

The National Organisation for FASD

England & Wales · Charity number 1101935

Details

Other names	NOFAS UK, THE NATIONAL ORGANISATION OF FETAL ALCOHOL SYNDROME
Status	Registered
Legal form	Charitable company
Company number	04883580
Registered	2004-02-05
Register	View on the Charity Commission register

Contact

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Activities

Objects: 1. TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO FETAL ALCOHOL SYNDROME (FAS) IN ORDER TO ELIMINATE BIRTH DEFECTS CAUSED BY ALCOHOL CONSUMPTION DURING PREGNANCY. 2. TO PRESERVE AND PROTECT THE HEALTH OF THOSE INDIVIDUALS AFFECTED BY FAS.

Activities: The National Organisation for FASD (Fetal Alcohol Spectrum Disorder), is committed to education and raising awareness about foetal alcohol spectrum disorder (FASD) and to helping individuals, their families and all those affected by FASD.

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£248,419	£242,838	-	-
2023-12-31	£144,709	£359,234	-	-
2022-12-31	£394,774	£233,271	-	-
2021-12-31	£249,575	£256,948	-	-
2020-12-31	£243,049	£175,757	-	-

Trustees

Name	Role	Appointed
ALASDAIR BOVAIRD		2023-10-16
Anna Crowther-Riley		2025-10-27
Deborah Evans		2025-10-27
Dr PATRICIA DENISE JACKSON OBE FRCPCH		2023-01-01
Martin Jones		2025-10-27
Scott Simpson		2025-10-27
Tania Veronica Griffiths		2020-09-29

Accounts

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2024
for
The National Organisation For FASD

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

**Contents of the Financial Statements
For The Year Ended 31 December 2024**

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The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

What we do:

The National Organisation for FASD is the UK's national charity for individuals with Fetal Alcohol Spectrum Disorder (FASD), a lifelong condition caused by alcohol harm in pregnancy. We seek both to decrease incidence of FASD and to create brighter futures for those who have it. Founded in 2003, The National Organisation for FASD is the country's longest-standing organisation raising awareness of alcohol-exposed pregnancies and supporting wellbeing for people with FASD and their families. In 2024 we continued to develop innovative approaches to FASD prevention and support while also highlighting areas where further action is needed.

Our mission and values

The National Organisation for FASD provides support to people with Fetal Alcohol Spectrum Disorder (FASD), their families and communities; campaigns to raise public awareness; and promotes relevant policies and practices.

National FASD unequivocally promotes alcohol-free pregnancy and the CMOs guidance. We operate on a no-shame, no-blame ethos.

We place a high priority on engaging those with lived experience at the core of our projects and programmes, and we are always looking at ways to increase this further as we continue to develop organisationally.

Who benefits from our work and how?

" People with FASD lead more positive lives, because they have resources to better understand themselves and they learn strategies that can help from their peers.

" Families have improved wellbeing and hope, because we support them in their understanding and advocacy.

" Professionals and researchers have more impact, in their support for people with FASD and in their efforts to raise awareness of the risks of alcohol and pregnancy and FASD among their peers. We provide a crucial lived experience and evidence-based resources.

" Pregnant women and those seeking to become pregnant have access to evidence-based advice on the latest guidance on the risks associated with an alcohol-exposed pregnancy from informed practitioners and via easily digestible resources.

" Policy makers have access to clear resources and have opportunities to explore ways forward in respected roundtable formats following Chatham House Rules.

Who we reach

Our stats speak for themselves. In 2024, our three key websites had some 303,000 views. We had 10,200 free downloads of our resources from our websites. We distributed more than 30,000 physical resources. We engaged more than 2,600 people in meetings and trainings. We continued to promote coping strategies and highlight the successes of people with FASD through our Living FASD magazine and our Me and My FASD Club. We answered more than 200 helpline calls and our YouTube channels had more than 12,300 views representing more than 510 hours of viewing. In addition, we helped support more than 4,500 families in the FASD UK Facebook support group in cooperation with other FASD UK Alliance organisations. In 2024 we also gave evidence to the Health and Social Care Committee and released a major report based on Freedom of Information requests to all English and Welsh NHS health boards and trusts to see what action has happened in the 2 years since the NICE Quality Standard on FASD was released and we conducted a September 9th awareness day event in Manchester that was covered by the BBC.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

OBJECTIVES AND ACTIVITIES

Significant activities

Our Learning Programme

Focused on prevention by raising awareness of the risks of alcohol and pregnancy

In the UK 77% of women drink alcohol and nearly half of pregnancies are unplanned. Studies have suggested between 41 and 79% of women drink alcohol in pregnancy. In comparison 11.5% of women smoke and 7.3% smoke in pregnancy. Alcohol is a teratogen, that means it affects the development of a baby. Prenatal alcohol exposure increases the risk of miscarriage, premature birth and stillbirth and is the only cause of FASD (Fetal Alcohol Spectrum Disorder). FASD is a lifelong complex neurodevelopmental disorder. Whilst the biggest effect is on the development and function of the brain, FASD is a whole-body disorder and 428 conditions are known to co-occur. This condition can be life-limiting and without early recognition, diagnosis and appropriate support there is an increased risk of associated issues such as mental health problems, homelessness, drug and alcohol misuse, employment problems and contact with the criminal justice system. FASD is more common than autism, yet unlike autism it is preventable. The guidance from the Chief Medical Officers since 2016 has been that there is no known safe amount of alcohol in pregnancy and all the major UK health bodies (NICE, SIGN, DHSC) are in agreement with this.

Despite alcohol being more harmful to a developing baby and alcohol use in pregnancy much more prolific than smoking, the government policy is on reducing smoking in pregnancy and local areas are giving financial incentives to support this. As it is not yet in policy, teaching about the risks associated with prenatal-alcohol use is not mandatory. NICE Quality Standard 204 (2022) says that all pregnant women should be given information about the risk of prenatal alcohol exposure throughout their pregnancy. However, as midwives have not received mandatory training on the risks associated with alcohol in pregnancy and FASD, many of the mothers of the 605,000 babies born each year in the UK will not have received the information and support that they needed regarding prenatal alcohol exposure.

National FASD's Alcohol and Pregnancy Toolkit - the only resource package like it in the UK

With the support of Diageo, we created an expert-reviewed and midwives-reviewed Alcohol and Pregnancy toolkit to fill this void. The toolkit includes a range of resources to meet Quality Standard 204, addressing issues like: The latest guidance on alcohol in pregnancy; Why and how to ask about prenatal alcohol exposure; What to do if you're pregnant and have been drinking alcohol; How to recognise FASD; and Advice for when women are drinking in pregnancy. The toolkit includes, a free online CPD-accredited ecourse, posters, banners, leaflets, a tabletop discussion aide, a pocket guide, banners, bunting, balloons and more. We have begun to receive bulk orders for some of these materials from local areas and fantastic feedback from midwives who have taken our e-course.

As a natural next step, we also have begun a scoping project to see what might be possible and what might be needed when engaging Health Visitors.

There is a need for more behind-scenes policy work to ensure the needed changes are made. In 2024, we supported national work on improving digital maternity standards around alcohol use in pregnancy, raised awareness through social media campaigns, and began work to pilot our toolkit in clinical settings. We engaged closely with key policy leaders such as those from NHS England, the Nursing and Midwifery Council and the Royal College of Midwives to advocate for mandatory training on the risks associated with an alcohol exposed pregnancy, how to have effective conversations about alcohol and pregnancy and on FASD. We have also been working with these groups about the need for specialist resources for maternity teams. We promoted our messaging at a major maternity and neonatal event 'The National Maternity Safety Conference' in September 2024. We have provided more than 30,000 leaflets, posters and other materials (some of these via the Greater Manchester FASD Network, described further below). Our Alcohol and Pregnancy e-course for maternity teams has had 718 learners.

In 2024 we also continued meetings with industry - including encouraging more information about the risks of alcohol and pregnancy at the point of sale - a project slated for piloting in 2025.

Feedback on our e-course for maternity teams:

"[This course has] helped expand my knowledge around FASD and [I] will be able to take this into practice." - Midwife

"I will be advising all midwives in my trust to access this course as the information is current and provides support in how to get the most from women regarding their alcohol use during a booking in a supportive and educational way in order to support their health and that of baby's in a kind and non-judgmental way." - Midwife

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

OBJECTIVES AND ACTIVITIES

"I have gained confidence in how to talk to women antenatally and postnatally about alcohol. I found the videos very useful." - Midwife

"There was lots of valuable information and helped me learn how to approach the subject of alcohol usage in pregnancy, something that can sometimes feel uncomfortable to talk about." - Student Midwife

"This is a brilliant course which has answered questions I didn't even know I had. Branching out into how to care for women affected by FASD is wonderful. I will definitely be taking this forward into practice." - Midwife

Our Wellbeing Programme

Promoting best practice in supporting people with FASD and helping people with FASD learn strategies to help them live their best lives

FASD affects 2-4% of the population, more than autism, but most are undiagnosed. Without recognition, diagnosis and support, people with FASD are among society's most vulnerable. Policy changes in recent years have increased prospects for a more positive future for FASD prevention, diagnosis and support people with FASD, but we are in danger of missing the opportunity created by these new policies due the challenging time confronting health and social care systems.

People with FASD, when not recognised and appropriately supported, are among society's most vulnerable. People with FASD remain a hidden and overlooked subgroup of nearly every category of vulnerable children, young people, and adults. We promote positive futures for people with FASD, recognising that people with FASD live lives of courage every day. We work to create brighter tomorrows. For those without appropriate support, statistics are grim. Too many with diagnosed or undiagnosed FASD are often homeless, suffer from poor mental health, addictions, sexual vulnerability, and premature death. Some children and young people with FASD have poor educational attainment, develop mental health problems, and have a higher risk of becoming addicted to alcohol and other drugs. These young people are also more likely to become involved in criminal activity and die prematurely from violence, accident, or suicide (National Institute for Health & Care Excellence Briefing Paper, 2020). Because the vast majority are as yet undiagnosed, FASD is called the 'hidden epidemic'. Until we get to grips with FASD as a country, all the good work to improve child mental health and to raise up society's most vulnerable will be ineffective. But the good news is that with early recognition and appropriate support people with FASD can and do lead positive lives.

A gold-standard study by the University of Salford showed that at least 2-4% of the UK population have FASD-this is a rate higher than autism. Researchers at the Centre for Addiction and Mental Health have identified 428 distinct disease conditions that co-occur in people with FASD. Almost every system in the body can be permanently damaged by prenatal alcohol exposure, including: the central nervous system (brain), vision, hearing, cardiac, circulation, digestion, musculoskeletal and respiratory. Those with FASD are affected in different ways. As the DHSC (2021) said:

"There is no mild FASD." FASD has "lifelong consequences" (DHSC, 2021).

In addition, FASD disproportionately affects Children Looked After (CLA), which according to Gregory et al, 2015, is prevalent amongst 27% of this group. They are extremely vulnerable in the transition to adulthood, which often happens far earlier for them than their non-looked after peers. This study also showed a high rate of alcohol-exposed pregnancies (>70%) among those put up for adoption.

What's our impact? What difference do we make?

Our fingerprint is on the most profound policy changes on FASD in recent decades. Our Chief Executive was a contributor to the DHSC FASD Health Needs Assessment and a lay member on the NICE Quality Standard Committee. These grew out of some pivotal roundtables involving people with FASD, their families and policy makers that we helped to organise. We serve as PPI on key national research studies in partnership with academic leaders.

Our joint work with education, healthcare and social care now addresses needed frontline service changes, though the services have yet to catch up with the policy changes. We help provide ICBs, practitioners, families and others seeking to improve services with advice and insights. Our UK FASD Manifesto, created with input from more than 60 with FASD - featuring how people with FASD would like to be treated continues to show a way forward.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

OBJECTIVES AND ACTIVITIES

Providing evidence to the Health and Social Care Committee

In February 2024, our Chief Executive was invited to speak before the Health and Social Care Committee about preventing harm from alcohol exposed pregnancies and the prevention of further harm from undiagnosed and unsupported FASD. The evidence called for:

" Policy makers to meet with people with FASD and their families.

" A Government Green Paper based on the DHSC FASD Health Needs Assessment, leading to an FASD Prevention and Response Act.

" Urged the Committee to invite the Secretary of State for Health to come discuss next steps following the Needs Assessment and the NICE Quality Standard 204.

" An FASD Prevention and Response Fund at about the level at least of 0.1% or 0.2% of the alcohol duty.

" Industry to act on better labelling about alcohol and pregnancy and information about the risks at point of sale.

Highlighting the reality that the majority of NHS bodies across England and Wales are failing to take action on NICE Quality Standard 204

National FASD continuing our emphasis on pivotal research. Our in-depth 140-page report, *The Time is Now: The National Perspective on Ramping Up FASD Prevention, Diagnosis and Support Services* continues to be used across the country to inform development of services following the NICE Quality Standard, and in 2024 - a year after its release - there were 864 views of the report, which emphasises best practice.

In September 2024, National FASD released its new report, *Not Commissioned: Systemic confusion in NHS services for alcohol, pregnancy and FASD*.

The report found that the majority of NHS Integrated Care Boards and NHS Trusts are missing a golden opportunity to protect baby's brains and futures with their slow, non-strategic and uncoordinated responses to the 2022 NICE Quality Standard 204 on Fetal Alcohol Spectrum Disorder (FASD). NICE QS 204 is in effect in England and Wales and calls for improvements in care regarding discussions about risks of alcohol in pregnancy during antenatal visits and recognition, diagnosis and support of those with FASD.

" While there are pockets of hope and encouraging progress, more broadly there is systemic confusion and a lack of coordination and commissioning across the NHS.

" Nearly 53% of Integrated Care Boards (ICBs) and 56% of NHS Trusts (not including the 11 specialist ambulance trusts) that replied by the statutory deadline to National FASD's Freedom of Information requests are not taking action to meet the needs of this vulnerable population with FASD and to prevent alcohol-exposed pregnancies. In Wales all the health boards that responded are taking at least partial action.

" There are unclear lines of responsibility between ICBs/ Health Boards and Trusts, as well as within Trusts between different services.

" The vast majority of English ICBs that replied by the statutory deadline are not commissioning for diagnosis and management of care for children (70%), young people (73%), and adults (87%) and the majority of Welsh Health Boards have not commissioned services for diagnosis and management of people for children (67%), young people (67%) and adults (83%). Responses indicate the rest of the NICE QS 204 suggestions for commissioners are not being followed.

" There is a nearly universal failure to track improvements in services over time using NICE indicators.

" Training across the workforce as called for by NICE is not happening in many areas.

" Local pathways are unclear and under resourced. Many responses indicate that local diagnosis is not available.

On 16 September 2024 we held an online briefing about the report that had 120 participants, many from the NHS. The report has led many areas to have a look at what they are doing. As one policy maker said, "This has been a really helpful reframe for me thank you - like you say, we are already doing this work, maybe we just need to go ahead and offer diagnosis and follow up support." The report was shared with the Health and Social Care Committee, who were ready to have a briefing on it, but an election was called and that committee was disbanded.

Promoting wellbeing for people with FASD via the hands-on, expert-reviewed Me and My FASD Toolkit

National FASD was originally funded through a one-off DHSC grant to create, along with our partner Seashell, some cutting-edge resources and training to support children and young people with FASD. Some further COVID funding and funding from Contact/Pears helped us to create some additional resources in the Me and My FASD Toolkit.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

OBJECTIVES AND ACTIVITIES

The Me and My FASD website is at the core of this work, hosting an interactive My, Brain, Me and FASD comic and booklet, coping resources, songs created by and for people with FASD, pages featuring successes of people with FASD and more. In 2024 www.fasd.me had more than 69,699 views from 13,687 users and 8,746 free downloads of our resources. This unique website is used by people all across the UK and around the world.

The Me & My FASD Club is the part of the National Organisation for FASD that produces the Living FASD magazine.

The Living FASD magazine is a unique publication that features the successes and diversity of people with FASD, and highlights peer-to-peer coping strategies for challenges that can arise.

In 2024 we produced the last issue of Series 1 of the Living FASD magazine (produced with support from Contact/Pears and subscriptions) and the start of Series 2 (produced as part of our work coordinating the Greater Manchester FASD Network, described further below, and through subscriptions.).

The final edition of Series 1 and our 5th magazine in the series was also a celebration edition featuring the 57 people with FASD who contributed to the Series 1 magazines and the 12 members of our advisory committee. This version also focused on pets. We were able to feature our first two guest authors with FASD, Jody and Eduardo who spoke about how their love of animals has translated into the careers in dog walking and equestrianism.

The Me and My FASD Education Toolkit

The first edition of the second series was issued in September 2024 and focused on learning. This included a hard copy of the completely updated and revised 'Teaching a Student with FASD' booklet, based on extensive research previously done by Dr Carolyn Blackburn and Prof Barry Carpenter OBE for the then-FASD-ed project. The booklet is available in hard copy and PDF versions and has now become the centre piece of the schools' toolkit that is being marketed throughout England. The booklet includes information about FASD, how it presents, the strengths of students with FASD and practical suggestions on how to support various educational challenges of those with FASD, including a section on reasonable adjustments that can be requested without diagnosis or an Education, Health and Care Plan.

Training a new generation of practitioners, educators, social workers to support people with FASD

NICE Quality Standard 204 and the DHSC FASD Health Needs Assessment (2021) highlight the need for multi-sector training on FASD to ensure that people with FASD are appropriately recognised, diagnosed and supported.

We provided 40 training events spread across in-person training (17) as well as those delivered virtually via Zoom or Teams (23). This is double the number of events that we delivered in 2023 as we were experimenting with a different type of training offer. We reached just over 1,300 people at the various trainings. We have been providing training for educational providers (individual mainstream and special schools, independent special schools, multi academy chains, & virtual schools for Children in Care) and Children's social care (social workers, foster carers, adopters, kinship carers and residential care settings)

Participants valued the unique blend of lived experience (from people with FASD, those who live with them and those who work professionally with them) mixed in with the latest information from research and national developments. The average evaluation score was 5.5 out of 6. A score that we are very pleased with and on that stands at the highest level for training providers. The vast majority of people filling in evaluation forms commented that the strategies that we were suggesting for working with people with FASD worked in their own practice and many commented that our training had made them realise potentially how many people were affected.

Developing more in-depth collaboration with key partners

In Greater Manchester via the Greater Manchester FASD Network work (described further below) we have offered a range of virtual training opportunities for workers in fields that include supporting people with FASD. Additionally, in January 2024 in Greater Manchester, we provided a Speech & Language Master Class for the local area, using the specialist knowledge of Louise Fox from the National Clinic, alongside our CEO to provide the professional lived experience the importance of speech and language input to the lives of people with FASD.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

OBJECTIVES AND ACTIVITIES

In Hackney we began developing training that aims to reach as many of the children's work force as possible in all sectors, including the Family and Children Hubs. In 2024, we delivered one training to all of the teams that work with children in care including social care, health and the virtual school. The training included a Zoom input from Dr Patricia Jackson (co-coordinator of the SIGN 156 committee that established the current diagnostic guidelines in effect across England, Scotland and Wales) to explain why a diagnosis of FASD is essential for wellbeing. This work continues into 2025.

