

HAVERING WOMEN'S AID

England & Wales · Charity number 1101895

Details

Other names	H.W.A.
Status	Registered
Legal form	Charitable company
Company number	04584860
Registered	2004-02-03
Register	View on the Charity Commission register

Contact

Address	Community 360 Winsleys House High Street Colchester CO1 1UG
Phone	01708728759
Email	hwarefugeservices@haveringwomensaid.co.uk

Activities

Objects: A) TO RELIEVE THE DISTRESS AND SUFFERING OF WOMEN AND CHILDREN CAUSED BY EXPOSURE TO DOMESTIC VIOLENCE;B) TO RELIEVE SUCH WOMEN AND THEIR CHILDREN IN NECESSITOUS CIRCUMSTANCES BY THE PROVISION OF TEMPORARY ACCOMMODATION, BY MAKING GRANTS OF MONEY, OR BY PROVIDING OR PAYING FOR ITEMS, SERVICES OR FACILITIES;C) TO PRESERVE AND PROTECT THE MENTAL AND PHYSICAL HEALTH OF SUCH WOMEN AND THEIR CHILDREN IN SUCH WAYS AS SHALL RELIEVE THEIR NEED;D) TO EDUCATE THE PUBLIC IN THE CAUSES AND EFFECTS OF DOMESTIC VIOLENCE AND THE PREVENTION THEREOF, AND TO UNDERTAKE OR CONTRIBUTE TO RESEARCH INTO SUCH MATTERS AND TO PUBLISH THE USEFUL RESULTS OF SUCH RESEARCH.

Activities: Provision of advice, support, counselling and/or temporary accommodation for women who have been exposed to domestic violence (mental or physical), and for their children. To preserve and protect the mental and physical health of such women and their children in such ways as shall relieve their need. To educate the public in the causes and effects of domestic violence and the prevention thereof.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Accommodation/housing
- **Who:** Children/young People, Other Defined Groups

Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE HAVERING
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£664,281	£596,745	£836,526	11
2024-03-31	£782,806	£577,853	£768,990	12
2023-03-31	£514,846	£578,486	£564,037	12
2022-03-31	£640,377	£505,777	£627,677	12
2021-03-31	£663,258	£494,605	£493,077	12

Trustees

Name	Role	Appointed
KATHLEEN PATRICIA BARRATT	Chair	
Norma Busby		2023-11-02
PENELOPE ANNE PATTERSON		2013-03-14
Serena Malcolm		2019-04-01
Terry O'Neill		2024-10-17
Terry Oneill		2023-11-02

Accounts

HAVERING WOMEN'S AID

Charity number 1101895
Company registration number 4584860

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2025

HAVERING WOMEN'S AID

CONTENTS FOR THE YEAR ENDED 31 MARCH 2025

	Page
Trustee Annual Report	1 - 9
Independent Examiner's Report	10
Statement of Financial Activity	11
Balance Sheet	12
Cash Flow Statement	13
Notes to the Financial Statements	14 - 18

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

HAVERING WOMEN'S AID TRUSTEES REPORT FOR THE FINANCIAL YEAR 2024/25

Charity No.1101895 Limited Company No.4584860

Address of the principal office of HWA:
PO. Box 74 Romford, Essex RM1 2HN

TRUSTEES

Chair Katie Barratt
Penny Patterson
Serena Malcolm
Norma Busby
Terry Ann O'Neil

HWA Chief Executive Officer
Vicki Thomas

Employed with delegated responsibility for the overall management of all employees and volunteers ensuring the smooth running of the organisation. Liaising with the funding agencies and stakeholders, responsible for strategic development.

INDEPENDENT EXAMINER

Community360
Winsley's House, High Street, Colchester, Essex
CO1 1UG

BANKERS

National Westminster
10, South Street, Romford, Essex RM1 1RD

Statement re Public Benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Note regarding Office Address

Due to the nature of the work of Havering Women's Aid our safety policy for residents and staff is to withhold the office address until a confidential and secure contact is made as copies of this report are widely distributed. The Charity Commission has our details on its database and in the event of any query HWA can be contacted on 01708 728759

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Structure, Governance and Management

- The governing document is the memorandum and articles of association. HWA is constituted as a registered charity and as a limited company, the same Trustees also being Directors of the Company.
- Trustees are recruited through advertisement and personal contact. In all cases they must be formally elected at the Annual General Meeting and must offer themselves for re-election every three years; all Trustees have their position ratified annually at the AGM.
- Trustees have professional experience, in their own field, of a full range of management functions, for example, recruitment and equal opportunities issues, budget setting and financial procedures, appraisal and salary reviews. Induction includes attendance at regular meetings before formally offering themselves for election.
- HWA Trustees meet with all staff a minimum of four times a year. Meetings take the form of a review of previous meetings, matters arising and reports from all staff, all of this being our main form of regular accountability, monitoring and development. Additional agenda items vary depending on the time of year, for example, budget setting and review, organisation of the AGM and occasionally recruitment. Trustees reserve and use the right to meet separately to review salary requests - decisions are formally recorded. We work within an ethos of consensus and with a policy and procedure framework which is evaluated by Adult Social Commissioning, our principal funding agency.
- HWA is part of the national provision of Women's Aid. This means, for example, that staff are regularly updated as to changes in laws and court procedures which relate to issues of domestic abuse; we receive and shelter women through Refuge, a central crisis agency based in London. We have good working relationships with local and regional refuges between which we sometimes transfer women in need of escape from their immediate home area where they may be traced. There is no financial relationship between HWA and any of these wider networks.
- HWA has no financial relationships with any other charities. We are funded through Adult Social Commissioning and Community Safety for our direct work with women and men fleeing domestic abuse. As the audited accounts show, HWA receives funding from several funding streams via our fundraising activities to support our work including our Counselling Services and Children's Services and donations from individuals, local churches and other small organisations. The Trustees have no personal or working relationships with any of these donors.
- Statement by Trustees regarding Risk Management: we ensure that housing benefit is reviewed in the light of inflation and other factors and that all utility bills are paid up to date. We have reserves in hand for the payment of staff salaries and winding down expenses for the required period, in the event of unexpected closure. The budget is reviewed at four management meetings per year- minutes of these meeting are available, together with clear budget management reports.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Objectives, Activities and how they relate to Public Benefit

- To provide a place of safety to women and their children who suffer from domestic abuse
- To provide and offer practical and emotional support to residents of Havering and to victims of domestic abuse in the community who choose to stay in their own homes
- To work in partnership with other agencies to promote the safeguarding of victims of domestic abuse and their children
- To empower victims of domestic abuse affected by domestic abuse to determine their own lives
- To support male victims of domestic abuse.
- To meet the needs of children affected by domestic abuse

Public Benefit:

We have referred to charity commission guidance in the Charity Commission's guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Poverty/Income Issues:

We have a policy which covers non- payment of service charge by a resident and we occasionally need to use this to support them. Our Finance Co-ordinator, in agreement with the CEO of HWA, writes off unpayable rental charges and informs Trustees at the next Management Committee Meeting for discussion and approval.

Access:

We have ground-floor facilities which are suitable for disabled victims of abuse who can come and meet with workers to discuss their needs. There are also ground floor flats on both of our sites. We can support women and their children with hearing or visual challenges as we can access supportive resources.

Gender:

HWA is pleased to have a policy which accepts boys up to the age of 18 as residents with their mother, which was unusual for many years of Women's Aid. Under the provisions of the Sex Discrimination Act we recruit only women as staff and employees – male volunteers are encouraged. MENDAS, our helpline for male victims of domestic violence, is now well-established.

Language:

HWA has access to translation services as and when needed.

Age:

Our Floating Support service supports victims of abuse from the age of 16 with no upper age limit. We provide refuge accommodation to support women and their children from new born to the age of 16 or up to the age of 18 in full time education.

Location:

We accept and advise women from all parts of Britain although typically our residents come from within Havering. Each year some residents come from other London Boroughs and choose us for reasons such as escape from a local traceable refuge and/or family links in Havering.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

HWA's Diversity Policy is established and reviewed annually ensuring inclusion and also that we meets the needs of our community and our service users.

HWA was first opened in 1978 and is one of the longest running refuges in the London area. From this time, in the late 1970's, we have seen many changes. The demand for our services and the number of people domestic abuse has affected has sadly increased. In more recent times, and through the cost of living increases, we have seen many more victims - This has been a challenge for our team who have successfully developed their skills and knowledge to meet the increasing needs and risks faced by our service users.

During this reporting period, we have been experiencing a significant housing crisis, leading to extended delays in offering temporary housing to families in need. As a result, this has caused bed blocking at the refuge, further complicating our ability to provide immediate support to those seeking shelter from abuse. To address this issue, we are committed to maintaining a good working relationship with Havering Council, ensuring that we advocate effectively for the families that we support. Through ongoing collaboration, we aim to find solutions that help families to be rehoused quickly and alleviate pressure on our refuge services.

The difference that we seek to make is to improve the safety and the quality of lives of service users and their children. Research has shown that the effects of domestic abuse - including witnessing abuse - has a significant impact on children. The wellbeing of service users and their children is central to our service, safeguarding is paramount and we ensure that children are supported in their own right as victims.

HWA's main objectives in this reporting year were to maintain and develop the provision of its core services:

- Accommodation for up to nine families in the Romford refuge
- Hornchurch refuge can accommodate fourteen families.
- Initial Assessment for residents of Havering
- Access to counselling for victims of domestic abuse and their children
- Offering support both to individual women/men and to groups of women
- Children's Services, including playroom and counselling.
- Community Outreach through the Floating Support Service.
- Young Persons' service

HWA's strategies for achieving these objectives included:

- Ensuring that all necessary refurbishment has been carried out efficiently.
- Health and Safety maintained to the highest level.
- Ongoing developments to ensure delivery of the best domestic abuse service possible, for example a wide range of staff training to ensure up to date knowledge and compliancy.
- Maximising funding to achieve these objectives.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Significant activities include:

- Continuation of the Initial Assessment/Drop Ins for initial contact and assessment of need.
- Continuation of the Floating Support Service for service users who wish to remain in their own homes.
- Continuation of daily support for the 23 families who comprise our maximum intake.
- Continuation of Groups for survivors of abuse
- Continuation of Counselling Service
- Continuation of Young Persons' Advocacy service.
- Maintenance of our out-of-hours emergency service
- Ensuring safe sites are maintained and improved.
- Providing new amenities as funding allows.
- Ensuring MENDAS, our male helpline, continues.
- Ensuring that staff receive continuous training.
- Contributing our expertise to the Violence Against Women and Girls Forum, MARAC, Homeless Forum and in liaison with statutory services

Staffing:

We have highly trained professional staff who are specialists in the field of domestic abuse. Our staff are committed to providing expert help and support to victims of domestic abuse. We ensure that all staff are trained to be Independent Domestic Violence Advisors and 4 members of staff are also Sexual Abuse Advisors. We have a caring, strong and hardworking team.

We are extremely pleased that we are now able to offer more support groups, which include the Freedom Programme, Doing our Best (DOB), Empowerment course and The Recovery Toolkit. Overview of these courses are below:

DOB COURSE OVERVIEW

This programme is designed to support families in general but has been tailored specifically for families who have experienced domestic abuse.

Parenting after a family break up is a notoriously difficult time for parents and children to navigate - it is made so much more complex when any domestic abuse is present.

The non- abusive parent often reports a loss of control, parental alienation, and a sense of distance between themselves and their child often as a result of the child/children continuing to be coerced and manipulated by the abusive parent through contact.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Survivors will have the added difficulty of trying to instil boundaries and values in their children whilst parallel parenting with a partner or ex-partner who may be undermining and denigrating their efforts.

The Doing Our Best (DOB) programme aims to give the parent the tools and the confidence to manage these situations with minimal conflict.

We spend a significant amount of time explaining the basics of how to create peaceful, healthy and strong positive relationships between parents and children, where an emphasis is placed on how to guide our children to become healthy, self-confident and self-disciplined along with essential social skills.

A number of techniques and strategies are explored including reasons for behaviour; self-care, role modelling, good communication including listening, praise, anger management, parenting styles and discipline, empathy, creativity and understanding consequences.

The programme runs for 12 weeks (2hrs per week) during term time, set in a relaxed and calm environment.

Freedom Programme Overview

This is a 12 week programme that helps women and girls to understand how tactics, behaviours and rules are used to gain control in relationships. It also helps women and girls to understand more about beliefs held by abusive men and how these are used to gain power and control over the victim.

Quote from a staff member: *"If you could speak to the hundreds of women who have finished the course they would say "do it" and "it's the best thing you can do".* The course is focused on abusive behaviours and what they are rather than personal abuse.

Service users can start the course flexibly at any week - for example, start on Week 7 and finish to Week 12 then come back and do Weeks 1 to 6.

Recovery Toolkit Overview

This is a 12 week course which aims to assist and equip women with the knowledge needed to recover from the effects of domestic abuse. The Recovery Toolkit is a useful follow on from the Freedom Programme.

For women who are recovering from domestic abuse, the content of the course evolves each week to help them develop coping strategies and grow stronger.

The aim of the course:

To positively change an abused individual's thinking about how they perceive themselves: Self-esteem and Self Image.

To encourage the development of strategies to help to cope with emotional pain.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

To recognise the effect of abuse on children, encouraging women to develop positive parenting skills.

To positively change how they interact with others.

To set individual goals and action planning.

To give women the knowledge required to enable them to move forward in their lives and develop healthy relationships.

Topics include:

What is abuse?

Coping - and the consequences for our psychological wellbeing.

The effects of abuse on children and on parenting skills.

Self-esteem and affirmation and the power of positive self-talk.

Boundaries and trust.

Making mistakes.

Setting goals.

Healthy relationship.

Exit form quotes from Service Users

"I don't know where I would be without the refuge. They gave me a safe place to stay when I had nowhere else to turn"

"The support I received was life-changing. The staff helped me to rebuild my confidence and start a new chapter"

"I felt truly heard and supported. The staff gave me hope when I thought I would never be free of abuse"

Voices of our service users:

"The counselling helped me to rebuild my life"

"Havering Women's Aid support groups are empowering - the sense of community and understanding made me realise I wasn't alone in this journey".

"The counselling sessions were a lifeline and helped me to process my trauma"

"I found my voice again because of the support I received. They gave me the confidence to move forward, knowing I deserved peace and happiness." – Survivor of domestic violence advocacy

"I rang the helpline who listened, believed me, and helped me see that I deserved better".

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Domestic Abuse Impact 2023/24

Domestic abuse is devastatingly common, with 1.7 million women experiencing it every year. It is a gendered crime disproportionately affecting women and girls, and in particular marginalised women and girls who face additional inequality and discrimination.

Higher demand was a key challenge identified this year, including both the quantity and complexity of cases, as well as case lengths. These increasing caseloads and complexities were linked to wider challenges in the sector, including requiring multi-agency support from stretched statutory agencies, the reduced availability of suitable housing, and increased cost-of-living.

Cases are often tied to other forms of vulnerability, such as mental health issues, substance abuse, and poverty, requiring a more integrated approach.

Legal processes such as obtaining restraining orders, custody of children, or securing financial independence can take months or even years, particularly if the abuser is controlling finances or the legal process itself.

Achievements and Performance

We have received funding from Children in Need for a Family Support Worker, Peabody for Support Groups, London Community Foundation to refurbish flats, hall, stairs and landing at Romford refuge - and from Skipton Building Society for outdoor play equipment.

We work in partnership with the London Borough of Havering to meet the changing needs of our service users. As a local organisation we can respond to, and be accountable for, the needs of the local community we serve. We believe this makes our organisation best placed to continue to provide the services under contract with Adult Social Commissioning.

We consistently analyse both local and national trends, statistical data and monitor changes in the demographics of Havering to ensure that our services are shaped and ready to meet needs. We adapt to changes in law and legislation that impact on our service users, whilst ensuring staff are equipped to deal with the more complex needs which we encounter. We have also developed services following feedback from our service users. Our staff have had additional training and are passionate about their own professional development.

