

Harlow Stroke Support, Rehab Centre

England & Wales · Charity number 1099071

Details

Other names	HARLOW STROKE SUPPORT GROUP
Status	Registered
Legal form	Other
Registered	2003-08-19
Register	View on the Charity Commission register

Contact

Address	Great Parndon Community Association Abercrombie Way Harlow CM18 6YJ
Phone	01279308313
Email	harlowstrokegroup@hotmail.com
Website	www.harlowstrokesupportgroup.org

Activities

Objects: TO RELIEVE THE NEEDS OF PERSONS WHO ARE STROKE SURVIVORS, IN PARTICULAR BY THE PROVISION OF SUPPORT, INFORMATION AND ADVICE, RECREATION AND OTHER LEISURE TIME OCCUPATIONS TO SUCH PERSONS, THEIR CARERS AND FAMILIES IN THE INTEREST OF SOCIAL WELFARE, SO THAT THEIR CONDITIONS OF LIFE MAY BE IMPROVED.

Activities: We run these non-medical rehab groups: 2 social and Rehab sessions, 1 for under 65s one for anyone having had a Stroke or carer. These sessions work on building confidence and concentration, a speech and language course for members with dysphasia; and 2 weekly chair based exercise classes. We also have monthly outings in the community. We also offer home visits to assess needs.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- Essex
- Hertfordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£145,519	£85,798	-	-
2024-04-05	£88,386	£82,865	-	-
2023-04-05	£91,309	£97,534	-	-
2022-04-05	£96,486	£81,712	-	-
2021-04-05	£124,741	£91,544	-	-

Trustees

Name	Role	Appointed
Bob Davis		2025-07-07
Cathy Kerrigon		2015-07-17
Debbie Newman		2025-07-07
Lisa Carr		2022-07-15
Lisa Jane Wallace		2022-07-15
Mark Cadman		2017-07-14
Sue LaRoche		2019-07-19

Harlow Stroke Support, Rehab Centre

England & Wales - Charity number 1099071

Accounts



Trustees' Annual Report for the period

From Period start date To Period end date

Charity name:

Charity registration number:

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	
Other name the charity uses	
Registered charity number	
Charity's principal address	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Harlow Stroke Support - Rehab Centre	No (if any) 1099071
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CC16a

Receipts and payments accounts

For the period from	Period start date 06/04/2024	To	Period end date 05/04/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Big Lottery	-	57,695	-	57,695	-
Harlow Council	-	3,000	-	3,000	-
Edward Gostling Legacy	-	51,413	-	51,413	-
Edward Gostling Trust	-	10,000	-	10,000	-
FSJ Trust	-	2,000	-	2,000	-
Charles S French	-	4,000	-	4,000	-
Local Fundraising and Donations	11,474	-	-	11,474	-
Bank Interest	-	2,365	-	2,365	-
Bus Money	-	3,571	-	3,571	-
Sub total (Gross income for AR)	11,474	134,045	-	145,519	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,474	134,045	-	145,519	-
A3 Payments					
Salary / NI	-	67,573	-	67,573	-
General Running Expenditure	551	9,283	-	9,834	-
Information / Publicity	-	1,228	-	1,228	-
Staff Travel	-	219	-	219	-
Transport / Bus	-	3,827	-	3,827	-
Venue / Activities	-	1,779	-	1,779	-
Sessional Worker / Carer	-	1,340	-	1,340	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	551	85,249	-	85,799	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	551	85,249	-	85,799	-
Net of receipts/(payments)	10,923	48,796	-	59,720	-
A5 Transfers between funds	- 24,742	24,742	-	-	-
A6 Cash funds last year end	36,807	153,788	-	190,595	-
Cash funds this year end	22,988	227,326	-	250,315	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	22,989	104,504	-
	Deposit account reserve fund	-	71,408	-
	Deposit account Edward Gostling Legacy (cannot spend for 5 years)	-	51,413	-
	Total cash funds	22,989	227,325	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Mini bus for members transport	Restricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Harlow Stroke Support – Rehab Centre

On accounts for the year ended

4th April 25

Charity no
(if any)

100971

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 04/04/2025

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:

Date:

Name:

Relevant professional qualification(s) or body

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Harlow Stroke Support, Rehab Centre

