



(A company limited by guarantee)

Report and Financial Statements

Year Ended: 31st March 2025

Charity no: 1100722
Company no: 04632497

Autism Bedfordshire

It is a pleasure to welcome you to the Autism Bedfordshire website. We are a charity that provides support and information for people with autism and their families. We are based in Bedfordshire and we are proud to be part of the local community.

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Legal and Administrative Information

Status

The organisation is a charitable company limited by guarantee, incorporated on 9th January 2003, and registered as a charity on 14th November 2003.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the members of the Management Committee are elected at the A.G.M. to serve a period of 3 years, subject to ratification at each A.G.M. At each A.G.M. members may stand again.

Management Committee 2024/25

The Members of the Management Committee are Trustees of the Charitable Company and Directors for the purposes of Company Law.

The following Trustees held office during the year:

- Natalie Batchelor-Roles
- Jeff Bulled, Finance Director
- Philip Delafield
- Pat Guy
- Lauraine Montgomery, Chair
- Paula Parr
- Peter Scott, Secretary
- Pamela Wrest

Charity Information

Registered Office and Operation Address:

Suite B1, 1 Hammond Road, Elms Farm Industrial Estate, Bedford, MK41 0UD

Telephone: Tel: 01234 350704 (helpline) / Tel: 01234 214871 (general enquiries)

Email: enquiries@autismbeds.org

Website: www.autismbedfordshire.net

Company Registration Number: 04632497

Charity Registration Number: 1100722

Senior Statutory Auditor

David A. Cox BA F.C.C.A F.C.A of Cox & Co (Accountancy) Limited, The Granary, High Street, Turvey, Bedfordshire MK43 8DB

Bankers CAF Bank Ltd, Kings Hill, West Malling, Kent ME19 4QJ. Barclays Bank UK plc, 1 Churchill Place, London E14 5HP

REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31ST MARCH 2025

The Management Committee presents its Report and Financial Statements for the year ended 31st March 2025.

Autism Bedfordshire is an independent charity supporting autistic individuals, their families, and professionals across Bedfordshire, Milton Keynes, and Hertfordshire. Established in 1991 by parents of autistic children, the charity has grown over the past 34 years into a respected provider of high-quality, specialist support, recognised with Ofsted 'Outstanding' gradings.

We offer information, advice, and guidance through our helpline, e-newsletters, online resources, social media, and training events. Working with local authorities in Bedfordshire, Hertfordshire, and Milton Keynes, we represent our members' views and influence local policy and service provision.

Our practical support includes family activity groups, youth and adult social groups, summer schemes, adult skills courses, benefits advice, and employment support, delivered by our specialist trained staff and volunteers.

We also operate a charity shop in Dunstable, offering volunteering and employment opportunities. Our Keyworker team supports individuals to prevent mental health hospital admissions and support those currently in inpatient settings.

Through our Campaigns and Projects team, we empower autistic voices via engagement groups and accessible resources that improve experiences with health and social care services. Our Oliver McGowan Training team, including Experts by Experience, delivers accredited training to professionals, while our Training and Consultancy team provides a full suite of autism courses for parents, carers, and practitioners.

In addition, Autism Bedfordshire manages the VCS Luton Consortium, delivering short breaks for disabled children.

Finance

The net incoming resources for the year were £2,466,881 (2024: £2,346,800). Of this £2,241,613 (2024: £2,126,147) was restricted to projects and £225,268 (2024: £220,653) was not restricted. The Trustee Board have officially designated £150,000 as necessary for our Supported Living Project, with the remaining £43,283 unrestricted income adding to our reserves. The total undesignated reserves for year ending 31st March 2025 is £733,526 (restricted £466,586 and unrestricted £266,940), an increase of £308,804 from 2023-24 (restricted £265,521 and unrestricted £43,283).

Office and Service Staff

Autism Bedfordshire continued to grow its reach across Bedfordshire, Hertfordshire, and Milton Keynes, delivering more services and sessions than in previous years.

Autism Bedfordshire

This expansion was made possible by the dedication and professionalism of our team, which included 45 office staff and two shop staff. Their commitment has been instrumental in maintaining high quality support for the autistic community.

Volunteers

Across the charity, volunteers contributed over 15,000 hours of support and leadership across all services, shops, and the Board of Trustees. This equates to nearly eight full time equivalent staff and would have cost the charity more than £240,000 this year alone.

We are eternally thankful to Autism Bedfordshire's Board of Trustees who volunteer their time to set the quality standards, along with their insight, and ensure its safe and financially secure management through times both of crisis and opportunity. Our volunteers' contributions are invaluable, and we are proud to have them on our team

Paid Staff at Services

We are incredibly fortunate to have a team of dedicated and passionate staff supporting our services. Their care and drive have been key in ensuring safe and healthy space to relax and learn. This year, we employed 218 people across office and casual staff.

Membership

Autism Bedfordshire has 4,298 lifelong memberships, and we have provided direct access to our services and activities to more 625 autistic children, young people and adults. In addition, we reached many more individuals and families through our online resources, including information and guidance shared via our website and social media platforms.

Information

We continue to engage our community through our targeted e-newsletters and digital platforms. Our newsletters include *Grapevine*, focused on Children's Services with 2,894 subscribers; *The Orchard*, tailored for Adult Services users and our staff and volunteers, with 1,204 subscribers; and *Autism Herts Post*, dedicated to Adult Services in Hertfordshire, with 329 subscribers. Over the year, our website was accessed more than 40,000 times by people seeking information and support. We also maintained strong communication through social media, with over 3,700 Facebook page likes, 1,600 Instagram followers, and 854 followers on LinkedIn, helping us keep our members, staff, and wider community informed and connected.

Helpline

The telephone helpline operates Monday to Friday, from 9am to 5pm, offering information, guidance, and support. In total, we responded to 2,170 Children, young people and family helpline calls and 2,845 calls in our Adult Services, adding up to 1,426 hours of support.