More service users in the community than ever before are being helped by the Floating Support Service and are accessing our support Groups.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

We would like to extend our heartfelt thanks to the CEO and her incredible domestic abuse workers who are at the forefront of our organisation.

Their tireless dedication, compassion and resilience in the face of overwhelming challenges have made a real difference in the lives of countless individuals and families. As we have faced an unprecedented rise in the complexity and volume of cases, they have remained unwavering in your commitment to supporting survivors through some of the most difficult times in their lives.

Financial Review

As seen in the audited accounts, the Trustees' Reserves policy is to hold sufficient monies to pay staff for three months and the cost of winding down the charity in the event of a sudden and unexpected closure as per our Governance document.

HWA has no borrowings, and the audited accounts show that funding from Adult Social Commissioning is spent directly on support for service users. Other sources of funding are shown as restricted as they apply to funding for Children's Services.

HWA has no material investments nor are funds held as a custodian trustee on behalf of others.

April 2025

Signed 
Kathleen Patricia Barrett

Date 30.04.2025

HAVERING WOMEN'S AID

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

I report on the accounts of Havering Women's Aid for the year ended 31 March 2025 which are set out on pages ten to eighteen.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

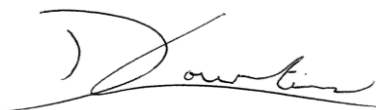
- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Courtier FMAAT AATQB for and on behalf of:

Community360

Winsley's House, High Street, Colchester, Essex



Date: 6th November 2025

HAVERING WOMEN'S AID

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

		2025	2025	2025	2025	2024
		Unrestricted	Restricted	Designated	Total	Total
	Note	Funds	Funds	Funds	Funds	Funds
		£	£	£	£	£
Income resources:						
Income from charitable activity						
Grant income	2	292,850	246,848	-	539,698	666,172
Rental income		97,327	-	-	97,327	96,170
Service charge		4,140	-	-	4,140	3,352
Donations and legacies		16,000	-	-	16,000	12,721
Other income		7,116	-	-	7,116	4,391
Total incoming resources		417,433	246,848	-	664,281	782,806
Resources expended:						
Charitable activities	3	417,725	179,020	-	596,745	577,853
Total expenditure		417,725	179,020	-	596,745	577,853
Net income		(292)	67,828	-	67,536	204,953
Transfer between funds		(2,054)	2,054	-	-	-
Net income for the year		(2,346)	69,882	-	67,536	204,953
Total funds brought forward	12	428,741	125,249	215,000	768,990	564,037
Total funds carried forward	12	426,395	195,131	215,000	836,526	768,990

Notes on pages 14 to 17 are part of these accounts

HAVERING WOMEN'S AID

BALANCE SHEET AS AT 31 MARCH 2025

	Note	2025 £	2024 £
Fixed assets	11	136,248	134,547
Current assets			
Debtors	9	6	-
Cash at bank and in hand		709,712	699,254
		<u>709,718</u>	<u>699,254</u>
Current liabilities			
Creditors	10	9,440	64,811
Total current liabilities		<u>9,440</u>	<u>64,811</u>
Net current assets		<u>700,278</u>	<u>634,443</u>
Total assets less current liabilities		<u>836,526</u>	<u>768,990</u>
Funds			
Unrestricted funds	12	426,395	428,741
Restricted funds	12	195,131	125,249
Designated funds	12	215,000	215,000
		<u>836,526</u>	<u>768,990</u>

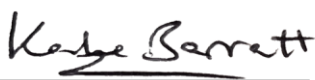
For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies regime.

Signed


Kathleen Patricia Barratt

Date

30.05.2025

HAVERING WOMEN'S AID

STATEMENT OF CASH FLOW FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2025 £
Cash flows from operating activities	a				
Net cash provided by (used in) operating activities		<u>(34,747)</u>	<u>-</u>	<u>69,882</u>	<u>35,135</u>
Cash flows from investing activities					
Purchase of property, plant and equipment		<u>(24,677)</u>	<u>-</u>	<u>-</u>	<u>(24,677)</u>
Net cash provided by (used in) investing activities		<u>(24,677)</u>	<u>-</u>	<u>-</u>	<u>(24,677)</u>
Change in cash and cash equivalents in		(59,424)	-	69,882	10,458
Cash and cash equivalents at the beginning of the reporting period		<u>349,029</u>	<u>215,000</u>	<u>135,225</u>	<u>699,254</u>
Cash and cash equivalents at the end of the reporting period	b	<u><u>289,605</u></u>	<u><u>215,000</u></u>	<u><u>205,107</u></u>	<u><u>709,712</u></u>

(a) RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2025 £
Net income/(expenditure) for the reporting period (as per SOFA)		(2,346)	-	69,882	67,536
Adjustments for non-cash items:					
Depreciation charges		22,976	-	-	22,976
(Gains)/losses on the sale of fixed assets		-	-	-	-
(Increase)/decrease in debtors	10	(6)	-	-	(6)
Increase/(decrease) in creditors	11	<u>(55,371)</u>	<u>-</u>	<u>-</u>	<u>(55,371)</u>
Net cash provided by (used in) operating activities		<u>(34,747)</u>	<u>-</u>	<u>69,882</u>	<u>35,135</u>

b) ANALYSIS OF CASH AND CASH EQUIVALENTS

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2025 £
Cash in hand		289,605	215,000	205,107	709,712
Notice deposits (less than 3 months)		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total cash and cash equivalents		<u><u>289,605</u></u>	<u><u>215,000</u></u>	<u><u>205,107</u></u>	<u><u>709,712</u></u>

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting Policies

Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)- (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Charity information

Havering Womens Aid is a private limited company by guarantee registered in England and Wales. All members of the company guarantee to contribute an amount not exceeding £1.00 to the company assets in the event it is wound up.

Incoming resources

All material incoming resources have been included on a receivable basis.

Donations and gifts are included in the statement of financial activities.

All grants are recognised as income within the period covered by these accounts.

Resources expended

All expenditure is accounted for on an accrual basis.

All expenditure has been analysed using a natural classification.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at the following rates:

Cabin	25% reducing balance
Fixtures & equipment	25% reducing balance
Computer equipment	25% straight line
Lease improvements	5% straight Line

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

Going Concern

The trustees of the charity deem that there are sufficient funds available to continue operating on a going concern basis for the foreseeable future

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting Policies (Continued)

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are no critical accounting estimates or judgements in the financial statements.

2. Grants	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Floating Support/Refuge	292,850	-	292,850	292,820
City Bridge	-	25,938	25,938	32,062
Nationwide Resettlement Worker	-	48,410	48,410	11,588
Womens Aid Emergency	-	2,650	2,650	4,750
Skipton Building Society	-	-	-	3,000
London Community Foundation	-	60,350	60,350	136,324
Awards 4 - Big Lottery Fund	-	79,500	79,500	81,500
One-off Grant	-	-	-	66,628
BBC Children In Need	-	30,000	30,000	37,500
Support Groups & Drop-ins:				
LBH - Domestic Violence Advocacy	-	-	-	-
LBH - Domestic Violence Support	-	-	-	-
Total	292,850	246,848	539,698	666,172
Total 2024	358,448	307,724	666,172	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

3. Expenditure on charitable activity		Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	Note	£	£	£	£
Bank charges		704	-	704	745
Health and safety		3,108	849	3,957	3,862
Governance costs	4	800	-	800	800
Depreciation		22,976	-	22,976	15,637
Donation		-	-	-	3,250
Insurance		247	1,587	1,834	2,637
Computer expenses		7,728	1,200	8,928	6,128
Office/General administrative expenses		1,153	-	1,153	986
Postage and packing		506	-	506	523
Publications and subscriptions		599	30	629	668
Printing and stationery		2,289	786	3,075	2,274
Professional fees		3,140	-	3,140	3,975
Miscellaneous		-	-	-	37
Telephone		7,970	220	8,190	8,143
Client work	5	6,920	6,845	13,765	12,172
Household expenses	6	35,744	14,419	50,163	40,289
Salaries and wages	7	301,417	151,305	452,722	464,892
Staff costs	8	22,424	1,779	24,203	10,135
Trustees expenses		-	-	-	400
Bad Debts Written Off		-	-	-	300
Total expenditure		417,725	179,020	596,745	577,853
Total 2024		321,884	255,969	577,853	
4. Governance costs		Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
		£	£	£	£
Independent examiner's fee		800	-	800	800
Total		800	-	800	800
Total 2024		800	-	800	
5. Client work		Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
		£	£	£	£
Clients		5,482	4,040	9,522	6,061
Other		192	-	192	39
Counselling		-	70	70	-
Room hire		-	2,763	2,763	5,124
Refreshments		616	112	728	740
Kids club-trips & activities		630	-	630	208
Total		6,920	6,845	13,765	12,172
Total 2024		7,566	4,606	12,172	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

6. Household expenses	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Cleaning	5,274	456	5,730	5,601
Furniture	183	119	302	2,415
Premises occupancy payments	12,000	-	12,000	12,000
Repairs and maintenance	1,241	13,632	14,873	8,675
Playroom	736	61	797	1,146
Soft furnishings	113	151	264	2,566
Utilities	15,976	-	15,976	7,717
Room Space Hire	221	-	221	169
Total	35,744	14,419	50,163	40,289
Total 2023	29,488	10,801	40,289	
7. Salaries and wages	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Pension	8,060	3,346	11,406	9,079
Wages	271,847	132,023	403,870	413,787
Tax and NI	21,510	9,492	31,002	31,873
Sessional staff	-	6,444	6,444	10,153
Other payments	-	-	-	-
Total	301,417	151,305	452,722	464,892
Total 2024	232,122	232,770	464,892	
8. Staff costs	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Training and supervision	17,034	1,770	18,804	5,535
Other	3,436	-	3,436	3,404
Travel	1,954	9	1,963	1,196
Total	22,424	1,779	24,203	10,135
Total 2024	8,457	1,678	10,135	
No staff have been paid more than £60,000 for the year.				
9. Debtors			2025 £	2024 £
Debtors			6	-
Loan			-	-
			6	-
10. Creditors			2025 £	2024 £
Other creditors			4,438	10,449
Deferred income			5,002	53,412
Accruals			-	950
			9,440	64,811

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

11. Tangible fixed assets	Leasehold Improvement	Fixtures & Fittings	Computer Equipment	Cabin	Total
Cost	£	£	£	£	£
As at 31 March 2024	118,637	31,362	18,937	14,889	183,825
Additions	12,910	5,347	6,420	-	24,677
As at 31 March 2025	131,547	36,709	25,357	14,889	208,502
Depreciation					
As at 31 March 2024	5,932	18,156	13,834	11,356	49,278
Charge for the year	6,577	9,177	6,339	883	22,976
As at 31 March 2025	12,509	27,333	20,173	12,239	72,254
Net Book Value					
As at 31 March 2025	119,038	9,376	5,184	2,650	136,248
As at 31 March 2024	112,705	13,206	5,103	3,533	134,547
12. Movement in funds	As at 1 April 2024	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2025
	£	£	£	£	£
Restricted funds					
London Community Foundation	40,119	-	(15,580)	-	24,539
The Big Lottery	32,868	79,500	(44,827)	-	67,541
Counselling	445	-	-	-	445
City Bridge Trust	7,733	25,938	(9,889)	-	23,782
City of London	4,065	-	(4,192)	127	-
Nationwide Resettlement Worker	11,588	48,410	(25,447)	-	34,551
Womens Aid Emergency	-	2,650	(3,650)	1,000	-
The Open Foundation	1,637	-	(1,459)	-	178
BBC Children in Need	4,144	30,000	(35,071)	927	-
Support Group & Drop-In	22,650	60,350	(38,905)	-	44,095
Total restricted funds	125,249	246,848	(179,020)	2,054	195,131
Designated reserves	215,000	-	-	-	215,000
Unrestricted funds					
Unrestricted funds	428,741	417,433	(417,725)	(2,054)	426,395
Total unrestricted funds	428,741	417,433	(417,725)	(2,054)	426,395
Total funds	768,990	664,281	(596,745)	-	836,526

13. Related parties

There were no related party transactions during the year.

Accounts

HAVERING WOMEN'S AID

Charity number 1101895
Company registration number 4584860

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2024



HAVERING WOMEN'S AID

CONTENTS FOR THE YEAR ENDED 31 MARCH 2024

	Page
Trustee Annual Report	1 - 8
Independent Examiner's Report	9
Statement of Financial Activity	10
Balance Sheet	11
Cash Flow Statement	12
Notes to the Financial Statements	13 - 17

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

HAVERING WOMEN'S AID TRUSTEES REPORT FOR THE FINANCIAL YEAR 2023/24

Charity No.1101895 Limited Company No.4584860

Address of the principal office of HWA:
PO. Box 74 Romford, Essex RM1 2HN

TRUSTEES

Chair Katie Barratt
Penny Patterson
Serena Malcolm
Norma Busby
Terry Ann O'Neil

HWA Chief Executive Officer
Vicki Thomas

Employed with delegated responsibility for the overall management of all employees and volunteers ensuring the smooth running of the organisation. Liaising with the funding agencies and stakeholders, responsible for strategic development.

INDEPENDENT EXAMINER

Community360
Winsley's House, High Street, Colchester, Essex
CO1 1UG

BANKERS

National Westminster
10, South Street, Romford, Essex RM1 1RD

Statement re Public Benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Note regarding Office Address

Due to the nature of the work of Havering Women's Aid our safety policy for residents and staff is to withhold the office address until a confidential and secure contact is made as copies of this report are widely distributed. The Charity Commission has our details on its database and in the event of any query HWA can be contacted on 01708 728759

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

Structure, Governance and Management

- The governing document is the memorandum and articles of association. HWA is constituted as a registered charity and as a limited company, the same Trustees also being Directors of the Company.
- Trustees are recruited through advertisement and personal contact. In all cases they must be formally elected at the Annual General Meeting and must offer themselves for re-election every three years; all Trustees have their position ratified annually at the AGM.
- Trustees have professional experience, in their own field, of a full range of management functions, for example, recruitment and equal opportunities issues, budget setting and financial procedures, appraisal and salary reviews. Induction includes attendance at regular meetings before formally offering themselves for election.
- HWA Trustees meet with all staff a minimum of four times a year. Meetings take the form of a review of previous meetings, matters arising and reports from all staff, all of this being our main form of regular accountability, monitoring and development. Additional agenda items vary depending on the time of year, for example, budget setting and review, organisation of the AGM and occasionally recruitment. Trustees reserve and use the right to meet separately to review salary requests - decisions are formally recorded. We work within an ethos of consensus and with a policy and procedure framework which is evaluated by Adult Social Commissioning, our principal funding agency.
- HWA is part of the national provision of Women's Aid. This means, for example, that staff are regularly updated as to changes in laws and court procedures which relate to issues of domestic abuse; we receive and shelter women through Refuge, a central crisis agency based in London. We have good working relationships with local and regional refuges between which we sometimes transfer women in need of escape from their immediate home area where they may be traced. There is no financial relationship between HWA and any of these wider networks.
- HWA has no financial relationships with any other charities. We are funded through Adult Social Commissioning and Community Safety for our direct work with women and men fleeing domestic abuse. As the audited accounts show, HWA receives funding from several funding streams via our fundraising activities to support our work including our Counselling Services and Children's Services and donations from individuals, local churches and other small organisations. The Trustees have no personal or working relationships with any of these donors.
- Statement by Trustees regarding Risk Management: we ensure that housing benefit is reviewed in the light of inflation and other factors and that all utility bills are paid up to date. We have reserves in hand for the payment of staff salaries and winding down expenses for the required period, in the event of unexpected closure. The budget is reviewed at four management meetings per year- minutes of these meeting are available, together with clear budget management reports.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

Objectives, Activities and how they relate to Public Benefit

- To provide a place of safety to women and their children who suffer from domestic abuse
- To provide and offer practical and emotional support to residents of Havering and to victims of domestic abuse in the community who choose to stay in their own homes
- To work in partnership with other agencies to promote the safeguarding of victims of domestic abuse and their children
- To empower victims of domestic abuse affected by domestic abuse to determine their own lives
- To support male victims of domestic abuse.
- To meet the needs of children affected by domestic abuse

Public Benefit:

We have referred to charity commission guidance in the Charity Commission's guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Poverty/Income Issues:

We have a policy which covers non- payment of service charge by a resident and we occasionally need to use this to support them. Our Finance Co-ordinator, in agreement with the CEO of HWA, writes off unpayable rental charges and informs Trustees at the next Management Committee Meeting for discussion and approval.

