

# Annual Report

## April 24 - March 25



# Resolven Building Blocks

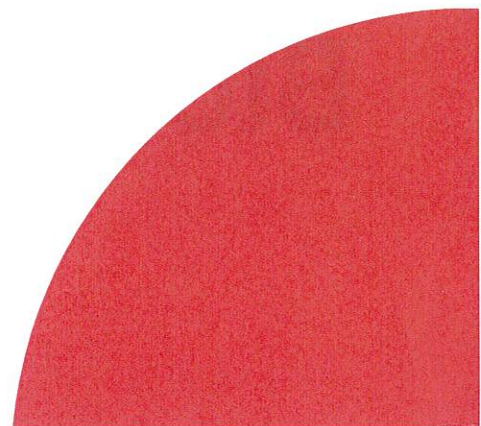


Building Blocks  
**Family Centre**

A Local Charity Supporting Families

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# Employee Awards

Every year at Resolven Building Blocks, we seek the views and opinions of our staff regarding the staff members they believe has gone above and beyond in their work roles with us. The awards are presented every year at our Annual General Meeting.

 **Childcare Worker of the Year 2023-24**  
Rebecca Harris



 **Manager of the Year 2023-24**  
Zoe Ganderton & Shannon Chambers



 **Project Worker of the Year 2023-24**  
Rebecca Evans



 **Admin of the year 2023-24**  
Amy Arnold



 **Special Recognition Award 2023-24**  
Destiny Lake



# Trustees

Name of Trustee	Role	Other Information
Mrs Nicola Gnojek	Chairperson	
Mrs Janet Harris	Secretary/Companies House Secretary	
Miss Hannah Morgan	Treasurer	
Miss Caitlin O'Reilly	Trustee	
Mr Neal Francis	Trustee	
Miss Caryn Williams	Trustee	Left 16.12.2024
Mrs Rebecca Parfitt	Trustee	



# Staffing

Name	Job Title	Part Time/Full Time	Other Information
Alisha Gnojek	Childcare Worker	Full Time	
Alicia Bodman	Childcare Worker	Casual	
Amelia Orrells	Childcare & Wellbeing 4 Me Worker	Full Time	
Amy Arnold	Administrator	Part Time	
Amy Benns	Office Manager	Part Time	
Anton Curry	Childcare Worker	Casual	Left 2024
Caitlin Gnojek	Childcare Manager & Family and Play Co-ordinator	Part Time	
Ceri Pritchard	Centre Manager	Full Time	
Chelcey Williams	Childcare Worker	Part Time	
Chloe Edwards	Administrator	Part Time	Left Oct 17th 2024
Christina James	Deputy Centre Manager	Full Time	
Destiny Lake	Childcare Worker	Part Time	
Emma Grove	Thriving Upwards Project Lead	Part Time	
Gemma Bates	Childrens Wellbeing Officer	Part Time	
Georgia Davies	Childcare Worker	Part Time	
Hannah Hart	Counsellor	Part Time	
Hannah Stroud	Childcare Worker	Part Time	Left 2025
Hannah Thomas	Childrens Well-being officer	Part Time	
Jack Roberts	Wellbeing 4 Me Worker & Childcare Worker	Casual	Left Sept 2024

# Staffing/Casual Staff

Jamie Leigh Evans	Childcare Worker	Part Time	
Jay Pritchard	Childcare Worker & Wellbeing 4 Me	Casual	Left Nov 2024
Jemma James	Childcare Worker	Part Time	Left 2024
Jessica Davies	Childcare Worker	Part Time	
Katie Amos	Childcare Worker	Part Time	
Kirstie Morgan	Childcare Worker	Part Time	
Laura Arnold	Grants and Fundraising Officer	Part Time	
Laura Lee	Counsellor	Part Time	Left 2024
Liz Davies	Family Disability Manager	Full Time	
Megan Evans	Childcare Worker	Casual	
Natasha Pike	Childcare Worker	Part Time	
Nikki Collins	Childcare Worker	Full Time	
Rebecca Evans	Childrens Support Worker	Part Time	
Rebecca Amos	Childcare Worker	Part Time	
Rebecca Harris	Childcare Worker	Part Time	
Samantha Gillepsie	Childcare Worker	Part Time	
Sarah Aukland	Counsellor	Part Time	
Shadean Harvey	Family Disability Worker	Full Time	
Shannon Chambers	SLC Officer	Full Time	
Zoe Ganderton	Childcare Manager	Full Time	



# Staff Training

- Safeguarding
- Prevent Duty
- Child Protection Refresher
- First Aid
- Diabetes Awareness
- Health and Safety
- Fire Awareness
- Manual Handling
- Equality & Diversity
- GDPR
- Understanding Children's Rights
- Food Hygiene
- Infection, Prevention & Control
- Dyslexia Awareness
- Understanding Anaphylaxis
- Understanding Epilepsy
- Effective Health and Safety for children with SEND and ALN
- Mindfulness in the classroom
- Autism Awareness
- Preventing Bullying (11-16 years)
- Sign-along Phase 1
- Fire Safety and Equipment
- Anti-fraud, Bribery & Corruption
- Effective Safeguarding Practice
- Adverse Childhood Experiences
- Allergy Training
- Safer Handling
- Adverse Childhood Experiences (ACEs)
- ADHD Awareness
- Raising Awareness of Trafficking and Modern Slavery
- Anti Fraud, Bribery and Corruption
- Mental Wellbeing in Children and Young People
- Domestic Abuse: Children and Young People
- Understanding Low Mood and Depression
- Understanding Self-Harm
- Dealing with a Disclosure
- Working with Display Screen Equipment
- Suicide Awareness and Prevention
- Understanding Anxiety
- Effective Safeguarding Practice
- Introduction to total communication and intensive interaction training
- Cruse bereavement training
- Administration of medication training
- Understanding anaphylaxis training





# Childcare Services

We offer a range of services in our Childcare Centre, including Baby Room, Play Room, Wrap Around, After School Club, Flying Start and 1 to 1 Support.

Since April 2024, our setting has become extremely busy. We have seen a significant increase in the number of children attending, particularly within our Flying Start provision - and we're now supporting 25 Flying Start children.

There has also been a noticeable rise in the number of children using both our play room and wraparound services. Due to this growing demand, we introduced a new morning wraparound session to help accommodate families and ensure every child continues to receive the support and care they need. Over the past year, we have also seen an increase in the number of families accessing the Welsh Government Funded 30 free hours scheme.

We're thrilled to see so many families choosing our setting, and we're incredibly proud of how our team has responded to this busy period with enthusiasm and dedication.

During this period, we have been working extremely hard at restructuring our childcare. We have decided to bring back daily record sheets to send home with the children so that their parents/carers can see what they have been doing with us throughout the day. This has had an extremely positive response from the parents and the feedback we have received so far regarding this has been great.





# Feedback & Case Studies

Our Childcare Services have a significant impact on the families who use them. They provide parents with the opportunity to return to work or simply enjoy some well-deserved time for themselves, with the peace of mind that their child is being cared for in a warm, home-from-home environment by dedicated and compassionate staff.

Many parents have also shared that they choose to use childcare primarily for their child's socialisation. As a result, they have seen remarkable progress in their child's social and developmental growth, which highlights the value of early interactions in a nurturing setting.

*'Great at understanding and helping with my daughter's needs, she has come on so well in the time she has been there and I feel if we hadn't sent her she wouldn't be where she is today. She loves coming there.'*

*'They have helped firstly with my daughter's separation anxiety. It took a while to be able to leave her there for a period of time but since she's been settled she loves it, which helps me not feel so bad about leaving her. It allows me to be able to work part time and know my daughter is safe and looked after and also really enjoying her time while she is there. It's helped with her interaction with new people, her communication skills have improved and her speech is slowly improving also.'*



*'I just really want to thank the whole team at building blocks. Each of you are brilliant and each have played a role in helping my daughter get closer to hitting milestones she is delayed in, such as her speech. I love how friendly everyone is and how comfortable she is there. It speaks volumes on its own.'*



## Baby Room



## Play Room



## Wrap Around & After School





# Projects

## Wellbeing 4 Me

The Wellbeing 4 Meme project continues to provide essential support for families and children with disabilities or those on the pathway. In this last year the children attending Wellbeing 4 Me have enjoyed a wide range of activities through a child led approach. Once referred to the service, families will set targets for the child which the staff will then work towards achieving with the child during their time with us. Targets are mostly around communication skills, understanding emotions and social skills. The sessions are fun, with the children enjoying a variety of activities that also support them with their targets, with the most popular choice being messy and sensory play, lego, and cooking.

We have made changes to the way in which we deliver our summer holiday club sessions by running one session per week, this replaced the one full week of sessions for the children as we identified it was a long period of time for them to miss out on attending, and feedback from parents is that there is no holiday provision in Neath and Port Talbot for children with disabilities to access.



