

Welcome to Ab Phab Youth Club's annual activities
report.
April 2019 - March
2020

Ab Phab's Mission statement: That all children in Barking and Dagenham and surrounding areas are able to express what they want and are offered opportunities to succeed, with a particular emphasis on providing accessible activities and support for disabled children and their families. These opportunities will be through inclusive youth club provision, trips and outings and supported access, including young people in decision making, resulting in their voices being listened to and acted on.

Aim: To provide a youth club, and associated activities for friends and families, that offer social, physical, educational and employment opportunities that meets the needs of disabled and non- disabled disadvantaged young people aged 11-18 and 19 - 25.

We currently have 98 young people (11-25 yrs.) within our youth group membership. All the sessions and workshops we have run over the past year have been designed to support our members with their independence and confidence. We have had 92 youth sessions this year with 31 trips. This is double the amount compared to last year!



Over the past twelve months our members have had the opportunity to participate in many different activities. This has included some offsite trips and events such as Mad Hatters Tea Party which are Ab Phab staples and loved by many of our Members year after year. However, this year we have broadened out the opportunities more than ever before with the young people having the opportunity to be inspired by the performers at Cirque du Soleil at the O2 arena and having exciting cultural opportunities such as watching the West End version of Motown Musical.



The last trip before lockdown was to Colchester zoo where on a quiet day at the zoo, young people learned about animal conservation, their natural habitats and animal care.

As well as broadening our offsite trips, we have expanded the youth session activities with a key focus this year on the performing arts and craftwork. Activities have included



drama workshops, clay modelling, scrap book project exploring identity, beat boxing and guitar lessons.





And we cannot forget to mention Stubbers! Well, what a week it was in 2019, with over 30 young people attending across the week. It was both exhausting and incredibly rewarding for all. I personally would like to thank all the staff and volunteers who gave up their time to support the week – there are too many to list! But without our staff and volunteers, Ab Phab would simply not be able to offer such experiences.



One of the most impressive aspects of our clubs is that our members form lasting friendships with one another and are always willing to provide support and assistance to each other. The opportunity to share experiences and promote a can-do attitude ensures that we can create a positive environment which all our members benefit from. We look forward to friendships continuing!



The end of last financial year was a strange time with new social distancing and lockdown measures introduced. We are unsure what the next year holds but what we do know is the young people will surely prove their resilience.

We hope over the next year to expand our offerings. As always, this is dependent for on us being successful in our applications for much-needed funding. We thank you all for your support, feedback and trust in Ab Phab and if there are any specific achievements/benefits Ab Phab has had for the young people, please do let us know as our funders love to hear our success stories and this increases our chances of being able to continue to offer a fun, jam-packed curriculum.

Louise

Welcome to Ab Phab Youth Clubs Trustees Annual Report 2019/20. This short report should be read alongside our Annual Accounts.

Overview

2019/20 was mainly a very exciting year for Ab Phab as we moved forward with a full staffing team and were beginning to increase the range of activities available for our young people.

We continued to have good attendance at sessions with average 30 young people at each Monday and Wednesday.

Unfortunately, like everyone has experienced, this was thrown off track by the coronavirus pandemic. At times like this collaboration, partnerships and creativity are vital as we learn to adapt to very different expectations.

Finance

We continued to explore funding opportunities, and during the year several successful bids were achieved. Although we remained affiliated to Essex Boys and Girls Clubs our partnership with them to deliver the YIF project ended this year.

Since April 2019, our income level has been sustained and, thanks to prudent management, we have six months operating costs in reserve. This is a significant achievement and imperative in helping us continue our services. We have been successful in our grant applications to BBC Children in Need, London Community Foundation, Foyle Foundation, Essex Community Foundation and Ground Words. We have had further support from London Youth and Jack Petchey Foundation. We are aware that our Children in Need funding will come to an end in May 2021 and have begun planning to address this.

Each year the Trustees consider the level of risk for the organisation – in 2019 no-one considered the risk of a pandemic, but the zoom meetings, staff contact with families and resource packs have meant that the club has remained a crucial part of young people's lives and, as soon as possible in the 20/21-year sessions will resume.

The financial risk remains important for Trustees, but this year we are able to confirm that, as our accounts show, we are a viable club for at least the next year, and beyond.

For the financial year ending 31 March 2020:

Our total income was:
£97,103 Our total expenditure
was: £85,101

In common with national trends, for the group to be sustainable long term we need to be continually alert and responsive to fundraising possibilities and raising

funds from the public is more important than ever, particularly as we face the uncertainty of the times.

