

Annual Report

And Accounts

2024-2025



fertilitynetworkuk

Contents

- 3 Legal & Administrative Information
- 4 Welcome
- 5 About Fertility Network UK
- 6 Highlights of the year
- 11. Spotlight on our services
- 18. Our plans for the future
- 19. Thank you
- 21. Governance Statement
- 24. Statement of Trustees' responsibilities
- 25. Financial statements

LEGAL AND ADMINISTRATIVE INFORMATION

Charity number (England and Wales)	1099960
Charity number (Scotland)	SC039511
Company number	4822073
Registered office	23 St Leonards Road Bexhill-on-Sea East Sussex TN40 1HH
Accountants	Galloways Accounting (Bexhill) Ltd 23 St Leonards Road Bexhill-on-Sea East Sussex TN40 1HH
Bankers	Lloyds Bank PLC 25 Cornhill Bridgwater TA6 3AY

Trustee Foreword

On behalf of the Board of Trustees, I am pleased to present the Annual Report and Accounts for 2024-2025. This year has been one of progress, resilience, and renewed stability for Fertility Network UK as we continue our vital work supporting all those affected by fertility challenges across the United Kingdom.

In a year marked by continued financial pressures across the charity sector, the organisation has demonstrated strong governance and effective stewardship. I am particularly pleased to note the significant improvement in the charity's financial position – with a surplus of £41,485 compared with a deficit of £213,494 in the previous year. This reflects the prudent management, strategic restructuring, and commitment of our staff, volunteers, and Trustees to ensure long-term sustainability and impact.

This year, we amplified the voices of those navigating infertility through Unspoken, Fertility Network UK's first podcast, creating a platform that fosters understanding and empathy. Our expanded Fertility in the Workplace initiative has driven cultural change in organisations, influencing policy and improving support for employees in partnership with the Department of Health and Social Care, Bourn Hall, and HSBC. Groundbreaking research into infertility-related trauma has sparked a national conversation on mental health and fertility care, shaping awareness and informing future practice.

By delivering tailored support across England, Scotland, Wales, and Northern Ireland, our regional teams have helped this community of people feel less isolated and more empowered on their fertility journey. Through specialist networks for ethnic minority, LGBTQ+, and male communities, we have sought to ensure that every voice is heard, making our services truly inclusive.

Across all nations, Fertility Network UK continues to strengthen its reach and influence, and shaping the national conversation on infertility.

The Trustees extend sincere thanks to our partners, funders, donors, staff, and volunteers. Your collective commitment makes it possible for us to deliver compassionate, evidence-based, and accessible support to thousands of individuals each year.

Looking ahead, the Board is committed to driving sustainable growth by diversifying income streams, ensuring the charity can reach and support more people. We aim to strengthen partnerships with health professionals to improve patient experiences and influence practice, while continuing to champion fair and equitable access to fertility treatment across the UK. With a clear strategic direction and a dedicated team, we are confident in delivering lasting change for everyone affected by infertility.

On behalf of the Board of Trustees, I thank all who have contributed to our mission this year and reaffirm our commitment to ensuring that everyone facing fertility challenges receives the understanding, care, and support they deserve.



Katy Sparrow Robins
Chair of Trustees
Fertility Network UK

About Fertility Network UK

Our Mission

Fertility Network UK is the leading charity across the UK in the provision of a comprehensive support network for those facing fertility challenges at all stages of their journey, providing information, education as well as practical and emotional support.

Our Objectives

- To be there for those navigating infertility particularly through the provision of information, advice, and support.
- To uphold the provision of an equitable system of publicly funded fertility treatment throughout the UK for all affected by infertility, subfertility, and secondary infertility.
- To support the needs of persons navigating infertility through the provision of inter alia, a network of local support groups, a support line service, a website and a regular magazine and e-newsletter;
- To advance public education about all aspects of fertility and infertility;
- To raise the profile of issues concerning fertility and infertility in the media and in general, in an informed, responsible manner; and
- To encourage and assist continuing research into infertility and its various effects.

What We Do

Driven by the lived experience of our community we;

- Provide unbiased information, advice, and support to people navigating infertility, through our website, telephone advice line and online chatbox.
- Connect people across the nations, through a network of face to face and online support groups and webinars.
- Support employers and employees through our 'Fertility in the Workplace' Initiative.
- Campaign for the provision of an equitable system of publicly-funded fertility treatment.
- Advance public education.
- Engage and inform young people around their future fertility.
- Encourage and assist research in into infertility.
- Champion patient voices on professional committees

Public benefit

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

In considering the operation, achievements and performance and finances of the Trust, the trustees are satisfied that public benefit has been provided in accordance with the Charities Act 2011, Charities and Trustee Investment (Scotland) Act 2005 and guidance provided by the Office of the Scottish Charity Regulator and the Charity Commission.

Highlights of the Year

Unspoken: Launching Our First Podcast

In November 2024 we proudly introduced Unspoken, Fertility Network UK's first podcast, designed to give a voice to the often-silent experiences of those facing fertility challenges. In its first month this podcast had 370 listens across all platforms.

Through candid conversations, expert advice, and personal stories, the podcast aims to break down stigma and provide support to anyone navigating infertility. By creating this platform, we are strengthening our commitment to raising awareness and fostering a sense of community. Unspoken is already resonating with listeners, offering reassurance that no one has to face this journey alone.



Listen on:

[Apple Podcasts](#)

[Spotify](#)

[Amazon Music](#)

[RSS Online](#)

With thanks to Anita Guru and all our guests who supported our Season 1 podcast

- **Episode 1: Andrea Byrne: Desperate Rants and Magic Pants through a fertility journey.**
- **Episode 2: Dr. Thanos Papathanasiou from Bourn Hall IVF Clinic**
- **Episode 3: The journey with the creators of 'Joy, Jack Thorne & Rachel Mason**
- **Episode 4: The journey of the world's second IVF Mum, Grace MacDonald**
- **Episode 5: A mother's heart with empty arms, Ruth Corden**
- **Episode 6: Fertility in the workplace at HSBC, Kim Stubbs**

Highlights of the Year

National Fertility Awareness Week 2024

#FertilityinMind



In 2024, the **12th National Fertility Awareness Week** focused on the impact fertility issues have on mental health and wellbeing.

The week aimed to raise awareness of how infertility affects mental health, highlight the support people need, and show how we can all play a role in helping individuals look after their wellbeing.

We launched the week with the release of findings from a major new survey on infertility-related trauma, conducted with nearly 900 patients in collaboration with the British Infertility Counselling Association (BICA) and researchers at Cardiff University, Cardiff Metropolitan University, and Queen's University Belfast.