Autism Bedfordshire

We have provided resources and information on the following:

- Autism
- Learning and development
- Adult Services initial assessment
- Training and support
- Employment
- Social opportunities
- Short Break Services
- Diagnosis Support
- Benefits and welfare
- Housing
- Health/mental health
- Relationships
- Meals/Eating
- Sensory Processing

Children's Services

L.O.A.F. (Loads of Autistic Fun)

L.O.A.F. is a Saturday morning family support group for autistic children up to age 12, along with their siblings and parents/carers, delivered across Bedford, Biggleswade, Leighton Buzzard, and Luton. The sessions are split into two 1.5-hour groups to meet high demand. Children enjoy a wide range of social, educational, physical, and play activities supported by trained staff and volunteers. In 2024/2025, we delivered 148 L.O.A.F. sessions, supporting 125 autistic children and 46 siblings, while 160 parents/carers benefited from a total of about 2,600 hours of specialist support.

Wanted Fun

Wanted Fun is an evening youth club, that provides social opportunities for young people aged 10-17 years with lower support needs. It gives them the opportunity to meet fortnightly during term time in the evenings at six locations across the county: Bedford, Kempston, Streatley, Leighton Buzzard, Biggleswade and Luton.

A total of 108 Wanted Fun sessions, supporting 112 autistic young people and the families enjoyed 4032 hours of short breaks.

Summer Activities

We were excited to deliver six specialist schemes for autistic children and young people across Bedfordshire between 22nd July and 2nd August 2024. Three schemes operated in Bedford and three in Luton, each tailored to meet the needs, interests, ages, preferences and abilities of the participants. Over a total of 40 days, we delivered a wide range of engaging activities through our Junior Activity Scheme, Holiday Clubs, and Summer Fun Schemes, which ran from 9:30am to 3:00pm. The programmes included on-site activities and engaging trips such as bowling, footgolf, and visits to the Orbital trampolining park. In total, we supported 146 autistic children and young people aged 3–17, while their families benefited from 2,976 hours of short breaks.

Girls Group Youth Club

The Girls' Social Group is a youth club based in Dunstable that runs for 2 hours fortnightly, for autistic girls aged 10-17. It aims to build confidence, self-esteem, support friendships and develop communication skills. Each session offers a variety of activities based on the interests of attendees, where each attendee is included in decision-making and planning, including trips in the community. A total of 18 sessions were provided for 15 girls, giving families 540 hours of respite support.

Additional Services

Our additional activity sessions vary from physical, sport and leisure or creative activities across the country. Some of the additional services we provided this year included: Family Soft Play sessions, Family Swimming sessions, Free Play Gymnastics sessions, Farm Days, Tennis courses, Parkour courses, Art courses, Archery and Music.

The 18 different additional activities ranged from a day to six weeks, and in total of 151 autistic children and young people, along with 50 siblings, accessed 112 hours of activities.

Milton Keynes Pilot

In response to a rapidly growing demand, we expanded our services into Milton Keynes, offering specialist activities and support for autistic children and young people aged 3 – 17, their siblings and carers. Our Stay and Play sessions in a school setting, provides an inclusive environment for families with autistic children aged 3–12; we supported 44 children and their families between November 2024 and March 2025. Wanted Fun, our fortnightly youth club at a Family Centre, offers social opportunities for autistic young people aged 10 – 17 in mainstream education, supporting 22 participants over the same period. Additionally, our community-based sports and leisure sessions engaged 42 families, promoting confidence, physical activity, and social connection. We are now seeking funding to continue delivering these much-valued services in Milton Keynes.

BLMK Keyworker Function children and young people (CYP) with a Learning Disability and/or autism

Autism Bedfordshire are in the fourth year of delivery of the Keyworker Function across Bedfordshire and Milton Keynes. This is part of a national initiative in response to the NHS long-term plan for children and young people (CYP) with autism, learning disabilities or both who are inpatients in, or at risk of being admitted to, a mental health hospital. This service supports these children and young people, and their families and carers, to make sure families are fully involved in the formulation of care plans, and that they feel listened to and informed. Keyworkers ensure that the child and young person's voice is a central part of their care planning, and that the team of professionals supporting them are using a person-centered approach. The Keyworker team make sure that local systems are responsive to fully meeting the young person's needs and that the right support is given at the right time, in a coordinated way. Where

necessary, the Keyworker's role is to challenge these systems if they are failing to provide appropriate and timely support

Key outcomes for children, young people, and families within the service:

- To feel safe and happy
- To feel listened to and informed
- To feel involved in their plans, care, and support
- To experience a reduction in stress/uncertainty and an increase in stability

The Keyworker Function has proven to be successful and continues to be so. Between April 24 to March 25 a total of 87 children, young people, and adults had an allocated Keyworker to support them and their families. This included 111 de-escalations, 27 escalations and 35 cases in which hospital admission were avoided.

Through working closely with young people to identify what kind of support would benefit their health and wellbeing we were able to facilitate some small Personal Health Budgets. As a result of providing small amounts of funding to purchase certain equipment or support, young people and their families have seen a real improvement in their daily lives and their ability to cope better. We provided £18,344.02 in total allocated budget in this period for 54 children, young people and adults.

Farm Project

Our Farm Project creates positive experiences within a safe, nurturing environment. We deliver unique and bespoke sessions for autistic young people aged 10 - 17 years who are finding mainstream education challenging for a variety of reasons. We deliver private sessions at Animal Edge Farm where young people could interact with animals, spend time in nature and try activities tailored to their interests to boost their well-being, self-esteem, and sense of community.

The farm visits provide children and families with a place where they can interact with animals and spend time in nature. The project allows children and young people to engage in a variety of activities, such as feeding animals, walking goats, grooming ponies and horses, horse agility, collecting chicken eggs, cleaning animal pens, board games, arts and crafts, and painting.

We delivered 76-day long sessions on the farm during the year, supporting 28 children. The farm visits provide children and families with a place where they can interact with animals, spend time in nature and try activities tailored to their interests.

Adult Services BLMK

Social Activity Groups

Our Social Groups provide autistic adults with opportunities to build friendships, develop social skills, and grow in confidence within a supportive environment. With guidance from experienced staff, members plan and participate in a range of activities that promote independence and community engagement.