Access:

We have ground-floor facilities which are suitable for disabled victims of abuse who can come and meet with workers to discuss their needs. There are also ground floor flats on both of our sites. We can support women and their children with hearing or visual challenges as we can access supportive resources.

Gender:

HWA is pleased to have a policy which accepts boys up to the age of 18 as residents with their mother, which was unusual for many years of Women's Aid. Under the provisions of the Sex Discrimination Act we recruit only women as staff and employees – male volunteers are encouraged. MENDAS, our helpline for male victims of domestic violence, is now well-established.

Language:

HWA has access to translation services as and when needed.

Age:

Our Floating Support service supports victims of abuse from the age of 16 with no upper age limit. We provide refuge accommodation to support women and their children from new born to the age of 16 or up to the age of 18 in full time education.

Location:

We accept and advise women from all parts of Britain although typically our residents come from within Havering. Each year some residents come from other London Boroughs and choose us for reasons such as escape from a local traceable refuge and/or family links in Havering.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

HWA's Diversity Policy is established and reviewed annually ensuring inclusion and also that we meets the needs of our community and our service users.

HWA was first opened in 1978 and is one of the longest running refuges in the London area. From this time, in the late 1970's, we have seen many changes. The demand for our services and the number of people domestic abuse has affected has sadly increased. In more recent times, and through the cost of living increases, we have seen many more victims - This has been a challenge for our team who have successfully developed their skills and knowledge to meet the increasing needs and risks faced by our service users.

During this reporting period, we have been experiencing a significant housing crisis, leading to extended delays in offering temporary housing to families in need. As a result, this has caused bed blocking at the refuge, further complicating our ability to provide immediate support to those seeking shelter from abuse. To address this issue, we are committed to maintaining a good working relationship with Havering Council, ensuring that we advocate effectively for the families that we support. Through ongoing collaboration, we aim to find solutions that help families to be rehoused quickly and alleviate pressure on our refuge services.

The difference that we seek to make is to improve the safety and the quality of lives of service users and their children. Research has shown that the effects of domestic abuse - including witnessing abuse - has a significant impact on children. The wellbeing of service users and their children is central to our service, safeguarding is paramount and we ensure that children are supported in their own right as victims.

HWA's main objectives in this reporting year were to maintain and develop the provision of its core services:

- Accommodation for up to nine families in the Romford refuge
- Hornchurch refuge can accommodate fourteen families.
- Initial Assessment for residents of Havering
- Access to counselling for victims of domestic abuse and their children
- Offering support both to individual women/men and to groups of women
- Children's Services, including playroom and counselling.
- Community Outreach through the Floating Support Service.
- Young Persons' service

HWA's strategies for achieving these objectives included:

- Ensuring that all necessary refurbishment has been carried out efficiently.
- Health and Safety maintained to the highest level.
- Ongoing developments to ensure delivery of the best domestic abuse service possible, for example a wide range of staff training to ensure up to date knowledge and compliancy.
- Maximising funding to achieve these objectives.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

Significant activities include:

- Continuation of the Initial Assessment/Drop Ins for initial contact and assessment of need.
- Continuation of the Floating Support Service for service users who wish to remain in their own homes.
- Continuation of daily support for the 23 families who comprise our maximum intake.
- Continuation of Groups for survivors of abuse
- Continuation of Counselling Service
- Continuation of Young Persons' Advocacy service.
- Maintenance of our out-of-hours emergency service
- Ensuring safe sites are maintained and improved.
- Providing new amenities as funding allows.
- Ensuring MENDAS, our male helpline, continues.
- Ensuring that staff receive continuous training.
- Contributing our expertise to the Violence Against Women and Girls Forum, MARAC, Homeless Forum and in liaison with statutory services

Staffing:

We have highly trained professional staff who are specialists in the field of domestic abuse. Our staff are committed to providing expert help and support to victims of domestic abuse. We ensure that all staff are trained to be Independent Domestic Violence Advisors and 4 members of staff are also Sexual Abuse Advisors. We have a caring, strong and hardworking team.

We are extremely pleased that we are now able to offer more support groups, which include the Freedom Programme, Doing our Best (DOB), Empowerment course and The Recovery Toolkit. Overview of these courses are below:

DOB COURSE OVERVIEW

This programme is designed to support families in general but has been tailored specifically for families who have experienced domestic abuse.

Parenting after a family break up is a notoriously difficult time for parents and children to navigate - it is made so much more complex when any domestic abuse is present.

The non- abusive parent often reports a loss of control, parental alienation, and a sense of distance between themselves and their child often as a result of the child/children continuing to be coerced and manipulated by the abusive parent through contact.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

Survivors will have the added difficulty of trying to instil boundaries and values in their children whilst parallel parenting with a partner or ex-partner who may be undermining and denigrating their efforts.

The Doing Our Best (DOB) programme aims to give the parent the tools and the confidence to manage these situations with minimal conflict.

We spend a significant amount of time explaining the basics of how to create peaceful, healthy and strong positive relationships between parents and children, where an emphasis is placed on how to guide our children to become healthy, self-confident and self-disciplined along with essential social skills.

A number of techniques and strategies are explored including reasons for behaviour; self-care, role modelling, good communication including listening, praise, anger management, parenting styles and discipline, empathy, creativity and understanding consequences.

The programme runs for 12 weeks (2hrs per week) during term time, set in a relaxed and calm environment.

Freedom Programme Overview

This is a 12 week programme that helps women and girls to understand how tactics, behaviours and rules are used to gain control in relationships. It also helps women and girls to understand more about beliefs held by abusive men and how these are used to gain power and control over the victim.

Quote from a staff member: *"If you could speak to the hundreds of women who have finished the course they would say "do it" and "it's the best thing you can do".* The course is focused on abusive behaviours and what they are rather than personal abuse.

Service users can start the course flexibly at any week - for example, start on Week 7 and finish to Week 12 then come back and do Weeks 1 to 6.

Recovery Toolkit Overview

This is a 12 week course which aims to assist and equip women with the knowledge needed to recover from the effects of domestic abuse. The Recovery Toolkit is a useful follow on from the Freedom Programme.

For women who are recovering from domestic abuse, the content of the course evolves each week to help them develop coping strategies and grow stronger.

The aim of the course:

To positively change an abused individual's thinking about how they perceive themselves: Self-esteem and Self Image.

To encourage the development of strategies to help to cope with emotional pain.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

To recognise the effect of abuse on children, encouraging women to develop positive parenting skills.

To positively change how they interact with others.

To set individual goals and action planning.

To give women the knowledge required to enable them to move forward in their lives and develop healthy relationships.

Topics include:

What is abuse?

Coping - and the consequences for our psychological wellbeing.

The effects of abuse on children and on parenting skills.

Self-esteem and affirmation and the power of positive self-talk.

Boundaries and trust.

Making mistakes.

Setting goals.

Healthy relationship.

Exit form quotes from Service Users

"I don't know where I would be without the refuge. They gave me a safe place to stay when I had nowhere else to turn"

"The support I received was life-changing. The staff helped me to rebuild my confidence and start a new chapter"

"I felt truly heard and supported. The staff gave me hope when I thought I would never be free of abuse"

Voices of our service users:

"The counselling helped me to rebuild my life"

"Havering Women's Aid support groups are empowering - the sense of community and understanding made me realise I wasn't alone in this journey".

"The counselling sessions were a lifeline and helped me to process my trauma"

"I found my voice again because of the support I received. They gave me the confidence to move forward, knowing I deserved peace and happiness." – Survivor of domestic violence advocacy

"I rang the helpline who listened, believed me, and helped me see that I deserved better".

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

Domestic Abuse Impact 2023/24

Domestic abuse is devastatingly common, with 1.7 million women experiencing it every year. It is a gendered crime disproportionately affecting women and girls, and in particular marginalised women and girls who face additional inequality and discrimination.

Higher demand was a key challenge identified this year, including both the quantity and complexity of cases, as well as case lengths. These increasing caseloads and complexities were linked to wider challenges in the sector, including requiring multi-agency support from stretched statutory agencies, the reduced availability of suitable housing, and increased cost-of-living.

Cases are often tied to other forms of vulnerability, such as mental health issues, substance abuse, and poverty, requiring a more integrated approach.

Legal processes such as obtaining restraining orders, custody of children, or securing financial independence can take months or even years, particularly if the abuser is controlling finances or the legal process itself.

Achievements and Performance

We have received funding from Children in Need for a Family Support Worker, Peabody for Support Groups, London Community Foundation to refurbish flats, hall, stairs and landing at Romford refuge - and from Skipton Building Society for outdoor play equipment.

We work in partnership with the London Borough of Havering to meet the changing needs of our service users. As a local organisation we can respond to, and be accountable for, the needs of the local community we serve. We believe this makes our organisation best placed to continue to provide the services under contract with Adult Social Commissioning.

We consistently analyse both local and national trends, statistical data and monitor changes in the demographics of Havering to ensure that our services are shaped and ready to meet needs. We adapt to changes in law and legislation that impact on our service users, whilst ensuring staff are equipped to deal with the more complex needs which we encounter. We have also developed services following feedback from our service users. Our staff have had additional training and are passionate about their own professional development.

More service users in the community than ever before are being helped by the Floating Support Service and are accessing our support Groups.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

We would like to extend our heartfelt thanks to the CEO and her incredible domestic abuse workers who are at the forefront of our organisation.

Their tireless dedication, compassion and resilience in the face of overwhelming challenges have made a real difference in the lives of countless individuals and families. As we have faced an unprecedented rise in the complexity and volume of cases, they have remained unwavering in your commitment to supporting survivors through some of the most difficult times in their lives.

Financial Review

As seen in the audited accounts, the Trustees' Reserves policy is to hold sufficient monies to pay staff for three months and the cost of winding down the charity in the event of a sudden and unexpected closure as per our Governance document.

HWA has no borrowings, and the audited accounts show that funding from Adult Social Commissioning is spent directly on support for service users. Other sources of funding are shown as restricted as they apply to funding for Children's Services.

HWA has no material investments nor are funds held as a custodian trustee on behalf of others.

April 2024

Signed Kathleen Barrett
Kathleen Patricia Barrett

Date 25.9.24

HAVERING WOMEN'S AID

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

		2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Designated Funds £	2024 Total Funds £	2023 Total Funds £
	Note					
Income resources:						
Income from charitable activity						
Grant income	2	358,448	307,724	-	666,172	414,619
Rental income		96,170	-	-	96,170	84,848
Service charge		3,352	-	-	3,352	2,860
Donations and legacies		7,859	4,862	-	12,721	9,609
Other income		4,391	-	-	4,391	2,910
Total incoming resources		470,220	312,586	-	782,806	514,846
Resources expended:						
Charitable activities	3	321,884	255,969	-	577,853	578,486
Total expenditure		321,884	255,969	-	577,853	578,486
Net income		148,336	56,617	-	204,953	(63,640)
Transfer between funds		40,025	(40,025)	-	-	-
Net income for the year		188,361	16,592	-	204,953	(63,640)
Total funds brought forward	12	240,380	108,657	215,000	564,037	627,677
Total funds carried forward	12	428,741	125,249	215,000	768,990	564,037

Notes on pages 13 to 17 are part of these accounts

HAVERING WOMEN'S AID

BALANCE SHEET AS AT 31 MARCH 2024

	Note	2024 £	2023 £
Fixed assets	11	134,547	97,221
Current assets			
Debtors	9	-	2,454
Cash at bank and in hand		699,254	479,291
		<u>699,254</u>	<u>481,745</u>
Current Liabilities			
Creditors	10	64,811	14,929
Total current liabilities		<u>64,811</u>	<u>14,929</u>
Net current assets		<u>634,443</u>	<u>466,816</u>
Total assets less current liabilities		<u>768,990</u>	<u>564,037</u>
Funds			
Unrestricted funds	12	428,741	240,380
Restricted funds	12	125,249	108,657
Designated funds	12	215,000	215,000
		<u>768,990</u>	<u>564,037</u>

For the year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with companies subject to small companies regime.

The directors declare that they have approved the accounts above.

Signed Kathleen Barratt
Kathleen Patricia Barratt

Date 25.9.2024

HAVERING WOMEN'S AID

STATEMENT OF CASH FLOW FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2024 £
Cash flows from operating activities	a				
Net cash provided by (used in) operating activities		<u>256,334</u>	<u>-</u>	<u>16,592</u>	<u>272,926</u>
Cash flows from investing activities					
Purchase of property, plant and equipment		<u>(52,963)</u>	<u>-</u>	<u>-</u>	<u>(52,963)</u>
Net cash provided by (used in) investing activities		<u>(52,963)</u>	<u>-</u>	<u>-</u>	<u>(52,963)</u>
Change in cash and cash equivalents in		203,371	-	16,592	219,963
Cash and cash equivalents at the beginning of the reporting period		<u>145,658</u>	<u>215,000</u>	<u>118,633</u>	<u>479,291</u>
Cash and cash equivalents at the end of the reporting period	b	<u><u>349,029</u></u>	<u><u>215,000</u></u>	<u><u>135,225</u></u>	<u><u>699,254</u></u>

(a) RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2024 £
Net income/(expenditure) for the reporting period (as per SOFA)		188,361	-	16,592	204,953
Adjustments for non-cash items:					
Depreciation charges		15,637	-	-	15,637
(Gains)/losses on the sale of fixed assets		-	-	-	-
(Increase)/decrease in debtors	10	2,454	-	-	2,454
Increase/(decrease) in creditors	11	<u>49,882</u>	<u>-</u>	<u>-</u>	<u>49,882</u>
Net cash provided by (used in) operating activities		<u>256,334</u>	<u>-</u>	<u>16,592</u>	<u>272,926</u>

b) ANALYSIS OF CASH AND CASH EQUIVALENTS

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2024 £
Cash in hand		349,029	215,000	135,225	699,254
Notice deposits (less than 3 months)		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total cash and cash equivalents		<u><u>349,029</u></u>	<u><u>215,000</u></u>	<u><u>135,225</u></u>	<u><u>699,254</u></u>

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. Accounting Policies

Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)- (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Charity information

Havering Womens Aid is a private limited company by guarantee registered in England and Wales. All members of the company guarantee to contribute an amount not exceeding £1.00 to the company assets in the event it is wound up.

Incoming resources

All material incoming resources have been included on a receivable basis.

Donations and gifts are included in the statement of financial activities.

All grants are recognised as income within the period covered by these accounts.

Resources expended

All expenditure is accounted for on an accrual basis.

All expenditure has been analysed using a natural classification.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at the following rates:

Cabin	25% reducing balance
Fixtures & equipment	25% reducing balance
Computer equipment	25% straight line
Lease improvements	5% straight Line

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

Going Concern

The trustees of the charity deem that there are sufficient funds available to continue operating on a going concern basis for the foreseeable future

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. Accounting Policies (Continued)

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are no critical accounting estimates or judgements in the financial statements.

