

REGISTERED COMPANY NUMBER: 04796449 (England and Wales)
REGISTERED CHARITY NUMBER: 1100648

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024
FOR
ASSOCIATION FOR THE STUDY OF OBESITY

ASSOCIATION FOR THE STUDY OF OBESITY
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FOR THE YEAR ENDED 30 JUNE 2024

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ASSOCIATION FOR THE STUDY OF OBESITY

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 JUNE 2024

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their annual directors' report with the financial statements of the charity for the year ended 30 June 2024. The report is prepared to ensure that the trustees also meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

ASO Mission

The ASO aims to develop an understanding of obesity through the pursuit of excellence in research and education, the facilitation of contact between individuals and organisations, and the promotion of action to prevent and treat obesity.

ASO Objectives

- The promotion of professional awareness of obesity and its impact on health
- Educate and disseminate recent research on the causes, consequences, treatment, and prevention of obesity
- Provide opinion leadership in the UK
- Enhance understanding of the prevention and treatment of obesity throughout the UK.
- Improve the quality of obesity education throughout the UK
- Forge links between individuals and organisations concerned with the study of obesity throughout the UK
- Support the role of patient and public involvement in obesity research
- Connect active researchers and practitioners from diverse disciplines who contribute to the development of a UK perspective on obesity.
- Provide appropriate input on the UK perspective at a European and international level through EASO and the World Obesity Federation.

The ASO is affiliated to the European Association for the Study of Obesity (EASO) and the World Obesity Federation (WOF) and organised the inaugural International Congress on Obesity, held in London in 1974. ASO was the founding body of the highly respected International Journal of Obesity.

The ASO is also a member of the Obesity Health Alliance (OHA), a coalition of over 30 charities, medical royal colleges and campaign groups who have joined together to fight obesity.

2023/2024 BUSINESS PRIORITIES

The Trustees present their annual report together with the financial statements of the Company for the year 1 July 2023 – 30 June 2024. The Annual Report serves the purposes of both a Trustees' report and a Directors' report under company law. The Trustees confirm that the Annual Report and Financial Statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

ASSOCIATION FOR THE STUDY OF OBESITY

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 JUNE 2024

CHAIR AND PRESIDENT FOREWORD

Following the decision to restructure the ASO and separate the governance and operational roles, the Board of Trustees, President, President Elect and ASO Operational Committees have been working together to transition to and embed the new structure since the previous AGM in December 2023. Throughout this period, there have been several changes to the Board of Trustees, and we have expanded out Operational Committees.

The following elected and co-opted Trustees retired in the reporting period and we would like to thank them for their contributions to ASO: Ken Clare, Dr Nerys Astbury, Dr Julia Mueller, Dr Dimitris Papamargaritis, Dr Kath Roberts, Dr Dawn Swancutt, Dr Laura Gray, Dr Zoe Bell, and Dr Laura McGowan. With the exception of Ken Clare, all other retiring Trustees transitioned to Operational Committee roles as part of the restructure.

Additional changes to the Board of Trustees outside of the reporting period have been made. Following an election and EGM in 2024, Dr Aileen McGloin, Prof Paul Gately, Prof Yitka Graham, Ann Vincent were elected to the Board of Trustees. Prof Nicola Heslehurst and Dr David Hughes retired from their Chair and Deputy Chair/Honorary Secretary roles in July 2024 and the Board appointed Prof Wasim Hanif as Chair and Prof Carolyn Summerbell as Deputy Chair and Honorary Secretary; both have since resigned due to personal and workload commitments. Sarah Le Brocq retired from her Trustee role in October 2024 to fully transition to an operational role. There was an election within the Board of Trustees in February 2025 and the following appointments were made: Mary O’Kane, Chair; Dr Aileen McGloin, Deputy Chair; Dr Sandra Isibor, Honorary Secretary. The Board also voted in February 2025 to extend Prof Emilie Combet’s Trustee tenure and co-opt Prof Alex Miras and Prof Maria Bryant for another year to support the final stages of the restructure; and to automatically co-opt the President and President Elect roles to the Board. We are grateful to retiring members of the Board for their contributions, and to the remaining and newly appointed Board members for continuing to support the final stages of transition to the new structure. The new Board of Trustees will focus on governance issues including risk management, finances and policies, enabling the President, President Elect and Operational Committees to deliver on operational activities for ASO members.

Since the previous AGM, we have expanded our Operational Committees, advertising for new positions among ASO members in 2024; some appointments were made during the reporting period, and some were made after the reporting period for this annual report. We would like to thank Operational Committee members whose terms have ended since the previous AGM, including Dr Nerys Astbury (UKCO Lead) and Dr Zoe Bell (UKCO Team).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

The company is a registered charity (Charity Number 1100648) and a UK company limited by guarantee (Company number 4796449). Membership is open to obesity researchers, healthcare professionals, clinicians, academics, scientists, students who are working and/or studying in the field of obesity and to others who have a particular interest in this area.

Method of Appointment and Election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the constitution. During this period the ASO was managed by 15 elected Trustees, led by Prof Nicola Heslehurst who was appointed chair on 7 September 2022 following the resignation of Professor Maria Bryant on the same day. The Trustees, or any member of ASO can recommend a Trustee for appointment. The term of office for Trustees is three years and Trustees may be re-appointed for a maximum of two terms of office unless appointed to Chair, Secretary or Treasurer position in which case they may stand for one additional term as per the Memorandum and Articles of Association.

