

# HOUSE OF GOOD HEALTH

England & Wales · Charity number 1100977

## Details

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Other names	NYUMBA YA THANZI
Status	Registered
Legal form	Trust
Registered	2003-12-02
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	1B Dynevor Road London N16 0DL
Phone	07961433927
Email	<a href="mailto:info@houseofgoodhealth.org.uk">info@houseofgoodhealth.org.uk</a>
Website	<a href="http://www.houseofgoodhealth.org.uk">www.houseofgoodhealth.org.uk</a>

## Activities

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**Objects:** THE RELIEF OF POVERTY, SICKNESS AND DISTRESS, THE ADVANCEMENT OF EDUCATION AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH IN POOR, RURAL AGRICULTURAL COMMUNITIES IN MALAWI, AFRICA.

**Activities:** The House of Good Health is a UK based charitable trust that support projects in Malawi that are locally designed development initiatives. We work with Malawians who have ideas about how to improve the lives of people in their country but often lack the resources to put their plans into action. We particularly look for original ideas inspired by the specific realities of life in Malawi.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies

## Geography

- **Area of benefit:** MALAWI, AFRICA
- Malawi

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£37,880	£24,464	-	-
2024-05-31	£37,920	£33,847	-	-
2023-05-31	£34,820	£18,603	-	-
2022-05-31	£23,901	£19,301	-	-
2021-05-31	£16,365	£14,920	-	-

## Trustees

Name	Role	Appointed
<b>MICHELLE KNORR</b>	Chair	
Charlotte Attwood		2010-09-07
JOEL MCILVEN		
SARAH MCILVEN		
STEPHEN HOOPER		

**HOUSE OF GOOD HEALTH**

England & Wales - Charity number 1100977

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# Accounts

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# NYUMBA YA THANZI

HOUSE OF GOOD HEALTH

## **Trustees Annual Report June 2024- May 2025**

**Registered Charity No 1100977**

**1b Dynevor Road, London N16 0DL**

**[www.houseofgoodhealth.org.uk](http://www.houseofgoodhealth.org.uk)**

**[info@houseofgoodhealth.org.uk](mailto:info@houseofgoodhealth.org.uk)**



**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## Objectives

The relief of poverty, sickness and distress, the advancement of education and the preservation and protection of good health in poor, rural agricultural communities in Malawi, Africa.

### About Nyumba Ya Thanzi

We work with Malawians who have ideas about how to improve the lives of people in their country but often lack the resources to put their plans into action. We work with people who are passionate, committed and have realistic workable plans. We particularly look for original ideas inspired by the specific realities of life in Malawi. We encourage creative approaches to solving problems based on an understanding of what can work in Malawi, and give Malawians the opportunity to try out their own ideas.

It is our philosophy that Malawians themselves are in the best position to determine how their problems can be solved, but we realise that they sometimes lack financial resources or the formal education necessary to approach the average donor. We can provide financial assistance, help with managing project money, help writing proposals, networking and encouragement and a forum to thrash out ideas.





**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## A year in fund raising

Our sources of funding are regular standing orders and an annual donation from Calleva Foundation, Charity No 1078808, a private charitable trust. In 2024-2025 the donation was for £34000.

## Financial position

The charity is in a healthy financial position and is 100% funded for the next year. The charity is a going concern. All future funding is variable.

## Related Party Transactions

- No trustee or person closely related or connected with them received any remuneration during the year.
- Aggregate donations from trustees were £1200. There were no restrictions on these donations.
- There were no donations from related parties which are outside the normal course of business and no restricted donations from related parties.
- No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year

**Brief statement of the charity's policy on reserves:** We ensure that at all times there is £4,500 in our bank account to allow for 3 months regular centre running costs



**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## A year in projects

### Nutrition Centre

Since 2008 Nyumba Ya Thanzi's has funded the Nyumba Ya Thanzi Nutrition Centre, a community-based organisation registered under trustees incorporation act of the laws of Malawi.

The Center is positioned close to Senga Bay primary school and supports vulnerable children in the community, particularly those with HIV.



