

HEALTHWISE

England & Wales · Charity number 1098776

Details

Other names LISTENING EAR "HEALTHWISE"

Status Registered

Legal form Other

Registered 2003-07-28

Register [View on the Charity Commission register](#)

Contact

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Blyth
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Activities

Objects: 1) THE PRESERVATION AND PROTECTION OF THE GOOD HEALTH OF WOMEN IN THE NORTHUMBERLAND AREA BY THE PROVISION OF SUCH SERVICES AS, BUT NOT EXCLUSIVELY, COUNSELLING, SELF HELP SUPPORT GROUPS, INFORMATION AND ADVICE ON MATTERS RELATING TO MENTAL HEALTH, EXERCISE, HEALTHY EATING AND NUTRITION, AND ALTERNATIVE THERAPIES. 2) TO ADVANCE THE EDUCATION AND TRAINING OF WOMEN IN MATTERS RELATING TO AND THE TECHNIQUES, KNOWLEDGE AND SKILLS OF HEALTH ISSUES, ALTERNATIVE THERAPIES, STRESS MANAGEMENT AND RELAXATION. 3) THE PROVISION OF OR ASSISTANCE IN THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME ACTIVITIES WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE SAID BENEFICIARIES.

Activities: TALKS ON A WIDE RANGE OF SUBJECTS AT OUR WEEKLY MEETING.HOLD COURSES IN A SAFE ENVIRONMENT FOR OUR MEMBERS. I.E HEALTHY EATING, AROMATHERAPY MASSAGE,CRAFTS, CREATIVE WRITING.IN 2010 WE PRODUCED A BOOK ABOUT THE GROUP TO COMMEMORATE OUR 10TH ANNIVERSARY.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** AREA OF NORTHUMBERLAND
- Northumberland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£4,872	£4,086	-	-
2024-06-30	£3,664	£2,474	-	-
2023-06-30	£2,272	£3,629	-	-
2022-06-30	£2,141	£4,352	-	-
2021-06-30	£40	£455	-	-

Trustees

Name	Role	Appointed
ANN RAE		
JACQUELINE TURTLE		
JOAN ANGUS		
MRS P. RUMBLE		
VALERIE ROWE		