

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

England & Wales · Charity number 1100956

Details

Status Registered

Legal form Other

Registered 2003-12-01

Register [View on the Charity Commission register](#)

Contact

Address Flat 21
Wargrave House
Navarre Street
London
E2 7JH

Phone 079 5777 6215

Email info@oxfordsymposium.org.uk

Website www.oxfordsymposium.org.uk

Activities

Objects: THE ADVANCEMENT OF EDUCATION IN ALL ASPECTS OF FOOD AND COOKING AND THE PROMOTION OF RESEARCH INTO ALL ASPECTS OF THOSE SUBJECTS FOR THE BENEFIT OF THE PUBLIC ("THE OBJECTS"). IN THE CONTEXT OF THE TRUST AND ITS OBJECTS THE WORDS FOOD AND COOKING ARE TO BE UNDERSTOOD AND INTERPRETED IN THE WIDEST SENSE.

Activities: Organising an annual two day conference at an Oxford college to present and discuss papers on food and cookery. The event is open to anyone with an interest in the broad spectrum of food studies. The papers given at the event are published. More details are available from the website.

Classification

- **How:** Makes Grants To Individuals, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, Arts/culture/heritage/science
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** WORLDWIDE
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£124,054	£123,273	-	-
2024-09-30	£113,301	£105,263	-	-
2023-09-30	£104,274	£98,100	-	-
2022-09-30	£93,432	£75,532	-	-
2021-09-30	£52,161	£62,896	-	-

Trustees

Name	Role	Appointed
Richard Warren Shepro	Chair	2023-12-18
Cameron Stauch		2023-07-07
Carolyn Elizabeth Steel		2020-08-06
Christopher Grocock		2024-10-16
David Henry Matchett		2022-08-22
Dr Elaine Mahon		2021-08-05
Dr Scott Alves Barton		2021-08-05
Jane Levi		2023-07-07
Kenneth Bruce Albala		2022-08-22
Naomi Hilary Duguid		2022-08-22
Priya Mani		2022-08-22
Professor Janet Beizer		2024-07-07
Professor Mark Bradford McWilliams		2020-11-05
Voltaire Cang		2023-12-18

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Accounts

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

**THE OXFORD SYMPOSIUM ON FOOD AND COOKERY ANNUAL
REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 30 SEPTEMBER 2025**

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

LEGAL AND ADMINISTRATIVE INFORMATION

Name	Role	Date of Appointment
Richard Warren Shepro	Chair of Trustees	18 December 2023
Christopher Grocock	Trustee – Treasurer	16 October 2024
Birgitte Kampmann	Trustee	11 July 2025
Cathy Kaufman	Trustee	11 July 2025
Professor Janet Beizer	Trustee	7 July 2024
Voltaire Cang	Trustee	18 December 2023
Cameron Stauch	Trustee	7 July 2023
Jane Levi	Trustee	7 July 2023
Kenneth Bruce Albala	Trustee	22 August 2022
Priya Mani	Trustee	22 August 2022
David Henry Matchett	Trustee – Registrar	22 August 2022
Naomi Hilary Duguid	Trustee	22 August 2022
Dr Scott Alves Barton	Trustee	5 August 2021
Dr Elaine Mahon	Trustee	5 August 2021
Professor Mark Bradford McWilliams	Trustee – Editor	5 November 2020
Carolyn Elizabeth Steel	Trustee – Secretary	6 August 2020

Charity number

1100956

Principal address

21 Wargrave House
Navarre Street
London
E2 7JH

Reporting Accountant

Bradbury Stell
Chartered Certified Accountant
Unit 2 Beverley Court
26 Elmtree Road
Teddington
Middlesex
TW11 8ST

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

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TRUSTEES' REPORT

For the year ended 30 September 2025

The trustees present their annual report and financial statements for the year ended 30 September 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011, and *Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)* (effective 1 January 2019).

Objectives and Activities

The charity's objective is to promote research and advance education in all aspects of food and cooking for the benefit of the public. The charity interprets the terms *food* and *cooking* in their widest sense to include, among other things, agriculture, climate, history, culture, politics, and social justice as these relate to food and cooking. This interpretation is reflected in the charity's mission:

"To change the conversation, expand the table, and improve the plate."

The trustees have paid due regard to guidance issued by the Charity Commission in determining the activities undertaken to achieve these objectives.

The principal activity of the charity is the organisation of an annual symposium focused on a specific theme exploring food and cooking. In keeping with the charity's educational mission, there are no academic prerequisites or formal qualifications required to attend the symposium or participate in the charity's other activities.

The symposium is open to the public on a first-come, first-served basis upon payment of a fee intended to cover costs. In-person attendance at St Catherine's College is subject to physical capacity constraints and is capped at 220 participants. An unlimited number of online-only participants may attend at a modest fee. Many online participants are based in Asia or the Global South, or have personal circumstances that make travel challenging or impossible.

The 2025 Symposium

Following the charity's established practice, the theme for the 2025 symposium was selected by a vote of the 2022 symposiasts. The chosen theme was **"The Elements"**, a broad-ranging topic encompassing scientific, cultural, and environmental perspectives on food.

The symposium continued the two-part structure introduced in 2022:

- **In-person symposium:**
Held at St Catherine's College, Oxford, from **11–13 July 2025**, attended by **153 symposiasts** from **21 countries**.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

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- **Online symposium:**

Held from **18–31 July 2025**, with an additional **78 online-only symposiasts**, extending participation to **two further countries**.

Despite the continued closure of significant parts of the St Catherine’s campus due to the discovery of unsafe reinforced autoclave aerated concrete (RAAC), the symposium successfully convened as planned. Draft papers, video presentations, and related materials were distributed to all registered participants via the symposium website.

Participation and Access

- **23 symposiasts** received subsidised places at a **50% reduced rate**, primarily students aged 18 or over enrolled in post-secondary education during the 2024–2025 academic year.
- Free places were offered to keynote speakers, guest chefs, invited plenary presenters, and **three competitively selected Young Chefs**, defined as practitioners with fewer than ten years’ professional experience.
- The Young Chefs were selected from **21 applicants** and the programme marked its **sixteenth year** in 2025.

Programme Content

Plenary Keynote Presentations

- **Professor Marion Nestle** — *The Elements: Food, Nutrition, Health, and Politics, 2025 Style*
- **Professor Ole G. Mouritsen** — *Elements of a Plant-Forward Cuisine*
- **Dr Théodore Kaboré** — *Agricultural Practices and Community Efforts to Restore Land Fertility in the Sahel*
- **Professor Claude Fischler** — *Gastronomy in an Age of Gastro-anomy*

Additional Plenary Sessions

- Roundtable discussion: **“Choosing Our Words About Technologies and Food”**
- Plenary presentation on volcanic wines with **Robert Gilvesy** and **Ursula Heinzelmann**
- Demonstration of Japan’s *chanoyu* tea tradition, narrated by **Voltaire Cang**, including a tasting of matcha and seasonal sweets

Panels and Papers

- **12 in-person panels** featuring **27 papers** delivered at St Catherine’s College
- **10 additional papers** presented online during the Zoom conference period
- Papers were selected from nearly **100 proposals** reviewed by committee

All presenters prerecorded 15–20 minute talks, which were made available online following the in-person symposium, allowing all participants access to the full programme.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

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Culinary Programme

Food formed an integral part of the symposium curriculum. Two lunches and two dinners were prepared by guest chefs with support from St Catherine's College catering staff.

Highlights included:

- **Friday dinner:**
An Ecuadorian Fire Feast by **Chef Ana Ortiz** (Fire Made UK)
- **Saturday lunch:**
The Elements of Algerian Cuisine by **Chef Hanane Tancrede Abdelli** (Mama Nissa, Paris)
- **Saturday dinner:**
Cambodian feast by **Chef Joannès Rivière** (Cuisine Wat Damnak)
- **Sunday lunch:**
Young Chefs' programme themed "*Mending Modern Melancholies*", mentored by **Chef Jennie Moran** (Luncheonette, Dublin)

Other Workshops and Activities

Additional educational activities included:

- A plant-based edible paints workshop
- Screenings and discussions on artificial intelligence in agriculture and food waste
- A tasting experiment on umami led by **Professor Ole Mouritsen**
- Screening of *Umami*, a comedy-drama exploring culinary identity

Post-Symposium and Continuing Activities

Publication of Papers

Following the symposium, authors revise their papers, which are professionally edited and published in hard copy by **Equinox Publishing**. Many volumes are also available digitally via Google Books.

Online Programmes

The charity continued its extensive online programming during the year. All sessions are free to attend and open to the public with advance registration and include:

- **Kitchen Table Conversations** (monthly Zoom discussions)
- **The Sifter "Ask" sessions**
- **Kitchen Lab** and **Kitchen Lab Techniques** cook-alongs

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

Communications and Outreach

- **Facebook:** over 7,428 followers
- **Instagram:** 6,194 followers
- **Newsletter:** 3,474 subscribers

Administration and Governance

The charity has no employees. Its activities are managed by the trustees with the assistance of vetted volunteers. Certain trustees undertook additional operational responsibilities during the year.

Payments made to trustees for services provided beyond normal trustee duties were as follows:

- **David Matchett:** £9,000 (2024/25) plus £3,000 backdated (2023/24)
- **Mark McWilliams:** £4,000 for professional editing services

Cathy Kaufman

Cathy Kaufman
Chair of the Symposium
31st March 2026

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

I report to the trustees on my examination of the financial statements of The Oxford Symposium on Food and Cookery (the charity) for the year ended 30 September 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Bradbury Stell

Chartered Certified Accountants

Unit 2 Beverley Court

26 Elmtree Road

Teddington

Middlesex TW11 8ST

Dated: 17th December 2025

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 SEPTEMBER 2025

		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		funds	funds		funds	funds	
		2025	2025	2025	2024	2024	2024
	Notes	£	£	£	£	£	£
Income and endowments from:							
Donations and legacies	3	385	23,259	23,644	205	9,840	10,045
Charitable activities	4	98,932		98,932	101,784		101,784
Investments	5	824		824	764		764
Other income	6	654		654	708		708
Total income		100,795	23,259	124,054	103,461	9,840	113,301
Expenditure on:							
Charitable activities	7	123,273	-	123,273	105,263	0	105,263
Net (outgoing)/incoming resources before transfers		-22,478	23,259	781	-1802	9840	8038
Gross transfers between funds		-	-	-	-	-	-
Net (expenditure)/income for the year/							
Net movement in funds		-22,478	23,259	781	-1,802	9,840	8,038
Fund balances at 1 October 2024		52,880	18,512	71,392	54,682	8,673	63,355
Fund balances at 30 September 2025		30,402	41,771	72,173	52,880	18,512	71,392

The statement of financial activities includes all the gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

BALANCE SHEET

AS AT 30 SEPTEMBER 2025

The financial statements were approved by the Trustees on 17th December 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Cash at bank and in hand		74,046		75,282	
Debtors				100	
Creditors: amounts falling due within one year	12	<u>- 1,872</u>		<u>-3,990</u>	
Net current assets			<u>72,174</u>		<u>71,392</u>
Income funds					
Unrestricted funds			<u>72,173</u>		<u>71,392</u>
			<u>72,173</u>		<u>71,392</u>



Christopher Grocock
Treasurer
31st March 2026

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

Accounting policies

Charity information

The Oxford Symposium on Food and Cookery is an unincorporated charity established by a Deed of Trust made 14 March 2003.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Deed of Trust, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.7 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024	2024
	£	£	£	£	£	£
Donations and gifts	385		385	205		205
American Friends		20,737	20,737		9,840	9,840
RINRI		2,522	2,522			
	<u>385</u>	<u>23,259</u>	<u>23,644</u>	<u>205</u>	<u>9,840</u>	<u>10,045</u>

4. Charitable activities

	Symposium & online course registration fees	Symposium & online course registration fees
	2025	2024
	£	£
Actual Symposium Fee	91,476	94,211
Kitchen Table Donations	2,145	2,178
Online Symposium Fee	5,312	5,395
	<u>98,932</u>	<u>101,784</u>

5. Investments

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Interest receivable	<u>824</u>	<u>764</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

6. Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Royalties	164	235
Other income	490	473
	<u>654</u>	<u>708</u>

7. Charitable activities

	Food education 2025 £	Food education 2024 £
Symposium & online course costs	79,110	73,565
Student place subsidy		
	<u>79,110</u>	<u>73,565</u>
Share of support costs (see note 9)	30,035	27,630
Share of governance costs (see note 9)	4,000	4,068
	<u>113,145</u>	<u>105,263</u>
Director's fees	10,128	-
	<u>10,128</u>	<u>-</u>
Analysis by fund		
Unrestricted funds	123,273	105,263
Restricted funds		
	<u>123,273</u>	<u>105,263</u>

8. Description of charitable activities

Food education
Development and delivery of an annual symposium, online courses and publication of papers for academics and the general public covering food related topics.