ASSOCIATION FOR THE STUDY OF OBESITY

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 JUNE 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Policies adopted for the induction and training of Trustees

A Trustee training manual is available for all Trustees which provides relevant information about the charity as well as useful links and advice on the role of the Trustee. This is updated regularly and was last formally reviewed in 2021. In 2023, the following new policies were reviewed and adopted:

Name	Status	Last Review	Last Approved	Next Review
Financial Controls	Reviewed Recently	2024-01-25	2025-01-25	2027-01-25
Investment Policy	Reviewed Recently	2024-01-25	2024-01-25	2025-01-25
Reserves	Reviewed Recently	2024-01-25	2024-01-25	2025-01-25

Organisational structure and decision making

In early 2023, the Trustees undertook a review of its structure and processes and agreed to a planned change to facilitate a smaller Board of Trustees focusing exclusively on governance and probity with delegated Operational Committees to manage the day-to-day operations of the organisation. This evolved over 2023 and into 2024.

Pay policy for key management

There are no paid staff, all work undertaken by the Committees and Trustees is done so voluntarily. The support agency, Red Hot Irons, was contracted to run the operational day-to-day activities and business administration until May 2024, and Conference Collective Ltd from April 2024 (with an overlapping period for handover).

Application and adherence to the Charity Governance Code

ASO recognises good governance is essential to its effectiveness, reputation, and credibility. The Board of Trustees regularly review activities, policies, and processes to ensure the charity is delivering against its mission and charitable objectives. We have robust measures to ensure an effective and clear overview of financial controls. We operate a robust conflicts of interest policy, and all Trustees and Committee members complete declarations of interest each year. Conflict of interests form a standing item on all Board agendas. The Board aims to continuously improve its governance processes and is working through the Charity Governance Code to ensure its governance structures adhere to the principles of the code and recommended practice.

Risk Management

The Trustees analyse and undertake a review of the risks the Charity is exposed to as part of an annual business planning process and in accordance with Charity Commission guidance (CC26), scoring the risks according to likelihood and impact. The systems and actions established to mitigate those risks are also reviewed by Trustees at each Board meeting and updated and adjusted accordingly, with the net risk in each area agreed. High risks closely monitored by the Trustees are:

- High level of dependency on too few income streams puts ASO at risk of sudden and/or long-term loss of funding - efforts continue to diversify income streams to include more Trusts and Foundation as well as funding from non-pharmaceutical companies.
- Potential for a sudden drop in income and the need to dip into accumulated reserves.
- The risk that ASO could be perceived as being unduly influenced by sponsors/pharmaceutical industry. ASO has adopted stringent sponsorship, partnerships and endorsement policies and ensures where possible that there is a balance of sponsors from across the industry spectrum with no one sponsor having significant influence or control. Sponsors are not permitted to have any form of editorial control or influence over the content and development of new ASO activities and materials.

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STRUCTURE, GOVERNANCE AND MANAGEMENT

Volunteers

The Charity is heavily reliant on the time, expertise and energy of its Trustees and other members. Much of the work of the charity is conducted virtually via email and teleconference and is undertaken on a voluntary basis.

At the end of this reporting period there were 421 members in total.

ACTIVITIES: OPERATIONAL COMMITTEES

The Trustees have complied with the duty in part 1 section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission. A detailed report of the activities undertaken and achievements by the Charity to further its charitable purposes for the public benefit is given below.

The business priorities for the organisation in this year are unchanged:

Professional

- To act as advocates for people with obesity
- To provide opportunities for members (for example, via the UK Congress on Obesity and grants)
- To promote and further the study of obesity and its management
- To raise awareness of and support our Centers of Obesity Management (COMs) to highlight clinical and service delivery examples of excellence delivering obesity management

Developmental

- To ensure production and circulation of a monthly e-bulletin to share best practice and highlight relevant obesity news and information
- To maintain the ASO website creating, sharing and signposting to relevant news and events
- To support early career researchers (ECRs) through our ECR network

Education and Clinical

- To produce and deliver educational programmes in support of high-quality excellence in obesity management and research including digital programmes such as webinars and meetings.

Research

- To further research into the study of obesity
- To support funding of research into obesity prevention and management

These priorities were delivered under the leadership of the Operations Management Team, and through the work of Operational Sub-committees (see below). In 2023/4, many of our operations returned to pre-pandemic activity and we continued to resume in-person events. However, much of our operational internal communications continues via digital means to ensure cost effective delivery of services.

Influencing and contributing to national policy

ASO works alongside many organisations across the UK and beyond to inform obesity policy, promote best practice and act as an advocate for people living with obesity. We collaborate with other professional organisations including Obesity Voices, EASO, WOF, The Nutrition Society, BOMMS, BDA and others to share best practice, inform policy and disseminate learning. This is formalised through automatic membership to EASO and WOF for ASO members. The ASO is also a professional stakeholder organisation for NICE guidelines related to obesity.

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FOR THE YEAR ENDED 30 JUNE 2024

Operations Management Team

The Operations Management Team have provided strategic oversight to the delivery of operational activities during the reporting period. The reporting of activities specific to each sub-committee follows.