In 2024 we also negotiated a training offer for the charity Kinship in 8 in person trainings across the north of England and 12 virtual training events funded by a DfE grant to Kinship. 2024 saw the agreement of the package and the development of the resources that will be used in the trainings in 2025. This is an important group of people to support as we anticipate that many of the kinship families will be supporting at least one child with FASD.

We continue to work in partnership with Seashell in Greater Manchester to grow and deliver out one-day and three-day training packages created under our DHSC grant with them. This partnership continues to flourish to the mutual benefit of both organisations.

Our collaboration with the Cambridgeshire Virtual School and the media & training company Cornerstone was nominated for a national Children & Young Peoples Award for Partnership working within the children's workforce. We didn't win the final but presented what was a unique partnership between a charity, Local Authority and commercial company working together to raise awareness of a major impact on children and young people in the UK. One of our Adults & Young people's advisors voiced the thoughts of a fetus in an alcohol exposed pregnancy for a virtual reality film to be used in training in Cambridgeshire and offered through the UK. The Cambridgeshire Virtual school continues to use the Me & My FASD and National Organisation for FASD resources as the key materials for raising awareness of FASD with in the county. This is built on members of their team attending the first three day supporting a child with FASD trainings that we delivered.

E-school

154 people took our e-learning course 'Introduction to FASD', from a range of sectors including, education, health and social. Those who undertook it from education contacted us for more specific information about teaching and learning strategies. 210 individuals: obstetricians, midwives and midwifery support workers undertook our free e-learning module 'Talking about Alcohol and Pregnancy'.

Coordinating the Greater Manchester FASD Network

National FASD was contracted to run the Greater Manchester FASD network from January 2024-June 2025, working in cooperation with a local steering group and FASD Greater Manchester. The Greater Manchester FASD Network was founded in 2019 and exists to provide a link across Greater Manchester for parents, carers, professionals, community, and voluntary organisations to facilitate information sharing and communication on how to promote better outcomes for individuals with FASD and prevent alcohol exposed pregnancies. In 2024, the Greater Manchester FASD Network fostered meaningful engagement among families and professionals, enhancing support, awareness, and access to services and resources.

In 2024 the Greater Manchester FASD work included:

- " 16 in person & online 'roadshows' & thematic introductory events involving 350 attendees including parents, carers, health and social care professionals, educators and those from community and voluntary organisations. In person roadshows were held in local areas across Greater Manchester and online roadshows included themes of prevention, working with vulnerable adults, education and more.

- " Development of independent branding, online presence, website, social media and new resources including an 'Ask about FASD' poster and leaflet with the aim to better engage birth families and a Teaching a Student with FASD booklet

- " Distribution of 9800 Alcohol & Pregnancy leaflets; 4660 of newly created "Ask about FASD" leaflets; 1820 Network Postcards; 4070 alcohol and pregnancy posters distributed to Greater Manchester hospitals and maternity services.

- " Awareness day event reported by BBC, highlighting 660 babies likely born each year in Greater Manchester with FASD video here: https://www.youtube.com/watch?v=_wFgCL60ToI

- " Created a growing database of 132 network members across Greater Manchester

- " Living FASD magazine subscriptions made available to families and professionals across Greater Manchester

The Network has received positive feedback from parents and professionals.

Feedback highlights how valuable and needed the Greater Manchester FASD Network is and how it helps to fill gaps in knowledge:

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

OBJECTIVES AND ACTIVITIES

"Health care professionals don't know enough about this condition, and [the network is] spreading the word and educating." - Parent

"[The GM FASD Network has] helped me get a diagnosis for a child and is a great community for help and advice." - Parent

"[The GM FASD Network has supported me to gain] an understanding of why my son doesn't know why he does what he does." - Parent

"I'll use this information to pass on to the professionals, family and friends involved with my 6-year-old son with FASD and talk about it more openly in general to people. Feel more empowered to help and understand my son."

"I return as and when needed to the website to look for different strategies/ agencies that may help at the time." - Parent

"[It was useful] learning about FASD and finding out who we can network with to help our parents in our local area." - Social worker, Trafford

"[The network is helping] greatly, health care professionals don't know enough about this condition and they [the Network] are spreading the word and educating."

"[One key take home message from the Roadshow is] how to approach families who may need to take steps for FASD diagnosis." - Practitioner, Bolton

"[I plan] to think, 'Is it FASD?' and help others to consider this too." - Nurse, Bolton

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a surplus for the year of £5,581, compared with a deficit of £214,525 for the year ended 31st December 2023.. The total net reserves at 31st December 2024 were £57,005 compared with £51,424 at 31st December 2023. Total expenditure during the year was £242,838 (2023: £359,234.)

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2024 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include Diageo GB, The Austin & Hope Pilkington Trust, and Contact/Pears.

At the end of 2023 the organisation signed a contract in the amount of £89,897 with NHS Greater Manchester ICB and had promises of £75,000 renewed funding from Diageo in 2024.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

FINANCIAL REVIEW

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is equivalent to six month's operational expenditure. Trustees review the reserves policy annually.

In 2024, reflecting the challenges facing the charitable sector as a whole and in particular the health related and educational sectors, the organisation continued to struggle to find new income. Nevertheless, the organisation successfully continued to expand its unrestricted income via service contracts and through sales of resources and training. As a result Trustees approved spending some reserves while ensuring minimal reserves available to meet outstanding commitments. At the end of 2024, through the ongoing work with the Greater Manchester FASD Network, and through the secured funding for the Learning project and the assurances that at least £75,000 of funds from Diageo would be likely in 2025, the Trustees had no concerns at the end of 2024 about the viability of the organisation although they are tracking closely the possible need for a further decrease in staffing.

The Trustees are monitoring our expenditure, commitments and anticipated income closely and are prepared to make further cutbacks on costs, including staff costs, as needed. They note the charitable sector has been hit hard by the national economic situation and especially by changes in healthcare and education sectors, they are confident the organisation will continue to operate in the next 12 months and are exploring promising opportunities for new funding and income sources.

FUTURE PLANS

In 2025 National FASD will continue to explore new funding streams that will enable the organisation to increase its level of financial security. This will include looking more closely at options for services and products that can be commissioned by local public and voluntary organisations. We also are exploring further ideas on how to bring the prevention message to a wider audience.

The organisation remains focused on working with maternity, sexual health and other relevant practitioners on improving the training and resources they receive to support discussions on alcohol and pregnancy. This work continues to be funded by Diageo.

We also have 6 months left on an 18-month contract to funded by the NHS Greater Manchester Integrated Care Board to coordinate the Greater Manchester FASD Network in cooperation with a local steering group. We hope to discuss the renewal or extension of this contract during the course of 2025 but public funds are becoming more constrained so this source of funding is at risk.

We will continue to promote wellbeing for people with FASD and their families via our training and resources, including the 'Me and My FASD' resources. This work is largely funded through sales of our training and resources.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Providing advice and support across the community

National FASD works collaboratively across the FASD community. We recognise that at the end of the day, our work comes down to the individual impact on people's lives. In 2024 we had more than 200 helpline calls that ranged from topics including: How to get a diagnosis; EHCP Advice; General advice on supporting a YP / adult with FASD; School settings suitable for those with FASD; Resources; Signposting for professionals; Advice for adults with FASD; Looking to promote research; Specific professionals, including legal, education, SaLTs and OTs looking for case specific advice; Specific questions regarding traits and how it manifests in individual cases

Two of our staff members are also co-admin on the FASD UK Facebook support group, supporting more than 4,500 families in cooperation with other groups that are part of the FASD UK Alliance.

In 2024 our team supported researchers, staff, educators, and others at a range of more than 60 organisations, institutions, universities, charities, local and national policy makers, industry. This takes significant time and expertise, and we are proud of our collaborative work. Though it often is unseen, this work is helping to change how the nation thinks about FASD.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

R Reynolds
T V Griffiths
N L Pasek MBE
P Jackson OBE, FRCPCH
A Bovaird

Hon. Vice-President

Michael Attwell

Chief Executive

Sandra Butcher

The National Organisation For FASD

**Report of the Trustees
For The Year Ended 31 December 2024**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Susan Keane
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 23 September 2025 and signed on its behalf by:



.....
A Bovaird - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sue Keane

Susan Keane

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 24/09/2025

The National Organisation For FASD

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2024**

	Notes	Unrestricted funds £	Restricted funds £	31.12.24 Total funds £	31.12.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	10,305	108,751	119,056	83,685
Other trading activities	3	128,127	1,236	129,363	61,024
Total		<u>138,432</u>	<u>109,987</u>	<u>248,419</u>	<u>144,709</u>
EXPENDITURE ON					
Raising funds		1,621	1,078	2,699	23,049
Charitable activities	4				
Wellbeing		137,279	350	137,629	114,054
Learning		326	90,835	91,161	126,306
Prevention project		-	-	-	92,730
General and administrative		-	887	887	-
Governance		10,462	-	10,462	3,095
Total		<u>149,688</u>	<u>93,150</u>	<u>242,838</u>	<u>359,234</u>
NET INCOME/(EXPENDITURE)		(11,256)	16,837	5,581	(214,525)
RECONCILIATION OF FUNDS					
Total funds brought forward		27,825	23,599	51,424	265,949
TOTAL FUNDS CARRIED FORWARD		<u><u>16,569</u></u>	<u><u>40,436</u></u>	<u><u>57,005</u></u>	<u><u>51,424</u></u>

The notes form part of these financial statements

The National Organisation For FASD

**Balance Sheet
31 December 2024**

	Notes	Unrestricted funds £	Restricted funds £	31.12.24 Total funds £	31.12.23 Total funds £
FIXED ASSETS					
Tangible assets	11	3,233	-	3,233	3,598
CURRENT ASSETS					
Stocks	12	26,542	-	26,542	19,500
Debtors	13	11,474	-	11,474	2,176
Cash at bank and in hand		23,566	40,436	64,002	70,781
		<u>61,582</u>	<u>40,436</u>	<u>102,018</u>	<u>92,457</u>
CREDITORS					
Amounts falling due within one year	14	(48,246)	-	(48,246)	(44,631)
NET CURRENT ASSETS		<u>13,336</u>	<u>40,436</u>	<u>53,772</u>	<u>47,826</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>16,569</u>	<u>40,436</u>	<u>57,005</u>	<u>51,424</u>
NET ASSETS		<u>16,569</u>	<u>40,436</u>	<u>57,005</u>	<u>51,424</u>
FUNDS	15				
Unrestricted funds				16,569	27,825
Restricted funds				40,436	23,599
TOTAL FUNDS				<u>57,005</u>	<u>51,424</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

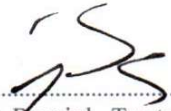
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The National Organisation For FASD

Balance Sheet - continued
31 December 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 Sept 2025 and were signed on its behalf by:


.....
A Bovaird - Trustee

Notes to the Financial Statements
For The Year Ended 31 December 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Fetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2020 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. From January 2024 the allocation of support costs for the Charity has been between:

Wellbeing

Learning

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

The National Organisation For FASD

Notes to the Financial Statements - continued For The Year Ended 31 December 2024

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The restricted income funds are designated to provide resources and to raise awareness of alcohol, pregnancy and FASD among maternity, sexual health teams and other practitioners, as well as to provide funding for specific projects for people with FASD and their families.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.24	31.12.23
	£	£
Donations	10,756	9,560
Grants	108,300	74,125
	<u>119,056</u>	<u>83,685</u>

3. OTHER TRADING ACTIVITIES

	31.12.24	31.12.23
	£	£
Shop income	12,711	13,933
Training/educational services	116,652	47,091
	<u>129,363</u>	<u>61,024</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2024

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
Wellbeing	11,242	126,387	137,629
Learning	(5,558)	96,719	91,161
General and administrative	827	60	887
Governance	-	10,462	10,462
	<u>6,511</u>	<u>233,628</u>	<u>240,139</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.24 £	31.12.23 £
Project printing, promotion and distribution	6,484	39,568
Entertainment	27	877
	<u>6,511</u>	<u>40,445</u>

6. SUPPORT COSTS

	Other £	Governance costs £	Totals £
Wellbeing	126,387	-	126,387
Learning	96,719	-	96,719
General and administrative	60	-	60
Governance	-	10,462	10,462
	<u>223,166</u>	<u>10,462</u>	<u>233,628</u>

Support costs, included in the above, are as follows:

	Wellbeing £	Learning £	General and administrative £
Wages	86,181	71,328	-
Rent, rates and utilities	10,713	11,962	-
Insurance	682	1,393	-
Training	7,290	-	-
Telephone	722	839	-
Office costs	9,649	9,251	60
Sundries	5,321	1,256	-
Travel	4,584	690	-
Depreciation of tangible fixed assets	1,245	-	-
Independent examiners fee	-	-	-
Accountancy, legal and consultancy costs	-	-	-
	<u>126,387</u>	<u>96,719</u>	<u>60</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2024**

6. SUPPORT COSTS - continued

		31.12.24	31.12.23
	Governance	Total	Total
	£	activities	activities
		£	£
Wages	-	157,509	213,115
Rent, rates and utilities	-	22,675	19,467
Insurance	-	2,075	1,969
Training	-	7,290	-
Telephone	-	1,561	1,258
Office costs	-	18,960	23,751
Sundries	-	6,577	7,470
Travel	-	5,274	14,617
Depreciation of tangible fixed assets	-	1,245	816
Independent examiners fee	4,980	4,980	2,500
Accountancy, legal and consultancy costs	5,482	5,482	10,777
	<u>10,462</u>	<u>233,628</u>	<u>295,740</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.24	31.12.23
	£	£
Independent examiners fee	4,980	2,500
Depreciation - owned assets	<u>1,245</u>	<u>816</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.24	31.12.23
Administration	<u>5</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2024

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,185	64,500	83,685
Other trading activities	61,024	-	61,024
Total	<u>80,209</u>	<u>64,500</u>	<u>144,709</u>
EXPENDITURE ON			
Raising funds	15,517	7,532	23,049
Charitable activities			
Wellbeing	100,157	13,897	114,054
Learning	-	126,306	126,306
Prevention project	-	92,730	92,730
Governance	3,095	-	3,095
Total	<u>118,769</u>	<u>240,465</u>	<u>359,234</u>
NET INCOME/(EXPENDITURE)	(38,560)	(175,965)	(214,525)
RECONCILIATION OF FUNDS			
Total funds brought forward	66,385	199,564	265,949
TOTAL FUNDS CARRIED FORWARD	<u>27,825</u>	<u>23,599</u>	<u>51,424</u>

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 January 2024	4,414
Additions	880
At 31 December 2024	<u>5,294</u>
DEPRECIATION	
At 1 January 2024	816
Charge for year	1,245
At 31 December 2024	<u>2,061</u>
NET BOOK VALUE	
At 31 December 2024	<u>3,233</u>
At 31 December 2023	<u>3,598</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2024

12. STOCKS		31.12.24	31.12.23
		£	£
Stocks		26,542	19,500
		<u> </u>	<u> </u>
13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.12.24	31.12.23
		£	£
Trade debtors		10,632	935
Other debtors		-	399
Prepayments and accrued income		842	842
		<u> </u>	<u> </u>
		11,474	2,176
		<u> </u>	<u> </u>
14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.12.24	31.12.23
		£	£
Trade creditors		4,614	2,727
Other creditors		2,532	1,464
Deferred income		37,500	37,500
Accrued expenses		3,600	2,940
		<u> </u>	<u> </u>
		48,246	44,631
		<u> </u>	<u> </u>
15. MOVEMENT IN FUNDS			
		Net	
	At 1.1.24	movement	At
	£	in funds	31.12.24
		£	£
Unrestricted funds			
Unrestricted	27,825	(11,256)	16,569
Restricted funds			
Learning	21,712	18,724	40,436
Contact/Pears Grant	887	(887)	-
Austin & Hope	1,000	(1,000)	-
	<u> </u>	<u> </u>	<u> </u>
	23,599	16,837	40,436
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	51,424	5,581	57,005
	<u> </u>	<u> </u>	<u> </u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2024**

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	138,432	(149,688)	(11,256)
Restricted funds			
Learning	109,987	(91,263)	18,724
Contact/Pears Grant	-	(887)	(887)
Austin & Hope	-	(1,000)	(1,000)
	<u>109,987</u>	<u>(93,150)</u>	<u>16,837</u>
TOTAL FUNDS	<u>248,419</u>	<u>(242,838)</u>	<u>5,581</u>

Comparatives for movement in funds

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
Unrestricted	66,385	(38,560)	27,825
Restricted funds			
Learning	100,800	(79,088)	21,712
Prevention project	83,980	(83,980)	-
Wellbeing	14,784	(13,897)	887
Austin & Hope	-	1,000	1,000
	<u>199,564</u>	<u>(175,965)</u>	<u>23,599</u>
TOTAL FUNDS	<u>265,949</u>	<u>(214,525)</u>	<u>51,424</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	80,209	(118,769)	(38,560)
Restricted funds			
Learning	54,750	(133,838)	(79,088)
Prevention project	8,750	(92,730)	(83,980)
Wellbeing	-	(13,897)	(13,897)
Austin & Hope	1,000	-	1,000
	<u>64,500</u>	<u>(240,465)</u>	<u>(175,965)</u>
TOTAL FUNDS	<u>144,709</u>	<u>(359,234)</u>	<u>(214,525)</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2024**

15. MOVEMENT IN FUNDS - continued

Other projects

The other restricted funds for Learning, Austin-Hope and Contact/Pears are explained further in the Trustees' Report.

16. RELATED PARTY DISCLOSURES

One trustee also works for the Greater Manchester ICB but is not a member of the finance and governance committee. The Trustee has recused herself from all trustee discussions related to the contract with that body mentioned in Trustees Report and was duly transparent with the ICB.

Accounts

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2023
for
The National Organisation For FASD

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

**Contents of the Financial Statements
For The Year Ended 31 December 2023**

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Detailed Statement of Financial Activities	23

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

What we do:

The National Organisation for FASD is the UK's national charity for Fetal Alcohol Spectrum Disorder (FASD), a lifelong condition caused by alcohol harm in pregnancy. We seek to decrease incidence of FASD and to create brighter futures for those who have it. A key part of our mission is to educate professionals about the need for greater awareness of the importance of helping people understand the risks of alcohol in pregnancy including how to have difficult discussions about alcohol-exposed pregnancies and to help them understand the life changing need for FASD diagnosis and FASD-informed support.

The need:

FASD affects 2-4% of the population, more than autism. Most people living with FASD are undiagnosed and are among society's most vulnerable due to lack of recognition, few avenues for diagnosis and limited support. For the first time recent policy changes have increased prospects for a more positive future for FASD prevention, diagnosis and support to people with FASD. We are in danger of missing this unique opportunity due the challenging time confronting health and social care systems.

OBJECTIVES AND AIMS

Significant Activities

Where we work:

We are the national FASD action and advocate-based charity focusing on educating professionals, increasing public awareness of the risks of alcohol in pregnancy and supporting people of all ages with FASD and those who care for them. We have three core programmes (please note a training element runs cross-organisationally throughout these programmes).

1. Our learning programme has recently launched a new alcohol and pregnancy toolkit that includes innovative eLearning and hands-on resources to help maternity teams and others have life-changing conversations about the risks of alcohol and pregnancy.
2. Our wellbeing programme supports children and young people with FASD and their families - and includes the internationally acclaimed Me and My FASD toolkit and website (www.fasd.me), along with information and resources to help families effectively advocate.
3. Our prevention and innovation programme raises awareness of FASD among professionals and policy makers via our publications like The Time is Now: The National Perspective on Ramping up FASD Prevention, Diagnosis and Support Services as well as via our expanding training programme and eschool. These are all in line with the new NICE Quality Standard 204.