10 Trustees

David Matchett received £12,000 for his services as registrar, £95.99 Subscriptions and £316 for general expenses.

Jake Tilson received £1,317.47 for Marketing & promotions, and £315.55 for menu printing and £29.75 for Printing, Postage & Stationery.

11 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Total	<u>-</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

12 Creditors: amounts falling due within one year

	2025 £	2024 £
Creditors	-	2118
Accruals and deferred income	1,872	1,872
	<u>1,872</u>	<u>3,990</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2025

13. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds			
	Balance at 1 October 2024 £	Incoming resources 2024 £	Resources expended 2024 £	Transfers £	Balance at 1 October 2024 £	Incoming resources 2025 £	Resources expended 2025 £	Transfers £
Subsidises Proceedings	-				-	0	0	-
Student Subsidy Fund	-	9,840	-9,840		-	20,737	-20,737	-
	-	9,840	-9,840		-	20,737	-20,737	-

14 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2024 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 30 September 2023 are represented by:						
Current assets/(liabilities)	52,880	18,512	71,392	30,402	41,771	72,173
	52,880	18,512	71,392	30,402	41,771	72,173

15 Related party transactions

There were no disclosable related party transactions with persons other than the trustees during the year (2024 - none).

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

England & Wales - Charity number 1100956

Accounts

**THE OXFORD SYMPOSIUM ON FOOD AND COOKERY ANNUAL
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ENDED 30 SEPTEMBER 2024**

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Name	Role	Date of appointment
Richard Warren Shepro	Chair	18-Dec-2023
Voltaire Cang	Trustee	18-Dec-2023
Cameron Stauch	Trustee	07-Jul-23
Jane Levi	Trustee	07-Jul-23
Priya Mani	Trustee	22-Aug-22
Kenneth Bruce Albala	Trustee	22-Aug-22
David Henry Matchett	Trustee	22-Aug-22
Naomi Hilary Duguid	Trustee	22-Aug-22
Jake Tilson	Trustee	05-Aug-21
Harold James McGee	Trustee	05-Aug-21
Dr Scott Alves Barton	Trustee	05-Aug-21
Dr Elaine Mahon	Trustee	05-Aug-21
Professor Mark Bradford McWilliams	Trustee	05-Nov-20
Carolyn Elizabeth Steel	Trustee	06-Aug-20

Charity number 1100956

Principal address 21 Wargrave House
Navarre Street
London
E2 7JH

Reporting Accountant Bradbury Stell
Chartered Certified Accountant
Unit 2 Beverley Court
26 Elmtree Road
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THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2024

The trustees present their annual report and financial statements for the year ended 30 September 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's objective is to promote research and advance education in all aspects of food and cooking for the benefit of the public. The charity interprets the words food and cookery in their widest sense to include, among other things, consideration of agriculture, climate, history, culture, politics, and social justice as these issues relate to food and cookery. This interpretation is reflected in the charity's mission to "change the conversation, expand the table, and improve the plate."

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake to achieve its objectives. The main focus of the charity is the organisation of an annual symposium on a specific theme exploring food and cookery. In keeping with the charity's mission to educate the public, there are no academic prerequisites or other formal qualifications for attending the symposium or any of the other activities of the charity described below. The symposium is open to the public on a first come, first served basis, on payment of the required fee to cover expenses. Attendance at St Catherine's is subject to the physical limitations of the College and is capped at 220; an unlimited number of online-only symposiasts may attend at a modest fee. Many of the online-only symposiasts are from Asia, the Global South, or have personal reasons that make travel challenging or impossible.

Following the charity's tradition, the 2024 symposium theme was chosen by vote by the 2021 symposiasts. The theme selected for 2024 was "Gardens, Flowers, and Fruits." As the 2021 symposium was conducted exclusively online due to the lingering concerns caused by the Covid-19 pandemic, the theme of "Gardens, Flowers, and Fruits" captured the optimistic outlook that symposiasts would be returning to in-person gatherings, as happened in 2022 with the first two-part symposium, with a three day event at St Catherine's followed by an extended online discussion period.

The 2024 symposium

The 2024 symposium continued the model established in 2022, although the charity faced unanticipated challenges in planning for 2024 due to the closure of significant parts of the St Catherine's campus in the autumn of 2023 because of the discovery of unsafe reinforced autoclave aerated concrete (RAAC) in the roofs of main buildings. The trustees considered several alternatives, including postponement of the symposium, alternative venues, or returning to an exclusively online format. In January 2024, after the College was able to present models showing temporary structures that would be in place in time for the July symposium, the trustees voted to return to St Catherine's temporary spaces. These spaces amply addressed the needs of the symposium, allowing the in-person meeting to be held from 5-7 July at St Catherine's College, Oxford. Online discussions of the various presentations continued from 14-28 July via Zoom meetings. Following the charity's past practice, draft papers, video presentations, and other materials were distributed to all registered symposiasts via the symposium website.

The 2024 symposium had 205 symposiasts from 24 countries attending the in-person event at St Catherine's, with an additional 100 symposiasts joining the online portion from 18 countries. 25 students attended, and each was given a 50% reduced rate. The symposium also offered free places to the keynote presenters, guest chefs and other invited plenary presenters, and the four competitively selected Young Chefs, practitioners with less than ten years' experience in the field. The 2024 Young Chefs were chosen from a pool of 35 outstanding applicants.

2024 symposium activities included:

- Plenary keynote presentations
 - Ms Carolyn Steel, "Gardens: how our modification of nature expresses our evolving place in the world";
 - Professor Annalisa Marzano, "Rome's horticultural 'revolution': ideology, display and the economy"; and
 - Professor Cristina Mazzoni, "Love, magic, and the bittersweet flavor of oranges in Italian culture."
- A plenary roundtable discussion at St Catherine's explored cultural and political definitions of gardens.
- A plenary presentation about the heritage and science of local ciders by Barny Butterfield of Sanford Orchards and Dr Amanda Burridge, University of Bristol

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

- Fourteen panels explored forty papers at St Catherine's on themes ranging from "the cultural politics of preservation" and "upsetting the conventional apple cart" to "stories of resilience" and "symbiosis: plants are actors, too." An additional four papers were presented by exclusively online symposiasts during the 14-28 July continuation. Papers for delivery were selected from the 118 proposals submitted to an anonymous committee.
- Two lunches and two dinners prepared by guest chefs, with the support and assistance of St Catherine's chef Tim Kelsey and his staff, were an integral part of the curriculum. Whenever possible, we selected foodstuffs and products from local vendors to support the community. The chefs and growers introduced each meal in plenary sessions:
 - Chef Arthur Potts Dawson of Omved Gardens, "Rhapsody of greens: from the gardens of Oxford," accompanied by Sanford Orchards ciders;
 - Chef Debbie Peters of Wolves Lane Centre Cafe, with Paulette Henry, Head Grower at Black Rootz, "From the Caribbean to North London: a tincture of resilience";
 - Chef Thomas Zacharias, founder of Locavore (India), "The forest as garden";
 - Young Chefs' "Root to Bloom" lunch, mentored by Chef Cordula Peters, Glyndebourne Opera House. The Young Chefs program was in its fifteenth year in 2024, and offered early-career professionals unique opportunities to meet with other chefs and to participate in the symposium's intellectual content.
- Other activities and workshops included:
 - a workshop on cordial-making led by symposiast Gerhardus Geldenhuis
 - a workshop on saffron led by symposiast Nader Mehravari
 - a workshop on Wikipedia editing techniques led by Roberta Wedge
 - a workshop on The Sifter research tool led by symposiasts Gary Thompson, Joe Wheaton, and Kate Saines
 - a botanical painting session led by symposiasts Elisabeth Luard and Birgitte Kampmann
 - a virtual botanical garden tour of the FoodMuseum led by symposiast Linda Roodenberg

One unusual feature of the symposium is that all paper presenters prerecorded a short (15-20 minute) talk about their paper. The videos were posted online at the conclusion of the weekend at St Catherine's to allow all symposiasts to listen to every presentation, a benefit to both the exclusively online and St Catherine's attendees. Following a brief travel break, the symposium reconvened for its online portion from 14-28 July. During the travel break, Over those two weeks symposiasts could join live Zoom Meetings for extended Q & A sessions with each of the keynote presenters, chefs and growers, paper panelists, Wikipedia and The Sifter experts, as well as an exploration of growing herbs to attract bees for honey and pollination with master gardener Barbara Segall and Sarah Wyndam Lewis, founder of Bermondsey Street Bees, a sustainable bee-keeping practice. The final day of the symposium culminated in an online summary of "our garden's harvest" by Board of Trustees chairman, Richard Warren Shepro, followed by a vote on the topic for 2027, with "Food and Time" garnering the winning total.

How the charity achieves its educational mission: moving beyond the July symposium

1. Post-symposium review, publication, and public release of papers

After discussion at the symposium, authors may reconsider their drafts and submit a revised version. Papers are edited professionally and published in hard copy for sale by Equinox Publishing. After a several years hold-back to allow the publisher an opportunity to recoup costs, the papers are uploaded to Google Books and are freely available to the public. Proceedings through the 2019 Symposium are currently online.

2. Continuing online activities

The significant investment in our web-based capabilities in 2020 borne of the Covid-19 pandemic continues to reap rewards through year-round activities. In 2024 these included numerous Zoom Meetings, ranging from Kitchen Table Conversations, Wikipedia editing sessions, The Sifter "Ask" sessions, and, in partnership with Birgitte Kampmann, hosting Kitchen Lab cook-alongs. All of these sessions are free and open to the public upon advance registration.

A. Kitchen Table Conversations are monthly, 90 minute Zoom Meetings with invited international guests to discuss topical food-related subjects and facilitated by OFS trustees. 8 Kitchen Table Conversations attracted 564 attendees for the 2023-2024 academic season, with topics ranging from educating children about food in schools, queer food, and the contemporary foodzine world. There is no charge to attend these sessions, although the charity encourages donations to help support its mission and has been gratified by the number of contributions.

B. Wikipedia Editing. The charity also partnered with representatives from the British Library to hosted 54 attendees in nine 60 minute Wikipedia editing sessions via Zoom, designed to increase and improve food and cookery related entries, especially concerning women, who are underrepresented on Wikipedia.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

C. The Sifter “Ask” sessions. Another continuing initiative are monthly 60 minute Zoom sessions devoted to helping develop The Sifter database. 172 participants in 8 sessions learned about a unique tool under development for researching food and cookery, is part of the growing field of digital humanities.