The wellbeing 4me service is vital for children on the pathway or diagnosis of a disability as it is a unique service within the NPT area. The sessions provide an opportunity for children to play and further enhance their development and learn new skills in a fun, stimulating environment with a small group attending together, which also gives the opportunity for them to build new friendships with their peers. Along with supporting the children directly, the service provides much needed support for their families and having some respite.

At the beginning of 2025, our Port Talbot sessions were relocated to new premises situated within a short walking distance of the beach and we have access to an outdoor play area for the children to enjoy during the nice weather.



Cyngor Castell-nedd Port Talbot  
Neath Port Talbot Council





# Wellbeing 4 Me

57  
children  
supported



141  
sessions  
delivered

"We feel our son has benefited enormously and are grateful for the support"

**"The staff are amazing the service was brilliant my son really enjoyed and if it was asked for him to attend again he be there in a flash thank you so so much really appreciated"**

"Staff are friendly and helpful Sam loved them I do wish session run a little longer as Sam stuck to coming here he loved it and was gutted when it finished."



## Supporting Toby's Social Connections

Toby, a 10-year-old with Autism, has long struggled with socialising with his peers. Despite having a small group of friends in school, his mother noted that outside of the school setting, Toby didn't have opportunities to socialise with children who shared similar needs. Toby's journey with our wellbeing 4 me sessions marked a significant turning point in his life.

### Breaking Down Barriers

Initially, Toby was shy and took some time to warm up to the group. However, it didn't take long for him to form new friendships and become an active participant in our activities. Toby's enthusiasm for the sessions was palpable, and he consistently looked forward to attending.

### Empowerment and Growth

On completing the sessions, Toby's mother expressed her heartfelt gratitude, saying, "This service has been amazing and has made a huge difference in my son's life. He has enjoyed coming to every session, and we're sorry it has come to an end." Toby's growth and development were a direct result of our supportive and understanding staff, who provided a safe and inclusive environment for him to thrive.



# Forward Steps

This year has been another busy and impactful year for the Forward Steps project. We continue to receive a high volume of referrals, with many families seeking support through our training, workshops, and signposting to other services that can meet their specific needs. As the service supports families across the whole of Neath Port Talbot, we've had a high number of referrals coming from the Port Talbot area. We recognised that transport can be a barrier for many families accessing our service, therefore in April 2024, we started group workshops in Tir Morfa, Sanfields for families living in the local area to access sessions without the obstacle of transport.



**140 families supported**



**28 Group workshops delivered**

We continued to offer the following workshops, focusing on the key areas of families needs:

- Supporting neurodiverse teens
- Challenging behaviour
- ADHD
- ASD
- Changing the mindset
- Regulating emotions
- Communication and setting boundaries



In early 2025, we undertook the review and adaptation of some of our core workshops and specifically made changes to the ASD, ADHD and Supporting Neurodiverse Teens sessions. To ensure our workshops remain unique, we adapted them to incorporate a more personalised approach for attendees by introducing a workbook; which is a practical tool for providing families with the opportunity to gather evidence related to their child's specific needs.

**We continue to run weekly group parent workshops in Port Talbot and Resolven. To ensure we meet the individual needs of families, we continue to offer both online and one-to-one sessions. Having a multi approach ensures we break down any barriers for families facing any difficulties accessing the workshops.**



# Forward Steps

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Throughout the year, we held a number of group sessions to give parents/carers the opportunity to meet and build relationships, such as coffee mornings, movie afternoons and walk and talk sessions.

## Supporting Sofia and Her Family

Sofia, a 9-year-old child with learning difficulties, has been on a journey of self-discovery and growth with the support of Forward Steps. Sofia's mother, Rachel, was initially referred to our service for support and guidance on managing Sofia's needs.

### Finding Confidence and Knowledge

Rachel attended our Building Blocks group training, where she completed the Changing the Mindset and Personal Confidence course. However, due to her own mental health struggles, our staff adapted our services to provide Rachel with support in the comfort of her own home. We offered her a series of workshops on challenging behaviour, communication, setting boundaries, regulating emotions, ASD & ADHD.

### Empowerment and Support

Through these workshops, Rachel gained a deeper understanding of Sofia's needs and developed the skills to support her child effectively. Our play therapist worked closely with Rachel to help Sofia manage her emotions and develop better coping mechanisms. The family's progress was remarkable, and they successfully closed with our service in February.

### A Brighter Future

We referred Rachel to Team Around the Family for further support in managing behaviour, school transport, and completing forms for Disability Living Allowance (DLA) and Occupational Therapy. The family has benefited greatly from our service, and Rachel expressed her gratitude for the support she received. Sofia also attended our wellbeing 4me sessions and completed all the sessions, showcasing her growth and confidence.

Rachel's heartfelt testimonial summarises the impact of our service on her family: "Forward Steps has been an absolute lifeline for me and my family. The support and guidance I received have been invaluable, and I'm grateful for the knowledge and skills I've gained to help me support Sofia. I'm so proud of the progress we've made, and I couldn't have done it without the help of the Forward Steps team."



# Talk It Through

The Talk it Through project supports children and young people aged 11 to 25 with disabilities and their families, and was created as we noticed an emotional need for the parents, as well as the children and young people with additional needs. Whilst counselling the children and young people, we would initially meet with the parents/guardians, and almost every parent or carer would mention that they themselves would benefit from emotional support also. We were happy to offer counselling to the carers as we wanted to offer support to the family dynamic as a whole and not just the child with the additional need. As we were supporting the parents and carers, we recognised that accessing the service may prove difficult for some. Therefore, we offered the sessions face-to-face, online or by telephone. We recognised that childcare played a huge role so worked with the parents availability and were able to offer breaks to sessions during school holidays. Initially at the beginning of the project we had three counsellors, which meant that we were able to provide more of the same family members counselling, as different family members could see a different counsellor and therefore help the whole family out.

**We have been liaising with local schools, local charities, support workers and any local agencies which may like to refer clients to us. We have attended coffee mornings and used our social media platform to promote our service. We have been pleased with the response to the service as clients have expressed how helpful it has been to feel heard in what can prove a very difficult situation. Clients quite often feel unheard and that they are alone with their feelings. Through providing a safe space to talk about challenges from their perspective, clients have become more emotionally resilient and this has in turn helped the family dynamic as a whole.**

## Training and courses completed by our counsellor:

- Bereavement Training
- Suicide Awareness
- Overcoming Loneliness
- Supporting Children's Mental Health and Wellbeing
- Understanding Autism and ADHD
- Autism in Adult Women (book by David P Atkinson)
- Child Protection Fundamentals
- Understanding Self Harm
- The Meaning of Shame in Trauma (online course)

We aimed to provide emotional support for the carers in the situation as many people in the carer role can feel forgotten and unheard which inevitably impacts hugely on a person's mental health and emotional wellbeing. The service provided a safe non judgemental space for the parents/carers to talk about their true feelings and the impact the situation has had on them personally. The service is free of charge and offered 8 one hour weekly sessions where they could be open and honest and not feel they had to fight for everything as carers so often do. Many clients would explain how it was nice to be able to feel heard and noticed. The clients were offered a space to talk about their true feelings and were able to talk about anything that they wished. This would often lead to talking about the past, traumatic experiences and relationships and gave them the space to work through these challenges which in turn greatly helped their emotional wellbeing. At times we were able to extend the amount of sessions and this gave more time to work through these difficult challenges.





# Talk It Through

Many parents have commented on how they feel like they are in a constant battle to help support their children and the immense pressure as a result. Throughout the sessions the clients have begun to recognise their strengths and work on their weaknesses which helps them face the challenges that life throws at them.



## Supporting Natalie's Journey to Self-Worth

Natalie, a single parent to two children, including one with autism, struggled with extremely low self-esteem and felt unworthy despite her many achievements. Our sessions aimed to address these emotions and self-opinions, exploring how they impacted her emotionally.

### The Struggle is Real

Natalie experienced significant emotional highs and lows, often coinciding with the pressures of her life. As a single parent, she felt immense responsibility and would only acknowledge the negatives, failing to recognise her own strengths and resilience. This mindset eroded her self-esteem, as she would criticize herself for perceived failures.

### Breaking the Cycle

Through our collaborative work, Natalie began to challenge her automatic thoughts, focusing on the facts that she was doing everything possible to support her children. This helped her build self-confidence and self-praise. We then explored strategies to recognise and counteract negative self-talk, enabling Natalie to maintain a more positive mindset.

