

POSITIVE NETWORK COMMUNITY PROJECT

England & Wales · Charity number 1101803

Details

Other names PNCP

Status Registered

Legal form Other

Company number [08149526](#)

Registered 2004-01-28

Register [View on the Charity Commission register](#)

Contact

Address Unity Centre Of South London
2-4 Ravenstone Street
London
SW12 9SS

Phone 07508505097

Email positiventwrk@yahoo.co.uk

Website www.positive-network.uk

Activities

Objects: (A) TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE. (B) TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF THE PUBLIC IN SURREY AND THE SURROUNDING AREA, IN PARTICULAR BY THE ADVANCEMENT OF EDUCATION AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH FOR PERSONS WHO ARE IN NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR ECONOMIC OR SOCIAL CIRCUMSTANCES.

Activities: Positive Network is an Intergenerational project, we run clubs for Young People Lunch Clubs and Social Clubs for the Elderly and parenting groups.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Accommodation/housing, Arts/culture/heritage/science, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** SURREY AND THE SURROUNDING AREA
- Croydon
- Merton
- Surrey
- Sutton
- Wandsworth

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£132,460	£121,849	-	-
2024-04-30	£103,384	£90,400	-	-
2023-04-30	£31,258	£34,389	-	-
2022-03-31	£45,200	£85,000	-	-
2021-03-31	£72,277	£56,931	-	-

Trustees

Name	Role	Appointed
Richard Okerchiri		2023-11-26
Sarah ABRAHAMS		2019-02-01
Stewart Junior Salmon		2020-12-05

POSITIVE NETWORK COMMUNITY PROJECT

England & Wales - Charity number 1101803

Accounts



Positive Network Community Project

**Annual Report and Accounts
2024/25**

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Reference and Administrative Details

Trustees:	Sarah Abrahams (Chair) Paul Hayward (resigned January 2024) Stewart Salmon (Secretary) Thelma Simpson (Member) Eileen Goedluck (Member) Richard Okerchiri
Registered Office:	2-4 Ravenstone Street Balham London SW12 9SS
Company Registration Number:	08149526 (England and Wales)
Charity Number:	1101803
Independent Examiner:	Esther Bello-Adekola Duke of Wellington Avenue London SE18 6NP
Bankers:	Unity Trust Bank Plc Four Brindley Place Birmingham B1 2JB

Trustees Report 2024/25

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report with financial statements of the charity for the year ended 30 April 2025. The Trustees have adopted the provisions of the Statements of Recommended Practice (SORP) Accounting and Reporting by Charities issued in March 2005.

Reference and Administrative Details

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 3 of the financial statements.

Structure, Governance and Management

Positive Network Community Project is a company limited by guarantee number 08149526 and a registered charity number 1101803. The company was incorporated on 19 July 2012.

Recruitment and appointment of new trustees

The Board of trustee's members (aka Management Committee members) are elected at the Annual General Meeting (AGM) held by the organisation once every year. The Executives are able to co-opt new members during the year.

Risk Management

The Board of Trustees undertake a review of all the major risks, both internal and external, to which the organisation is faced with rigorous monitoring. Feedback systems have been put in place that make it possible to analyse every aspect of the organisation's operations and activities, including the sound management of its finances. While these systems might eventually indicate internal risks to the Management Committee, they have to follow events independent of the Charity to identify possible risks, most of which usually relate to the loss of funds.

Objectives and Activities

The objectives of the charity, as stated in its Memorandum and Articles:

- ✚ The provision of advisory services on Education and Social services to people of all ages, disabilities, social and economic backgrounds.
- ✚ To provide and improve the conditions of the life of vulnerable individuals through the provision of social welfare, recreational and leisure facilities.

Beneficiaries

- ✚ People who use our services – around 37,800 yearly.
- ✚ Their families, carers and advocates.
- ✚ The wider communities we work in, especially vulnerable people within them.

Reserves Policy

The trustees are aware that a prudent financial management of the charity requires that some funds are put aside for a "rainy day". After considering the contractual obligations of the charity, such as premises and other leasing obligations, the trustees have decided that they would hold funds in reserve, equivalent to a minimum of six months total operating expenditure. This means a total of approximately £15,000 for the current financial year.

Message from the Chairperson

Dear Valued Donors and Partners,

Thank you for your generosity and partnership during the 2024/25 reporting period. Your support enabled Positive Network Community Project to expand vital services, strengthen community resilience, and reach vulnerable populations, including youth, women, and older adults. This year marked a significant milestone with the expansion of our work with older people and the establishment of a strategic partnership with St George's Hospital Dementia Hub. Together, we enhanced dementia awareness, caregiver support, and early intervention within the community. We also collaborated with Ravenstone Primary School on a successful Windrush programme.

Because of you, lives were improved, families were supported, and communities became stronger. We remain deeply grateful for your trust and continued commitment to our mission.



Visit to the centre by Simon Hogg Leader of Wandsworth Council

A heartfelt thank you to all our staff and volunteers for their tireless work this year. We look forward to your continued support in the year ahead.

With appreciation,

Sarah Abrahams
Chairperson

Our Impact: Mission, Vision, and Achievements

About Us



Positive Network Community Project (PNCP) is a community-based organisation dedicated to improving quality of life through inclusive programmes focused on health awareness, education, social inclusion, economic empowerment, and community wellbeing.

Our Mission

To provide sustainable, community-driven solutions that promote social development, health awareness, economic empowerment, and human dignity.

Our Vision

To build empowered, resilient, and inclusive communities where every individual has equal opportunity to thrive.

Key Achievements in 2024/25

- Reached over **200** community members through outreach programmes.
- Supported **100** youth and women with skills training and empowerment initiatives.
- Conducted **12** health awareness and prevention campaigns.
- Partnered with **10** local and international organisations.
- Trained **30** volunteers and community leaders.

Community Events & Celebrations

Mitcham Festival



Mitcham Festival continued to grow and remains a highlight for the local community. We thank Merton Council for their support, especially the market manager, Mark Warren.

Community Health & Awareness Programmes

We delivered education campaigns focusing on disease prevention, mental health awareness, sexual and reproductive health, and hygiene practices. Community forums, workshops, and outreach improved access to information and essential services.

Impact

- **Increased** health awareness among vulnerable groups.
- **Improved** referral pathways to healthcare facilities.
- **Enhanced** community participation in preventive care.

Youth Empowerment & Education

Our youth programmes focused on leadership development, digital literacy, entrepreneurship and employability skills, and mentorship. Through workshops and peer engagement, young people gained confidence and practical tools for future livelihoods.

Impact

- **Increased** employment readiness.
- **Improved** confidence and leadership skills.
- **Higher** school retention and participation rates.

Women's Empowerment & Livelihood Support

We supported women through entrepreneurship training, financial literacy workshops, and small-business mentoring.

Impact

- **50 women** launched or strengthened income-generating activities.
- **Improved** household financial stability.
- **Enhanced** women's leadership and independence.

Older People Support Programme

We expanded services for older adults to address social isolation, mental well-being, and access to essential support services. Activities included well-being workshops, social engagement sessions, caregiver education, and referral support.

Impact

- **Reduced** social isolation among elderly participants.
- **Improved** mental and emotional well-being.
- **Increased** access to community and healthcare services.
- **Strengthened** family caregiver capacity.

Dementia Support Partnership – St George's Hospital Dementia Hub

In collaboration with St George's Hospital Dementia Hub, we strengthened dementia awareness, supported early diagnosis, and promoted community education. Together, we delivered awareness workshops, caregiver training, and emotional support sessions, and provided community screening referrals, helping reduce stigma around dementia.

Impact

- **Increased** early detection awareness.
- **Improved** caregiver confidence and knowledge.
- **Reduced** stigma around dementia in the community.

Strategic Partnerships

- St George's Hospital Dementia Hub
- Local community organisations
- Health service providers
- Faith-based and grassroots networks
- Ravenstone Primary School

Financial Stewardship & Accountability

Positive Network Community Project is committed to responsible financial management and donor transparency. Donor contributions were invested in the following areas:

- Programme delivery and direct services
- Training and community education
- Staff and volunteer support
- Monitoring, evaluation, and reporting
- Operational sustainability

Windrush Celebration



On Wednesday, 26 June 2024, we joined Ravenstone Primary School for Windrush Day celebrations. Val Crolle (Family Liaison Lead), Grace Salmon (Community Coordinator) and Maxine Binger (Education Volunteer) helped gather the voices of the Windrush Generation to share their inspirational stories with pupils and the community. Hearing lived experiences of migration after World War II brought history to life for students and the wider community.

