

# Ty Elis Counselling Services

England & Wales · Charity number 1098986

## Details

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Other names	PORTHCAWL COUNSELLING SERVICE, TY ELIS (PORTHCAWL COUNSELLING SERVICE), TY ELIS (PORTHCAWL COUNSELLINGSERVICE)
Status	Registered
Legal form	Charitable company
Company number	<a href="#">04756994</a>
Registered	2003-08-14
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	14 Victoria Avenue Porthcawl CF36 3HG
Phone	01656786486
Email	<a href="mailto:office@tyelis.org.uk">office@tyelis.org.uk</a>
Website	<a href="http://www.tyelis.org.uk">www.tyelis.org.uk</a>

## Activities

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**Objects:** (I) TO RELIEVE PERSONS WHO ARE EMOTIONALLY DISTURBED OR DISTRESSED.(II) TO EDUCATE AND TRAIN PERSONS IN COUNSELLING SO THAT THEY MAY ASSIST IN THE TREATMENT OF PERSONS SUFFERING FROM EMOTIONAL DISORDERS OR PROBLEMS.

**Activities:** To relieve persons who are emotionally disturbed or distressed. To educate and train persons in counselling so that they may assist in the treatment of persons suffering from emotional disorders or problems.

## Classification

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- **How:** Provides Services, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE.BRIDGEND. PORTHCAWL. KENFIGHILL. NORTH AND SOUTH CORNELLY. NAESTEG AND ADJOINING AREAS.
- Bridgend
- Cardiff
- City Of Swansea
- Neath Port Talbot
- Rhondda Cynon Taff
- Vale Of Glamorgan

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£324,244	£315,176	-	-
2024-03-31	£292,790	£287,944	-	-
2023-03-31	£358,286	£339,299	-	-
2022-03-31	£249,316	£246,307	-	-
2021-03-31	£151,862	£172,927	-	-

## Trustees

Name	Role	Appointed
<b>Rev Philip Masson</b>	Chair	
CHRISTINE EYNON		2012-12-13
Dr Maria Cronje		2020-03-02
EDWINA M WHITE MBE		
Francis Jeffrey Perren OBE		2022-03-07
Huw Davies		2016-04-18
JONATHAN CHUBB		2012-12-13
Jane Elizabeth Hunt		2026-03-24
Judith Anne Fabian		2026-03-24

**Ty Elis Counselling Services**

England & Wales - Charity number 1098986

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# Accounts

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REGISTERED COMPANY NUMBER: 04756994 (England and Wales)  
REGISTERED CHARITY NUMBER: 1098986

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2025**

**FOR**

**TY ELIS COUNSELLING SERVICES**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

**TY ELIS COUNSELLING SERVICES**

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FOR THE YEAR ENDED 31 MARCH 2025**

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**TY ELIS COUNSELLING SERVICES**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The purposes of the charity as set out in its governing document.

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- 1) To provide counselling and therapeutic services to support people with their mental health and emotional wellbeing.
- 2) To educate and train people in counselling and therapeutic services so that they may assist people with their mental health and emotional wellbeing.

**The main activities undertaken in relation to those purposes during the year.**

The aims and activities of our charity are also:

- 1) To provide confidential counselling to individuals whatever their social, economic, religious, ethnic background, age or disability.
- 2) To bring counselling service provision directly into local valley communities via an outreach programme.
- 3) To provide a centre of excellence for training students wishing to further a career in counselling and provide research opportunities to further develop understanding of mental health and counselling therapies.
- 4) To develop a sustainable future, generating income from providing training and counselling services to managers and employees of local businesses, companies and public bodies.

**The main activities undertaken during the year to further the charity's purpose for the public benefit.**

Our main objectives for the year continued to be the provision of essential, high quality mental health therapy at minimal or no cost to individuals located within the local community and the provision of training in counselling.

We believe that there should be no barrier to receiving support and counselling if an individual is ready to take steps to improve their personal wellbeing.

Our aims fully reflect the purposes that the charity was set up to further. We have set out our values as being Autonomy, Confidentiality, Equality, Excellence and Sustainability.

Our main activities and who we try to help are described below. All our charitable activities focus on the improvement of the mental wellbeing of individuals and are undertaken to further our charitable purposes for the public benefit.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

**TY ELIS COUNSELLING SERVICES**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**The charity's strategies for achieving its aims and objectives in the future.**

The strategies we used to meet these objectives included:

- 1) Providing counselling services which are reflective of the British Association of Counselling and Psychotherapy (BACP) and the National Counselling and Psychotherapy Society (NCPS), standards and guidelines.
- 2) Generating income from providing CPD workshop training to counsellors, counselling services and running a Diploma in Therapeutic Practice.
- 3) To work with GP clusters to support local community/outreach counselling services in valley communities.

**How the activities undertaken during the year contributed to the achievement of the aims and objectives.**

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those people we are set up to help.

The review also helps us ensure our aims, objectives and activities remained focused on our stated purposes. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Affordability and access to our service is fundamental to our core aims as we endeavour to ensure access to our counselling service is not limited by personal, economic or financial status nor by an individual's physical ability. Our clients are our primary stakeholders and always our first consideration at Ty Elis. They come to us at a very vulnerable time in their lives and our aim is to enable them to recover personal autonomy and decision making.

We endeavour to encourage all within our community to support our activities and to get involved through volunteering opportunities, administrative support or fund-raising activities.

**The contribution of volunteers during the year.**

"Our Volunteers"

The mainstay of our service remains our volunteers who provide receptionist, clerical, maintenance, gardening, fund raising, counselling, training and social media services to the organisation.

Ty Elis is very keen to get everyone in the community involved in our activities and relies on voluntary help. It is important that we continue to support our volunteers and get their feedback and thoughts on how best to improve our activities.

In the year under review over 2,000 volunteer counsellor hours alone were donated some of which were provided online or on the phone which was provided to enable clients to access support.

These hours were supported by our volunteer receptionists who are in the office even when counselling is not taking place face to face but online or on the phone. This ensures we have telephone cover for new clients wishing to access our services. The counselling service could not operate without the skills and dedication of our volunteer receptionists who also act as chaperones to our counsellors.

Working as a receptionist enables people to develop their life skills and provides a stepping off point for some back into the world of work. We thank you all and especially those who have left us in the year. We have had some new faces in the year joining us for a variety of reasons, some wanting to increase their office skills or to learn about counselling services others because they have had a family link with Ty Elis. But whatever the reason we look to support all our volunteers and new people are all very welcome.

When clients contact our office looking for a counsellor they can be scared, confused and disheartened. It is the voice at the other end of the phone that comforts them and helps them begin the process of making positive change. That voice is from one of our incredible receptionist volunteers. Our wonderful volunteer counsellors continue to support our clients through their personal change process.

## TY ELIS COUNSELLING SERVICES

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

#### ACHIEVEMENTS AND PERFORMANCE

The main areas of charitable activity are the provision of counselling including outreach work and the training of counsellors, but we are also developing our role supporting further community mental wellbeing. These activities and the achievements that flow from our work are described below.

Thank you to all our staff who have continued to increase their skills and complete training, so we are able to support clients online, on the phone, as well as face to face.

#### Training

An integral part of our service has been that it has become a major educational resource for the Universities and Colleges training many of the therapists in South Wales, and this is constantly growing, lending to the development of Ty Elis as a Centre of Excellence. We have very strong links with Universities and Colleges. Thanks to Bruce Harris our course lead, our accreditation from The National Counselling and Psychotherapy Society for the diploma will continue.

We have built on the good work undertaken by our administrative team and members of The Hat Group of tutors. Our 2024 cohort of students for our 2-year National Counselling and Psychotherapy Society Accredited Level 5 Diploma in Counselling Studies have all completed their study and most have also completed their 100 hours of practice with us. Our students continue to offer OPT (Online Phone Therapy), to flexibly meet the needs of our clients. We have been oversubscribed for our 2025-26 intake without having to undertake any advertising for the course and have a waiting list for next year's intake.

#### Current and New Wellbeing Services

The Counselling Services are mainly based at our office in Porthcawl, Hartshorn House in Maesteg, Tondy, Mountain Ash and Swansea University. We provide one to one therapeutic counselling for adults.

In May 2024 we recruited Steven Curry as Business Development and Operations manager, this post was externally funded.

We have received funding from ARC and also the North and East Bridgend GP Clusters, to set up and maintain a counselling service for a group called 'Special Families' based in Maesteg. Members of the group are all families who have a member who has a learning or physical disability.

We are supporting adults and children within these families with a counselling service based in the locality in Maesteg. This saves them travel time and is more convenient as they have carer responsibilities.

Thank you to our clinical supervisors who continue to work with our counsellors online. This has been very successful and will continue as an option for supervision practice at Ty Elis for the future saving travel time and costs for everyone.

We have developed new work commissioned by ARC to support local community projects such as the Ogmere Vale Suicide Awareness Group. This work has led to training the members in active listening skills and having meaningful conversations and also the co-production of the Group wishing to commission their own bespoke support from Ty Elis, such as facilitated support groups.

In July 2024 we completed a six-month counselling contract for Swansea University, this contract has subsequently been recommissioned and recommenced in October 2024 for a further six-month contract.

#### Outreach

The outreach plans of the charity assist those vulnerable people in local valley communities who have difficulty or who are unable to travel to our office. We have been successful in obtaining funding from the local GP clusters until 31 March 2025 and these have been recommissioned to continue to provide the services in Bridgend North and South Cynon localities. These GP contracts have continued through phone, on-line and in-person sessions.

In December 2024 we were awarded a project from Bridgend North GP's to commission 420 additional sessions to the core contract. These sessions will be completed within Q2 of 2025/26.

We have had an exciting opportunity in our South Cynon contract to provide counselling support to children and young people from the age of 11 years for the contract 2025-26. This will commence April 2025. This is an expansion of our adult based service and will provide a much-needed support in the communities to vulnerable young people facing mental health needs.

We currently offer on average 100 counselling sessions each week as part of our Outreach programmes. We give credit to our sub-contracted counsellors and admin team for delivering a quality service to clients as part of this service.

We have received positive feedback from the North Cluster and South Cynon Clusters of General Practitioners regarding the work that has been undertaken with their patients in the last year and continue to work with GPs on all our services to improve the counselling we are providing to clients.

## TY ELIS COUNSELLING SERVICES

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

#### **Fundraising activities during the year.**

The charity relies on grant aid from the donors identified in the accounts whose support is valued.

Aside from this income, the principal funding sources for the charity are currently by way of donation from clients totalling £2,850 (2024: £4,447) and from other donors and fund-raising activities totalling £1,097 (2024: £8,068). These donations over previous years have been as a result of the activities of our Friends through direct fund raising e.g. the Ladies luncheon and raising our profile with the local community.

In the year we received generous donations from many different individuals too many to mention them all, but we want to thank them all for all their hard work and support this year.

Management is identifying possible opportunities for a much wider range of funding and developing sustainable funding and income generation for the future.

Our funding limits those we could help.

In the year to 31 March 2025, demand for our service exceeded the level we can provide. We have tried to manage our waiting list in the year as follows:

- 1) with additional associate counsellors being recruited including those from our current cohort of diploma students and external placement students
- 2) continued success of the contract to provide Outreach counselling for adults for the GP North cluster in 3 locations Maesteg, Tondy and Abercynon which has been extended to 31 March 2025.
- 3) new outreach working in Mountain Ash
- 4) Working with GPs to ensure that only appropriate referrals to our service are made
- 5) Texting clients in advance to remind them of appointments to reduce DNA's and cancellations.
- 6) Introduction of an Attendance Policy to manage non-attendance and cancellations.
- 7) Active recruitment of additional external placement students.

As a result of the increased public awareness of mental wellbeing through general media campaigns and increased knowledge of the quality of our service demand for all our locations remained high. Following the active waiting list management initiatives we have been successful in significantly reducing our waiting times which is a major achievement.

All our counselling services are provided free to our clients though they are asked if they would like to make a donation. Equal access to our services is an important issue for us and we operate a strictly next on the list process for allocation of clients to counsellors.

We currently monitor access to our services by gender, ethnicity, disability and by residency in local authority ward, also by noting in employment or education, reporting issues including where substance misuse is an issue and whether, in line with our support for the military covenant, a client is current or ex armed forces member or family member.

We were successful in securing a £100,000 grant from the Community Fund, which will offer support for development activities commencing in May of 2024 and continuing through to April 2026.

#### **The degree to which the achievements and performance during the year have benefited wider society.**

The impact of our work goes far beyond those we help directly and includes reducing the distress suffered by the families and friends of clients to assisting local employers where individuals after receiving counselling are more able to return to work or are more effective when in work.

Our ongoing fundraising activities and active liaison with all from local community groups to local councillors has created better understanding of our work and we are fully supported by the local community.

#### **Financial Review**

Against the backdrop of limited resources and insecurities over funding, it has continued to be difficult to plan or develop services. Nevertheless, the charity, with the aid of sound financial management and the support of both its staff and volunteers generated a positive financial outcome for the period with a net increase in funds of circa £4,000. Its success in obtaining new funding for 2024/26 from the National Lottery Community Fund and the Moondance Foundation provided much needed additional resources to provide counselling services and recruit additional development staff going forward to extend our ability to further outreach and local counselling services.

#### **Principal Funding Sources**

Aside from the income generated from charitable donations, the principal funding sources for the charity are currently by way of grants and by way of commissioned services such as GP clusters and organisations, in addition we provide diploma courses, training students in therapeutic counselling to level four and five over a two-year course. As a result of increasing constraints on local authority expenditure, the charity has to seek funding from a much broader group of agencies.

## TY ELIS COUNSELLING SERVICES

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

In February 2025 we launched a Level 3 in Counselling Theory and Skills which attracted 10 students. This course is intended to be run twice per year which will generate income into the organisation and train high quality students into the profession. It is also intended that the Level 3 students will enjoy their experiences and apply to the Level 4 & 5 Diploma to continue their studies with Ty Elis.

Discussions about a training strategy also commenced within 2024/5 in relation to CPD and further training courses, specifically launching a L6 Counselling Course in February 2026. This is an exciting time for the organisation and will secure financial stability going forward.

#### **Investment Policy**

Most of the charity's funds are currently invested on short term deposit. Grants received in advance are also invested on short term deposit. The Management Committee consider the overall return on investments and deposits at circa 1.5% to be disappointing.

#### **Reserves Policy**

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between six and nine months of the core expenditure. Budgeted core expenditure for 2025/26 is £150,000 and therefore the target is £75,000 to £112,500 in general funds, the reserves are needed to meet the working capital requirements of the charity and the Management Committee are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding.

The present level of reserves available to the charity being in excess of £115,000 meet our reserve target level. Although the strategy is to continue to build reserves through planned operating surpluses. In the short term the Management Committee has also considered the extent to which existing activities and expenditure could be curtailed, should a downturn in income arise.

#### **Plans for Future Periods**

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed:

- To expand our training courses to include a level three and a level six course, which will generate additional income for the charity.
- To expand the provision of counselling services in other geographic markets and areas.
- To develop our business model to actively seek additional funding streams.
- To increase our donation portfolio.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**TY ELIS COUNSELLING SERVICES**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Structure, governance and management of the charity**

The methods used to recruit and appoint new charity trustees.

As set out in the Articles of Association the chair of trustees is nominated by the Board at the Annual General Meeting. New members/trustees are appointed only with the approval of the trustees. In selecting such trustees or co-opted members regard should be made to the contribution they may make to the pursuit of the charity's objects, by reason of their personal or professional qualifications. All members are able to nominate new trustees prior to the AGM. Trustees may at their discretion permit any member to retire provided that after such retirement there shall still be at least 3 trustees.

The Clinical Director, Business Development Operations Manager and Finance Manager also attend the meetings but have no voting rights.

**The policies and procedures for the induction and training of trustees.**

Most trustees are already familiar with the practical work of the charity having been encouraged to visit the office. Additionally, new trustees are invited and encouraged to meet the Chair and Director to familiarise themselves with the charity and the context within which it operates. Trustees are provided with the Charity Commission guidance on the role of trustees and public benefit. Trustees are encouraged to attend appropriate external training events where these facilitate the undertaking of their role.

**The charity's organisational structure.**

**Governing Document**

The charity was originally formed in 1996 and is governed by a Trust deed dated 10th July 1997, the provisions of which were incorporated into the company's Memorandum and Articles of Association on 8th May 2003. It is registered as a charity with the Charity Commission.

Liability of the trustees/members is limited. In the event of the company being wound up every member is required to contribute an amount not exceeding £10. All the trustees give their time voluntarily and receive no benefits from the charity.

The board of trustees which normally meets quarterly administers the charity and there are sub committees covering Ethics, Clinical Practice and Training which meet regularly and a management committee covering staff, finance, fund raising and development which meets monthly.

**How the charity makes decisions and how decisions are delegated.**

A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director. The Clinical Director and Finance manager are appointed by the trustees who have delegated authority, within the delegate authority of the trustees, for operational matters including finance, employment and clinical practice activities. A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director.

The Clinical Director is responsible for ensuring that the charity delivers the services specified, individual supervision of the staff team is in place and also ensuring that the team continue to develop their skills and working practices in line with good practice.

The administrative team manage day to day operations of the office.

**The senior management personnel to whom day to day management is delegated**

Clinical Director - Karen Fraser (appointed 1 August 2024)

Business Development and Operations Manager - Steve Curry appointed 1 May 2024

Ethics Committee Chair - Jonathan Chubb

Finance Manager - Outsourced Mark Jenkins Accountancy Services

President - Edwina White MBE

Friends of Ty Elis Chair and President - Edwina White MBE

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04756994 (England and Wales)

**Registered Charity number**

1098986

**TY ELIS COUNSELLING SERVICES**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

**Registered office**

14 Victoria Avenue  
Porthcawl  
CF36 3HG

**Trustees**

Canon Philip R Masson (Chairperson)  
Mrs Edwina M White MBE  
Mr Jonathan Chubb  
Mrs Christine Eynon  
Dr Richard H Davies  
Dr Aalice Maria L Cronje  
Francis Jeffrey Perren OBE

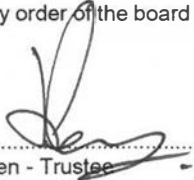
**Independent Examiner**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

**CHANGE OF NAME**

The charitable company passed a special resolution on 4 November 2024 changing its name from Ty Elis (Porthcawl Counselling Service) to Ty Elis Counselling Services.

