

REGISTERED COMPANY NUMBER:
04736907 (England and Wales)
REGISTERED CHARITY NUMBER:
1099255



**Barretts Chartered
Accountants and
Chartered Tax Advisers
22 Union Street
Newton Abbot
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**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED**

31 AUGUST 2025 FOR

Children & Families in Grief LIMITED



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1099255**

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 AUGUST 2025 FOR
CHILDREN AND FAMILIES IN GRIEF LIMITED

CHILDREN AND FAMILIES IN GRIEF LIMITED

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for the Year Ended 31 August 2025

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CHILDREN AND FAMILIES IN GRIEF LIMITED

REPORT OF THE TRUSTEES for the Year Ended 31 August 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Governing Document

The charity is a charitable company limited by guarantee and has no share capital. In the event of a winding up the liability of the members is limited to £10 each and is governed by a memorandum and articles of association. South West in Grief Support Limited was registered with the Charity Commission as a charity on 3rd September 2003 (RCN 1099255), being renamed and relaunched as Children and Families in Grief in 2010.

Organisational Structure

A board of directors, who are all trustees of the charity, has control of the company and meet quarterly as a whole board with subcommittee meetings held in the intervening months (except December and August).

The officers who served during the period are:

Name & Position

P Goss Director & Company Secretary

S Honey Director and Chair

S Cole Director

S Newman Director & Vice Chair

R Gilliam Director & Treasurer - retired 11th September 2024

S Debney Director - appointed 11th September 2024

G Nimmo Director - appointed 23rd April 2025

W Treadwell Director & Treasurer - appointed as Treasurer 11th September 2024 and as a Director on 23rd April 2025

Governance and Internal Control

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of the charity and of the surplus or deficit of the charity for that period. In preparing those financial statements, the trustees have:-

- Selected suitable accounting policies and then applied them consistently;
- Made judgements and estimates that are reasonable and prudent;
- Prepared the financial statements on the going concern basis.

The trustees have overall responsibility for ensuring that the charity has appropriate systems of control, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention of fraud and other irregularities.

REPORT OF THE TRUSTEES
for the Year Ended 31 August 2025

OBJECTIVES AND ACTIVITIES

Objectives and Aims

Objects

As defined in the Central Register of Charities maintained by the Charity Commission for England and Wales, Children and Families in Grief Limited's Objects are:

- 1) The preservation and protection of good health of families and in particular the children who have experienced the loss of a significant family member through therapeutic play and where appropriate, counselling.
- 2) To advance the education and training of staff and volunteers in the needs of those who have suffered recent bereavement and loss.

Aims

- A) To give creative support for children and young people and their families, providing them with safe ways and a safe environment in which to remember the loved one whom they have lost;
- B) Promoting, advancing, encouraging and assisting in the sharing of experiences as the children and family members move through the grieving and healing process;
- C) Promoting peer support by introducing bereaved children and families to each other, to break the isolation which bereavement more often than not creates and by teaching the children and adults to communicate again within their family unit and with other families;
- D) To help families build more positive futures by giving them the toolkits to do this.

Our primary focus is achieving the best possible outcomes for each and every person who comes to us for help. At the centre of all our work are bereaved children and young people and their wellbeing, progress and safety are our primary concerns when they engage with our services.

We believe our approach of bringing bereaved children, young people and their families together to break isolation is unique in the South West, if not nationally. We wholeheartedly believe that our fundamental approach to bereavement and grief achieves the best possible outcomes for our beneficiaries.

Ordinarily, the charity achieves its aims and fulfils its charitable objects by:-

- Providing professional counselling by telephone, Zoom or home visits and weekend Family Workshop Days free of charge to each and every family;
- tailoring provision for families who are not able to engage with our weekend work;
- holding at least two social events each year to which families are invited, to encourage children and families to meet others and provide peer support and to stay in touch with the charity for a period of a couple of years after their closing visit. Attendance is free of charge for all families;
- making sure all families know that they can contact us at any time after we have finished working with them, should they require further help;
- engaging with schools and colleges in South Devon to support small groups of bereaved children and young people in each school or college who would not otherwise engage with our core service provision of working with families. This supports the children and young people and their families, as well as the staff at the respective schools and colleges who learn how to recognise the changes in behaviour often displayed by children and young people who are not able to cope with bereavement. This area of work has continued to grow significantly since its introduction and is now a well-established service line for which we have a constant demand;
- providing tailored training programmes to those professionals who engage with bereaved children and young people, to educate them about recognising signs of the effects of bereavement; and
- providing training, support and experience to volunteer student therapists and volunteer therapists.

