

Registration number 4022199

**Epione Wellbeing Centre Ltd
Company limited by guarantee**

Directors' report and unaudited financial statements

for the year ended 31 December 2019

Charity registration number 1097830

Epione Wellbeing Centre Ltd
Company limited by guarantee

Company information

Directors

T Stylianou
A Kyprianou
D Bliss (Resigned 5-1-2019)
P Georgiou

Company number

4022199

Registered office

1160 High Road
London
N20 0RA

Accountants

Phillips Chartered
Accountants
1160 High Road
London
N20 0RA

Business address

Denmark Road
London
N8 ODZ

Bankers

Cynergy Bank
PO Box 17484
87 Chase Side
London
N14 5WH

Epione Wellbeing Centre Ltd
Company limited by guarantee

Contents

	Page
Directors Report	1 - 4
Examiner's report	5
Statement of financial activities	6
Balance sheet	7-8
Notes to the financial statements	9 - 12

Epione Wellbeing Centre Ltd
Company limited by guarantee

Directors' report
for the period ended 31 December 2019

The directors present their report and the financial statements for the period ended 31 December 2019.

The directors of the company are also its trustees for the purpose of charity law and throughout this report are collectively referred to as the directors.

The financial statements comply with the Charities Act 2011, the Statement of Recommended Practice-Accounting and Reporting by Charities SORP 2005 and the Companies Act 2006.

Incorporation and change of name

The company was incorporated on 27 June 2000 as Aphrodite Greek Cypriot Women's Organisation Limited. The name of the company was changed to Greek Cypriot Women's Organisation Ltd on 13 June 2002. The company commenced trading on 1 October 2003. The name of the company was changed to Epione Wellbeing Centre Limited on 2 July 2018.

Principal activity

The principal activity of the company is that of a charitable organisation incorporated to preserve the health and advancement of education of women.

Structure, governance and management

Epione Wellbeing Centre Ltd (EWC) is a registered charity.

The governing body of the charity are the trustees who comprise up to 4 members. They meet every month. The quorum necessary for the transaction of the business of the Directors is two Directors. Trustees are elected at the Annual General Meeting and are automatically re-elected. The number of trustees shall not be less than two nor until otherwise determined by a General Meeting more than thirty. Quorum of members for AGM is one tenth of the total numbers or ten members personally present. EWC developed an induction pack and induction process for trustees, trustees' skills audit and organised training for trustees following their election within a month regarding Trustees Roles and Responsibilities.

The main responsibility of the trustees is to formulate the strategic plans of the charity along with the budget, financial monitoring and fundraising.

Risk and internal control

The trustees have overall responsibility for ensuring that the charity has an appropriate system of controls financial and otherwise. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and to provide reassurance that its assets are safeguarded against unauthorised use or disposition, proper records are maintained and financial information used within the charity and for publication is reliable and the charity complies with relevant laws and regulation.

EWC board of trustees undertook a risk management process and implemented appropriate financial procedures and financial control and it is intended that the register of its assets will be reviewed annually.

Reserves policy

The trustees have established that the main liabilities in the event of a reduction in funding were the upkeep of the premises. The trustees decided that EWC's reserve should be in the sum of £5,000 and that the reserves would still be sufficient to provide for the cessation of operation in the event of no financial support being secured.

**Epione Wellbeing Centre Ltd
Company limited by guarantee**

**Directors' report
for the period ended 31 December 2019**

. continued

Objectives

The objects for which the EWC is established are:-

To promote the health and advance the education of women

To provide a worker to co-ordinate this project

To reach as many women of various ages and at different stages of health needs

To establish a supporting system amongst the women and to increase their knowledge of and confidence in the health system

To provide appropriate literature and audio visual aids in their own language

To develop their literacy skills in both Greek and English

To offer counselling to individuals and or the group where appropriate

To act as referral agency

To monitor future needs

Activities, achievements and performance

Keep fit classes for vulnerable women

Aims:

To improve physical well - being

To improve emotional well- being

To tackle agility and to reduce isolation

Achievements:

Lessons were successfully maintained and will be continued in the foreseeable future.

Interpretations and translation service to members

Aims:

To support members in their needs of interpretation and translation

Achievements:

Members continued to use this service

Epione Wellbeing Centre Ltd
Company limited by guarantee

Directors' report
for the period ended 31 December 2019

continued

Social and cultural events

Aims:

- To reduce isolation
- To increase social cohesion
- To provide a place for members to socialise
- To preserve our culture and tradition

Achievements:

Significant events in our calendar are celebrated throughout the year. These are always well attended and enjoyed. The events include elements of tradition (such as food/dance).

