

ANNUAL REPORT

1st April 2024 - 31st March 2025

ORGANISATION DETAILS

Address

In-Deep Community Task Force
Unit 300, 95 Wilton Road
London
SW1V 1BZ

Phone

07761 263105

Website

www.in-deep.org.uk

Facebook

www.facebook.com/InDeepLDN
www.facebook.com/InDeepMusicTherapy

Instagram

www.instagram.com/InDeepCommunity
www.instagram.com/InDeepMusicTherapy

TikTok

www.tiktok.com/@indeep_community

LinkedIn

www.linkedin.com/company/in-deep-community-task-force

YouTube

<https://www.youtube.com/@EmmaChapman-g7f>
<https://www.youtube.com/@in-deepmusictherapy8462>

Registered Charity Number

1098270

ORGANISATION DETAILS

Project Locations

Westminster: Community Dinners

Westminster Kingsway College, Vincent Square, London, SW1P 2PD

Westminster: Over 50s Lunch Club

Grosvenor Hall, Vincent Street, London, SW1P 4HB

Westminster: Over 50s Choir

St Saviour's Church, Lupus Street, London, SW1V 3QW

Westminster: Music Therapy

Millbank Academy Erasmus Street London SW1P 4HR

Westminster: Drama

Francis Holland School, 39 Graham Terrace, London, SW1W 8JF

Lambeth: Music Therapy

Ashmole School, Ashmole Street, London, SW8 1NT

Lambeth: Complementary Therapies

Coney Way Clubhouse 2 Coney Way London SW8 1LN

OUR FRIENDS AND PEOPLE

As ever, our thanks go out to our supporters and friends in whatever capacity they help - without you, we could not make such an impact.

Trustees

Colin Chapman MBE	Luke Chapman	Yi Ting Tsai
Emma Chapman MBE	Jeremy Pinkney	
Richard Leafe	Patricia Devaney	

Volunteers

Jeremy Pinkney	Samantha Castelle	Jamts D'Costa	Joudee Miller
Luca Serra	Tom Leftwich	Anna Toreschni	Jamie Gillen
Luke Chapman	Megan Prigmore	Eva Fleury	Keisha Johnson
Tobias Desouza	Clara Lenherr	Dores Schemebri	Fahim Inman
Erin Wood	Yi Ting Tsai	William Inman	Paloma Fleury
Agneta Damsaite	Jan Gavin	Rose Melis	Richard Leafe
Kevin Mullan	Emma Chapman	Colin Chapman	Jeremy Page
Julie Garbett	Christabel Chittick	Lucy Royle	Ekiko Billing
Jade Green	Fiona Haigh	Deborah Hogan	Sofia Gironi
Ava Amiri			

Sessional Staff

Imogen Dyer	Emily Raiher	Sam Connolly	Tahira Khan
Ella Emery	Ruth Leaver	Jamie Swarbrick	Nadira Abdilahi
Hannah Merchant	Helen Vickery	Sidra Zahid	Edward Lawson
Jack Steel	Melissa Cowell	Tom Wilson	-Cruttenden
Josh Considine	JP Townsend	Amy Sherlock	Georgia Howlett

OUR FRIENDS AND PEOPLE

Bookkeeper

Saunders, Wood and Co Ltd

Supporters and Partners

Royal College of Music

Francis Holland School for Girls

Weil, Gotshal & Manges Ltd

Jessie's Fund

Doyle Carte Charitable Trust

Tri Borough Music Hub

Essendine Primary School

Edward Wilson Primary School

Murphy Carey JV

Westminster City Council Healthy Communities Fund

One Westminster

Westminster Kingsway College

Awards for All

BAM Construction

Galliford Try

Julia Rausing Charitable Trust

Precision Lifts

CHAIRMAN'S REPORT

This year has been another busy and exciting year at In-Deep. After the difficult years with lockdown we are now back busier than ever.

Our older people's projects has grown this year with our Lunch Club welcoming new people. We have added a popular hot meal option in the Winter including favourites like pie & mash and liver & bacon.

This was especially important in Winter where we not only provided a nutritious meal but the chance to meet others. The lunch is now a popular place for older people to meet others and make friends.

One of our newer activities is our weekly Latin Dance sessions which is funded by Westminster City Council Healthy Communities Fund. With people living longer there is an emphasis on living healthily. Our dance sessions are run by a qualified instructor and help older people keep fit in a fun way. Regular attendees have reported improved physical and mental health, better balance and coordination, and better memory.

Our children's work has also continued to grow over the past year with an increasing demand for our services. Sadly due to long waits for children receiving an EHCP many families are struggling, so the sessions we provide are often a lifeline. We are now providing Music Therapy and Art Therapy in a number of schools of Westminster.

