

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

**Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2020
for
The National Organisation For FASD**

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

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For The Year Ended 31 December 2020**

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The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The National Organisation for FASD (formerly NOFAS-UK) is dedicated to supporting people affected by Foetal Alcohol Spectrum Disorders (FASD), their families and communities; campaigns to raise public awareness; and promotes policies and practices which further these objectives. Broadly these aims can fall under the following areas:

1. (a) to advance the education of the general public in all areas relating to Fetal Alcohol Spectrum Disorders (FASD) in order to eliminate birth defects caused by alcohol consumption during pregnancy.
2. (b) To preserve and protect the health of those individuals affected by FASD.

Significant activities

The National Organisation for FASD Trustees reaffirm the organisation's twin mission of education and support - focusing on national strategies and campaigns that raise awareness of Foetal Alcohol Spectrum Disorders and the risks of alcohol in pregnancy. NOFAS-UK remains committed to socially responsible best practices, emphasising work that is positive and inclusive.

The National Organisation for FASD seeks to broaden public awareness of FASD for both prevention and support, and within that broad objective specifically targets relevant practitioners (eg. GPs, midwives, teachers) and prioritises engaging with policy makers and opinion shapers.

The National Organisation for FASD seeks to increase wellbeing and support provided for those with FASD and their families and works to raise the voices of those too often left out of discussions that directly affect their lives.

The National Organisation for FASD created three new websites (www.nationalfasd.org.uk, www.preventfasd.ino and www.fasd.me) to provide information freely available to increase awareness of FASD and support those with FASD and their families; our wellbeing project conducted a major new project "Resources and Training to Support Children and Young People with FASD" in partnership with Seashell, funded by DHSC; we launched a ground-breaking prevention project aimed at 15-25 year olds involving release of an award-winning film and a national competition; our education programme developed a new e-school and continued educating midwives, GPs and other healthcare practitioners.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2020 was a year of growth and organizational development for The National Organisation for FASD.

We changed our name from NOFAS-UK to The National Organisation for FASD and we added four new trustees who bring a wide range of expertise on board. We rebranded and developed a new logo and branding guide.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

COVID

National FASD's activities were affected by COVID mostly due to being unable to hold face-to-face meetings with key stakeholders, advisors and policy makers. We also relocated our office to Hertfordshire due to practicalities involved with commuting during lockdowns. Despite the challenges, our organisation managed to not only get by, but we were able to utilize the availability of leading experts to go into overdrive on creating new resources and further developing our projects outlined below. As a result, we have had an incredibly productive year, despite the COVID-related challenges.

New Websites

We put considerable focus on providing as much information as possible freely available via our online presence. In 2020 we created three new websites with input from a range of experts and people with lived experience.

- The Prevent FASD website (www.preventfasd.info) is aimed at 15-25 year olds prior to the time when they might be planning a family. From its launch on 22 April - 31 December 2020 the website had 7577 sessions with 12,570 page views.
- The Me and My FASD website (www.fasd.me) - designed to help children and young people to understand and own their diagnosis, had a pre-launch on 9 September (International FASD awareness day) and was launched 11 November - 31 December the website had a total of 5071 sessions and 12,954 page views.
- The National FASD website (www.nationalfasd.org.uk) provides information and resources about FASD, diagnosis and support for adults with FASD, their families and professionals who support them. It had 13,801 sessions and 69,653 page views from its launch on 9 September - 31 December 2020. We don't have complete stats for the rest of 2020, but from Jan - June the old NOFAS-UK website had 13,137 users and 17,588 sessions (83.8% new users). The new website has continued to get increased traffic.

Publications

We launched a new 2-page publication series called FASD in Focus. The first issues are:

- Diagnosis and Assessment
- Characteristics by Age (based on Dr Carolyn Blackburn's Primary and Secondary Frameworks)
- Education Profile (based on Dr Carolyn Blackburn's Primary and Secondary Frameworks)
- Parenting (by Dr Cassie Jackson)
- Social Care (by Joanna Buckard)
- Tips for Educators (by Brian Roberts)
- Sensory Integration (by Jo Pennell)

A new section has been added about FASD and the law including a card to be carried by people with FASD to show the police. This was checked by a solicitor

We also co-produced with the E. Herts and Area FASD Support Network a 4-page publication written by Sue and Tony Sharp on "FASD and Trauma: Parenting Tips for Carers".

