

SIMEON CENTRE COUNSELLING SERVICE

England & Wales · Charity number 1098428

Details

Status Registered

Legal form Other

Registered 2003-07-08

Register [View on the Charity Commission register](#)

Contact

Address Simeon Centre Counselling Service - Victoria Hall
Knowsley Street
Bolton
BL1 2AS

Phone 01204387363

Email Kevin@simeoncentrecounsellingsservice.org.uk

Website www.simeoncentrecounsellingsservice.org.uk

Activities

Objects: TO RELIEVE AND PREVENT EMOTIONAL SUFFERING CAUSED BY METAL AND/OR PHYSICAL ILL HEALTH OR BY SOCIAL OR ECONOMIC CIRCUMSTANCES BY PROVIDING AND DEVELOPING A CONFIDENTIAL COUNSELLING SERVICE, TOGETHER WITH EDUCATION, TRAINING AND SUPPORT FOR COUNSELLING AND TO DEVELOP COUNSELLING RESOURCES AND IN ANY CHARITABLE MANNER WHICH THE TRUSTEES MAY FROM TIME TO TIME DETERMINE

Activities: Our Mission: To promote positive mental health by providing a safe and confidential counselling service, free at the point of need.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Bolton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£76,983	£96,966	-	-
2024-03-31	£84,329	£89,240	-	-
2023-03-31	£87,094	£86,893	-	-
2022-03-31	£76,567	£75,678	-	-
2021-03-31	£75,756	£66,989	-	-

Trustees

Name	Role	Appointed
Peter Green	Chair	
Emma Lewis		2016-11-10
Jill Orrell		
Kevin Illingworth		2026-01-01
Neil Mappanaphy		2024-12-06
Robert Bradley		
Robert Hurst		2024-12-06

SIMEON CENTRE COUNSELLING SERVICE

England & Wales - Charity number 1098428

Accounts

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

Registered Charity Number: 1098428

SMITH & GOULDING LIMITED
Chartered Accountants
& Registered Auditors
2-4 Southport Road
CHORLEY

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT FOR THE YEAR TO 31 MARCH 2025

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number 1098428

Principal Address

Victoria Hall
Knowsley Street
Bolton
Lancashire
BL1 2AS

Trustees

Mr R Bradley
Mr P Green
Ms C Greer (resigned on 18/06/2024)
Ms J Orrell
Ms E Lewis
Mr N Mallanaphy (appointed on 06/12/2024)
Mr R Hurst (appointed on 06/12/2024)
Mr K Illingworth (appointed on 01/01/2026)

Independent Examiner

Smith & Goulding Limited
Chartered Accountants
2-4 Southport Road
Chorley
Lancashire
PR7 1LD

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing document

The Simeon Centre Counselling Service is controlled by its governing document, a deed of trust dated 27 March 2003 (revised in 2008 and 2016) and constitutes an unincorporated charity. It is a non-profit making organisation and its trustees are volunteers. The Charity was registered on 8 July 2003.

Recruitment and Training of Trustees

The trustees are appointed by the members of the organisation at the Annual General Meeting and the trustees have the power under the governing documents to co-opt individuals who support the objects of the organisation to fill vacancies on the Board of Management. As part of their induction, new trustees are provided with information about the charity, the management structure, its history and working practices. In addition, they are also provided with extracts of the Memorandum and Articles of Association plus information from the Charity Commission regarding the duties and responsibilities of trustees.

OBJECTIVES AND ACTIVITIES

The objectives and activities of the Charity are to offer confidential counselling in a safe accepting environment to all members of the community irrespective of race, religion or gender. We offer a generic counselling service that is free at point of need. The charity aims to provide a one to one counselling service in a peaceful, safe and accepting environment where people can take time out to talk freely without fear of being judged.

Public Benefit

We have referred to and have complied with the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future events. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set, both through the use of unrestricted and restricted funds where appropriate.

ACHIEVEMENTS AND PERFORMANCE

The past financial year has seen many changes to our charity, centred around our move from the Greater Manchester Mental Health and NHS England contracts, which we have held since 2014.

As these public bodies committed to ceasing contracts with voluntary services across England and Wales for the provision of counselling services from January 2025, in line with their new NHS Talking Therapies Manual, Simeon Centre Counselling Service and its partners have seen the loss of their core source of funding leaving an uncertain future for our joint community benefit society.

As we look to new sources of income for the next financial year, we have the benefit of twelve months running costs, thanks to the financial prudence and forward-thinking of our management teams, including the current and former heads of service, and our outstanding board of trustees.

While our source of clients came to an end via Greater Manchester Mental Health and NHS England, our new partnerships with Bolton at Home (via their Manbassadors and UCAN Centre programmes), Bolton GP Federation, Emmaus, Funding Futures, and other community benefit services across our town have meant that we have still been able to support 500 clients this year.

As we look towards another year, filled with exciting challenges and change, we look back with deep gratitude to the over fifty volunteer counsellors who have supported the charity across this transition. Their caring and empathic nature, and generosity of spirit has meant the people we serve has not experienced any drop in the exceptional service they graciously deliver to them all.

Volunteers

Between 1st April 2024 and 31st March 2025, we have had 69 volunteer counsellors in total:

- Qualified = 53 (76.8%) **14 more than the previous year
- Placement = 16 (23.2%) **14 less than the previous year

Volunteer Attrition

Between 1st April 2024 and 31st March 2025, we lost 31 volunteer counsellors:

- Qualified = 21 (67.7%) **15 more than the previous year
- Placement = 10 (32.3%) **1 less than the previous year

A breakdown of the reasons volunteer counsellors stopped seeing clients for us is as follows:

- Bereavement = 1 (3.2%)
- Employment = 13 (41.9%)
- Health Issues = 4 (12.9%)
- Length of Service = 4 (12.9%)
- Moved Out of Bolton = 3 (9.7%)
- Placement Completed = 4 (12.9%)
- Other = 2 (6.5%)

Client Supported

Due to system changes, we do not have a breakdown of the total sessions offered between 1st April 2024 and 31st March 2025. However, we are proud to report that we have supported 500 clients during this time with one-to-one counselling each being offered a minimum of ten appointments.

Future Contracts and Relationships

The past financial year has seen many changes to our charity, centred around our move from the Greater Manchester Mental Health and NHS England contracts, which we have held since 2014.

As these public bodies committed to ceasing contracts with voluntary services across England and Wales for the provision of counselling services from January 2025, in line with their new NHS Talking Therapies Manual, Simeon Centre Counselling Service and its partners have seen the loss of their core source of funding leaving an uncertain future for our joint community benefit society.

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Tribute to Long-Term Volunteers

The very core of Simeon Centre Counselling Service is the team of volunteers who make our work to support the local community possible. We would like to pay a special tribute to the following:

- Alena, who has volunteered for us since March 2010
- Joan, who has volunteered for us since March 2010
- Fozia, who has volunteered for us since February 2014
- Wendy, who has volunteered for us since April 2016
- Ana, who has volunteered for us since June 2018
- Christine, who has volunteered for us since October 2018

In addition to our long-standing team of volunteer counsellors, we would also like to pay a special tribute to the trustees on our board who have stood by and supported our charity for many years:

- Bob, who has been a trustee since August 2008
- Jill, who has been a trustee since August 2008
- Peter, who has been a trustee since August 2008
- Emma, who has been a trustee since November 2016

Post Balance Sheet Events

28th January 2026:

We have continued to support the people of Bolton over the current financial year with access to high-intensity, one-to-one counselling, thanks in significant part to our new partners and referral routes. We have been proud to have also extended our offer to those living in neighbouring areas.

Thanks to the help of Beacon Counselling, Bolton CVS, Provincial Walsh Trust, and our funding consultant from CHIS, we have explored all funding options on how we can continue to effectively run this much needed mental health service that has been supporting the town we love since 1999. Unfortunately as things stand our path forwards sadly remains an uncertain one.

As our financial reserves concluded at the end of December 2025, our Board of Trustees made the difficult decision to cease operations (once our current clients completed their sessions), effectively putting the charity into stasis while we continue to work hard to find new outcomes.

We would like to pay a special tribute to Lisa Howarth (Service Coordinator) and Robert Hurst (Board of Trustees) who have done outstanding work leading our grass roots fundraising and media campaigns, and to Daniel Livesey (Bolton at Home – Manbassadors) who has done a substantial amount to raise awareness of our predicament on social media platforms.

FINANCIAL REVIEW

Summary of the Year

The financial results for the year and the position at the year-end are set out in the following Receipts and Payments account and Statement of Assets and Liabilities.

Risk

The trustees recognise that the most significant risk of the charity is that of loss of external funding. Contracts between 1point and the NHS are reviewed on a regular basis, usually covering a three-year period. Each renegotiation period represents a risk for 1point and hence for the Simeon Centre. Due to the nature of our work, a sudden cessation of service is likely to have detrimental impact on our clients. Furthermore, should current funding cease, the most likely source of alternative income would be via a grant. Application procedures for grants tend to be lengthy and drawn out, further impacting on the ability of the charity to continue providing services.

Reserves Policy

To effectively manage the risk described above, the trustees have reviewed the reserves policy this year and decided that reserves equal to one year's running costs should be set aside. The amount will be reviewed regularly.

Investment Policy

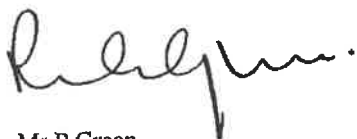
Investment decisions are made by the management committee. Currently, surplus funds are held in a high interest savings account. Surplus funds are held for the purposes of maintaining reserves as described above.

DECLARATION

The trustees declare that they have approved the Trustee's Report above.

Signed on behalf of the charity's trustees

Signature:



Full Name: Mr P Green
Position: Chair

Date: 30 January '26

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES
OF SIMEON CENTRE COUNSELLING SERVICE**

I report to the trustees on my examination of the accounts of Simeon Centre Counselling Service for the year ended 31 March 2025, which are set out on the following pages.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Act and that an independent examination is needed.