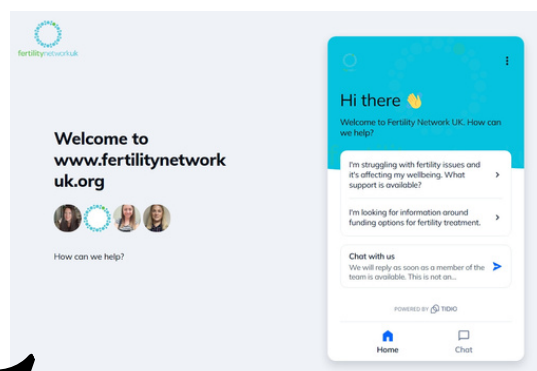
Throughout the week, we shared beneficiaries' experiences, signposted support, and encouraged conversations about mental health. Activities included awareness-raising, fundraising for our cause, and promoting resources to help those on their fertility journey.

The campaign amplified the voices of people affected by infertility, spotlighted the prevalence of trauma, and strengthened calls for better mental health support. It mobilised professionals, patients, and the public to work together on improving wellbeing for those facing fertility challenges.

Online Chat Box

In November 2024, we introduced an online chat pilot to enhance real-time support for our beneficiaries. This initiative was designed to provide a discreet and convenient way to connect with our team, reducing reliance on phone calls or email correspondence. The pilot demonstrated strong engagement, confirming the value of this channel in improving accessibility, particularly for individuals in workplace settings where calls may not be practical. Building on these insights, we plan to implement the chat functionality across all staff in the coming year and actively promote it as a key component of our support services.

Read the article and access support [here](#)



Highlights of the Year

Partnerships & Initiatives



TFP Fertility Partnership

In January 2025, Fertility Network UK announced an innovative partnership with TFP Fertility, a leading fertility clinic group, to address the often-overlooked issue of male infertility. The collaboration aims to:

- **Raise Awareness:** Challenge myths and taboos surrounding male fertility and shift societal perception from infertility being seen solely as a “women’s issue.”
- **Support Men:** Provide improved emotional and practical support for men through counselling, online resources, and community engagement.
- **Research & Advocacy:** Build on Fertility Network’s research showing male infertility significantly impacts mental health, self-esteem, relationships, and finances.
- **Clinical Commitment:** TFP Fertility will explore ways clinics can better support men during treatment and promote technological advancements to overcome reproductive challenges.

This partnership strengthens our mission to ensure inclusive fertility support and reduce isolation for men experiencing infertility.

Clinic Pledge: Supporting Patients and Staff



In partnership with Bourn Hall, Fertility Network UK launched the Clinic Pledge as part of its Fertility in the Workplace initiative. This programme encourages fertility clinics to help patients balance treatment with work commitments and to support their own staff who may face similar challenges.

Why It Matters:

- Research shows 75% of fertility patients report reduced productivity at work, and 37% receive little or no employer support.
- 40% of employers lack a fertility policy, leaving employees vulnerable to stress and discrimination.

What the Pledge Involves:

- Signposting patients to workplace support resources and tools for starting conversations with employers.
- Operational flexibility, such as online appointments and varied communication methods.
- Best practice adoption, including implementing a fertility policy within clinics and subscribing to workplace education packages.

This initiative strengthens collaboration between clinics, employers, and Fertility Network UK to reduce stigma and improve wellbeing for those navigating fertility treatment alongside their careers.

Highlights of the Year

Research

Infertility-Related Trauma Research - Key Findings

Fertility Network UK, in collaboration with Cardiff University, Cardiff Metropolitan University, Queen's University Belfast, and the British Infertility Counselling Association, published new research revealing that infertility-related trauma is significantly more common than previously recognised.

- **Prevalence:** 41% of respondents met criteria for PTSD or complex PTSD (32% complex PTSD, 9% PTSD) using the International Trauma Questionnaire.
- **Sample:** 590 respondents from the UK and Ireland self-reported traumatic experiences linked to infertility.
 - Care Gaps: Only 16.1% said healthcare professionals discussed infertility-related trauma.
 - Just 27.6% received any support to cope.
 - 61.2% reported aspects of fertility care worsened trauma.
- **Impact:** Respondents described cumulative distress from repeated medical events and social triggers, with some reporting suicidal thoughts.
- **Call to Action:** Fertility Network UK urges trauma-informed fertility care and improved counselling interventions to prevent and mitigate harm.

This research underscores the urgent need for systemic changes in fertility services to address psychological wellbeing alongside medical treatment.

Social Media & Outreach

Social media engagement has increased across most platforms, the most significant growth being on our Instagram page, with an increase of 34% throughout the year.

Facebook: 17,163

Instagram: 21,534

Twitter (X): 13,595

LinkedIn: 5,936



Highlights of the Year

Events

Fertility in the Workplace: Driving Employer Engagement

This year, Fertility Network UK strengthened its Fertility in the Workplace programme, partnering with HSBC and Bourn Hall fertility clinic under the Department of Health and Social Care (DHSC) and & Voluntary, Community, and Social Enterprise (VCSE) grant-funded initiative. In November, we convened The Case for Employer Action event at Essex Cricket Ground, highlighting the intersection of fertility challenges and workplace support. Speakers shared personal experiences and best practice, emphasising the need for inclusive policies, flexibility for treatment, and stigma reduction. The event showcased grassroots advocacy, employer initiatives, and clinical perspectives, reinforcing the importance of collaboration between employers, clinics, and



Through FiTW, we help transform workplaces into environments where people navigating fertility challenges feel supported and understood. By providing policy guidance, training, and practical resources, we enable organisations to reduce stress and protect mental wellbeing. Our fully funded support for subject matter experts under the Women's Health Strategy goes beyond compliance—it empowers employers to create inclusive cultures that retain talent and prevent isolation during one of life's most difficult journeys. The result: healthier teams, stronger organisations, and a workforce where fertility is no longer a barrier to thriving.

Fertility Network UK at The Fertility Show

Fertility Network UK participated in The Fertility Show, the UK's largest event dedicated to fertility education and support. The charity hosted an information stand to raise awareness about our services. Attendance reinforced our commitment to supporting everyone affected by fertility challenges and building partnerships across the sector. The event provided an opportunity to connect directly with individuals, clinics, and employers, share resources, and promote campaigns such as Fertility in the Workplace and the Clinic Pledge.

Attendance reinforced our commitment to supporting everyone affected by fertility challenges and building partnerships across the sector.

Fertility Network at The Modern Family Show

Fertility Network UK attended The Modern Family Show in London, with a stand providing further information about NHS funding and support avenues, as well as workplace support options, to hundreds of show attendees from all over the UK.

