

Registered number: 04787529
Charity number: 1100243

EXTRA MILE CHALLENGES
(A company limited by guarantee)

UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

EXTRA MILE CHALLENGES
(A company limited by guarantee)

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The following pages do not form part of the statutory financial statements:

Charity Detailed income and expenditure account and summaries

EXTRA MILE CHALLENGES
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REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022

Trustees	P T Ayres, Trustee M R Banham-Hall, Trustee R H Oakley, Trustee (resigned 9 November 2022) M B McNulty, Trustee (appointed 9 November 2022)
Company registered number	04787529
Charity registered number	1100243
Registered office	Woodside House Carlton Road Felmersham Bedfordshire MK43 7JL
Accountants / Independent Examiner	Haysom Silverton Chartered Accountants 249 Silbury Boulevard Milton Keynes Bucks MK9 1NA

EXTRA MILE CHALLENGES
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report together with the financial statements of Extra Mile Challenges for the 1 April 2021 to 31 March 2022. The annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The charitable objects are to make donations for such charitable associates, bodies and organisations as the trustees shall think fit.

The charity works in close co-operation with the Rotary Clubs of Milton Keynes Grand Union and of Bedford Park, each of which provides organisational support for the charity's events. Each nominates a charity, generally with a local connection, to receive a proportion of the funds raised by participants in the Annual Challenge and a further amount is donated to the charitable funds of the two Rotary clubs. The remainder is distributed to charities selected by the participants themselves.

b. Activities undertaken to achieve objectives

The charity organises an annual sponsored cycling Challenge to raise money for distribution to charitable associations, bodies and organisations. It is the intention of the trustees, where possible, to distribute to charity 100% of the money raised by participants in the annual cycling Challenge. To date, this has been achieved in every year since the formation of the charity in 2003.

c. Main activities undertaken to further the Company's purposes for the public benefit

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'. As evidence of operating for the public benefit, since incorporation the charity has made donations to over 300 other different charities specialising in a wide range of charitable activities.

EXTRA MILE CHALLENGES
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance

a. Review of activities

Because of continuing concerns about the impacts of the Covid pandemic, the trustees decided that to organise a cycle challenge overseas carried excessive risks. Thus in 2021 a 3-day event was based in Gloucester with cycling in the extremely challenging terrain of the Cotswolds and Forest of Dean. Participants cycled up to 170 miles over the three days. Funds raised on The Magnificent Severn Challenge increased the total raised since incorporation to £1.7million, distributed to in excess of 300 different charities.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

b. Reserves policy

The trustees are conscious that they must maintain an adequate level of reserves (and hence cash) to enable future fundraising events to be organised. However, they have no intention to maintain reserves in excess of this level.

At the end of the reporting period, the charity held unrestricted reserves of £32,030 (2021 - £28,802).

c. Financial risk management objectives and policies

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud, error and other risks. The trustees have considered and reviewed the principal risks for Extra Mile Challenges and have taken appropriate action to minimise those risks and, where appropriate, to insure against them. These risks include those arising from events organised by the charity and the cancellation of any such event.

The management's main concern is to ensure as far as possible that expenditure is not committed until the related income stream is confirmed. Cautious budgets are prepared for all events and all payments require the authorisation of two signatories.

Structure, governance and management

a. Constitution

Extra Mile Challenges is registered as a charitable company limited by guarantee incorporated on 4 June 2003. The charity's governing document is the Memorandum and Articles of Association amended on 28 October 2003.

EXTRA MILE CHALLENGES
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The existing trustees, who are the only members of the company, periodically review the skills available within the trustee body in relation to the existing and planned activities of the charity. They will consider further appointments or co-option as and when they are believed to be desirable. No other person or body has the right to appoint trustees.

c. Policies adopted for the induction and training of Trustees

New trustees are likely to be familiar with the organisation. Regardless of that, they receive briefing on their responsibilities and duties, and are provided with the information necessary and appropriate for them to carry out their role.