How many do we reach:

We are helping to change the way the nation thinks about FASD. Though we have a small staff (see below for more details), our fingerprints are on major national policy changes. Our resources are used nationally and we are consulted by local areas across the country.

Our website in 2023 had 40,741 users and 154,452 views. Our website for young people with FASD had 12,209 users and 55,957 views. There have been more than 10,620 videos views on Me and My FASD YouTube channel in the past 2 years. Our videos on National FASD YouTube have been viewed 22,469 times in the past 5 years.

We co-administer with other sister organisations the FASD UK Alliance the 4,000-person strong FASD UK Facebook group. Our helpline responded to more than 164 inquiries. Our recent virtual book club had more than 600 attendees over 21 sessions. Our Facebook page has 4,028 followers, Twitter has 3,195 and our Chief Executive's account has 2,184 followers. There are more than 830 followers on National FASD's Instagram and 800 followers on @PreventFASD. We reach 1,745 directly via our core mailing list and 2,346 directly via our FASD.me mailing list. Our eschool had 499 users in 2023. Given that the main need is raising awareness, these statistics prove we are at the forefront.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2023

OBJECTIVES AND ACTIVITIES

Significant activities

The difference we make:

National FASD has succeeded in raising the profile of FASD. The publication of NICE Quality Standard 204 in March 2022 now provides a platform for equity (we were involved in this process). It covers assessing, diagnosing, and managing FASD in children and young people, support over the life course, as well as support during pregnancy to prevent FASD. For the first time it provides guidelines for FASD diagnosis across Scotland, England and Wales (based on SIGN 156) and follows the DHSC FASD Health Needs Assessment for England (2021). Our achievements are heavily featured in this document. Our work supporting people with FASD has gained international attention for its unique and transformational approach. Most importantly, we help improve lives. Our work is proudly co-produced with people with FASD and their families and nationally renowned experts/trustees.

"It's important to learn about FASD because it's not very known about. Compared to when I was younger it's a lot more now but it's important to get it out there so the younger people can get the help that some of us didn't get." Claire, young adult with FASD

2023 - a time of growth:

At the end of 2022 National FASD received one-off legacy grants from Four Acres and Sylvia Adams Charitable Trust to allow us to see what we could accomplish at a higher level of staffing while also bringing in outside fundraising consultants to seek to widen our funding base. We increased our staff in 2023 to include 3 full-time and 4 part-time staff.

What that infusion of funding and increased staffing enabled, with guidance from our Trustees, was for us to explore how we could structure ourselves to generate more unrestricted income while forwarding the goals of the charity. So the year was spent developing our training offer and our eschool and further developing resources. While the staff expansion was highly successful and allowed us to help meet the increasing need generated by policy changes, the fundraising consultants were not successful in bringing in the level of funding we'd hoped for and Government still has not renewed its FASD funding, so some staff contracts were unable to be renewed at the end of 2023 and we have gone down to 2 full-time and 3 part-time staff in 2024 (which is still a higher level than pre-2023). The work done in 2023 has helped us realign and restructure in a positive way that will benefit the organisation's long-term stability.

While programmatically 2023 was a strong year, financially it was challenging. We note that unrestricted income was not covering unrestricted costs. Trustees have encouraged staff to reorient toward focusing on increasing our work with Integrated Care Boards, Health Boards and Trusts and Local Authorities moving forward. Trustees are confident the organisation can continue its activities and meet its core mission because thanks to the added work in 2023 made possible with the increased staffing we have a plan in place to increase our unrestricted income through service contracts to ICBs, Trusts, Local Authorities and other means.

Me & My FASD Club & Living FASD:

At the heart of our work is promoting positive futures for people with FASD. In addition to our widely acclaimed website www.fasd.me - we do this through the Me and My FASD Club and the Living FASD magazine, which went from strength to strength in 2023. The purpose has evolved to allow people with FASD to understand the condition, the impact that it has on them, to suggest strategies that may be effective in their lives and show case people with FASD who have achieved. Not only has the Me & My FASD project managed to reach out to people who have been isolated because they have not been aware of the condition or the support that we offer as a charity or have not met other people with FASD, it has also given people with FASD who are amazing a platform to broadcast their achievements.

The key impact of the Me & My FASD Club, but particularly the Living FASD Magazine has been that it has been able to share the success of people with FASD throughout the UK. In the four magazines that we published in 2023 we have featured 65 young people and adults with FASD who have achieved. This has ranged from learning to tie their shoelaces, transitioning successfully into school or better managing their meltdowns through to gaining a Gold Duke of Edinburgh's Award, winning medals at the special Olympics or becoming riding for the disabled national champions. Each young person becomes a role model for the readers and chips away at reinforcing the narrative that people with FASD can and do achieve.

We have now attempted to start to link younger people who express an interest in a hobby with an older person with FASD in the magazine so that people can see an aspirational route from small beginnings to bigger things.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2023

OBJECTIVES AND ACTIVITIES

In the main all of those who are featured in the Magazine are self-selecting initially nominating themselves or their children to be included. We have developed a portal email address that allows us to capture the important permissions to make us GDPR compliant from the first stages of communication.

Working alongside our new Education Projects manager for a year we have also created a template for the magazine in particular that allows us to more easily develop the 24 pages of copy that is needed for each magazine. Increasingly the magazine and Club is being featured as part of our social media feed with the aim of developing more interaction and subscribers.

In addition to the packs that people have subscribed to receive the magazine and resources (such as our "where are you today and now/next whiteboard") and a new FASD passport to help people with FASD self advocate) are featured on the Me & My FASD Club pages on the website - www.fasd.me/club

The resources and magazine also provide the foundation for much of the training that we deliver as an organisation and as such this also evolves with what we provide via the Me & My FASD Club. What is particularly gratifying is now when we are providing face to face training where there are families present often there are people there who have subscribed to the Club and sign its praises as a game changer for how their young person views FASD.

Although the Club has not yet reached the numbers of subscribers that we anticipated it is distributed widely and in the future subscriptions form part of our offer in bigger projects and also forms part of the toolkits that we offer for working with individuals with FASD. This means that the reach of this project, both in terms of numbers and internationally is much greater than just those who subscribe.

Moving forward: The final and fifth edition of series 1 of the Me & My FASD was sent out in Spring 2024. We have secured the future of the magazine and club for another year with plans to publish four Series 2 editions between Summer 2024 and Summer 2025. The grant programme that we have utilised in order to produce previous copies of the Me & My FASD Club sadly has been discontinued and therefore the work relating to this has needed to be built into the other offers that we make with in training and special commissioned projects.

FASD in the UK national conference at the University of Salford

National FASD was a co-organiser of the March 2023 FASD in the UK: Building on 20 Years of Progress conference held at the University of Salford Conference 30 March 2023 with more than 200 attendees. We supported 5 people with FASD and their families to participate and lead a session on the UK FASD Manifesto and the FASD UK Alliance session on a management plan for those with FASD. We had an information table and two posters displayed about our work.

UK FASD Manifesto

The Manifesto was created with the direct input of more than 60 people with FASD, and is a guide for those who work with people with FASD, showing how they would like to be treated. It communicates, in the words of people with FASD, how they would like to be treated by others around them. The information was collected partly by the use of a survey, and partly by direct, creative input from people with FASD from across the UK.

The Manifesto has 15 key points, ranging from "listen to us," "speak slowly and calmly," to "remember our difficulties are lifelong," and "never give up on us." It is designed to act as a reference document for professionals working with people with FASD and other additional needs, who are often side-lined in their own care. Georgia, a young adult with FASD met with her MP (then the Secretary of State for Health and Social Care), Steve Barclay, and presented him with copies of the UK FASD Manifesto. <https://fasd.me/uk-fasd-manifesto/>

"It's so important that doctors and teachers listen to people with FASD. This manifesto is how we'd like them to support us. When we say we need help, even if it's not verbal, just ask and talk to us, then we will tell you when we are ready. Medication and therapy aren't always the answer."

Rachel

"People with FASD are like everyone else. We want people to be kind to us and to be patient. Understanding and believing that FASD is a lifetime disability is most important. Educators need to arm themselves with lots of knowledge about it in order to understand us."

Baillie

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2023

OBJECTIVES AND ACTIVITIES

"It's critical that we listen to the voices and experiences of people with FASD as we begin to ramp up services across the UK following on from the NICE Quality Standard on FASD. This manifesto should be a great starting point for every discussion any professional has when supporting a person with FASD."

Prof Raja Mukherjee, Consultant Psychiatrist and FASD Service Lead

Alcohol and pregnancy toolkit:

Another major development in 2023 with lasting impact for future work was that during the first half of 2023 we created and launched the Alcohol and Pregnancy toolkit which includes:

- CPD accredited e-course on Alcohol and Pregnancy, free for maternity practitioners
- Table-top discussion guides to help midwives and others have important discussions about alcohol and pregnancy
- Fast-fact z-cards
- Posters
- Leaflets
- Pull-up banners
- Alcohol & pregnancy balloons and bunting

The toolkit informs and supports Maternity Teams with the aim of reducing alcohol exposed pregnancies and FASD. It aims to ensure that:

- Maternity teams have the latest information and policy around alcohol in pregnancy and FASD.
- Maternity teams feel empowered to discuss alcohol in pregnancy.
- Maternity teams are confident to share their knowledge of the risks of alcohol in pregnancy with pregnant women and their families.
- Maternity teams can accurately record alcohol consumption in pregnancy to potentially support a future diagnosis of FASD where needed.

Alcohol and pregnancy e-course:

This is a first of its kind and groundbreaking CPD-accredited e-course with up-to-date information based on NICE Quality Standard 204. It has been designed by award-winning charity e-learning specialists at LittleMan Project. The course contains case studies and uses interactive techniques to maintain engagement. As it is free to use for Maternity Teams, will enable access to midwives, obstetricians and maternity care assistants throughout the UK.

The course aims to build confidence and knowledge and contains the following modules:

1. Alcohol and Pregnancy
2. Why women drink whilst pregnant
3. What is FASD?
4. Effective conversations with Pregnant women
5. Understanding and recording prenatal alcohol exposure
6. Supporting pregnant women with alcohol dependency
7. Caring for a pregnant woman with FASD

The toolkit was reviewed by the Midwives advisory committee and the National FASD experts committee. The Royal College of Midwives also reviewed the e-course. We created a new landing page on the National FASD website so that practitioners and pregnant women could get more information and easily access the toolkit.

National launch:

On the 21st June, at the National Liberal Club we lifted the curtain on our brand-new Alcohol & Pregnancy toolkit for midwives and maternity practitioners.

Maternity staff from a range of backgrounds attended an "Audience with the experts" CPD session that gave them the first look at the new toolkit and access to a series of talks from experts in their fields. Each professional also received a bag containing some of the new resources

Presenters included:

- Deputy Chief Medical Officer Dr Jeanelle de Gruchy

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2023

OBJECTIVES AND ACTIVITIES

- Specialist Substance and Alcohol Misuse Midwife Laney Holland
- Senior Commissioner for Children, Young people and Maternity and National Midwife Research Specialist in FASD and Alcohol Dr Helen Howlett
- Consultant psychiatrist and leading UK FASD specialist Prof Raja Mukherjee MBE, Member of National FASD Experts Committee
- Founder of Birth Mum and Son and Member of National FASD Experts Committee Janet Griffin
- National FASD's Director of Innovation and author of the Alcohol and Pregnancy Toolkit Joanna Buckard.
- Young adult with FASD who is one of our advisors
- National FASD's Chief Executive and parent of a young adult with FASD Sandra Butcher opened and closed the event.

There were displays containing elements of the toolkit for practitioners to explore.

Feedback from the presenters:

"Thanks to everyone who has worked so tirelessly in developing these resources [...] more needs to be done to reduce the number of alcohol-exposed pregnancies and to support those already living with FASD...hopefully these resources will be shared widely among frontline practitioners."

Deputy Chief Medical Officer Dr Jeanelle de Gruchy

"I'm very excited to know there is a credible resource out there for my colleagues to support their skill base at booking. Exploring FASD as early surveillance and being able to confidently share good information with women is so important."

Laney Holland, Substance and Alcohol Misuse Specialist Midwife

"I really want to get the message to people about the considerable risk involved in drinking while pregnant, or attempting to get pregnant. Midwives and their teams are one of the key players in getting this message across."

Georgia Roberts, Member National FASD Adults and Young Adults with FASD Advisory Committee

Feedback from attendees

"I now feel more confident in talking to students about the effects of alcohol in pregnancy. I believe in the past week I have already had the opportunity to mention this topic on at least three different occasions whilst teaching."

"Inspired and reinvigorated"

"The toolkit is a boon! The E course so in depth. Huge well done"

"There are such an impressive range of resources; accessible and really high quality".

Northern Maternity and Midwifery festival:

National FASD attended the Northern Maternity and Midwifery festival held in Manchester on 4th July 2023. The event was an opportunity to meet midwives from across the UK and showcase our new alcohol and pregnancy resources. Joanna presented a seminar to midwives and student midwives which outlined the alcohol and pregnancy project and discussed our newly created resources. The seminar was well received by those who attended with participants identifying that out of all of the key research and information shared throughout the day from exhibitors, the information around FASD had the most impact on them. The event was attended by over 200 healthcare professionals with a further 160 watching live online. Joanna's seminar 'Midwives at the heart of the battle - the creation of a toolkit for midwives about alcohol in pregnancy' is now available to view on the Maternity and Midwifery forum website. Prior to our attendance, Joanna and Katie wrote an article which was published in the Maternity and Midwifery forum newsletter which was shared with over 29000 readers and remains available to read on their website.

When asked what key pieces of research or evidence did you learn about today that have made the most impact on you? One student midwife said: "Information regarding FASD and how it has the same prevalence as autism but is often misdiagnosed, hence the importance of educating women prior to and during pregnancy."

Some participants outlined alcohol and pregnancy and FASD as an area for further learning with one senior university lecturer stating that the event encouraged her to "expand teaching on alcohol in pregnancy [and] add new resources."

One student midwife also stated, "I feel the event has enabled me to access available resources in relation to my training."

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2023

OBJECTIVES AND ACTIVITIES

This event allowed for National FASD to improve its outreach and engage in critical discussions with healthcare staff around the demand for further resources and training around FASD and alcohol in pregnancy. It was found that Midwives often lacked knowledge and confidence discussing alcohol use in pregnancy and welcomed the new resources produced by National FASD.

September FASD awareness month:

National FASD joined with others in the FASD UK Alliance during September FASD Awareness month for the #FASDGiveMe5 campaign, focused on Statement 5 of the NICE Quality Standard calling for management plans for those with FASD. It also represented taking 5 for FASD, whether that's taking 5 minutes to explain FASD to someone new, taking the time to learn 5 new things about FASD, or giving someone with FASD a high-five to celebrate their achievements. National FASD staff each did videos that were widely shared and the campaign was active through the month.

In addition, we sent 170 Alcohol and Pregnancy packs to midwifery teams across the UK for awareness month.

Other prevention and innovation activities

Raja and Neil's FASD Book Club:

Raja and Neil FASD Book Club online book club ran in 2022 and 2023, designed to make more accessible the leading research from the academic book "Prevention, Recognition and Management of Fetal Alcohol Spectrum Disorders" (Springer 2021) by Raja Mukherjee and Neil Aiton

- 21 'bite size' lunch episodes (10 in 2023)

- Total online attendees - ~609

- YouTube Video views - >1969

Discussions with policy makers and Time is Now follow up:

During 2023 we continued to follow up on our 2022 report, "The Time is Now: National Perspectives on Ramping up FASD Diagnosis, Prevention and Support Services," created based on 9 roundtables involving more than 60 leading practitioners, experts, commissioners, policy makers, people with lived experience that resulted in a 140-page booklet outlining best practice and ways forward following the NICE Quality Standard on FASD. We worked with families and groups who reached out to their Integrated Care Boards to determine what action has been taken since publication of NICE Quality Standard 204. We also worked directly with some areas seeking to improve their care related to alcohol, pregnancy and FASD.

In autumn 2023, we met with the new Chief Midwife, Kate Brintworth to discuss alcohol and pregnancy and our recommendations to reduce the number of alcohol exposed pregnancies. We met with Senior Digital Midwife Advisor, Dawn Cross from NHS England to start a discussion with her about if it would be possible to make alcohol and pregnancy discussions mandatory in the digital maternity records. We continued ongoing and valued discussions with key leaders in OHID and DHSC and in key local and regional areas across the UK.

Spreading awareness, collaboratively:

National FASD values working collaboratively. We participate in the steering committee for the FASD UK Alliance and have been working with them on a model management plan as called for in NICE Quality Standard 204.

In 2022-2023, we have spoken at, displayed at, had meetings with and taken part in a wide range of conferences and events reaching thousands, including but not limited to the ADHD Foundation, the Virtual School Heads National Conference, Cambridgeshire Virtual School Heads conference, Paediatric trainees and neurodevelopmental network, Keys, South Wales Doctoral Training Programme in Clinical Psychology, Royal College of Speech and Language Therapists, University East Anglia, FASD national service away day, Portman Group, Forensic CAMHS training, Kingston CCG SEND Partnership, Birmingham City University, EUFASD, BACCH (British Association of Community Child Health), SLT Aware, Sheffield All Age FASD Steering Group, Early years SEND conference Hertfordshire, South East Post Adoption Network, Evelina Children's Hospital, Learning Technology awards, CoramBaaf, Council for Disabled Children, BBCThree. Our chief executive is on the faculty of the Royal College of Paediatrics and Child Health trainings on FASD. She also participated in podcasts for the Association for Adolescent and Child and Mental Health and one for Greater Manchester ICB for speech and language therapists.

The National Organisation For FASD
Report of the Trustees
For The Year Ended 31 December 2023

OBJECTIVES AND ACTIVITIES

We also provide support to a wide range of researchers and studies, including key studies from the University of Salford and University of Bristol.

Training:

The National FASD training offer received a positive boost in 2023 from the one-off legacy funding. We hired a new Training Project Officer to help guide the programme and have been able to retain this post into 2024 as a result of its success. National FASD is committed to advancing understanding and support for individuals with Fetal Alcohol Spectrum Disorder (FASD) throughout the UK. Our training initiatives are designed to raise awareness, empower families, inform professionals, and advocate for improved services and support systems, and they are based on NICE Quality Standard 204 and the Best Practice in FASD Training Guide. <https://nationalfasd.org.uk/learn-more/training/>

Training Sessions: In 2023, while a portion of the year was spent on training programme reorganisation and planning, National FASD conducted a total of 19 training sessions, reaching over 1000 individuals across the UK. These sessions included diverse formats such as in-person workshops and online seminars, with presentations at conferences and engagements in regions spanning from the southwest to Yorkshire. We continue to offer 1-day "Introduction to Supporting Children and Young People with FASD" training and our unique "Me and My FASD" 3-day training with our partner Seashell, as well as bespoke training organised to meet needs of a range of schools, local authorities, organisations and other groups.

