

SHARING LIFE TRUST

England & Wales - Charity number 1100176

Details

Status Registered

Legal form Other

Registered 2003-10-20

Register [View on the Charity Commission register](#)

Contact

Address Unit D2
Station Yard
Thame
Oxfordshire
OX9 3UH

Phone 03002010212

Email info@sharinglifetrust.org

Website www.sharinglifetrust.org

Activities

Objects: FOR THE RELIEF OF POVERTY

Activities: Provision of services and support for people in poverty and need, both in the UK and Overseas.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** ENGLAND
- Burundi
- India
- Senegal
- Buckinghamshire
- Oxfordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£108,143	£90,403	-	-
2023-12-31	£94,547	£62,500	-	-
2022-12-31	£75,820	£59,000	-	-
2021-12-31	£60,985	£57,334	-	-
2020-12-31	£82,399	£50,759	-	-

Trustees

Name	Role	Appointed
PHILIP STRATTON	Chair	
CHRISTINE WARING		2018-08-21
Edward Fox		2025-10-06
JOHN HULETT		2011-10-07
Rev Ian Brown		2025-10-06
STEVE EYRE		

SHARING LIFE TRUST

England & Wales - Charity number 1100176

Accounts



SHARING LIFE TRUST

TRUSTEES' REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2024

Registered Charity Number: 1100176

SHARING LIFE TRUST (Registered Charity Number: 1100176)

Trustees

Philip Stratton (Chair)
Christine Waring
John Hulett
Steve Eyre
Gordon Taylor

The Trustees' Report and Accounts cover the year to 31 December 2024.

The composition of the trustee body shown above covers the full period from 1 January 2024 until the Trustees' Report and Accounts were approved.

Office

Unit D2
Station Yard
Thame
OX9 3UH

Independent Examiner

Lisa Walker FCCA
APS Accountancy Limited
4 Cromwell Court
New Street
Aylesbury
HP20 2PB

The governing document is the Charity's Constitution adopted when the charity was registered on 20 October 2003.

SHARING LIFE TRUST **Trustees' Report**

The Trustees present their report and accounts for the year to 31 December 2024.

Purposes

The principal aims of the Charity are to relieve poverty and hardship.

Trustees

Trustees shall be no fewer than 2 and no more than 7. Other than the two founding trustees they are elected to serve for a term of 3 years and are eligible for re-election at a Trustee Meeting of the Charity in accordance with the requirements of the Constitution.

Reserves Policy

Reserves are required to cover an unexpected loss of income and to allow ongoing commitments to be met in these circumstances.

The Trust's income is predominantly from private donors, with occasional income from successful grant applications. Consequently, there is some inherent uncertainty over future cashflow and over the past 20 years we have survived on something of a hand-to-mouth basis.

Since the Covid pandemic, private income has increased dramatically, as has the demand on our FoodBank, for which we have recently recruited 2 part-time administrators.

Trustees agreed at the meeting on 6th September 2023 that we should place £50,000 into an instant access savings account to ensure the ongoing viability of the trust for a minimum period of one year should donations drop off significantly in the future.

This policy of covering one year's expenditure will be reviewed annually.

At 31st December 2024 the Trust held total funds of £116,866 of which £80,887 was in a reserves account.

Review of Developments, Activities and Achievements

Financial Reporting:

Due to the employment of staff in 2023 we recruited a book-keeper with payroll experience in March. At the end of the year our Treasurer stood down following a family bereavement, and one of the Trustees agreed to provide management reporting. When we submitted our 2023 accounts for inspection it became clear that the record-keeping was not complete and this led to the late filing of the Annual Return. We had no choice but to continue with this arrangement until the end of the year, whereupon a new book-keeping business was appointed for calendar year 2025.

SHARING LIFE TRUST
Trustees' Report (continued)

Review of the year by area:

Foodbank

The number of Foodbank parcels has increased further during the year by 7%, and a total of 1,702 food parcels were delivered to local addresses, providing for 1,042 adults and 940 children in 800 households. Requests were again overwhelmingly validated by other local agencies, and in total £46,202 was spent (an increase of 80% on the previous year), including supplementary items and energy top-ups.

Our online payment platform called 'Enthuse', launched to enable donations from the website, brought in over £19,000 and became a very significant source of support. Two other similar platforms generated a further £7,000 for the Foodbank between them.