Prevention Project

With significant support from the Sylvia Adams Trust, National FASD developed a new 3-year project aimed at 15-25 year olds to spread awareness of the risks of alcohol in pregnancy among young people before they are thinking about pregnancy or starting a family. There is nothing like this project anywhere in the UK.

As mentioned, we created and launched the UK first FASD prevention website for young people under the age of 25, supported by stakeholders and experts - www.PreventFASD.info featuring the award-winning film, RISK, by Luke Bradford, Frogspawn Films. The website includes a re-edited version of the film, trailers, reactions, and background about the making of the film. (RISK was viewed 5,723 times on Vimeo by end February 2021). A graphic designer was commissioned to create new images for the site.

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We created social media campaign based on these newly created assets.

- Facebook page reached 347,396 with 24,394 engagements (14.24%)
- Instagram - our top 5 posts reached 107,400 - they were all about the #WhyRiskIt competition.
- Twitter - May - Jan 62169 impressions (we have focused less on twitter as it's not the key demographic)

We placed a full-page ad and full-page editorial story in Healthy Child magazine (audience of 500,000) and featured in Healthy Child social media. We also had an advertorial in Family First magazine, reaching 7-8 million parents across the UK.

We conducted a national poll of 2000 young people and received national coverage (¼ of young people do not know they should avoid alcohol in pregnancy).

- 50 pieces of coverage, including Daily Mail, The Sun, The Metro, The Mirror, The Daily Star, Yahoo and more. See: <https://preventfasd.info/news/>
- Estimated 4.05 million views of the coverage with 1,200 social media shares

We created a module for schools/colleges/social groups to use, based on RISK.

Our national #WhyRiskIt competition spread word about risks of alcohol in pregnancy via this competition. We contacted thousands of schools and colleges - twice - with information about the competition and RISK, laying the groundwork for further outreach in Y2 and Y3. Two emails at different times (for a total of 7860 emails) went to: 3,514 state schools; 2,856 private schools; 19 referral units; 1,471 art awards.

The competition engaged diverse judges who helped spread awareness: Jazzy & Holly Whipps, Deaf YouTuber and Much Laughter Signer; Nathan Wyburn, Artist; Sam & Jo, Contestants on "Race Across the World"; Michael Akadiri, Junior Doctor/Stand Up Comedian. Our most popular Facebook post was done by judge artist Nathan Wyburn who painted a picture of a fetus in a wine glass using wine. We created a range of social media content based on the competition and with judges. The top 20 winners (#NationalFASDTopPreventers) are continuing to advise our Prevention Project. They were involved in January 2021 in a zoom celebration that highlighted their work and involved an intergenerational discussion featuring the winner, Lakshya Gopal, a second-year medical student with Dr Raja Mukherjee of the National FASD Clinic and Rev Prof Gina Radford, former Deputy Chief Medical Officer and National FASD trustee. The video is available here.

Wellbeing

In 2020 National FASD joined with Seashell in a partnership funded by the Department of Health and Social Care under its first-ever funding call for FASD projects. The project focused on development of "Resources and Training to Support Children and Young People with FASD."

This project was guided by an experts committee, including those with lived experience, as well as a committee of adults and young adults with FASD. We placed a high priority on co-creation and as a result the outcomes have been very widely praised. The Experts Committee included: Dr Carolyn Blackburn, Joanna Buckard, Sandra Butcher, Dr Cassie Jackson, Sharon Jackson, Michelle Jones, Susan McGrail, Janet Griffin, Dr Raja Mukherjee, Brian Roberts, Dr Inyang Takon. The Adults and Young Adults with FASD committee included: Tolka Butcher, Bailie Jordan- Collins, Nyrene Cox, Rossi Griffin, Lee Harvey-Heath, Andy Jackson, Rachel Jackson, Claire McFadden, Georgia Roberts.

