

CENTRE FOR HEALTH AND PASTORAL CARE

England & Wales · Charity number 1099836

Details

Other names	NORTH OF ENGLAND CHRISTIAN HEALING TRUST, HOLY ROOD HOUSE
Status	Registered
Legal form	Charitable company
Company number	04647338
Registered	2003-10-03
Register	View on the Charity Commission register

Contact

Address Centre For Health & Pastoral Care
Holy Rood House
10 Sowerby Road
Sowerby
Thirsk
YO7 1HX

Phone 01845522580

Email enquiries@holyroodhouse.org.uk

Website www.holyroodhouse.org.uk

Activities

Objects: 3. THE CHARITY'S OBJECTS ("THE OBJECTS") ARE:TO RELIEVE THOSE IN NEED, IN PARTICULAR THE SICK AND THOSE IN POOR HEALTH; AND TO ADVANCE PUBLIC EDUCATION MAINLY BUT NOT EXCLUSIVELY BY:(A) PROMOTING THE CHRISTIAN MINISTRY OF HEALING AND OTHER THERAPIES; (B) PROVIDING COUNSELLING, RETREATS AND BOTH EDUCATIONAL & TRAINING COURSES;(C) UNDERTAKING RESEARCH AND PUBLISHING THE USEFUL RESULTS THEREOF; ANDPROVIDING AND PROMOTING PASTORAL CARE FOR THE BENEFIT OF THE WHOLE OF THE COMMUNITY.

Activities: The objectives of the Charity are to relieve those in need and in particular the sick and those in poor health and to advance public education but not exclusively by:a)promoting the christian ministry of healing and other therapiesb)providing counselling,retreats and both educational and training coursesc)providing pastoral care for the benefit of the whole community

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Religious Activities, Arts/culture/heritage/science
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£290,578	£286,361	-	-
2024-03-31	£304,227	£278,092	-	-
2023-03-31	£267,191	£264,255	-	-
2022-03-31	£457,571	£209,582	-	-
2021-03-31	£860,954	£195,083	£1,512,413	17

Trustees

Name	Role	Appointed
Andrew Peter Wood		2025-02-09
Canon Wendy Ann Wilby		2022-09-05
David Michael Graham Brooke		2025-02-09
Dr David Ernest McDonald		2014-12-19
Fiona Ruth Mayer-Jones		2025-02-09
Helen Grace Proudley		2022-09-05
Jenny Kartupelis		2026-01-18
Susan Alice Parker		2025-08-10

CENTRE FOR HEALTH AND PASTORAL CARE

England & Wales - Charity number 1099836

Accounts

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Trustees' report and financial statements

for the year ended 31 March 2025

**Charity number: 1099836
Company number: 04647338 (England and Wales)**

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

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Centre for Health and Pastoral Care
(A company limited by guarantee)

Legal and administrative information

Charity number	1099836	
Company registration number	04647338 (England and Wales)	
Registered office	Holy Rood House 10 Sowerby Road Sowerby Thirsk, North Yorkshire YO7 1HX	
Trustees	Dr D McDonald Mrs S Armstrong Revd R Bradshaw Mrs J Kartupelis Mrs H Proudley Canon W Wilby Mr C E Forman Miss F R Mayer-Jones Mr D M G Brooke Mr A P Wood	Chair (resigned 7 October 2024) (appointed 9 February 2025) (appointed 9 February 2025) (appointed 9 February 2025)
Executive officer	Revd E M Baxter Revd S Hammersley	(retired May 2024) (appointed May 2024)
Patrons	The Rt Revd & Rt Hon Baron Williams of Oystermouth Prof Nicola Slee, Professor of Vrije Univ. Amsterdam, Visiting Prof. Univ. Chester.	
Accountants	The Barker Partnership Chartered Accountants 17 Central Buildings Market Place Thirsk North Yorkshire YO7 1HD	
Bankers	HSBC Bank plc 1 Centenary Square Birmingham B1 1HQ	CCLA Investment Management Ltd One Angel Lane London 85 Queen Victoria Street

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2025**

The trustees present their report and the financial statements for the year ended 31 March 2025. The trustees, who are also directors of Centre for Health and Pastoral Care for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Governing document

Centre for Health and Pastoral Care is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Charity number 1099836 and Company number 04647338.

The company was incorporated on 24 January 2003 and registered with the Charities Commission under the present name on 3 October 2003.

Appointment of trustees

The directors of the charitable company ('the Charity') are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The articles of association provide that trustees may be appointed by ordinary resolution in general meeting.

C E Forman resigned on 7th October 2024, and F R Mayer-Jones, D M G Brooke and A P Wood were appointed on 9th February 2025.

Trustees induction and training

As part of their induction programme new trustees are briefed on their responsibilities under charity and company law, the content of the governing documents and details of the decision-making process.

Organisation

The Board of trustees which must be no less than three members but is not subject to a maximum number, administers the charity. The Board meets between four and six times a year to discuss strategic, development and financial issues.

To facilitate effective operations, authority is delegated to the Executive Director to manage the day to day operations of the charity.

Risk management

The trustees actively review the major strategic, business and operational risks on a regular basis which the charity faces and are satisfied that controls are in place so that the necessary steps can be taken to lessen these risks.

Objectives and activities

The objectives of the Charity are to relieve those in need and in particular the sick and those in poor health and to advance public education but not exclusively, by:

- a) promoting the Christian ministry of healing and other therapies
- b) providing counselling, retreats and both educational and training courses
- c) undertaking research and publishing the useful results thereof and providing and promoting pastoral care for the benefit of the whole of the community.

The Centre for Health and Pastoral Care successfully delivered each of its objectives with compassion and to a high standard, and its trustees have continued to review all its processes and procedures to remain compliant, safe and efficient. The charity trustees have complied with their duty to have due regard to the guidance on public benefit published by the Commission in exercising their powers or duties.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2025**

The Charity has continued to draw on the experience of both paid professional staff, volunteers, trustees and consultants who provide professional expertise, as well as developing networks with local partner organisations.

This was a significant year for the Centre for Health and Pastoral Care as in May 2024 we said farewell to the pioneering Executive Director, Revd Elizabeth Baxter, and welcomed the charity's new Director, the Revd Sue Hammersley, with her partner Revd Sibylle Batten as Coordinating Chaplain.

Although this year has been dominated by a period of transition, the full range of services has continued, with hospitality, therapeutic, creative and well-being activities for individuals and groups. Our Counselling Service has grown, offering support to local people and guests.

Achievements and performance

We are proud to say that the handover from the exiting Community Leader to the new Leadership Team has gone smoothly and the community is flourishing. It had been anticipated by the charity that a period of transition would take time and impact on the number of guests it could expect over the summer months, and this was reflected in a cautious budget for 2024/25. It is to the community's credit that regular guests have been returning, 'newcomers' are finding their way to the charity, and feedback to date has been consistently positive.

The new Executive Director made it a priority to launch a new website and publicity materials which promote the charity's work and local presence. The charity is also using social media in a more intentional way, keen to widen their reach. In consultation with community members, four key words were identified which describe the charity's focus on

- Wellbeing,
- Creativity,
- Spirituality and
- Learning.

This makes it easier to explain the charity's multi-faceted purpose to those unfamiliar with its activities.

Following the transition to a new leadership team, change has been implemented incrementally and organically, drawing on the expertise, vision and experience of all community members. A review of the skills within the Trustee Body led to the recruitment of new members, bringing skills in buildings management, governance and legal procedures. Work began on refreshing our policies and procedures, gathering a community handbook and updating staff contracts and volunteer agreements.

After a lengthy recruitment campaign, the charity has appointed a Finance Manager who has joined the residential community. Working alongside the outgoing Business Manager, he is moving forward, with the trustees, on planned projects for the coming twelve months, including upgrading to fibre broadband.

Holy Rood House and Juliet House have continued to be the community's home and place of work from which we extend a warm welcome to all who are seeking support and safe, sacred space. Residential community members comprise staff and volunteers. The team also includes staff and volunteers who live out and come in for part of the week. We have welcomed a number of new volunteers this year who bring valuable experience and practical skills as well as increasing our capacity for generous hospitality and regular maintenance. Working together to create a safe and warm space, the team has welcomed guests at times of great need in their lives, and helped instil a sense of belonging and value. Our beautiful garden and lived commitment to good stewardship of our natural environment also offers guests and community members space to breathe and opportunities to work together for the good of creation.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2025**

The charity's accredited counselling service has received increased enquiries this year and under the direction of our Clinical Manager, has continued to recruit experienced therapists and students in training. This is one way in which the Charity can support local people at times of crisis, alongside our regular support of residential guests through creativity and wellbeing days.

There has been an increase in requests for Spiritual Accompaniment and the team here continues to develop our ability to meet these needs.

Our Centre for The Study of Theology and Health has organised two events, one a Symposium on 'Spiritual Intelligence' led by our consultants, the other being the in-house launch of a book of essays, 'Theology and Human Flourishing', which was published in recognition of the work and vision of the charity's founder director, Revd Elizabeth Baxter, and the ministry of Holy Rood House.

None of the above would have been possible without the financial support from individuals and grant making organisations, which has eased the transition and enabled the development of services. We are grateful for their friendship and generosity.

This year the community fondly remembers David Gee, a consultant and friend of Holy Rood House, and contributor to the new book, whose untimely death in December 2024 was a blow to all who knew him. The Charity also honours the longstanding contribution of the Venerable Chris Hawthorn, who played a key role in establishing the charity here in Thirsk as Chair of the Trustees in the 1990s, and who died earlier this year.

Future Plans

During 2025 we will be continuing to work hard to ensure that our core activities benefit guests who are in need of wholeness and healing in its broadest sense, be it physical, mental and/or spiritual.

We will

- continue to offer support to guests, especially in times of stress or crisis;
- run a varied programme of retreats and events through the year;
- explore ways to broaden the charity's therapeutic work in relation to the arts and creativity, and in connection with the gardens, whilst extending its appeal to a more diverse group of people;
- build on and extend local and national partnership working to inform our practice and extend our reach;
- continue to welcome group bookings, both locally and further afield, by providing rooms to meet in and a warmth of welcome and hospitality. The Centre for Health and Pastoral Care is committed to sharing its resource of buildings and grounds with local and national groups working in similar areas, both within and beyond religious groups;
- improve our broadband connectivity and Wi-Fi access for guests and community;
- ensure that all trustees and community members have completed Safeguarding training at a level appropriate to their role;
- improve accessibility for all who use our facilities, especially those for whom the gravel on the driveway and paths is problematic;
- upgrade our accommodation for residential community members.

A longer-term vision is to conduct a sustainability review to assess insulation, windows and heating throughout both houses in order to minimise our carbon footprint. In the short-term we are planning to survey both buildings to assess our priorities for the coming months and years.

These are ambitious targets for which we shall need the ongoing support and generosity of the wider community.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2025**

Financial review

The net assets of the Charity have increased by £4,217 to £1,793,689 at 31 March 2025 from £1,789,472 at 31 March 2024. There has been an operating surplus of £17,469 (2024 - £33,132 surplus).

The operations interest-free loan remains as £7,000, extended until January 2027, and the interest free loans for the Holy Rood House appeal have reduced to £33,000 to be repaid 2025-2028. During this financial year £24,000 of interest-free loans was repaid. During 2025-2026 financial year there is a requirement to pay back £11k in interest-free loans, made in prior years, for which provision has been made.

Reserves

From 9th February 2025 the Trustees set aside £75,000 of free reserves i.e. those funds not tied up in fixed assets, restricted funds or for core, day to day activity. An additional £40,000 has been set aside to cover interest-free loan future repayments.

Investment powers, policy and performance

Under the Memorandum and Articles of Association the Charity has the power to make any investment which the trustees see fit.

Statement of trustees' responsibilities

The trustees (who are also directors of Centre for Health and Pastoral Care for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2025**

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the Board

David McDonald

**Dr D McDonald
Chair of the Trustees**

10 August 2025

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Independent examiner's report to the trustees on the unaudited financial statements of Centre for Health and Pastoral Care.

I report on the financial statements of Centre for Health and Pastoral Care for the year ended 31 March 2025 which are set out on pages 8 to 19.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those accounting records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Barrie Cross

.....
B Cross ACA

The Barker Partnership
Chartered Accountants
17 Central Buildings
Market Place
Thirsk
North Yorkshire
YO7 1HD

10 August 2025

Centre for Health and Pastoral Care
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Incoming resources					
Incoming resources from generating funds:					
Donations and legacies	2	70,479	18,436	88,915	93,249
Other trading activities	3	164,575	-	164,575	177,698
Investment income	4	11,797	-	11,797	9,865
Other income	5	25,291	-	25,291	23,415
Total incoming resources		<u>272,142</u>	<u>18,436</u>	<u>290,578</u>	<u>304,227</u>
Resources expended					
Costs of generating funds:					
Fundraising trading:					
cost of goods sold and other costs	6	844	-	844	212
Charitable activities	7	253,829	31,688	285,517	277,880
Total resources expended		<u>254,673</u>	<u>31,688</u>	<u>286,361</u>	<u>278,092</u>
Net incoming/(outgoing) resources for the year /					
Net income/(expenditure) for the year		17,469	(13,252)	4,217	26,135
Total funds brought forward		1,767,101	22,371	1,789,472	1,763,337
Total funds carried forward		<u>1,784,570</u>	<u>9,119</u>	<u>1,793,689</u>	<u>1,789,472</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 11 to 19 form an integral part of these financial statements.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Balance sheet
as at 31 March 2025

	Notes	£	2025	£	2024	£
Fixed assets						
Tangible fixed assets	13		1,505,771		1,513,147	
Current assets						
Stock		750		750		
Debtors	14	14,349		13,123		
Bank and cash		328,605		339,167		
		<u>343,704</u>		<u>353,040</u>		
Creditors: amounts falling due within one year	15	<u>(33,786)</u>		<u>(39,715)</u>		
Net current assets			<u>309,918</u>		<u>313,325</u>	
Total assets less current liabilities			1,815,689		1,826,472	
Creditors: amounts falling due after more than one year	16		<u>(22,000)</u>		<u>(37,000)</u>	
Net assets			<u>1,793,689</u>		<u>1,789,472</u>	
Funds	17					
Restricted income funds			9,119		22,371	
Unrestricted income funds			<u>1,784,570</u>		<u>1,767,101</u>	
Total funds			<u>1,793,689</u>		<u>1,789,472</u>	

The Balance Sheet continues on the following page.