Our presence at the show was an important opportunity to engage directly with the LGBTQ+ community and ensure they had access to clear, reliable information on family-building options. By being part of this event, we strengthened our role as a trusted source of guidance and demonstrated our commitment to supporting diverse paths to parenthood.

Spotlight on our Services

Fertility in the Workplace

The Fertility in the Workplace (FiTW) initiative, funded by the Department of Health and Social Care, aimed to improve workplace support for individuals facing fertility challenges. Now in its second year, the project has exceeded several key targets and continues to align with the Women's Health Strategy and DHSC's goal of improving healthcare outcomes through a well-supported workforce.

Our KPIs across the 3 years of the grant were:

Number of women supported directly 1:1 and through workshops.

Target 900 - **Actual 1,419** (+57%)

Number of SMEs supported directly.

Target 60 - **Actual 102** (+70%)

Number of active workplace ambassadors.

Target 50 - **Actual 60** (+20%)

Number of women supported through health and wellbeing programmes.

Target 480 - **Actual 554** (+15%)

Number of self-employed women and women working for SMEs accessing online support, forums, support line etc.

Target 1,400 - **Actual 1,762** (+26%)



The project supported DHSC priorities by helping employers recognise fertility as a medical condition, implement supportive policies, and educate staff. Research shows that 75% of women consider workplace fertility policies when applying for jobs, yet only 25% of organisations have one. FiTW addresses this gap by promoting inclusive workplace cultures and reducing stigma.

Programme activities to achieve impact targets:

- Developed **downloadable workplace information packs** for employers and employees.
- Delivered support packages including webinars, **CPD-accredited online learning**, and 1:1 support.
- Introduced the **Clinic Pledge** with Bourn Hall Clinic to improve workplace support for fertility patients and clinic staff.
- Created a **mini-series of webinars** covering topics such as LGBTQ+ fertility, mental health, baby loss, and IVF.
- Offered **inclusive wellbeing sessions** focused on mental health and nutrition, with a dedicated members page and monthly mentoring group.
- Engaged 10 **volunteers** to support delivery and share lived experiences.
- Relaunched the **Workplace Ambassador** role to promote policy change and peer support within organisations.

Evaluation: An external evaluator confirmed the programme was well-targeted, met an unmet need, and received strong endorsement from participants. Benefits included improved wellbeing, reduced isolation, and increased workplace awareness. Most participants would recommend the programme.

Spotlight on our Services



Fertility Network UK in England

In its final year, our lottery-funded project in England delivered measurable improvements in emotional support, outreach, and inclusivity for people facing fertility challenges. Feedback-driven enhancements to stakeholder engagement, peer support, and wellbeing services meant that:

78% of service users reported feeling significantly more supported after accessing our services.

Over three years, we made major strides in reaching ethnic minority communities through a dedicated Project Worker, tailored webinars, peer groups, and partnerships with local organisations. This work impacted more than 700 individuals in the first year alone and grew our online community to 739 members, with over 500 people attending online meetings.

Our Clinic Ambassador Programme strengthened patient access by connecting with 136 clinics, improving awareness and signposting support in underserved areas. Fertility support groups grew by 54%, now reaching over 5,000 members, including a 41% increase in the over-40s group and a 70% rise in weight-loss support groups, driven by popular nutrition programmes.

Wellbeing remained central, with eight annual programmes such as yoga, mindfulness, and nutrition sessions, alongside targeted initiatives for LGBTQ+, ethnic minority, and male communities. LGBTQ+ support expanded significantly, with segmented groups and a 42% increase in Facebook membership, complemented by outreach at Pride and the Modern Family Show.

"Absolutely amazing! The support and information about pathways was invaluable. Having experts give talks was also superb as there's so much information out there, it's hard to know where to go or what to do. Aside from that, having a safe [space] to talk, moan, cry etc, with people who understood what you were going through was so important, especially as my situation went on for 5 years. I've made some good friends from the support groups too. I just wish I knew about Fertility Network sooner. [Fertility Network UK team] have been absolute stars."

LGBTQ Pathways to Parenthood Course Feedback

Volunteer engagement improved through better onboarding and training, while KPIs evolved to reflect changing needs. Across all channels, we supported around 4,000 individuals annually, exceeding one-to-one support targets and ensuring inclusive service delivery.

..

Spotlight on our Services



Fertility Network UK in Wales

In November 2024 our funding in Wales came to end after a 5 year funded project from the Welsh Lottery however we were able to secure additional funding from TNL Wales for a new project from March 2024.

Between December 2023 and November 2024, Fertility Network UK Wales delivered life-changing support to thousands of people navigating fertility challenges. We provided direct assistance to 1,815 individuals, while our peer networks, information sessions, and outreach extended our impact across Wales. Feedback shows that personalised one-to-one guidance on treatment options and emotional wellbeing transformed lives, helping people feel informed and supported during an incredibly difficult journey.

Our peer support network connected 759 individuals through regional and LGBTQ+ Facebook groups, WhatsApp communities, and face-to-face initiatives like Cardiff's Walk and Talk group—creating safe spaces that reduce isolation and build resilience. Educational webinars on NHS referral pathways, donor conception, and LGBTQ+ fertility journeys attracted 329 live attendees and over 600 YouTube views, ensuring vital information reached far beyond the live audience.

"The peer support has been great. I've accessed weight loss and Wales groups. Via Facebook, Zoom, face to face and WhatsApp. Hearing from others that understand is helpful. I've had 1-1 support. That was helpful when I was just about to start my round of IVF. Also when asking questions about treatment locally (questions on NHS policy and acquisition of my chosen clinic). They asked questions for me where I was nervous to do so myself."

We also engaged 1,500 young people through outreach to 12 educational institutions, addressing gaps revealed by our Your Future Fertility survey (reaching 834 people) and sparking conversations about fertility awareness. Clinical and workplace engagement advanced through a pilot with Cwmtawe GP Cluster and training for over 220 healthcare professionals, while our presence at the Women at Work Wales Conference promoted fertility-friendly workplaces.

"I wanted to take a moment to express my gratitude for your presence at the meeting on Tuesday. Your insights and contributions were invaluable, and I truly appreciate your time and effort in attending. Your professionalism and commitment are truly admirable."

GP trainee

Our digital reach soared, with Instagram surpassing 1,000 followers, Facebook reaching 910 followers and 15,400 impressions, and 165,000 website visits, including 6,600 from Wales. Media collaborations with BBC Wales and Pure West Radio amplified visibility, while community engagement at Pride Cymru and the Modern Family Show reinforced our commitment to inclusivity. Supported by 10 dedicated volunteers, we exceeded one-to-one support targets and strengthened wellbeing for thousands across Wales.

