

Welcome to Ab Phab Youth Club's annual activities report 2023/2024

Ab Phab's Mission statement: That all young people in Barking and Dagenham and surrounding areas are able to express what they want and are offered opportunities to succeed, including being involved in decision making, resulting in their voices being listened to and acted on.

Aim: To provide a youth club, and associated activities for friends and families, that offer social, physical, educational and employment opportunities that meets the needs of disabled and non-disabled disadvantaged young people aged 11-17 and 18 – 25

Projects

The main projects we have delivered in this year are:

11-17 – Children In Need funded project which has focussed on giving young people skills to improve their social connectivity, build confidence to access in the community and developing all-important soft skills which support their independence. We have also delivered at least two hours of sporting/exercise activity per week. Alongside this, we have focussed on physical health with the delivery of a healthy eating/gardening project which has made use of our garden and young people have had opportunity to learn how to prepare balanced and nutritional meals.

18+ - Year 1 of our National Lottery funded employability and soft skills session. Young people have participated in a number of activities, workshops and experiences to develop their employability skills and independence. We continue to work with the young adults to get them closer to voluntary and employment opportunities.

Trips

We have delivered more trips than ever in this year, which has been rewarding and fulfilling for the young people. Highlights include:

- London Open Top Bus Tour – the young people got to see various London landmarks and enjoyed travelling across London Bridge.
- Multiple theatre trips including West End Musicals Matilda, Wizard of Oz, Frozen and Mrs Doubtfire.
- Young people practiced their restaurant reservations, ordering, payment and other skills with trips to Pizza Express and Nando's.
- Gaming bus – In a first for Ab Phab, a gaming bus drove down to one of our sessions and the young people got to play a variety of video games in a bright and lively setting!
- Young people got sporty at Puttshack and Dagenham & Redbridge's FC's Diversity Day.
- Partner organisations came down to session and delivered fun sessions including UKON Careers providing arts activities to celebrate Carnival. Noah's Ark also delivered a great session on the importance of recycling. The Museum Of London also came along to a session where young people drew relics.
- Our annual Summer, Halloween and Christmas discos!

Stubbers

We enjoyed our annual week at Stubbers in August 2023. 43 young people attended across the week. We had an action-planned week where the young people participated in water sports and land activities.

Members took on new challenges with the XL paddleboards, Archery combat and the new climbing walls. Throughout the week the members were supportive of one another and showed unity when overcoming fears together as a group.

Neal Crowley Memorial Garden

Throughout the year, the young people have worked hard to expand Neal's Garden including painting old tyres to create flowers beds and painting old flowers pot to bring some extra colour to the garden. Thank you to the young people, staff, trustees for their dedication which have supported in helping to grow this garden. A special thank you goes to the anonymous donors who have donated various ornaments, plants and materials for the garden!

Funders

We would like to thank all of our funders for supporting us over this year, including:

- BBC Children in Need – funding the Thrive (11-18) project.
- National Lottery – funding the Evolve (18-25) project.
- Essex Youth Trust – Funding a large proportion of our Stubbers residential
- Barking and Dagenham NCIL – Funding our gardening/healthy eating (11-18) project
- Peter Harrison Foundation – Funding our sports/exercise activity program
- Jack Petchey Foundation – Funding our awards program and contributing to our Stubbers residential.
- Other funders who supported our delivery – Vanquis Banking Group Social Impact Fund (administered by London Community Foundation) and Masonic Charitable Foundation

Volunteers and supporters

We would like to thank all of the volunteers that have contributed their time this year, whether this be supporting the delivery of our sessions or tending to the garden over the summer. We would also like to thank everyone who has supported us this year through our Amazon Wish List, everyone who attends our fundraising events and other organisations

which have delivered sessions in partnership with us without cost.

Keith Smith & Helen Jenner
Ab Phab Trustees

The version of this document shared at our AGM included pictures and is available from the Club .

BARKING & DAGENHAM AB PHAB YOUTH CLUB

FINANCIAL STATEMENTS

FOR THE YEAR ENDING 31st MARCH 2024

BARKING & DAGENHAM AB PHAB YOUTH CLUB

Contents of the Financial Statements

For the Year Ending 31st March 2024

	Page Number
Committee Members	1
Independent Examiner's Report	2
Receipts and Payments account	3
Statement of Funds	4
Statement of Financial Position	5

BARKING & DAGENHAM AB PHAB YOUTH CLUB

Management Committee Members

Chair	Keith Smith
Secretary	Teresa Baumann
Treasurer	Dr Helen Jenner
OFSTED Reg. Person	Josy Hughes
	Enitan Watson
	Afolashade Okunowo
	Daniel Wassell

Accountants

Billing & Co Limited
Tudor Lodge, Augustine Road
Minster on Sea, Sheerness
Kent
ME12 2LZ