I report in respect of my examination of the Trustees' accounts carried out under s.145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

Independent examiners' statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed the examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by s. 130 of the Act; or
- (2) the accounts do not accord with those records;

Attention is drawn to the disclosures relating to post balance sheet events in the Trustees' Report in respect of the Charity ceasing operations until such a time as new sources of funding become available.

I confirm that I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Andrew Simm BSc FCA
Chartered Accountant
SMITH & GOULDING LIMITED
2-4 Southport Road
CHORLEY
Lancashire PR7 1LD**

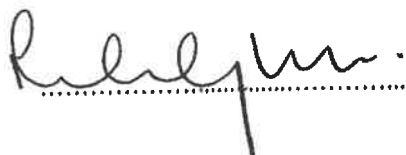
Dated:

30/1/2026

SIMEON CENTRE COUNSELLING SERVICE
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31 MARCH 2025

	Unrestricted funds	Restricted funds	Total	2024
Monetary assets				
Cash at bank - current account	27,827	-	27,827	21,025
Cash at bank - deposit account	52,125	-	52,125	78,761
Cash in hand	314	-	314	463
	<u>80,266</u>	<u>-</u>	<u>80,266</u>	<u>100,249</u>
Non-monetary assets				
Fixed assets				
The Charity's fixed assets which are stated at cost are maintained on a regular basis and are all in good condition.				
Fixtures, fittings and equipment (acquired from 2013 to 2025)	7,618	-	7,618	7,238
Other assets				
Debtors - 1 point	-	-	-	21,450
Liabilities				
Rent	2,333	-	2,333	1,167
PAYE	-	-	-	1,942
Pension	-	-	-	247
Telephone	250	-	250	240
Expenses claims	-	-	-	-
Accountancy fees	3,075	-	3,075	1,500

The accounts were approved by the Board of Trustees on 30 Jan '26 and were signed on their behalf by:

 Mr P Green, Chair

SIMEON CENTRE COUNSELLING SERVICE

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Unrestricted funds	Restricted funds	Total	2024
Receipts				
Donations	2,069	-	2,069	1,582
Gift Aid claims	-	-	-	-
Provision of counselling services	71,550	-	71,550	79,560
Deposit interest	<u>3,364</u>	-	<u>3,364</u>	<u>3,187</u>
Total receipts	<u>76,983</u>	-	<u>76,983</u>	<u>84,329</u>
Direct charitable expenditure				
Supervision and training	23,512	-	23,512	16,732
Travel	0	-	0	3,522
Professional subscriptions	120	-	120	1,848
Other	<u>37</u>	-	<u>37</u>	<u>714</u>
Other support costs				
Wages and pension	51,445	-	51,445	45,686
Rent, rates and water	14,000	-	14,000	12,940
Insurance	807	-	807	776
Telephone	2,049	-	2,049	2,019
Postage and stationery	847	-	847	723
Sundries	747	-	747	716
Meeting expenses	128	-	128	94
Accountancy	1,575	-	1,575	1,032
Professional fees	551	-	551	512
Consultancy services	-	-	-	-
Equipment purchases	189	-	189	998
Repairs and maintenance	<u>959</u>	-	<u>959</u>	<u>928</u>
Total payments	<u>96,966</u>	-	<u>96,966</u>	<u>89,240</u>
Net receipts for the year	<u>(19,983)</u>	-	<u>(19,983)</u>	<u>(4,911)</u>
Bank and Cash Balances at 31 March 2024	<u>100,249</u>	-	<u>100,249</u>	<u>105,160</u>
Bank and Cash Balances at 31 March 2025	<u>80,266</u>	-	<u>80,266</u>	<u>100,249</u>

NOTE: These accounts have been prepared on the Receipts & Payments Basis and comply with the appropriate legal requirements for this basis to apply.

SIMEON CENTRE COUNSELLING SERVICE

England & Wales - Charity number 1098428

Accounts

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

Registered Charity Number: 1098428

SMITH & GOULDING LIMITED
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CHORLEY

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT FOR THE YEAR TO 31 MARCH 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number 1098428

Principal Address

Victoria Hall
Knowsley Street
Bolton
Lancashire
BL1 2AS

Trustees

Mr P Green
Mr G Fairhurst
Ms J Orrell
Mr R Bradley
Ms E Lewis
Ms C Greer (Resigned 18th June 2024)
Ms N Thompson (Resigned 16th September 2023)

Independent Examiner

Smith & Goulding Limited
Chartered Accountants
2-4 Southport Road
Chorley
Lancashire
PR7 1LD

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing document

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The trustees are appointed by the members of the organisation at the Annual General Meeting and the trustees have the power under the governing documents to co-opt individuals who support the objects of the organisation to fill vacancies on the Board of Management. As part of their induction, new trustees are provided with information about the charity, the management structure, its history and working practices. In addition, they are also provided with extracts of the Memorandum and Articles of Association plus information from the Charity Commission regarding the duties and responsibilities of trustees.

OBJECTIVES AND ACTIVITIES

The objectives and activities of the Charity are to offer confidential counselling in a safe accepting environment to all members of the community irrespective of race, religion or gender. We offer a generic counselling service that is free at point of need. The charity aims to provide a one to one counselling service in a peaceful, safe and accepting environment where people can take time out to talk freely without fear of being judged.

Public Benefit

We have referred to and have complied with the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future events. In particular

the trustees consider how planned activities will contribute to the aims and objectives they have set, both through the use of unrestricted and restricted funds where appropriate.

ACHIEVEMENTS AND PERFORMANCE

Volunteers

Between 1st April 2023 and 31st March 2024, we have had 69 volunteer counsellors in total:

- Qualified = 39 (57%) **3 less than the previous year
- Placement = 30 (43%) **6 less than the previous year

Volunteer Attrition

Between 1st April 2023 and 31st March 2024, we lost 17 volunteer counsellors:

- Qualified = 6 (35%) **11 less than the previous year
- Placement = 11 (65%) **1 less than the previous year

A breakdown of the reasons volunteer counsellors stopped seeing clients for us is as follows:

- Employment = 5 (29%)
- Health Issues = 2 (12%)
- Loss of Student Status = 1 (6%)
- Maternity Leave = 1 (6%)
- Moved Away From Bolton = 2 (12%)
- Placement Completed = 4 (24%)
- Started to Volunteer Elsewhere = 2 (12%)

Client Sessions Arranged

Between 1st April 2023 and 31st March 2024, we scheduled 3,965 counselling sessions:

- Attended = 3,083 (78%) **7 less than the previous year
- Same Day Cancellation = 322 (8%) **35 less than the previous year
- Advanced Cancellation = 294 (7%) **3 more than the previous year
- Did Not Attend Without Notice = 266 (7%) **64 more than the previous year

Future Contracts and Relationships

Simeon Centre Counselling Service has been a core partner of 1-Point (North-West) since its inception in 2012. We have also worked with the 1-Point Network (1-Point, Beacon, Being Heard, Fortalice, and MhIST) to provide counselling services to NHS patients since the contract was first established in 2014, and this contract has been our sole source of income for almost a decade.

We became aware towards the end of this financial year that our ability to continue working on behalf of the NHS would sadly come to an end in the following financial year due to contract requirement changes, namely that the NHS would like their clients to be seen by employed staff.

While we would be honoured to be in a position to employ the volunteers that have been the bedrock of our charity since 1999, we are sadly not in a position to afford the cost of doing so. With deep regret, this means that our partnership with 1-Point and the NHS will end in 2024 - 25.

While the next financial year has an air of uncertainty to it that we have been fortunate to avoid for so many years, it also brings with it exciting opportunities to develop and grow our charity, with its key focus remaining on supporting the people of Bolton overcome their struggles with mental health through the provision of an excellent and well-respected counselling service.

Tribute to Long-Term Volunteers

The very core of Simeon Centre Counselling Service is the team of volunteers who make our work to support the local community possible. We would like to pay a special tribute to the following:

- Alena, who has volunteered for us since March 2010
- Joan, who has volunteered for us since March 2010
- Fozia, who has volunteered for us since February 2014
- Wendy, who has volunteered for us since April 2016
- Ana, who has volunteered for us since June 2018
- Christine, who has volunteered for us since October 2018

In addition to our long-standing team of volunteer counsellors, we would also like to pay a special tribute to the trustees on our board who have stood by and supported our charity for many years:

- Bob, who has been a trustee since August 2008
- Jill, who has been a trustee since August 2008
- Peter, who has been a trustee since August 2008
- Emma, who has been a trustee since November 2016

Post Balance Sheet Events

Since the start of this financial year, we have been winding down our contract with the NHS via our partnership with 1-Point. We have not taken on new NHS clients since October 2024 and expect all cases with them to be closed before the end of the financial year.

Simeon Centre Counselling Services continues to support the community through direct referrals and forming new partnerships with other organisations across the boroughs of Bolton.

Thanks to our excellent reputation amongst health providers, we are seeing a substantial number of GP surgeries sending their patients straight to us for direct and immediate access to therapy.

As well as our team creating new networks to support marginalised communities, often overlooked by traditional counselling services, we are also striving to offer new and exciting training opportunities to our volunteers to better support their professional development.

Through increasing our skills base and moving into providing more specialised counselling services to complement our traditional work, we are hopeful that we will be able to secure new funding opportunities enabling us to continue supporting our community for many years to come.

FINANCIAL REVIEW

Summary of the Year

The financial results for the year and the position at the year-end are set out in the following Receipts and Payments account and Statement of Assets and Liabilities.

Risk

The trustees recognise that the most significant risk of the charity is that of loss of external funding. Contracts between 1point and the NHS are reviewed on a regular basis, usually covering a three-year period. Each renegotiation period represents a risk for 1point and hence for the Simeon Centre. Due to the nature of our work, a sudden cessation of service is likely to have detrimental impact on our clients. Furthermore, should current funding cease, the most likely source of alternative income would be via a grant. Application procedures for grants tend to be lengthy and drawn out, further impacting on the ability of the charity to continue providing services.

Reserves Policy

To effectively manage the risk described above, the trustees have reviewed the reserves policy this year and decided that reserves equal to one year's running costs should be set aside. The amount will be reviewed regularly.

Investment Policy

Investment decisions are made by the management committee. Currently, surplus funds are held in a high interest savings account. Surplus funds are held for the purposes of maintaining reserves as described above.