D. The Kitchen Lab and KL Techniques. The charity also hosted Danish cookery writer Birgette Kampmann for monthly Kitchen Lab sessions, 2 hour interactive cook-alongs that add an expert guest to provide cultural and gastronomic context to the featured recipes. Complementing the Kitchen Lab are KL Techniques organized by Kampmann, shorter Zoom sessions devoted to a particular culinary technique. 96 attendees took part in 6 events.

E. Digital and Social media serves as another public forum for the serious study of food and cookery. Our Facebook page provides a lively international discussion forum with more than 7,436 followers, many of whom are experts in their fields. Our Instagram account has nearly 5,700 followers. We send a bimonthly newsletter to 2,750 subscribers out of a total 3,600 signed up symposiasts on our website.

Fund-raising, sponsorships, grants, and tuition support

The charity does not have significant grant-making abilities nor capital to invest. Grant-making and funding for special projects such, as digitisation of our past papers, is currently supported by donations to the charity from the general public, Japan’s RINRI Institute of Ethics, and by The American Friends of the Oxford Symposium, a United States-based charitable organisation. Student places and Young Chefs places are supported by The American Friends. Keynote presenters, guest chefs and invited plenary speakers had their symposium tuition paid by the charity. Tuition assistance for hardship applications was reviewed on a case-by-case basis. In 2024, the charity and The American Friends subsidised an additional 4 places.

The trustees continued to build an expanding network of food and beverage sponsors, donors, and helpers whose contributions at or below cost are critical to the success of the symposium. In 2024, sponsors included Sanford Orchards, and Bloomsbury Online Food Library.

Administration of the charity

The trust has no employees, and the trustees themselves, plus vetted volunteers, run most of the trust’s activities. Auditing services are provided by Bradbury Stell and website design and upgrades are handled by Igloo.

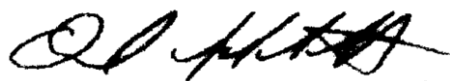
Non-trustee volunteers assist in the organisation of the annual symposium and included, in 2024, Lucia Santos and Annelise Dennis. Certain trustees assumed duties well beyond the supervisory obligations of all trustees.

In 2024, the following amounts were paid to trustees for the following efforts:

- David Matchett for website development, registration and administration duties beyond the scope of Treasurer’s responsibilities £9,000
- Mark McWilliams, for professional editing of the symposium papers £4,000
- Cathy Kaufman for services of director of symposium £2,000

Free places at the symposium were taken by

- David Matchett, registrar
- Jake Tilson for design services
- Cameron Stauch for meals coordination
- Carolyn Steel as keynote speaker



Mr David Matchett
Treasurer and trustee

12th June 25

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

I report to the trustees on my examination of the financial statements of The Oxford Symposium on Food and Cookery (the charity) for the year ended 30 September 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Bradbury Stell Chartered Certified Accountants

Unit 2 Beverley Court
26 Elmtree Road
Teddington
Middlesex
TW11 8ST

Dated:

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 SEPTEMBER 2024

		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		funds	funds		funds	funds	
		2024	2024	2024	2023	2023	2023
	Notes	£	£	£	£	£	£
<u>Income and endowments from:</u>							
Donations and legacies	3	205	9,840	10,045	367	8,672	9,040
Charitable activities	4	101,784		101,784	94,766		94,766
Investments	5	764		764	200		200
Other income	6	708		708	268		268
Total income		<u>103,461</u>	<u>9,840</u>	<u>113,301</u>	<u>95,602</u>	<u>8,672</u>	<u>104,274</u>
<u>Expenditure on:</u>							
Charitable activities	7	<u>105,263</u>	<u>-</u>	<u>105,263</u>	<u>75,532</u>	<u>0</u>	<u>98,100</u>
Net (outgoing)/incoming resources before transfers		-1,802	9,840	8,038	10,520	7,380	6,174
Gross transfers between funds		-	-	-	-	-	-
Net (expenditure)/income for the year/							
Net movement in funds		-1,802	9,840	8,038	10,520		6,174
Fund balances at 1 October 2023		<u>54,682</u>	<u>8,672.00</u>	<u>63,354</u>	<u>49,800</u>	<u>7,380</u>	<u>57,180</u>
Fund balances at 30 September 2024		<u>52,880</u>	<u>18,512</u>	<u>71,392</u>	<u>60,320</u>	<u>7,380</u>	<u>63,354</u>

The statement of financial activities includes all the gains and losses recognised in the year. All

income and expenditure derive from continuing activities.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

BALANCE SHEET

AS AT 30 SEPTEMBER 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Cash at bank and in hand		75,282		65,732	
Debtors		100			
Creditors: amounts falling due within one year	12	<u>-3,990</u>		<u>-2,377</u>	
Net current assets			<u>71,392</u>		<u>63,355</u>
Income funds					
Unrestricted funds			<u>71,392</u>		<u>63,355</u>
			<u>71,392</u>		<u>63,355</u>

The financial statements were approved by the Trustees on

David Matchett
Treasurer

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2024

Accounting policies

Charity information

The Oxford Symposium on Food and Cookery is an unincorporated charity established by a Deed of Trust made 14 March 2003.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Deed of Trust, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2024

Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2024

3.Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Donations and gifts	205		205	367		367
American Friends		9,840	9,840		5,991	5,991
RINRI					2,681	2,681
	<u>205</u>	<u>9,840</u>	<u>10,045</u>	<u>367</u>	<u>8,672</u>	<u>9,040</u>

4.Charitable activities

	Symposium & online course registration fees	Symposium & online course registration fees
	2024	2023
	£	£
Actual Symposium Fee	94,211	77,644
Kitchen Table Donations	2,178	8,124
Online Symposium Fee	5,395	8,998
	<u>101,784</u>	<u>94,766</u>

5.Investments

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Interest receivable	764	200

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2024

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Royalties	235	168
Other income	473	100
	<u>708</u>	<u>268</u>

7.Charitable activities

	Food education 2024 £	Food education 2023 £
Symposium & online course costs	73,565	70,823
Student place subsidy		
	<u>73,565</u>	<u>70,823</u>
Share of support costs (see note 9)	27,630	21,683
Share of governance costs (see note 9)	4,068	5,593
	<u>105,263</u>	<u>98,100</u>
Analysis by fund		
Unrestricted funds	105,263	98,100
Restricted funds		
	<u>105,263</u>	<u>98,100</u>

8.Description of charitable activities

Food education

Development and delivery of an annual symposium, online courses and publication of papers for academics and the general public covering food related topics.

9.Support costs

	Support costs £ 2024	Governance costs £ 2024	Support costs £ 2023	Governance costs £ 2023	2023 £
Awards & prizes	1,306		1230		1230
Bank charges, credit card and other charges	15		305		305
Website & other digital costs	10,287		8105		8105
General expenses	151		2113		2113
Administrator & consultancy services	9,216		5991		5991
Marketing	1,585				
Accountancy & independent examiner's fees	1,872		1584		1584
Speaker's expenses	2,757		1980		1980
Subscriptions	441		375		375
Proceedings publication		4,068		5593	5593
	<u>27,630</u>	<u>4,068</u>	<u>21,683</u>	<u>5,593</u>	<u>27,277</u>
Analysed between					
Charitable activities	<u>27,630</u>	<u>4,068</u>	<u>21,683</u>	<u>5,593</u>	<u>27,277</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2024

10 Trustees

David Matchett received £6,000 for his services as registrar, £72 Delivery charges for printing and £750 for Administrator & consultancy services

Jake Tilson received £1,200 for marketing logo, and £385.24 for menu printing.

Carolyn Steel received £55 for speaker's expenses.

1 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

2 Creditors: amounts falling due within one year

	2024 £	2023 £
Creditors	2,118	553
Accruals and deferred income	1,872	1,824
	<u>3,990</u>	<u>2,377</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

AS AT 30 SEPTEMBER 2024

13. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds			
	Balance at 1 October 2023 £	Incoming resources 2023 £	Resources expended 2023 £	Transfers £	Balance at 1 October 2023 £	Incoming resources 2024 £	Resources expended 2024 £	Transfers £
Subsidises Proceedings	-	2681	-2681		-	0	0	
Student Subsidy Fund	-	5,991	-5,991		-	9,840	-9,840	
	-	8,672	-8,672	0	-	9,840	-9,840	

14 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 30 September 2023 are represented by:						
Current assets/(liabilities)	52,880	18,512	71,392	54,682	8672	63,354
	52,880	18,512	71,392	54,682	8672	63,354

15 Related party transactions

There were no disclosable related party transactions with persons other than the trustees during the year (2023 - none).

Accounts

**THE OXFORD SYMPOSIUM ON FOOD AND COOKERY
ANNUAL REPORT AND UNAUDITED FINANCIAL
STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER
2023**

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Name	Role	Date of appointment
Cameron Stauch	Trustee	07-Jul-23
Jane Levi	Trustee	07-Jul-23
Priya Mani	Trustee	22-Aug-22
Kenneth Bruce Albala	Trustee	22-Aug-22
David Henry Matchett	Trustee	22-Aug-22
Naomi Hilary Duguid	Trustee	22-Aug-22
Richard Shepro	Trustee	22-Aug-22
Jake Tilson	Trustee	05-Aug-21
Harold James McGee	Trustee	05-Aug-21
Dr Scott Alves Barton	Trustee	05-Aug-21
Dr Elaine Mahon	Trustee	05-Aug-21
Professor Mark Bradford McWilliams	Trustee	05-Nov-20
Cathy Kaufman	Trustee	06-Aug-20
Carolyn Elizabeth Steel	Trustee	06-Aug-20
Charity number	1100956	
Principal address	21 Wargrave House Navarre Street London E2 7JH	
Reporting Accountant	Bradbury Stell Chartered Certified Accountant Unit 2 Beverley Court 26 Elmtree Road Teddington Middlesex TW11 8ST	

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

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THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

TRUSTEES' REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2023

The trustees present their annual report and financial statements for the year ended 30 September 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities.

The charity's objectives are the advancement of education in all aspects of food and cooking and the promotion of research into all aspects of those objects for the benefit of the public. In the context of the Trust and its Objects the words food and cookery are to be understood and interpreted in the widest sense.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

In order to achieve its objectives, the charity undertakes a number of activities.

The organisation of an annual Symposium, in-person or on-line or both, on a specific food related topic for the purpose of discussing up to 50 papers chosen by an anonymous committee from an unlimited number of paper-proposals.

The Symposium also invites a small number of Plenary Speakers to illuminate the year's topic. The topic is chosen three years in advance by popular vote on the last day of the Symposium.

There are no academic requirements for attendance. The Symposium is open to the public on a first come first served basis, on payment of the required fee. Students attend at a reduced rate, and the Symposium offers a limited number of free places to a group of young chefs chosen competitively on written application.

Prior to the annual Symposium, the papers to be discussed and other information related to the year's topic are distributed via the Symposium website to registered symposiasts. Certain materials are made free to the public, including the keynote presentations.

After discussion at the Symposium, each year's papers are made available for reconsideration by the authors, followed by professional editing and publishing for distribution globally. Three years after initial publication, the papers are made available free for download as a popular public resource.

In support of the Symposium and in consideration of the need for a strong on-line presence, the Trustees invested in a redesigned website that allows the entire Symposium to be held on-line, if circumstances warrant, as seen in 2020 and 2021. The success of our web-based capabilities has expanded our reach of the annual Symposium to include online-only participants during the month of July, in which papers and other aspects of the Symposium are discussed. Additional social media activity is intended to serve as a public forum for the broader dissemination of the serious study of food and its history.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

Further year-round activities facilitated by the new Symposium website include regular online, interactive meetings to discuss topical food-related subjects led by invited Speakers; Wikipedia-editing sessions designed to add to the number of food and cookery related entries and ensure existing entries are accurate. In addition, the Symposium supports monthly online discussion sessions devoted to The Sifter, a database for researching food and cookery..