Val shared: "Learning history from a textbook can sometimes feel mundane for children. But hearing powerful, inspiring real-life stories - directly from those with lived experience of migrating to Britain after World War II to help with the post-war labour shortage - was the most impactful and memorable learning they could have imagined."



Thank you to Ravenstone Primary School, Val, Grace, Maxine and the wonderful Windrush speakers for this incredible opportunity to learn from those who lived through this historic chapter and be inspired by their stories.

Enhance caregiver support and respite services for families supporting older adults.

- **Develop** sustainable funding strategies and long-term donor partnerships.
- **Improve** impact measurement and reporting systems for transparency and accountability.

Dementia Café with St George’s Hospital

The **Dementia Café** at St Positive Network, in partnership with **St George’s Hospital**, is a community-focused initiative developed to support people living with dementia, their families, and carers through accessible, culturally sensitive engagement and information-sharing.

This innovative café environment brings together clinical expertise from St George’s dementia and research teams with grassroots support from Positive Network Community Project, a South London-based organisation dedicated to enhancing mental health, reducing isolation, and improving wellbeing, especially within Black and minority ethnic communities.

By working in partnership, St George’s and Positive Network aim to create a welcoming, non-clinical space where attendees can feel comfortable discussing memory concerns, access reliable health information, and connect with others who share similar experiences.

This collaboration not only supports awareness and understanding of dementia but also strengthens bridges between clinical services and the local community, helping to address health inequalities and foster trust.

NIHR | St George's Clinical Research Facility | St George's University Hospitals | NHS

Bridging the Gap: A Multi-Disciplinary Community Café Connecting Afro-Caribbean Communities to Dementia Research

S. Abdelmagid¹, M. Rowan², B. Fritsch³, M. Khosla⁴, J. Teixeira¹, P. Dawkins⁵, G. Silva Fortes⁶

¹ NIHR Clinical Research Facility, ² Dementia Clinical Service - St George's Hospital, ³ Chaplaincy & Spiritual Care Services - St George's Hospital

AIM

- Improve **health literacy** about dementia.
- Increase **community participation** in dementia research.
- Build **trust** through culturally sensitive engagement.

BACKGROUND

- In 2024, **only 3.6%** of dementia clinic patients at St George's identified as African or Afro-Caribbean.
- This contrasts with national data showing **22% higher dementia rates** in Black communities.
- Underrepresentation reflects **systemic barriers** to diagnosis, care, and research participation.
- BAME communities need to be included in research to ensure that results are valid, relevant and effective for all.

METHODS

Partnership & Co-Design

- Dementia nurses, research nurses, hospital chaplain, Afro-Caribbean charity.
- Trained hospital chaplain as Dementia / Research Champions

Community Led Approach

- Café designed by chaplain and charity leader to be culturally appropriate and relevant.
- Held in a trusted local space.
- Fun and engaging activities such as samba dancing.

Dementia Research Café

- Content: Dementia myths, caregiving, research importance.
- Opportunity for community to speak directly with specialists.

Patient Feedback Summary - St Georges Hospital

Goal Area	Percentage
Comfortable For Listening	93.7%
Trained staff helpful	92.6%
Hospital Understanding Research	92.5%
Clear of Prescriptions (if any)	92.5%
Presentations Helpful	91.3%
Ability to Ask Questions	91.3%
Ability to Engage Professionals	89.2%
Research Participation Beneficial	87.9%

RESULTS

- ✓ **40 attendees including people living with dementia and carers**
- ✓ **Key features:**
 - Clinical talk on brain health
 - Myth-busting
 - Small-group discussions
- ✓ **Outcomes:**
 - Improved understanding of dementia
 - Reduced stigma
 - Increased interest in research involvement
 - Atrribts identified as future focus
 - Increased understanding from dementia / research teams about barriers to diverse community accessing services

RECOMMENDATIONS

The research café is an easily replicated model.

Key Factors:

- Identify health need
- Involvement and training trusted community members.
- Sessions developed specifically for each community.

CONCLUSION

Culturally tailored, community-led models like the Dementia Research Café.

- Build trust
- Promote health equity
- Enable inclusive research

The café has been recognised for its pioneering work in inclusive engagement, with the initiative being shortlisted for a **2025 Nursing Times Award** in the Clinical Research Nursing category, highlighting both the quality of care and the meaningful partnership with Positive Network in reaching under-represented groups.



Food Bank

Our Food Bank services have **grown significantly** this year, with **demand increasing** by **over 60%**. Despite this rise, we have continued to provide consistent and reliable support from our base at the Unity Centre in Mitcham Town Centre.

In addition to serving local families and individuals, we **expanded** our community impact by **donating food supplies** to the Millwall Football Trust and the ACE Homeless Shelter, helping ensure that vulnerable groups across the wider community also receive essential support.



Challenges & Lessons Learned

These experiences strengthen our commitment to innovation, partnership development, and sustainable funding strategies.

Despite strong progress, **PNCP** encountered several challenges, including:

- **Limited funding** for expanding key programs.
- **Rising service demand** for mental health services, surpassing available resources.
- **Increased** operational costs.

Lessons Learned:

- **Adaptability is key** – We implemented creative solutions to maximise our impact within existing funding.
- **Collaboration strengthens our efforts** – Working with new partners and stakeholders allowed us to enhance program delivery.
- **The need for long-term sustainability** – We recognise the urgency of securing consistent funding sources to meet growing community needs.

Looking Ahead: Priorities for 2025/26

- **Expand** older-adult wellbeing and dementia support with healthcare and community partners.
- **Deepen collaboration** with St George's Hospital Dementia Hub to increase early intervention, caregiver education, and community awareness.
- **Launch** an intergenerational 'Windrush Stories' programme linking elders with local schools to preserve cultural heritage.
- **Increase** community health outreach, particularly in underserved neighbourhoods.
- **Scale** youth employment, leadership, and skills development programmes.
- **Enhance** caregiver support and respite services for families supporting older adults.
- **Develop** sustainable funding strategies and long-term donor partnerships.
- **Improve** impact measurement and reporting systems for transparency and accountability.

Independent Examiner's Report to the Trustees of Positive Network

I report to the charity trustees on my examination of the accounts of Positive Network (the charitable company) for the year ended 30 April 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

The company's gross income exceeded £25,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants (ACCA).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

