

Brighter Living Partnership

Charity No. 1101722

Company No. 03973156

Trustees' Report and Unaudited Accounts

31 March 2025

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Brighter Living Partnership
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Brighter Living Partnership
Trustees Annual Report

We are pleased to present the Trustees' Report and Unaudited Financial Statements for the year ending 31 March 2025. This report reflects the work, challenges, and achievements of Brighter Living Partnership over the past year.

These financial statements have been prepared in line with our governing documents and statutory obligations, including the Charities Act 2011, Companies Act 2006, and the Charities SORP (FRS 102). In aiming to present a true and fair view, the accounts have followed the updated SORP guidance instead of the earlier version referenced in the 2008 Regulations.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 03973156

Charity No. 1101722

Principal Office

Southport Community Centre
99 Norwood Road
Southport
PR8 6HQ

Registered Office

Southport Community Centre
Norwood Road
Southport
Merseyside
PR8 6HQ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

N.E. Bellamy

S.M. Jankowski

R. Jones

A.J. Kitchen

S. Ning

M. Ollivier

R.J. Owens

(Resigned 1 November 2024)

Accountants

Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG

Brighter Living Partnership

Trustees Annual Report

Bankers

Co-Operative Bank

1 Balloon Street

Manchester

M60 4EP

OBJECTIVES AND ACTIVITIES

Brighter Living Partnership exists to promote and protect the health and wellbeing of people living across Sefton. Our work is centred around community-led initiatives that empower individuals, reduce health inequalities, and promote social inclusion. Our core strategic objectives are to:

- a) Reduce health inequalities
- b) Promote social inclusion
- c) Improve quality of life
- d) Influence the wider determinants of health
- e) Support skill development and volunteering
- f) Act as a hub for health and lifestyle information

All our activities are planned with public benefit in mind and align with the Charity Commission's guidance.

Changes in Challenges

Leadership and Structure

This year brought important changes to our leadership team. In April 2024, we welcomed Darren Holloran as our new Manager. With a strong track record in the voluntary and charity sector, Darren has brought fresh energy and strategic direction to the organisation. Nikki Williams was also promoted to Personalised Care Lead, strengthening our management capacity—particularly in relation to our NHS partnerships.

Funding and Stability

The re-procurement of the Living Well Sefton Public Health contract in Autumn 2023 caused some understandable concern among staff. We are happy to report that the Sefton CVS Consortium, of which we are a member, was successful. We have now completed the first year of this three-year agreement and are seeing both staff stability and excellent community outcomes.

In contrast, the Social Prescribing contract remains a rolling one-year arrangement, contributing to some team uncertainty. Nonetheless, we experienced strong results, growing referral numbers and minimal staff turnover—thanks in part to Public Health's continued support.

Our partnership with the Steve Morgan Foundation also remains strong. Their funding for our Volunteer Development post—vital to the Shopping and Befriending service—enters its third and final year in 2025, and we're actively seeking further support to continue this essential work.

ACHIEVEMENTS AND PERFORMANCE

Shopping, Befriending and Volunteer Services

Originally born out of the pandemic, our shopping and telephone befriending services have continued to thrive. This year, over 60 local people received regular support. Volunteers delivered emergency shopping, helped clients transition to online shopping, and offered meaningful conversations to reduce isolation.

We're immensely grateful to the Steve Morgan Foundation and P.H. Holt Foundation for enabling this support. Thanks to their funding, we worked alongside more than 40 volunteers this year—true community champions.

Living Well Sefton

As a key delivery partner, our focus this year was on obesity, mental health, and community resilience. The ongoing cost-of-living crisis has impacted many of our residents, especially their mental health. In response, we expanded our Think Differently, Cope Differently courses and extended our warm space into a welcoming hub for social contact and support.

Over 300 individuals engaged with our mentors through Universal Consultations, focusing on loneliness, diet, exercise, and resilience. We also chaired six Neighbourhood Community Partners meetings, supporting collaboration across groups such as Compassion Acts, Parenting 2000, Home Start, and more.

A £2,100 grant allowed us to launch Tai Chi sessions to support social inclusion and fall prevention, benefiting many older residents.

High Park Project

Though the project formally ended in March 2024, we continue to support many of the activities it helped create. Groups such as Charlie's Way, Garden Group, Craft Group, and Brighter Connections remain active at our Community Centre. Additionally, we continue to work alongside the Friends of High Park Green Spaces (FOHPGS) in delivering events like Love Your Park Days and the annual Christmas Lights.

Primary Care (NHS) Funded Roles

Social Prescribing Link Workers

Our team received 1,370 referrals this year—up 6.1% from last year. We supported people through issues ranging from mental health to bereavement, housing, and access to community groups.

A newly established Social Prescribing Care Coordinator now acts as our triage point, streamlining referrals and improving client experiences.

Health and Wellbeing Coach

Based at St Marks Surgery, this role supports individuals in making positive lifestyle changes, from improving sleep and diet to better managing stress. The Coach launched a new and very well-received menopause support group, and referral pathways are expanding across the practice.