England & Wales - Charity number 1099071

Accounts



Trustees' Annual Report for the period

From Period start date To Period end date

Charity name:

Charity registration number:

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	
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Additional information (optional)

You may choose to include further statements where relevant about:

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Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	

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Reference and Administrative details

Charity name	
Other name the charity uses	
Registered charity number	
Charity's principal address	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s)

--	--

Position (eg Secretary,
Chair, etc)

--	--

Date

--



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Harlow Stroke Support - Rehab Centre	No (if any) 1099071
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Receipts and payments accounts

CC16a

For the period from	Period start date 4/6/2024	To	Period end date 4/5/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
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FSJ Trust	-	2,000	-	2,000	-
Charles S French	-	4,000	-	4,000	-
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Sub total (Gross income for AR)	11,474	134,045	-	145,519	-
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	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,474	134,045	-	145,519	-
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Salary / NI	-	67,573	-	67,573	-
General Running Expenditure	551	9,283	-	9,834	-
Information / Publicity	-	1,228	-	1,228	-
Staff Travel	-	219	-	219	-
Transport / Bus	-	3,827	-	3,827	-
Venue / Activities	-	1,779	-	1,779	-
Sessional Worker / Carer	-	1,340	-	1,340	-
	-	-	-	-	-
	-	-	-	-	-
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(agree balances with receipts and payments account(s))

Agreement Error	Agreement Error	OK
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B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Mini bus for members transport	Restricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Harlow Stroke Support – Rehab Centre

On accounts for the year ended

4th April 25

Charity no
(if any)

100971

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 04/04/2025

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Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:

Date:

Name:

Relevant professional qualification(s) or body

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Harlow Stroke Support, Rehab Centre

England & Wales - Charity number 1099071

Accounts



Trustees' Annual Report for the period

Period start date			Period end date				
From	Day	Month	Year	To	Day	Month	Year
	6	April	2022		5	April	2023

Section A Reference and administration details

Charity name HARLOW STROKE SUPPORT - REHAB CENTRE

Other names charity is known by

Registered charity number (if any) 1099071

Charity's principal address

GREAT PARNDON COMMUNITY ASSOCIATION
 ABERCROMBIE WAY
 HARLOW, ESSEX
Postcode CM18 6YJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MARK CADMAN	CHAIR		
2	DAVID ELSON	VICE CHAIR		
3	JACQUELINE POOK	TREASURER		
4	ANGELA CAISTOR	SECRETARY		
5	SUE La ROCHE			
6	CATHY KERRIGAN			
7	LISA CARR			
8	LISA WALLACE			
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

CONSTITUTION

How the charity is constituted
(eg. trust, association, company)

ASSOCIATION

Trustee selection methods
(eg. appointed by, elected by)

ELECTED AT ANNUAL GENERAL MEETING

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Harlow Stroke Support-Rehab Centre consistently update policies and procedures in line with new and relevant guidance. All amendments and new guidance are reviewed, agreed and signed by all trustees.

We work closely with local NHS stroke care providers including local hospitals to ensure we reach as many stroke survivors as possible.

Trustees meet on a monthly basis.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The charity's objects are for the public benefit to promote and protect the physical and mental health of stroke survivors, their carers and family members. We achieve this through the provision of non-medical rehabilitation, information, advice, support and recreational & social activities.

We undertake home visits to stroke survivors as soon as possible after hospital discharge to assess the individual support needed. This includes help with benefits, form filling, home help and carers. We help with contacting relevant agencies such as DWP, Wiltshire Farm Foods and Social Services. Our home support continues for as long as a member requires it. Once people are ready, we encourage attendance at one or more of our Rehab sessions.

Our chair-based exercise classes have been very beneficial to our members as it caters for all abilities, including wheelchair users, this has helped gain confidence and keeping muscles moving.

We have introduced a singing session this year which has been a great addition to our regular rehab sessions and our attendees have thoroughly enjoyed them and has helped with confidence and also includes breathing techniques too.

We have been holding monthly meetings for carers, to allow them to discuss and ask questions together, this has been very helpful, and it is good for them to see some of the struggles they have been experiencing has also been issues for others too.

We have continued to run and maintain our own minibus which will be used to transport people to groups and for outings.

All our trustees are aware of the guidance on public benefit and follow this when making decisions that impact on the operations of HSS-RC

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our committee and Trustees are made up of stroke survivors, carers and people involved in the stroke journey.

