



Blociau Adeiladu  
**Canolfan Deuluol**

Mae Elusen Leol Yn Cefnogi Teuluoedd



Building Blocks  
**Family Centre**

A Local Charity Supporting Families

# Annual Report 2022/2023

**Building Blocks Family Centre , Resolven, Neath, SA11 4AB**

Tel: 01639 710076, [www.buildingblocksfamilycentre.co.uk](http://www.buildingblocksfamilycentre.co.uk)

Email: [office@buildingblocksfamilycentre.co.uk](mailto:office@buildingblocksfamilycentre.co.uk)

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# Foreword from Chairperson

Welcome to our 21st Building Blocks Family Centre Annual Report.

Over the past year our staff and volunteers have been supporting families and children across the Neath Port Talbot area providing much needed support whether that is for support in the form of food bank parcels or providing help and guidance through free workshops and training in life skills

We continue to offer high quality childcare for children 0-12 whilst also offering one to one childcare support for disabled children. Our diverse fantastic childcare staff are trained to also be able to work with children who have other needs such as children who have a medical need, ASD, ADHD, visual impairment and other disabilities.

Throughout the year we have been continuing to fundraise through various events and raffles to keep try and keep our fundraising pots flowing as the funding pots available are becoming harder and harder to tap into.

On behalf of the trustees I would like to thank each and everyone of our staff and volunteers for the amazing job they do providing the much needed support to our families, parents and children who use the varied and wide services that we offer.

I would also like to thank all the funders for their support which allows us to provide the much needed services in the area.

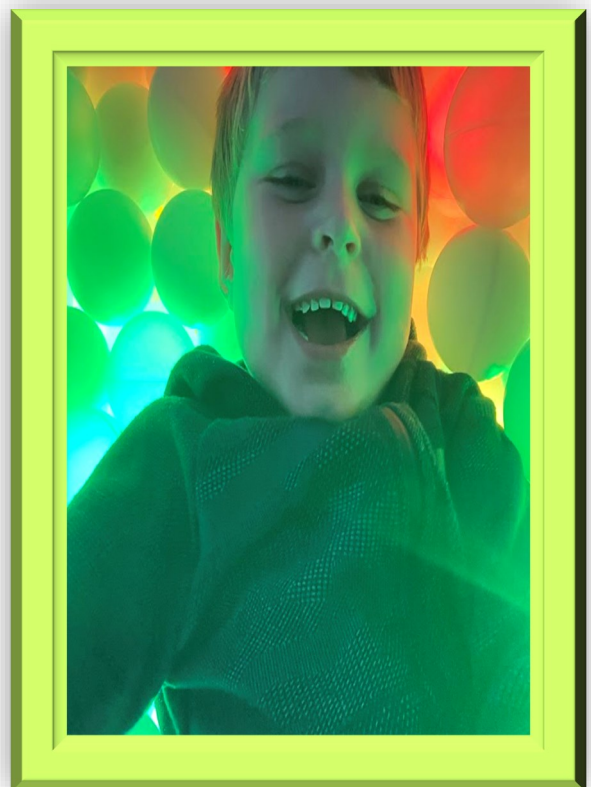
Nicola Gnojek

Chairperson



# Key Achievements

1. We have supported 500 children with disabilities or additional needs to help improve their quality of life through the development of social skills, speech, language and communication skills, confidence, self-esteem and independence skills.
2. We have supported 1249 parents to help improve their parenting skills and improve their quality of life to help give their children the best start in life.
3. We have supported 585 Children and young people to help improve their wellbeing
4. We have provided 319 children with free or subsidised childcare places to help build their early years development skills.
5. We have supported 280 adults and 294 children to gain access to our food bank provision supporting families living in food poverty across Neath Port Talbot.
6. We have supported 187 parents who have children with disabilities to improve their mental health and wellbeing .
7. 196 children accessed dedicated support with their mental health and well-being.





# Trustees and Volunteers

Name of Trustee	Role	Other Information
Mrs Nicola Gnojek	Chairperson	
Mrs Janet Harris	Secretary/Companies House Secretary	
Miss Hannah Morgan	Treasurer	
Mr Neal Francis	Trustee	17.1.23 Appointed
Mrs Julie Howes	Trustee	
Miss Cherelle Mead	Trustee	
Mrs Caryn Williams	Trustee	17.1.23 Appointed
Miss Caitlin O'Reilly	Trustee	1.3.23 Appointed
Miss Nicola Macey	Trustee	1.7.22 (Resigned)

# Staffing

Name	Job Title	Part time/ full time/ casual	Other Information
Ceri Pritchard	Centre Manager	Full Time	
Stacey Morgan	Childcare Manager	Part Time	
Natasha Pike	Childcare Worker	Part Time	
Liz Davies	Family Disability Manager	Full Time	
Emma Grove	Children's Disability Support Worker	Part Time	
Samantha Gillespie	Childcare worker	Part Time	
Zoe Ganderton	PA & Family Hub Worker	Part Time	
Alisha Ace	Childcare worker / Children's Disability Support Worker	Full Time	
Caitlin Gnojek	Childcare Manager/Children's Disability Manager	Full Time	
Christina James	Well-being & Parenting Manager	Full Time	
Gemma Bates	Children's Well-being Officer	Part Time	
Shadean Thomas	Family Disability Worker	Part Time	

# Staffing

Name	Job Title	Part time/ full time/ casual	Other Information
Jeff Pritchard	Caretaker	Part Time	
Stacey Harris	Family Disability Worker	Full Time	
Amy Benns	Office Manager	Part Time	
Rebecca Evans	Speech , Language and Communication Support Work	Part Time	
Kirstie Morgan	Children's Disability Support Worker	Part Time	
Katie Amos	Childcare Apprentice	Part Time	Appointed August 2022
Chloe Edwards	Administrator	Part Time	
Ceri Siddley	Training Co-ordinator/ Emotional Well-being Worker	Part Time	Appointed June 2022
Shannon Chambers	Speech, Language and Communication Development Manager	Part Time	
Laura Lee	Counsellor	Part Time	
Laura Arnold	Grants and Fundraising Officer	Part Time	



# Staffing

Name	Job Title	Part Time/ full time/ casual	Other Information
Rebecca Parfitt	Office Manager/Training Co-ordinator	Full Time	Left October 2022
Chelcey Mock	Childcare Worker	Part Time	Appointed November 2022
Lauren Gnojek	Administrator/Childcare	Casual	
Jay Pritchard	Children Disability Support Worker	Casual	
Hannah Thomas	Children's Well-being Officer	Part Time	
Amy Simmonds	Family Disability Well- being Worker	Part Time	Left January 2023
Chelsea Jones	Children's Disability Support Worker	Full Time	Left January 2023
Amelia O'rells	Childcare Worker/ Children's Disability Support Worker	Full Time	
Jodie Richards	Childcare Worker	Part Time	Left July 2022
Ffion Jones	Children's Disability Support Worker	Part Time	Left June 2022
Chelsea Lamb	Children's Disability Support Worker	Part Time	Left April 2022
Nikki Collins	Childcare Worker & Children's Disability Sup- port Worker	Part Time	Appointed June 2022
Joely Pennery	Children's Disability Support Worker	Part Time	Left February 2023

# Staff Training

- ◇ Safeguarding
- ◇ Prevent Duty
- ◇ First Aid
- ◇ Diabetes Awareness
- ◇ Health & Safety
- ◇ Fire Awareness
- ◇ Manual Handling
- ◇ Equality & Diversity
- ◇ GDPR
- ◇ Understanding Children's Rights
- ◇ Food Hygiene
- ◇ Infection, Prevention & Control
- ◇ Dyslexia Awareness
- ◇ Understanding Anaphylaxis
- ◇ Understanding Epilepsy
- ◇ Effective health & safety for children with SEND and ASN
- ◇ Mindfulness in the Classroom
- ◇ Autism Awareness
- ◇ Preventing Bullying (11-16 years)
- ◇ Signalong Phase 1
- ◇ Fire Safety and Equipment
- ◇ Anti-Fraud, Bribery & Corruption
- ◇ Effective Safeguarding Practice
- ◇ Adverse Childhood Experiences

# Staff Training

- ◇ Domestic Abuse: Children and Young People
- ◇ DA case study 1: Coercive Control (14-16 years)
- ◇ DA case study 2: Peer-on-Peer Harassment (14-16)
- ◇ Child Neglect
- ◇ Cyber Security
- ◇ Bullying and Harassment in the Workplace
- ◇ Online Safety
- ◇ ADHD Awareness
- ◇ Equality and Inclusion in Early Years Settings
- ◇ Safeguarding of Adults Level 3
- ◇ Safeguarding Lead
- ◇ Staff Awareness: Payment Card Industry Data Security Standard





# Employee Awards

Every year at Resolven Building Blocks we seek the views and opinions of our staff regarding the staff member they believe has gone above and beyond in their work roles with us. The awards are presented every year at our Annual General Meeting.