We conducted a consultation with ASO members during the reporting period to gain feedback on the strategic direction and operational activities of ASO. This included whether members felt we were meeting our strategic objectives, the operational activities, areas of member benefit and opportunities to further develop these. The survey opened on 13th September 2023 and closed on 15th December 2023, and we received 91 valid responses. We are using the results of the member consultation to inform the operational activities included in the ASO strategic plan, which will be developed by the Board of Trustees and Operations Management Team. In the reporting period in 2024, we acted on the ASO member consultation feedback which indicated that members wanted more opportunities to have ASO roles. We have reviewed areas for operational capacity growth and developed new operational roles. As well as providing more opportunities for members to have ASO roles, this enabled more efficient use of ASO funds by scaling back ASO Office support for operational activities, drawing on ASO members' expertise and enthusiasm to support the delivery of ASO operational activities. The Operations Management Team will review how to direct ASO funding to provide further member benefits while developing the strategic plan alongside the Board of Trustees.

The ASO President represented the UK at the WOF AGM in July 2023 (proxy voting) and EASO National Presidents meeting and AGM in May 2024 (in person attendance).

Clinical Practice and Obesity Management Sub-committee

The clinical practice and obesity management sub-committee engages with patients and practitioners, leads on COMs and delivered on the following activities in 2023/4:

- Participation in OHA working group for clinical services on behalf of the ASO
- ASO representation on NICE guidance committees: (1) Digitally enabled weight management programmes to support treatment with weight management medication; (2) Interventional procedures consultation document; (3) Endoscopic sleeve gastropasty for obesity; (4) Weight Management: preventing, assessing and managing overweight and obesity (update); (5) Technology Appraisal: Tirzepatide for managing overweight and obesity; (6) Vitamin B12 deficiency in over 16s diagnosis and management
- Representation of ASO in numerous local, national and international conferences
- Nutrition / Weight Management Training for Healthcare Professionals with Hull Health and care partnership
- Engagement with RCGP Obesity clinical conference

The committee delivered the 5th COMs meeting in Belfast on the 13th of September. This was centred around the theme of 'Services and how to best combine obesity medications with non-pharmacological interventions to maximise health benefits'. It was attended by 50 delegates and sponsorship from Ethicon.

In addition, the Clinical Practice and Obesity Management sub-committee contributed to several other activities led by other operational committees, including UKCO preparation and delivery, newsletter content contribution and governance expertise.

Communication, Partnerships and Networks Sub-committee

This committee oversees all activities related to communication with members, partnerships and networks. It also contributes to the ASO annual congress UKCO, and awards.

ASO Newsletter:

The widely respected monthly membership newsletter provides members with a vehicle to share information on national and international obesity and obesity related research, events, policy and position statements, educational resource, tools, jobs and studentships. The newsletter is also used to promote ASO activities and programmes to ensure members are fully informed.

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ASO Networks:

In 2023, activity in our North West network was reinvigorated with a change of network leadership and organisation of the first in-person workshop in some time, on 'Having meaningful behaviour change conversations' for 19 attendees. The Scottish network continued their regular 'Network Natters' rolling programme, with new topics covering; Optimising digitally-delivered behavioural weight loss programmes, predicting who will lose and gain weight during exercise and weight management regimens, and the role of low-calorie sweeteners in appetite and weight control. ASO Scotland network also hosted a hybrid webinar in March 2024 considering inequalities of living with obesity in a rural environment, slides from this event are available on our website. December 2023 brought together the Yorkshire network with Sheffield Hallam Appetite Research Cluster (SHARe) to deliver a hybrid regional half-day event at Sheffield Hallam University. The East of England region joined forces with our Wales Lead to provide a webinar on advances in pharmacology interventions for people living with obesity in June 2024. The Northern Ireland Network held a joint Safefood All-island Obesity Action Forum meeting with ASOI in June 2024.

ASO Partnerships:

Between June 2023 and June 2024, we have continued to proactively seek to develop and strengthen our partnerships with organisations with aligned values and principles with those of ASO. During this period, partners included: the Society for Endocrinology, the Obesity and Weight Management Alliance, the Nutrition Society and BOMSS. ASO is also an active member of the Obesity Health Alliance.

ASO Website:

The ASO have a functional website with information about the society activities including the annual conference, network activity and research information. However, the Trustees have identified that it needs to be improved to make it more vibrant, engaging and easier to navigate, and this will be actioned in 2025.

ASO Social Media:

Since the last Annual Report and the new ASO structure, the Communications team has increased its capacity and capability substantially. The new ASO Communications operational team commenced its activities in May 2024. ASO's communications via social media channels are coordinated centrally and proactively, allowing ASO to have a strong social media presence and use these opportunities to present an authoritative stance on obesity related issues in the media.

The Communications Team meets once a month to exchange ideas and discuss plans for the upcoming month. A weekly communication grid is in operation which is regularly updated with relevant planning and schedule notes, alongside any specific tasks from the wider ASO team. The communication grid is overseen each week by one member of the team as per a scheduled rota.

During this period, we have continued to maintain our reach and grow our engagement on ASO social media. X (Twitter) followers increased by nearly 9% and LinkedIn saw a growth of 6% and at the end of May 2024 and a total of 534 followers.

Research and Scientific Advisory Sub-committee

This committee leads all activities related to UKCO, the Early Career Researcher (ECR) network and ECR event as well as Awards and grants; the committee also contributes to the newsletter and other forms of communication.