Members' liability

The Members of the Company guarantee to contribute an amount not exceeding £1 each to the assets of the Company in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:


- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

EXTRA MILE CHALLENGES
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Approved by order of the members of the board of Trustees and signed on their behalf by:

DocuSigned by:

62435AB84BBF441...
M R Banham-Hall
(Trustee)

Date: 15-12-2022 | 16:35 GMT

EXTRA MILE CHALLENGES
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Independent examiner's report to the Trustees of Extra Mile Challenges ('the Company')

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

EXTRA MILE CHALLENGES
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed: 
7DB67B6EE4994D9...
Grant Franklin

Dated: 15-12-2022 | 16:37 GMT
ACA

Haysom Silverton
Chartered Accountants
249 Silbury Boulevard
Milton Keynes
Bucks
MK9 1NA

EXTRA MILE CHALLENGES
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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:				
Charitable activities	3	67,712	67,712	11,196
Investments	4	2	2	307
Total income		67,714	67,714	11,503
Expenditure on:				
Charitable activities	6	64,486	64,486	15,130
Total expenditure		64,486	64,486	15,130
Net movement in funds		3,228	3,228	(3,627)
Reconciliation of funds:				
Total funds brought forward		28,802	28,802	32,429
Net movement in funds		3,228	3,228	(3,627)
Total funds carried forward		32,030	32,030	28,802

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 18 form part of these financial statements.

EXTRA MILE CHALLENGES
(A company limited by guarantee)
REGISTERED NUMBER: 04787529

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Current assets			
Debtors	10	7,183	-
Cash at bank and in hand		52,755	35,565
		<u>59,938</u>	<u>35,565</u>
Creditors: amounts falling due within one year	11	(27,908)	(6,763)
Total assets less current liabilities		<u>32,030</u>	<u>28,802</u>
Total net assets		<u><u>32,030</u></u>	<u><u>28,802</u></u>
Charity funds			
Unrestricted funds	13	32,030	28,802
Total funds		<u><u>32,030</u></u>	<u><u>28,802</u></u>

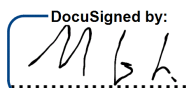
The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

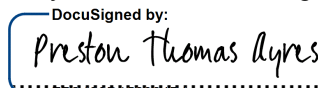
The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

DocuSigned by:

 M R Banham-Hall
 (Trustee)
 Date: 15-12-2022 | 16:35 GMT

DocuSigned by:

 P T Ayres
 (Trustee)

The notes on pages 10 to 18 form part of these financial statements.

EXTRA MILE CHALLENGES
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

Extra Mile Challenges is a charitable company limited by guarantee incorporated in England and Wales within the United Kingdom.

The financial statements are presented in sterling which is the functional currency of the Company and rounded to the nearest £.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Extra Mile Challenges meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. Deferred income relates to corporate support, entry fees and advance sponsorship received in respect of the following years Challenge.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

EXTRA MILE CHALLENGES
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.4 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

2.7 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

EXTRA MILE CHALLENGES
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

3. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £
General funds	67,712	67,712

	<i>Unrestricted funds 2021 £</i>	<i>Total funds 2021 £</i>
General funds	11,196	11,196

4. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £
Investment income - bank interest	2	2

	<i>Unrestricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Investment income - bank interest	307	307

5. Analysis of grants

	Grants to Institutions 2022 £	Total funds 2022 £
Grants	37,569	37,569

EXTRA MILE CHALLENGES
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

5. Analysis of grants (continued)

	<i>Grants to Institutions 2021 £</i>	<i>Total funds 2021 £</i>
Grants	13,475	13,475

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2022 £	Total 2022 £
General funds	64,486	64,486

	<i>Unrestricted funds 2021 £</i>	<i>Total 2021 £</i>
General funds	15,130	15,130

Summary by expenditure type

	Other costs 2022 £	Total 2022 £
General funds	64,486	64,486

	<i>Other costs 2021 £</i>	<i>Total 2021 £</i>
General funds	15,130	15,130

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

6. Analysis of expenditure on charitable activities (continued)

Summary by expenditure type (continued)

7. Analysis of expenditure by activities

	Activities undertaken directly 2022 £	Grant funding of activities 2022 £	Total funds 2022 £
General funds	26,917	37,569	64,486

	<i>Activities undertaken directly 2021 £</i>	<i>Grant funding of activities 2021 £</i>	<i>Total funds 2021 £</i>
General funds	1,655	13,475	15,130

Analysis of direct costs

	General funds 2022 £	Total funds 2022 £
Event costs	25,264	25,264
Other costs	193	193
Accountancy fees	1,460	1,460
	26,917	26,917

EXTRA MILE CHALLENGES
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

7. Analysis of expenditure by activities (continued)

Analysis of direct costs (continued)

	<i>General funds 2021 £</i>	<i>Total funds 2021 £</i>
Event costs	690	690
Other costs	111	111
Accountancy fees	854	854
	<u>1,655</u>	<u>1,655</u>

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £1,460 (2021 - £854).