We have 100+ volunteers covering the Foodbank and Community Larder, with around 80 regularly committed in both collecting food from supermarkets, packing food parcels and delivering to clients, and who are critical for us in responding to this growing demand in such difficult circumstances.

Community

In a development of the Foodbank, we have continued to expand the Community Larder scheme, which has over 155 members (an increase of 21% on the previous year), including many Ukrainian refugees. This offers unsold food items donated by supermarkets for scheme members to buy at very reduced cost; enabling people to benefit from the lower expense and also to regain control over their food shopping. An additional benefit (and motivation for around half the users) is to reduce the amount of wasted food going to landfill.

The Trust continued to support local people in need with emergency funding for clients of the Citizens Advice Bureau for some bankruptcy and Debt Relief Orders, and also to provide white goods for people unable to manage without a cooker or fridge, for example.

International

We support the Sharing Life/Rema clinic in Burundi, in conjunction with Rema UK (registered charity no. 1118650). The clinic provides healthcare in the province of Rutana, where a very large number of returnees from refugee camps in Tanzania have settled, either on land requiring negotiation with families who took it over following the genocides, or in Internally Displaced People camps. Steve visited in June along with the Rema UK Trustees and we continue to support the clinic's work with funding for medicines and malaria prevention.

We also carried on funding for the Calcutta Samaritans and Emmanuel Ministries in Kolkata, India with their work alongside substance abuse addicts and street children. We continued to support Bethan & Tenebou in Senegal and sent them £2,200 during the year towards their clinic and also continued to locally support Ukrainian refugees in partnership with other agencies.

Finally:

Trustees met for an awayday early in the year to discuss succession planning (amongst other business) and want to record our thanks to Derek Witchell for his dedication and long service as Trustee and wish him well in his retirement.

SHARING LIFE TRUST
Trustees' Report (continued)

Statement of Trustees Responsibilities

The Charities Act 2011 section 130 requires the Trustees to prepare accounts for each financial year sufficient to show and explain the Charity's transactions and which disclose with reasonable accuracy the Charity's financial position. In preparing those accounts the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts, and;
- prepare the accounts on a going concern basis unless it can be assumed that the Charity will not continue to operate as such.

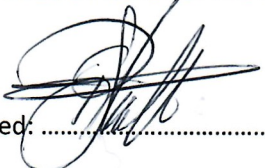
The Trustees are responsible for keeping proper accounting records which disclose the financial position of the Charity, with reasonable accuracy, at any time. They are also responsible for safeguarding the assets of the Charity and for taking reasonable steps to prevent or detect fraud.

The Trustees have fulfilled the responsibilities as outlined above.

Accounts

The accounts are presented on a Receipts and Payment basis.

Approved on behalf of the Trustees on 6/10/25

Signed: 

Philip Stratton – Chair

Sharing Life Trust (Registered Charity No. 1100176)
Independent Examiner's Report to the Trustees of Sharing Life Trust

I report on the accounts for the year ended 31 December 2024 set out on pages seven to eleven.

Respective responsibilities of Trustees and the Independent Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act"). The Charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Act) and that instead an independent examination is required.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- (a) the accounting records were not kept in accordance with section 130 of the Act; or
- (b) the accounts did not accord with the accounting records; or
- (c) the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: ... *Lisa Walker*

Date: ... 13th October 2025

Lisa Walker FCCA
APS Accountancy Limited
4 Cromwell Court
New Street
Aylesbury
Bucks
HP20 2PB

Sharing Life Trust (Registered Charity No. 1100176)

RECEIPTS AND PAYMENTS

Year to 31 December 2024

	Note	2024 £	2023 £
Incoming resources			
Grants, donations and other income	2	107,432	94,381
Interest income		711	166
		108,143	94,547
Resources expended			
Charitable activities	3	90,403	62,500
		17,740	32,047
Net incoming resources		17,740	32,047
Surplus/(deficit) for the year		17,740	32,047

BALANCE SHEET

As at 31 December 2024

	Note	2024 £	2023 £
Current assets:			
Cash in hand		281	124
Bank accounts		116,585	99,002
Net current assets		116,866	99,126
Represented by:			
Balance at start of year		99,126	67,079
Net surplus/(deficit)		17,740	32,047
Total Funds	6	116,866	99,126

The financial statements were approved on behalf of the Trustees on 6/10/25

Signed: 

Philip Stratton – Chair

Sharing Life Trust
Notes to the Accounts
For the year ending 31 December 2024

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared on the Receipts and Payments basis.