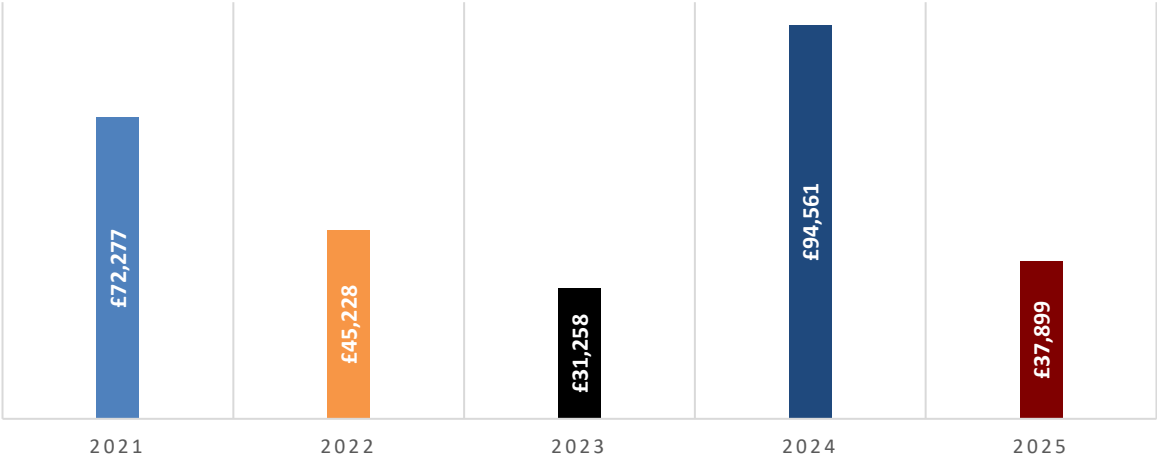


Esther Bello-Adekola
Duke of Wellington Avenue
London SE18 6NP

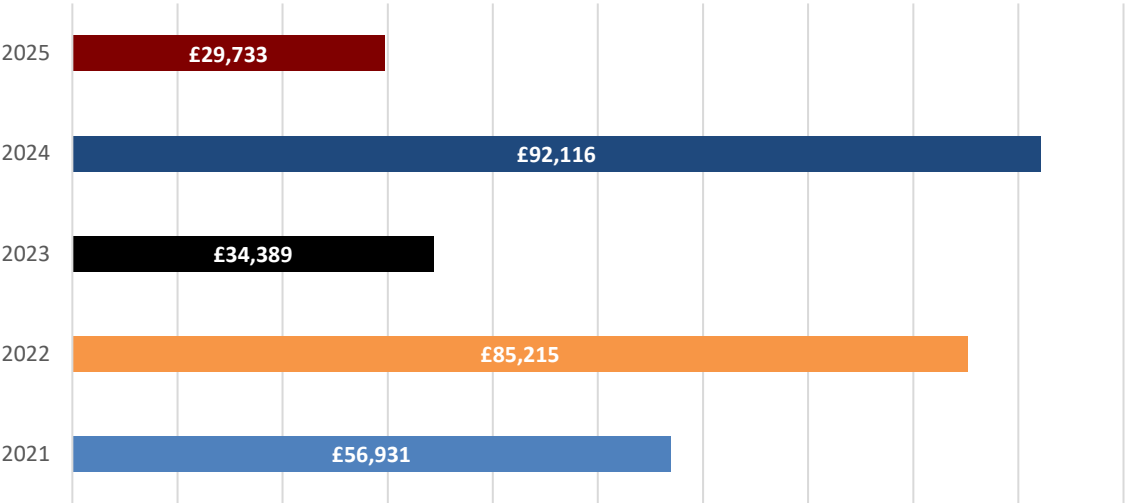
30 January 2026

Positive Network in 2024/25 at a Glance

TOTAL INCOME: £38K



TOTAL EXPENDITURE: £30K



Positive Network

Statement of Financial Activities

For the Year Ended 30 April 2025
(incorporating an income and expenditure account)

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies		-	-	-	-	-	-
Charitable activities	4	-	37,899	37,899	-	94,561	94,561
Investments		-	-	-	-	-	-
Other		-	-	-	-	-	-
Total income		-	37,899	37,899	-	94,561	94,561
Expenditure on:							
Raising funds		-	-	-	-	-	-
Charitable expenditure		6,357	23,376	29,733	17,716	74,400	92,116
		6,357	23,376	29,733	17,716	74,400	92,116
Net surplus/(deficit) on operations		(6,357)	14,523	8,166	(17,716)	20,161	2,445
Transfers between funds		-	-	-	-	-	-
Net movement in funds		(6,357)	14,523	8,166	(17,716)	20,161	2,445
Reconciliation of funds:							
Total funds at 1 April 2023		20,285	52,436	72,720	38,002	32,275	70,276
Total funds at 30 April 2025		13,928	66,959	80,887	20,285	52,436	72,720

All amounts relate to continuing operations. All gains and losses recognized in the year are included in the Statement of Financial Activities (SoFA).

Positive Network Balance Sheet

As at 30 April 2025

	Note	2025 £	2024 £
Fixed Assets			
Intangible assets		-	-
Tangible fixed assets	5	2,413	3,217
Total fixed assets		2,413	3,217
Current Assets			
Debtors and prepayments		-	-
Cash and short-term deposits		78,475	69,518
Total current assets		78,475	69,518
Creditors: amounts falling due within one year	6	-	(14)
Net current assets		78,475	69,504
Total assets less current liabilities		80,887	72,721
Creditors: amounts falling due after more than one year		-	-
Provisions for liabilities		-	-
TOTAL NET ASSETS		80,887	72,721
FUNDS FOR THE CHARITY:			
Restricted funds		66,959	52,436
Unrestricted funds		13,928	20,285
Total funds		80,887	72,721

The Charity's net movement on funds for the year was an increase of £8,166 (2024: increase of £2,445).
The financial statements were approved by the Trustees on 20 February 2026 and signed on their behalf by



Sarah Abrahams, Chair

POSITIVE NETWORK COMMUNITY PROJECT

England & Wales - Charity number 1101803

Accounts



Positive Network Community Project

**Annual Report and Accounts:
2023/24**

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Trustees:	Sarah Abrahams (Chair) Paul Hayward (Treasurer) Stewart Salmon (Secretary) Thelma Simpson (Member) Eileen Goedluck (Member) Richard Okerchiri (appointed January 2024)
Registered Office:	2-4 Ravenstone Street Balham London SW12 9SS
Company Registration Number:	08149526 (England and Wales)
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Trustees Report 2023/24

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Risk Management

The Board of Trustees undertake a review of all the major risks, both internal and external, to which the organisation is faced with rigorous monitoring. Feedback systems have been put in place that make it possible to analyse every aspect of the organisation's operations and activities, including the sound management of its finances. While these systems might eventually indicate internal risks to the Management Committee, they have to follow events independent of the Charity to identify possible risks, most of which usually relate to the loss of funds.

Objectives and Activities

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- ✚ People who use our services – around 37,800 yearly.
- ✚ Their families, carers and advocates.
- ✚ The wider communities we work in, especially vulnerable people within them.

Reserves Policy

The trustees are aware that a prudent financial management of the charity requires that some funds are put aside for a "rainy day". After considering the contractual obligations of the charity, such as premises and other leasing obligations, the trustees have decided that they would hold funds in reserve, equivalent to a minimum of six months total operating expenditure. This means a total of approximately £45,000 for the current financial year.

Message from the Chairperson

Dear Friends, Partners, and Supporters,

Reflecting on the past year, we are reminded of the transformative power of collaboration, resilience, and community spirit. The years 2023-2024 have been pivotal for the Positive Network Community Project (PNCP) as we expanded our reach, deepened our impact, and strengthened the ties connecting us to our communities.

Through strategic partnerships, impactful programs, and community-driven events, we have empowered individuals, celebrated milestones, and advocated for positive change. While we face challenges, we remain committed to our mission and continue to seek sustainable solutions to serve our community better.

This report outlines our achievements, challenges, and the unwavering commitment of our team, partners, and volunteers. Thank you for standing with us and building a brighter future.



Sarah Abrahams
Chairperson

Our Impact: Mission, Vision, and Achievements

About Us



The **Positive Network Community Project (PNCP)** was established to empower individuals, foster inclusivity, and create opportunities for underserved communities. Through education, mentorship, and resource-sharing, we aim to build stronger, more equitable neighbourhoods where everyone has the chance to thrive.

Mission Statement

Empower communities through collaborative initiatives promoting education, well-being, and socio-economic growth.

Vision Statement

A world where communities are resilient, inclusive, and connected.

Key Achievements in 2023/24



Programs & Initiatives Community Health Outreach

- Provided **health awareness campaigns** and **free screenings**, reaching **200 individuals**.
- Launched **mental health support groups**, benefiting **100 participants**.

Educational Workshops

- Conducted **12 workshops** on financial literacy, digital skills, and career development.
- Partnered with local businesses and organisations to promote **environmental sustainability initiatives**, including **recycling and waste reduction**.

Community Impact

- **40% increase** in community engagement compared to the previous year.
- **65% of program participants** reported positive feedback, showcasing our commitment to addressing community needs.

Community Events & Celebrations



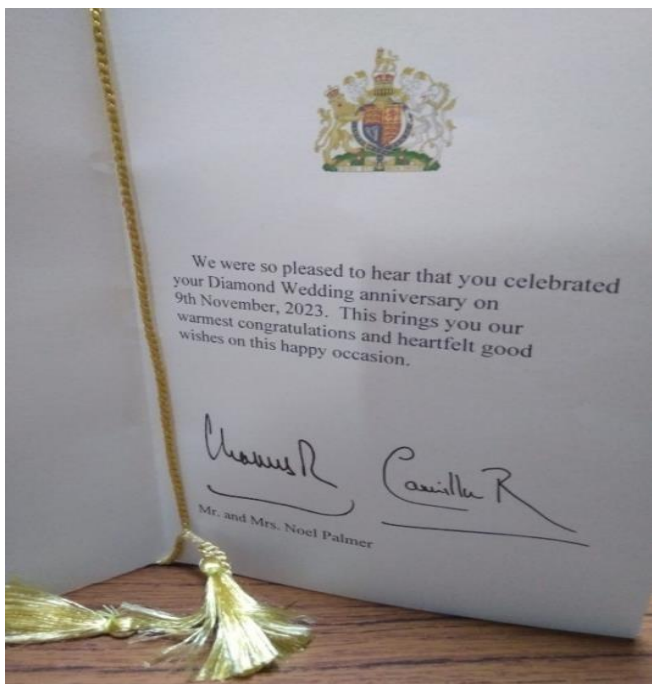
PNCP takes pride in fostering community through cultural, historical, and social events. In 2023/24, we successfully hosted:

King's Coronation Celebration (August 2023):

In partnership with **Merton Council**, we organised a **three-day community celebration** at Mitcham Fair Green to mark the King's Coronation. The event was well attended and fostered strong national pride and unity.