The notes on pages 11 to 19 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Balance sheet (continued)

**Trustees statements required by Sections 475(2) and (3)
for the year ended 31 March 2025**

For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements were approved by the Board on 10 August 2025 and signed on its behalf by

David McDonald

**Dr D McDonald
Chair of the Trustees**

Company registration number 04647338 (England and Wales)

The notes on pages 11 to 19 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

General information

The charity is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk, North Yorkshire, YO7 1HX.

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention, except for the revaluation of certain fixed assets, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Companies Act 2006 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Grants including grants for the purchase of fixed assets are recognised in full in the statement of financial activities in the year they are receivable.

Income from book sales and merchandising is included in the year in which it is receivable.

Income from investments is included in the year in which it is receivable.

Legacies are included when the charity is advised by the personal representative of an estate that payment will be made or property transferred and the amount involved can be quantified.

1.4. Expenditure

Expenditure is recognised on an accruals basis as a liability as incurred. Expenditure includes irrecoverable VAT and is reported as part of the expenditure to which it relates.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2025

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	-	Between 15% and 33% straight line
Freehold buildings	-	1% straight line
Caravan	-	10% straight line

Land and buildings are stated at deemed cost (which is represented by the valuation at the date of transition to FRS102) less accumulated depreciation. Following a change in the estimation techniques, freehold buildings are being depreciated on a one percent straight line basis. Freehold land is not depreciated.

Individual assets costing £500 or more are capitalised at cost.

1.6. Leasing

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce constant periodic rates of charge on the net obligations outstanding in each period.

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.7. Stock

Stock is valued at the lower of cost and net realisable value.

1.8. Defined contribution pension schemes

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Holy Rood Community Charity	15,000	-	15,000	15,000
Clergy Support Trust	20,000	-	20,000	20,000
Other donations (including Community Companions)	35,479	8,436	43,915	40,506
Quaker Mental Health	-	10,000	10,000	5,000
Albert Hunt Trust	-	-	-	4,000
Sir James Reckitt Charity	-	-	-	4,000
Thirsk Infant School	-	-	-	4,743
	<u>70,479</u>	<u>18,436</u>	<u>88,915</u>	<u>93,249</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

3. Other trading activities

	Unrestricted funds £	2025 Total £	2024 Total £
Shop income	4,777	4,777	2,887
Fundraising events	6,355	6,355	7,156
Residence fees and day visitors	111,348	111,348	127,539
Therapy	42,095	42,095	40,116
	<u>164,575</u>	<u>164,575</u>	<u>177,698</u>

4. Investment income

	Unrestricted funds £	2025 Total £	2024 Total £
Bank interest receivable	11,797	11,797	9,865
	<u>11,797</u>	<u>11,797</u>	<u>9,865</u>

5. Other income

	Unrestricted funds £	2025 Total £	2024 Total £
Income tax refund	25,291	25,291	23,415
	<u>25,291</u>	<u>25,291</u>	<u>23,415</u>

6. Fundraising trading

	Unrestricted funds £	2025 Total £	2024 Total £
Fundraising expenses	844	844	212
	<u>844</u>	<u>844</u>	<u>212</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

7. Expenditure on charitable activities

	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Wages & salaries	142,973	20,546	163,519	154,890
Employer's NIC	6,180	1,485	7,665	5,552
Pension costs	12,657	1,155	13,812	7,724
Other staff costs	5,326	2,199	7,525	7,082
Rates & water	7,204	-	7,204	7,093
Light & heat	19,454	-	19,454	20,650
Repairs & maintenance	21,212	3,142	24,354	33,870
Insurance	3,680	-	3,680	3,969
Bank charges	251	-	251	591
Motor and travel expenses	4,562	1,440	6,002	3,795
Other professional fees	2,438	65	2,503	1,980
Communication & IT	3,900	-	3,900	3,324
Other office expenses	1,646	1,419	3,065	1,778
Depreciation of fixtures and fittings	1,015	-	1,015	933
Provisions	8,544	-	8,544	10,651
General expenses	769	237	1,006	1,998
Depreciation of buildings	9,000	-	9,000	9,000
Governance costs (see note 8)	3,018	-	3,018	3,000
	<u>253,829</u>	<u>31,688</u>	<u>285,517</u>	<u>277,880</u>

8. Governance costs

	2025 £	2024 £
Accountancy charges	3,018	3,000
	<u>3,018</u>	<u>3,000</u>

9. Net incoming resources for the year

	2025 £	2024 £
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	10,015	9,933
	<u>10,015</u>	<u>9,933</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

10. Independent examiner remuneration

	2025 £	2024 £
Independent examination fee	810	780
Independent examiners remuneration - other fees: - accounts preparation and payroll costs	2,358	2,220

11. Employees

Employment costs	2025 £	2024 £
Wages and salaries	163,519	154,890
Social security costs	7,665	5,552
Pension costs	13,812	7,724
Other costs	7,525	7,082
	<u>192,521</u>	<u>175,248</u>

The trustees were not paid during the year. No employee received emoluments of more than £60,000 (2024 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, was as follows:

	2025 Number	2024 Number
Trustees/directors	7	7
Management	1	1
Administration	3	4
Catering staff and hospitality	2	2
Others	2	2
	<u>15</u>	<u>16</u>

12. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

13. Tangible fixed assets	Land and buildings freehold £	Fixtures, fittings and equipment £	Caravan £	Total £
Cost				
At 1 April 2024	1,556,418	99,193	9,325	1,664,936
Additions	-	2,638	-	2,638
At 31 March 2025	<u>1,556,418</u>	<u>101,831</u>	<u>9,325</u>	<u>1,667,574</u>
Depreciation				
At 1 April 2024	47,000	99,193	5,595	151,788
Charge for the year	9,000	82	933	10,015
At 31 March 2025	<u>56,000</u>	<u>99,275</u>	<u>6,528</u>	<u>161,803</u>
Net book values				
At 31 March 2025	<u>1,500,418</u>	<u>2,556</u>	<u>2,797</u>	<u>1,505,771</u>
At 31 March 2024	<u>1,509,418</u>	<u>-</u>	<u>3,730</u>	<u>1,513,148</u>

On Transition to FRS 102 in 2016 the charity chose to use as deemed cost the current value of the property it then owned.

The carrying value of freehold property that would have been included in the financial statements had the assets been held at historical cost less accumulated depreciation is as follows:

	£
Historical cost equivalent (Holy Rood House)	1,006,418
Historical cost equivalent (Juliet House)	210,000
Revaluation (Juliet House)	340,000
	<u>1,556,418</u>

14. Debtors	2025 £	2024 £
Trade debtors	1,408	2,107
Other debtors	10,650	8,647
Prepayments	2,291	2,369
	<u>14,349</u>	<u>13,123</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

15. Creditors: amounts falling due within one year

	2025	2024
	£	£
Loans	18,000	27,000
Trade creditor	2,486	1,862
Taxes and social security creditor	2,539	2,504
Accruals and deferred income	10,761	8,349
	<u>33,786</u>	<u>39,715</u>

16. Creditors: amounts falling due after more than one year

	2025	2024
	£	£
Loans	<u>22,000</u>	<u>37,000</u>
Loans		
Repayable in one year or less, or on demand (Note 15)	18,000	27,000
Repayable between one and two years	22,000	15,000
Repayable between two and five years	-	22,000
	<u>40,000</u>	<u>64,000</u>

17. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Fund balances at 31 March 2025 as represented by:			
Tangible fixed assets	1,505,771	-	1,505,771
Current assets	334,585	9,119	343,704
Current liabilities	(33,786)	-	(33,786)
Long-term liabilities	(22,000)	-	(22,000)
	<u>1,784,570</u>	<u>9,119</u>	<u>1,793,689</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

18. Unrestricted funds	At 1 April 2024 £	Incoming resources £	Outgoing resources £	At 31 March 2025 £
General purpose fund	<u>1,767,101</u>	<u>272,142</u>	<u>(254,673)</u>	<u>1,784,570</u>

Purposes of unrestricted funds

The General Purpose Fund comprises those funds which the trustees are free to use in accordance with the charitable objectives.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2025**

19. Restricted funds	At 1 April 2024 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2025 £
Derek Chapman CAF Trust	16,691	-	(11,890)	-	4,801
Albert Hunt Trust	2,800	-	(2,800)	-	-
Leavers' gifts	808	1,666	(2,474)	-	-
Transition	2,072	1,070	(3,142)	-	-
Quaker Mental Health	-	10,000	(10,000)	-	-
Alter Appeal	-	2,640	(1,145)	-1495	-
Marquee Fund	-	200	-	1,495	1,695
Other restricted funds	-	2,860	(237)	-	2,623
	<u>22,371</u>	<u>18,436</u>	<u>(31,688)</u>	<u>-</u>	<u>9,119</u>

Purposes of restricted funds

The Derek Chapman CAF Trust represents a legacy received to assist the Business Manager.

The Albert Hunt Trust fund represents donations to support child/adolescent therapies.

The Leavers' gifts fund represents donations towards gifts presented to staff leaving the charity.

The Transition Fund represents donations for preparations and transition works for the incoming Executive Director.

The Quaker Mental Health Fund represents grants received to support the works of Helen Warwick, Chaplain

The Alter Appeal Fund represents donations to purchase a new alter for the chapel.

Thirsk Lions provided a grant towards a new marquee.

Other restricted funds represent donations made towards Staff Wellbeing & Carer's Bursary.

20. Company limited by guarantee

Centre for Health and Pastoral Care is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

CENTRE FOR HEALTH AND PASTORAL CARE

England & Wales - Charity number 1099836

Accounts

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Trustees' report and financial statements

for the year ended 31 March 2024

Charity number: 1099836

Company number: 04647338 (England and Wales)

Centre for Health and Pastoral Care
(A company limited by guarantee)

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Centre for Health and Pastoral Care
(A company limited by guarantee)

Legal and administrative information

Charity number	1099836	
Company registration number	04647338 (England and Wales)	
Registered office	Holy Rood House 10 Sowerby Road Sowerby Thirsk, North Yorkshire YO7 1HX	
Trustees	Dr D McDonald Mrs S Armstrong Revd R Bradshaw Mrs J Kartupelis Mrs H Proudley Canon W Wilby Mr C E Forman	Chair
Executive officer	Revd E M Baxter Revd S Hammersley	(retired May 2024) (appointed May 2024)
Patrons	The Rt Revd & Rt Hon Baron Williams of Oystermouth Prof Nicola Slee, Professor of Vrije Univ. Amsterdam, Visiting Prof. Univ. Chester.	
Accountants	The Barker Partnership Chartered Accountants 17 Central Buildings Market Place Thirsk North Yorkshire YO7 1HD	
Bankers	HSBC Bank plc 1 Centenary Square Birmingham B1 1HQ	CCLA Investment Management Ltd One Angel Lane London 85 Queen Victoria Street

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2024**

The trustees present their report and the financial statements for the year ended 31 March 2024. The trustees, who are also directors of Centre for Health and Pastoral Care for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Governing document

Centre for Health and Pastoral Care is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Charity number 1099836 and Company number 04647338.

The company was incorporated on 24 January 2003 and registered with the Charities Commission under the present name on 3 October 2003.

Appointment of trustees

The directors of the charitable company ('the Charity') are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The articles of association provide that trustees may be appointed by ordinary resolution in general meeting.

There were no resignations or new Trustees within this financial year.

Trustees induction and training

As part of their induction programme new trustees are briefed on their responsibilities under charity and company law, the content of the governing documents and details of the decision-making process.

Organisation

The Board of trustees which must be no less than three members but is not subject to a maximum number, administers the charity. The Board meets between four and six times a year to discuss strategic, development and financial issues.

To facilitate effective operations, authority is delegated to the Executive Director to manage the day to day operations of the charity.

Risk management

The trustees actively review the major strategic, business and operational risks on a regular basis which the charity faces and are satisfied that controls are in place so that the necessary steps can be taken to lessen these risks.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2024**

Objectives and activities

The objectives of the Charity are to relieve those in need and in particular the sick and those in poor health and to advance public education but not exclusively, by:

- a) promoting the Christian ministry of healing and other therapies
- b) providing counselling, retreats and both educational and training courses
- c) undertaking research and publishing the useful results thereof and providing and promoting pastoral care for the benefit of the whole of the community.

This year has seen the 30th anniversary commemoration and celebrations of this Charity in Thirsk, together with planning for the years ahead, and the appointment of the new Executive Director to take up post late May 2024.

There has been a full year of activities on site, with the provision of both residential and day guest activities for those more local. There have also been on-line services for both individual therapeutic 1:1s and also led group events, to help with accessibility and choice. For certain services take up has exceeded that planned for in the budget, including with groups.

The Charity continues to review and address how best it can help the community at a time of individual need, particularly with mental health and well-being, in relationship with physical and spiritual health. Whilst supporting individuals, the Charity helps to show the strengths of being part of community.

Centre for Health and Pastoral Care successfully delivered each of its objectives in a compassionate way, reviewing practices to keep all safe, retaining a focus on compliance whilst devoting the majority of its time and focus to where it is most needed - with the guests and clients. The Charity continued to draw on experience of both paid professional staff, volunteers and consultants.

The Charity considers thoroughly the Charity Commission's general guidance on public benefit. Throughout the year provision has been made for on-site and/or on-line retreats, individual and group hospitality, professional counselling, spiritual direction and accompaniment, pastoral care, creative arts, well-being and complementary therapies, training, courses, and social and fund-raising events.

The Charity seeks to learn from and share with organisations about current issues of mental health and well-being, which includes linking with public health organisations and other non-governmental organisations (NGOs). The Charity continues to be open to explore partnerships, ventures or projects with other organisations.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2024**

Achievements and performance

Commemorating its 30th year, Holy Rood House with Juliet House continued to be experienced as much needed celebrated homes of hospitality, spirituality, ecology and education, encouraging creativity; all supported through the provision of a professional, holistic, therapeutic approach. This intentional community has welcomed, valued and learned from each other's contributions, whether staff, guest or community-at-large, and they continue to journey in relationship with nature, their garden and animals too.