OBJECTIVES AND ACTIVITIES

Review of Activities and Current Developments

Review of Activities and Current Developments

Our main charitable activity is the provision of support we provide to bereaved children (primary school age), young people (secondary school age) and their families through our "family work" and our "school and college work".

Our services are offered free of charge to all the families, schools and colleges we support. The only exception is when a school or college specifically requests our involvement following the death of a pupil, in which case they cover the cost of our support. Many of the families we work with live in some of the most socially and economically disadvantaged areas in England and Wales, as well as among the most vulnerable communities in South Devon. They often face complex family situations and multiple challenges alongside their bereavement.

Demand for our services remains strong but like many charities, we continue to face funding challenges; however, we have secured enough income to support every family referred to us and to maintain the number of groups we offer to schools and colleges this year.

This year, we have continued to enhance our website and expand our use of social media platforms to raise our profile and improve access to our services. We are extremely grateful to everyone who contributed to and supported these developments.

1. Family Work

The majority of our families are referred to us by Social Services, Children's Services, schools and GP surgeries, although families can also self refer. After moving our services online during the Covid 19 pandemic, we have continued to offer virtual sessions alongside traditional in person meetings. Some families still prefer virtual appointments, which are more cost effective for the charity, while others value face to face support - and we continue to provide both.

Last year, we refined our approach by offering a blended model of support. After the initial assessment with our Lead Therapist - which always takes place virtually - families can choose a mix of virtual and in person sessions. This flexibility has proved effective for many families, so we have continued to offer it, ensuring that the way we work is guided by each family's preferences and recognising that every situation is unique. By tailoring our support to individual needs, families feel more in control and often show higher levels of engagement. This has contributed to lower dropout rates for our weekend programmes, making them more cost effective, as we only run these groups when we have enough participants to fill the available places. We are always seeking ways to enhance our services and use our resources wisely. Above all, we remain committed to giving families genuine choice in how they engage with us, ensuring that our funds are used in the most impactful way.

After the initial assessment, each family is assigned one of our highly skilled and trained sessional therapists and a volunteer therapist (for face to face work primarily) who provide our service. Our lead therapist is accredited with BACP (British Association for Counselling and Psychotherapy) and all our sessional and volunteer therapists are all registered with either BACP or NCPS (National Counselling & Psychotherapy Society). Our charity is an organisational member of BACP. Additionally, our charity is an organisational member of BACP.

This year we provided our service to 74 families (63 in 2024; 56 in 2023; 87 in 2022, 67 in 2021, 96 in 2020, 88 in 2019 and 74 in 2018) comprising:-

- 71 children (67 in 2024; 61 in 2023, 106 in 2022, 79 in 2021, 129 in 2020, 120 in 2019, 98 in 2018)
- 67 young people (32 in 2024; 41 in 2023, 72 in 2022, 42 in 2021, 68 in 2020, 78 in 2019, 46 in 2018)
- 104 adults (91 in 2024; 82 in 2023; 152 in 2022, 101 in 2021, 159 in 2020, 134 in 2019 and 110 in 2018)
- 34 families with children and young adults with special educational needs (SENs) (20 in 2024)

REPORT OF THE TRUSTEES
for the Year Ended 31 August 2025

OBJECTIVES AND ACTIVITIES

We have a 3-tiered approach, Tier one is an initial assessment session over zoom and resources sent to the family, Tier two includes sessions at home or over zoom following the initial assessment session (usually 3 sessions), and Tier three involves attendance at a Family Workshop Day, a closing session as well as the 3 sessions at home and the initial assessment.

Below is a breakdown of which tier of our service each of the 63 families had:-

- 17 families had Tier one (20 in 2024)
- 51 families had Tier two (26 in 2024)
- 6 families had Tier three (17 in 2024)

This year our 6 Tier three Families joined a Family Workshop Day at Rainbow House in October 2024.

