

GURU RAM DAS PROJECT

England & Wales · Charity number 1098682

Details

Status	Registered
Legal form	Charitable company
Company number	04670669
Registered	2003-07-22
Register	View on the Charity Commission register

Contact

Address	43 Kings Road Slough SL1 2PS
Phone	07460990932
Email	info@grdp.co.uk
Website	www.grdp.co.uk

Activities

Objects: 3.1 TO SHARE AND ADVANCE, FOR PUBLIC BENEFIT, A PRACTICAL SPIRITUAL LIFESTYLE INCLUDING KUNDALINI YOGA, MEDITATION, HOLISTIC HEALTHCARE AND COUNSELLING TO SUPPORT AND IMPROVE THE MENTAL, PHYSICAL AND SPIRITUAL WELL BEING OF THE COMMUNITY;3.2 TO ADVANCE THE EDUCATION OF THE PUBLIC IN DHARMIC (GOOD, HEALTHY AND BALANCED)LIFESTYLE BASED ON THE HIGHEST STANDARDS OF PERSONAL CONDUCT AND SERVICE TO OTHERS, SO INDIVIDUALS MAY EMPOWER THEMSELVES AND INSPIRE OTHERS TO PARTICIPATE IN THEIR COMMUNITIES AND LEAD FULFILLING LIVES;3.3 TO ADVANCE THE EDUCATION OF THE PUBLIC THROUGH IMPROVING OPPORTUNITIES FOR LEARNING ABOUT SIKH DHARMA, STRENGTHENING RELATIONS WITH THE SIKH COMMUNITY THROUGH INTER FAITH WORK, SUPPORTING SHARED SPACES FOR EXCHANGE AND SOCIAL INTERACTION AND ENCOURAGING HARMONY ACROSS COMMUNITIES.

Activities: The GRDP serves the community through delivering a range of services to people & groups who are disadvantaged whatever their faith or background. The charity works with beneficiaries to share how to live happily and healthily in mind, body & spirit. This includes the practice of Kundalini Yoga & meditation, the provision of holistic healthcare, developing an attitude of service towards others.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Religious Activities
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Dorset
- Kent
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£11,119	£17,912	-	-
2024-03-31	£14,072	£18,403	-	-
2023-03-31	£10,992	£16,396	-	-
2022-03-31	£7,146	£12,738	-	-
2021-03-31	£16,840	£21,138	-	-

Trustees

Name	Role	Appointed
Anna Piva	Chair	2020-02-09
Harsha Moore		2020-09-01