2. Grants	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Floating Support/Refuge	292,820	-	292,820	267,995
City Bridge	-	32,062	32,062	25,375
Nationwide Resettlement Worker	-	11,588	11,588	-
Womens Aid Emergency	-	4,750	4,750	-
Skipton Building Society	-	3,000	3,000	-
London Community Foundation	-	136,324	136,324	-
Awards 4 - Big Lottery Fund	-	81,500	81,500	54,500
One-off Grant	65,628	1,000	66,628	-
The Open Foundation Grant -BACP	-	-	-	15,000
Lloyds Bank Foundation	-	-	-	13,973
BBC Children In Need	-	37,500	37,500	26,136
Support Groups & Drop-ins:				
LBH - Domestic Violence Advocacy	-	-	-	2,626
LBH - Domestic Violence Support	-	-	-	9,014
Total	358,448	307,724	666,172	414,619
Total 2023	267,995	146,624	414,619	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

3. Expenditure on charitable activity		Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
	Note				
Bank charges		745	-	745	677
Health and safety		1,298	2,564	3,862	3,325
Governance costs	4	800	-	800	850
Depreciation		15,637	-	15,637	12,306
Donation		-	3,250	3,250	-
Insurance		2,637	-	2,637	1,671
Computer expenses		6,128	-	6,128	9,777
Office/General Administrative Expenses		986	-	986	-
Postage and packing		523	-	523	461
Publications and subscriptions		668	-	668	1,510
Printing and stationery		2,274	-	2,274	3,042
Professional fees		3,975	-	3,975	3,604
Miscellaneous		37	-	37	828
Telephone		8,143	-	8,143	9,342
Client work	5	7,566	4,606	12,172	9,122
Household expenses	6	29,488	10,801	40,289	42,602
Salaries and wages	7	232,122	232,770	464,892	463,723
Staff costs	8	8,457	1,678	10,135	15,646
Trustees Expenses		400	-	400	-
Bad Debts Written Off		-	300	300	-
Total expenditure		321,884	255,969	577,853	578,486
Total 2023		316,290	262,196	578,486	
4. Governance costs		Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Independent examiner's fee		800	-	800	850
Total		800	-	800	850
Total 2023		850	-	850	
5. Client work		Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Clients		4,561	1,500	6,061	3,322
Other		39	-	39	1,037
Counselling		-	-	-	550
Room hire		2,162	2,962	5,124	3,134
Refreshments		596	144	740	1,079
Kids club-Trips & activities		208	-	208	-
Total		7,566	4,606	12,172	9,122
Total 2023		8,041	1,081	9,122	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

6. Household expenses	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Cleaning	3,778	1,823	5,601	4,436
Furniture	1,761	654	2,415	1,506
Premises occupancy payments	12,000	-	12,000	12,000
Repairs and maintenance	2,493	6,182	8,675	5,794
Playroom	953	193	1,146	1,144
Soft furnishings	786	1,780	2,566	833
Utilities	7,717	-	7,717	16,889
Room Space Hire	-	169	169	-
Total	29,488	10,801	40,289	42,602
Total 2023	29,815	12,787	42,602	
7. Salaries and wages	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Pension	4,342	4,737	9,079	8,781
Wages	213,222	200,565	413,787	404,977
Tax and NI	14,558	17,315	31,873	37,632
Sessional staff	-	10,153	10,153	12,333
Other payments	-	-	-	-
Total	232,122	232,770	464,892	463,723
Total 2023	231,611	232,112	463,723	
8. Staff costs	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Training and supervision	3,857	1,678	5,535	12,743
Other	3,404	-	3,404	923
Travel	1,196	-	1,196	1,980
Total	8,457	1,678	10,135	15,646
Total 2023	4,753	10,893	15,646	
No staff have been paid more than £60,000 for the year.				
9. Debtors			2024 £	2023 £
Debtors			-	2,314
Loan			-	140
			-	2,454
10. Creditors			2024 £	2023 £
Other creditors			10,449	2,804
Deferred income			53,412	11,375
Accruals			950	750
			64,811	14,929

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

11. Tangible fixed assets	Leasehold Improvement	Fixtures & Fittings	Computer Equipment	Cabin	Total
Cost	£	£	£	£	£
As at 31 March 2023	80,931	19,141	15,901	14,889	130,862
Additions	37,706	12,221	3,036	-	52,963
As at 31 March 2024	118,637	31,362	18,937	14,889	183,825
Depreciation					
As at 31 March 2023	4,047	10,316	9,100	10,178	33,641
Charge for the year	1,885	7,840	4,734	1,178	15,637
As at 31 March 2024	5,932	18,156	13,834	11,356	49,278
Net Book Value					
As at 31 March 2024	112,705	13,206	5,103	3,533	134,547
As at 31 March 2023	76,884	8,825	6,801	4,711	97,221
12. Movement in funds	As at 1 April 2023	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2024
	£	£	£	£	£
Restricted funds					
London Community Foundation -		98,649	(13,003)	(45,527)	40,119
Lloyds Bank	9,235	-	(9,235)	-	-
The Big Lottery	31,075	81,500	(88,209)	8,502	32,868
Counselling	445	-	-	-	445
City Bridge Trust	927	32,062	(25,256)	-	7,733
City of London	27,403	-	(23,338)	-	4,065
Nationwide Resettlement Worker		11,588	-	-	11,588
Womens Aid Emergency		4,750	(4,750)	-	-
The Open Foundation	15,000	-	(13,363)	-	1,637
BBC Children in Need	24,572	37,500	(57,928)	-	4,144
Skipton Building Society	-	3,000	-	(3,000)	-
Support Group & Drop-In	-	43,537	(20,887)	-	22,650
Total restricted funds	108,657	312,586	(255,969)	(40,025)	125,249
Designated reserves	215,000	-	-	-	215,000
Unrestricted funds					
Unrestricted funds	240,380	470,220	(321,884)	40,025	428,741
Total unrestricted funds	240,380	470,220	(321,884)	40,025	428,741
Total funds	564,037	782,806	(577,853)	-	768,990
13. Related parties					
There were no related party transactions during the year.					

Accounts

HAVERING WOMEN'S AID

Charity number 1101895
Company registration number 4584860

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2023



HAVERING WOMEN'S AID

CONTENTS FOR THE YEAR ENDED 31 MARCH 2023

	Page
Trustee Annual Report	1 - 8
Independent Examiner's Report	9
Statement of Financial Activity	10
Balance Sheet	11
Cash Flow Statement	12
Notes to the Financial Statements	13 - 17

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

HAVERING WOMEN'S AID TRUSTEES REPORT FOR THE FINANCIAL YEAR 2022/23

Charity No.1101895 Limited Company No.4584860

Address of the principal office of HWA:
PO. Box 74 Romford, Essex RM1 2HN

Registered Office as Limited Company:
Havering Women's Aid
PO. Box 74, Romford, Essex, RM1 2HN

TRUSTEES

Chair Katie Barratt
Treasurer Ann Nelson
Penny Patterson
Serena Malcolm
Norma Busby (Co-opted 2022)
Terry Ann O'Neil (Co-opted 2022)

HWA Chief Executive Officer
Vicki Thomas

Employed with delegated responsibility for the overall management of all employees and volunteers ensuring the smooth running of the organisation. Liaising with the funding agencies and stakeholders, responsible for strategic development.

INDEPENDENT EXAMINER Community360

Winsley's House, High Street, Colchester, Essex
CO1 1UG

BANKERS

National Westminster
10, South Street, Romford, Essex RM1 1RD

Statement re Public Benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Note regarding Office Address

Due to the nature of the work of Havering Women's Aid our safety policy for residents and staff is to withhold the office address until a confidential and secure contact is made as copies of this report are widely distributed. The Charity Commission has our details on its database and in the event of any query HWA can be contacted on 01708 728759

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Structure, Governance and Management

- The governing document is the memorandum and articles of association. HWA is constituted as a registered charity and as a limited company, the same Trustees also being Directors of the Company.
- Trustees are recruited through advertisement and personal contact. In all cases they must be formally elected at the Annual General Meeting and must offer themselves for re-election every three years; all Trustees have their position ratified annually at the AGM. Co-opted Trustees may offer themselves for election to permanent status at the following AGM.
- Trustees have professional experience, in their own field, of a full range of management functions, for example, recruitment and equal opportunities issues, budget setting and financial procedures, appraisal and salary reviews. Induction includes attendance at regular meetings before formally offering themselves for election.
- HWA Trustees meet with all staff a minimum of four times a year. Meetings take the form of a review of previous meetings, matters arising and reports from all staff, all of this being our main form of regular accountability, monitoring and development. Additional agenda items vary depending on the time of year, for example, budget setting and review, organisation of the AGM and occasionally recruitment. Trustees reserve and use the right to meet separately to review salary requests - decisions are formally recorded. We work within an ethos of consensus and with a policy and procedure framework which is evaluated by Adult Social Commissioning, our principal funding agency.
- HWA is part of the national provision of Women's Aid. This means, for example, that staff are regularly updated as to changes in laws and court procedures which relate to issues of domestic abuse; we receive and shelter women through Refuge, a central crisis agency based in London. We have good working relationships with local and regional refuges between which we sometimes transfer women in need of escape from their immediate home area where they may be traced. There is no financial relationship between HWA and any of these wider networks.
- HWA has no financial relationships with any other charities. We are funded through Adult Social Commissioning and Community Safety for our direct work with women and men fleeing domestic abuse. As the examined accounts show, HWA receives funding from several funding streams via our fundraising activities to support our work including our Counselling Services and Children's Services – and donations from individuals, local churches and other small organisations. The Trustees have no personal or working relationships with any of these donors.
- Statement by Trustees regarding Risk Management: we ensure that housing benefit is reviewed in the light of inflation and other factors and that all utility bills are paid up to date. We have reserves in hand for the payment of staff salaries and winding down expenses for the required period, in the event of unexpected closure. The budget is reviewed at four management meetings per year- minutes of these meeting are available, together with clear budget management reports.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Objectives, Activities and how they relate to Public Benefit

- To provide a place of safety to women and their children who suffer from domestic abuse
- To provide and offer practical and emotional support to residents of Havering and to victims of domestic abuse in the community who choose to stay in their own homes
- To work in partnership with other agencies to promote the safeguarding of victims of domestic abuse and their children
- To empower victims of domestic abuse affected by domestic abuse to determine their own lives
- To support male victims of domestic abuse.
- To meet the needs of children affected by domestic abuse

Public Benefit:

We have referred to charity commission guidance in the Charity Commission's guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Poverty/Income Issues:

We have a policy which covers non- payment of service charge by a resident and we occasionally need to use this to support them. Our Finance Co-ordinator, in agreement with the CEO of HWA, writes off unpayable rental charges and informs Trustees at the next Management Committee Meeting for discussion and approval.

Access:

We have ground-floor facilities which are suitable for disabled victims of abuse who can come and meet with workers to discuss their needs. There are also ground floor flats on both of our sites. We can support women and their children with hearing or visual challenges as we can access supportive resources.

Gender:

HWA is pleased to have a policy which accepts boys up to the age of 18 as residents with their mother, which was unusual for many years of Women's Aid. Under the provisions of the Sex Discrimination Act we recruit only women as staff and employees – male volunteers are encouraged. MENDAS, our helpline for male victims of domestic violence, is now well-established.

Language:

HWA has access to translation services as and when needed.

Age:

Our Floating Support service supports victims of abuse from the age of 16 with no upper age limit. We provide refuge accommodation to support women and their children from new born to the age of 16 or up to the age of 18 in full time education.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Location:

We accept and advise women from all parts of Britain although typically our residents come from within Havering. Each year some residents come from other London Boroughs and choose us for reasons such as escape from a local traceable refuge and/or family links in Havering.

HWA's Diversity Policy is established and reviewed annually ensuring inclusion and also that we meets the needs of our community and our service users.

HWA was first opened in 1978 and is one of the longest running refuges in the London area. From this time, in the late 1970's, we have seen many changes. The demand for our services and the number of people domestic abuse has affected has sadly increased. In more recent times, and through the cost of living increases, we have seen many more victims - This has been a challenge for our team who have successfully developed their skills and knowledge to meet the increasing needs and risks faced by our service users.

The difference that we seek to make is to improve the safety and the quality of lives of service users and their children. Research has shown that the effects of domestic abuse - including witnessing abuse - has a significant impact on children. The wellbeing of service users and their children is central to our service, safeguarding is paramount and we ensure that children are supported in their own right as victims.

HWA's main objectives in this reporting year were to maintain and develop the provision of its core services:

- Accommodation for up to nine families in the Romford refuge
- Hornchurch refuge can accommodate fourteen families
- Initial Assessment for residents of Havering
- Access to counselling for victims of domestic abuse and their children
- Offering support both to individual women/men and to groups of women
- Children's Services, including playroom and counselling
- Community Outreach through the Floating Support Service.

HWA's strategies for achieving these objectives included:

- Ensuring that all necessary refurbishment has been carried out efficiently
- Health and Safety maintained to the highest level.
- Ongoing developments to ensure delivery of the best domestic abuse service possible, for example a wide range of staff training to ensure up to date knowledge and compliancy.
- Maximising funding to achieve these objectives

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Significant activities include:

- Continuation of the Initial Assessment/Drop Ins for initial contact for assessment of need.
- Continuation of the Floating Support Service for service users who wish to remain in their own homes.
- Continuation of daily support for the 23 families who comprise our maximum intake.
- Continuation of Groups for survivors of abuse
- Continuation of Counselling Service
- Maintenance of our out-of-hours emergency service
- Ensuring safe sites are maintained and improved.
- Providing new amenities as funding allows.
- Ensuring MENDAS, our male helpline, continues.
- Ensuring that staff receive continuous training.
- Contributing our expertise to the Violence Against Women and Girls Forum, MARAC, Homeless Forum and in liaison with statutory services

Staffing:

We have highly trained professional staff who are specialists in the field of domestic abuse. Our staff are committed to providing expert help and support to victims of domestic abuse. We ensure all staff are trained to be Independent Domestic Violence Advisors and 3 members of staff are also Sexual Abuse Advisors. We have a caring, strong and hardworking team.

We are extremely pleased we are now able to offer more support groups, which include the Freedom Programme, Doing Our Best and The Recovery Toolkit. Overview of these courses are below:

DOB COURSE OVERVIEW

This programme is designed to support families in general but has been tailored specifically for families who have experienced domestic abuse.

Parenting after a family break up is a notoriously difficult time for parents and children to navigate - it is made so much more complex when any domestic abuse is present.

The non- abusive parent often reports a loss of control, parental alienation, and a sense of distance between themselves and their child often as a result of the child/children continuing to be coerced and manipulated by the abusive parent through contact.

Survivors will have the added difficulty of trying to instil boundaries and values in their children whilst parallel parenting with a partner or ex-partner who may be undermining and denigrating their efforts.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

The Doing Our Best (DOB) programme aims to give the parent the tools and the confidence to manage these situations with minimal conflict

We spend a significant amount of time explaining the basics of how to create peaceful, healthy and strong positive relationships between parents and children, where an emphasis is placed on how to guide our children to obtain a healthy self- confidence and self-discipline along with essential social skills

A number of techniques and strategies are explored including reasons for behaviour; self-care, role modelling, good communication including listening, praise, anger management, parenting styles and discipline, empathy, creativity and understanding consequences.

The programme runs for 12 weeks (2hrs per week) during term time, set in a relaxed and calm environment.

Freedom Programme Overview

This is a 12-week programme that helps women and girls to understand how tactics, behaviours and rules are used to gain control in relationships. It also helps women and girls to understand more about beliefs held by abusive men and how these are used to gain power and control over the victim.

Quote from a Staff member: *'If you could speak to the hundreds of women who have finished the course they would say "do it" and "it's the best thing you can do"'. The course is focused on abusive behaviours and what they are rather than personal abuse.*

Service users can start the course flexibly at any week - for example, start on Week 7 and finish to Week 12 then come back and do Weeks 1 to 6.