Approved by order of the board of trustees on .....*31/09/2025*... and signed on its behalf by:

  
.....  
Mr F J Perren - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
TY ELIS COUNSELLING SERVICES**

**Independent examiner's report to the trustees of Ty Elis Counselling Services ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Silk  
The Institute of Chartered Accountants in England and Wales

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Date: 01/09/2025

TY ELIS COUNSELLING SERVICES

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	3,948	-	3,948	12,515
<b>Charitable activities</b>	4				
Charitable activities		253,684	63,103	316,787	277,986
Investment income	3	3,509	-	3,509	2,289
<b>Total</b>		<u>261,141</u>	<u>63,103</u>	<u>324,244</u>	<u>292,790</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Charitable activities		<u>250,649</u>	<u>64,527</u>	<u>315,176</u>	<u>287,944</u>
<b>NET INCOME/(EXPENDITURE)</b>		10,492	(1,424)	9,068	4,846
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		120,402	185,588	305,990	301,144
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>130,894</u></u>	<u><u>184,164</u></u>	<u><u>315,058</u></u>	<u><u>305,990</u></u>

The notes form part of these financial statements

TY ELIS COUNSELLING SERVICES

BALANCE SHEET  
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	10	6,351	181,444	187,795	193,213
<b>CURRENT ASSETS</b>					
Debtors	11	97,469	-	97,469	21,582
Cash at bank		225,344	2,720	228,064	208,615
		<u>322,813</u>	<u>2,720</u>	<u>325,533</u>	<u>230,197</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(198,270)	-	(198,270)	(117,420)
<b>NET CURRENT ASSETS</b>		<u>124,543</u>	<u>2,720</u>	<u>127,263</u>	<u>112,777</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>130,894</u>	<u>184,164</u>	<u>315,058</u>	<u>305,990</u>
<b>NET ASSETS</b>		<u>130,894</u>	<u>184,164</u>	<u>315,058</u>	<u>305,990</u>
<b>FUNDS</b>	13				
Unrestricted funds				130,894	120,402
Restricted funds				184,164	185,588
<b>TOTAL FUNDS</b>				<u>315,058</u>	<u>305,990</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... 01/09/2025 ..... and were signed on its behalf by:

.....  
Mr F J Perren - Trustee

The notes form part of these financial statements

TY ELIS COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold Property -	4% straight line and 2% straight line with a residual value of £70,000
Computer equipment -	25% straight line

Assets greater than £1,500 will be capitalised.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Deferred Income**

Deferred income represents income received by not earned as of the year end. Deferred income primarily consists of income designated for a specific period but received in advance of this period.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

TY ELIS COUNSELLING SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES - continued**

**Preparation of the accounts on a going concern basis**

The trustees of the charity are required to consider whether the Charity meets the going concern basis at the end of each financial year. After making enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Presentational and functional currency**

The charity's presentational and functional currency is GBP.

**2. DONATIONS AND LEGACIES**

	2025	2024
	£	£
Donations	3,948	12,515
	<u>3,948</u>	<u>12,515</u>

**3. INVESTMENT INCOME**

	2025	2024
	£	£
Deposit account interest	3,509	2,289
	<u>3,509</u>	<u>2,289</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	2025	2024
	Charitable activities	Total activities
	£	£
Counselling services income	251,184	258,492
Grants	65,603	19,494
	<u>316,787</u>	<u>277,986</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Bridgend CBC	-	5,485
WCVA	-	10,800
	<u>-</u>	<u>16,285</u>
Carried forward	-	16,285

TY ELIS COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2025	2024
	£	£
Brought forward	-	16,285
Moondance Foundation	22,242	1,209
Christine Eynon Trust	2,500	2,000
The Mindset Foundation	700	-
National Lottery	37,441	-
Screwfix	2,720	-
	<u>65,603</u>	<u>19,494</u>

5. SUPPORT COSTS

	Finance	Support costs	Totals
	£	£	£
Charitable activities	<u>60</u>	<u>18,771</u>	<u>18,831</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	<u>5,418</u>	<u>5,421</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Total staff	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

The key management personnel of the Charity received remuneration of £64,897 (2024: £54,979) this includes gross salary paid, employers national insurance contributions and employers pension contributions.

Staff included as 'key management personnel' as follows:

Clinical Director  
Business Development and Operations Manager

TY ELIS COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	12,515	-	12,515
<b>Charitable activities</b>			
Charitable activities	258,482	19,504	277,986
Investment income	2,289	-	2,289
<b>Total</b>	<u>273,286</u>	<u>19,504</u>	<u>292,790</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	<u>264,296</u>	<u>23,648</u>	<u>287,944</u>
<b>NET INCOME/(EXPENDITURE)</b>	8,990	(4,144)	4,846
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	111,412	189,732	301,144
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>120,402</u>	<u>185,588</u>	<u>305,990</u>

10. TANGIBLE FIXED ASSETS

	Freehold property £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2024 and 31 March 2025	<u>274,761</u>	<u>18,202</u>	<u>292,963</u>
<b>DEPRECIATION</b>			
At 1 April 2024	83,262	16,488	99,750
Charge for year	4,432	986	5,418
At 31 March 2025	<u>87,694</u>	<u>17,474</u>	<u>105,168</u>
<b>NET BOOK VALUE</b>			
At 31 March 2025	<u>187,067</u>	<u>728</u>	<u>187,795</u>
At 31 March 2024	<u>191,499</u>	<u>1,714</u>	<u>193,213</u>

**TY ELIS COUNSELLING SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Trade debtors	96,339	19,710
Other debtors	498	-
Prepayments	632	1,872
	97,469	21,582

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Trade creditors	16,187	14,262
Other creditors	4,125	7,343
Accruals and deferred income	169,806	91,855
Accrued expenses	8,152	3,960
	198,270	117,420

**13. MOVEMENT IN FUNDS**

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	112,712	11,766	(2,435)	122,043
Designated fixed asset funds	7,690	(1,274)	(65)	6,351
Christine Eynon Trust	-	-	2,500	2,500
	120,402	10,492	-	130,894
<b>Restricted funds</b>				
Restricted Fixed asset funds	185,588	(4,144)	-	181,444
Screwfix	-	2,720	-	2,720
	185,588	(1,424)	-	184,164
<b>TOTAL FUNDS</b>	305,990	9,068	-	315,058

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	261,141	(249,375)	11,766
Designated fixed asset funds	-	(1,274)	(1,274)
	261,141	(250,649)	10,492
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(4,144)	(4,144)
Moondance Foundation	22,242	(22,242)	-
Mind Step	700	(700)	-
National Lottery Community Fund	37,441	(37,441)	-
Screwfix	2,720	-	2,720
	63,103	(64,527)	(1,424)
<b>TOTAL FUNDS</b>	324,244	(315,176)	9,068

TY ELIS COUNSELLING SERVICES

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	108,090	10,267	(5,645)	112,712
Designated fixed asset funds	3,322	(1,277)	5,645	7,690
	<u>111,412</u>	<u>8,990</u>	<u>-</u>	<u>120,402</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	189,732	(4,144)	-	185,588
	<u>301,144</u>	<u>4,846</u>	<u>-</u>	<u>305,990</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	273,286	(263,019)	10,267
Designated fixed asset funds	-	(1,277)	(1,277)
	<u>273,286</u>	<u>(264,296)</u>	<u>8,990</u>
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(4,144)	(4,144)
Moondance Foundation	1,209	(1,209)	-
WCVA	10,800	(10,800)	-
Christine Eynon Trust	2,000	(2,000)	-
Bridgend CBC - OH Trauma	5,485	(5,485)	-
Bridgend CBC - Special Cases	10	(10)	-
	<u>19,504</u>	<u>(23,648)</u>	<u>(4,144)</u>
<b>TOTAL FUNDS</b>	<u>292,790</u>	<u>(287,944)</u>	<u>4,846</u>

**TY ELIS COUNSELLING SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**13. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
<b>Unrestricted funds</b>				
General fund	108,090	22,033	(8,080)	122,043
Designated fixed asset funds	3,322	(2,551)	5,580	6,351
Christine Eynon Trust	-	-	2,500	2,500
	<u>111,412</u>	<u>19,482</u>	<u>-</u>	<u>130,894</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	189,732	(8,288)	-	181,444
Screwfix	-	2,720	-	2,720
	<u>189,732</u>	<u>(5,568)</u>	<u>-</u>	<u>184,164</u>
<b>TOTAL FUNDS</b>	<u>301,144</u>	<u>13,914</u>	<u>-</u>	<u>315,058</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	534,427	(512,394)	22,033
Designated fixed asset funds	-	(2,551)	(2,551)
	<u>534,427</u>	<u>(514,945)</u>	<u>19,482</u>
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(8,288)	(8,288)
Moondance Foundation	23,451	(23,451)	-
WCVA	10,800	(10,800)	-
Christine Eynon Trust	2,000	(2,000)	-
Bridgend CBC - OH Trauma	5,485	(5,485)	-
Bridgend CBC - Special Cases	10	(10)	-
Mind Step	700	(700)	-
National Lottery Community Fund	37,441	(37,441)	-
Screwfix	2,720	-	2,720
	<u>82,607</u>	<u>(88,175)</u>	<u>(5,568)</u>
<b>TOTAL FUNDS</b>	<u>617,034</u>	<u>(603,120)</u>	<u>13,914</u>

**Description of Funds**

**Unrestricted funds:**

General Fund - These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and, subject to charity legislation, are free from all restrictions on their use.

Designated fixed assets funds - These funds represent assets acquired for the furtherance of the charity's objectives, including any assets acquired using grant monies where the grant conditions are fulfilled upon acquisition of the asset.

Christine Eynon Trust - The trustees have agreed to designate this to be used towards building maintenance.

**TY ELIS COUNSELLING SERVICES**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2025**

**13. MOVEMENT IN FUNDS - continued**

**Restricted funds:**

Restricted fixed asset funds - These funds represent assets acquired using grant monies where the grant conditions require the charity to hold the asset on an ongoing basis for a specific purpose.

Moondance - Funding for the role of finance & operations manager including Pension & NI.

WCVA - funding for the clinical lead post including Pension & NI and Training and development

Christine Eynon Trust - Funding to support couple Groups therapy and family counselling

Bridgend CBC OH Trauma - Funding to support trauma and stabilisation group work through ARC

Bridgend CBC Training - Funding to support training resilience ARC

Mind Step - Funding for weekly administrative support for a family therapy clinic

National Lottery Community Fund - To provide 5 local Community projects over two years and to fund internal pays for clinical and development resources again over 2 years

Screwfix - Funding for building repairs

**Fund transfers**

Transfers between funds represent assets purchased being allocated to the restricted or designated fixed asset funds.

**14. RELATED PARTY DISCLOSURES**

During the year to 31 March 2025 unrestricted grants of £2,500 were received from another charity with common trustees.

**15. ULTIMATE CONTROLLING PARTY**

The ultimate controlling party of Ty Elis Counselling Services Ltd is the Board of Trustees collectively.

**16. DEFERRED INCOME**

	<b>2024</b>
	<b>£</b>
As at 1 April 2024	91,856
Income received	330,525
Income released	(252,575)
<b>As at 31 March 2025</b>	<b>169,806</b>

TY ELIS COUNSELLING SERVICES

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	3,948	12,515
<b>Investment income</b>		
Deposit account interest	3,509	2,289
<b>Charitable activities</b>		
Counselling services income	251,184	258,492
Grants	65,603	19,494
	<u>316,787</u>	<u>277,986</u>
<b>Total incoming resources</b>	324,244	292,790
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	106,327	98,941
Social security	4,637	3,036
Pensions	2,278	1,631
Rates and water	362	382
Insurance	2,944	3,119
Light and heat	2,810	2,066
Telephone	2,351	2,048
Postage and stationery	1,244	502
Supervisors' fees	15,260	13,963
DBS checks	531	163
Travel expenses	119	1,192
Rent and room hire	240	2,760
Premises repairs	16,768	3,221
Memberships and subscriptions	531	843
Computer expenses	2,512	2,507
Cleaning costs	1,244	1,339
Staff recruitment and training	1,531	180
Counsellor fees	89,581	99,201
Tutor fees	38,406	25,432
Management costs	673	576
Staff Welfare	578	142
Depreciation of tangible fixed assets	5,418	5,421
	<u>296,345</u>	<u>268,665</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	60	131
<b>Support costs</b>		
Accountancy fees	3,300	3,308
Legal fees	571	4,240
Carried forward	3,871	7,548

This page does not form part of the statutory financial statements

TY ELIS COUNSELLING SERVICES

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
<b>Support costs</b>		
Brought forward	3,871	7,548
Bookkeeping fees	14,900	11,600
	<u>18,771</u>	<u>19,148</u>
Total resources expended	315,176	287,944
<b>Net income</b>	<u>9,068</u>	<u>4,846</u>

This page does not form part of the statutory financial statements

**Ty Elis Counselling Services**

England & Wales - Charity number 1098986

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# Accounts

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REGISTERED COMPANY NUMBER: 04756994 (England and Wales)  
REGISTERED CHARITY NUMBER: 1098986

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2024**

**FOR**

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

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FOR THE YEAR ENDED 31 MARCH 2024**

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**TYÆLIS(PORTHCAWL/COUNSELLING/SERVICE)A**

**REPORT OF THE TRUSTEES A  
FOR THE YEAR ENDED 31 MARCH 2024 A**

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions by Charities: A Statement of Recommended Practice applicable to charities preparing their accounts/ Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) A

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The purposes of the charity as set out in its governing document.

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- 1) To provide counselling and therapeutic services to support people with their mental health and emotional wellbeing.
- 2) To educate and train people in counselling and therapeutic services so that they may assist people with their mental health and emotional wellbeing.

**The main activities undertaken in relation to those purposes during the year.**

The aims and activities of our charity are also:

- 1) To provide confidential counselling to individuals whatever their social, economic, religious, ethnic background, age or disability.
- 2) To bring counselling service provision directly into local valley communities via an outreach programme.
- 3) To provide a centre of excellence for training students wishing to further a career in counselling and provide research opportunities to further develop understanding of mental health and counselling therapies.
- 4) To develop a sustainable future, generating income from providing training and counselling services to managers and employees of local businesses, companies and public bodies.

**The main activities undertaken during the year to further the charity's purpose for the public benefit.**

Our main objectives for the year continued to be the provision of essential, high quality mental health therapy at minimal or no cost to individuals located within the local community and the provision of training in counselling.

We believe that there should be no barrier to receiving support and counselling if an individual is ready to take steps to improve their personal wellbeing.

Our aims fully reflect the purposes that the charity was set up to further. We have set out our values as being Autonomy, Confidentiality, Equality, Excellence and Sustainability.

Our main activities and who we try to help are described below. All our charitable activities focus on the improvement of the mental wellbeing of individuals and are undertaken to further our charitable purposes for the public benefit.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

**The charity's strategies for achieving its aims and objectives in the future.**

The strategies we used to meet these objectives included:

- 1) Providing counselling services which are reflective of the British Association of Counselling and Psychotherapy (BACP) and the National Counselling and Psychotherapy Society (NCPS), standards and guidelines.
- 2) Generating income from providing CPD workshop training to counsellors, counselling services and running a Diploma in Therapeutic Practice.
- 3) To work with GP clusters to support local community/outreach counselling services in valley communities.

**How the activities undertaken during the year contributed to the achievement of the aims and objectives.**

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those people we are set up to help.

The review also helps us ensure our aims, objectives and activities remained focused on our stated purposes. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Affordability and access to our service is fundamental to our core aims as we endeavour to ensure access to our counselling service is not limited by personal, economic or financial status nor by an individual's physical ability. Our clients are our primary stakeholders and always our first consideration at Ty Elis. They come to us at a very vulnerable time in their lives and our aim is to enable them to recover personal autonomy and decision making.

We endeavour to encourage all within our community to support our activities and to get involved through volunteering opportunities, administrative support or fund-raising activities.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**The contribution of volunteers during the year.**

**"Our Volunteers"**

The mainstay of our service remains our volunteers who provide receptionist, clerical, maintenance, gardening, fund raising, counselling, training and social media services to the organisation.

Ty Elis is very keen to get everyone in the community involved in our activities and relies on voluntary help. It is important that we continue to support our volunteers and get their feedback and thoughts on how best to improve our activities.

In the year under review over 2,000 volunteer counsellor hours alone were donated some of which were provided online or on the phone which was provided to enable clients to access support.

These hours were supported by our volunteer receptionists who are in the office even when counselling is not taking place face to face but online or on the phone. This ensures we have telephone cover for new clients wishing to access our services. The counselling service could not operate without the skills and dedication of our volunteer receptionists who also act as chaperones to our counsellors.

Working as a receptionist enables people to develop their life skills and provides a stepping off point for some back into the world of work. We thank you all and especially those who have left us in the year. We have had some new faces in the year joining us for a variety of reasons, some wanting to increase their office skills or to learn about counselling services others because they have had a family link with Ty Elis. But whatever the reason we look to support all our volunteers and new people are all very welcome.

When clients contact our office looking for a counsellor they can be scared, confused and disheartened. It is the voice at the other end of the phone that comforts them and helps them begin the process of making positive change. That voice is from one of our incredible receptionist volunteers. Our wonderful volunteer counsellors continue to support our clients through their personal change process.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**ACHIEVEMENT AND PERFORMANCE**

The main areas of charitable activity are the provision of counselling including outreach work and the training of counsellors, but we are also developing our role supporting further community mental wellbeing. These activities and the achievements that flow from our work are described below.

Thank you to all our staff who have continued to increase their skills and complete training, so we are able to support clients online, on the phone, as well as face to face.

**Training**

An integral part of our service has been that it has become a major educational resource for the Universities and Colleges training many of the therapists in South Wales, and this is constantly growing, lending to the development of Ty Elis as a Centre of Excellence. We have very strong links with Universities and Colleges. Thanks to Bruce Harris our course lead, our accreditation from The National Counselling and Psychotherapy Society for the diploma will continue.

We have built on the good work undertaken by our administrative team and members of The Hat Group of tutors. Our 2023 cohort of students for our 2-year National Counselling and Psychotherapy Society Accredited Level 5 Diploma in Counselling Studies have all completed their study and most have also completed their 100 hours of practice with us. Our students continue to offer OPT (Online Phone Therapy), to flexibly meet the needs of our clients. We have been oversubscribed for our 2023-24 intake without having to undertake any advertising for the course and have a waiting list for next year's intake.

**Current and New Wellbeing Services**

The Counselling Services are mainly based at our office in Porthcawl, Hartshorn House in Maesteg, Tondu, Mountain Ash and Swansea University. We provide one to one therapeutic counselling for adults.

In May 2024 we recruited Steven Curry as Business Development and Operations manager, this post was externally funded.

We have received funding from ARC and also the North and East Bridgend GP Clusters, to set up and maintain a counselling service for a group called 'Special Families' based in Maesteg. Members of the group are all families who have a member who has a learning or physical disability.

We are supporting adults and children within these families with a counselling service based in the locality in Maesteg. This saves them travel time and is more convenient as they have carer responsibilities.

Thank you to our clinical supervisors who continue to work with our counsellors online. This has been very successful and will continue as an option for supervision practice at Ty Elis for the future saving travel time and costs for everyone.