Milestone Celebrations:

- **Noel and Beryl Palmer's 60th Wedding Anniversary** – They received a special congratulatory message from the King and Queen.



- **Pauline Slater's 101st Birthday** – A genuinely inspiring moment celebrating a life well-lived.



- **Stella's 93rd & Monica's 88th Birthday Celebrations** – Honoring cherished community members.



Cultural & Heritage Events



Windrush Exhibition – “Britain Called and We Answered” in partnership with photographer **Steve Reeves**, honouring the contributions of the Windrush Generation.

Maritime Museum visit in Greenwich to support their Windrush celebrations and educate attendees on the historical significance of the Windrush Generation.

Unveiling of “Sankofa’s Journey” Mural – A powerful artwork by **Ken McCalla**, erected on the **Unity Centre building**, symbolising the resilience and legacy of the African and Caribbean community.



Community Engagement and Social Gatherings:

I met Rudolph Walker at Fairfield Halls in Croydon during the High Tea event, a memorable occasion for our members.

Challenges & Lessons Learned



Despite our successes, **PNCP** encountered several challenges, including:

- **Limited funding** for expanding key programs.
- **Increasing demand** for mental health services, surpassing available resources.

Lessons Learned:

- **Adaptability is key** – We implemented creative solutions to maximise our impact within existing funding.
- **Collaboration strengthens our efforts** – Working with new partners and stakeholders allowed us to enhance program delivery.
- **The need for long-term sustainability** – We recognise the urgency of securing consistent funding sources to meet growing community needs.

Looking Ahead: Goals for 2024/25



Building on our achievements, we have set ambitious goals for the upcoming year:

- **Expand Program Reach:** Increase participation in our **Elders' programs, Youth Empowerment initiatives, and Health Outreach services.**
- **Strengthening Partnerships:** Collaborate with at least **four new organisations** to **broaden our impact** and resource-sharing capabilities.
- **Sustainable Growth:** Secure **long-term funding** to ensure continued support for existing and future programs.
- **Focus on Mental Health:** **Launch new mental health resources** and explore hiring trained professionals to address the **growing need for mental health support.**

Acknowledgement

We extend our deepest gratitude to:

- **Our Donors, Partners, Sponsors, and Stakeholders –**

Your generosity and collaboration make our work possible.

- **Our Volunteers and Staff –** Your dedication, passion, and tireless efforts are the foundation of PNCP's success.

We are grateful to all who participated, contributed, and supported our mission throughout the year.



Final Thoughts

This Annual Report serves as a testament to the incredible strides made by **PNCP** in 2023-/24. As we look forward to another year of impact, we remain committed to **building a connected, empowered, thriving community.**

Independent Examiner's Report to the Trustees of Positive Network

I report to the charity trustees on my examination of the accounts of Positive Network (the charitable company) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

The company's gross income exceeded £25,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants (ACCA).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

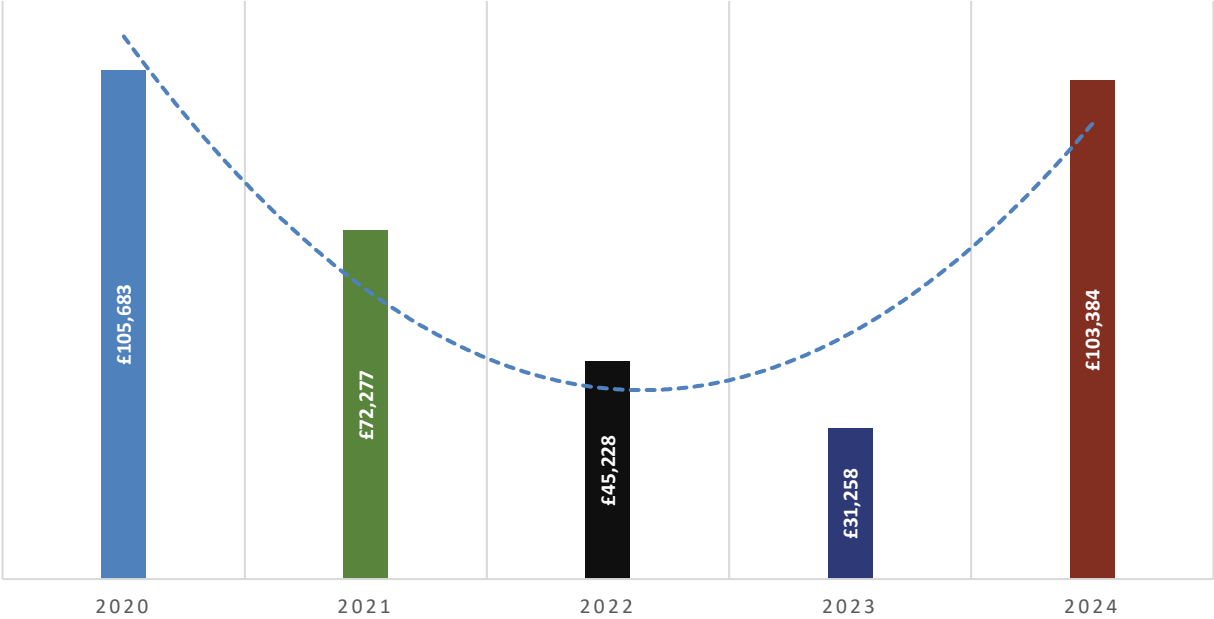


Esther Bello-Adekola
Duke of Wellington Avenue
London SE18 6NP

11 February 2025

Positive Network in 2023/24 at a Glance

TOTAL INCOME: £103K



TOTAL EXPENDITURE: £90K



Positive Network

Statement of Financial Activities

For the Year Ended 31 March 2024
(incorporating an income and expenditure account)

		Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	Note	2024	2024	2024	2023	2023	2023
		£	£	£	£	£	£
Income from:							
Donations and legacies		-	-	-	-	-	-
Charitable activities	4	-	103,384	103,384	-	31,258	31,258
Investments		-	-	-	-	-	-
Other		-	-	-	-	-	-
Total income		-	103,384	103,384	-	31,258	31,258
Expenditure on:							
Raising funds		-	-	-	830	-	830
Charitable expenditure		19,406	70,993	90,400	8,761	24,798	33,559
Total expenditure		19,406	70,993	90,400	9,590	24,798	34,389
Net surplus/(deficit) on operations		(19,406)	32,390	12,984	(9,590)	6,460	(3,131)
Transfers between funds		-	-	-	-	-	-
Net movement in funds		(19,406)	32,390	12,984	(9,590)	6,460	(3,131)
Reconciliation of funds:							
Total funds at 1 April 2023		38,002	32,275	70,276	47,592	25,815	73,408
Total funds at 31 March 2024		18,595	64,665	83,259	38,002	32,275	70,276

All amounts relate to continuing operations. All gains and losses recognized in the year are included in the Statement of Financial Activities (SoFA).