Income

All incoming resources, including interest and dividends on investments, are included on receipt.

Expenditure

Expenditure is recognised as incurred.

Management and support expenditure is allocated to activities on the basis of the use of resources. Governance costs include any professional advice necessary to meet Charity Commission or other authority requirements.

Taxation

Sharing Life Trust is a charitable institution with exemption from UK taxation.

Fund Accounting

Funds held by the Charity are either:

Unrestricted funds – funds which can be used in accordance with the charitable objects.

Restricted funds – funds received on condition that they are expended on specific activities.

Sharing Life Trust
Notes to the Accounts
For the year ending 31 December 2024

2 GRANTS, DONATIONS & OTHER INCOME

	2024	2023
	£	£
Unrestricted		
Donations	77,465	37,684
Grants	11,000	-
Gift Aid claimed	5,249	6,757
	<hr/> 93,714	<hr/> 44,441
Restricted		
Foodbank	7,982	42,865
Ukraine Support	66	1,416
Burundi	5,170	5,059
India	-	600
Senegal	500	-
	<hr/> 13,718	<hr/> 49,940
TOTAL	<u>107,432</u>	<u>94,381</u>

3 RESOURCES EXPENDED

	2024	2023
	£	£
Caring in Thame including Thame Food Bank	65,420	46,202
Counselling Support	250	2,800
Ukraine Support	569	871
Burundi	4,808	3,360
India	5,000	4,400
Senegal	2,200	-
Oxfordshire CAB	5,000	-
Administration costs	7,156	4,867
	<hr/> 90,403	<hr/> 62,500
TOTAL	<u>90,403</u>	<u>62,500</u>

Sharing Life Trust
Notes to the Accounts
For the year ending 31 December 2024

4 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration, expenses or other benefits (2023: Nil).

5 STAFF COSTS	2024	2023
	£	£
Wages and salaries	19,278	13,981
Social security and pensions	-	-
	<u>19,278</u>	<u>13,981</u>

The average monthly number of employees during the year was 2 (2023: 2).
No employees received remuneration in excess of £60,000 (2023: Nil).

6 FUNDS

	Unrestricted Funds £	Restricted Funds £	Total £
Receipts 2023			
Grants and donations	87,306	7,075	94,381
Interest received	166	-	166
	<u>87,472</u>	<u>7,075</u>	<u>94,547</u>
Payments 2023			
Charitable activities	49,002	8,631	57,633
Administration costs	4,867	-	4,867
	<u>53,869</u>	<u>8,631</u>	<u>62,500</u>
Net (deficit)/surplus 2023	33,603	(1,556)	32,047
Balance at 1 January 2023	43,986	23,093	67,079
Transfers between funds	(15,838)	15,838	-
Balance at 31 December 2023	61,751	37,375	99,126
Receipts 2024			
Grants and donations	93,714	13,718	107,432
Interest and dividends	711	-	711
	<u>94,425</u>	<u>13,718</u>	<u>108,143</u>
Payments 2024			
Charitable activities	70,670	12,577	83,247
Administration costs	7,156	-	7,156
	<u>77,826</u>	<u>12,577</u>	<u>90,403</u>
Net (deficit)/surplus 2024	16,599	1,141	17,740
Balance at 1 January 2024	61,751	37,375	99,126
Transfers between funds	(4,248)	4,248	-
Balance at 31 December 2024	74,102	42,764	116,866

Sharing Life Trust
Notes to the Accounts
For the year ending 31 December 2024

7 RELATED PARTIES

There were no related party relationships to report (2023: none).

SHARING LIFE TRUST

England & Wales - Charity number 1100176

Accounts

Annual Report for 2023

Review of the year by area:

Foodbank

The number of Foodbank parcels has increased dramatically during the year by 72%, and a total of 1582 food parcels were delivered to local addresses, providing for 777 adults and 690 children in 300+ households. Requests were again overwhelmingly validated by other local agencies, and in total £46,202 was spent (an increase of 80% on the previous year), including supplementary items and energy top-ups.