New Resource - Allies Booklet: In 2023, we released our 'FASD Allies Booklet'. This resource was crafted to assist parents in advocating for their children living with FASD. An online event was hosted, drawing over 60 sign-ups, to introduce this empowering tool. Moreover, the booklet serves a dual purpose by educating professionals about FASD, motivating them to seek additional training and support services which will thus increase our organisation's revenue.

Bespoke Training Package: In 2023, we finalised our bespoke training package. This tailor-made offering is specifically designed for organisations, ensuring that training sessions are customised to meet their unique needs and requirements. This flexibility allows us to provide targeted and effective training interventions to a wide range of stakeholders.

Champions Slides: We developed and implemented "Champions Slides," a strategic tool aimed at enhancing our three-day training program. These slides enable professionals to cascade learning within their teams, fostering a culture of awareness and understanding of FASD among peers.

Associate Trainers: The onboarding of three associate trainers in 2023 bolstered our team's capacity to deliver high-quality training sessions and support our organisational objectives.

Introduction to FASD E-Course: We updated our "Introduction to FASD" e-course and received significant enrolment, with 140 individuals signing up to deepen their understanding of FASD and its implications. We also sold an additional 115 licences to a local authority, with another ICB having 205 licenses.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a deficit for the year of £214,525, compared with a surplus of £161,503 for the year ended 31st December 2022. The 2022 surplus was largely as a result of 2 one-off legacy grants received in late 2022 for expenditure in 2023. The total net reserves at 31st December 2023 were £51,424 compared with £265,949 at 31st December 2022. Total expenditure during the year was £359,234 (2022: £233,271.)

As noted above, the organisation recognises in 2023 unrestricted income was not covering unrestricted costs. Trustees have encouraged staff to reorient toward focusing on increasing our work with Integrated Care Boards, Health Boards and Trusts and Local Authorities moving forward. Trustees are confident the organisation can continue its activities and meet its core mission because thanks to the added work in 2023 made possible with the increased staffing we have a plan in place to increase our unrestricted income through service contracts to ICBs, Trusts, Local Authorities and other means.

The National Organisation For FASD
Report of the Trustees
For The Year Ended 31 December 2023

FINANCIAL REVIEW

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2023 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include The Sylvia Adams Charitable Trust, Four Acres Trust, Diageo GB, The Austin & Hope Pilkington Trust, and Contact/Pears.

At the end of 2023 the organisation signed a contract in the amount of £89,897 with NHS Greater Manchester ICB and had promises of £75,000 renewed funding from Diageo in 2024.

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is at least equivalent to six months operational expenditure and have done so having regards to its manner of operation of likely funding streams and taking account of potential risks that may arise from time to time. This policy is annually reviewed by the trustees.

Due to the failure of government renewal of any funding for FASD projects, the challenging financial situation for health related causes post-COVID, and the lack of understanding of FASD among the philanthropic community, the organisation struggled in 2023 to bring in new funders, despite engaging a consulting firm at the request of prior funders as part of their legacy grant awards. As a result, Trustees approved spending some reserves, while keeping minimal reserves needed for any outstanding commitments. They approved a renewed focus on pursuing unrestricted income via contracts and service agreements with NHS bodies and local authorities, as well as increasing our provision of resources, as this not only helps the organisation fulfil its mission, but it meets the needs of NHS bodies vis-à-vis the NICE Quality Standard and helps local areas to meet the growing need resulting from recent policy changes. This strategy is working. At the end of 2023 the organisation secured an £89,897 contract for continued development of the Greater Manchester FASD Network and also had assurances that the £75,000 Diageo funding would be renewed in 2024, and resource sales are increasing. This enabled the Trustees to conclude the organisation was stable moving into 2024.

FUTURE PLANS

Outlook for 2024:

As we look forward to 2024, National FASD is poised to build upon the successes of 2023. We remain steadfast in our commitment to advancing awareness of the risks of alcohol in pregnancy and recognition, support, and advocacy for individuals with FASD, their families and the growing network of professionals and practitioners who support them. We anticipate even greater strides in the year ahead despite a constricted funding environment.

2023 was a productive and transformative year for National FASD, characterised by notable achievements in training and resource development. We are dedicated to our mission and look forward to continuing our efforts to make a positive difference in the lives of individuals with FASD and through promoting alcohol-free pregnancies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Wider network

WORKING COOPERATIVELY: The National Organisation for FASD is proud to be a member of the FASD UK Alliance, a coalition of independent groups across the British Isles. As a sister organisation in the FASD UK Alliance, we actively contribute and advertise FASD UK Facebook support groups for families, professionals, teens and adults with FASD and one focused on FASD and gender identity. These groups reach more than 4,000 individuals and families. The National Organisation for FASD helps channel stakeholder views from the FASD UK Alliance into policy debates. We work in cooperation with other disability groups, advocacy groups and professional organisations on a range of intersecting interests. The National Organisation for FASD fully agrees with the motto "Together We Are Stronger." We work collaboratively with a wide range of networks, researchers and professional organisations.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

L Bradford (resigned 18.4.23)
K L Price (resigned 1.7.23)
R Reynolds
T V Griffiths
N L Pasek MBE
G Daniel (appointed 1.1.23) (resigned 19.7.23)
P Jackson OBE, FRCPCH (appointed 1.1.23)
B Carpenter CBE D.Litt (appointed 1.4.23) (resigned 13.6.23)
A Bovaird (appointed 16.10.23)

Hon. Vice-President

Michael Attwell

Chief Executive

Sandra Butcher

The National Organisation For FASD

**Report of the Trustees
For The Year Ended 31 December 2023**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Susan Keane
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 22nd October 2024 and signed on its behalf by:



.....
N L Pasek MBE - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Susan Keane

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 25th October 2024

The National Organisation For FASD
Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2023

	Notes	Unrestricted funds £	Restricted funds £	31.12.23 Total funds £	31.12.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,185	64,500	83,685	379,629
Other trading activities	3	<u>61,024</u>	<u>-</u>	<u>61,024</u>	<u>15,145</u>
Total		<u>80,209</u>	<u>64,500</u>	<u>144,709</u>	<u>394,774</u>
EXPENDITURE ON					
Raising funds		15,517	7,532	23,049	3,384
Charitable activities	4				
Wellbeing		100,157	13,897	114,054	26,069
Learning		-	126,306	126,306	65,087
Prevention project		-	92,730	92,730	136,421
Governance		<u>3,095</u>	<u>-</u>	<u>3,095</u>	<u>2,310</u>
Total		<u>118,769</u>	<u>240,465</u>	<u>359,234</u>	<u>233,271</u>
NET INCOME/(EXPENDITURE)		(38,560)	(175,965)	(214,525)	161,503
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>66,385</u>	<u>199,564</u>	<u>265,949</u>	<u>104,446</u>
TOTAL FUNDS CARRIED FORWARD		<u>27,825</u>	<u>23,599</u>	<u>51,424</u>	<u>265,949</u>

The notes form part of these financial statements

The National Organisation For FASD

**Balance Sheet
31 December 2023**

	Notes	Unrestricted funds £	Restricted funds £	31.12.23 Total funds £	31.12.22 Total funds £
FIXED ASSETS					
Tangible assets	11	3,598	-	3,598	-
CURRENT ASSETS					
Stocks	12	19,500	-	19,500	-
Debtors	13	2,176	-	2,176	132,279
Cash at bank and in hand		<u>9,682</u>	<u>61,099</u>	<u>70,781</u>	<u>174,157</u>
		31,358	61,099	92,457	306,436
CREDITORS					
Amounts falling due within one year	14	(7,131)	(37,500)	(44,631)	(40,487)
NET CURRENT ASSETS		<u>24,227</u>	<u>23,599</u>	<u>47,826</u>	<u>265,949</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>27,825</u>	<u>23,599</u>	<u>51,424</u>	<u>265,949</u>
NET ASSETS		<u>27,825</u>	<u>23,599</u>	<u>51,424</u>	<u>265,949</u>
FUNDS	15				
Unrestricted funds				27,825	66,385
Restricted funds				<u>23,599</u>	<u>199,564</u>
TOTAL FUNDS				<u>51,424</u>	<u>265,949</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

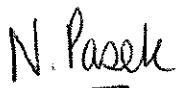
The notes form part of these financial statements

The National Organisation For FASD

Balance Sheet - continued
31 December 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22nd October 2024 and were signed on its behalf by:



.....
N L Pasek MBE - Trustee

The notes form part of these financial statements

The National Organisation For FASD

Notes to the Financial Statements For The Year Ended 31 December 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Fetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2020 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. A new system of allocation of support costs for the Charity was implemented in 2020 to apportion costs between:

Wellbeing
Learning
Prevention

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

The National Organisation For FASD

Notes to the Financial Statements - continued For The Year Ended 31 December 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The restricted income funds are specifically designated for GP/Midwives projects, which are used to educate and raise awareness about FASD and its harm to over 15,000 GP and midwives in the UK. It also includes funding for the Me and My FASD, for an experiment in staff expansion and bringing in external fundraising expertise.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.23	31.12.22
	£	£
Donations	9,560	8,254
Grants	<u>74,125</u>	<u>371,375</u>
	<u>83,685</u>	<u>379,629</u>

3. OTHER TRADING ACTIVITIES

	31.12.23	31.12.22
	£	£
Shop income	13,933	8,342
Training/educational services	<u>47,091</u>	<u>6,803</u>
	<u>61,024</u>	<u>15,145</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2023**

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
Wellbeing	8,831	105,223	114,054
Learning	31,404	94,902	126,306
Prevention project	210	92,520	92,730
Governance	-	3,095	3,095
	<u>40,445</u>	<u>295,740</u>	<u>336,185</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.23 £	31.12.22 £
Project printing, promotion and distribution	39,568	36,591
Entertainment	877	154
	<u>40,445</u>	<u>36,745</u>

6. SUPPORT COSTS

	Other £	Governance costs £	Totals £
Wellbeing	100,396	4,827	105,223
Learning	92,270	2,632	94,902
Prevention project	89,797	2,723	92,520
Governance	-	3,095	3,095
	<u>282,463</u>	<u>13,277</u>	<u>295,740</u>

Support costs, included in the above, are as follows:

	Wellbeing £	Learning £	Prevention project £
Wages	79,945	66,528	66,642
Rent, rates and utilities	5,469	8,405	5,593
Insurance	553	645	771
Telephone	374	442	442
Office costs	12,579	8,034	3,138
Sundries	660	6,484	326
Travel	-	1,732	12,885
Depreciation of tangible fixed assets	816	-	-
Independent examiners fee	-	-	-
Accountancy, legal and consultancy costs	4,827	2,632	2,723
	<u>105,223</u>	<u>94,902</u>	<u>92,520</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2023**

6. SUPPORT COSTS - continued

		31.12.23	31.12.22
	Governance	Total	Total
	£	activities	activities
		£	£
Wages	-	213,115	134,816
Rent, rates and utilities	-	19,467	19,263
Insurance	-	1,969	1,846
Telephone	-	1,258	1,209
Office costs	-	23,751	9,714
Sundries	-	7,470	6,782
Travel	-	14,617	3,182
Depreciation of tangible fixed assets	-	816	-
Independent examiners fee	2,500	2,500	2,310
Accountancy, legal and consultancy costs	595	10,777	14,020
	<u>3,095</u>	<u>295,740</u>	<u>193,142</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.23	31.12.22
	£	£
Independent examiners fee	2,500	2,310
Depreciation - owned assets	<u>816</u>	<u>-</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.23	31.12.22
	7	4
Administration	<u>7</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2023**

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	8,252	371,377	379,629
Other trading activities	<u>15,145</u>	<u>-</u>	<u>15,145</u>
Total	<u>23,397</u>	<u>371,377</u>	<u>394,774</u>
 EXPENDITURE ON			
Raising funds	2,836	548	3,384
Charitable activities			
Wellbeing	608	25,461	26,069
Learning	-	65,087	65,087
Prevention project	-	136,421	136,421
Governance	<u>2,310</u>	<u>-</u>	<u>2,310</u>
Total	<u>5,754</u>	<u>227,517</u>	<u>233,271</u>
 NET INCOME	17,643	143,860	161,503
Transfers between funds	<u>8,750</u>	<u>(8,750)</u>	<u>-</u>
Net movement in funds	26,393	135,110	161,503
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>39,992</u>	<u>64,454</u>	<u>104,446</u>
 TOTAL FUNDS CARRIED FORWARD	<u>66,385</u>	<u>199,564</u>	<u>265,949</u>

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
Additions	<u>4,414</u>
 DEPRECIATION	
Charge for year	<u>816</u>
 NET BOOK VALUE	
At 31 December 2023	<u>3,598</u>
At 31 December 2022	<u>-</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2023

12. STOCKS

	31.12.23	31.12.22
	£	£
Stocks	<u>19,500</u>	<u>-</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.23	31.12.22
	£	£
Trade debtors	935	131,521
Other debtors	399	508
Prepayments and accrued income	<u>842</u>	<u>250</u>
	<u>2,176</u>	<u>132,279</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.23	31.12.22
	£	£
Trade creditors	2,727	182
Other creditors	1,464	2,335
Deferred income	37,500	35,625
Accrued expenses	<u>2,940</u>	<u>2,345</u>
	<u>44,631</u>	<u>40,487</u>

15. MOVEMENT IN FUNDS

	At 1.1.23	Net movement in funds	At 31.12.23
	£	£	£
Unrestricted funds			
Unrestricted	66,385	(38,560)	27,825
Restricted funds			
Learning	100,800	(79,088)	21,712
Prevention project	83,980	(83,980)	-
Wellbeing	14,784	(13,897)	887
Austin & Hope	<u>-</u>	<u>1,000</u>	<u>1,000</u>
	<u>199,564</u>	<u>(175,965)</u>	<u>23,599</u>
TOTAL FUNDS	<u>265,949</u>	<u>(214,525)</u>	<u>51,424</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2023**

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	80,209	(118,769)	(38,560)
Restricted funds			
Learning	54,750	(133,838)	(79,088)
Prevention project	8,750	(92,730)	(83,980)
Wellbeing	-	(13,897)	(13,897)
Austin & Hope	<u>1,000</u>	<u>-</u>	<u>1,000</u>
	<u>64,500</u>	<u>(240,465)</u>	<u>(175,965)</u>
TOTAL FUNDS	<u>144,709</u>	<u>(359,234)</u>	<u>(214,525)</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.22 £
Unrestricted funds				
Unrestricted	39,992	17,643	8,750	66,385
Restricted funds				
Learning	36,441	55,702	(8,750)	83,393
Prevention project	28,013	54,713	-	82,726
Wellbeing	<u>-</u>	<u>33,445</u>	<u>-</u>	<u>33,445</u>
	<u>64,454</u>	<u>143,860</u>	<u>(8,750)</u>	<u>199,564</u>
TOTAL FUNDS	<u>104,446</u>	<u>161,503</u>	<u>-</u>	<u>265,949</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	23,397	(5,754)	17,643
Restricted funds			
Learning	121,221	(65,519)	55,702
Prevention project	191,250	(136,537)	54,713
Wellbeing	<u>58,906</u>	<u>(25,461)</u>	<u>33,445</u>
	<u>371,377</u>	<u>(227,517)</u>	<u>143,860</u>
TOTAL FUNDS	<u>394,774</u>	<u>(233,271)</u>	<u>161,503</u>

The National Organisation For FASD
Notes to the Financial Statements - continued
For The Year Ended 31 December 2023

15. MOVEMENT IN FUNDS - continued

Midwives Project

Grants received from Diageo are restricted to be used on these projects and are utilised as and when appropriate.

Other projects

The other restricted funds for Learning, Prevention, Well-Being, Austin-Hope and Contact/Pears are explained further in the Trustees' Report.

16. RELATED PARTY DISCLOSURES

One trustee also works for the Greater Manchester ICB but is not a member of the finance and governance committee. The Trustee has recused herself from all trustee discussions related to the contract with that body mentioned in Trustees Report and was duly transparent with the ICB.

The National Organisation For FASD

**Detailed Statement of Financial Activities
For The Year Ended 31 December 2023**

	31.12.23 £	31.12.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	9,560	8,254
Grants	<u>74,125</u>	<u>371,375</u>
	83,685	379,629
Other trading activities		
Shop income	13,933	8,342
Training/educational services	<u>47,091</u>	<u>6,803</u>
	<u>61,024</u>	<u>15,145</u>
Total incoming resources	144,709	394,774
EXPENDITURE		
Other trading activities		
Fund raising costs	23,049	3,384
Charitable activities		
Project printing, promotion and distribution	39,568	36,591
Entertainment	<u>877</u>	<u>154</u>
	40,445	36,745
Support costs		
Other		
Wages	213,115	134,816
Rent, rates and utilities	19,467	19,263
Insurance	1,969	1,846
Telephone	1,258	1,209
Office costs	23,751	9,714
Sundries	7,470	6,782
Travel	14,617	3,182
Computer equipment	<u>816</u>	<u>-</u>
	282,463	176,812
Governance costs		
Independent examiners fee	2,500	2,310
Accountancy, legal and consultancy costs	<u>10,777</u>	<u>14,020</u>
	<u>13,277</u>	<u>16,330</u>
Total resources expended	<u>359,234</u>	<u>233,271</u>
Net (expenditure)/income	<u>(214,525)</u>	<u>161,503</u>

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2022
for
The National Organisation For FASD

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

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The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The National Organisation for FASD (formerly NOFAS-UK) is dedicated to supporting people affected by Fetal Alcohol Spectrum Disorders (FASD), their families and communities; campaigns to raise public awareness; and promotes policies and practices which further these objectives. Broadly these aims can fall under the following areas:

1. (a) to advance the education of the general public in all areas relating to Fetal Alcohol Spectrum Disorders (FASD) in order to eliminate birth defects caused by alcohol consumption during pregnancy.
2. (b) To preserve and protect the health of those individuals affected by FASD.

Significant activities

The National Organisation for FASD Trustees reaffirm the organisation's twin mission of education and support - focusing on national strategies and campaigns that raise awareness of Fetal Alcohol Spectrum Disorders and the risks of alcohol in pregnancy. NOFAS-UK remains committed to socially responsible best practices, emphasising work that is positive and inclusive.

The National Organisation for FASD seeks to broaden public awareness of FASD for both prevention and support, and within that broad objective specifically targets relevant practitioners (eg. GPs, midwives, teachers) and prioritises engaging with policy makers and opinion shapers.

The National Organisation for FASD seeks to increase wellbeing and support provided for those with FASD and their families and works to raise the voices of those too often left out of discussions that directly affect their lives.

The National Organisation for FASD created three new websites (www.nationalfasd.org.uk, www.preventfasd.ino and www.fasd.me) to provide information freely available to increase awareness of FASD and support those with FASD and their families; our wellbeing project conducted a major new project "Resources and Training to Support Children and Young People with FASD" in partnership with Seashell, funded by DHSC; we launched a ground-breaking prevention project aimed at 15-25 year olds involving release of an award-winning film and a national competition; our education programme developed a new e-school and continued educating midwives, GPs and other healthcare practitioners.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Overall impact

The National Organisation for FASD promotes an integrated and informed national approach for FASD prevention, diagnosis and support. We create resources and materials for people with FASD, their supporters and the practitioners and professionals around them. In doing this, we seek to create brighter futures. Our fingerprint is on the most profound policy changes ever made on FASD in the UK. In fact, we have called 2022 'the tipping point,' since for the first time ever all major public health bodies are now on record recognising FASD and the importance of early diagnosis and support.