Spotlight on our Services

Fertility Network UK in Northern Ireland

With continued support from the Department of Health, Belfast Health Trust, and the Belfast Cathedral Black Santa Sit-out Fund, we delivered services that made a real difference for people facing fertility challenges in Northern Ireland. Over the year, we provided direct support to more than 1,000 individuals, offering guidance and emotional care through email, WhatsApp, calls, and texts. Our outreach to health professionals exceeded 900 contacts, ensuring better awareness and signposting, supported by monthly updates to over 100 professionals.

Peer support remained a lifeline, with inclusive groups such as monthly 'Trying to conceive' Zoom meetings featuring expert speakers, ACeBabes hosting its first in-person meetup since the pandemic, and More to Life offering regular online and seasonal gatherings. Wellbeing initiatives reached wide audiences, including monthly yoga sessions with over 1,000 views, mindfulness under the Fit 4 Fertility programme, and webinars on coping at Christmas, unexplained infertility, and treatment overseas—helping individuals manage stress and improve resilience.

Our research and advocacy strengthened the case for better mental health support, with the Trauma in Infertility Survey (875 responses) revealing significant unmet needs. Collaborations with Queen's University Belfast, Cardiff University, and involvement in the NI Pregnancy Loss Charity Collective and Maternal Mental Health Alliance amplified our influence. Preparations for Belfast Pride and inclusivity training further reinforced our commitment to equality.

Digital engagement grew, with the NI Facebook page reaching 1,600 followers and the closed group expanding to 325 members, while volunteer capacity increased to boost social media and group facilitation. These efforts ensured that people across Northern Ireland had access to vital emotional support, practical guidance, and a stronger voice in shaping fertility care.

Spotlight on our Services

Fertility Network UK in Scotland

With support from the Scottish Government, Fertility Network Scotland (FNS) strengthened emotional wellbeing and inclusivity for people facing fertility challenges across Scotland. Volunteers remained central to this impact, delivering peer-led services that saw a 25% increase in support group participation since March 2023, thanks to Zoom and WhatsApp. These platforms provided flexible, responsive peer support between meetings, ensuring safe spaces moderated by FNS staff and volunteers—especially vital for crisis support in groups such as pregnancy loss.

Face-to-face connection also grew through Walk and Talk events in Glasgow, Edinburgh, and Dundee, combining companionship with the proven mental health benefits of nature. FNS now supports 877 members in Scotland-specific groups and 4,800 in UK-wide specialist groups, including TTC, IVF/ICSI/IUI, LGBTQ+, More to Life, solo fertility, secondary infertility, and endometriosis. Our LGBTQ+ group is among the largest in Scotland, collaborating with Stonewall and LGBT+ Health and Wellbeing to ensure inclusivity.

Education and outreach expanded significantly. Responding to patient feedback, we addressed barriers such as Polycystic Ovary Syndrome, Endometriosis, and BMI in fertility education, reassuring LGBTQ+ individuals about future parenthood options. Grant funding enabled outreach at 37 Fresher events, distributing 4,800 “Your Future Fertility” leaflets and driving a 10% rise in completed questionnaires. Partnerships with Youth Link Scotland, LGBT Youth, Penumbra, and others extended engagement to young people beyond education.

To improve health and wellbeing services, we developed Scotland-specific fact sheets on pregnancy loss and weight management for funded treatment eligibility, alongside four wellbeing programmes focused on fertility nutrition for weight loss. Our presence at Pride, Dundee Pride, and the Modern Family Show reinforced our commitment to inclusivity and support for all.

“My mental health is suffering from trying to conceive and starting our fertility journey. Hearing other women speak of their fertility journey was really good and reminded me I was not the only one. I was able to speak out loud about mine. Became emotional but I think it was what I needed to accept my situation and be able to move forward”

Spotlight on our Services



The poster features a light blue background with a white circular graphic on the right. At the top left, the text 'UK-Wide Specialist Support Groups' is written in bold black font. Below this, the phrase 'We're here to support you' is centered. A list of support groups is presented in two columns, each item preceded by a bullet point. The groups include: Treatment Abroad, Moving on from Treatment, Fertility Weight Loss, Pregnancy After Infertility, Secondary Infertility, Black Women, Muslim Women, Pregnancy Loss, LGBTQ+ Starting Out, LGBTQ+, Single Women, South Asian, HIMfertility, 40 and Over, and More To Life. At the bottom left, there is a green 'SCAN ME' button with a QR code. To the right of the QR code, the text 'MONTHLY ONLINE MEETINGS' is accompanied by a group of people icon, and 'CLOSED FACEBOOK GROUPS' is accompanied by a Facebook 'f' icon. The website 'www.fertilitynetworkuk.org' is displayed in a large, stylized font at the bottom center. Small text at the very bottom provides legal information: 'Fertility Network UK is a trading name of The Infertility Network (UK) Company Registration No. 4822073 Charity Registration No. 1099560 Charity Registered in Scotland No. SC239811'.

UK-Wide Specialist Support Groups

We're here to support you

- Treatment Abroad
- Moving on from Treatment
- Fertility Weight Loss
- Pregnancy After Infertility
- Secondary Infertility
- Black Women
- Muslim Women
- Pregnancy Loss
- LGBTQ+ Starting Out
- LGBTQ+
- Single Women
- South Asian
- HIMfertility
- 40 and Over
- More To Life

SCAN ME

MONTHLY ONLINE MEETINGS

CLOSED FACEBOOK GROUPS

www.fertilitynetworkuk.org

Fertility Network UK is a trading name of The Infertility Network (UK) Company Registration No. 4822073
Charity Registration No. 1099560 Charity Registered in Scotland No. SC239811

UK Wide Groups

Our UK-wide peer support groups provide safe, inclusive spaces for people with shared experiences—helping reduce isolation and improve wellbeing for those facing fertility challenges. These groups cater to specific needs, including ethnic minority communities, LGBTQ+ individuals, those over 40, and people managing weight, among others.

This year, the impact was clear: an average of 80 members joined meetings each month, while our closed Facebook communities grew by 17% to over 5,600 members across 15 groups, showing the increasing demand for peer-to-peer support. To ensure accessibility for those who find social media triggering, we introduced WhatsApp groups, now supporting around 300 members, offering an alternative way to stay connected and receive encouragement.

By creating these tailored spaces, we empower individuals to share experiences, access emotional support, and build resilience—making fertility journeys less isolating and more supported.