We have developed new work commissioned by ARC to support local community projects such as the Ogmere Vale Suicide Awareness Group. This work has led to training the members in active listening skills and having meaningful conversations and also the co-production of the Group wishing to commission their own bespoke support from Ty Elis, such as facilitated support groups.

In July 2024 we completed a six-month counselling contract for Swansea University, this contract has subsequently been recommissioned to start in October 2024.

**Outreach**

The outreach plans of the charity assist those vulnerable people in local valley communities who have difficulty or who are unable to travel to our office. We have been successful in obtaining funding from the local GP clusters until 31 March 2024 and these have been recommissioned to continue to provide the services in Bridgend North and South Cynon localities. These GP contracts have continued through phone, on-line and in-person sessions.

We currently offer on average 100 counselling sessions each week as part of our Outreach programmes. We give credit to our sub-contracted counsellors and admin team for delivering a quality service to clients as part of this service.

We have received positive feedback from the North Cluster and South Cynon Clusters of General Practitioners regarding the work that has been undertaken with their patients in the last year and continue to work with GPs on all our services to improve the counselling we are providing to clients.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**Fundraising activities during the year.**

The charity relies on grant aid from the donors identified in the accounts whose support is valued.

Aside from this income, the principal funding sources for the charity are currently by way of donation from clients totalling £4,447 (2023: £4,323) and from other donors and fund-raising activities totalling £8,068 (2023: £10,188). These donations over previous years have been as a result of the activities of our Friends through direct fund raising e.g. the Ladies luncheon and raising our profile with the local community.

In the year we received generous donations from many different individuals too many to mention them all, but we want to thank them all for all their hard work and support this year.

Management is identifying possible opportunities for a much wider range of funding and developing sustainable funding and income generation for the future.

Our funding limits those we could help.

In the year to 31 March 2024, demand for our service exceeded the level we can provide. We have tried to manage our waiting list in the year as follows:

- 1) with additional associate counsellors being recruited including those from our current cohort of diploma students and external placement students
- 2) continued success of the contract to provide Outreach counselling for adults for the GP North cluster in 3 locations Maesteg, Tondy and Abercynon which has been extended to 31 March 2025.
- 3) new outreach working in Mountain Ash
- 4) Working with GPs to ensure that only appropriate referrals to our service are made
- 5) Texting clients in advance to remind them of appointments to reduce DNA's and cancellations.
- 6) Introduction of an Attendance Policy to manage non-attendance and cancellations.
- 7) Active recruitment of additional external placement students.

As a result of the increased public awareness of mental wellbeing through general media campaigns and increased knowledge of the quality of our service demand for all our locations remained high. This has resulted in long waiting times, but we are working to see everyone as quickly as possible.

All our counselling services are provided free to our clients though they are asked if they would like to make a donation. Equal access to our services is an important issue for us and we operate a strictly next on the list process for allocation of clients to counsellors.

We currently monitor access to our services by gender, ethnicity, disability and by residency in local authority ward, also by noting in employment or education, reporting issues including where substance misuse is an issue and whether, in line with our support for the military covenant, a client is current or ex armed forces member or family member.

We were successful in securing a £100,000 grant from the Community Fund, which will offer support for development activities commencing in May of 2025 and continuing through to April 2027.

**The degree to which the achievements and performance during the year have benefited wider society.**

The impact of our work goes far beyond those we help directly and includes reducing the distress suffered by the families and friends of clients to assisting local employers where individuals after receiving counselling are more able to return to work or are more effective when in work.

Our ongoing fundraising activities and active liaison with all from local community groups to local councillors has created better understanding of our work and we are fully supported by the local community.

Our Friends of Ty Elis aim to raise the profile of the charity in local communities through the organisation of a programme of fund-raising activities. We thank our Friends for all the hard work they have undertaken on our behalf.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**Financial Review**

Against the backdrop of limited resources and insecurities over funding, it has continued to be difficult to plan or develop services. Nevertheless, the charity, with the aid of sound financial management and the support of both its staff and volunteers generated a positive financial outcome for the period with a net increase in funds of just over £4,000. Its success in obtaining new funding for 2024/25 from the National Lottery Community Fund and the Moondance Foundation will provide much needed additional resources to provide counselling services and recruit additional development staff going forward to extend our ability to further outreach and local counselling services.

**Principal Funding Sources**

Aside from the income generated from charitable donations, the principal funding sources for the charity are currently by way of grants and by way of commissioned services such as GP clusters and organisations, in addition we provide diploma courses, training students in therapeutic counselling to level four and five over a two-year course. As a result of increasing constraints on local authority expenditure, the charity has to seek funding from a much broader group of agencies.

**Investment Policy**

Most of the charity's funds are currently invested on short term deposit. Grants received in advance are also invested on short term deposit. The Management Committee consider the overall return on investments and deposits at circa 2.5% to be disappointing. A review of investment policies is therefore planned in the new financial year.

**Reserves Policy**

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between six and nine months of the core expenditure. Budgeted core expenditure for 2024/25 is £150,000 and therefore the target is £75,000 to £112,500 in general funds, the reserves are needed to meet the working capital requirements of the charity and the Management Committee are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding.

The present level of reserves available to the charity being in excess of £112,500 meet our reserve target level. Although the strategy is to continue to build reserves through planned operating surpluses. In the short term the Management Committee has also considered the extent to which existing activities and expenditure could be curtailed, should a downturn in income arise.

**Plans for Future Periods**

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed:

- To expand our training courses to include a level three and a level six course, which will generate additional income for the charity.
- To expand the provision of counselling services in other geographic markets and areas.
- To develop our business model to actively seek additional funding streams.
- To increase our donation portfolio.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Structure, governance and management of the charity**

The methods used to recruit and appoint new charity trustees.

As set out in the Articles of Association the chair of trustees is nominated by the Board at the Annual General Meeting. New members/trustees are appointed only with the approval of the trustees. In selecting such trustees or co-opted members regard should be made to the contribution they may make to the pursuit of the charity's objects, by reason of their personal or professional qualifications. All members are able to nominate new trustees prior to the AGM. Trustees may at their discretion permit any member to retire provided that after such retirement there shall still be at least 3 trustees.

The Clinical Director, Business Development Operations Manager and Finance Manager also attend the meetings but have no voting rights.

**The policies and procedures for the induction and training of trustees.**

Most trustees are already familiar with the practical work of the charity having been encouraged to visit the office. Additionally, new trustees are invited and encouraged to meet the Chair and Director to familiarise themselves with the charity and the context within which it operates. Trustees are provided with the Charity Commission guidance on the role of trustees and public benefit. Trustees are encouraged to attend appropriate external training events where these facilitate the undertaking of their role.

**The charity's organisational structure.**

Governing Document

The charity was originally formed in 1996 and is governed by a Trust deed dated 10th July 1997, the provisions of which were incorporated into the company's Memorandum and Articles of Association on 8th May 2003. It is registered as a charity with the Charity Commission.

Liability of the trustees/members is limited. In the event of the company being wound up every member is required to contribute an amount not exceeding £10. All the trustees give their time voluntarily and receive no benefits from the charity.

The board of trustees which normally meets quarterly administers the charity and there are sub committees covering Ethics, Clinical Practice and Training which meet regularly and a management committee covering staff, finance, fund raising and development which meets monthly.

**How the charity makes decisions and how decisions are delegated.**

A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director. The Clinical Director and Finance manager are appointed by the trustees who have delegated authority, within the delegate authority of the trustees, for operational matters including finance, employment and clinical practice activities. A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director.

The Clinical Director is responsible for ensuring that the charity delivers the services specified, individual supervision of the staff team is in place and also ensuring that the team continue to develop their skills and working practices in line with good practice.

The administrative team manage day to day operations of the office.

**The senior management personnel to whom day to day management is delegated**

Key management personnel: Management Team and Committee Members

Clinical Director - Colin Cribb (resigned 31 March 2024)

Clinical Director - Karen Fraser (appointed 1 August 2024)

Business Development and Operations Manager - Steve Curry appointed 1 May 2024

Ethics Committee Chair - Jonathan Chubb

Finance Manager - Outsourced Mark Jenkins Accountancy Services

President - Edwina White MBE

Friends of Ty Elis Chair and President - Edwina White MBE

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04756994 (England and Wales)

**Registered Charity number**

1098986

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

**Registered office**

14 Victoria Avenue  
Porthcawl  
CF36 3HG

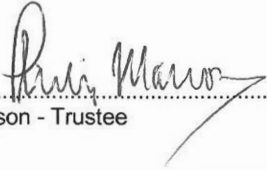
**Trustees**

Canon Philip R Masson (Chairperson)  
Mrs Edwina M White MBE  
Mr Jonathan Chubb  
Mrs Christine Eynon  
Dr Richard H Davies  
Dr Allice Maria L Cronje  
Francis Jeffrey Perren OBE  
Dr David Parry MBE (Deceased 29.09.2023)

**Independent Examiner**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Approved by order of the board of trustees on ...2nd December 2024... and signed on its behalf by:



.....  
Canon P R Masson - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
TY ELIS (PORTHCOWL COUNSELLING SERVICE)**

**Independent examiner's report to the trustees of Ty Elis (Porthcawl Counselling Service) ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Silk  
The Institute of Chartered Accountants in England and Wales

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Date: 02/12/24

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	12,515	-	12,515	14,511
<b>Charitable activities</b>					
Charitable activities	4	258,482	19,504	277,986	342,814
Investment income	3	2,289	-	2,289	961
<b>Total</b>		<u>273,286</u>	<u>19,504</u>	<u>292,790</u>	<u>358,286</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Charitable activities		<u>264,296</u>	<u>23,648</u>	<u>287,944</u>	<u>339,299</u>
<b>NET INCOME/(EXPENDITURE)</b>		8,990	(4,144)	4,846	18,987
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		111,412	189,732	301,144	282,157
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>120,402</u></u>	<u><u>185,588</u></u>	<u><u>305,990</u></u>	<u><u>301,144</u></u>

The notes form part of these financial statements

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

**BALANCE SHEET**  
**31 MARCH 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	10	7,625	185,588	193,213	193,054
<b>CURRENT ASSETS</b>					
Debtors	11	21,582	-	21,582	15,743
Cash at bank		172,559	36,056	208,615	241,442
		<u>194,141</u>	<u>36,056</u>	<u>230,197</u>	<u>257,185</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(81,364)	(36,056)	(117,420)	(149,095)
<b>NET CURRENT ASSETS</b>		<u>112,777</u>	<u>-</u>	<u>112,777</u>	<u>108,090</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>120,402</u>	<u>185,588</u>	<u>305,990</u>	<u>301,144</u>
<b>NET ASSETS</b>		<u>120,402</u>	<u>185,588</u>	<u>305,990</u>	<u>301,144</u>
<b>FUNDS</b>	13				
Unrestricted funds				120,402	111,412
Restricted funds				185,588	189,732
<b>TOTAL FUNDS</b>				<u>305,990</u>	<u>301,144</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.


The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 2nd December 2024 and were signed on its behalf by:

  
Canon P R Masson - Trustee

The notes form part of these financial statements

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold Property -	4% straight line and 2% straight line with a residual value of £70,000
Computer equipment -	25% straight line

Assets greater than £1,500 will be capitalised.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Deferred Income**

Deferred income represents income received by not earned as of the year end. Deferred income primarily consists of income designated for a specific period but received in advance of this period.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

**Preparation of the accounts on a going concern basis**

The trustees of the charity are required to consider whether the Charity meets the going concern basis at the end of each financial year. After making enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**1. ACCOUNTING POLICIES - continued**

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Presentational and functional currency**

The charity's presentational and functional currency is GBP.

**2. DONATIONS AND LEGACIES**

	2024 £	2023 £
Donations	<u>12,515</u>	<u>14,511</u>

**3. INVESTMENT INCOME**

	2024 £	2023 £
Deposit account interest	<u>2,289</u>	<u>961</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	2024 Charitable activities £	2023 Total activities £
Counselling services income	258,492	279,162
Grants	<u>19,494</u>	<u>63,652</u>
	<u>277,986</u>	<u>342,814</u>

Grants received, included in the above, are as follows:

	2024 £	2023 £
Bridgend CBC	5,485	4,515
WCVA	10,800	32,268
Moondance Foundation	1,209	25,869
Christine Eynon Trust	<u>2,000</u>	<u>1,000</u>
	<u>19,494</u>	<u>63,652</u>

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

5. SUPPORT COSTS

	Finance £	Support costs £	Totals £
Charitable activities	131	19,148	19,279

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	5,421	5,644

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Total staff	4	5

No employees received emoluments in excess of £60,000.

The key management personnel of the Charity received remuneration of £54,979 (2023: £71,722) this includes gross salary paid, employers national insurance contributions and employers pension contributions.

Staff included as 'key management personnel' as follows:

Clinical Director  
Clinical Lead  
Finance and Development Officer

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	14,511	-	14,511
<b>Charitable activities</b>			
Charitable activities	262,505	80,309	342,814
Investment income	961	-	961
<b>Total</b>	<u>277,977</u>	<u>80,309</u>	<u>358,286</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	<u>254,846</u>	<u>84,453</u>	<u>339,299</u>

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

<b>9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued</b>			
	Unrestricted funds £	Restricted funds £	Total funds £
<b>NET INCOME/(EXPENDITURE)</b>	23,131	(4,144)	18,987
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	88,281	193,876	282,157
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>111,412</u>	<u>189,732</u>	<u>301,144</u>
<b>10. TANGIBLE FIXED ASSETS</b>			
	Freehold property £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2023	269,181	18,202	287,383
Additions	5,580	-	5,580
At 31 March 2024	<u>274,761</u>	<u>18,202</u>	<u>292,963</u>
<b>DEPRECIATION</b>			
At 1 April 2023	79,055	15,274	94,329
Charge for year	4,207	1,214	5,421
At 31 March 2024	<u>83,262</u>	<u>16,488</u>	<u>99,750</u>
<b>NET BOOK VALUE</b>			
At 31 March 2024	<u>191,499</u>	<u>1,714</u>	<u>193,213</u>
At 31 March 2023	<u>190,126</u>	<u>2,928</u>	<u>193,054</u>
<b>11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		2024	2023
		£	£
Trade debtors		19,710	15,743
Prepayments		1,872	-
		<u>21,582</u>	<u>15,743</u>

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	14,262	21,316
Social security and other taxes	-	2,590
Other creditors	7,343	4,327
Accruals and deferred income	91,855	111,603
Accrued expenses	3,960	9,259
	<u>117,420</u>	<u>149,095</u>

13. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	Transfers between funds	At 31.3.24
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	108,090	10,267	(5,645)	112,712
Designated fixed asset funds	3,322	(1,277)	5,645	7,690
	<u>111,412</u>	<u>8,990</u>	<u>-</u>	<u>120,402</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	189,732	(4,144)	-	185,588
	<u>301,144</u>	<u>4,846</u>	<u>-</u>	<u>305,990</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	273,286	(263,019)	10,267
Designated fixed asset funds	-	(1,277)	(1,277)
	<u>273,286</u>	<u>(264,296)</u>	<u>8,990</u>
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(4,144)	(4,144)
Moondance Foundation	1,209	(1,209)	-
WCVA	10,800	(10,800)	-
Christine Eynon Trust	2,000	(2,000)	-
Bridgend CBC - OH Trauma	5,485	(5,485)	-
Bridgend CBC - Special Cases	10	(10)	-
	<u>19,504</u>	<u>(23,648)</u>	<u>(4,144)</u>
<b>TOTAL FUNDS</b>	<u>292,790</u>	<u>(287,944)</u>	<u>4,846</u>

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General fund	85,970	24,632	(2,512)	108,090
Designated fixed asset funds	2,311	(1,501)	2,512	3,322
	<u>88,281</u>	<u>23,131</u>	<u>-</u>	<u>111,412</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	193,876	(4,144)	-	189,732
	<u>193,876</u>	<u>(4,144)</u>	<u>-</u>	<u>189,732</u>
<b>TOTAL FUNDS</b>	<u>282,157</u>	<u>18,987</u>	<u>-</u>	<u>301,144</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	277,977	(253,345)	24,632
Designated fixed asset funds	-	(1,501)	(1,501)
	<u>277,977</u>	<u>(254,846)</u>	<u>23,131</u>
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(4,144)	(4,144)
Moondance Foundation	25,869	(25,869)	-
WCVA	32,268	(32,268)	-
Christine Eynon Trust	1,000	(1,000)	-
Bridgend CBC - OH Trauma	4,515	(4,515)	-
Bridgend CBC - Training	1,575	(1,575)	-
BAVO	5,700	(5,700)	-
Bridgend CBC - Special Cases	9,382	(9,382)	-
	<u>80,309</u>	<u>(84,453)</u>	<u>(4,144)</u>
<b>TOTAL FUNDS</b>	<u>358,286</u>	<u>(339,299)</u>	<u>18,987</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	85,970	34,899	(8,157)	112,712
Designated fixed asset funds	2,311	(2,778)	8,157	7,690
	<u>88,281</u>	<u>32,121</u>	<u>-</u>	<u>120,402</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	193,876	(8,288)	-	185,588
	<u>193,876</u>	<u>(8,288)</u>	<u>-</u>	<u>185,588</u>
<b>TOTAL FUNDS</b>	<u>282,157</u>	<u>23,833</u>	<u>-</u>	<u>305,990</u>

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**13. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	551,263	(516,364)	34,899
Designated fixed asset funds	-	(2,778)	(2,778)
	<u>551,263</u>	<u>(519,142)</u>	<u>32,121</u>
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(8,288)	(8,288)
Moondance Foundation	27,078	(27,078)	-
WCVA	43,068	(43,068)	-
Christine Eynon Trust	3,000	(3,000)	-
Bridgend CBC - OH Trauma	10,000	(10,000)	-
Bridgend CBC - Training	1,575	(1,575)	-
BAVO	5,700	(5,700)	-
Bridgend CBC - Special Cases	9,392	(9,392)	-
	<u>99,813</u>	<u>(108,101)</u>	<u>(8,288)</u>
<b>TOTAL FUNDS</b>	<u><u>651,076</u></u>	<u><u>(627,243)</u></u>	<u><u>23,833</u></u>

**Description of Funds**

**Unrestricted funds:**

General Fund - These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and, subject to charity legislation, are free from all restrictions on their use.

Designated fixed assets funds - These funds represent assets acquired for the furtherance of the charity's objectives, including any assets acquired using grant monies where the grant conditions are fulfilled upon acquisition of the asset.

**Restricted funds:**

Restricted fixed asset funds - These funds represent assets acquired using grant monies where the grant conditions require the charity to hold the asset on an ongoing basis for a specific purpose.

Moondance - Funding for the role of finance & operations manager including Pension & NI.