A new online payment platform called 'Enthuse' was launched to enable donations from the website, which brought in £6530 since August and was becoming a very significant source of support.

We have 120+ Volunteers covering the Foodbank and Community Larder, with around 80 regularly committed in both collecting food from supermarkets and delivering to clients, and who are critical for us in responding to this growing demand in such difficult circumstances.

Community

In a development of the Foodbank, we have continued to expand the Community Larder scheme, which has over 155 members (an increase of 21% on the previous year), including many Ukrainian refugees. This offers unsold food items donated by supermarkets for scheme members to buy at very reduced cost; enabling people to benefit from the lower expense and also to regain control over their food shopping. An additional benefit (and motivation for around half the users) is to reduce the amount of wasted food going to landfill.

As demand has grown due to the cost-of-living crisis we employed the second of our two planned administration job-share partners and rented additional office space to accommodate them.

The Trust continued to support local people in need with emergency funding for clients of the Citizens Advice Bureau for some bankruptcy and Debt Relief Orders, and also to provide white goods for people unable to manage without a cooker or fridge, for example.

International

We support the Sharing Life/Rema clinic in Burundi, in conjunction with Rema UK (registered charity no. 1118650). The clinic provides healthcare in the province of Rutana, where a very large number of returnees from refugee camps in Tanzania have settled, either on land requiring negotiation with families who took it over following the genocides, or in Internally Displaced People camps. We continue to support the clinic's work with funding for medicines and malaria prevention.

We also carried on funding for the Calcutta Samaritans and Emmanuel Ministries in Kolkata, India with their work alongside substance abuse addicts and street children.

Steve Eyre, Trustee

SHARING LIFE TRUST

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2023

RECEIPTS	2023	2022
Bank balance as at 1st January	67079	50259
RECEIPTS		
Specific gifts received for:		
Overseas Aid / Relief in Burundi	5059	5649
Emmanuel Ministries & Calcutta		
Samaritans working with destitute in India	600	600
Caring in Thame including donations to Thame Food Bank	42865	32970
Donations to cover Admin costs		2400
General Donations	37527	20804
Tax reclaimed on Gift Aided giving	6757	5966
Ukraine Support	1416	4844
Red Kite Family Centre	0	24
Energy support	157	2563
Interest Received	166	
Total receipts	94547	75820
Opening balance at bank	67079	50259
Add receipts in 2023	94547	75820
	161626	126079
Deduct Payments in 2023	62500	59000
Closing balance at bank	99126	67079


 BA WWS. ACFB

Independently examined by Trevor Walker and signed 13 February 2025

PAYMENTS	2023	2022
Specific Gifts for:		
Overseas Aid / Relief in Burundi	3360	22672
Emmanuel Ministries & Calcutta Samaritans working with destitute in India	4400	4400
UFM Worldwide	0	500
Caring in Thame including the running of Thame Food bank	46202	25691
Counselling Support	2800	2700
Ukraine support	871	1158
Admin costs	4867	1534
Red Kite Family Centre		345
Total Payments	62500	59000
Closing bank balance 31 December	99126	67079

Note to aid clarity
 Costs of running the Thame Food Bank in the year are £1380 higher than shown being salary costs incurred in December 2023, but paid in January 2024.



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name: SHARON LEE TRUST

On accounts for the year ended

31 DECEMBER 2023

Charity no (if any)

1100176

Set out on pages

1 ATTACHED (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 DECEMBER 2023.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
• the accounts did not accord with the accounting records; or
• the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

13 February 2024

Name:

TREVOR WALTON

Relevant professional qualification(s) or body (if any):

R.A. NURS: GOVERNMENT ACCOUNTANTS A.C.I.B

Address:

152 STONEHURSTON
HAMBURHAM AYLESBURY
HP17 8EX

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.

SHARING LIFE TRUST

England & Wales - Charity number 1100176

Accounts

Annual Report for 2022

Review of the year by area:

Foodbank

The Foodbank has increased dramatically during the year by 33%, and a total of 914 food parcels were delivered to local addresses, providing for 685 adults and 549 children in 191 households. Requests were again overwhelmingly validated by other local agencies, and in total £25,681 was spent, including supplementary items and energy top-ups.