Development of Best Practice in FASD Training. The guide was developed with input from a special workshop involving our experts committee and wider experts in the field. It includes: A checklist for FASD training; An overview of best practice in FASD training; Essential content for an introduction to FASD training course; and a fact and fiction section, debunking myths about FASD.

FASD: Preferred UK Language Guide. This guide was developed with input from a special workshop involving our experts committee and wider experts in the field and input from more than 135 others who contributed ideas via a survey. The language guide includes: Terms that are stigma-free and blame-free; A common description of FASD; Additional terms that should be used with caution; Sample sentences using the preferred language; and a glossary of frequently used terms.

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Report of the Trustees For The Year Ended 31 December 2020

These guides were published and made freely available for all in October 2020. They have been well received by professionals working in the field and have been made available to all CCGs in early 2021.

Development, piloting and launch across the country of a one-day gold-standard training based on these best- practices, "Introduction to Supporting Children and Young People with FASD." The one-day training course has been rolled out remotely using Zoom due to COVID.

Development and Piloting of "Me and My FASD: A Three-Day Course for Practitioners Supporting a Young Person to Understand Their FASD Diagnosis." The content of this course was written with input from the expert committee and trainers. We used the new FASD.me website as the basis for the training. It was piloted between 10-12th Feb 2021 and we received overwhelming positive feedback. The course was aimed at practitioners working with health, social care and education who work directly with young people with FASD. The pilot training event was attended by 14 people with some of the expert committee joining for Q&A over the 3 days.

Development of a new "Me and My FASD Toolkit" featuring the www.fasd.me website to help children and young people understand and own their diagnosis - with interactive, video, audio and downloadable materials as well as additional hands-on resources that were suggested by people with lived experience during our consultative process and which were made possible due to budgetary realignments resulting from COVID changes.

- An interactive "My Brain, Me and FASD" comic - designed with support from the Little Man Project, leading e-learning experts;
- Young person with FASD commissioned to do voice over for interactive comic
- Comic had printable elements to help communication between young person, family and school.
- Novel Calming cards - including coping strategies from people with FASD;
- Two songs, "Walk Along With Me" and "I Get Through", created with input from more than 70 people with FASD;
- A "We're Awesome" section celebrating accomplishments of those with FASD;
- A fun zone with interactive elements reinforcing strategies;
- Coping resources; including free to print items such as a communication passport and emotions tracker.
- Easy read resources;
- A Me and My FASD YouTube channel;
- Development was underway in 2020 for the new Break it Down Board and The Misunderstood: Living FASD board game.
- Young people with FASD said they wanted Merch! So T-shirts, hoodies, mugs fidget spinners etc were created.

The Me & My FASD work has also grown in 2021 to incorporate a Me & My FASD club for 300 affected children and young people in England as part of a government COVID response grant.

Throughout the year, we continued to respond to helpline requests that came directly to us via telephone, email and social media. Our chief executive also serves as a co-administrator along with other leaders of FASD UK Alliance groups of the FASD UK Facebook page (that in 2020 grew to more than 2500 families). This takes daily attention. She also is the admin on the FASD and Gender Identify Facebook support group.

Education

Our education programme was affected by COVID, mostly because COVID delayed the publication of the coming NICE Quality Standard on FASD for more than year. Most of our plans for educating practitioners has been focused on preparing materials for when the NICE Quality Standard is released, as that will lead to a massive need for training and further information. However, the year was still full of planning and preparation for the release of the NICE Quality Standard.

National FASD was engaged by Oldham Clinical Commissioning Group and the Greater Manchester Health and Social Care Partnership to produce a new state-of-the-art "Introduction to FASD" e-learning course. We spent 2020 scoping out and laying the groundwork for new e-learning. To save money, it required significant staff education on various technologies and hosting options, meetings with e-learning experts, research, etc. We decided to think fresh about some of the standard materials available that have become widely used over the decades but which needed revising, so we developed new graphics, based on case studies provided by the National FASD Clinic and the Centre for FASD. Development of Introduction to FASD e-learning course. The course was piloted, finished and released in early 2021, to very positive feedback.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

Also in 2020, we continued our education of medical practitioners and midwives. This part of our project is funded by Diageo. First, as discussed above, we focused on rebranding, updating our National FASD website. This took several months and was an integral first step to meet the coming needs. Our new GP and medical practitioner section of the website has additional resources, as does our new midwives section.