Counselling in Greek or English

Aims:

- To look at issues and problems that women are unable to deal with in their life
- To increase self awareness
- To reduce depression
- To tackle anxiety, anger, stress, lack of confidence, low self esteem

Achievements:

We facilitated the provision of counselling to women when necessary.

Provision of community space to other groups

Aims:

To maximise use of the community space and to facilitate other local voluntary organisations by sharing community space and resources

Achievements:

This raised £24,625 (December 2018:£22,389) for the furtherance of company's objectives.

Directors

The directors who served during the period are as stated below:

T Stylianou
A Kyprianou
D Bliss
P Georgiou

Epione Wellbeing Centre Ltd
Company limited by guarantee

Directors' report
for the period ended 31 December 2019

continued

Statement of directors' responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial period. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

This report was approved by the Board on 14 May 2021 and signed on its behalf by



T Stylianou
Director

Epione Wellbeing Centre Ltd
Company limited by guarantee

Independent Examiner's report to the trustees/ directors of
Epione Wellbeing Centre Ltd

I report on the accounts of the Company for the year ended 31 December 2019, which are set out on pages 6 to 12.

Respective responsibilities of trustees/directors and examiner

The charity's trustees/directors are responsible for the preparation of the accounts. The charity's trustees/directors consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- to examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners under section 145(5) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees/directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In accordance with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Philips Chartered
Accountants, 1160 High
Road, London
N20 0RA.



Date: 14 May 2021

Epione Wellbeing Centre Ltd
Company limited by guarantee

Statement of Financial Activities
Period ended 31 December 2019

		2019		2019	Period Ended
		Restricted	Unrestricted	Total	31 December 18
		Fund	Fund		Total
	Notes	£	£	£	£
Incoming resources	2				
Incoming resources from generated funds					
Voluntary income	2				
Incoming resources from charitable activities			34,205	34,205	29,113
Investment income					
Total incoming resources			34,205	34,205	29,113
Resources expended					
Charitable activities	3		17,138	17,138	35,757
Governance costs	3		14,070	14,070	9,850
Total resources expended			31,208	31,208	45,607
Net incoming/Outgoing resources			2,997	2,997	(16,494)
Net transfer of funds					
BALANCE BROUGHT FORWARD		-	(72,654)	(72,654)	(56,160)
BALANCE CARRIED FORWARD		-	(69,657)	(69,657)	(72,654)

The notes on pages 9 to 12 form an integral part of these financial statements.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Balance sheet
as at 31 December 2019

		31/12/19		31/12/18	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	4		38		66
Current assets					
Debtors	5				
Cash at bank and in hand	6	4,595		1,802	
		<u>4,595</u>		<u>1,802</u>	
Creditors: amounts falling due within one year	7	<u>(74,290)</u>		<u>(74,522)</u>	
Net current liabilities			<u>(69,695)</u>		<u>(72,720)</u>
Total assets less current liabilities			<u>(69,657)</u>		<u>(72,654)</u>
Deficiency of assets			<u>(67,657)</u>		<u>(72,654)</u>
Reserves					
Designated Funds			5,000		5,000
Unrestricted Funds	8		<u>(74,657)</u>		<u>(77,654)</u>
Members' funds			<u>(69,657)</u>		<u>(72,654)</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 9 to 12 form an integral part of these financial statements.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Balance sheet (continued)

Directors' statements required by Sections 475(2) and (3)
for the period ended 31 December 2019

For the period ended 31 December 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These accounts were approved by the directors on 14 May 2021, and are signed on their behalf by:



T Stylianou
Director

Registration number 4022199

The notes on pages 9 to 12 form an integral part of these financial statements.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2019

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2. Incoming resources

Incoming resources represents the value of Grants, Project income and Donations and other Fund raising activities receivable during the year.

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	25% reducing balance
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1.4 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis. Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

2. Incoming resources

The total turnover of the company for the period has been derived from its principal activity wholly undertaken in the UK.

Incoming resources during the year was attributable to geographical markets wholly within the United Kingdom.