WCVA - funding for the clinical lead post including Pension & NI and Training and development

Christine Eynon Trust - Funding to support couple Groups therapy and family counselling

Bridgend CBC OH Trauma - Funding to support trauma and stabilisation group work through ARC

Bridgend CBC Training - Funding to support training resilience ARC

BAVO - Funding to provide outreach counselling at two centres, clinical supervision and utilities

Bridgend CBC Special cases - Funding to provide counselling for special families with a member in distress

**Fund transfers**

Transfers between funds represent assets purchased being allocated to the restricted or designated fixed asset funds.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**14. RELATED PARTY DISCLOSURES**

During the year a total of £271 (2023: £331) was paid to JFM Chartered accountants, a company in which the charity finance manager Fiona Morris is a director, for recharged accountancy software costs.

**15. ULTIMATE CONTROLLING PARTY**

The ultimate controlling party of Ty Elis (Porthcawl Counselling Service) is the Board of Trustees collectively.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	12,515	14,511
<b>Investment income</b>		
Deposit account interest	2,289	961
<b>Charitable activities</b>		
Counselling services income	258,492	279,162
Grants	19,494	63,652
	<u>277,986</u>	<u>342,814</u>
<b>Total incoming resources</b>	292,790	358,286
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	98,941	107,059
Social security	3,036	4,453
Pensions	1,631	1,196
Rates and water	382	242
Insurance	3,119	4,041
Light and heat	2,066	2,099
Telephone	2,048	1,697
Postage and stationery	502	643
Supervisors' fees	13,963	8,566
DBS checks	163	139
Project staff costs	-	10,111
Travel expenses	1,192	83
Rent and room hire	2,760	11,213
Premises repairs	3,221	2,255
Memberships and subscriptions	843	626
Computer expenses	2,507	1,811
Cleaning costs	1,339	967
Staff recruitment and training	180	2,190
Counsellor fees	99,201	141,591
Tutor fees	25,432	26,407
Management costs	576	-
Staff Welfare	142	-
Depreciation of tangible fixed assets	5,421	5,645
	<u>268,665</u>	<u>333,034</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	131	187
<b>Support costs</b>		
Accountancy fees	3,308	2,100
Legal fees	4,240	1,478
Carried forward	7,548	3,578

This page does not form part of the statutory financial statements

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
<b>Support costs</b>		
Brought forward	7,548	3,578
Bookkeeping fees	11,600	2,500
	<u>19,148</u>	<u>6,078</u>
Total resources expended	<u>287,944</u>	<u>339,299</u>
<b>Net income</b>	<u>4,846</u>	<u>18,987</u>

**Ty Elis Counselling Services**

England & Wales - Charity number 1098986

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# Accounts

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**REGISTERED COMPANY NUMBER: 04756994 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1098986**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

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**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## TY ELIS (PORTHCAWL COUNSELLING SERVICE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

The purposes of the charity as set out in its governing document.

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- 1) relieve persons who are emotionally disturbed or distressed
- 2) educate and train persons in counselling so that they may assist in the treatment of persons suffering from emotional disorders or problems."

##### The main activities undertaken in relation to those purposes during the year.

The aims and activities of our charity are also:

- 1) To provide confidential counselling to individuals whatever their social, economic, religious, ethnic background, age, or disability.
- 2) To bring counselling service provision directly into local valley communities via an outreach programme.
- 3) To provide a centre of excellence for training students wishing to further a career in counselling and provide research opportunities to further develop understanding of mental health and counselling therapies.
- 4) To develop a sustainable future, generating income from providing training and counselling services to managers and employees of local businesses, companies and public bodies.

##### The main activities undertaken during the year to further the charity's purpose for the public benefit.

Our main objectives for the year continued to be the provision of essential, high quality mental health therapy at minimal cost to individuals located within the local community and the provision of training in counselling.

We believe that there should be no barrier to receiving support and counselling if an individual is ready to take steps to improve their personal wellbeing.

Our aims fully reflect the purposes that the charity was set up to further. We have set out our values as being Autonomy, Confidentiality, Equality, Excellence and Sustainability.

Our main activities and who we try to help are described below. All our charitable activities focus on the improvement of the mental wellbeing of individuals and are undertaken to further our charitable purposes for the public benefit.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

##### The charity's strategies for achieving its aims and objectives in the future.

The strategies we used to meet these objectives included:

- 1) Providing counselling services which are reflective of the British Association of Counselling and Psychotherapy (BACP) and the National Counselling and Psychotherapy Society (NCPS), standards and guidelines.
- 2) Generating income from providing CPD workshop training to counsellors, counselling services and running a Diploma in Therapeutic Practice.
- 3) To work with GP clusters to support local community/outreach counselling services in valley communities.

##### How the activities undertaken during the year contributed to the achievement of the aims and objectives.

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those people we are set up to help.

The review also helps us ensure our aims, objectives and activities remained focused on our stated purposes. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Affordability and access to our service is fundamental to our core aims as we endeavour to ensure access to our counselling service is not limited by personal economic or financial status nor by an individual's physical ability. Our clients are our primary stakeholders and always our first consideration at Ty Elis. They come to us at a very vulnerable time in their lives and our aim is to enable them to recover personal autonomy and decision making.

## TY ELIS (PORTHCAWL COUNSELLING SERVICE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

We endeavour to encourage all within our community to support our activities and to get involved through volunteering opportunities, administrative support or fund-raising activities. These activities are fully supported by The Friends of Ty Elis who were active throughout 2023 and delivered a range of enjoyable events each year on our behalf which brings the whole community together.

#### **The contribution of volunteers during the year.**

"Our Volunteers"

The mainstay of our service remains our volunteers who provide receptionist, clerical, maintenance, gardening, fund raising, counselling, training, and social media services to the organisation.

Ty Elis is very keen to get everyone in the community involved in our activities and relies on voluntary help. It is important that we continue to support our volunteers and get their feedback and thoughts on how best to improve our activities.

In the year under review over 2,000 volunteer counsellor hours alone were donated some of which were provided online or on the phone which was provided to enable clients to access support.

These hours were supported by our volunteer receptionist who are in the office even when counselling is not taking place face to face but online or on the phone. This ensures we have telephone cover for new clients wishing to access our services. The counselling service could not operate without the skills and dedication of our volunteer receptionists who also function as chaperones to our counsellors.

Working as a receptionist enables people to develop their life skills and provides a stepping off point for some to return into the world of work. We thank you all and especially those who have left us in the year. We have had some new faces in the year joining us for a variety of reasons, some wanting to increase their office skills or to learn about counselling services others because they have had a family link with Ty Elis. But whatever the reason we look to support all our volunteers and new people are all very welcome.

When clients contact our office looking for a counsellor they can be scared, confused and disheartened. It is the voice at the other end of the phone that comforts them and helps them begin the process of making positive change. That voice is from one of our incredible receptionist volunteers. Our wonderful volunteer counsellors continue to support our clients through their personal change process.

The Friends of Ty Elis in the past have run activities for all ages which not only raises funds for the service to operate but also raises our profile in the community and provides individuals with another contact point to get involved in volunteering for us. It is very appropriate in our annual report to say how strongly we appreciate each one of our volunteers. Our volunteers are the vital part of our organisation. As a Board of Trustees, we all acknowledge the hard work they do, and express our deepest thanks.

## **TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023**

#### **ACHIEVEMENT AND PERFORMANCE**

The main areas of charitable activity are the provision of counselling including outreach work; and the training of counsellors but we are also developing our role supporting further community mental wellbeing. These activities and the achievements that flow from our work are described below.

Thank you to all our staff who have continued to increase their skills and complete training, so we are able to support clients online and, on the phone, as well as face to face.

#### **Training**

An integral part of our service has been that it has become a major educational resource for the Universities and Colleges to train many of the therapists in SE Wales, and this is constantly growing, leading to the development of Ty Elis as a Centre of Excellence. We have very strong links with Universities and Colleges. Thanks to our course leader our accreditation from The National Counselling and Psychotherapy Society for the diploma will continue for the next three years.

We have built on the good work undertaken by our administrative team and members of The Hat Group of tutors. Our 2022 cohort of students for our two-year National Counselling and Psychotherapy Society Accredited Level 5 Diploma in counselling studies have all completed their study and most have also completed their one hundred hours of practice with us. Thank you to our Tutors and students for being so flexible with adapting to online learning since March 2020. We have been oversubscribed for our 2022-23 intake without having to undertake any advertising for the course and have a waiting list for next year's intake.

#### **Current and New Wellbeing Services**

The Counselling Services are mainly based at our premises in Porthcawl, Hartshorn House in Maesteg, Tondu, Caerau north Bridgend, Nantymoel, or in Mountain Ash and provide one to one therapeutic counselling for adults. During the year we have provided small group interventions part funded by the Assisted Recovery Centre (ARC) in Bridgend and Bridgend County Borough Council.

We have recruited Karen Fraser as clinical lead manager and an operations manager, who has since left, these new posts were funded by the WCVA and the Moondance foundation.

We have provided training to our counsellors to gain new skills in couples therapy and as a result are now providing some couples with support.

We have received funding from ARC and North and East Bridgend GP clusters, to set up and maintain a counselling service for a group called 'Special Families' based in Maesteg. Members of the group are all families who have a member who has a learning or physical disability.

We are supporting adults and children in these families with a counselling service based in the locality in Maesteg. This saves them travel time and is more convenient as they have carer responsibilities.

Thank you to our clinical supervisors who continue to work with our counsellors by adapting their sessions to online working during the last year. This has been very successful and will continue as an option for supervision practice at Ty Elis for the future saving travel time and costs for everyone.

We have developed new work commissioned by ARC to support local community projects such as the Ogmere Vale Suicide Awareness Group. This work has led to training the members in active listening skills and having meaningful conversations and the co-production of the Group wishing to commission their own bespoke support from Ty Elis, such as facilitated support groups.

Another new project is the partnership with Swansea University who will commission a 6-month counselling project starting November 2023.

## TY ELIS (PORTHCAWL COUNSELLING SERVICE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

#### Outreach

The outreach plans of the charity assist those vulnerable people in local valley communities who have difficulty for who are unable to travel to our office. We have been successful in obtaining funding from the local GP cluster and are continuing to provide the service in Maesteg, Tondy and in Abercynon. We have continued to provide outreach counselling to the Cynon South cluster of GPs in Mountain Ash and a new provision in Abercwmboi surgery in the year which has also been extended. These GP contracts have continued through face to face, phone and online sessions.

In January 2022 we were successful in obtaining 15-month contracts for providing counselling services in the Swansea Bay UHB area for Bay cluster of GPs and the Llchwyr cluster. This service in both locations is continued until 31 March 2023. The Llchwyr provision also includes counselling for children.

We currently offer on average one hundred counselling sessions each week as part of our Outreach programme for GPs. We give credit to our sub-contracted counsellors and admin team for delivering a quality service to clients as part of this service.

We have received positive feedback from the North Cluster and Cynon South Clusters of General Practitioners regarding the work that has been undertaken with their patients in the last year and continue to work with GPs for all our services to improve the counselling we are providing for clients.

#### Fundraising activities

The charity relies on grant aid from the donors identified in the accounts whose support is valued.

Aside from this income, the principal funding sources for the charity are currently by way of donation from clients totalling £4,323 (2022: £2,474) and from other donors and fund-raising activities totalling £10,188 (2022: £9,918). The other donations from fund-raising activities have been because of the activities of our Friends through direct fundraising e.g. the Ladies Luncheon, and raising our profile with the local community.

In the year we received generous donations from many different individuals too many to mention them all, but we want to thank them all for all their hard work and support this year.

Management is identifying possible opportunities for a much wider range of funding and developing sustainable funding and income generation for the future.

Our funding limits those we can help, demand for our service exceeds the level we can provide. We have tried to manage our waiting list in the year as follows:

- 1) with additional associate counsellors being recruited including those from our current cohort of diploma students
- 2) continued successes of the contract to provide Outreach counselling for adults for the GP North cluster in 3 locations: Maesteg, Tondy and Abercynon which has been extended.
- 3) new outreach working in Mountain Ash, Swansea Bay and Llchwyr until March 2023
- 4) Working with GPs to ensure that only appropriate referrals to our service are made.
- 5) Texting clients in advance to remind them of appointments to reduce DNA's and cancellations.
- 6) Introduction of an attendance policy to manage non-attendance and cancellations.
- 7) Active recruitment of additional external placement students.

As a result of the increased public awareness of mental wellbeing through general media campaigns and increased knowledge of the quality of our service demand for all our locations remained high. This has resulted in long waiting times, but we are working to see every one as quickly as possible.

All our counselling services are provided free to our clients though they are asked if they would like to donate. Equal access to our services is an important issue for us and we operate a strictly next on the list process for allocation of clients to counsellors.

## **TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023**

We currently monitor access to our services by gender, ethnicity, disability and by residency in local authority ward, also by noting in employment or education, reporting issues including where substance misuse is an issue and whether, in line with our support for the military covenant, a client is current or ex armed forces member or family member.

#### **The degree to which the achievements and performance during the year have benefited wider society**

The impact of our work goes far beyond those we help directly and includes reducing the distress suffered by the families and friends of clients to assisting local employers where individuals after receiving counselling are more able to return to work or are more effective when in work.

Our ongoing fundraising activities and active liaison with our local community groups to local councillors has created better understanding of our work and we are fully supported by the local community.

Our Friends of Ty Elis aim to raise the profile of the charity in local communities through the organisation of a programme of fund-raising activities. We thank our Friends for all the hard work they have undertaken on our behalf.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

## TY ELIS (PORTHCAWL COUNSELLING SERVICE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Structure, governance and management of the charity**

The methods used to recruit and appoint new charity trustees.

As set out in the Articles of Association the chair of trustees is nominated by the Board at the Annual General Meeting; new members/trustees will only be appointed with the approval of the trustees. In selecting such trustees or co-opted members regard should be made to the contribution they may make to the pursuit of the charity's objects, by reason of their personal or professional qualifications. All members can nominate new trustees prior to the AGM. Trustees may at their discretion permit any member to retire provided that after such retirement there shall still be at least 3 trustees.

The Clinical Director also attends the meetings but has no voting rights.

##### **The policies and procedures for the induction and training of trustees**

Most trustees are already familiar with the practical work of the charity having been encouraged to visit the office. Additionally, new trustees are invited and encouraged to meet the Chair and Directors to familiarise themselves with the charity and the context within which it operates. Trustees are provided with the Charity Commission guidance on the role of trustees and public benefit. Trustees are encouraged to attend appropriate external training events where these facilitate the undertaking of their role.

##### **The charity's organisational structure**

###### **Governing Document**

The charity was originally formed in 1996 and is governed by a Trust deed dated 10th July 1997, the provisions of which were incorporated into the company's Memorandum and Articles of Association on 8th May 2003. It is registered as a charity with the Charity Commission.

Liability of the trustees/members is limited. In the event of the company being wound up every member is required to contribute an amount not exceeding £10. All the trustees give their time voluntarily and receive no benefits from the charity.

The board of trustees which normally meets quarterly administers the charity and there are sub committees covering Ethics, Clinical Practice and Training which meet regularly and a management committee covering staff, finance, fund raising and development which meets monthly.

##### **How the charity makes decisions and how decisions are delegated**

A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director. The Clinical Director, Clinical Manager and Finance team are appointed by the trustees who have delegated authority, within the delegate authority of the trustees, for operational matters including finance, employment, and clinical practice activities. A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director.

The Clinical Director is responsible for ensuring that the charity delivers the services specified, individual supervision of the staff team is in place ensuring that the team continue to develop their skills and working practices in line with good practice.

The Administrative team manage day to day operations of the office. The Clinical Director and the Clinical Manager are always available.

##### **The senior management personnel to whom day to day management is delegated**

Key management personnel: Management Team and Committee Members

Clinical Director - Colin Cribb

Clinical Manager - Karen Fraser

Finance Officer - Catherine Watkins (Left September 2023)

Ethics Committee Chair - Jonathan Chubb

Friends of Ty Elis Chair - Edwina White MBE

TY ELIS (PORTHCOWL COUNSELLING SERVICE)

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04756994 (England and Wales)

**Registered Charity number**

1098986

**Registered office**

14 Victoria Avenue  
Porthcawl  
CF36 3HG

**Trustees**

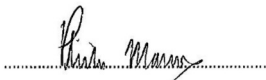
Canon Philip R Masson (Chairperson)  
Mrs Edwina M White MBE  
Mr Jonathan Chubb  
Mrs Christine Eynon  
Dr Richard H Davies  
Dr Aalice Maria L Cronje  
Francis Jeffrey Perren OBE (Appointed 7.03.2022)  
Dr David Parry MBE (Deceased 29.09.2023)

**Company Secretary**

**Independent Examiner**

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

Approved by order of the board of trustees on 4 December 2023 and signed on its behalf by:



P R Masson - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**Independent examiner's report to the trustees of Ty Elis (Porthcawl Counselling Service) ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

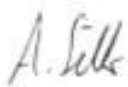
**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act;  
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Silk  
The Institute of Chartered Accountants in England and Wales

Bevan Buckland LLP  
Ground Floor Cardigan House  
Castle Court  
Swansea Enterprise Park  
Swansea  
SA7 9LA

4 December 2023

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	14,511	-	14,511	12,525
<b>Charitable activities</b>					
Charitable activities	4	262,505	80,309	342,814	236,773
Investment income	3	961	-	961	18
<b>Total</b>		<u>277,977</u>	<u>80,309</u>	<u>358,286</u>	<u>249,316</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Charitable activities		<u>254,846</u>	<u>84,453</u>	<u>339,299</u>	<u>246,307</u>
<b>NET INCOME/(EXPENDITURE)</b>		23,131	(4,144)	18,987	3,009
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		88,281	193,876	282,157	279,148
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>111,412</u></u>	<u><u>189,732</u></u>	<u><u>301,144</u></u>	<u><u>282,157</u></u>

The notes form part of these financial statements

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**BALANCE SHEET  
31 MARCH 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	10	3,322	189,732	193,054	196,188
<b>CURRENT ASSETS</b>					
Debtors	11	15,743	-	15,743	35,485
Cash at bank		213,810	27,632	241,442	255,366
		<u>229,553</u>	<u>27,632</u>	<u>257,185</u>	<u>290,851</u>
<b>CREDITORS</b>					
Amounts falling due within one year	12	(121,463)	(27,632)	(149,095)	(204,882)
<b>NET CURRENT ASSETS</b>		<u>108,090</u>	<u>-</u>	<u>108,090</u>	<u>85,969</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>111,412</u>	<u>189,732</u>	<u>301,144</u>	<u>282,157</u>
<b>NET ASSETS</b>		<u><u>111,412</u></u>	<u><u>189,732</u></u>	<u><u>301,144</u></u>	<u><u>282,157</u></u>
<b>FUNDS</b>	13				
Unrestricted funds				111,412	88,281
Restricted funds				189,732	193,876
<b>TOTAL FUNDS</b>				<u><u>301,144</u></u>	<u><u>282,157</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

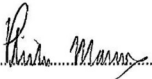
The notes form part of these financial statements

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**

**BALANCE SHEET - continued  
31 MARCH 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 4 December 2023 and were signed on its behalf by:



.....

