

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFİ) TRUST LIMITED
(A company limited by guarantee and registered charity)

ANNUAL REPORTS AND ACCOUNTS

FOR THE YEAR ENDED

31 March 2023

Registered Company Number: 04514245
Registered Charity Number: 1099904

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFII) TRUST LIMITED

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SOCIAL UNITY FOUNDATION OF INNOVATION (SUFİ) TRUST LIMITED

Legal and Administrative Information

Company Registration Number	04514245
Charity Registration Number	1099904
Status	Charitable Trust and Guarantee by Limited Company
Background	The trust was set up in 2000, registered as a company limited by guarantee in 2002 and become registered charity in 2003. It does not have a share capital. The liability of each individual member serving the committee is limited. Principal activity of the charity is to promote and further the charitable causes and the performance of the charity this year has been satisfactory.
Board members	Ahmad Makhdoom Chishti Misbah Shahzad Zabida Choudhry Aasma Zeeshan Pawel Krajewski Tahseen Akhtar Chishti
Secretary	Misbah Shahzad
Registered Office	7 Rolling Mill Close Edgbaston Birmingham (UK) B5 7QD
Auditors	Mr. Phil James FFA (Institute of Financial Accountants) FIPA (Fellow -Institute of Public Accountants) Flat 2, 2 Botteville Road Acocks Green Birmingham B27 7YD
Business Office	7 Rolling Mill Close Edgbaston Birmingham (UK) B5 7QD
Banking Office	HSBC 130 New Street Birmingham (UK) B1 3BB

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFI) TRUST LIMITED

About the Trust

The Social Unity Foundation Of Innovation Trust Limited is responsible for local, regional, national and international voluntary and charity work. The trust is based in Birmingham (England and Wales). We work at cross cultural level to build a tolerant society, to enhance quality of life opportunities for all by providing education, training and primary health care, to ensure that international understanding and peace is developed, irrespective of differences of colour, race, faith, and religion.

Our vision is of a global world where everyone value cultural differences, are aware of shared issues, and are empowered to bring changes for the best.

Our mission is to develop voluntary initiatives around the world in partnership with local people to work side-by-side while sharing diversity and cultural understanding. We are an international none profit making trust with no political or religious views. Our mission statement is **"Live for Others"**

Our values are:

Openness and honesty : When people of different cultures have an opportunity to work together, openness and honesty are essential for building a trust.

Respect: We accept, appreciate and respect that people know and understand what is appropriate for their own communities.

Integrity: We are committed to ensure the safety, flexibility, professionalism, transparency and excellence of our work to maintain our integrity.

Our Managers are responsible for the day-to-day running and developments of the trust's activities and work. They also advise our trustees and directors.

Our Team is keen to work with local, regional, national and international level to enhance voluntary and charity work.

Our Committees, at different level, we set up separate working committees to carryout trust's activities and project work. The members of these committees are people who know the work and its particular needs. They are responsible to the main board of trustees, and make decisions on projects.

Our Volunteers are self-starters, and people who genuinely respect the people and their culture. They work to share their energy and time with the people, to experience cultural differences, learn a new language, a new culture, a new way of life. Flexibility and patience are the keys to having a satisfying experience, as volunteering requires flexibility and patience.

Our Trustees and Directors have wide experience and expertise in project development, financial and human management, primary health care, youth and community work, diversity, culture and equalities issues. They are working with us on voluntary basis. Our trust has a good management structure to carryout the business of the trust. A board manages the legal and administrative matters of the trust, which consist of 9 trustees who are elected from the membership. They are also become its directors, from time to time; we co-opt additional members to the board if a need is identified for a particular expertise or area of knowledge. The board currently meets four times a year and also has monthly meetings to oversee the business of the Trust and special projects to further its causes.