Other Grants

This year, we successfully secured several grants that allowed us to extend or diversify our services:

- Sefton CVS: £2,000 - Extended our Warm Space
- Police Foundation: £1,800 – Supported the Men's Group
- Duchy of Lancaster: £2,100 – Funded Men's Shed and Men's Group activities
- Sefton CVS: £2,100 – Enabled Tai Chi classes

Brighter Living Partnership
Trustees Annual Report

- Sefton CVS: £3,000 – Delivered community blood pressure checks
- Sefton CVS: £950 – Continued Brighter Connections support
- Various funders: £13,350 – Supported community activities, cohesion events, and Mindful Art sessions planned for Spring 2025

FINANCIAL REVIEW

The Trustees maintain a Contingency Fund to ensure we can meet staff obligations and continue operations for at least a year with a part-time coordinator. Current reserves are considered sufficient.

We'd like to express our heartfelt thanks to all staff and volunteers who've gone above and beyond this year. Your hard work has truly made a difference in people's lives. As Chair, I'd also like to thank my fellow Trustees for their guidance, commitment, and teamwork.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Brighter Living Partnership is a registered charity and a company limited by guarantee. It is governed by its Memorandum and Articles of Association (dated 17 November 1999).

Trustees are elected annually at the AGM. One-third retire by rotation each year but may stand for re-election.

In 2024/25, the Board met formally five times, including one strategic away day with senior staff. Meetings were held in person at our Community Centre. A new organisational strategy, co-produced by Trustees and staff (with special thanks to Trustee Suzy Ning), is set for approval at our June 2025 board meeting.

In between meetings, Trustees remained actively involved via email and other correspondence, providing invaluable support on governance, finance, and safeguarding matters.

Thank you for your continued support and interest in Brighter Living Partnership. Together, we're making a real and lasting difference in Sefton.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

Nigel Bellamy

N.E. Bellamy
Trustee

08 December 2025

Brighter Living Partnership
Independent Examiners Report

Independent Examiner's Report to the trustees of Brighter Living Partnership

I report to the charity trustees on my examination of the financial statements of Brighter Living Partnership for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Accountant.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Ian Wright
Chartered Accountant
Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG
08 December 2025

Brighter Living Partnership
Statement of Financial Activities
for the year ended 31 March 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
	Notes				
Income and endowments from:					
Donations and legacies	4	21,385	493,362	514,747	479,884
Charitable activities	5	32,730	-	32,730	32,307
Total		54,115	493,362	547,477	512,191
Expenditure on:					
Charitable activities	6	54,012	491,216	545,228	525,488
Total		54,012	491,216	545,228	525,488
Net gains on investments		-	-	-	-
Net income/(expenditure)		103	2,146	2,249	(13,297)
Transfers between funds		-	-	-	-
Net income/(expenditure) before other gains/(losses)		103	2,146	2,249	(13,297)
Other gains and losses					
Net movement in funds		103	2,146	2,249	(13,297)
Reconciliation of funds:					
Total funds brought forward		85,283	56,684	141,967	155,264
Total funds carried forward		85,386	58,830	144,216	141,967

Brighter Living Partnership**Balance Sheet**

at 31 March 2025

Company No. 03973156	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	8	-	-
Current assets			
Debtors	9	41,771	36,158
Cash at bank and in hand		231,135	215,799
		<u>272,906</u>	<u>251,957</u>
Creditors: Amount falling due within one year	10	(128,690)	(109,990)
Net current assets		<u>144,216</u>	<u>141,967</u>
Total assets less current liabilities		<u>144,216</u>	<u>141,967</u>
Net assets excluding pension asset or liability		<u>144,216</u>	<u>141,967</u>
Total net assets		<u>144,216</u>	<u>141,967</u>
The funds of the charity			
Restricted funds	11		
Restricted income funds		58,830	56,684
		<u>58,830</u>	<u>56,684</u>
Unrestricted funds	11		
General funds		35,386	35,283
Designated funds		50,000	50,000
		<u>85,386</u>	<u>85,283</u>
Reserves	11		
Total funds		<u>144,216</u>	<u>141,967</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 08 December 2025

And signed on its behalf by:

Nigel Bellamy

N.E. Bellamy
Trustee
08 December 2025

Brighter Living Partnership
Notes to the Accounts
for the year ended 31 March 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note. The functional currency used is the £ Sterling.

Preparation of the accounts on a going concern basis

At the time of approving the accounts, the trustees' have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. As such these accounts have been prepared under the going concern basis.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Brighter Living Partnership

Notes to the Accounts

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Motor Vehicles	25% Reducing balance
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The motor vehicle is fully depreciated so there is no depreciation charge for the year.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

Brighter Living Partnership
Notes to the Accounts

3 Statement of Financial Activities - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Income and endowments from:			
Donations and legacies	2,797	477,087	479,884
Charitable activities	31,987	320	32,307
Total	34,784	477,407	512,191
Expenditure on:			
Charitable activities	70,035	455,453	525,488
Total	70,035	455,453	525,488
Net income	(35,251)	21,954	(13,297)
Net income before other gains/(losses)	(35,251)	21,954	(13,297)
Other gains and losses:			
Net movement in funds	(35,251)	21,954	(13,297)
Reconciliation of funds:			
Total funds brought forward	120,534	34,730	155,264
Total funds carried forward	85,283	56,684	141,967