Positive Network Balance Sheet

As at 31 March 2024

	Note	2024 £	2023 £
Fixed Assets			
Intangible assets		-	-
Tangible fixed assets	5	3,217	4,290
Total fixed assets		3,217	4,290
Current Assets			
Debtors and prepayments		-	-
Cash and short-term deposits		80,043	68,513
Total current assets		80,043	68,513
Creditors: amounts falling due within one year	6	-	(2,526)
Net current assets		80,043	65,987
Total assets less current liabilities		83,260	70,276
Creditors: amounts falling due after more than one year		-	-
Provisions for liabilities		-	-
TOTAL NET ASSETS		83,260	70,276
FUNDS FOR THE CHARITY:			
Restricted funds		64,665	32,275
Unrestricted funds		18,595	38,002
Total funds		83,260	70,276

The Charity's net movement on funds for the year was an increase of £12,984 (2023: decrease of £3,131). The financial statements were approved by the Trustees on 20 February 2025 and signed on their behalf by



Sarah Abrahams, Chair

POSITIVE NETWORK COMMUNITY PROJECT

England & Wales - Charity number 1101803

Accounts



POSITIVE NETWORK

ANNUAL REPORT & ACCOUNTS 2022/23



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Reference and Administrative Details

Trustees:	Sarah Abrahams (Chair) Paul Hayward (Treasurer) Stewart Salmon (Secretary) Thelma Simpson (Member) Eileen Goedluck (Member) Richard Okerchiri (appointed January 2023)
Registered Office:	2-4 Ravenstone Street Balham London SW12 9SS
Company Registration Number:	08149526 (England and Wales)
Charity Number:	1101803
Independent Examiner:	Esther Bello-Adekola Duke of Wellington Avenue London SE18 6NP
Bankers:	Unity Trust Bank Plc Four Brindley Place Birmingham B1 2JB

Trustees Report 2022/23

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report with financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of the Statements of Recommended Practice (SORP) Accounting and Reporting by Charities issued in March 2005.

Reference and Administrative Details

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 3 of the financial statements.

Structure, Governance and Management

Positive Network Community Project is a company limited by guarantee number 08149526 and a registered charity number 1101803. The company was incorporated on 19 July 2012.

Recruitment and appointment of new trustees

The Board of trustee's members (aka Management Committee members) are elected at the Annual General Meeting (AGM) held by the organisation once every year. The Executives are able to co-opt new members during the year.

Risk Management

The Board of Trustees undertake a review of all the major risks, both internal and external, to which the organisation is faced with rigorous monitoring. Feedback systems have been put in place that make it possible to analyse every aspect of the organisation's operations and activities, including the sound management of its finances. While these systems might eventually indicate internal risks to the Management Committee, they have to follow events independent of the Charity to identify possible risks, most of which usually relate to the loss of funds.

Objectives and Activities

The objectives of the charity, as stated in its Memorandum and Articles:

- ✚ The provision of advisory services on Education and Social services to people of all ages, disabilities, social and economic backgrounds.
- ✚ To provide and improve the conditions of the life of vulnerable individuals through the provision of social welfare, recreational and leisure facilities.

Beneficiaries

- ✚ People who use our services – around 37,800 yearly.
- ✚ Their families, carers and advocates.
- ✚ The wider communities we work in, especially vulnerable people within them.

Reserves Policy

The trustees are aware that a prudent financial management of the charity requires that some funds are put aside for a "rainy day". After considering the contractual obligations of the charity, such as premises and other leasing obligations, the trustees have decided that they would hold funds in reserve, equivalent to a minimum of six months total operating expenditure. This means a total of approximately £50,000 for the current financial year.

Celebrating 21 Years of Impact: Our Journey, Achievements, and Future Aspirations

Positive Network proudly celebrated its 21st anniversary with a heartfelt thanksgiving service, filled with music, dance, storytelling, and song. Additionally, we hosted a three-day festivity on Mitcham Fair Green in honor of the King's Coronation.

Events Highlights

- June 2023: Commemorated the 75th Anniversary of Windrush with an enlightening exhibition across all Merton Libraries, in partnership with Merton Council and photographer Steve Reeves.
- August 1st, 2023: Embraced Emancipation Day.
- Celebrated Stella Seely's 90th Birthday with joyous festivities.
- Organized a revitalizing 5-day holiday trip to Devon.
- Hosted a Financial Seminar conducted by Lloyds Bank.
- Celebrated the 60th Wedding Anniversary of our esteemed members, Noel and Beryl, who received a heartfelt card from King Charles and Camilla.

Program Success

- The Day Centre continued to flourish, offering chair-based exercises, dominoes, arts and crafts, and bingo.
- The Wellbeing Group thrived with planned activities, including karaoke evenings and film screenings.
- CEO Grace Salmon received the Civic Award from Wandsworth Council, and the Mayor of Merton honored her with the Women of Substance award.

Community Support

- The Food Bank at Unity Centre, operating on Wednesdays and Saturdays at Mitcham Fair Green, effectively served the community.
- Collaborated with young people, providing safe travel through football Fridays and access to our minibus for those at risk.
- The intergenerational program strengthened connections through activities focused on cooking, nutrition, and budgeting.
- A mural titled "Sankofa Journeys," created by our youth, symbolizes the wisdom gleaned from our elders' remarkable journeys.

Growth and Appreciation

- Membership increased by 60%, demonstrating heightened community engagement and impact.
- Heartfelt appreciation to our dedicated staff and volunteers for their unwavering commitment.
- Special thanks to our generous funders and donors for their continued support, enabling us to drive positive change within our community.

Positive Network remains steadfast in its mission to foster connections, empower individuals, and effect positive change. We eagerly anticipate another year of growth, collaboration, and impactful initiatives.

Approved by the board of trustees on **11 July 2024** and signed on its behalf by:



Sarah Abrahams (Chair)

Independent Examiner's Report to the Trustees of Positive Network

I report to the charity trustees on my examination of the accounts of Positive Network (the charitable company) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

The company's gross income exceeded £25,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants (ACCA).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

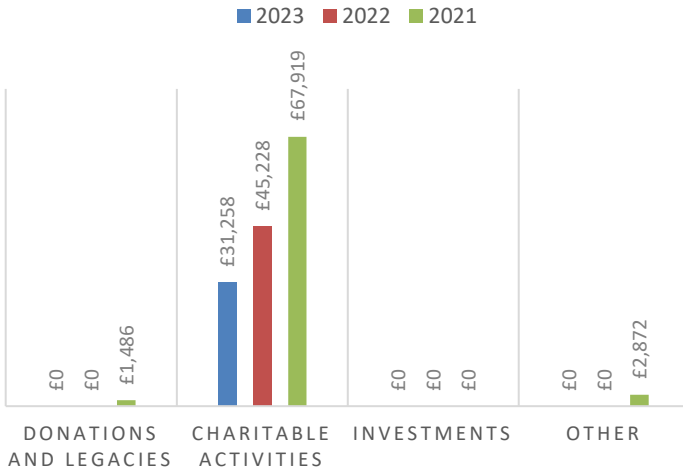


Esther Bello-Adekola
Duke of Wellington Avenue
London SE18 6NP

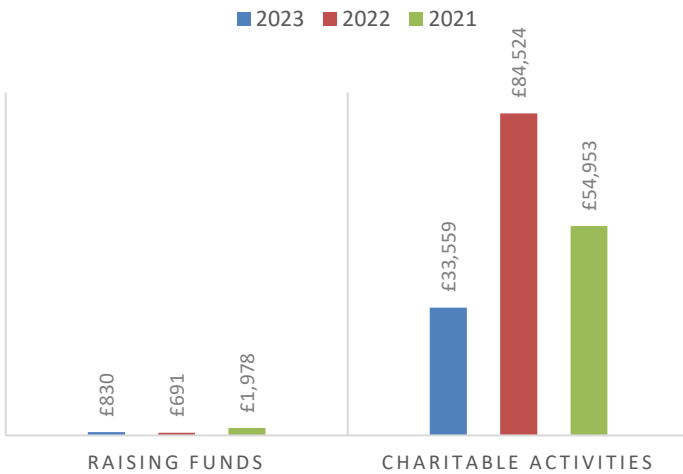
11 July 2024

Positive Network in 2022/23 at a Glance

TOTAL UNDERLYING INCOME: £31K



TOTAL EXPENDITURE: £34K



WHO WE ARE

Positive Network aims to improve the quality of life for older people and those with long suffering disabilities: physical, mental, learning and sensory.

We provide recreational and leisure activities and wellbeing services for people who have experienced loneliness, depression, anxiety, stress and other mental health issues.

KEY HIGHLIGHTS

- Membership increased by 60%.
- We celebrated our 21st Anniversary this year.
- CEO Grace Salmon received the Civic Award from Wandsworth Council, and Women of Substance award from the Mayor of Merton.

OUR WORK

We are a group of people who meet regularly for friendship and recreational activities.

- The group meets four times per week for special events, like celebrations.
- For some activities, meals are also provided in the form of a delicious homemade lunch, with a cultural dimension.
- Transport is provided for those who need it.
- Regular outings and visits are planned to places of interest.