Recovery Toolkit Overview

This is a 12 week course which aims to assist and equip women with the knowledge needed to recover from the effects of domestic abuse. The Recovery Toolkit is a useful follow on from the Freedom Programme.

For women who are recovering from domestic abuse, the content of the course evolves each week to help them develop coping strategies and grow stronger.

The aim of the course:

To positively change an abused individual's thinking about how they perceive themselves: Self-esteem and Self Image.

To encourage the development of strategies to help to cope with emotional pain.

To recognise the effect of abuse on children, encouraging women to develop positive parenting skills.

To positively change how they interact with others.

To set individual goals and action planning.

To give women the knowledge required to enable them to move forward in their lives and develop healthy relationships.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

Topics include:

What is abuse?

Coping - and the consequences for our psychological wellbeing.

The effects of abuse on children and on parenting skills.

Self-esteem and affirmation and the power of positive self-talk.

Boundaries and trust.

Making mistakes.

Setting goals.

Healthy relationship.

Exit forms quotes from Service Users

"I can't thank Havering Women's Aid enough for the support and the encouragement I received"

"Thank you...the counselling you provided stopped me feeling anxious"

"Havering Women's Aid are amazing and helped me when I was at my lowest point after suffering abuse for many years"

Voices of our service users:

"Since the pandemic most services have not returned to face to face and I missed the contact as I had no family. This was not the case with Havering Women's Aid. I was able to meet my support worker weekly and this has helped stop the loneliness"

"Havering Women's Aid are the only agency that believed us"

"The Freedom course made such a difference to me and I have made friends for life."

"I wouldn't have been able to do any of this without the help, support and dedication of the Floating Support team."

"The MENDAS support I received being a man escaping domestic abuse was so supportive and kind, caring and didn't make me feel weak being a man that was experiencing domestic abuse"

Achievements and Performance

We were successful in winning the Tender to provide domestic abuse services for Havering residents for five year with the option of two one year extensions.

The lease has been renewed for seven years.

We also received funding from the Children in Need for a Family Support Worker, Peabody for Support Groups, London Community Foundation to refurbish flats hall, stairs and landing at Romford refuge and Skipton Building Society for outdoor play equipment.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2023

We work in partnership with the London Borough of Havering to meet the changing needs of our service users. As a local organisation we can respond to, and be accountable for, the needs of the local community we serve. We believe this makes our organisation best placed to continue to provide the services under contract with Adult Social Commissioning.

We ensure that we analyse both local and national trends, statistical data and monitor changes in the demographics of Havering to ensure that our services are shaped and ready to meet needs. We adapt to changes in law and legislation that impact on our service users, whilst ensuring staff are equipped to deal with the more complex needs which we encounter. We have also developed services following feedback from our service users. Our staff have had additional training and are passionate about their own professional development.

More service users in the community than ever before are being helped by the Floating Support Service and are accessing our support Groups.

The CEO plays a prominent role in strengthening relationships with the partner agencies and attending meetings which help to raise the profile of domestic abuse.

Financial Review

As seen in the examined accounts, the Trustees' Reserves policy is to hold sufficient monies to pay staff for three months and the cost of winding down the charity in the event of a sudden and unexpected closure as per our Governance document.

HWA has no borrowings and the audited accounts show that funding from Adult Social Commissioning is spent directly on support for service users. Other sources of funding are shown as restricted as they apply to funding for Children's Services.

HWA has no material investments nor are funds held as a custodian trustee on behalf of others.

Follwing on from Covid demand has continued to increase and we now have another crisis the cost of living. This has put additional strain on our families and our service. We are currently managing this additional demand on our service.

This report has been approved on behalf of the trustees by:

Signed 
Kathleen Patricia Barratt

Date 
20.9.23

HAVERING WOMEN'S AID

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2023

I report on the accounts of Havering Women's Aid for the year ended 31 March 2023 which are set out on pages 10 to 17.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:
Community360

Winsley's House, High Street, Colchester, Essex



Date 4th October 2023

HAVERING WOMEN'S AID

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

		2023	2023	2023	2023	2022
		Unrestricted	Restricted	Designated	Total	Total
	Note	Funds	Funds	Funds	Funds	Funds
		£	£	£	£	£
Income resources:						
Income from charitable activity						
Grant income	2	267,995	146,624	-	414,619	571,664
Rental income		84,848	-	-	84,848	59,689
Service charge		2,860	-	-	2,860	1,581
Donations and legacies		9,609	-	-	9,609	7,341
Other income		2,910	-	-	2,910	102
Total incoming resources		368,222	146,624	-	514,846	640,377
Resources expended:						
Charitable activities	3	316,290	262,196	-	578,486	505,777
Total expenditure		316,290	262,196	-	578,486	505,777
Net income		51,932	(115,572)	-	(63,640)	134,600
Transfer between funds		(1,615)	1,615	-	-	-
Net income for the year		50,317	(113,957)	-	(63,640)	134,600
Total funds brought forward	12	190,063	222,614	215,000	627,677	493,077
Total funds carried forward	12	240,380	108,657	215,000	564,037	627,677

Notes on pages 13 to 17 are part of these accounts

HAVERING WOMEN'S AID

BALANCE SHEET AS AT 31 MARCH 2023

	Note	2023 £	2022 £
Fixed assets	11	97,221	68,915
Current assets			
Debtors	9	2,454	1,592
Cash at bank and in hand		479,291	582,381
		<u>481,745</u>	<u>583,973</u>
Current Liabilities			
Creditors	10	14,929	25,211
Total current liabilities		<u>14,929</u>	<u>25,211</u>
Net current assets		<u>466,816</u>	<u>558,762</u>
Total assets less current liabilities		<u><u>564,037</u></u>	<u><u>627,677</u></u>
Funds			
Unrestricted funds	12	240,380	190,063
Restricted funds	12	108,657	222,614
Designated funds	12	215,000	215,000
		<u><u>564,037</u></u>	<u><u>627,677</u></u>

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with companies subject to small companies regime.

The directors declare that they have approved the accounts above.

Signed Kathleen Barratt
Kathleen Patricia Barratt

Date 20-9-2023

HAVERING WOMEN'S AID

STATEMENT OF CASH FLOW FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2023 £
Cash flows from operating activities	a				
Net cash provided by (used in) operating activities		<u>60,653</u>	<u>-</u>	<u>(123,131)</u>	<u>(62,478)</u>
Cash flows from investing activities					
Purchase of property, plant and equipment		<u>(40,612)</u>	<u>-</u>	<u>-</u>	<u>(40,612)</u>
Net cash provided by (used in) investing activities		<u>(40,612)</u>	<u>-</u>	<u>-</u>	<u>(40,612)</u>
Change in cash and cash equivalents in		20,041	-	(123,131)	(103,090)
Cash and cash equivalents at the beginning of the reporting period		<u>125,617</u>	<u>215,000</u>	<u>241,764</u>	<u>582,381</u>
Cash and cash equivalents at the end of the reporting period	b	<u><u>145,658</u></u>	<u><u>215,000</u></u>	<u><u>118,633</u></u>	<u><u>479,291</u></u>

(a) RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2023 £
Net income/(expenditure) for the reporting period (as per SOFA)		50,317	-	(113,957)	(63,640)
Adjustments for non-cash items:					
Depreciation charges		10,906	-	1,400	12,306
(Gains)/losses on the sale of fixed assets		-	-	-	-
(Increase)/decrease in debtors	10	(862)	-	-	(862)
Increase/(decrease) in creditors	11	292	-	(10,574)	(10,282)
Net cash provided by (used in) operating activities		<u>60,653</u>	<u>-</u>	<u>(123,131)</u>	<u>(62,478)</u>

b) ANALYSIS OF CASH AND CASH EQUIVALENTS

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2023 £
Cash in hand		145,658	215,000	118,633	479,291
Notice deposits (less than 3 months)		-	-	-	-
Total cash and cash equivalents		<u>145,658</u>	<u>215,000</u>	<u>118,633</u>	<u>479,291</u>

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting Policies

Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)- (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Charity information

Havering Womens Aid is a private limited company by guarantee registered in England and Wales. All members of the company guarantee to contribute an amount not exceeding £1.00 to the company assets in the event it is wound up.

Incoming resources

All material incoming resources have been included on a receivable basis.

Donations and gifts are included in the statement of financial activities.

All grants are recognised as income within the period covered by these accounts.

Resources expended

All expenditure is accounted for on an accrual basis.

All expenditure has been analysed using a natural classification.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at the following rates:

Cabin	25% reducing balance
Fixtures & equipment	25% reducing balance
Computer equipment	25% straight line
Lease improvements	5% straight Line

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

Going Concern

The trustees of the charity deem that there are sufficient funds available to continue operating on a going concern basis for the foreseeable future

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting Policies (Continued)

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are no critical accounting estimates or judgements in the financial statements.

2. Grants	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Floating Support/Refuge	267,995	-	267,995	233,198
City Bridge	-	25,375	25,375	25,125
London Community Foundation	-	-	-	15,000
City of London/Bridge trust	-	-	-	50,000
Awards 4 - Big Lottery Fund	-	54,500	54,500	105,850
One-off Grant	-	-	-	44,900
The Open Foundation Grant -BACP	-	15,000	15,000	-
Lloyds Bank Foundation	-	13,973	13,973	33,425
BBC Children In Need	-	26,136	26,136	36,230
Support Groups & Drop-ins:				
LBH - Domestic Violence Advocacy	-	2,626	2,626	6,302
LBH - Domestic Violence Support	-	9,014	9,014	21,634
Total	267,995	146,624	414,619	571,664
Total 2022	253,098	318,566	571,664	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

3. Expenditure on charitable activity		Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	Note	£	£	£	£
Bank charges		677	-	677	699
Health and safety		3,325	-	3,325	3,750
Governance costs	4	850	-	850	750
Depreciation		10,906	1,400	12,306	12,650
Insurance		1,671	-	1,671	2,510
Computer expenses		6,581	3,196	9,777	6,551
Postage and packing		461	-	461	450
Publications and subscriptions		1,510	-	1,510	1,859
Printing and stationery		2,975	67	3,042	1,367
Professional fees		3,604	-	3,604	7,525
Miscellaneous		828	-	828	132
Telephone		8,682	660	9,342	7,061
Client work	5	8,041	1,081	9,122	6,851
Household expenses	6	29,815	12,787	42,602	40,657
Salaries and wages	7	231,611	232,112	463,723	402,751
Staff costs	8	4,753	10,893	15,646	10,214
Total expenditure		316,290	262,196	578,486	505,777
Total 2022		319,150	186,627	505,777	

4. Governance costs	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Independent examiner's fee	850	-	850	750
Total	850	-	850	750
Total 2021	750	-	750	

5. Client work	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Clients	3,322	-	3,322	5,109
Other	1,037	-	1,037	703
Counselling	169	381	550	360
Room hire	2,517	617	3,134	-
Refreshments	997	82	1,079	622
Kids club-Trips & activities	-	-	-	57
Total	8,041	1,081	9,122	6,851
Total 2022	5,769	1,082	6,851	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

6. Household expenses	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Cleaning	4,436	-	4,436	3,860
Furniture	1,506	-	1,506	2,533
Premises occupancy payments	12,000	-	12,000	12,000
Repairs and maintenance	5,794	-	5,794	9,846
Playroom	916	228	1,144	896
Soft furnishings	833	-	833	3,138
Utilities	4,330	12,559	16,889	8,384
Total	29,815	12,787	42,602	40,657
Total 2022	40,657	-	40,657	
7. Salaries and wages	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Pension	4,212	4,569	8,781	7,417
Wages	207,587	197,390	404,977	357,026
Tax and NI	19,812	17,820	37,632	30,322
Sessional staff	-	12,333	12,333	7,970
Other payments	-	-	-	16
Total	231,611	232,112	463,723	402,751
Total 2022	221,080	181,671	402,751	
8. Staff costs	Unrestricted Funds £	Restricted Funds £	2023 £	2022 £
Training and supervision	2,410	10,333	12,743	5,257
Other	923	-	923	3,841
Travel	1,420	560	1,980	1,116
Total	4,753	10,893	15,646	10,214
Total 2022	9,449	765	10,214	
No staff have been paid more than £60,000 for the year.				
9. Debtors			2023 £	2022 £
Debtors			2,314	1,492
Loan			140	100
			2,454	1,592
10. Creditors			2023 £	2022 £
Other creditors			2,804	2,212
Deferred income			11,375	21,949
Accruals			750	1,050
			14,929	25,211

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

11. Tangible fixed assets	Leasehold Improvement	Fixtures & Fittings	Computer Equipment	Cabin	Total
Cost	£	£	£	£	£
As at 31 March 2022	41,421	19,141	14,799	14,889	90,250
Additions	39,510	-	1,102	-	40,612
As at 31 March 2023	80,931	19,141	15,901	14,889	130,862
Depreciation					
As at 31 March 2022	2,071	5,531	5,125	8,608	21,335
Charge for the year	1,976	4,785	3,975	1,570	12,306
As at 31 March 2023	4,047	10,316	9,100	10,178	33,641
Net Book Value					
As at 31 March 2023	76,884	8,825	6,801	4,711	97,221
As at 31 March 2022	39,350	13,610	9,675	6,281	68,915

12. Movement in funds	As at 1 April 2022	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2023
	£	£	£	£	£
Restricted funds					
London Community Foundation	1,553	-	(1,562)	9	-
Lloyds Bank	45,981	13,973	(50,719)	-	9,235
The Big Lottery	79,986	54,500	(103,411)	-	31,075
Counselling	445	-	-	-	445
City Bridge Trust	5,852	25,375	(30,300)	-	927
City of London	45,544	-	(18,141)	-	27,403
The Open Foundation	-	15,000	-	-	15,000
BBC Children in Need	25,511	26,136	(27,075)	-	24,572
Support Groups & Drop-Ins	17,742	11,640	(30,988)	1,606	-
Total restricted funds	222,614	146,624	(262,196)	1,615	108,657
Designated reserves	215,000	-	-	-	215,000
Unrestricted funds					
Unrestricted funds	190,063	368,222	(316,290)	(1,615)	240,380
Total unrestricted funds	190,063	368,222	(316,290)	(1,615)	240,380
Total funds	627,677	514,846	(578,486)	-	564,037

13. Related parties

There were no related party transactions during the year.

HAVERING WOMEN'S AID

England & Wales - Charity number 1101895

Accounts

HAVERING WOMEN'S AID

Charity number 1101895
Company registration number 4584860

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2022



HAVERING WOMEN'S AID

CONTENTS FOR THE YEAR ENDED 31 MARCH 2022

	Page
Trustee Annual Report	1 - 9
Independent Examiner's Report	10
Statement of Financial Activity	11
Balance Sheet	12
Cash Flow Statement	13
Notes to the Financial Statements	14 - 18

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

HAVERING WOMEN'S AID TRUSTEES REPORT FOR THE FINANCIAL YEAR 2021/22

Charity No.1101895 Limited Company No.4584860

Address of the principal office of HWA:
PO. Box 74 Romford, Essex RM1 2HN

Registered Office as Limited Company:
Havering Women's Aid
PO. Box 74, Romford, Essex, RM1 2HN

TRUSTEES

Chair Katie Barratt
Treasurer Ann Nelson
Penny Patterson
Serena Malcolm

HWA Chief Executive Officer

Vicki Thomas

Employed with delegated responsibility for the overall management of all employees and volunteers ensuring the smooth running of the organisation. Liaising with the funding agencies and stakeholders, responsible for strategic development.