DECLARATION

The trustees declare that they have approved the Trustee's Report above.

Signed on behalf of the charity's trustees

Signature: 

Full Name: Mr P Green
Position: Chair

Date: 9 - 12 - 24

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES
OF SIMEON CENTRE COUNSELLING SERVICE**

I report to the trustees on my examination of the accounts of Simeon Centre Counselling Service for the year ended 31 March 2024, which are set out on the following pages.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Act and that an independent examination is needed.

I report in respect of my examination of the Trustees' accounts carried out under s.145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

Independent examiners' statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed the examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by s. 130 of the Act; or
- (2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Andrew Simm BSc FCA
Chartered Accountant
SMITH & GOULDING LIMITED
2-4 Southport Road
CHORLEY
Lancashire PR7 1LD**

Dated: 15/1/2025


SIMEON CENTRE COUNSELLING SERVICE

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 MARCH 2024

	Unrestricted funds	Restricted funds	Total	2023
Monetary assets				
Cash at bank - current account	21,025	-	21,025	29,204
Cash at bank - deposit account	78,761	-	78,761	75,574
Cash in hand	463	-	463	382
	<u>100,249</u>	-	<u>100,249</u>	<u>105,160</u>
Non-monetary assets				
Fixed assets				
The Charity's fixed assets which are stated at cost are maintained on a regular basis and are all in good condition.				
Fixtures, fittings and equipment (acquired from 2013 to 2024)	7,238	-	7,238	6,240
Other assets				
Debtors - 1point	21,450	-	21,450	23,010
Liabilities				
Rent	1,167	-	1,167	-
PAYE	1,942	-	1,942	-
Pension	247	-	247	-
Telephone	240	-	240	221
Expenses claims	-	-	-	976
Accountancy fees	1,500	-	1,500	-

The accounts were approved by the Board of Trustees on...9 - 12 - 24...and were signed on their behalf by:

..... Mr P Green, Chair

SIMEON CENTRE COUNSELLING SERVICE

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Unrestricted funds	Restricted funds	Total	2023
Receipts				
Donations	1,582	-	1,582	1,315
Gift Aid claims	-	-	-	-
Provision of counselling services	79,560	-	79,560	84,231
Deposit interest	3,187	-	3,187	1,548
Total receipts	84,329	-	84,329	87,094
Direct charitable expenditure				
Supervision and training	16,732	-	16,102	14,098
Travel	3,522	-	3,347	3,290
Professional subscriptions	1,848	-	1,678	1,939
Other	714	-	714	-
Other support costs				
Wages and pension	45,686	-	45,686	45,291
Rent, rates and water	12,940	-	12,940	14,042
Insurance	776	-	776	415
Telephone	2,019	-	2,019	2,088
Postage and stationery	723	-	723	867
Sundries	716	-	716	631
Meeting expenses	94	-	94	189
Accountancy	1,032	-	1,032	894
Professional fees	512	-	512	455
Consultancy services	-	-	-	462
Equipment purchases	998	-	998	1,187
Repairs and maintenance	928	-	928	1,045
Total payments	89,240	-	89,240	86,893
Net receipts for the year	(4,911)	-	(4,911)	201
Bank and Cash Balances at 31 March 2023	105,160	-	105,160	104,959
Bank and Cash Balances at 31 March 2024	100,249	-	100,249	105,160

NOTE: These accounts have been prepared on the Receipts & Payments Basis and comply with the appropriate legal requirements for this basis to apply.

SIMEON CENTRE COUNSELLING SERVICE

England & Wales - Charity number 1098428

Accounts

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

Registered Charity Number: 1098428

SMITH & GOULDING LIMITED
Chartered Accountants
& Registered Auditors
2-4 Southport Road
CHORLEY

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT FOR THE YEAR TO 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number 1098428

Principal Address

Victoria Hall
Knowsley Street
Bolton
Lancashire
BL1 2AS

Trustees

Mr R Bradley
Mr P Green
Ms C Greer
Ms J Orrell
Ms N Thompson
Ms E Lewis
Rev Dr B Tomkins (resigned 11 August 2022)

Independent Examiner

Smith & Goulding Limited
Chartered Accountants
2-4 Southport Road
Chorley
Lancashire
PR7 1LD

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing document

The Simeon Centre Counselling Service is controlled by its governing document, a deed of trust dated 27 March 2003 (revised in 2008 and 2016) and constitutes an unincorporated charity. It is a non-profit making organisation and its trustees are volunteers. The Charity was registered on 8 July 2003.

Recruitment and Training of Trustees

The trustees are appointed by the members of the organisation at the Annual General Meeting and the trustees have the power under the governing documents to co-opt individuals who support the objects of the organisation to fill vacancies on the Board of Management. As part of their induction, new trustees are provided with information about the charity, the management structure, its history and working practices. In addition, they are also provided with extracts of the Memorandum and Articles of Association plus information from the Charity Commission regarding the duties and responsibilities of trustees.

OBJECTIVES AND ACTIVITIES

The objectives and activities of the Charity are to offer confidential counselling in a safe accepting environment to all members of the community irrespective of race, religion or gender. We offer a generic counselling service that is free at point of need. The charity aims to provide a one to one counselling service in a peaceful, safe and accepting environment where people can take time out to talk freely without fear of being judged.

Public Benefit

We have referred to and have complied with the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future events. In particular

the trustees consider how planned activities will contribute to the aims and objectives they have set, both through the use of unrestricted and restricted funds where appropriate.

ACHIEVEMENTS AND PERFORMANCE

Volunteers

Through 2022-2023 we have had 78 counsellors volunteering for Simeon Centre in total:

Qualified	42 (53.8%)
Students (100 Hours Complete)	13 (16.7%)
Placement (Less Than 100 Hours Complete)	23 (29.5%)

**The status is based on current information as separate information was not kept at the time.*

Volunteer Attrition

Through 2022-2023 there were 29 counsellors who stopped volunteering for Simeon Centre:

Qualified	17 (58.6%)
Students (100 Hours Complete)	6 (20.7%)
Placement (Less Than 100 Hours Complete)	6 (20.7%)

A breakdown of the reasons volunteers stopped seeing clients for us is as follows:

Employment	15 (51.7%)
Health Issues	4 (13.8%)
Performance Issues	4 (13.8%)
Ethical Dilemma	2 (6.9%)
Loss of Student Status	2 (6.9%)
Time Management (College / Employment)	2 (6.9%)

Client Sessions Arranged

In 2022-2023 we made 3,940 counselling session appointments with clients at Simeon Centre:

Attended	3090 (78.4%)
Same Day Cancellation	357 (9.1%)
Advanced Cancellation	291 (7.4%)
Did Not Attend Without Notice	202 (5.1%)

New Relationships

Simeon Centre has always been part of a wider network of services that work together to better support the people of Bolton. Our long-standing connections with 1-Point Network (1-Point, Beacon, Being Heard, Fortalice and MhIST) has been a testament to that over the years.

With the support of Robert (one of our volunteers and an Associate Lecturer at the University of Bolton), we have been able to build our connection with the main educational institution in the

town, to better support our aims of helping students on their way to qualification. With the assistance of Robert and Charlotte (the Programme Lead for Msc Counselling & Psychology Degree) we hope to continue this new relationship into the future.

Tribute to Long-Term Volunteers

At its core, Simeon Centre is a team of volunteers who are dedicated to supporting others through their mental health struggles. Without our volunteers help and time, we are nothing.

We would like to pay a special tribute to the following counsellors:

- Alena who has seen clients for us since March 2010.
- Joan who has seen clients for us since March 2010.
- Fozia who has seen clients for us since February 2014.
- Wendy who has seen clients for us since April 2016.
- Ana who has seen clients for us since June 2018.
- Christine who has seen clients for us since October 2018.

New Volunteers at Simeon Centre

There have been 38 counsellors who started to volunteer for Simeon Centre since April 2023.

It has been a source of great pride for the management to see many of those counsellor's transition from students on placement to qualified therapists who continue to volunteer for us. It cannot be overstated the volume of good each one of our recruits has done for the people of Bolton. Seeing the positive changes to our clients' lives reinforces their great work.

Reducing Clients Missed Appointments

A large focus of the management across 2022-2023 was to reduce the number of missed sessions. Aside from the benefits of regular counselling as opposed to a broken run of appointments, the drive was to ensure that as many clients could be seen as possible in the same amount of time – given the hundreds of people on the waiting list to access the service.

A lot of time was spent working with our partners in the 1-Point Network and a large portion of our financial resources was spent on supporting clients to attend (via increased information at the start of therapy and weekly text reminders of their counselling appointments). However, while it was worth the time and effort spent to make a positive impact, it proved to have little to no impact in the end. Missed sessions across the network still amount to 25%.

Looking to the Future

In May 2023, Jen (our Service Coordinator since July 2019) left Simeon Centre to expand her role working for 1-Point as the lead of their new Graduate Scheme. While it does not fall under 2022-2023 we wanted to use this time to give thanks to her for all she has done.

Since Jen joined Simeon Centre, she has supported the development of countless numbers of students as they worked towards qualification. Jen has also given sage words of advice and guidance to our numerous qualified therapists over the years to support them in client work.

Aside from the massive positive impact Jen had on the lives of our counsellors and their clients, she was a rock of encouragement to the two managers she worked with since 2019.

We now welcome Jen's replacement Lisa in the role of Service Coordinator. Since joining the team, first as a volunteer counsellor in April 2023, and then in post since July 2023, Lisa has made a huge contribution to the service we provide and has already shown to us all that her warm and friendly nature and professionalism in difficult times will be a huge asset.

We are also extremely sad to announce that our Treasurer on our Board of Trustees, Natacha Thompson, will be stepping down at the upcoming Annual General Meeting. Natacha has been on our Board since July 2015 and has been a major support to the management in that time, with her advice, guidance, insight, and passion for supporting the charity in all forums.

There are ongoing conversations around the changes being made within NHS England and how that will affect the current agreement the 1-Point Network have with them as a provider of one-to-one therapeutic services. We will keep stakeholders updated when we know more.