Spotlight on our Services



Support & Information Line

Our helpline is more than a source of information, it's a lifeline for emotional support. Available five days a week and run by two former fertility nurses, Diane and Janet listen with compassion and offer reassurance to people facing one of life's most difficult journeys. While they cannot diagnose, they offer guidance, empathy, and practical advice to ease anxiety and help callers feel less alone and this year, they handled **1,166** calls in year.

"When I was having a really bad day and I felt I'd exhausted all my friends and family I called your [support] line and spoke to [one of the team]. I was sat crying on a park bench unable to get up and go to work. She talked to me in a really kind and understanding way that enabled me to feel heard and got me back up on my feet and into work. Thank you so much..."

"It has been a lifeline at times. The help via the helpline has answered really important questions about health and things to research."

Volunteers

Our volunteers are at the heart of everything we achieve—97 individuals across England, Scotland, Wales, and Northern Ireland make it possible for Fertility Network UK to reach and support thousands of people. Their work amplifies awareness, delivers peer support, and ensures that no one faces fertility challenges alone.

In 2024, we strengthened volunteer wellbeing and capability through targeted training, including grief support sessions and mindfulness workshops, making volunteers better equipped to provide compassionate care. Feedback from our volunteer survey shaped these initiatives, ensuring roles remain fulfilling and impactful.



Volunteers drove inclusivity by supporting ethnic minority groups, recruiting guest speakers, and expanding community engagement. This included launching a Muslim Community Group and sustaining vital spaces like the Black Women's and South Asian Fertility Groups.

Left: Ogechi Ekwegh, a dedicated volunteer with our Black Women's Group, was nationally recognised as Volunteer of the Year at the Black Health Care Awards 2024, highlighting the extraordinary impact of our network

"I just wanted to share that I won the Volunteer of the Year Award at the Caribbean and African Health Network Gala yesterday. Thank you for nominating me, it means a lot to me." (Ogechi)

We also reintroduced the Community Volunteer role, empowering volunteers to actively raise awareness in clinics and local communities, attend events, and represent Fertility Network UK. These efforts not only extend our reach but create meaningful connections that transform lives.

Our Plans for the Future

Our Plans for 2025/26: Driving Change, Expanding Impact

Transform Support Delivery: Launch new podcasts, enhance online chat, and grow WhatsApp communities to make support more accessible and immediate.

Champion Inclusivity: Diversify our beneficiary base to reflect the UK today, ensuring every voice is heard.

Lead in Workplace Change: Build on our success with fertility-friendly workplace initiatives, tackling discrimination and influencing policy.

Be the Go-To Resource: Deepen engagement with patients and health professionals, including GPs, to cement our role as the leading source of trusted fertility information.

Expand Knowledge Sharing: Host regular expert-led webinars and create richer content to empower and inform.

Secure Sustainability: Strengthen fundraising and partnerships to grow income streams, while restructuring for efficiency as grants end.

Maximise Digital Reach: Use our website and social channels to generate income and amplify awareness.

Hybrid Support Model: Continue delivering services digitally and face-to-face, expanding Walk & Talk groups for in-person connection.

Empower Volunteers: Revamp volunteer engagement and training for greater impact and community reach.

Strengthen Partnerships: Work with HFEA, BFS, BICA, and RCOG to highlight emotional impact and promote our services.

National Fertility Awareness Week: Drive awareness, fundraising, and perception change with a new theme shaped by beneficiary feedback (3-7 November 2025).

Advocate for Fairness: Keep lobbying to end the NHS postcode lottery and fight workplace discrimination through policy change.

Thank you!

Our supporters

We are extremely grateful for the support from our partners including:

- **The Scottish Government:** To work with clinics and Health Boards on the provision of fertility services in Scotland; to provide a comprehensive support service to infertility patients; to raise awareness of issues surrounding fertility and infertility by working with universities, health professionals and employers across Scotland, and to provide recruitment and training support for our volunteers.
- **The National Lottery Community Fund Wales:** Five-year project to expand our regional network of support for infertility sufferers in Wales and to deliver the Education project across the country.
- **Health and Social Care Board, Northern Ireland:** To provide support services to local patient groups.
- **St Anne's Cathedral - Sit Out Fund:** Charitable Donation in Northern Ireland
- **The VCSE Health and Wellbeing Fund, part of a partnership programme between Department of Health & Social Care, NHS England and UK Health Security Agency:** to improve health and employment outcomes for women and people experiencing reproductive health issues. The support should ensure women facing reproductive health issues can remain in and return to work with the right support.
- **Bourn Hall Fertility Clinic & HSBC** for match funding our FiTW project work.
- **The National Lottery Community Grant, England:** This project provided increased support and information to increase our reach in order that more people are supported on their fertility journey. Dedicating resource to engage and support LGBTQ, Ethnic minority, women over 40 and male community. Increase the number of volunteers in the network with a focus on geographical areas where there are none.
- **TFP - Male fertility support project** - This enabled us to dedicate a team member to increasing the provision of male support and information by way of online events and activities and face to face activities.

Our thanks go to all our supporters, including our **corporate and clinic supporters**.

Thank you!

A special thanks to those **small businesses** who are donating a proportion of their proceeds to Fertility Network UK.

Our Fundraisers and individual donors. We are also particularly grateful to all those individuals who have made donations or carried out fundraising activities for Fertility Network UK.

This year saw an incredible **£59,961.84** donated through Just Giving, Paypal and individual donations! This just goes to show how much those donations can add up! So massive thanks again to you all for your support.

Some wonderful fundraising activities this year included:

- **3 Peaks Challenge**
- **Various Marathons & Half Marathons across the UK**
- **Sky-diving**
- **Peak District Ultra Challenge 2024**

Thanks to all our amazing donors. Thank you for your help to fund our critical work.

Thanks to volunteers. Thanks to our committed and generous volunteers, including those patients who bravely share their stories for the benefit of all our beneficiaries.

Thanks to staff. We are grateful to our passionate staff who deliver our activities for our beneficiaries.

Thanks to those departing. During 2024/2025 we said goodbye to some of our Trustees and team members. We would like to thank them for their service to Fertility Network UK and wish them all every success in the future.

Structure, Governance & Management

Governance

The charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association. The number of Trustees shall not be less than 4 and not more than 10 (unless otherwise determined by ordinary resolution) individuals over the age of 18, all of whom must support the Objects. The Trustees are each members of the company and have no beneficial interest therein and guarantee to contribute £1.00 in the event of a winding up.

Trustees 24-25

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

John Richard O'Neil (appointed 15/12/24)
Jaskiren Kaur Samra (appointed 16/12/24)
Kathryn Sparrow Robins (appointed 26/09/23)
Sophie Giddings (appointed 26/09/23)
Holly Atkinson (appointed 26/09/23, resigned 29/07/25)
Jennifer Finnegan-John (appointed 29/07/25)
Laura Jakilaitis (appointed 29/07/25)
Louise Jones (appointed 29/07/25)

Thanks to those Trustees who joined us this year for their contribution and commitment, and to those who departed, we are very grateful for your support, time and energy.