A number of our members also volunteer to help at groups by welcoming new members, chatting, making drinks and providing support to group leaders so no-one is left out.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Our main achievements for 2022 - 2023 are:

Our membership is now 487 members, including carers.

We currently have 45 new members join this year.

We made 46 visits to members ensuring their social contact was maintained.

Section D**Achievements and performance**

We conducted surveys with our members we asked them how they felt before coming to meetings and reviewed after a year of attending sessions.

65% stroke survivors said their Confidence & Self Esteem was very low before attending and in the review after a year this had fallen to 7%. 66% of stroke survivors said they felt isolated and lonely in the initial evaluation and when we followed this up that figure had fallen to 10%. We asked our members how much understanding they had about the effects of a stroke and less than 10% said they had any knowledge, after the follow up this had raised to 84% having a good or ok understanding.

We have done various outings and events this year including, Boat trips, Jubilee celebration and coronation party, plus outings in the community to help build confidence and gave stroke survivors the opportunity to get involved in these community events.

Section E**Financial review**

Brief statement of the charity's policy on reserves

Our reserve fund is set at six months operating costs plus statutory redundancy pay. This is mostly invested in an account agreed by the trustees. For 22-23 this is £44,027 operating costs and £19,555 for statutory redundancy. The amount is restricted and can only be used for reasons specified and must be agreed by all trustees. The amount held is reviewed yearly and amended to ensure it is sufficient to cover unexpected gaps in funding for a short period or to enable HSS-RC to close in line with regulatory guidance.

Our reserves policy is also reviewed to ensure it continues to meet Charity Commission guidance and statutory requirements.

We have £15,114 setback for maintenance and running costs of the minibus to ensure we can continue to provide this service.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principle funders for 2022 - 2023 are
 Big Lottery;
 Harlow Council;
 Essex Community Foundation;
 Charles French;
 FSJ Trust

We also raised £20,493 locally by fundraising, donations and bank interest.

Section F Other optional information

There is no Stroke ward at our local hospital with patients being taken to Romford, Stevenage or Chelmsford for acute stroke care with longer term rehabilitation provided in Epping. We continue to maintain our links with Queens Hospital in Romford and when possible, we visit Beech Ward at St Margaret's in Epping to build rapport, and see patients to let them know what support is available when leaving hospital.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	M Cadman	<i>[Signature]</i>
Full name(s)	MARIC CADMAN	See La Roche
Position (eg Secretary, Chair, etc)	CHAIR	Trustee
Date	12/06/2023	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Harlow Stroke Support - Rehab Centre	No (if any) 1099071
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CC16a

Receipts and payments accounts

For the period from	Period start date 4/6/2022	To	Period end date 4/5/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Big Lottery		54,778	-	54,778	-
Harlow Council		3,000	-	3,000	-
Essex Community Foundation		6,600	-	6,600	-
Charles French		2,000	-	2,000	-
FSJ Trust		2,000	-	2,000	-
Local Fundraising and Donations	20,493		-	20,493	-
Bus Money	-	2,153	-	2,153	-
Bank Interest	-	285	-	285	-
Sub total (Gross income for AR)	20,493	70,816	-	91,309	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	20,493	70,816	-	91,309	-
A3 Payments					
Salary / NI	-	58,276	-	58,276	-
General Running Expenditure	1,325	12,666	-	13,991	-
Information / Publicity	-	1,164	-	1,164	-
Volunteer Costs	-	-	-	-	-
Staff Travel	-	360	-	360	-
Transport / Bus	-	4,255	-	4,255	-
Training	-	250	-	250	-
Sessional worker / carer	-	4,955	-	4,955	-
Evaluation and consultancy	-	14,282	-	14,282	-
Sub total	1,325	96,209	-	97,534	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,325	96,209	-	97,534	-
Net of receipts/(payments)	19,169	- 25,393	-	- 6,225	-
A5 Transfers between funds	- 14,500	14,500	-	-	-
A6 Cash funds last year end	27,795	163,341	-	191,135	-
Cash funds this year end	32,463	152,447	-	184,911	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	32,463	88,965	-
	Deposit account Reserve Fund	-	44,027	-
	Deposit account (stat redundancy fund)	-	19,555	-
	Deposit account HSBC		64	
	Total cash funds	32,463	152,610	-
	(agree balances with receipts and payments account(s))	OK	Agreement Error	OK