Activities with Young People

The activities in the last year included establishing a voice for young people to feed into how we prioritise our work. This led to an increased number of outings and visits.

The Stubbers week was fantastic, building on the previous year, when the residential was re- instated, and improved planning, staffing and risk assessment. Everyone had a fantastic time.

This year we have also reviewed all our policies – Anti-bullying, Behaviour and Physical Intervention Code of Conduct Complaints Procedure Booklet Confidentiality Data Protection Dealing with Allegations Against Staff Dealing with Disclosures Drugs, Alcohol and Tabaco Equality and Diversity Policy E-Safety Financial Regulations Health and Safety and Welfare Medication Personal Care Photography Recruitment Policy Safeguarding Training Whistle Blowing Volunteer

The Staff and volunteer training programme have been monitored and all Ab Phab personnel are up to date with training.

At our previous AGM, held at the Christmas Disco, we reviewed our Constitution and received approval to make changes. These were discussed with the Charity Commission. The extracts below are the new aspects of this from the Charity Commission website:

Activities - how the charity spends its money

To promote youth participation and inclusive provision. We offer a friendly, fun, and inclusive environment for 11-25-year-old (with and without disabilities). We offer a varied curriculum, that enables ALL our young people to develop independence, skills, and confidence. We run sessions on Monday and Wednesday evenings and support access to other activities (residential, theatre trips etc.).

Charitable objects

The prevention or relief of poverty (through providing subsidised activities and resources). The advancement of education (through running sessions to support children's learning and independence skills). The advancement of health (through our healthy lives programmes). The advancement of citizenship or community development (through our PSHE and volunteering programmes). The advancement of the arts, culture, heritage or science (through our wider ranging curriculum and wide variety of trips). The advancement of amateur sport (through our

sports programmes). The advancement of human rights (through our equality and diversity programme, contributing to consultations and events) The relief of those in need (through provision of respite and support)

Who the charity helps:

- *Children/young People*
- *People with Disabilities*
- *Other Charities or Voluntary Bodies*

Thankyou

At the end of every report there are always people we want to express our thanks to and this year is no exception. On behalf of the Ab Phab Youth Club, I would like to say thank you to our many supporters and our volunteers without whom it would not be possible to run the many sessions and activities that we do at Ab Phab and play a large part in enabling Ab Phab to offer such a diverse range of opportunities and events. A big thank you to those that manage the youth sessions (a virtual or face-to-face smoothly run session does not happen by chance, a lot of thought and planning goes into each and every activity).

Enitan Watson
Chair of Trustees

Helen Jenner
Treasurer

BARKING & DAGENHAM AB PHAB YOUTH CLUB
FINANCIAL STATEMENTS
FOR THE YEAR ENDING 31st MARCH 2021

BARKING & DAGENHAM AB PHAB YOUTH CLUB

Contents of the Financial Statements

For the Year Ending 31st March 2021

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BARKING & DAGENHAM AB PHAB YOUTH CLUB

Management Committee Members

Chair	Enitan Watson
Secretary	Teresa Baumann
Treasurer	Dr Helen Jenner
OFSTED Reg. Person	Josy Hughes
	Keith Smith
	Andrea Tolliday

Non-voting Committee Members

Simon Blewett
Chris Laney

Members Representative

Various Members from Young Peoples Panel

Accountants

Billing & Co Limited
Tudor Lodge, Augustine Road
Minster on Sea, Sheerness
Kent
ME12 2LZ

Registered Charity Number 1097952

BARKING & DAGENHAM AB PHAB YOUTH CLUB

Independent Examiner's Report to the Committee

I report on the accounts of the Charity, for the year ended 31st March 2021, which are set out on pages 3 and 4.

Respective responsibilities of the Management Committee and the Examiner

The Charity's Trustees you are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act
- To state whether particular matters have come to my attention

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the next statement.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 130 of the 2011 Act, and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

Have not been met or

- (2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Mr. PA Billing FMAAT
Billing & Co Limited

Date: 17th June 2021
Tudor Lodge, Augustine Road
Minster on sea, Sheerness
Kent
ME12 2LZ