Our programmes have three mutually reinforcing strands - wellbeing, learning and prevention.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

We work collaboratively and are guided by lived experience. Our board of Trustees are all leaders in their fields and our growing staff also works closely with our committee of Adults and Young Adults with FASD and our experts committee, which includes some of the country's leading experts alongside parents, carers and guardians of those with FASD (people with lived experience). We also seek input from the wider FASD community through our own database of contacts and via our cooperative collaboration with the FASD UK Alliance and other related organisations and coalitions.

The Time is Now: Changing the national landscape and promoting best practice

In 2022, the National Institute for Health and Care Excellence (NICE), issued NICE Quality Standard 204, a transformational document that outlines improvements in quality of care for FASD prevention, diagnosis and support. Our chief executive served as a lay member on the NICE committee that created this Quality Standard.

Purpose: To prepare for the increased national attention to FASD across health services that will result from the NICE Quality Standard, the National FASD Experts Committee convened a series of nine roundtable discussions chaired by Prof Raja Mukherjee and Sandra Butcher and involving more than 60 of the country's leading practitioners, commissioners, public health officials, researchers, leaders from the Third Sector and people with lived experience. Our Time is Now report is designed to help guide the next steps - demonstrating best practice and encouraging operationalisation of aspects of the NICE Quality Standard.

Process: Participants took part in their individual capacities, not as representatives of organisations. Substance could be reported out but not attributed to any individual (Chatham House rules). Chairs' summaries formed the core of the final 140-page interactive report that is a practical tool and comprehensive overview of steps for ramping up services, including practical guidance of how to ramp up services, all based on best practice in UK). Easy access versions of the Time is Now (and other policy matters) make it accessible more widely.

The Launch: The report was launched at a nationally livestreamed event on 21st March 2022, coincidentally just 6 days after NICE released its long-delayed Quality Standard on FASD. Approximately 50 participants attended in person at the National Liberal Club in London. The event was viewed on the day by more than 1,000 people and The Time is Now webpage has been viewed almost 1,000 times; National FASD posts about the report and event reached almost 100,000 users and hard copies are still being distributed, with more than 500 copies shared so far. The #FASDTimeIsNow twitter hashtag was viewed almost 20,000 times.

Outcomes: The Time is Now is being used by commissioners, clinicians, programme managers, policy makers, families and charities. For example, our September Awareness month days of action encouraged people to share the Time is Now with local policy makers, MPs, and commissioners. We are now convening regular meetings with mostly families/local groups who are in follow-on discussions in Buckinghamshire, Cambridgeshire/Peterborough, Cornwall, Derbyshire and Sheffield, Devon, County Durham, Hampshire and the Isle of Wight, Hertfordshire/Essex, Kent/Medway and NHS Borders, North East and North Cumbria ICB and Lancashire and South Cumbria ICB, Stockport, and the NE generally. We know it has been used in Sheffield, Kingston-on-Thames, Greater Manchester, Brighton and Hove and has led to further action in Hertfordshire and Essex, Evelina Children's Hospital and in groups such as Queen's Nursing Institute Scotland, FASD Awareness, FASD Ireland, FASD Greater Manchester and more. It was presented at the EU FASD Conference in Norway in September 2022.

Raja and Neil's FASD Book Club: As part of our efforts to make research more accessible, we started a series of 'bitesize' 30-minute lunchtime sessions based on 'Prevention, Recognition and Management of Fetal Alcohol Spectrum Disorders', by Prof Raja Mukherjee and Dr Neil Aiton (Springer, 2021). Each session so far has involved up to 50 people and the sessions are recorded, edited, and posted on the National FASD YouTube channel. So far, they have been viewed 1665 times on YouTube. In addition, we prepare 'easy access' summaries of each talk to help make the material more widely available and accessible. The Book Club is continuing in 2023.

" Session 1, Introduction - Professor Raja Mukherjee and Dr Neil Aiton, 22 June 2022

" Session 2, Standardising the Approach to Assessment and Diagnosis, Prof Raja Mukherjee and Dr Neil Aiton, 21st July 2022

" Session 3, The Complex Issues Related to Alcohol and Pregnancy: Evidence, Ethics and the Law, with Dr Neil Aiton, 3rd August 2022.

" Session 4, Overview of FASD: How our Understanding of FASD Has Progressed, with Dr Alan D. Price, 16th August 2022

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

- " Session 5, How FASD Presents Across the Lifespan, with Prof. Ana C. Hanlon-Dearman, 16 September 2022
- " Session 6, Diagnosing FASD in the Context of Other Overlapping Neurodevelopmental Presentations, with Prof. Raja Mukherjee, 22nd September 2022
- " Session 7, The Complexity of Attachment Issues in FASD, with Helen Oakwater, 4th October 2022
- " Session 8, Transition Into Adulthood & Avoiding Secondary Disabilities, with Raja Mukherjee, 3rd November 2022
- " Session 9, Conversations About Alcohol Use In Pregnancy, with Anna Ferguson, 23rd November 2022
- " Session 10, Service Delivery: Organisation & Models of Care, with Prof Raja Mukherjee, 8th December 2022
- " Session 11, It Isn't All About the Facial Features, with Miguel del Campo, 22nd December 2022

Me and My FASD - Promoting well-being for those with FASD

In 2022, National FASD continued its offerings for children and young people with FASD via our world-leading website www.fasd.me created specifically to help children and young people understand their diagnosis, learn from their peers about coping strategies, and to break the loneliness that too many with FASD feel.

We also continued our piloting of The Me and My FASD Club. The concept behind the club is to educate and empower a group of young people with FASD to understand how they are affected and build strategies to increase their well-being. All the materials produced reflect real life positive UK examples of young people living with FASD.

During 2022, we produced our second pilot magazine, Living FASD, and mailed these out to a group of 300 young people. We were also successful in applying for a further grant that will make it possible to increase the circulation of 5 editions of the magazine plus associated resources, both in number (up to 900) and geographically (throughout the whole of the UK).

Providing support

Our helpline took more than 190 requests for information in 2022. In addition, National FASD continues to join with other FASD UK Alliance groups to pool resources and two of our staff serve as co-moderators with other leaders of the FASD UK Alliance on the FASD UK Facebook support group that supported some 3,500 families in 2022. (The Alliance is a coalition of independent FASD groups across the UK. National FASD is a sister organisation, and our chief executive is on the steering committee). As demonstrated below, our websites are regularly used to provide information on FASD to the wider community.

Researching and developing the National FASD Alcohol and Pregnancy toolkit

As another of our responses to the NICE Quality Standard on FASD, during 2022 we continued intensive development and partial piloting of a new Alcohol in Pregnancy Toolkit that will be launched on 27th June 2023. It contains materials that will inform and support Maternity Teams with the aim of reducing alcohol-exposed pregnancies and Fetal Alcohol Spectrum Disorder (FASD).

The toolkit aims to ensure that Maternity Teams: have the latest information and policy on alcohol in pregnancy and FASD, are empowered to discuss alcohol consumption in pregnancy with women, feel confident to share their knowledge with pregnant women to ensure that they are aware of the risks associated with drinking alcohol in pregnancy, understand how to record alcohol intake accurately in order to offer personalised care to the mother and also to support future diagnosis of FASD where needed.

Many midwives have not had specific training around alcohol and pregnancy in their undergraduate training and have expressed concern about how to manage conversations about alcohol in pregnancy as well as FASD.

Now that these conversations should be happening throughout pregnancy and that they should also be recorded (NICE, 2022) it is crucial that midwives have access to expert information about how to do this. These conversations have the power to help a woman understand the risks of alcohol in pregnancy and reduce the incidence.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

Items under development include:

- " This first of its kind e-course
- " An Alcohol in Pregnancy leaflet for the general public
- " Posters for use with the general public
- " Fast facts concertina leaflets for use by healthcare professionals
- " Pull-up banners for use with the general public.
- " A table-top aid for Maternity Teams
- " Balloons and bunting for use in awareness-raising

A pilot was held on 09.09.22, International FASD day. Midwives from various locations across the UK held awareness events using some of the new materials. The toolkit pilot aimed to test out the materials, to increase knowledge amongst the general public, and to empower midwives and other professionals to feel confident in having conversations about alcohol in pregnancy in order to support pregnant women.

While the pilot was impacted by the death of the Queen on 08.09.2022, and many NHS trusts were told to have a social media blackout, we were still able to get feedback about the new materials. Feedback from the midwives that took part in the trial was very positive: 'The materials are the best yet'; 'Superb'; 'Public interested in the leaflets - almost all taken!'; 'Really good quality'; 'Excellent. Professionally designed and easily caught people's eye'. 'Presentation of all the materials were superb - they tackled a difficult topic well and easily, without judgement'.

September FASD Awareness Month

In 2022 for September FASD Awareness Month, National FASD provided resources and support for daily actions to help raise awareness of FASD and to promote wellbeing and support for those with FASD and those who care for them. We provided an FASD Action Calendar that linked to blog posts with resources, links, sample letters and all that people needed to make this the most exciting FASD month yet. We launched a new "FASD Song" written by a young adult with FASD, we provided templates so people could contact media, MPs, GPs, health boards and others, we linked in with other awareness days during the month, we had special activities for children and young people, we offered free access to our e-course for 175 teaching assistants, among other activities.

Learning - increased demands for our training offer

With all the national developments surrounding FASD during 2022 we have seen a marked increase in the demand for training. This is reflected in requests that are made to the Organisation. To address this increased demand National FASD started to increase its capacity to provide training throughout the year while preserving the principles outlined in the best practice UK guide for delivering FASD training that we developed during 2020. We have continued to develop and run the highly successful training, which we developed and present in collaboration with the charity Seashell. During 2022 we delivered four 1-day 'An introduction to FASD' training experiences and two 3-day intensive 'Me and My FASD: Supporting a Young Person to Understand their FASD Diagnosis' trainings. Also, during the year, we have investigated ways of increasing the staff and volunteer workforce so that we have a larger number of staff to provide training, develop new bespoke packages and deal with enquiries.

Our staff are regularly called upon to present and engage with a wide range of audiences for presentations and consultations. In 2022 our staff engagements included: Paediatric trainees and neurodevelopmental network; Keys; Herts FASD Support Group; South Wales Doctoral Training Programme in Clinical Psychology; Leicester Virtual School; Kirklees Virtual School; Bristol University NHS Sussex Community NHS Foundation Trust; ADHD Foundation; Royal College of Speech and Language Therapists; OHID; University East Anglia; FASD national service away day; FASD Awareness; Portman Group; RCPCH; Liverpool John Moore University; RCLT; MCA consultation; Family Adoption Links; Liz Truss MP; Forensic CAMHS training; Kingston CCG SEND Partnership; Surrey University; FASD United; Birmingham City University; University of Salford; FASD Ireland; EUFASD; BACCH (British Association of Community Child Health); SLT Aware; Sheffield All Age FASD Steering Group; Greater Manchester Health and Social Care Partnership; Early years SEND conference Hertfordshire; Greater Manchester Health and Social Care Partnership; expert from Canada; South East Post Adoption Network; Sylvia Adams Charitable Trust; Evelina Children's Hospital; Learning Technology Awards (runner up); Hertfordshire County Council; and more. This list is indicative and not exhaustive. When we say we believe in collaboration, we mean it.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

Social media

Over the course of 2022, our content and messaging reached almost half a million people in the UK and around the world. We have seen consistent, healthy growth of all of our social media platforms, as well as our websites.

2022 social media at a glance:

" 1,163 new followers

" Reached almost half a million people

" Significant increases in almost all major metrics across all platforms compared with 2021

Our Facebook page experienced a very positive year in 2022, with rises in all key metrics compared with 2021. Page Reach for the year was 60% higher than the previous period, Page Visits more than doubled when compared with 2021, and we saw a 90% increase in the rate of new likes and follows. Notable points of increased activity include the period around the release of 'The Time is Now', in March 2022, and throughout September 2022, during FASD Awareness Month.

Similarly to our Facebook page, our Instagram account saw substantial growth in 2022. Reach was lower than in 2021, but despite this, we saw a near 80% rise in the number of Profile Visits and our following nearly doubled in the course of the year.

Our Twitter profile continued to demonstrate healthy growth throughout 2022. Our following grew by nearly 300 users, and now totals more than 3,000, our Tweets were seen by 205,994 users, and our profile was visited 35,775 times.

Our LinkedIn profile is the newest of our social media platforms, having only been established in 2021. However, it is a growing platform and one that will ideally prove to be highly valuable in communicating with a professional audience, particularly as we look to expand our training operations.

Websites

2022 Website performance at a glance:

" 329,833 pageviews across all 3 sites

" National FASD website alone attracted nearly 40,000 users in 2022

" FASD.me website was used by almost 10.5k people with FASD and their loved ones.

www.nationalfasd.org.uk

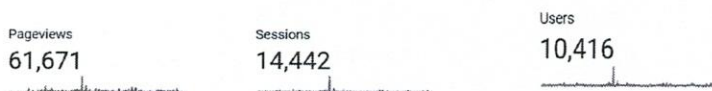
The National FASD website attracted almost 40,000 users over the course of 2022, which is a 21% rise on the previous period. It also saw a 25% increase in the number of sessions, a 34% rise in the number of page views, a 3% rise in the number of sessions per user, and notable 83% reduction in the bounce rate.



This reduced bounce that not only are we attracting more users, but the users that do find our site are increasingly engaging with the site content.

www.FASD.me

Throughout 2022, the FASD.me site gathered almost 10.5k visitors, and almost 14.5k sessions. We saw a 23% increase in the number of pageviews over the previous year, a 64% increase in the number of pages browsed per session, and a 74% reduction in the bounce rate.



The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

<https://preventfasd.info>

The Prevent FASD website also saw a positive year in 2022. It enjoyed a 2% uplift in the number of sessions per user, a 15% uplift in the number of pages per session, and a 70% reduction the bounce rate. Overall, the Prevent FASD website gathered 10,018 pageviews, 4,099 sessions, and 3,128 users over the course of 2022. While this website is not as heavily trafficked as our others and we haven't promoted it as much this year, it is demonstrating that it's in good health, with users browsing more pages per visit and a similarly large reduction in bounce rates to its counterparts.

Merchandise

During 2022 we had 202 orders placed via the merch shop on our websites and had increased revenue from the previous year's sales by 13.5%. Our best-selling product in 2022 was the Break it Down Board - 127 of these were purchased via our online shop. In March 2022 we began to roll out some trial materials for the Alcohol in Pregnancy toolkit. In August 2022 we joined with Hidden Disabilities to create a National FASD Sunflower lanyard. From when the lanyard was launched to the end of 2022, we sold 71 of our FASD Sunflower Lanyards. September is FASD Awareness Month, so for the whole month we offered a free awareness pack. These contained 5 individual posters and 10 Alcohol and Pregnancy leaflets, we sent out 191 of these packs during Awareness Month. In December 2022, we launched a Me and My FASD Club/Living FASD magazine subscription, ordering of this is now available via our merch shop.

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a surplus for the year of £161,503, compared with a deficit of £7,373 for the year ended 31st December 2021. The total net reserves at 31st December 2022 were £265,949 compared with £104,446 at 31st December 2021. Total expenditure during the year was £233,271 (2021: £256,948.)

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2022 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include Diageo GB and The Sylvia Adams Trust.

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is at least equivalent to six months operational expenditure and have done so having regards to its manner of operation of likely funding streams and taking account of potential risks that may arise from time to time. This policy is annually reviewed by the trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Wider network

WORKING COOPERATIVELY: The National Organisation for FASD is proud to be a member of the FASD UK Alliance, a coalition of independent groups across the British Isles. As a sister organisation in the FASD UK Alliance, we actively contribute and advertise FASD UK Facebook support groups for families, professionals, teens and adults with FASD and one focused on FASD and gender identity. These groups reach more than 2,600 individuals and families. The National Organisation for FASD helps channel stakeholder views from the FASD UK Alliance into policy debates. We work in cooperation with other disability groups, advocacy groups and professional organisations on a range of intersecting interests. The National Organisation for FASD fully agrees with the motto "Together We Are Stronger." We also work with other related coalitions such as Embracing Complexity, the EU FASD Alliance, the Alcohol Health Alliance, the international NOFAS Affiliate Network and the Council for Disabled Children.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

M N Attwell (resigned 31.12.22)
L Bradford
R S Kelly (resigned 20.6.22)
K L Price
R Reynolds
G Radford (resigned 26.2.22)
T V Griffiths
N L Pasek MBE
G Daniel (appointed 1.1.23)
P Jackson OBE, FRCPCH (appointed 1.1.23)
B Carpenter CBE D.Litt (appointed 1.4.23)

Hon. Vice-President

Michael Attwell

Chief Executive

Sandra Butcher

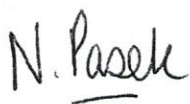
The National Organisation For FASD

**Report of the Trustees
For The Year Ended 31 December 2022**

Independent Examiner

Susan Keane
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 13th September 2023 and signed on its behalf by:



.....
N L Pasek MBE - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Susan Keane

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 13th September 2023

The National Organisation For FASD

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2022

	Notes	Unrestricted fund £	Restricted funds £	31.12.22 Total funds £	31.12.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	8,252	371,377	379,629	241,458
Other trading activities	3	<u>15,145</u>	<u>-</u>	<u>15,145</u>	<u>8,117</u>
Total		<u>23,397</u>	<u>371,377</u>	<u>394,774</u>	<u>249,575</u>
EXPENDITURE ON					
Raising funds		2,836	548	3,384	14,902
Charitable activities	4				
Wellbeing		608	25,461	26,069	57,338
Learning		-	65,087	65,087	57,777
Prevention project		-	136,421	136,421	124,546
Governance		<u>2,310</u>	<u>-</u>	<u>2,310</u>	<u>2,385</u>
Total		<u>5,754</u>	<u>227,517</u>	<u>233,271</u>	<u>256,948</u>
NET INCOME/(EXPENDITURE)		17,643	143,860	161,503	(7,373)
RECONCILIATION OF FUNDS					
Total funds brought forward		39,992	64,454	104,446	111,819
TOTAL FUNDS CARRIED FORWARD		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>

The notes form part of these financial statements

The National Organisation For FASD

Balance Sheet 31 December 2022

	Notes	Unrestricted fund £	Restricted funds £	31.12.22 Total funds £	31.12.21 Total funds £
CURRENT ASSETS					
Debtors	11	62,029	70,250	132,279	11,298
Cash at bank and in hand		<u>36,093</u>	<u>138,064</u>	<u>174,157</u>	<u>106,150</u>
		98,122	208,314	306,436	117,448
CREDITORS					
Amounts falling due within one year	12	(40,487)	-	(40,487)	(13,002)
NET CURRENT ASSETS		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>
NET ASSETS		<u>57,635</u>	<u>208,314</u>	<u>265,949</u>	<u>104,446</u>
FUNDS	13				
Unrestricted funds				57,635	39,992
Restricted funds				<u>208,314</u>	<u>64,454</u>
TOTAL FUNDS				<u>265,949</u>	<u>104,446</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

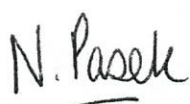
The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



.....
N L Pasek MBE - Trustee

The notes form part of these financial statements

The National Organisation For FASD

Notes to the Financial Statements For The Year Ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Fetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2020 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. A new system of allocation of support costs for the Charity was implemented in 2020 to apportion costs between:

Wellbeing
Learning
Prevention

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The restricted income funds are specifically designated for GP/Midwives projects, which are used to educate and raise awareness about FASD and its harm to over 15,000 GP and midwives in the UK.