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, expenses totalling £126 were reimbursed to Trustees (2021 - £13) in respect of charitable costs.

10. Debtors

	2022 £	2021 £
Due within one year		
Prepayments and accrued income	<u>7,183</u>	<u>-</u>

EXTRA MILE CHALLENGES
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	24,979	1,704
Other creditors	1,440	850
Accruals and deferred income	1,489	4,209
	<u>27,908</u>	<u>6,763</u>

12. Financial instruments

	2022 £	2021 £
Financial assets		
Financial assets measured at fair value through income and expenditure	<u>52,755</u>	<u>35,565</u>

EXTRA MILE CHALLENGES
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
Unrestricted funds				
Reserves	28,802	67,714	(64,486)	32,030

Statement of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2021 £</i>
Unrestricted funds				
Reserves	<i>32,429</i>	<i>11,503</i>	<i>(15,130)</i>	<i>28,802</i>

14. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
General funds	28,802	67,714	(64,486)	32,030

Summary of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2021 £</i>
General funds	<i>32,429</i>	<i>11,503</i>	<i>(15,130)</i>	<i>28,802</i>

EXTRA MILE CHALLENGES
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Total funds 2022 £
Current assets	59,938	59,938
Creditors due within one year	(27,908)	(27,908)
Total	<u>32,030</u>	<u>32,030</u>

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Current assets	35,565	35,565
Creditors due within one year	(6,763)	(6,763)
Total	<u>28,802</u>	<u>28,802</u>

EXTRA MILE CHALLENGES
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**INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2022 £	2021 £	2021 £
Income				
Fund raising	32,588		9,296	
Gift aid receivable	4,329		-	
Corporate and other support	10,310		-	
Entry and other fees	20,485		1,900	
Bank interest	2		307	
	<hr/>	67,714	<hr/>	11,503
Gains on investments				
	<hr/>	-	<hr/>	-
Gross income in the reporting period		<hr/> 67,714 <hr/>		<hr/> 11,503 <hr/>
Less:				
Charitable activities				
Event costs	25,264		217	
Other costs	193		111	
Charitable distributions	37,569		13,475	
Independent examiners fee	1,460		854	
Currency exchange loss/(gain)	-		473	
	<hr/>	64,486	<hr/>	15,130
Total expenditure		<hr/> 64,486 <hr/>		<hr/> 15,130 <hr/>
Net income/(expenditure) for the reporting period		<hr/> 3,228 <hr/>		<hr/> (3,627) <hr/>
Deficit for the reporting period		3,228		(3,627)
Surplus brought forward at 1 April 2021		28,802		32,429
Surplus carried forward at 31 March 2022		<hr/> 32,030 <hr/>		<hr/> 28,802 <hr/>

Extra Mile Challenges

Payments to Charities
2021 Magnificent Severn Cycle Challenge
Year ended 31 March 2022



Charity

Addenbrooke's Charitable Trust	518
Bedford Blues Foundation	420
Bedford Hospitals Charity incl various Primrose appeals	544
Bedfordshire Open Door	6,499
Bedford Sports Foundation	5,442
Country Days	306
Dementia UK	780
Emily's Star	4,690
Headway Bedford	254
Home Start Wellingborough & District	130
Hummingbird Centre	1,523
Keech Hospice Care	2,691
Midlands Air Ambulance Charity	1,500
MIND	582
MKGU Rotary Charitable Trust	2,000
Motor Neurone Disease Association	150
Myeloma UK	1,425
Parkinson's UK	150
Phyllis Tuckwell Hospice	544
Rotary Club of Bedford Park Trust	2,608
Shine	244
Sue Ryder (incl St John's Hospice, Moggerhanger)	3,313
Teckles Animal Shelter	244
Tibbs Dementia	127
Young Lives vs Cancer	886
Total of 25 Charities	<u>37,569</u>