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFİ) TRUST LIMITED

Director's Report

Accounts for the financial year ended **31 March 2023** give a true and fair view of the state of the trust's affairs and of its income and expenditure for the year. The auditing and reporting accountant was independent and met the conditions set out in the Companies Act 2006. This means, for example, that he or she was not an officer or employee of the trust. The trustees and directors acknowledge **their responsibility** for:

1. Selecting suitable accounting policies and then apply them consistently;
2. Making judgements and estimates that are reasonable and prudent;
3. Preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of the Companies Act and Charity Commission;
4. Safeguarding the assets of the company;
5. Taking steps for the prevention of fraud and other irregularities.

The trusts' activities during **2022-23** were undertaken by dedicated trustees, directors and volunteers support in partnership working with various organisations, particularly, Birmingham City Council, Woodward Charitable Trust (£750), Awards for All (£10,000) and DWP (£6233). There were non restricted funds £10,427 sales of services, contracts and other contributions, £1843 of sponsorship, £38 gifts and donations were generated. The volunteer's contribution was worth £114,475. Activities during the year included international work, first aid and ambulance project, summer activities, healthy life style project, lok virsa project, community inter-faith and young people activities, elderly people project, development and community work, KHUSHHAAL (HAPPY - WELL BEING (supported by Awards for All) and prevent extremism and terrorism. The trust brought a wider perspective into its collective work of community cohesion and inter-faith at grassroots level. Diverse communities were encouraged to engage with potential service delivery partners, self help networks, mentoring opportunities, professional advisors and work experience placements.

The trust's vision is to provide an accessible, responsible, relevant and effective support services to enable the grassroots communities to develop social inclusion and community cohesion and fighting against extremism and terrorism..

The trustees and directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time for the financial position of the trust and company. They ensure that the accounts comply with Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the trust and company and hence taking steps for the prevention of fraud and other irregularities, as defined by section 18 of the Companies Act 2006.

Special Thanks

On behalf of SUFI Trust, I would like to acknowledge the input and pay special thanks to the following who have contributed to the Trust's achievements.

1. The Lord Mayor of Birmingham for his Patronship and supporting our work.
2. Members of the Board, Volunteers and Executive Committee for their commitments and hard work.
3. Partner organisations for their contribution, St. Johan Ambulance and Awards for All.

Approved by the trustees and directors and signed on their behalf:



Ahmad Makhdoom Chishti

Director

18 December 2023

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFİ) TRUST LIMITED

Trustees, Directors and Board Members' Report

The Board of Management presents their report and accounts for the year ended 31 March 2023.

Transaction and financial position

During the year gross income resources of **£31959 (2022, £42748)** were received and after expenses the net movement in funds for the year was **£-4,017 (2022, £9,606)**, bank balance, debtors and cash in hand at the end of the year is **£15563 (2022, £22,768)**. A detailed Statement of financial Activities is shown on pages 11 to 13 of the accounts.

Statement of trustees, directors and Board Members' responsibilities

The trustees and directors are required by law to prepare accounts for each financial year which give a true and fair view of the financial activities of the charity and its financial position at the end of that year. In preparing those accounts the trustee and directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgments and estimates that are responsible and prudent.
- State whether the policies adopted are in accordance with the companies Act 2006 and Charities Act 2011 and with applicable accounting standards and statement of recommended practice subject to any material departures disclosed and explained in the accounts.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

Volunteer's contributions

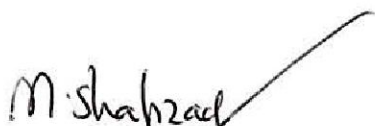
Management Committee members time contribution (6 X 10 hours X 12 months X £30)	£21,600.00
Administration support by volunteers (3 X 5 hours X 35 weeks X £15)	£7,875.00
Professional and consultants fees (2 X 20 days X £1000)	£40,000.00
Out reach, community development, faith and youth workers (4 X 45 days X 10hours X £25)	£45,000.00
Total Volunteer's contributions	£114,475.00

Auditors

Our Auditors are appointed at the Annual General Meeting to audit our financial statement and records of the accounts. They are responsible for laying the accounts before the trustees and at the AGM. For the year ended 31 March 2023, **Phil James (Mr.)** was willing to be our auditor and a resolution to appoint him was proposed at the Annual General Meeting (AGM) and was approved as our auditor in accordance with 2006 and Charities Act 2011.