FINANCIAL REVIEW

Summary of the Year

The financial results for the year and the position at the year-end are set out in the following Receipts and Payments account and Statement of Assets and Liabilities.

Risk

The trustees recognise that the most significant risk of the charity is that of loss of external funding. Contracts between 1point and the NHS are reviewed on a regular basis, usually covering a three-year period. Each renegotiation period represents a risk for 1point and hence for the Simeon Centre. Due to the nature of our work, a sudden cessation of service is likely to have detrimental impact on our clients. Furthermore, should current funding cease, the most likely source of alternative income would be via a grant. Application procedures for grants tend to be lengthy and drawn out, further impacting on the ability of the charity to continue providing services.

Reserves Policy

To effectively manage the risk described above, the trustees have reviewed the reserves policy this year and decided that reserves equal to one year's running costs should be set aside. The amount will be reviewed regularly.

Investment Policy

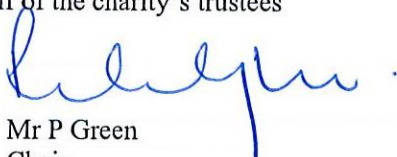
Investment decisions are made by the management committee. Currently, surplus funds are held in a high interest savings account. Surplus funds are held for the purposes of maintaining reserves as described above.

DECLARATION

The trustees declare that they have approved the Trustee's Report above.

Signed on behalf of the charity's trustees

Signature:



Full Name: Mr P Green

Position: Chair

Date: 16 - 01 - 23

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES
OF SIMEON CENTRE COUNSELLING SERVICE**

I report to the trustees on my examination of the accounts of Simeon Centre Counselling Service for the year ended 31 March 2023, which are set out on the following pages.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Act and that an independent examination is needed.

I report in respect of my examination of the Trustees' accounts carried out under s.145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

Independent examiners' statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed the examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by s. 130 of the Act; or
- (2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Gardiner ACA CTA
Chartered Accountant
SMITH & GOULDING LIMITED
2-4 Southport Road
CHORLEY
Lancashire PR7 1LD

Dated: 3 November 2023

SIMEON CENTRE COUNSELLING SERVICE

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 MARCH 2023

	Unrestricted funds	Restricted funds	Total	2022
Monetary assets				
Cash at bank - current account	29,204	-	29,204	30,704
Cash at bank - deposit account	75,574	-	75,574	74,026
Cash in hand	382	-	382	229
	<u>105,160</u>	-	<u>105,160</u>	<u>104,959</u>
Non-monetary assets				
Fixed assets				
The Charity's fixed assets which are stated at cost are maintained on a regular basis and are all in good condition.				
Fixtures, fittings and equipment (acquired from 2013 to 2023)	6,240	-	6,240	5,063
Other assets				
Debtors - 1point	23,010	-	23,010	24,388
Liabilities				
Rent	-	-	-	1,042
PAYE	-	-	-	561
Pension	-	-	-	491
Telephone	221	-	221	-
Expenses claims	976	-	976	1,198
Accountancy fees	720	-	720	570

The accounts were approved by the Board of Trustees on 16-9-23 and were signed on their behalf by:


 Mr P Green, Chair

SIMEON CENTRE COUNSELLING SERVICE

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

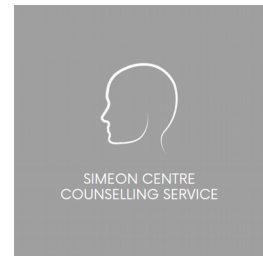
	Unrestricted funds	Restricted funds	Total	2022
Receipts				
Donations	1,315	-	1,315	1,781
Gift Aid claims	-	-	-	122
Provision of counselling services	84,231	-	84,231	73,931
Deposit interest	1,548	-	1,548	733
	<hr/>		<hr/>	
Total receipts	87,094	-	87,094	76,567
Direct charitable expenditure				
Supervision and training	14,098	-	14,098	9,357
Travel	3,290	-	3,290	1,139
Professional subscriptions	1,939	-	1,939	1,360
Other support costs				
Wages and pension	45,291	-	45,291	46,579
Rent, rates and water	14,042	-	14,042	12,570
Insurance	415	-	415	534
Telephone	2,088	-	2,088	1,503
Postage and stationery	867	-	867	168
Sundries	631	-	631	187
Meeting expenses	189	-	189	346
Accountancy	894	-	894	750
Professional fees	455	-	455	296
Consultancy services	462	-	462	-
Equipment purchases	1,187	-	1,187	408
Repairs and maintenance	1,045	-	1,045	481
	<hr/>		<hr/>	
Total payments	86,893	-	86,893	75,678
Net receipts for the year	201	-	201	889
Bank and Cash Balances at 31 March 2022	104,959	-	104,959	104,070
Bank and Cash Balances at 31 March 2023	105,160	-	105,160	104,959

NOTE: These accounts have been prepared on the Receipts & Payments Basis and comply with the appropriate legal requirements for this basis to apply.

SIMEON CENTRE COUNSELLING SERVICE

England & Wales - Charity number 1098428

Accounts



**SIMEON CENTRE COUNSELLING SERVICE
ANNUAL GENERAL MEETING AGENDA
24th September 2022
12:00 - 14:00**

Chair - Peter Green

- Welcome
- Apologies
- Election / Re-Election of Trustees
- Presentation and Adoption of the Annual Report

Treasurer - Natacha Thompson

- Presentation and Adoption of the Annual Accounts
- Appointment / Re-Appointment of the Independent Examiner

Simeon Centre Manager - Kevin Illingworth

- Managers Update
- Thanks, and Congratulations

Annual General Meeting Guest Speaker - Elisabeth Long

- Guest Speaker - Professional Development and a History of 1-Point

Chair - Peter Green

- Closing Remarks and Invitation to Lunch (Served Immediately After the AGM)

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Registered Charity Number: 1098428

SMITH & GOULDING LIMITED
Chartered Accountants
& Registered Auditors
2-4 Southport Road
CHORLEY

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT FOR THE YEAR TO 31 MARCH 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number 1098428

Principal Address

Victoria Hall
Knowsley Street
Bolton
Lancashire
BL1 2AS

Trustees

Mr R Bradley
Mr P Green
Ms C Greer (appointed 28/02/2022)
Ms J Orrell
Ms M Turner (resigned 13/12/2021)
Ms N Thompson
Ms E Lewis
Rev Dr B Tomkins

Independent Examiner

Smith & Goulding Limited
Chartered Accountants
2-4 Southport Road
Chorley
Lancashire
PR7 1LD

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing document

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Recruitment and Training of Trustees

The trustees are appointed by the members of the organisation at the Annual General Meeting and the trustees have the power under the governing documents to co-opt individuals who support the objects of the organisation to fill vacancies on the Board of Management. As part of their induction, new trustees are provided with information about the charity, the management structure, its history and working practices. In addition, they are also provided with extracts of the Memorandum and Articles of Association plus information from the Charity Commission regarding the duties and responsibilities of trustees.

OBJECTIVES AND ACTIVITIES

The objectives and activities of the Charity are to offer confidential counselling in a safe accepting environment to all members of the community irrespective of race, religion or gender. We offer a generic counselling service that is free at point of need. The charity aims to provide a one to one counselling service in a peaceful, safe and accepting environment where people can take time out to talk freely without fear of being judged.

Public Benefit

We have referred to and have complied with the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future events. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set, both through the use of unrestricted and restricted funds where appropriate.

ACHIEVEMENTS AND PERFORMANCE

Volunteers:

- 2020-2021 = 43
- 2021-2022 = 40 (7% Reduction)

Volunteers Left:

- 2021-2022 = 17

Volunteers Started:

- 2021-2022 = 14

Qualified Volunteers:

- 2020-2021 = 23
- 2021-2022 = 26 (13% Increase)

Placement Volunteers:

- 2020-2021 = 20
- 2021-2022 = 14 (30% Reduction)

Clients Accessed:

- 2020-2021 = 349
- 2021-2022 = 362 (4% Increase)

Scheduled Sessions:

- 2020-2021 = 2,545
 - 2021-2022 = 3,476 (37% Increase)
-

Sessions Attended:

- 2020-2021 = 2,063
- 2021-2022 = 2,509 (11% Real-Term Decrease)

Did Not Attend:

- 2020-2021 = 108
- 2021-2022 = 146 (1% Real-Term Decrease)

Advanced Cancellations:

- 2020-2021 = 82
- 2021-2022 = 220 (96% Real-Term Increase)

Same Day Cancellations:

- 2020-2021 = 129
- 2021-2022 = 215 (21% Real-Term Increase)

Service / Therapist Cancellations

- 2020-2021 = 163
- 2021-2022 = 386 (73% Real-Term Increase)

The above cancellations are heavily skewed due to COVID and the return to face-to-face session

ACHIEVEMENTS AND PERFORMANCE continued

2021-2022 saw the return of face-to-face counselling at the Simeon Centre and the phased transition from seeing clients remotely (via online video and telephone) for sessions, back to in person therapy.

We continued to see clients who preferred the remote format over the face-to-face option, which was in keeping with several of our volunteers who decided to remain as remote counsellors. For those who came back to in person therapy, sessions were spaced out to allow for the rooms to be aired out and cleaned between sessions. Due to those factors, our capacity for seeing clients was largely impacted.

Part way through the 2021-2022 financial year, our manager Gary announced his intention to retire from the role of Simeon Centre Manager. Gary then left the charity at the start of the 2022-2023 financial year.

Despite the reduction in volunteer counsellors, the number of clients who accessed the service increased, along with the number of scheduled sessions, which is a testament to all our volunteers.

We would like to thank Gary for his years of commitment to the Simeon Centre. If it was not for his insight, his warm nature, and his unwavering support, we are certain that our team would not have become the counsellors they are today. If it was not for his drive and keenness to develop and maintain bonds with other services in Bolton (1-Point, Beacon, Fortalice, MhIST and St Georges), we are equally as certain that the Simeon Centre would not have developed into the service it has become, whereby under his leadership, thousands of people in the community have accessed high quality therapeutic services.

