

SMILE (PRESTON) (SELF MOTIVATION IN LASTING ENDORPHINS)

England & Wales · Charity number 1098658

Details

Status Registered

Legal form Other

Registered 2003-07-21

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: 1. TO RELIEVE THE SICKNESS OF PERSONS WHO ARE SUFFERING FROM CHRONIC PAIN AND IN PARTICULAR BUT NOT EXCLUSIVELY, THOSE WHO HAVE PREVIOUSLY ATTENDED PRESTON PAIN MANAGEMENT PROGRAMME, BY CARRYING OUT SUCH CHARITABLE PURPOSES AS WILL RELIEVE THEIR CONDITIONS OF NEED 2. TO SUPPORT THE CHARITABLE WORK OF THE PRESTON PAIN MANAGEMENT PROGRAMME

Activities: We are Self-Help Support Group for Chronic Pain Sufferers and work closely with the Pain Management Clinic at Royal Preston Hospital (RPH). SMILE stands for Self-Motivation in Lasting Endorphins and we ensure that Self Motivation is given a helping hand by having a weekly physiotherapy approved gentle exercise session followed by relaxation both proven methods for helping chronic pain sufferers.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Recreation
- **Who:** People With Disabilities

Geography

- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£9,613	£12,840	-	-
2024-03-31	£9,559	£12,065	-	-
2023-03-31	£12,806	£14,554	-	-
2022-03-31	£3,392	£4,341	-	-
2021-03-31	£0	£1,503	-	-

Trustees

Name	Role	Appointed
Ann Skellorn		2015-06-24
Deborah Joinson		2026-02-11
Dorothy Reid		2026-02-11
JOHN DAVIS		
Libby Anderson		2016-01-06
Mandy Fletcher		2021-11-03
Pat Livingstone		2015-06-24
Victoria Castle		2023-08-16