



## Trustees' Annual Report for the period

From	Period start date	Period end date	To
	01 January 2022	31 December 2022	

### Section A Reference and administration details

Charity name UMMAH HELPING HANDS

Other names charity is known by

Registered charity number (if any) 1100009

Charity's principal address 16 Blair Close

Hayes

Middlesex

UB3 4HQ

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MR HIFZUR REHMAN ABDULSAMAD			Trustee/Members
2	MR ABDUL SATTAR JIRAWALA			Trustee/Members
3	MR MOHAMMAD AQEEUL SAMAD			Trustee/Members
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (e.g. trust deed, constitution)	Constitution
How the charity is constituted (e.g. trust, association, company)	Trust
Trustee selection methods (e.g. appointed by, elected by)	Elected by the members

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- Trustees' consideration of major risks and the system and procedures to manage them.

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**Summary of the objects of the charity set out in its governing document**

The objectives for the Charity are as follow:

**Charitable objects**

FOR SUCH CHARITABLE PURPOSES FOR THE BENEFIT OF THE INHABITANTS OF CENTRAL GUJARAT, INDIA (HEREINAFTER CALLED THE "AREA OF BENEFIT") AS THE TRUSTEES MAY FROM TIME TO TIME DETERMINE.

**Classification**

- GENERAL CHARITABLE PURPOSES
- EDUCATION / TRAINING
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- DISABILITY
- THE PREVENTION OR RELIEF OF POVERTY
- OVERSEAS AID / FAMINE RELIEF

**Who**

- CHILDREN/YOUNG PEOPLE
- ELDERLY/OLD PEOPLE
- PEOPLE WITH DISABILITIES
- PEOPLE OF A PARTICULAR ETHNIC OR RACIAL ORIGIN

**How**

- MAKES GRANTS TO INDIVIDUALS

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Summary of the main achievements of the charity during the year**

**Over the last year**

Last year thanks to our donors, hard working staff and volunteers, UHH were able to continue our valuable work for the poor people in villages around Anand.

With the help of Allah (SWT) **UHH** was able to bring help to the needy and destitute. However, there is much yet to do.

Thousands of Muslims in the area still suffer from poverty, disease, illiteracy and lack of economic opportunities. **UHH** not only provides financial assistance but a source of much needed hope to the particularly vulnerable in society: orphans, young girls, widows, the old and the infirm. We ask Allah (SWT) to allow us to help more of those who require assistance urgently. **UHH** thanks all those who have supported us and hope that Allah rewards them better in this life and the Hereafter. One again with Allah's help and blessings, we can bring change to these people and their lives.

**Our Current Projects**

**Widows**

We at **UHH** are currently helping **120 vulnerable widows** in areas where there is no provision or care. **UHH** offers every widow a monthly relief package where they are also personally given the donation. We are currently operating this project in **8 villages** on a regular basis.

**Al-Huda Orphanage, Vejalpur, Gothra**

Over the past 7 years, we have successfully established a dedicated orphanage which currently provides for 50 orphans. With your generous donations, we have been able to clothe them, feed them and provide them with lodging/boarding within an Islamic environment. Here we deliver secular and Islamic education in order to pave a bright future for these young orphans.

**HealthCare**

In India, the medical market has been commercialised, consequently causing difficulties for the poor people to pay for health and medical services/bills. Therefore, **UHH** have established Faizan Hospital situated in Anand, Gujarat. Within this hospital we also have a dedicated maternity home allowing us to help many poor, vulnerable families with minimal charges. And many people taking benefit from this

**Marriage help for orphan girls**

Marriage is a social obligation upon every Muslim, which completes half of one's *deen*. Orphan girls have consequently been unable to get married due to the loss of their parents and their poor background. We at **UHH** can give you the opportunity to be a major part in changing their situation as we currently distribute basic marriage kits for these disadvantaged young brides. This kit includes: A suitcase, clothes, bangles, utensils and a copy of the *Qur'an*. This kit only costs £60-last year we help about **40 girls**.

### **Self Reliance**

It is essential that those in need get a helping hand to establish their own businesses to help themselves. **UHH** assist unemployed male head of households with carts on which they can start a street vending business. Ladies of poor families are provided with sewing machines allowing them to start a business within the home or saving family money allowing them to become self-dependent. **45 individuals with their businesses**

### **Ramadan & Eid**

Every Ramadan **UHH** distributes iftar packages for more than 200 poor families in remote villages around Anand. This allows them to comfortably fast in the month of Ramadan without any worries or concerns with regards to food and drink. We also provide poor children with Eid gift packages so they can have an enjoyable Eid with other children. Last year, **UHH** managed to distribute more than 150 Eid gift packages.