P R Masson - Trustee

The notes form part of these financial statements

## TY ELIS (PORTHCAWL COUNSELLING SERVICE)

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold Property -	4% straight line and 2% straight line with a residual value of £70,000
Computer equipment -	25% straight line

Assets greater than £1,500 will be capitalised.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Deferred Income**

Deferred income represents income received by not earned as of the year end. Deferred income primarily consists of income designated for a specific period but received in advance of this period.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Company Status**

The charity is a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

**Preparation of the accounts on a going concern basis**

The trustees of the charity are required to consider whether the Charity meets the going concern basis at the end of each financial year. After making enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Presentational and functional currency**

The charity's presentational and functional currency is GBP.

**2. DONATIONS AND LEGACIES**

	2023	2022
	£	£
Donations	14,511	12,525
	<u>14,511</u>	<u>12,525</u>

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

<b>3. INVESTMENT INCOME</b>	2023	2022
	£	£
Deposit account interest	961	18
	<u>          </u>	<u>          </u>

<b>4. INCOME FROM CHARITABLE ACTIVITIES</b>	2023	2022
	Charitable	Total
	activities	activities
	£	£
Counselling services income	279,162	208,456
Grants	63,652	28,317
	<u>          </u>	<u>          </u>
	<u>342,814</u>	<u>236,773</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Bridgend CBC	4,515	2,500
Swansea Bay University Health Board	-	2,205
WCVA	32,268	3,812
The Postcode Lottery	-	19,800
Moondance Foundation	25,869	-
Christine Eynon Trust	1,000	-
	<u>          </u>	<u>          </u>
	<u>63,652</u>	<u>28,317</u>

<b>5. SUPPORT COSTS</b>		Support	
	Finance	costs	Totals
	£	£	£
Charitable activities	187	6,078	6,265
	<u>          </u>	<u>          </u>	<u>          </u>

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	5,644	5,434
	<u>          </u>	<u>          </u>

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**8. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2023	2022
Total staff	5	3
	<u>5</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

The key management personnel of the Charity received remuneration of £71,722 (2022: £24,755) this includes gross salary paid, employers national insurance contributions and employers pension contributions.

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	12,525	-	12,525
<b>Charitable activities</b>			
Charitable activities	236,773	-	236,773
Investment income	18	-	18
<b>Total</b>	<u>249,316</u>	<u>-</u>	<u>249,316</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	240,456	5,851	246,307
<b>NET INCOME/(EXPENDITURE)</b>	8,860	(5,851)	3,009
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	79,421	199,727	279,148
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>88,281</u>	<u>193,876</u>	<u>282,157</u>

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**10. TANGIBLE FIXED ASSETS**

	Freehold property £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2022	269,181	15,749	284,930
Additions	-	2,510	2,510
Disposals	-	(57)	(57)
	<u>269,181</u>	<u>18,202</u>	<u>287,383</u>
At 31 March 2023	269,181	18,202	287,383
<b>DEPRECIATION</b>			
At 1 April 2022	74,848	13,894	88,742
Charge for year	4,207	1,437	5,644
Eliminated on disposal	-	(57)	(57)
	<u>79,055</u>	<u>15,274</u>	<u>94,329</u>
At 31 March 2023	79,055	15,274	94,329
<b>NET BOOK VALUE</b>			
At 31 March 2023	<u>190,126</u>	<u>2,928</u>	<u>193,054</u>
At 31 March 2022	<u>194,333</u>	<u>1,855</u>	<u>196,188</u>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Trade debtors	<u>15,743</u>	<u>35,485</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Trade creditors	21,316	22,371
Social security and other taxes	2,590	959
Other creditors	4,327	2,302
Accruals and deferred income	111,603	171,789
Accrued expenses	9,259	7,461
	<u>149,095</u>	<u>204,882</u>

TY ELIS (PORTHCAWL COUNSELLING SERVICE)

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023

13. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General fund	85,970	24,632	(2,512)	108,090
Designated fixed asset funds	2,311	(1,501)	2,512	3,322
	<u>88,281</u>	<u>23,131</u>	<u>-</u>	<u>111,412</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	193,876	(4,144)	-	189,732
	<u>282,157</u>	<u>18,987</u>	<u>-</u>	<u>301,144</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	277,977	(253,345)	24,632
Designated fixed asset funds	-	(1,501)	(1,501)
	<u>277,977</u>	<u>(254,846)</u>	<u>23,131</u>
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(4,144)	(4,144)
Moondance Foundation	25,869	(25,869)	-
WCVA	32,268	(32,268)	-
Christine Eynon Trust	1,000	(1,000)	-
Bridgend CBC - OH Trauma	4,515	(4,515)	-
Bridgend CBC - Training	1,575	(1,575)	-
BAVO	5,700	(5,700)	-
Bridgend CBC - Special Cases	9,382	(9,382)	-
	<u>80,309</u>	<u>(84,453)</u>	<u>(4,144)</u>
<b>TOTAL FUNDS</b>	<u>358,286</u>	<u>(339,299)</u>	<u>18,987</u>

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**13. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	75,993	8,860	1,117	85,970
Designated fixed asset funds	3,428	-	(1,117)	2,311
	<u>79,421</u>	<u>8,860</u>	<u>-</u>	<u>88,281</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	198,194	-	(4,318)	193,876
Restricted revenue fund for training	1,533	(5,851)	4,318	-
	<u>199,727</u>	<u>(5,851)</u>	<u>-</u>	<u>193,876</u>
<b>TOTAL FUNDS</b>	<u><u>279,148</u></u>	<u><u>3,009</u></u>	<u><u>-</u></u>	<u><u>282,157</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	249,316	(240,456)	8,860
<b>Restricted funds</b>			
Restricted revenue fund for training	-	(5,851)	(5,851)
<b>TOTAL FUNDS</b>	<u><u>249,316</u></u>	<u><u>(246,307)</u></u>	<u><u>3,009</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General fund	75,993	33,492	(1,395)	108,090
Designated fixed asset funds	3,428	(1,501)	1,395	3,322
	<u>79,421</u>	<u>31,991</u>	<u>-</u>	<u>111,412</u>
<b>Restricted funds</b>				
Restricted Fixed asset funds	198,194	(4,144)	(4,318)	189,732
Restricted revenue fund for training	1,533	(5,851)	4,318	-
	<u>199,727</u>	<u>(9,995)</u>	<u>-</u>	<u>189,732</u>
<b>TOTAL FUNDS</b>	<u><u>279,148</u></u>	<u><u>21,996</u></u>	<u><u>-</u></u>	<u><u>301,144</u></u>

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**13. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	527,293	(493,801)	33,492
Designated fixed asset funds	-	(1,501)	(1,501)
	<u>527,293</u>	<u>(495,302)</u>	<u>31,991</u>
<b>Restricted funds</b>			
Restricted Fixed asset funds	-	(4,144)	(4,144)
Restricted revenue fund for training	-	(5,851)	(5,851)
Moondance Foundation	25,869	(25,869)	-
WCVA	32,268	(32,268)	-
Christine Eynon Trust	1,000	(1,000)	-
Bridgend CBC - OH Trauma	4,515	(4,515)	-
Bridgend CBC - Training	1,575	(1,575)	-
BAVO	5,700	(5,700)	-
Bridgend CBC - Special Cases	9,382	(9,382)	-
	<u>80,309</u>	<u>(90,304)</u>	<u>(9,995)</u>
<b>TOTAL FUNDS</b>	<u>607,602</u>	<u>(585,606)</u>	<u>21,996</u>

**Description of Funds**

**Unrestricted funds:**

General Fund - These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and, subject to charity legislation, are free from all restrictions on their use.

Designated fixed assets funds - These funds represent assets acquired for the furtherance of the charity's objectives, including any assets acquired using grant monies where the grant conditions are fulfilled upon acquisition of the asset.

**Restricted funds:**

Restricted fixed asset funds - These funds represent assets acquired using grant monies where the grant conditions require the charity to hold the asset on an ongoing basis for a specific purpose.

Moondance - Funding for the role of finance & operations manager including Pension & NI.

WCVA - funding for the clinical lead post including Pension & NI and Training and development

Christine Eynon Trust - Funding to support couple Groups therapy and family counselling

Bridgend CBC OH Trauma - Funding to support trauma and stabilisation group work through ARC

Bridgend CBC Training - Funding to support training resilience ARC

BAVO - Funding to provide outreach counselling at two centres, clinical supervision and utilities

Bridgend CBC Special cases - Funding to provide counselling for special families with a member in distress

**Fund transfers**

Transfers between funds represent assets purchased being allocated to the restricted or designated fixed asset funds.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**14. RELATED PARTY DISCLOSURES**

Included within grant income is a £1,000 (2022: £nil) grant received from The William and Christine Eynon Charity, a charity in which the trustee Christine Eynon is also a trustee.

Included within charitable expenditure is £nil (2022: £3,690) paid to Colin Cribb, the Clinical Director for tutoring services.

During the year a total of £3,500 (2022: £16,250) was paid to JFM Holdings Limited, a company in which the charity finance manager Fiona Morris is a director, for consultancy to assist with new contracts and grant applications.

During the year a total of £331 (2022: £233) was paid to JFM Chartered accountants, a company in which the charity finance manager Fiona Morris is a director, for recharged accountancy software costs.

Included within charitable expenditure is a total of £nil (2022: £2,014) paid to Rosie Cribb, daughter of Colin Cribb the Clinical Director, for assistance with grant applications.

**15. ULTIMATE CONTROLLING PARTY**

The ultimate controlling party of Ty Elis (Porthcawl Counselling Service) is the Board of Trustees collectively.

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	14,511	12,525
<b>Investment income</b>		
Deposit account interest	961	18
<b>Charitable activities</b>		
Counselling services income	279,162	208,456
Grants	63,652	28,317
	342,814	236,773
<b>Total incoming resources</b>	<b>358,286</b>	<b>249,316</b>
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	107,059	57,477
Social security	4,453	-
Pensions	1,196	71
Rates and water	242	8
Insurance	4,041	3,654
Light and heat	2,099	1,388
Telephone	1,697	2,297
Postage and stationery	643	592
Supervisors' fees	8,566	-
DBS checks	139	97
Project staff costs	10,111	14,481
Travel expenses	83	138
Rent and room hire	11,213	7,097
Premises repairs	2,255	1,333
Memberships and subscriptions	626	1,407
Computer expenses	1,811	1,352
Cleaning costs	967	1,409
Staff recruitment and training	2,190	-
Counsellor fees	141,591	97,196
Tutor fees	26,407	35,592
Management costs	-	12,000
Depreciation of tangible fixed assets	5,645	5,435
	333,034	243,024
 <b>Support costs</b>		
<b>Finance</b>		
Bank charges	187	200

This page does not form part of the statutory financial statements

**TY ELIS (PORTHCAWL COUNSELLING SERVICE)**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	2023 £	2022 £
<b>Finance</b>		
<b>Support costs</b>		
Accountancy fees	4,600	233
Legal fees	1,478	2,850
	6,078	3,083
Total resources expended	339,299	246,307
<b>Net income</b>	18,987	3,009

This page does not form part of the statutory financial statements

**Ty Elis Counselling Services**

England & Wales - Charity number 1098986

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# Accounts

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**Tŷ Elis (Porthcawl Counselling Service) - Balance Sheet as at 31 March 2022**

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 14.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.



**CANON PR MASSON**

Trustee

Approved by the board of trustees on 05/12/2022

**The notes attached on pages 22 to 39 form an integral part of these accounts.**

## Tŷ Elis (Porthcawl Counselling Service)

Company Registration Number - 04756994

### Trustees' Annual Report for the year ended 31 March 2022

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

#### Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 15 to 39.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016)

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 05/12/2022.



CANON PR MASSON  
Director and Trustee

## **Tŷ Elis (Porthcawl Counselling Service)**

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

### **Independent Examiner's Statement, Report and Opinion**

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

- accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;
- have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Signed:-**



Ms C Nelson FCA - Independent Examiner

The Institute of Chartered Accountants in England & Wales  
Tungsten Corporate Solutions Limited  
8 Well Street  
Porthcawl  
Bridgend  
CF36 3BE

This report was signed on 05/12/2022

**Ty Elis Counselling Services**

England & Wales - Charity number 1098986

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# Accounts

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Company Registration Number - 04756994  
The Charity Registration Number is :- 1098986

Tŷ Elis (Porthcawl Counselling Service)

Report and Accounts

31 March 2021



**Tŷ Elis (Porthcawl Counselling Service)**

**Report and accounts for the year ended 31 March 2021**

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**Ty Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

**Trustees' Annual Report for the year ended 31 March 2021**

The Trustees present their Report and Accounts for the year ended 31 March 2021, which also comprises the Directors' Report required by the Companies Act 2006.

**Reference and administrative details**

**The charity name.**

The legal name of the charity is:- Ty Elis (Porthcawl Counselling Service).

The charity is also known by its operating name, Ty Elis Counselling or Ty Elis.

**The charity's areas operation and UK charitable registration.**

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1098986.

The charity does not operate in any overseas jurisdictions.

**Legal structure of the charity**

The charity is constituted as a company limited by guarantee, registered under the Companies Acts . The governing document of the charity is the Memorandum and Articles of Association establishing the company under company legislation.

The governing document is dated 08 May 2003

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

By operation of law all, trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation.

The trustees are all individuals.

**The principal operating address, telephone number, email and web addresses of the charity are:-**

14 Victoria Avenue

Porthcawl, Bridgend

CF36 3HG

Telephone 01656 786486

Email Address [office@tyelis.org.uk](mailto:office@tyelis.org.uk) Web address [www.tyelis.org.uk](http://www.tyelis.org.uk)

The registered office of the charity for Companies Act purposes is the same as the operating address shown above.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### **The Trustees in office on the date the report was approved were:-**

Canon PR Masson (Chairperson)

Dr D Parry MBE (President)

Mrs EM White MBE

Mrs JM Victor

Mr J Chubb

Mrs C Eynon

Dr RH Davies

Dr M Cronje

#### **The following persons served as Trustees during the year ended 31 March 2021 :-**

The trustees who served as a trustee in the reporting period were as shown above, and there were no changes during the year, or in the period between the year end and the approval of the

At the Annual General Meeting Canon PR Masson, Mrs EM White and Mrs JM Victor retire as trustees, but are eligible for reappointment.

All the trustees are also members of the charity.

#### **Objects and activities of the charity**

##### ***The purposes of the charity as set out in its governing document.***

Our charity's purposes as set out in the objects contained in the company's memorandum of association are to:

- 1) relieve persons who are emotionally disturbed or distressed
- 2) educate and train persons in counselling so that they may assist in the treatment of persons suffering from emotional disorders or problems.

##### ***The main activities undertaken in relation to those purposes during the year.***

The aims and activities of our charity are also:

- 1) To provide confidential counselling to individuals whatever their social, economic, religious, ethnic background, age or disability.
- 2) To bring counselling service provision directly into local valley communities via an outreach programme.
- 3) To provide a centre of excellence for training students wishing to further a career in counselling and provide research opportunities to further develop understanding of mental health and counselling therapies.
- 4) To develop a sustainable future, generating income from providing training and counselling services to managers and employees of local businesses, companies and public bodies.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### ***The main activities undertaken during the year to further the charity's purpose for the public benefit.***

Our main objectives for the year continued to be the provision of essential, high quality mental health therapy at minimal cost to individuals located within the local community and the provision of training in counselling.

We believe that there should be no barrier to receiving support and counselling if an individual is ready to take steps to improve their personal wellbeing.

Our aims fully reflect the purposes that the charity was set up to further. We have set out our values as being: Autonomy, Confidentiality, Equality, Excellence and Sustainability.

Our main activities and who we try to help are described below. All our charitable activities focus on the improvement of the mental wellbeing of individuals and are undertaken to further our charitable purposes for the public benefit.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

#### ***The charity's strategies for achieving its aims and objectives in the future.***

The strategies we used to meet these objectives included:

- 1 Providing counselling services which are reflective of the British Association of Counselling and Psychotherapy (BACP) standards and guidelines.
- 2 Generating income from providing CPD workshop training to counsellors, counselling services and running a Diploma in Therapeutic Practice.
- 3 To work with GP clusters to support local community/outreach counselling services in valley communities

#### ***How the activities undertaken during the year contributed to the achievement of the aims and objectives.***

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. The trustees consider how planned activities will contribute to the aims and objectives they have set.

Affordability and access to our service is fundamental to our core aims as we endeavour to ensure access to our counselling service is not limited by personal economic or financial status nor by an individual's physical ability. Our clients are our primary stakeholders and always our first consideration at Ty Elis. They come to us at a very vulnerable time in their lives and our aim is to enable them to recover personal autonomy and decision making.

We endeavour to encourage all within our community to support our activities and to get involved through volunteering opportunities, administrative support or fund raising activities. These activities are fully supported by The Friends of Ty Elis who deliver a range of enjoyable events each year on our behalf which brings the whole community together. Unfortunately much of the Friends activities have been restricted in the last year due to the Covid 19 restrictions but we are hoping to restart activities in 2021-22.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### ***The contribution of volunteers during the year.***

##### **Our Volunteers**

The mainstay of our service remains our volunteers who provide receptionist, clerical, maintenance, gardening, fund raising, counselling, supervision, training, IT, finance, manager and trustee services to the organisation.

Ty Elis is very keen to get everyone in the community involved in our activities and relies on voluntary help. It is important that we continue to support our volunteers and get their feedback and thoughts on how best to improve our activities.

In the year under review over 1,750 volunteer counsellor hours alone were donated some of which were provided online or on the phone which was a new services we set up to enable clients to access support during the covid restrictions. These hours were supported by our volunteer receptionist who are in the office even when counselling is not taking place face to face but online or on the phone. This ensures we have telephone cover for new clients wishing to access our services. The counselling service could not operate without the skills and dedication of our volunteer receptionists who also act as chaperones to our counsellors.

Working as a receptionist enables people to develop their life skills and provides a stepping off point for some back into the world of work. We thank you all and especially those who have left us in the year. We have had some new faces in the year joining us for a variety of reasons, some wanting to increase their office skills or to learn about counselling services others because they have had a family link with Ty Elis. But whatever the reason we look to support all our volunteers and new people are all very welcome.

When clients contact our office looking for a counsellor they can be scared, confused and disheartened. It is the voice at the other end of the phone that comforts them and helps them begin the process of making positive change. That voice is from one of our incredible receptionist volunteers. Our wonderful volunteer counsellors continue to support our clients through their personal change process.