Approval

This report was approved by the Board of the trust, Directors and Trustees' on 20 December 2023.



Misbah Shahzad (Mrs)
Secretary
18 December 2023

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFI) TRUST LIMITED

Auditors' Report

I have audited the accounts of the Social Unity Foundation Of Innovation Trust (SUFI) Limited for the year ended 31 March 2023. These accounts have been prepared under historical cost convention on an accrual basis, and the accounting policies set out as in note 1 on page 10.

Respective responsibilities of trustees and directors

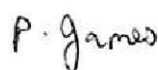
As described in the Statement of the trustees' responsibilities that the charitable company's trustees'/directors are responsible for keeping proper accounting records and preparation of the accounts which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Opinion

I have carried out the audit in accordance with the General Directions given by the Charity Commissioners.

My audit includes a review of the accounting records and procedures carried out by the charity.

In my opinion the accounts give a true and fair view of the financial state of the charity's affairs as at 31 March 2023.



Phil James

Auditor

FFA (Institute of Financial Accountants)

FIPA (Fellow -Institute of Public Accountants)

Flat 2, 2 Botteville Road
Acocks Green
Birmingham
B27 7YD

18 December 2023

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFI) TRUST LIMITED

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
Incoming resources					
Funds for Trust's objects	<u>3</u>	16,239.76	15,718.83	31,958.59	44,247.34
Total incoming resources		<u><u>16,239.76</u></u>	<u><u>15,718.83</u></u>	<u><u>31,958.59</u></u>	<u><u>44,247.34</u></u>
 Resources expended					
Charitable Cost	<u>5</u>	21,256.35	14,718.83	35,975.18	34,641.05
Total resources expended		<u><u>21,256.35</u></u>	<u><u>14,718.83</u></u>	<u><u>35,975.18</u></u>	<u><u>34,641.05</u></u>
 Net movement in funds for the year		(5,016.59)	1,000.00	(4,016.58)	9,606.29
 Total funds at 1 April 2022		1,682.53	4,671.26	15,960.08	6,353.79
 Total funds at 31 March 2023		<u><u>-3,334.06</u></u>	<u><u>5,671.26</u></u>	<u><u>11,943.50</u></u>	<u><u>15,960.08</u></u>

Movements in funds are disclosed in Note 2 to 9 to the financial statements, a number of additional externally-funded projects were commenced during the year, but such operations are considered to be part of the ongoing activity of the charity, and the comparative figures have not been adjusted to reflect these changes. All income and expenditure relates to continuing operations.

The Notes on Pages 10 to 13 form part of these financial statements.

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFII) TRUST LIMITED

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023	2022
		£	£
FIXED ASSETS			
Tangible Fixed Assets	<u>1.5 & 2</u>	14,609.93	16,224.33
CURRENT ASSETS			
Bank balance	<u>10</u>	317.03	13,596.28
Cash in hand		1,288.48	488.48
Debtors	<u>7</u>	13,957.64	8,683.25
		<u>15,563.15</u>	<u>22,768.01</u>
		15,563.15	22,768.01
Creditors:			
Amount falling due within 3 YRs	<u>8</u>	<u>18,229.58</u>	<u>23,032.26</u>
		18,229.58	23,032.26
NET CURRENT ASSETS		<u>11,943.50</u>	<u>15,960.08</u>
REPRESENTED BY:			
Funding Balance - Start of the year		15,960.08	6,353.79
Net movement in funds for the year		<u>(4,016.58)</u>	<u>9,606.29</u>
		<u>11,943.50</u>	<u>15,960.08</u>

The financial statements are prepared in accordance with the special provisions of **Part 15** of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities and were approved by the trustee/directors on **18 December 2023** and are signed on behalf of them all. The Notes of pages 2 to 13 form part of these accounts.

SIGNED: M. Shahzad Misbah Shahzad (Mrs) - Director
18 December 2023

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFI) TRUST LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting Policies

Basis of accounts

The accounts have been prepared in compliance with Statement of Recommended Practice on Charity Accounts.