We would also like to thank Jen, our Service Coordinator, who has been with the Simeon Centre for several years, and the support she has offered since our new Centre Manager started the role in May 2022. We are also aware of the amount of support and guidance she has offered our volunteers in their times of need.

Our biggest thanks go to all the volunteers who give their free time to support those who are in need. Without them, so many people in our community would be left to suffer from the severe impact of poor mental health. They all save lives, change lives, and make the world a better place one person at a time.

We would like to highlight both Alena and Joan, who have been volunteering with us for 12 years (starting in 2010); Fozia and Natacha, who have been volunteering with us for 8 years (starting in 2014); Wendy, who has been volunteering with us for 6 years (starting in 2016); and Emma, Peter, and Vinita, who have been volunteering with us for 5 years (starting in 2017). Their length of time volunteering in the community is truly inspiring.

FINANCIAL REVIEW

Summary of the Year

The financial results for the year and the position at the year-end are set out in the following Receipts and Payments account and Statement of Assets and Liabilities.

Risk

The trustees recognise that the most significant risk of the charity is that of loss of external funding. Contracts between 1point and the NHS are reviewed on a regular basis, usually covering a three-year period. Each renegotiation period represents a risk for 1point and hence for the Simeon Centre. Due to the nature of our work, a sudden cessation of service is likely to have detrimental impact on our clients. Furthermore, should current funding cease, the most likely source of alternative income would be via a grant. Application procedures for grants tend to be lengthy and drawn out, further impacting on the ability of the charity to continue providing services.

Reserves Policy

To effectively manage the risk described above, the trustees have reviewed the reserves policy this year and decided that reserves equal to one year's running costs should be set aside. The amount will be reviewed regularly.

Investment Policy

Investment decisions are made by the management committee. Currently, surplus funds are held in a high interest savings account. Surplus funds are held for the purposes of maintaining reserves as described above.

DECLARATION

The trustees declare that they have approved the Trustee's Report above.

Signed on behalf of the charity's trustees

Signature:

Full Name: Mr P Green

Position: Chair

Date:

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES
OF SIMEON CENTRE COUNSELLING SERVICE**

I report to the trustees on my examination of the accounts of Simeon Centre Counselling Service for the year ended 31 March 2022, which are set out on the following pages.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (“the Act”). The charity’s trustees consider that an audit is not required for this year under section 144 (2) of the Act and that an independent examination is needed.

I report in respect of my examination of the Trustees’ accounts carried out under s.145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

Independent examiners’ statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a ‘true and fair view’ and the report is limited to those matters set out in the statement below.

Independent examiner’s statement

I have completed the examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by s. 130 of the Act; or
- (2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Stephen Gardiner ACA CTA
Chartered Accountant
SMITH & GOULDING LIMITED
2-4 Southport Road
CHORLEY
Lancashire PR7 1LD**

Dated:

SIMEON CENTRE COUNSELLING SERVICE

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 MARCH 2022

	Unrestricted funds	Restricted funds	Total	2021
Monetary assets				
Cash at bank - current account	30,704	-	30,704	30,656
Cash at bank - deposit account	74,026	-	74,026	73,293
Cash in hand	229	-	229	121
	<u>104,959</u>	<u>-</u>	<u>104,959</u>	<u>104,070</u>
Non-monetary assets				
Fixed assets				
The Charity's fixed assets which are stated at cost are maintained on a regular basis and are all in good condition.				
Fixtures, fittings and equipment (acquired from 2013 to 2022)	5,063	-	5,063	4,654
Other assets				
Debtors - 1point	24,388	-	24,388	19,386
Liabilities				
Rent	1,042	-	1,042	1,042
PAYE	561	-	561	466
Pension	491	-	491	471
Expenses claims	1,198	-	1,198	840
Accountancy fees	570	-	570	570

The accounts were approved by the Board of Trustees on.....and were signed on their behalf by:

..... Mr P Green, Chair

SIMEON CENTRE COUNSELLING SERVICE
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2022

	Unrestricted funds	Restricted funds	Total	2021
Receipts				
Donations	1,781	-	1,781	680
Gift Aid claims	122	-	122	-
Provision of counselling services	73,931	-	73,931	73,083
Other trading income	-	-	-	1,090
Deposit interest	733	-	733	903
Total receipts	<u>76,567</u>	-	<u>76,567</u>	<u>75,756</u>
Direct charitable expenditure				
Supervision and training	9,357	-	9,357	8,906
Travel	1,139	-	1,139	91
Professional subscriptions	1,360	-	1,360	848
Other support costs				
Wages and pension	46,579	-	46,579	42,336
Rent, rates and water	12,570	-	12,570	9,714
Insurance	534	-	534	921
Telephone	1,503	-	1,503	1,487
Postage and stationery	168	-	168	190
Sundries	187	-	187	915
Meeting expenses	346	-	346	144
Accountancy	750	-	750	840
Professional fees	296	-	296	10
Equipment purchases	408	-	408	243
Repairs and maintenance	481	-	481	344
Total payments	<u>75,678</u>	-	<u>75,678</u>	<u>66,989</u>
Net receipts for the year	889	-	889	8,767
Bank and Cash Balances at 31 March 2021	<u>104,070</u>	-	<u>104,070</u>	<u>95,303</u>
Bank and Cash Balances at 31 March 2022	<u>104,959</u>	-	<u>104,959</u>	<u>104,070</u>

NOTE: These accounts have been prepared on the Receipts & Payments Basis and comply with the appropriate legal requirements for this basis to apply.

SIMEON CENTRE COUNSELLING SERVICE

NOTES FOR AGM ON 24 SEPTEMBER 2022

As in earlier years, I am presenting a short report on the accounts for the Simeon Centre for the year to 31 March 2022. The pandemic had a major impact on the previous year's accounts for 2021, which reflected the impact of the lockdowns and the move to remote working during the year. The 2022 accounts reflect more of a return to normality after the previous year.

It is not necessary for a charity of this size to prepare a full set of detailed accounts on an annual basis. As in previous years, an alternative cash-based approach has therefore been used so that the accounts consist of a summary of the actual receipts and payments for the year, together with a list of the various assets and liabilities at the year-end. This is a standard approach for accounts, approved by the Charity Commission, and has been used by charities for many years.

The Receipts and Payments account simply sets out the actual amounts received and paid during the year and does not make any adjustment to the figures for the amounts owing at the beginning and end of the year as would be the case in the more detailed set of accounts.

Receipts

Donations

The level of donations has increased again this year following the return to the Victoria Hall for the counselling sessions, but this is still much lower than before the pandemic, although hopefully this should continue to improve now due to the ongoing use of the Hall. The majority of donations this year were received in cash as in earlier years, after a change to donations being paid direct to the bank account in 2020/21 which has declined this year. The level of the Gift Aid claim is also still much lower than in earlier years.

Counselling services

This source of income relates to the amounts charged to the alliance organisation 1point on a quarterly basis for services provided to individuals by the centre. Since the accounts are prepared on a cash basis, the figure for the provision of counselling services includes the amounts actually received during each of the two years.

Although the actual cash receipts have remained similar from year to year at around £73,000, this is partly due to the inclusion in 2021 of a large additional one-off receipt from 1point of £11,616 for the previous year to March 2020 to help all members of the group deal with the cost of transitioning to remote counselling.

If the provision of counselling services in the accounts for the two years was adjusted to take account of the opening and closing 1point debtor, the actual amount earned during

2021 was about £67,000 up to about £79,000 in 2022. This increase reflects an increasing level of charges to 1point each quarter during the year to March 2022.

Other income

There is now no amount received for other trading income in 2022's figures since this had related to the consultancy fees charged to 1point for additional services carried out, where the work was brought in-house by 1point part way through the previous year.

The Centre does keep a certain amount of funds in reserve to cover fluctuations in income and other unexpected changes. The funds are held in a deposit account and the level of interest received on this has fallen in 2022 due to a general fall in the level of interest rates during the year.

Payments

Direct costs

The circumstances of 2020/21 had reduced the level of a number of expenditure items, such as supervision and training, travel and subscriptions although the figure for supervision and training would have been lower still but for the amount of £2,500 paid for training costs for telephone and zoom counselling work. The costs have now increased again in the improved circumstances of 2021/22, although these are all still down on the figures two years ago.

In the case of travel costs the total still reflects a certain level of on-line counselling particularly during the early part of the year but later months are showing a marked increase in this expenditure. Professional fees in respect of DBS costs have also increased again this year after the negligible figure in 2021.

Other costs

There has been a rise in the level of wages costs again as a result of salary increases for both Gary and his assistant Jen from the start of the year.

The level of rent payments has increased from 2021, partly due to concessions given during the pandemic as well as the timing impact when the rents moved from quarterly to monthly payments last year. The figure for telephone has remained at the increased level shown last year as a result of the on-line counselling. The figure for sundries in 2021 included an amount of £880 for the vouchers at Christmas 2020 given as a one-off thank you to the volunteers for their support during the year.

Overall therefore although the level of income has remained similar to 2021, the level of expenditure has increased and the net receipts for the year of £889 are therefore showing a large reduction compared to 2021. The new balance at March 2022 of £104,959 is reflected in the total of monetary assets shown in the Statement of Assets and Liabilities.

Assets & Liabilities

The figure in the Receipts and Payments account is reflected in the Statement of Assets and Liabilities which shows the breakdown between the various balances and in particular shows the balance on the deposit account where the charity's reserve funds are held and on which the deposit interest was paid.

As a precaution the Trustees hold reserves sufficient to cover one year's running costs which would allow the activities of the charity to be wound down in a sensitive and ethical manner if there was ever any serious issue with regard to funding at some point in the future. This prudent approach was critical in helping the Centre cope with the issues caused by the Covid 19 pandemic.

Apart from the bank balances there are also a number of other assets and liabilities at the year-end. The main item is the amount owing from 1point for the latest quarterly charge up to the end of March 2022.

The figure for fixtures, fittings and equipment has increased since there have been a few minor acquisitions during 2022. The various liabilities have changed to a small degree but simply reflect timing differences in terms of the payments.

The charity was therefore in a sound financial state at the year-end and, while having to continue adapting to deal with the impact of the pandemic, has still been in a position to continue providing its much-needed services on an ongoing basis despite the unprecedented circumstances during the last couple of years.