B2 Other monetary assets	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-

B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Mini bus for members transport	Restricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees/ members of

HARLOW STROKE SUPPORT - Rehab Center

On accounts for the year ended

5/4/23

Charity no (if any)

Set out on pages

1

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

K Bartlett

Date:

12-6-23

Name:

Karen Bartlett

Relevant professional qualification(s) or body (if any):

Director of APCA

Address:

ABERCROMBIE WAY

HARLOW

ESSEX CM18 6YJ

Harlow Stroke Support, Rehab Centre

England & Wales - Charity number 1099071

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	6	April	2021		5	April	2022

Section A

Reference and administration details

Charity name **HARLOW STROKE SUPPORT - REHAB CENTRE**

Other names charity is known by

Registered charity number (if any) **1099071**

Charity's principal address **GREAT PARNDON COMMUNITY ASSOCIATION**

ABERCROMBIE WAY

HARLOW, ESSEX

Postcode **CM18 6YJ**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MARK CADMAN	CHAIR		
2	DAVID ELSON	VICE CHAIR		
3	JACQUELINE POOK	TREASURER		
4	ANGELA CAISTOR	SECRETARY		
5	SUE La ROCHE			
6	CATHY KERRIGAN			
7	PHILLIPA CRAFT-HAZLEHURST			
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	CONSTITUTION
How the charity is constituted <i>(eg. trust, association, company)</i>	ASSOCIATION
Trustee selection methods <i>(eg. appointed by, elected by)</i>	ELECTED AT ANNUAL GENERAL MEETING

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Harlow Stroke Support-Rehab Centre consistently update policies and procedures in line with new and relevant guidance. All amendments and new guidance are reviewed, agreed and signed by all trustees.

We work closely with local NHS stroke care providers including local hospitals to ensure we reach as many stroke survivors as possible

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide support, information and advice to stroke survivors, their families and carers in the interest of their social welfare.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We undertake home visits to stroke survivors as soon as possible after hospital discharge to assess the individual support needed. This includes help with benefits, form filling, home help and carers. We help with contacting relevant agencies such as DWP, Wiltshire Farm Foods and Social Services. Our home support continues for as long as a member requires it. Once people are ready we encourage attendance at one or more of our groups.

The Covid Pandemic has continued to impact our work. As the majority of our members are classed as extremely or clinically vulnerable, we had to suspend some of our usual groups and classes for part of the year.

Where possible when restrictions were lifted, and following full covid risk assessments, we ran our chair based exercise class, dysphasia class and social groups but with restricted numbers, thorough sanitising of equipment, social distancing, PPE for staff and temperature testing on attendance. All members were given the opportunity to attend a class with telephone support provided to those who were too apprehensive to attend or those displaying Covid symptoms.

We also arranged for a second activity booklet to be sent out to all members to help keep their minds active together with posting worksheets on social media.

During the periods of lockdown we kept in touch with all our members by regular phone calls of which we made over ****. We also provided a shopping and prescription collection service for those members isolating.

Our members' mental health and self confidence continued to be affected by the lack of social contact during this time therefore we made sure that as many as possible were given home visits once lockdown measures allowed. This included meetings in outside spaces, gardens and walks wearing the necessary PPE. Referrals to the appropriate agencies were made where necessary.

We have continued to run and maintain our own mini bus which will be used to transport people to groups and for outings.

All our trustees are aware of the guidance on public benefit and follow this when making decisions that impact on the operations of HSS-RC

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our committee and Trustees are made up of stroke survivors, carers and people involved in the stroke journey.

A number of our members also volunteer to help at groups by welcoming new members, chatting, making drinks and providing support to group leaders so no-one is left out.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Our main achievements for 2020-2021 are:

Our membership is now ** members

We undertook **** telephone calls to keep in touch with our members and ensure their needs were met during the lockdown periods. Feedback received was that we were the only organisation (of which our members belonged) to do this.

We made ** visits to members when allowed to do so ensuring their social contact was maintained.

We provided a prescription and shopping service to ** members who were advised to shield.

Although we did not undertake our surveys, when groups were run members were keen to return and reported feeling more positive after attendance.

We had a number of referrals from outside agencies. ** new members were contacted by phone and all are now attending groups.