The charity does not have significant grant-making abilities, nor capital to invest. Grant-making and funding for special projects such as digitisation of our past papers currently supported by a small provision consisting of donations solicited and collected via the Friends of the Oxford Symposium and the American Friends of the Oxford Symposium, a United States-based charitable organisation. Cash awards are not generally granted, other than those within specific schemes supported by the Friends and the American Friends.

Volunteers make a significant contribution to the running of the charitable trust. Much of the organisation of the annual Symposium is carried out on a voluntary basis. Fund raising is also undertaken by volunteers. The trustees have been working on building up an ever-extending network of sponsors, donors, friends and helpers whose contributions are invaluable to make the Symposium an outstanding event in every respect

Achievements and performance.

The Oxford Symposium on Food and Cookery, an independent forum for discussion of the world's foodways in the light of the past as well as the present, is now well into its fifth decade. Our mission is to "change the conversation, expand the table, and improve the plate."

The trustees are particularly pleased to report that during 2023, as in previous years, we have seen a widening of our intellectual reach throughout the year as well as at the core weekend and following online conference itself, expanding the table once again to over 300 participants from a large number of nations worldwide. This is attributable partly to the on-going digitization of past papers, downloadable free of charge which are achieving many thousands of hits and downloads every month. It is also highly visible through our increased presence on the web via our re-designed website and particularly, the lively international discussion forum on our Instagram and Facebook pages, where we are now more than 7,500 followers of each, many of whom are experts in their fields. Additionally, we have been working on a joint-venture with Wikipedia and the British Library to improve and add to food-related entries on Wikipedia, in particular about women in food, and started our monthly online Wiki Club. In addition, our monthly held virtual Kitchen Table Conversations, informal 90 minute discussions with renowned international guests on relevant topics of the moment, have not only been very popular (with a total of 588 attendees) but also proved a good additional source of income.

The 42nd annual gathering was the second one we conducted with both in person (the "Weekend" at St Catherine's College, July 7-9) and online via Zoom (the "Conference", July 16-30). The year's topic was "Rules and Rituals," and we had 325 attendees, all eligible to participate online. Of that total, 209 traveled to Oxford for the Weekend and 70 of the on-campus symposiasts were first-time attendees. This reach to a new audience can be ascribed, at least in part, to our increasing digital presence particularly on Facebook, Instagram and Twitter. This year's gathering, as always, included attendees from throughout Europe and many other countries including China, Japan, Nepal, Australia and Turkey, and various regions including South East Asia and North and South America. We attracted well over 100 paper proposals from all around the world, giving us a rich assortment from which to select papers for presentation.

The opening keynote lecture on Friday afternoon was presented by Dr Dimitris Xygalatas, Professor of Anthropology at the University of Connecticut, on 'Rituals as Social Technologies,' and followed by a

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

lively Q&A session. Saturday's plenary address was given by Dr Jonathan Brumberg-Kraus, Professor of Religion at Wheaton College in Norton, Massachusetts. His intriguing theme was 'Etiquette for the Cosmic Table,' and again followed by a live Q&A session. Our Sunday keynote was pre-recorded by Martin Kullik and Jouw Wijnsma, founders of the Steinbeisser studio in the Netherlands and developers of the Experimental Gastronomy initiative. Their talk, 'Disruptions of Rules and Rituals,' documented the results of several of their experimental gastronomy dinners that inverted expectations through the use of extraordinary dining implements. All three keynote presentations also engage in live Q&A sessions via Zoom during the Conference period. On the final Sunday of the Conference, Trustee Dr Scott Alves Barton, fresh from anthropological field work in Brazil, delivered an inspiring Sum-Up of the Symposium entitled 'Embracing or Breaking Rules and Rituals... What Can We Learn?'

We explored a wide array of fascinating papers in parallel sessions during the Weekend at St Catherine's College, and continued our investigations in live Zoom Q&A sessions online during the Conference period. Just a few titles give a flavor of the range of subjects explored: 'From Recipes to Remote Work: Technology's Influence on the Preservation and Evolution of Contemporary Food Rituals During COVID-19;' or 'The Impact of Early Buddhism on Food Rituals in Sri Lanka;' or 'Regarding the Lesbian Potluck;' or 'Never Eat a Pigeon with a Pumpkin: A Model of the Emergence of Food Superstitions,' or 'Food Rules in the Pride Lands,' (an exploration of the sophisticated culinary grammar developed in Disney's Lion King series).

Once again, Symposiasts ate well and played well at St Catherine's College, reminded of our theme through thoughtfully-curated meals and post-prandial activities.

On Friday night we enjoyed 'Lebanon's Edible Rule Book - Rituals of Entertaining,' devised by Kamal Mouzawak and Tara Habis of Souk El Tayeb. After dinner, we moved to a workshop entitled 'Remembrance and Ritual,' led by artist Carrie Tillie, in which Symposiasts cut words from old cookbooks to découpage dinnerwares with messages, whether poignant or witty.

For Saturday lunch we traveled to Iran for a meal devised by Azeri cookery teacher, culinary historian, and Symposiast Simi Rezai-Ghassemi to highlight the ritual foods of the Persian holidays of Nazr, Nowruz, and Aza. For Saturday's supper, under the superb guidance of Chef Micha Schäfer, we feasted on local vegetables brilliantly prepared on the theme of 'Creating Rituals Out of Rules: Micha Schäfer Goes Superseasonal and Ultralocal at Oxford.' We concluded the day with a film and short lesson in properly making a bowl of matcha tea under serene guidance of tea master and Symposiast Voltaire Cang.

For Sunday lunch, our four Young Chefs, hailing from South Africa, the Netherlands (via Lithuania), South Korea, and the United States, came together to create a harmonious meal entitled 'Nourish the Body, Feed the Soul' under the guidance of their Muse, Korean-born chef and ceramic artist, Jinok Kim-Eicken. The Young Chefs program, in its fourteenth year in 2023, brings young practitioners (less than ten years' experience in the field) to meet with other chefs and to participate in some of the intellectual content over the course of the weekend. Each meal received extraordinary kitchen support by St Catherine's head chef Tim Kelsey and his team.

Over the two weeks of the Conference we held daily live panel discussions with all paper presenters as well as live Q&A sessions with the keynote speakers and chefs. The Symposium concluded on July 30 with our usual plenary vote on the topic of three years hence: in 2026 we will be focusing on 'Poverty Foods.'

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

should be increased to £50,000 (previously £35,000). This action was in response to increase in inflation and other rising costs

The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The charity continues to obtain the majority of its funds via payments made for attendance at the Symposium, the Kitchen Table monthly educational events bringing on donations of just over £5000, and ad hoc donations of £568. The conduct of the Symposium is core to the realisation of our objectives; hence this is our greatest area of expenditure. The production of our publication (proceedings) directly supports and reinforces the impact of the core activity of the Symposium and is a lasting legacy recording the scholarship presented at the Symposium held each year. Its costs are also covered by funds raised via the Symposium itself. Our funds are sufficient to cover our current activities only. We do not therefore have an investment policy, since there are currently few surplus funds to invest. The funds carried over from year to year are held in a secure bank account, currently a deposit account held with the Co-operative Bank. The Co-operative Bank has a special account designed for charitable organisations which offers modest interest on funds held.

Although the impact of the Covid 19 pandemic continued in 2022/23, the Trustees continued the decision to hold the in-person symposium at St Catherine's College, Oxford and to supplement this with an online conference to help maintain and continue the developing reach that 2020/2021 provided. We had 37 non residential attendees and 172 residential attendees at the in person symposium who were joined online by a further 116 online only attendees. The monthly online Kitchen Table events also continue to reinforce commitment to our charitable objects throughout the year with 588 attendances, while financially supporting the online development and mitigating the risk of our reliance on ad hoc donations.

We are most grateful to have received grant funding of:

- £4362.40 from The Julia Child Foundation for Gastronomy and the Culinary Arts, via the American Friends. These are restricted funds to cover supported student places at the 2022 Symposium. The board has designated trustee Richard Warren Shepro to manage this relationship. NB this grant funding is retrospective and therefore 2023 funds are received after the financial year has ended.
- £3017.69 from RINRI Institute of Ethics, Tokyo. These are restricted funds to contribute towards the printing of the Proceedings.

To protect its trustees and associates all board and executive meetings were conducted on Zoom.

Structure, governance and management

The charity is unincorporated and is governed by a Deed of Trust.

The trustees who served during the year and up to the date of signature of the financial statements were:

Name	Role	Date of appointment
Cameron Stauch	Trustee	07-Jul-23
Jane Levi	Trustee	07-Jul-23
Priya Mani	Trustee	22-Aug-22

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

Kenneth Bruce Albala	Trustee	22-Aug-22
David Henry Matchett	Trustee	22-Aug-22
Naomi Hilary Duguid	Trustee	22-Aug-22
Richard Shepro	Trustee	22-Aug-22
Jake Tilson	Trustee	05-Aug-21
Harold James McGee	Trustee	05-Aug-21
Dr Scott Alves Barton	Trustee	05-Aug-21
Dr Elaine Mahon	Trustee	05-Aug-21
Professor Mark Bradford McWilliams	Trustee	05-Nov-20
Cathy Kaufman	Trustee	06-Aug-20
Carolyn Elizabeth Steel	Trustee	06-Aug-20

Prospective trustees are nominated by incumbent trustees and are selected by the trustee board on the basis of their ability to promote the Trust's aims, for instance through substantial inputs of voluntary work to support and promote the Trust. Trustees are selected from attendees of previous Symposia and thus have a good knowledge of the key work currently undertaken by the Trust.

The charity has a simple structure designed to focus trustees on the furthering of our objects (mainly achieved through publications, online talks and symposia and the annual Symposium at St Catz), and the fund-raising to support these activities. We therefore have subcommittees composed of 'Trustees for: Planning; Editing; Friends (fundraising); Social Media; Oral History and Digital Development.

Funds are raised under the auspices of our Friends of the Oxford Symposium scheme (initiated in 2011) and through donations via our website. These funds are used to support assisted student places, student awards, young chef awards, the digitisation of past papers, new and ongoing website development capable of hosting online symposia and monthly Kitchen Table talks, as well as podcasts and blog posts. Through these means we fulfil our charitable purpose and reach a gradual but continuously widening audience.

We also have a working relationship with an organisation based in the USA called the American Friends of the Oxford Symposium, which supports our objects and was founded to work to further them in the United States, both by fundraising and the possible organisation of complementary events. As well as administering a grant from the Julia Child Foundation, The American Friends also administers a grant (formerly the Cherwell Prize, recently renamed the OFS Rising Scholar Award) designed to give a young food historian (of any nationality) the chance to present a paper at the Symposium, which includes a cash award as well as travel and attendance expenses for the Symposium.

No formal training is given; rather it is the addition of the new trustee's individual understanding of food culture that adds to the general pool of knowledge and experience from which the Trust draws to promote its aims.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

The trustees confirm that they have read the relevant online publications of Charity Commission Guidance and do not believe that there are any issues of compliance.

Supplier payment policy

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Trade creditors of the company at the year end were equivalent to 0 day's purchases, based on the average daily amount invoiced by suppliers during the year.

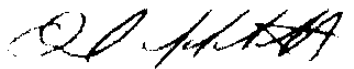
Chair, treasurer and secretary

Cathy Kauffman is Chair of the Symposium.

Trustee, David Matchett, was appointed Treasurer in July 2023

Trustee Carolyn Steel was elected in 2023 to act as Secretary.

The trustees' report was approved by the Board of Trustees.