One big achievement this year was a production of "The Tempest" which we adapted for children and young people with SEND. This was done in our Drama sessions. The performance involved original songs, Makaton signing, students from the Royal College of Music, and made use of old and new English. The performance was attended by the Lord Mayor of Westminster. Our ethos is where society does not often see the gifts people with disabilities have; "The Tempest" was able to showcase them, with people in the audience crying.

CHAIRMAN'S REPORT

Over the years we have built up links with a number of companies who we have successfully worked with through volunteering, fundraising. Companies have often found this rewarding and learnt a lot.

This year we were voted as UK charity partner for the law firm Weil, Gotshal & Manges LLP. This was very exciting news for us as a small grassroots charity we will benefit not only from pro bono support, but also volunteers and fundraising.

In – Deep has now been running 24 years. It has been able to grow to meet people's needs due to the dedicated volunteers, trustees and committed staff we have, who are passionate about what we do.

Yours,

A handwritten signature in black ink that reads "Colin Chapman". The script is fluid and cursive, with the first letters of "Colin" and "Chapman" being capitalized and prominent.

Colin Chapman MBE

CHAIRMAN OF IN-DEEP

TREASURER'S REPORT

In – Deep has had a very successful year which has enabled us to expand our work. We are excited about our new charity partnership with Weil, Gotshal & Manges LLP.

We have had a number of grants including several long term grants. These have funded our Lunch Club, Dance classes and our Music Therapy sessions. We are also grateful for the continued support of Awards for All which funded our Drama sessions and the performance of “The Tempest”.

We are always grateful for our funders support as our activities would not be able to go ahead without them. With their support thousands of lives of vulnerable people have been changed.

We are also grateful for the number of companies who have sponsored activities, or done fundraising runs to help raise money for us. This has helped fund a Choir Concert, Arts-based workshops, and trips amongst other things. As well as keeping fit you made a difference to peoples lives.

We look forward to the coming year were we can continue our work. Unfortunately there is a lot of competition for funding and a number of funders are closing so the future is more uncertain.

Jeremy Pinkney

TREASURER OF IN-DEEP

LUNCH CLUB AND DINNERS

Over 50s Lunch Club

The lunch is one of our key activities for older people that we run, and has been running since 2012, offering a jacket potato with a choice of fillings - as well as a hot meal option in the Winter. The lunch not only provides a good meal; it is a key way of tackling isolation amongst the elderly. These weekly lunches are run by volunteers, including corporate volunteers and volunteers with SEND. We have 18-20 older people attending the lunch each week.



Dance Classes

We are very grateful for funding from Westminster City Council Healthy Communities Fund; which enabled us to launch the Dance classes in February 2024 - continuing into this year and beyond. The classes take place before lunch and are run by a qualified Dance Instructor. She has been teaching Latin Moves - helping improve; memory, coordination, fitness levels and balance - which is important for the elderly. We have 15 people attending each week.



LUNCH CLUB AND DINNERS

Community Dinner

Established in January 2003, our Community Dinners have been a staple in fostering connections among isolated older individuals.

Initially held at Grosvenor Hall, our three-course roast dinner, features soup to start, followed by a choice of roast chicken, beef, pork, or a vegetarian option, plus roast potatoes and vegetables, ending on the pudding of the day - it's a heartwarming occasion for the community to enjoy.

Since May 2021, the Dinners have been held at Westminster Kingsway College. Having this dedicated venue allows us to continue providing a warm and welcoming space where older individuals can meet, enjoy live entertainment, and interact with others.

Our dedicated team of volunteers serve an average of 90 people each dinner.

This year, we're grateful for the support of the Gordon Family Fund and the Pargiter trust, ensuring the continuation of this meaningful initiative.



OVER 50'S CHOIR

Over 50's Choir

The Choir which has now been running over 10 years is one of our core activities and is the highlight for many. We meet twice a month at St Saviours Church in Pimlico. The Choir fosters a community spirit and many participants have become friends through it. Attendees have improved their physical and mental health through singing with us.

We have continued our collaboration with the Royal College of Music with a String Quartet performing alongside the Choir at our concerts. This year we have been funded by Westminster City Council Ward Budget.



CHRISTMAS HAMPER SCHEME

Christmas Hamper Scheme & Cost of Living Support

Our Christmas Hamper Scheme stands as one of our longstanding initiatives. Through the generous donations of food items, tea, coffee, festive essentials, and various pantry staples, we assemble and distribute 150 hampers to elderly residents across multiple London boroughs. Collaborating with educational institutions, religious establishments, corporations, and government institutions across London, these partners assist in hamper collection and distribution.