### A Shift in Perspective

By the end of our sessions, Natalie felt significantly more confident and had begun to recognise her own self-worth. She aimed to maintain this newfound mindset by questioning her automatic thoughts and not letting them dictate her self-perception. Natalie realised that her emotional resilience was essential in navigating the challenges of parenting a child with a disability, and she now prioritizes her own emotional wellbeing.

Natalie's testimonial captures the essence of her transformative journey: "This service has been a game-changer for me. I've gained the tools to manage my self-esteem and recognise my own self-worth. I'm no longer a slave to negative self-talk, and I'm proud of myself for being an amazing parent to my children. I've learned to prioritise my emotional wellbeing, and I'm more resilient in the face of challenges. Thank you for helping me find my inner strength and confidence."



# Talk It Through

## Supporting Daniel's Emotional Journey

Daniel, a devoted father of two, struggled to find space to discuss the challenges he faced raising children with additional needs. He had been seeking counselling for a long time and was thrilled to finally receive the opportunity.

### Breaking Down Barriers

Daniel initially felt a sense of relief and comfort in speaking about his challenges, but soon realised that he had been suppressing his own emotions for far too long. Our therapeutic relationship grew, and Daniel became more comfortable expressing his true feelings and emotions. Each session, he acknowledged the benefits of speaking openly about his thoughts and feelings, and how it helped him process his emotions.

### Reclaiming His Identity

As Daniel reflected on his experiences, he began to acknowledge his own needs and emotions within the family dynamic. He realised that he had been carrying the weight of responsibility on his shoulders, always prioritising others' needs over his own. Our sessions provided a safe space for Daniel to explore his own emotions and pressures, without fear of letting his family down.

### A Transformation in Mental Health

Through our work together, Daniel reported significant improvements in his mental health. He was able to piece together his emotions and gain validation, finally acknowledging the impact that his challenges had on him. Daniel expressed his gratitude for the free counselling service, which had been a lifeline for him during a difficult time.

### A Positive Impact on the Family

Daniel's sessions not only benefited him but also had a positive impact on his family. He felt empowered to discuss his own personal issues and emotions without fear of judgment, and this newfound openness had a ripple effect on his relationships with his loved ones.

I'd like to thank Hannah for helping my stress levels during particularly difficult times experienced by our family. Thank you Hannah for your listening and compassionate approach to my day to day problems and issues. The outlet has probably saved my marriage!! The stress and pressure put on all family members by having autism in the family (& massive amount of anxiety) cannot be understated. It's a relief to think that the support might be still available as a safety net is really important so hoping funding remains to be available for such an important service. Thank you to you all and best wishes

My time at counselling has been very beneficial to me, it's helped me through some really hard times I've been going through and having someone to talk and support me has helped so much I am so grateful to have had this opportunity to have the sessions

It's been such a fulfilling journey having counselling with Hannah at Building Blocks. As a mum to a child with a rare genetic condition, I seem to have to function day to day like at such a high rate of pressure and stress, it has taken a lot for me to share. But, having a safe environment has helped me open up. Taking time to talk to Hannah about my thoughts and emotions has enabled me to see the reason why I process things the way I do. And how I can project my peace of mind, and continue to be the best version of myself for not only my daughter, family and friends, but ME. The service has been a lifeline.



# Talk2Gether

This is our 7th year delivering the Talk2Gether Service, with the focus being on early intervention and prevention along with training parents and providing them with essential tools to support their child's Speech, Language and Communication skills (SLC). We ran a mixture of group sessions to support children 0-5 years. We ran parent and child sessions where parents could stay and play and learn different strategies to aid their little ones in developing their SLC skills. We ran sessions for parents with children who have ALN and explored communication tools to support children's SLC development and to meet other parents who are on the same journey. Many sessions throughout the year were held for children ages 2-3/3-4 years who had identified with SLC delays. The children learned how to listen along with joint attention skills, articulation, expand vocabulary, say words and sentences and understand language. They also worked on building relationships, confidence and reduce their frustration related to SLC difficulties.

## Parent Support Packs

To help parents get more involved with the sessions and to encourage parents to work on the same SLC targets at home with their children, we developed information packs that would help families gain a better knowledge and understanding of their SLC development

## Working Together

We have been able to work with alongside other projects to work holistically for the family. We have also been working alongside professionals and meeting regularly to support families and children. We have work with speech therapists, educational psychologists, ALN support workers and 1-1 support staff and also local groups within the area to ensure children receive the best support available.



**"Talk2Gether has helped us learn to communicate through play and my son started saying more sounds and words since attending. It has helped both our mental health being out and about and seeing other families."**

**The project has helped 60 children to gain important speech, language and communication skills to help them learn and interact in the world.**



**Masonic**  
Charitable Foundation



# Talk2Gether

**The project has helped children reduce their frustration and make positive relationships with peers and key workers.**

**We have taught parents different ways to communicate and support their children and learn to interact, play and share moments together.**

## Case Study

'Eddie, a bright and curious 20-month-old, was referred to our T2G service by his health visitor. His mother was concerned that he was not meeting his speech and language milestones, and we were delighted to help.

### **A New Adventure Begins**

Eddie's first day with us was a bit daunting, but he settled in quickly and demonstrated remarkable confidence. His mother was amazed at how well he transitioned to a new setting, and we were proud of him for being so brave.

### **Learning to Communicate**

Initially, Eddie's attention span was fleeting, and he loved to explore objects, but wasn't quite sure how to use them. Our team used simple play skills to help him understand the purpose of objects, and soon he was copying and using them correctly! We also used pretend play to build his imagination and imitation skills, and Eddie loved to play chef in the kitchen, making all sorts of tasty foods.

### **Unlocking Understanding**

Eddie showed a keen interest in pictures, and we used books and visuals to help him understand routines and symbols. By the end of his time with us, he was recognising and pointing to pictures, demonstrating a strong understanding of symbolic communication.

### **Making Sounds and Gestures**

We sang songs and made gestures with Eddie, and his love of animals led us to teach him simple sounds and signs. He quickly learned to wave goodbye and hello, and then began to make animal sounds and use their names. By the end of his sessions, Eddie was saying two words together, like "sheep" and "orange carrot"!

### **A Bright Future Ahead**

Eddie finished with us just before his second birthday, and his mother was thrilled with the progress he had made. She felt empowered with the tools and strategies we had given her to support Eddie's development at home. The results of his Wellcomm development screener for SLC showed that he was now meeting his milestones, and he was thriving in playgroup sessions. His mother even reported that Eddie was looking to start Flying Start, and she was eager to continue his learning journey. Eddie's mother shared that bringing him to our sessions every day was the best decision she had ever made. "He comes out with something new and exciting every day, and he's so happy to be learning," she said. We couldn't be prouder of Eddie and his amazing progress!



# Thriving Upwards

The Thriving Upwards service provides 16 weeks of support to families affected by disabilities. The service offers support to parents by providing strategies to help support their child at home. We offer support through training, workshops, coffee mornings, regular support sessions or tailored information packs on various areas of support such as ADHD activities, emotional regulation strategies and speech and language development packs

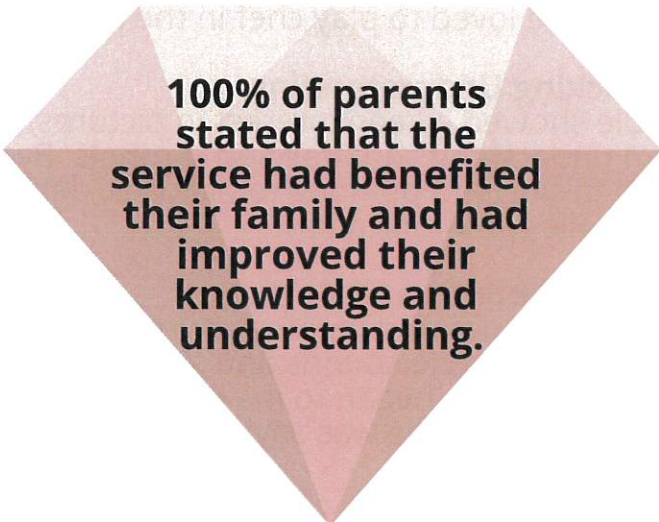
We have a dedicated support worker that works with the child to create a tailored plan to help support the child's development and well being. This plan is closely monitored and will be adapted as and when needed to ensure the child is receiving the best possible support.

We also support families by attending meetings in the schools to support them and help make a transition plan for the child so we are all working together. Ensuring each child is achieving the best possible support in their education.

We regularly evaluate and reflect on the support we are providing ensuring we are meeting the families with the highest quality of support



**100% of children improved in their confidence and self esteem through attending weekly sessions.**



**100% of parents stated that the service had benefited their family and had improved their knowledge and understanding.**

We work closely with the health professions such as the local health visitor ensuring the children are accessing early intervention where needed. We also work in partnership with SNAP Cymru who provide families with support and advice on education related issues.