Organisational structure & decision making

The Board meets quarterly and as necessary. The Interim Chief Executive, Sharon Martin (from May 2024) was appointed by the Board of Trustees to manage the day-to-day operations of the charity and have overall responsibility for managing the charity's operations and employees. The Board delegates to the Finance and Risk Committee for further support and scrutiny.

Appointment of Trustees

A simple majority of trustees must approve the appointment of any new trustee.

Governance Statement

The Board of Trustees presents this Governance Statement for the financial year ended 31 March 2025, outlining how Fertility Network UK is governed, managed, and held accountable for the delivery of its charitable objectives.

Governance Structure

Fertility Network UK is a charitable company limited by guarantee, governed by its Articles of Association and regulated by the Charity Commission for England and Wales, the Office of the Scottish Charity Regulator, and the Charity Commission for Northern Ireland.

The Board of Trustees has overall responsibility for the strategic direction, governance, and financial stewardship of the charity. Day-to-day management is delegated to the Interim Chief Executive who is supported by a small staff team. Together they ensure that services are delivered effectively and in accordance with the charity's mission to relieve the suffering caused by infertility through information, education, advocacy, and support.

Trustee Oversight and Delegation

With a smaller Trustee base, all Trustees now meet collectively to provide detailed scrutiny of the charity's finances, reserves and risk register. This collective approach ensures robust oversight and accountability across the Board. The Interim Chief Executive continues to exercise delegated authority for operational decisions within parameters set by the Board.

Trustee recruitment and Induction

New Trustees are appointed by a majority vote of the Board and receive a structured induction covering their legal responsibilities, governance, policies and the charity's current strategic priorities. Induction materials include a financial overview and relevant policies to support their orientation. On-going training is encouraged to ensure Trustees remain up to date with charity law and best practice.

Remuneration Policy

The Trustees ensure that staff remuneration is fair, transparent, and benchmarked against sector standards. The aim is to attract and retain skilled personnel while ensuring that resources are used responsibly in furtherance of charitable purposes.

Volunteers

Volunteers play a central role in the delivery of Fertility Network UK’s activities across all nations. Supported by a dedicated Volunteer Coordinator, they contribute to peer support, outreach, and events. The Trustees express their deep appreciation for the invaluable commitment and compassion of all volunteers.

Risk Management and Financial Oversight

The Board of Trustees maintains and reviews a comprehensive risk register, identifying key operational and strategic risks. The principal risks during the year related to the potential reduction in grant income, organisational capacity, and governance continuity. Mitigation measures included diversification of income sources, targeted fundraising, and the use of designated reserves to strengthen governance. During the year, the Board maintained close oversight of financial performance. Through prudent management and effective cost control, the charity achieved a surplus of £41,485 (2024: deficit £213,494), representing a significant improvement on the previous year. This turnaround reflects the effectiveness of the charity’s financial governance and its commitment to long-term stability and sustainability.

Internal Control and Compliance

The Trustees are satisfied that the charity has appropriate systems of internal control to safeguard assets, ensure the accuracy of financial reporting, and maintain compliance with all statutory and regulatory requirements. Policies are reviewed regularly to reflect best practice.

Commitment to Good Governance

The Board is committed to the principles of the Charity Governance Code – ensuring leadership, integrity, openness, diversity, and accountability. Governance arrangements are reviewed periodically to ensure they remain effective and fit for purpose.

Approved by the Board of Trustees and signed on its behalf by:



Katy Sparrow Robins
Trustee
Fertility Network UK

Statement of Trustees' Responsibility

The Trustees are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. The Trustees' annual report has been approved by the Trustees and signed on their behalf by Katy Sparrow-Robins



**On behalf of the Board of
Trustees**

Katy Sparrow Robins
Holly Atkinson
John O'Neill
Jaskiren Samra

Financial Statements

Financial Review

It is a challenging time for any charity, but as the cost of living crisis continues to impact not only fertility patients, it also puts pressure on our generous donors. Yet we are proud to report through dedication of an exceptional team of staff and volunteers, our total income for the year was £496,287 enabling the charity to continue with vast levels of impactful work. Compared to income of £579,039 in the previous year this is still an amazing effort.

Income & Expenditure

Of the total income, £307,613 was restricted (2024: £432,150). The income change is mostly as a result of a reduction in restricted grants, where the landscape has changed enormously. Total expenditure was £454,802 (2024: £792,533) leading to a Surplus in 2025 of £41,485 (2024: deficit £213,494). This included some one-off exceptional expenditure incurred during the year for unavoidable and necessary HR, legal and professional services.

Total reserves at the year-end were £210,017 (2024: £168,532) of which restricted were £32,625 (2024: £96,440)

Unrestricted £120,385 (2024: £36,112)

Designated £57,007 (2024: £35,980)

Reserve Policy

The Board of Trustees revised the Reserves Policy from "6 to 9 months" of normal unrestricted expenditure to "6 months", which the board has deemed a sufficient time frame to run the organisation without any income. In line with this policy, there were sufficient unrestricted reserves available at 31 March 2025 to achieve this.

The 'free reserves' of the charity (defined as those unrestricted funds not designated for specific purposes or tied up in fixed assets) stood at £119,877 at the year end (2024: £35,290)

Charity registration number 1099960 (England and Wales)

Charity registration number SC039511 (Scotland)

Company registration number 4822073

FERTILITY NETWORK UK
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

FERTILITY NETWORK UK

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF FERTILITY NETWORK UK

I report to the trustees on my examination of the financial statements of Fertility Network UK (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. You are satisfied that the financial statements of the charity are not required by charity or company law to be audited and have chosen instead to have an independent examination.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and section 145 of the Charities Act 2011. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 and the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

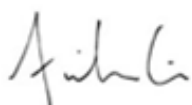
Independent examiner's statement

Since the charity has prepared its financial statements on an accruals basis and is also registered in Scotland, or the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 and section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 44(1)(a) of the Charities and Trustee Investment (Scotland) Act 2005, Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 and section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 and the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Ainsley Gill