We have been researching and planning the midwives project - including best practices. We have arranged some FASD specialist Midwives to review what we are creating. We are working toward a new Midwives Toolkit that will have a free e-course for midwives; leaflets about alcohol in pregnancy for first appointment; posters; banners; and FASD Awareness Day materials, among other items. We have engaged a graphic designer and plans are underway to launch in mid-2021. (Our timing was delayed as we first had to finalise the e-school layout, and launch the intro to FASD e-course.) Other activities that were planned but had been postponed due to COVID: the RCGP Annual Conference was postponed so our booth there has been moved to 2021; we postponed our mailing to all CCGs with FASD information until 2021 (this has now been sent). This included a new "Recognising FASD" pamphlet designed to help GPs understand the new SIGN diagnostic algorithm (the pamphlet was reviewed by and approved by SIGN).

National FASD's activities as the APPG on FASD secretariat were temporarily suspended due to COVID.

Overall impact

National FASD's growth and programme development during 2020 has had a positive impact with some of the new items being sought after internationally. The FASD.me site and resources in particular have given people with FASD and their families a sense of pride and community.

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a surplus for the year of £67,292, compared with a deficit of £20,556 for the year ended 31st December 2019. The total net reserves at 31st December 2020 were £111,819 compared with £44,527 at 31st December 2019.. Total expenditure during the year was £175,757 (2019: £80,354.)

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2020 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include Diageo GB and The Sylvia Adams Trust.

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is at least equivalent to six months operational expenditure and have done so having regards to its manner of operation of likely funding streams and taking account of potential risks that may arise from time to time. This policy is annually reviewed by the trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Wider network

WORKING COOPERATIVELY: The National Organisation for FASD is proud to be a member of the FASD UK Alliance, a coalition of independent groups across the British Isles. As a sister organisation in the FASD UK Alliance, we actively contribute and advertise FASD UK Facebook support groups for families, professionals, teens and adults with FASD and one focused on FASD and gender identity. These groups reach more than 2,600 individuals and families. The National Organisation for FASD helps channel stakeholder views from the FASD UK Alliance into policy debates. We work in cooperation with other disability groups, advocacy groups and professional organisations on a range of intersecting interests. The National Organisation for FASD fully agrees with the motto "Together We Are Stronger." We also work with other related coalitions such as Embracing Complexity, the EU FASD Alliance, the Alcohol Health Alliance, the international NOFAS Affiliate Network and the Council for Disabled Children.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

M N Attwell
L Bradford
R S Kelly
K L Price
R Reynolds (appointed 29.9.20)
G Radford (appointed 29.9.20)
T V Griffiths (appointed 29.9.20)
N L Pasek MBE (appointed 29.9.20)

Chief Executive

Sandra Butcher

The National Organisation For FASD

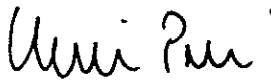
Report of the Trustees
For The Year Ended 31 December 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 13th September 2021 and signed on its behalf by:



.....
K Price - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 27 September 2021

The National Organisation For FASD

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	31.12.20 Total funds £	31.12.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	63,051	159,998	223,049	57,568
Other trading activities	3	<u>20,000</u>	<u>-</u>	<u>20,000</u>	<u>2,230</u>
Total		83,051	159,998	243,049	59,798
EXPENDITURE ON					
Charitable activities	4				
GP/Midwives projects		-	50,403	50,403	50,579
Support/Wellbeing		46,485	-	46,485	11,338
Education		-	-	-	6,052
General and administrative		-	-	-	3,165
Governance		1,710	-	1,710	9,220
Prevention project		-	77,159	77,159	-
Total		<u>48,195</u>	<u>127,562</u>	<u>175,757</u>	<u>80,354</u>
NET INCOME/(EXPENDITURE)		34,856	32,436	67,292	(20,556)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>1,553</u>	<u>42,974</u>	<u>44,527</u>	<u>65,083</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>36,409</u></u>	<u><u>75,410</u></u>	<u><u>111,819</u></u>	<u><u>44,527</u></u>

