



NYUMBA YA THANZI

HOUSE OF GOOD HEALTH

Trustees Annual Report June 2022- May 2023

Registered Charity No 1100977

1b Dynevor Road, London N16 0DL

**www.houseofgoodhealth.org.uk
info@houseofgoodhealth.org.uk**



NYUMBA YA THANZI
HOUSE OF GOOD HEALTH

Objectives

The relief of poverty, sickness and distress, the advancement of education and the preservation and protection of good health in poor, rural agricultural communities in Malawi, Africa.

About Nyumba Ya Thanzi

We work with Malawians who have ideas about how to improve the lives of people in their country but often lack the resources to put their plans into action. We work with people who are passionate, committed and have realistic workable plans. We particularly look for original ideas inspired by the specific realities of life in Malawi. We encourage creative approaches to solving problems based on an understanding of what can work in Malawi, and give Malawians the opportunity to try out their own ideas.

It is our philosophy that Malawians themselves are in the best position to determine how their problems can be solved, but we realise that they sometimes lack financial resources or the formal education necessary to approach the average donor. We can provide financial assistance, help with managing project money, help writing proposals, networking and encouragement and a forum to thrash out ideas.





A year in fund raising

Our sources of funding are regular standing orders and an annual donation from Calleva Foundation, Charity No 1078808, a private charitable trust. In 2022-2023 the donation was for £31,000.

Brief statement of the charity's policy on reserves: We ensure that at all times there is £4,500 in our bank account to allow for 3 months running costs



NYUMBA YA THANZI
HOUSE OF GOOD HEALTH

A year in projects

Nutrition Centre

Since 2008 Nyumba Ya Thanzi's has funded the Nyumba Ya Thanzi Nutrition Centre, a community-based organisation registered under trustees incorporation act of the laws of Malawi.

The Center is positioned close to Senga Bay primary school and supports vulnerable children in the community, particularly those with HIV.



The nutrition centre opened its doors in February 2008 and has now been supporting children in Senga Bay for over 15 years.

The project started with 25 children and support a large number of children and young adults, and wider members of the community. A group of around 30 children come to the centre on a daily basis from a number of villages in the Senga Bay area. They get a healthy meal and access to health care.

Whenever a child from the centre is sick one of the staff take them and their parent or guardian to the local doctor, paying for their transport and any medicine required.

There is also a pre school and nursery at the centre running since 2018.

The centre is also an outreach point for under-five clinic for growth monitoring, immunisations, and vaccinations which operates once a month.

In 2023 a new vocational skills project was launched to benefit young adult beneficiaries who had been attending Nyumba Ya Thanzi since they were young children. 15 young people undertook a year long vocations skill programme in metal works or tailoring. They are then provided with seed money to set up their own small businesses.

Nyumba Ya Thanzi is run by Doreen who is supported by a number of volunteers. Thomas Ngwira, regional headmaster, and Lawrence Chafuwa, a health care manager at a local hospital oversee the project and report to Nyumba Ya Thanzi in the UK.

Trustees

Michelle Knorr



Michelle Knorr is a barrister at Doughty Street Chambers who specialises in refugee law. She graduated in 2002 from Brown University, with a BA in International Relations. Her studies included African history and international development. In 2007 Michelle completed an LLM in International Human Rights Law at the University of Essex. She gained experience in development work during stints at the UK based NGOs, Learning for Life and FARM-Africa and the Overseas Development Institute. During the summer of 2006 Michelle spent three months working in Malawi at the Legal Aid Department on death row and police brutality cases.

Charlotte Atwood



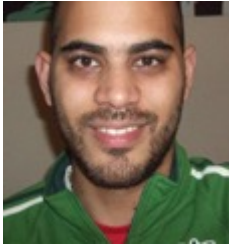
Charlotte first got involved with Nyumba Ya Thanzi in 2008 when she spent time living in Senga Bay, researching the impact of the centre for her Masters dissertation. Her particular focus was the importance of local initiative and cultural sensitivity in development, which was what led her to Nyumba. She was so impressed by the wonderful influence the centre is having and Nyumba's general ethos that she has been volunteering with us in the UK ever since. Charlotte was made a trustee in 2010. Charlotte is a broadcast journalist, working for the BBC. She has spent most of her career so far working as a producer for the African service of the BBC World Service, although she's currently working at BBC Radio 4. Charlotte's connection with Africa, and in particular Malawi, stemmed from her family and extensive travelling across Africa



NYUMBA YA THANZI

HOUSE OF GOOD HEALTH

Stephen Hooper



Stephen Hooper was introduced to NYT when he attended an Independence Day event in London, in 2005. Stephen was blown away by the enthusiasm and hard work the trustees were putting in, as well as the positive ethos of helping Malawians to help themselves. Stephen also feels a particular affiliation with NYT because his family are from Malawi, and he has many family and friends who still live there.

Stephen graduated from the University of Southampton in 2002, with a BSc in Politics and Law. He qualified as a solicitor in 2008, and works in central London.