We have 90 Volunteers covering the Foodbank and Community Larder, all exceptionally committed in both collecting food from supermarkets and delivering to clients, and who are critical for us in responding to this growing demand in such difficult circumstances.

Community

In a development of the Foodbank, we have continued to expand the Community Larder scheme, which has over 110 members, including some Ukrainian refugees. This offers unsold food items donated by supermarkets for scheme members to buy at very reduced cost; enabling people to benefit from the lower expense and also to regain control over their food shopping. An additional benefit (and motivation for around half the users) is to reduce the amount of wasted food going to landfill.

As demand has grown due to the cost-of-living crisis we expanded the FoodBank store and we also launched a new database to support our FoodBank clients, and employed the first of our two planned administration job-share partners.

The Trust continued to support local people in need with emergency funding for clients of the Citizens Advice Bureau for some bankruptcy and Debt Relief Orders, and also to provide white goods for people unable to manage without a cooker or fridge, for example.

International

We support the Sharing Life/Rema clinic in Burundi, in conjunction with Rema UK (registered charity no. 1118650). The clinic provides healthcare in the province of Rutana, where a very large number of returnees from refugee camps in Tanzania have settled, either on land requiring negotiation with families who took it over following the genocides, or in Internally Displaced People camps. We continue to support the clinic's work with funding for medicines and malaria prevention.

We also carried on funding for the Calcutta Samaritans and Emmanuel Ministries in Kolkata, India with their work alongside substance abuse addicts and street children.

Steve Eyre, Trustee

SHARING LIFE TRUST

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2022

	2022	2021	PAYMENTS	2022	2021
Bank balance as at 1st January	50259.53	46359.02			
RECEIPTS					
Specific gifts received for:			Specific Gifts for:		
Overseas Aid /Relief in Burundi	5648.68	5809.75	Overseas Aid /Relief in Burundi	22672.47	25739.83
Emmanuel Ministries & Calcutta			Emmanuel Ministries & Calcutta		
Samaritans - working with			Samaritans - working with		
destitute in India	600	600	destitute in India	4400	11000
			UFM Worldwide	500	
Caring in Thame including			Caring in Thame including the		
donations to Thame Food bank	32969.76	22594.18	running of Thame Food bank	25691.16	16301.08
			Counselling Support	2700	2150
Donations to cover admin costs	2400	2400	Ukraine Support	1157.79	
General Donations	20804.12	22005.69	Admin costs	1534.12	2143.57
Tax reclaimed on Gift Aided Giving	5965.99	7430.79			
Ukraine Support	4843.93		Red Kite Family centre	344.9	
Red Kite Family Centre	24.12	144.9			
(2019 includes £10000 grant from OCC)					
Energy Support	2563.48				
Total Receipts	75820.08	60985.31	Total Payments	59000.44	57334.48
			Bank/cash as at 29th December	67079.17	

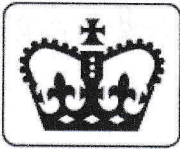
Independently examined by Trevor Walker and signed 26 August 2023

Notes:

Foodbank equipment purchased 2022:

Fridge	1307.98
Racking	456
Bins	149.84
signs	200
Headset	173.9
Total:	2287.72

Opening Cash Balance 1 January 22	50259.53
Plus Receipts 2022	75820.08
	126079.61
Less Payments 2022	59000.44
	67079.17
Bank Balance 29 December 2022	67079.17
Petty Cash Balance 31 Dec 2022	472.59
	67551.76



Section A

Independent Examiner's Report

Report to the trustees/ members of

SHARING LIFE TRUST

On accounts for the year ended

31 DECEMBER 2022

Charity no (if any)

1100176

Set out on pages

1 ATTACHED

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 DECEMBER 2022.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

26 AUGUST 2023

Name:

TREVOR WATKINS

Relevant professional qualification(s) or body (if any):