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Evening groups are held in local venues such as restaurants, cinemas, and leisure facilities across Bedfordshire, supported by two staff members to ensure a safe and inclusive experience. Daytime groups include bi-weekly sessions in Bedford and Luton, and monthly sessions in Biggleswade, Marston Moretaine, Milton Keynes, and Leighton Buzzard. With additional funding, we aim to expand into autism-friendly sports and leisure activities such as tennis, dance, and yoga.

Over the year, we delivered more than 240 social group sessions. Evening groups ran in Ampthill, Bedford, Biggleswade, Luton, Leighton Buzzard, Milton Keynes, and Dunstable, alongside additional Bedford-based groups for adults aged 18–25, 25+ and 40+.

We also offered 25 seasonal socials, contributing an additional 1,801 hours of support. These summer and winter events gave members the chance to explore new places and try exciting activities in a structured, supportive setting. Highlights included trips to Thorpe Park, London, Wrest Park, Pride, and Big Night Out.

All sessions are delivered in accessible community settings and are generally supported by two staff members.

Adult Skills Development Courses and Workshops

Adult Services continued to deliver a flexible mix of online and in-person skills development courses and workshops, ensuring accessibility for members across Bedfordshire, Luton, and Milton Keynes. Six-week courses provided structured opportunities for participants to build relationships, gain practical tools, and develop confidence. One-off online workshops allowed members to focus on specific skills and join from any location, supporting greater inclusion.

Topics covered included *Understanding My Autism*, *Travelling with Confidence*, and *Creativity for Wellbeing*. Over the year, we ran over 200 sessions, reflecting our commitment to offering meaningful, responsive learning opportunities that support personal growth and independence.

My Future - Transitions Support

Adult Services continued to run *My Future*, a transition support programme for autistic young adults aged 18–25 and their families. In response to growing demand, the programme expanded its offer to include parent support sessions, one-to-one guidance for young adults, and member-led special interest sessions.

Over the year, we delivered 225 hours of support through parent sessions, provided individual support to 34 young adults, and facilitated engaging, member-led activities tailored to participants' interests. These sessions helped young people navigate key life transitions with greater confidence and connection.

Support Groups

During the year, we continued to run our popular online support groups, including *Female Voice*, *Wellbeing*, *Parent Support*, and *LGBTQ+* groups. These sessions

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offered safe, inclusive spaces for members to share experiences and explore topics such as mental health, self-kindness, masking, and healthcare rights.

In total, we delivered over 20 online support sessions, helping members across Bedfordshire stay connected and supported.

Female Voice

Female Voice is a bi-monthly, online group, which provides a safe space to share experiences, and explore relevant topics and resources. We have explored a variety of topics this year within the female voice group including How to be Kind to Yourself, Managing Unwanted Attention, and Know Your Rights in Healthcare.

Parent Support

Our parent support group provides a space for parents to share mutual experiences of parenting whilst providing support and resources.

Wellbeing Support

Wellbeing Support Group was created in response to the number of autistic individuals requesting wellbeing support. Many of these members wanted a safe space to share how their week/month had been and what emotions they were feeling. We have continued to run an online monthly Wellbeing group, which provides a space to explore aspects of wellbeing and learn strategies to support with mental health and wellbeing.

Benefits Support

The team offers confidential one-to-one sessions, both online and in person, helping members identify and apply for relevant benefits. Support includes information, advice, and guidance on Personal Independence Payment (PIP) and Universal Credit, tailored to each individual's needs.

This year, we have provided over 546 hours of support to 64 individuals across Bedfordshire.

Pre Diagnostic Support BLMK

Our *Pre-Diagnostic Support* department to assist individuals considering or awaiting an autism diagnosis. The service offers workshops and open days across Bedfordshire, and Milton Keynes, as well as twice-monthly online sessions covering four key topics: How to get an autism diagnosis as an adult, The assessment process, Managing emotions while waiting, and Expectations around receiving a diagnosis. In 2024-2025, we delivered 25 sessions, supporting 77 adults on their diagnostic journey with practical guidance and emotional support.

Post Diagnostic Support BLMK

In September we were once again able to offer our Post-Diagnostic Support service, offering one-on-one support in Bedfordshire, and Milton Keynes. This service helped

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individuals with recent autism diagnoses understand their condition better and address specific challenges. Over the year 12 adults received support for more than 49 appointments that were attended.

Adult Services Hertfordshire

Four years ago, Autism Bedfordshire were successful in their bid to provide life-changing opportunities for autistic people aged 16+ across Hertfordshire. Known locally as Autism Hertfordshire, the service was launched under the Autism Bedfordshire umbrella in November 2021. The team provides a multitude of support services including Helpline Service, Skills Development Courses and Workshops, 1:1 Post Diagnostic Support, Transitions Support (16-25), Carers Support, Pre-diagnostic support, Social Groups, and Support Groups.

Support Groups

Over the year, we continued to run our popular online support groups, including Female Voice, Wellbeing, and Parent Support. These groups offer safe, inclusive spaces for members to share experiences and explore topics such as self-kindness, stress management, masking, and mental health strategies.

In total, we delivered 42 sessions, supporting 84 attendees, and helping foster connection, understanding, and emotional wellbeing within our community.

Pre Diagnostic Support

Autism Hertfordshire's Pre-Diagnostic Support workshops offer guidance and emotional support to adults considering or awaiting an autism diagnosis. Held online twice a month, these sessions create a welcoming space for participants to share experiences and access reliable information.

The workshops cover four key topics: How to get an autism diagnosis as an adult, The assessment process, Managing emotions while waiting, and Expectations around receiving a diagnosis.

Over the year, we delivered 21 sessions, supporting 42 attendees on their diagnostic journey and helping build a community of understanding and peer support.

Post Diagnostic Support

We continued our Post-Diagnostic Support service in Hertfordshire, offering tailored one-to-one sessions for adults recently diagnosed with autism. Individuals could access up to eight sessions, either online or in person, with a trained member of staff. These sessions helped members better understand their diagnosis and address specific challenges, including accessing professional and local services.