The Friends of Ty Elis run activities for all ages which not only raises fund for the service to operate but also raises our profile in the community and provides individuals with another contact point to get involved in volunteering for us. It is very appropriate in our annual report to say how strongly we appreciate each and every one of our volunteers. Our volunteers are the vital part of our organisation. As a Board of Trustees we all acknowledge the hard work they do, and express our deepest thanks.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### **The main achievements and performance of the charity during the year.**

The main areas of charitable activity are the provision of counselling including outreach work; and the training of counsellors but we are also developing our role supporting further community mental wellbeing. These activities and the achievements that flow from our work are described below.

It is important to note that on 18th March 2020 due to the Covid-19 pandemic we stopped face to face working with clients in all locations. By 1 April 2020 new policies and procedures had been agreed and informed to staff and staff had been trained in using online and phone counselling techniques. As a result we were able to restart counselling clients via these media on that date.

Thank you to all our staff who acted so promptly to increase their skills and complete training so we were able to support clients during a difficult time with only a 2 week break in service.

This online and phone counselling has continued throughout the year in order that we can reach vulnerable people wherever they may be located, whether they are affected by Covid restrictions, having to isolate or have been shielding.

#### **Training**

An integral part of our service has been that it has become a major educational resource for the Universities and Colleges training many of the therapists in SE Wales, and this is constantly growing, lending to the development of Ty Elis as a Centre of Excellence. We have very strong links with Universities and Colleges.

We have built on the good work undertaken by our administrative team and members of The Hat Group of tutors. Our 2019 cohort of students for our 2 year National Counselling Society Accredited Level 5 Diploma in Therapeutic Practice have all completed their study and most have also completed their 100 hours of practice with us. Thank you to our Tutors and students for being so flexible with adapting to online learning since March 2020. We have been over subscribed for our 2021-22 intake without having to undertake any advertising for the course and have a waiting list for next years intake.

#### **Counselling Provision**

The Counselling Services are mainly based at the office in Porthcawl, Hartshorn House in Maesteg, Tondy, or in Mountain Ash and provide one to one therapeutic counselling for adults. During the year we were successful in obtaining a small grant to continue community counselling for the cluster of GP's in the community hub in Neath. This service in Neath has stopped since the year end and Gp's are now referring individuals to our free service in Porthcawl but we would like to be able to offer a service closer to Neath. During the year we have piloted group counselling services and have set up a project to provide small group interventions next year. This new service will be funded by the Postcode Lottery grant we received in the year.

Thank you to our clinical supervisors who continued to work with our counsellors by adapting their sessions to online working during the last year. This has been very successful and will continue as an option for supervision practice at Ty Elis for the future saving travel time and costs for everyone.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### **Outreach**

The outreach plans of the charity assist those vulnerable people in valley communities who have difficulty or who are unable to travel to our office. As mentioned above we have been successful in obtaining funding from the local GP cluster until 31 March 2022 and are continuing to provide the service in Maesteg, Tondy and now in Abercynon. In the year we started to provide outreach counselling to the Cynon South cluster of Gp's in Mountain Ash which has also been extended to 31 March 2022. These GP contracts have continued through phone or online sessions but we are now providing face to face sessions in location also.

We currently offer on average 70 counselling session each week as part of our Outreach programme for GPs. We give credit to our sub-contracted counsellors and admin team for delivering a quality service to clients as part of this service.

We have received very positive feedback from the North Cluster General Practitioners regarding the work that is being undertaken with their patients and continue to work with GPs to improve this service.

#### ***Fundraising activities during the year.***

The charity relies on grant aid from the donors identified in the accounts , whose support is valued.

Aside from this income, the principal funding sources for the charity are currently by way of donation from clients which has been significantly affected by the lack of face to face counselling totalling £617 (2020:£4,489) but mainly from other donors and fund raising activities totalling £5,115 (2020: £7,650). These donations over the previous 2 years have been as a result of the activities of our Friends through direct fund raising e.g. the Ladies luncheon, and raising our profile with the local community which unfortunately had to stop during the year which has resulted in the drop in income. We hope events and fund raising activities will restart in the next 12 months.

In the year we received generous donations from many different individuals too many to mention them all but we want to thank them all for all their hard work and support this year.

Management is identifying possible opportunities for a much wider range of funding and developing sustainable funding and income generation for the future.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### ***The difference the charity's performance during the year has made to the beneficiaries of the charity.***

Our funding limits those we can help. In the year to 31 March 2021 we provided 3356 hours (March 2020: 3571 hours) of counselling. This shows a 6% decrease (2020:12% increase) in provision due to the covid restrictions and shutdown. Of those hours 2832 (2020:1644) were offered in our Outreach and specialist locations Maesteg, Tyncoed, Neath and Mountain Ash.

Demand for our service exceeds the level we can provide. We have tried to manage our waiting list in the year as follows:

- 1 with additional associate counsellors being recruited including those from our current cohort of diploma students
- 2 continued success of the contract to provide Outreach counselling for adults for the GP North cluster in 3 locations Maesteg, Tondy and Abercynon which has been extended to 31 March 2022.
- 3 new outreach working in Mountain Ash until March 2022
- 4 Working with GPs to ensure that only appropriate referrals to our service are made
- 5 Texting clients in advance to remind them of appointments to reduce DNA's and cancellations.

As a result of the increased public awareness of mental wellbeing through general media campaigns during the pandemic lockdowns and increased knowledge of the quality of our service demand for all our locations remained high. This has resulted in long waiting times but we are working to see everyone as quickly as possible.

All our counselling services are provided free to our clients though they are asked if they would like to make a donation. Equal access to our services is an important issue for us and we operate a strictly next on the list process for allocation of clients to counsellors.

We currently monitor access to our services by gender, ethnicity, disability and by residency in local authority ward, also by noting in employment or education, reporting issues including where substance misuse is an issue and whether, in line with our support for the military covenant, a client is current or ex armed forces member or family member.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### ***The degree to which the achievements and performance during the year have benefited wider society.***

The impact of our work goes far beyond those we help directly and includes reducing the distress suffered by the families and friends of clients to assisting local employers where individuals after receiving counselling are more able to return to work or are more effective when in work.

Our ongoing fundraising activities and active liaison with all from local community groups to local councillors has created better understanding of our work and we are fully supported by the local community.

Our Friends of Ty Elis continues to raise the profile of the charity in local communities through the organisation of a programme of fund raising activities. We thank our Friends for all the hard work they have undertaken on our behalf.

#### ***Expenditure incurred in the year in order to raise income in the future.***

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed to work on a number of schemes with local GP clusters. Ty Elis has been successful in being included on the Framework for counselling services for Public Sector Bodies in South Wales and are able to tender for future counselling contracts as a result when they are put up for tender in the next year.

The Trustees plan to submit applications to grant funders to set up further Outreach opportunities, for capital and revenue funding to enable the charity to provide, in the next 24 months, a fully integrated Family Therapy service for all members of the family in a fully disabled accessible premises.

The charity will, with support of new management members planned to be recruited in the future, also continue to work towards the Welsh Government Standards for Health Service providers. These standards provide a set of quality standards for organisations in the sector.

### **Structure, governance and management of the charity**

#### ***The methods used to recruit and appoint new charity trustees.***

As set out in the Articles of Association the chair of trustees is nominated by the Board at the Annual General Meeting. New members/trustees are appointed only with the approval of the trustees. In selecting such trustees or co-opted members regard should be made to the contribution they may make to the pursuit of the charity's objects, by reason of their personal or professional qualifications. All members are able to nominate new trustees prior to the AGM. Trustees may at their discretion permit any member to retire provided that after such retirement there shall still be at least 3 trustees.

The Clinical Director and Finance Manager also attend the meetings but have no voting rights.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### ***The policies and procedures for the induction and training of trustees.***

Most trustees are already familiar with the practical work of the charity having been encouraged to visit the office. Additionally, new trustees are invited and encouraged to meet the Chair and Director to familiarise themselves with the charity and the context within which it operates. Trustees are provided with the Charity Commission guidance on the role of trustees and public benefit. Trustees are encouraged to attend appropriate external training events where these facilitate the undertaking of their role.

#### ***The charity's organisational structure.***

##### **Governing Document**

The charity was originally formed in 1996 and is governed by a Trust deed dated 10th July 1997, the provisions of which were incorporated into the company's Memorandum and Articles of Association on 8th May 2003. It is registered as a charity with the Charity Commission.

Liability of the trustees/members is limited. In the event of the company being wound up every member is required to contribute an amount not exceeding £10. All the trustees give their time voluntarily and receive no benefits from the charity.

The board of trustees which normally meets every four months administers the charity and there are sub committees covering Ethics, Clinical Practice and Training which meet regularly and a Management committee covering staff, finance, fund raising and development which meets monthly.

#### ***How the charity makes decisions and how decisions are delegated.***

A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director. The Clinical Director, deputy Clinical Director and Finance manager are appointed by the trustees who have delegated authority, within the delegate authority of the trustees, for operational matters including finance, employment and clinical practice activities. A scheme of delegation is in place and day to day responsibility for the provision of the service rests with the Clinical Director.

The Clinical Director is responsible for ensuring that the charity delivers the services specified, individual supervision of the staff team is in place and also ensuring that the team continue to develop their skills and working practices in line with good practice. The Clinical Director works closely with the Finance Manager. Ty Elis does not currently have a Manager and the Trustees are looking for funding to be able to replace the manager but our part time volunteer Fund raising manager is assisting with raising additional funds for the organisation. The Administrator Val Davies manages day to day operations of the office and is fully supported by Wendy Jenkins our Admin Assistant. The Clinical Director and Finance Manager are also available at all times.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### ***The senior management personnel to whom day to day management is delegated***

Key management personnel: Management Team and Committee Members

Non- Executive Director for Education & Training - Mr W Hardy

Clinical Director - Mr Colin Cribb

Deputy Clinical Director - Dr M Obaidullah

Ethics Committee Chair - Mr J Chubb

Finance Manager - Mrs F Morris

Friends of Ty Elis Chair - Mrs Edwina White MBE

Friends of Ty Elis Deputy Chair- Mrs S Marlow

#### ***Setting pay and remuneration of key management personnel***

The Trustees approve the setting of and changes to pay for the Clinical Director and all staff at the Trustees meetings once a year or at the meeting when they approve a new role.

Remuneration levels are set based on market rates appropriate for the role and hours worked and an annual pay rise in line with percentage increases in the statutory minimum wage each year.

The total aggregate remuneration paid to key management personnel in the year was £12,744 (2020: £12,000).

The Finance manager was paid as a consultant in the year £12,000 (2020: £1,000) The Clinical Director was also paid as a Counsellor, Diploma Tutor and Supervisor in the year £3,470 (2020: £2,600)

#### ***The charity's relationships with related parties.***

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or manager of the charity, supplier, contracted counsellor or staff member is disclosed to the board of trustees in the same way as any contractual relationship with a related party. In the current year the following related party transactions were approved by Trustees:

- Clinical Director continuing contracts for services to provide Counsellor, Tutor and Supervision services.
- Finance manager providing new consultancy services through a company of which she is a Director JFM Holdings Limited and Xero accounting software through JFM Business Advisers Limited.

The charity has a close relationship with The Centre for Systemic Studies CIC (formerly The Family Institute) at which Mr W Hardy our non-executive director of training and education is a Director. We share the same passion for providing quality counselling services to the community and opportunities for training individuals to become counsellors.

Bankers CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Bankers Barclays Bank Plc, 1 Churchill Place, London, E14 5HP

Vat Advisers Centurion VAT Specialists ALL Ltd, Celtic House, Caxton Place, Cardiff, CF23 8HA

## Tŷ Elis (Porthcawl Counselling Service)

Company Registration Number - 04756994

### Trustees' Annual Report for the year ended 31 March 2021

#### Financial review

##### *The charity's financial position at the end of the year ended 31 March 2021*

The financial position of the charity at 31 March 2021 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2021	2020
	£	£
Net income	(21,065)	18,732
Unrestricted Revenue Funds available for the general purposes of the charity	75,993	84,989
Designated Revenue Funds	-	7,399
Designated Fixed Asset Funds	3,428	2,780
<b>Total Unrestricted Funds</b>	<b>79,421</b>	<b>95,168</b>
Restricted Revenue Funds	1,533	2,533
Restricted Fixed Asset Funds	198,194	202,512
<b>Total Restricted Funds</b>	<b>199,727</b>	<b>205,045</b>
<b>Total Funds</b>	<b>279,148</b>	<b>300,213</b>

##### *Financial review of the position at the reporting date, 31 March 2021 .*

The trustees consider the financial performance by the charity during the year to have been satisfactory given the difficult circumstance of the Covid 19 pandemic.

Specific changes in fixed assets are detailed in the notes to the accounts.

Against the backdrop of limited resources and insecurities over funding and lack of fund raising abilities during the lockdowns, it has continued to be difficult to plan or develop services. The charity, with careful financial management and the support of both its staff and volunteers have utilised funds efficiently resulting in a net decrease in funds of £21,065 (2019: increase of £18,732). Of this £12,000 planned expenditure from reserves was approved by the Trustees last year to fund the consultancy work of the finance manager.

This year Ty Elis has seen training income drop as learning was delayed for a period during the lockdown while new online teaching was put in place. Next year we will have the benefit of receiving funding from running two cohorts of students on the Diploma, associated workshops and from the newly extended GP Cluster contracts to 31 March 2022. The Trustees need to maximise this income and find new income streams whilst maintaining tight financial management over the core costs of running the service. Trustees are working to obtain further funding in 2021-22 to match the ongoing plans for Ty Elis this has been hampered by the Covid pandemic but plans are now in place to increase counselling resources and new Outreach contracts are being sought to support the increase in demand for counselling services as a result of the pandemic.

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### ***Policies on reserves.***

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation and the future ownership of the property. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 2 and 3 months of the expenditure. Budgeted expenditure for 2021/22 is £160,000 (2020/21 is £107,000) and therefore the target is £26,667 to £40,000 (2020/21: £18,000 to £26,750) in general funds. Trustees are looking to add funds to reserves as training with 2 full cohorts is resumed later in 2021 and new services are developed.

The reserves are needed to meet the working capital requirements of the charity and the Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding as they have done so in 2020/21. The present level of reserves available to the charity therefore meet this target level. This does not include an element of reserves to cover a fixed asset maintenance fund so the strategy is to continue to build reserves through planned income generation and operating surpluses to include this also. The Trustees are well aware that it is unlikely that the target range can be reached for at least three years and are focussed on generating new income in the next financial year.

#### ***Availability and adequacy of assets of each of the funds***

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

#### ***Significant events which have affected the financial performance and the financial position.***

The shutdown of our face to face counselling and training services due to the Covid pandemic in March 2020 has impacted on income levels which in the period to Aug 2020 reduced by over 40%. The Trustees have successfully sought some grant funding and continue to seek further grant funding to help cover this gap in income and in the year utilised reserves to ensure that we could continue to provide counselling services to all our clients. The Trustees are actively discussing new projects for counselling services, all training has now resumed and hopeful that fund raising events and income levels will also increase in the next few months.

**Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

**Trustees' Annual Report for the year ended 31 March 2021**

***The major risks to which the Charity is exposed and reviews and systems to mitigate them.***

The trustees have conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. As full health and safety assessment has been undertaken due to the covid pandemic and has been subject to change and consultation with staff throughout the year as government guidance has changed.

Significant external risks to funding have led to the development of a business sustainability plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the office. The continuing implementation of the BACP guidelines and the Standards for Health Services in Wales ensure a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

**Details of The Independent Examiner**

Ms Ceri Nelson FCA

Member of The Institute of Chartered Accountants in England & Wales

Aspen Waite in Wales

8 Well Street

Porthcawl

Bridgend

CF36 3BE

## **Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

### **Trustees' Annual Report for the year ended 31 March 2021**

#### **Statement of the Directors Trustees' Responsibilities**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Tŷ Elis (Porthcawl Counselling Service)**

Company Registration Number - 04756994

**Trustees' Annual Report for the year ended 31 March 2021**

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

**Method of preparation of accounts - Small company provisions**

The financial statements are set out on pages 18 to 44.

The financial statements have been prepared implementing the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), and in accordance with the Financial Reporting Standard 102,

These financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

This report was approved by the board of trustees on 6 September 2021.



Canon PR Masson  
Director and Trustee

## **Tŷ Elis (Porthcawl Counselling Service)**

### **Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31 March 2021**

I report to the Trustees on my examination of the financial statements of the charitable company on pages 18 to 44 for the year ended 31 March 2021 which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Financial Reporting Standard 102, (effective 1st January 2016) as modified by FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), and under the historical cost convention and the accounting policies set out on page 25.

#### **Respective responsibilities of the Trustees and the Independent Examiner and the basis of the report**

As described on page 14, you, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements in accordance with the Companies Act 2006, the Charities Act 2011 and all other applicable law and with United Kingdom Generally Accepted Accounting Practice, applicable to smaller entities, and for being satisfied that the financial statements give a true and fair view.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to Section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the financial statements are not required to be audited under any legal provision, or otherwise, and are eligible for independent examination, it is my responsibility to:-

- a) examine the financial statements of the charity under Section 145 of the Act;
- b) follow the applicable procedures in the Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Basis of Independent Examiner's Statement and scope of work undertaken**

I report in respect of my examination of the charity's financial statements carried out under s145 of the Act. In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act setting out the duties of an independent examiner in relation to the conducting of an independent examination. An independent examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that, on a test basis of evidence relevant to the amounts and disclosures made, the financial statements comply with the SORP.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries and does not cover all the matters that an auditor would consider in arriving at an opinion. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide

**Ty Elis (Porthcawl Counselling Service)**

Consequently, I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

**Independent Examiner's Statement, Report and Opinion**

Subject to the limitations upon the scope of my work as detailed above, I have completed my examination: and can confirm that:-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

accounting records were not kept in respect of the charity as required by Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

the financial statements do not accord with those records; or

the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view, which is not a matter considered as part of an independent examination;

have not been prepared in accordance with the methods and principles set out in the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Signed:-**



Ms Ceri Nelson FCA - Independent Examiner  
The Institute of Chartered Accountants in England & Wales  
Aspen Waite in Wales  
8 Well Street  
Porthcawl  
Bridgend  
CF36 3BE

This report was signed on 30/09/2021

**Ty Elis (Porthcawl Counselling Service) - Statement of Financial Activities for the year ended 31 March 2021**

**Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 March 2021, as required by the Companies Act 2006)**

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2021	2021	2021	2020
		£	£	£	£
<b>Income &amp; Endowments from:</b>					
Donations & Legacies	A1	17,984	1,500	19,484	24,538
Charitable activities	A2	122,168	10,000	132,168	106,754
Other trading activities	A3	166	-	166	2,444
Investments	A4	44	-	44	144
<b>Total income</b>	<b>A</b>	<b>140,362</b>	<b>11,500</b>	<b>151,862</b>	<b>133,880</b>
<b>Expenditure on:</b>					
Charitable activities	B2	148,710	24,217	172,927	115,148
<b>Total expenditure</b>	<b>B</b>	<b>148,710</b>	<b>24,217</b>	<b>172,927</b>	<b>115,148</b>
<b>Net income for the year</b>		<b>(8,348)</b>	<b>(12,717)</b>	<b>(21,065)</b>	<b>18,732</b>
Transfers between funds	C	(7,399)	7,399	-	-
<b>Net income after transfers</b>	<b>A-B-C</b>	<b>(15,747)</b>	<b>(5,318)</b>	<b>(21,065)</b>	<b>18,732</b>
<b>Net movement in funds</b>		<b>(15,747)</b>	<b>(5,318)</b>	<b>(21,065)</b>	<b>18,732</b>
<b>Reconciliation of funds:-</b>					
<b>Total funds brought forward</b>		<b>95,168</b>	<b>205,045</b>	<b>300,213</b>	<b>281,481</b>
<b>Total funds carried forward</b>		<b>79,421</b>	<b>199,727</b>	<b>279,148</b>	<b>300,213</b>

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 25 to 44 form an integral part of these accounts.