## **Childcare Team—Employee of the Year 2022**

Chelsea Jones

## **Manager of the Year 2022**

Amy Benns

## **Community Team—Employee of the Year 2022**

Christina James

## **Health & Wellbeing Employee of the Year 2022**

Gemma Bates

## **Star of the Year 2022**

Ceri Pritchard

## **Admin Team—Employee of the Year 2022**

Ceri Siddley



# Childcare Services

Over the past year we have continued to rebuild on our childcare services. We are offering a range of services for children aged 0-12 Monday-Friday which will help them to improve their socialisation, confidence and overall development through accessing high quality childcare.

During this year we have had 96 children uptake on childcare spaces and we have worked closely with parents to support their childcare needs. Over the past year we have seen an increase in the number of parents accessing our 30 free hours childcare spaces as well as our paid childcare spaces. We are continuing to offer wrap around care with pick up from the local primary school.

As well as these services, we also provide 1-1 support for children with additional learning needs. We currently have 7 children who regularly receive this 1-1 support to help them with transitioning in to school, support their communication and meet their individual needs.



# Childcare Services

By providing these services we have been able to help parents access work, training, university courses and respite for them as a family. For the children, these sessions have provided them with opportunities to socialise, reduce their separation anxiety, build confidence.

## Parent Feedback

"Friendly and bubbly staff, lots of creative activities"

## Parent Feedback

"All childcare workers are welcoming to our son when he arrives at nursery and all are friendly"

## Parent Feedback

"Our son is always happy going to nursery and appears happy coming out. Reported to be happy during his time there"

## Parent Feedback

"RBB has really helped my sons social skills and language skills as he is late in developing certain sounds. I have really seen a huge change in his abilities recently and believe this is due to the work and dedication of the team in RBB"



# Forward Steps

We have been providing comprehensive training and support for parents and carers, focusing on various topics such as challenging behaviour, regulating emotions, communication and setting boundaries, as well as ADHD and ASD. Our goal is to equip parents and carers with the necessary knowledge and strategies to effectively manage their children's needs. In addition to training sessions, we also organise coffee mornings/evenings, creating a space for parents and carers to connect with each other while accessing information and support from our service on a range of topics.

We understand the importance of emotional support for parents and carers, especially when it comes to their child's disability. Therefore, we have a qualified play therapist, who provides dedicated emotional support sessions. We also offer advice and information to parents and carers, including signposting them to other services that can provide additional support for their families.

We understand that every family's needs are unique, so we provide training sessions in various formats. These include face-to-face, online, one-to-one sessions. We even offer home visits for those who are unable to attend training in any other way. We utilise our Facebook page to share valuable information on topics discussed with families, including advice on wellbeing, anxiety in children, available training and workshops for parents, and tips on Additional Learning Needs (ALN).



# Forward Steps

Over the past year, we have successfully transitioned back to offering weekly face-to-face training sessions at Building Blocks. We are pleased to report a consistent number of attendees, with an average of four parents participating each week. However, we understand that some families may face personal challenges that prevent them from attending in person. To accommodate their needs, we continue to provide training sessions either through Zoom or on a one-to-one basis, depending on what works best for the families. Looking ahead, we recognize the importance of making our services more accessible to families in the Port Talbot area. Therefore, in the coming months, we plan to organize support and information sessions specifically in Port Talbot. This initiative aims to cater to the needs of the high number of families from this area and ensure that they can easily access our services. We are committed to providing comprehensive support and training to families, regardless of their circumstances. By offering a combination of face-to-face and virtual sessions, we strive to meet the diverse needs of our community and empower parents with the knowledge and skills they need to thrive and enable them to navigate the challenges they face.

- **44 families successfully supported**
- **27 training sessions delivered**

# Journey to Well-being

Our organisation, thanks to the generous grant from SCVS - West Glamorgan Regional Health, Social care and Wellbeing small grant scheme, successfully implemented the 'Journey to Wellbeing' Project. The main objective of this project was to empower individuals with the necessary knowledge and skills to effectively manage their mental and physical wellbeing. Additionally, we aimed to boost their self-esteem and confidence, enabling them to develop emotional resilience. We recognized the urgent need for such an intervention due to the lingering effects of the Covid-19 pandemic, which significantly impacted people's health and wellbeing. Furthermore, we identified a lack of social interaction opportunities for families, leading to feelings of loneliness and anxiety. To address these challenges, we organized a series of workshops and training sessions within the community. These sessions provided a platform for individuals to connect with others and acquire new skills. Topics covered included Understanding Anxiety in Children, Reiki Level 1, Reflexology, Stress Management, and Vision Board making.

The feedback we received from participants was overwhelmingly positive, with 100% of them expressing their satisfaction with the courses and their eagerness to apply the newly acquired skills in their daily lives.

**"I really enjoyed today's course. It was well-presented and provided excellent and practical information that can be utilised both personally"**  
**Parent (Anonymous)**

# Journey to Well-being

In addition to the workshops, we organised a Wellbeing day at our Centre. This event provided individuals with the opportunity to meet others, enjoy a communal lunch, and book various treatments such as reflexology, reiki, and head and shoulder massages. Professionals in the field also offered advice and information regarding these treatments and overall health and wellbeing. The Wellbeing day was a resounding success, with 24 individuals in attendance. All participants agreed that the sessions were highly beneficial in enhancing their understanding of how to manage their mental and physical wellbeing.



Overall, our 'Journey to Wellbeing' Project, made possible by the grant from SCVS - West Glamorgan Regional Health, Social care and Wellbeing small grant scheme, successfully addressed the pressing need for improved mental and physical wellbeing in our community. Through workshops, training sessions, and a Wellbeing day, we provided individuals with the tools and support necessary to navigate the challenges brought about by the Covid-19 pandemic.



ELUSEN IECHYD  
BAE ABERTAWE  
SWANSEA BAY  
HEALTH CHARITY

# Their Journey, Our Impact

One of the families we supported was referred to us in February 2022. The son had received a private diagnosis of ADHD, and the family was awaiting medication. The mother, who was struggling with her son's behaviour at home, attended training sessions on challenging behaviour, communication and setting boundaries, and regulating emotions, all conducted over Zoom to accommodate her work schedule.

We were also able to provide her son with support through our Talk it through service for 1-to-1 counselling and the Wellbeing for me service to improve socialisation and make new friends. The mother also benefited from 1-to-1 emotional wellbeing support with our play therapist, receiving a total of 8 sessions. We also assisted the family in finding suitable childcare for the son during the summer holidays. The family finished their support with us and the mother expressed her satisfaction with the options provided and the positive impact of the play therapy sessions on her wellbeing and her son's enjoyment of the wellbeing group.

Eliza, who has three children, including a son with a diagnosis of GDD and Autism, sought support for her daughter's behaviour, suspecting ADHD. Eliza expressed the need for training on challenging behaviour and respite for her son. We connected Eliza's son with the Talk2gether project for communication and social skills support, which he continues to attend. We also referred him to another service within Building Blocks for 1-to-1 support sessions after school. Eliza actively engaged with Forward Steps, attending all face-to-face training sessions and participating in coffee evenings where her daughter accessed a peer support group. Eliza successfully completed her time with Forward Steps, feeling listened to, supported, and gaining a better understanding of her daughter's behaviour. Her daughter has been placed on the ADHD pathway and is currently on the waiting list for the Wellbeing 4 Me service.

At Forward Steps, we are dedicated to providing holistic support to families, addressing their unique needs and empowering them to navigate the challenges they face.



# Families Together

Our project supported families who were dealing with the after effects of the pandemic. The UK Community Renewal grant administered by Neath Port Talbot CVS enabled us to offer a range of workshops to improve parenting and life skills. The project brought parents together and offer peer support whilst they upskill in managing their well-being, which will include mindfulness sessions and physical activity sessions such as nature walks and light exercise to improve well-being. We offered self-esteem and confidence building courses for parents to help develop their resilience. Parents developed improved emotional resilience, a decrease in separation anxiety, improved understanding of well-being, child development, improved support network and upskilled in parenting along with gaining confidence and self-esteem.



**12 workshops  
delivered and 90  
beneficiaries engaged  
with improving their  
life skills**

**“It was such a fun  
learning experience  
and I have learnt a  
new skill that I would  
like to continue”**

# Community Hub

Due to the rising costs of living and people facing more difficulties, we developed in late 2022 the launch of our Community Hub. The community hub was for members of the community to access free food, information and advice along with free use of wi-fi and a laptop if needed. Our community hub days were held weekly between 9am-6pm along with community hub events being held once a month.

The community hub events during the past few months for families and members of the community.