With all services, there have been opportunities for the interpersonal, for group interaction, as well as individual peace and quiet, and all have been amply available throughout the year. The appreciation expressed by guests and clients, through verbal and written feedback and financial support, continues to encourage the community and help validate the approaches taken. Waiting lists continue to be minimum. There has been a particularly good uptake of certain services, though particular days and weeks have had to be kept clear of residential guests to aid succession planning and transition works.

As part of the 30th Anniversary commemoration, there was the breaking through of the garden wall to open up and ease access to the Quiet Garden, and the unveiling of the plaque celebrating the 30 years with pioneer Revd Elizabeth Baxter, who is stepping down in May 2024.

There has been the launch of the newly published book "Wisdom Calls" written by staff member, Chaplain Helen Warwick, which helps connect us to a way of knowing that guides us through the diversities and transitions of our lives, and draws on experiences and activities at Holy Rood House.

There has been the successful and fully supported appointment of the new Executive Director, Revd Sue Hammersley, with the post commencing late May 2024, together with Revd Sibylle Batten, both to live on site.

The planning, the preparation of living quarters, and transition is well-underway to welcome the new Executive Director and ease the handover from the current Director. There has also been the launch of the Transition Appeal to help meet the additional costs.

Refurbishment works to the annexe of Holy Rood House have been completed, together with some high-level maintenance repair work, to help with ensuring the property is suitable for the next 10+ years.

The Charity continues to look to increase awareness and address how it conducts services in a fair and ethical manner, to reduce its carbon footprint and learn and develop as an organisation. Ecology of Health Meetings with staff were held regularly to explore and express relationship in both a practical, and theological context.

Working connections with over a dozen local and county Charities, and links with many more NHS and health organisations, faith communities and organisations, to aid collaboration and sign-posting of services for the benefit of the well-being of the community, has continued.

The Charity has also been really grateful for the support given by individual financial supporters, and by grant making organisations, as this has made a considerable difference enabling the continuation and development of services.

The Charity wishes to welcome the contributions of new employees and volunteers, and give thanks to those that moved on during the year, as well as those that have journeyed with the Charity for many years. The Charity is so grateful for such dedication, for such generosity and kindness in sharing so much and in working so well as a team to create a safe and welcome space for guests and clients that come at such a needy time in their lives. The Charity also wishes to acknowledge and thank staff, volunteers and community members that have been so supportive to the Executive Director and to each other, during this time of transition. The staff also wish to express thanks to the Trustees.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2024

Financial review

The net assets of the Charity have increased by £26,135 to £1,789,472 at 31 March 2024 from £1,763,337 at 31 March 2023. There has been an operating surplus of £33,132 (2023 - £7,689 surplus).

The purchase of Holy Rood House during September 2021 continues to have a financial impact by releasing the requirement to pay a lease, though this benefit is partly offset by a significant accounting depreciation of the asset, to comply with the UK Accounting Standards.

The operations interest-free loan remains as £7,000, extended until January 2025, and the interest free loans for the Holy Rood House appeal have reduced to £57,000 to be repaid 2025-2028. During 2023 £4,500 of interest-free loan was repaid, and £500 was gifted as a donation. A small provision is being made for repayments via a pledges scheme.

Reserves

In 2023/2024 the Trustees set aside £50,000 of free reserves i.e. those funds not tied up in fixed assets, restricted funds or for core, day to day activity. An additional £64,000 has been set aside to cover loan future repayments.

Investment powers, policy and performance

Under the Memorandum and Articles of Association the Charity has the power to make any investment which the trustees see fit.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2024**

Plans for future periods

The ceremonies to mark the rites of passage of the outgoing and incoming Executive Directors took place in May 2024. The outgoing Executive Director set up and led this community and charitable service in 1993 with her late husband Revd Stanley Baxter, and Revd Elizabeth Baxter has continued to lead this until the 25th May. Staff and volunteers past and present, community members, guests and clients, will continue to express their gratitude and admiration for this pioneer, for the positive lasting effect this has had upon their lives and the approach and running of this Charity and its services.

The team are working closely together to manage the period of change and transition, to continue with the existing values and learning of 31 years, and they are keen to welcome and support the incoming new Executive Director.

The Charity is continuing to look at ways to expand its therapeutic offering, in particular in relation to the arts, and creativity, and in connection with the gardens, whilst broadening its services to include a greater number of young people.

The Charity continues in interest and with concern, to review and address its carbon footprint and conduct its business in a fair and ethical manner, and to seek to live more harmoniously with the environment. A programme of events has been scheduled to encourage and embrace creativity, and the explorations and learning of the seasonal garden.

The Charity will continue to look at ways to work with the community, with other charities, mental health organisations, and faith communities and organisations, in promoting services available and addressing the needs. The Charity will continue to consult and seek advice to how best to adapt and change, whilst also maintaining the qualities, breadth of services, its differences and character that is so endearing and appreciated.

During the last quarter of the 2024-2025 financial year there is a requirement to pay back £27k in interest -free loans, made in prior years, for which provision has been made.

The Charity has an on-going need to raise funds via Grants and Fundraising Events, in addition to individual donations by those directly supported by the Charity. Grant providers and partners are very welcome, especially those that are able to support for more than one year.

Statement of trustees' responsibilities

The trustees (who are also directors of Centre for Health and Pastoral Care for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

Centre for Health and Pastoral Care
(A company limited by guarantee)

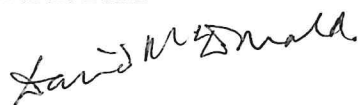
Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2024

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the Board

A handwritten signature in black ink that reads "David McDonald". The signature is written in a cursive style and is positioned above the printed name of the signatory.

Dr D McDonald
Chair of the Trustees

22 July 2024

Centre for Health and Pastoral Care
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Centre for Health and Pastoral Care.

I report on the financial statements of Centre for Health and Pastoral Care for the year ended 31 March 2024 which are set out on pages 9 to 21.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's report

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those accounting records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
B Cross ACA
The Barker Partnership
Chartered Accountants
17 Central Buildings
Market Place
Thirsk
North Yorkshire
YO7 1HD

22 July 2024

Centre for Health and Pastoral Care
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Incoming resources					
Incoming resources from generating funds:					
Donations and legacies	2	64,126	29,123	93,249	88,773
Other trading activities	3	177,698	-	177,698	155,489
Investment income	4	9,865	-	9,865	2,869
Other income	5	23,415	-	23,415	20,060
Total incoming resources		<u>275,104</u>	<u>29,123</u>	<u>304,227</u>	<u>267,191</u>
Resources expended					
Costs of generating funds:					
Fundraising trading:					
cost of goods sold and other costs	6	212	-	212	1,662
Charitable activities	7	241,760	36,120	277,880	262,593
Total resources expended		<u>241,972</u>	<u>36,120</u>	<u>278,092</u>	<u>264,255</u>
Net incoming/(outgoing) resources for the year /					
Net income/(expenditure) for the year		33,132	(6,997)	26,135	2,936
Total funds brought forward		<u>1,733,969</u>	<u>29,368</u>	<u>1,763,337</u>	<u>1,760,401</u>
Total funds carried forward		<u>1,767,101</u>	<u>22,371</u>	<u>1,789,472</u>	<u>1,763,337</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 12 to 21 form an integral part of these financial statements.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Balance sheet
as at 31 March 2024

	Notes	£	2024	£	2023	£
Fixed assets						
Tangible fixed assets	13		1,513,147			1,523,080
Current assets						
Stock		750			750	
Debtors	14	13,123			11,239	
Bank and cash		339,167			308,670	
		<u>353,040</u>			<u>320,659</u>	
Creditors: amounts falling due within one year	15	<u>(39,715)</u>			<u>(23,402)</u>	
Net current assets			<u>313,325</u>			<u>297,257</u>
Total assets less current liabilities			<u>1,826,472</u>			<u>1,820,337</u>
Creditors: amounts falling due after more than one year	16		<u>(37,000)</u>			<u>(57,000)</u>
Net assets			<u>1,789,472</u>			<u>1,763,337</u>
Funds	17					
Restricted income funds			22,371			29,368
Unrestricted income funds			1,767,101			1,733,969
Total funds			<u>1,789,472</u>			<u>1,763,337</u>

The Balance Sheet continues on the following page.

The notes on pages 12 to 21 form an integral part of these financial statements.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Balance sheet (continued)

Trustees statements required by Sections 475(2) and (3)
for the year ended 31 March 2024

For the year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements were approved by the Board on 22 July 2024 and signed on its behalf by



Dr D McDonald
Chair of the Trustees

Company registration number 04647338 (England and Wales)

The notes on pages 12 to 21 form an integral part of these financial statements.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

General information

The charity is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk, North Yorkshire, YO7 1HX.

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention, except for the revaluation of certain fixed assets, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Companies Act 2006 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Grants including grants for the purchase of fixed assets are recognised in full in the statement of financial activities in the year they are receivable.

Income from book sales and merchandising is included in the year in which it is receivable.

Income from investments is included in the year in which it is receivable.

Legacies are included when the charity is advised by the personal representative of an estate that payment will be made or property transferred and the amount involved can be quantified.

1.4. Expenditure

Expenditure is recognised on an accruals basis as a liability as incurred. Expenditure includes irrecoverable VAT and is reported as part of the expenditure to which it relates.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2024

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	-	Between 15% and 33% straight line
Freehold buildings	-	1% straight line
Caravan	-	10% straight line

Land and buildings are stated at deemed cost (which is represented by the valuation at the date of transition to FRS102) less accumulated depreciation. Following a change in the estimation techniques, freehold buildings are being depreciated on a one percent straight line basis. Freehold land is not depreciated.

Individual assets costing £500 or more are capitalised at cost.

1.6. Leasing

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce constant periodic rates of charge on the net obligations outstanding in each period.

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.7. Stock

Stock is valued at the lower of cost and net realisable value.

1.8. Defined contribution pension schemes

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Holy Rood Community Charity	15,000	-	15,000	15,000
Clergy Support Trust	20,000	-	20,000	20,000
Westhill Endowment	-	-	-	4,840
The Scurrah Wainwright Charity	-	-	-	5,000
Other donations (including Community Companions)	29,126	11,380	40,506	43,933
Quaker Mental Health	-	5,000	5,000	-
Albert Hunt Trust	-	4,000	4,000	-
Sir James Reckitt Charity	-	4,000	4,000	-
Thirsk Infant School	-	4,743	4,743	-
	64,126	29,123	93,249	88,773

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

3. Other trading activities

	Unrestricted funds £	2024 Total £	2023 Total £
Shop income	2,887	2,887	2,247
Fundraising events	7,156	7,156	6,899
Residence fees and day visitors	127,539	127,539	111,728
Therapy	40,116	40,116	33,576
Insurance claims	-	-	1,039
	<u>177,698</u>	<u>177,698</u>	<u>155,489</u>

4. Investment income

	Unrestricted funds £	2024 Total £	2023 Total £
Bank interest receivable	9,865	9,865	2,869
	<u>9,865</u>	<u>9,865</u>	<u>2,869</u>

5. Other income

	Unrestricted funds £	2024 Total £	2023 Total £
Income tax refund	23,415	23,415	20,060
	<u>23,415</u>	<u>23,415</u>	<u>20,060</u>

6. Fundraising trading

	Unrestricted funds £	2024 Total £	2023 Total £
Fundraising expenses	212	212	1,662
	<u>212</u>	<u>212</u>	<u>1,662</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

7. Expenditure on charitable activities

	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Wages & salaries	139,798	15,092	154,890	134,377
Employer's NIC	4,796	756	5,552	4,344
Pension costs	6,873	851	7,724	6,697
Other staff costs	7,082	-	7,082	9,873
Rates & water	7,093	-	7,093	6,589
Light & heat	20,650	-	20,650	22,150
Repairs & maintenance	14,876	18,994	33,870	39,667
Insurance	3,969	-	3,969	3,392
Bank charges	591	-	591	603
Motor and travel expenses	3,795	-	3,795	3,733
Other professional fees	1,980	-	1,980	1,284
Communication & IT	3,137	187	3,324	2,323
Other office expenses	1,778	-	1,778	1,040
Depreciation of fixtures and fittings	933	-	933	1,163
Provisions	10,651	-	10,651	11,242
General expenses	1,758	240	1,998	1,653
Depreciation of buildings	9,000	-	9,000	9,000
Governance costs (see note 8)	3,000	-	3,000	3,463
	<u>241,760</u>	<u>36,120</u>	<u>277,880</u>	<u>262,593</u>

8. Governance costs

	2024 £	2023 £
Accountancy charges	3,000	3,463
	<u>3,000</u>	<u>3,463</u>

9. Net incoming resources for the year

	2024 £	2023 £
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	9,933	10,163
	<u>9,933</u>	<u>10,163</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

10. Independent examiner remuneration

	2024	2023
	£	£
Independent examination fee	<u>780</u>	<u>750</u>
Independent examiners remuneration - other fees: - accounts preparation and payroll costs	<u>2,220</u>	<u>2,713</u>

11. Employees

Employment costs	2024	2023
	£	£
Wages and salaries	154,890	134,377
Social security costs	5,552	4,344
Pension costs	7,724	6,697
Other costs	7,082	9,873
	<u>175,248</u>	<u>155,291</u>

The trustees were not paid during the year. No employee received emoluments of more than £60,000 (2023 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, was as follows:

	2024	2023
	Number	Number
Trustees/directors	7	7
Management	1	1
Administration	4	3
Catering staff and hospitality	2	2
Others	2	2
	<u>16</u>	<u>15</u>

12. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

13. Tangible fixed assets	Land and buildings freehold £	Fixtures, fittings and equipment £	Caravan £	Total £
Cost				
At 1 April 2023 and At 31 March 2024	1,556,418	99,193	9,325	1,664,936
Depreciation				
At 1 April 2023	38,000	99,193	4,663	141,856
Charge for the year	9,000	-	933	9,933
At 31 March 2024	47,000	99,193	5,596	151,789
Net book values				
At 31 March 2024	1,509,418	-	3,729	1,513,147
At 31 March 2023	1,518,418	-	4,662	1,523,080

On Transition to FRS 102 in 2016 the charity chose to use as deemed cost the current value of the property it then owned.