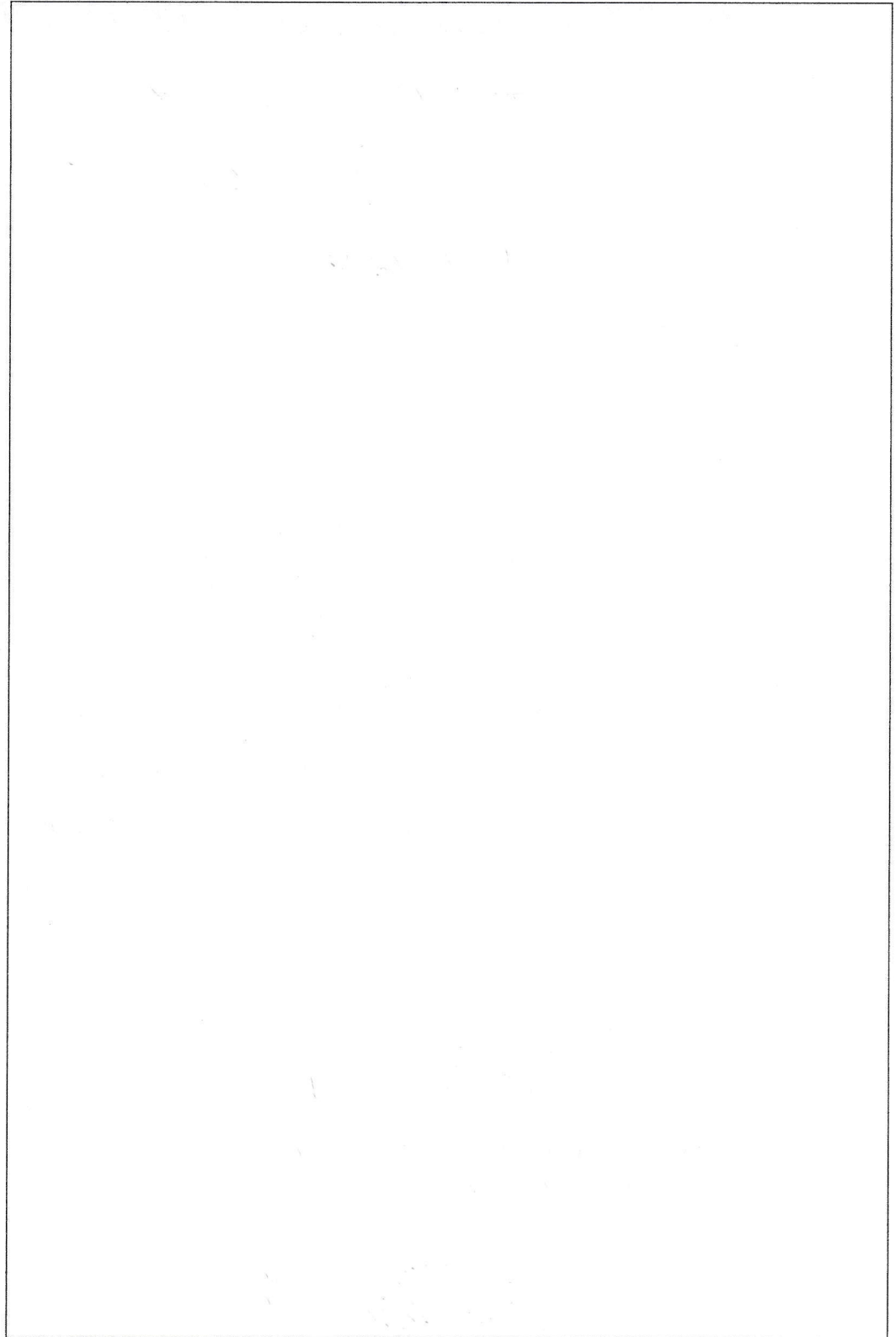
B. A HONS: ECONOMICS & ACCOUNTING
ACCA

Address:

152 SMIERSTON
MADDENHAM, AYLESBURY
MK17 8EX

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



SHARING LIFE TRUST

England & Wales - Charity number 1100176

Accounts

Annual Report for 2021

Review of the year by area:

Foodbank

The Foodbank has continued to be in high demand and during the year 689 food parcels were delivered to local addresses, providing for 907 adults and 791 children in 152 households. Requests were again overwhelmingly validated by other local agencies, and in total £16,301 was spent, including supplementary items and energy top-ups.

We have 85 Volunteers all exceptionally committed, and who are critical for us in responding to this growing demand in such difficult circumstances.

Community

In a development of the Foodbank, we have continued to expand the Community Larder scheme. This offers unsold food items donated by supermarkets for scheme members to buy at very reduced cost; enabling people to benefit from the lower expense and also to regain control over their food shopping.