UKCO:

During this period, we held our in-person annual flagship conference, the UK Congress on Obesity (UKCO), which took place at Queens University Belfast on 14th and 15th September 2023.

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Queen's University Belfast hosted the sold-out event, which was a great success, with 178 attendees (including Trustees, excluding speakers, exhibitors). A total of 139 abstracts were submitted to the conference, of which 135 were accepted for presentation (n=22 for oral communication), with 13 withdrawn. A total of 8 travel bursaries (out of 9 applications) were awarded to assist members attending the congress.

The event provided essential updates, inspiration and gave rise to excellent discussion. There were four plenary sessions, including one led entirely by those with lived experience:

- Plenary 1: UK Obesity policy: Foresight and Hindsight – Professor Susan Jebb
- Plenary 2: The Lived Experience – Susie Birney, Fiona Quigley, James Fullan, Vicky Mooney
- Plenary 3: Why is the genetics of obesity important? Professor Sadaf Farooqi
- Plenary 4 - Missed targets, limited action and decreasing priority. Time to regroup, rethink and give children/families living with obesity a chance - Professor Paul Gately

We received n=74 completed evaluations (42% of attendees, with 45 responses from academic researchers), of whom, most people said that they attended to "keep up to date with development within obesity field", followed by "presenting research" and "networking". Feedback was extremely positive, with the congress completely or very much meeting the expectations of 84% of respondents. Key highlights of the event included, hearing about the networking, scope of current form of treatment, lived experiences and interacting with people with lived experience, which "brought perspective to all of the conversations."

"The congress exceeded my expectations. There were several highlights for me - the Lived Experience session (hearing from patients and their lifelong experiences was really insightful), and the awesome response to Ken receiving his award. He's helped so many of us and contributed to so many projects. Also the quality of the speakers (in all the sessions I attended) and range of different session formats were excellent."

Areas for improvement were around more catering options, including somewhere to sit for lunch and clearer signage and a map of the venue for rooms.

A congress highlight was the visual summaries, which were live scribed by Chris at Nifty Fox. The images distilled the key messages and learning from congress. Our thanks to Queens University Belfast and the Society for Endocrinology who supported this session.

Thank you to Queen's University for hosting this year and the fantastic efforts of the team at Riddel Hall to ensure the smooth running of the congress, as well as to the UKCO 2023 sponsors and exhibitors who made this year's UKCO possible.

ASO Awards:

In this period, we issued five awards, presented at the ASO UK Conference on Obesity (UKCO) in September 2023 in Belfast:



Prevention and Treatment Award

The winning title for this award by Dr Ranjana Babber, More Life (Ltd), UK was "Overview of a Tier 3 integrated adult weight management pathway supporting pre-bariatric weight loss and its impact on improving patient's nutritional intake and psychological well-being"

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FOR THE YEAR ENDED 30 JUNE 2024



Ken Clare Award for Excellence in Patient and Public Involvement and engagement in obesity research

The winning title for this award by Dr Elanor Hinton, University of Bristol was “Integrating and evaluating PPI within a co-development project to design the novel weight-management intervention 'AIM2Change', both for and with young people”.



3-Minute Thesis Award

The winning title for this award by *Stacey Boardman, University of Leeds*, was “Do appetitive traits impact success in tier three weight management services?”



Best Poster

The best ECR poster was awarded to *Dr Alice Kininmonth, University College London* for the project, Understanding the family food cultures, experiences and behaviours of families with varying levels of food security: a cross-sectional study.



Best public health abstract

Rebecca Beeken, University of Leeds was awarded the **Best Public Health Abstract** for her project: “Weight management experiences among people living with and beyond colorectal, breast or prostate cancer: A cross-sectional survey”. The best Public Health Abstract (based on abstract submissions) was judged by the Public Health Agency for Northern Ireland and ASO-UKCO Scientific Committee.

ASO Honorary fellowship:

The Association for the Study of Obesity (ASO) awards Honorary Fellowships to individuals who have made a significant contribution to obesity research in the UK. Fellows are elected every two years in recognition of their service and commitment to the field.

The fourth honorary fellowship of the ASO was awarded to **Ken Clare**, for his outstanding contribution to the field of obesity, and for his long-term championing of the ASO.

Early Career Researcher Network

During this accounting period, we delivered a research workshop for ECRs with 33 attendees. The workshop, which was delivered on 13th September 2023 at Queens University, Belfast, ahead of our annual conference, provided ECRs with practical advice and support in developing fellowship applications, writing skills for publication and involving people with lived experience in research. Additionally, the mentoring scheme for ECRs, linking up ECRs with more senior ASO members remains in place, with plans to enrol another cohort of mentors and mentees.

ASSOCIATION FOR THE STUDY OF OBESITY

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FOR THE YEAR ENDED 30 JUNE 2024

PLAN FOR FUTURE PERIODS

Following the decision to restructure in early 2023, the ASO has implemented many changes. We are now at the final stages of the restructure. The Board of Trustees are currently reviewing the ASO Articles of Association and will bring suggested amendments for review and approval by ASO members in 2025. There is an on-going review of ASO risk management including the development of a risk appetite statement and review and update of the risk register. The Board, with support from the Operations Management Team, are also currently in the process of reviewing all ASO policies to ensure they reflect the new structure and division of roles and responsibilities between Trustees and Committee members.