- Christmas 2 course meal with quiz
- Curry and rice
- St Davids day themed afternoon - cawl and welsh cakes
- Easter themed tea party

The events were very successful with up to 40 people attending some of the events and we delivered these events in conjunction with Resolven Youth Forum who volunteered their time to help at the events. The events were primarily focused on offering free warm meals with the option of accessing information and advice if anyone needed it, especially around support and services that they can access for help around the rising cost of living.

We ensured the community events were suitable for all ages and appealed to a variety of people. This service was run voluntary by our staff members and would not have occurred without their want to help others.

**52 individuals accessed the  
hub during December 2022  
—March 2023**

# Resolven Youth Forum

The youth forum has 11 members and during the year have been developing their volunteering skills and supporting the Community Hub giving up their time to run community events and fundraising to support Building Blocks services whilst still meeting regularly and helping within the community.

In May 2022 they had the recognition they deserved for all their hard work when they were awarded the high sheriff award for their services to the community and fundraising. Due to there still being covid restrictions in place, there was no official ceremony held. Therefore, we held a presentation evening with parents, local council members to celebrate and be presented with their certificates from the High Sheriff.

In December 2022 they ran a Christmas themed community event with a 2 course menu and quiz. The youth forum were busy taking orders, dishing up and serving food which was a huge success with 30 people attending. They then ended the event by hosting a quiz.



# Growth & Mindset

The Growth and Mindset project began in April 2022 funded by Pen y Cymoedd Community Wind Farm and the People's Postcode Trust. The project has delivered a well-being project for children and young people with and without disabilities and their families. We have worked with children from the age of 0 years old to 12 years of age to help them rebuild their emotional resilience, self-esteem and confidence which has been devastated by the pandemic.

## Mindfulness Clubs

We provided 146 children aged 9-12 years over the year with a 10 Week Mindfulness Club which was delivered directly in schools across the Pen y Cymoedd areas, helping to rebuild children's emotional resilience, confidence, self-esteem and mental wellbeing which we know has been impacted greatly by the pandemic. 83% of the 146 children who attended the 10 week sessions had very little knowledge or idea about mindfulness when we commenced working with them on week 1, but by the end of the 10 weeks we then re-measured this and found that **all** our children felt that they knew a lot more or were experts in mindfulness. Therefore, all the children were up skilled in using the mindfulness techniques and felt able to keep using mindfulness.

**100% of children have also seen a difference in their mental well-being.**

100% of the schools agreed that they have seen first-hand the impact that the sessions have had on the children and have reported a number of benefits. Examples of these are increased emotional resilience and confidence, more relaxed, less anxious, showing more tolerance to one another, more able to communicate their feelings and more resilient in tackling things that they find difficult.



# Growth & Mindset

## Children and Young People with Additional Learning Needs and their Families

Our project has supported families with children with additional needs providing 1-1 support for the children tailoring the sessions to meet their needs and disabilities. This support ranges from building confidence and self-esteem to helping children achieve their milestones including building emotional resilience. Each family has a parent support worker which gives the family support to enable them to learn skills and strategies to support their children at home. Each family have their own support plan and we as a team work together to achieve this. Families and children have received 16 weeks of dedicated 1-1 support with 51 individuals benefiting from the service.

**Parenting Support** - 100% of parents stated that they had improved knowledge and understanding on how to implement the support learnt through the project at home, meaning they have the knowledge and skills to take with them after exiting the service.

**1-1 Support** - 100% of children improved on their confidence and self-esteem, 85% of parents reported their child now has improved emotional resilience, and 64% had reduced separation anxiety. To date all 25 children have met their planned targets along with improving their emotional well-being and further developing their resilience.

**100% of families feel this service has improved their quality of life.**

**“The service offered to my daughter, and I have been exceptional. The sessions are vital in our community and the support they offer everyone is outstanding”.**



# Their Journey, Our Impact

Child M came for support with their development and separation anxiety. When Child M first started attending sessions they would get really upset when leaving their parents. Child M would take a long time to settle. Child M didn't want to engage in any of the activities but as the weeks went on Child M would become a little more confident when arriving, but due to being non-verbal they would get upset as they were unable to communicate their needs. By week 8 Child M would be happy when arriving and be much more settled in the room. They had also started to play alongside another little girl and started using some sounds and words to communicate. Child M would also take part in activities. Child M has grown in confidence so much since they started and built strong relationships with the children and their support worker. The parents of Child M had also stated that they had seen a massive difference in their child and were so pleased with the service.



# Their Journey, Our Impact

Parent H came to the service looking for support for her son who is on the pathway for ASD. The family needed support to help with their child's challenging behaviour and to help their child to transition to school. We worked with the parent to put a plan in place for the child to access 1-1 support and also stated that we would organise a meeting with the school so they could put the relevant support needed in place before their child started school. The child also received one to one support from our project and we were able to put in place an individual play plan and assessed the child's needs through using Wellcomms and development trackers. This gave us a clear picture of what areas the child needs support with. We organised transition days to take the child into school and met regularly with the family and school to share and make the transition as smooth as possible.

By the end of the 16 weeks, the child was attending school and their challenging behaviour had improved greatly. The family felt fully supported in the transition and they also felt like they had learned skills to help them with their child's challenging behaviour. The school reported that they had been overwhelmed with the support that we had offered for the child and felt that without it, the child would have taken months to settle in to school.



# Wellbeing 4 Me

Working in Consortia with Interplay we deliver the Wellbeing4Me service providing play sessions to support children with disabilities and those who are pre-diagnosis. We provide sessions for children aged 0-3 years old to attend with their parents, and an after school session for children aged 4-11 years old.

## 0-3 Years

We provide a service for 0-3 year olds to attend with their parents. These sessions run once a week in Resolven Building Blocks. Our 0-3 service provides parents with the opportunity to build on their parent-child relationship whilst having the opportunity to meet other parents and share information and advice. We offer play based sessions to help children meet their developmental milestones. These include working on individualised targets like building their independence, socialisation skills, improving their speech, language and communication and improving physical development through play.

4 parents and their children who attend our 0-3 service have seen improved parent- child relationships, had the opportunity to communicate and share information and advice with other parents and develop ideas that they can use at home.



**Interplay**  
(Integrated Play & Leisure)

# Wellbeing 4 Me

## 4—11 Years

We have delivered three sessions a week for children aged 4-11 years old, two sessions in Resolven and one in Port Talbot. Our 4-11 session provided children with the opportunity to meet their milestones through play based sessions. Children are provided with individual targets which are set by them and their parents. These include developing coping strategies in order to reduce challenging behaviour, reducing separation anxiety and building confidence, resilience and independence. We provide children with activities and resources to help them meet their targets. These include making worry monsters, stress balloons, using visual aids and timers and group games and activities.

43 children aged 4—11 years have seen increased independence, confidence, resilience. Improved speech, language and communication. Children have made new friends, developed coping strategies and experienced new experiences.

**121 play sessions  
delivered**





# Their Journey, Our Impact

Child H has been diagnosed with ASD and was referred to our services as they were struggling with separation anxiety. We worked with the child and parent to identify the key areas of development and these were for Child H to improve their speech and language skills, working on understanding and communication, socialisation and making friends and reducing separation anxiety.

Child H accessed face to face sessions for 12 weeks and also attended the summer holiday club. During the first session Child H experienced separation anxiety from Mum. We developed visual timers and used activities that they enjoyed in order to reduce their anxiety. We used strategies such as play dough, messy play and imaginative role play with Child H to encourage their positive experience whilst attending our sessions. This helped to reduce their anxiety and during our four week review of Child H targets we realised that separation anxiety was no longer a key focus for the child.

We then worked on supporting Child H on improving their speech and language skills through creating speech monsters, encouraging repetition and the use of communication cards when needed. Child H enjoyed taking part in a range of activities including sensory play, baking activities, going in the community to build independence, arts and crafts, outdoor play and group games which all aided their socialisation.

Child H's parents reported that they felt the service had really benefited them and had provided Child H with numerous new opportunities. During Child H time with us we found that Child H had begun to communicate their needs to staff members and their confidence was improving by playing and socialising with other children. Child H's separation anxiety was significantly reduced by the end of the 12 weeks and Child H's parent reported they were very pleased with the service they had received.





# Talk2gether

Talk2gether provides early intervention support for children with speech, language and communication needs (SLCN) aged 0 –5 years offering dedicated play sessions. The project is funded by BBC Children in Need and to date has successfully supported 68 children. The service enables children to strengthen their communication skills, improve their social skills and life skills. The project helps children to reduce their frustration, help them build friendships, improve their SLC skills and develop their emotional wellbeing and resilience skills.

The service is a dedicated service for children with SLC delays which offers a 10 week SLC programme that provides children with the opportunity to develop their:

- Speech, language and communication skills
- Understanding, listening and attention skills
- Emotional skills and build resilience
- Social development



# Talk2gether

## Parent Feedback

Thank you so much for your support. We are noticing massive changes. I am absolutely landed he has been saying sentences all on his own accord and talking more and more each week. We can't thank you enough.