BARKING AND DAGENHAM AB PHAB YOUTH CLUB

Receipts and Payments Account

For the year ended 31st March 2021

INCOMING RESOURCES

	General Funds £	2021 Restricted Funds £	Total £	General Funds £	2020 Restricted Funds £	Total £
London Youth	-	-	-	-	4,653	4,653
Children in need	-	47,468	47,468	-	37,586	37,586
London Community Fund	-	11,900	11,900	-	9,866	9,866
Jack Petchey	-	8,410	8,410	-	2,987	2,987
Foyle Foundation	-	-	-	-	5,000	5,000
Co-Op Foundation	-	3,982	3,982	-	-	-
Groundworks	500	-	500	-	2,000	2,000
Essex Community Foundation	-	-	-	-	1,800	1,800
Charity Aid Foundation	75	2,026	2,101	-	-	-
Local Giving	-	500	500	-	-	-
Daytrippers	-	-	-	-	840	840
National Lottery	-	1,840	1,840	-	-	-
Repayments	3,985	-	3,985	-	-	-
Sport England	-	1,200	1,200	-	-	-
Subscriptions General	732	-	732	5,140	-	5,140
Donations & Fundraising	7,635	-	7,635	21,062	-	21,062
Interest Received	-	-	-	11	-	11
Trips	1,635	-	1,635	6,120	-	6,120
General	-	-	-	38	-	38
	14,561	77,326	91,887	32,371	64,732	97,103

RESOURCES EXPENDED

Salaries (Includes HMRC Tax Liab & Pen)	13,990	46,135	60,125	18,652	46,517	65,169
Staff Expenses (Recruitment & HR)	444	855	1,300	400	952	1,352
Admin / Finance	-	288	288	72	249	321
Activities	-	3,235	3,235	2,964	5,058	8,022
Training	-	138	138	50	554	604
Premises Hire	1,800	2,610	4,410	-	6,968	6,968
Office Equipment and Supplies	392	80	472	-	74	74
Affiliation fees	274	-	274	353	-	353
IT	345	6,028	6,373	20	724	744
Insurance	414	-	414	-	414	414
Accountancy	540	-	540	1,080	-	1,080
Refunded	3,178	-	3,178	-	-	-
Other	543	-	543	-	-	-
	21,921	59,369	81,290	23,591	61,510	85,101

(Deficit)/Surplus for the year

17,957	10,597	8,780	3,223	12,003
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BARKING AND DAGENHAM AB PHAB YOUTH CLUB

Statement of Funds as at 31st March 2021

INCOMING RESOURCES

Balance as at 1st April 2020	41,840
Surplus for the year	<u>10,597</u>
Balance as at 31st March 2021	<u>52,437</u>
Represented by Bank Account & Cash	<u>52,437</u>
	0

Note

Analysis of fund as at 31st March 2021

Restricted Funding Balances

Children in Need	6,626
Jack Petchey	2,794
LCF	4,758
Total restricted Funds	<u>14,178</u>

Unrestricted Funding Balance

General	38,259
Total Unrestricted Funds	<u>38,259</u>

Summary

Unrestricted £	Restricted £	Total £
38,259	14,178	52,437

Signed Enitan Watson Date 23/7/21 Enitan Watson
Chair, Barking and Dagenham Ab Phab Youth Club

Signed Paul Billing Date 23/7/21 Paul Billing FMAAT
Accountant, Billing & Co Ltd

BARKING AND DAGENHAM AB PHAB YOUTH CLUB

Statement of Financial Position at 31 March 2021

Fixed Assets

IT Equipment	3,500
Sports Equipment	100
General Equipment/Resources	400
	<u>4,000</u>

Current Assets

Cash at bank & in hand	52,437
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Current Liabilities

Pension Contributions	274
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Net Current Assets	<u>56,163</u>
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Funds

Restricted funds	17,904	Note - Includes FA & Pens Liab
Unrestricted funds	<u>38,259</u>	
	<u>56,163</u>	

Signed Enitan Watson Date 23/7/21 Enitan Watson
Chair, Barking and Dagenham Ab Phab Youth Club

Signed P. Billing Date 23/7/21 Paul Billing FMAA™
Accountant, Billing & Co Ltd

BARKING & DAGENHAM AB PHAB YOUTH CLUB

FINANCIAL STATEMENTS

FOR THE YEAR ENDING 31st MARCH 2021

BARKING & DAGENHAM AB PHAB YOUTH CLUB

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Receipts and Payments Account

For the year ended 31st March 2021

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	2021			2020		
	General Funds	Restricted Funds	Total	General Funds	Restricted Funds	Total
	£	£	£	£	£	£
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Signed Date Paul Billing FMAAT
Accountant, Billing & Co Ltd

BARKING AND DAGENHAM AB PHAB YOUTH CLUB

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