Over the year, we supported 38 members through 177 hours of personalised guidance, helping them navigate life after diagnosis with greater confidence and clarity.

Transitions Support

Autism Hertfordshire's *Transitions Service* supports autistic young adults aged 16–25 and their families as they navigate the journey into adulthood. The service offers a range of online workshops and specialist skills development courses focused on building independence and preparing for adult life.

Over the year, 54 members accessed 42 skills development sessions delivered during school holidays and term time, alongside a bi-weekly social group. These activities provided opportunities to learn essential life skills in a supportive environment tailored to the needs of young autistic adults.

Skills Development Courses and Workshops

Autism Hertfordshire delivered engaging skills development programmes for autistic adults aged 16 and over whether newly diagnosed or not. Our courses are tailored to individual needs and delivered in a safe, inclusive environment that encourages open, non-judgmental sharing.

Guided by a person-centred approach and member feedback, we developed workshops on topics such as *Understanding My Autistic Identity*, *Creativity for Wellbeing*, *Travelling with Confidence*, *Masking*, *Sensory Needs*, *Guided Meditation*, and *Confidence in Communication*. Over the year, we provided 177 sessions, using member insights to shape future sessions that help autistic adults navigate a neurotypical world.

Social Groups

Autism Hertfordshire's regular daytime and evening social groups for autistic adults. These groups offer safe, supportive spaces for members to build friendships, develop social skills, and grow in confidence. With guidance from experienced staff, members plan and enjoy activities in local venues such as restaurants, cinemas, and leisure spots across Bedfordshire.

Daytime sessions, held on Fridays and alternating between St Albans and Stevenage, cater to those who prefer a structured schedule or cannot attend evening events. These include walks and meals at local hotspots, supported by two staff members. Monthly evening groups for adults aged 18+ run in Stevenage, Watford, Welwyn, and St Albans, with activities such as mini-golf, cinema nights, and other leisure outings.

Over the year, we delivered 38 daytime sessions and 18 evening sessions, providing over 900 hours of support. Additionally, we ran 11 seasonal trips, including visits to Thorpe Park, Brighton, a fire station, and Big Night Out, contributing a further 406 hours of social engagement.

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Projects Team: Breaking Barriers and Hear me, See Me

The Breaking Barriers Project has produced a series of video guides to help autistic people or those with a learning disability prepare for health appointments.

The videos have been co-produced by BLMK (Bedfordshire and Milton Keynes) Integrated Care Board, clinicians, autistic adults, ELFT (East London Foundation Trust) and Autism Bedfordshire, to help autistic people and people with a learning disability better understand what to expect when going to healthcare appointments, screening appointments, and different areas of their health. This year we have produced a total of six new videos including X-Rays, MRI Scans, Constipation, Bowel Cancer Screening, Abdominal, Aortic, Aneurysm Screening and Annual Health Checks for those with a Learning Disability. We also held an event with the Fuji Film Healthcare Team, this gave individuals a chance to come along and explore X-Ray, MRI and Breast Screening equipment; to help take away the unknown and prepare for future appointments.

Hear Me, See Me is a campaign in partnership with the NHS East of England exploring the inequalities autistic adults face when accessing healthcare services. Over the year we have built on the success of the previous two years and encouraged more people to have their voices heard. We held two Voice Group Meetings online, and 400+ Health and Social care professionals attended our webinars. We focused the professionals' webinars on Women and Autism and Autism and Eating Disorders.

Autism Training

Core Training

During the year, we delivered 72 training sessions to 846 practitioners. These included 14 pay-per-place courses, 23 internally commissioned sessions, and 35 externally commissioned sessions, comprising three for Central Bedfordshire, 21 for CNWL, three for schools, and nine for other organisations. We also encourage our staff to attend training courses and workshops to support ongoing professional development and service quality.

Oliver McGowan Training

This year we have successfully recruited, trained and delivered Tier 1 and Tier 2 training sessions to a large cohort of health colleagues, funded by the Bedfordshire, and Milton Keynes Integrated Care Board.

In total:

- Tier 1: 3,250 people trained and Tier 2: 2,910 people trained
- We trained four Training Facilitators and 31 Experts by Experience.

Parent Support, Conferences and Events

Annual General Meeting (A.G.M.) 2024

On Tuesday 29th October 2024, we held our AGM which was presented in person and via zoom to make the meeting accessible to all. The meeting was attended by

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members, professionals, Autism Bedfordshire staff and trustees. Our guest speakers were our very own Oliver McGowan team who presented "*Our Experts with Lived Experience*" and was attended by 113 people in total.

Parent Training: Workshops

This year we delivered 26 training workshops for parents/carers, our courses included: Autism & Behaviour, Autism & Demand Avoidance, Autism & Sensory Processing, Autism, Women & Girls, 5 Week Parent Carer Training Workshop, Autism & Mental Health, The First Steps to Supporting an Autistic Individual, and Autism and Eating Disorders.

Luton VCS Short Breaks Consortium

Autism Bedfordshire acts as the Lead Body for the Consortium of Voluntary and Community Service short break providers for children and young people in Luton, with an Operations Manager overseeing the management and administration of the Consortium. The Consortium is funded by Luton's Community Investment Fund which is managed by Bedfordshire and Luton Community Foundation as part of the Luton Airport Limited (LLAL) Community Investment Fund (now known as Luton Rising).

2024/25 was a successful year for the Consortium with its members helping over 413 children and young people from Luton, 321 were children and young people (aged 0-25) with disabilities and 92 were siblings. Consortium members organised 944 short break sessions which provided parents and carers in Luton with over 32,205 short break hours.

The different clubs and activities provided included after-school clubs, weekend clubs, holiday playschemes, and outings. During the year there were five members of the Consortium:

- Autism Bedfordshire
- Centre for Youth and Community Development (CYCD)
- CHUMS
- Families United Network (FUN)
- Friends of Bright Eyes (FOBE)

Charity Shops

The Dunstable shop provides excellent volunteering and employment support for autistic adults, and we are grateful to all our volunteers and staff for their passion and commitment. Sadly, we had to close the Bedford shop after the remedial works as the premises were no longer suitable. We will explore new options.