Sarah McIlven



Sarah is an artist and teacher with an interest in pastoral issues within education.

Sarah visited Malawi in 2005 and since then has supported Nyumba Ya Thanzi. She became a trustee in 2010.

Joel McIlven



Joel McIlven is a teacher and rap poet from Stoke Newington. He established "Naming Worlds" to develop HipHop education as an alternative and progressive pedagogy.

Joel visited Malawi in 2005 and since then has supported Nyumba Ya Thanzi. He became a trustee in 2010.

Future Plans

Nyumba Ya Thanzi will continue to support the nutrition centre at Senga Bay.

The skills project is entering its second year, and a new tranche of funding has been approved for that project.

Description of the charity's trusts

<i>Type of governing document:</i>	Trust Deed
<i>How the charity is constituted:</i>	Trust
<i>Trustee selection methods</i>	Elected by acting Trustees



Section A

Independent Examiner's Report

Report to the trustees/
members of

House of Good Health

On accounts for the year
ended

31 May 2023

Charity no
(if any)

1100977

Set out on pages

9-10

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 05 / 2023**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

P Morrello

Date:

25 / 11 / 2024

Name:

Patrick Morrello ACA

Relevant professional
qualification(s) or body
(if any):

ICAEW

Address:

Third Sector Accountancy Limited

Holyoake House, Hanover Street

Manchester, M60 0AS

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A



Charity Name	No (if any)
HOUSE OF GOOD HEALTH	1100977

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01.06.22		31.05.23

Section A Receipts and payments





	Unrestricted to the nearest £	Restricted to the nearest £	Endowment to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,080	-	-	2,080	3,160
Fundraisers	-	-	-	-	
Sponsored Events	-	-	-	-	
Gift Aid	-	-	-	-	
Interest	-	-	-	-	
Other	-	-	-	-	
Amado competition prize	-	-	-	-	
CD sales	-	-	-	-	
Nutrition Project Donations	-	32,740	-	32,740	20,750
Sub total	2,080	32,740	-	34,820	23,910
A2 Asset and investment sales, etc.	-	-	-	-	-
Total receipts	2,080.00	32,740	-	34,820	23,910
A3 Payments					
Nutrition Project	-	18,175	-	18,175	18,938
Running Costs	-	-	-	-	
Communications	-	-	-	-	
Project Monitoring	-	-	-	-	
Fundraising Expenses	-	216	-	216	126
Transaction Costs	-	212	-	212	237
Chilanga School	-	-	-	-	-
Tax	-	-	-	-	-
CD payments	-	-	-	-	
Child Labour Project	-	-	-	-	
Nutrition Project	-	-	-	-	
Sub total	-	18,603	-	18,603	19,301
A4 Asset and investment purchases, etc.	-	-	-	-	-
Total payments	-	18,603	-	18,603	19,301
Net of receipts/(payments)	2,080	14,137	-	16,217	4,609
A5 Transfers between funds	0	-	-	-	-
A6 Cash funds last year end	15,316	-	-	15,316	10,707
Cash funds this year end	17,396	14,137	-	31,533	15,316

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
B1 Cash funds	Bank balance	17,396	14,137	-
		-	-	-
		-	-	-
	Total cash funds	17,396	14,137	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which	Amount due	When due
			-	
			-	
			-	
			-	
Signed by one or two trustees on		Signature	Print Name	Date of
		Michelle Knorr	Michelle Knorr	24 / 11 / 2024



Title	N16 Accounts for signing
File name	N16_Final_Accounts_2023__1_-output.pdf
Document ID	ffca8e878cc648c4050147136b5f73ab9e27560f
Audit trail date format	DD / MM / YYYY
Status	● Signed

Document history

 SENT	24 / 11 / 2024 18:49:37 UTC	Sent for signature to Michelle Knorr (m.knorr@doughtystreet.co.uk) and Patrick Morrello (patrick@thirdsectoraccountancy.coop) from info@manchesteraccountancy.org IP: 77.101.83.146
 VIEWED	24 / 11 / 2024 18:50:02 UTC	Viewed by Michelle Knorr (m.knorr@doughtystreet.co.uk) IP: 167.100.111.0
 SIGNED	24 / 11 / 2024 18:54:24 UTC	Signed by Michelle Knorr (m.knorr@doughtystreet.co.uk) IP: 5.69.251.169
 VIEWED	25 / 11 / 2024 10:28:39 UTC	Viewed by Patrick Morrello (patrick@thirdsectoraccountancy.coop) IP: 92.18.105.116

Title	N16 Accounts for signing
File name	N16_Final_Accounts_2023__1_-output.pdf
Document ID	ffca8e878cc648c4050147136b5f73ab9e27560f
Audit trail date format	DD / MM / YYYY
Status	● Signed

Document history

 SIGNED	25 / 11 / 2024 10:29:16 UTC	Signed by Patrick Morrello (patrick@thirdsectoraccountancy.coop) IP: 92.18.105.116
 COMPLETED	25 / 11 / 2024 10:29:16 UTC	The document has been completed.