- 1.1 The accounts** have been prepared under the historical cost convention on accrual basis and the Financial Reporting Standard for Smaller Entities, and conform to the Statement of Recommended Practice *Accounting and Reporting by Charities* issued in October 2000.
- 1.2 Sponsorship, In kind and Voluntary income** is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. It has been recognised on an accruals basis.
 1. Gifts donated for resale are included as income when they are sold.
 2. Donated assists are included at the value of the charity where this can be quantified and a third party is bearing the cost. The value of services provided by volunteers has not been included.
 3. Sponsorship and In Kind resources are used to support the project where these are needed.
- 1.3 Funds and Grants** (including grants for the purchase of fixed assets) are recognised in full in the Statement of Financial Activities for the year in which they are receivable.
- 1.4** Resources expended are recognised on an accruals basis, and include Value Added Tax (VAT) which cannot be recovered by the charity and as such is included in the relevant costs in the Statement of Financial Activities. Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.
- 1.5** Tangible fixed assets are capitalised at cost. Depreciation is calculated so as to write off the cost of tangible fixed assets on a reducing basis over their useful lives. The rates applied are as follows:
 1. Fixture, fittings and equipment - 25% reducing balance basis.
- 1.6** The charity's working capital is common to all its funds.
- 1.7** Support costs including management and administration costs of the charitable company are allocated between the unrestricted and the restricted funds.
- 1.8** Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charitable company without further specific purpose, and are available as general funds.
- 1.9** Designated funds are unrestricted funds earmarked by the trustees for particular purposes.
- 1.10** Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.
- 1.11** The costs of managing the restricted funds are met by transfers of appropriate amounts into the Unrestricted General Fund.
- 1.12** Taxation- no corporation tax is payable on the results on accounts of the Trusts charitable status.

SOCIAL UNITY FOUNDATION OF INNOVATION (SUF) TRUST LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

**Office
Furniture
Fittings &
Equipment**

2. Tangible Fixed Assets:

Cost	£
As at 31st March 2022	35,704.23
Additions	0.00
As at 31st March 2023	<u>35,704.23</u>
Accumulated depreciation	
As 31st March 2022	16,224.33
Charge for the year	4,869.98
As 31st March 2023	<u>21,094.31</u>
Net book value at 31st March 2023	<u>14,609.93</u>

3. Incoming resources from activities to further the charitable company's objects

	Resources Providers	Unrestricted Funds £	Restricted Funds £	Total Funds £
3.1	The Woodward Charitable Trust		750.00	750.00
3.2	DWP Resource Management		6,232.60	6,232.60
3.3	Sales, Contracts and others	8,545.99		8,545.99
3.4	Sponsorship	1,842.99		1,842.99
3.5	Zakat, Fitrana & Donations	38.12	1000.00	1,038.12
	TOTAL INCOMING RESOURCES	<u>10,427.10</u>	<u>7,982.60</u>	<u>18,409.70</u>
	Balance BF	5,812.66	7,736.23	13,548.89
	TOTAL RESOURCES	<u>16,239.76</u>	<u>15,718.83</u>	<u>31,958.59</u>

4. Charitable Costs - Restricted & Unrestricted

Restricted	
Awards for All - KHUSHHAAL (HAPPY - WELL BEING)	7,736.23
The Woodward Charitable Trust	750.00
DWP Resource Management	<u>6,232.60</u>
Restricted Resources Expended	14,718.83
Unrestricted Resources Expended	21,256.35
TOTAL RESOURCES EXPENDED	<u>35,975.18</u>

5. Restricted resources expended for activities to further the charitable company's objects.

Purpose of restricted funds

These are funds which can only be used for particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor, funder, fund provider or when funds are raised for particular restricted purpose. The restricted resources expenditures are shown as followed:

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFI) TRUST LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

5.1 Awards for All - KHUSHHAAL (HAPPY - WELL BEING)

	£	£
Income		
Awards for All - KHUSHHAAL (HAPPY - WELL BEING)	10,000.00	7,736.23
		<u>7,736.23</u>
Expenditures		
Transportation & Travelling	1,398.49	
Volunteer's expenses	250.62	
IT Equipment's	177.87	
Refreshments	834.40	
Activities Cost	1,728.85	
Management & Administration cost	846.00	
Venue Cost	2,500.00	
		<u>7,736.23</u>