Staff continued to undertake training on the internet to keep knowledge up to date. We took on a new member of staff to extend the support we are able to provide.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our reserve fund is set at six months operating costs plus statutory redundancy pay. This is mostly invested in an account agreed by the trustees. For 21-22 this is £44,090 operating costs and £19,207 for statutory redundancy. The amount is restricted and can only be used for reasons specified and must be agreed by all trustees. The amount held is reviewed yearly and amended to ensure it is sufficient to cover unexpected gaps in funding for a short period or to enable HSS-RC to close in line with regulatory guidance.

Our reserves policy is also reviewed to ensure it continues to meet Charity Commission guidance and statutory requirements.

We have £16,938 set back for maintenance and running costs of the mini bus to ensure we can continue to provide this service.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principle funders for 2021 - 2022 are
Big Lottery;
Harlow Council;
Edward Gostin Foundation;
Garfield and Weston;

We also raised £12,316 locally by fundraising, donations and bank interest.

Section F Other optional information

There is no Stroke ward at our local hospital with patients being taken to Romford, Stevenage or Chelmsford for acute stroke care with longer term rehabilitation provided in Epping. We continue to maintain our links with Queens Hospital in Romford and when possible some of our members regularly visit Beech Ward at St Margaret's in Epping to build rapport.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	M Cadmas	
Full name(s)	MARIC CADMAS	
Position (eg Secretary, Chair, etc)	CHAIRMAN	
Date	15/7/22	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Harlow Stroke Support - Rehab Centre	No (if any) 1099071
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CC16a

Receipts and payments accounts

For the period from	Period start date 06-Apr-21	To	Period end date 05-Apr-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Big Lottery	-	53,705	-	53,705	-
Edward Gostin Foundation	-	12,000	-	12,000	-
Garfield and Weston	-	10,000	-	10,000	-
Harlow Council	-	4,700	-	4,700	-
Other General Income	-	-	-	-	-
Local Fundraising and Donations	12,316	-	-	12,316	-
Bus Money	-	2,893	-	2,893	-
Bank Interest	-	872	-	872	-
Sub total (Gross income for AR)	12,316	84,170	-	96,486	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,316	84,170	-	96,486	-
A3 Payments					
Salary / NI	-	63,328	-	63,328	-
General Running Expenditure	923	9,398	-	10,321	-
Information / Publicity	-	507	-	507	-
Volunteer Costs	-	18	-	18	-
Staff Travel	-	109	-	109	-
Transport / Bus	-	3,014	-	3,014	-
Training	-	281	-	281	-
Sessional Worker / Carer	-	2,290	-	2,290	-
Evaluation and consultancy	-	1,844	-	1,844	-
Sub total	923	80,789	-	81,712	-
A4 Asset and investment purchases, (see table)					
Mini bus	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	923	80,789	-	81,712	-
Net of receipts/(payments)	11,393	3,381	-	14,774	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,401	159,960	-	176,361	-
Cash funds this year end	27,794	163,341	-	191,135	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	27,795	100,043	-
	Deposit Account Reserve Fund	-	44,090	-
	Deposit account (stat redundancy Fund)	-	19,207	-
	Total cash funds	27,795	163,340	-

(agree balances with receipts and payments account(s))

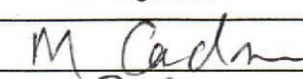
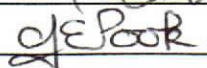
Categories	Details	Agreement Error Unrestricted funds to nearest £	Agreement Error Restricted funds to nearest £	OK Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Mini bus for members transport	Restricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Mark Cadman	15/7/22
	Jacqueline Pook	15/7/22



Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/
members of

Charity Name
HARLOW STROKE SUPPORT GROUP

On accounts for the year
ended

05/04/22xfgvvhb

Charity no
(if any)

1099071

Set out on pages

1-2
(remember to include the page numbers of additional sheets)

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

K Bartlett

Date:

10-5-22

Name:

Mrs Karen Bartlett

Relevant professional
qualification(s) or body
(if any):