The nutrition centre opened its doors in February 2008 and has now been supporting children in Senga Bay for over 17 years.

The project started with 25 children and support a large number of children and young adults, and wider members of the community. A group of around 30 children come to the centre on a daily basis from a number of villages in the Senga Bay area. They get a healthy meal and access to health care.

Whenever a child from the centre is sick one of the staff take them to the local doctor, paying for their transport and any medicine required.

There is also a pre school and nursery at the centre running since 2018.

The centre is an outreach point for under-five clinic for growth monitoring, immunisations, and vaccinations which operates once a month.

In 2023 a new vocational skills project was launched to benefit young adult beneficiaries who had been attending Nyumba Ya Thanzi since they were young children. 15 young people undertook a year long vocations skill programme in metal works or tailoring. They are then provided with seed money to set up their own small businesses. The first cohort graduated from this project in 2024, and the second cohort began in 2024, graduating in 2025. A third cohort is due to commence in early 2026.

Nyumba Ya Thanzi is run by Doreen who is supported by a number of volunteers. Thomas Ngwira, regional headmaster, and Lawrence Chafuwa, a health care manager at a local hospital oversee the project and report to Nyumba Ya Thanzi in the UK.

The trustees have had regard to the Charity Commission guidance on public benefit and consider support for this project meets the trust's objectives.

## Trustees

### Michelle Knorr



Michelle Knorr is a barrister at Doughty Street Chambers who specialises in refugee law. She graduated in 2002 from Brown University, with a BA in International Relations. Her studies included African history and international development. In 2007 Michelle completed an LLM in International Human Rights Law at the University of Essex. She gained experience in development work during stints at the UK based NGOs, Learning for Life and FARM-Africa and the Overseas Development Institute. During the summer of 2006 Michelle spent three months working in Malawi at the Legal Aid Department on death row and police brutality cases.

### Charlotte Atwood



Charlotte first got involved with Nyumba Ya Thanzi in 2008 when she spent time living in Senga Bay, researching the impact of the centre for her Masters dissertation. Her particular focus was the importance of local initiative and cultural sensitivity in development, which was what led her to Nyumba. She was so impressed by the wonderful influence the centre is having and Nyumba's general ethos that she has been volunteering with us in the UK ever since. Charlotte was made a trustee in 2010. Charlotte is a broadcast journalist, working for the BBC. She has spent most of her career so far working as a producer for the African service of the BBC World Service, although she's currently working at BBC Radio 4. Charlotte's connection with Africa, and in particular Malawi, stemmed from her family and extensive travelling across Africa



# NYUMBA YA THANZI

HOUSE OF GOOD HEALTH

## Stephen Hooper



Stephen Hooper was introduced to NYT when he attended an Independence Day event in London, in 2005. Stephen was blown away by the enthusiasm and hard work the trustees were putting in, as well as the positive ethos of helping Malawians to help themselves. Stephen also feels a particular affiliation with NYT because his family are from Malawi, and he has many family and friends who still live there.

Stephen graduated from the University of Southampton in 2002, with a BSc in Politics and Law. He qualified as a solicitor in 2008, and works in central London.

## Sarah McIlven



Sarah is an artist and teacher with an interest in pastoral issues within education.

Sarah visited Malawi in 2005 and since then has supported Nyumba Ya Thanzi. She became a trustee in 2010.

## Joel McIlven



Joel McIlven is a teacher and rap poet from Stoke Newington. He established "Naming Worlds" to develop HipHop education as an alternative and progressive pedagogy.

Joel visited Malawi in 2005 and since then has supported Nyumba Ya Thanzi. He became a trustee in 2010.



**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## Future Plans

Nyumba Ya Thanzi will continue to support the nutrition centre at Senga Bay.

The skills project is entering its third year, and funding is already in place for this work.

### Description of the charity's trusts

<i>Type of governing document:</i>	Trust Deed
<i>How the charity is constituted:</i>	Trust
<i>Trustee selection methods</i>	Elected by acting Trustees

**Nyunba ya Thanzi**

**Annual report**



**Independent examiner's report on the  
accounts**



**Report to the trustees**

House of Good Health

**On accounts for the year  
ended**

31 May 2025

**Charity no  
(if any)**

1100977

**Set out on pages**

see below

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/ 05/ 2025.