Positive Network

Statement of Financial Activities

For the Year Ended 31 March 2023
(incorporating an income and expenditure account)

		Unrestricted funds 2023	Restricted funds 2023	Total 2023	Unrestricted funds 2022	Restricted funds 2022	Total 2022
	Note	£	£	£	£	£	£
Income from:							
Donations and legacies		-	-	-	-	-	-
Charitable activities	4	-	31,258	31,258	-	45,228	45,228
Investments		-	-	-	-	-	-
Other		-	-	-	-	-	-
Total income		-	31,258	31,258	-	45,228	45,228
Expenditure on:							
Raising funds		830	-	830	691	-	691
Charitable expenditure		8,761	24,798	33,559	38,367	46,157	84,524
Total expenditure		9,590	24,798	34,389	39,058	46,157	85,215
Net surplus/(deficit) on operations		(9,590)	6,460	(3,131)	(39,058)	(929)	(39,987)
Transfers between funds		-	-	-	-	-	-
Net movement in funds		(9,590)	6,460	(3,131)	(39,058)	(929)	(39,987)
Reconciliation of funds:							
Total funds at 1 April 2022		47,592	25,815	73,408	86,650	26,744	113,394
Total funds at 31 March 2023		38,002	32,275	70,276	47,592	25,815	73,408

All amounts relate to continuing operations. All gains and losses recognized in the year are included in the Statement of Financial Activities (SoFA).

Positive Network Balance Sheet

As at 31 March 2023

	Note	2023 £	2022 £
Fixed Assets			
Intangible assets		-	-
Tangible fixed assets	5	4,290	5,720
Total fixed assets		4,290	5,720
Current Assets			
Debtors and prepayments		-	-
Cash and short-term deposits		68,513	68,141
Total current assets		68,513	68,141
Creditors: amounts falling due within one year	6	- 2,526	- 453
Net current assets		65,987	67,688
Total assets less current liabilities		70,276	73,408
Creditors: amounts falling due after more than one year		-	-
Provisions for liabilities		-	-
TOTAL NET ASSETS		70,276	73,408
FUNDS FOR THE CHARITY:			
Restricted funds		32,275	25,815
Unrestricted funds		38,002	47,592
Total funds		70,276	73,408

The Charity's net movement on funds for the year was a decrease of £3,131 (2022: decrease of £39,987). The financial statements were approved by the Trustees on 11 July 2024 and signed on their behalf by



Sarah Abrahams, Chair

POSITIVE NETWORK COMMUNITY PROJECT

England & Wales - Charity number 1101803

Accounts

ANNUAL REPORT & ACCOUNTS 2021/22



POSITIVE NETWORK

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Reference and Administrative Details

Trustees:	Sarah Abrahams (Chair) Paul Hayward (Treasurer) Stewart Salmon (Secretary) Thelma Simpson (Member) Eileen Goedluck (Member)
Registered Office:	2-4 Ravenstone Street Balham London SW12 9SS
Company Registration Number:	08149526 (England and Wales)
Charity Number:	1101803
Independent Examiner:	Esther Bello-Adekola Duke of Wellington Avenue London SE18 6NP
Bankers:	Unity Trust Bank Plc Four Brindley Place Birmingham B1 2JB

Trustees Report 2021/22

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report with financial statements of the charity for the year ended 31 March 2022. The Trustees have adopted the provisions of the Statements of Recommended Practice (SORP) Accounting and Reporting by Charities issued in March 2005.

Reference and Administrative Details

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 3 of the financial statements.

Structure, Governance and Management

Positive Network Community Project is a company limited by guarantee number 08149526 and a registered charity number 1101803. The company was incorporated on 19 July 2012.

Recruitment and appointment of new trustees

The Board of trustee's members (aka Management Committee members) are elected at the Annual General Meeting (AGM) held by the organisation once every year. The Executives are able to co-opt new members during the year.

Risk Management

The Board of Trustees undertake a review of all the major risks, both internal and external, to which the organisation is faced with rigorous monitoring. Feedback systems have been put in place that make it possible to analyse every aspect of the organisation's operations and activities, including the sound management of its finances. While these systems might eventually indicate internal risks to the Management Committee, they have to follow events independent of the Charity to identify possible risks, most of which usually relate to the loss of funds.

Objectives and Activities

The objectives of the charity, as stated in its Memorandum and Articles:

- ✚ The provision of advisory services on Education and Social services to people of all ages, disabilities, social and economic backgrounds.
- ✚ To provide and improve the conditions of the life of vulnerable individuals through the provision of social welfare, recreational and leisure facilities.

Beneficiaries

- ✚ People who use our services – around 37,800 yearly.
- ✚ Their families, carers and advocates.
- ✚ The wider communities we work in, especially vulnerable people within them.

Black History Month

Black History Month has continued to be celebrated this year. We celebrated Lord Herman Ouseley who talked to the group about his experiences in the House of Lords. We teamed up with photographer Steve Reeves who interviewed some of our Elders in order to create an exhibition in partnership with Mitcham Library called Britain called and we answered. This will be showcased in October 2022.

Food Bank Services

We provide emergency food to people in crisis. Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple parcel of food makes a big difference, with foodbank helping prevent crime, housing loss, family breakdown and mental health problems. With the recent cost of living crisis, the demand for our food bank services has increased by more than 40%.

Positive Minds Well-Being

We offer a free drop-in service for people who have experienced loneliness, depression, anxiety, stress and other mental health issues (and friends/family 18+).

African-Caribbean Elderly Day Center

We deliver high-quality services and provide a warm cultural embrace to a diverse community. We take part in activities such as Zumba, theatre trips, meals out, holidays, discussions, arts and crafts and cultural events.

Befriending Service

We offer a free face-to-face and telephone befriending service to individuals aged 65 and over who are housebound, and/or living alone in order to reduce social isolation, empower and promote independence.

Asian Support Scheme

We are an Integrated Care provider that provides day services for older people. We give members the opportunity to have fun and socialize with other people, and offer carers a well-deserved break.

The Future of Positive Network Community Project Limited

The trustees of Positive Network Community Project are well on track soliciting for grants, crowd funding and contracts.

Reserves Policy

The trustees are aware that a prudent financial management of the charity requires that some funds are put aside for a "rainy day". After considering the contractual obligations of the charity, such as premises and other leasing obligations, the trustees have decided that they would hold funds in reserve, equivalent to a minimum of six months total operating expenditure. This means a total of approximately £50,000 for the current financial year.

Thank You

As we look towards our 20th anniversary later this year, we have much to be proud of in the years behind us, and much to look forward to as we think about what the future will hold for Positive Network. We thank all staff, volunteers, supporters and stakeholders for their hard work and support over the year.

Approved by the board of trustees on 22 December 2022 and signed on its behalf by:



Sarah Abrahams (Chair)

Independent Examiner's Report to the Trustees of Positive Network

I report to the charity trustees on my examination of the accounts of Positive Network (the charitable company) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

The company's gross income exceeded £25,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants (ACCA).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