We have extended the project this year to give supermarket vouchers to both the elderly and families in need; as well as giving them a welcome boost at Christmas by distributing handmade Christmas cakes.

With the rising costs of both food and energy affecting the elderly and the vulnerable families we work with - this scheme provides essential support.

Thank you to Francis Holland School for Girls, The Department for Business, Energy and Industrial Strategy, The Julia Rausing Charitable Trust and Westminster Foundation for supporting this initiative.



MUSIC THERAPY

Music Therapy

Established in 2017, our Music Therapy has expanded over recent years to meet the growing need; as evidence of the difference Music Therapy makes has been shown.

The service is run by qualified, experienced Music Therapists. Sessions are designed for age appropriate groups and include; turn taking, improvisation, song sharing, movement songs and relaxation techniques. All of this has been shown to improve children's behaviour, social skills and communication. We cater for children with mild disabilities as well as those with complex needs; with 30 people attending each session. Funded by Westminster City Council, we are also a delivery partner of the Tri Borough Music Hub, and collaborate with the Royal College of Music offering placements to students to gain experience of Music Therapy.

Since the pandemic we have been running online sessions for those who struggle to get out or where there is a lack of provision across the Country, we now have a core group who attend our online sessions every month. We have expanded our Music Therapy into schools providing both group and individual music therapy on a weekly basis. Also providing Art Therapy in some schools, this initiative was funded by Westminster City Council.

Meeting the needs of South London we set up a new base in Oval, which is run on a similar set up to our sessions in Pimlico, every third Thursday of the month. This was funded by Jessie's fund and Doyle Carte Charitable Trust. Over the coming year we are looking to expand our work due to the growing demand in Music Therapy .



DRAMA

Drama

One new initiative we have started this year has been our fortnightly Drama sessions run by JP Townsend, Sam Connolly and Jamie Swarbrick who are qualified Drama teachers experienced in SEND.

The sessions run for children and young people from the ages of 3 – 22 with SEND in age appropriate groups and began in April 2024.

In the sessions we do Drama games, puppetry, songwriting and explore plays. In March 2025 we put on a performance of “The Tempest” which we adapted for the children before an audience of 50 including the Lord Mayor of Westminster and industry creatives. The performance included Makaton signing, original songs and students from the Royal College of Music to make a memorable afternoon.

This was funded by the National Lottery through Awards for All. We are also grateful to Francis Holland School for girls for supporting the Drama classes.



HOLIDAY WORKSHOPS

Holiday Workshop

Our annual combined Arts Holiday Workshop is now a highlight in the calendar for both children and parents.

This is run in the October half term - with a 3 day timetable of Art, Drama, Dance and Music around a theme with a performance at the end. Sessions are run by qualified teachers and therapists.

This years theme was “Beauty and the Beast” for the older group and “Frozen” for the younger group with feedback very positive. We had 25 families attending over the 3 days including those with complex needs. Sessions included songwriting for the older group.

The workshop provides an important chance not only for children and young people to make friends but for them to perform which they do not normally get the chance to do - helping improve confidence.

Children are already excited for next year. This years workshop was funded by Murpheys, Careys Ltd.



SPECIAL EVENTS

Special Events

This year we ran a number of events; both for older people and families with SEND. This has been an additional highlight to the people we serve. Activities included:

- Carol Service with children from a local School Choir coming to our Over 50s Lunch Club
- Christmas Dinner for 85 older people with presents and festive entertainment; attended by the Lord Mayor of Westminster. Funded by the Julia Rausing Trust
- Our Over 50's Choir did a Festive Concert; complete with mulled wine and mince pies
- We took 28 families to see the Lion King at the Lyceum Theatre for a relaxed performance
- We took 25 families to see a private screening of Wicked, funded by the Westminster Foundation
- We gave presents out to children attending our activities at Christmas, as well as Christmas cake and vouchers. This was funded by the Julia Rausing Trust and Westminster Foundation
- We threw parties for both our young children and older group; with entertainment, food and games. These were sponsored by United Living



TESTIMONIALS

“This is a great choir organised by a great team, especially Emma”

Over 50s Choir (LR 70)

“I enjoy the lunch club very much and look forward to attending every week”

Over 50s Lunch Club (JC 77)

“I think the Lunch Club is lovely, good food and lovely company. I look forward to going to In-Deep’s Activities”

Over 50s Lunch Club
(JM-73)

This type of class is more than just keep fit. Bethany creates a sense of friendship and care”

Latin Moves Dance Class (DL-60)

“In-Deep isn’t just a program for us; it’s become an extension of our family. We’ve witnessed firsthand the transformative power of your love and commitment, and we are eternally grateful”

Music Therapy & Drama Class (Parent)

COMMITTEE

The 2024-25 Annual Report was approved by the management committee of In-Deep on:

Signed by:

A handwritten signature in black ink that reads "Emma chapman". The script is cursive and fluid, with the first letter 'E' being large and prominent.