The carrying value of freehold property that would have been included in the financial statements had the assets been held at historical cost less accumulated depreciation is as follows:

	£
Historical cost equivalent (Holy Rood House)	1,006,418
Historical cost equivalent (Juliet House)	210,000
Revaluation (Juliet House)	340,000
	<u>1,556,418</u>

14. Debtors

	2024 £	2023 £
Trade debtors	2,107	2,984
Other debtors	8,647	5,635
Prepayments	2,369	2,620
	<u>13,123</u>	<u>11,239</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

15. Creditors: amounts falling due within one year

	2024	2023
	£	£
Loans	27,000	12,000
Trade creditor	1,862	68
Taxes and social security creditor	2,504	2,005
Accruals and deferred income	8,349	9,329
	<u>39,715</u>	<u>23,402</u>

16. Creditors: amounts falling due after more than one year

	2024	2023
	£	£
Loans	<u>37,000</u>	<u>57,000</u>
Loans		
Repayable in one year or less, or on demand (Note 15)	27,000	12,000
Repayable between one and two years	15,000	20,000
Repayable between two and five years	22,000	33,000
Repayable in five years or more	-	4,000
	<u>64,000</u>	<u>69,000</u>

17. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Fund balances at 31 March 2024 as represented by:			
Tangible fixed assets	1,513,147	-	1,513,147
Current assets	330,669	22,371	353,040
Current liabilities	(39,715)	-	(39,715)
Long-term liabilities	(37,000)	-	(37,000)
	<u>1,767,101</u>	<u>22,371</u>	<u>1,789,472</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

18. Unrestricted funds	At 1 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
General purpose fund	<u>1,733,969</u>	<u>275,104</u>	<u>(241,972)</u>	<u>1,767,101</u>

Purposes of unrestricted funds

The General Purpose Fund comprises those funds which the trustees are free to use in accordance with the charitable objectives.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

19. Restricted funds	At 1 April 2023 £	Incoming resources £	Outgoing resources £	At 31 March 2024 £
Inlight Trust	641	-	(641)	-
Derek Chapman CAF Trust	22,787	-	(6,096)	16,691
Westhill	4,840	-	(4,840)	-
30th Anniversary Project	1,100	-	(1,100)	-
Thirsk Infant School		4,743	(4,743)	-
Albert Hunt Trust		4,000	(1,200)	2,800
Quaker Mental Health		5,000	(5,000)	-
Sir James Reckitt Charity		4,000	(4,000)	-
Transition		10,332	(8,260)	2,072
Leavers' gifts		1,048	(240)	808
	<u>29,368</u>	<u>29,123</u>	<u>(36,120)</u>	<u>22,371</u>

Purposes of restricted funds

The Inlight Trust fund represented a donation received in respect of Spirituality and Health, Chapel and Access to Garden, Projects.

The Derek Chapman CAF Trust represents a legacy received to assist the Business Manager.

Westhill Endowment Trust funds represent donations to support the Hildegard Project (Next Phase) related to the gardens.

The 30th Anniversary project represents donations towards the creation of a gateway to the Quiet Garden.

The Thirsk School grant was given to support the 30th Anniversary and Transition works

The Albert Hunt Trust fund represents donations to support child/adolescent therapies.

The Quaker Mental Health Fund and the Sir James Reckitt grant, were given to support the works of Helen Warwick, Chaplain.

The Transition Fund represents donations for preparations and transition works for the incoming Executive Director.

The Leavers' gifts fund represents donations towards gifts presented to staff leaving the charity.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2024**

20. Company limited by guarantee

Centre for Health and Pastoral Care is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

CENTRE FOR HEALTH AND PASTORAL CARE

England & Wales - Charity number 1099836

Accounts

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Trustees' report and financial statements
for the year ended 31 March 2023**

**Charity number: 1099836
Company number: 04647338 (England and Wales)**

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

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**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Legal and administrative information

Charity number	1099836	
Company registration number	04647338 (England and Wales)	
Registered office	Holy Rood House 10 Sowerby Road Sowerby Thirsk, North Yorkshire YO7 1HX	
Trustees	Mr J W Dalton Dr D McDonald Mrs S Armstrong Revd R Bradshaw Mr D Brooke QC Revd Canon M Glanville-Smith Mrs J Kartupelis Revd A Prince Mrs H Proudley Canon W Wilby Mr C E Forman	Chair (resigned as Chair and Trustee 29 May 2022) Chair (from 29 May 2022) (resigned 29 May 2022) (resigned 25 August 2022) (appointed 29 May 2022, resigned 23 January 2023) (appointed 5 September 2022) (appointed 5 September 2022) (appointed 6 March 2023)
Executive officer	Revd E M Baxter	
Patrons	The Rt Revd & Rt Hon Baron Williams of Oystermouth Prof Nicola Slee, Professor of Vrije Univ. Amsterdam, Visiting Prof. Univ. Chester (from 10th May 2022)	
Accountants	The Barker Partnership Chartered Accountants 17 Central Buildings Market Place Thirsk North Yorkshire YO7 1HD	
Bankers	HSBC Bank plc 189 High Street Northallerton North Yorkshire DL7 8LQ	CCLA Investment Management Ltd One Angel Lane London 85 Queen Victoria Street EC4R 3AB

Centre for Health and Pastoral Care (A company limited by guarantee)

Report of the trustees (incorporating the directors' report) for the year ended 31 March 2023

The trustees present their report and the financial statements for the year ended 31 March 2023. The trustees, who are also directors of Centre for Health and Pastoral Care for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Governing document

Centre for Health and Pastoral Care is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Charity number 1099836 and Company number 04647338.

The company was incorporated on 24 January 2003 and registered with the Charities Commission under the present name on 3 October 2003.

Appointment of trustees

The directors of the charitable company ('the Charity') are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The articles of association provide that trustees may be appointed by ordinary resolution in general meeting.

The Revd A Prince was appointed as a trustee on 29th May 2022 until his resignation on 23rd January 2023. Both Mrs H G Proudley and Canon W A Wilby were appointed 5th September, followed by Mr C E Forman on 6th March 2023.

Patrons

Prof Nicola Slee, Professor of Vrije University, Amsterdam, and Visiting Professor of Chester University was welcomed on 10th May 2022.

Trustees induction and training

As part of their induction programme new trustees are briefed on their responsibilities under charity and company law, the content of the governing documents and details of the decision-making process.

Organisation

The Board of trustees which must be no less than three members but is not subject to a maximum number, administers the charity. The Board meets between four and six times a year to discuss strategic, development and financial issues.

To facilitate effective operations, authority is delegated to the Executive Director to manage the day to day operations of the charity.

Risk management

The trustees actively review the major strategic, business and operational risks on a regular basis which the charity faces and are satisfied that controls are in place so that the necessary steps can be taken to lessen these risks.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2023**

Objectives and activities

The objectives of the Charity are to relieve those in need and in particular the sick and those in poor health and to advance public education but not exclusively, by:

- a) promoting the Christian ministry of healing and other therapies
- b) providing counselling, retreats and both educational and training courses
- c) undertaking research and publishing the useful results thereof and providing and promoting pastoral care for the benefit of the whole of the community.

This year has seen a full year of activities on site, as well as the continuation of some on-line services too, instigated during COVID-19 restrictions, for both individual 1:1s and led group events to increase choice and accessibility. The fluctuations and localised outbreaks and variants of COVID-19, and the perceptions and dis-ease with public gathering, together with the impacts of strikes by public transport and hospital staff, has impacted on bookings and increased last minute cancellations.

The Charity continues to review and address how best it can help the community at a time of individual need, particularly with mental health and well-being, in relationship with physical and spiritual health. Whilst supporting individuals, the Charity helps to show the strengths of being part of community.

Centre for Health and Pastoral Care successfully delivered its objectives in a compassionate way, reviewing practices to keep all safe, retaining a focus on both compliance whilst devoting the majority of its time and focus to where it is most needed - with the guests and clients. The Charity continued to draw on experience of both paid professional staff, volunteers and consultants. The Charity considers thoroughly the Charity Commission's general guidance on public benefit. Throughout the year provision has been made for on-site and/or on-line retreats, individual and group hospitality, professional counselling, spiritual direction and accompaniment, pastoral care, creative arts, well-being and complimentary therapies, training, courses, and social and fund-raising events.

The Charity seeks to learn from and share with organisations on current issues of mental health and well-being, which includes linking with public health organisations and other non-governmental organisations (NGOs). The Charity continues to be open to explore partnerships, ventures or projects with other organisations.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2023**

Achievements and performance

Holy Rood House with Juliet House have continued to be the thriving homes of hospitality, spirituality, ecology and education, developing and sharing a creative and professional, holistic approach to therapy, and exploring and valuing relationship with community and nature.

With a full year of services on site, and with the provision of on-line services too, the opportunity has been there to provide maximum benefit to the community. The feedback clearly shows the effect, the appreciation and gratitude of guests and clients, with the depth, sincerity, timeliness and quality of support and help that has been provided. Waiting lists have been kept to a minimum.

The full utilisation of services has continued to be impacted by last minute cancellations from individuals and groups, due to the impacts of COVID-19 variances. Groups began to return, however the economic down-turn has impacted on some groups, as well as individual bookings. The grant application process has been particularly competitive this year, some reducing to just below 5% as the chance of success, which has been challenging. Costs of utility services increased significantly, compounded by the timing of contract renewal and substantially increased unit costs at a time of uncertainty.

The Charity continues to look to increase awareness and address how it conducts services in a fair and ethical manner, to reduce its carbon footprint and learn and develop as an organisation. Ecology of Health Meetings with staff were held regularly to explore and express relationship in both a practical, and theological context. The therapeutic and theological library has been refreshed and developed to ease usability and aid promotion of use.

Working connections with over a dozen local and county Charities, and links with many more NHS and health organisations, faith communities and organisations, to aid collaboration and sign-posting of services for the benefit of the well-being of the community, has flourished.

Extensive high-level maintenance repair work was undertaken on Juliet House, to ensure the property was suitable for the next 10+ years.

A thorough review has taken place of many operational policies.

The Executive Director was presented with the North Yorkshire High Sheriff Award in February 2023, in celebration and acknowledgment of 30 years of exceptional service to the community, from Holy Rood House.

Staff have contributed to two books published during the year, one on psychosynthesis for couples and another on creative reflections on mental health and well-being, as well as a number of other national periodicals.

The Charity has also been really grateful for the support given by individual financial supporters, and by grant making organisations, as this has made a considerable difference enabling the continuation and development of services.

The Charity wishes to acknowledge and welcome the contributions of the new employees and volunteers, as well as those that have journeyed with the Charity for many years, and to thank them for their dedication and continuity, for the individual skills shared and for working so well as a team to create a safer space for guests and clients that come at an unsafe time in their lives. The Charity is extremely grateful to the retiring Clinical Manager for many years of service, and has appointed a new Clinical Manager. The Charity also wishes to acknowledge the contributions from guests and clients that have also aided the healing journeys of one another and which have enriched the life of the community.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2023**

Financial review

The net assets of the Charity have increased by £2,936 to £1,763,337 at 31 March 2023 from £1,760,401 at 31 March 2022. There has been an operating surplus of £7,689 (2022 - £40,578 surplus).

The purchase of Holy Rood House during September 2021 continues to have a financial impact by releasing the requirement to pay a lease, though this benefit is partly offset by a significant accounting depreciation of the asset, to comply with the UK Accounting Standards.

The operations interest-free loan remains as £7,000, extended until January 2024, and the interest free loans for the Holy Rood House purchase as £5,000 to be repaid in 2023, and £57,000 to be repaid 2025-2028. Part provision has and is being made for the repayment via a pledges scheme.

Income streams continued to be impacted by COVID-19.

Reserves

In 2022/2023 the Trustees set aside £50,000 of free reserves i.e. those funds not tied up in fixed assets, restricted funds or for core, day to day activity. An additional £69,000 has been set aside to cover loan future repayments.

Investment powers, policy and performance

Under the Memorandum and Articles of Association the Charity has the power to make any investment which the trustees see fit.

Plans for future periods

This is the 30th Anniversary year for the Charity at Thirsk, and there are planned celebrations, and strategic reflections on future opportunities and challenges. This includes work on succession planning for any future management changes. The Charity is reviewing its therapeutic offering, to be of most help to the community. Two books are planned for publication with Holy Rood House as the focus, one reflecting on the Community's journey, and the other sharing help for future times.

The Charity continues in interest and with concern, to address its carbon footprint and conduct its business in a fair and ethical manner, and to seek to live more harmoniously with the environment. Further project work is planned for the garden, to help with accessibility for the therapeutic benefits and also for ecological purposes. A programme of events has been scheduled to encourage and embrace creativity, and the explorations and learning of the seasonal garden.

The Charity will continue to look at ways to work with the community, with other charities, mental health organisations, and faith communities and organisations, in promoting services available and addressing the needs. The Charity will continue to consult and seek advice to how best to adapt and change, whilst also maintaining the qualities, breadth of services, its differences and character that is so endearing and appreciated.

During the year there is a requirement to pay back £12k in interest -free loans, made in prior years, for which provision has already been made.

The Charity has an on-going need to raise funds via Grants and Fundraising Events, in addition to individual donations by those directly supported by the Charity. Grant providers and partners, that are able to support for more than one year are also most welcome.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2023

Statement of trustees' responsibilities

The trustees (who are also directors of Centre for Health and Pastoral Care for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the Board



Dr D McDonald
Chair of the Trustees

24 July 2023

Centre for Health and Pastoral Care
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Centre for Health and Pastoral Care.

I report on the financial statements of Centre for Health and Pastoral Care for the year ended 31 March 2023 which are set out on pages 8 to 20.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 (the '2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.