Supported Living Accommodation

Unfortunately, the completion of our first house has been delayed due to factors beyond our control, however it is now progressing, and we have moved forward in the tender process for the next two properties.

Grants, Donations and Fundraising

Grants

Autism Bedfordshire would like to acknowledge and thank the Trusts and Foundations below for their generous grant awards received in 2024/2025:

- Lottery Community Fund
- Motability - Travelling With Confidence Fund
- Harpur Trust
- Panacea Charitable Trust
- Henry Smith Charity
- Lottery Community Fund - Awards for All
- Masonic Charitable Foundation

Donations

In the year, we have gratefully received £27,463 in donations, including gift aid.

Future Plans and Strategic Vision 2025–2026

Autism Bedfordshire's strategic direction for the coming year is guided by three overarching priorities:

1. Enhancing quality and impact – continually improving our services to deliver measurable outcomes for autistic people and their families.
2. Extending reach and sustainability – expanding access geographically and across communities while maintaining long-term financial resilience.
3. Empowering people and partnerships – investing in staff, volunteers, members, and partners to strengthen collaboration, innovation, and inclusion.

To remain a trusted and forward-thinking organisation, our growth will be carefully managed through strong governance, robust financial planning, and a clear focus on public benefit.

Our key strategic priorities for 2025–2026 include the following:

Support at Home and Supported Living We will complete the renovations on our three-bedroom supported living property and begin work to combine the next two existing houses into a four-bedroom dwelling, providing safe and flexible accommodation for autistic adults. We also plan to secure funding to acquire seven additional properties, expanding independent living opportunities and promoting choice, wellbeing, and inclusion.

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Training and Employment Through our Oliver McGowan Training, we will increase employment opportunities for Experts by Experience, and expand offer. These initiatives will enhance understanding of autism and ensure that lived experience continues to shape training delivery.

Milton Keynes Children's Services Following the successful launch of our children's services in Milton Keynes in 2024, we will focus on securing long-term funding to sustain and extend this essential support beyond November 2025.

Funding and Financial Resilience To ensure sustainability, we will develop a balanced funding model combining grants, contracts, fundraising, and trading. We will maximise returns on reserves, strengthen unrestricted income generation, and manage financial risks to protect existing services and enable strategic growth.

Partnerships and System Integration We will build stronger collaboration with Local Authorities, NHS Integrated Care Boards, and voluntary sector partners, positioning Autism Bedfordshire as a key contributor to regional autism strategies. By promoting co-production and demonstrating measurable impact, we aim to influence positive system change.

Quality, Innovation, and Community Reach Explore a new Quality and Impact Framework to better embed continuous improvement across all services. We will broaden our community reach, enhance digital engagement, and use data and feedback to refine delivery and evidence outcomes.

Staff and Volunteers We will invest in the wellbeing, training, and development of our workforce to maintain high levels of engagement and performance. Leadership training and inclusive practice will strengthen our organisational culture and ensure we remain a supportive, values-driven employer.

Agility, Innovation, and Voice We will remain responsive to emerging needs, particularly around digital inclusion, post-diagnostic support, and mental health. Our members' and beneficiaries' voices will be embedded in all planning and evaluation processes through consultation, advisory panels, and co-production.

Our Senior Management Team and Board of Trustees provide the expertise and oversight required to deliver these priorities responsibly. Progress will be supported by detailed financial and operational planning, regular monitoring, and rigorous risk management.

Autism Bedfordshire's growth will remain strategic, sustainable, and rooted in enabling autistic people of all ages to live better lives, with better opportunities within inclusive and understanding communities.

Reserves Policy

The reserves policy of the Management Committee of Autism Bedfordshire is to have available unrestricted reserves of 20% of the annual expenditure. This year's expenditure of £2,008,077. We hold approximately £267,000 in unrestricted reserves

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and £467,000 in restricted; therefore, the Board of Trustees are confident that Autism Bedfordshire has sufficient funds available to meet foreseeable demands.

Risk Management

The Board of Trustees and the Senior Management Team recognise the charity's duties regarding the management of risk, and this is highlighted, reported on, and discussed at monthly board meetings. Additionally, we have a financial risk audit committee who assess, identify, and reduce the major risks to which the charity is vulnerable. We are committed to updating our business continuity plans and strategic Risk Management Matrix (risk probability, area, and impact) that we use to monitor and evaluate how we establish protocols to mollify and govern them, including the following areas:

- Mission/objectives
- Law and regulation
- Governance and management
- External, environmental, and operational factors
- Human resources
- Technological
- Financial
- Funds and fundraising
- Fraud

Responsibilities of the Management Committee

Our processes are driven by the commitment to our constitution as a member-led charity, whereby members elect the charity's Trustees (also referred to as 'the Board of Directors' in company law) for up to twelve members. The Charity Commission guidance and our Constitution and Articles of Memorandum note that 50% of trustees should be directly affected by the condition of which the charity supports. Trustees who hold office for three years may also stand for re-election at Autism Bedfordshire's Annual General Meeting. Throughout the year the Board of Trustees may recruit for vacancies, using the Trustee Recruitment Toolkit, and appoint them. However, Trustees appointed through that process may only hold office until the next Annual General Meeting (AGM) through which they will be eligible for re-election. Alternatively they can be appointed at a General Meeting of the Company. The Board of Trustees must assign the roles of Chair, Finance Director, and Company Secretary.

Company law requires the Management Committee to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charitable company at the balance sheet date, and of its incoming resources and application of resources, including income and expenditure, for the financial year.

In preparation for those financial statements, the Management Committee should follow best practice and:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.

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- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- prepare the financial statements on an ongoing concern basis unless it is inappropriate to assume that the company will continue on that basis.

The Management Committee is responsible for maintaining proper accounting records, which disclose with reasonable accuracy, at any time, the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act. The Management Committee is also responsible for safeguarding the assets of the charitable company, and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee (who are directors for the purpose of company law and Trustees for the purpose of charity law), who served during the year and up to the date of this report are set out on page one. Only those that have passed their probationary period of six months, have a suitable DBS disclosure and two satisfactory references are listed. Members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the charitable company in the event of winding up. The total number of such guarantees, as of 31st March 2025, was eight.