Mr David Matchett

Treasurer and trustee

17th June 24

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

I report to the trustees on my examination of the financial statements of The Oxford Symposium on Food and Cookery (the charity) for the year ended 30 September 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Bradbury Stell Chartered Certified Accountants

Unit 2 Beverley
Court
26 Elmtree Road
Teddington
Middlesex
TW11 8ST

Dated: 17th June 2024

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

9

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 SEPTEMBER 2023

		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		funds	funds		funds	funds	
		2023	2023	2023	2022	2022	2022
Notes		£	£	£	£	£	£
<u>Income and endowments from:</u>							
Donations and legacies	3	367	8,672	9,040	568	7,380	7,948
Charitable activities	4	94,766		94,766	84,839		84,839
Investments	5	200		200			0
Other income	6	268		268	645		645.26
Total income		95,602	8,672	104,274	86,052	7,380	93,432
<u>Expenditure on:</u>							
Charitable activities	7	98,100	-	98,100	75,532	0	75,532
Net (outgoing)/incoming resources before transfers							
		-2,498	8,672	6,174	10519.83	7380	17900
Gross transfers between funds		-	-	-	0	0	0
Net (expenditure)/income for the year/							
Net movement in funds		-2,498	8,672	6,174	10,520	7,380	17,900
Fund balances at 1 October 2022		57,180		57,180	39,280		39,280
Fund balances at 30 September 2023		54,682	8,672	63,354	49,800	7,380.40	57,180

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

BALANCE SHEET

AS AT 30 SEPTEMBER 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Cash at bank and in hand		65,732		104,442	
Creditors: amounts falling due within one year					
	12	<u>-2,377</u>		<u>-47,262</u>	
Net current assets			<u>63,355</u>		<u>57,180</u>
Income funds					
Unrestricted funds			<u>63,354</u>		<u>57,180</u>
			<u>63,354</u>		<u>57,180</u>

The financial statements were approved by the Trustees on

David Matchett
Treasurer

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2023

1 Accounting policies

Charity information

The Oxford Symposium on Food and Cookery is an unincorporated charity established by a Deed of Trust made 14 March 2003.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Deed of Trust, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

1 Accounting policies (Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

3. Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and gifts	367		367	568		568
American Friends		5,991	5,991		4,362	4,362
RINRI		2,681	2,681		3,018	3,018
	367	8,672	9,040	568	7,380	7,948

4. Charitable activities

	Symposium & online course registration fees	Symposium & online course registration fees
	2023	2022
	£	£
Actual Symposium Fee	77,644	69,490
Kitchen Table Donations	8,124	7,296
Online Symposium Fee	8,998	8,053
	94,766	84,839

5. Investments

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Interest receivable	200	-

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

6. Other income

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Royalties	168	187
Other income	100	458
	<u>268</u>	<u>645</u>

7. Charitable activities

	Food education 2023 £	Food education 2022 £
Symposium & online course costs	70,823	53,412
Student place subsidy		
	<u>70,823</u>	<u>53,412</u>
Share of support costs (see note 9)	21,683	16,544
Share of governance costs (see note 9)	5,593	5,576
	<u>98,100</u>	<u>75,532</u>
Analysis by fund		
Unrestricted funds	98,100	75,532
Restricted funds		
	<u>98,100</u>	<u>75,532</u>

8. Description of charitable activities

Food education

Development and delivery of an annual symposium, online courses and publication of papers for academics and the general public covering food related topics.

9. Support costs

	Support costs £ 2023	Governance costs £ 2023	Support costs £ 2022	Governance costs £ 2022	2022 £
Awards & prizes	1,230		1200	-	1200
Bank charges, credit card and other charges	305		32.88	-	32.88
Website & other digital costs	8,105		3,818	-	3,818
General expenses	2,113		133.18	-	133.18
Administrator & consultancy services	5,991		7,436	-	7,436
Accountancy & independent examiner's fees	1,584		3,924	-	3,924
Speakers expenses	1,980				
Subscriptions	375				
Proceedings publication		5,593		5,576	5,576
	<u>21,683</u>	<u>5,593</u>	<u>16,544</u>	<u>5,576</u>	<u>22,120</u>
Analysed between					
Charitable activities	<u>21,683</u>	<u>5,593</u>	<u>16,544</u>	<u>5,576</u>	<u>22,120</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

10 Trustees

Priscilla White received £3,500 (2022 - £3,150) for her services as Registrar, £155.88 (2022 - £506) for general expenses, and a free place in attendance at the Symposium.

Ursula Heinzelmänn received £2,000 (2022 - £2,000) for her services as Director, £372.49 (2022 £0) expenses relating to wine delivery, and a free place in attendance at the Symposium which was not taken.

Professor Mark McWilliams received £1,573 (2022 - £1,556) for his services as the Proceedings Editor, and a free in attendance place at the Symposium.

David Matchett received £1500 (2022 - £1,500) for his services as technical director, £569.68 (2022 - £0) expenses relating to wine duty/delivery and other general expenses, and a free place at the Symposium for technical and registrar support.

Jake Tilson received £1,200 (2022 - £556) as Design fee for Logo, £743 expenses for menu printing, and a free place in attendance at the Symposium in lieu of menu design.

Gamze Ineceli received a free place in attendance at the Symposium for her services as Meals Coordinator

Jane Levi received a free place in attendance at the Symposium for her services of historical knowledge for digital editing.

Paul Levy received a free place as Chair Emeritus.

None of the other trustees (or any persons connected with them) received any remuneration or were reimbursed travelling expenses.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

11 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Creditors	553	44,622
Accruals and deferred income	1,824	2,640
	<u>2,377</u>	<u>47,262</u>

13. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 October 2022 £	Movement in funds			Balance at 1 October 2022 £	Movement in funds			Balance at 1 October 2023 £
		Incoming resources £	Resources expended £	Transfers £		Incoming resources £	Resources expended £	Transfers £	
Subsidises Proceedings	-	3,018	-3,018		-	2,681	-2,681		-
Student Subsidy Fund	-	4,362	-4,362		-	5,991	-5,991		-
	<u>-</u>	<u>7,380</u>	<u>-7,380</u>	<u>0</u>	<u>-</u>	<u>8,672</u>	<u>-8,672</u>		<u>-</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2023

14 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Fund balances at 30 September 2022 are represented by:						
Current assets/(liabilities)	63,354	-	63,354	57,180	-	57,180
	<u>63,354</u>	<u>-</u>	<u>63,354</u>	<u>39,280</u>	<u>-</u>	<u>57,180</u>

15 Related party transactions

There were no disclosable related party transactions with persons other than the trustees during the year (2022 - none).

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

England & Wales - Charity number 1100956

Accounts

**THE OXFORD SYMPOSIUM ON FOOD AND COOKERY
ANNUAL REPORT AND UNAUDITED FINANCIAL
STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER
2022**

THE OXFORD SYMPOSIUM ON FOOD AND

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Ms C Kaufman
Ms G Ineceli
Ms E Luard
Ms U Heinzelmann
Ms C Steel
Professor M B McWilliams

Ms P A White
Dr E Mahon
Dr S A Barton
Mr H J McGee
Mr J Tilson

Ms P Mani (Appointed 22 August
2022)
Mr R Shepro (Appointed 22 August
2022)
Ms N Duguid (Appointed 22 August
2022)
Mr K Albala (Appointed 22 August
2022)
Mr D Matchett (Appointed 22 August
2022)

Charity number

1100956

Principal address

21 Wargrave House
Navarre Street
London
E2 7JH

Reporting Accountant

Bradbury Stell
Chartered Certified
Accountant
Unit 2 Beverley Court
26 Elmtree Road
Teddington
Middlesex
TW11 8ST

THE OXFORD SYMPOSIUM ON FOOD AND

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THE OXFORD SYMPOSIUM ON FOOD AND

THE OXFORD SYMPOSIUM ON FOOD AND

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2022

The trustees present their annual report and financial statements for the year ended 30 September 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's objectives are the advancement of education in all aspects of food and cooking and the promotion of research into all aspects of those objects for the benefit of the public. In the context of the Trust and its Objects the words food and cookery are to be understood and interpreted in the widest sense.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

In order to achieve its objectives, the charity undertakes a number of activities.

- The organisation of an annual Symposium, in-person or on-line or both, on a specific food related topic for the purpose of discussing approximately 50 papers chosen by an anonymous committee from an unlimited number of paper-proposals.
- The Symposium also invites a small number of Plenary Speakers to illuminate the year's topic. The topic is chosen three years in advance by popular vote on the last day of the Symposium.
- There are no academic requirements for attendance. The Symposium is open to the public on a first come first served basis, on payment of the required fee. Students attend at a reduced rate, and the Symposium offers a limited number of free places to a group of young chefs chosen competitively on written application.
- Prior to the annual Symposium, the papers to be discussed and other information related to the year's topic are distributed via the Symposium website to registered symposiasts. Certain materials are made free to the public, including the keynote presentations.
- After discussion at the Symposium, each year's papers are made available for reconsideration by the authors, followed by professional editing and publishing for distribution globally. Three years after initial publication, the papers are made available free for download as a popular public resource.
- In support of the Symposium and in consideration of the need for a strong on-line presence, the Trustees have recently invested in a redesigned website that allows the entire Symposium to be held on-line, if circumstances warrant. This expansion of our web-based and social media activity is intended to serve as a public forum for the broader dissemination of the serious study of food and its history.
- Further year-round out-reach activities facilitated by the new Symposium website include regular on-line interactive meetings to discuss topical food-related subjects led by invited Speakers; Wikipedia-editing sessions designed to add to the number of food and cookery related entries and ensure existing entries are accurate.

The charity does not have significant grant-making abilities, nor capital to invest. Grant-making and funding for special projects such as digitisation of our past papers currently supported by a small provision consisting of donations solicited and collected via the American Friends of the Oxford Symposium. Cash awards are not generally granted, other than those within specific schemes proposed by the donors.

THE OXFORD SYMPOSIUM ON FOOD AND

Volunteers make a significant contribution to the running of the charitable trust. Much of the organisation of the annual Symposium is carried out on a voluntary basis. Fund raising is also undertaken by volunteers. The trustees have been working on building up an ever-extending network of sponsors, donors, friends and helpers whose contributions are invaluable to make the Symposium an outstanding event in every respect.

THE OXFORD SYMPOSIUM ON FOOD AND

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER

Achievements and performance The Symposium

The Oxford Symposium on Food and Cookery, an independent forum for discussion of the world's foodways in the light of the past as well as the present, is now well into its fifth decade. Our mission is to "change the conversation, expand the table, and improve the plate."

The trustees are particularly pleased to report that during 2022, as in previous years, we have seen a widening of our intellectual reach throughout the year as well as at the core weekend and following online conference itself, expanding the table once again to over 300 participants from a large number of nations worldwide. This is attributable partly to the on-going digitization of past papers, downloadable free of charge (thanks to fundraising and project management by the American Friends of the Oxford Symposium) which are achieving many thousands of hits and downloads every month. It is also highly visible through our increased presence on the web via our re-designed website and particularly, the lively international discussion forum on our Facebook page, where we are now more than 7,430 followers, many of whom are experts in their fields. Additionally, we have been working on a joint-venture with Wikipedia and the British Library to improve and add to food-related entries on Wikipedia, in particular about women in food, and started our monthly online Wiki Club. In addition, our monthly held virtual Kitchen Table Conversations, informal 90 min discussions with renowned international guests on relevant topics of the moment, have not only been very popular (with a total of 546 attendees at 9 events) but also proved a good additional source of income.