23 St Leonards Road
Bexhill-on-Sea
East Sussex
TN40 1HH
12 December 2025

FERTILITY NETWORK UK
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025

Current financial year		Unrestricted funds	Designated funds	Restricted funds	Total	Total
	Notes	2025 £	2025 £	2025 £	2025 £	2024 £
Income and endowments from:						
Donations and legacies	3	40,832	-	-	40,832	10,326
Charitable activities	4	33,565	-	307,613	341,178	459,290
Investments	5	950	-	-	950	8,010
Other income	6	113,327	-	-	113,327	101,413
Total income		188,674	-	307,613	496,287	579,039
Expenditure on:						
Charitable activities	7	72,394	16,732	365,676	454,802	792,533
Total expenditure		72,394	16,732	365,676	454,802	792,533
Net income/(expenditure)		116,280	(16,732)	(58,063)	41,485	(213,494)
Transfers between funds		(32,007)	37,759	(5,752)	-	-
Net movement in funds		84,273	21,027	(63,815)	41,485	(213,494)
Reconciliation of funds:						
Fund balances at 1 April 2024		36,112	35,980	96,440	168,532	382,026
Fund balances at 31 March 2025		120,385	57,007	32,625	210,017	168,532

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

FERTILITY NETWORK UK
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025

Prior financial year		Unrestricted funds	Designated funds	Restricted funds	Total
	Notes	2024 £	2024 £	2024 £	2024 £
Income and endowments from:					
Donations and legacies	3	10,326	-	-	10,326
Charitable activities	4	27,140	-	432,150	459,290
Investments	5	8,010	-	-	8,010
Other income	6	101,413	-	-	101,413
Total income		146,889	-	432,150	579,039
Expenditure on:					
Charitable activities	7	205,388	36,586	550,559	792,533
Total expenditure		205,388	36,586	550,559	792,533
Net income		(58,499)	(36,586)	(118,409)	(213,494)
Transfers between funds		(26,465)	-	26,465	-
Net movement in funds		(84,964)	(36,586)	(91,944)	(213,494)
Reconciliation of funds:					
Fund balances at 1 April 2023		121,076	72,566	188,384	382,026
Fund balances at 31 March 2024		36,112	35,980	96,440	168,532

FERTILITY NETWORK UK
BALANCE SHEET
AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	12		508		822
Current assets					
Debtors	13	30,347		27,685	
Cash at bank and in hand		236,896		202,200	
		267,243		229,885	
Creditors: amounts falling due within one year	14	(57,734)		(62,175)	
Net current assets			209,509		167,710
Total assets less current liabilities			210,017		168,532
The funds of the charity					
Restricted funds	19	32,625		96,440	
Designated funds	17	57,007		35,980	
Unrestricted funds	18	120,385		36,112	
		210,017		168,532	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 11 December 2025



K Sparrow-Robins
Trustee

Company registration number 4822073 (England and Wales)

FERTILITY NETWORK UK

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

FertilityNetwork UK is a private company limited by guarantee incorporated in England and Wales. The registered office is 23 St Leonards Road, Bexhill-on-Sea, East Sussex, TN40 1HH.

1.1 Accounting convention

The accounts have been prepared in accordance with the charity's Articles of Association, the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

These financial statements are prepared on the going concern basis. The trustees have a reasonable expectation that the charity will continue in operational existence for the foreseeable future.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives. Such funds are subject to certain conditions agreed by the Trustees and used in accordance with the majority decision of the Trustees from time to time.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected.

The value of donated services and gifts in kind provided to the charity are recognised at their open market value in the period in which they are receivable as incoming resources, where the benefit to the charity can be reliably measured. An equivalent amount is included as expenditure under the relevant heading in the Statement of financial activities.

FERTILITY NETWORK UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Fundraising and publicity costs include general advertising and promotion of the charity and its objectives.

Governance costs include costs associated with the strategic as opposed to the day to day management of the charity's activities.

All expenditure is accounted for on an accruals basis.

A liability will arise when the charity is under an obligation to make a transfer of value to a third party. Where costs cannot be attributed to a particular heading they have been allocated on a basis consistent with the use of the resources.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	20% per annum on a straight line basis
--------------------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

FERTILITY NETWORK UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	40,832	10,326

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total Unrestricted funds 2025 £	Restricted funds 2024 £	Total 2024 £
Fundraising income					
Fundraising income	33,565	-	33,565	27,140	27,140
Grants receivable					
Performance related grants	-	307,313	307,313	432,150	432,150
Other income					
Other income	-	300	300	-	-
	<u>33,565</u>	<u>307,613</u>	<u>341,178</u>	<u>432,150</u>	<u>459,290</u>

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	950	8,010

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

6 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Miscellaneous	66	350
Sponsorship	112,261	87,063
The Fertility Show income	1,000	14,000
	<u>113,327</u>	<u>101,413</u>

7 Charitable activities

	2025 £	2024 £
Staff costs	322,350	473,906
Depreciation and impairment	316	316
Activities undertaken directly	73,387	191,531
	<u>398,205</u>	<u>668,585</u>
Share of governance costs (see note 10)	56,597	123,948
	<u>454,802</u>	<u>792,533</u>
Analysis by fund		
Unrestricted funds	72,394	205,388
Designated funds	16,732	36,586
Restricted funds	365,676	550,559
	<u>454,802</u>	<u>792,533</u>

8 Trustees

None of the trustees (nor any persons connected with them) received any remuneration or benefits from the charity during the year.

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

9 Employees

The average monthly number employees (including full time and part time staff) during the year was:

	2025	2024
	Number	Number
	21	25
	<u> </u>	<u> </u>

Employment costs	2025	2024
	£	£
Wages and salaries	315,849	463,980
Social security costs	13,782	17,721
Other pension costs	4,231	7,680
	<u> </u>	<u> </u>

Redundancy and termination payments totalling £15,146 were made in the reporting period.

There were no employees whose annual remuneration was more than £60,000.

Key management has been determined to be the trustees and 3 members of the senior management team (2024: 5). Trustees receive no remuneration or benefits.

The remuneration of key management personnel was as follows:

Aggregate compensation	79,278	150,269
	<u> </u>	<u> </u>

10 Governance costs

	2025	2024
	£	£
Staff costs	11,512	15,474
Legal and professional	45,085	108,474
	<u> </u>	<u> </u>
	56,597	123,948
	<u> </u>	<u> </u>
Analysed between		
Charitable activities	56,597	123,948
	<u> </u>	<u> </u>

All costs are allocated based on estimated actual use of service provision.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

12 Tangible fixed assets

	Fixtures, fittings & equipment £
Cost	
At 1 April 2024	33,070
Additions	614
	<u>33,684</u>
At 31 March 2025	<u>33,684</u>
Depreciation and impairment	
At 1 April 2024	32,247
Depreciation charged in the year	929
	<u>33,176</u>
At 31 March 2025	<u>33,176</u>
Carrying amount	
At 31 March 2025	508
At 31 March 2024	<u>822</u>

13 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	25,571	21,498
Other debtors	4,776	4,327
Prepayments and accrued income	-	1,860
	<u>30,347</u>	<u>27,685</u>

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	3,037	4,111
Deferred income	26,642	31,657
Trade creditors	12,911	14,887
Accruals	15,144	11,520
	<u>57,734</u>	<u>62,175</u>

Notes

15

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

15 Deferred income

	2025 £	2024 £
Other deferred income	26,642	31,657

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	26,642	31,657
Movements in the year:		
Deferred income at 1 April 2024	31,657	142,563
Released from previous periods	(5,015)	(110,906)
Deferred income at 31 March 2025	26,642	31,657

16 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £4,231 (2024 - £7,680).