**Ty Elis (Porthcawl Counselling Service) - Statement of Financial Activities for the year ended 31 March 2021**

**Ty Elis (Porthcawl Counselling Service) - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP**

	SORP Ref	Prior Year Unrestricted Funds 2020 £	Prior Year Restricted Funds 2020 £	Prior Year Total Funds 2020 £
<b>Income &amp; Endowments from:</b>				
Donations & Legacies	A1	24,538	-	24,538
Charitable activities	A2	96,754	10,000	106,754
Other trading activities	A3	2,444	-	2,444
Investments	A4	144	-	144
Other	A5	-	-	-
<b>Total income</b>	<b>A</b>	<b>123,880</b>	<b>10,000</b>	<b>133,880</b>
<b>Expenditure on:</b>				
Raising funds	B1	-	-	-
Charitable activities	B2	101,566	13,583	115,148
Other	B3	-	-	-
Tax on surplus on ordinary activities	B3	-	-	-
Other taxation	B3	-	-	-
<b>Total expenditure</b>	<b>B</b>	<b>101,566</b>	<b>13,583</b>	<b>115,148</b>
Net gains on investments	B4	-	-	-
<b>Net income for the year</b>		<b>22,314</b>	<b>(3,583)</b>	<b>18,732</b>
<b>Transfers between funds</b>	<b>C</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net income after transfers</b>		<b>22,314</b>	<b>(3,583)</b>	<b>18,732</b>
<b>Net movement in funds</b>		<b>22,314</b>	<b>(3,583)</b>	<b>18,732</b>
<b>Reconciliation of funds:-</b>				
<b>Total funds brought forward</b>	<b>E</b>	<b>72,851</b>	<b>208,630</b>	<b>281,481</b>
<b>Total funds carried forward</b>		<b>95,166</b>	<b>205,047</b>	<b>300,213</b>

**All activities derive from continuing operations**

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

**Ty Elis (Porthcawl Counselling Service) - Statement of Financial Activities for the year ended 31 March 2021**

The notes attached on pages 25 to 44 form an integral part of these accounts.

**Ty Elis (Porthcawl Counselling Service) - Resources applied in the year ended 31 March 2021 towards fixed assets for Charity use:-**

	2021 £	2020 £
Funds generated in the year as detailed in the SOFA	(21,065)	18,732
Resources applied on functional fixed assets	(14)	(1,885)
Other applications of funds	-	-
<b>Net resources available to fund charitable activities</b>	<b><u>(21,079)</u></b>	<b><u>16,847</u></b>

The notes attached on pages 25 to 44 form an integral part of these accounts.

**Ty Elis (Porthcawl Counselling Service) - Statement of Financial Activities for the year ended 31 March 2021**

**Movements in revenue and capital funds for the year ended 31 March 2021**

**Revenue accumulated funds**

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last year Total Funds 2020 £
Accumulated funds brought forward	92,388	2,533	94,921	75,496
Recognised gains and losses before transfers	(8,348)	(12,717)	(21,065)	18,732
	<u>84,040</u>	<u>(10,184)</u>	<u>73,856</u>	<u>94,228</u>
(From)/To unrestricted revenue funds	(8,047)	11,717	3,670	693
<b>Closing revenue funds</b>	<u><b>75,993</b></u>	<u><b>1,533</b></u>	<u><b>77,526</b></u>	<u><b>94,921</b></u>

**Designated revenue funds included within the unrestricted funds above**

	Total Funds 2021 £	Last year Total Funds 2020 £
At 1 April	7,399	-
Transfer (to)/from revenue accumulated funds	(7,399)	7,399
<b>At 31 March</b>	<u><b>-</b></u>	<u><b>7,399</b></u>

The purposes for which these funds have been designated are described in Note 24 to the accounts.

Fixed asset funds	Designated Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last year Total Funds 2020 £
At 1 April	2,780	202,512	205,292	205,985
Transfer (to)/from revenue funds	648	(4,318)	(3,670)	(693)
<b>At 31 March</b>	<u><b>3,428</b></u>	<u><b>198,194</b></u>	<u><b>201,622</b></u>	<u><b>205,292</b></u>

The purposes of the transfers to fixed asset funds are described in Note 24 to the accounts and under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Summary of funds	Unrestricted and Designated funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last Year Total Funds 2020 £
Revenue accumulated funds	75,993	1,533	77,526	87,522
Revenue designated funds	-	-	-	7,399
Fixed asset funds	3,428	198,194	201,622	205,292
<b>Total funds</b>	<u><b>79,421</b></u>	<u><b>199,727</b></u>	<u><b>279,148</b></u>	<u><b>300,213</b></u>

The notes attached on pages 25 to 44 form an integral part of these accounts.

**Ty Elis (Porthcawl Counselling Service) - Statement of Financial Activities for the year ended 31 March 2021**

**Ty Elis (Porthcawl Counselling Service)  
Income and Expenditure Account for the year ended 31 March 2021 as required by the Companies Act 2006**

	2021 £	2020 £
<b>Income</b>		
Income from operations	151,818	133,736
Investment income		
Interest receivable	44	144
<b>Gross income in the year before exceptional items</b>	<u>151,862</u>	<u>133,880</u>
<b>Gross income in the year including exceptional items</b>	<u>151,862</u>	<u>133,880</u>
<b>Expenditure</b>		
Charitable expenditure, excluding depreciation and amortisation	167,118	109,631
Depreciation and amortisation	5,229	5,129
Governance costs	580	389
Realised losses on disposals of social investments which are programme related	-	-
<b>Total expenditure in the year</b>	<u>172,927</u>	<u>115,149</u>
<b>Net income before tax in the financial year</b>	<b>(21,065)</b>	<b>18,731</b>
Tax on surplus on ordinary activities	-	-
<b>Net income after tax in the financial year</b>	<u>(21,065)</u>	<u>18,731</u>
<b>Retained surplus for the financial year</b>	<u>(21,065)</u>	<u>18,731</u>

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 25 to 44 form an integral part of these accounts.

**Ty Elis (Porthcawl Counselling Service) - Balance Sheet as at 31 March 2021**

	SORP		2021	2020
	Note	Ref	£	£
<b>Fixed assets</b>		A		
Tangible assets	11	A2	201,622	205,292
<b>Current assets</b>		B		
Debtors	12	B2	18,268	3,237
Cash at bank and in hand		B4	194,337	104,694
<b>Total current assets</b>			212,605	107,931
<b>Creditors: amounts falling due within one year</b>	13	C1	<u>(135,079)</u>	<u>(13,010)</u>
<b>Net current assets</b>			77,526	94,921
<b>The total net assets of the charity</b>			<u>279,148</u>	<u>300,213</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

<b>Restricted funds</b>				
Restricted Revenue Funds	21	D2	1,533	2,533
Restricted Fixed Asset Funds	21	D2	198,194	202,512
			199,727	205,045
<b>Unrestricted Funds</b>				
Unrestricted Revenue Funds	21	D3	75,993	84,989
			75,993	84,989
<b>Designated Funds</b>				
Designated Revenue Funds	21	D3	-	7,399
Designated Fixed Asset Funds	21	D3	<u>3,428</u>	<u>2,780</u>
			3,428	10,179
<b>Total charity funds</b>			<u>279,148</u>	<u>300,213</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

**Ty Elis (Porthcawl Counselling Service) - Balance Sheet as at 31 March 2021**

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 17.

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.



**Canon PR Masson**

Trustee

Approved by the board of trustees on 6 September 2021

**The notes attached on pages 25 to 44 form an integral part of these accounts.**

## Tŷ Elis (Porthcawl Counselling Service)

### Notes to the Accounts for the year ended 31 March 2021

#### 1 Accounting policies

##### *Policies relating to the production of the accounts.*

##### **Basis of preparation and accounting convention**

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best

It was not necessary to make any material judgements or estimations or assumptions during the preparation of these accounts.

##### **Going Concern**

The charitable activities are entirely dependent on continuing grant aid and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the Trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to 30 September 2022, the Trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the Trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern.

##### **Risks and future assumptions**

The charity is a public benefit entity.

The Trustees have considered the risk to the Charity and potential of further and prolonged closure in services and the impact on future income and cashflows due to the Covid pandemic. In their judgement having the ability to provide counselling services online and to move training services to an online platform means that the risk to future income is reduced as the need and demand for our services is increasing.

##### *Policies relating to categories of income and income recognition.*

##### **Nature of income**

Gross income represents the value, net of discounts, of work carried out in respect of services provided to customers.

##### **Categories of Income**

Income is categorised as income from exchange transactions (contract income) and income from non-exchange transactions (gifts), investment income and other income.

**Income from exchange transactions** is received by the charity for goods or services supplied under contract or where entitlement is subject to fulfilling performance related conditions. The income the charity receives is approximately equal in value to the goods or services supplied by the charity to the purchaser.

**Income from a non-exchange transaction** is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

## Tŷ Elis (Porthcawl Counselling Service)

### Notes to the Accounts for the year ended 31 March 2021

#### Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

#### Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income.

Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

#### Donated goods, facilities and services

**Donated fixed assets** are recognised at the current fair value. All such donations are recognised as donation income, and debited to fixed assets.

**Donated goods that are not fixed assets** are accounted for at a fair value, unless it is impractical to reliably measure the value of the donated items.

In the absence of any direct evidence of fair value of donated goods, then a value is derived from the cost of the item to the donor or, in the case of goods that are expected to be sold, the estimated resale value after deducting any anticipated costs of sales.

If it is impracticable to measure the fair value of goods donated for resale, or the costs of valuation outweigh the benefits, the donated goods are recognised as income when sold, with an equivalent amount being recognised as an expense.

The costs of goods donated for distribution to beneficiaries is deemed to be the fair value of those goods upon receipt. When the goods are distributed freely or for a nominal consideration, then the carrying amount is adjusted at the time of sale, to the value at the point of distribution and the adjustment is shown as a cost of donations made.

The carrying amount of any stock held for distribution is assessed for impairment at the reporting date. All donated goods are recognised as donation income, and debited to trading stock. When trading stock is subsequently sold, or appropriated to meet an expense, then the carrying value of the stock is recognised as an expense. In accordance with the SORP, goods donated for distribution to beneficiaries, or for consumption by the charity are included in '*legacies and donations*'. Goods donated for resale are included in '*income from other trading activities*'

## **Tŷ Elis (Porthcawl Counselling Service)**

### **Notes to the Accounts for the year ended 31 March 2021**

The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt. If the goods held are to be distributed freely or for a nominal consideration, then the carrying amount is subsequently adjusted to reflect the lower of deemed cost adjusted for any loss of service potential and replacement cost. Replacement cost is the economic cost incurred if the charity was to replace the service potential of the donated goods at its own expense in the most economic manner.

**Donated services and facilities** (including seconded staff and use of property) are included in the accounts on the basis of the value of the gift to the charity.

All donated services and facilities are recognised as donation income when received, (provided the value of the gift can be measured reliably) and recognised as an expense with an equivalent value.

#### ***Policies relating to expenditure on goods and services provided to the charity.***

##### **Recognition of liabilities and expenditure**

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated..

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

##### **Volunteers**

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers and this is described more fully in Note 6.

## Tŷ Elis (Porthcawl Counselling Service)

### Notes to the Accounts for the year ended 31 March 2021

#### *Policies relating to assets, liabilities and provisions and other matters.*

##### **Tangible fixed assets**

Tangible fixed assets are measured at their original cost value, or subsequent revaluation, or if donated, as described above. Cost value includes all costs expended in bringing the asset into its intended working condition. Any items costing £1,500 or less are not capitalised in the accounts.

Depreciation has been provided at the following rates in order to write off the assets to their anticipated residual value over their estimated useful lives.

Freehold premises	4 % straight line
Office Equipment	25 % straight line

A regular annual review of the likelihood of asset impairment is undertaken at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

##### **Accounting for capital grants and fixed asset funds.**

Gifts of tangible fixed assets or grants of a capital nature, given for the purposes of acquiring specific assets to be fully utilised in the furtherance of the objects of the charity, are credited to fixed asset funds after the donated asset has been received or sums have been properly expended on the restricted purpose.

Where the terms of the gift require the charity to hold the asset on an ongoing basis for a specific purpose, then the fixed asset fund so created is categorised as a restricted fixed asset fund, and the relevant restrictions are noted in the fixed asset note 11.

Where the terms of the gift are met once the asset is acquired, so allowing the charity to use the asset on an unrestricted basis, including the right to receive the proceeds of any future sale of the asset on an unrestricted basis, then the fixed asset fund so created is categorised as a designated fixed asset fund.

When assets are acquired for the furtherance of the charity's objects, utilising the charity's own unrestricted funds, a transfer is made from unrestricted funds to a designated fixed asset fund.

Whether acquired with unrestricted or restricted funds, the asset acquired is initially shown in the balance sheet at the full cost of acquisition or subsequent revaluation.

As the related assets are depreciated, in accordance with the depreciation policy, in order to reflect the diminution in the asset, a transfer is made from the relevant fixed asset funds to either unrestricted or restricted revenue funds, as appropriate to the terms of the original gift, if any.

The effect of this policy is that the aggregate of all fixed asset funds shall equate to the net book value of fixed assets.

In the first year that this policy was adopted, a transfer to fixed asset funds was made equivalent to the net book value of the assets.

Any residual liability to the donor arising from, for example, the asset's future sale, is disclosed as a contingent liability unless the event that would trigger repayment of the grant becomes probable in which case a liability for repayment is recognised.

Insofar as this policy relates to Government grants and to the extent that it may be a departure from the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), such departure is justified on the basis that it is in order to comply with the SORP.

##### **Debtors**

Debtors are measured at their recoverable amounts at the balance sheet date.

## **Tŷ Elis (Porthcawl Counselling Service)**

### **Notes to the Accounts for the year ended 31 March 2021**

#### **Creditors and provisions**

Liabilities are amounts due to creditors and any provision made as a result of an obligation to transfer economic benefits, usually in the form of a cash payment, to a third party. Liabilities are measured at their settlement amount except for certain types of financial liabilities. A liability is recognised for the amount that the charity anticipates it will pay to settle the debt or the amount it has received as an advance payment for goods or services it must provide.

A provision is a liability where the amount and/or timing of its settlement is uncertain. A provision is only recognised when:

- there is a present obligation at the reporting date as a result of a past event;
- it is probable that a transfer of economic benefit, usually in the form of cash, will be required in settlement; and
- the amount of the settlement can be estimated reliably.

Provisions for liabilities are measured at the best estimate of their settlement amount. If the settlement date of a provision is likely to be more than 12 months from the reporting date and the time value of money is material to the amount, then the provision will be discounted back to its present value at the reporting date.

Provisions recognised in the balance sheet are reviewed at the reporting date and adjusted to reflect the current best estimate of the settlement amount. No provisions have been made in the year.

#### **Financial instruments including cash and bank balances**

Cash held by the charity is included at the amount actually held and counted at the year end. Bank balances, whether in credit or overdrawn, are shown at the amounts properly reconciled to the bank statements.

#### **Pensions - defined contribution schemes**

The charity operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

#### **Fund Accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

There are no endowment funds.

#### **2 Liability to taxation**

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

## Tŷ Elis (Porthcawl Counselling Service)

### Notes to the Accounts for the year ended 31 March 2021

#### 3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

#### 4 Significance of financial instruments to the charity's position

There are no significant financial instruments affecting the position of the charity.

#### 5 Net surplus before tax in the financial year

	2021	2020
	£	£
The net surplus before tax in the financial year is stated after charging:-		
Depreciation of owned fixed assets	5,229	5,129

#### 6 The contribution of volunteers

The charity depends on the support of its volunteers, which is much appreciated. The charity had 26 volunteer counsellors who donated 1,550 hours of their time counselling clients. They were supported by 13 volunteer receptionists and clinical supervisors. Without the receptionists we would not be able to provide counselling as they act in the key role of chaperone. 3 other volunteers undertook up to 15 hours per week each of financial and management support. The Trustees all volunteer their time also which is not included in the above. It is estimated that without the help of volunteers, the charity would need to find the equivalent of over £95,000 to obtain similar services. The arrangements with volunteers are difficult to value precisely in monetary terms and have not been recognised in the Statement of Financial Activities. The volunteers and the charity accept and agree that no contract of employment is created by these arrangements.

#### 7 Staff costs and emoluments

<b>Salary costs</b>	2021	2020
	£	£
Gross Salaries excluding trustees and key management personnel	28,670	26,578
Salaries and benefits paid to key management personnel	12,744	12,000
<b>Total salaries, wages and related costs</b>	<b>41,414</b>	<b>38,578</b>

#### **Numbers of full time employees or full time equivalents**

	2021	2020
The average number of total staff employed in the year was	3	3
The average number of part time staff employed in the year was	2	2
The average number of full time staff employed in the year was	1	1
The estimated full time equivalent number of all staff employed in the year was	2	2

**Tŷ Elis (Porthcawl Counselling Service)**

**Notes to the Accounts for the year ended 31 March 2021**

*The estimated equivalent number of full time staff deployed in different activities in the year was:-*

Engaged on management and administration	2	2
<b><i>The estimated full time equivalent number of all staff employed as above</i></b>	<b>2</b>	<b>2</b>

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

**8 Defined contribution pension schemes**

The charity operates a NEST defined contribution pension scheme, the costs of which are shown below.

The charity has not made any contributions to the pension scheme in the year (2020: Nil) as all staff have opted out of the scheme or are ineligible to participate.

Any liabilities and assets associated with the scheme are shown under debtors and creditors.