5.2 Community Matters Fund - The Woodward Charitable Trust- Holiday Hunger

Income		
Community Matters Fund - Holiday Hunger		750.00
		<u>750.00</u>
Expenditures		
Transportation & Travelling	150.00	
Food Hampers (24 families x £25)	600.00	
	<u>750.00</u>	<u>750.00</u>

5.3 DWP Resource Management - Kickstart Scheme

Income		
DWP Resource Management - Kickstart Scheme		6,232.60
		<u>6,232.60</u>
Expenditures		
Kickstart employee 5 payments @746.52		3,732.60
Adminstrations fees		2,500.00
		<u>6,232.60</u>

5.4 Zakat, Fitrana and Foodbank Fund

Income		
Zakat, Fitrana and Foodbank Fund		1,000.00
		<u>1,000.00</u>
Expenditures		
Transport & Travelling	105.75	
Volunteers Expenses	78.99	
Food Hampers (25 families @£25)	625.00	
Administration Cost	190.26	1,000.00
		<u>1,000.00</u>

SOCIAL UNITY FOUNDATION OF INNOVATION (SUF) TRUST LIMITED

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

6. Unrestricted Funds

Purpose

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees and directors.

6.1 Administrative and Organisational

Income

BF	5,812.66
Sales, Contracts, sponsorship, donations etc.	10,345.99
	<u>16,158.65</u>

Expenditure

Wages ,Consultancy, Outreach and Facilitators fees	3055.74	
Repairs, Fixtures and Equipment	971.67	
Transportation, travel and Motor expenses	272.39	
Events and Activities costs	2470.54	
Volunteer's expenses	786.59	
Administrative and Organisational		
Telephone, Internet & Postage	474.47	
Promotion and publicity	159.24	
Facility Hire and Venue costs	552.00	
Printing and Stationary	658.25	
BBLs	5324.16	
Refreshments, food hampers	1480.52	
Bank charges	180.80	
Depreciation	4869.98	21,256.35

Net movement in funds for the year end 31st March 2022	<u>-5,097.70</u>
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7. Debtors

Jamil & Co	2,675.00
Health Clinic	1,050.00
Hajj and Umrah Group	1,855.00
Roti Junction	3,915.00
Smart Movers	1,962.64
Kavendish Properties	2,500.00
	<u>13,957.64</u>

8. Creditors

HSBC Bank	18,229.58
	<u>18,229.58</u>

9. Bank Reconciliation Statement

HSBC Balance 31st March 2023 - Account 1- 40-11-17/41327925	140.32
HSBC Balance 31st March 2023 - Account 2- 40-11-17/71349716	7.61
HSBC Balance 31st March 2023 - Account 3- 40-11-18/72633752	134.36
HSBC Balance 31st March 2023 - Account 4- 40-11-18/72633760	1.69
HSBC Balance 31st March 2023 - Account 5- 40-11-15/71649752	33.05
	<u>317.03</u>

SOCIAL UNITY FOUNDATION OF INNOVATION TRUST LIMITED
(A company limited by guarantee and registered charity)

Portfolio of Projects and Activities for the Year ending 31 March 2023

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFI) TRUST LIMITED
(A company limited by guarantee and registered charity)

1. INTERNATIONAL WORK

Through working at an international level, the Trust were able to;

1. Provide some support to the first aid and ambulance centre in Khanewal,
2. Help poor children
3. Participate in relief work during natural disasters.

1.1 FIRST AID AND AMBULANCE CENTRE AT KHANEWA

First aid and ambulance centre in Khanewal (Pakistan) is to minimise the risk of mortality. In order to achieve this most fundamental aspect, it was important to provide a first aid ambulance service that would benefit those in needs both promptly and efficiently, with the key points being a quick and easy access to resources at all times.