The Trust continued to support local people in need with emergency funding for clients of the Citizens Advice Bureau for some bankruptcy and Debt Relief Orders, and also to provide white goods for people unable to manage without a cooker or fridge, for example.

International

We support the Sharing Life/Rema clinic in Burundi, in conjunction with Rema UK (registered charity no. 1118650). The clinic provides healthcare in the province of Rutana, where a very large number of returnees from refugee camps in Tanzania have settled, either on land requiring negotiation with families who took it over following the genocides, or in Internally Displaced People camps. We continue to support the clinic's work with funding for medicines and malaria prevention.

We also carried on funding for the Calcutta Samaritans and Emmanuel Ministries in Kolkata, India with their work alongside substance abuse addicts and street children.

Steve Eyre, Trustee

SHARING LIFE TRUST

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2021

	2021	2020	PAYMENTS	2021	2020
Bank balance as at 1st January	46799.35	15158.66			
RECEIPTS					
Specific gifts received for:					
Overseas Aid /Relief in Burundi Emmanuel Ministries & Calcutta Samaritans - working with destitute in India	5809.75	5320.15	Specific Gifts for: Overseas Aid /Relief in Burundi Emmanuel Ministries & Calcutta Samaritans - working with destitute in India	25739.83	20100
	600	1600		11000	3300
Caring in Thame including donations to Thame Food bank	22594.18	35642.43	Caring in Thame including the running of Thame Food bank Counselling Support	16301.08	22108.49
				2150	3285
Donations to cover admin costs	2400	2400	Admin costs	2143.57	1465.08
General Donations	22005.69	29753.74			
Tax reclaimed on Gift Aided Giving	7430.79	7037.5			
Red Kite Family Centre (2019 includes £10000 grant from OCC)	144.9	645.44	Red Kite Family centre		500
Total Receipts	60985.31	82399.26	Total Payments	57334.48	50758.57
			Bank/cash as at 31st December	50450.18	

Independently examined by Trevor Walker and signed 26 August 2022

Notes:

Foodbank equipment purchased 2021:

Fridge	1037.98
Crates	507
trolleys/dollies	256.77
signs	75
shredder	79.98
screen (community larder)	74.04
Total:	2030.77
Swan Credit union balance	102.40
Balances left on crisis care PO cards:	27.26

Opening Cash Balance 1 January 21	46799.35
Plus Receipts 2021	60985.31
	107784.66
Less Payments 2021	57334.48
	50450.18
Bank Balance 31 December 2021	50259.53
Petty Cash Balance 31 Dec 2021	190.65
	50450.18



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Sharing Life Trust

**On accounts for the year
ended**

31 December 2021

**Charity no
(if any)**

1100176

Set out on pages

1 attached

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

26 August 2022

Name:

Trevor Walker

**Relevant professional
qualification(s) or body**

BA Hons; ACIE

(if any):

--

Address:

152 Sheerstock

Haddenham

Bucks. HP17 8EX

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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SHARING LIFE TRUST

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2021

	2021	2020	PAYMENTS	2021	2020
Bank balance as at 1st January	46799.35	15158.66			
RECEIPTS					
Specific gifts received for:					
Overseas Aid /Relief in Burundi Emmanuel Ministries & Calcutta Samaritans - working with destitute in India	5809.75	5320.15	Specific Gifts for: Overseas Aid /Relief in Burundi Emmanuel Ministries & Calcutta Samaritans - working with destitute in India	25739.83	20100
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				2150	3285
Donations to cover admin costs	2400	2400	Admin costs	2143.57	1465.08
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Independently examined by Trevor Walker and signed 26 August 2022

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	50450.18
Bank Balance 31 December 2021	50259.53
Petty Cash Balance 31 Dec 2021	190.65
	50450.18

SHARING LIFE TRUST

England & Wales - Charity number 1100176

Accounts

Annual Report for 2020

Review of the year by area:

Foodbank

The Foodbank has continued to grow as demand has increased over a year marked by the exceptional constraints of the pandemic. During the year 692 food parcels were delivered to local addresses, providing for 957 adults and 878 children in 148 households (an increase of 62%). Requests were again overwhelmingly validated by other local agencies, and in total £14,704 was spent, including supplementary items and energy top-ups.