Independent examiner's report

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those accounting records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



B Cross ACA
The Barker Partnership
Chartered Accountants
17 Central Buildings
Market Place
Thirsk
North Yorkshire
YO7 1HD

24 July 2023

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
Incoming resources					
Incoming resources from generating funds:					
Donations and legacies	2	77,833	10,940	88,773	288,019
Other trading activities	3	155,489	-	155,489	143,853
Investment income	4	2,869	-	2,869	132
Other income	5	20,060	-	20,060	25,567
Total incoming resources		<u>256,251</u>	<u>10,940</u>	<u>267,191</u>	<u>457,571</u>
Resources expended					
Costs of generating funds:					
Cost of generating voluntary income	6	-	-	-	684
Fundraising trading:					
cost of goods sold and other costs	7	50	1,612	1,662	155
Charitable activities	8	248,512	14,081	262,593	208,743
Total resources expended		<u>248,562</u>	<u>15,693</u>	<u>264,255</u>	<u>209,582</u>
Net incoming/(outgoing) resources for the year / Net income/(expenditure) for the year					
		7,689	(4,753)	2,936	247,989
Total funds brought forward		<u>1,726,280</u>	<u>34,121</u>	<u>1,760,401</u>	<u>1,512,412</u>
Total funds carried forward		<u>1,733,969</u>	<u>29,368</u>	<u>1,763,337</u>	<u>1,760,401</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 11 to 20 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Balance sheet
as at 31 March 2023**

	Notes	2023		2022	
		£	£	£	£
Fixed assets					
Tangible fixed assets	14		1,523,080		1,533,243
Current assets					
Stock		750		500	
Debtors	15	11,239		15,929	
Bank and cash		308,670		292,872	
		<u>320,659</u>		<u>309,301</u>	
Creditors: amounts falling due within one year	16	<u>(23,402)</u>		<u>(20,143)</u>	
Net current assets			<u>297,257</u>		<u>289,158</u>
Total assets less current liabilities			1,820,337		1,822,401
Creditors: amounts falling due after more than one year	17		<u>(57,000)</u>		<u>(62,000)</u>
Net assets			<u>1,763,337</u>		<u>1,760,401</u>
Funds					
Restricted income funds	18		29,368		34,121
Unrestricted income funds			1,733,969		1,726,280
Total funds			<u>1,763,337</u>		<u>1,760,401</u>

The Balance Sheet continues on the following page.

The notes on pages 11 to 20 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Balance sheet (continued)

**Trustees statements required by Sections 475(2) and (3)
for the year ended 31 March 2023**

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements were approved by the Board on 24 July 2023 and signed on its behalf by



**Dr D McDonald
Chair of the Trustees**

Company registration number 04647338 (England and Wales)

The notes on pages 11 to 20 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

General information

The charity is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk, North Yorkshire, YO7 1HX.

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention, except for the revaluation of certain fixed assets, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Companies Act 2006 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Grants including grants for the purchase of fixed assets are recognised in full in the statement of financial activities in the year they are receivable.

Income from book sales and merchandising is included in the year in which it is receivable.

Income from investments is included in the year in which it is receivable.

Legacies are included when the charity is advised by the personal representative of an estate that payment will be made or property transferred and the amount involved can be quantified.

1.4. Expenditure

Expenditure is recognised on an accruals basis as a liability as incurred. Expenditure includes irrecoverable VAT and is reported as part of the expenditure to which it relates.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	-	Between 15% and 33% straight line
Freehold buildings	-	1% straight line
Caravan	-	10% straight line

Land and buildings are stated at deemed cost (which is represented by the valuation at the date of transition to FRS102) less accumulated depreciation. Following a change in the estimation techniques, freehold buildings are being depreciated on a one percent straight line basis. Freehold land is not depreciated.

Individual assets costing £500 or more are capitalised at cost.

1.6. Leasing

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce constant periodic rates of charge on the net obligations outstanding in each period.

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.7. Stock

Stock is valued at the lower of cost and net realisable value.

1.8. Defined contribution pension schemes

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
Holy Rood Community Charity	15,000	-	15,000	140,000
St Michaels Healing Home Trust - appeal grant	-	-	-	6,203
Sir John Priestman Charity	-	-	-	3,000
Clergy Support Trust	20,000	-	20,000	15,000
Westhill Endowment	-	4,840	4,840	10,000
Joseph Rank Foundation	-	-	-	45,000
Holy Rood House Appeal	-	-	-	28,810
The Scurrah Wainwright Charity	-	5,000	5,000	-
Government grants	-	-	-	15,575
Two Ridings Community Foundation	-	-	-	100
Other donations (including Community Companions)	42,833	1,100	43,933	20,331
Other grants	-	-	-	4,000
	<u>77,833</u>	<u>10,940</u>	<u>88,773</u>	<u>288,019</u>

3. Other trading activities

	Unrestricted funds £	2023 Total £	2022 Total £
Shop income	2,247	2,247	2,721
Fundraising events	6,899	6,899	1,116
Residence fees and day visitors	111,728	111,728	100,101
Therapy	33,576	33,576	39,915
Insurance claims	1,039	1,039	-
	<u>155,489</u>	<u>155,489</u>	<u>143,853</u>

4. Investment income

	Unrestricted funds £	2023 Total £	2022 Total £
Bank interest receivable	2,869	2,869	132
	<u>2,869</u>	<u>2,869</u>	<u>132</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

5. Other income

	Unrestricted funds £	2023 Total £	2022 Total £
Income tax refund	20,060	20,060	25,567
	<u>20,060</u>	<u>20,060</u>	<u>25,567</u>

6. Cost of generating voluntary income

	2023 Total £	2022 Total £
HRH Fundraising Expenses	-	684
	<u>-</u>	<u>684</u>

7. Fundraising trading

	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
Fundraising expenses	50	1,612	1,662	155
	<u>50</u>	<u>1,612</u>	<u>1,662</u>	<u>155</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

8. Expenditure on charitable activities

	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
Wages & salaries	125,781	8,596	134,377	120,907
Employer's NIC	4,344	-	4,344	3,789
Pension costs	6,697	-	6,697	6,537
Other staff costs	4,673	5,200	9,873	6,920
Rent	-	-	-	1,250
Rates & water	6,589	-	6,589	5,393
Light & heat	22,150	-	22,150	14,758
Repairs & maintenance	39,493	174	39,667	12,115
Insurance	3,392	-	3,392	2,558
Bank charges	603	-	603	120
Motor and travel expenses	3,733	-	3,733	2,615
Other professional fees	1,284	-	1,284	1,608
Communication & IT	2,323	-	2,323	2,380
Other office expenses	958	82	1,040	1,517
Depreciation of fixtures and fittings	1,163	-	1,163	1,277
Provisions	11,242	-	11,242	9,369
General expenses	1,624	29	1,653	4,038
Depreciation of buildings	9,000	-	9,000	9,000
Governance costs (see note 9)	3,463	-	3,463	2,592
	<u>248,512</u>	<u>14,081</u>	<u>262,593</u>	<u>208,743</u>

9. Governance costs

	2023 £	2022 £
Accountancy charges	3,240	2,592
Trustee and officers travelling	223	-
	<u>3,463</u>	<u>2,592</u>

10. Net incoming resources for the year

	2023 £	2022 £
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	<u>10,163</u>	<u>10,274</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

11. Independent examiner remuneration

	2023 £	2022 £
Independent examination fee	750	750
Independent examiners remuneration - other fees: - accounts preparation and payroll costs	2,490	1,842

12. Employees

Employment costs	2023 £	2022 £
Wages and salaries	134,377	120,907
Social security costs	4,344	3,789
Pension costs	6,697	6,537
Other costs	9,873	6,920
	<u>155,291</u>	<u>138,153</u>

The trustees were not paid during the year. No employee received emoluments of more than £60,000 (2022 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, was as follows:

	2023 Number	2022 Number
Trustees/directors	7	7
Management	1	1
Administration	3	3
Catering staff and hospitality	2	2
Others	2	3
	<u>15</u>	<u>16</u>

13. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

14. Tangible fixed assets	Land and buildings freehold £	Fixtures, fittings and equipment £	Caravan £	Total £
Cost				
At 1 April 2022 and At 31 March 2023	1,556,418	99,193	9,325	1,664,936
Depreciation				
At 1 April 2022	29,000	98,963	3,730	131,693
Charge for the year	9,000	230	933	10,163
At 31 March 2023	38,000	99,193	4,663	141,856
Net book values				
At 31 March 2023	1,518,418	-	4,662	1,523,080
At 31 March 2022	1,527,418	230	5,595	1,533,243

On Transition to FRS 102 in 2016 the charity chose to use as deemed the current value of the property it then owned.

The carrying value of freehold property that would have been included in the financial statements had the assets been held at historical cost less accumulated depreciation is as follows:

	£
Historical cost equivalent (Holy Rood House)	1,006,418
Historical cost equivalent (Juliet House)	210,000
Revaluation (Juliet House)	340,000
	<u>1,556,418</u>

15. Debtors	2023 £	2022 £
Trade debtors	2,984	545
Other debtors	5,635	13,029
Prepayments	2,620	2,355
	<u>11,239</u>	<u>15,929</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

16. Creditors: amounts falling due within one year

	2023	2022
	£	£
Loans	12,000	7,000
Trade creditor	68	219
Taxes and social security creditor	2,005	2,025
Accruals and deferred income	9,329	10,899
	<u>23,402</u>	<u>20,143</u>

17. Creditors: amounts falling due after more than one year

	2023	2022
	£	£
Loans	<u>57,000</u>	<u>62,000</u>
Loans		
Repayable in one year or less, or on demand (Note 16)	12,000	7,000
Repayable between one and two years	20,000	5,000
Repayable between two and five years	33,000	53,000
Repayable in five years or more	4,000	4,000
	<u>69,000</u>	<u>69,000</u>

18. Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Fund balances at 31 March 2023 as represented by:			
Tangible fixed assets	1,523,080	-	1,523,080
Current assets	291,291	29,368	320,659
Current liabilities	(23,402)	-	(23,402)
Long-term liabilities	(57,000)	-	(57,000)
	<u>1,733,969</u>	<u>29,368</u>	<u>1,763,337</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

19. Unrestricted funds	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
General purpose fund	1,726,280	256,251	(248,562)	1,733,969

Purposes of unrestricted funds

The General Purpose Fund comprises those funds which the trustees are free to use in accordance with the charitable objectives.

20. Restricted funds	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Inlight Trust	7,535	-	(6,894)	641
Other restricted funds	203	-	(203)	-
Derek Chapman CAF Trust	26,383	-	(3,596)	22,787
Westhill	-	4,840	-	4,840
30th Anniversary Project	-	1,100	-	1,100
The Scurrah Wainwright Charity	-	5,000	(5,000)	-
	<u>34,121</u>	<u>10,940</u>	<u>(15,693)</u>	<u>29,368</u>

Purposes of restricted funds

The Holy Rood House Fund represents an appeal launched on 3 February 2019 to raise funds for the purchase of Holy Rood House and development.

The Inlight Trust fund represented a donation received in respect of Spirituality and Health, Chapel and Access to Garden, Projects.

Other restricted funds represent a donation received to provide staff accommodation.

The Derek Chapman CAF Trust represents a legacy received to assist the Business Manager.

Westhill Endowment Trust funds represent donations to support the Hildegard Project (Next Phase) related to the

The 30th Anniversary project represents donations towards the creation of a gateway to the Quiet Garden.

The Scurrah Wainwright grant was given to support the continued therapeutic work of an employed Psychotherapist/Counsellor.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2023**

21. Company limited by guarantee

Centre for Health and Pastoral Care is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

CENTRE FOR HEALTH AND PASTORAL CARE

England & Wales - Charity number 1099836

Accounts

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Trustees' report and financial statements

for the year ended 31 March 2022

Charity number: 1099836

Company number: 04647338 (England and Wales)



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

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Centre for Health and Pastoral Care
(A company limited by guarantee)

Legal and administrative information

Charity number	1099836	
Company registration number	04647338 (England and Wales)	
Registered office	Holy Rood House 10 Sowerby Road Sowerby Thirsk, North Yorkshire YO7 1HX	
Trustees	Mr J W Dalton Dr D McDonald Mrs S Armstrong Revd R Bradshaw Mr D Brooke QC Revd Canon M Glanville-Smith Mrs J Kartupelis Mr K Lewis Revd A Prince Mrs M Thackray	Chair (resigned as Chair and Trustee 29 May 2022) Chair (from 29 May 2022) Deputy Chair (resigned as Deputy Chair and Trustee 29 May 2022) (resigned 10 May 2021) (from 29 May 2022) (resigned 20 May 2021)
Executive officer	Revd E M Baxter	
Visitor	The Rt Revd A White, Bishop of Hull	(until 25 February 2022)
Patrons	The Rt Revd & Rt Hon Baron Williams of Oystermouth Emeritus Prof. of Theology C J Beattie	(until 21 January 2022)
Accountants	The Barker Partnership Chartered Accountants & Statutory Auditors 17 Central Buildings Market Place Thirsk North Yorkshire YO7 1HD	
Bankers	HSBC Bank plc 189 High Street Northallerton North Yorkshire DL7 8LQ	CCLA Investment Management Ltd The CBF Church of England Fund Senator House 85 Queen Victoria Street London EC4V 4ET



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2022**

The trustees present their report and the financial statements for the year ended 31 March 2022. The trustees, who are also directors of Centre for Health and Pastoral Care for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Governing document

Centre for Health and Pastoral Care is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Charity number 1099836 and Company number 04647338.

The company was incorporated on 24 January 2003 and registered with the Charities Commission under the present name on 3 October 2003.

Appointment of trustees

The directors of the charitable company ('the Charity') are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The articles of association provide that trustees may be appointed by ordinary resolution in general meeting.

Profound gratitude is expressed to the departing Mr J W Dalton for longevity and service as chair and trustee, and also to Mr D Brooke, as both had considerable involvement in the purchase of Holy Rood House and have given much support.

The Revd A Prince was appointed as a trustee on 29th May 2022.

Trustees induction and training

As part of their induction programme new trustees are briefed on their responsibilities under charity and company law, the content of the governing documents and details of the decision-making process.

Organisation

The board of trustees which must be no less than three members but is not subject to a maximum number, administers the charity. The board meets between four and six times a year to discuss strategic, development and financial issues.

To facilitate effective operations, authority is delegated to the Executive Director to manage the day to day operations of the charity.

Risk management

The trustees actively review the major strategic, business and operational risks on a regular basis which the charity faces and are satisfied that controls are in place so that the necessary steps can be taken to lessen these risks.

Patrons & Visitor

Emeritus Prof. of Theology C J Beattie resigned as patron on 21st January 2022, and The Rt Revd A White, Bishop of Hull retired 25th February 2022. All involved in the community wish to express their grateful thanks for all the support provided.



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2022**

Objectives and activities

The objectives of the Charity are to relieve those in need and in particular the sick and those in poor health and to advance public education but not exclusively, by:

- a) promoting the Christian ministry of healing and other therapies
- b) providing counselling, retreats and both educational and training courses
- c) undertaking research and publishing the useful results thereof and providing and promoting pastoral care for the benefit of the whole of the community.