The 41st annual gathering was the first one we conducted both first in person (the "Weekend" at St Catherine's College, July 8-10) and consecutively online via Zoom (the "Conference", July 15-31). We anticipate that this will be our format hence, with all attendees present online, and some of them (142 in 2022) choosing to travel to Oxford. The year's topic was "Portable Food, Food Away from the Table" and it attracted a good number of first-time attendees. This reach to a new audience can be ascribed, at least in part, to our increasing digital presence particularly on Facebook, Instagram and Twitter. This year's gathering, as always, included attendees from throughout Europe and many other countries including China, Japan, Nepal, Australia and Turkey, and various regions including South East Asia and North and South America. We attracted well over 100 paper proposals from all around the world.

The opening keynote lecture on Friday afternoon was delivered via Zoom by renowned US-American author Corby Kummer who spoke about "Fast Food in the Past, Present and Future". As all other keynotes it was followed by a lively Q&A session. It had been preceded by the popular Friday afternoon Wiki-Editathon with Roberta Wedge (initiator of our Wikipedia involvement). Roberta also held two live editing sessions during the conference, as popular as the live sessions with the founders of the revolutionary new food history search engine "The Sifter". Saturday's plenary address was

THE OXFORD SYMPOSIUM ON FOOD AND

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER

given by food historian Lizzie Collingham, about "Portable Power: How the Industrial Ration Projected European Dominance across the Globe". Our President and eminent food writer Claudia Roden talked about "Picnics" on Sunday, and on the final Sunday of the Conference, Fellow Trustee Carolyn Steel delivered an inspiring Sum-Up of all presentations.

At St Catz, as in previous, pre-pandemic years, we held a large number of parallel sessions during which a wide array of relevant papers was presented, with subjects ranging from "Eating on the Rails in Japan", "Mobile Gastronomies in Hyderabad" and Food Options and Family Meals in Canadian Prisons" to "The Portable Power of Qurut", "Pemmican" and "Menus from the Royal Dutch Airlines".

Once again, Symposiasts ate well at the long tables of St Catherine's College, with curriculum inspired meals designed to enhance and enlarge on the thematic discussions. On Friday night we started with "Sejam Bem Vindos!", a feast of Afro-Brazilian Street Food devised by Marcia Zoladz and Scott Barton. After dinner, with the help of pictures and videos, we travelled both to Brazil and explored the portable foods in a forum inspired by Istanbul's Grand Bazaar, with lively discussions ensuing. For Saturday lunch Canadian food activist and guest chef Joshna Maharaj had prepared (as all the meals with the well-organised and professional help of the college's head chef Tim Kelsey and his team) a hospital tray meal as it could and should be; delicious, freshly prepared, healthy and yet affordable. For Saturday's supper, under the superb guidance of guest chef Asma Khan, we took the Darjeeling Express, before concluding the day with a joyous round of "Wrappit! A Game of Culinary Consequences". For Sunday lunch, trustees Elaine Mahon and Gamze Ineceli had guided the four Young Chefs from Ireland, Germany, India and the USA (recipients of a grant program for young practitioners we've been running well over a decade now) in organizing an al fresco Mediterranean picnic mentored by Claudia Roden.

Over the two weeks of the Conference we held daily live panel discussions with all paper presenters as well as live Q&A sessions with the keynote speakers and chefs. The Symposium concluded on July 31 with our usual plenary (if virtual) vote on the topic of three years hence: in 2025 we will be focusing on "Food and the Elements".

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a minimum level of £35,000 (previously £30,000). The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

THE OXFORD SYMPOSIUM ON FOOD AND

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER

As a result of inflation and other rising costs a decision was taken to increase the unrestricted funds and maintain a prudent reserve of £50,000.

The charity continues to obtain the majority of its funds via payments made for attendance at the Symposium, the Kitchen Table monthly educational events, and by fundraising. Ad hoc donations were £568. The conduct of the Symposium is core to the realisation of our objectives; hence this is our greatest area of expenditure. The production of our publication (proceedings) directly supports and reinforces the impact of the core activity of the Symposium and is a lasting legacy recording the scholarship presented at the Symposium held each year. Its costs are also covered by funds raised via the Symposium itself. Our funds are sufficient to cover our current activities only. We do not therefore have an investment policy, since there are currently few surplus funds to invest. The funds carried over from

year to year are held in a secure bank account, currently a deposit account held with the Co-operative Bank. The Co-operative Bank has a special account designed for charitable organisations which offers modest interest on funds held.

Although the impact of the Covid 19 pandemic continued in 2022, the Trustees took the decision to hold the in-person symposium at St Catherine's College, Oxford and to supplement this with an online conference to help maintain and continue the developing reach that 2020/2021 provided. We had 142 attendees at the in person symposium and 172 online only attendees. The monthly online Kitchen Table events also continue to reinforce commitment to our charitable objects throughout the year, while financially supporting the online development and mitigating the risk of our reliance on ad hoc donations.

We are most grateful to have received grant funding of:

- £4362.40 from The Julia Child Foundation for Gastronomy and the Culinary Arts, via the American Friends. These are restricted funds to cover supported student places at the 2022 Symposium. The board has designated trustee Richard Warren Shepro to manage this relationship.
- £3017.69 from RINRI Institute of Ethics, Tokyo. These are restricted funds to contribute towards the printing of the Proceedings.

To protect its trustees and associates all board and executive meetings were conducted on Zoom.

Structure, governance and management

The charity is unincorporated and is governed by a Deed of Trust.

The trustees who served during the year and up to the date of signature of the financial statements were:

Ms C Kaufman

Ms G Ineceli

THE OXFORD SYMPOSIUM ON FOOD AND

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER

Ms E Luard	
Ms U Heinzelmann	
Ms C Steel	
Professor M B McWilliams	
Ms P A White	
Dr E Mahon	
Dr S A Barton	
Mr H J McGee	
Mr J Tilson	
Ms P Mani	(Appointed 22 August 2022)
Mr R Shepro	(Appointed 22 August 2022)
Ms N Duguid	(Appointed 22 August 2022)
Mr K Albala	(Appointed 22 August 2022)
Mr D Matchett	(Appointed 22 August 2022)

Prospective trustees are nominated by incumbent trustees and are selected by the trustee board on the basis of their ability to promote the Trust's aims, for instance through substantial inputs of voluntary work to support and promote the Trust. Trustees are selected from attendees of previous Symposia and thus have a good knowledge of the key work currently undertaken by the Trust.

The charity has a simple structure designed to focus trustees on the furthering of our objects (mainly achieved through publications, online talks and symposia and the annual Symposium at St Catz), and the fund-raising to support these activities. We therefore have subcommittees composed of 'Trustees for: Planning; Editing; Friends (fundraising); Social Media; Oral History and Digital Development.

Funds are raised under the auspices of our Friends of the Oxford Symposium scheme (initiated in 2011) and through donations via our website. These funds are used to support assisted student places, student awards, young chef awards, the digitisation of past papers, new and ongoing website development capable of hosting online symposia and monthly Kitchen Table talks, as well as podcasts and blog posts. Through these means we fulfil our charitable purpose and reach a gradual but continuously widening audience.

We also have a working relationship with an organisation based in the USA called the American Friends of the Oxford Symposium, which supports our objects and was founded to work to further them in the United States, both by fundraising and the possible organisation of complementary events. As well as administering a grant from the Julia Child Foundation, The American Friends also administers a grant (formerly the Cherwell Prize, recently renamed the OFS Rising Scholar Award) designed to give a young food historian (of any nationality) the chance to present a paper at the Symposium, which includes a cash award as well as travel and attendance expenses for the Symposium.

THE OXFORD SYMPOSIUM ON FOOD AND

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER

No formal training is given; rather it is the addition of the new trustee's individual understanding of food culture that adds to the general pool of knowledge and experience from which the Trust draws to promote its aims.

The trustees confirm that they have read the relevant online publications of Charity Commission Guidance and do not believe that there are any issues of compliance.

Supplier payment policy

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Trade creditors of the company at the year end were equivalent to 0 day's purchases, based on the average daily amount invoiced by suppliers during the year.

Chair, treasurer and secretary

Elisabeth Luard is Chair of the Symposium.

Trustee, Jessica Seaton, was appointed Treasurer in July 2019

Priscilla White was elected in 2021 to join the Board and to act as Secretary.

The trustees' report was approved by the Board of Trustees.

Ms U Heinzelmann
Director

24th July 2023

THE OXFORD SYMPOSIUM ON FOOD AND

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

I report to the trustees on my examination of the financial statements of The Oxford Symposium on Food and Cookery (the charity) for the year ended 30 September 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Bradbury Stell Chartered Certified Accountants

Unit 2 Beverley
Court
26 Elmtree Road
Teddington
Middlesex
TW11 8ST

Dated: 19 July 2023

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30 SEPTEMBER 2022**

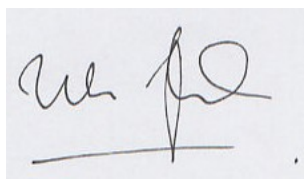
		Unrestricted funds 2022	Restricted funds 2022	Total funds 2022	Unrestricted funds 2021	Restrict ed funds 2021	Total funds 2021
Notes		£	£	£	£	£	£
Income and endowments from:							
Donations and legacies	3	568	7,380	7,948	4,449	3,204	7,653
Charitable activities	4	84,839		84,839	43,856	-	43,856
Investments	5			-	46	-	46
Other income	6	645		645	606	-	606
Total income		<u>86,052</u>	<u>7,380</u>	<u>93,432</u>	<u>48,957</u>	<u>3,204</u>	<u>52,161</u>
Expenditure on:							
Charitable activities	7	<u>75,532</u>	<u>-</u>	<u>75,532</u>	<u>59,656</u>	<u>3,240</u>	<u>62,896</u>
Net (outgoing)/incoming resources before transfers		10,520	7,380	17,900	-10699	-36	-10735
Gross transfers between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-36</u>	<u>36</u>	<u>-</u>
Net (expenditure)/income for the year/							
Net movement in funds		10,520	7,380	17,900	-10,735		-10,735
Fund balances at 1 October 2021		<u>39,280</u>		<u>39,280</u>	<u>50,515</u>	<u>-</u>	<u>50,515</u>
Fund balances at 30 September 2022		<u>49,800</u>	<u>7,380</u>	<u>57,180</u>	<u>39,280</u>	<u>-</u>	<u>39,280</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BALANCE SHEET**AS AT 30 SEPTEMBER 2022**

	Notes	2022			2021
		£	£	£	£
Current assets					
Cash at bank and in hand		104,442		41,800	
Creditors: amounts falling due within one year	1 2	- 47,262		-2,520	
Net current assets			<u>57,180</u>		39,280
Income funds					
Unrestricted funds			<u>57,180</u>		~~39,280~~ <u>39,280</u>

The financial statements were approved by the Trustees on 19 July 2023



Ms U Heinzelmänn
Director

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2022

1 Accounting policies

Charity information

The Oxford Symposium on Food and Cookery is an unincorporated charity established by a Deed of Trust made 14 March 2003.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Deed of Trust, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE OXFORD SYMPOSIUM ON FOOD AND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

1 Accounting policies (Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

THE OXFORD SYMPOSIUM ON FOOD AND

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Donations and legacies

	Unrestrict ed funds 2022 £	Restrict ed funds 2022 £	Total 2022 £	Unrestrict ed funds 2021 £	Restricted funds 2021 £	Total 2021 £
Donations and gifts	568		568	4,449	-	4,449
American Friends		4,362	4,362		3,204	3,204
RINRI		3,018	3,018			
	-			-		
	568	7,380	7,948	4,449	3,204	7,653

4. Charitable activities

	Symposiu m & online course registratio n fees 2022 £	Symposiu m & online course registrati on fees 2021 £
Actual Symposium Fee	69,490	11,907
Kitchen Table	7,296	
Donations		
Online Symposium		
Fee	8,053	
	84,839	43,856

5. Investments

	Unrestrict ed funds 2022 £	Unrestrict ed funds 2021 £
Interest receivable	-	46
	-	-

6. Other income

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Royalties	187	246
Other income	458	360
	645	606

7. Charitable activities

	Food education 2022 £	Food education 2021 £
Symposium & online course costs	53,412	-2,039
Student place subsidy		3,240
	53,412	1,201
Share of support costs (see note 9)	16,544	53,852
Share of governance costs (see note 9)	5,576	7,843
	75,532	62,896
Analysis by fund		
Unrestricted funds	75,532	59,656
Restricted funds		3,240
	75,532	62,896

8. Description of charitable activities

Food education

Development and delivery of an annual symposium, online courses and publication of papers for academics and the general public covering food related topics.