Volunteers were up threefold and exceptionally committed, considering the pandemic, and were critical for us in responding to this growing demand in such difficult circumstances.

Community

In a development of the Foodbank, Trustees had sought to establish a program to prevent client reliance on the Foodbank by linking up during the year with SOFEA, a social enterprise based in Didcot, and by joining their Community Larder scheme. This offers unsold food items donated by supermarkets for scheme members to buy at very reduced cost; enabling people to benefit from the lower expense and also to regain control over their food shopping. The original intent of the scheme was to provide a community gathering around the Larder delivery site (thanks are due to a local church in Thame for this) but under Covid restrictions we could not operate in the intended manner and were obliged to deliver items to members' addresses instead.

The Trust continued to support local people in need with emergency funding for clients of the Citizens Advice Bureau for some bankruptcy and Debt Relief Orders, and also to provide white goods for people unable to manage without a cooker or fridge, for example.

International

We support the Sharing Life/Rema clinic in Burundi, in conjunction with Rema UK (registered charity no. 1118650). The clinic provides healthcare in the province of Rutana, where a very large number of returnees from refugee camps in Tanzania have settled, either on land requiring negotiation with families who took it over following the genocides, or in Internally Displaced People camps. We continue to support the clinic's work with funding for medicines and malaria prevention.

We also carried on funding for the Calcutta Samaritans and Emmanuel Ministries in Kolkata, India with their work alongside substance abuse addicts and street children.

Steve Eyre, Trustee

SHARING LIFE TRUST

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2020

	2020	2019	2020	2019
Cash balances as at 1st January	15158.66	18956.82		
RECEIPTS			PAYMENTS	
Specific gifts received for:			Specific Gifts for:	
Overseas Aid /Relief in Burundi	5320.15	5649.01	Overseas Aid /Relief in Burundi	20100
Emmanuel Ministries & Calcutta			Emmanuel Ministries & Calcutta	
Samaritans - working with destitute in India	1600	600	Samaritans - working with destitute in India	3300
			ARM Senegal support for building of community clinic	3350
Caring in Thame including donations to Thame Food bank	35642.43	11093.95	Caring in Thame including the running of Thame Food bank	22108.49
Prior year adj re Food Bank petty cash		86.85	Counselling Support	3285
				3910
Donations to cover admin costs	2400	2400	Admin costs	1465.08
General Donations	29753.74	25805.87	Governance Costs	2094.86
Tax reclaimed on Gift Aided Giving	7037.5	11468.55		150.00
Red Kite Family Centre (2019 includes £10000 grant from OCC)	645.44	10145.44	Red Kite Family centre	500
			Asset Purchasing (shelving)	1112.4
Total Receipts	82399.26	67249.67	Total Payments	50758.57
Net Surplus/Deficit (-)	31640.69	-3798.16	Bank balance as at 31st December	46359.02
			Petty Cash Balance	440.33
				46799.35
				14956.27
				202.39
				15158.66

Notes:

Foodbank equipment purchased 2020:

Freezer	626.38
Crates	1903.26
trolleys	211.20
racking & shelves	1144.80
belt barriers (for Covid compliance)	178.11
Total:	4063.75

Swan Credit union balance £102.40
Balances left on crisis care PO cards: 57.26

Opening Cash Balance 1 January 2020	15158.66
Plus Receipts 2020	82399.26
	97557.92
Less Payments 2020	-50758.57
	46799.35
Bank Balance 31 December 2020	46359.02
Petty Cash Balance 31 December 2020	440.33
	46799.35

Independently examined by Trevor Walker and signed 7 September 2021



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name
Sharing Life Trust

On accounts for the year ended

31 December 2020

Charity no (if any)

1100176

Set out on pages

1-3

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

7 September 2021

Name:

Trevor Walker

Relevant professional qualification(s) or body

BA Hons; ACIB

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

SHARING LIFE TRUST

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2020

	2020	2019	2020	2019
Cash balances as at 1st January	15158.66	18956.82		
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Total Receipts	82399.26	67249.67	Total Payments	50758.57
				71047.83
Net Surplus/Deficit (-)	31640.69	-3798.16		
			Bank balance as at 31st December	46359.02
			Petty Cash Balance	14956.27
				440.33
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