INDEPENDENT EXAMINER

Colchester CVS
Winsley's House, High Street, Colchester, Essex
CO1 1UG

BANKERS

National Westminster
10, South Street, Romford, Essex RM1 1RD

Statement re Public Benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Note regarding Office Address

Due to the nature of the work of Havering Women's Aid our safety policy for residents and staff is to withhold the office address until a confidential and secure contact is made as copies of this report are widely distributed. The Charity Commission has our details on its database and in the event of any query HWA can be contacted on 01708 728759

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Structure, Governance and Management

- The governing document is the memorandum and articles of association. HWA is constituted as a registered charity and as a limited company, the same Trustees also being Directors of the Company.
- Trustees are recruited through advertisement and personal contact. In all cases they must be formally elected at the Annual General Meeting and must offer themselves for re-election every three years; all Trustees have their position ratified annually at the AGM.
- Trustees have professional experience, in their own field, of a full range of management functions, for example, recruitment and equal opportunities issues, budget setting and financial procedures, appraisal and salary reviews. Induction includes attendance at regular meetings before formally offering themselves for election.
- HWA Trustees meet with all staff a minimum of four times a year. Meetings take the form of a review of previous meetings, matters arising and reports from all staff, all of this being our main form of regular accountability, monitoring and development. Additional agenda items vary depending on the time of year, for example, budget setting and review, organisation of the AGM and occasionally recruitment. Trustees reserve and use the right to meet separately to review salary requests - decisions are formally recorded. We work within an ethos of consensus and with a policy and procedure framework which is evaluated by Adult Social Commissioning, our principal funding agency.
- HWA is part of the national provision of Women's Aid. This means, for example, that staff are regularly updated as to changes in laws and court procedures which relate to issues of domestic abuse; we receive and shelter women through Refuge, a central crisis agency based in London. We have good working relationships with local and regional refuges between which we sometimes transfer women in need of escape from their immediate home area where they may be traced. There is no financial relationship between HWA and any of these wider networks.
- HWA has no financial relationships with any other charities. We are funded through Adult Social Commissioning and Community Safety for our direct work with women and men fleeing domestic abuse. As the examined accounts show, HWA receives funding from several funding streams via our fundraising activities to support our work including our Counselling Services and Children's Services – and donations from individuals, local churches and other small organisations. The Trustees have no personal or working relationships with any of these donors.
- Statement by Trustees regarding Risk Management: we ensure that housing benefit is reviewed in the light of inflation and other factors and that all utility bills are paid up to date. We have reserves in hand for the payment of staff salaries and winding down expenses for the required period, in the event of unexpected closure. The budget is reviewed at four management meetings per year - minutes of these meeting are available, together with clear budget management reports.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Objectives, Activities and how they relate to Public Benefit

- To provide a place of safety to women and their children who suffer from domestic abuse
- To provide and offer practical and emotional support to residents of Havering and to victims of domestic abuse in the community who choose to stay in their own homes
- To work in partnership with other agencies to promote the safeguarding of victims of domestic abuse and their children
- To empower victims of domestic abuse affected by domestic abuse to determine their own lives
- To support male victims of domestic abuse.
- To meet the needs of children affected by domestic abuse

Public Benefit:

We have referred to charity commission guidance in the Charity Commission's guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Poverty/Income Issues:

We have a policy which covers non- payment of service charge by a resident and we occasionally need to use this to support them. Our Finance Co-ordinator, in agreement with the CEO of HWA, writes off unpayable rental charges and informs Trustees at the next Management Committee Meeting for discussion and approval.

Access:

We have ground-floor facilities which are suitable for disabled victims of abuse who can come and meet with workers to discuss their needs. There are also ground floor flats on both of our sites. We can support women and their children with hearing or visual challenges as we can access supportive resources.

Gender:

HWA is pleased to have a policy which accepts boys up to the age of 18 as residents with their mother, which was unusual for many years of Women's Aid. Under the provisions of the Sex Discrimination Act we recruit only women as staff and employees – male volunteers are encouraged. MENDAS, our helpline for male victims of domestic violence, is now well-established.

Language:

HWA has access to translation services as and when needed.

Age:

We can support victims of abuse within our services from the age of 16 and - there is no upper age limit. This includes refuge accommodation or support within the community and we offer support to children under 16.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Location:

We accept and advise women from all parts of Britain although typically our residents come from within Havering. Each year some residents come from other London Boroughs and choose us for reasons such as escape from a local traceable refuge and/or family links in Havering.

HWA's Diversity Policy is established and reviewed annually ensuring inclusion and also that we meets the needs of our community and our service users.

HWA was first opened in 1978 and is one of the longest running refuges in the London area. From this time, in the late 1970's, we have seen many changes. The demand for our services and the number of people domestic abuse has affected has sadly increased. In more recent times, and through the pandemic, we have seen many more victims - with a forty percent increase on demand nationally and locally which has significantly impacted on all of our services. This has been a challenge for our team who have considerably and successfully developed their skills and knowledge to meet the increasing needs and risks faced by our service users.

The difference that we seek to make is to improve the safety and the quality of lives of service users and their children. Research has shown that the effects of domestic abuse - including witnessing abuse - has a significant impact on children. The wellbeing of service users and their children is central to our service, safeguarding is paramount and we ensure that children are supported in their own right as victims.

HWA's main objectives in this reporting year were to maintain and develop the provision of its core services:

- Accommodation for up to nine families in the Romford refuge
- Hornchurch refuge can accommodate fourteen families
- Initial Assessment for residents of Havering
- Access to counselling for victims of domestic abuse and their children
- Offering support both to individual women/men and to groups of women
- Children's Services, including playroom and counselling
- Community Outreach through the Floating Support Service.

HWA's strategies for achieving these objectives included:

- Ensuring that all necessary refurbishment has been carried out efficiently
- Health and Safety maintained to the highest level.
- Ongoing developments to ensure delivery of the best domestic abuse service possible, for example a wide range of staff training to ensure up to date knowledge and compliancy.
- Maximising funding to achieve these objectives

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Significant activities include:

- Continuation of the Initial Assessment/Drop Ins for initial contact for assessment of need.
- Continuation of the Floating Support Service for service users who wish to remain in their own homes.
- Continuation of daily support for the 23 families who comprise our maximum intake.
- Continuation of Groups for survivors of abuse
- Continuation of Counselling Service
- Maintenance of our out-of-hours emergency service
- Ensuring safe sites are maintained and improved.
- Providing new amenities as funding allows.
- Ensuring MENDAS, our male helpline, continues.
- Ensuring that staff receive continuous training.
- Contributing our expertise to the Violence Against Women and Girls Forum, MARAC, Homeless Forum and in liaison with statutory services

Staffing:

We have highly trained professional staff who are specialists in the field of domestic abuse. Our staff are committed to providing expert help and support to victims of domestic abuse. We ensure all staff are trained to be Independent Domestic Violence Advisors and 3 members of staff are also Sexual Abuse Advisors. We have a caring, strong and hardworking team.

We are extremely pleased we are offering more support groups than in previous years and have returned to face to face groups which had been by Zoom/telephone due to Covid. We are currently offering the following courses: Doing Our Best, Freedom Programme Empowerment course and The Recovery Toolkit. Overview of these courses are below:

DOB COURSE OVERVIEW

This programme is designed to support families in general but has been tailored specifically for families who have experienced domestic abuse.

Parenting after a family break up is a notoriously difficult time for parents and children to navigate - it is made so much more complex when any domestic abuse is present.

The non- abusive parent often reports a loss of control, parental alienation, and a sense of distance between themselves and their child often as a result of the child/children continuing to be coerced and manipulated by the abusive parent through contact.

Survivors will have the added difficulty of trying to instil boundaries and values in their children whilst parallel parenting with a partner or ex-partner who may be undermining and denigrating their

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

The Doing Our Best (DOB) programme aims to give the parent the tools and the confidence to manage these situations with minimal conflict

We spend a significant amount of time explaining the basics of how to create peaceful, healthy and strong positive relationships between parents and children, where an emphasis is placed on how to guide our children to obtain a healthy self-confidence and self-discipline along with essential social skills

A number of techniques and strategies are explored including reasons for behaviour; self-care, role modelling, good communication including listening, praise, anger management, parenting styles and discipline, empathy, creativity and understanding consequences.

The programme runs for 12 weeks (2hrs per week) during term time, set in a relaxed and calm environment.

Freedom Programme Overview

This is a 12-week programme that helps women and girls to understand how tactics, behaviours and rules are used to gain control in relationships. It also helps women and girls to understand more about beliefs held by abusive men and how these are used to gain power and control over the victim. Staff member: *'If you could speak to the hundreds of women who have finished the course they would say "do it" and "it's the best thing you can do"'*. The course is focused on abusive behaviours and what they are rather than personal abuse.

Service users can start the course flexibly at any week - for example, start on Week 7 and finish to Week 12 then come back and do Weeks 1 to 6.

Recovery Toolkit Overview

This is a 12 week course which aims to assist and equip women with the knowledge needed to recover from the effects of domestic abuse. The Recovery Toolkit is a useful follow on from the Freedom Programme.

For women who are recovering from domestic abuse, the content of the course evolves each week to help them develop coping strategies and grow stronger.

The aim of the course:

To positively change an abused individual's thinking about how they perceive themselves: Self-esteem and Self Image.

To encourage the development of strategies to help to cope with emotional pain.

To recognise the effect of abuse on children, encouraging women to develop positive parenting skills.

To positively change how they interact with others.

To set individual goals and action planning.

To give women the knowledge required to enable them to move forward in their lives and develop

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Topics include:

What is abuse?

Coping - and the consequences for our psychological wellbeing.

The effects of abuse on children and on parenting skills.

Self-esteem and affirmation and the power of positive self-talk.

Boundaries and trust.

Making mistakes.

Setting goals.

Healthy relationship.

Exit forms quotes from Service Users

"I can't thank Havering Women's Aid enough for the support and the encouragement I received"

"Thank you...the counselling you provided stopped me feeling anxious"

"Havering Women's Aid are amazing and helped me when I was at my lowest point after suffering abuse for many years"

Voices of our service users:

"Since the pandemic most services have not returned to face to face and I missed the contact as I had no family. This was not the case with Havering Women's Aid. I was able to meet my support worker weekly and this has helped stop the loneliness"

"Havering Women's Aid are the only agency that believed us"

"The Freedom course made such a difference to me and I have made friends for life."

"I wouldn't have been able to do any of this without the help, support and dedication of the Floating Support team."

"The MENDAS support I received being a man escaping domestic abuse was so supportive and kind, caring and didn't make me feel weak being a man that was experiencing domestic abuse"

Statistics for 2021/22

Since Covid the demand has increased and now we are facing another crisis with the cost of living putting extra strain on families and our service.

Achievements and Performance

The Refuge and Floating Support contract is currently being Tendered by the London Borough of Havering. We have prepared and submitted a very good tender

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

submission and hope we will be successful in continuing service provision for the Borough.

We work in partnership with the London Borough of Havering to meet the changing needs of our service users. As a local organisation we can respond to, and be accountable for, the needs of the local community we serve. We believe this makes our organisation best placed to continue to provide the services under contract with Adult Social Commissioning.

We ensure that we analyse both local and national trends, statistical data and monitor changes in the demographics of Havering to ensure that our services are shaped and ready to meet needs. We adapt to changes in law and legislation that impact on our service users, whilst ensuring staff are equipped to deal with the more complex needs which we encounter. We have also developed services following feedback from our service users. Our staff have had additional training and are passionate about their own professional development.

More service users in the community than ever before are being helped by the Floating Support Service and are accessing our support Groups. The Freedom Programme is very popular with women and referring agencies. The empowerment course is popular and we will be developing a new course in the winter focussing on self-confidence and self-esteem.

There have been no complaints under the complaints procedure by users and exit surveys show a high level of satisfaction. Our CEO plays a prominent role in strengthening relationships with the partner agencies and attending meetings which help to raise the profile of domestic abuse.

Financial Review

As seen in the examined accounts, the Trustees' Reserves policy is to hold sufficient monies to pay staff for three months and the cost of winding down the charity in the event of a sudden and unexpected closure as per our Governance document.

HWA has no borrowings and the audited accounts show that funding from Adult Social Commissioning is spent directly on support for service users. Other sources of funding are shown as restricted as they apply to funding for Children's Services

At the end of March 2022 there were no material funds in deficit

HWA has no material investments nor are funds held as a custodian trustee on behalf of others

Plans for the forthcoming year:

- Ensure funding is sustained, enabling us to provide the services that we currently offer.
- Develop further children's counselling services.
- Employ a second peripatetic worker to help to meet changing needs in the service
- Continue to Improve the refuge accommodation.
- Ongoing development of staff enabling HWA to continue provision at its well-established high level of service.
- Provide more supportive group work in the community

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

This report has been approved on behalf of the trustees by:

Signed Kath Barratt
Kathleen Patricia Barratt

Date 1 November 2022

HAVERING WOMEN'S AID

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2022

I report on the accounts of Havering Women's Aid for the year ended 31 March 2022 which are set out on pages eleven to eighteen.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

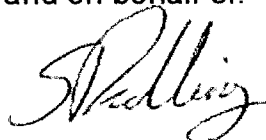
- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:

Community360

Winsley's House, High Street, Colchester, Essex



Date

16/11/2022

HAVERING WOMEN'S AID

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2022

		2022	2022	2022	2022	2021
		Unrestricted	Restricted	Designated	Total	Total
	Note	Funds	Funds	Funds	Funds	Funds
		£	£	£	£	£
Income resources:						
Income from charitable activity						
Grant income	2	253,098	318,566	-	571,664	583,817
Rental income		59,689	-	-	59,689	63,429
Service charge		1,581	-	-	1,581	1,692
Donations and legacies		7,341	-	-	7,341	14,131
Other income		102	-	-	102	189
Total incoming resources		321,811	318,566	-	640,377	663,258
Resources expended:						
Charitable activities	3	319,150	186,627	-	505,777	494,605
Total expenditure		319,150	186,627	-	505,777	494,605
Net income		2,661	131,939	-	134,600	168,652
Transfer between funds		6,627	(6,627)	-	-	-
Net income for the year		9,288	125,312	-	134,600	168,652
Total funds brought forward	12	180,775	97,302	215,000	493,077	324,424
Total funds carried forward	12	190,063	222,614	215,000	627,677	493,077

Notes on pages 14 to 18 are part of these accounts

HAVERING WOMEN'S AID

BALANCE SHEET AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Fixed assets	11	68,915	14,887
Current assets			
Debtors	9	1,592	887
Cash at bank and in hand		582,381	543,173
		<u>583,973</u>	<u>544,060</u>
Current Liabilities			
Creditors	10	25,211	65,869
Total current liabilities		<u>25,211</u>	<u>65,869</u>
Net current assets		<u>558,762</u>	<u>478,190</u>
Total assets less current liabilities		<u><u>627,677</u></u>	<u><u>493,077</u></u>
Funds			
Unrestricted funds	12	190,063	180,775
Restricted funds	12	222,614	97,302
Designated funds	12	215,000	215,000
		<u><u>627,677</u></u>	<u><u>493,077</u></u>

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with companies subject to small companies regime.

The directors declare that they have approved the accounts above.