The National Organisation For FASD

Notes to the Financial Statements - continued For The Year Ended 31 December 2022

1. ACCOUNTING POLICIES - continued

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.22	31.12.21
	£	£
Donations	8,254	13,771
Grants	<u>371,375</u>	<u>227,687</u>
	<u>379,629</u>	<u>241,458</u>

3. OTHER TRADING ACTIVITIES

	31.12.22	31.12.21
	£	£
Shop income	8,342	7,357
Training/educational services	<u>6,803</u>	<u>760</u>
	<u>15,145</u>	<u>8,117</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)	Support costs (see note 6)	Totals
	£	£	£
Wellbeing	4,771	21,298	26,069
Learning	7,660	57,427	65,087
Prevention project	24,314	112,107	136,421
Governance	<u>-</u>	<u>2,310</u>	<u>2,310</u>
	<u>36,745</u>	<u>193,142</u>	<u>229,887</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2022**

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.22	31.12.21
	£	£
Project printing, promotion and distribution	36,591	77,602
Entertainment	<u>154</u>	<u>501</u>
	<u>36,745</u>	<u>78,103</u>

6. SUPPORT COSTS

	Other	Governance	Totals
	£	costs £	£
Wellbeing	13,919	7,379	21,298
Learning	55,735	1,692	57,427
Prevention project	107,158	4,949	112,107
Governance	<u>-</u>	<u>2,310</u>	<u>2,310</u>
	<u>176,812</u>	<u>16,330</u>	<u>193,142</u>

Support costs, included in the above, are as follows:

	Wellbeing	Learning	Prevention project
	£	£	£
Wages	3,100	40,672	91,044
Rent, rates and utilities	5,429	5,526	8,308
Insurance	516	602	728
Telephone	363	423	423
Office costs	2,362	4,606	2,686
Sundries	1,999	3,739	1,044
Travel	150	107	2,925
Independent examiners fee	-	-	-
Accountancy, legal and consultancy costs	<u>7,379</u>	<u>1,692</u>	<u>4,949</u>
	<u>21,298</u>	<u>57,427</u>	<u>112,107</u>

	31.12.22	31.12.21
	Total	Total
	activities	activities
	£	£
Governance	-	134,816
Wages	-	19,263
Rent, rates and utilities	-	1,846
Insurance	-	1,209
Telephone	-	5,890
Office costs	-	6,782
Sundries	-	3,192
Travel	-	828
Independent examiners fee	2,310	2,385
Accountancy, legal and consultancy costs	<u>-</u>	<u>14,020</u>
	<u>2,310</u>	<u>193,142</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2022**

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.22	31.12.21
	£	£
Independent examiners fee	<u>2,310</u>	<u>2,385</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.22	31.12.21
	<u>4</u>	<u>2</u>
Administration		

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	71,457	170,001	241,458
Other trading activities	<u>7,357</u>	<u>760</u>	<u>8,117</u>
Total	<u>78,814</u>	<u>170,761</u>	<u>249,575</u>
EXPENDITURE ON			
Raising funds	13,883	1,019	14,902
Charitable activities			
Wellbeing	57,338	-	57,338
Learning	1,626	56,151	57,777
Prevention project	-	124,546	124,546
Governance	<u>2,385</u>	<u>-</u>	<u>2,385</u>
Total	<u>75,232</u>	<u>181,716</u>	<u>256,948</u>
NET INCOME/(EXPENDITURE)	3,582	(10,955)	(7,373)
RECONCILIATION OF FUNDS			
Total funds brought forward	36,409	75,410	111,819

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2022

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>39,991</u>	<u>64,455</u>	<u>104,446</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Trade debtors	131,521	-
Other debtors	508	1,298
Prepayments and accrued income	<u>250</u>	<u>10,000</u>
	<u>132,279</u>	<u>11,298</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Trade creditors	182	647
Other creditors	2,335	130
Deferred income	35,625	10,000
Accrued expenses	<u>2,345</u>	<u>2,225</u>
	<u>40,487</u>	<u>13,002</u>

13. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
Unrestricted	39,992	17,643	57,635
Restricted funds			
Learning	36,441	55,702	92,143
Prevention project	28,013	54,713	82,726
Wellbeing			
	<u>-</u>	<u>33,445</u>	<u>33,445</u>
	<u>64,454</u>	<u>143,860</u>	<u>208,314</u>
TOTAL FUNDS	<u>104,446</u>	<u>161,503</u>	<u>265,949</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2022

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	23,397	(5,754)	17,643
Restricted funds			
Learning	121,221	(65,519)	55,702
Prevention project	191,250	(136,537)	54,713
Wellbeing			
	<u>58,906</u>	<u>(25,461)</u>	<u>33,445</u>
	<u>371,377</u>	<u>(227,517)</u>	<u>143,860</u>
TOTAL FUNDS	<u>394,774</u>	<u>(233,271)</u>	<u>161,503</u>

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
Unrestricted	36,409	3,583	39,992
Restricted funds			
Learning	42,570	(6,129)	36,441
Prevention project	<u>32,840</u>	<u>(4,827)</u>	<u>28,013</u>
	<u>75,410</u>	<u>(10,956)</u>	<u>64,454</u>
TOTAL FUNDS	<u>111,819</u>	<u>(7,373)</u>	<u>104,446</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted	78,814	(75,231)	3,583
Restricted funds			
Learning	50,761	(56,890)	(6,129)
Prevention project	<u>120,000</u>	<u>(124,827)</u>	<u>(4,827)</u>
	<u>170,761</u>	<u>(181,717)</u>	<u>(10,956)</u>
TOTAL FUNDS	<u>249,575</u>	<u>(256,948)</u>	<u>(7,373)</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2022**

13. MOVEMENT IN FUNDS - continued

Midwives Project

Grants received from Diageo are restricted to be used on these projects and are utilised as and when appropriate.

14. RELATED PARTY DISCLOSURES

During the year the company paid £1,346 to a company of which L Bradford, a Trustee, is a director; for the filming of an event.

Accounts

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2021
for
The National Organisation For FASD

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

**Contents of the Financial Statements
For The Year Ended 31 December 2021**

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The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The National Organisation for FASD (formerly NOFAS-UK) is dedicated to supporting people affected by Foetal Alcohol Spectrum Disorders (FASD), their families and communities; campaigns to raise public awareness; and promotes policies and practices which further these objectives. Broadly these aims can fall under the following areas:

1. (a) to advance the education of the general public in all areas relating to Fetal Alcohol Spectrum Disorders (FASD) in order to eliminate birth defects caused by alcohol consumption during pregnancy.
2. (b) To preserve and protect the health of those individuals affected by FASD.

Significant activities

The National Organisation for FASD Trustees reaffirm the organisation's twin mission of education and support - focusing on national strategies and campaigns that raise awareness of Foetal Alcohol Spectrum Disorders and the risks of alcohol in pregnancy. NOFAS-UK remains committed to socially responsible best practices, emphasising work that is positive and inclusive.

The National Organisation for FASD seeks to broaden public awareness of FASD for both prevention and support, and within that broad objective specifically targets relevant practitioners (eg. GPs, midwives, teachers) and prioritises engaging with policy makers and opinion shapers.

The National Organisation for FASD seeks to increase wellbeing and support provided for those with FASD and their families and works to raise the voices of those too often left out of discussions that directly affect their lives.

The National Organisation for FASD created three new websites (www.nationalfasd.org.uk, www.preventfasd.ino and www.fasd.me) to provide information freely available to increase awareness of FASD and support those with FASD and their families; our wellbeing project conducted a major new project "Resources and Training to Support Children and Young People with FASD" in partnership with Seashell, funded by DHSC; we launched a ground-breaking prevention project aimed at 15-25 year olds involving release of an award-winning film and a national competition; our education programme developed a new e-school and continued educating midwives, GPs and other healthcare practitioners.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Overall impact

At a time when all major public health bodies are lining up about the importance of FASD prevention, diagnosis, and support, National FASD has played a leadership role and has helped to keep the needs people with FASD and their families and those at risk of alcohol-free pregnancies at the forefront of the debates.

We do this through three core programmes, focused on:

- " Wellbeing
- " Learning
- " Prevention

National FASD has an experts committee and a committee of adults and young adults with FASD that help to guide our work and ensure we are relevant, guided by the latest evidence and lived experience, and filling the needs outlined by our key stakeholders. Organisationally, our expanded board of trustees and the new finance/governance and programmes/strategy committees of the trustees have helped guide our expansion, including addition of two new staff positions in 2021 (executive assistant/office manager and social media coordinator.)

We have a strong and growing social media presence across all of our programmes.

Wellbeing Programme

The purpose of the Wellbeing Programme is to support individuals and families affected by FASD by making materials available to them that emphasise peer-to-peer support and positive futures.

The National FASD Website (www.nationalfasd.org.uk) continues to be a source of information for adults with FASD, parents, carers and those who support them. Our homepage had 47,724 sessions. We have publications across the website that freely available to promote better understanding of FASD recognition, diagnosis and support, including extensive information about FASD parenting strategies.

We also have developed a "Me and My FASD Toolkit" to help children and young people with FASD reduce their sense of isolation and loneliness while better understanding their diagnosis, learning coping strategies from peer-to-peer resources, and take the first steps toward becoming self-advocates. This was created under a 2020-2021 partnership between Seashell and National FASD, funded by the Department of Health and Social Care.

" At its core the Me and My FASD website (www.fasd.me) is a unique site designed for children and young people with FASD. In 2021, the site had 19,172 sessions with 50,205 page views from around the world.

" We launched the Break it Down Board, a unique FASD branded visual and kinesthetic resource to help children with FASD understand different situations, successes and challenges. It was created based on lived experience. The Break it Down Board has been called a 'life-changer'.

" We created and launched a set of FASD Calming Cards based on feedback from more than 50 young people with FASD about strategies that work for them.

" We developed and launched The Misunderstoods - a board game featuring new characters created at the suggestion of young adults with FASD and featuring coping strategies, facts and positive prompts to help young people explore aspects of living with FASD.

" We trialed the Me and My FASD Club with the support of Pears Foundation (via Contact), as part of Government's £750 million charities package. 300 packs of information, including a new "Living FASD" magazine, our Me and My FASD Toolkit and sensory items were sent to 300 children and young people across England.

" We trialed a series of new activity sheets and materials at a special workshop with people with FASD and their families.

We continued to provide training developed under the partnership with Seashell and funded by the DHSC. This includes: a 1-day training for practitioners - "supporting children and young people with FASD" and a 3-day training for practitioners - "Me and My FASD, helping a young person with FASD understand and own their diagnosis".

Our DHSC funded work was externally independently reviewed by Rachel Flood and Associates with high ratings. Some of our materials were called "world class." The one-day training received scores of 9 out of 10 and the pilot of the 3-day training was called "the most child-centred" course on FASD.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

We provide support to the FASD community across the country. Our helpline continued to reach hundreds (though it slowed a bit during COVID). We also continued to provide admin support along with other independent organisations in the FASD UK Alliance for the FASD UK Facebook support group which reached some 3,100 families and administered the Gender Identity and FASD FB support group. We also regularly participate in conferences, webinars and other activities.

In addition, our chief executive gave a talk to the EU FASD Alliance in November 2021 and Brian Roberts and Sandra Butcher presented the Me and My FASD toolkit to an interactional audience via ProofCon, organised by one of the USA's leading FASD organisations.

Prevention Project

The Prevention Project is aimed at people 15-25 to help raise awareness of the risks of alcohol in pregnancy before they are planning a family.

With support of the Sylvia Adams Charitable Trust, The National Organisation for FASD has been able to promote creative ways to raise awareness of the risks of alcohol in pregnancy among those in the 15-25 year-old age group. With the advice of people in the target demographic, we have done this through:

- " National polling & media;

- " Creation of an innovative NOments social media campaign tapping into the "sober curious" lifestyle;

- " Development of a fun comic-strip for younger audiences ("The Conceivables");

- " Development of teaching resources based on the award-winning film RISK.

- " We have been extremely effective in pushing forward relevant policies, working together with a wide range of allies - including policy makers, the alcohol industry, other Third Sector organisations and other possible partners.

Following the #WhyRiskIt competition in 2020, a virtual award evening was held, an intergenerational dialogue among people in the medical profession. It was originally envisaged that this would be a gala evening, but due to the pandemic restrictions it pivoted to a virtual session with Dr Raja Mukherjee (head of the National FASD Clinic and who works regularly with student researchers) and former Deputy Chief Medical Officer Rev Prof Gina Radford speaking with the competition winner, Lakshya Gopal, a medical student and videos from the runners up. It also included some feedback from the influencers who were involved. As with all we do, we were guided by experts via collaboration with our other initiatives. The event was held on the evening of 16th February 2021 and on the first night alone more than 1700 viewed the video - therefore reaching many more than we would have in a face-to-face gathering.

Some of the competition finalists wanted to continue to support National FASD and so joined a "Top Preventers" committee to help advise our project. Their advice has been very helpful as from the start of this project we have emphasised the importance of being informed by and guided by young people in the target demographic.

In addition, in February 2021 National FASD worked remotely with students from Worcester Polytechnic Institute (WPI), a prestigious US science and technology university, who were meant to be on a London study group. The students worked full-time (for free) for a term on the Prevention Project, helping us to better understand how to raise these issues with the target demographic.

They helped us to develop questions for a national poll of 1200 16-25 year-olds about Sex and Alcohol which was conducted by 72point and Onepoll. We worked with a graphic designer to create an image linking alcohol and sex to be used with the results. The poll was covered in 25 publications in early March 2021, including The Metro, The Sun, The Mirror, and more. It was also widely shared on social media.

The results have informed our work throughout the year. They showed that young people dangerously mix sex and alcohol without understanding the consequences and half of them are embarrassed to talk about these issues.

NOments Campaign

National FASD issued a tender for a PR company to help us reach the 15-25 year-old demographic. We selected Coldr from among some of the more creative firms out there. We chose Coldr because they were a fresh, diverse and vibrant company that felt the most in tune with the Prevent demographic because they pitched a strategy based on Instagram and with the use of influencers. Their focus on Instagram as the best way to reach this age group matched the research conducted by the WPI team. Coldr recommended that the PreventFASD website should be upgraded to have more of a lifestyle feel.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

We developed the NOments campaign, launched on 9/9 - International FASD Awareness Day. The campaign included the use of influencers, as this was deemed the most appropriate option, with Louise Thompson (Made in Chelsea, Pocket Sport) as the primary lifestyle influencer. Louise was pregnant at the time, and actively working on her overall wellbeing. Louise has 1.4 million followers. Other influencers included Chloe Pierre (@chloepierreldn) from thy.self (@thy.self), Dr. Tosin (@mindbodydoctor), Lauren Mads (@laurenmads), and Kayah (@kayahdontbsilly). The latter were all involved in a special Instagram Live on the 10th September, where they discussed alcohol and how it affects you when you're pregnant, planning, or trying. Together, the additional influencers boast a collective following of 25,500 Instagram users. We have been advised that this target age group is influenced more by influencers who do not have massive numbers of followers.

The campaign featured a three-part series of short webisodes, where Louise and Dr Inyang Takon (Paediatrician and FASD expert) discussed topics relating to alcohol consumption and pregnancy, with Louise drawing on her own experiences to add relatability to a potentially weighty subject. The series was entitled 'Have Your NOments'.

The reach for the Have Your NOments campaign was exceptional, as Instagram heavyweights allowed us to reach potentially more than 1.5 million people with education about the effects of alcohol use in pregnancy.

Conceivables (15-19 age group)

The Conceivables is a set of sperm and egg-shaped characters designed to explore some of the risks of alcohol use in pregnancy and is aimed at the younger part of the cohort- 15-19. The character set is designed to depict recognisable social groups such as the 'cool girl' and 'geeky boy' and aims to depict conversations they may have about alcohol in pregnancy. This was built on a concept devised by National FASD. The project was developed by the second cohort of WPI university students who like the first group were meant to be in London for a study group but who had to work remotely due to COVID. The students were within the age range and thought that the concept would work to educate young people about the risks of alcohol use during pregnancy. They also tested it with UK students via focus groups who also liked the idea. The student team then created several cartoon strips using the character set. This has been added to the campaigns section on the PreventFASD website and was launched via social media platforms.

The release of The Conceivables drew some considerable attention, and the posts were reshared widely within special needs groups on social media. The Conceivables page on our website was also the most visited throughout both November and December 2021.

RISK (15-25 demographic)

Building on our earlier work, we developed RISK learning activity materials for teachers/ lecturers/ youth-workers to deliver as a stand-alone session. These were developed by an FASD specialist and former teacher and reviewed by the National FASD experts' committee. The materials incorporate the use of the film RISK and allow for discussion time which is crucial for learning within this age group. There are also materials for the facilitator to upskill their FASD knowledge. The complete upheaval in schools due to COVID has made it impossible for us to do more with this until schools normalise again.

Other engagement

We continued to have meetings with other organisations including the Alcohol Education Trust, NACOA (the National Association of Children of Alcoholics), Barnardos, Learning Disability England, and other groups who don't normally work in this space. We also serve as informal advisors to the Drymester programme in Greater Manchester.

Of all of our programmes, the Prevention Project was the one most affected by COVID. When this project was conceived, it was meant to have the backdrop of changes that would arise as a result of the NICE Quality Standard. The fact that it was not published in 2021, combined with the strains COVID has placed on schools has led to challenges in getting the profile for the programme.

Working with our Trustees who have extensive media experience in the industry, we have conducted meetings with OFCOM and Netflix and discussed how the topic of alcohol and pregnancy is dealt with by the media. Following concerning and misleading news cycles when the WHO Global Strategy on Alcohol Harm was released, we held immediate discussions with Diageo and the Portman Group about the one-sided response to the WHO Strategy and the need for emphasising the importance of alcohol-free pregnancy/prevention in all public statements. National FASD had been among the groups that had encouraged the WHO to address the reducing harm from alcohol in pregnancy and FASD prevention in its Global Strategy. Instead, the national media, fuelled by quotes from the head of the Portman Group, focused only on one poorly worded line that called for women of childbearing age to avoid alcohol.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

The National FASD Experts Committee launched a highly successful roundtable series in December on "The National Perspective on Ramping Up FASD Services". This series is engaging dozens of senior policy makers, practitioners, commissioners, researchers, FASD experts and others with lived experience. This was the first of what became 9 roundtables leading to a March 2022 report.

Learning Project

The learning programme aims to help promote awareness and understanding of FASD among practitioners and professionals

During 2021, while awaiting the delayed NICE Quality Standard on FASD, we have been developing a new Midwives' Toolkit for release in 2022, under the guidance of an advisory committee of midwives. The core of this will be free e-learning for midwives, a trifold pamphlet that will be available to provide to women on their first maternity booking as called for in the draft NICE Quality Standards, a wire-bound display booklet for midwives to use as an aid when discussing alcohol in pregnancy, along with posters, banners and other materials.