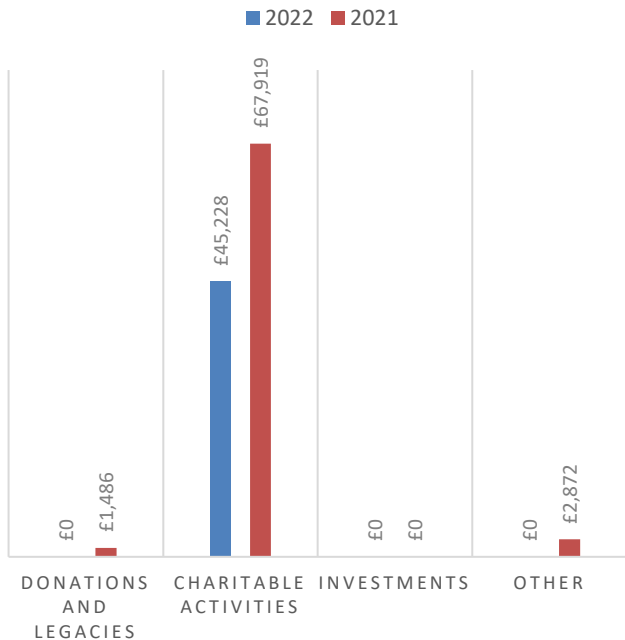


Esther Bello-Adekola
Duke of Wellington Avenue
London SE18 6NP

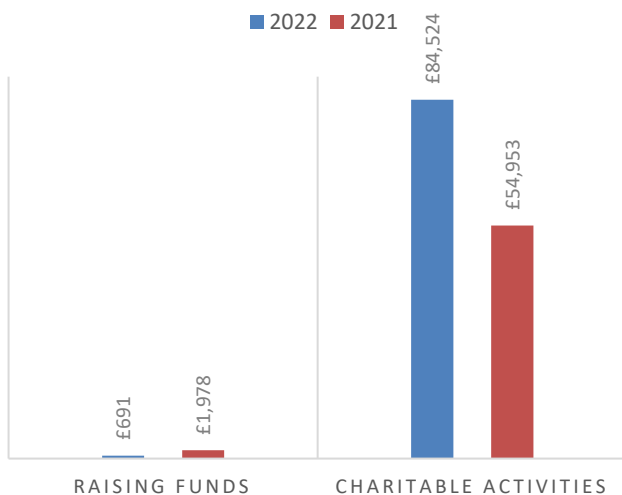
22 December 2022

Positive Network in 2021/22 at a Glance

TOTAL UNDERLYING INCOME: £45k



TOTAL EXPENDITURE: £85k



WHO WE ARE

Positive Network aims to improve the quality of life for older people and those with long suffering disabilities: physical, mental, learning and sensory.

We provide recreational and leisure activities and wellbeing services for people who have experienced loneliness, depression, anxiety, stress and other mental health issues.



FUNDS RAISED

Supporters donate to The Positive Network by giving a donation or participating in one of our events.



KEY HIGHLIGHTS

- Around 37,800 people use our services yearly.
- Demand for our food bank services increased by more than 40%.
- We celebrate our 20th Anniversary later this year.



OUR WORK

We are a group of people who meet regularly for friendship and recreational activities.

- The group meets four times per week for special events, like celebrations.
- For some activities, meals are also provided in the form of a delicious homemade lunch, with a cultural dimension.
- Transport is provided for those who need it.
- Regular outings and visits are planned to places of interest.



Positive Network

Statement of Financial Activities

For the Year Ended 31 March 2022

(incorporating an income and expenditure account)

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies		–	–	–	1,486	–	1,486
Charitable activities	4	–	45,228	45,228	–	67,919	67,919
Investments		–	–	–	–	–	–
Other		–	–	–	2,872	–	2,872
Total income		–	45,228	45,228	4,358	67,919	72,277
Expenditure on:							
Raising funds		691	–	691	1,978	–	1,978
Charitable activities		38,367	46,157	84,524	13,778	41,175	54,953
Total expenditure		39,058	46,157	85,215	15,756	41,175	56,931
Net surplus on operations		(39,058)	(929)	(39,987)	(11,398)	26,744	15,346
Transfers between funds		–	–	–	–	–	–
Net movement in funds		(39,058)	(929)	(39,987)	(11,398)	26,744	15,346
Reconciliation of funds:							
Total funds at 1 April 2021		86,650	26,744	113,394	98,048	–	98,048
Total funds at 31 March 2022		47,592	25,815	73,408	86,650	26,744	113,394

All amounts relate to continuing operations. All gains and losses recognised in the year are included in the Statement of Financial Activities (SoFA).

Positive Network Balance Sheet

As at 31 March 2022

	Note	2022 £	2021 £
Fixed Assets			
Intangible assets		–	–
Tangible fixed assets	5	5,720	7,626
Total fixed assets		5,720	7,626
Current Assets			
Debtors and prepayments		–	–
Cash and short-term deposits		68,141	105,768
Total current assets		68,141	105,768
Creditors: amounts falling due within one year	6	(453)	–
Net current assets		67,688	105,768
Total assets less current liabilities		73,408	113,394
Provisions for liabilities		–	–
TOTAL NET ASSETS		73,408	113,394
FUNDS OF THE CHARITY:			
Restricted funds		25,815	26,744
Unrestricted funds		47,592	86,650
Total funds		73,408	113,394

The Charity's net movement on funds for the year was a decrease of £39,986 (2021: increase of £15,346).

The financial statements were approved by the Trustees on 22 December 2022 and signed on their behalf by



Sarah Abrahams, Chair

POSITIVE NETWORK COMMUNITY PROJECT

England & Wales - Charity number 1101803

Accounts

POSITIVE NETWORK COMMUNITY PROJECT LIMITED

REGISTERED COMPANY NUMBER: 08149526 (England and Wales)
REGISTERED CHARITY NUMBER: 1101803

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS OF THE YEAR ENDED 31 MARCH 2021
FOR
POSITIVE NETWORK COMMUNITY PROJECT LIMITED

2-4 Ravenstone Street
Balham, London
SW12 9SS

POSITIVE NETWORK COMMUNITY PROJECT LIMITED

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FOR THE YEAR ENDED 31 MARCH 2021

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POSITIVE NETWORK COMMUNITY PROJECT LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

Charity number 1101803
Company registration number 08149526 (England and Wales)

Registered office
2-4 Ravenstone Street
Balham
London
SW12 9SS

Trustees

Sarah Abrahams (Chairman)
Paul Hayward (Treasurer)
Thelma Simpson (Secretary)
Joan Aubee Member
Stewart Salmon Member
Grace Salmon Director & Manager
Norman Goodluck Member

Independent examiner
Charity Accounting Services
272 Kensington High Street
London W8 6ND

Bankers
Unity Trust Bank Plc
Four Brindley Place
Birmingham, B1 2JB

POSITIVE NETWORK COMMUNITY PROJECT LIMITED REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st MARCH 2021

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report with financial statements of the charity for the year ended 31 March 2021. The Trustees have adopted the provisions of the Statements of Recommended Practice (SORP)' Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 1 of the financial statement.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Positive Network Community Project is a company limited by guarantee number 08149526 and a registered charity number 1101803. The company was incorporated on 19 July 2012.

Recruitment and appointment of new trustees

The Board of trustee's members (aka Management Committee members) are elected at the Annual General Meeting (AGM) held by the organisation once every year The Executive are able to co-opt new members during the year.

Organisational Structure and Accountability

Risk Management

The Board of Trustees undertakes a review of all the major risks, both internal and external, to which the organisation is faced with rigorous monitoring and feedback systems have been put in place that make it possible to analyse every aspect of the organisation's operations and activities, including the sound management of its finances. While these systems might eventually indicate internal risks to the Management Committee, they have to follow events independent of the Charity to identify possible risks, most of which usually relate to the loss of funds.

OBJECTIVES AND ACTIVITIES

The objects of the charity, as stated in its Memorandum and Articles:

- a. The provision of advisory services on Education & Social services to people of all ages, disabilities, social and economic backgrounds.
- b. To provide and improve the conditions of life of vulnerable individuals through provision of Social welfare, recreational and Leisure facilities.

POSITIVE NETWORK COMMUNITY PROJECT LIMITED REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st MARCH 2021

The trustees, who are also directors for the purposes of company law, have pleasure in presenting their report with financial statements of the charity for the year ended 31 March 2021. The Trustees have adopted the provisions of the Statements of Recommended Practice (SORP)' Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 1 of the financial statement.

STRUCTURE, GOVERNANCE AND MANAGEMENT

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RECRUITMENT AND APPOINTMENT OF NEW TRUSTEES.

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OBJECTIVES AND ACTIVITIES

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- c. The provision of advisory services on Education & Social services to people of all ages, disabilities, social and economic backgrounds.

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COVID-19 RESPONSE PROJECT

We have been in Operation in Unity Centre for almost one year. In March 2020 because of the Covid-19 Pandemic we had to close all our face-to-face operations. We had to change our operations face to face work to remote working.

Our new operations included preparing meals and delivering to members' homes.

Collecting medication for those who cannot get to the pharmacy.

Shopping for members who were self-isolating and unable to get to the shops.

FURLOUGH SCHEME

As a result of the Covid-19 pandemic all staff were placed on the government Furlough scheme, which was a much needed intervention for all staff involved.

FESTIVALS CHRISTMAS EVE FOOD DONATIONS

This year we celebrated Emancipation Day social distance was observed on Mitcham Fair Green. Masks were worn, participants were treated to music and exhibitions.

Every year Merton Churches Together usually organise a Christmas Dinner for people in need however due to the Pandemic the Christmas dinner was cancelled. Wimbledon Foundation got in touch with us, offering 400 meals that can be distributed to people in need in the local area. The meals were distributed on Christmas Eve.