Signed Kathleen Barratt
Kathleen Patricia Barratt

Date 1 November 2022

HAVERING WOMEN'S AID

STATEMENT OF CASH FLOW FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2022 £
Cash flows from operating activities	a				
Net cash provided by (used in) operating activities		<u>19,389</u>	<u>-</u>	<u>86,498</u>	<u>105,887</u>
Cash flows from investing activities					
Purchase of property, plant and equipment		<u>(66,679)</u>	<u>-</u>	<u>-</u>	<u>(66,679)</u>
Net cash provided by (used in) investing activities		<u>(66,679)</u>	<u>-</u>	<u>-</u>	<u>(66,679)</u>
Change in cash and cash equivalents in		(47,290)	-	86,498	39,208
Cash and cash equivalents at the beginning of the reporting period		<u>172,907</u>	<u>215,000</u>	<u>155,266</u>	<u>543,173</u>
Cash and cash equivalents at the end of the reporting period	b	<u><u>125,617</u></u>	<u><u>215,000</u></u>	<u><u>241,764</u></u>	<u><u>582,381</u></u>

(a) RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2022 £
Net income/(expenditure) for the reporting period (as per SOFA)		9,288	-	125,312	134,600
Adjustments for non-cash items:					
Depreciation charges		11,250	-	1,400	12,650
(Gains)/losses on the sale of fixed assets		-	-	-	-
(Increase)/decrease in debtors	10	(705)	-	-	(705)
Increase/(decrease) in creditors	11	<u>(444)</u>	<u>-</u>	<u>(40,214)</u>	<u>(40,658)</u>
Net cash provided by (used in) operating activities		<u>19,389</u>	<u>-</u>	<u>86,498</u>	<u>105,887</u>

b) ANALYSIS OF CASH AND CASH EQUIVALENTS

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2022 £
Cash in hand		125,617	215,000	241,764	582,381
Notice deposits (less than 3 months)		-	-	-	-
Total cash and cash equivalents		<u>125,617</u>	<u>215,000</u>	<u>241,764</u>	<u>582,381</u>

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting Policies

Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)- (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Charity information

Havering Womens Aid is a private limited company by guarantee registered in England and Wales. All members of the company guarantee to contribute an amount not exceeding £1.00 to the company assets in the event it is wound up.

Incoming resources

All material incoming resources have been included on a receivable basis.
Donations and gifts are included in the statement of financial activities.
All grants are recognised as income within the period covered by these accounts.

Resources expended

All expenditure is accounted for on an accrual basis.
All expenditure has been analysed using a natural classification.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at the following rates:

Cabin	25% reducing balance
Fixtures & equipment	25% reducing balance
Computer equipment	25% straight line
Lease improvements	5% straight Line

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

Going Concern

The trustees of the charity deem that there are sufficient funds available to continue operating on a going concern basis for the foreseeable future

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting Policies (Continued)

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

There are no critical accounting estimates or judgements in the financial statements.

2. Grants	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Floating Support/Refuge	233,198	-	233,198	254,595
City Bridge	-	25,125	25,125	12,500
London Community Foundation	-	15,000	15,000	50,000
City of London/Bridge trust	-	50,000	50,000	-
Awards 4 - Big Lottery Fund	-	105,850	105,850	51,000
One-off Grant	19,900	25,000	44,900	107,368
National Lottery - Children	-	-	-	8,150
Lloyds Bank Foundation	-	33,425	33,425	35,935
BBC Children In Need	-	36,230	36,230	36,333
Support Groups & Drop-ins:				
LBH - Domestic Violence Advocacy	-	6,302	6,302	6,302
LBH - Domestic Violence Support	-	21,634	21,634	21,634
Total	253,098	318,566	571,664	583,817
Total 2021	271,240	312,577	583,817	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

3. Expenditure on charitable activity		Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	Note	£	£	£	£
Bank charges		699	-	699	613
Health and safety		2,910	840	3,750	2,495
Governance costs	4	750	-	750	750
Depreciation		11,250	1,400	12,650	4,962
Insurance		2,510	-	2,510	2,433
Computer expenses		5,805	746	6,551	17,984
Postage and packing		450	-	450	434
Publications and subscriptions		1,859	-	1,859	1,304
Printing and stationery		1,367	-	1,367	1,568
Professional fees		7,525	-	7,525	2,635
Miscellaneous		132	-	132	939
Telephone		6,938	123	7,061	6,933
Client work	5	5,769	1,082	6,851	8,293
Household expenses	6	40,657	-	40,657	67,709
Salaries and wages	7	221,080	181,671	402,751	367,327
Staff costs	8	9,449	765	10,214	8,227
Total expenditure		319,150	186,627	505,777	494,605
Total 2021		205,569	289,036	494,605	

4. Governance costs	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
Independent examiner's fee	750	-	750	750
Total	750	-	750	750
Total 2021	750	-	750	

5. Client work	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
Clients	4,587	522	5,109	6,172
Other	503	200	703	1,000
Counselling	-	360	360	98
Room hire	-	-	-	162
Refreshments	622	-	622	278
Kids club-Trips & activities	57	-	57	583
Total	5,769	1,082	6,851	8,293
Total 2021	1,615	6,678	8,293	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

6. Household expenses	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Cleaning	3,860	-	3,860	4,399
Furniture	2,533	-	2,533	3,401
Premises occupancy payments	12,000	-	12,000	11,700
Repairs and maintenance	9,846	-	9,846	32,547
Playroom	896	-	896	1,208
Soft furnishings	3,138	-	3,138	3,487
Utilities	8,384	-	8,384	10,967
Total	40,657	-	40,657	67,709
Total 2021	52,546	15,163	67,709	
7. Salaries and wages	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Pension	3,946	3,471	7,417	15,368
Wages	199,551	157,475	357,026	248,557
Tax and NI	17,380	12,942	30,322	84,220
Sessional staff	187	7,783	7,970	16,289
Other payments	16	-	16	2,893
Total	221,080	181,671	402,751	367,327
Total 2021	125,414	241,913	367,327	
8. Staff costs	Unrestricted Funds £	Restricted Funds £	2022 £	2021 £
Recruitment	-	-	-	54
Training and supervision	4,492	765	5,257	8,145
Other	3,841	-	3,841	-
Travel	1,116	-	1,116	28
Total	9,449	765	10,214	8,227
Total 2021	377	7,850	8,227	
No staff have been paid more than £60,000 for the year.				
9. Debtors			2022 £	2021 £
Debtors			1,492	300
Loan			100	587
			1,592	887
10. Creditors			2022 £	2021 £
Other creditors			2,212	2,655
Deferred income			21,949	62,164
Accruals			1,050	1,050
			25,211	65,869

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

11. Tangible fixed assets	Leasehold Improvements	Fixtures & Fittings	Computer Equipment	Cabin	Total
Cost	£	£	£	£	£
As at 31 March 2021	-	2,984	5,698	14,889	23,571
Additions	41,421	16,157	9,101	-	66,679
As at 31 March 2022	41,421	19,141	14,799	14,889	90,250
Depreciation					
As at 31 March 2021	-	746	1,425	6,514	8,685
Charge for the year	2,071	4,785	3,700	2,094	12,650
As at 31 March 2022	2,071	5,531	5,125	8,608	21,335
Net Book Value					
As at 31 March 2022	39,350	13,610	9,674	6,281	68,915
As at 31 March 2021	-	2,238	4,274	8,375	14,887

12. Movement in funds	As at 1 April 2021	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2022
	£	£	£	£	£
Restricted funds					
London Community Foundation	19,435	15,000	(32,882)	-	1,553
Lloyds Bank	37,851	33,425	(25,295)	-	45,981
The Big Lottery	38,961	105,850	(58,198)	(6,627)	79,986
Counselling	1,055	-	(610)	-	445
Nationwide	-	25,000	(25,000)	-	-
City Bridge Trust	-	25,125	(19,273)	-	5,852
City of London	-	50,000	(4,456)	-	45,544
BBC Children in Need	-	36,230	(10,719)	-	25,511
Support Groups & Drop-Ins	-	27,936	(10,194)	-	17,742
Total restricted funds	97,302	318,566	(186,627)	(6,627)	222,614
Designated reserves	215,000	-	-	-	215,000
Unrestricted funds					
Unrestricted funds	180,775	321,811	(319,150)	6,627	190,063
Total unrestricted funds	180,775	321,811	(319,150)	6,627	190,063
Total funds	493,077	640,377	(505,777)	-	627,677

13. Related parties

There were no related party transactions during the year.

HAVERING WOMEN'S AID

England & Wales - Charity number 1101895

Accounts

HAVERING WOMEN'S AID

Charity number 1101895
Company registration number 4584860

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2021**



HAVERING WOMEN'S AID

CONTENTS FOR THE YEAR ENDED 31 MARCH 2021

	Page
Trustee Annual Report	1 - 9
Independent Examiner's Report	10
Statement of Financial Activity	11
Balance sheet	12
Cash Flow	13
Notes to the financial statements	14 - 18

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

Charity No.1101895 Limited Company No.4584860

Address of the principal office of HWA:
PO. Box 74 Romford, Essex RM1 2HN

Registered Office as Limited Company:
Havering Women's Aid
PO. Box 74, Romford, Essex, RM1 2HN

TRUSTEES

Chair Katie Barratt
Treasurer Ann Nelson
Penny Patterson
Serena Malcolm

HWA Chief Executive Officer

Vicki Thomas

Employed with delegated responsibility for the overall management of all employees and volunteers ensuring the smooth running of the organisation. Liaising with the funding agencies and stakeholders, responsible for strategic development.

INDEPENDENT EXAMINER

Colchester CVS
Winsley's House, High Street, Colchester, Essex
CO1 1UG

BANKERS

National Westminster
10, South Street, Romford, Essex RM1 1RD

Statement re Public Benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Note regarding Office Address

Due to the nature of the work of Havering Women's Aid our safety policy for residents and staff is to withhold the office address until a confidential and secure contact is made as copies of this report are widely distributed. The Charity Commission has our details on its database and in the event of any query HWA can be contacted on 01708 728759

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

Structure, Governance and Management

- The governing document is the memorandum and articles of association. HWA is constituted as a registered charity and as a limited company, the same Trustees also being Directors of the Company.
- Trustees are recruited through advertisement and personal contact. In all cases they must be formally elected at the Annual General Meeting and must offer themselves for re-election every three years, all Trustees have their position ratified annually at the AGM.
- Trustees have professional experience, in their own field, of a full range of management functions, for example, recruitment and equal opportunities issues, budget setting and financial procedures, appraisal and salary reviews. Induction includes attendance at regular meetings before formally offering themselves for election.
- HWA Trustees meet with all staff a minimum of four times a year. Meetings take the form of a review of previous meetings, matters arising and reports from all staff, all of this being our main form of regular accountability, monitoring and development. Additional agenda items vary depending on the time of year, for example, budget setting and review, organisation of the AGM and occasionally recruitment. Trustees reserve and use the right to meet separately to review salary requests, decisions are formally recorded. We work within an ethos of consensus within a policy and procedure framework which is evaluated by Adult Social Commissioning our principal funding agency.
- HWA is part of the national provision of Women's Aid. This means, for example, that staff are regularly updated as to changes in laws and court procedures which relate to issues of domestic abuse; we receive and shelter women through Refuge, a central crisis agency based in London. We have good working relationships with local and regional refuges between which we sometimes transfer women in need of escape from their immediate home area where they may be traced. There is no financial relationship between HWA and any of these wider networks.
- HWA has no financial relationships with any other charities. We are funded through Adult Social Commissioning and Community Safety for our direct work with women and men fleeing domestic abuse. As the audited accounts show, HWA receives funding from several funding streams via our fundraising activities to support our work including our Counselling Services and Children's Services – and donations from individuals, local churches and other small organisations. The Trustees have no personal or working relationships with any of these donors.
- Statement by Trustees regarding Risk Management: we ensure that housing benefit is reviewed in the light of inflation and other factors and that all utility bills are paid up to date. We have reserves in hand for the payment of staff salaries and winding down expenses for the required period, in the event of unexpected closure. The budget is reviewed at four management meetings per year, minutes of these meeting are available, together with clear budget management reports.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

Objectives, Activities and how they relate to Public Benefit

- To provide a place of safety to women and their children who suffer from domestic abuse
- To provide and offer practical and emotional support to residents of Havering and to victims of domestic abuse in the community who choose to stay in their own homes
- To work in partnership with other agencies to promote the safeguarding of victims of domestic abuse and their children
- To empower victims of domestic abuse affected by domestic abuse to determine their own lives.
- To support male victims of domestic abuse.
- To meet the needs of children affected by domestic abuse

Public Benefit:

We have referred to charity commission guidance in the Charity Commission's guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Poverty/Income Issues:

We have a policy which covers non- payment of service charge by a resident and we occasionally need to use this to support them. Our Finance Co-ordinator, in agreement with the CEO of HWA, writes off unpayable rental charges and informs Trustees at the next Management Committee Meeting for discussion and approval.

Access:

We have ground-floor facilities which are suitable for disabled victims of abuse who can come and meet with workers to discuss their needs. There are also ground floor flats on both of our sites. We can support women and their children with hearing or visual challenges as we can access supportive resources.

Gender:

HWA is pleased to have a policy which accepts boys up to the age of 16 as residents with their mother, which was unusual for many years of Women's Aid. Under the provisions of the Sex Discrimination Act we recruit only women as staff and employees – male volunteers are encouraged. MENDAS, our helpline for male victims of domestic violence, is now well-established.

Language:

HWA has access to translation services as and when needed.

Age:

We can support victims of abuse within our services from the age of 18 there is no upper age limit. This includes refuge accommodation or support within the community.

Location:

We accept and advise women from all parts of Britain although typically our residents come from Havering. Each year some residents come from other London

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

Boroughs and choose us for reasons such as escape from a local traceable refuge and/or family links in Havering.

HWA's Diversity Policy is established and reviewed. We are aware of the changing nature of the Borough that HWA is situated in and the Trustees review our knowledge of this regularly.

HWA is one of the longest London based refuges to be established. From this time, in the late 1970's, domestic abuse has unfortunately increased. Since the pandemic demand has increased dramatically.

Unlike some other offences, the number of domestic abuse-related offences has not decreased during the coronavirus (COVID-19) pandemic. Nationally there was an increase in demand for domestic abuse victim support services, including a 65% increase in calls and contacts logged by the National Domestic Abuse Helpline between April and June 2020, compared with the first three months of the year. There was a 10% increase in the total number of domestic abuse-related offences recorded by the police in the year ending September 2020 (842,813 offences) compared with the previous year. HWA has seen an increase of 20% to our Helpline and this has impacted on our service and extra staff have been employed to help relieve the pressure on existing staff.

The overall difference that HWA seeks to make is therefore that it can save lives - and then improve the quality of lives in the future through their contact with our services. The figures show that there is an urgent need for a significant number of services needed for victims of domestic abuse and help to rebuild their lives. Research into the effects of domestic abuse, in its various forms, on the wellbeing of children, convinced trustees and staff that children, as onlookers and therefore victims in their own right, needed their own additional support.

HWA's main objectives in this reporting year were to maintain and develop the provision of its core services:

- Accommodation for up to nine families in the Romford refuge
- Hornchurch refuge can accommodate fourteen families
- Initial Assessment for residents of Havering
- Access to counselling for victims of domestic abuse and their children
- Offering support both to individual women/men and to groups of women
- Children's Services, including playroom and counselling
- Community Outreach through the Floating Support Service.

HWA's strategies for achieving these objectives included:

- Making best use of referral agencies to maximise use of accommodation
 - Ensuring that all necessary refurbishment has been carried out efficiently
 - Health and Safety maintained to the highest level.
 - Ongoing developments to ensure delivery of the best domestic abuse service possible, for example in a wide range of staff training to ensure up to date knowledge
 - Maximising funding to achieve these objectives
-

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

Significant activities include:

Women's Services:

- Continuation of the Initial Assessment/Drop In's for initial contact for assessment of need
- Continuation of the Floating Support Service for service users who wish to remain in their own homes.
- Continuation of daily support for the 23 families who comprise our maximum intake.
- Maintenance of our out-of-hours emergency service
- Ensuring safe sites are maintained and improved.
- Providing new amenities, for example two new cabins for counselling one at each refuge.
- Ensuring MENDAS our male helpline continues.
- Ensuring that staff receive continuous training.
- Contributing our expertise to the Violence Against Women and Girls Forum, MARAC, Homeless Forum and in liaison with statutory services

Staffing:

We have highly trained professional staff who are specialists in the field of domestic abuse. Our staff are committed to providing expert help and support to victims of domestic abuse. We ensure all staff are trained to be Independent Domestic Violence Advisors and 3 members of staff are Sexual Abuse Advisors. We have a caring, strong and hardworking team.