We did have a further Family Workshop Day planned in Spring 2025 but as there was a small number of families wishing to attend, this was postponed until October 2025 so that those families could join a larger group of families - making connections and lasting friendships with other families is a really important aspect of our Family Workshop Days. An additional important concern was financial, as the cost of running the day is not significantly less for a smaller group than a larger group, as all the sessional therapists and Lead Therapist are required to attend, supported by volunteer therapists (and trustees who host the day).

Those families who choose to attend always benefit hugely, sharing their stories and experiences, often forming new, lasting friendships with other families providing ongoing peer support.

During this year we held 4 social events for our families:-

December 2024 - Santa's grotto at Fermoy's Garden Centre in Totnes, kindly hosted by the Newton Abbot Rotary Club, welcomed 16 of our families to meet Santa, explore the wonderful grotto, choose a gift, and enjoy time together with other families and our team. This is the third year we have been invited to this event, and it continues to be a truly special day for everyone involved.

May 2025 - We attended The Donkey Sanctuary, Sidmouth with 9 of our families, benefitting from a "Donkey Assisted Therapy" session facilitated by their trained therapists with donkeys, which everyone thoroughly enjoyed. Transport was kindly provided free of charge by Majestic Coaches, Teignmouth and Easter eggs were generously donated by Walter C Parsons funeral directors, Torquay.

We held 2 Forest schools at Lupton House, courtesy of and facilitated by Orchard Forest School, Brixham:-

- July 2025 - 2 families
- August 2025 - 8 families

One of the Forest Schools was funded by a private donation and the other was paid for by funding obtained by Orchard Forest School.

One of our volunteer therapists attended all of the forest school sessions and shared how much the families enjoyed their time there. These sessions have been so successful that we plan to continue offering them as often as possible.

Our social events are always particularly meaningful, bringing new families together and giving them the chance to reconnect with our therapists and share how their lives have progressed since we last worked with them.

We make sure every family knows they are welcome to contact us at any time after their support has ended, should they need additional help. Indeed, some families do return to us for further support, often when they experience another bereavement.

2. School and College Work

OBJECTIVES AND ACTIVITIES

Our schools programme brings together bereaved children from different year groups to ensure we have enough participants to run a group within a school or college. In some cases, we combine children from two or three smaller schools to make up the required numbers. Two of our sessional therapists are assigned to each schools group and deliver weekly sessions over a six week period, with each session lasting 1.5 hours.

During this financial year we ran 8 bereavement groups in schools:-

Autumn term 2024:

- White Rock Primary School, Paignton
- Torquay Girls Grammar School, Torquay
- Coombeshead College, Newton Abbot

One of these was an additional group requested and funded by the school, following the tragic death of one of their pupils.

Spring term 2025:

- Barton Hill Primary School, Torquay
- Cockington Primary School, Torquay

Summer term 2025:

- Bradley Barton Primary School, Newton Abbot
- Newton Abbot College, Newton Abbot
- Canada Hill Primary School, Newton Abbot

One of these was an additional group requested and funded by the school, following the tragic death of one of their pupils.

Our work in schools and colleges is consistently well received, and we are frequently invited back to support new cohorts of bereaved children and young adults across South Devon.

*Please see Case Studies at the end of this report.

3. Training

We continue to develop tailored training programmes to those who engage with bereaved children and young people and their families, to educate them about recognising signs of the effects of bereavement.

We have been fortunate to recruit 3 new volunteer therapists to join our team. Our volunteer therapists, some of whom are student therapists, work alongside our sessional therapists, gaining valuable experience and training, helping their professional development.

Safeguarding training is kept up to date, not just for our therapists but also our trustees who facilitate the running of our weekend Family Workshop Days.

Management

We were fortunate to welcome three new trustees this financial year, each bringing valuable skills and experience to complement our already experienced Board. Of our seven current trustees, three have previously received support from our service and now play an active role in shaping and developing our provision. We consider this invaluable, as it helps ensure we continue to evolve and meet the needs of the families who come to us for support.

OBJECTIVES AND ACTIVITIES

Our new Treasurer, who is a qualified accountant, has already identified several opportunities to reduce costs-for example, by consolidating our insurance policies and securing new phone contracts, both of which we have now implemented. We now have, bespoke, up to date management accounts, giving us access to real time financial information, which is incredibly important for effective decision making.