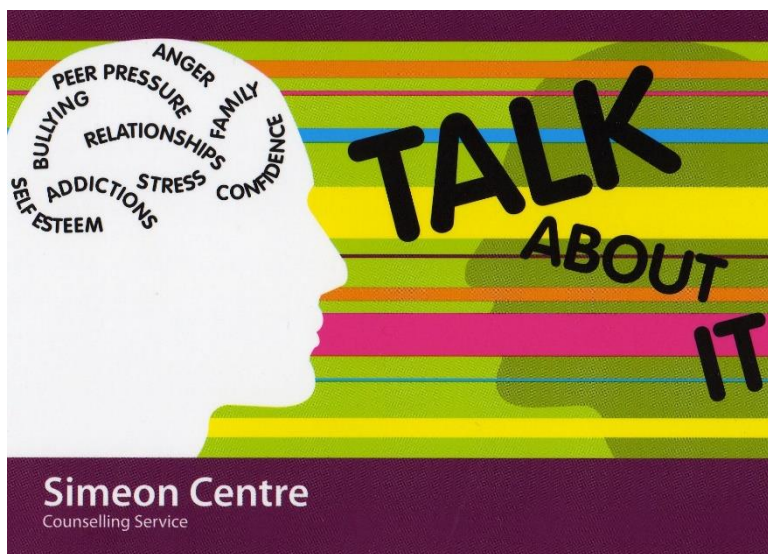
Stephen Gardiner ACA CTA
Chartered Accountant and Independent Examiner
SMITH & GOULDING LTD
2-4 Southport Road
CHORLEY
Lancashire PR7 1LD

SIMEON CENTRE COUNSELLING SERVICE

England & Wales - Charity number 1098428

Accounts

Annual Review 2020-21



Simeon Centre Counselling Service
Victoria Hall
Knowsley Street
Bolton
BL1 2AS

01204 387363
07520 633101 (SMS only)
counselling@simeoncentre.org.uk
www.simeoncentre.org.uk

A registered charity in England & Wales 1098428

An introduction from the Chair

Thank you for taking the time to find out more about what we do and how the Centre has delivered its counselling services over the last 12 months.

It's clear that the last year has been challenging, both for individuals and for organisations, as the pandemic and lockdowns have seen a huge increase in demand for our services, at a time when we were not able to deliver them in the way that we traditionally have.

It's thanks to the tenacity and resilience of our Centre Manager, Gary, our Administrator, Jen, and the amazing volunteers that we have been able to continue supporting the people of Bolton.

Providing online and telephone counselling has been really important to lots of people and we are grateful to all who undertook the additional training necessary and have risen to the challenge.

As a voluntary organisation the Simeon Centre could not have the impact that we do without the many volunteer counsellors, greeters, administrators and management committee members who give their time. We depend on their dedication, commitment and skills in caring for those in need. On behalf of the Trustees, thank you for all you do.

The Simeon Centre remains committed to providing a quality, professional and accessible talking therapy service, free at the point of use for local people. A service we know, from direct feedback, that has significant benefits to the health and wellbeing of its service users.

We are also committed to improving training and development opportunities to qualified and student counsellors.

The Simeon Centre is a founder member of 1point North West, Bolton's Psychological Health and Wellbeing Alliance and Gary continues to have a significant input into its success. Working in partnership with the NHS and 1point has helped to put the Simeon Centre on a firm footing.

The physical, psychological and economic impacts of the pandemic are going to be felt for a long time to come and the demand for our service is growing. The Centre is well placed to continue delivering the highest standards of talking therapies and is committed to expanding and developing its service.

Peter Green
Chair

About the Simeon Centre

Since 1999 we have been proud to provide professional talking therapies, free at the point of need, to people aged 16 and above, living in and around Bolton.

Throughout the year we had **43 trained and qualified counsellors or therapists supporting our service**. This figure included 20 students at various stages along the way to a professional talking therapy qualification. Our service is highly regarded by many colleges and universities across the region for providing a quality placement experience for their students.



Just a few of our dedicated volunteers
Clockwise from top left: Peter, Kate, Christine, John, Liz and Joan

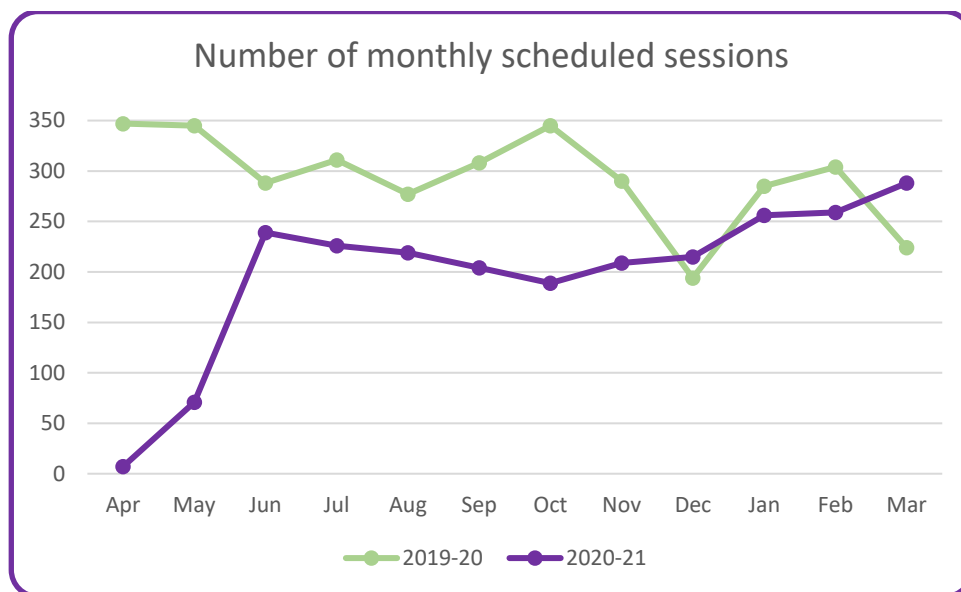
On average, each one of our volunteers gives around 3-4 hours of their time every week.

In addition to offering a chance to be heard by welcoming and non-judgemental professionals, the aims and goals of our service are to help individuals:

- restore their self-image and confidence
- plan positively for the future
- make decisions and choices in their lives
- return to work
- reduce their dependence on medication

Facts & figures

Throughout the year our service was accessed by **349 local people** and in total we scheduled **2,382 therapeutic hours**. Sadly, this represents a 32% reduction in comparison to the previous year. Due to the national lockdown, training and restructuring to introduce a 'remote' service, virtually no sessions took place until the final week of May.



Number of counselling sessions offered each month compared with previous year

Although only 78 sessions took place in April and May combined, the effect of the new remote service can clearly be seen from June onwards.

By the end of the year, we were getting close to achieving a similar number of appointments to those offered in 2019-20.

We do whatever we can to encourage all clients to engage weekly. However, cancelled and missed appointments are inevitable. These cannot be offered to others at short notice and are therefore wasted.

Sessions Attended	Sessions cancelled by clients	Where clients did not attend (DNA)	Total sessions scheduled
2063	211	108	2382
86.61%	8.86%	4.53%	100.0%

Interestingly, this year we experienced a huge reduction in the percentage of wasted appointments (13.39%), which is 10% fewer than last year. This can be attributed, partially, to counsellors' flexibility and willingness to re-schedule when clients cancelled or missed their appointments.

Partnership working

The Simeon Centre remains a full and active member of 1point (north west). We work closely with colleagues at 1point and the other member organisations (Beacon Bolton Counselling, Fortalice, MhIST and St Georges Counselling) to provide a professional talking therapy service with standardised procedures and shared values.



1point's usual programme of training for local therapists was suspended due to the pandemic. However, 1point sourced and funded excellent training from experienced remote therapy professionals. This was made available to all Simeon Centre volunteers who were willing to continue to offer counselling using telephones and/or webcams.

*"The service was brilliant I really do not know how I would of got through these last few months without my counselling. I feel like a new person and I could not have done it without the help of R*****"*

Simeon Centre client comment

Service user feedback

We routinely ask clients to provide feedback of their experience of our service. Thanks to the 78 people that completed an evaluation form. While some of the figures speak for themselves, we are always keen to read comments from clients and a few have been included throughout this annual review.

Of those responding to the question:
“What has changed for you as a result of your therapy?”...

- 55% are more optimistic about the future
- 55% are more able to cope with day to day living
- 47% are less anxious or worried
- 46% feel more confident
- 33% can now accept the way they are
- 17% reported other positive changes
- 9% say nothing has changed for them
- 5% are returning or have returned to work
- 5% no longer need or are less dependent on medication
- 0% say things seem to be worse for them now

Clients are asked to subjectively rate the way they felt on a scale of 0 to 10 (zero being worst) BEFORE starting therapy and again AFTER completing therapy.

The average score BEFORE therapy was 2.4 out of 10
The average score AFTER therapy was 7.3 out of 10

On average, our clients rated themselves feeling almost 5 points better upon completing therapy with us.

We also ask clients to evaluate their whole experience at the Simeon Centre with the following range of questions:

- Q1. Did staff listen to you and treat your concerns seriously?
- Q2. Have we helped you better understand and address your difficulties?
- Q3. Did you feel involved in making choices about your treatment and care?
- Q4. On reflection, did you get the help that mattered to you?
- Q5. Did you have confidence in your therapist and his/her approach to you?

%	Q1	Q2	Q3	Q4	Q5
Never	0.0	1.3	0.0	1.3	0.0
Rarely	0.0	0.0	0.0	0.0	1.3
Sometimes	0.0	2.5	1.3	6.4	1.3
Mostly	0.0	15.4	6.4	2.6	1.3
Always	100.0	80.8	92.3	89.7	96.1

- Q6. Were you satisfied with the accommodation where your therapy took place?
 Q7. Were you satisfied with the administration staff supporting this service?
 Q8. Overall, how satisfied were you with the Simeon Centre's service?