Registered Charity Number 1097952

BARKING AND DAGENHAM AB PHAB YOUTH CLUB

Receipts and Payments Account

For the year ended 31st March 2024

INCOMING RESOURCES

	2024			2023		
	General Funds	Restricted Funds	Total	General Funds	Restricted Funds	Total
	£	£	£	£	£	£
London Youth	-	600	600	-	-	-
Children in need	-	33,330	33,330	-	40,496	40,496
London Community Foundation	-	10,000	10,000	-	2,900	2,900
Jack Petchey Foundation	-	6,400	6,400	-	9,700	9,700
LBBD (NCIL)	-	9,716	9,716	-	-	-
Groundworks	-	500	500	-	500	500
Essex Youth Trust	-	16,256	16,256	-	16,653	16,653
True Colours Trust	-	-	-	-	5,619	5,619
Peter Harrison Foundation	-	4,106	4,106	-	-	-
The National Lottery Community Fund	-	14,482	14,482	-	-	-
Arnold Clark	-	-	-	-	1,000	1,000
Robert Gavron Trust	-	-	-	-	3,038	3,038
Fowler Smith & Jones	-	-	-	-	1,500	1,500
Charles S French	-	-	-	-	2,160	2,160
Sported	-	-	-	-	500	500
Masonic Charitable Foundation	5,000	-	5,000	-	-	-
Subscriptions General	6,947	-	6,947	5,402	-	5,402
Donations & Fundraising	6,964	-	6,964	8,902	-	8,902
Interest Received	420	-	420	-	-	-
Trips	7,278	-	7,278	2,335	-	2,335
General	40	-	40	50	-	50
	26,649	95,390	122,039	16,689	84,066	100,755

RESOURCES EXPENDED

Salaries (Includes HMRC Tax Liab & Pen)	26,292	55,021	81,314	16,231	51,440	67,671
Staff Expenses (Recruitment & HR)	77	3	80	123	97	219
Finance	306	-	306	-	288	288
Activities	3,187	19,859	23,046	1,016	13,358	14,375
Training	1,235	640	1,875	-	-	-
Equipment	35	-	35	-	-	-
Premises Hire	2,769	7,041	9,810	3,600	5,085	8,685
Office Equipment and Supplies	1,052	993	2,044	509	-	509
Insurance	414	-	414	414	-	414
Accountancy	600	-	600	594	-	594
Refunded	150	-	150	-	858	858
Affiliation	249	-	249	274	-	274
	36,366	83,557	119,923	22,762	71,126	93,888

(Deficit)/Surplus for the year

(9,718)	11,833	2,116	(6,073)	12,940	6,867
----------------	---------------	--------------	----------------	---------------	--------------

BARKING AND DAGENHAM AB PHAB YOUTH CLUB

Statement of Funds as at 31st March 2024

INCOMING RESOURCES

Balance as at 1st April 2023	78,082
Surplus for the year	<u>2,116</u>
Balance as at 31st March 2024	<u>80,198</u>
Represented by Bank Account & Cash	<u>80,198</u>

Note

Analysis of fund as at 31st March 2024

Restricted Funding Balances

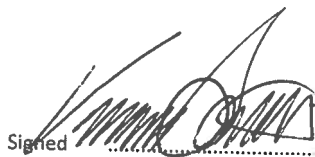
Children in Need	11,500
Jack Petchey Foundation	1,200
London Community Foundation	6,000
The National Lottery Community Fund	14,732
Essex Youth Trust	16,256
LBBD (NCIL)	4,128
Peter Harrison Foundation	440
Total restricted Funds	<u>54,256</u>

Unrestricted Funding Balances

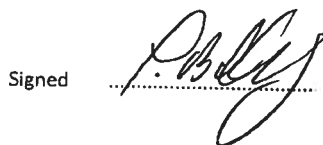
General	25,942
Total Unrestricted Funds	<u>25,942</u>

Summary

Unrestricted £	Restricted £	Total £
25,942	54,256	80,198

Signed 

Date 26/11/24 Keith Smith
Chair, Barking and Dagenham Ab Phab Youth Club

Signed 

Date 24/5/2024 Paul Billing MAAT
Accountant, Billing & Co Ltd

BARKING AND DAGENHAM AB PHAB YOUTH CLUB

Statement of Financial Position at 31 March 2024

Fixed Assets

IT Equipment	2,860
Sports Equipment	40
General Equipment/Resources	160
	<u>3,060</u>

Current Assets

Cash at bank & in hand	80,198
------------------------	--------

Current Liabilities

Pension Contributions	-
-----------------------	---

Net Current Assets	<u><u>83,258</u></u>
--------------------	----------------------

Funds

Restricted funds	57,316
Unrestricted funds	25,942
	<u><u>83,258</u></u>

BARKING & DAGENHAM AB PHAB YOUTH CLUB

Independent Examiner's Report to the Committee

I report on the accounts of the Charity, for the year ended 31st March 2024, which are set out on pages 3 and 4.

Respective responsibilities of the Management Committee and the Examiner

The Charity's Trustees you are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act
- To state whether particular matters have come to my attention

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the next statement.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act, and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Mr. PA Billing MAAT

Billing & Co Limited

Date: 23rd May 2024
Tudor Lodge, Augustine Road
Minster on sea, Sheerness
Kent
ME12 2LZ