The operation and management of our charity - including trustees' meetings and supervision sessions for our therapists - continues to take place online. We have found this approach to be effective, cost efficient, and often more convenient. Trustees meet every three months, with sub committee meetings held in the months between.

The sub committee allows us to examine time consuming areas in more depth, such as funding applications, policy reviews, and evaluations of our working practices. Its recommendations are then presented to the main Board for decision making.

As we receive no statutory funding, we must raise all the money required to provide our services. Grant making trusts have traditionally been our primary source of income, but, like many small charities, we have found that the funding landscape has changed significantly since the Covid 19 pandemic and has not returned to its previous state. As a result, our focus again this year has been on increasing the number of volunteer therapists in our team and ensuring we make the most effective use of our resources to support as many families as possible. We are also exploring additional funding avenues and are extremely grateful to the individuals who have undertaken fundraising on our behalf.

We are fortunate not to have premises to maintain, and we remain profoundly thankful to the trustees of Rowcroft Hospice, who continue to allow us to use Rainbow House free of charge for our weekend Family Workshop Days and, when required, for office based activities such as interviews. We recognise that our team of highly skilled sessional and volunteer therapists, led by our Lead Therapist, is our greatest asset. Their dedication and commitment to our families is exceptional. Our priority is always the families we support, and we will continue to seek ways to develop and improve our services while ensuring efficiency and value for money for our funders.

Supervision

Each of our sessional and volunteer therapists receives regular individual supervision in addition to group supervision, ensuring they - along with our Lead Therapist - are fully supported within a clear, well established framework of oversight and accountability. We greatly value our therapists and are committed to ensuring they feel supported and appreciated both in their work and as individuals. A strong working relationship continues between the Board of Trustees and the therapy team, with our Lead Therapist providing monthly service delivery reports and attending both trustee and sub committee meetings. In return, one of our trustees attends the monthly group supervision sessions with the therapists. This structure promotes trust, transparency, and effective communication, enabling us to respond and adapt quickly whenever needed. During the Covid 19 pandemic, when meetings and supervision moved online, we increased the level of one to one supervision to ensure all therapists felt supported through an exceptionally challenging period. We have continued this enhanced level of supervision.

Collaboration

We continue to work closely with our "sister charities," which provide child bereavement support in Plymouth, Exeter, North Devon and Cornwall. Each organisation operates within an agreed geographical area, and we refer families to one another at boundary points to ensure they receive the most appropriate support. We also share ideas and best practice, and this collaboration has grown stronger with the ease and accessibility of online meetings. We are now exploring the possibility of forming a more structured consortium to further strengthen our collective ability to provide child bereavement support across Devon and Cornwall.

Although we maintain strong relationships, each sister charity has a different approach, works in a different geographical location and is financially independent. Our commitment to our approach (trained therapists, working with children and their families and bringing groups of families together to help break down isolation) is reinforced by the positive outcomes and feedback we consistently receive from the families we support; we have no plans to change this approach.

OBJECTIVES AND ACTIVITIES

We also continue our valued collaboration with Rowcroft Hospice, who very generously allow us to use Rainbow House within their grounds for our weekend Family Workshop Days, interviews and training sessions. In return, we provide bereavement support for any families they refer to us.

Future Developments

We remain firmly committed to meeting the growing demand for our services and to supporting some of the most vulnerable people in our community as they navigate their grief and work towards more positive futures. Awareness of the importance of good mental health - and of the long term impact childhood bereavement can have when not properly supported - is now greater than ever. We therefore expect demand for our services to continue rising in the year ahead. As we work to increase our visibility and profile locally, it is essential that our income grows in line with this demand.

To ensure long term sustainability, we continue to monitor and manage our finances carefully. We take every opportunity to learn from and share ideas with our sister charities, maintain transparency with our team of sessional and volunteer therapists, and work hard to keep everyone engaged and aligned with our goals and values.

We will also continue seeking new funding opportunities and delivering our services as efficiently as possible so that every penny we receive has maximum impact. At the same time, like many other charities, we are rebuilding our reserves to safeguard the charity's future sustainability.