This year has been an emergence for both the Charity and its guests and clients, returning to full gatherings without restrictions, following a diminishing of cautionary measures at a pace that considered both the physical and mental well-being of all concerned. The fluctuations and localised outbreaks and variants of COVID-19, and the perceptions and dis-ease with public gathering, has continued to impact bookings and increased last minute cancellations.

By the end of the financial year the activities were once again predominately on-site, though on-line therapy, support and workshops continue to be available to provide greater choice and accessibility.

Accessibility and availability remain key for the Charity, taking into consideration the rising needs for support due to (i) traumas surfacing from the pandemic (ii) the impacts on individuals from unsettling actions manifesting from the national and worldwide political stage (iii) the anxieties associated with the response to climate change (iv) the rise of economic hardship (v) the continued impacts of the UK's withdrawal from European Union; all in addition to other life-event traumas. With this in mind, the Charity is working to make sure the services and support it provides is tailored to be of most help, and to be accessible to those in most need, without individual financial commitment necessary.

Centre for Health and Pastoral Care successfully delivered its objectives in a compassionate way, reviewing practices to keep all safe, retaining a focus on both compliance whilst devoting the majority of its time and focus to where it is most needed - with the guests and clients. The Charity continued to draw on experience of both paid professional staff, volunteers and consultants. The Charity considers thoroughly the Charity Commission's general guidance on public benefit. Throughout the year provision has been made for on-site and/or on-line retreats, individual and group hospitality professional counselling, spiritual direction and accompaniment, pastoral care, creative arts, well-being and complimentary therapies, training, courses, and social and fund-raising events.

The Charity seeks to learn from and share with organisations on current issues of mental health and well-being, which includes linking with public health organisations and other non-governmental organisations (NGOs). The Charity continues to be open to explore partnerships, ventures or projects with other organisations.

Achievements and performance

The community has welcomed a full-return to thriving on-site services and activities, following a gradual easing of precautionary measures. There has continued to be some impact with late cancellations resulting from COVID-19, or similar symptoms, and some more cautious, vulnerable guests delaying their visits time and again. A number of other organisational groups have not returned, either moving to on-line meetings or they have not received sufficient interest or support to continue. The Charity has, however, surpassed original planned expectations for the year, responding to the needs of guests and clients, including increased one-to-one work and a reduction of waiting to see a Therapist.

Holy Rood House is a community of hospitality, modelling and developing its creative approach to therapy, the ecology of health, spiritual exploration, sharing with community, and in relationship with the seasons of nature to aid well-being and belonging.



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2022**

The Charity has throughout the year continued to review its strategic plans for the future to ensure it is well-placed to provide and develop its services. As part of this vision, Centre for Health and Pastoral Care purchased Holy Rood House for £1m in September, through the generosity of many individuals and grant providing organisations. The Trustees and all the team, wish to convey thanks for the tremendous support in this achievement for each donation has been special, and particular note is given to the former St Michael's Healing Home Trust, and the former landlord, Holy Rood Community Charity for their contribution and journey with the Charity.

Thorpe House was renamed Juliet House, and this was celebrated on the 20th September 2021. This house is named in recognition of the late Juliet Ramsden, a former Patron, Trustee, and one of the founders and staunch supporters of the Charity at this site in Thirsk.

The Charity has also been really grateful of the support given by individual financial supporters, and by grant making organisations, as this has made a considerable difference enabling the continuation and development of services. It is recognised that this has been a particularly competitive year for grants, as non-government organisations face the challenge of emerging from the pandemic and the impacts of the economic down-turn.

The Charity wishes to acknowledge and thank the employees and volunteers for their dedication and continuity, for the individual skills shared and for working so well as a team.

Financial review

The net assets of the Charity have increased by £247,989 to £1,760,401 at 31st March 2022 from £1,512,413 at 31 March 2021. The increase was primarily due to £212,517 raised towards the purchase of Holy Rood House, and an additional restricted grant of £10,000. There has been an operating surplus of £40,578 (2021 - £48,740 surplus).

The purchase of Holy Rood House for the sum of £1m plus fees, during September 2021, has released the requirement to pay a lease, though does result in an accounting depreciation for the asset, to comply with the UK Accounting Standards.

The operations interest-free loan remains as £7,000, and the interest free loans for the Holy Rood House purchase and development fund as £62,000 to be repaid 2023-2028. Part provision has and is being made for the repayment via a pledges scheme.

Income streams continued to be impacted by COVID -19 with the Charity dependent on support by grant providers and Government funding for part of the year.

Reserves

In early 2022 the reserves policy was reviewed and the level increased. The trustees set aside £50,000 of free reserves i.e. those funds not tied up in fixed assets, restricted funds or for core, day to day activity.

Investment powers, policy and performance

Under the Memorandum and Articles of Association the Charity has the power to make any investment which the trustees see fit.



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2022**

Plans for future periods

The Charity continues to look at ways to enhance support, including one-to-one services, and engagement with both the local and wider community activities. The team continues to address succession planning to strengthen and deliver its vision for the coming years, and how best to develop its assets to serve its future work.

Further development work is planned for the garden, subject to grants, with a project to involve volunteers and guests for therapeutic and ecological purposes, to expand the growing of edible plants and flowers.

A maintenance project is scheduled in summer at Juliet House, to attend to all the external high-level repair work for the guttering, roof, fascia, soffit board and rafters. It is envisaged that financially 2022/2023 will be dependent upon grants to heavily supplement the services income, particularly due to the exceptional activities of maintenance and development.

During the year there is a requirement to pay back £7k in interest -free loans, made in prior years, for which provision has already been made.

The Charity continues to look at new ways to conduct its business in a fair and ethical manner, to reduce its carbon footprint, and to learn and further develop as an organisation. An Ecology of Health group of staff continue to meet regularly to explore and express relationship in both practical and theological context. The therapeutic and theological library is being refreshed and developed in support of the ongoing services.

Statement of trustees' responsibilities

The trustees (who are also directors of Centre for Health and Pastoral Care for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



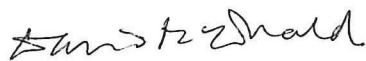
**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2022**

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the board



**Dr D McDonald
Chair of the Trustees**

5 September 2022



Centre for Health and Pastoral Care
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Centre for Health and Pastoral Care.

I report on the financial statements of Centre for Health and Pastoral Care for the year ended 31 March 2022 which are set out on pages 7 to 20.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011,
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

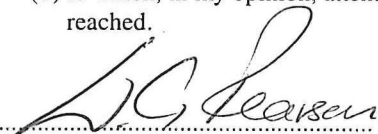
Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (i) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



W G Pearson FCA FCCA

The Barker Partnership
Chartered Accountants & Statutory Auditors
17 Central Buildings
Market Place
Thirsk
North Yorkshire
YO7 1HD

5 September 2022



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Incoming resources					
Incoming resources from generating funds:					
Donations and legacies	2	73,006	215,013	288,019	800,850
Other trading activities	3	140,016	3,837	143,853	41,554
Investment income	4	132	-	132	1,038
Other income	5	21,900	3,667	25,567	17,512
Total incoming resources		<u>235,054</u>	<u>222,517</u>	<u>457,571</u>	<u>860,954</u>
Resources expended					
Costs of generating funds:					
Cost of generating voluntary income	6	-	684	684	-
Fundraising trading: cost of goods sold and other costs	7	155	-	155	-
Charitable activities	8	194,321	14,422	208,743	195,083
Total resources expended		<u>194,476</u>	<u>15,106</u>	<u>209,582</u>	<u>195,083</u>
Net incoming resources before transfers		40,578	207,411	247,989	665,871
Transfer between funds		<u>990,217</u>	<u>(990,217)</u>	-	-
Net movement in funds/Net income/(expenditure) for the year		1,030,795	(782,806)	247,989	665,871
Net incoming resources for the year / Net income/(expenditure) for the year		1,030,795	(782,806)	247,989	665,871
Total funds brought forward		<u>695,485</u>	<u>816,927</u>	<u>1,512,412</u>	<u>846,542</u>
Total funds carried forward		<u>1,726,280</u>	<u>34,121</u>	<u>1,760,401</u>	<u>1,512,413</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 11 to 20 form an integral part of these financial statements.



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Balance sheet
as at 31 March 2022**

	Notes	2022		2021	
		£	£	£	£
Fixed assets					
Tangible fixed assets	14		1,533,243		537,100
Current assets					
Stock		500		500	
Debtors	15	15,929		6,139	
Bank and cash		292,872		1,049,380	
		<u>309,301</u>		<u>1,056,019</u>	
Creditors: amounts falling due within one year	16	<u>(20,143)</u>		<u>(18,706)</u>	
Net current assets			<u>289,158</u>		<u>1,037,313</u>
Total assets less current liabilities			1,822,401		1,574,413
Creditors: amounts falling due after more than one year	17		<u>(62,000)</u>		<u>(62,000)</u>
Net assets			<u>1,760,401</u>		<u>1,512,413</u>
Funds					
Restricted income funds	19		34,121		816,927
Unrestricted income funds			1,726,280		695,486
Total funds			<u>1,760,401</u>		<u>1,512,413</u>

The Balance Sheet continues on the following page.

The notes on pages 11 to 20 form an integral part of these financial statements.



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Balance sheet (continued)

**Trustees statements required by Sections 475(2) and (3)
for the year ended 31 March 2022**

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements were approved by the board on 5 September 2022 and signed on its behalf by



**Dr D McDonald
Chair of the Trustees**

05.09.22.

Company registration number 04647338 (England and Wales)

The notes on pages 11 to 20 form an integral part of these financial statements.



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

General information

The charity is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk, North Yorkshire, YO7 1HX.

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention, except for the revaluation of certain fixed assets, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Companies Act 2006 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the entity.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Grants including grants for the purchase of fixed assets are recognised in full in the statement of financial activities in the year they are receivable.

Income from book sales and merchandising is included in the year in which it is receivable.

Income from investments is included in the year in which it is receivable.

Legacies are included when the charity is advised by the personal representative of an estate that payment will be made or property transferred and the amount involved can be quantified.

1.4. Expenditure

Expenditure is recognised on an accruals basis as a liability as incurred. Expenditure includes irrecoverable VAT and is reported as part of the expenditure to which it relates.



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	-	Between 15% and 33% straight line
Freehold buildings	-	1% straight line
Caravan	-	10% straight line

Land and buildings are stated at deemed cost (which is represented by the valuation at the date of transition to FRS102) less accumulated depreciation. Following a change in the estimation techniques, freehold buildings are being depreciated on a one percent straight line basis. Freehold land is not depreciated.

Individual assets costing £500 or more are capitalised at cost.

1.6. Leasing

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce constant periodic rates of charge on the net obligations outstanding in each period.

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.7. Stock

Stock is valued at the lower of cost and net realisable value.

1.8. Defined contribution pension schemes

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Holy Rood Community Charity	15,000	125,000	140,000	15,000
St Michaels Healing Home Trust - appeal grant	-	6,203	6,203	376,554
Sir John Priestman Charity	3,000	-	3,000	-
All Churches Trust - other	-	-	-	7,500
All Churches Trust - appeal grant	-	-	-	25,000
Sons and Friends of the Clergy	15,000	-	15,000	19,700
Westhill Endowment	-	10,000	10,000	-
Joseph Rank Foundation	-	45,000	45,000	-
Holy Rood House Appeal	-	28,810	28,810	13,500
The Clothworkers' Foundation - appeal grant	-	-	-	45,000
Newmans Charitable Trust - appeal grant	-	-	-	25,000
Government grants	15,575	-	15,575	58,739
Two Ridings Community Foundation	100	-	100	12,000
National Lottery Community Fund	-	-	-	57,000
Other donations (including Community Companions)	20,331	-	20,331	138,857
Other grants	4,000	-	4,000	7,000
	<u>73,006</u>	<u>215,013</u>	<u>288,019</u>	<u>800,850</u>

3. Other trading activities

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Shop income	-	2,721	2,721	743
Fundraising events	-	1,116	1,116	1,373
Residence fees and day visitors	100,101	-	100,101	23,163
Therapy	39,915	-	39,915	16,275
	<u>140,016</u>	<u>3,837</u>	<u>143,853</u>	<u>41,554</u>

4. Investment income

	Unrestricted funds £	2022 Total £	2021 Total £
Bank interest receivable	132	132	1,038
	<u>132</u>	<u>132</u>	<u>1,038</u>



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2022**

5. Other income

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Income tax refund	21,900	3,667	25,567	17,512
	<u>21,900</u>	<u>3,667</u>	<u>25,567</u>	<u>17,512</u>

6. Cost of generating voluntary income

	Restricted funds £	2022 Total £	2021 Total £
HRH Fundraising Expenses	684	684	-
	<u>684</u>	<u>684</u>	<u>-</u>

7. Fundraising trading

	Unrestricted funds £	2022 Total £	2021 Total £
Shop costs	155	155	-
	<u>155</u>	<u>155</u>	<u>-</u>



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

8. Expenditure on charitable activities

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Wages & salaries	111,858	9,049	120,907	116,517
Employer's NIC	3,789	-	3,789	2,745
Pension costs	6,537	-	6,537	5,409
Other staff costs	2,320	4,600	6,920	766
Rent	1,250	-	1,250	11,250
Rates & water	5,358	35	5,393	4,525
Light & heat	14,662	96	14,758	8,043
Repairs & maintenance	14,879	(2,764)	12,115	14,436
Insurance	2,558	-	2,558	5,145
Bank charges	120	-	120	332
Motor and travel expenses	2,419	196	2,615	1,385
Other professional fees	1,608	-	1,608	4,761
Communication & IT	2,380	-	2,380	4,150
Other office expenses	1,495	22	1,517	2,552
Depreciation of fixtures and fittings	1,277	-	1,277	1,278
Provisions	6,306	3,063	9,369	3,362
General expenses	3,913	125	4,038	1,728
Depreciation of buildings	9,000	-	9,000	4,000
Grants payable	-	-	-	350
Governance costs	2,592	-	2,592	2,352
	<u>194,321</u>	<u>14,422</u>	<u>208,743</u>	<u>195,086</u>

9. Governance costs

	2022 £	2021 £
Accountancy charges	2,592	2,352
	<u>2,592</u>	<u>2,352</u>

10. Net incoming resources for the year

	2022 £	2021 £
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	10,274	5,278
	<u>10,274</u>	<u>5,278</u>



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

11. Independent examiner remuneration

	2022	2021
	£	£
Independent examination fee	<u>750</u>	<u>750</u>
Independent examiners remuneration - other fees: - accounts preparation and payroll costs	<u>1,842</u>	<u>1,602</u>

12. Employees

Employment costs	2022	2021
	£	£
Wages and salaries	120,907	116,517
Social security costs	3,789	2,745
Pension costs	6,537	5,409
Other costs	6,920	766
	<u>138,153</u>	<u>125,437</u>

The trustees were not paid during the year. No employee received emoluments of more than £60,000 (2021 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, was as follows:

	2022	2021
	Number	Number
Trustees/directors	7	9
Management	1	1
Administration	3	2
Catering staff and hospitality	2	3
Others	3	2
	<u>16</u>	<u>17</u>

13. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

14. Tangible fixed assets	Land and buildings freehold	Fixtures, fittings and equipment	Caravan	Total
	£	£	£	£
Cost				
At 1 April 2021	550,000	99,193	9,325	658,518
Additions	1,006,418	-	-	1,006,418
At 31 March 2022	<u>1,556,418</u>	<u>99,193</u>	<u>9,325</u>	<u>1,664,936</u>
Depreciation				
At 1 April 2021	20,000	98,617	2,799	121,416
Charge for the year	9,000	346	931	10,277
At 31 March 2022	<u>29,000</u>	<u>98,963</u>	<u>3,730</u>	<u>131,693</u>
Net book values				
At 31 March 2022	<u>1,527,418</u>	<u>230</u>	<u>5,595</u>	<u>1,533,243</u>
At 31 March 2021	<u>530,000</u>	<u>576</u>	<u>6,526</u>	<u>537,102</u>

On Transition to FRS 102 in 2016 the charity chose to use as deemed the current value of the property it then owned.