Emma Chapman MBE

General Secretary

Jeremy Pinkney

Treasurer

IN-DEEP COMMUNITY TASK FORCE

LEGAL AND ADMINISTRATIVE INFORMATION

STATUS

The organisation is a voluntary group, set up on 28 January 2002 and registered as a charity on 1 June 2003

The charity was established under a Trust Deed which established the objects and powers of the registered charity and is governed under its Trust Deed. Under the Trust Deed, the trustees may appoint a person who is willing to act to be a trustee, either to fill a vacancy, or as an additional trustee.

CHARITY NUMBER	1098270
PATRON	Baroness Hanham of Kensington CBE
TRUSTEES	C Chapman Esq MBE (Chairman) E Chapman MBE (Secretary) J Pinkney (Treasurer) P Devaney R Leafe Yi Ting Tsai L Chapman
REGISTERED OFFICE	Unit 300 95 Wilton Road London SW1V 1BZ
ACCOUNTANTS	Saunders Wood & Co. 140A Tachbrook Street London SW1V 2NE
BANKERS	Lloyds Butler Place London SW1

IN-DEEP COMMUNITY TASK FORCE

REVIEW OF ACTIVITIES

We work with isolated older people and children with send and their families in London. It was founded by a person named Colin Chapman MBE and consists of a management committee of seven and sixty two volunteers.

Since March 2002 the In-Deep Community Task Force have been running a range of activities and services for elderly people living in the area.

Since January 2003, In-Deep Community task force has been running a manicure and pedicure service for the elderly run by trained professionals. This has provided a boost to many elderly people as many suffer from low self esteem and also helps as many elderly people cannot cut their nails due to Arthritis.

In September 2003 we started a monthly roast beef dinner once a month on a Saturday. This consists of a 3 course meal including soup, topside of beef or roast chicken, roast pork etc roast potatoes, yorkshire pudding, 3 vegetables and pudding of the day. This has proved hugely popular with the elderly people in the area and numbers are now averaging 100 people per dinner. It also provides the elderly with a good source of iron as many cannot afford beef as they are on low incomes.

In 2012, we started a weekly lunch club in Victoria offering jacket potato with various fillings. This has proved a lifeline as it provides elderly people with a good hot meal.

Since the year 2002, In-Deep Community Task Force have been doing talks across London and they have been donating their harvests collections to us. These are then made up into Christmas hampers and given out to the elderly living on estates in the south of Westminster. Last Christmas we gave out hampers to vulnerable elderly people in the area as well as Lambeth. 360 people benefitted from the scheme through our work. Last year we also put on a Christmas Dinner and gave out presents.

Since 2014 we have been running an over 50's choir with a professional choirmaster and accompanist. Everyone is welcome and we have no audition policy. We sing a range of songs from musicals, 50's, 60's and 70's. We do several concerts each year.

Since January 2017 In-Deep has been running music therapy sessions twice a month both face to face and online by qualified music therapists to children and young adults with send. We also offer placements to students from the Royal College of Music. We also run trips, workshops, do work in schools and support families as it is difficult to raise a child with send.

This coming year we will continue with our important work.

In Deep were winners of the queens award for voluntary service in 2013.

IN-DEEP COMMUNITY TASK FORCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

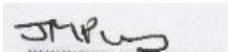
RESPONSIBILITIES OF THE TRUSTEES

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the registered charity at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and:

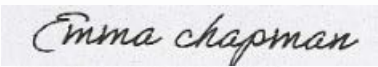
- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Charities Act 1993. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on 23/01/2026 and signed on its behalf by:



J Pinkney (Treasurer)



E Chapman MBE (Secretary)

IN-DEEP COMMUNITY TASK FORCE

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/members of In-Deep Community Task Force
on the accounts for the year ended 31 March 2025

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- follow the procedures laid down in the general directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention :

(1) which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with section 41 of the 1993 Act and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date

23/1/2026

Name

PAUL WOOD

Relevant professional qualifications
or body (if any)