9.Support costs

	Support t costs £ 2022	Governanc e costs £ 2022	Support t costs £ 2021	Governanc e costs £ 2021	2021 £
Awards & prizes	1,200.0 0		200	-	200
Bank charges, credit card and other charges	32.88		159	-	159
Website & other digital costs	3,817.9 2		42,188	-	42,18 8
General expenses	133.18		25	-	25
Administrator & consultancy services	7,435.7 3		6,900	-	6,900
Accountancy & independent examiner's fees	3,924.0 0		4,380	-	4,380
Proceedings publication		5,576	-	7,843	7,843
	16,544	5,576	53,852	7,843	61,69 5
Analysed between					
Charitable activities	16,544	5,576	53,852	7,843	61,69 5

10. Trustees

Priscilla White received £4200 (2021 - £4,471) for her services as registrar, and £270.96 (2021 - £25) for general expenses.

Professor Mark McWilliams received £1507.52 (2021 - £1508.59) for his services as the charity's editor .

Ursula Heinzelmann received £2,000 (2021 - £2,000), for services during the year including drinks recommendations for the guest chefs' meals and extensive website editing before and during the event. The directors' free place for attendance at the symposium worth £600 which was donated to another symposiast.

David Matchett received £1,500 (2021 - £1,500) for his services as technical director and £113.18 for expenses relating to the in person symposium

Jake Tilson received £556.14 (2021 - £1,200) as design fee for new menus.

Cathy Kaufman received a free place in attendance at the symposium, worth £600 (2021- £80) for her role as a symposium planner and donated this to another symposiast.

None of the other trustees (or any persons connected with them) received any remuneration or were reimbursed travelling expenses.

11 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Creditors	44,622	
Accruals and deferred income	2,640	2,520
	47,262	2,520

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2022

13. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 October 2021	Incoming resources	Movement in funds Resources expended	Transfers	Balance at 1 October 2021	Incoming resources	Movement in funds Resources expended	Transfers	Balance at 1 October 2022
	£	£	£	£	£	£	£		£
Subsidises	-	-	-		-	3018	-3018		-
Proceedings	-				-				-
Student Subsidy Fund	-	3,204	-3,240	36	-	4,362	-4,362		-
	<u>-</u>	<u>3,204</u>	<u>-3,240</u>	<u>36</u>	<u>-</u>	<u>7,380</u>	<u>-7,380</u>		<u>-</u>

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2022

14 Analysis of net assets between

	funds Unrestricted funds 2022 £	Restricted funds 2022 £	Total I 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 30 September 2022 are represented by:						
Current assets/(liabilities)	57,180	-	57,180	39,280	-	39,280
	<u>57,180</u>	<u>-</u>	<u>57,180</u>	<u>39,280</u>	<u>-</u>	<u>39,280</u>

15 Related party transactions

There were no disclosable related party transactions with persons other than the trustees during the year (2021 - none).

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

England & Wales - Charity number 1100956

Accounts

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr D Duda
Ms C Kaufman
Ms G Ineceli
Ms E Luard
Ms U Heinzelmann
Dr P Russell
Ms C Steel
Professor M B McWilliams (Appointed 5 November 2020)

Ms J Seaton (Appointed 5 August 2021)
Ms P A White (Appointed 5 August 2021)
Dr E Mahon (Appointed 5 August 2021)
Ms J M Norman (Appointed 5 August 2021)
Dr S A Barton (Appointed 5 August 2021)
Mr H J McGee (Appointed 5 August 2021)
Mr J Tilson (Appointed 5 August 2021)

Charity number

1100956

Principal address

Llwyngoras
Felindre Farchog
Crymych
Sir Benfro
SA41 3XW

Independent examiner

Shaw Gibbs Limited
264 Banbury Road
Oxford
OX2 7DY

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

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Balance sheet	8
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THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2021

The trustees present their annual report and financial statements for the year ended 30 September 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's objects are the advancement of education in all aspects of food and cooking and the promotion of research into all aspects of those objects for the benefit of the public. In the context of the Trust and its Objects the words food and cookery are to be understood and interpreted in the widest sense.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

In order to achieve its objectives, the charity undertakes a number of activities.

- The organisation of an annual Symposium, in-person or on-line or both, on a specific food related topic for the purpose of discussing up to 50 papers chosen by an anonymous committee from an unlimited number of paper-proposals.
- The Symposium also invites a small number of Plenary Speakers to illuminate the year's subject, chosen three years in advance by popular vote on the last day of the Symposium.
- There are no academic requirements for attendance. The Symposium is open to the public on a first come first served basis, on payment of the required fee. Students attend at a reduced rate, and the Symposium offers a limited number of free places to a limited number of young chefs chosen competitively on written application.
- Prior to the annual Symposium, the papers to be discussed and other information related to the year's topic are distributed via the Symposium website.
- After discussion at the Symposium, each year's papers are made available for reconsideration by the authors, followed by professional editing and publishing for distribution globally. Three years after initial publication, the papers are made available free for download as a popular public resource.
- In support of the Symposium and in consideration of the need for a strong on-line presence, the Trustees have recently invested in a redesigned website that allows the entire Symposium to be held on-line, if circumstances warrant. This expansion of our web-based and social media activity is intended to serve as a public forum for the broader dissemination of the serious study of food and its history.
- Further year-round out-reach activities facilitated by the new Symposium website include regular on-line interactive meetings to discuss topical food-related subjects led by invited Speakers; Wikipedia-editing sessions designed to add to the number of food and cookery related entries and ensure existing entries are accurate.

The charity does not have significant grant-making abilities, nor capital to invest. Grant-making and funding for special projects such as digitisation of our past papers currently supported by a small provision consisting of donations solicited and collected via the Friends of the Oxford Symposium. Cash awards are not generally granted, other than those within specific schemes proposed by the Friends.

Volunteers make a significant contribution to the running of the charitable trust. Much of the organisation of the annual Symposium is carried out on a voluntary basis. Fund raising is also undertaken by volunteers. The trustees have been working on building up an ever-extending network of sponsors, donors, friends and helpers whose contributions are invaluable to make the Symposium an outstanding event in every respect.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

Achievements and performance

The Symposium

The Oxford Symposium on Food and Cookery, an independent forum for discussion of the world's foodways in the light of the past as well as the present, is now well into its fifth decade. Our mission is to "change the conversation, expand the table, and improve the plate."

The trustees are particularly pleased to report that during 2021, as in previous years, we have seen a widening of our intellectual reach throughout the year as well as at the core weekend itself which we hold virtually, expanding the table once again to almost 500 participants from over 45 nations worldwide. This is attributable partly to the on-going digitisation of past papers, downloadable free of charge (thanks to fundraising and project management by the Friends of the Oxford Symposium) which are achieving many thousands of hits and downloads every month. It is also highly visible through our increased presence on the web via our re-designed website and particularly, the lively international discussion forum on our Facebook page, where we are now more than 7,415 followers, many of whom are experts in their fields. Additionally, we have been working on a joint-venture with Wikipedia and the British Library to improve and add to food-related entries on Wikipedia, in particular about women in food, and started our monthly online Wiki Club.

The 40th annual gathering took place in our "virtual spaceship" from 9th July - 11th July 2021, followed by a three-week conference. The year's subject, "Food & Imagination" attracted 500 participants, many of whom were first-time Symposium attendees. This reach to a new audience can be ascribed, at least in part, to our increasing digital presence particularly on Facebook, Instagram and Twitter. This year's gathering, as always, included attendees from throughout Europe and many other countries including China, Japan, Nepal, Australia and Turkey, and various regions including South East Asia and North and South America. We attracted well over 100 paper proposals from all around the world.

The opening keynote lecture on Friday afternoon was delivered by renowned Canadian author Margaret Atwood who spoke about "Fictional Foodies". As all other keynotes it was followed by a lively Q&A session. We moved the popular Friday afternoon Wiki-Editathon with Roberta Wedge (initiator of our Wikipedia involvement) to the conference weeks, where it was as popular as the live sessions with the founders of the revolutionary new food history search engine "The Sifter". Saturday's plenary address was given by professor Eric C. Rath, eminent expert on Japanese cuisine about "The Imaginary Cuisine of Medieval Japan". Activist Rob Hopkins energised us all asking "What is to What if" on Sunday, and on the final Sunday, after the Conference, professor Janet Beizer delivered an inspiring Sum-Up of all presentations.

As at St Catz, in previous years, we held a large number of parallel sessions during which a wide array of relevant papers was presented, with subjects ranging from Stirring Up Historical Imagination: Promoting the Teaching of History through Food-Based Pedagogy, Singapore's Rising Hawkers: Food, Heritage, Imagination, as well as Entrepreneurship, Delicacies Real and Imagined: Food and Drink as a Diplomatic Gift, Reading the Cookbooks of Communist Romania: A Very Intimate Defence, and A Short History of Science Fiction and Fantasy Tie-in Cookbooks.

Although replicating meals in their individual homes following recipes and menus provided by our guest chefs rather than sitting around the long tables at St Catz, Symposiasts ate well, with meals designed to enhance and enlarge on the thematic discussions in the presence of chef at St Catz, Tim Kelsey. We took a virtual trip to the vineyards of the River Rhine for a pre-prandial glass of Riesling before Friday night's dinner. That in turn took us to London with "food fresh from the farm today" created by Skye Gyngell of Spring Restaurant. After dinner, architect and filmmaker Niles Patel showed his film "A Love Supreme" about his mother making samosas, followed by a lively discussion. For Saturday lunch Japanese chef Chef Junya Yamasaki treated us to "An Oceanic Haiku", paired with two sakes presented by Yukiyasu Kaneko. Saturday's supper started with a virtual excursion high up in the Andes before renowned chef Virgilio Martinez showed us how to "cook with ashes", exploring his home country Peru. After dinner we stayed in the Andes with the film "Añay Kachi: The Salt Workers of the Peruvian Andes, a Story of Hope and Resilience", followed by a very lively discussion with the film's director. For Sunday lunch, trustees David Matchett, Elaine Mahon, and Gamze Ineceli had guided the Young Chefs in organizing a meal mentored by Anatolian artist Gönül Paksoy, titled "When I Consider Everything That Grows", which proved to be a very inspiring format the trustees will pursue in future years.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

A generous grant from Julia Child Foundation permitted us to continue to offer a greater number of subsidised student places. Fundraising activities over the weekend itself, and in particular, on the last day of the conference, brought in generous donations and enabled us to further support subsidies for student places and participation by two young chefs. Emily Martin was the winner of the 2021 OFS Rising Scholar Award. Our young chefs, Cordula Peters from Germany and Gaurish Shiyam from India, were each promised a voucher for a free place once we will be back at St Catz to work with Tim Kelsey and the St Catz team on Friday evening and thereafter join us in the Symposium's sessions as in previous, pre-pandemic years. We are delighted to host these young professionals as they enrich our community in the most engaging way.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a minimum level of £35,000 (previously £30,000). The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity obtains its funds via payments made for attendance at the Symposium, which is self-funding, and by fundraising. The separate financial report details the total donations received from fundraising. The conduct of the Symposium is core to the realisation of our objectives; hence this is our greatest area of expenditure. The production of our publication (proceedings) directly supports and reinforces the impact of the core activity of the Symposium and is a lasting legacy recording the scholarship presented at the Symposium held each year. Its costs are also covered by funds raised via the Symposium itself. Our funds are sufficient to cover our current activities only. We do not therefore have an investment policy, since there are currently few surplus funds to invest. The funds carried over from year to year are held in a secure bank account, currently a deposit account held with the Co-operative Bank. The Co-operative Bank has a special account designed for charitable organisations which offers modest interest on funds held.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The Covid 19 pandemic continued in 2021 so the Trustees took the decision to conduct a second online Symposium. The online Kitchen Table events continued throughout the year to help support work needed for the website.