Safeguarding continues to be our highest priority. We ensure that our Safeguarding Policy and procedures remain clear and up to date, that all therapists, trustees and volunteers hold enhanced DBS checks, and that regular safeguarding training is completed. Robust systems are also in place for reporting and escalating any concerns.

Public Benefit

The trustees have given consideration to the Charity Commission's general guidance on public benefit when making all relevant decisions.

Risk Management and Reserves Policy

The trustees are responsible for the careful management of risks potentially affecting the charity, and the main ways in which risks are managed are by:-

- holding regular trustees' meetings to review activities and finances including cash flow projections;
- holding additional subcommittee meetings to address key areas for development quickly and effectively;
- having clear, monthly financial budgeting and management reports;
- having clear, current, written policies including a safeguarding policy, which are kept under review;
- making sure all our procedures are carried out to ensure protection of children and vulnerable adults;
- having "safeguarding" as a standing item on our meeting agendas to ensure any safeguarding concerns are discussed and reported or dealt with as appropriate (no safeguarding issues this year);
- ensuring up to date DBS checks are in place and all therapists, volunteer student therapists and trustees are trained in key areas including safeguarding and child protection issues; and
- investing in the induction, training and supervision of all our therapists, volunteer student therapists and trustees.

The trustees are confident that all risks facing the charity are effectively managed and monitored through the processes and reviews outlined above, ensuring appropriate safeguards for service users, sessional therapists, consultants, volunteers and the organisation as a whole.

Given that the charity does not own property or carry significant financial liabilities, the trustees consider a reserves policy of three to six months' working capital to be appropriate and consistent with Charity Commission guidance.

OBJECTIVES AND ACTIVITIES

Ethical Policy

Ethical Policy

We have considered whether an ethical policy is required and, at present, the trustees do not believe this is necessary, particularly as the charity does not hold any investments. We will continue to keep this under review, while always striving to operate as ethically as possible and with regard for our environmental impact - for example, by car sharing for meetings and visits whenever feasible, holding management meetings on-line.

Thank You

On behalf of us all at Children and Families in Grief and the children, young adults and families we support, the trustees would like to take this opportunity to thank everyone who has contributed to the running and the work of the charity this year, in gifts of time, money and resources. Being a grass roots charity, we are run by volunteers, and we rely entirely on donations and our own fundraising efforts, as we receive no government funding. We are truly grateful to every one of our supporters. In the past year, this has included major grants from Farringdon Schools Charitable Trust, BBC Children in Need and National Lottery. We are also grateful to individuals for their generous support and donations, including the ongoing fundraising support of Paul Courtney.

Although a small charity, the support we provide to the bereaved children, young people and their families in South Devon is critical - helping them to rebuild positive futures together and reinvest in life after loss is our commitment.

Sophia Honey on behalf of the Trustees
April 2026

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OBJECTIVES AND ACTIVITIES

Case Studies

All names and identifying features have been changed to protect the identities of those these case studies are about.

Case Study 1

Family Work - a Tier two Family

We received a referral from a school in Torquay for a boy (Tyler) of 11 and his mum to receive our support following the death of his dad/ex partner to mum, 2 years earlier. Dad had died due to a drug overdose after separating from mum. Initially Tyler seemed to be coping well with the loss, and he hadn't wanted to talk about dad. But more recently Tyler had been talking about feeling suicidal and was refusing to go to school, worried to leave mum.

Our Lead Therapist met the family initially for an online session to assess the family and offer them some therapy with our team. The family chose online sessions with a Sessional Therapist, and we scheduled three sessions. We also informed them about the upcoming Family Workshop Day, which they could attend following the sessions at home.

Initially Tyler didn't want to speak to the therapist, but after the first session he said to his mum that he would like to talk to the therapist again, as he had found it helpful to have someone there to ask him things and help him to express his feelings.

The sessional therapist had 2 sessions with them, both lasting for one hour, giving the family a chance to talk about the death and how they felt about their loss. The family then got in touch to say they were in a much better place and felt they didn't need any more sessions as they had gained what they needed from the two sessions and now had a way of talking to each other about dad. We explained they were welcome to get in touch again if they wanted to and sent them feedback forms to fill out online.