FFA

Address

15 DARTFORD RISE
FARNBOROUGH
GU14 9FS

IN-DEEP COMMUNITY TASK FORCE

STATEMENT OF THE FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

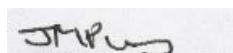
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
INCOMING RESOURCES					
General Donations	2	52,193	-	52,193	24,605
Grants and Contracts	2	-	88,921	88,921	83,071
Investment Income and Interest		37	-	37	35
TOTAL INCOMING RESOURCES		52,230	88,921	141,151	107,711
RESOURCES EXPENDED					
Motor and Travel		2,654	-	2,654	4,172
Food and Equipment		3,695	11,481	15,176	19,383
Insurance		1,255	-	1,255	530
Administration Exopenses		3,775	1,668	5,443	6,863
Accountancy and Bookkeeping Fees		1,920		1,920	2,384
Telephone and Internet		516	571	1,087	999
Depreciation		-	-	-	11
Rent		1,800	16,190	17,990	9,835
Massage, Manicure and Pedicure		770	-	770	1,320
Sundry Charity Expenses		1,519	870	2,389	738
Christmas Hamper Scheme		403	2,448	2,851	3,232
Music Therapy and Send Families Work		11,023	24,461	35,484	25,945
Choir		173	4,609	4,782	6,966
Art and Drama Sessions			8,167	8,167	
Dance			2,025	2,025	
Projects		1,792	5,684	7,476	
Dinner Entertainment		250	-	250	2,030
Fund Raising		-	-	-	1,392
Teadance		-	-	-	-
Befriending		-	-	-	4,123
Workshop		-	-	-	-
Cost of Living		-	-	-	1,028
TOTAL RESOURCES EXPENDED		31,545	78,174	109,719	90,951
NET MOVEMENT IN FUNDS DURING YEAR		20,685	10,747	31,432	16,760
TOTAL FUNDS AT 1 APRIL 2024		14,173	100,419	114,592	97,832
TOTAL FUNDS AT 31 MARCH 2025		34,858	111,166	146,024	114,592

The notes form part of these Financial Statements

IN-DEEP COMMUNITY TASK FORCE
BALANCE SHEET AS AT 31 MARCH 2025

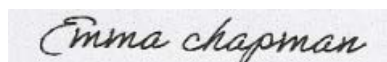
		2025		2024	
		£	£	£	£
	Notes				
FIXED ASSETS:					
Tangible Assets	6		0		0
CURRENT ASSETS:					
Cash at Bank and In Hand		147,944		116,176	
CREDITORS: Accountancy Accrual		1,920		1,584	
NET CURRENT ASSETS:			146,024		114,592
NET ASSETS			<u>146,024</u>		<u>114,592</u>
UNRESTRICTED FUNDS			34,858		14,173
RESTRICTED FUNDS			111,166		100,419
TOTAL FUNDS			<u>146,024</u>		<u>114,592</u>

Approved by the trustees, and signed on its behalf by:



J Pinkney (Treasurer)

Dated: 23/01/2026



E Chapman MBE (Secretary)

The notes form part of these Financial Statements

1 ACCOUNTING POLICIES

- (a) **Accounting Basis**
These Financial Statements have been prepared under the Historical Cost Convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective March 2000), the Charities Act 1993 and follow the recommendations in *Accounting and Reporting by Charities: Statement of Recommended Practice* issued in October 2000.
- (b) **Treatment of Voluntary Income**
Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.
- (c) **Treatment of Grants**
Grants, including grants for the purchase of fixed assets, are recognised in the Statement of Financial Activities in the year in which they are receivable.
- (d) **Treatment of Incoming Resources**
Incoming resources are included when receivable.
- (e) **Treatment of Outgoing Resources**
Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.
- (f) **Depreciation**
Depreciation is provided at the following rates, calculated to write off the cost of each asset over its expected useful life:
- | | |
|-------------------|---------------------------|
| Furniture | 25% p.a. reducing balance |
| General Equipment | 25% p.a. reducing balance |
- (g) **Unrestricted Funds**
Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.
- (h) **Restricted Funds**
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs, where applicable.

IN-DEEP COMMUNITY TASK FORCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

2 INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE OBJECTS OF THE CHARITY

	Unrestricted £	Restricted £	Total £	2024 Total £
Lunch and Individual Donations	20,028	-	20,028	24,616
Well, Gotshal and Manges LLP	32,165			
Main Grants	-	10,334	10,334	8,940
Jessies Fund	-	2,025	2,025	-
COW Trust	-	9,870	9,870	-
Westminster Foundation	-	2,120	2,120	1,670
London Community Foundation	-	13,000	18,000	18,000
City of Westminster	-	42,847	42,847	38,861
John Lyon's Charity	-	-	-	3,500
Julia Rausing Charitable Trust	-	5,000	5,000	
Westminster Almshouse	-	-	-	3,420
Groundwork UK	-	325	325	975
The Pargiter Trust	-	-	-	4,800
The D Oyle Carte	-	-	1,385	1,385
Project Support	-	-	1,520	1,520
Various Others	-	3,400	3,400	-
COW Trust	-	-	-	-
Bank Interest	37		37	35
	<u>52,230</u>	<u>88,921</u>	<u>116,891</u>	<u>107,722</u>