## Parent Feedback

I think the 1-1 support is brilliant, I loved the printed hand outs on support and ideas to encourage speech through play. Communication between parents and Shannon is brilliant she's always got helpful feedback. The service is 100% needed for families who need the *support. I am beyond grateful I found this service.*

## Professional Feedback

Passionate community based work that supports families and children within the local village as well as surrounding areas ensuring that the families needs are met individually and as a whole.

# Their Journey, Our Impact

N entered our SLC sessions with immense distress and anxiety, desperately not wanting to separate from their mother. Wearing anything other than pyjamas and going to school seemed like an insurmountable challenge for them. N could only communicate using three words, often echoing them, and would cry upon seeing pictures. Participating in activities was out of the question for them. N lived in a world consumed by anxiety and fear, feeling incredibly isolated. N mother, overwhelmed by the situation, had to reduce her work hours. It took some time for N to develop a bond and trust with the key worker. We collaborated with N mother to address the separation issue, gradually acclimating N to her absence during the sessions. Initially, N mother stayed in the sessions, gradually moving closer to the door and taking short breaks to the toilet or car. Eventually, she was able to leave for the entire session. During this process, we engaged in games and various activities, allowing N to observe without feeling pressured to participate. N regained a sense of control and was not forced into any tasks or activities.


Over time, N started to join in the activities with us and proudly showed us their accomplishments, exclaiming "ta da!" N began using more words in context, such as "help me" and action words, as well as combining two words together. We utilised singalongs to enhance their communication skills, encouraging N to point to things they wanted or needed, as well as to share their interests. This greatly reduced N frustration, especially when N struggled to find the right words. We also introduced the Picture Exchange Communication System (PECS) gradually, considering N's previous distress with pictures being forced upon them. After 20 weeks of sessions, N developed a strong affinity for their PECS book and progressed to phase 3, where N could exchange pictures to express their needs. N often rushed to their book, grabbed the sensory room card, and used the sign for "open" to request entry. Now, N happily attends school full-time, proudly wearing their uniform. N is content to spend time with their grandmother, allowing N parents to have occasional break together. N's life has undergone a tremendous transformation. N is now a joyful, fun-loving child who enjoys singing and dressing up. N imagination and imitation skills have flourished, and they frequently re-enacts scenes from their favourite shows for their parents. N can now actively participate and listen to adult-led activities for up to 10 minutes, utilising the attention bucket strategy. This achievement, reaching phase 3, is a monumental milestone for N

# Holiday Play Provision

The project was aimed for children aged 4-12 years old within the Clyne, Melincourt and Resolven area to be able to access a free play provision throughout the October half term 2022 and February half term 2023.

The play provision allowed children to have a place to go throughout the half term where they could see their friends from school, participate in many different activities and to mainly have fun in a safe and secure environment. Within these areas, there aren't many opportunities for children to be able to access a free play provision throughout the half terms so having this available to them was extremely beneficial.

The children were provided with many different activities to participate in which they thoroughly enjoyed. An example of these activities were den making, arts and crafts, making slime/gloop, making sensory stress balls, treasure hunts, nature walks and much more. Having the children all working together to partake in these activities enabled them to improve on their socialisation skills. It also helped the children improve in their confidence and well-being as they were able to be comfortable in their surroundings and work with their peers to complete an activity.



**6 sessions held with  
44 children  
benefiting from  
these sessions**

# Their Journey, Our Impact

Child A attended every half term session that was provided. We noticed that Child A was unkempt and they shared with us that they struggled to form friendships in school. We provided double sessions in the October half term and Child A attended them both. They attended sessions wearing their school clothes and got very excited when they realised that we had planned a food activity. Child A stated that they had not had food that day and was hungry. Child A played lots of games and enjoyed the company of their peers. Child A thoroughly enjoyed playing dodgeball and their peers cheered for them as they were the remaining player for the team and won the game for them. Child A was able to make a small group of friends which helped them with their confidence and self-esteem. They stated how much he had enjoyed attending the sessions throughout half term and couldn't wait to come again. Without this provision Child A would not have been able to grow and develop, basic needs were met by providing food and opportunity to engage in fun activities with peers ensuring they became less isolated in the community.

## Parent Feedback

'I'm so grateful that you were able to put the sessions on throughout half term as the children don't really have a lot to do in the village. My daughter and son absolutely love coming to the play sessions and they were so happy to hear it would be running throughout half term aswell, so thank you.'

## Child Feedback

"I enjoy coming to these sessions because they are super fun and amazing"





# Parent Connect

The project commenced in 2022 and is funded by Trusthouse Foundation and is matched with the Growth & Mindset project. The project works with families with disabilities and offers up to 16 weeks of support. The support includes providing support with challenging behaviour and dealing with it positively.

## Peer Support

We have delivered coffee mornings and workshops where parents have the opportunity to discuss the importance of self care and managing their own wellbeing. Guest speakers have attended the parent meetings to give advice on any struggles or challenges they may be dealing with.

## Time 2 Explore

We have provided families with parent and child activities to encourage interaction. This has been delivered through our Time 2 Explore sensory sessions. The sessions encourage parent and child interaction through play activities such as messy play, cake making, music, reading, colouring, painting and arts and crafts. We have mainly worked with children aged 0-3 years and have also provided activities for older children such as yoga and arts and crafts.

## Advice and Information

We have developed information and activity packs for the families,. These packs contain information about the benefits mindfulness has and how to manage stress and help children regulate their emotions.

**46 parents have accessed support around challenging behaviour and their child's disability, and a safe space to speak with others who understand what they are going through with no judgement.**

# Parent Connect

Alongside these packs we have also developed information packs that consider techniques and tools on how to manage challenging behaviour, ASD and speech and language. The packs encourage parents to interact with their children providing a whole host of play activities and techniques to try at home together.

## Training and Workshops

We delivered a number of training and workshop sessions for parents living within Neath Port Talbot. These sessions have offered direct support and learning about challenging behaviour, understanding ASD/ADHD, communication and setting boundaries, and regulating emotions.

### Parent Feedback

“Very useful, helpful to understand and refresh on learning and learning how others manage.”

**67 parents and 71 children have been provided with the opportunity to spend quality time together**

**10 Time2Explore sessions held along with 13 parent training sessions.**

# Their Journey, Our Impact

Family S was referred to our organisation because the mother needed assistance in addressing her child's sensory needs. Child Z was experiencing sensory issues, such as difficulty riding a bike, jumping, and being sensitive to textures and smells of food. The child was unable to tolerate eating in school due to the strong smell of other people's food, resulting in them not eating throughout the school day. To address this, we informed the mother that she could directly contact an Occupational Therapist for a comprehensive sensory assessment. We provided her with a self-referral form to facilitate the process. Alongside this our dedicated 1-1 worker collaborated with Child Z to address their sensory challenges, particularly focusing on different smells and textures. They also spent significant time in the sensory room, utilising various techniques to help the child with their sensory seeking behaviours.

The family expressed immense gratitude for the positive impact these interventions had on their child. In fact, they were inspired to create a small sensory room at home to further support their child's needs. By equipping the mother with the necessary information to seek help from an Occupational Therapist and actively working with Child Z, we were able to achieve significant progress. The child can now comfortably eat in school, as appropriate measures have been implemented to ensure they can enjoy his meals without being overwhelmed by the smell of others' food.



# Talk it Through

## Counselling Service

We offered 1-1 counselling sessions for children with disabilities aged 11-25 years for 10 weeks. This was tailored individually to the client so was extended if extra support was needed. We provided wellbeing support for all of our families to help with managing their family life. We provided regular check-ins to give parents strategies to use at home. Our resource packs contained information that parents could look at and reflect on how to support their child's wellbeing. We provided workshops and offered peer support sessions where the children and young adults were given the opportunity to come in, do fun activities and improve their wellbeing.

## Peer Support Group

Our peer support group sessions were attended by up to 12 children and young people. Sessions were held once or twice a month with the focus of them being around social skills, wellbeing and life skills. The young people enjoyed a range of activities including arts and crafts, wellbeing focused activities, outdoor group games and cooking (which was a firm favourite with them all). They also enjoyed themed activities around valentines day, easter, halloween and christmas with lots of arts and crafts for them to take home to their families.

## Parent Support

We offered all parents wellbeing support and strategies for their family wellbeing. This led us to refer them to other services to enable us to offer the families as much support as possible. We also put on a self care workshop for parents and provided wellbeing packs for those who couldn't attend the workshop to have at home.