The notes form part of these financial statements

The National Organisation For FASD

Balance Sheet 31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	31.12.20 Total funds £	31.12.19 Total funds £
CURRENT ASSETS					
Debtors	11	1,145	10,000	11,145	10,000
Cash at bank and in hand		<u>40,306</u>	<u>75,410</u>	<u>115,716</u>	<u>38,989</u>
		41,451	85,410	126,861	48,989
CREDITORS					
Amounts falling due within one year	12	(5,042)	(10,000)	(15,042)	(4,462)
NET CURRENT ASSETS		<u>36,409</u>	<u>75,410</u>	<u>111,819</u>	<u>44,527</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>36,409</u>	<u>75,410</u>	<u>111,819</u>	<u>44,527</u>
NET ASSETS		<u>36,409</u>	<u>75,410</u>	<u>111,819</u>	<u>44,527</u>
FUNDS	13				
Unrestricted funds				36,409	1,553
Restricted funds				<u>75,410</u>	<u>42,974</u>
TOTAL FUNDS				<u>111,819</u>	<u>44,527</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13th September 2021 and were signed on its behalf by:



K Price - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
For The Year Ended 31 December 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Foetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2017 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. 10% of salary costs have also been apportioned to governance to reflect the chief executive's role in matters of governance of the Charity.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. A new system of allocation of support costs for the Charity was implemented in 2017 and is based on the following apportionment rates:

	%
GP/Midwives Baby Bundle project	75
Educations	10
Support/Wellbeing	10
General and administrative	5

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The National Organisation For FASD

Notes to the Financial Statements - continued For The Year Ended 31 December 2020

1. ACCOUNTING POLICIES - continued

Fund accounting

The restricted income funds are specifically designated for GP/Midwives projects, which are used to educate and raise awareness about FASD and its harm to over 15,000 GP and midwives in the UK.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.20	31.12.19
	£	£
Donations	4,096	7,568
Grants	<u>218,953</u>	<u>50,000</u>
	<u>223,049</u>	<u>57,568</u>

3. OTHER TRADING ACTIVITIES

	31.12.20	31.12.19
	£	£
Training/educational services	<u>20,000</u>	<u>2,230</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
GP/Midwives projects	1,128	49,275	50,403
Support/Wellbeing	351	46,134	46,485
Governance	-	1,710	1,710
Prevention project	9,590	67,569	77,159
	<u>11,069</u>	<u>164,688</u>	<u>175,757</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.20 £	31.12.19 £
Advertising	11,017	150
Travel and entertainment	52	278
	<u>11,069</u>	<u>428</u>

6. SUPPORT COSTS

	Other £	Governance costs £	Totals £
GP/Midwives projects	46,757	2,518	49,275
Support/Wellbeing	42,004	4,130	46,134
Governance	-	1,710	1,710
Prevention project	38,256	29,313	67,569
	<u>127,017</u>	<u>37,671</u>	<u>164,688</u>

Support costs, included in the above, are as follows:

	GP/Midwives projects £	Support/Wellbeing £	Governance £
Wages	32,131	19,043	-
Rent, rates and utilities	6,947	4,907	-
Insurance	581	377	-
Telephone	640	432	-
Office costs	3,916	16,890	-
Sundries	1,940	248	-
Travel	602	107	-
Wages	-	-	-
Independent examiners fee	-	-	1,710
Accountancy and legal fees	2,518	4,130	-
	<u>49,275</u>	<u>46,134</u>	<u>1,710</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2020**