# Thriving Upwards

## Support for Parents

**26 Parents Supported:**  
Strategies provided to assist families in supporting their children at home.

**100% Family Closure Rates**  
All families reported the service as extremely beneficial.

## Support for Children

**28 Children Supported:**  
Access to 16 weeks of personalised 1-1 sessions.

**Successful Completion:**  
All children completed their sessions with noted improvements in their development.

We held 12 coffee mornings throughout the year. This has given the families the opportunity to meet with other families and socialise. The families we have supported have also been able to access workshops which have been extremely helpful for the families to develop new skills and strategies to support their family.

## Feedback

***"This service has been fantastic in supporting my whole family and my child. It has been amazing to see B so happy coming and leaving every session, we will miss it and everyone involved."***

## Supporting Max and Parent Kayla

Max, a bright and adventurous 2-year-old, was referred to our service by his parent, Kayla, who was struggling to support him due to global development delay and Autism Spectrum Disorder (ASD). Kayla was particularly concerned about Max's separation anxiety, which made it difficult for him to attend activities, groups, or new places for more than 5 minutes without becoming distressed.

Through 16 weeks of targeted support, we worked closely with Kayla to help Max build confidence and independence. We started with short sessions of 10 minutes, gradually increasing the duration as Max became more comfortable. Our goal was to help Max develop the skills he needed to communicate his needs and become more confident in new environments.

### Breaking Down Barrier

Max was non-verbal and relied on gestures to communicate. Our play-based sessions helped him develop the skills he needed to use pictures to express his needs. As Max became more confident, he began to use gestures to communicate, such as pointing to objects or making simple gestures to indicate his needs.

### Celebrating Progress

By the end of the 16 weeks, Max was able to stay in sessions for much longer periods, and his communication skills had improved dramatically. He was able to use visuals to communicate and had started to use simple gestures, such as waving goodbye or pointing to objects. This newfound independence had a significant impact on Max's happiness and ability to explore new environments.

Max's progress was not limited to our sessions. Kayla reported that they were now able to attend new places, join swimming lessons, and enjoy exploring new environments for longer periods. The family felt supported and empowered to continue Max's development journey.



# Growth and Mindset

Our mindfulness programme offers children aged between 9 - 12 years the opportunity to develop and enhance mindfulness skills that aid children in developing emotionally resilience and regulation.

Blaengwrach has worked with us this year and we have worked with the year 6 students for the very first time. We were happy to work around the children's current routine and adapted the activities to suit each room we were placed in. We had an amazing response from the children after our first session and the teachers were really pleased. We have also been working with 4 other schools in the area who are happy to welcome us back time and time again.

## Sessions Held:

- What is mindfulness?
- What is meditation?
- Worry
- Positivity
- Yoga
- Emotions
- Kindness
- Gratitude
- Vision boards
- Mindful eating

179  
children  
supported

13  
sessions  
held

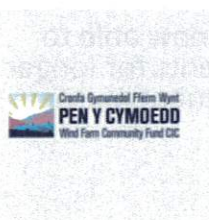
## Schools sessions were held in:

- Blaengwrach Primary School
- Cwmnedd Welsh School
- Pen Afan School
- Cwmnedd English School
- Ynysfach Primary School

## Feedback

"We indeed value the mindfulness sessions you provide for the pupils in Ynysfach. Following covid, we as a school saw a decline in pupils' wellbeing and resilience. We feel it is important to support pupils with this and your groups have been one of the things we have felt have benefitted the pupils. They really enjoy coming to the sessions and look forward to them. Pupils are keen to explain what they have done in the sessions and how this will help them going forward. Pupils are more engaged in learning and their resilience is improving. Going forward, we would therefore be keen to continue these sessions to benefit other pupils coming through the system." **K Thomas - Acting Headteacher Ynysfach Primary School**

"The mindfulness and wellbeing sessions were fantastic for our year 6 pupils! The activities and discussions that they created were great opportunities for the children to develop their confidence, self esteem and awareness of others and their own feelings. The activities were always engaging and the children would always look forward to the sessions. Gemma was wonderful during the sessions and engaged superbly with the children. We would gladly have Gemma and her team back into school for further sessions as it was a valuable part of the children's week!" **E.Davies - Year 5 & 6 Teacher, Cymer Afan Primary School**





# Growth and Mindset

## Supporting Charlie Big School Transition

Charlie, a bright and enthusiastic child, returned to our mindfulness sessions for a 3-week refresher programme. He was excited to see familiar faces and eagerly exclaimed, "It's you! I'm so glad you're back....I loved these classes!" Charlie confirmed his happiness by circling a 5 in his book, showcasing his excitement.

### Exploring Big School Fears

During our discussion about moving to comprehensive school, Charlie shared that he was both excited and nervous about making new friends. He confided in us, "I'm really scared a little bit too," revealing his underlying anxieties. In a group activity to create stress balls, Charlie and his peers openly shared their fears, including concerns about friendships and transportation. When Charlie expressed his worry about missing his class friends, his peers reassuringly told him they'd still see each other after school.

### Validating Feelings

The headteacher later approached us to discuss Charlie, expressing relief that he had opened up about his feelings. She acknowledged that his anxiety was valid, and that the sudden change had led to challenging behaviour.

### Empowerment and Confidence

At the end of the session, Charlie enthusiastically said, "I really love these classes. I'm allowed to be myself," and eagerly looked forward to returning the following week. Our sessions had provided Charlie with a safe space to express his feelings, and he left feeling empowered and confident.

### New Beginnings

Charlie's progress was a testament to the effectiveness of our mindfulness programme in supporting children during times of change. His ability to articulate his feelings and concerns, and to receive reassurance and support, had a positive impact on his transition to a new school.

*"Pupils are more engaged in learning and their resilience is improving"* **K Thomas acting head teacher Ynysfach Primary school**



*"They also loved making their own sensory jars where our pupils were able to get messy with water and glitter. These jars have been used to support pupils to self-regulate throughout the day and younger classes have used your ideas within their own setting"* **Ffion Edwards (Year 4-5 Teacher) Blaengwrach Primary School**





# Regional Health, Social Care and Wellbeing Grant Scheme

In 2024, we were awarded a total of £4,971.39 to deliver a project to support people's mental health and wellbeing. We delivered a 12 week programme, with mental health and wellbeing themes for each week focused on specific area's; stress management, wellbeing through art, self care and confidence building.

This grant enabled us to help improve the wellbeing of the beneficiaries that accessed the service. Giving people the opportunity to improve their wellbeing at home and also allowed them to recognise they may require further support. The beneficiaries also learnt new skills while accessing the service which improved their confidence and self-esteem.

## Examples of sessions delivered for the project:-

- Upcycling and sculpting workshops
- Wellbeing open day - including hands on therapeutic taster sessions and vision board making
- Sound bath
- Self care workshop
- Stress management



## Suzie's Journey to Wellbeing

Suzie, a devoted parent, initially joined our sculpting workshop at Building Blocks Family Centre, seeking a way to improve her wellbeing. As a parent of a child with additional needs, Suzie often put her own needs last, feeling like she never had time for herself.

### Breaking Down Barriers

In the workshop, Suzie began to build meaningful friendships and started to open up to our wellbeing worker about her struggles. The workshop became a safe space for Suzie to share her feelings and connect with others who understood her challenges. This was a turning point for Suzie, as she had not done anything just for herself in a long time.

### Ongoing Support

Suzie's enthusiasm for the workshop led her to attend our additional wellbeing sessions. She also benefited from a referral to our free counselling service for parents, where she could receive ongoing support and guidance.

### Empowerment and Joy

Suzie was thrilled to have access to this support, stating her pleasure at receiving ongoing help. Our wellbeing program had given Suzie the opportunity to prioritize her own wellbeing, build friendships, and access additional resources, ultimately leading to a more empowered and joyful life.

"nice to meet new people and learn new skill"

"very relaxing and nice to learn a new skill"

## Feedback

"lovely really enjoyed, nice to relax and enjoy something crafty thankyou"

"A really nice relaxing class, lots of fun and lovely to transform old into something new thankyou"

190 People supported



# Food Bank

Our primary mission for the Food Bank is to assist those in need by providing food parcels to individuals and families who reach out for help. We understand that asking for assistance can be challenging, and we strive to make the process as supportive and respectful as possible. This year our food bank has provided 152 food parcels to the residents of Neath Port Talbot. We have also been extremely lucky to be able to provide some of the families using the food bank with fresh hampers for Christmas and Easter through the "everyone deserves a" scheme. We currently have 3 volunteers helping with stock rotation, collection of food, weighing in/out items, making food parcels up and also delivering parcels when needed.