The carrying value of freehold property that would have been included in the financial statements had the assets been held at historical cost less accumulated depreciation is as follows:

	£
Historical cost equivalent (Holy Rood House)	1,006,418
Historical cost equivalent (Juliet House)	210,000
Revaluation (Juliet House)	<u>340,000</u>
	<u>1,556,418</u>

15. Debtors

	2022	2021
	£	£
Trade debtors	545	-
Other debtors	13,029	4,662
Prepayments	2,355	1,477
	<u>15,929</u>	<u>6,139</u>



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

16. Creditors: amounts falling due within one year	2022	2021
	£	£
Loans	7,000	7,000
Trade creditor	219	1,051
Taxes and social security creditor	2,025	1,618
Accruals and deferred income	10,899	9,037
	<u>20,143</u>	<u>18,706</u>

17. Creditors: amounts falling due after more than one year	2022	2021
	£	£
Loans	<u>62,000</u>	<u>62,000</u>
Loans		
Repayable in one year or less, or on demand (Note 16)	7,000	7,000
Repayable between one and two years	5,000	-
Repayable between two and five years	53,000	40,000
Repayable in five years or more	4,000	22,000
	<u>69,000</u>	<u>69,000</u>

18. Financial commitments

At 31 March 2022 the company had annual commitments under non-cancellable operating leases as follows:

	Land and buildings	
	2022	2021
	£	£
Expiry date:		
Within one year	-	15,000
Between one and five years	-	48,750
	<u>-</u>	<u>63,750</u>



**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2022**

19. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2022 as represented by:			
Tangible fixed assets	1,533,243	-	1,533,243
Current assets	275,180	34,121	309,301
Current liabilities	(20,143)	-	(20,143)
Long-term liabilities	(62,000)	-	(62,000)
	<u>1,726,280</u>	<u>34,121</u>	<u>1,760,401</u>

20. Unrestricted funds

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2022 £
General purpose fund	<u>695,485</u>	<u>235,054</u>	<u>(194,476)</u>	<u>990,217</u>	<u>1,726,280</u>

Purposes of unrestricted funds

The General Purpose Fund comprises those funds which the trustees are free to use in accordance with the charitable objectives.



Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2022

21. Restricted funds	At	Incoming resources	Outgoing resources	Transfers	At
	1 April 2021				31 March 2022
	£	£	£	£	£
Holy Rood House Fund	778,406	212,517	(706)	(990,217)	-
Inlight Trust	4,435	-	3,100	-	7,535
Other restricted funds	203	-	-	-	203
Derek Chapman CAF Trust	26,383	-	-	-	26,383
Westhill	-	10,000	(10,000)	-	-
All Churches	7,500	-	(7,500)	-	-
	<u>816,927</u>	<u>222,517</u>	<u>(15,106)</u>	<u>(990,217)</u>	<u>34,121</u>

Purposes of restricted funds

The Holy Rood House Fund represents an appeal launched on 3 February 2019 to raise funds for the purchase of Holy Rood House and development.

The Inlight Trust fund represents a donation received in respect of the Chapel to Garden

Other restricted funds represent a donation received to provide staff accommodation.

The Derek Chapman CAF Trust represents a legacy received to fund additional staff to assist the Business Manager.

Westhill funds represent donations to support the Hildegard Project related to the

All Churches represents a donation to support the charity with its Holding Real Hope COVID-19 and Beyond Project.

22. Related party transactions

During the year loans totalling £0 (2021 - £31,000) were made to the charity by related parties.

23. Company limited by guarantee

Centre for Health and Pastoral Care is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.



CENTRE FOR HEALTH AND PASTORAL CARE

England & Wales - Charity number 1099836

Accounts

Centre for Health and Pastoral Care
(A company limited by guarantee)

Trustees' report and financial statements
for the year ended 31 March 2021

Charity number: 1099836
Company number: 04647338 (England and Wales)

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

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**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Legal and administrative information

Charity number	1099836	
Company registration number	04647338 (England and Wales)	
Registered office	Holy Rood House 10 Sowerby Road Sowerby Thirsk, North Yorkshire YO7 1HX	
Trustees	Mr J W Dalton Revd F Mayer-Jones Mrs S Armstrong Revd R Bradshaw Mr D Brooke QC Mr K Lewis Dr D McDonald Revd Canon M Glanville-Smith Mrs M Thackray Mrs J Kartupelis	Chair (from 10 July 2020) Chair (resigned as Trustee and Chair 25 June 2020) Deputy Chair (from 10 July 2020) (resigned 10 May 2021) (resigned 20 May 2021) (appointed 1 February 2021)
Executive officer	Revd E M Baxter	
Visitor	The Rt Revd A White, Bishop of Hull	
Patrons	The Rt Revd and Rt Hon Baron Williams of Oystermouth Emeritus Prof. of Theology M C Grey (retired January 2021) Professor Emirata C. J. Beattie University of Roehampton (from February 2021)	
Accountants	The Barker Partnership Chartered Accountants & Statutory Auditors 17 Central Buildings Market Place Thirsk North Yorkshire YO7 1HD	
Bankers	HSBC Bank plc 189 High Street Northallerton North Yorkshire DL7 8LQ	CCLA Investment Management Ltd The CBF Church of England Fund Senator House 85 Queen Victoria Street London EC4V 4ET

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2021**

The trustees present their report and the financial statements for the year ended 31 March 2021. The trustees, who are also directors of Centre for Health and Pastoral Care for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Governing document

Centre for Health and Pastoral Care is a company limited by guarantee and a registered charity governed by its memorandum and articles of association. Charity number 1099836 and Company number 04647338.

The company was incorporated on 24 January 2003 and registered with the Charities Commission on 3 October 2003.

Appointment of trustees

The directors of the charitable company ('the charity') are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The articles of association provide that trustees may be appointed by ordinary resolution in general meeting.

A trustee was appointed during the year - Mrs J Kartupelis on 1 February 2021.

Patrons

Emeritus Prof. of Theology M C Grey retired as patron in January 2021, and all involved in the community wish to express their grateful thanks for her contributions and support over the years.

Professor Emirata C. J. Beattie University of Roehampton, was welcomed as patron in February 2021.

Trustees induction and training

As part of their induction programme new trustees are briefed on their responsibilities under charity and company law, the content of the governing documents and details of the decision making process.

Organisation

The board of trustees which must be no less than three members but is not subject to a maximum number, administers the charity. The board meets at least six times a year to discuss development and financial issues.

To facilitate effective operations, authority is delegated to the executive officer to manage the day to day operations of the charity.

Risk management

The trustees actively review the major strategic, business and operational risks on a regular basis which the charity faces and believe that controls are in place so that the necessary steps can be taken to lessen these risks.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2021

Objectives and activities

The objectives of the charity are to relieve those in need and in particular the sick and those in poor health and to advance public education but not exclusively, by:

- a) promoting the Christian ministry of healing and other therapies
- b) providing counselling, retreats and both educational and training courses
- c) undertaking research and publishing the useful results thereof and providing and promoting pastoral care for the benefit of the whole of the community.

This year's work has been shaped by both a journey of planned and reactive response to the national emergency of the COVID-19 pandemic, adjusting to the revised Government restrictions and guidelines on gatherings and the "stay safe" campaign. This crisis has had, and continues to have, a huge impact on the nation's mental health, reinforcing how crucial it is for Centre for Health and Pastoral Care to provide mental health and well-being services in a timely, relevant and professional manner, and in doing so also alleviate and support the National Health Service and other Mental Health Organisations. The COVID-19 lockdowns throughout the year, and restrictive measures, significantly reduced the opportunity to provide on-site services, and focus shifted to delivering additional online and telephone support responding to the mental health impacts of COVID-19, prolonged social isolation and uncertainty, and anxiety.

Centre for Health and Pastoral Care successfully delivered its objectives in a compassionate way, revising practices to keep all safe, managing risks, retaining a focus on both compliance and attending to the needs of new and existing clients and users. Whilst there was the cancellation or postponement of many on-site events and individual retreats, in their place was the provision of many new online support and well-being groups, and online one-to-one sessions too. Support has been provided for frontline workers (including NHS staff and other medical professionals), the bereaved, the carers, those abused or suffering self-inflicted abuse, those alone and isolated, and many traumatised. The Charity continued to draw on experience of both paid professional staff, volunteers and consultants. The Charity considers thoroughly the Charity Commission's general guidance on public benefit.

The Charity seeks to learn from and share with organisations on current issues of mental health and well-being, which includes linking with public health organisations and other non-governmental organisations (NGOs). The Charity continues to be open to explore partnerships, ventures or projects with other organisations.

Achievements and performance

The theme has been "Holding Real Hope", and throughout the year there has been much planning of both the strategic and practical approach to delivering support in COVID-19 times and for the emerging years, to be best placed to promote well-being and mental health. The expansion of online services has extended the reach and opportunities for the Charity, beyond physical travel limitations.

During periods of COVID-19 lockdown the sites remained closed, except for a small team of employees managing and coordinating both proactive and reactive services. Other services, including Counselling, were provided remotely, until these were safely permitted to return to site. The uptake of meeting space and hospitality services for local groups and event space, both day and residential, disappeared overnight at the first COVID-19 lockdown and has yet to return. The provision of residential services has been limited to times outside of COVID-19 lockdown, and then carefully managed within legal and safe practice guidelines. The total number of persons visiting at any one time has been thoughtfully considered, as the services provided have changed both in the manner they are provided, in location and access. A lot of time and energy has been given to assessment and arrangement and prioritising to support those impacted from the COVID-19 situation.

Considerable focus has been given to seeking grants, and the response has, overall, been forthcoming from grant providers and the Government. There has been significant support to this Charity in its response to COVID-19, for the focus on mental health and well-being locally, in North Yorkshire and also in providing online support nationally. This has been invaluable, allowing the Charity to focus on its services of helping individuals through this time of crisis. Whilst on-site services have been temporarily reduced, the online presence has increased significantly ensuring support has been active throughout the year.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2021**

In addition to the day to day services, the sum of £1m restricted for the purchase of Holy Rood House and gardens was finally raised and passed to Solicitors at year end, in readiness for the property contract completion.

Financial review

The net assets of the Charity have increased by £665,871 to £1,512,413 at 31st March 2021 from £846,452 at 31 March 2020. The net increase was due to donations received for the purchase of Holy Rood House of £590,749 (2020 - £118,269), and the receipt of other restricted funds (£167,322). £875,000 of the monies are being held by Eccles-Heddon Solicitors in readiness for the purchase, with a further grant pledged of £125,000 to be transferred with completion. There has been an operating surplus of £48,740 (2020 - £9,977 surplus).

The operations interest-free loans have been reduced to £7,000, as £3,000 of the loan was gifted to support the main house purchase. The total interest-free loans for the Holy Rood House and gardens purchase has been raised to £62,000, to be repaid 2023-2028.

Usual income streams were substantially impacted by the COVID -19 pandemic and restrictions, with the Charity dependent on support by grant providers and Government funding throughout the year.

Reserves

In 2020/2021 , the trustees set aside £26,000 of free reserves i.e. those funds not tied up in fixed assets, restricted funds or for core, day to day activity.

Investment powers, policy and performance

Under the Memorandum and Articles of Association the charity has the power to make any investment which the trustees see fit.

Plans for future periods

The operational plans for 2021/2022 have been re-configured to comply with the Government phased approach to emerge from the restrictions in place due to the COVID-19 pandemic. The restrictions, albeit easing from late Spring / Summer, continue to reduce the opportunities for usual income streams, notably with on-site service provision.

The Charity is showing its commitment to the area and to its work, with the purchase of Holy Rood House and gardens, and is currently awaiting purchase completion confirmation. The Charity has been generously supported by individuals, grant trusts, the local community and through fundraising events.

Strategic work for the future continues, with the view of strengthening the Charity to respond now and in post pandemic days, and with voicing its vision.

The Charity is closely looking at its ecology, environmental and well-being approaches and policies in a holistic manner, and welcomes the opportunities to continue its education in this area and strive to live in thoughtful and integrated living with our natural environment.

It is envisaged that financially 2021/2022 will be dependent upon grants to heavily supplement the services income. During the year there is a requirement to pay back £7k in interest -free loans, made in prior years, for which provision has already been made.

The Charity continues to look at new ways to support those in need, and conduct its business in a fair and ethical manner, and to learn and further develop as an organisation.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2021

Statement of trustees' responsibilities

The trustees (who are also directors of Centre for Health and Pastoral Care for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:


- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the board


J W Dalton

Chair of the Trustees

19 July 2021

Centre for Health and Pastoral Care
(A company limited by guarantee)

Independent examiner's report to the trustees on the unaudited financial statements of Centre for Health and Pastoral Care.