### **Education**

Education is a vital part of Islam and essential for the poor and wealthy. Education will enable poor children to be free from poverty and labour. This will also improve their situation for themselves and their families for a brighter and secure future. **UHH** help poor students by providing them with books, uniform and school fees. **The Messenger of Allah (pbuh) encouraged the believers to remove themselves from poverty due to its significant impact it had on faith.**

*Last year we help more than 100 students with your support.*

### **Additional Work**

We also distribute funds to those we suffer emergencies, whether this be towards poor women within their *iddah* period, towards housing repairs or otherwise.

*Last year we help in our additional works helping 60 poor individuals with their needs.*


Section E Financial review	
Brief statement of the charity's policy on reserves	None
Details of any funds materially in deficit	None
Further financial review details (Optional information)	
<p>You may choose to include additional information, where relevant about:</p> <ul style="list-style-type: none"> <li>the charity's principal sources of funds (including any fundraising);</li> <li>how expenditure has supported the key objectives of the charity;</li> <li>Investment policy and objectives including any ethical investment policy adopted.</li> </ul>	

Section F Other optional information

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		AS Jirawala
Full name(s)	HAFIZUR R. SAMAD -	ABDUL SATAR JIRAWALA
Position (e.g. Secretary, Chair, Etc.)	CHAIRMAN.	SECRETARY
Date	17/10/23	17/10/23



UMMAH HELPING HANDS

11/10/2023

## Receipts and payments accounts

CC16a

For the period  
from

01/01/2022

To

31/12/2022

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donation, Legacies and Grants	84,711	-	-	84,711	85,262
Others	9,790	-	-	9,790	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>94,500</b>	<b>-</b>	<b>-</b>	<b>94,500</b>	<b>85,262</b>
<b>A2 Asset and investment sales, etc.</b>	-	-	-	-	-
<b>Total receipts</b>	<b>94,500</b>	<b>-</b>	<b>-</b>	<b>94,500</b>	<b>85,262</b>
<b>A3 Payments</b>					
Charitable Distribution	87,839	-	-	87,839	99,121
Fundraising Cost	1,084	-	-	1,084	-
Professional Fees	250	-	-	250	35
Website	319	-	-	319	316
Motor Expenses	-	-	-	-	-
Light and Heat	-	-	-	-	-
Water Sewerage	-	-	-	-	-
Insurance	-	-	-	-	-
Telephone, Internet and Postage	-	-	-	-	-
Printing, Stationery & Computer Supplies	102	-	-	102	207
Grants and Donations	-	-	-	-	-
Bank Charges	161	-	-	161	-
Travelling	408	-	-	408	357
Waste Disposal	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>90,164</b>	<b>-</b>	<b>-</b>	<b>90,164</b>	<b>100,036</b>
<b>A4 Asset and investment purchases, etc.</b>	-	-	-	-	-
<b>Total payments</b>	<b>90,164</b>	<b>-</b>	<b>-</b>	<b>90,164</b>	<b>100,036</b>
<b>Net of receipts/(payments)</b>	<b>4,337</b>	<b>-</b>	<b>-</b>	<b>4,337</b>	<b>(14,774)</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	<b>48,645</b>	-	-	<b>48,645</b>	<b>63,419</b>
<b>Cash funds this year end</b>	<b>52,982</b>	<b>-</b>	<b>-</b>	<b>52,982</b>	<b>48,645</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Deposit/Saving Account	4,024	-	-
	Current Account	48,958	-	-
			-	-
	<b>Total cash funds</b>	<b>52,982</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))			


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>				
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	HAFIZUR R. SAMAD	17/10/23
A-S Siranvala	ABDUL SATAR JIRANVALA	17/10/23



# Independent examiner's report on the Accounts

## Section A

## Independent Examiner's Report

Report to the trustees/  
members of

UMMAH HELPING HANDS

On accounts for the year  
ended

31 DECEMBER 2022

Charity no

1100009

Set out on pages

2

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no matter has come to my attention.

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 41 of the 1993 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met ; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

17/10/2023

Name:

S M Q Accountancy

**Relevant professional  
qualification(s) or body  
(if any):**

Accountant

Address:

Crown House-Suite 702, North Circular Road, London NW10 7PN