**100% of the families that accessed the service reported that their overall wellbeing has improved.**

# Their Journey, Our Impact

Our counsellor worked with a client who was in her late teens, she had been home educated for most of high school owing to extreme anxiety. She has a diagnosis of autism and experienced confidence issues and had a history of being diagnosed with an eating disorder as well as other serious health conditions. She was not working (had given up part time job) and felt too anxious to pursue dreams for the future and felt that her friends were all moving on with their lives in a way she couldn't imagine.

**17 children and young people with disabilities accessed Counselling.**

Through their work together she returned to attend an activity group pursuing something she loves, initiated and followed through starting voluntary work one day a week, leading to a paid placement by the time she left counselling.

**100% of the children and young adults accessing the peer support sessions had improved confidence, self-esteem and learnt new life skills.**

She took huge steps to rebuild the social life which had become restricted owing to home educating and anxiety and began to see new friends. She felt more comfortable at her own family events, where previously she had felt anxious about being asked 'what she was doing these days'. Before she felt dread about conversations at family get-togethers, feared feeling judged and ashamed and a need to defend herself and her very existence.

When the time came to finish therapy, the ending was instigated by her. She said that she felt ready 'to fly on her own'. She said that counselling had changed everything in her life and she felt that she was a totally changed person from who she felt she had been 8 months), when she was at her lowest point, had felt utterly hopeless and like nothing could help her or would ever change. She knows she might need support in future and has had a good experience with Building Blocks that means she will be inclined to seek support as part of her own management of her own mental wellbeing in future.

**12 workshops were held and 58 wellbeing packs were given to support the families.**



### Parent Feedback

"(Son's name - 14, diagnosed with autism) has calmed down a lot since coming to counselling.. I (Dad) hardly ever get called into school now because of fighting, bad attitude and behaviour issues... it used to be near enough every day, certainly a few times a week, but it's very rare now, maybe twice this half term.."

### Parent Feedback

*"(son name – 11 year old boy with autism) loves coming here and you can tell when he's been, even if I didn't know, because he's smiling and happy and much calmer. School have said too, he copes better after he's been to counselling and he's better in general since he's been coming."*

### Parent Feedback

"(Daughter) has changed a lot since she started coming to counselling. It's still not perfect, she still gets upset and we still row, but she seems to be able to cope with it in herself a bit more and she's not self-harming the same as she was. That was really scary because we just didn't know what to do. She's definitely calmer now in herself."

# Funders

We would like to thank the continuing support from our funders over the last year. Without their support and commitment to us then we would not be able to reach those most in need.

- National Lottery Community Fund
- BBC Children in Need
- Neath Port Talbot County Borough Council
  - ◇ Families First
  - ◇ Food Poverty Grant
  - ◇ Playworks Holiday Grant
- Pen y Cymoedd
- Trusthouse Charitable Foundation
- Postcode Lottery
- Neath Port Talbot Council for Voluntary Services
  - ◇ Ffynon Oer Windfarm Grant
  - ◇ UK Community Renewal Fund
- WCVA Third Sector - Thrive
- Tesco Community Grant
- Swansea Council for Voluntary Services
  - ◇ West Glamorgan Regional Health, Social Care and Wellbeing Small Grant Scheme



In partnership with



# Thank you Members and Supporters

We would also like to thank the continued financial support from our members and supporters. For helping us raise funds through supporting our fundraising events, monthly donations, and all our fundraising efforts, we really can't do it without your continued support.

## Fundraising

We would like to thank the efforts of our fundraising volunteers who over the last year have continued to ensure that local fundraising events and raffles are held in order to raise funds for the charity.

- Step into Spring Walking Challenge
- Mutt Struts
- Youth Forum undertook a Sponsored Stay Awake
- Bacon and Sausage Fundraiser
- Halloween Disco
- Karen Wilson Evening
- Indian Meal fundraiser
- Octoberfest
- Raffles



### **Resolven Building Blocks**

c/o Building Blocks Family Centre

Resolven ICC

Resolven

Neath

SA11 4AB

Tel: 01639 710076

Email: [office@buildingblocksfamilycentre.co.uk](mailto:office@buildingblocksfamilycentre.co.uk)

[www.buildingblocksfamilycentre.co.uk](http://www.buildingblocksfamilycentre.co.uk)



Building Blocks Family centre



@BBFamilyCentre



bbfcresolven

Registered Charity No. 1101314

Registered Company No. 4589051

REGISTERED COMPANY NUMBER: 04589051  
REGISTERED CHARITY NUMBER: 1101314

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2023**

**FOR  
RESOLVEN BUILDING BLOCKS**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA





## **RESOLVEN BUILDING BLOCKS**

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**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

Working Name: Building Blocks Family Centre

**Vision**

Building the foundations of our family's futures

**Mission Statement**

Building Blocks Family Centre provides a dedicated family service in the Neath Port Talbot area including family support, childcare, youth provision and training.

**We aim to:**

- To improve the quality of life of all children and families living in poverty or at a disadvantage in Neath Port Talbot.
- To improve the quality of children and young people and their families affected by disability.
- To enable residents of Neath Port Talbot to access employment, volunteering and training by providing childcare
- To provide a quality service that reflects identified needs of children, young people and families living in Neath Port Talbot
- To promote and provide opportunities for families to improve their health and wellbeing





**RESOLVEN BUILDING BLOCKS**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**OBJECTIVES AND ACTIVITIES**

**Objectives and activities**

**We achieve our aims by delivering:**

<b>Service</b>		<b>Description</b>
Talk it Through		Counselling sessions tailored specifically for children and young people with disabilities; peer support group to enable children and young people with disabilities to interact with their peers who have similar experiences; Workshops for parents, specifically on mental health, to provide them with tools and techniques to support their children and young people with disabilities.
Wellbeing 4 Me		A term time service that offers weekly play sessions for children and young people with a disability. Parent toddler sessions are delivered for families with children aged 0-3, to help encourage and support their child's development and work towards their early year's milestones. The sessions offer the opportunity for them to socialise together, make new friends, build confidence and increase their overall wellbeing.
Talk together		We support children 0 - 5 years with their speech, language and communication needs by offering a fun and nurturing environment, with a range of play activities that help promote children's development.
Forward Steps		Provides families who have a child/child with a disability with support to help strengthen families, and work with them to provide tailored support to suit their needs including therapeutic emotional support.
Growth and Mindset		Provides children aged 9-12 years a Mindfulness Club delivered face to face in schools, one to one support for children with disabilities and their parents.
Food bank		Offering a delivery service once a week to our families across Neath Port Talbot which is manned by our volunteers and staff.
Childcare		We offer affordable and subsidised childcare for children aged 0-12 years for parents to return to education, work and volunteering.
Specialised One-To-One Disabled Childcare		We provide one to one childcare support for disabled children.
Family Hub		Our centre is used on a regular basis by a variety of different services such as play therapy, training and family contact space.
Parent Connect		A service to help parents connect with one another through coffee mornings and parent and child activities, and one to one support provided by a parenting worker to help empower parents and give them the skills to help navigate family life.
Journey	to Wellbeing	Offer a range of workshops delivered by a part time well-being worker and using specialist trainers to cover a range of topics to help individuals manage their own health and well-being.
Community	Renewal	Offering a range of parenting and life skill courses, where children are provided with childcare sessions with play-based intervention whilst parents are up skilling on a range of courses.
Play	Sessions	Open access play sessions for children aged 4-12 during the school holidays.

**Public benefit**

During the year the Charity had due regard to the commission's public benefit guidance.



**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**ACHIEVEMENT AND PERFORMANCE**

The charity has had a very good year delivering on all our objects and funded projects.

**Key Achievements**

1. We have supported 500 children with disabilities or additional needs to help improve their quality life through the development of social skills, speech, language and communication skills, confidence, self-esteem and independence skills.
2. We have supported 1249 parents to help improve their parenting skills and improve their quality of life to help give their children the best start in life.
3. We have supported 585 Children and young people to help improve their wellbeing
4. We have provided 319 children with free or subsidised childcare places to help build their early years development skills.
5. We have supported 280 adults and 294 children to gain access to our food bank provision supporting families living in food poverty across Neath Port Talbot.
7. We have supported 187 parents who have children with disabilities to improve their mental health and wellbeing .
8. 196 children accessed dedicated support with their mental health and well-being.



**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**FINANCIAL REVIEW**

**Principal funding sources**

We would like to thank all our funders who have supported us over the past year. Without their continued support, we would not be able to provide our dedicated services.

BBC Children in Need  
Consortia with Interplay - Families First  
The National Lottery Community Fund  
Pen Y Cymoedd Community Fund  
The Trusthouse Charitable Foundation  
Neath Port Talbot County Borough Council  
Neath Port Talbot Council for Voluntary Services  
Swansea Council for Voluntary Services  
WCVA  
Tesco

**BBC Children in Need**

The BBC Children in Need funding has been provided to deliver the Talk2Gether project. This service is providing a fun and nurturing environment, with a range of play activities that will help promote children's development in speech, language, and communication skills.