3 TOTAL RESOURCES EXPENDED

	Total £	Total £
Motor and Travel	2,654	4,172
Food and Equipment	15,176	19,383
Insurance	1,255	530
Administration Expenses	5,443	6,863
Accountancy Fees	1,920	2,384
Telephone and Internet	1,087	999
Depreciation	-	11
Hire of Office Space	17,990	9,835
Massage, Manicure and Pedicure	770	1,320
Sundry Charity Expenses	2,389	738
Christmas Hamper Scheme	2,851	3,232
Music Therapy and Send Families Work	35,484	25,945
Choir	4,782	6,966
Art and Drama Sessions	8,167	
Over 50's	2,025	
Projects	7,476	
Dinner Entertainment	250	2,030
Fund Raising	-	1,392
Teadance	-	-
Befriending	-	4,123
Workshop	-	-
Cost of Living	-	1,028
	<u>109,719</u>	<u>90,951</u>

4 NET INCOMING RESOURCES IN THE YEAR

This is stated after charging:

	£	£
Depreciation	-	11
Accountancy Fees	-	1,584
	<u>-</u>	<u>1,595</u>

IN-DEEP COMMUNITY TASK FORCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

5 TAXATION

The charitable company is exempt from corporation tax on its charitable activities and is registered with the Inland Revenue as such under the reference 1098270.

6 TANGIBLE FIXED ASSETS

	FURNITURE £	MOTOR VAN £	GENERAL EQUIPMENT £	TOTAL £
COST				
At 1 April 2024	330		4,035	4,035
Disposal	-	-	-	-
At 31 March 2025	<u>330</u>	<u>-</u>	<u>4,035</u>	<u>4,035</u>
DEPRECIATION				
At 1 April 2024	330		4,035	4,024
Charge for the Year			-	-
Disposal		-		
At 31 March 2025	<u>330</u>	<u>-</u>	<u>4,035</u>	<u>4,024</u>
NET BOOK VALUE				
At 31 March 2025	<u>-</u>	<u>-</u>	<u>-</u>	<u>11</u>
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

IN-DEEP COMMUNITY TASK FORCE

LEGAL AND ADMINISTRATIVE INFORMATION

STATUS

The organisation is a voluntary group, set up on 28 January 2002 and registered as a charity on 1 June 2003

The charity was established under a Trust Deed which established the objects and powers of the registered charity and is governed under its Trust Deed. Under the Trust Deed, the trustees may appoint a person who is willing to act to be a trustee, either to fill a vacancy, or as an additional trustee.

CHARITY NUMBER	1098270
PATRON	Baroness Hanham of Kensington CBE
TRUSTEES	C Chapman Esq MBE (Chairman) E Chapman MBE (Secretary) J Pinkney (Treasurer) P Devaney R Leafe Yi Ting Tsai L Chapman
REGISTERED OFFICE	Unit 300 95 Wilton Road London SW1V 1BZ
ACCOUNTANTS	Saunders Wood & Co. 140A Tachbrook Street London SW1V 2NE
BANKERS	Lloyds Butler Place London SW1

IN-DEEP COMMUNITY TASK FORCE

REVIEW OF ACTIVITIES

We work with isolated older people and children with send and their families in London. It was founded by a person named Colin Chapman MBE and consists of a management committee of seven and sixty two volunteers.

Since March 2002 the In-Deep Community Task Force have been running a range of activities and services for elderly people living in the area.

Since January 2003, In-Deep Community task force has been running a manicure and pedicure service for the elderly run by trained professionals. This has provided a boost to many elderly people as many suffer from low self esteem and also helps as many elderly people cannot cut their nails due to Arthritis.

In September 2003 we started a monthly roast beef dinner once a month on a Saturday. This consists of a 3 course meal including soup, topside of beef or roast chicken, roast pork etc roast potatoes, yorkshire pudding, 3 vegetables and pudding of the day. This has proved hugely popular with the elderly people in the area and numbers are now averaging 100 people per dinner. It also provides the elderly with a good source of iron as many cannot afford beef as they are on low incomes.

In 2012, we started a weekly lunch club in Victoria offering jacket potato with various fillings. This has proved a lifeline as it provides elderly people with a good hot meal.