**Responsibilities and basis  
of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's  
statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**

*A. Shapuri*

**Date:**

25 / 03 / 2026

**Name:**

Abbas Shapuri



**Relevant professional qualification(s) or body (if any):**

ICAEW

**Address:**

Third Sector Accountancy Limited  
Holyoake House, Hanover Street  
Manchester, M60 0AS

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

none

Charity Name <b>HOUSE OF GOOD HEALTH</b>	No (if any) <b>1100977</b>
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## Receipts and payments accounts

For the period from	Period start date 01.06.24	To	Period end date 31.05.25
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**CC16a**

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	2,185	-	-	2,185	2,095
Fundraisers	-	-	-	-	-
Sponsored Events	-	-	-	-	-
Gift Aid	-	-	-	-	-
Interest	-	-	-	-	-
Other	-	-	-	-	-
Amado competition prize	-	-	-	-	-
CD sales	-	-	-	-	-
Nutrition Project Donations	-	35,695	-	35,695	35,825
<b>Sub total</b>	<b>2,095</b>	<b>35,825</b>	<b>-</b>	<b>37,880</b>	<b>37,920</b>
<b>A2 Asset and investment sales, etc.</b>					
	-	-	-	-	-
<b>Total receipts</b>	<b>2,095.00</b>	<b>35,825</b>	<b>-</b>	<b>37,880</b>	<b>37,920</b>
<b>A3 Payments</b>					
Nutrition Project	-	-	-	-	-
Running Costs	1,200	-	-	1,200	-
Communications	-	-	-	-	1,181
Project Monitoring	-	-	-	-	-
Fundraising Expenses	216	-	-	216	216
Transaction Costs	230	-	-	230	270
Chilanga School	-	-	-	-	-
Tax	-	-	-	-	-
CD payments	-	-	-	-	-
Child Labour Project	-	-	-	-	-
Nutrition Project	-	22,818	-	22,818	32,180
<b>Sub total</b>	<b>1,646</b>	<b>22,818</b>	<b>-</b>	<b>24,464</b>	<b>33,847</b>
<b>A4 Asset and investment purchases, etc.</b>					
	-	-	-	-	-
<b>Total payments</b>	<b>1,646</b>	<b>22,818</b>	<b>-</b>	<b>24,464</b>	<b>33,847</b>
<b>Net of receipts/(payments)</b>	<b>539</b>	<b>12,877</b>	<b>-</b>	<b>13,416</b>	<b>4,073</b>
<b>A5 Transfers between funds</b>	12,877	- 12,877	-	-	-
<b>A6 Cash funds last year end</b>	35,606	-	-	35,606	31,533
<b>Cash funds this year end</b>	<b>49,022</b>	<b>-</b>	<b>-</b>	<b>49,022</b>	<b>35,606</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	49,022	-	-
		-	-	-
	<b>Total cash funds</b>	<b>49,022</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

**B4 Assets retained for the charity's own use**

Details

Fund to which asset belongs

Cost (optional)
-
-
-
-
-
-
-
-
-
-

Current value (optional)
-
-
-
-
-
-
-
-
-
-

**B5 Liabilities**

Details

Fund to which liability relates

Amount due (optional)
-
-
-
-

When due (optional)

Signed by one or two trustees on behalf of all the trustees

Signature

*Michelle Knorr*

Print Name

Michelle Knorr

Date of approval

26 / 03 / 2026

**HOUSE OF GOOD HEALTH**

England & Wales - Charity number 1100977

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# Accounts

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# NYUMBA YA THANZI

HOUSE OF GOOD HEALTH

## **Trustees Annual Report June 2023- May 2024**

**Registered Charity No 1100977**

**1b Dynevor Road, London N16 0DL**

**[www.houseofgoodhealth.org.uk](http://www.houseofgoodhealth.org.uk)**

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**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## Objectives

The relief of poverty, sickness and distress, the advancement of education and the preservation and protection of good health in poor, rural agricultural communities in Malawi, Africa.