In addition, we have been involved in trainings, conferences, talks and background briefings with a range of professional bodies including the Royal College of Paediatrics and Child Health, Hertfordshire Safeguarding FASD conference, the Clinical Excellence Network of Speech and Language Therapists, Barnardos, the National Fostering Network, St. Georges Medical School, Calderdale Local Authority, the Midlands Alcohol Forum, The Portman Group, Heineken, Diageo, West Midlands Police and others. We advised on and spoke at the Sheffield Safeguarding National Dialogue on International FASD Day and helped to make it a national event with more than 700 registered. We wrote blogs the Portman Group, Alcohol Health Alliance, Institute for Alcohol Studies. Due to COVID we postponed our participation in the RCGP Annual Conference. In addition to the practitioner training we did under the "Support Children and Young People with FASD project outlined in the wellbeing section, we hosted a special ½ day training on Friday 18 Nov for a Clinical Excellence Network of Speech and Language Therapists

Our website continues to be a source of information for a range of professionals. The Practitioners landing page had 4850 sessions. The educators page had 5019 sessions, GPs/healthcare page - sessions, the midwives page - 737, social care workers - 1791 and the e-learning landing page - 3,148. (Please note we have not advertised the practitioner pages as we are waiting for the NICE Quality Standard to be released. Our policy related pages have been popular as well - for example the NICE Quality Standard landing page has had 1,253 sessions.)

We launched our e-learning course in 2021. This course was the first interactive FASD e-course to have been reviewed by an FASD experts' committee and by those with lived experience. It incorporates interactive activities, case studies and data from FASD clinics brought to life. The feedback on this has been excellent.

We have provided insight and support to various research studies as well, including: University of Salford Parenting Course committee; University of Salford prevalence study committee; a mapping project by the University of Bristol and informal advice to two research projects on Criminal Justice and FASD (the University of Salford and Sheffield Hallam University).

On the policy front, the first-ever DHSC FASD Health Needs Assessment, which identifies area for improving services, was released in 2021 and National FASD research was included and our chief executive was one of the contributors. We also presented in the first ever Public Health England webinar on FASD in January 2021 with nearly 700 people.

National FASD also serves as the secretariat for the APPG on FASD, though this was mostly dormant in 2021 due to COVID. We did hold a virtual meeting of the APPG, linked into the 9 September National Conference on International FASD Day. At this meeting the DHSC released its new FASD Health Needs Assessment for England.

Conclusion

National FASD is well-placed to continue to help drive the national FASD agenda and to promote innovation and best practice to help prevent FASD and to help build better lives for those with FASD and their families.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2021

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a deficit for the year of £7,373, compared with a surplus of £67,292 for the year ended 31st December 2020. The total net reserves at 31st December 2021 were £104,446 compared with £111,819 at 31st December 2020. Total expenditure during the year was £256,947 (2020: £175,757.)

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2020 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include Diageo GB and The Sylvia Adams Trust.

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is at least equivalent to six months operational expenditure and have done so having regards to its manner of operation of likely funding streams and taking account of potential risks that may arise from time to time. This policy is annually reviewed by the trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Wider network

WORKING COOPERATIVELY: The National Organisation for FASD is proud to be a member of the FASD UK Alliance, a coalition of independent groups across the British Isles. As a sister organisation in the FASD UK Alliance, we actively contribute and advertise FASD UK Facebook support groups for families, professionals, teens and adults with FASD and one focused on FASD and gender identity. These groups reach more than 2,600 individuals and families. The National Organisation for FASD helps channel stakeholder views from the FASD UK Alliance into policy debates. We work in cooperation with other disability groups, advocacy groups and professional organisations on a range of intersecting interests. The National Organisation for FASD fully agrees with the motto "Together We Are Stronger." We also work with other related coalitions such as Embracing Complexity, the EU FASD Alliance, the Alcohol Health Alliance, the international NOFAS Affiliate Network and the Council for Disabled Children.

The National Organisation For FASD

**Report of the Trustees
For The Year Ended 31 December 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

M N Attwell
L Bradford
R S Kelly (resigned 20.6.22)
K L Price
R Reynolds
G Radford (resigned 26.2.22)
T V Griffiths
N L Pasek MBE

Chief Executive

Sandra Butcher

Independent Examiner

Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 20 JUNE 2022 and signed on its behalf by:



.....
K L Price - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 27th June 2022.

The National Organisation For FASD

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2021**

		Unrestricted fund £	Restricted funds £	31.12.21 Total funds £	31.12.20 Total funds £
INCOME AND ENDOWMENTS FROM	Notes				
Donations and legacies	2	71,457	170,001	241,458	223,049
Other trading activities	3	7,357	760	8,117	20,000
Total		78,814	170,761	249,575	243,049
EXPENDITURE ON					
Raising funds		13,883	1,019	14,902	-
Charitable activities	4				
Wellbeing		57,338	-	57,338	46,485
Learning		1,626	56,151	57,777	50,403
Prevention project		-	124,546	124,546	77,159
Governance		2,385	-	2,385	1,710
Total		75,232	181,716	256,948	175,757
NET INCOME/(EXPENDITURE)		3,582	(10,955)	(7,373)	67,292
RECONCILIATION OF FUNDS					
Total funds brought forward		36,409	75,410	111,819	44,527
TOTAL FUNDS CARRIED FORWARD		39,991	64,455	104,446	111,819

The notes form part of these financial statements

The National Organisation For FASD

**Balance Sheet
31 December 2021**

	Notes	Unrestricted fund £	Restricted funds £	31.12.21 Total funds £	31.12.20 Total funds £
CURRENT ASSETS					
Debtors	11	11,298	-	11,298	11,145
Cash at bank and in hand		41,696	64,454	106,150	115,716
		<u>52,994</u>	<u>64,454</u>	<u>117,448</u>	<u>126,861</u>
CREDITORS					
Amounts falling due within one year	12	(13,002)	-	(13,002)	(15,042)
NET CURRENT ASSETS		<u>39,992</u>	<u>64,454</u>	<u>104,446</u>	<u>111,819</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>39,992</u>	<u>64,454</u>	<u>104,446</u>	<u>111,819</u>
NET ASSETS		<u>39,992</u>	<u>64,454</u>	<u>104,446</u>	<u>111,819</u>
FUNDS	13				
Unrestricted funds				39,992	36,409
Restricted funds				64,454	75,410
TOTAL FUNDS				<u>104,446</u>	<u>111,819</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

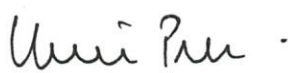
The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 June 2022 and were signed on its behalf by:



K L Price - Trustee

The notes form part of these financial statements

The National Organisation For FASD

Notes to the Financial Statements For The Year Ended 31 December 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Foetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2020 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. A new system of allocation of support costs for the Charity was implemented in 2020 to apportion costs between:

Wellbeing
Learning
Prevention

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The restricted income funds are specifically designated for GP/Midwives projects, which are used to educate and raise awareness about FASD and its harm to over 15,000 GP and midwives in the UK.

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

1. ACCOUNTING POLICIES - continued

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.21	31.12.20
	£	£
Donations	13,771	4,096
Grants	227,687	218,953
	<u>241,458</u>	<u>223,049</u>

3. OTHER TRADING ACTIVITIES

	31.12.21	31.12.20
	£	£
Shop income	7,357	-
Training/educational services	760	20,000
	<u>8,117</u>	<u>20,000</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)	Support costs (see note 6)	Totals
	£	£	£
Wellbeing	28,739	28,599	57,338
Learning	11,651	46,126	57,777
Prevention project	37,713	86,833	124,546
Governance	-	2,385	2,385
	<u>78,103</u>	<u>163,943</u>	<u>242,046</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.21	31.12.20
	£	£
Project printing, promotion and distribution	77,602	11,017
Travel and entertainment	501	52
	<u>78,103</u>	<u>11,069</u>

6. SUPPORT COSTS

	Other	Governance	Totals
	£	£	£
Wellbeing	17,067	11,532	28,599
Learning	43,551	2,575	46,126
Prevention project	66,440	20,393	86,833
Governance	-	2,385	2,385
	<u>127,058</u>	<u>36,885</u>	<u>163,943</u>

Support costs, included in the above, are as follows:

	Wellbeing	Learning	Prevention project
	£	£	£
Wages	10,349	33,305	55,789
Rent, rates and utilities	4,005	4,298	4,215
Insurance	417	486	559
Telephone	225	466	390
Office costs	1,267	1,321	3,302
Sundries	201	3,596	2,039
Travel	603	79	146
Independent examiners fee	-	-	-
Accountancy, legal and consultancy costs	11,532	2,575	20,393
	<u>28,599</u>	<u>46,126</u>	<u>86,833</u>
		31.12.21	31.12.20
		Total	Total
		activities	activities
	Governance	£	£
Wages	-	99,443	73,190
Rent, rates and utilities	-	12,518	18,312
Insurance	-	1,462	1,276
Telephone	-	1,081	1,707
Office costs	-	5,890	29,234
Sundries	-	5,836	2,585
Travel	-	828	713
Independent examiners fee	2,385	2,385	1,710
Accountancy, legal and consultancy costs	-	34,500	35,961
	<u>2,385</u>	<u>163,943</u>	<u>164,688</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.21	31.12.20
	£	£
Independent examiners fee	2,385	1,710
	<u> </u>	<u> </u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.21	31.12.20
	2	2
Administration	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	63,051	159,998	223,049
Other trading activities	20,000	-	20,000
	<u> </u>	<u> </u>	<u> </u>
Total	83,051	159,998	243,049
 EXPENDITURE ON			
Charitable activities			
Wellbeing	46,485	-	46,485
Learning	-	50,403	50,403
Prevention project	-	77,159	77,159
Governance	1,710	-	1,710
	<u> </u>	<u> </u>	<u> </u>
Total	48,195	127,562	175,757
	<u> </u>	<u> </u>	<u> </u>
NET INCOME	34,856	32,436	67,292
 RECONCILIATION OF FUNDS			
Total funds brought forward	1,553	42,974	44,527

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2021

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>36,409</u>	<u>75,410</u>	<u>111,819</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21 £	31.12.20 £
Other debtors	1,298	1,145
Prepayments and accrued income	10,000	10,000
	<u>11,298</u>	<u>11,145</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21 £	31.12.20 £
Trade creditors	647	3,035
Other creditors	130	7
Deferred income	10,000	10,000
Accrued expenses	2,225	2,000
	<u>13,002</u>	<u>15,042</u>

13. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
Wellbeing	36,409	3,583	39,992
Restricted funds			
Learning	42,570	(6,129)	36,441
Prevention project	32,840	(4,827)	28,013
	<u>75,410</u>	<u>(10,956)</u>	<u>64,454</u>
TOTAL FUNDS	<u>111,819</u>	<u>(7,373)</u>	<u>104,446</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Wellbeing	78,814	(75,231)	3,583
Restricted funds			
Learning	50,761	(56,890)	(6,129)
Prevention project	120,000	(124,827)	(4,827)
	<u>170,761</u>	<u>(181,717)</u>	<u>(10,956)</u>
TOTAL FUNDS	<u>249,575</u>	<u>(256,948)</u>	<u>(7,373)</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
Wellbeing	1,553	34,856	36,409
Restricted funds			
Learning	42,974	(404)	42,570
Prevention project	-	32,840	32,840
	<u>42,974</u>	<u>32,436</u>	<u>75,410</u>
TOTAL FUNDS	<u>44,527</u>	<u>67,292</u>	<u>111,819</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Wellbeing	83,051	(48,195)	34,856
Restricted funds			
Learning	49,999	(50,403)	(404)
Prevention project	109,999	(77,159)	32,840
	<u>159,998</u>	<u>(127,562)</u>	<u>32,436</u>
TOTAL FUNDS	<u>243,049</u>	<u>(175,757)</u>	<u>67,292</u>

GP/Midwives and Baby bundles project

Grants received from Diageo are restricted to be used on these projects and are utilised as and when appropriate.

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2021**

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

Accounts

REGISTERED COMPANY NUMBER: 04883580 (England and Wales)
REGISTERED CHARITY NUMBER: 1101935

**Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2020
for
The National Organisation For FASD**

Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

The National Organisation For FASD

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For The Year Ended 31 December 2020**

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The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The National Organisation for FASD (formerly NOFAS-UK) is dedicated to supporting people affected by Foetal Alcohol Spectrum Disorders (FASD), their families and communities; campaigns to raise public awareness; and promotes policies and practices which further these objectives. Broadly these aims can fall under the following areas:

1. (a) to advance the education of the general public in all areas relating to Fetal Alcohol Spectrum Disorders (FASD) in order to eliminate birth defects caused by alcohol consumption during pregnancy.
2. (b) To preserve and protect the health of those individuals affected by FASD.

Significant activities

The National Organisation for FASD Trustees reaffirm the organisation's twin mission of education and support - focusing on national strategies and campaigns that raise awareness of Foetal Alcohol Spectrum Disorders and the risks of alcohol in pregnancy. NOFAS-UK remains committed to socially responsible best practices, emphasising work that is positive and inclusive.

The National Organisation for FASD seeks to broaden public awareness of FASD for both prevention and support, and within that broad objective specifically targets relevant practitioners (eg. GPs, midwives, teachers) and prioritises engaging with policy makers and opinion shapers.

The National Organisation for FASD seeks to increase wellbeing and support provided for those with FASD and their families and works to raise the voices of those too often left out of discussions that directly affect their lives.

The National Organisation for FASD created three new websites (www.nationalfasd.org.uk, www.preventfasd.ino and www.fasd.me) to provide information freely available to increase awareness of FASD and support those with FASD and their families; our wellbeing project conducted a major new project "Resources and Training to Support Children and Young People with FASD" in partnership with Seashell, funded by DHSC; we launched a ground-breaking prevention project aimed at 15-25 year olds involving release of an award-winning film and a national competition; our education programme developed a new e-school and continued educating midwives, GPs and other healthcare practitioners.

Public benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's General Guidance on Public Benefit when reviewing the Charity's aims and objectives in planning future activity.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2020 was a year of growth and organizational development for The National Organisation for FASD.

We changed our name from NOFAS-UK to The National Organisation for FASD and we added four new trustees who bring a wide range of expertise on board. We rebranded and developed a new logo and branding guide.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

COVID

National FASD's activities were affected by COVID mostly due to being unable to hold face-to-face meetings with key stakeholders, advisors and policy makers. We also relocated our office to Hertfordshire due to practicalities involved with commuting during lockdowns. Despite the challenges, our organisation managed to not only get by, but we were able to utilize the availability of leading experts to go into overdrive on creating new resources and further developing our projects outlined below. As a result, we have had an incredibly productive year, despite the COVID-related challenges.

New Websites

We put considerable focus on providing as much information as possible freely available via our online presence. In 2020 we created three new websites with input from a range of experts and people with lived experience.

- The Prevent FASD website (www.preventfasd.info) is aimed at 15-25 year olds prior to the time when they might be planning a family. From its launch on 22 April - 31 December 2020 the website had 7577 sessions with 12,570 page views.
- The Me and My FASD website (www.fasd.me) - designed to help children and young people to understand and own their diagnosis, had a pre-launch on 9 September (International FASD awareness day) and was launched 11 November - 31 December the website had a total of 5071 sessions and 12,954 page views.
- The National FASD website (www.nationalfasd.org.uk) provides information and resources about FASD, diagnosis and support for adults with FASD, their families and professionals who support them. It had 13,801 sessions and 69,653 page views from its launch on 9 September - 31 December 2020. We don't have complete stats for the rest of 2020, but from Jan - June the old NOFAS-UK website had 13,137 users and 17,588 sessions (83.8% new users). The new website has continued to get increased traffic.

Publications

We launched a new 2-page publication series called FASD in Focus. The first issues are:

- Diagnosis and Assessment
- Characteristics by Age (based on Dr Carolyn Blackburn's Primary and Secondary Frameworks)
- Education Profile (based on Dr Carolyn Blackburn's Primary and Secondary Frameworks)
- Parenting (by Dr Cassie Jackson)
- Social Care (by Joanna Buckard)
- Tips for Educators (by Brian Roberts)
- Sensory Integration (by Jo Pennell)

A new section has been added about FASD and the law including a card to be carried by people with FASD to show the police. This was checked by a solicitor

We also co-produced with the E. Herts and Area FASD Support Network a 4-page publication written by Sue and Tony Sharp on "FASD and Trauma: Parenting Tips for Carers".

Prevention Project

With significant support from the Sylvia Adams Trust, National FASD developed a new 3-year project aimed at 15-25 year olds to spread awareness of the risks of alcohol in pregnancy among young people before they are thinking about pregnancy or starting a family. There is nothing like this project anywhere in the UK.

As mentioned, we created and launched the UK first FASD prevention website for young people under the age of 25, supported by stakeholders and experts - www.PreventFASD.info featuring the award-winning film, RISK, by Luke Bradford, Frogspawn Films. The website includes a re-edited version of the film, trailers, reactions, and background about the making of the film. (RISK was viewed 5,723 times on Vimeo by end February 2021). A graphic designer was commissioned to create new images for the site.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

We created social media campaign based on these newly created assets.

- Facebook page reached 347,396 with 24,394 engagements (14.24%)
- Instagram - our top 5 posts reached 107,400 - they were all about the #WhyRiskIt competition.
- Twitter - May - Jan 62169 impressions (we have focused less on twitter as it's not the key demographic)

We placed a full-page ad and full-page editorial story in Healthy Child magazine (audience of 500,000) and featured in Healthy Child social media. We also had an advertorial in Family First magazine, reaching 7-8 million parents across the UK.

We conducted a national poll of 2000 young people and received national coverage (¼ of young people do not know they should avoid alcohol in pregnancy).

- 50 pieces of coverage, including Daily Mail, The Sun, The Metro, The Mirror, The Daily Star, Yahoo and more. See: <https://preventfasd.info/news/>
- Estimated 4.05 million views of the coverage with 1,200 social media shares

We created a module for schools/colleges/social groups to use, based on RISK.

Our national #WhyRiskIt competition spread word about risks of alcohol in pregnancy via this competition. We contacted thousands of schools and colleges - twice - with information about the competition and RISK, laying the groundwork for further outreach in Y2 and Y3. Two emails at different times (for a total of 7860 emails) went to: 3,514 state schools; 2,856 private schools; 19 referral units; 1,471 art awards.

The competition engaged diverse judges who helped spread awareness: Jazzy & Holly Whipps, Deaf YouTuber and Much Laughter Signer; Nathan Wyburn, Artist; Sam & Jo, Contestants on "Race Across the World"; Michael Akadiri, Junior Doctor/Stand Up Comedian. Our most popular Facebook post was done by judge artist Nathan Wyburn who painted a picture of a fetus in a wine glass using wine. We created a range of social media content based on the competition and with judges. The top 20 winners (#NationalFASDTopPreventers) are continuing to advise our Prevention Project. They were involved in January 2021 in a zoom celebration that highlighted their work and involved an intergenerational discussion featuring the winner, Lakshya Gopal, a second-year medical student with Dr Raja Mukherjee of the National FASD Clinic and Rev Prof Gina Radford, former Deputy Chief Medical Officer and National FASD trustee. The video is available here.

Wellbeing

In 2020 National FASD joined with Seashell in a partnership funded by the Department of Health and Social Care under its first-ever funding call for FASD projects. The project focused on development of "Resources and Training to Support Children and Young People with FASD."