Since the year 2002, In-Deep Community Task Force have been doing talks across London and they have been donating their harvests collections to us. These are then made up into Christmas hampers and given out to the elderly living on estates in the south of Westminster. Last Christmas we gave out hampers to vulnerable elderly people in the area as well as Lambeth. 360 people benefitted from the scheme through our work. Last year we also put on a Christmas Dinner and gave out presents.

Since 2014 we have been running an over 50's choir with a professional choirmaster and accompanist. Everyone is welcome and we have no audition policy. We sing a range of songs from musicals, 50's, 60's and 70's. We do several concerts each year.

Since January 2017 In-Deep has been running music therapy sessions twice a month both face to face and online by qualified music therapists to children and young adults with send. We also offer placements to students from the Royal College of Music. We also run trips, workshops, do work in schools and support families as it is difficult to raise a child with send.

This coming year we will continue with our important work.

In Deep were winners of the queens award for voluntary service in 2013.

IN-DEEP COMMUNITY TASK FORCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

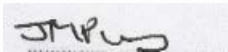
RESPONSIBILITIES OF THE TRUSTEES

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the registered charity at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the trustees should follow best practice and:

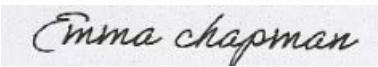
- select suitable accounting policies and apply them consistently
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Charities Act 1993. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on 23/01/2026 and signed on its behalf by:



J Pinkney (Treasurer)



E Chapman MBE (Secretary)

IN-DEEP COMMUNITY TASK FORCE

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/members of In-Deep Community Task Force
on the accounts for the year ended 31 March 2025

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- follow the procedures laid down in the general directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention :

(1) which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with section 41 of the 1993 Act and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date

23/1/2026

Name

PAUL WOOD

Relevant professional qualifications
or body (if any)

FFA

Address

15 DARTFORD RISE
FARNBOROUGH
GU14 9FS

IN-DEEP COMMUNITY TASK FORCE

STATEMENT OF THE FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

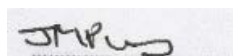
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
INCOMING RESOURCES					
General Donations	2	52,193	-	52,193	24,605
Grants and Contracts	2	-	88,921	88,921	83,071
Investment Income and Interest		37	-	37	35
TOTAL INCOMING RESOURCES		52,230	88,921	141,151	107,711
RESOURCES EXPENDED					
Motor and Travel		2,654	-	2,654	4,172
Food and Equipment		3,695	11,481	15,176	19,383
Insurance		1,255	-	1,255	530
Administration Exopenses		3,775	1,668	5,443	6,863
Accountancy and Bookkeeping Fees		1,920		1,920	2,384
Telephone and Internet		516	571	1,087	999
Depreciation		-	-	-	11
Rent		1,800	16,190	17,990	9,835
Massage, Manicure and Pedicure		770	-	770	1,320
Sundry Charity Expenses		1,519	870	2,389	738
Christmas Hamper Scheme		403	2,448	2,851	3,232
Music Therapy and Send Families Work		11,023	24,461	35,484	25,945
Choir		173	4,609	4,782	6,966
Art and Drama Sessions			8,167	8,167	
Dance			2,025	2,025	
Projects		1,792	5,684	7,476	
Dinner Entertainment		250	-	250	2,030
Fund Raising		-	-	-	1,392
Teadance		-	-	-	-
Befriending		-	-	-	4,123
Workshop		-	-	-	-
Cost of Living		-	-	-	1,028
TOTAL RESOURCES EXPENDED		31,545	78,174	109,719	90,951
NET MOVEMENT IN FUNDS DURING YEAR		20,685	10,747	31,432	16,760
TOTAL FUNDS AT 1 APRIL 2024		14,173	100,419	114,592	97,832
TOTAL FUNDS AT 31 MARCH 2025		34,858	111,166	146,024	114,592

The notes form part of these Financial Statements

IN-DEEP COMMUNITY TASK FORCE
BALANCE SHEET AS AT 31 MARCH 2025

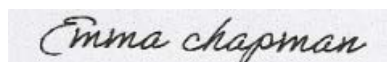
		2025		2024	
		£	£	£	£
	Notes				
FIXED ASSETS:					
Tangible Assets	6		0		0
CURRENT ASSETS:					
Cash at Bank and In Hand		147,944		116,176	
CREDITORS: Accountancy Accrual		1,920		1,584	
NET CURRENT ASSETS:			146,024		114,592
NET ASSETS			<u>146,024</u>		<u>114,592</u>
UNRESTRICTED FUNDS			34,858		14,173
RESTRICTED FUNDS			111,166		100,419
TOTAL FUNDS			<u>146,024</u>		<u>114,592</u>