The ASO Operational committees will continue to build on the successful delivery of the flagship conference UKCO, will continue to provide educational programmes of work including webinars and network meetings, to continue to support our ECR network, and to build on embedding PPIE into ASO activities. There is on-going work to review and refine the requirements for COMs accreditation, with plans to grow the Adult COMs network and develop a new network of Paediatric COMs. There is on-going development of a communications strategy for ASO to be more proactive in its role advocating for evidence and lived experience informed approaches to obesity as well as voicing our position on stigma, health inequalities, the food environment and other policy related topics.

The Board of Trustees and Operations Management Team will be working together to develop our new strategic plan, which incorporates member feedback from the recent consultation and reflects our plans for growth in the delivery of operational activities and member benefits.

ASSOCIATION FOR THE STUDY OF OBESITY

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 JUNE 2024

TRUSTEES & SENIOR MANAGEMENT

Trustees

Dr Mary O'Kane (Chair from February 2025)
Mr Patrick McGinley (Treasurer from 2020 - current)
Dr Aileen McGloin (from 31 July 2024, Deputy Chair from February 2025)
Prof Emilie Combet (2021 – current)
Dr Sandra Isibor (Secretary from February 2025)
Prof Paul Gatley (31 July 2024 - current)
Prof Yitka Graham (31 July 2024 – current)
Ann Vincent (31 July 2024 – current)
Prof. Alex Miras (Non-voting trustee)
Prof. Mary Bryant (Non-voting Trustee)
Prof Nicola Heslehurst (Chair finished term July 2024)

Wasim Hanif (Chair July 2024 resigned January 2025)
Carolyn Summerbell (Secretary July 2024 resigned December 2024)

Sarah Le Brocq (resigned October 2024)
Dr David Hughes (Deputy Chair/Honorary Secretary finished term July 2024)
Dr Ken Clare (Finished term September 2023)
Dr Georgios K Dimitriadis (Finished term September 2023)
Dr Dimitrios Pappamargaritis (Finished term December 2023)
Dr Dawn Swancott (Finished term December 2023)
Dr Nerys Astbury (Finished term December 2023)
Dr Julia Mueller (Finished term December 2023)
Dr Kath Roberts (Finished term December 2023)
Laura Gray (Non-voting trustee finished term December 2023)
Zoe Bell (Non-voting trustee finished term December 2023)
Laura McGowan (Non-voting trustee finished term December 2023)

Registered office

4 Bank Court
Weldon Road
Loughborough
Leicestershire
LE11 5RF

Charity Registered Number
1100648

Bankers

Unity Trust bank plc
Nine Brindley Place
Birmingham
B1 2HB

ASO Operational Sub-committee Leadership

Operations Management Team
Chair: Prof Nicola Heslehurst

Clinical Practice and Obesity Management
Sub-committee Chair: Prof Alex Miras

Research and Scientific Advisory
Sub-committee Chair: Prof Emilie Combet

Communications, Partnerships and Networks
Sub-committee Chair: Dr Kath Roberts

ASO Operational Sub-committee Membership

Operations Management Team:

- President and Chair of the Operations Management Team: Prof Nicola Heslehurst
- President Elect: Prof Emilie Combet
- Research and Scientific Advisory Sub-Committee Chair: Dr Julia Mueller
- Clinical Practice and Obesity Management Sub-Committee Chair: Prof Alex Miras
- Communication, Partnerships and Networks Sub-Committee Chair: Dr Kath Roberts
- UKCO Strategic Lead: Dr Laura McGowan
- Sponsorship Lead: Dr Claudia Coelho and Dr Janine Makaronidis (role share for handover period)
- Strategic Review Lead: Dr Laura Gray
- Operations Secretary Lead: Dr Ruth Price

ASSOCIATION FOR THE STUDY OF OBESITY

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TRUSTEES & SENIOR MANAGEMENT

Clinical Practice and Obesity Management Sub-committee:

- Chair: Prof Alex Miras
- Operations Secretary: Dr Julie Sittlington
- COMs Lead: A/Prof Dimitrios Papmargaritis and Dr Claudia Coelho (role share for handover period)
 - Adult COMs: Dr Ehtasham Ahmad
 - Paediatric COMs: Dr Sally Abbott
- Sponsorship Lead: Dr Claudia Coelho and Dr Janine Makaronidis (role share for handover period)
- Sponsorship Support: Kristina Vavura

Communication, Partnerships and Networks Sub-committee:

- Chair: Dr Kath Roberts
- Operations Secretary: Dr Jo Howe
- Networks Lead: Dr Dawn Swancutt
- Partnerships Lead: Dr Anjali Zalin
- Consultations Lead: Mary O’Kane
- Communications Lead: Sadia Ali
- Communications ECR Interns: Dr Zainab Akhter, Dr Rob Oxley, Dr Hao Tang

Research and Scientific Advisory Sub-committee:

- Chair: Dr Julia Mueller
- Lived Experience: Sarah Le Brocq
- ECR Team: Dr Julia Mueller, Dr Shokrane Moghadam, Dr Elizabeth Evans, Dr Katherine Pidd
- UKCO Strategic Lead: Dr Laura McGowan
- UKCO Deputy Lead: Dr Jordan Beaumont
- UKCO Lived Experience Lead: Nadya Isak
- UKCO Abstracts Lead: Dr Fotini Tsofliou
- UKCO Local Organising Committee Link: Dr Luke Boyle
- UKCO Support Officer: Dr Lily Hawkins

Accountants

Essex Abel
4 Bank Court
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LE11 5RF

ASSOCIATION FOR THE STUDY OF OBESITY

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 JUNE 2024

FINANCIAL REVIEW

Principle funding

The principal funding sources for the Charity in 2023/24 as in previous years were: Conference sponsorship fees, Membership and conference registration fees.