Public Benefit Statement

The Trustees have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

Senior Statutory Auditor

David. A. Cox BA F.C.C.A F.C.A of Cox & Co (Accountancy) Limited, The Granary High Street Turvey, Beds MK43 8DB

This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Approved by the Management Committee and signed on its behalf by:

Lauraine Montgomery



Chair, Autism Bedfordshire: Lauraine Montgomery

Date: 21 / 10 / 2025

INDEPENDENT AUDITORS REPORT TO THE TRUSTEES OF AUTISM BEDFORDSHIRE

Opinion

We have audited the financial statements of Autism Bedfordshire (the 'charitable company') for the year ended 31st March 2025 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2025 and of its incoming resources and application of resources, including its result, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material

Autism Bedfordshire

misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing financial statement disclosures and testing to supporting information to assess compliance with applicable laws and regulations.

Because of the inherent limitations on audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

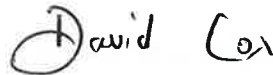
A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website:

www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Signed by David A. Cox



Date: 22/10 / 2025

David A. Cox BA F.C.C.A F.C.A

Senior Statutory Auditor

For and on behalf of Cox & Co. (Accountancy) Limited

Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006

The Granary, High Street, Turvey, Bedford, Bedfordshire MK43 8DB

Autism Bedfordshire

STATEMENT OF FINANCIAL ACTIVITIES

(including Income and Expenditure account) – for the year ended 31st March 2025

Autism Bedfordshire

Statement of Financial Activities (including Income and Expenditure account)

For the year ended 31 March 2025

For the year ended 31 March 2025				2025			2024		
	Notes	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £		
Incoming resources									
Donations and legacies									
Donations (including Gift Aid)		27,463	-	27,463	25,301	-	25,301		
Membership Subscriptions		5,080	-	5,080	4,495	-	4,495		
		<u>32,543</u>	<u>-</u>	<u>32,543</u>	<u>29,796</u>	<u>-</u>	<u>29,796</u>		
Other trading activities									
Fundraising and Autism Training		91	-	91	409	-	409		
Charity Shop	2	88,746	58,752	147,498	111,808	39,498	151,306		
		<u>88,837</u>	<u>58,752</u>	<u>147,589</u>	<u>112,217</u>	<u>39,498</u>	<u>151,715</u>		
Income from investments		26,055	-	26,055	24,881	-	24,881		
Income from charitable activities	3								
Grants		6,075	2,182,861	2,188,936	5,000	2,068,150	2,073,150		
Fees from Children, Young People & Family Service		39,275	-	39,275	39,123	-	39,123		
Fees from Adult Services		8,307	-	8,307	9,207	-	9,207		
Fees from Parent Training		24,176	-	24,176	429	18,499	18,928		
		<u>77,833</u>	<u>2,182,861</u>	<u>2,260,694</u>	<u>53,759</u>	<u>2,086,649</u>	<u>2,140,408</u>		
Total income		<u>225,268</u>	<u>2,241,613</u>	<u>2,466,881</u>	<u>220,653</u>	<u>2,126,147</u>	<u>2,346,800</u>		
Resources expended									
Expenditure on raising funds									
Autism Training		-	34,998	34,998	-	18,292	18,292		
Fundraising		-	10,820	10,820	-	20,338	20,338		
Charity Shop	2	31,985	58,752	90,737	83,893	39,498	123,391		
		<u>31,985</u>	<u>104,570</u>	<u>136,555</u>	<u>83,893</u>	<u>78,128</u>	<u>162,021</u>		
Expenditure on charitable activities									
Children, Young People & Family Service		-	398,256	398,256	-	353,187	353,187		
Adult Services		-	491,224	491,224	-	356,906	356,906		
Parent Training		-	2,981	2,981	-	8,955	8,955		
Supported Living		-	155,122	155,122	-	407,626	407,626		
Key Worker Project		-	583,916	583,916	-	529,900	529,900		
Support Activities		-	15,321	15,321	-	38,566	38,566		
Hertfordshire Services		-	192,439	192,439	-	218,205	218,205		
Management and Administration		-	32,263	32,263	-	31,977	31,977		
		<u>-</u>	<u>1,871,522</u>	<u>1,871,522</u>	<u>-</u>	<u>1,945,322</u>	<u>1,945,322</u>		
Total expenditure	4	<u>31,985</u>	<u>1,976,092</u>	<u>2,008,077</u>	<u>83,893</u>	<u>2,023,450</u>	<u>2,107,343</u>		
Net income/(expenditure) and net movement in funds in the year		193,283	265,521	458,804	136,760	102,697	239,457		
Transfers between funds		-	-	-	206	(206)	-		
Net movement in funds		193,283	265,521	458,804	136,966	102,491	239,457		
Reconciliation of funds									
Total funds brought forward		778,027	201,065	979,092	641,061	98,574	739,635		
Total funds carried forward		<u>971,310</u>	<u>466,586</u>	<u>1,437,896</u>	<u>778,027</u>	<u>201,065</u>	<u>979,092</u>		

Autism Bedfordshire

BALANCE SHEET

As at 31st March 2025

Notes	2025	2024
	£	£
Fixed assets	936,394	942,508
Current assets		
Debtors	298,630	927,859
Cash at bank	1,362,927	587,149
	<u>1,661,557</u>	<u>1,515,008</u>
Current liabilities		
Deferred income	793,675	1,136,293
Bank Loan	9,000	9,000
Other creditors and accruals	154,030	120,481
	<u>956,705</u>	<u>1,265,774</u>
Net current assets	704,852	249,234
Due after more than one year		
Bank Loan	(203,350)	(212,650)
Net assets	<u>1,437,896</u>	<u>979,092</u>
Reserves		
Unrestricted funds	266,940	223,657
Designated Funds - Supported Living	704,370	554,370
Restricted funds	466,586	201,065
Total funds	<u>1,437,896</u>	<u>979,092</u>

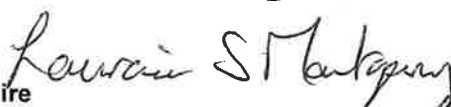
The trustees acknowledge their responsibility for:

- Ensuring that the charitable company keeps accounting records which comply with section 386 and 387 of the Companies Act 2006 and
- Preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with Financial Reporting Standards FRS 102 (effective January 2015).