FOOD BANK SERVICES

We provide emergency food to people in crisis. Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple parcel of food makes a big difference, with foodbank helping prevent crime, housing loss, family breakdown and mental health problems.

FOOD IS DONATED

Local Schools, churches, businesses and individuals donate non-perishable, in-date food to s. We collect large donations of perishable and non-perishable goods from local supermarkets.

FOOD IS SORTED AND STORED

Volunteers sort food to check that it's validity and pack it into food parcels ready to be given to people in need.

PROFESSIONALS IDENTIFY PEOPLE IN NEED

Our Foodbank partners with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with much needed food.

The FUTURE OF POSITIVE NETWORK COMMUNITY PROJECT LIMITED

The trustees of Positive Network Community Project are well on track soliciting for grants, crowd funding and contracts. During the Covid-19 our membership has increased by more than 50%.

FINANCIAL REVIEW

Reserves policy the trustees are aware that a prudent financial management of the charity requires that some funds are put aside for a "rainy day". After considering the contractual obligations of the charity, such as premises and other leasing obligations the trustees have decided that they would require to hold funds in reserve, equivalent to a minimum of six months total operating expenditure. This means a total of approximately £50,000 for the current financial year.

THANK YOU

To all our staff, volunteers and supporters who have made this year successful in this difficult time.

THANK YOU

To all our partners and funders who have supported us throughout the year: Merton Giving, London Community Response Fund, Wimbledon Foundation, Mercers Company, Walcot Foundation, Voice4Change and Neighbourly. Fare Share, M&S, Lidl, Aldi, Tesco, City Harvest, Unity Centre of South London, Merton Council, Wandsworth.

Approved by order of the board of trustees on 26 January 2022 and signed on its behalf by.



Sarah Abrahams (Chairperson)

POSITIVE NETWORK COMMUNITY PROJECT LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF POSITIVE
NETWORK COMMUNITY PROJECT LIMITED

I report on the accounts for the year ended 31 March 2021 set out on pages five to ten.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

INDEPENDENT EXAMINER

Charity Accounting Services was appointed as independent examiner for the ensuing year.



Charity Accounting Services
272 Kensington High Street
London W8 6ND

POSITIVE NETWORK COMMUNITY PROJECT LIMITED
STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE
INCOME AND EXPENDITURE ACCOUNT)
FOR YEAR ENDED 31 MARCH 2021

	Unrestricted Funds £	Restricted Funds £	Total Fund 2021 £	Total Funds 2020 £
	Notes			
INCOMING RESOURCES				
Incoming resources from generating funds:				
Activities for generating income	2872		2,872	1,123
Voluntary income	2	67,919	67,919	102,419
Charitable income	1486		1486	600
Investment income	3	-	-	1,541
Donation				
	-----		-----	-----
TOTAL INCOMING RESOURCES	4358	67,919	72,277	105,683
RESOURCES EXPENDED				
Costs of generating funds				
Costs of generating voluntary				
Income	1978		1978	5445
Charitable activities				
Charitable activities	13778	41,175	54,953	39,284
Governance costs				
TOTAL RESOURCE EXPENDED	15,756	41,175	56,931	44,729
NET INCOMING RESOURCES	-11,398	26,744	15,346	60,954
NET INCOME FOR THE YEAR				
RECONCILIATION OF FUNDS				
Total funds brought forward	4	98,048	98,048	37,094
TOTAL FUNDS CARRIED FORWARD	86,650	26744	113,394	98,048

None of the Trustees or any person connected with them received any remuneration during the year. One member of Management Committee was reimbursed £2000 or travel expenses incurred on the charity's business.

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 10 to 19 form part of these financial statements

POSITIVE NETWORK COMMUNITY PROJECT LIMITED

BALANCE SHEET

31 MARCH 2021

FIXED ASSETS

		Unrestricted Fund	Restricted Fund	2021 £	2020 £
FIXED ASSETS	Notes				
Tangible assets	6	7626		7626	579.00
CURRENT ASSETS					
Debtors & Prepayments	7				3,127
Cash at bank		<u>2410</u>			<u>58,765</u>
					<u>61,892</u>
CREDITORS: Amounts falling due within one year	8				
-					
NET CURRENT LIABILITIES		0.00			(1,517)
Total assets less current liabilities		<u>10,036</u>		<u>10,036</u>	<u>60,954</u>
NET (LIABILITIES)/ ASSETS		10.036	=	<u>10,036</u>	<u>60,954</u>
MOVEMENT IN FUNDS					
Restricted income funds	9	26744		26744	1,853
Unrestricted income		-11398		-11398	
TOTAL FUNDS		<u>25382</u>		<u>25382</u>	<u>62,807</u>

INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

		Unrestricted funds £	Restricted funds £	Total 31.03.21 £	Total 31.03.20 £
Grants and other incomes	10		50,712	50,712	
HMRC JRS Furlough scheme wages		-	17207	17,207	-
The Wimbledon Foundation Lunch Club			4445	4445	-
					5121

Sales of products	2872		2872	1123
Other services				-
Charitable activities	<u>1486</u>	<u>72,364</u>	<u>1486</u>	<u>600</u>
	4358	72,364	76,722	6,844

The trustees are satisfied that the charity is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 471(2), and that no member or members have requested an audit pursuant to section 476(1) of the Act. The trustees acknowledge their responsibilities for:

- (i) ensuring that the charity keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply requirements of the Act relating to financial statements, so far as applicable to the charity

These financial statements were approved by the members of the committee on the

.....26 January 2022

POSITIVE NETWORK COMMUNITY PROJECT LIMITED

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Cash flow statement

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small. Grants received are accounted for on an accrual basis. Netting off of income and expenditure, incoming resources and outgoing expenditure are accounted for without any netting off of expenditure against income.

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Motor van	-25% reducing balance
Plant & Machinery	-15% reducing balance
Fixtures & Fittings	-15% reducing balance
Equipment	-15% reducing balance

2. VOLUNTARY INCOME

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. There are no currently any restricted funds held. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

POSITIVE NETWORK COMMUNITY LIMITED

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

3. INVESTMENT INCOME

	2021 £	2020 £
Investment receivable/reward	0	1541

4. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting): 15,346

	2021 £	2020 £
Depreciation-owned assets	0.00	12,949

5. Trustees' remuneration or other benefits for the year ended 31 March 2021

6. TANGIBLE FIXED ASSETS

	Motor Van £	Fixtures and Fittings £	Computer Equipment £	Total Funds £
COST				
At 1 April 2020 and 31 March 2021	11,745	5236	0	16,981
Disposal	4119	5236		9355
At March 2021	7626	0	0	7626
DEPRECIATION				
At 1 April 2020	0	0	0	0
Charge for the year	0			
At 31 March 2021	<u>7626</u>	<u>0</u>	<u>0</u>	<u>7626</u>
NET BOOK VALUE				
At 31 March 2021	7626	0	0	<u>7626</u>
At 31 March 2020	11745	5236	0	<u>16981</u>

POSITIVE NETWORK COMMUNITY PROJECT LIMITED
NOTES TO THE FINANCIAL STATEMENT-Continued
FOR THE YEAR ENDED 31 MARCH 2021

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Debtors and Accrued Income	0	500

8. CREDITORS: AMOUNT FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Merton-Rent & service charges	-	-
Van loans & other loans	-	1517
Creditors & Accrued expenses	-	-

9. MOVEMENT IN FUNDS

	At 1.4.20	Net movement	
		in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	62,807	-11398	51409
Restricted funds			
Restricted fund	0	26744	26744

	Incoming Resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds	4358	15756	-11398
Restricted funds	72,277	56931	15346

10. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted funds	Restricted funds	Total 31.03.21	Total 31.03.20
	£	£	£	£
Grants and other incomes:			-	
Merton Giving		5000	5000	-
Wimbledon Foundation		4445	4445	-
LCR		5000	5000	-
Mercers		8695	8695	-
MIND		8950	8950	-
Voice4Change		9950	9950	-
Voice4Change		1000	1000	-
Merton Giving		5000	5000	-
LB Wandsworth		2672	2672	-
HMRC JRS Furlough Scheme wages	-	17,207	17,207	-

Lunch Club		-	5121
Sales of products	2872	2872	1123
Other services			-
Charitable activities	1486	1486	600

*Lunch Club's income is nil as the pandemic prevented any operation.

SUPPORTING OUR COMMUNITY