%	Q6	Q7	Q8
Very Dissatisfied	0.0	0.0	0.0
Dissatisfied	0.0	0.0	0.0
Unsure	16.7	1.3	1.3
Satisfied	11.5	15.4	7.7
Very Satisfied	71.8	83.3	91.0

100% of all responders 'always' felt they were listened to and their concerns were treated seriously

98.7% of responders were 'satisfied' or 'very satisfied' with the overall service we provide

We receive many comments from clients on our evaluation sheets and we are unable to include them all but here are just a few we received throughout the past year:

"Fantastic caring service with a wonderful counsellor who adapted to my needs which couldn't have been easy as I brought to the table a complex situation that changed on a daily basis.

Thank you for all your support x"

"Excellent service & excellent therapist, the service was ultra professional & has helped massively"

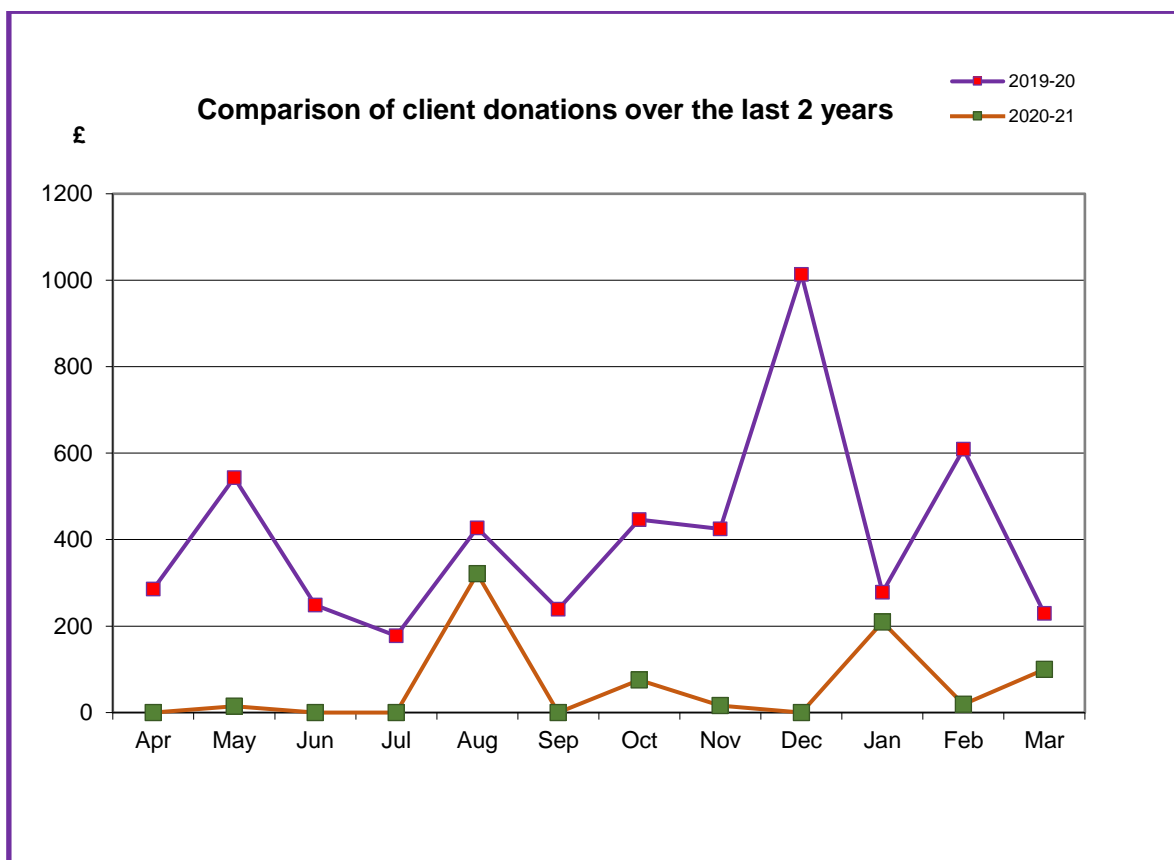
"I was dubious at first thinking that counselling wouldn't be helpful to me but I was wrong as it has made me look at things in a different way. Thank you very much for the time that was spent on me."

Finances

The creation of a brand new 'remote' counselling service brought added expenditure. Fortunately, additional financial support was provided by 1point to help us to meet these costs and bring the remote service to fruition by the end of May. This additional support allowed us to preserve our reserves and end the year in a sound position.

Full details are available in a separate document - *Trustees Annual Report and financial statements Year Ended 31 March 2021* which is available to download from our website. Hard copies are available on request.

Donations were severely impacted throughout the year. All counselling appointments were held remotely and although clients were encouraged to donate to us via our page on Virgin Giving, very few did so.



The lack of face-to-face appointments throughout the year severely affected the level of donations in comparison to the previous year.

‘Thank You’ and ‘Well done!’

To all our volunteers who continued to support us throughout this very challenging year. Without your professionalism, dedication and determination, our service to the people of Bolton would have been seriously curtailed.

Thanks to all who have supported the Simeon Centre throughout this year.

Jane Arkwright	John Kearney	Alex Spears
Sharon Boyd	Emma Kidd	Kevin Stamp
Wendy Congleton	Jayne Lamb	Alena Stulock
Paul Dixon	Vinita Latham	Judith Thompson
Amanda Eckersley	Faye Lewis	Natacha Thompson
Alice Edwards	Joanna Lindfield	Kate Turner
Miguel Fernandez-Arias	Ana Miller	Mary Turner
Cath Greer	Christine Moore	Fay Waldram
Rainer Gundlach	Diane Moran	Joan Washbrook
Wendy Hagan	Emma Neville	Liz White
Zoe Hall	Peter Nuttall	Tracey Williams
Harry Houghton	Rachel Patrick	Stacey Withington
Louise Howarth	Lisa Rowley	Robynne Wood
Kevin Illingworth	Simon Scriven	Fozia Yasmeen
	John Settle	

“The service was excellent. I still have bad, weepy days (due to grief) but I understand myself better and can cope better. I can now give myself permission to be sad!”

Simeon Centre client comment

... and finally

We also thank others who have helped to contribute to our success. This includes **Jen Jowles our Office Administrator**, all the staff at the Victoria Hall and the team at 1point for their continuing support.

... and a special thanks to our Trustees:

Peter Green (Chair)

Bob Bradley

Emma Lewis

Jill Orrell

Natacha Thompson (Treasurer)

Brian Tomkins

Mary Turner

*“...the centre as a whole is excellent but I have to reserve all my deepest thanks and gratitude for A**. I can honestly say without hyperbole that you saved my life. The support, guidance and help was challenging and changing... I will never forget you and I practice the things that you recommended and reflect upon your words on a daily basis. I am not completely out of the woods but thanks to you at least I can see the beauty in the trees.”*

Simeon Centre client comment

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

Registered Charity Number: 1098428

RP SMITH & CO LIMITED
T/A JOHN GOULDING & CO
Chartered Accountants
& Registered Auditors
2 Southport Road
CHORLEY

SIMEON CENTRE COUNSELLING SERVICE

TRUSTEES ANNUAL REPORT FOR THE YEAR TO 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number 1098428

Principal Address

Victoria Hall
Knowsley Street
Bolton
Lancashire
BL1 2AS

Trustees

Mr R Bradley
Mr P Green
Ms J Orrell
Ms M Turner
Ms N Thompson
Ms E Lewis
Rev Dr B Tomkins

Independent Examiner

RP Smith & Co Limited
T/A John Goulding & Co
Chartered Accountants
2 Southport Road
Chorley
Lancashire
PR7 1LB

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust dated 27 March 2003, and constitutes an unincorporated charity. It is a non-profit making organisation and its trustees are volunteers. The Charity was registered on 8 July 2003.

Recruitment and Training of Trustees

The trustees are appointed by the members of the organisation at the Annual General Meeting and the trustees have the power under the governing documents to co-opt individuals who support the objects of the organisation to fill vacancies on the Board of Management.

As part of their induction, new trustees are provided with information about the charity, the management structure, its history and working practices. In addition, they are also provided with extracts of the Memorandum and Articles of Association plus information from the Charity Commission regarding the duties and responsibilities of trustees.

OBJECTIVES AND ACTIVITIES

The objectives and activities of the Charity are to offer confidential counselling in a safe accepting environment to all members of the community irrespective of race, religion or gender. We offer a generic counselling service that is free at point of need. The charity aims to provide a one to one counselling service in a peaceful, safe and accepting environment where people can take time out to talk freely without fear of being judged.

Public Benefit

We have referred to and have complied with the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future events. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set, both through the use of unrestricted and restricted funds where appropriate.

ACHIEVEMENTS AND PERFORMANCE

The 2020-21 year started full of uncertainty. The COVID-19 pandemic was taking hold and our service was temporarily closed as we came to terms with a national lockdown. The effects of COVID and the lockdown itself had a major impact on the nation's mental health. Nationally, demand for mental health services soared and Bolton was no exception.

It very quickly became clear that doing nothing and waiting for lockdown to end was not an option. Following extensive preparation, training, and re-organisation, we implemented a 'remote' counselling service which started in May 2020. Although the Simeon Centre remained closed, we were able to offer appointments by telephone or webcam. Over the summer our provision increased, largely due to the admirable efforts of our volunteers, many of whom had to deal with their own family and personal difficulties brought on by the COVID outbreak.

During the year April 2020 – March 2021 there were 43 therapists supporting us, including 20 students who were working towards full professional qualification. Our service was accessed by 349 local people and in total we scheduled 2,382 therapeutic hours. Although this represents a 32% reduction in comparison to last year, we are proud to have maintained a service throughout most of this difficult year: itself a major achievement.

As the national vaccination programme started to take effect, many of our volunteers were eager to return to face-to-face counselling and we made the decision to tentatively re-open the centre in the summer of 2021.

Further details and analysis can be downloaded from our website in our Annual Review of 2020-21.

FINANCIAL REVIEW

Summary of the Year

The financial results for the year and the position at the year-end are set out in the following Receipts and Payments account and Statement of Assets and Liabilities.