We use a tiered system, so some families may only require an initial online session with our lead therapist, followed by resource support (usually age-appropriate books). Other families may opt for the online or in person sessions with one of our therapists (usually 3 sessions held online or in person, one per month) and some will go on to attend our Family Workshop Day (held at Rowcroft Hospice in Torquay). We let families decide what they need in the way of support and always leave the door open should they wish to have further sessions in the future.

Case Study 2

Family Work - a Tier three Family

Early in 2025 we received a referral from a school for a family who lived in Paignton and had recently had the death of an auntie to the children. In the family were Pete and Becky and their 2 daughters, Bell (aged 7) and Abi (age 5). Pete's sister, Gemma, had died suddenly from a stroke at the end of 2024 and this had left their family in a very grief-stricken state. The school had become concerned about Bell as she had been struggling in school and showing signs of anger towards her peers.

The family had an initial online introductory session with our Lead Therapist at which they reported feelings of hopelessness, and they were particularly concerned for their daughter Bell, who had become very angry since the death and seemed so unsettled both at home and at school.

The family opted for face-to-face sessions with our therapists, so two of our team (a sessional therapist and a volunteer therapist) went to visit the family in the spring for the first session in their home. At this session both children were very quiet and cried a lot when their Auntie Gemma was mentioned. Becky (mum) said that she didn't feel like she could cope with their grief as she was trying to support her husband, Pete, and both his parents, who were all struggling to come to terms with the sudden death of a member of their very close family.

OBJECTIVES AND ACTIVITIES

Gemma had some additional needs and so was very much supported by the family, especially by Becky. Becky felt like she had lost her role in supporting her sister-in-law, and felt she couldn't reach her husband, Pete, who seemed very shut down.

Over the course of the 3 home visit sessions, the family started to open up and there were moments of great connection between them as they talked about how they all felt and how they missed Gemma and all she brought to the family; she was a very bubbly character and the children were incredibly close with her as they spent time together every week.

The family said they would like to attend our next Family Workshop Day, which they did along with 8 other families.

At the Family Workshop Day, we have time altogether as a large group and also have time when the parents are in one group for some sessions, with children and teens in two other separate groups. During the group time, Pete and Becky were able to really open up and share their grief with the other parents/carers, whilst the girls had some play therapy with other children who had experienced similar losses.

At the closing visit the family said that they felt in a very different place now and that they were so thankful for all our support - the children now took time to talk about Auntie Gemma most days and Bell's anger was almost completely gone; they had found meeting other families at our Family Workshop Day one of the most helpful parts of our work, as they realised they were going through a very normal process of grief and were adjusting, slowly, to their loss in a healthy way and very much together.

We agreed to keep in touch with the family and let them know when we were having our next social get together with families, as they were keen to come along and keep that network of support they had started to develop at the Family Network Day.

Case Study 3

School & College Work

We offered a local primary school in south Devon a bereavement group as part of our Schools' Work Programme, where we work with between 6 and 8 secondary and/or primary schools across south Devon each year, running a bereavement group within each school (or group of smaller schools) with between 6 and 12 pupils. The group meets each week for 6 weeks and each session is 1.5 hours long, held in a quiet space in the school and facilitated by two of our specialist Sessional Therapists.

At this particular group we met Billy, a boy of 8, who was in year 3 and who had experienced the death of his dad the year before from cancer. The school observed that Billy exhibited withdrawn behaviour with his peers while at school and his attendance had become irregular, as he began refusing to attend shortly after the death of his father.

At the first session Billy didn't want to say who he had come to remember when given this opportunity (nobody is forced to speak). Instead, he sat quietly and listened to the other 8 children in the group share who had died in their families. The children were all given a puppet to keep, this puppet would become their companion at the group and their friend at home.

For the second week, the children were asked to bring in a photo of the person who had died; Billy brought in a photo of his dad but didn't want to say anything about him. Billy brought in his puppet, that he had been given the week before, and Billy used this puppet to talk about his feelings, he said his puppet missed it's dad and felt sad a lot of the time. We find children easily use these puppets to express their own emotions and what is experienced in the group can then be used at home with parents and carers to help children to talk about their feelings.

By week 4, Billy was able to speak about his dad and used the session where the group each made a memory flag of the person who had died. Billy put lots of time and effort into remembering all his dad had taught him, including how to play the guitar and ride a bike. Billy said this made him feel happy to remember these things from before dad was ill with cancer.

