

# AFRICAN PHYSICAL TRAINING ORGANISATION

England & Wales · Charity number 1099577

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2003-09-22

**Register** [View on the Charity Commission register](#)

## Contact

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**Website** [www.aptocamden.org](http://www.aptocamden.org)

## Activities

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**Objects:** TO RELIEVE NEED, HARDSHIP AND DISTRESS IN FRENCH-SPEAKING AFRICAN COMMUNITIES, PRIMARILY IN LONDON BOROUGH OF CAMDEN, ISLINGTON AND WESTMINSTER AND SECONDLY WHEREVER FRENCH SPEAKING AFRICAN COMMUNITIES ARE LIVING BY THE PROVISION OF: 1) A TRANSLATION SERVICE AND ADVISE REGARDING SOCIAL AND WELFARE RIGHTS, COMMUNITY INTEGRATION, EDUCATION, TRAINING AND EMPLOYMENT 2) THE PROVISION AND PROMOTION OF CHRISTIAN MUSIC 3) THE PRESERVATION AND PROTECTION OF HEALTH BY THE PROVISION OF ADVICE 4) THE PROVISION OF FACILITIES OF RECREATION OR OTHER LEISURE TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THOSE PERSONS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES.

**Activities:** free translation ,provision of information and advice,outreach work,family support,saturday supplementary school classes and homework,football training sessions,arts workshop, training in computer ,mother tongue , trips for the family ( london zoo , thorpe park ,camden cinema ...) , awarness seminars on health (HIV /AIDS ,DRUGS , STDi ) .

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

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- **Area of benefit:** PRIMARILY IN LONDON BOROUGH OF CAMDEN, ISLINGTON AND WESTMINSTER.
- Camden

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-01	£10,000	£10,000	-	-
2024-03-31	£9,600	£9,600	-	-
2023-03-31	£10,000	£9,500	-	-
2022-03-31	£8,542	£8,542	-	-
2021-03-31	£8,542	£8,542	-	-

## Trustees

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Name	Role	Appointed
Brigitte Kusangila Kongo		2024-07-01
Kiamfu Panzu Kasongo-Lunda		2002-08-28
Lembisa Mabala		2021-01-01
Sylvana Kembo		2024-07-01