The total funding secured in 2023/24 was £102k, slightly down on 2022/2023 as Membership subscriptions were down a little income in this year and we received significantly less in webinar sponsorship than in 2022/23.

Conference sponsorship and registrations, however, was markedly increased on the previous year, up by nearly 50% highlighting the importance of UKCO to the Association.

Principle Expenditure

Total expenditure in 2023/24 was £112, 000 which was higher than in 2022/2023. The reason for this is explained by the return to in-person events, most notably our flagship annual conference with UKCO fees to June 2024 at £58,910

Reserves Policy

ASO has no regular guaranteed sources of income, and the long-term funding of the charity is uncertain. The charity, however, does have fixed operating costs in terms of the activities required to maintain its presence and further its charitable objectives. The charity's work is planned one year in advance with financial commitments made up to three years in advance on some programmes such as the annual conference.

The Trustees have therefore decided that in order to secure the viability of the organisation beyond the immediate future, to provide reliable service and required funding over the longer term, ASO must be able to absorb financial setbacks. It is therefore necessary to set aside some of the current income as a reserve against future uncertainties.

In view of the financial needs of the organisation, the Trustees have agreed to maintain a reserve policy to retain sufficient funds to cover the operating expenses of the organisation for one year. The reserve would cover: secretariat expenditure, supporting funds for agreed projects, and other liabilities such as legal expenses, contractual agreements and other miscellaneous expenses that are necessary for the operation of the charity.

The Trustees review the reserves policy at a Trustee meeting each year held prior to the AGM to ensure that:

- 1) the policy is adequate for its need in the coming year
- 2) reserves level are enough to cover one year operating expenditure
- 3) take necessary steps if reserves falls short of the funding requirement.

Going Concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

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FOR THE YEAR ENDED 30 JUNE 2024

Financial Review Conclusion

The Society ended the year with a net income of minus £10,770, so a net loss on the year, explained primarily by an increase in deferred Income (income received in the period but actually relating to period 2024/25, and the reduction in Webinar Income.

As at 30th June the Association held cash balances of £249,551 including the deferred Income which allows for more than 2 years of activity without any Income, but as has been mentioned in previous years does reinforce the need to explore all avenues of Income generation.

ASO continue to explore other opportunities for funding programmes of activity and will be further exploring grant-making and sponsorship opportunities during 2024/2025.

Statement of Trustee Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is appropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to independent scrutineer

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant information of which the charity's accountant and independent examiner are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant information and to establish that the charity's accountants are aware of that information.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 26/03/2025 and signed on its behalf by:

Mary O'Kane

.....
Dr Mary O'Kane
Chair of the Board of Trustees

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ASSOCIATION FOR THE STUDY OF OBESITY

Independent examiner's report to the trustees of Association for the Study of Obesity ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Jason Oram FCCA

Essex Abel Ltd
4 Bank Court
Weldon Road
Loughborough
Leicestershire
LE11 5RF

Date: 27-3-2025.....

ASSOCIATION FOR THE STUDY OF OBESITY

STATEMENT OF FINANCIAL ACTIVITIES

(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 JUNE 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		29	-	29	10
Charitable activities	3				
Policy and education		<u>102,125</u>	<u>-</u>	<u>102,125</u>	<u>116,640</u>
Total		<u>102,154</u>	<u>-</u>	<u>102,154</u>	<u>116,650</u>
EXPENDITURE ON					
Charitable activities	4				
Policy and education		<u>112,924</u>	<u>-</u>	<u>112,924</u>	<u>100,730</u>
NET INCOME/(EXPENDITURE)		(10,770)	-	(10,770)	15,920
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>171,182</u>	<u>36,150</u>	<u>207,332</u>	<u>191,412</u>
TOTAL FUNDS CARRIED FORWARD		<u>160,412</u>	<u>36,150</u>	<u>196,562</u>	<u>207,332</u>

The notes form part of these financial statements

ASSOCIATION FOR THE STUDY OF OBESITY (REGISTERED NUMBER: 04796449)

BALANCE SHEET

30 JUNE 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	58	-	58	155
CURRENT ASSETS					
Debtors	12	41,688	-	41,688	40,606
Cash at bank	13	<u>191,096</u>	<u>58,455</u>	<u>249,551</u>	<u>238,576</u>
		232,784	58,455	291,239	279,182
CREDITORS					
Amounts falling due within one year	14	(72,430)	(22,305)	(94,735)	(72,005)
NET CURRENT ASSETS		<u>160,354</u>	<u>36,150</u>	<u>196,504</u>	<u>207,177</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>160,412</u>	<u>36,150</u>	<u>196,562</u>	<u>207,332</u>
NET ASSETS		<u>160,412</u>	<u>36,150</u>	<u>196,562</u>	<u>207,332</u>
FUNDS	15				
Unrestricted funds				160,412	171,182
Restricted funds				<u>36,150</u>	<u>36,150</u>
TOTAL FUNDS				<u>196,562</u>	<u>207,332</u>

The trustees' statements required by Section 476 are shown on the following page, which forms part of this Balance Sheet.