CHILDREN AND FAMILIES IN GRIEF LIMITED

REPORT OF THE TRUSTEES for the Year Ended 31 August 2025

OBJECTIVES AND ACTIVITIES

As the group came to an end at the 6th session, Billy filled in his feedback form by himself. Billy said that when the group started he felt that he was a 1/5 for how he was coping with his grief, and now he felt like he was now a 3/5, as he could speak about his dad and had even been to visit his dad's grave with his mum, which Billy said had helped him and his mum to talk about dad.

The feedback from the school was positive too, his teacher said that Billy was now attending school regularly and seemed much more connected to his peers and was enjoying learning again.

After the school group, each child takes home their crafts along with a letter and leaflet about our charity, inviting families to contact us for further support if they wish.

Francesca Raymont
Lead Therapist
October 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity is a charitable company limited by guarantee and has no share capital. In the event of a winding up the liability of the members is limited to £10 each and is governed by a memorandum and articles of association. The charity is also a registered charity (RCN 1099255).

South West in Grief Support Limited (SWinGS) became a registered charity on 3rd September 2003, being renamed and relaunched as Children and Families in Grief in 2010.

Risk management

Risk Management and Reserves Policy

The trustees are responsible for the careful management of risks potentially affecting the charity, and the main ways in which risks are managed are by:-

- holding regular trustees' meetings to review activities and finances including cash flow projections;
- holding additional subcommittee meetings to address key areas for development quickly and effectively;
- having clear, monthly financial budgeting and management reports;
- having clear, current, written policies including a safeguarding policy, which are kept under review;
- making sure all our procedures are carried out to ensure protection of children and vulnerable adults;
- having "safeguarding" as a standing item on our meeting agendas to ensure any safeguarding concerns are discussed and reported or dealt with as appropriate (no safeguarding issues this year);
- ensuring up to date DBS checks are in place and all therapists, volunteer student therapists and trustees are trained in key areas including safeguarding and child protection issues; and
- investing in the induction, training and supervision of all our therapists, volunteer student therapists and trustees.

The trustees are satisfied that any risks affecting the charity are managed and monitored through the management processes and reviews set out above, allowing for effective mitigation of risk to service users, staff, volunteers and the organisation.

Considering the absence of property or any such material liability the trustees consider that a reserves policy of three to six months working capital is sufficient and in line with guidance issued by the Charity Commission.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

04736907 (England and Wales)

Registered Charity number

1099255

CHILDREN AND FAMILIES IN GRIEF LIMITED

REPORT OF THE TRUSTEES
for the Year Ended 31 August 2025

Registered office

22 Union Street
Newton Abbot
Devon
TQ12 2JS

Trustees

Mrs S J Honey Chair
Mrs P A Goss
Mrs S P Cole
Mrs S A Newman Vice Chair
Mrs R Gilliam Treasurer (resigned 11.9.24)
Mrs S Debney (appointed 11.9.24)
Ms G Nimmo (appointed 23.4.25)
W Treadwell Treasurer (appointed 23.4.25)

Company Secretary

Mrs P A Goss

Independent Examiner

Ian Barrett
Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS

Approved by order of the board of trustees on**20/05/2026**..... and signed on its behalf by:

S. Honey

.....
Mrs S J Honey - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CHILDREN AND FAMILIES IN GRIEF LIMITED

Independent examiner's report to the trustees of Children and Families in Grief Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett

Barretts
Chartered Accountants &
Chartered Tax Advisers
22 Union Street
Newton Abbot
Devon
TQ12 2JS

Date:

CHILDREN AND FAMILIES IN GRIEF LIMITED

STATEMENT OF FINANCIAL ACTIVITIES

(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)

for the Year Ended 31 August 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		61,388	-	61,388	31,218
Investment income	2	<u>470</u>	<u>-</u>	<u>470</u>	<u>370</u>
Total		<u>61,858</u>	<u>-</u>	<u>61,858</u>	<u>31,588</u>
 EXPENDITURE ON					
Raising funds		3,240	-	3,240	3,240
Charitable activities					
Charitable Activities		<u>32,436</u>	<u>-</u>	<u>32,436</u>	<u>35,599</u>
Total		<u>35,676</u>	<u>-</u>	<u>35,676</u>	<u>38,839</u>
 NET INCOME/(EXPENDITURE)		26,182	-	26,182	(7,251)
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>11,779</u>	<u>-</u>	<u>11,779</u>	<u>19,030</u>
 TOTAL FUNDS CARRIED FORWARD		<u>37,961</u>	<u>-</u>	<u>37,961</u>	<u>11,779</u>