This project was guided by an experts committee, including those with lived experience, as well as a committee of adults and young adults with FASD. We placed a high priority on co-creation and as a result the outcomes have been very widely praised. The Experts Committee included: Dr Carolyn Blackburn, Joanna Buckard, Sandra Butcher, Dr Cassie Jackson, Sharon Jackson, Michelle Jones, Susan McGrail, Janet Griffin, Dr Raja Mukherjee, Brian Roberts, Dr Inyang Takon. The Adults and Young Adults with FASD committee included: Tolka Butcher, Bailie Jordan- Collins, Nyrene Cox, Rossi Griffin, Lee Harvey-Heath, Andy Jackson, Rachel Jackson, Claire McFadden, Georgia Roberts.

Development of Best Practice in FASD Training. The guide was developed with input from a special workshop involving our experts committee and wider experts in the field. It includes: A checklist for FASD training; An overview of best practice in FASD training; Essential content for an introduction to FASD training course; and a fact and fiction section, debunking myths about FASD.

FASD: Preferred UK Language Guide. This guide was developed with input from a special workshop involving our experts committee and wider experts in the field and input from more than 135 others who contributed ideas via a survey. The language guide includes: Terms that are stigma-free and blame-free; A common description of FASD; Additional terms that should be used with caution; Sample sentences using the preferred language; and a glossary of frequently used terms.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

These guides were published and made freely available for all in October 2020. They have been well received by professionals working in the field and have been made available to all CCGs in early 2021.

Development, piloting and launch across the country of a one-day gold-standard training based on these best- practices, "Introduction to Supporting Children and Young People with FASD." The one-day training course has been rolled out remotely using Zoom due to COVID.

Development and Piloting of "Me and My FASD: A Three-Day Course for Practitioners Supporting a Young Person to Understand Their FASD Diagnosis." The content of this course was written with input from the expert committee and trainers. We used the new FASD.me website as the basis for the training. It was piloted between 10-12th Feb 2021 and we received overwhelming positive feedback. The course was aimed at practitioners working with health, social care and education who work directly with young people with FASD. The pilot training event was attended by 14 people with some of the expert committee joining for Q&A over the 3 days.

Development of a new "Me and My FASD Toolkit" featuring the www.fasd.me website to help children and young people understand and own their diagnosis - with interactive, video, audio and downloadable materials as well as additional hands-on resources that were suggested by people with lived experience during our consultative process and which were made possible due to budgetary realignments resulting from COVID changes.

- An interactive "My Brain, Me and FASD" comic - designed with support from the Little Man Project, leading e-learning experts;
- Young person with FASD commissioned to do voice over for interactive comic
- Comic had printable elements to help communication between young person, family and school.
- Novel Calming cards - including coping strategies from people with FASD;
- Two songs, "Walk Along With Me" and "I Get Through", created with input from more than 70 people with FASD;
- A "We're Awesome" section celebrating accomplishments of those with FASD;
- A fun zone with interactive elements reinforcing strategies;
- Coping resources; including free to print items such as a communication passport and emotions tracker.
- Easy read resources;
- A Me and My FASD YouTube channel;
- Development was underway in 2020 for the new Break it Down Board and The Misunderstood: Living FASD board game.
- Young people with FASD said they wanted Merch! So T-shirts, hoodies, mugs fidget spinners etc were created.

The Me & My FASD work has also grown in 2021 to incorporate a Me & My FASD club for 300 affected children and young people in England as part of a government COVID response grant.

Throughout the year, we continued to respond to helpline requests that came directly to us via telephone, email and social media. Our chief executive also serves as a co-administrator along with other leaders of FASD UK Alliance groups of the FASD UK Facebook page (that in 2020 grew to more than 2500 families). This takes daily attention. She also is the admin on the FASD and Gender Identify Facebook support group.

Education

Our education programme was affected by COVID, mostly because COVID delayed the publication of the coming NICE Quality Standard on FASD for more than year. Most of our plans for educating practitioners has been focused on preparing materials for when the NICE Quality Standard is released, as that will lead to a massive need for training and further information. However, the year was still full of planning and preparation for the release of the NICE Quality Standard.

National FASD was engaged by Oldham Clinical Commissioning Group and the Greater Manchester Health and Social Care Partnership to produce a new state-of-the-art "Introduction to FASD" e-learning course. We spent 2020 scoping out and laying the groundwork for new e-learning. To save money, it required significant staff education on various technologies and hosting options, meetings with e-learning experts, research, etc. We decided to think fresh about some of the standard materials available that have become widely used over the decades but which needed revising, so we developed new graphics, based on case studies provided by the National FASD Clinic and the Centre for FASD. Development of Introduction to FASD e-learning course. The course was piloted, finished and released in early 2021, to very positive feedback.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

Also in 2020, we continued our education of medical practitioners and midwives. This part of our project is funded by Diageo. First, as discussed above, we focused on rebranding, updating our National FASD website. This took several months and was an integral first step to meet the coming needs. Our new GP and medical practitioner section of the website has additional resources, as does our new midwives section.

We have been researching and planning the midwives project - including best practices. We have arranged some FASD specialist Midwives to review what we are creating. We are working toward a new Midwives Toolkit that will have a free e-course for midwives; leaflets about alcohol in pregnancy for first appointment; posters; banners; and FASD Awareness Day materials, among other items. We have engaged a graphic designer and plans are underway to launch in mid-2021. (Our timing was delayed as we first had to finalise the e-school layout, and launch the intro to FASD e-course.) Other activities that were planned but had been postponed due to COVID: the RCGP Annual Conference was postponed so our booth there has been moved to 2021; we postponed our mailing to all CCGs with FASD information until 2021 (this has now been sent). This included a new "Recognising FASD" pamphlet designed to help GPs understand the new SIGN diagnostic algorithm (the pamphlet was reviewed by and approved by SIGN).

National FASD's activities as the APPG on FASD secretariat were temporarily suspended due to COVID.

Overall impact

National FASD's growth and programme development during 2020 has had a positive impact with some of the new items being sought after internationally. The FASD.me site and resources in particular have given people with FASD and their families a sense of pride and community.

FINANCIAL REVIEW

Financial position

The financial results are set out in the attached accounts. They show a surplus for the year of £67,292, compared with a deficit of £20,556 for the year ended 31st December 2019. The total net reserves at 31st December 2020 were £111,819 compared with £44,527 at 31st December 2019.. Total expenditure during the year was £175,757 (2019: £80,354.)

Principal funding sources

The National Organisation for FASD relies upon the generosity of individuals, foundations and philanthropic entities. The National Organisation for FASD retains strict substantive independence over its work and content.

Every contribution is valued.

In 2020 our individual supporters ranged from friends of The National Organisation for FASD who donate regularly each month, to individuals who conduct creative fundraising events. We also rely on larger grants. Recent supporters include Diageo GB and The Sylvia Adams Trust.

Reserves policy

The charity's reserve policy is to maintain sufficient reserves at a level which is at least equivalent to six months operational expenditure and have done so having regards to its manner of operation of likely funding streams and taking account of potential risks that may arise from time to time. This policy is annually reviewed by the trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are selected and invited to join the Board of Trustees by existing Trustees and the appointment of Trustees is vested with the Trustees. Existing Trustees can recommend the appointment of a new Trustee at any time.

The number of trustees shall be not less than three but shall not be subject to any maximum.

Organisational structure

The day to day management of the charity, as designated by the trustees, is undertaken by the Chief Executive.

The National Organisation For FASD

Report of the Trustees For The Year Ended 31 December 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

A potential Trustee is invited to become a Trustee and the aims of the Charity are explained in detail. Copies of annual reports and accounts and a copy of the governing trust deed and the Charity Commission's guidance, The Essential Trustee, are made available to potential Trustees. The potential Trustee is then invited to a normal board meeting and introduced to the rest of the Trustees and unless there are any objections is invited to join the charity as a Trustee, after the meeting.

It is recommended that all Trustees read the relevant Charity Commission guidelines and the responsibilities of a Trustee are clearly defined under these guidelines. (ICSA guide 'Recruitment Appointment and Induction of Charity Trustees').

Wider network

WORKING COOPERATIVELY: The National Organisation for FASD is proud to be a member of the FASD UK Alliance, a coalition of independent groups across the British Isles. As a sister organisation in the FASD UK Alliance, we actively contribute and advertise FASD UK Facebook support groups for families, professionals, teens and adults with FASD and one focused on FASD and gender identity. These groups reach more than 2,600 individuals and families. The National Organisation for FASD helps channel stakeholder views from the FASD UK Alliance into policy debates. We work in cooperation with other disability groups, advocacy groups and professional organisations on a range of intersecting interests. The National Organisation for FASD fully agrees with the motto "Together We Are Stronger." We also work with other related coalitions such as Embracing Complexity, the EU FASD Alliance, the Alcohol Health Alliance, the international NOFAS Affiliate Network and the Council for Disabled Children.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04883580 (England and Wales)

Registered Charity number

1101935

Registered office

Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Trustees

M N Attwell
L Bradford
R S Kelly
K L Price
R Reynolds (appointed 29.9.20)
G Radford (appointed 29.9.20)
T V Griffiths (appointed 29.9.20)
N L Pasek MBE (appointed 29.9.20)

Chief Executive

Sandra Butcher

The National Organisation For FASD

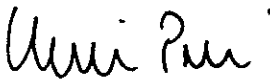
Report of the Trustees
For The Year Ended 31 December 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Approved by order of the board of trustees on 13th September 2021 and signed on its behalf by:



.....
K Price - Trustee

**Independent Examiner's Report to the Trustees of
The National Organisation For FASD**

Independent examiner's report to the trustees of The National Organisation For FASD ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Susan Keane
FCA
Fuller Spurling
Mill House
58 Guildford Street
Chertsey
Surrey
KT16 9BE

Date: 27 September 2021

The National Organisation For FASD

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
For The Year Ended 31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	31.12.20 Total funds £	31.12.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	63,051	159,998	223,049	57,568
Other trading activities	3	<u>20,000</u>	<u>-</u>	<u>20,000</u>	<u>2,230</u>
Total		83,051	159,998	243,049	59,798
EXPENDITURE ON					
Charitable activities	4				
GP/Midwives projects		-	50,403	50,403	50,579
Support/Wellbeing		46,485	-	46,485	11,338
Education		-	-	-	6,052
General and administrative		-	-	-	3,165
Governance		1,710	-	1,710	9,220
Prevention project		-	77,159	77,159	-
Total		<u>48,195</u>	<u>127,562</u>	<u>175,757</u>	<u>80,354</u>
NET INCOME/(EXPENDITURE)		34,856	32,436	67,292	(20,556)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>1,553</u>	<u>42,974</u>	<u>44,527</u>	<u>65,083</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>36,409</u></u>	<u><u>75,410</u></u>	<u><u>111,819</u></u>	<u><u>44,527</u></u>

The notes form part of these financial statements

The National Organisation For FASD

Balance Sheet
31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	31.12.20 Total funds £	31.12.19 Total funds £
CURRENT ASSETS					
Debtors	11	1,145	10,000	11,145	10,000
Cash at bank and in hand		<u>40,306</u>	<u>75,410</u>	<u>115,716</u>	<u>38,989</u>
		41,451	85,410	126,861	48,989
CREDITORS					
Amounts falling due within one year	12	(5,042)	(10,000)	(15,042)	(4,462)
NET CURRENT ASSETS					
		<u>36,409</u>	<u>75,410</u>	<u>111,819</u>	<u>44,527</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>36,409</u>	<u>75,410</u>	<u>111,819</u>	<u>44,527</u>
NET ASSETS					
		<u>36,409</u>	<u>75,410</u>	<u>111,819</u>	<u>44,527</u>
FUNDS					
Unrestricted funds	13			36,409	1,553
Restricted funds				<u>75,410</u>	<u>42,974</u>
TOTAL FUNDS					
				<u>111,819</u>	<u>44,527</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

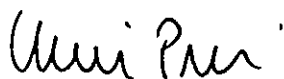
The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13th September 2021 and were signed on its behalf by:



K Price - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
For The Year Ended 31 December 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants are credited to the statement of financial activities when receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Charitable activities include expenditure associated with the provision of training and education to healthcare professionals to raise awareness of Foetal Alcohol Spectrum Disorder and support services to those affected by the condition. They include both the direct costs and support costs relating to these activities. The charitable activities headings have been changed for 2017 and onwards to reflect the programmatic focus of the trustees going forward.

Governance costs

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements. 10% of salary costs have also been apportioned to governance to reflect the chief executive's role in matters of governance of the Charity.

Allocation and apportionment of costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g., allocating staff costs by the time spent and other costs by their usage. A new system of allocation of support costs for the Charity was implemented in 2017 and is based on the following apportionment rates:

	%
GP/Midwives Baby Bundle project	75
Educations	10
Support/Wellbeing	10
General and administrative	5

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The National Organisation For FASD

Notes to the Financial Statements - continued For The Year Ended 31 December 2020

1. ACCOUNTING POLICIES - continued

Fund accounting

The restricted income funds are specifically designated for GP/Midwives projects, which are used to educate and raise awareness about FASD and its harm to over 15,000 GP and midwives in the UK.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash at bank and in hand, and demand deposits with banks.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The Charitable Company has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value, except for Investments which are measured at their market valuation at the balance sheet date.

2. DONATIONS AND LEGACIES

	31.12.20	31.12.19
	£	£
Donations	4,096	7,568
Grants	<u>218,953</u>	<u>50,000</u>
	<u>223,049</u>	<u>57,568</u>

3. OTHER TRADING ACTIVITIES

	31.12.20	31.12.19
	£	£
Training/educational services	<u>20,000</u>	<u>2,230</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
GP/Midwives projects	1,128	49,275	50,403
Support/Wellbeing	351	46,134	46,485
Governance	-	1,710	1,710
Prevention project	9,590	67,569	77,159
	<u>11,069</u>	<u>164,688</u>	<u>175,757</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.20 £	31.12.19 £
Advertising	11,017	150
Travel and entertainment	52	278
	<u>11,069</u>	<u>428</u>

6. SUPPORT COSTS

	Other £	Governance costs £	Totals £
GP/Midwives projects	46,757	2,518	49,275
Support/Wellbeing	42,004	4,130	46,134
Governance	-	1,710	1,710
Prevention project	38,256	29,313	67,569
	<u>127,017</u>	<u>37,671</u>	<u>164,688</u>

Support costs, included in the above, are as follows:

	GP/Midwives projects £	Support/Wellbeing £	Governance £
Wages	32,131	19,043	-
Rent, rates and utilities	6,947	4,907	-
Insurance	581	377	-
Telephone	640	432	-
Office costs	3,916	16,890	-
Sundries	1,940	248	-
Travel	602	107	-
Wages	-	-	-
Independent examiners fee	-	-	1,710
Accountancy and legal fees	2,518	4,130	-
	<u>49,275</u>	<u>46,134</u>	<u>1,710</u>

The National Organisation For FASD

**Notes to the Financial Statements - continued
For The Year Ended 31 December 2020**

6. SUPPORT COSTS - continued

	Prevention project £	31.12.20 Total activities £	31.12.19 Total activities £
Wages	22,016	73,190	45,314
Rent, rates and utilities	6,458	18,312	10,905
Insurance	318	1,276	-
Telephone	635	1,707	1,662
Office costs	8,428	29,234	5,250
Sundries	397	2,585	1,055
Travel	4	713	3,528
Wages	-	-	5,035
Independent examiners fee	-	1,710	1,680
Accountancy and legal fees	<u>29,313</u>	<u>35,961</u>	<u>5,497</u>
	<u>67,569</u>	<u>164,688</u>	<u>79,926</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.20 £	31.12.19 £
Independent examiners fee	<u>1,710</u>	<u>1,680</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the year ended 31 December 2019.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.20	31.12.19
Administration	<u>2</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	7,568	50,000	57,568
Other trading activities	<u>2,230</u>	<u>-</u>	<u>2,230</u>
Total	9,798	50,000	59,798
 EXPENDITURE ON			
Charitable activities			
GP/Midwives projects	-	50,579	50,579
Support/Wellbeing	11,338	-	11,338
Education	5,659	393	6,052
General and administrative	3,165	-	3,165
Governance	<u>9,220</u>	<u>-</u>	<u>9,220</u>
 Total	29,382	50,972	80,354
 NET INCOME/(EXPENDITURE)	(19,584)	(972)	(20,556)
 Transfers between funds	<u>20,000</u>	<u>(20,000)</u>	<u>-</u>
 Net movement in funds	416	(20,972)	(20,556)
 RECONCILIATION OF FUNDS			
 Total funds brought forward	<u>1,140</u>	<u>63,943</u>	<u>65,083</u>
 TOTAL FUNDS CARRIED FORWARD	<u>1,556</u>	<u>42,971</u>	<u>44,527</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.20 £	31.12.19 £
Other debtors	1,145	-
Prepayments and accrued income	<u>10,000</u>	<u>10,000</u>
	<u>11,145</u>	<u>10,000</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.20	31.12.19
	£	£
Trade creditors	3,035	210
Social security and other taxes	-	2,245
Other creditors	7	7
Deferred income	10,000	-
Accrued expenses	<u>2,000</u>	<u>2,000</u>
	<u>15,042</u>	<u>4,462</u>

13. MOVEMENT IN FUNDS

	At 1.1.20	Net movement in funds	At 31.12.20
	£	£	£
Unrestricted funds			
General fund	1,553	34,856	36,409
Restricted funds			
GP/Midwives projects	42,974	(404)	42,570
Prevention project	<u>-</u>	<u>32,840</u>	<u>32,840</u>
	<u>42,974</u>	<u>32,436</u>	<u>75,410</u>
TOTAL FUNDS	<u>44,527</u>	<u>67,292</u>	<u>111,819</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	83,051	(48,195)	34,856
Restricted funds			
GP/Midwives projects	49,999	(50,403)	(404)
Prevention project	<u>109,999</u>	<u>(77,159)</u>	<u>32,840</u>
	<u>159,998</u>	<u>(127,562)</u>	<u>32,436</u>
TOTAL FUNDS	<u>243,049</u>	<u>(175,757)</u>	<u>67,292</u>

The National Organisation For FASD

Notes to the Financial Statements - continued
For The Year Ended 31 December 2020

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.19 £	Net movement in funds £	Transfers between funds £	At 31.12.19 £
Unrestricted funds				
General fund	1,140	(19,587)	20,000	1,553
Restricted funds				
GP/Midwives projects	63,943	(969)	(20,000)	42,974
TOTAL FUNDS	<u>65,083</u>	<u>(20,556)</u>	<u>-</u>	<u>44,527</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,798	(29,385)	(19,587)
Restricted funds			
GP/Midwives projects	50,000	(50,969)	(969)
TOTAL FUNDS	<u>59,798</u>	<u>(80,354)</u>	<u>(20,556)</u>

GP/Midwives and Baby bundles project

Grants received from Diageo are restricted to be used on these projects and are utilised as and when appropriate.

14. RELATED PARTY DISCLOSURES

During the year payments totalling £8,000 were made to Frogspawn Creative Ltd for services provided in the year. Trustee Luke Bradford is a Director in this company. The transaction was at arms length and at appropriate market rates, the transactions were approved by the management and trustees of The National Organisation for FASD prior to going ahead.