During the pandemic we were aware some of our residents were feeling cut off from the other residents and the outside world. To help them cope we set up a "WhatsApp" group so that, without any additional expense, they could keep in touch with others. This was greatly appreciated and widely used.

The staff have also all been trained on our new IT system, Oasis, which enables staff to have full access to records related to their clients. This has been vital during the pandemic when staff worked remotely during the lockdown periods and were still able to maintain, update and share records.

The following were quotes from Exit forms:

- "I felt so lonely and isolated during lockdown my lifeline was Women's Aid"
- "I can't thank HWA enough for the support and encouragement I received"
- "Thank you the counselling stopped me feeling anxious "
- "I can't thank the staff enough; they always went over and beyond to help"
- "Other services closed during the pandemic but not Women's Aid"

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

Voice of victims of abuse 2020/21

"It was harder for me to leave during lockdown, the advice and guidance the refuge gave me made it possible"

"Havering Women's Aid are the only agency that believed us"

"The Freedom course made such a difference to me and I have made friends for life."

"I wouldn't have been able to do any of this without the help, support and dedication of the Floating Support team."

"The MENDAS support I received being a man escaping domestic abuse was so supportive and kind, caring and didn't make me feel weak being a man that was experiencing domestic abuse"

Statistics for 2020/21

When the first lockdown was announced in March 2020 we were very much aware of the increased risk of harm and isolation to victims of domestic abuse. Domestic abuse calls increased substantially during Covid and continued during the easing of lockdowns and going back into lockdowns showed no sign of decreasing.

The women were more desperate as they often could only talk for a limited time. The cases have been more complex and finding refuge space was hard to come by.

Karen Ingala-Smith, who runs the 'Counting Dead Women' project estimated that during the first three weeks of the first lockdown, there had been sixteen domestic abuse killings of women and children in the UK, which is the highest for at least 11 years. More lives have been lost since the first lockdown at the hands of perpetrators.

As we are Key workers we were able maintain the service throughout the pandemic.

- The refuges have supported 23 families at any one time.
 - Floating support is providing support for approximately 100 service users in the community every month.
 - MENDAS was launched in 2015 and we have seen a year-on-year increase in referrals from male victims of domestic abuse.
 - Adult Counselling Service is well established and we are supporting 50 clients per week.
 - Initial Assessments/Drop In's are extremely busy - we have 12 Initial Assessments per week.
 - We provide support groups for women and have had 89 attendees this year.
 - Freedom programme has received 100 referrals women attending each group.
 - Young Person's IDVA service has proved to be very successful.
- 24 hour Helpline is an essential service especially during the pandemic.

We are committed to working with local services including the local Colleges, Havering Social Services and Havering Volunteer Service. Through these partnerships we have achieved a dedicated volunteer service. Volunteering is a positive way of improving employment prospects - many of our volunteers go onto employment in their chosen vocation. For example, counselling volunteers who have studied to degree level, have volunteered with us before finding full time employment.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

Public Benefit is part of a long-term commitment which includes support from appropriate men – This included the Launch of MENDAS helpline only for male victims of domestic abuse.

Achievements and Performance

HWA was successful with the tender from Adult Social Commission in 2018 and continues providing Refuge Accommodation and Floating Support Services.

We have raised and received funding to develop services and increase staffing -currently we are actively fundraising to cover requirements with regard to the Covid 19 crisis. We are committed to fundraise to ensure we can continue providing the necessary funds to help victims of domestic abuse.

We work in partnership with the London Borough of Havering to meet the changing needs of our service users. As a local organisation we can respond to, and be accountable for, the needs of the local community we serve. We believe this makes our organisation best placed to continue to provide the services under contract with Adult Social Commissioning.

We ensure that we analyse both local and national trends, statistical data and monitor changes in the demographics of Havering to ensure our services are shaped and ready to meet needs. We adapt to changes in law and legislation that impact on our service users, whilst ensuring staff are equipped to deal with the more complex needs which we encounter. We have developed following feedback from our service users our staff have had additional training and are passionate about their own professional development.

More women in the community than ever before are being helped by the Floating Support Service and the Support Group. The Freedom Programme is very popular with women, both resident and in the community, and they also attend the empowerment courses which are regularly provided.

The Trustees are very pleased with the services we offer both in the refuges and the community. There have been no complaints under the complaints procedure by users and exit surveys show a high level of satisfaction. Our CEO plays a prominent role in strengthening relationships with the partner agencies and attending meetings which help to raise the profile of domestic abuse.

The Trustees, this year as they are every year, are extremely impressed with the dedication, teamwork and effectiveness shown by all the staff. These strengths, together with a particularly agile response to the issues presented by the national lockdown, have ensured both stability and ongoing support for DV victims both on our two sites and in the community.

Financial Review

As seen in the audited accounts, the Trustees' Reserves policy is to hold sufficient monies to pay staff for three months and the cost of winding down the charity in the event of a sudden and unexpected closure as per our Governance document.

HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

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HAVERING WOMEN'S AID

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2021

HWA has no borrowings and the audited accounts show that funding from Adult Social Commissioning is spent directly on support for women users. Other sources of funding are shown as restricted as they apply to funding for Children's Services

At the end of March 2020 there were no material funds in deficit

HWA has no material investments nor are funds held as a custodian trustee on behalf of others

Plans for the forthcoming year:

- Ensure funding is sustained, enabling us to provide the services that we currently offer.
- Develop further Children's counselling services.
- Resettlement Worker to work with families leaving the refuge to resettle back into the community.
- Continue to Improve the refuge accommodation.
- Ongoing development of staff enabling HWA to continue provision at its well-established high level of service.

Signed Kate Barratt
Kathleen Patricia Barratt

Date 3. Oct. 2021

HAVERING WOMEN'S AID

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

I report on the accounts of Havering Women's Aid for the year ended 31 March 2021 which are set out on pages eleven to eighteen.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:

Community360
Winsley's House, High Street, Colchester, Essex



Date 11/11/2021

HAVERING WOMEN'S AID

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

		2021	2021	2021	2021	2020
		Unrestricted	Restricted	Designated	Total	Total
	Note	Funds	Funds	Funds	Funds	Funds
		£	£	£	£	£
Income from charitable activity						
Grant income	2	271,240	312,577	-	583,817	396,509
Generated income		-	-	-	-	600
Rental income		63,429	-	-	63,429	55,130
Service charge		1,692	-	-	1,692	3,221
Donations and legacies		14,131	-	-	14,131	9,218
Other income		189	-	-	189	3,728
Total incoming resources		350,681	312,577	-	663,258	468,406
Expenditure on charitable activity						
Charitable activities	3	205,569	289,036	-	494,605	481,298
Total expenditure		205,569	289,036	-	494,605	481,298
Net income		145,111	23,541	-	168,652	(12,892)
Transfer between funds		(52,101)	32,101	20,000	-	-
Net income for the year		93,010	55,642	20,000	168,652	(12,892)
Total funds brought forward	11	87,765	41,659	195,000	324,424	337,316
Total funds carried forward	11	180,775	97,302	215,000	493,077	324,424

Notes on pages 14 to 18 are part of these accounts

HAVERING WOMEN'S AID

BALANCE SHEET AS AT 31 MARCH 2021

	Note	2021 £	2020 £
Fixed assets	9	14,887	11,167
Current assets			
Debtors	10	887	787
Cash at bank and in hand		543,173	330,059
		<u>544,060</u>	<u>330,846</u>
Current Liabilities			
Creditors	11	65,869	17,589
Total current liabilities		<u>65,869</u>	<u>17,589</u>
Net current assets		<u>478,191</u>	<u>313,257</u>
Total assets less current liabilities		<u><u>493,077</u></u>	<u><u>324,424</u></u>
Funds			
Unrestricted funds	12	180,775	87,765
Restricted funds	12	97,302	41,659
Designated funds	12	215,000	195,000
		<u><u>493,077</u></u>	<u><u>324,424</u></u>

For the year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with companies subject to small companies regime.

The directors declare that they have approved the accounts above.

Signed


Kathleen Patricia Barratt

Date

3 Oct. 2021

HAVERING WOMEN'S AID

STATEMENT OF CASH FLOW FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £
Cash flows from operating activities	a				
Net cash provided by (used in) operating activities		<u>99,254</u>	<u>20,000</u>	<u>102,540</u>	<u>221,794</u>
Cash flows from investing activities					
Proceeds from the sale of tangible assets		-	-	-	-
Purchase of property, plant and equipment		<u>(3,083)</u>	<u>-</u>	<u>(5,599)</u>	<u>(8,682)</u>
Net cash provided by (used in) investing activities		<u>(3,083)</u>	<u>-</u>	<u>(5,599)</u>	<u>(8,682)</u>
Change in cash and cash equivalents in		96,171	20,000	96,941	213,112
Cash and cash equivalents at the beginning of the reporting period		<u>76,734</u>	<u>195,000</u>	<u>58,325</u>	<u>330,059</u>
Cash and cash equivalents at the end of the reporting period	b	<u><u>172,907</u></u>	<u><u>215,000</u></u>	<u><u>155,266</u></u>	<u><u>543,173</u></u>

(a) RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £
Net income/(expenditure) for the reporting period (as per SOFA)		93,010	20,000	55,642	168,652
Adjustments for non-cash items:					
Depreciation charges		3,562	-	1,400	4,962
(Gains)/losses on the sale of fixed assets		-	-	-	-
(increase)/decrease in debtors	10	(100)	-	-	(100)
Increase/(decrease) in creditors	11	<u>2,782</u>	<u>-</u>	<u>45,498</u>	<u>48,280</u>
Net cash provided by (used in) operating activities		<u>99,254</u>	<u>20,000</u>	<u>102,540</u>	<u>221,794</u>

b) ANALYSIS OF CASH AND CASH EQUIVALENTS

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £
Cash in hand		172,907	215,000	155,266	543,173
Notice deposits (less than 3 months)		-	-	-	-
Total cash and cash equivalents		<u>172,907</u>	<u>215,000</u>	<u>155,266</u>	<u>543,173</u>

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting Policies

Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)- (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Incoming resources

All material incoming resources have been included on a receivable basis.

Donations and gifts are included in the statement of financial activities.

All grants are recognised as income within the period covered by these accounts.

Resources expended

All expenditure is accounted for on an accrual basis.

All expenditure has been analysed using a natural classification.

Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at the following rates:

Cabin	25% reducing balance
Fixtures & equipment	25% reducing balance
Computer equipment	25% straight line

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

2. Grants		Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
		254,595	-	254,595	233,199
		-	-	-	13,668
		-	12,500	12,500	-
		-	50,000	50,000	-
		-	51,000	51,000	50,000
		-	-	-	600
		16,645	90,723	107,368	18,100
		-	8,150	8,150	-
		-	35,935	35,935	16,667
		-	36,333	36,333	35,139
		-	-	-	-
		-	6,302	6,302	4,858
		-	21,634	21,634	23,078
		-	-	-	1,200
Total		271,240	312,577	583,817	396,509
Total 2020		233,198	163,311	396,509	
3. Expenditure on Charitable Activity		2021 Unrestricted Funds £	2021 Restricted Funds £	2021 Total Funds £	2020 Total Funds £
		613	-	613	642
		266	2,229	2,495	6,380
	4	750	-	750	600
		3,562	1,400	4,962	3,722
		2,433	-	2,433	2,130
		4,685	13,299	17,984	13,992
		434	-	434	437
		1,084	220	1,304	812
		1,383	185	1,568	4,420
		-	-	-	175
		2,635	-	2,635	1,737
		939	-	939	882
		6,833	100	6,933	7,826
	5	1,615	6,678	8,293	10,226
	6	52,546	15,163	67,709	63,006
	7	125,414	241,913	367,327	348,680
	8	377	7,850	8,227	15,632
Total expenditure		205,569	289,036	494,605	481,298
Total 2020		299,965	181,333	481,298	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
4. Governance costs				
Independent Examiner's Fee	750	-	750	600
Total	750	-	750	600
Total 2020	600	-	600	
5. Client work				
Clients	1,058	5,114	6,172	810
Other	-	1,000	1,000	-
Counselling	98	-	98	165
Room Hire	-	162	162	2,637
Refreshments	260	18	278	1,467
Kids Club-Trips & activities	199	384	583	5,147
Total	1,615	6,678	8,293	10,226
Total 2020	4,395	5,831	10,226	
6. Household expenses				
Cleaning	2,018	2,381	4,399	3,401
Furniture	1,803	1,598	3,401	8,560
Premises occupancy payments	11,700	-	11,700	12,000
Repairs and maintenance	21,409	11,138	32,547	29,904
Playroom	1,188	20	1,208	-
Soft furnishings	3,461	26	3,487	929
Utilities	10,967	-	10,967	8,212
Total	52,546	15,163	67,709	63,006
Total 2020	61,604	1,402	63,006	
7. Salaries and wages				
Pension	5,086	10,281	15,368	14,846
Wages	86,836	161,721	248,557	233,800
Tax and NI	30,059	54,162	84,220	83,741
Sessional staff	540	15,749	16,289	16,070
Other payments	2,893	-	2,893	222
Total	125,414	241,913	367,327	348,680
Total 2020	189,136	159,544	348,680	

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

8. Staff costs	Unrestricted Funds £	Restricted Funds £	2021 £	2020 £
Recruitment	54	-	54	493
Training and supervision	295	7,850	8,145	11,816
Travel	28	-	28	3,323
Total	377	7,850	8,227	15,632
Total 2020	4,437	11,195	15,632	

No staff have been paid more than £60,000 for the year.

9. Tangible fixed assets	Fixtures & Fittings £	Computer Equipment £	Cabin £	Total £
Cost				
As at 31 March 2020	-	-	14,889	14,889
Additions	2,984	5,698	-	8,682
As at 31 March 2021	2,984	5,698	14,889	23,571
Depreciation				
As at 31 March 2020	-	-	3,722	3,722
Charge for the year	746.2	1,425	2,792	4,962
As at 31 March 2021	746	1,425	6,514	8,684
Net Book Value				
As at 31 March 2021	2,238	4,274	8,375	14,887
As at 31 March 2020	-	-	11,167	11,167

10. Debtors	2021 £	2020 £
Debtors	300	-
Loan	587	787
	887	787

11. Creditors	2021 £	2020 £
Other Creditors	2,655	323
Deferred Income	62,164	16,666
Accruals	1,050	600
	65,869	17,589

HAVERING WOMEN'S AID

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

12. Movement in funds	As at 1 April 2020 £	Incoming Resources £	Outgoing Resources £	Transfers £	As at 31 March 2021 £
Restricted funds					
London Community Foundation	-	58,413	(38,978)	-	19,435
Openwork Foundation	-	9,960	(9,960)	-	-
Lloyds Bank	8,293	35,935	(6,377)	-	37,851
The Big Lottery	7,528	59,150	(27,717)	-	38,961
Counselling	2,630	-	(1,575)	-	1,055
DM Thomas Foundation	3,600	-	(3,600)	-	-
Nationwide	-	25,000	(42,509)	17,509	-
Ministry of Housing	-	32,350	(32,513)	163	-
City Bridge Trust	-	12,500	(13,820)	1,320	-
The Fore	-	5,000	(5,000)	-	-
Comic Relief	-	10,000	(10,250)	250	-
BBC Children in Need	19,609	36,333	(55,942)	-	-
Support Groups & Drop-Ins	-	27,936	(40,795)	12,859	-
Total Restricted Funds	41,659	312,577	(289,036)	32,101	97,302
Designated Reserves	195,000	-	-	20,000	215,000
Unrestricted funds					
Unrestricted funds	87,765	350,681	(205,569)	(52,101)	180,775
Total Unrestricted Funds	87,765	350,681	(205,569)	(52,101)	180,775
Total Funds	324,424	663,258	(494,605)	-	493,077

13. Going Concern

The charity is operating on a going concern basis

14. Related Parties

There were no related parties.