Approved by the trustees, and signed on its behalf by:



J Pinkney (Treasurer)

Dated: 23/01/2026



E Chapman MBE (Secretary)

The notes form part of these Financial Statements

1 ACCOUNTING POLICIES

- (a) **Accounting Basis**
These Financial Statements have been prepared under the Historical Cost Convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective March 2000), the Charities Act 1993 and follow the recommendations in *Accounting and Reporting by Charities: Statement of Recommended Practice* issued in October 2000.
- (b) **Treatment of Voluntary Income**
Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.
- (c) **Treatment of Grants**
Grants, including grants for the purchase of fixed assets, are recognised in the Statement of Financial Activities in the year in which they are receivable.
- (d) **Treatment of Incoming Resources**
Incoming resources are included when receivable.
- (e) **Treatment of Outgoing Resources**
Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.
- (f) **Depreciation**
Depreciation is provided at the following rates, calculated to write off the cost of each asset over its expected useful life:
- | | |
|-------------------|---------------------------|
| Furniture | 25% p.a. reducing balance |
| General Equipment | 25% p.a. reducing balance |
- (g) **Unrestricted Funds**
Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.
- (h) **Restricted Funds**
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs, where applicable.

IN-DEEP COMMUNITY TASK FORCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

2 INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE OBJECTS OF THE CHARITY

	Unrestricted £	Restricted £	Total £	2024 Total £
Lunch and Individual Donations	20,028	-	20,028	24,616
Well, Gotshal and Manges LLP	32,165			
Main Grants	-	10,334	10,334	8,940
Jessies Fund	-	2,025	2,025	-
COW Trust	-	9,870	9,870	-
Westminster Foundation	-	2,120	2,120	1,670
London Community Foundation	-	13,000	18,000	18,000
City of Westminster	-	42,847	42,847	38,861
John Lyon's Charity	-	-	-	3,500
Julia Rausing Charitable Trust	-	5,000	5,000	
Westminster Almshouse	-	-	-	3,420
Groundwork UK	-	325	325	975
The Pargiter Trust	-	-	-	4,800
The D Oyle Carte	-	-	1,385	1,385
Project Support	-	-	1,520	1,520
Various Others	-	3,400	3,400	-
COW Trust	-	-	-	-
Bank Interest	37		37	35
	<u>52,230</u>	<u>88,921</u>	<u>116,891</u>	<u>107,722</u>

3 TOTAL RESOURCES EXPENDED

	Total £	Total £
Motor and Travel	2,654	4,172
Food and Equipment	15,176	19,383
Insurance	1,255	530
Administration Expenses	5,443	6,863
Accountancy Fees	1,920	2,384
Telephone and Internet	1,087	999
Depreciation	-	11
Hire of Office Space	17,990	9,835
Massage, Manicure and Pedicure	770	1,320
Sundry Charity Expenses	2,389	738
Christmas Hamper Scheme	2,851	3,232
Music Therapy and Send Families Work	35,484	25,945
Choir	4,782	6,966
Art and Drama Sessions	8,167	
Over 50's	2,025	
Projects	7,476	
Dinner Entertainment	250	2,030
Fund Raising	-	1,392
Teadance	-	-
Befriending	-	4,123
Workshop	-	-
Cost of Living	-	1,028
	<u>109,719</u>	<u>90,951</u>

4 NET INCOMING RESOURCES IN THE YEAR This is stated after charging:

	£	£
Depreciation	-	11
Accountancy Fees	-	1,584
	<u>-</u>	<u>1,595</u>

IN-DEEP COMMUNITY TASK FORCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

5 TAXATION

The charitable company is exempt from corporation tax on its charitable activities and is registered with the Inland Revenue as such under the reference 1098270.

6 TANGIBLE FIXED ASSETS

	FURNITURE £	MOTOR VAN £	GENERAL EQUIPMENT £	TOTAL £
COST				
At 1 April 2024	330		4,035	4,035
Disposal	-	-	-	-
At 31 March 2025	<u>330</u>	<u>-</u>	<u>4,035</u>	<u>4,035</u>
DEPRECIATION				
At 1 April 2024	330		4,035	4,024
Charge for the Year			-	-
Disposal		-		
At 31 March 2025	<u>330</u>	<u>-</u>	<u>4,035</u>	<u>4,024</u>
NET BOOK VALUE				
At 31 March 2025	<u>-</u>	<u>-</u>	<u>-</u>	<u>11</u>
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>