Our followers, contributors and attendees have a high level of loyalty to the symposium and this was demonstrated in late summer by the news that one of our longer standing symposiasts would be making an endowment of \$100,000 to help support the important work of the Oxford Symposium. This money is to be invested by the American Friends of the Oxford Symposium in the USA.

News of this endowment was announced to symposiasts at the end of the Symposium 2021.

Our supporters have continued to give the trust financial support via donations. However, donations fell in this year - a total of £4,488 in 2020 as compared to £16,816 in the year ended 2020.

No grant funding was received from the Julia Child Foundation in 2021 (2020 - £3,749). But \$5,000 is promised in Dec 2021. These are restricted funds to cover supported student places at the 2021 Symposium. The board have designated two trustees to manage this relationship to secure future funding. The board is aware that funding from other charitable bodies and trusts may be under review in the post pandemic era and will seek to replace any lost funding by general donations.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

During 2020/21 the Trust's website was consolidated, uniting the online platform built in for the 2020 online symposium, with the outdated legacy symposium site. This created an integrated experience where a symposiast can explore content from all previous symposia as well as attend online events and read blog postings. An investment of £42,188 was required for this work which the Trustees believe is good value for money and equips the Symposium for the post-pandemic digital age.

Because there was no St Catz Symposium no events insurance was needed.

To protect its trustees and associates all board and executive meetings were conducted on Zoom.

Structure, governance and management

The charity is unincorporated and is governed by a Deed of Trust.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr D Duda	
Ms C Kaufman	
Ms G Ineceli	
Ms E Luard	
Mr D Matchett	(Resigned 21 August 2021)
Ms U Heinzelmann	
Dr P Russell	
Ms C Steel	
Professor M B McWilliams	(Appointed 5 November 2020)
Ms J Seaton	
Ms P A White	(Appointed 5 August 2021)
Dr E Mahon	(Appointed 5 August 2021)
Ms J M Norman	(Appointed 5 August 2021)
Dr S A Barton	(Appointed 5 August 2021)
Mr H J McGee	(Appointed 5 August 2021)
Mr J Tilson	(Appointed 5 August 2021)
Ms F Sinclair	(Resigned 5 August 2021)

Prospective trustees are nominated by incumbent trustees and are selected by the trustee board on the basis of their ability to promote the Trust's aims, for instance through substantial inputs of voluntary work to support and promote the Trust. Trustees are selected from attendees of previous Symposia and thus have a good knowledge of the key work currently undertaken by the Trust.

The charity has a simple structure designed to focus trustees on the furthering of our objects (mainly achieved through publications, online talks and symposia and the annual Symposium at St Catz), and the fund-raising to support these activities. We therefore have subcommittees composed of 'Trustees for: Planning; Editing; Friends (fundraising); Social Media; Oral History and Digital Development.

Funds are raised under the auspices of our Friends of the Oxford Symposium scheme (initiated in 2011) and through donations via our website. These funds are used to support assisted student places, student awards, young chef awards, the digitisation of past papers, new and ongoing website development capable of hosting online symposia and monthly Kitchen Table talks, as well as podcasts and blog posts. Through these means we fulfil our charitable purpose and reach a gradual but continuously widening audience.

We also have a working relationship with an organisation based in the USA called the American Friends of the Oxford Symposium, which supports our objects and was founded to work to further them in the United States, both by fundraising and the possible organisation of complementary events. The American Friends administers a grant (formerly the Cherwell Prize, recently renamed the OFS Rising Scholar Award) designed to give a young food historian (of any nationality) the chance to present a paper at the Symposium, which includes a cash award as well as travel and attendance expenses for the Symposium.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

No formal training is given; rather it is the addition of the new trustee's individual understanding of food culture that adds to the general pool of knowledge and experience from which the Trust draws to promote its aims.

The trustees confirm that they have read the relevant online publications of Charity Commission Guidance and do not believe that there are any issues of compliance.

Supplier payment policy

The company's current policy concerning the payment of trade creditors is to follow the CBI's Prompt Payers Code (copies are available from the CBI, Centre Point, 103 New Oxford Street, London WC1A 1DU).

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment with suppliers when agreeing the terms of each transaction;
- ensure that suppliers are made aware of the terms of payment by inclusion of the relevant terms in contracts; and
- pay in accordance with the company's contractual and other legal obligations.

Trade creditors of the company at the year end were equivalent to 0 day's purchases, based on the average daily amount invoiced by suppliers during the year.

Chair, treasurer and secretary

Since the end of the 2017 meeting, trustee Elisabeth Luard has been Chair of the Symposium.

Trustee, Jessica Seaton, was appointed Treasurer in July 2019 having taken over from David Sutton.

Priscilla White was elected in 2021 to join the Board and to act as Secretary.

The trustees' report was approved by the Board of Trustees.

Ms U Heinzelmann

Trustee

19 July 2022

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

I report to the trustees on my examination of the financial statements of The Oxford Symposium on Food and Cookery (the charity) for the year ended 30 September 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Samantha Daniels FCA
for and on behalf of
Shaw Gibbs Limited
Chartered Certified Accountants

264 Banbury Road
Oxford
OX2 7DY

Dated: 20 July 2022

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 SEPTEMBER 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Income and endowments from:							
Donations and legacies	3	4,449	3,204	7,653	10,004	3,749	13,753
Charitable activities	4	43,856	-	43,856	36,238	-	36,238
Investments	5	46	-	46	43	-	43
Other income	6	606	-	606	52	-	52
Total income		48,957	3,204	52,161	46,337	3,749	50,086
Expenditure on:							
Charitable activities	7	59,656	3,240	62,896	46,105	3,920	50,025
Net (outgoing)/incoming resources before transfers		(10,699)	(36)	(10,735)	232	(171)	61
Gross transfers between funds		(36)	36	-	3,228	(3,228)	-
Net (expenditure)/income for the year/ Net movement in funds		(10,735)	-	(10,735)	3,460	(3,399)	61
Fund balances at 1 October 2020		50,015	-	50,015	46,555	3,399	49,954
Fund balances at 30 September 2021		39,280	-	39,280	50,015	-	50,015

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

BALANCE SHEET

AS AT 30 SEPTEMBER 2021

	Notes	2021 £	£	2020 £	£
Current assets					
Cash at bank and in hand		41,800		54,015	
Creditors: amounts falling due within one year	12	<u>(2,520)</u>		<u>(4,000)</u>	
Net current assets			<u>39,280</u>		<u>50,015</u>
Income funds					
Unrestricted funds			<u>39,280</u>		<u>50,015</u>
			<u>39,280</u>		<u>50,015</u>

The financial statements were approved by the Trustees on 19 July 2022

Ms J Seaton
Trustee

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2021

1 Accounting policies

Charity information

The Oxford Symposium on Food and Cookery is an unincorporated charity established by a Deed of Trust made 14 March 2003.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Deed of Trust, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021 £	2021 £	2021 £	2020 £	2020 £	2020 £
Donations and gifts	4,449	-	4,449	10,004	3,749	13,753
Government grants	-	3,204	3,204	-	-	-
	<u>4,449</u>	<u>3,204</u>	<u>7,653</u>	<u>10,004</u>	<u>3,749</u>	<u>13,753</u>

4 Charitable activities

	Symposium & online course registration fees 2021 £	Symposium & online course registration fees 2020 £
Kitchen table income	11,907	3,064
Online symposium income	31,949	33,174
	<u>43,856</u>	<u>36,238</u>

5 Investments

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Interest receivable	<u>46</u>	<u>43</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2021

6 Other income

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Royalties	246	52
Other income	360	-
	<u>606</u>	<u>52</u>

7 Charitable activities

	Food education 2021 £	Food education 2020 £
Symposium & online course costs	(2,039)	7,550
Student place subsidy	3,240	3,920
	<u>1,201</u>	<u>11,470</u>
Share of support costs (see note 9)	53,852	32,745
Share of governance costs (see note 9)	7,843	5,810
	<u>62,896</u>	<u>50,025</u>
Analysis by fund		
Unrestricted funds	59,656	46,105
Restricted funds	3,240	3,920
	<u>62,896</u>	<u>50,025</u>

8 Description of charitable activities

Food education

Development and delivery of an annual symposium, online courses and publication of papers for academics and the general public covering food related topics.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

9 Support costs

	Support costs	Governance costs	2021 Support costs	Governance costs	2020
	£	£	£	£	£
Awards & prizes	200	-	200	-	-
Bank charges, credit card and other charges	159	-	159	2,403	2,403
Website & other digital costs	42,188	-	42,188	17,669	17,669
General expenses	25	-	25	273	273
Administrator & consultancy services	6,900	-	6,900	10,400	10,400
Accountancy & independent examiner's fees	4,380	-	4,380	2,000	4,000
Proceedings publication	-	7,843	7,843	-	3,810
	<u>53,852</u>	<u>7,843</u>	<u>61,695</u>	<u>32,745</u>	<u>38,555</u>
Analysed between Charitable activities	<u>53,852</u>	<u>7,843</u>	<u>61,695</u>	<u>32,745</u>	<u>38,555</u>

10 Trustees

Priscilla White received £4,900 (2020 - £8,400) for her services as registrar, and £25 (2020 - £273) for general expenses.

Professor Mark McWilliams received £3,016 (2020 - £Nil) for his services as the charity's editor both in the current and prior year.

Ursula Heinzelmann received £2,000 (2020 - £2,000, and a free place in attendance at the symposium worth £80), for services during the year including drinks recommendations for the guest chefs' meals and extensive website editing before and during the event. In addition Ursula received £Nil (2020 - £571) in expenses relating to the website

David Matchett received £1,500 (2020 - £985) for his services as technical director.

Jake Tilson received £1,200 (2020 - £3,230) as design fee for new menus.

Cathy Kaufman received a free place in attendance at the symposium, worth £80 (2020- £80) for her role as a symposium planner.

None of the other trustees (or any persons connected with them) received any remuneration or were reimbursed travelling expenses.

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2021

11 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

12 Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals and deferred income	2,520	4,000

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds				Balance at 30 September 2021
	Balance at 1 October 2019	Incoming resources	Resources expended	Transfers	Balance at 1 October 2020	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£	£	£	£	£
Friends' Fund	3,399	-	-	(3,399)	-	-	-	-	-
Student Subsidy Fund	-	3,748	(3,920)	172	-	3,204	(3,240)	36	-
	<u>3,399</u>	<u>3,748</u>	<u>(3,920)</u>	<u>(3,227)</u>	<u>-</u>	<u>3,204</u>	<u>(3,240)</u>	<u>36</u>	<u>-</u>

THE OXFORD SYMPOSIUM ON FOOD AND COOKERY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2021

14 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 30 September 2021 are represented by:						
Current assets/(liabilities)	39,280	-	39,280	50,015	-	50,015
	<u>39,280</u>	<u>-</u>	<u>39,280</u>	<u>50,015</u>	<u>-</u>	<u>50,015</u>

15 Related party transactions

There were no disclosable related party transactions with persons other than the trustees during the year (2020 - none).