2.1 Incoming resources from activities to further the charity's objects

EWC continued carry out its core activities of running drop-in sessions mainly for the welfare of women in The London Borough of Haringey area.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2019

.. continued

				Period ended		Period ended
				31/12/19		31/12/18
3.	Total resources expended	Basis of allocation	Restricted activities	Unrestricted activities	Governance	
	Cost directly allocated to activities:					
	Staff costs	Direct				
	Material & other direct supplies	Direct	-	3,152	3,152	5,406
	Bank Charges	Direct	-	49	49	-
	Travel	Usage				
	Accountancy/Audit fees	Direct	-	1,500	1,500	950
	Bad debts	Direct				
	Support costs allocated to activities:					
	Premises	Usage	-	6,953	6,953	17,695
	General office	Usage	-	1,132	1,132	751
	Repairs & maintenance	Usage	-	2,623	2,623	8,646
	Communications	Usage	-	649	649	594
	PPS & computer costs	Usage	-	152	152	440
	Legal, professional & book-keeping	Usage	-	-	-	375
	Depreciation	Usage	-	28	28	28
	Consultancy	Usage			14,070	9,850
	Management committee expenses	Usage		900	- 900	198
				17,138	14,070 31,208	45,607

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2019

.. continued

4. Tangible fixed assets	Fixtures, fittings and equipment	Total
At 31 December 2018	949	949
At 31 December 2019	949	949
Depreciation		
At 31 December 2018	883	883
Charge for the period	28	28
At 31 December 2019	911	911
Net book values		
At 31 December 2018	66	66
At 31 December 2019	38	38

5. Debtors	31/12/19	31/12/18
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Trade debtors

-
-

6. Bank and Cash

Bank of Cyprus 51855611

Petty Cash

	31/12/19	31/12/18
	4,459	890
	136	912
	<u>4,595</u>	<u>1,802</u>

7. Creditors: amounts falling due within one year

Other creditors

Accruals and deferred income

	31/12/19	31/12/18
	600	600
	73,690	73,922
	<u>74,290</u>	<u>74,522</u>

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2019

.. continued

8.. Reserves	Unrestricted Funds	Total
At 31 December 2018	(72,654)	(72,654)
Surplus for the year	<u>2,997</u>	<u>2,997</u>
At 31 December 2019	<u>(69,657)</u>	<u>(69,657)</u>

9.. Company limited by guarantee

The company is limited by guarantee and without a share capital

Registration number 4022199

**Epione Wellbeing Centre Ltd
Company limited by guarantee**

Directors' report and unaudited financial statements

for the year ended 31 December 2020

Charity registration number 1097830

Epione Wellbeing Centre Ltd
Company limited by guarantee

Company information

Directors	T Stylianou A Kyprianou P Georgiou
Company number	4022199
Registered office	1160 High Road London N20 0RA
Accountants	Phillips Chartered Accountants 1160 High Road London N20 0RA
Business address	Denmark Road London N8 ODZ
Bankers	Cynergy Bank PO Box 17484 87 Chase Side London N14 5WH

Epione Wellbeing Centre Ltd
Company limited by guarantee

Contents

	Page
Directors Report	1 - 4
Examiner's report	5
Statement of financial activities	6
Balance sheet	7-8
Notes to the financial statements	9 - 12

Epione Wellbeing Centre Ltd
Company limited by guarantee

Directors' report
for the period ended 31 December 2020

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The directors of the company are also its trustees for the purpose of charity law and throughout this report are collectively referred to as the directors.

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Principal activity

The principal activity of the company is that of a charitable organisation incorporated to preserve the health and advancement of education of women.

Structure, governance and management

Epione Wellbeing Centre Ltd (EWC) is a registered charity.

The governing body of the charity are the trustees who comprise up to 3 members. They meet every month. The quorum necessary for the transaction of the business of the Directors is two Directors. Trustees are elected at the Annual General Meeting and are automatically re-elected. The number of trustees shall not be less than two nor until otherwise determined by a General Meeting more than thirty. Quorum of members for AGM is one tenth of the total numbers or ten members personally present. EWC developed an induction pack and induction process for trustees, trustees' skills audit and organised training for trustees following their election within a month regarding Trustees Roles and Responsibilities.

The main responsibility of the trustees is to formulate the strategic plans of the charity along with the budget, financial monitoring and fundraising.

Risk and internal control

The trustees have overall responsibility for ensuring that the charity has an appropriate system of controls financial and otherwise. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and to provide reassurance that its assets are safeguarded against unauthorised use or disposition, proper records are maintained and financial information used within the charity and for publication is reliable and the charity complies with relevant laws and regulation.

EWC board of trustees undertook a risk management process and implemented appropriate financial procedures and financial control and it is intended that the register of its assets will be reviewed annually.

Reserves policy

The trustees have established that the main liabilities in the event of a reduction in funding were the upkeep of the premises. The trustees decided that EWC's reserve should be in the sum of £5,000 and that the reserves would still be sufficient to provide for the cessation of operation in the event of no financial support being secured.