Mary O'Kane

.....
Dr Mary O'Kane - Trustee

Patrick McGinley

.....
Patrick McGinley - Trustee

26/03/2025

Approved by the Board on

The notes form part of these financial statements

ASSOCIATION FOR THE STUDY OF OBESITY (REGISTERED NUMBER: 04796449)

BALANCE SHEET

30 JUNE 2024

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on
26/03/2025

..... and were signed on its behalf by:

Mary O'Kane

.....
Dr Mary O'Kane - Trustee

Patrick McGinley

.....
Patrick McGinley - Trustee

The notes form part of these financial statements

ASSOCIATION FOR THE STUDY OF OBESITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

1. GENERAL INFORMATION

Association for the Study of Obesity is a Private Charitable Company Limited by Guarantee, registered in England and Wales.

The charity's registered office and principal place of business can be found in the Trustees Report.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below.

These policies have been consistently applied to all years presented unless otherwise stated.

The financial statements cover the individual entity.

The entity constitutes a public benefit entity as defined by FRS102.

There are no material uncertainties with going concern.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income recognition

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For sponsorship to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the sponsorship and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Subscription are recognised over the period in which they relate to on a straight line basis.

Conference fees are recognised when the event takes places and any fees received in advance are deferred until the event takes place, at which point they are recognised as income.

Donations are accounted for when the charity becomes legally entitled to them and they can reasonably be measured in financial terms.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

FOR THE YEAR ENDED 30 JUNE 2024

ASSOCIATION FOR THE STUDY OF OBESITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

2. ACCOUNTING POLICIES

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

3. INCOME FROM CHARITABLE ACTIVITIES

		2024	2023
	Activity	£	£
Membership subscriptions	Policy and education	20,984	23,064
Conference sponsorship	Policy and education	40,250	45,525
Annual conference registration fees	Policy and education	40,891	27,223
Webinar sponsorship	Policy and education	-	20,828
		<u>102,125</u>	<u>116,640</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)	Support costs (see note 6)	Totals
	£	£	£
Policy and education	<u>64,157</u>	<u>48,767</u>	<u>112,924</u>

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024	2023
	£	£
Centres for obesity management project work	2,347	8,715
Conference expenditure/UKCO	58,910	44,890
Digital education programmes (webinars, podcasts etc)	364	4,520
Policy and representation	1,896	2,156
Joint collaborative project expenditure	640	3,000
Awards	-	500
Grants and awards	-	56
Research expenditure	-	616
	<u>64,157</u>	<u>64,453</u>

ASSOCIATION FOR THE STUDY OF OBESITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

6. SUPPORT COSTS

	Other £	Governance costs £	Totals £
Policy and education	<u>46,567</u>	<u>2,200</u>	<u>48,767</u>

Support costs, included in the above, are as follows:

Other

	2024 Policy and education £	2023 Total activities £
Trustees meeting costs	-	3,336
Trustees' expenses	2,139	3,923
Insurance	318	255
Office costs - postage, stationery, storage	120	40
General expenses	-	35
Subscriptions	657	1,020
Communication costs - social media, newsletters, website charges	4,602	6,876
Bank charges	1,238	1,208
Association management costs (Secretariat fees)	25,520	9,407
Membership management (inc Civicrm database)	10,844	7,010
Irrecoverable VAT	1,032	-
Depreciation of tangible fixed assets	<u>97</u>	<u>97</u>
	<u>46,567</u>	<u>33,207</u>

Governance costs

	2024 Policy and education £	2023 Total activities £
Accountancy and book-keeping costs	<u>2,200</u>	<u>3,070</u>

ASSOCIATION FOR THE STUDY OF OBESITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>97</u>	<u>97</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

The trustees were not paid or received any other benefits from the charity in the year.

Trustees' expenses

	2024	2023
	£	£
Trustees' expenses	<u>2,139</u>	<u>3,923</u>

Number of trustees who were paid expenses in the year was 4 (2023 - 15).

The nature of the expenses are travel and subsistence costs.

9. FEES EXAMINATION OF THE ACCOUNTS

Independent examiner's fees for reporting on the accounts £2,200 (2023 £3,070)

Other fees paid to the independent examiner £nil (2023 £nil).

10. TAXATION

As a charity, the Association For The Study Of Obesity is exempt from tax on income and gains falling within section 466 to 493 Corporation Tax Act 2010 and section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable activities. No tax charges have arisen during the year in the charity.