This project was developed in partnership with St. John Ambulance, West Midlands, we were able to sent four ambulances to Pakistan, which are used as mobile hospitals to provide first aid and medical services in villages and to response for emergency calls. These ambulances are providing full service in Khanewal and its surroundings to 550,000 people approximately.

2. COMMUNITY INTER-FAITH AND PREVENTING VIOLENT EXTERMISM & TERRORISM WORK

This is on going programme runner by volunteers and our management committee.

Currently, we are working with Peace Movement and Near Neighbours project to help to reduce the conflict amongst Muslim and Jewish community.

We engaged with communities across Birmingham, to raise awareness and promote the PREVENT strategy. We encouraged multi-agency working, helping others to identify the signs that a member of the public, friend or relative may be vulnerable to radicalisation or support violent extremism.

We also worked to raise awareness of our various projects which aimed to provide early intervention by identifying those vulnerable to violent extremism, from all faiths and backgrounds, providing support to those individuals and their families.

3. YOUNG PEOPLE ACTIVITES

- Six Multi-cultural celebration events were organised for local communities.
- Five seminars and workshops on various topics were arranged for young people.
- 350 Young people attended the young people and children activities.

4. DEVELOPMENT AND COMMUNITY WORK

We managed to deliver and develop three projects in relations to training, development, networking and access for 350 old people, people with disabilities, women, and asylum seeker, newly arrived people and young people. Activities and programs, we developed incorporated mentoring programs as well. Many of the participants were able to gain jobs in Birmingham City Council, Police, Armed Forces, NHS, Social, Community and Youth work due to a positive attitude, confidence and encouragement. The Trust has delivered international exchange programmes, and participants were given support to travel abroad to have diverse cultural experiences. This also led to overseas befriending service being successfully developed.

5. ELDERLY PEOPLE PROJECTS

These projects were aimed to provide a free community based Information, support activity, advice and healthy life style activities to help older people remain healthy, active and well in their own community. They were able to articulate and share their feelings amongst each others. These projects were focused on broadening the minds of old people using active life style; they were mentored and encouraged to participate in health life style activities. There was a 12 week programme. Each session consisted for two hours throughout programme. We have reached out and engaged 250 old people aged over 50 years old from Sparkbrook and Spark hill wards of Birmingham and delivered programmes. These programmes were aimed to improve quality of life by developing the confidence and motivation of people suffering with a long term condition, in order to help them use their own skills and knowledge to take effective control over their life.

SOCIAL UNITY FOUNDATION OF INNOVATION (SUFI) TRUST LIMITED
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6. KHUSHHAAL (HAPPY - WELL BEING) (Supported by Awards for All)

This is a continual project. It aimed at 150 Young People and 100 Older people. The programme encouraged participants to be physically active, have better choice in their lives, able to play more active role as an active citizen working together to tackle their problems, healthier lifestyle, have knowledge, confidence and skills to make informed and positive choices in schools, communities, society and at home. All activities were designed to maximise the potential of the individual at a comfortable and supportive level, as they have diverse needs and needed diverse approaches and methods of delivery. The activities were dynamic and flexible and was continually evolving. Activities and the delivery of these activities reflected current youth culture. This ensured that young people were interested in the activity. Our actual achievements of the project are as follows:

1. Through positive engagement in the programme learning activities and workshops, we build confidence building, literacy and numeracy, decision making and two-way communications.
2. Through increasing fitness levels by participating in 25 mixtures of sports and culturally sensitive activities, we simultaneously gave young people the opportunity to experience new things, for example, Kabaddi as a sport and gave young people the opportunity to experience things they did otherwise not have the opportunity to do.