Approved by the Trustees on 21/10/2025 and signed on behalf by:

Lauraine Montgomery
Chair, Autism Bedfordshire



Lauraine Montgomery

STATEMENT OF CASH FLOWS

Autism Bedfordshire Statement of cash flows For the Year Ended 31st March 2025

	2025	2024
	£	£
Cash flows from operating activities:		
Net cash provided by (used in) operating activities	785,078	(136,725)
Cash flows from investing activities:		
Purchase of fixed assets	-	(553,853)
Net cash used in investing activities:	-	(553,853)
Cash flows from financing activities		
Bank Loan	(9,300)	(10,850)
Change in cash and cash equivalents in the year	775,778	(701,428)
Cash and cash equivalents at the beginning of the year	587,149	1,288,577
Cash and cash equivalents at the end of the year	1,362,927	587,149

Reconciliation of net income to net cash flow from operating activities
For the Year Ended 31st March 2025

	2025	2024
	£	£
Net income for the year	458,804	239,457
Adjustments for:		
Depreciation	6,114	6,902
Decrease (Increase) in debtors	629,229	(762,778)
Increase in creditors	(309,069)	379,694
Net cash provided by operating activities	785,078	(136,725)

Autism Bedfordshire
Analysis of cash and cash equivalents
As at 31st March 2025

	2025	2024
	£	£
Cash at bank and in hand	1,362,927	587,149

**Reconciliation of net income to net cash flow from operating activities
For the Year Ended 31st March 2025**

Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2015) – (Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006..

b) Preparation of the accounts on a going concern basis

The Management Committee have reviewed the forecasts for Autism Bedfordshire for the remainder of the 2023-24 financial year, and are content that the charitable company will be able to meet its liabilities as they fall due. Accordingly, these accounts have been prepared on a going concern basis.

c) Voluntary income

Voluntary income received by way of donations and gifts is included in full in the statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

d) Grants

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year which they are receivable.

e) Resources expended

Resources expended are recognised in the period in which they incurred. Resources expended include attributable VAT, which cannot be recovered.

f) Allocation of support costs

Costs are allocated to the particular activity where the cost directly relates to that activity. However, the cost of overall direction and administration on each activity, comprising the salary and overhead costs on the central function, is apportioned according to the percentage of staff time and resources estimated to have been spent/attributed to each activity.

g) Tangible Fixed Assets

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, which in all cases is estimated at 5 years. Items of equipment are capitalised where the purchase price exceeds £500.

h) Unrestricted and Restricted Funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds. Restricted Funds are to be used for the specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

i) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their amortised cost using the effective interest method. However, all the financial instruments are payable or receivable within one year and are therefore measured at the undiscounted amount of the cash expected to be paid or received.

j) Donations

The Charity benefits greatly from the involvement and dedicated support of its many volunteers, details of which are given in the annual report. In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

NOTES FORMING PART OF THE FINANCIAL STATEMENTS

for the year ended 31st March 2025 (cont.)

2- Charity Shop Activity	2025	2024
	£	£
Income		
Income generated through shop sales	59,000	103,163
Donations	289	585
Gift Aid	-	-
Grants	58,752	39,498
Other	29,457	8,060
Total Income	147,498	151,306
Expenditure		
Salaries and Overheads	90,737	123,391
Total Expenditure	90,737	123,391
Surplus	56,761	27,915

3 - Grants and Contracts	Unrestricted	Restricted	2025 Total	2024 Total
	£	£	£	£
Central Government/Local Authority Grants	6,075	1,429,517	1,435,592	447,362
Grant Making Trusts and Foundations	-	812,096	812,096	1,665,286
	6,075	2,241,613	2,247,688	2,112,648
Included in the Statement of Financial Activities:				
Charity Shop Grants	-	58,752	58,752	39,498
Other Grants	6,075	2,182,861	2,188,936	2,073,150
	6,075	2,241,613	2,247,688	2,112,648

4 - Resources expended

	Staff costs £	Direct costs £	Indirect costs £	Deprec'n £	Total £
Fundraising, Consultation and Autism Awareness	-	-	10,820	-	10,820
Charity Shop	47,299	910	42,285	243	90,737
Children, Young People & Family Service	232,897	93,495	70,549	1,315	398,256
Adult Services	419,151	17,917	52,492	1,664	491,224
Supported Living	-	123,443	31,679	-	155,122
Autism and Parent Training	33,694	1,723	2,433	129	37,979
BLMK CYP Specialist Support and Advocacy LDA	506,600	38,447	36,918	1,951	583,916
Support Services	13,756	4	1,510	51	15,321
Hertfordshire Services	161,734	17,724	12,329	652	192,439
Management and Administration	30,078	9	2,067	109	32,263
	1,445,209	293,672	263,082	6,114	2,008,077
	1	(0)	(0)	(0)	0

Staff costs for the year include £1,415,130 (2024: £1,246,489) incurred as direct costs of providing services in line with the charity's objects
Management and Administration costs include £30,078 (2024: £29,907) for managing the Luton VCS Consortium of Short Break Providers

Autism Bedfordshire

5 - Summary analysis of expenditure and related income for charitable activities

	Children Young People & Family Service £	Adult Services and Supported Living £	Autism and Parent Training £	Hertfordshire Services £	BLMK CYP Specialist Support and Advocacy LDA £	Support Activities and New Projects £	Total £
Costs	(398,256)	(396,954)	(37,979)	(192,439)	(583,916)	(264,713)	(1,874,257)
Grants received (restricted)	381,156	417,986	38,216	223,420	789,991	332,092	2,182,861
Net cost funded from other income	<u>(17,100)</u>	<u>21,032</u>	<u>237</u>	<u>30,981</u>	<u>206,075</u>	<u>67,379</u>	<u>308,604</u>