### About Nyumba Ya Thanzi

We work with Malawians who have ideas about how to improve the lives of people in their country but often lack the resources to put their plans into action. We work with people who are passionate, committed and have realistic workable plans. We particularly look for original ideas inspired by the specific realities of life in Malawi. We encourage creative approaches to solving problems based on an understanding of what can work in Malawi, and give Malawians the opportunity to try out their own ideas.

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**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## A year in fund raising

Our sources of funding are regular standing orders and an annual donation from Calleva Foundation, Charity No 1078808, a private charitable trust. In 2023-2024 the donation was for £34100.

**Brief statement of the charity's policy on reserves:** We ensure that at all times there is £4,500 in our bank account to allow for 3 months regular centre running costs



**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## A year in projects

### Nutrition Centre

Since 2008 Nyumba Ya Thanzi's has funded the Nyumba Ya Thanzi Nutrition Centre, a community-based organisation registered under trustees incorporation act of the laws of Malawi.

The Center is positioned close to Senga Bay primary school and supports vulnerable children in the community, particularly those with HIV.



The nutrition centre opened its doors in February 2008 and has now been supporting children in Senga Bay for over 16 years.

The project started with 25 children and support a large number of children and young adults, and wider members of the community. A group of around 30 children come to the centre on a daily basis from a number of villages in the Senga Bay area. They get a healthy meal and access to health care.

Whenever a child from the centre is sick one of the staff take them and their parent or guardian to the local doctor, paying for their transport and any medicine required.

There is also a pre school and nursery at the centre running since 2018.

The centre is also an outreach point for under-five clinic for growth monitoring, immunisations, and vaccinations which operates once a month.

In 2023 a new vocational skills project was launched to benefit young adult beneficiaries who had been attending Nyumba Ya Thanzi since they were young children. 15 young people undertook a year long vocations skill programme in metal works or tailoring. They are then provided with seed money to set up their own small businesses. The first cohort graduated from this project in 2024, and the second cohort began in 2024.

In 2024 the Centre also contracted for electricity to be supplied to the centre for the first time.

Nyumba Ya Thanzi is run by Doreen who is supported by a number of volunteers. Thomas Ngwira, regional headmaster, and Lawrence Chafuwa, a health care manager at a local hospital oversee the project and report to Nyumba Ya Thanzi in the UK.

**Nyunba ya Thanzi**

**Annual report**

## Trustees

### Michelle Knorr



Michelle Knorr is a barrister at Doughty Street Chambers who specialises in refugee law. She graduated in 2002 from Brown University, with a BA in International Relations. Her studies included African history and international development. In 2007 Michelle completed an LLM in International Human Rights Law at the University of Essex. She gained experience in development work during stints at the UK based NGOs, Learning for Life and FARM-Africa and the Overseas Development Institute. During the summer of 2006 Michelle spent three months working in Malawi at the Legal Aid Department on death row and police brutality cases.

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HOUSE OF GOOD HEALTH

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**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## Future Plans

Nyumba Ya Thanzi will continue to support the nutrition centre at Senga Bay.

The skills project is entering its third year, and funding is already in place for this work.

### Description of the charity's trusts

<i>Type of governing document:</i>	Trust Deed
<i>How the charity is constituted:</i>	Trust
<i>Trustee selection methods</i>	Elected by acting Trustees

**Nyunba ya Thanzi**

**Annual report**



**Independent examiner's  
report on the accounts**



**Report to the trustees/  
members of**

House of Good Health

**On accounts for the year  
ended**

31 May 2024

**Charity no  
(if any)**

1100977

**Set out on pages**

3-4  
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 05 / 2023.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

P Morrello

**Date:**

25 / 03 / 2025

**Name:**

Patrick Morello ACA

	<b>Relevant professional qualification(s) or body (if any):</b>	ICAEW
	<b>Address:</b>	Third Sector Accountancy Limited
		Holyoake House, Hanover Street
		Manchester, M60 0AS



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

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Give here brief details of any items that the examiner wishes to disclose.