17 Designated funds

To provide funds to deliver a refreshed long-term strategy and business plan for the charity together with governance improvements. This is to ensure that the charity is in robust financial health for the foreseeable future.

	At 1 April 2024 £	Resources expended £	Transfers £	At 31 March 2025 £
	35,980	(16,732)	37,759	57,007
Previous year:	At 1 April 2023 £	Resources expended £	Transfers £	At 31 March 2024 £
	72,566	(36,586)	-	35,980

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Match funding £	At 31 March 2025 £
General funds	36,112	188,674	(72,394)	13,427	(45,434)	120,385
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Match funding £	At 31 March 2024 £
General funds	121,076	146,889	(205,388)	17,245	(43,710)	36,112
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds					Movement in funds					Balance at 31 March 2025 £
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Match Funding £	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Match Funding £	Transfers £	
Health & Social Care Board	8,088	40,800	(42,588)	-	-	6,299	45,308	(38,319)	-	-	13,288
Scottish Government Health Board Project & Options	16,766	48,768	(63,162)	-	-	2,372	-	(1,195)	-	(1,177)	-
Scottish Government Fertility Education Project	56,572	46,235	(68,446)	(6,000)	-	28,361	-	(23,829)	-	(4,532)	-
Belfast Cathedral Sit Out Appeal	2,825	850	(362)	-	-	3,313	880	-	-	-	4,193
Scottish Government Fertility Network Scotland Projects	29,108	-	-	-	-	29,108	-	-	-	(29,108)	-
Scottish Volunteer Project	1,801	19,098	(17,672)	-	-	3,227	-	(285)	-	(2,942)	-
VCSE Health & Wellbeing Fund	14,592	110,729	(141,418)	1,055	15,041	-	111,544	(112,140)	15,649	-	15,053
TNL Community Grant	36,822	71,209	(102,274)	-	17,057	22,814	45,485	(71,174)	17,057	(14,182)	-
GAIA	-	-	-	-	-	-	250	(259)	-	9	-
Scottish Maternal & Infant Health & Wellbeing Grant	-	-	-	-	-	-	15,000	(14,913)	-	-	87
TNL Community Fund England	9,509	94,460	(114,637)	-	11,612	944	89,146	(103,564)	12,728	746	-
	<u>188,384</u>	<u>432,150</u>	<u>(550,559)</u>	<u>(17,245)</u>	<u>43,710</u>	<u>96,440</u>	<u>307,613</u>	<u>(365,677)</u>	<u>45,434</u>	<u>(51,186)</u>	<u>32,621</u>

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

19 Restricted funds

(Continued)

Health & Social Care Board - Successful bid for tender to provide a part-time support coordinator, a confidential telephone helpline service, practical information services and the coordination and delivery of support to local patient groups.

Scottish Government - Funding to allow us to continue to provide a comprehensive support service to infertility patients throughout Scotland, to provide patient representation by participating in the various meetings following on from the National Groups and increase awareness of the services offered in Scotland, to work with Health Boards to bring about full implementation of recommendations for the provision of fertility services in Scotland, and to produce patient information packs.

Scottish Government Fertility Education Project - To raise awareness of issues surrounding fertility and infertility through working with universities, health professionals and employers across Scotland to introduce ways of ensuring people are better informed about how their fertility can be conserved.

St Anne's Cathedral Sit-Out Fund - To run workshops for the More to Life Group in Northern Ireland and provide some funding for Fertility Network Support Groups not covered by other funding.

Scottish Government Project - To work with Health Boards to bring about full implementation of recommendations for the provision of fertility services in Scotland and to produce patient information packs.

Scottish Volunteer Project - Match funding from the Scottish Government to employ a Volunteer Coordinator.

VCSE Health & Wellbeing Fund: Women's Reproductive Wellbeing in the workplace - to provide support, guidance and signposting to assist people experiencing reproductive health issues to remain in and return to the workplace.

TNL Community Grant - Funding to allow us to continue to provide a comprehensive support service to infertility patients throughout Wales, to provide patient representation by participating in the various meetings following on from the National Groups and increase awareness of the services offered in Wales. To raise awareness of issues surrounding fertility and infertility through working with universities, health professionals and employers across Wales to introduce ways of ensuring people are better informed about how their fertility can be conserved.

TNL Community Grant England - This project will provide increased support and information to increase our reach in order that more people are supported on their fertility journey. Dedicating resource to engage and support LGBTQ, Ethnic minority, women over 40 and male community. Increase the number of volunteers in the network with a focus on geographical areas where there are none.

GAIA - Sponsorship of a face-to-face event to support raising awareness of male infertility.

Scottish Maternal and Infant Health Improving Health and Wellbeing Grant Funding - Pregnancy loss and weight-loss project - Development of support services to support people on a fertility journey with pregnancy loss and weight loss.

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

19 Restricted funds **(Continued)**

All of the above grants were received after successful application for funding by Fertility Network UK.

All of the grants are restricted to expenditure as agreed with the grant body during the application process.

FERTILITY NETWORK UK
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

20 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

	Services received	
	2025	2024
	£	£
Other related parties	-	120
	<u> </u>	<u> </u>

21 Analysis of net assets between funds

	Unrestricted funds	Designated funds	Restricted funds	Total
	2025	2025	2025	2025
	£	£	£	£
At 31 March 2025:				
Tangible assets	508	-	-	508
Current assets/(liabilities)	119,877	57,007	32,625	209,509
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	<u>120,385</u>	<u>57,007</u>	<u>32,625</u>	<u>210,017</u>
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	Unrestricted funds	Designated funds	Restricted funds	Total
	2024	2024	2024	2024
	£	£	£	£
At 31 March 2024:				
Tangible assets	822	-	-	822
Current assets/(liabilities)	35,290	35,980	96,440	167,710
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	<u>36,112</u>	<u>35,980</u>	<u>96,440</u>	<u>168,532</u>
	<u> </u>	<u> </u>	<u> </u>	<u> </u>