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Social Prescribing	-	341,433	341,433	276,640
P H Holt	-	-	-	4,225
Steve Morgan Foundation	-	28,250	28,250	28,250
High Park Big Lottery	-	-	-	41,997
Living Well Sefton	-	116,705	116,705	109,728
Men's Shed	245	744	989	-
Donations	5,298	-	5,298	3,662
CEV 2 Grant	3,000	-	3,000	-
Community Foundation	10,000	-	10,000	-
Locality Grant	-	2,130	2,130	10,802
Warm Spaces	-	2,000	2,000	3,080
Barrett Developments	-	-	-	1,500
Men's Group	-	2,100	2,100	-
Other grants	2,842	-	2,842	-
	21,385	493,362	514,747	479,884

Brighter Living Partnership
Notes to the Accounts

5 Income from charitable activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
Charitable activities	6,129	6,129	3,377
Shopping service	26,601	26,601	28,930
	<u>32,730</u>	<u>32,730</u>	<u>32,307</u>

6 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Healthy Living	33,198	491,216	524,414	495,045
<i>Admin costs</i>				
Employee costs	2,712	-	2,712	3,003
Motor and travel costs	5,329	-	5,329	4,228
Premises costs	5,440	-	5,440	12,106
General administrative costs	6,236	-	6,236	10,030
Legal and professional costs	1,097	-	1,097	1,076
	<u>54,012</u>	<u>491,216</u>	<u>545,228</u>	<u>525,488</u>

7 Staff costs

No employee received emoluments in excess of £60,000.

8 Tangible fixed assets

	Motor Vehicles	Total
	£	£
Cost or revaluation		
At 1 April 2024	8,000	8,000
At 31 March 2025	<u>8,000</u>	<u>8,000</u>
Depreciation and impairment		
At 1 April 2024	8,000	8,000
At 31 March 2025	<u>8,000</u>	<u>8,000</u>
Net book values		
At 31 March 2025	-	-
At 31 March 2024	<u>-</u>	<u>-</u>

Brighter Living Partnership
Notes to the Accounts

9 Debtors

	2025	2024
	£	£
Trade debtors	39,889	33,971
Prepayments and accrued income	1,882	2,187
	<u>41,771</u>	<u>36,158</u>

10 Creditors:

amounts falling due within one year

	2025	2024
	£	£
Trade creditors	127,628	108,928
Accruals	1,062	1,062
	<u>128,690</u>	<u>109,990</u>

Brighter Living Partnership
Notes to the Accounts

11 Movement in funds

	At 1 April 2024	Incoming resources (including other gains/losses) £	Resources expended £	At 31 March 2025 £
Restricted funds:				
Restricted income funds:				
Social Prescribing	10,347	341,433	(332,720)	19,060
Locality Grant	183	2,130	(2,313)	-
High Park - Big Lottery	26,358	-	(18,873)	7,485
SCVS - Living Well Sefton	1,855	116,705	(108,499)	10,061
Men's Shed	-	744	(744)	-
P H Holt	3,561	-	(1,711)	1,850
Steve Morgan Foundation	14,018	28,250	(22,256)	20,012
Warm Spaces	-	2,000	(2,000)	-
Men's Group	362	2,100	(2,100)	362
Total	56,684	493,362	(491,216)	58,830
Unrestricted funds:				
General funds	35,283	54,115	(54,012)	35,386
Designated funds:				
Contingency Fund	50,000	-	-	50,000
Total	50,000	-	-	50,000
Total funds	141,967	547,477	(545,228)	144,216

Purposes and restrictions in relation to the funds:

Restricted funds:

Social Prescribing	Link workers
Locality Grant	Community activities
High Park - Big Lottery	Community activities
SCVS - Living Well Sefton	Wellness service
Men's Shed	Men's social activities
P H Holt	Community Activities
Steve Morgan Foundation	Staff salaries
Warm Spaces	Provision of warm spaces
Men's Group	Men's social activities

Designated funds:

Contingency Fund

Brighter Living Partnership**Notes to the Accounts****12 Analysis of net assets between funds**

	Unrestricted funds	Restricted funds	Total
	£	£	£
Net current assets	85,386	58,830	144,216
	<u>85,386</u>	<u>58,830</u>	<u>144,216</u>

13 Reconciliation of net cash / (net debt)

	At 1 April 2024	Cash flows	At 31 March 2025
	£	£	£
Cash and cash equivalents	215,799	15,336	231,135
	<u>215,799</u>	<u>15,336</u>	<u>231,135</u>
Net cash / (net debt)	<u>215,799</u>	<u>15,336</u>	<u>231,135</u>

FRS 102 requires an entity to report changes in net debt in the accounting period. Brighter Living Partnership does not carry any debt or other borrowings and has a positive net cash position

14 Related party disclosures***Controlling party***

The company is limited by guarantee and has no share capital; thus no single party controls the company.