**Consortia with Interplay - Families First**

We also have a consortium to deliver Lot 5 of the Families First Neath Port Talbot contract where we successfully secured the contract to deliver Wellbeing 4 Me To improve the well-being of Children and Young People with disabilities through the provision of a range of opportunities to develop their social, emotional, and learning skills.

**Neath Port Talbot County Borough Council**

**Neath Port Talbot County Borough Council - Families First**

Families First is a Welsh Government programme designed to improve outcomes for Children, Young People and Families. It places an emphasis on early intervention, prevention and providing support for Families, rather than individuals. The aim of the programme is to provide early support for Families with the aim of preventing problems escalating.

- Support Parents and Families affected by disability contract to deliver the Forward Steps service that:
- To improve the wellbeing of Parents and Families during the assessment process for ASD and ADHD.
- To improve the wellbeing of Parents and Families following the diagnosis of a disability
- To improve the parenting skills of Parents with a learning disability.

**Neath Port Talbot County Borough Council - Playworks Holiday Project**

The grant provided funding to deliver open access play sessions for children aged 4-12 during the school holidays in Resolven and Clyne.

**Neath Port Talbot County Borough Council - Food Poverty Grant**

Used to help towards the costs of running our Independent Food Bank.

**Neath Port Talbot CVS**

**UK Community Renewal Fund**

Funded our Community Renewal Project which offered a range of parenting and life skill courses to bring families together and help parents learn new skills/increase their wellbeing, whilst also offering childcare for the parents to attend.

**Ffynon Oer Wind Farm**

The grant provided funding to deliver play sessions during term time.

**The National Lottery Community Fund**

The funding has been secured to deliver the 'Talk it Through' project which provides specialist counselling services for children with disabilities and support to their families.

**Swansea Council for Voluntary Services**

**West Glamorgan Regional Health, Social Care and Wellbeing Small Grant Scheme**

The grant was used to deliver our 'Journey to Wellbeing Project' which offered a range of workshops which were delivered by a part time well-being worker and specialist trainers to cover a range of topics to help individuals manage their health and wellbeing.





**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**The Trusthouse Charitable Foundation**

We secured funding to deliver our 'Parent Connect' Project where a parenting officer provides one to one support to help empower parents and give them the skills to help navigate family life, and also organises parent and child activities and coffee mornings to connect families.

**VSRF Small Grant WCVA**

We secured funding to deliver our 'Thrive' service which funds a training officer to deliver training on a variety of topics.

**Tesco Community Grant**

The grant provided for fund for our independent food bank.

**Pen y Cymoedd Wind Farm Community Fund - Vision Fund**

Pen Y Cymoedd have fully funded our 'Growth & Mindset' project that works with children from the age of 0 - 12 years of age to help them re-build their emotional resilience, self-esteem and confidence which had been devastated by the pandemic. The service provides mindfulness clubs in schools for children aged 9-12 years, one to one support for children with disabilities, and also parent support.

**Reserves policy**

Resolgen Building Blocks aims to build up reserves in future years to enable it to continue and expand the services they currently provide and develop new projects in the future. This policy will be reviewed annually or when significant changes occur within the organisation.

The charity aims to build up unrestricted funds to cover (1) redundancy payments to employees should the funding of the charity reduce in future years. (2) to cover four months running costs. (3) to cover planned major repair spend in the short term. (4) to cover running costs of the food bank from donations.

**Results for the year**

The charity's Statement of Financial Activities is shown on page 9 and comprises unrestricted and restricted funds, being those provided to assist in furthering the general objects of the company. An income and expenditure account is also included in Appendix 1.

**GOING CONCERN AND FUTURE PLANS**

Since the Covid pandemic we have started to see a rise in childcare numbers meaning our charitable income is slowly climbing. However, alongside this we have been dealing with the cost of living crisis with increasing costs to the charity as well as seeing funding dramatically being reduced and with competition high in the sector in securing grants. This has also placed a strain on services where there has been more demand for our support however we have decreasing funds. We are continually striving to generate funds in other ways but the climate is tough. We have reserves that we can draw upon on and the trustees believe that we remain a going concern.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The organisation is a charitable company limited by guarantee, incorporated on 13 November 2002 and registered as a charity on 22 December 2003. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

**Recruitment and appointment of new trustees**

The directors of the company are also charity Trustees for the purpose of charity law. The rules regarding the number of directors and their appointment, reappointment and removal are contained in the Articles of Association to which reference should be made. New Trustees are appointed by the Board of Trustees.

**Organisational structure**

Resolgen Building Blocks is managed by a board of trustees with the day to day running carried out by Ceri Pritchard, Centre Manager (35 hours per week). There are two Childcare Manager's in post that job share in order to comply with CIW regulations and manage the childcare service.

**Induction and training of new trustees**

All new members meet with the Centre Manager and are given an introduction to the Charity and to the work of the Committee. Appropriate training material and information is distributed. Training opportunities are highlighted to committee members. Committee members are eligible for suitable further training if required. The Committee also held a Trustees and Staff Development session during the year.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04589051 (Not specified/Other)



**RESOLVEN BUILDING BLOCKS**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**Registered Charity number**  
1101314

**Registered office**  
Resolven ICC  
Resolven  
Neath  
Neath Port Talbot  
SA11 4AB

**Trustees**  
Mrs N S Gnojek  
Mrs J M Harris  
Miss H Morgan  
Miss N J Macey (resigned 1.7.22)  
Mrs J Howes  
Mr N Francis  
Mrs C Williams (appointed 1.3.23)  
Miss C Mead (appointed 1.7.22)  
Miss C O'Reilly (appointed 1.3.23)

**Company Secretary**  
Mrs J M Harris

**Independent Examiner**  
Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

**Bankers**  
The Co-operative Bank  
P.O. Box 250  
Delf house  
Southway  
Skelmersdale  
WN8 6WT.

**FUNDS HELD AS CUSTODIAN FOR OTHERS**  
None.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .....30/11/2023..... and signed on its behalf by:

  
.....  
Miss H Morgan - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
RESOLVEN BUILDING BLOCKS**

**Independent examiner's report to the trustees of Resolven Building Blocks ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Henry Lloyd Davies

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Date: 30th November 2023





# RESOLVEN BUILDING BLOCKS

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	145,163	-	145,163	123,242
<b>Charitable activities</b>	3				
Childcare Centre		23,541	386,211	409,752	388,360
<b>Total</b>		<u>168,704</u>	<u>386,211</u>	<u>554,915</u>	<u>511,602</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Childcare Centre		221,162	385,893	607,055	538,021
<b>NET INCOME/(EXPENDITURE)</b>		(52,458)	318	(52,140)	(26,419)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		137,038	58,616	195,654	222,073
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>84,580</u>	<u>58,934</u>	<u>143,514</u>	<u>195,654</u>

### CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The results of the year derive from the continuing activities and there are no gains or losses other than those shown above.



# RESOLVEN BUILDING BLOCKS

## BALANCE SHEET 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	10	1	-	1	1
Tangible assets	11	14,848	-	14,848	15,031
		<u>14,849</u>	<u>-</u>	<u>14,849</u>	<u>15,032</u>
<b>CURRENT ASSETS</b>					
Debtors	12	8,955	-	8,955	7,515
Cash at bank		105,581	58,934	164,515	240,740
		<u>114,536</u>	<u>58,934</u>	<u>173,470</u>	<u>248,255</u>
<b>CREDITORS</b>					
Amounts falling due within one year	13	(22,305)	-	(22,305)	(45,133)
		<u>92,231</u>	<u>58,934</u>	<u>151,165</u>	<u>203,122</u>
<b>NET CURRENT ASSETS</b>					
		<u>92,231</u>	<u>58,934</u>	<u>151,165</u>	<u>203,122</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		107,080	58,934	166,014	218,154
<b>CREDITORS</b>					
Amounts falling due after more than one year	14	(22,500)	-	(22,500)	(22,500)
		<u>84,580</u>	<u>58,934</u>	<u>143,514</u>	<u>195,654</u>
<b>NET ASSETS</b>					
		<u>84,580</u>	<u>58,934</u>	<u>143,514</u>	<u>195,654</u>
<b>FUNDS</b>	16				
Unrestricted funds				84,580	137,038
Restricted funds				58,934	58,616
<b>TOTAL FUNDS</b>				<u>143,514</u>	<u>195,654</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.