N/A



Charity Name HOUSE OF GOOD HEALTH	No (if any) 1100977
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<b>CC16a</b>
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## Receipts and payments accounts

For the period from	Period start date 01.06.23	To	Period end date 31.05.24
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	2,095	-	-	2,095	2,080
Fundraisers	-	-	-	-	
Sponsored Events	-	-	-	-	
Gift Aid	-	-	-	-	
Interest	-	-	-	-	
Other	-	-	-	-	
Amado competition prize	-	-	-	-	
CD sales	-	-	-	-	
Nutrition Project Donations	-	35,825	-	35,825	32,740
<b>Sub total</b>	<b>2,095</b>	<b>35,825</b>	<b>-</b>	<b>37,920</b>	<b>34,820</b>
<b>A2 Asset and investment sales, etc.</b>					
	-	-	-	-	-
<b>Total receipts</b>	<b>2,095.00</b>	<b>35,825</b>	<b>-</b>	<b>37,920</b>	<b>34,820</b>
<b>A3 Payments</b>					
Nutrition Project	-	-	-	-	18,175
Running Costs	-	-	-	-	
Communications	1,181	-	-	1,181	
Project Monitoring	-	-	-	-	
Fundraising Expenses	216	-	-	216	216
Transaction Costs	270	-	-	270	212
Chilanga School	-	-	-	-	-
Tax	-	-	-	-	-
CD payments	-	-	-	-	
Child Labour Project	-	-	-	-	
Nutrition Project	-	32,180	-	32,180	
<b>Sub total</b>	<b>1,667</b>	<b>32,180</b>	<b>-</b>	<b>33,847</b>	<b>18,603</b>
<b>A4 Asset and investment purchases, etc.</b>					
	-	-	-	-	-
<b>Total payments</b>	<b>1,667</b>	<b>32,180</b>	<b>-</b>	<b>33,847</b>	<b>18,603</b>
<b>Net of receipts/(payments)</b>	<b>428</b>	<b>3,645</b>	<b>-</b>	<b>4,073</b>	<b>16,217</b>
<b>A5 Transfers between funds</b>	3,645	3,645	-	-	-
<b>A6 Cash funds last year end</b>	31,533	-	-	31,533	15,316
<b>Cash funds this year end</b>	<b>35,606</b>	<b>-</b>	<b>-</b>	<b>35,606</b>	<b>31,533</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank balance	35,606	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>35,606</b>	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	







Signed by one or two trustees on behalf of all the trustees

Signature <div style="border: 1px solid black; padding: 5px; display: inline-block;"><i>Michelle Knorr</i></div>	Print Name Michelle Knorr	Date of approval 25 / 03 / 2025
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Title	N16 Independent Examination 2024
File name	Accounts_merged.pdf
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Audit trail date format	DD / MM / YYYY
Status	● Signed

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**HOUSE OF GOOD HEALTH**

England & Wales - Charity number 1100977

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# Accounts

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# NYUMBA YA THANZI

HOUSE OF GOOD HEALTH

## **Trustees Annual Report June 2022- May 2023**

**Registered Charity No 1100977**

**1b Dynevor Road, London N16 0DL**

**[www.houseofgoodhealth.org.uk](http://www.houseofgoodhealth.org.uk)  
[info@houseofgoodhealth.org.uk](mailto:info@houseofgoodhealth.org.uk)**



## Objectives

The relief of poverty, sickness and distress, the advancement of education and the preservation and protection of good health in poor, rural agricultural communities in Malawi, Africa.

### About Nyumba Ya Thanzi

We work with Malawians who have ideas about how to improve the lives of people in their country but often lack the resources to put their plans into action. We work with people who are passionate, committed and have realistic workable plans. We particularly look for original ideas inspired by the specific realities of life in Malawi. We encourage creative approaches to solving problems based on an understanding of what can work in Malawi, and give Malawians the opportunity to try out their own ideas.