Risk

The trustees recognise that the most significant risk of the charity is that of loss of external funding. Contracts between 1point and the NHS are reviewed on a regular basis, usually covering a three-year period. Each renegotiation period represents a risk for 1point and hence for the Simeon Centre. Due to the nature of our work, a sudden cessation of service is likely to have detrimental impact on our clients. Furthermore, should current funding cease, the most likely source of alternative income would be via a grant. Application procedures for grants tend to be lengthy and drawn out, further impacting on the ability of the charity to continue providing services.

Reserves Policy

To effectively manage the risk described above, the trustees have reviewed the reserves policy this year and decided that reserves equal to one year's running costs should be set aside. The amount will be reviewed regularly.

Investment Policy

Investment decisions are made by the management committee. Currently, surplus funds are held in a high interest savings account. Surplus funds are held for the purposes of maintaining reserves as described above.

DECLARATION

The trustees declare that they have approved the Trustee's Report above.

Signed on behalf of the charity's trustees

Signature:

Full Name: Mr P Green
Position: Chair

Date:

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES
OF SIMEON CENTRE COUNSELLING SERVICE**

I report to the trustees on my examination of the accounts of Simeon Centre Counselling Service for the year ended 31 March 2021, which are set out on the following pages.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Act and that an independent examination is needed.

I report in respect of my examination of the Trustees' accounts carried out under s.145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

Independent examiners' statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed the examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by s. 130 of the Act; or
- (2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Stephen Gardiner ACA CTA
Chartered Accountant
R.P. SMITH & CO LTD
2 Southport Road
CHORLEY
Lancashire PR7 1LB**

Dated:

SIMEON CENTRE COUNSELLING SERVICE

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 MARCH 2021

	Unrestricted funds	Restricted funds	Total	2020
Monetary assets				
Cash at bank - current account	30,656	-	30,656	22,792
Cash at bank - deposit account	73,293	-	73,293	72,390
Cash in hand	121	-	121	121
	<u>104,070</u>	<u>-</u>	<u>104,070</u>	<u>95,303</u>
Non-monetary assets				
Fixed assets				
The Charity's fixed assets which are stated at cost are maintained on a regular basis and are all in good condition.				
Fixtures, fittings and equipment (acquired from 2013 to 2020)	4,654	-	4,654	4,739
Other assets				
Debtors - 1point	19,386	-	19,386	25,625
Gift Aid owing	-	-	-	-
Liabilities				
Rent	1,042	-	1,042	1,562
PAYE	466	-	466	691
Pension	471	-	471	-
Expenses claims	840	-	840	387
Centre service charges	-	-	-	45
Accountancy fees	570	-	570	540

The accounts were approved by the Board of Trustees on.....and were signed on their behalf by:

..... Mr P Green, Chair

SIMEON CENTRE COUNSELLING SERVICE
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted funds	Restricted funds	Total	2020
Receipts				
Donations	680	-	680	4,692
Gift Aid claims	-	-	-	1,109
Provision of counselling services	73,083	-	73,083	69,020
Other trading income	1,090	-	1,090	3,993
Room hire	-	-	-	775
Deposit interest	903	-	903	1,226
Total receipts	<u>75,756</u>	-	<u>75,756</u>	<u>80,815</u>
Direct charitable expenditure				
Supervision and training	8,906	-	8,906	12,138
Travel	91	-	91	3,405
Professional subscriptions	848	-	848	1,918
Other support costs				
Wages and pension	42,336	-	42,336	39,412
Rent, rates and water	9,714	-	9,714	10,384
Insurance	921	-	921	812
Telephone	1,487	-	1,487	879
Postage and stationery	190	-	190	1,032
Sundries	915	-	915	515
Meeting expenses	144	-	144	398
Accountancy	840	-	840	768
Professional fees	10	-	10	352
Equipment purchases	243	-	243	342
Repairs and maintenance	344	-	344	276
Total payments	<u>66,989</u>	-	<u>66,989</u>	<u>72,631</u>
Net receipts for the year	8,767	-	8,767	8,184
Bank and Cash Balances at 31 March 2020	<u>95,303</u>	-	<u>95,303</u>	<u>87,119</u>
Bank and Cash Balances at 31 March 2021	<u>104,070</u>	-	<u>104,070</u>	<u>95,303</u>

NOTE: These accounts have been prepared on the Receipts & Payments Basis and comply with the appropriate legal requirements for this basis to apply.

SIMEON CENTRE COUNSELLING SERVICE

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ACHIEVEMENTS AND PERFORMANCE

The 2020-21 year started full of uncertainty. The COVID-19 pandemic was taking hold and our service was temporarily closed as we came to terms with a national lockdown. The effects of COVID and the lockdown itself had a major impact on the nation's mental health. Nationally, demand for mental health services soared and Bolton was no exception.

It very quickly became clear that doing nothing and waiting for lockdown to end was not an option. Following extensive preparation, training, and re-organisation, we implemented a 'remote' counselling service which started in May 2020. Although the Simeon Centre remained closed, we were able to offer appointments by telephone or webcam. Over the summer our provision increased, largely due to the admirable efforts of our volunteers, many of whom had to deal with their own family and personal difficulties brought on by the COVID outbreak.

During the year April 2020 – March 2021 there were 43 therapists supporting us, including 20 students who were working towards full professional qualification. Our service was accessed by 349 local people and in total we scheduled 2,382 therapeutic hours. Although this represents a 32% reduction in comparison to last year, we are proud to have maintained a service throughout most of this difficult year: itself a major achievement.

As the national vaccination programme started to take effect, many of our volunteers were eager to return to face-to-face counselling and we made the decision to tentatively re-open the centre in the summer of 2021.

Further details and analysis can be downloaded from our website in our Annual Review of 2020-21.

FINANCIAL REVIEW

Summary of the Year

The financial results for the year and the position at the year-end are set out in the following Receipts and Payments account and Statement of Assets and Liabilities.

Risk

The trustees recognise that the most significant risk of the charity is that of loss of external funding. Contracts between 1point and the NHS are reviewed on a regular basis, usually covering a three-year period. Each renegotiation period represents a risk for 1point and hence for the Simeon Centre. Due to the nature of our work, a sudden cessation of service is likely to have detrimental impact on our clients. Furthermore, should current funding cease, the most likely source of alternative income would be via a grant. Application procedures for grants tend to be lengthy and drawn out, further impacting on the ability of the charity to continue providing services.

Reserves Policy

To effectively manage the risk described above, the trustees have reviewed the reserves policy this year and decided that reserves equal to one year's running costs should be set aside. The amount will be reviewed regularly.

Investment Policy

Investment decisions are made by the management committee. Currently, surplus funds are held in a high interest savings account. Surplus funds are held for the purposes of maintaining reserves as described above.

DECLARATION

The trustees declare that they have approved the Trustee's Report above.

Signed on behalf of the charity's trustees

Signature:

Full Name: Mr P Green
Position: Chair

Date:

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES
OF SIMEON CENTRE COUNSELLING SERVICE**

I report to the trustees on my examination of the accounts of Simeon Centre Counselling Service for the year ended 31 March 2021, which are set out on the following pages.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Act and that an independent examination is needed.

I report in respect of my examination of the Trustees' accounts carried out under s.145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

Independent examiners' statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed the examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by s. 130 of the Act; or
- (2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Stephen Gardiner ACA CTA
Chartered Accountant
R.P. SMITH & CO LTD
2 Southport Road
CHORLEY
Lancashire PR7 1LB**

Dated:

SIMEON CENTRE COUNSELLING SERVICE

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 MARCH 2021

	Unrestricted funds	Restricted funds	Total	2020
Monetary assets				
Cash at bank - current account	30,656	-	30,656	22,792
Cash at bank - deposit account	73,293	-	73,293	72,390
Cash in hand	121	-	121	121
	<u>104,070</u>	<u>-</u>	<u>104,070</u>	<u>95,303</u>
Non-monetary assets				
Fixed assets				
The Charity's fixed assets which are stated at cost are maintained on a regular basis and are all in good condition.				
Fixtures, fittings and equipment (acquired from 2013 to 2020)	4,654	-	4,654	4,739
Other assets				
Debtors - 1point	19,386	-	19,386	25,625
Gift Aid owing	-	-	-	-
Liabilities				
Rent	1,042	-	1,042	1,562
PAYE	466	-	466	691
Pension	471	-	471	-
Expenses claims	840	-	840	387
Centre service charges	-	-	-	45
Accountancy fees	570	-	570	540

The accounts were approved by the Board of Trustees on.....and were signed on their behalf by:

..... Mr P Green, Chair

SIMEON CENTRE COUNSELLING SERVICE
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted funds	Restricted funds	Total	2020
Receipts				
Donations	680	-	680	4,692
Gift Aid claims	-	-	-	1,109
Provision of counselling services	73,083	-	73,083	69,020
Other trading income	1,090	-	1,090	3,993
Room hire	-	-	-	775
Deposit interest	903	-	903	1,226
Total receipts	<u>75,756</u>	-	<u>75,756</u>	<u>80,815</u>
Direct charitable expenditure				
Supervision and training	8,906	-	8,906	12,138
Travel	91	-	91	3,405
Professional subscriptions	848	-	848	1,918
Other support costs				
Wages and pension	42,336	-	42,336	39,412
Rent, rates and water	9,714	-	9,714	10,384
Insurance	921	-	921	812
Telephone	1,487	-	1,487	879
Postage and stationery	190	-	190	1,032
Sundries	915	-	915	515
Meeting expenses	144	-	144	398
Accountancy	840	-	840	768
Professional fees	10	-	10	352
Equipment purchases	243	-	243	342
Repairs and maintenance	344	-	344	276
Total payments	<u>66,989</u>	-	<u>66,989</u>	<u>72,631</u>
Net receipts for the year	8,767	-	8,767	8,184
Bank and Cash Balances at 31 March 2020	<u>95,303</u>	-	<u>95,303</u>	<u>87,119</u>
Bank and Cash Balances at 31 March 2021	<u>104,070</u>	-	<u>104,070</u>	<u>95,303</u>

NOTE: These accounts have been prepared on the Receipts & Payments Basis and comply with the appropriate legal requirements for this basis to apply.