6. SUPPORT COSTS - continued

	Prevention project £	31.12.20 Total activities £	31.12.19 Total activities £
Wages	22,016	73,190	45,314
Rent, rates and utilities	6,458	18,312	10,905
Insurance	318	1,276	-
Telephone	635	1,707	1,662
Office costs	8,428	29,234	5,250
Sundries	397	2,585	1,055
Travel	4	713	3,528
Wages	-	-	5,035
Independent examiners fee	-	1,710	1,680
Accountancy and legal fees	<u>29,313</u>	<u>35,961</u>	<u>5,497</u>
	<u>67,569</u>	<u>164,688</u>	<u>79,926</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.20 £	31.12.19 £
Independent examiners fee	<u>1,710</u>	<u>1,680</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the year ended 31 December 2019.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.20	31.12.19
Administration	<u>2</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	7,568	50,000	57,568
Other trading activities	<u>2,230</u>	<u>-</u>	<u>2,230</u>
Total	9,798	50,000	59,798
EXPENDITURE ON			
Charitable activities			
GP/Midwives projects	-	50,579	50,579
Support/Wellbeing	11,338	-	11,338
Education	5,659	393	6,052
General and administrative	3,165	-	3,165
Governance	<u>9,220</u>	<u>-</u>	<u>9,220</u>
Total	29,382	50,972	80,354
NET INCOME/(EXPENDITURE)	(19,584)	(972)	(20,556)
Transfers between funds	<u>20,000</u>	<u>(20,000)</u>	<u>-</u>
Net movement in funds	416	(20,972)	(20,556)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>1,140</u>	<u>63,943</u>	<u>65,083</u>
TOTAL FUNDS CARRIED FORWARD	<u>1,556</u>	<u>42,971</u>	<u>44,527</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.20 £	31.12.19 £
Other debtors	1,145	-
Prepayments and accrued income	<u>10,000</u>	<u>10,000</u>
	<u>11,145</u>	<u>10,000</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.20	31.12.19
	£	£
Trade creditors	3,035	210
Social security and other taxes	-	2,245
Other creditors	7	7
Deferred income	10,000	-
Accrued expenses	<u>2,000</u>	<u>2,000</u>
	<u>15,042</u>	<u>4,462</u>

13. MOVEMENT IN FUNDS

	At 1.1.20	Net movement in funds	At 31.12.20
	£	£	£
Unrestricted funds			
General fund	1,553	34,856	36,409
Restricted funds			
GP/Midwives projects	42,974	(404)	42,570
Prevention project	<u>-</u>	<u>32,840</u>	<u>32,840</u>
	<u>42,974</u>	<u>32,436</u>	<u>75,410</u>
TOTAL FUNDS	<u>44,527</u>	<u>67,292</u>	<u>111,819</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	83,051	(48,195)	34,856
Restricted funds			
GP/Midwives projects	49,999	(50,403)	(404)
Prevention project	<u>109,999</u>	<u>(77,159)</u>	<u>32,840</u>
	<u>159,998</u>	<u>(127,562)</u>	<u>32,436</u>
TOTAL FUNDS	<u>243,049</u>	<u>(175,757)</u>	<u>67,292</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.19 £	Net movement in funds £	Transfers between funds £	At 31.12.19 £
Unrestricted funds				
General fund	1,140	(19,587)	20,000	1,553
Restricted funds				
GP/Midwives projects	63,943	(969)	(20,000)	42,974
TOTAL FUNDS	<u>65,083</u>	<u>(20,556)</u>	<u>-</u>	<u>44,527</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,798	(29,385)	(19,587)
Restricted funds			
GP/Midwives projects	50,000	(50,969)	(969)
TOTAL FUNDS	<u>59,798</u>	<u>(80,354)</u>	<u>(20,556)</u>

GP/Midwives and Baby bundles project

Grants received from Diageo are restricted to be used on these projects and are utilised as and when appropriate.

14. RELATED PARTY DISCLOSURES

During the year payments totalling £8,000 were made to Frogspawn Creative Ltd for services provided in the year. Trustee Luke Bradford is a Director in this company. The transaction was at arms length and at appropriate market rates, the transactions were approved by the management and trustees of The National Organisation for FASD prior to going ahead.