*The families are always so grateful for the support they have from the food bank. Without the food bank many families would have to find ways to feed themselves and their families, and may have to choose between a food shop or other essentials that they need within the home.*

203  
children  
supported

250 adults  
supported



*"The fresh food hamper was lovely, it made my Christmas!"*

**Food bank user**

***You!***  
***Thank***

Thank you to everyone from the local community who donates regularly to our food bank with food and toiletries. We currently have donation boxes in the foyer at Building blocks, the Spar in Tonna and also in Family shopper, Resolven.



# Holiday Play Scheme

We successfully obtained funding from Neath Port Talbot council to deliver open access play sessions during the school holidays for children age 8-12 years, with a warm meal included.

We delivered two sessions a week, with a total of 22 spaces available for children to attend, including designated support for children with ALN/Disabilities. The aim of the session's is to provide children with lots of play opportunities outdoors and to utilise our outdoor spaces within the community.

Children attending enjoyed a variety of activities indoor and outdoors;

- Sports; rounders, touch rugby, football
- Den building
- Visits to Resolven Park, Field and woodland
- Outdoor scavenger hunts
- Arts and crafts
- Messy play
- Sensory play
- Cooking and baking





# Community Groups

We currently run a number of Community Groups from our centre.

## Family Steering Group

Our Family Steering Group, is made up of local parents, carers and community members who help us ensure that the voices and needs of our community are truly heard. The group plays a role in shaping the direction of our organisation, providing valuable insight and lived experience that guides our priorities and decision-making.

By working closely together, the family steering group has helped us to understand the needs of families, ensuring that our services remain relevant and responsive. The group also contributes to consultations and supports the development of funding bids, helping us to gather the opinions needed to deliver meaningful and effective projects for our community.

## Chat and a Cuppa

The Chat and Cuppa group have been established for a total of 2 years, with more members joining and meeting on Thursdays in Building Blocks, with now over 20 people attending. Last year, after successfully fundraising for a anti-choking device for childcare, the group have continued to support us by donating money to help purchase arts and crafts for childcare, items for food community events and resources for parent and child groups.

Members of Chat and Cuppa recently said "We have bonded as a group and look out for one another, we go out for lunch with people we have only ever said hello to even though we live in the same village and this is all because someone in Resolven Building Blocks had the idea to set up the group with a free cuppa"



## Mens Shed

Men's Shed started in September 2024, with the aim to bring men together to undertake projects within the community. The group has been very successful with now over 10 members that have already completed a number of projects for the community and groups in the village. The group meet every Monday 5pm-7pm, here, at Building Blocks and are always looking for new members to join them!

### Feedback from one of Men's Shed members

"It gives me something to look forward to and is nice to feel part of a group helping the local community, which in turn helps me"





# Youth Forum

The Youth Forum has continued to help the organisation by volunteering their time and focusing on fundraising, helping support us as a charity and the families of Neath Port Talbot. They continue to raise much needed funds by helping with events and focusing on bringing the community together. In July 2024, the youth forum spent a week gaining hands-on experience and community volunteering. They had first hand experience within different departments with us including childcare, administration, management, community project work and food bank management. Some of the youth forum also undertook experience at The Ranch Breakfast Bar and Grill and Resolven Garage to gain knowledge and experience around their interests. Some of the young people ended the week attending a coffee morning for the elderly, where they hosted a game of bingo and served tea and coffee.

At the end 2024, they hosted a Community Christmas dinner, it was a great success with nearly 40 members of the community attending, and holding a quiz at the end. Current members of the youth forum have been volunteers for over 6 years. Next year will see a new youth forum start, with a new group of young people starting their volunteering journey with us at Building Blocks.



## Feedback from the community Christmas dinner attendees...

"They were all extremely polite and courteous and nothing was too much trouble for them.

They made up a Christmas quiz for us which we really enjoyed and had us racking our brains.

You should be proud of these seven young people, their manners and interaction with the older members of our community was superb"

## Visit from the High Sheriff June 2024

Youth Forum members meet the High Sheriff to tell her about the volunteering and fundraising they have undertaken.





# Thank you to our Funders

We would like to thank the continuing support from our funders over the last year, without their support and commitment to us then we would not be able to reach those most in need.

- Neath Port Talbot County Borough Council
- Pen Y Cymoedd
- The National Lottery Community Fund
- Trusthouse Charitable Foundation
- Moondance Foundation
- Masonic Charitable Trust
- Neath Port Talbot Council for Voluntary Service
- NPT Food Partnership
- Postcode Lottery
- BBC Children In Need Big Sky
- Award for Wales (NLCF)
- Oakdale Trust
- Ffynon Oer Windfarm
- Garfield Weston Foundation





# Thank you Members, Volunteers and Supporters

We would also like to thank the continued financial support from our members and supporters. For helping us raise funds through supporting our fundraising events, monthly donations, and all our fundraising efforts, We really can't do it without your continued support.

A huge thank you to our volunteers who provide their time to support our services and families at Building Blocks Family Centre. Your dedication and effort is appreciated by us all.



Resolven Building Blocks  
c/o Building Blocks Family Centre  
Resolven ICC Resolven Neath SA11 4AB

Tel: 01639 710076 Email: [office@buildingblocksfamilycentre.co.uk](mailto:office@buildingblocksfamilycentre.co.uk)  
[www.buildingblocksfamilycentre.co.uk](http://www.buildingblocksfamilycentre.co.uk)



Building Blocks Family centre



bbfcresolven

**Registered Charity No. 1101314 Registered Company No. 4589051**



REGISTERED COMPANY NUMBER: 04589051  
REGISTERED CHARITY NUMBER: 1101314

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2025**

**FOR  
RESOLVEN BUILDING BLOCKS**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA



## **RESOLVEN BUILDING BLOCKS**

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**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

Working Name: Building Blocks Family Centre

**Vision**

Building the foundations of our family's futures

**Mission Statement**

Building Blocks Family Centre provides a dedicated family service in the Neath Port Talbot area including family support, childcare, youth provision and training.

**We aim to:**

- To improve the quality of life of all children and families living in poverty or at a disadvantage in Neath Port Talbot.
- To improve the quality of children and young people and their families affected by disability.
- To enable residents of Neath Port Talbot to access employment, volunteering and training by providing childcare
- To provide a quality service that reflects identified needs of children, young people and families living in Neath Port Talbot
- To promote and provide opportunities for families to improve their health and wellbeing



**RESOLVEN BUILDING BLOCKS**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**OBJECTIVES AND ACTIVITIES**

**Objectives and activities**

**We achieve our aims by delivering:**

Service	Description
Talk it Through	Counselling sessions tailored specifically for children with disabilities and additional learning needs.
Wellbeing 4 Me	A term time service that offers weekly play sessions for children and young people with a disability. Parent toddler sessions are delivered for families with children aged 0-3, to help encourage and support their child's development and work towards their early year's milestones. The sessions offer the opportunity for them to socialise together, make new friends, build confidence and increase their overall wellbeing.
Talk together	We support children 0 - 5 years with their speech, language and communication needs by offering a fun and nurturing environment, with a range of play activities that help promote children's development.
Forward Steps	Provides families who have a child/child with a disability with support to help strengthen families, and work with them to provide tailored support to suit their needs including therapeutic emotional support.
Growth and Mindset & Thriving Upwards	Provides children aged 9-12 years a Mindfulness Club delivered face to face in schools, one to one support for children with disabilities and their parents.
Food bank	Offering a delivery service once a week to our families across Neath Port Talbot which is manned by our volunteers and staff.
Childcare	We offer affordable and subsidised childcare for children aged 0-12 years for parents to return to education, work and volunteering.
Specialised One-To-One Disabled Childcare	We provide one to one childcare support for disabled children.
Family Hub	We have provided a family hub where families are able to access parenting and family support at our centre and enabled them to access a variety of different services such as warm hub, family support, play therapy, training and family contact space.
Parent Connect	A service to help parents connect with one another through coffee mornings and parent and child activities, and one to one support provided by a parenting worker to help empower parents and give them the skills to help navigate family life.
Play Sessions	Open access play sessions for children aged 4-12 during the school holidays.

**Public benefit**

During the year the Charity had due regard to the commission's public benefit guidance.



**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**ACHIEVEMENTS AND PERFORMANCE**

The charity has had a very good year delivering on all our objects and funded projects.

**Key Achievements**

**1. Parent Support Initiatives**

Successfully provided support to 326 parents through 379 support sessions, leading to significant improvements in their quality of life and parenting skills. Notably, 311 parents reported enhanced relationships with their children and better circumstances since accessing our services.

**2. Workshops and Community Engagement**

Facilitated 509 opportunities for parents to engage in workshops, training, coffee mornings, and counselling sessions, fostering a strong community network and addressing various parenting challenges.