**9 Remuneration and payments to Trustees and persons connected with them**

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

**10 Deferred income - Unrestricted and Designated funds**

<i>Current Year</i>	Opening Deferrals	Released from prior years	Received less released in year	Deferred at year end
	£	£	£	£
Postcode Lottery Community Fund	-	-	19,800	19,800
<b>Total</b>	-	-	19,800	19,800
			<b>2021</b>	<b>2020</b>
			£	£
These deferrals are included in creditors			19,800	-
			<b>2020</b>	<b>2019</b>
			£	£
There was no deferred income in the prior year	-	-	-	-

The deferrals included in creditors relate to funding specified by the funders as relating to specific periods and represent those parts of unrestricted funds which relate to periods subsequent to the accounting year end and are treated as grants in advance, or, alternatively, where there are conditions which must be fulfilled prior to entitlement or use of the unrestricted funds by the charity.

**Tŷ Elis (Porthcawl Counselling Service)**

**Notes to the Accounts for the year ended 31 March 2021**

**11 Tangible fixed assets**

<i>Current Year</i>	<b>Land and Buildings</b>	<b>Office Equipment</b>	<b>Total</b>
	£	£	£
<b>Cost</b>			
At 1 April 2020	269,181	16,382	285,563
Additions	-	1,560	1,560
Disposals	-	(1,546)	(1,546)
<b>At 31 March 2021</b>	<b>269,181</b>	<b>16,396</b>	<b>285,577</b>
<b>Depreciation</b>			
At 1 April 2020	66,433	13,838	80,271
Charge for the year	4,208	1,022	5,230
On disposals	-	(1,546)	(1,546)
<b>At 31 March 2021</b>	<b>70,641</b>	<b>13,314</b>	<b>83,955</b>
<b>Net book value</b>			
<b>At 31 March 2021</b>	<b>198,540</b>	<b>3,082</b>	<b>201,622</b>
<b>At 31 March 2020</b>	<b>202,748</b>	<b>2,544</b>	<b>205,292</b>
<i>Prior Year</i>	<b>Land and Buildings</b>	<b>Office Equipment</b>	<b>Total</b>
	£	£	£
<b>Cost</b>			
01 April 2019	269,181	15,613	284,794
Additions	-	1,885	1,885
Disposals	-	(1,116)	(1,116)
<b>31 March 2020</b>	<b>269,181</b>	<b>16,382</b>	<b>285,563</b>
<b>Depreciation</b>			
01 April 2019	62,245	14,013	76,258
Charge for the year	4,188	941	5,129
On disposals	-	(1,116)	(1,116)
<b>31 March 2020</b>	<b>66,433</b>	<b>13,838</b>	<b>80,271</b>
<b>Net book value</b>			
<b>31 March 2020</b>	<b>202,748</b>	<b>2,544</b>	<b>205,292</b>
<b>01 April 2019</b>	<b>206,936</b>	<b>1,600</b>	<b>208,536</b>

A significant element of the fixed assets were acquired with the aid of grants and there are restrictions upon the manner in which the assets can be dealt with imposed by the grant making authorities. All assets are used for direct charitable purposes.

## Tŷ Elis (Porthcawl Counselling Service)

### Notes to the Accounts for the year ended 31 March 2021

*Net book value of assets included above which were funded by restricted funds and where the charity is required under the terms of the gift to hold the asset on an*

	2021	2020
	£	£
<b>Total of assets funded by restricted funds</b>	<b>198,194</b>	<b>202,512</b>

#### 12 Debtors

	2021	2020
	£	£
Trade debtors	18,028	3,093
Prepayments and accrued income	240	144
	<b>18,268</b>	<b>3,237</b>

#### 13 Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	9,473	2,067
Accruals	3,060	380
Payment received on account for contracts or performance related grants	102,045	9,924
Deferred Income - Unrestricted & designated funds	19,800	-
PAYE, NIC VAT and other taxes	701	639
	<b>135,079</b>	<b>13,010</b>

#### 14 Loans to trustees included in debtors

No loans have been made to trustees.

#### 15 Guarantees made by the charity on behalf of trustees

No guarantees have been made by the charity on behalf of trustees.

#### 16 Charitable commitments not recognised as provisions or commitments in the accounts

The charity is committed to completing 2 years of the Diploma in Therapeutic Counselling level 5 diploma for each cohort of students. As at the year end the 2019-20 cohort still had 5 months of training remaining and the 2020-21 cohort still had 18 months of training remaining. Fees due from students in these periods will cover the costs of running the diploma.

## Tŷ Elis (Porthcawl Counselling Service)

### Notes to the Accounts for the year ended 31 March 2021

17 Financial commitments under operating leases	2021 £	2020 £
<b>At the year end the charity had annual commitments under non-cancellable operating leases as set out below:</b>		
Operating leases which expire:		
within one year	540	1,080
within two to five years	-	540
	<u>540</u>	<u>1,620</u>
<b>18 Income and Expenditure account summary</b>	<b>2021 £</b>	<b>2020 £</b>
<b>At 1 April 2020</b>	300,213	281,481
Surplus after tax for the year	(21,065)	18,731
<b>At 31 March 2021</b>	<u>279,148</u>	<u>300,213</u>
<b>19 Related party transactions</b>	<b>2021 £</b>	<b>2020 £</b>
<b>Colin Cribb - Clinical Director and employee</b>		
<u>Sub contractor under a contract for services</u>		
Payment as a sub contracted Tutor on the diploma, counsellor and clinical supervisor in the year		
Amount paid to the related party	<u>(3,470)</u>	<u>(2,600)</u>
Amount owed to related party as at 31 March	<u>(820)</u>	<u>(200)</u>
<b>JFM Holdings Limited</b>		
<u>Limited company of which Fiona Morris the Charity Finance manager is a director</u>		
Consultancy fees to assist with Covid support, contracting and grant applications		
Amount paid to the related party	<u>(12,000)</u>	<u>(1,000)</u>
<b>JFM Chartered Accountants</b>		
<u>Limited company of which Fiona Morris the Charity Finance manager is a director</u>		
Monthly Xero accounting software subscription		
Amount paid to the related party	<u>(173)</u>	<u>-</u>
Outstanding balance at reporting date	<u>(14)</u>	<u>-</u>

**Tŷ Elis (Porthcawl Counselling Service)**

**Notes to the Accounts for the year ended 31 March 2021**

**20 Particulars of how particular funds are represented by assets and liabilities**

<b>At 31 March 2021</b>	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Tangible Fixed Assets	-	3,428	198,194	201,622
Current Assets	211,072	-	1,533	212,605
Current Liabilities	(135,079)	-	-	(135,079)
	<b>75,993</b>	<b>3,428</b>	<b>199,727</b>	<b>279,148</b>

<b>At 1 April 2020</b>	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Tangible Fixed Assets	-	2,780	202,512	205,292
Current Assets	97,999	7,399	2,533	107,931
Current Liabilities	(13,010)	-	-	(13,010)
	<b>84,989</b>	<b>10,179</b>	<b>205,045</b>	<b>300,213</b>

**21 Change in total funds over the year as shown in Note 20 , analysed by individual funds**

	<b>Funds brought forward from 2020</b>	<b>Movement in funds in 2021</b>	<b>Transfers between funds in 2021</b>	<b>Funds carried forward to 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
		<b>See Note 22</b>	<b>See Note 23</b>	
		<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted and designated funds:-</b>				
Unrestricted Revenue Funds	84,989	(8,348)	(648)	75,993
Designated Revenue Funds	7,399	-	(7,399)	-
Designated Fixed Asset Funds	2,780	-	648	3,428
<b>Total unrestricted and designated funds</b>	<b>95,168</b>	<b>(8,348)</b>	<b>(7,399)</b>	<b>79,421</b>
<b>Restricted funds:-</b>				
Restricted Fixed Asset Funds	202,512	-	(4,318)	198,194
Restricted revenue fund for training	2,533	(12,717)	11,717	1,533
<b>Total restricted funds</b>	<b>205,045</b>	<b>(12,717)</b>	<b>7,399</b>	<b>199,727</b>
<b>Total charity funds</b>	<b>300,213</b>	<b>(21,065)</b>	<b>-</b>	<b>279,148</b>

## Tŷ Elis (Porthcawl Counselling Service)

### Notes to the Accounts for the year ended 31 March 2021

#### 22 Analysis of movements in funds over the year as shown in Note 21

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2021	2021	2021	2021
	£	£	£	£
<b>Unrestricted and designated funds:-</b>				
Unrestricted Revenue Funds	140,362	(148,710)	-	(8,348)
<b>Restricted funds:-</b>				
Restricted revenue fund - Swansea Bay	10,000	(10,000)	-	-
Ford UK Plc - Bridgend	1,000	(1,000)	-	-
Groundworks Uk - Tesco	500	(500)	-	-
Restricted revenue Fund - Training	-	(12,717)	-	(12,717)
	<b>151,862</b>	<b>(172,927)</b>	<b>-</b>	<b>(21,065)</b>

#### 23 Details of transfers between funds in the year as shown in Note 21

##### The transfers shown in note 21 above are:-

	2021 £
To/(from) Unrestricted Revenue Funds in accordance with the accounting policy 'Accounting for capital grants and fixed asset funds'.	(648)
To/(from) Designated Revenue Funds	(7,399)
To/(from) Designated Fixed Asset Funds	648
Funds	(4,318)
To/(from) Restricted Revenue Funds	11,717
<b>Net transfers</b>	<b>-</b>

#### 24 The purposes for which the funds as detailed in note 21 are held by the charity are:-

##### Unrestricted and designated funds:-

Unrestricted Revenue Funds	These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.
Designated Revenue Funds	This fund relates to the Cooperative Local Community Fund which was received in the prior year but the expenditure for which has been incurred in the current year to 31 March 2021.
Designated Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

##### Restricted funds:-

Restricted Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.
Total unrestricted and designated funds	This fund represents revenue income received specifically for training purposes.

**Tŷ Elis (Porthcawl Counselling Service)**

**Notes to the Accounts for the year ended 31 March 2021**

**25 Ultimate controlling party**

The charity is under the control of its legal members.

Every member of the charity is obliged to contribute such amount as may be required not exceeding £10 to the assets of the company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

**Tŷ Elis (Porthcawl Counselling Service)**

**Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015**

*This analysis is classified by conventional nominal descriptions and not by activity.*

**26 Donations, Grants and Legacies**

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
<b>Donations and gifts from individuals</b>				
Small donations individually less than £1000	3,734	-	3,734	8,939
<b>Total donations and gifts from individuals</b>	<b>3,734</b>	<b>-</b>	<b>3,734</b>	<b>8,939</b>

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
<b>Revenue grants from government and public bodies</b>				
Welsh Government Economic Resilience Fund	10,000	-	10,000	-
Porthcawl Town Council	2,250	-	2,250	-
<b>Total public sector revenue grants</b>	<b>12,250</b>	<b>-</b>	<b>12,250</b>	<b>-</b>

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
<b>Revenue grants and donations from non public bodies</b>				
Enterprise Foundation	2,000	-	2,000	2,000
Porthcawl Broadway Chorus	-	-	-	1,200
Community Foundation Wales - Royal London Community Grant	-	-	-	5,000
Cooperative Local Community Fund	-	-	-	7,399
Ford Uk plc - Bridgend	-	1,000	1,000	-
Groundworks UK - Tesco fund	-	500	500	-
<b>Total private sector revenue grants</b>	<b>2,000</b>	<b>1,500</b>	<b>3,500</b>	<b>15,599</b>

**Tŷ Elis (Porthcawl Counselling Service)**

**Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015**

**Revenue grants and donations from non public bodies (Include Gift Aid donations from subsidiaries) - Prior Year analysis**

	Prior Year Unrestricted Funds 2020 £	Prior Year Restricted Funds 2020 £	Prior Year Total Funds 2020 £	
Prior Year	15,599	-	15,599	
<b>Total Donations, Grants and Legacies</b>				
<b>Total Donations, Grants and Legacies</b> A1	<b>17,984</b>	<b>1,500</b>	<b>19,484</b>	<b>24,538</b>

**27 Income from charitable activities - Trading Activities**

<i>Current year</i>	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total funds 2020 £
<b>Primary purpose and ancillary trading</b>				
Community counselling services provided to GP clusters in accordance with the	74,878	-	74,878	41,138
Sale of training services in accordance with	40,894	-	40,894	55,616
Counselling services for local Health Boards	6,046	-	6,046	-
Letting of property for charitable purposes	350	-	350	-
<b>Total Primary purpose and ancillary trading</b>	<b>122,168</b>	<b>-</b>	<b>122,168</b>	<b>96,754</b>

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Performance related grants from public bodies to fund charitable activities				
Swansea Bay University Health Board ICF grant	-	10,000	10,000	10,000
<b>Total performance related grants from public bodies</b>	<b>-</b>	<b>10,000</b>	<b>10,000</b>	<b>10,000</b>



**Tŷ Elis (Porthcawl Counselling Service)**

**Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015**

**Income from charitable activities - Prior Year analysis**

<i>Prior year</i>	Prior Year	Prior Year	Prior Year
	Unrestricted Funds	Restricted Funds	Total Funds
	2020	2020	2020
	£	£	£
Total income from charitable trading	96,754	-	96,754
Income from funders	-	10,000	10,000
	<u>96,754</u>	<u>10,000</u>	<u>106,754</u>

**29 Income from other, non charitable, trading activities**

	Current year	Current year	Current year	Prior Year
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2021	2021	2021	2020
	£	£	£	£
Income from fundraising events	166	-	166	2,444
<b>Total from other activities</b> <b>A3</b>	<u>166</u>	<u>-</u>	<u>166</u>	<u>2,444</u>

**30 Investment income**

	Current year	Current year	Current year	Prior Year
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2021	2021	2021	2020
	£	£	£	£
Bank Interest Receivable	44	-	44	144
<b>Total investment income</b> <b>A4</b>	<u>44</u>	<u>-</u>	<u>44</u>	<u>144</u>

Tŷ Elis (Porthcawl Counselling Service)

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

31 Expenditure on charitable activities - Direct spending

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Gross wages and salaries - charitable activities	28,670	-	28,670	26,578
Travel and Subsistence - Charitable Activities	-	-	-	308
Management fees	12,000	-	12,000	1,000
IT software licenses and expenses	-	-	-	674
DBS checks	42	-	42	84
Professional Indemnity insurance	2,663	-	2,663	2,475
Professional fees	59,457	10,000	69,457	32,305
<b>Total direct spending</b>	<b>102,832</b>	<b>10,000</b>	<b>112,832</b>	<b>63,424</b>

All the expenditure in the prior year was unrestricted except as noted below.

<i>Prior Year</i>	Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds
	2020	2020	2020
	£	£	£
Travel and Subsistence - Charitable Activities	-	308	308
Management fees	-	1,000	1,000
IT software licenses and expenses	-	674	674
Professional fees	24,970	7,335	32,305
<b>Total direct spending</b>	<b>54,107</b>	<b>9,317</b>	<b>63,424</b>

32 Expenditure on charitable activities - Charitable trading

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Gross wages and salaries - charitable trading activities	12,744	-	12,744	12,000
Books for diploma	-	-	-	1,105
Professional fees	18,793	250	19,043	20,870
Small items of equipment ppe etc	41	1,845	1,886	-
<b>Total charitable trading costs</b>	<b>31,578</b>	<b>2,095</b>	<b>33,673</b>	<b>33,975</b>

**Tŷ Elis (Porthcawl Counselling Service)**

**Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015**

**33 Support costs for charitable activities**

<i>Current Year</i>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
<b>Volunteer costs</b>				
Training and welfare - volunteers	-	-	-	112
Travel and subsistence - volunteers	551	-	551	1,424
<b>Premises Expenses</b>				
Rates and water charges	322	-	322	379
Room Hire	651	-	651	-
Light heat and power	1,617	-	1,617	1,669
Cleaning and waste management	593	327	920	744
Premises repairs, renewals and maintenance	1,889	7,477	9,366	2,220
<b>Administrative overheads</b>				
Telephone, fax and internet	1,584	-	1,584	1,446
Postage and stationery	687	-	687	777
Membership subscriptions	735	-	735	725
Software licences and expenses	1,869	-	1,869	1,970
Advertising and marketing	-	-	-	62
Sundry expenses	163	-	163	368
<b>Professional fees paid to advisors other than the auditor or examiner</b>				
Accountancy fees other than examination or audit fees	158	-	158	-
Tax advice	1,080	-	1,080	-
Other legal and professional	767	-	767	101
<b>Financial costs</b>				
Bank charges	143	-	143	235
Depreciation & Amortisation in total for the period	911	4,318	5,229	5,129
<b>Support costs before reallocation</b>	<b>13,720</b>	<b>12,122</b>	<b>25,842</b>	<b>17,361</b>
<b>Total support costs - Current Year</b>	<b>13,720</b>	<b>12,122</b>	<b>25,842</b>	<b>17,361</b>
The basis of allocation of costs between activities is described under accounting policies				
<b>Prior Year</b>				
	Current year Unrestricted Funds	Current year Restricted Funds	Prior Year Total Funds	
	2021	2021	2020	
	£	£	£	
<b>Volunteer costs</b>				
Training and welfare - volunteers	-	112	112	

Tŷ Elis (Porthcawl Counselling Service)

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

**Administrative overheads**

**Financial costs**

Depreciation & Amortisation in total for	975	4,154	5,129
<b>Support costs before reallocation</b>	<b>13,095</b>	<b>4,266</b>	<b>17,361</b>
<b>Total support costs - Prior Year</b>	<b>13,095</b>	<b>4,266</b>	<b>17,361</b>

The basis of allocation of costs between activities is described under accounting policies

**34 Other Expenditure - Governance costs**

<b>Current Year</b>	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Trustees' indemnity insurance	580	-	580	389
<b>Total Governance costs</b>	<b>580</b>	<b>-</b>	<b>580</b>	<b>389</b>

All the expenditure in the prior year was unrestricted.

**35 Total Charitable expenditure**

<b>Current Year</b>		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2021	2021	2021	2020
		£	£	£	£
Total direct spending	<b>B2a</b>	102,832	10,000	112,832	63,424
Total charitable trading costs	<b>B2b</b>	31,578	2,095	33,673	33,975
Total support costs	<b>B2d</b>	13,720	12,122	25,842	17,361
Total Governance costs	<b>B2e</b>	580	-	580	389
<b>Total charitable expenditure</b>	<b>B2</b>	<b>148,710</b>	<b>24,217</b>	<b>172,927</b>	<b>115,149</b>

<b>Prior Year</b>		Prior Year Unrestricted Funds	Prior Year Restricted Funds	Prior Year Total Funds
		2020	2020	2020
		£	£	£
Total direct spending	<b>B2a</b>	54,107	9,317	63,424
Total charitable trading costs	<b>B2b</b>	33,975	-	33,975
Total support costs	<b>B2d</b>	13,095	4,266	17,361
Total Governance costs	<b>B2e</b>	389	-	389
<b>Total charitable expenditure</b>	<b>B2</b>	<b>101,566</b>	<b>13,583</b>	<b>115,149</b>