Harlow Stroke Support, Rehab Centre

England & Wales - Charity number 1099071

Accounts

Trustees' Annual Report for the period

Period start date

Period end date

From 6/4/2020

To 5/4/2021

Section A

Reference and administration details

Charity name HARLOW STROKE SUPPORT - REHAB CENTRE

Other names charity is known by

Registered charity number (if any) 1099071

Charity's principal address GREAT PARNDON COMMUNITY ASSOCIATION

ABERCROMBIE WAY

HARLOW, ESSEX

Postcode

CM18 6YJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MARK CADMAN	CHAIR		
2	DAVID ELSON	VICE CHAIR		
3	JACQUELINE POOK	TREASURER		
4	ANGELA CAISTOR	SECRETARY		
5	SUE La ROCHE			
6	CATHY KERRIGAN			
7	PHILLIPA CRAFT-HAZLEHURST			
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	CONSTITUTION
How the charity is constituted	ASSOCIATION
Trustee selection methods	ELECTED AT ANNUAL GENERAL MEETING

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>Harlow Stroke Support-rehab Centre consistently update policies and procedures in line with new and relevant guidance. All amendments and new guidance are reviewed, agreed and signed by all trustees.</p> <p>We work closely with local NHS stroke care providers including local hospitals to ensure we reach as many stroke survivors as possible</p>
--	--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>To provide support, information and advice to stroke survivors, their families and carers in the interest of their social welfare.</p>

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We undertake home visits to stroke survivors as soon as possible after hospital discharge to assess the individual support needed. This includes help with benefits, form filling, home help and carers. We help with contacting relevant agencies such as DWP, Wiltshire Farm Foods and Social Services. Our home support continues for as long as a member requires it. Once people are ready we encourage attendance at one or more of our groups.

This year the Covid Pandemic has seriously impacted on our work. As the majority of our members are classed as extremely or clinically vulnerable, we had to suspend our usual groups and classes for most of the year.

Where possible when restrictions were lifted in the summer, and following full covid risk assessments, we ran our chair based exercise class, dysphasia class and social groups but with restricted numbers, social distancing, PPE for staff and temperature testing on attendance.

We also arranged for a 20 page activity booklet to be sent out to all members to help keep their minds active together with posting worksheets on social media.

During the periods of lockdown, including the autumn period when Harlow was particularly hit by high numbers of Covid 19, we kept in touch with all our members by regular phone calls of which we made over 2,000. We also provided a shopping and prescription collection service for those members isolating.

We found that a number of our members' mental health and self confidence was badly affected by the lack of social contact during this time and made sure that as many as possible were given home visits once lockdown measures allowed This included meetings in outside spaces, gardens and walks wearing the necessary PPE. Referrals to the appropriate agencies were made where necessary.

To adhere to Covid guidelines events such as our open day, our collections and promotions were all cancelled.

To address previous problems with transport we were able to purchase our own mini bus with money raised in previous years. This has been fully adapted to meet our members needs and will be used to transport people to groups and for outings.

All our trustees are aware of the guidance on public benefit and follow this when making decisions that impact on the operations of HSS-RC

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our committee and Trustees are made up of stroke survivors, carers and people involved in the stroke journey.

A number of our members also volunteer to help at groups by welcoming new members, chatting, making drinks and providing support to group leaders so no-one is left out.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Our main achievements for 2020-2021 are:

Our membership is now 420 members

We undertook 2,047 telephone calls to keep in touch with our members and ensure their needs were met during the lockdown periods. Feedback received was that we were the only organisation (of which our members belonged to do this.

We made 52 visits to members when allowed to do so ensuring their social contact was maintained.

We provided a prescription and shopping service to 23 members who were advised to shield.

Although we did not undertake our surveys, when groups were run members were keen to return and reported feeling more positive after attendance.

We had a number of referrals from outside agencies. 7 new members were contacted by phone and all are now attending groups.

When groups were not running we took the time to review all our policies and procedures and updated these where appropriate.

Staff undertook training on the internet to keep knowledge up to date.

We purchased our own mini bus and have ensured volunteer drivers have received the appropriate training.

Section E

Financial review

Brief statement of the charity's policy on reserves

Our reserve fund is set at six months operating costs plus statutory redundancy pay. This is mostly invested in an account agreed by the trustees. For 20-21 this is £45,176 operating costs and £18,696 for redundancy. The amount is restricted and can only be used for reasons specified and must be agreed by all trustees. The amount held is reviewed yearly and amended to ensure it is sufficient to cover unexpected gaps in funding for a short period or to enable HSS-RC to close in line with regulatory guidance.