**3. Impact on Children's Development**

Supported 617 children, including 102 children with disabilities or additional needs, enhancing their quality of life. With improvements reported in improved emotional resilience (252 children), confidence/self-esteem (173 children), and social skills among 124 children with disabilities/additional learning needs.

**4. Food Initiatives**

Distributed 143 food parcels to families in need, addressing food security concerns within the community. This was vital for families experiencing food poverty, alongside our provision of community meals during school holidays.

**5. Mental Health Support**

Assisted 215 children and young people in accessing essential mental health and well-being support, reinforcing our commitment to nurturing the emotional health of the youth in our community.

**6. Childcare Development**

Registered 132 children in our childcare program, with 102 parents enrolling for childcare services.

**7. Community Support**

Overall, our programs together supported a total of 2697 individuals, prominently enhancing family dynamics and fostering a community of resilience and growth.

**FINANCIAL REVIEW**

**Principal funding sources**

We would like to thank all our funders who have supported us over the past year. Without their continued support, we would not be able to provide our dedicated services.

National Lottery Community Fund  
Pen Y Cymoedd Community Fund  
The Trusthouse Charitable Foundation  
Neath Port Talbot County Borough Council  
Ffynon Oer  
Masonic Charitable Foundation  
Postcode Lottery Trust  
Moondance Foundation  
BBC Children in Need  
Regional West Glamorgan Health, Social Care and Wellbeing

**Neath Port Talbot County Borough Council**

**Neath Port Talbot County Borough Council - Families First (Consortium with Interplay)**

We also have a consortium to deliver Lot 6 of the Families First Neath Port Talbot contract where we successfully secured the contract to deliver Wellbeing 4 Me To improve the well-being of Children and Young People with disabilities through the provision of a range of opportunities to develop their social, emotional, and learning skills.



**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**Neath Port Talbot County Borough Council - Families First**

Families First is a Welsh Government programme designed to improve outcomes for Children, Young People and Families. It places an emphasis on early intervention, prevention and providing support for Families, rather than individuals. The aim of the programme is to provide early support for Families with the aim of preventing problems escalating.

- Support Parents and Families affected by disability contract to deliver the Forward Steps service that;
- To improve the wellbeing of Parents and Families during the assessment process for ASD and ADHD.
- To improve the wellbeing of Parents and Families following the diagnosis of a disability
- To improve the parenting skills of Parents with a learning disability.

**Neath Port Talbot County Borough Council - Playworks Holiday Project**

The grant provided funding to deliver open access play sessions for children aged 4-12 during the school holidays in Resolven and Clyne.

**Neath Port Talbot County Borough Council - Warm Hub**

Funding towards delivering our warm hub for the community.

**Neath Port Talbot County Borough Council - Childcare and Early Years Capital Grant Scheme**

We received funding towards staffing costs and sustainability costs.

**Neath Port Talbot CVS**

**Ffynon Oer**

Funding towards refurbishments within the building.

**Cost of living Grant**

Funding towards running the family hub for our community.

**The National Lottery Community Fund**

**Community Fund**

The funding has been secured to deliver one-to-one support for children with disabilities to help improve their emotional resilience, child development skills including supporting the parents to implement strategies in the home to improve the quality of life of the whole family.

**Awards for all Wales**

The funding enabled us to deliver a family hub to support families during the cost of living crisis.

**The Trusthouse Charitable Foundation**

We secured funding to deliver our 'Parent Connect' Project where a parenting officer provides one to one support to help empower parents and give them the skills to help navigate family life and also organises parent and child activities and coffee mornings to connect families.

**Masonic Charitable Foundation**

The funding has been provided to deliver the Talk2Gether project. This service is providing a fun and nurturing environment, with a range of play activities that will help promote children's development in speech, language, and communication skills.

**Moondance Foundation and Oakdale Trust**

The funding has enabled us to provide counselling of parents of children with disabilities and additional learning needs.

**Pen y Cymoedd Wind Farm Community Fund - Vision Fund**

Pen Y Cymoedd have fully funded our 'Growth & Mindset' project that works with children from the age of 0 - 12 years of age to help them re-build their emotional resilience, self-esteem and confidence which had been devastated by the pandemic. The service provides mindfulness clubs in schools for children aged 9-12 years, one to one support for children with disabilities, and also parent support.

**Postcode Lottery Trust**

The core funding has enabled us to deliver a range of family support services in the community.

**Cost of Living Grant**

Contribution towards core funding.



**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**Regional Health, Social Care and Wellbeing**

To deliver a range of wellbeing sessions for families.

**BBC Big Sky**

Funding to deliver a short-term mindfulness programme for children in the community.

**Garfield Weston Foundation**

Funding towards core costs to enable the charity to deliver support for families.

**Reserves policy**

Resolven Building Blocks aims to build up reserves in future years to enable it to continue and expand the services they currently provide and develop new projects in the future. This policy will be reviewed annually or when significant changes occur within the organisation.

At the end of the period the charity had negative reserves. We are working to increase that by decreasing running costs where possible and seeking out new funding opportunities. We aim to build up unrestricted funds to cover (1) redundancy payments to employees. (2) to cover four months running costs. (3) to cover running costs of the food bank from donations.

**Results for the year**

The charity's Statement of Financial Activities is shown on page 9 and comprises unrestricted and restricted funds, being those provided to assist in furthering the general objects of the company. An income and expenditure account is also included in Appendix 1.

**GOING CONCERN AND FUTURE PLANS**

The trustees have assessed the charity's going concern status. We believe that with our current financial management and action plans in place, the charity is poised to continue its operations and fulfil obligations in the foreseeable future. For the financial year 2025-2026, we are seeing positive trends, with a 10% increase in unrestricted funds thus far. We are closely monitoring the charity's financial position and are undertaking further reviews of our structure and cost-saving strategies to ensure sustainable improvement.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The organisation is a charitable company limited by guarantee, incorporated on 13 November 2002 and registered as a charity on 22 December 2003. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

**Recruitment and appointment of new trustees**

The directors of the company are also charity Trustees for the purpose of charity law. The rules regarding the number of directors and their appointment, reappointment and removal are contained in the Articles of Association to which reference should be made. New Trustees are appointed by the Board of Trustees.

**Organisational structure**

Resolven Building Blocks is managed by a board of trustees with the day to day running carried out by Ceri Pritchard, Centre Manager (35 hours per week). There are two Childcare Manager's in post that job share in order to comply with CIW regulations and manage the childcare service.

**Induction and training of new trustees**

All new members meet with the Centre Manager and are given an introduction to the Charity and to the work of the Committee. Appropriate training material and information is distributed. Training opportunities are highlighted to committee members. Committee members are eligible for suitable further training if required. The Committee also held a Trustees and Staff Development session during the year.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04589051 (Not specified/Other)

**Registered Charity number**

1101314



**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**Registered office**

Resolven ICC  
Resolven  
Neath  
Neath Port Talbot  
SA11 4AB

**Trustees**

Mrs N S Gnojek  
Mrs J M Harris  
Miss H Morgan  
Mrs R Parfitt (terminated on 15.05.2025)  
Mr N Francis (terminated on 15.05.2025)  
Mrs C Williams (terminated on 15.05.2025)  
Miss C O'Reilly

**Company Secretary**

Mrs J M Harris

**Independent Examiner**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

**Bankers**

The Co-operative Bank  
P.O. Box 250  
Delf house  
Southway  
Skelmersdale  
WN8 6WT.

**FUNDS HELD AS CUSTODIAN FOR OTHERS**

None.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
Mrs N S Gnojek - Trustee



## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RESOLVEN BUILDING BLOCKS

### Independent examiner's report to the trustees of Resolven Building Blocks ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Henry Lloyd Davies

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Date: 7 December 2025

# RESOLVEN BUILDING BLOCKS

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	251,964	-	251,964	211,069
<b>Charitable activities</b>	4				
Childcare Centre		-	374,224	374,224	357,300
Investment income	3	265	-	265	-
<b>Total</b>		<u>252,229</u>	<u>374,224</u>	<u>626,453</u>	<u>568,369</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Childcare Centre		<u>299,719</u>	<u>368,084</u>	<u>667,803</u>	<u>706,565</u>
<b>NET INCOME/(EXPENDITURE)</b>		(47,490)	6,140	(41,350)	(138,196)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		(12,371)	17,689	5,318	143,514
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>(59,861)</u>	<u>23,829</u>	<u>(36,032)</u>	<u>5,318</u>

### CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The results of the year derive from the continuing activities and there are no gains or losses other than those shown above.