6- Net incoming resources for the year

2025
£

2024
£

This is stated after charging:

Audit	7,200	7,200
Depreciation	6,114	6,902

7- Trustee remuneration and the cost of key management personnel

The key management personnel of the Charity are the Chief Executive Officer, Chief Operating Officer, Adults' Services Director, Childrens' Services Manager and Keyworker Operational Lead. Their employee benefits total £296,185 (2024: £324,797)

8 - Staff Numbers

The average monthly headcount was 130 staff (2024: 108 staff)

9 - Corporation Tax

The Charitable company is exempt from corporation tax on its charitable activities

10 - Tangible Fixed Assets

	Freehold Property £	Equipment £	Total £
Cost			
As at 1st April 2024	931,177	77,286	1,008,463
Additions	-	-	-
Disposals	-	-	-
As at 31st March 2025	<u>931,177</u>	<u>77,286</u>	<u>1,008,463</u>
Depreciation			
As at 1st April 2024	-	65,955	65,955
Additions	-	6,114	6,114
Disposals	-	-	-
As at 31st March 2025	<u>-</u>	<u>72,069</u>	<u>72,069</u>
Net Book Value			
As at 31st March 2025	<u>931,177</u>	<u>5,217</u>	<u>936,394</u>
As at 1st April 2024	<u>931,177</u>	<u>11,331</u>	<u>942,508</u>

Autism Bedfordshire

11 - Debtors

	2025	2024
	£	£
Accrued income receivable	42,792	37,156
Other debtors and prepayments	255,838	890,703
	<u>298,630</u>	<u>927,859</u>

12 - Creditors: amounts falling due within one year

	2025	2024
	£	£
Deferred Income	793,675	1,136,293
Other creditors and accruals	154,030	120,481
Bank Loan	9,000	9,000
	<u>956,705</u>	<u>1,265,774</u>

13 - Creditors: amounts falling due after more than one year

	2025	2024
	£	£
Bank Loan	203,350	212,650
	<u>203,350</u>	<u>212,650</u>

Autism Bedfordshire

14 - Analysis of net assets held by funds

	Fixed Assets	Cash	Other net assets	Total
	£	£	£	£
Restricted funds				
Adult and Child Helplines	-	-	-	-
Summer Activities	-	3,395	(3,395)	-
LOAF	-	21,605	(21,480)	125
Wanted Fun	-	12,678	(11,500)	1,178
Skills 4 Success Project	-	5,000	(5,000)	-
Extended Services and Trips	-	-	-	-
Personalised Support	-	54,194	(54,194)	-
BLMK CYP Specialist Support & Advocacy LDA	-	454,140	(51,702)	402,438
Adult Skills Project	-	-	-	-
Adult Social Groups	-	-	-	-
My Futures Project	-	8,333	(8,333)	-
Campaigns Project	-	22,224	(22,224)	-
Benefits Officer	-	-	-	-
Adult Employment Support	-	65	-	65
Beds Adult NHS Post Diagnostic	-	16,000	(16,000)	-
Hertfordshire Services	-	162,139	(132,359)	29,780
Adults Supported Living	-	176,366	(176,366)	-
Parent Training	-	-	-	-
Autism Awareness Training	-	-	-	-
Charity Shop	-	-	-	-
Keyworker Capital	-	-	-	-
Diabetes Awareness	-	30,380	(20,380)	10,000
Oliver McGowen Training	-	221,800	(198,800)	23,000
LLAL Consortium	-	-	-	-
Total Restricted funds	-	1,188,319	(721,733)	466,586
Unrestricted funds				
General fund	5,217	174,608	87,115	266,940
Designated Supported Living	931,177	-	(226,807)	704,370
Total Unrestricted funds	936,394	174,608	(139,692)	971,310
Total funds	936,394	1,362,927	(861,425)	1,437,896

Autism Bedfordshire

15 - Movement in funds

	Balance at 01-Apr-24 £	Movement in period			Balance at 31-Mar-25 £
		Incoming Resources £	Outgoing Resources £	Transfers £	
Restricted funds					
Adult and Child Helplines	-	15,417	(15,417)	-	-
Summer Activities	-	118,068	(118,068)	-	-
LOAF	125	118,893	(118,893)	-	125
Wanted Fun	1,178	132,669	(132,669)	-	1,178
Extended Services and Trips	-	11,526	(11,526)	-	-
Personalised Support	-	19,523	(19,523)	-	-
BLMK CYP Specialist Support & Advocacy LDA	199,697	789,991	(587,512)	262	402,438
Adult Skills Project	-	58,665	(58,665)	-	-
Adult Social Groups	-	36,307	(36,307)	-	-
My Futures Project	-	20,285	(20,285)	-	-
Campaigns Project	-	40,000	(40,000)	-	-
Benefits Officer	-	36,000	(36,000)	-	-
Adult Employment Support	65	126	(126)	-	65
Beds Adult NHS Post Diagnostic	-	51,958	(51,958)	-	-
Hertfordshire Services	-	223,420	(193,640)	-	29,780
Adults Supported Living	-	155,122	(155,122)	-	-
Parent Training	-	3,000	(3,000)	-	-
Autism Awareness Training	-	35,216	(35,216)	-	-
Charity Shop	-	58,752	(58,752)	-	-
Keyworker Capital	-	-	262	(262)	-
Diabetes Awareness	-	68,497	(58,497)	-	10,000
Oliver McGowen Training	-	215,714	(192,714)	-	23,000
LLAL Consortium	-	32,464	(32,464)	-	-
Total Restricted funds	201,065	2,241,613	(1,976,092)	-	466,586
Unrestricted funds					
General fund	223,657	225,268	(31,985)	(150,000)	266,940
Designated Supported Living	554,370	-	-	150,000	704,370
Total Unrestricted funds	778,027	225,268	(31,985)	-	971,310
Total Funds	979,092	2,466,881	(2,008,077)	-	1,437,896

16 - Financial instruments

	2025 £	2024 £
Debtors, other than prepayments	204,028	863,819
Cash at Bank	1,362,927	587,149
Creditors and amounts due within one year	956,705	1,265,774