Our reserves policy is also reviewed to ensure it continues to meet Charity Commission guidance and statutory requirements.

We previously retained £18,000 of our local fundraising money to a restricted sustainability to cover salaries for an additional 3 months when

our lottery funding runs out in November 2020. Fortunately we managed to secure further lottery funding from February. £6,000 of this money was used for salaries and the remaining £12,000 will be used to provide funding needed to operate the minibus.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principle funders for 2020 - 2021 are
 Big Lottery;
 Essex Association of Local Councils
 Edward Gostin Foundation;
 Garfield and Weston;
 Charles S French;
 TIF DRUK;
 Essex Community Foundation.

We also received special funding for Covid 19 work from
 National Lottery;
 Essex Community Foundation;
 Harlow Health Centre Trust

We also raised over £14,2017 locally by fundraising, donations and bank interest.

Section F Other optional information

There is no Stroke ward at our local hospital with patients being taken to Romford, Stevenage or Chelmsford for acute stroke care with longer term rehabilitation provided in Epping. We continue to maintain our links with Queens Hospital in Romford and when possible some of our members regularly visit Beech Ward at St Margaret's in Epping to build rapport.

Due to the Covid 19 Pandemic closing the Community Centre where we are based, we were unable to work in the office for much of the year. Two staff were placed on furlough for with two others working from home

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	M. Cadman	J. E. Poor
Full name(s)	Mark Cadman	JACQUELINE ELIZABETH POOR
Position (eg Secretary, Chair, etc)	Chair	TREASURER

Date 14/08/2021



Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	06-Apr-20		05-Apr-21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Big Lottery	-	52,296	-	52,296	-
EALC	-	3,700	-	3,700	-
Edward Gostin Foundation	-	5,000	-	5,000	-
Garfield and Weston	-	5,000	-	5,000	-
Lottery (Covid 19)	-	12,400	-	12,400	-
ECF (Covid 19)	-	5,000	-	5,000	-
HCCT (Covid 19)	-	9,500	-	9,500	-
Charles S French	-	3,000	-	3,000	-
TIF DRUK	-	5,028	-	5,028	-
Essex Community Foundation	-	9,600	-	9,600	-
Other General Income	2,531	-	-	2,531	-
Local Fundraising and Donations	5,327	-	-	5,327	-
Bus Money	-	5,496	-	5,496	-
Bank Interest	-	864	-	864	-
Sub total (Gross income for AR)	7,857	116,884	-	124,741	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,857	116,884	-	124,741	-
A3 Payments					
Salary / NI	-	59,724	-	59,724	-
General Running Expenditure	5,673	10,030	-	15,703	-
Information / Publicity	-	1,379	-	1,379	-
Volunteer Costs	-	302	-	302	-
Staff Travel	-	457	-	457	-
Transport / Bus	-	158	-	158	-
Project Costs	-	615	-	615	-
Sessional Worker / Carer	-	762	-	762	-
	-	-	-	-	-
Sub total	5,673	73,427	-	79,100	-
A4 Asset and investment purchases, (see table)					
Mini bus	3,328	9,116	-	12,444	-
	-	-	-	-	-
Sub total	3,328	9,116	-	12,444	-
Total payments	9,001	82,543	-	91,544	-
Net of receipts/(payments)	- 1,144	34,341	-	33,197	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	17,545	125,619	-	143,164	-
Cash funds this year end	16,401	159,960	-	176,361	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	16,401	97,470	-
	Deposit Account Reserve Fund	-	43,793	-
	Deposit account (stat redundancy Fund)	-	18,696	-
	Total cash funds	16,401	159,960	-
	(agree balances with receipts and payments account(s))			

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Restricted	-	-
Mini bus for members transport		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>M. Cadman</i>	Mark Cadman	14/08/2021
<i>JEPook</i>	Jacqueline Pook	14/8/2021



Section A Independent Examiner's Report

Report to the trustees/
members of

HARLOW STROKE SUPPORT - REHAB CENTRE

On accounts for the year
ended

5 APR 20 / 5 APR 21

Charity no
(if any)

1099071

Set out on pages

1 - 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

R. Golder.

Date:

7-06-2021

Name:

REGINALD GOLDBER

Relevant professional
qualification(s) or body

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.