7. LIVE FOR OTHERS PROJECTS - RESPONSE TO COVID-19

LIVE FOR OTHERS projects provided an opportunity and helped 250 families including young people and adult to work together to reduce the isolation due to the current situation of CORONA VIRUS COVID-19 by the collective action of networking and volunteering to support people who needed help in essential household shopping, medicines or other essential items. Followings the few examples:

- Ran errands for those who were self-isolating
- Drove people to/from health appointments or other essential appointments
- food deliveries from food banks and/or supermarkets
- Spread awareness about coronavirus scams
- Online or telephone befriending to those who needed to stay indoors.
- Trained how to use coronavirus home test kit and Stay safe when supported vulnerable people
- Cleaning, handwashing and hygiene procedures and use of Personal Protective Equipment (PPE)
- Supported families, friends and neighbours by phone or video call.
- Helped stretched Key Workers-medical staff, police,volunteers and supermarket workers

During the project, it was recognised that poverty and the safeguarding of children and adults are related. Families were unable to meet their own basic needs or those of their children, leading to an immediate increase in the risk of harm and other long-term effects on health and well-being. It was particularly true where individuals lost their employment or were forced to isolate themselves due to symptoms of illness. LIVE FOR OTHERS project tried to help these affected people due to the funding, which has now finished and getting difficult to carry on.

8. HOMELESSNESS

The Trust work in partnership with many organisations to prevents homelessness and improves lives through high-quality advice and support that builds resilience. We specialise in supporting young people from BME communities; however, our personalised, tailored approach is available to all. We have been supporting local people for over 20 years and are as dedicated as ever to improving people's lives. Our experience and proven track record give us confidence that no matter the problem, we can help. we know thousands more homeless young people need better support services. We work in communities to understand the problem and change the system. We are working with partners in schools to identify 11-16 year olds who are at hidden risk of homelessness.

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9. LEARNING DISABILITIES

The Trust has providing various programmes based on Healthy Living, Creative Arts, Residential and Recreational pursuits 'A Reason to Get Up' aims to:

- support young people to lead fulfilling lives by making a positive contribution in their community, and by developing friendships, activities and relationships.
- support young people to gain a sense of purpose, satisfaction and opportunity and thus increase their self-confidence and future aspiration.
- support young people to have more choice and control over their own lives through a person-centred approach.

The key to our approach is creative, fresh, innovative opportunities that will motivate young people to build upon their own hobbies, interests and passions, and subsequently lead them to feel more confident to explore employment opportunities.

10. ASYLUM SEEKERS AND REFUGEES

We assisted many asylum seekers and refugees giving them relevant advice, information or advocacy; with social or therapeutic activities aimed at lessening isolation; and work to help change public attitudes or policy in relation to immigration issues. We also provided practical and emotional support; English classes; destitution support; hosting/accommodation projects; and drop-in costs.

11. FOOD BANK

Working to help the families who have had an impact from the government's welfare spending cuts on food poverty. We are trying to help needy, people suffering with domestic abuse and homeless people who cannot feed their families due to the present claimant, their situation and poverty within Birmingham's inner-city areas.

We are working with Fareshare, Tesco and ASDA for food hampers. We distribute food to those who have difficulty buying enough food to avoid hunger, which may help in the short term to stopgap of food and to help them get back on their feet.

11. IQBAL & SHAKESPEARE - LITTEARY GENIUSES PROJECT

is a joint project with Shakespeare Birthplace Trust and SUFI Trust to mark the celebrations, it was intended to put together events, and programmes, through a series of workshops, seminars,

12. OUTCOMES

- **Improved tolerance, literacy, numeracy and mutual respect skills**
- **An increased awareness of people's own and other cultures and faiths**
- **A strong emphasis on building self esteem and self confidence**
- **A raised awareness of health and safety issues**
- **Reduced street crime and anti-social behaviour**
- **An added dimension to the citizenship**
- **Increased accessing employment through training and careers advice**
- **Local children and young people made new friends, developed social and practical skills**
- **Local people gained new skills and qualifications**
- **Local people became more involved in community activities**
- **Enabled Young People to join local health, fitness activities and developed sport clubs**
- **Young People were enabled them to contribute towards cohesive communities.**
- **Young People developed an ability to express themselves firmly during the workshops.**
- **Introduced different culturally influenced activities**
- **Enabled Young People to mix with those outside their geographical setting.**
- **Young People were able to advocate for their own well being and safety concerns.**
- **Enabled Young People to develop into balanced and well rounded individuals.**