The notes form part of these financial statements

CHILDREN AND FAMILIES IN GRIEF LIMITED

BALANCE SHEET

31 August 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Cash at bank		37,961	-	37,961	11,779
		<hr/>	<hr/>	<hr/>	<hr/>
NET CURRENT ASSETS		<u>37,961</u>	-	<u>37,961</u>	<u>11,779</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		37,961	-	37,961	11,779
		<hr/>	<hr/>	<hr/>	<hr/>
NET ASSETS		<u>37,961</u>	-	<u>37,961</u>	<u>11,779</u>
FUNDS	5				
Unrestricted funds				<u>37,961</u>	<u>11,779</u>
TOTAL FUNDS				<u>37,961</u>	<u>11,779</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/05/2026 and were signed on its behalf by:

S. Honey

.....
S J Honey - Trustee

P. Goss

.....
P A Goss - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 August 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>470</u>	<u>370</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 August 2025

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2025 nor for the year ended 31 August 2024.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	31,218	-	31,218
Investment income	<u>370</u>	<u>-</u>	<u>370</u>
Total	<u>31,588</u>	<u>-</u>	<u>31,588</u>
 EXPENDITURE ON			
Raising funds	3,240	-	3,240
Charitable activities			
Charitable Activities	<u>35,599</u>	<u>-</u>	<u>35,599</u>
Total	<u>38,839</u>	<u>-</u>	<u>38,839</u>
 NET INCOME/(EXPENDITURE)	(7,251)	-	(7,251)
Transfers between funds	<u>500</u>	<u>(500)</u>	<u>-</u>
Net movement in funds	(6,751)	(500)	(7,251)
 RECONCILIATION OF FUNDS			
Total funds brought forward	18,530	500	19,030
 TOTAL FUNDS CARRIED FORWARD	<u>11,779</u>	<u>-</u>	<u>11,779</u>

5. MOVEMENT IN FUNDS

	At 1.9.24 £	Net movement in funds £	At 31.8.25 £
Unrestricted funds			
General fund	<u>11,779</u>	<u>26,182</u>	<u>37,961</u>
 TOTAL FUNDS	<u>11,779</u>	<u>26,182</u>	<u>37,961</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 August 2025

5. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,858	(35,676)	26,182
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>61,858</u>	<u>(35,676)</u>	<u>26,182</u>

Comparatives for movement in funds

	At 1.9.23 £	Net movement in funds £	Transfers between funds £	At 31.8.24 £
Unrestricted funds				
General fund	18,530	(7,251)	500	11,779
Restricted funds				
Trauma Training	500	-	(500)	-
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>19,030</u>	<u>(7,251)</u>	<u>-</u>	<u>11,779</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	31,588	(38,839)	(7,251)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>31,588</u>	<u>(38,839)</u>	<u>(7,251)</u>

The restricted fund from Farringdon Trust is for schools work.

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2025.

CHILDREN AND FAMILIES IN GRIEF LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 August 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	12,178	29,718
Grants	<u>49,210</u>	<u>1,500</u>
	61,388	31,218
Investment income		
Deposit account interest	<u>470</u>	<u>370</u>
Total incoming resources	61,858	31,588
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	3,240	3,240
Charitable activities		
Weekend counselling, schools work and home visits	28,890	30,198
Activity day costs	<u>561</u>	<u>1,586</u>
	29,451	31,784
Support costs		
Governance costs		
Insurance	543	1,179
Telephone	291	290
Postage and stationery	446	430
Sundries	419	261
Accountancy and legal fees	466	420
Subscriptions	295	385
Design costs and printing	148	371
Bank charges	66	66
Website and advertising	<u>311</u>	<u>413</u>
	<u>2,985</u>	<u>3,815</u>
Total resources expended	<u>35,676</u>	<u>38,839</u>
Net income/(expenditure)	<u>26,182</u>	<u>(7,251)</u>

This page does not form part of the statutory financial statements