ASSOCIATION FOR THE STUDY OF OBESITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

11. TANGIBLE FIXED ASSETS

	Computer and office equipment £
COST	
At 1 July 2023 and 30 June 2024	<u>349</u>
DEPRECIATION	
At 1 July 2023	194
Charge for year	<u>97</u>
At 30 June 2024	<u>291</u>
NET BOOK VALUE	
At 30 June 2024	<u><u>58</u></u>
At 30 June 2023	<u><u>155</u></u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Charitable income due	17,495	25,615
Prepayments and accrued income	<u>24,193</u>	<u>14,991</u>
	<u><u>41,688</u></u>	<u><u>40,606</u></u>

13. CASH AT BANK

	2024	2023
	Total	Total
	funds	funds
	£	£
General fund		
£		
Current account	154,906	38,055
Paypal account	<u>36,190</u>	<u>-</u>
	<u><u>191,096</u></u>	<u><u>38,055</u></u>
Externally funded research		
£		
Current account	154,906	38,055
Paypal account	<u>36,190</u>	<u>-</u>
	<u><u>191,096</u></u>	<u><u>38,055</u></u>
EASO & 90TEN education		
£		
Current account	154,906	38,055
Paypal account	<u>36,190</u>	<u>-</u>
	<u><u>191,096</u></u>	<u><u>38,055</u></u>
Total	<u><u>249,551</u></u>	<u><u>238,576</u></u>

ASSOCIATION FOR THE STUDY OF OBESITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	3,672	7,101
VAT	4,550	2,310
Deferred income	46,296	35,689
Accrued expenses	<u>40,217</u>	<u>26,905</u>
	<u><u>94,735</u></u>	<u><u>72,005</u></u>

Deferred Income

Deferred income comprises advance annual membership fees a year from the date paid.

	2024	2023
	£	£
Balance as at 1 July 2023	35,689	13,615
Amount released to income earned from charitable activities	(35,689)	(13,615)
Amount deferred in year	<u>46,296</u>	<u>35,689</u>
Balance as at 30 June 2024	<u><u>46,296</u></u>	<u><u>35,689</u></u>

15. MOVEMENT IN FUNDS

	At 1/7/23	Net movement in funds	At 30/6/24
	£	£	£
Unrestricted funds			
General fund	171,182	(10,770)	160,412
Restricted funds			
Externally funded research	15,750	-	15,750
EASO & 90TEN education	<u>20,400</u>	<u>-</u>	<u>20,400</u>
	<u>36,150</u>	<u>-</u>	<u>36,150</u>
TOTAL FUNDS	<u><u>207,332</u></u>	<u><u>(10,770)</u></u>	<u><u>196,562</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	102,154	(112,924)	(10,770)
TOTAL FUNDS	<u><u>102,154</u></u>	<u><u>(112,924)</u></u>	<u><u>(10,770)</u></u>

ASSOCIATION FOR THE STUDY OF OBESITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

15. MOVEMENT IN FUNDS

Comparatives for movement in funds

	At 1/7/22 £	Net movement in funds £	At 30/6/23 £
Unrestricted funds			
General fund	152,262	18,920	171,182
Restricted funds			
Externally funded research	15,750	-	15,750
EASO & 90TEN education	<u>23,400</u>	<u>(3,000)</u>	<u>20,400</u>
	<u>39,150</u>	<u>(3,000)</u>	<u>36,150</u>
TOTAL FUNDS	<u><u>191,412</u></u>	<u><u>15,920</u></u>	<u><u>207,332</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	116,650	(97,730)	18,920
Restricted funds			
EASO & 90TEN education	-	(3,000)	(3,000)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>116,650</u></u>	<u><u>(100,730)</u></u>	<u><u>15,920</u></u>

The unrestricted funds represents the free funds of the charity which are not designated for particular purposes.

Externally funded research - This is funding which allows the charity to award grants to support research into obesity that is funded by external resources.

EASO and 90TEN (a healthcare specialist) - funding has been received to create a new online resource hub for healthcare professionals working in obesity and weight management.

ASSOCIATION FOR THE STUDY OF OBESITY
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2024

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2024.

17. ULTIMATE CONTROLLING PARTY

The charity is under the control of its members.

ASSOCIATION FOR THE STUDY OF OBESITY
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	29	10
Charitable activities		
Membership subscriptions	20,984	23,064
Conference sponsorship	40,250	45,525
Annual conference registration fees	40,891	27,223
Webinar sponsorship	-	20,828
	<u>102,125</u>	<u>116,640</u>
Total incoming resources	102,154	116,650
EXPENDITURE		
Charitable activities		
Centres for obesity management project work	2,347	8,715
Conference expenditure/UKCO	58,910	44,890
Digital education programmes (webinars, podcasts etc)	364	4,520
Policy and representation	1,896	2,156
Joint collaborative project expenditure	640	3,000
Awards	-	500
Grants and awards	-	56
Research expenditure	-	616
	<u>64,157</u>	<u>64,453</u>
Support costs		
Other		
Trustees meeting costs	-	3,336
Trustees' expenses	2,139	3,923
Insurance	318	255
Office costs - postage, stationery, storage	120	40
General expenses	-	35
Subscriptions	657	1,020
Communication costs - social media, newsletters, website charges	4,602	6,876
Bank charges	1,238	1,208
Association management costs (Secretariat fees)	25,520	9,407
Membership management (inc Civicrm database)	10,844	7,010
Irrecoverable VAT	1,032	-
Carried forward	46,470	33,110

This page does not form part of the statutory financial statements

ASSOCIATION FOR THE STUDY OF OBESITY
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2024

	2024	2023
	£	£
Other		
Brought forward	46,470	33,110
Depreciation	<u>97</u>	<u>97</u>
	46,567	33,207
Governance costs		
Accountancy and book-keeping costs	<u>2,200</u>	<u>3,070</u>
Total resources expended	<u>112,924</u>	<u>100,730</u>
Net (expenditure)/income	<u>(10,770)</u>	<u>15,920</u>

This page does not form part of the statutory financial statements