**RESOLVEN BUILDING BLOCKS**

**BALANCE SHEET - continued**  
**31 MARCH 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30/11/2023 and were signed on its behalf by:

  
.....  
H Morgan - Trustee

  
.....  
N S Gnojek - Trustee





# RESOLVEN BUILDING BLOCKS

## CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(70,711)	17,031
Net cash (used in)/provided by operating activities		(70,711)	17,031
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(5,514)	(5,747)
Net cash used in investing activities		(5,514)	(5,747)
<b>Cash flows from financing activities</b>			
New loans in year		-	4,500
Loan repayments in year		-	(3,400)
Net cash provided by financing activities		-	1,100
<b>Change in cash and cash equivalents in the reporting period</b>		(76,225)	12,384
<b>Cash and cash equivalents at the beginning of the reporting period</b>		240,740	228,356
<b>Cash and cash equivalents at the end of the reporting period</b>		164,515	240,740

The notes form part of these financial statements



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

### 1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
<b>Net expenditure for the reporting period (as per the Statement of Financial Activities)</b>	(52,140)	(26,419)
<b>Adjustments for:</b>		
Depreciation charges	5,697	4,128
(Increase)/decrease in debtors	(1,440)	6,725
(Decrease)/increase in creditors	(22,828)	32,597
<b>Net cash (used in)/provided by operations</b>	<u>(70,711)</u>	<u>17,031</u>

### 2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
<b>Net cash</b>			
Cash at bank	240,740	(76,225)	164,515
	<u>240,740</u>	<u>(76,225)</u>	<u>164,515</u>
<b>Debt</b>			
Debts falling due after 1 year	(22,500)	-	(22,500)
	<u>(22,500)</u>	<u>-</u>	<u>(22,500)</u>
<b>Total</b>	<u>218,240</u>	<u>(76,225)</u>	<u>142,015</u>



## RESOLVEN BUILDING BLOCKS

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Intangible fixed assets**

Amortisation is provided at an annual rate of 33% in order to write off each asset over its estimated useful life.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment - 20% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### **Capital Grants**

Grants received which are used to purchase capital items are treated as restricted funds in the balance sheet and released to the income and expenditure account over the life of the asset to which they relate.

##### **Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments held within a deposit or similar account.

##### **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### **Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

##### **Going Concern**





# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 1. ACCOUNTING POLICIES - continued

Since the Covid pandemic we have started to see a rise in childcare numbers meaning our charitable income is slowly climbing. However, alongside this we have been dealing with the cost of living crisis with increasing costs to the charity as well as seeing funding dramatically being reduced and with competition high in the sector in securing grants. This has also placed a strain on services where there has been more demand for our support however we have decreasing funds. We are continually striving to generate funds in other ways but the climate is tough. We have reserves that we can draw upon on and the trustees believe that we remain a going concern.

### 2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Fees	119,541	99,641
Other Income	25,622	23,601
	<u>145,163</u>	<u>123,242</u>

### 3. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
		£	£
Grants	Childcare Centre	<u>409,752</u>	<u>388,360</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
NPTCBC- Families First	95,192	86,965
BBC Children in Need	58,638	29,272
Ffynnon Oer Windfarm	-	2,000
National Lottery Community Fund - Families Together	-	87,066
Families First - Interplay	35,963	31,911
NPT Other grants	8,058	-
Government Grant	-	7,321
National Lottery Community Fund- Talk It Through	49,472	32,943
Moondance Foundation	18,203	-
NPTCBC - Food Poverty	2,010	-
Pen Y Cymoedd	63,490	-
WCVA Third Sector Survive	-	13,500
IFAN Grant - Food bank	-	200
Neath Port Talbot – Childcare Offer Grant	-	9,805
BBC Children in Need - Money Heroes	-	1,000
Neath Port Talbot - Child Development Grant	-	10,839
Neath Port Talbot - Growth and Mindset Grant	-	16,232
Neath Port Talbot - Playworks	-	5,091
Neath Port Talbot - Summer of Fun (Interplay)	-	5,000
Neath Port Talbot - Cabinet Funding	-	2,000
Neath Port Talbot - Childcare & Play Grant - All Wales Play Opportunity Grant	-	3,871
Neath Port Talbot - Childcare & Play grant - Hamper grant	-	3,000
Tesco Community Grant	-	1,000
NPTCBC Childcare & Play grant - Childcare Equipment	-	2,500
WCVA Thrive	11,698	35,094
EDUC8	-	1,750
Community Renewal Fund	26,060	-
Trusthouse	16,166	-
Postcode Lottery	18,602	-
NPTCBC Warm Spaces	1,200	-
Swansea Council	5,000	-
	<u>409,752</u>	<u>388,360</u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Childcare Centre	<u>598,359</u>	<u>8,696</u>	<u>607,055</u>

### 5. SUPPORT COSTS

	Support costs £
Childcare Centre	<u>8,696</u>

### 6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation - owned assets	5,697	4,128
Other operating leases	<u>627</u>	<u>1,496</u>

### 7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

### 8. STAFF COSTS

	2023 £	2022 £
Wages and salaries	<u>475,158</u>	<u>358,039</u>
	<u>475,158</u>	<u>358,039</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Management	6	6
Childcare	12	9
Administration	1	1
Maintenance	1	1
Community	8	8
Casual staff childcare/administration	5	5
	<u>33</u>	<u>30</u>

No employees received emoluments in excess of £60,000.

The staff numbers above include part time and full time staff.



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	123,242	-	123,242
<b>Charitable activities</b>			
Childcare Centre	13,500	374,860	388,360
<b>Total</b>	<u>136,742</u>	<u>374,860</u>	<u>511,602</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Childcare Centre	<u>202,548</u>	<u>335,473</u>	<u>538,021</u>
<b>NET INCOME/(EXPENDITURE)</b>	(65,806)	39,387	(26,419)
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>			
As previously reported	220,844	19,229	240,073
Prior year adjustment	<u>(18,000)</u>	<u>-</u>	<u>(18,000)</u>
<b>As restated</b>	202,844	19,229	222,073
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>137,038</u></u>	<u><u>58,616</u></u>	<u><u>195,654</u></u>

### 10. INTANGIBLE FIXED ASSETS

	Computer software £
<b>COST</b>	
At 1 April 2022 and 31 March 2023	<u>6,336</u>
<b>AMORTISATION</b>	
At 1 April 2022 and 31 March 2023	<u>6,335</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>1</u>
At 31 March 2022	<u><u>1</u></u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 11. TANGIBLE FIXED ASSETS

	Equipment £
<b>COST</b>	
At 1 April 2022	42,783
Additions	5,514
At 31 March 2023	48,297
<b>DEPRECIATION</b>	
At 1 April 2022	27,752
Charge for year	5,697
At 31 March 2023	33,449
<b>NET BOOK VALUE</b>	
At 31 March 2023	14,848
At 31 March 2022	15,031

### 12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	6,235	835
Other debtors	2,720	6,680
	8,955	7,515

### 13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Accruals	11,365	11,321
Trade creditors	700	30,017
Social security and other taxes	10,240	3,795
	22,305	45,133

### 14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023 £	2022 £
Other loans (see note 15)	22,500	22,500

### 15. LOANS

An analysis of the maturity of loans is given below:

	2023 £	2022 £
Amounts falling due in more than five years:		
Repayable by instalments:		
Other loans more 5yrs instal	22,500	22,500





# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 16. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General funds	11,550	(52,458)	75,488	34,580
Designated Funds - Redundancy	40,000	-	-	40,000
Designated Funds - Running Costs	60,000	-	(50,000)	10,000
Designated Funds - Major Repairs	25,000	-	(25,000)	-
Designated Funds - Food Bank	488	-	(488)	-
	<u>137,038</u>	<u>(52,458)</u>	<u>-</u>	<u>84,580</u>
<b>Restricted funds</b>				
NPTCBC - Families First	-	5,508	-	5,508
BBC Children in Need	13,140	21,655	-	34,795
Ffynon Oer	2,000	(2,000)	-	-
National Lottery Community Fund - Talk It Through	8,892	6,776	-	15,668
NPTCBC Cabinet Funding	2,000	(2,000)	-	-
Tesco Community Grant	1,000	(1,000)	-	-
IFAN Grant	12	(12)	-	-
WCVA Thrive	31,572	(31,572)	-	-
Trusthouse	-	2,963	-	2,963
	<u>58,616</u>	<u>318</u>	<u>-</u>	<u>58,934</u>
<b>TOTAL FUNDS</b>	<u>195,654</u>	<u>(52,140)</u>	<u>-</u>	<u>143,514</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General funds	168,704	(221,162)	(52,458)
<b>Restricted funds</b>			
NPTCBC - Families First	95,192	(89,684)	5,508
BBC Children in Need	58,638	(36,983)	21,655
Ffynon Oer	-	(2,000)	(2,000)
Families First - Interplay	35,963	(35,963)	-
National Lottery Community Fund - Talk It Through	49,472	(42,696)	6,776
NPTCBC Food Poverty	2,010	(2,010)	-
NPTCBC Playworks	2,720	(2,720)	-
NPTCBC Cabinet Funding	-	(2,000)	(2,000)
Tesco Community Grant	-	(1,000)	(1,000)
IFAN Grant	-	(12)	(12)
WCVA Thrive	11,698	(43,270)	(31,572)
Community renewal Fund	26,060	(26,060)	-
Trusthouse	16,166	(13,203)	2,963
Pen Y Cymoedd	63,490	(63,490)	-
Postcode Lottery	18,602	(18,602)	-
NPTCBC Warm Spaces	1,200	(1,200)	-
Swansea Council - Regional health, social, wellbeing	5,000	(5,000)	-
	<u>386,211</u>	<u>(385,893)</u>	<u>318</u>
<b>TOTAL FUNDS</b>	<u>554,915</u>	<u>(607,055)</u>	<u>(52,140)</u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 16. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1.4.21 £	Prior year adjustment £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>					
General funds	46,844	(18,000)	(65,806)	48,512	11,550
Designated Funds - Redundancy	20,000	-	-	20,000	40,000
Designated Funds - Running Costs	100,000	-	-	(40,000)	60,000
Designated Funds - Major Repairs	54,000	-	-	(29,000)	25,000
Designated Funds - Food Bank	-	-	-	488	488
	<u>220,844</u>	<u>(18,000)</u>	<u>(65,806)</u>	<u>-</u>	<u>137,038</u>
<b>Restricted funds</b>					
BBC Children in Need	7,382	-	5,758	-	13,140
Ffynon Oer	-	-	2,000	-	2,000
National Lottery Community Fund - Families Together	5,010	-	(5,010)	-	-
National Lottery Community Fund - Talk It Through	6,837	-	2,055	-	8,892
NPTCBC Cabinet Funding	-	-	2,000	-	2,000
Tesco Community Grant	-	-	1,000	-	1,000
IFAN Grant	-	-	12	-	12
WCVA Thrive	-	-	31,572	-	31,572
	<u>19,229</u>	<u>-</u>	<u>39,387</u>	<u>-</u>	<u>58,616</u>
<b>TOTAL FUNDS</b>	<u>240,073</u>	<u>(18,000)</u>	<u>(26,419)</u>	<u>-</u>	<u>195,654</u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General funds	136,742	(202,548)	(65,806)
<b>Restricted funds</b>			
NPTCBC - Families First	86,965	(86,965)	-
BBC Children in Need	29,272	(23,514)	5,758
Ffynon Oer	2,000	-	2,000
National Lottery Community Fund - Families Together	87,066	(92,076)	(5,010)
Families First - Interplay	31,911	(31,911)	-
National Lottery Community Fund - Talk It Through	32,943	(30,888)	2,055
Government Grant - Furlough	7,321	(7,321)	-
Neath Port Talbot - Childcare Offer Grant	9,805	(9,805)	-
BBC Children in Need - Money Heroes	1,000	(1,000)	-
NPTCBC Child Development Grant	10,839	(10,839)	-
NPTCBC Growth & Mindset	16,232	(16,232)	-
NPTCBC Playworks	5,091	(5,091)	-
NPTCBC Summer of Fun - Interplay	5,000	(5,000)	-
NPTCBC Cabinet Funding	2,000	-	2,000
NPTCBC Childcare & Play Grant - All			
Wales Play Opportunity Grant Capital fund	3,871	(3,871)	-
NPTCBC Childcare & Play grant - Hamper grant	3,000	(3,000)	-
Tesco Community Grant	1,000	-	1,000
IFAN Grant	200	(188)	12
NPTCBC Childcare & Play grant - childcare equipment	2,500	(2,500)	-
WCVA Thrive	35,094	(3,522)	31,572
EDUC8	1,750	(1,750)	-
	<u>374,860</u>	<u>(335,473)</u>	<u>39,387</u>
<b>TOTAL FUNDS</b>	<u>511,602</u>	<u>(538,021)</u>	<u>(26,419)</u>



# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Prior year adjustment £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>					
General funds	46,844	(18,000)	(118,264)	124,000	34,580
Designated Funds - Redundancy	20,000	-	-	20,000	40,000
Designated Funds - Running Costs	100,000	-	-	(90,000)	10,000
Designated Funds - Major Repairs	54,000	-	-	(54,000)	-
	<u>220,844</u>	<u>(18,000)</u>	<u>(118,264)</u>	<u>-</u>	<u>84,580</u>
<b>Restricted funds</b>					
NPTCBC - Families First	-	-	5,508	-	5,508
BBC Children in Need	7,382	-	27,413	-	34,795
National Lottery Community Fund - Families Together	5,010	-	(5,010)	-	-
National Lottery Community Fund - Talk It Through	6,837	-	8,831	-	15,668
Trusthouse	-	-	2,963	-	2,963
	<u>19,229</u>	<u>-</u>	<u>39,705</u>	<u>-</u>	<u>58,934</u>
<b>TOTAL FUNDS</b>	<u>240,073</u>	<u>(18,000)</u>	<u>(78,559)</u>	<u>-</u>	<u>143,514</u>





# RESOLVEN BUILDING BLOCKS

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

### 16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General funds	305,446	(423,710)	(118,264)
<b>Restricted funds</b>			
NPTCBC - Families First	182,157	(176,649)	5,508
BBC Children in Need	87,910	(60,497)	27,413
Ffynon Oer	2,000	(2,000)	-
National Lottery Community Fund - Families Together	87,066	(92,076)	(5,010)
Families First - Interplay	67,874	(67,874)	-
National Lottery Community Fund - Talk It Through	82,415	(73,584)	8,831
Government Grant - Furlough	7,321	(7,321)	-
NPTCBC Food Poverty	2,010	(2,010)	-
Neath Port Talbot - Childcare Offer Grant	9,805	(9,805)	-
BBC Children in Need - Money Heroes	1,000	(1,000)	-
NPTCBC Child Development Grant	10,839	(10,839)	-
NPTCBC Growth & Mindset	16,232	(16,232)	-
NPTCBC Playworks	7,811	(7,811)	-
NPTCBC Summer of Fun - Interplay	5,000	(5,000)	-
NPTCBC Cabinet Funding	2,000	(2,000)	-
NPTCBC Childcare & Play Grant - All			
Wales Play Opportunity Grant Capital fund	3,871	(3,871)	-
NPTCBC Childcare & Play grant - Hamper grant	3,000	(3,000)	-
Tesco Community Grant	1,000	(1,000)	-
IFAN Grant	200	(200)	-
NPTCBC Childcare & Play grant - childcare equipment	2,500	(2,500)	-
WCVA Thrive	46,792	(46,792)	-
EDUC8	1,750	(1,750)	-
Community renewal Fund	26,060	(26,060)	-
Trusthouse	16,166	(13,203)	2,963
Pen Y Cymoedd	63,490	(63,490)	-
Postcode Lottery	18,602	(18,602)	-
NPTCBC Warm Spaces	1,200	(1,200)	-
Swansea Council - Regional health, social, wellbeing	5,000	(5,000)	-
	<u>761,071</u>	<u>(721,366)</u>	<u>39,705</u>
<b>TOTAL FUNDS</b>	<u>1,066,517</u>	<u>(1,145,076)</u>	<u>(78,559)</u>

Details of the above funds can be found in the financial review of the Trustees Report.



**RESOLVEN BUILDING BLOCKS**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**

**17. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023 (2022: £nil).



# RESOLVEN BUILDING BLOCKS

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Fees	119,541	99,641
Other Income	25,622	23,601
	<u>145,163</u>	<u>123,242</u>
<b>Charitable activities</b>		
Grants	409,752	388,360
<b>Total incoming resources</b>	<u>554,915</u>	<u>511,602</u>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Staff costs	475,158	358,039
Room hire	627	1,496
Water Rates	2,756	2,082
Insurance	7,764	9,092
Light and heat	10,476	10,593
Telephone and internet	1,503	679
Postage and stationery	1,523	1,719
Travel & Transport	3,393	3,544
Training	8,935	8,585
Equipment & Toys	10,996	17,395
Advertising	2,225	4,500
Refreshments	6,658	5,303
Printing & Photocopying	7,122	13,067
Repairs, maintenance & cleaning	19,990	63,431
Subscriptions	1,554	60
Security & Alarms	5,265	1,461
Waste Collection	1,501	936
General consumables	2,608	1,696
Fundraising	1,351	1,062
Bank charges	-	2
Recruitment Costs	2,218	3,132
Subcontractors	14,916	13,552
Computer Software costs	4,123	5,148
Depreciation	5,697	4,128
	<u>598,359</u>	<u>530,702</u>
<b>Support costs</b>		
<b>Support costs</b>		
Accountancy and legal fees	8,696	7,319
<b>Total resources expended</b>	<u>607,055</u>	<u>538,021</u>
<b>Net expenditure</b>	<u>(52,140)</u>	<u>(26,419)</u>

This page does not form part of the statutory financial statements