It is our philosophy that Malawians themselves are in the best position to determine how their problems can be solved, but we realise that they sometimes lack financial resources or the formal education necessary to approach the average donor. We can provide financial assistance, help with managing project money, help writing proposals, networking and encouragement and a forum to thrash out ideas.





**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## A year in fund raising

Our sources of funding are regular standing orders and an annual donation from Calleva Foundation, Charity No 1078808, a private charitable trust. In 2022-2023 the donation was for £31,000.

**Brief statement of the charity's policy on reserves:** We ensure that at all times there is £4,500 in our bank account to allow for 3 months running costs



## A year in projects

### Nutrition Centre

Since 2008 Nyumba Ya Thanzi's has funded the Nyumba Ya Thanzi Nutrition Centre, a community-based organisation registered under trustees incorporation act of the laws of Malawi.

The Center is positioned close to Senga Bay primary school and supports vulnerable children in the community, particularly those with HIV.



The nutrition centre opened its doors in February 2008 and has now been supporting children in Senga Bay for over 15 years.

The project started with 25 children and support a large number of children and young adults, and wider members of the community. A group of around 30 children come to the centre on a daily basis from a number of villages in the Senga Bay area. They get a healthy meal and access to health care.

Whenever a child from the centre is sick one of the staff take them and their parent or guardian to the local doctor, paying for their transport and any medicine required.

There is also a pre school and nursery at the centre running since 2018.

The centre is also an outreach point for under-five clinic for growth monitoring, immunisations, and vaccinations which operates once a month.

In 2023 a new vocational skills project was launched to benefit young adult beneficiaries who had been attending Nyumba Ya Thanzi since they were young children. 15 young people undertook a year long vocations skill programme in metal works or tailoring. They are then provided with seed money to set up their own small businesses.

Nyumba Ya Thanzi is run by Doreen who is supported by a number of volunteers. Thomas Ngwira, regional headmaster, and Lawrence Chafuwa, a health care manager at a local hospital oversee the project and report to Nyumba Ya Thanzi in the UK.

## Trustees

### Michelle Knorr



Michelle Knorr is a barrister at Doughty Street Chambers who specialises in refugee law. She graduated in 2002 from Brown University, with a BA in International Relations. Her studies included African history and international development. In 2007 Michelle completed an LLM in International Human Rights Law at the University of Essex. She gained experience in development work during stints at the UK based NGOs, Learning for Life and FARM-Africa and the Overseas Development Institute. During the summer of 2006 Michelle spent three months working in Malawi at the Legal Aid Department on death row and police brutality cases.

### Charlotte Atwood



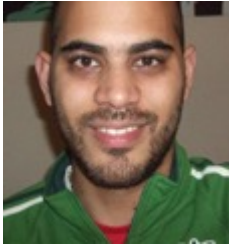
Charlotte first got involved with Nyumba Ya Thanzi in 2008 when she spent time living in Senga Bay, researching the impact of the centre for her Masters dissertation. Her particular focus was the importance of local initiative and cultural sensitivity in development, which was what led her to Nyumba. She was so impressed by the wonderful influence the centre is having and Nyumba's general ethos that she has been volunteering with us in the UK ever since. Charlotte was made a trustee in 2010. Charlotte is a broadcast journalist, working for the BBC. She has spent most of her career so far working as a producer for the African service of the BBC World Service, although she's currently working at BBC Radio 4. Charlotte's connection with Africa, and in particular Malawi, stemmed from her family and extensive travelling across Africa



# NYUMBA YA THANZI

HOUSE OF GOOD HEALTH

## Stephen Hooper



Stephen Hooper was introduced to NYT when he attended an Independence Day event in London, in 2005. Stephen was blown away by the enthusiasm and hard work the trustees were putting in, as well as the positive ethos of helping Malawians to help themselves. Stephen also feels a particular affiliation with NYT because his family are from Malawi, and he has many family and friends who still live there.

Stephen graduated from the University of Southampton in 2002, with a BSc in Politics and Law. He qualified as a solicitor in 2008, and works in central London.

## Sarah McIlven



Sarah is an artist and teacher with an interest in pastoral issues within education.

