles. As a sister organisation in the FASD UK Alliance, we actively contribute and advertise FASD UK Facebook support groups for families, professionals, teens and adults with FASD and one focused on FASD and gender identity. These groups reach more than 2,600 individuals and families. The National Organisation for FASD helps channel stakeholder views from the FASD UK Alliance into policy debates. We work in cooperation with other disability groups, advocacy groups and professional organisations on a range of intersecting interests. The National Organisation for FASD fully agrees with the motto "Together We Are Stronger." We also work with other related coalitions such as Embracing Complexity, the EU FASD Alliance, the Alcohol Health Alliance, the international NOFAS Affiliate Network and the Council for Disabled Children.

The National Organisation For FASD

**Report of the Trustees
For The Year Ended 31 December 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

M N Attwell
L Bradford
R S Kelly (resigned 20.6.22)
K L Price
R Reynolds
G Radford (resigned 26.2.22)
T V Griffiths
N L Pasek MBE

Chief Executive

Sandra Butcher

Independent Examiner

Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 20 JUNE 2022 and signed on its behalf by:



.....
K L Price - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 27th June 2022.

The National Organisation For FASD

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2021**

		Unrestricted fund £	Restricted funds £	31.12.21 Total funds £	31.12.20 Total funds £
INCOME AND ENDOWMENTS FROM	Notes				
Donations and legacies	2	71,457	170,001	241,458	223,049
Other trading activities	3	7,357	760	8,117	20,000
Total		78,814	170,761	249,575	243,049
EXPENDITURE ON					
Raising funds		13,883	1,019	14,902	-
Charitable activities	4				
Wellbeing		57,338	-	57,338	46,485
Learning		1,626	56,151	57,777	50,403
Prevention project		-	124,546	124,546	77,159
Governance		2,385	-	2,385	1,710
Total		75,232	181,716	256,948	175,757
NET INCOME/(EXPENDITURE)		3,582	(10,955)	(7,373)	67,292
RECONCILIATION OF FUNDS					
Total funds brought forward		36,409	75,410	111,819	44,527
TOTAL FUNDS CARRIED FORWARD		39,991	64,455	104,446	111,819

The notes form part of these financial statements

The National Organisation For FASD

**Balance Sheet
31 December 2021**

	Notes	Unrestricted fund £	Restricted funds £	31.12.21 Total funds £	31.12.20 Total funds £
CURRENT ASSETS					
Debtors	11	11,298	-	11,298	11,145
Cash at bank and in hand		41,696	64,454	106,150	115,716
		<u>52,994</u>	<u>64,454</u>	<u>117,448</u>	<u>126,861</u>
CREDITORS					
Amounts falling due within one year	12	(13,002)	-	(13,002)	(15,042)
NET CURRENT ASSETS		<u>39,992</u>	<u>64,454</u>	<u>104,446</u>	<u>111,819</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>39,992</u>	<u>64,454</u>	<u>104,446</u>	<u>111,819</u>
NET ASSETS		<u>39,992</u>	<u>64,454</u>	<u>104,446</u>	<u>111,819</u>
FUNDS	13				
Unrestricted funds				39,992	36,409
Restricted funds				64,454	75,410
TOTAL FUNDS				<u>104,446</u>	<u>111,819</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

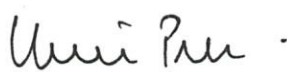
The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 June 2022 and were signed on its behalf by:



K L Price - Trustee

The notes form part of these financial statements

The National Organisation For FASD

Notes to the Financial Statements For The Year Ended 31 December 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Foetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2020 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. A new system of allocation of support costs for the Charity was implemented in 2020 to apportion costs between:

Wellbeing
Learning
Prevention

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The restricted income funds are specifically designated for GP/Midwives projects, which are used to educate and raise awareness about FASD and its harm to over 15,000 GP and midwives in the UK.