I report on the financial statements of Centre for Health and Pastoral Care for the year ended 31 March 2021 which are set out on pages 7 to 20.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011,
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

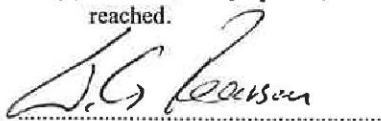
My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (i) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

- (ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



W G Pearson FCA FCCA
The Barker Partnership
Chartered Accountants & Statutory Auditors
17 Central Buildings
Market Place
Thirsk
North Yorkshire
YO7 1HD

20 July 2021

Centre for Health and Pastoral Care
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Incoming resources					
Incoming resources from generating funds:					
Donations and legacies	2	118,236	682,614	800,850	161,489
Other trading activities	3	39,549	2,005	41,554	155,119
Investment income	4	1,038	-	1,038	1,676
Other income	5	8,499	9,013	17,512	40,442
Total incoming resources		<u>167,322</u>	<u>693,632</u>	<u>860,954</u>	<u>358,726</u>
Resources expended					
Charitable activities	6	118,582	76,501	195,083	224,117
Total resources expended		<u>118,582</u>	<u>76,501</u>	<u>195,083</u>	<u>224,117</u>
Net incoming resources for the year /					
Net income for the year		48,740	617,131	665,871	134,609
Total funds brought forward		<u>646,746</u>	<u>199,796</u>	<u>846,542</u>	<u>711,933</u>
Total funds carried forward		<u>695,486</u>	<u>816,927</u>	<u>1,512,413</u>	<u>846,542</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 11 to 20 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Balance sheet
as at 31 March 2021**

	Notes	£	2021 £	£	2020 £
Fixed assets					
Tangible fixed assets	12		537,100		542,378
Current assets					
Stock		500		500	
Debtors	13	6,139		8,921	
Bank and cash		1,049,380		365,242	
		<u>1,056,019</u>		<u>374,663</u>	
Creditors: amounts falling due within one year	14	<u>(18,706)</u>		<u>(16,499)</u>	
Net current assets			<u>1,037,313</u>		<u>358,164</u>
Total assets less current liabilities			1,574,413		900,542
Creditors: amounts falling due after more than one year	15		<u>(62,000)</u>		<u>(54,000)</u>
Net assets			<u>1,512,413</u>		<u>846,542</u>
Funds					
Restricted income funds	17		816,927		199,796
Unrestricted income funds			695,486		646,746
Total funds			<u>1,512,413</u>		<u>846,542</u>

The Balance Sheet continues on the following page.

The notes on pages 11 to 20 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Balance sheet (continued)

**Trustees statements required by Sections 475(2) and (3)
for the year ended 31 March 2021**

For the year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements were approved by the board on 19 July 2021 and signed on its behalf by


J W Dalton

Trustee

Company registration number 04647338 (England and Wales)

The notes on pages 11 to 20 form an integral part of these financial statements.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

Cash flow statement

for the year ended 31 March 2021

	Notes	2021 £	2020 £
Net cash used in operating activities	21	<u>678,100</u>	<u>166,716</u>
Cash flows from investing activities			
Interest receivable		<u>1,038</u>	<u>1,676</u>
Cash provided by/(used in) investing activities		<u>1,038</u>	<u>1,676</u>
Cash flows from financing activities			
Cash inflows from new borrowings		58,000	50,000
Loan repayments		<u>(53,000)</u>	<u>(20,000)</u>
Net cash provided by/(used in) financing activities		<u>5,000</u>	<u>30,000</u>
Increase/(decrease) in cash and cash equivalents in the year		684,138	198,392
Cash and cash equivalents at the beginning of the year		<u>365,242</u>	<u>166,850</u>
Total cash and cash equivalents at the end of the year		<u><u>1,049,380</u></u>	<u><u>365,242</u></u>

Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

General information

The charity is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Holy Rood House, 10 Sowerby Road, Sowerby, Thirsk, North Yorkshire, YO7 1HX.

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention, except for the revaluation of certain fixed assets, and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Companies Act 2006 and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the entity.

1.2. Income

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Grants including grants for the purchase of fixed assets are recognised in full in the statement of financial activities in the year they are receivable.

Income from book sales and merchandising is included in the year in which it is receivable.

Income from investments is included in the year in which it is receivable.

Legacies are included when the charity is advised by the personal representative of an estate that payment will be made or property transferred and the amount involved can be quantified.

1.3. Expenditure

Expenditure is recognised on an accruals basis as a liability as incurred. Expenditure includes irrecoverable VAT and is reported as part of the expenditure to which it relates.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2021**

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or deemed cost) less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	-	Between 15% and 33% straight line
Freehold buildings	-	1% straight line
Caravan	-	10% straight line

Land and buildings are stated at deemed cost (which is represented by the valuation at the date of transition to FRS102) less accumulated depreciation. Following a change in the estimation techniques, freehold buildings are being depreciated on a one percent straight line basis. Freehold land is not depreciated.

Individual assets costing £500 or more are capitalised at cost.

1.5. Leasing

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives. Obligations under such agreements are included in creditors net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the profit and loss account so as to produce constant periodic rates of charge on the net obligations outstanding in each period.

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.6. Stock

Stock is valued at the lower of cost and net realisable value.

1.7. Defined contribution pension schemes

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

2. Donations and legacies

	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Holy Rood Community Charity	15,000	-	15,000	14,000
St Michaels Healing Home Trust - other	-	-	-	4,250
St Michaels Healing Home Trust - appeal grant	-	376,554	376,554	-
All Churches Trust - other	-	7,500	7,500	-
All Churches Trust - appeal grant	-	25,000	25,000	-
Sons and Friends of the Clergy	19,700	-	19,700	15,000
Inlight Trust	-	-	-	15,000
Sir John Priestman Charity Trust	-	-	-	3,000
Holy Rood House Appeal - other grants	-	13,500	13,500	10,331
The Clothworkers' Foundation - appeal grant	-	45,000	45,000	-
Newmans Charitable Trust - appeal grant	-	25,000	25,000	-
Government grants	58,739	-	58,739	-
Two Ridings Community Foundation	-	12,000	12,000	-
National Lottery Community Fund	-	57,000	57,000	-
Other donations (including Community Companions)	17,797	121,060	138,857	99,908
Other grants	7,000	-	7,000	-
	<u>118,236</u>	<u>682,614</u>	<u>800,850</u>	<u>161,489</u>

3. Other trading activities

	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Shop income	111	632	743	1,835
Fundraising events	-	1,373	1,373	12,147
Residence fees and day visitors	23,163	-	23,163	123,985
Therapy	16,275	-	16,275	17,152
	<u>39,549</u>	<u>2,005</u>	<u>41,554</u>	<u>155,119</u>

4. Investment income

	Unrestricted funds £	2021 Total £	2020 Total £
Bank interest receivable	1,038	1,038	1,676
	<u>1,038</u>	<u>1,038</u>	<u>1,676</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2021**

5. Other income

	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Income tax refund	8,499	9,013	17,512	35,442
The Guild of Health & St. Raphael Trust	-	-	-	5,000
	<u>8,499</u>	<u>9,013</u>	<u>17,512</u>	<u>40,442</u>

6. Expenditure on charitable activities

	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Wages & salaries	77,994	38,523	116,517	121,184
Employer's NIC	2,745	-	2,745	4,582
Pension costs	5,409	-	5,409	5,850
Other staff costs	129	636	766	2,464
Rent	3,750	7,500	11,250	15,000
Rates & water	2,147	2,378	4,525	6,265
Light & heat	3,902	4,140	8,043	10,594
Repairs & maintenance	1,365	13,071	14,436	17,119
Insurance	5,145	-	5,145	4,798
Bank charges	332	-	332	344
Motor and travel expenses	1,322	63	1,385	5,650
Other professional fees	801	3,960	4,761	1,824
Communication & IT	1,373	2,777	4,150	2,551
Other office expenses	1,210	1,342	2,552	3,850
Depreciation of fixtures and fittings	1,278	-	1,278	1,278
Provisions	2,340	1,022	3,362	13,233
General expenses	638	1,089	1,728	1,274
Depreciation of buildings	4,000	-	4,000	4,000
Grants payable	350	-	350	-
Governance costs	2,352	-	2,352	2,257
	<u>118,582</u>	<u>76,501</u>	<u>195,086</u>	<u>224,117</u>

7. Governance costs

	2021 £	2020 £
Accountancy charges	2,352	2,257
	<u>2,352</u>	<u>2,257</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2021**

8. Net incoming resources for the year

	2021	2020
	£	£
Net incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	5,278	5,278
	<u>5,278</u>	<u>5,278</u>

9. Independent examiner remuneration

	2021	2020
	£	£
Independent examination fee	750	750
	<u>750</u>	<u>750</u>
Independent examiners remuneration - other fees:		
- accounts preparation and payroll costs	1,602	1,507
	<u>1,602</u>	<u>1,507</u>

10. Employees

Employment costs	2021	2020
	£	£
Wages and salaries	116,517	121,184
Social security costs	2,745	4,582
Pension costs	5,409	5,850
Other costs	766	2,464
	<u>125,437</u>	<u>134,080</u>

The trustees were not paid during the year. No employee received emoluments of more than £60,000 (2020 : None).

Number of employees

The average monthly numbers of employees (including the trustees) during the year, was as follows:

	2021	2020
	Number	Number
Trustees/directors	9	9
Management	1	1
Administration	2	2
Catering staff and hospitality	3	4
Others	2	1
	<u>17</u>	<u>17</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2021**

11. Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

12. Tangible fixed assets	Land and buildings freehold £	Fixtures, fittings and equipment £	Caravan £	Total £
Cost				
At 1 April 2020 and At 31 March 2021	550,000	99,191	9,325	658,516
Depreciation				
At 1 April 2020	16,000	98,272	1,866	116,138
Charge for the year	4,000	345	933	5,278
At 31 March 2021	20,000	98,617	2,799	121,416
Net book values				
At 31 March 2021	530,000	574	6,526	537,100
At 31 March 2020	534,000	919	7,459	542,378

Analysis of the land and buildings valued at the date of transition to FRS102 using the deemed cost exemption:

	2017 £	2016 £
Historical cost equivalent	210,000	210,000
Revaluation	340,000	340,000
	<u>550,000</u>	<u>550,000</u>

13. Debtors

	2021 £	2020 £
Other debtors	4,662	7,488
Prepayments	1,477	1,433
	<u>6,139</u>	<u>8,921</u>

Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

14. Creditors: amounts falling due within one year	2021	2020
	£	£
Loans	7,000	10,000
Trade creditor	1,051	656
Taxes and social security creditor	1,618	1,717
Accruals and deferred income	9,037	4,126
	<u>18,706</u>	<u>16,499</u>

15. Creditors: amounts falling due after more than one year	2021	2020
	£	£
Loans	<u>62,000</u>	<u>54,000</u>
Loans		
Repayable in one year or less, or on demand (Note 14)	7,000	10,000
Repayable between one and two years	-	-
Repayable between two and five years	40,000	-
Repayable in five years or more	22,000	54,000
	<u>69,000</u>	<u>64,000</u>

16. Financial commitments

At 31 March 2021 the company had annual commitments under non-cancellable operating leases as follows:

	Land and buildings	
	2021	2020
	£	£
Expiry date:		
Within one year	15,000	15,000
Between one and five years	48,750	60,000
In over five years	-	3,750
	<u>63,750</u>	<u>78,750</u>

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2021**

17. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2021 as represented by:			
Tangible fixed assets	537,100	-	537,100
Current assets	239,092	816,927	1,056,019
Current liabilities	(18,706)	-	(18,706)
Long-term liabilities	(62,000)	-	(62,000)
	<u>695,486</u>	<u>816,927</u>	<u>1,512,413</u>

18. Unrestricted funds

	At 1 April 2020 £	Incoming resources £	Outgoing resources £	At 31 March 2021 £
General purpose fund	<u>646,746</u>	<u>167,322</u>	<u>(118,582)</u>	<u>695,486</u>

Purposes of unrestricted funds

The General Purpose Fund comprises those funds which the trustees are free to use in accordance with the charitable objectives.

**Centre for Health and Pastoral Care
(A company limited by guarantee)**

**Notes to the financial statements
for the year ended 31 March 2021**

19. Restricted funds	At			At
	1 April	Incoming	Outgoing	31 March
	2020	resources	resources	2021
	£	£	£	£
Holy Rood House Fund	192,031	590,749	(4,374)	778,406
Inlight Trust	7,535	-	(3,100)	4,435
Other restricted funds	230	-	(27)	203
Derek Chapman CAF Trust	-	26,383	-	26,383
The National Lottery Coronavirus Community Support Fund	-	57,000	(57,000)	-
Two Ridings Foundation	-	12,000	(12,000)	-
All Churches	-	7,500	-	7,500
	<u>199,796</u>	<u>693,632</u>	<u>(76,501)</u>	<u>816,927</u>

Purposes of restricted funds

The Holy Rood House Fund represents an appeal launched on 3 February 2019 to raise funds for the purchase of Holy Rood House. The property is currently leased.

The Inlight Trust fund represents a donation received in respect of the Chapel to Garden Project.

Other restricted funds represent a donation received to provide staff accommodation.

The Derek Chapman CAF Trust represents a legacy received to fund additional staff to assist the Business Manager.

The National Lottery Coronavirus Community Support Fund represents a grant to support the Charity support people at risk of direct or indirect impacts of COVID-19, particularly with mental health issues.

The All Churches Trust fund represents a grant to support the charity with its Holding Real Hope Covid-19 and Beyond project.

20. Related party transactions

During the year loans totalling £31,000 (2020 - £10,000) were made to the Charity by related parties.

Centre for Health and Pastoral Care
(A company limited by guarantee)

Notes to the financial statements
for the year ended 31 March 2021

21. Reconciliation of net movement in funds to net cash flow from operating activities

	2021	2020
	£	£
Net income/(expenditure) for the period as shown by the Statement of Financial Activities	665,871	134,609
Depreciation charges	5,278	5,278
Decrease/(increase) in debtors	2,782	30,410
Increase/(decrease) in creditors	5,207	(1,905)
Interest receivable	(1,038)	(1,676)
	<u>678,100</u>	<u>166,716</u>

22. Company limited by guarantee

Centre for Health and Pastoral Care is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.