The notes form part of these financial statements



# RESOLVEN BUILDING BLOCKS

## BALANCE SHEET 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	11	1	-	1	1
Tangible assets	12	5,606	-	5,606	10,617
		<u>5,607</u>	<u>-</u>	<u>5,607</u>	<u>10,618</u>
<b>CURRENT ASSETS</b>					
Debtors	13	4,617	59,175	63,792	25,423
Cash at bank		3,640	5,479	9,119	48,652
		<u>8,257</u>	<u>64,654</u>	<u>72,911</u>	<u>74,075</u>
<b>CREDITORS</b>					
Amounts falling due within one year	14	(73,725)	(40,825)	(114,550)	(79,375)
		<u>(65,468)</u>	<u>23,829</u>	<u>(41,639)</u>	<u>(5,300)</u>
<b>NET CURRENT ASSETS/(LIABILITIES)</b>					
		<u>(59,861)</u>	<u>23,829</u>	<u>(36,032)</u>	<u>5,318</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>(59,861)</u>	<u>23,829</u>	<u>(36,032)</u>	<u>5,318</u>
<b>NET ASSETS/(LIABILITIES)</b>					
		<u>(59,861)</u>	<u>23,829</u>	<u>(36,032)</u>	<u>5,318</u>
<b>FUNDS</b>	16				
Unrestricted funds				(59,861)	(12,371)
Restricted funds				23,829	17,689
<b>TOTAL FUNDS</b>				<u>(36,032)</u>	<u>5,318</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....  
and were signed on its behalf by:

.....  
N S Gnojek - Trustee

The notes form part of these financial statements

# RESOLVEN BUILDING BLOCKS

## CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2024 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(40,044)	(114,347)
Interest paid		246	(788)
Net cash used in operating activities		<u>(39,798)</u>	<u>(115,135)</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		-	(728)
Interest received		265	-
Net cash provided by/(used in) investing activities		<u>265</u>	<u>(728)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(39,533)</u>	<u>(115,863)</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>48,652</u>	<u>164,515</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>9,119</u>	<u>48,652</u>

The notes form part of these financial statements



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

### 1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
<b>Net expenditure for the reporting period (as per the Statement of Financial Activities)</b>	(41,350)	(138,196)
<b>Adjustments for:</b>		
Depreciation charges	5,011	4,959
Interest received	(265)	-
Interest paid	(246)	788
Increase in debtors	(38,369)	(16,468)
Increase in creditors	35,175	34,570
<b>Net cash used in operations</b>	<u>(40,044)</u>	<u>(114,347)</u>

### 2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
<b>Net cash</b>			
Cash at bank	48,652	(39,533)	9,119
	<u>48,652</u>	<u>(39,533)</u>	<u>9,119</u>
<b>Debt</b>			
Debts falling due within 1 year	(7,788)	6,247	(1,541)
	<u>(7,788)</u>	<u>6,247</u>	<u>(1,541)</u>
<b>Total</b>	<u>40,864</u>	<u>(33,286)</u>	<u>7,578</u>

The notes form part of these financial statements

## RESOLVEN BUILDING BLOCKS

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Intangible fixed assets**

Amortisation is provided at an annual rate of 33% in order to write off each asset over its estimated useful life.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment - 20% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### **Capital Grants**

Grants received which are used to purchase capital items are treated as restricted funds in the balance sheet and released to the income and expenditure account over the life of the asset to which they relate.

##### **Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments held within a deposit or similar account.

##### **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### **Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 1. ACCOUNTING POLICIES - continued

#### Going Concern

At the end of the period the charity has negative reserves. The trustees are aware of the situation and the need to increase the reserves. They believe that with their current financial management and action plans in place, the charity is poised to continue its operations and fulfil obligations in the foreseeable future. They are closely monitoring the charity's financial position and are undertaking further reviews of the charity's structure and cost-saving strategies to ensure sustainable improvement. The trustees therefore believe that the charity remains a going concern but will continue to closely monitor the situation.

### 2. DONATIONS AND LEGACIES

	2025 £	2024 £
Fees	242,481	178,614
Other Income	9,483	32,455
	<u>251,964</u>	<u>211,069</u>

### 3. INVESTMENT INCOME

	2025 £	2024 £
Deposit account interest	265	-
	<u>265</u>	<u>-</u>

### 4. INCOME FROM CHARITABLE ACTIVITIES

	2025 £	2024 £
Grants	374,224	357,300
	<u>374,224</u>	<u>357,300</u>

Grants received, included in the above, are as follows:

	2025 £	2024 £
NPTCBC- Families First	178,098	163,778
Garfield Weston Foundation	20,000	-
BBC Children in need	4,700	-
Families First - Interplay	-	3,416
NPT Other grants	-	619
NPTCBC - Forward steps	-	3,124
National Lottery Community Fund- Talk It Through	-	19,656
Moondance Foundation	14,800	-
Pen Y Cymoedd	-	44,934
Neath Port Talbot - Childcare Sustainability Grant	-	5,250
Trusthouse	-	16,102
Pen Y Cymoedd	44,623	-
Postcode Lottery	25,000	14,177
NPTCBC Warm Spaces	2,110	-
Swansea Council	-	4,971
NPT Third Sector Cost of Living	-	8,800
Masonic Charitable Trust Talk2Gether	-	-
	<u>20,000</u>	<u>20,000</u>
National Lottery Community Fund Thriving Upwards	42,611	30,704
Childcare and Early Years Capital Small Grant	-	19,569
National Grid Loyal Giving Warm Hub	-	1,200
Clyne Council	-	1,000
4THEREGION CIC	1,200	-
	<u>353,142</u>	<u>357,300</u>
Carried forward	353,142	357,300

# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2025 £	2024 £
Brought forward	353,142	357,300
Trusthouse Charitable Foundation	17,082	-
NPTCBC Holiday Playscheme	4,000	-
	<u>374,224</u>	<u>357,300</u>

### 5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Childcare Centre	<u>659,566</u>	<u>8,237</u>	<u>667,803</u>

### 6. SUPPORT COSTS

	Other 3 £	Support costs £	Totals £
Childcare Centre	<u>(246)</u>	<u>8,483</u>	<u>8,237</u>

### 7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	5,011	4,959
Other operating leases	-	420
	<u>-</u>	<u>5,379</u>

### 8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

### 9. STAFF COSTS

	2025 £	2024 £
Wages and salaries	531,752	511,960
	<u>531,752</u>	<u>511,960</u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 9. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	2025	2024
Management	6	6
Childcare	17	14
Administration	1	1
Maintenance	1	1
Community	8	8
Casual staff childcare/administration	5	5
	<u>38</u>	<u>35</u>

No employees received emoluments in excess of £60,000.

The staff numbers above include part time and full time staff.

### 10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	211,069	-	211,069
<b>Charitable activities</b>			
Childcare Centre	-	357,300	357,300
<b>Total</b>	<u>211,069</u>	<u>357,300</u>	<u>568,369</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Childcare Centre	308,020	398,545	706,565
<b>NET INCOME/(EXPENDITURE)</b>	(96,951)	(41,245)	(138,196)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	84,580	58,934	143,514
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>(12,371)</u>	<u>17,689</u>	<u>5,318</u>

### 11. INTANGIBLE FIXED ASSETS

	Computer software £
<b>COST</b>	
At 1 April 2024 and 31 March 2025	<u>6,336</u>
<b>AMORTISATION</b>	
At 1 April 2024 and 31 March 2025	<u>6,335</u>
<b>NET BOOK VALUE</b>	
At 31 March 2025	<u>1</u>
At 31 March 2024	<u>1</u>

# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 12. TANGIBLE FIXED ASSETS

	Equipment £
<b>COST</b>	
At 1 April 2024 and 31 March 2025	49,025
<b>DEPRECIATION</b>	
At 1 April 2024	38,408
Charge for year	5,011
At 31 March 2025	43,419
<b>NET BOOK VALUE</b>	
At 31 March 2025	5,606
At 31 March 2024	10,617

### 13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	4,617	18,885
Other debtors	59,175	6,538
	<u>63,792</u>	<u>25,423</u>

### 14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Other loans (see note 15)	1,541	7,788
Accruals	7,813	9,109
Trade creditors	2,566	10,176
Social security and other taxes	4,122	10,351
Other creditors	39,333	1,126
Accruals and deferred income	59,175	40,825
	<u>114,550</u>	<u>79,375</u>

### 15. LOANS

An analysis of the maturity of loans is given below:

	2025 £	2024 £
Amounts falling due within one year on demand:		
Other loans	<u>1,541</u>	<u>7,788</u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 16. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General funds	(12,371)	(47,490)	(59,861)
<b>Restricted funds</b>			
National Lottery Community Fund - Talk It Through	-	9,828	9,828
Trusthouse	2,774	(2,774)	-
Postcode Lottery	4,340	(340)	4,000
Masonic Charitable Trust Talk2Gether	10,575	(574)	10,001
	<u>17,689</u>	<u>6,140</u>	<u>23,829</u>
<b>TOTAL FUNDS</b>	<u>5,318</u>	<u>(41,350)</u>	<u>(36,032)</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General funds	252,229	(299,719)	(47,490)
<b>Restricted funds</b>			
NPTCBC - Childcare Strategy	178,098	(178,098)	-
Garfield Weston Foundation	20,000	(20,000)	-
BBC Children in need	4,700	(4,700)	-
National Lottery Community Fund - Talk It Through	42,611	(32,783)	9,828
Trusthouse	17,082	(19,856)	(2,774)
Pen Y Cymoedd	44,623	(44,623)	-
Postcode Lottery	25,000	(25,340)	(340)
NPTCBC Warm Spaces	2,110	(2,110)	-
Masonic Charitable Trust Talk2Gether	20,000	(20,574)	(574)
NPT Food Partnership	1,200	(1,200)	-
Moondance Foundation - Talk it Through	14,800	(14,800)	-
NPTCBC - Holiday Playscheme	4,000	(4,000)	-
	<u>374,224</u>	<u>(368,084)</u>	<u>6,140</u>
<b>TOTAL FUNDS</b>	<u>626,453</u>	<u>(667,803)</u>	<u>(41,350)</u>

# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 16. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General funds	34,580	(96,951)	50,000	(12,371)
Designated Funds - Redundancy	40,000	-	(40,000)	-
Designated Funds - Running Costs	10,000	-	(10,000)	-
	<u>84,580</u>	<u>(96,951)</u>	<u>-</u>	<u>(12,371)</u>
<b>Restricted funds</b>				
NPTCBC - Childcare Strategy	5,508	(5,508)	-	-
BBC Children in Need	34,795	(34,795)	-	-
National Lottery Community Fund - Talk It Through	15,668	(15,668)	-	-
Trusthouse	2,963	(189)	-	2,774
Postcode Lottery	-	4,340	-	4,340
Masonic Charitable Trust Talk2Gether	-	10,575	-	10,575
	<u>58,934</u>	<u>(41,245)</u>	<u>-</u>	<u>17,689</u>
<b>TOTAL FUNDS</b>	<u>143,514</u>	<u>(138,196)</u>	<u>-</u>	<u>5,318</u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General funds	211,069	(308,020)	(96,951)
<b>Restricted funds</b>			
NPTCBC - Childcare Strategy	163,778	(169,286)	(5,508)
BBC Children in Need	-	(34,795)	(34,795)
NPTCBC Flying Start	3,250	(3,250)	-
Families First - Interplay	3,416	(3,416)	-
NPTCBC Families First	3,124	(3,124)	-
National Lottery Community Fund - Talk It Through	19,656	(35,324)	(15,668)
Trusthouse	16,102	(16,291)	(189)
Pen Y Cymoedd	44,934	(44,934)	-
Postcode Lottery	14,177	(9,837)	4,340
Swansea Council - Regional health, social, wellbeing	4,971	(4,971)	-
NPT Third Sector Cost of Living	8,800	(8,800)	-
Masonic Charitable Trust Talk2Gether	20,000	(9,425)	10,575
National Lottery Community Fund Thriving Upwards	30,704	(30,704)	-
Childcare and Early Years Capital Small Grant	19,569	(19,569)	-
National Grid Loyal Giving Warm Hub	1,200	(1,200)	-
NPTCBC Sustainability Grant	2,000	(2,000)	-
NPTC Think Family Partnership	619	(619)	-
Clyne Council	1,000	(1,000)	-
	<u>357,300</u>	<u>(398,545)</u>	<u>(41,245)</u>
<b>TOTAL FUNDS</b>	<u>568,369</u>	<u>(706,565)</u>	<u>(138,196)</u>

# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

### 16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General funds	34,580	(144,441)	50,000	(59,861)
Designated Funds - Redundancy	40,000	-	(40,000)	-
Designated Funds - Running Costs	10,000	-	(10,000)	-
	<u>84,580</u>	<u>(144,441)</u>	<u>-</u>	<u>(59,861)</u>
<b>Restricted funds</b>				
NPTCBC - Childcare Strategy	5,508	(5,508)	-	-
BBC Children in Need	34,795	(34,795)	-	-
National Lottery Community Fund - Talk It Through	15,668	(5,840)	-	9,828
Trusthouse	2,963	(2,963)	-	-
Postcode Lottery	-	4,000	-	4,000
Masonic Charitable Trust Talk2Gether	-	10,001	-	10,001
	<u>58,934</u>	<u>(35,105)</u>	<u>-</u>	<u>23,829</u>
<b>TOTAL FUNDS</b>	<u>143,514</u>	<u>(179,546)</u>	<u>-</u>	<u>(36,032)</u>



## RESOLVEN BUILDING BLOCKS

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

#### 16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General funds	463,298	(607,739)	(144,441)
<b>Restricted funds</b>			
NPTCBC - Childcare Strategy	341,876	(347,384)	(5,508)
BBC Children in Need	-	(34,795)	(34,795)
Garfield Weston Foundation	20,000	(20,000)	-
NPTCBC Flying Start	3,250	(3,250)	-
BBC Children in need	4,700	(4,700)	-
Families First - Interplay	3,416	(3,416)	-
NPTCBC Families First	3,124	(3,124)	-
National Lottery Community Fund - Talk It Through	62,267	(68,107)	(5,840)
Trusthouse	33,184	(36,147)	(2,963)
Pen Y Cymoedd	89,557	(89,557)	-
Postcode Lottery	39,177	(35,177)	4,000
NPTCBC Warm Spaces	2,110	(2,110)	-
Swansea Council - Regional health, social, wellbeing	4,971	(4,971)	-
NPT Third Sector Cost of Living	8,800	(8,800)	-
Masonic Charitable Trust Talk2Gether	40,000	(29,999)	10,001
National Lottery Community Fund Thriving Upwards	30,704	(30,704)	-
Childcare and Early Years Capital Small Grant	19,569	(19,569)	-
National Grid Loyal Giving Warm Hub	1,200	(1,200)	-
NPTCBC Sustainability Grant	2,000	(2,000)	-
NPTC Think Family Partnership	619	(619)	-
Clyne Council	1,000	(1,000)	-
NPT Food Partnership	1,200	(1,200)	-
Moondance Foundation - Talk it Through	14,800	(14,800)	-
NPTCBC - Holiday Playscheme	4,000	(4,000)	-
	<u>731,524</u>	<u>(766,629)</u>	<u>(35,105)</u>
<b>TOTAL FUNDS</b>	<u>1,194,822</u>	<u>(1,374,368)</u>	<u>(179,546)</u>

Details of the above funds can be found in the financial review of the Trustees Report.

#### 17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

**RESOLVEN BUILDING BLOCKS**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Fees	242,481	178,614
Other Income	9,483	32,455
	<u>251,964</u>	<u>211,069</u>
<b>Investment income</b>		
Deposit account interest	265	-
<b>Charitable activities</b>		
Grants	374,224	357,300
<b>Total incoming resources</b>	<u>626,453</u>	<u>568,369</u>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Staff costs	531,752	511,960
Room hire	-	420
Water Rates	1,873	2,385
Insurance	9,929	9,429
Light and heat	8,429	9,357
Telephone and internet	9,872	3,480
Postage and stationery	112	825
Travel & Transport	1,675	6,418
Training	4,230	5,078
Equipment & Toys	3,692	10,955
Advertising	1,571	1,933
Refreshments	5,142	4,716
Printing & Photocopying	1,491	9,140
Repairs, maintenance & cleaning	32,792	33,027
Subscriptions	-	569
Security & Alarms	2,923	5,602
Waste Collection	1,138	798
General consumables	3,179	6,315
Fundraising	350	1,453
Bank charges	-	19
Recruitment Costs	821	2,082
Subcontractors	29,954	61,019
Computer Software costs	3,630	3,834
Depreciation	5,011	4,959
	<u>659,566</u>	<u>695,773</u>
<b>Support costs</b>		
<b>Other 3</b>		
Bank loan interest	(246)	788
<b>Support costs</b>		
Accountancy and legal fees	8,483	10,004

This page does not form part of the statutory financial statements



**RESOLVEN BUILDING BLOCKS**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
Total resources expended	<u>667,803</u>	<u>706,565</u>
Net expenditure	<u><u>(41,350)</u></u>	<u><u>(138,196)</u></u>

This page does not form part of the statutory financial statements

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All dates and times shown in the signatures below are expressed in Coordinated Universal Time (UTC), which is generally equivalent to GMT.

You can find out more about UTC at the following web page:

<http://www.virtualcabinetportal.com/WhatIsUTC>

### Signature 1

Signed by Nicola Nojek using authentication code Z2ZxLlxdyRaRUMk at IP address 31.54.68.27, on 2025/12/07 22:09:04 Z.

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