Sarah visited Malawi in 2005 and since then has supported Nyumba Ya Thanzi. She became a trustee in 2010.

## Joel McIlven



Joel McIlven is a teacher and rap poet from Stoke Newington. He established "Naming Worlds" to develop HipHop education as an alternative and progressive pedagogy.

Joel visited Malawi in 2005 and since then has supported Nyumba Ya Thanzi. He became a trustee in 2010.



**NYUMBA YA THANZI**  
HOUSE OF GOOD HEALTH

## Future Plans

Nyumba Ya Thanzi will continue to support the nutrition centre at Senga Bay.

The skills project is entering its second year, and a new tranche of funding has been approved for that project.

### Description of the charity's trusts

<i>Type of governing document:</i>	Trust Deed
<i>How the charity is constituted:</i>	Trust
<i>Trustee selection methods</i>	Elected by acting Trustees

**Nyunba ya Thanzi**

**Annual report**



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

House of Good Health

**On accounts for the year  
ended**

31 May 2023

**Charity no  
(if any)**

1100977

**Set out on pages**

9-10

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 05 / 2023**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*P Morrello*

**Date:**

25 / 11 / 2024

**Name:**

Patrick Morrello ACA

**Relevant professional  
qualification(s) or body  
(if any):**

ICAEW

**Address:**

Third Sector Accountancy Limited

Holyoake House, Hanover Street

Manchester, M60 0AS

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

N/A



Charity Name HOUSE OF GOOD HEALTH	No (if any) 1100977
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CC16a

## Receipts and payments accounts

For the period from	Period start date 01.06.22	To	Period end date 31.05.23
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### Section A Receipts and payments

	Unrestricted to the nearest £	Restricted to the nearest £	Endowment to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	2,080	-	-	2,080	3,160
Fundraisers	-	-	-	-	-
Sponsored Events	-	-	-	-	-
Gift Aid	-	-	-	-	-
Interest	-	-	-	-	-
Other	-	-	-	-	-
Amado competition prize	-	-	-	-	-
CD sales	-	-	-	-	-
Nutrition Project Donations	-	32,740	-	32,740	20,750
<b>Sub total</b>	<b>2,080</b>	<b>32,740</b>	<b>-</b>	<b>34,820</b>	<b>23,910</b>
<b>A2 Asset and investment sales, etc.</b>					
	-	-	-	-	-
<b>Total receipts</b>	<b>2,080.00</b>	<b>32,740</b>	<b>-</b>	<b>34,820</b>	<b>23,910</b>
<b>A3 Payments</b>					
Nutrition Project	-	18,175	-	18,175	18,938
Running Costs	-	-	-	-	-
Communications	-	-	-	-	-
Project Monitoring	-	-	-	-	-
Fundraising Expenses	-	216	-	216	126
Transaction Costs	-	212	-	212	237
Chilanga School	-	-	-	-	-
Tax	-	-	-	-	-
CD payments	-	-	-	-	-
Child Labour Project	-	-	-	-	-
Nutrition Project	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>18,603</b>	<b>-</b>	<b>18,603</b>	<b>19,301</b>
<b>A4 Asset and investment purchases, etc.</b>					
	-	-	-	-	-
<b>Total payments</b>	<b>-</b>	<b>18,603</b>	<b>-</b>	<b>18,603</b>	<b>19,301</b>
<b>Net of receipts/(payments)</b>	<b>2,080</b>	<b>14,137</b>	<b>-</b>	<b>16,217</b>	<b>4,609</b>
<b>A5 Transfers between funds</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>15,316</b>	<b>-</b>	<b>-</b>	<b>15,316</b>	<b>10,707</b>
<b>Cash funds this year end</b>	<b>17,396</b>	<b>14,137</b>	<b>-</b>	<b>31,533</b>	<b>15,316</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
<b>B1 Cash funds</b>	Bank balance	17,396	14,137	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>17,396</b>	<b>14,137</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which	Amount due	When due
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	





Signed by one or two trustees on

Signature	Print Name	Date of
<i>Michelle Knorr</i>	Michelle Knorr	24 / 11 / 2024

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