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

1. ACCOUNTING POLICIES - continued

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.21	31.12.20
	£	£
Donations	13,771	4,096
Grants	227,687	218,953
	<u>241,458</u>	<u>223,049</u>

3. OTHER TRADING ACTIVITIES

	31.12.21	31.12.20
	£	£
Shop income	7,357	-
Training/educational services	760	20,000
	<u>8,117</u>	<u>20,000</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)	Support costs (see note 6)	Totals
	£	£	£
Wellbeing	28,739	28,599	57,338
Learning	11,651	46,126	57,777
Prevention project	37,713	86,833	124,546
Governance	-	2,385	2,385
	<u>78,103</u>	<u>163,943</u>	<u>242,046</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.21	31.12.20
	£	£
Project printing, promotion and distribution	77,602	11,017
Travel and entertainment	501	52
	<u>78,103</u>	<u>11,069</u>

6. SUPPORT COSTS

	Other	Governance	Totals
	£	costs £	£
Wellbeing	17,067	11,532	28,599
Learning	43,551	2,575	46,126
Prevention project	66,440	20,393	86,833
Governance	-	2,385	2,385
	<u>127,058</u>	<u>36,885</u>	<u>163,943</u>

Support costs, included in the above, are as follows:

	Wellbeing	Learning	Prevention
	£	£	project £
Wages	10,349	33,305	55,789
Rent, rates and utilities	4,005	4,298	4,215
Insurance	417	486	559
Telephone	225	466	390
Office costs	1,267	1,321	3,302
Sundries	201	3,596	2,039
Travel	603	79	146
Independent examiners fee	-	-	-
Accountancy, legal and consultancy costs	11,532	2,575	20,393
	<u>28,599</u>	<u>46,126</u>	<u>86,833</u>
		31.12.21	31.12.20
		Total	Total
	Governance	activities	activities
	£	£	£
Wages	-	99,443	73,190
Rent, rates and utilities	-	12,518	18,312
Insurance	-	1,462	1,276
Telephone	-	1,081	1,707
Office costs	-	5,890	29,234
Sundries	-	5,836	2,585
Travel	-	828	713
Independent examiners fee	2,385	2,385	1,710
Accountancy, legal and consultancy costs	-	34,500	35,961
	<u>2,385</u>	<u>163,943</u>	<u>164,688</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.21	31.12.20
	£	£
Independent examiners fee	2,385	1,710
	<u>2,385</u>	<u>1,710</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.21	31.12.20
	2	2
Administration	<u>2</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	63,051	159,998	223,049
Other trading activities	20,000	-	20,000
Total	<u>83,051</u>	<u>159,998</u>	<u>243,049</u>
EXPENDITURE ON			
Charitable activities			
Wellbeing	46,485	-	46,485
Learning	-	50,403	50,403
Prevention project	-	77,159	77,159
Governance	1,710	-	1,710
Total	<u>48,195</u>	<u>127,562</u>	<u>175,757</u>
NET INCOME	<u>34,856</u>	<u>32,436</u>	<u>67,292</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	1,553	42,974	44,527

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2021

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>36,409</u>	<u>75,410</u>	<u>111,819</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21 £	31.12.20 £
Other debtors	1,298	1,145
Prepayments and accrued income	10,000	10,000
	<u>11,298</u>	<u>11,145</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21 £	31.12.20 £
Trade creditors	647	3,035
Other creditors	130	7
Deferred income	10,000	10,000
Accrued expenses	2,225	2,000
	<u>13,002</u>	<u>15,042</u>

13. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
Wellbeing	36,409	3,583	39,992
Restricted funds			
Learning	42,570	(6,129)	36,441
Prevention project	32,840	(4,827)	28,013
	<u>75,410</u>	<u>(10,956)</u>	<u>64,454</u>
TOTAL FUNDS	<u>111,819</u>	<u>(7,373)</u>	<u>104,446</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Wellbeing	78,814	(75,231)	3,583
Restricted funds			
Learning	50,761	(56,890)	(6,129)
Prevention project	120,000	(124,827)	(4,827)
	<u>170,761</u>	<u>(181,717)</u>	<u>(10,956)</u>
TOTAL FUNDS	<u>249,575</u>	<u>(256,948)</u>	<u>(7,373)</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
Wellbeing	1,553	34,856	36,409
Restricted funds			
Learning	42,974	(404)	42,570
Prevention project	-	32,840	32,840
	<u>42,974</u>	<u>32,436</u>	<u>75,410</u>
TOTAL FUNDS	<u>44,527</u>	<u>67,292</u>	<u>111,819</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Wellbeing	83,051	(48,195)	34,856
Restricted funds			
Learning	49,999	(50,403)	(404)
Prevention project	109,999	(77,159)	32,840
	<u>159,998</u>	<u>(127,562)</u>	<u>32,436</u>
TOTAL FUNDS	<u>243,049</u>	<u>(175,757)</u>	<u>67,292</u>

GP/Midwives and Baby bundles project

Grants received from Diageo are restricted to be used on these projects and are utilised as and when appropriate.

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