**Epione Wellbeing Centre Ltd
Company limited by guarantee**

**Directors' report
for the period ended 31 December 2020**

. continued

Objectives

The objects for which the EWC is established are:-

- To promote the health and advance the education of women
- To provide a worker to co-ordinate this project
- To reach as many women of various ages and at different stages of health needs
- To establish a supporting system amongst the women and to increase their knowledge of and confidence in the health system
- To provide appropriate literature and audio visual aids in their own language
- To develop their literacy skills in both Greek and English
- To offer counselling to individuals and or the group where appropriate
- To act as referral agency
- To monitor future needs

Activities, achievements and performance

Keep fit classes for vulnerable women

Aims:

- To improve physical well - being
- To improve emotional well- being
- To tackle agility and to reduce isolation

Achievements:

Lessons were successfully maintained and will be continued in the foreseeable future.

Interpretations and translation service to members

Aims:

- To support members in their needs of interpretation and translation

Achievements:

Members continued to use this service

Epione Wellbeing Centre Ltd
Company limited by guarantee

Directors' report
for the period ended 31 December 2020

continued

Social and cultural events

Aims:

- To reduce isolation
- To increase social cohesion
- To provide a place for members to socialise
- To preserve our culture and tradition

Achievements:

Significant events in our calendar are celebrated throughout the year. These are always well attended and enjoyed. The events include elements of tradition (such as food/dance).

Counselling in Greek or English

Aims:

- To look at issues and problems that women are unable to deal with in their life
- To increase self awareness
- To reduce depression
- To tackle anxiety, anger, stress, lack of confidence, low self esteem

Achievements:

We facilitated the provision of counselling to women when necessary.

Provision of community space to other groups

Aims:

- To maximise use of the community space and to facilitate other local voluntary organisations by sharing community space and resources

Achievements:

This raised £27,630 (December 2019 :£24,625) for the furtherance of company's objectives.

Directors

The directors who served during the period are as stated below:

T Stylianou
A Kyprianou
P Georgiou

Epione Wellbeing Centre Ltd
Company limited by guarantee

Directors' report
for the period ended 31 December 2020

continued

Statement of directors' responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial period. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

This report was approved by the Board on 29 December 2021 and signed on its behalf by



T Stylianou
Director

Epione Wellbeing Centre Ltd
Company limited by guarantee

Independent Examiner's report to the trustees/ directors of
Epione Wellbeing Centre Ltd

I report on the accounts of the Company for the year ended 31 December 2020, which are set out on pages 6 to 12.

Respective responsibilities of trustees/directors and examiner

The charity's trustees/directors are responsible for the preparation of the accounts. The charity's trustees/directors consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- to examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners under section 145(5) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report

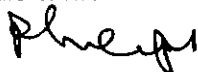
My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees/directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In accordance with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Phillips Chartered
Accountants, 1160 High
Road, London
N20 0RA.



Date: 29 December 2021

Epione Wellbeing Centre Ltd
Company limited by guarantee

Statement of Financial Activities
Period ended 31 December 2020

		2020		2020	Period Ended
		Restricted	Unrestricted	Total	31 December 19
		Fund	Fund		Total
	Notes	£	£	£	£
Incoming resources	2				
Incoming resources from generated funds					
Government Covid Grant	2		25,000	25,000	
Incoming resources from charitable activities			29,846	29,846	34,205
Investment income					
Total incoming resources			54,846	54,846	34,205
Resources expended					
Charitable activities	3		13,124	13,124	17,138
Governance costs	3		8,890	8,890	14,070
Total resources expended			22,014	22,014	31,208
Net incoming/Outgoing resources			32,832	32,832	2,997
Net transfer of funds					
BALANCE BROUGHT FORWARD		-	(69,657)	(69,657)	(72,654)
BALANCE CARRIED FORWARD		-	(36,825)	(36,825)	(69,657)

The notes on pages 9 to 12 form an integral part of these financial statements.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Balance sheet
as at 31 December 2020

	Notes	31/12/20		31/12/19	
		£	£	£	£
Fixed assets					
Tangible assets	4		10		38
Current assets					
Debtors	5				
Cash at bank and in hand	6	40,670		4,595	
		<u>40,670</u>		<u>4,595</u>	
Creditors: amounts falling due within one year	7	(77,505)		(74,290)	
Net current liabilities			<u>(36,835)</u>		<u>(69,695)</u>
Total assets less current liabilities			<u>(36,825)</u>		<u>(69,657)</u>
Deficiency of assets			<u>(36,825)</u>		<u>(67,657)</u>
Reserves					
Designated Funds			5,000		5,000
Unrestricted Funds	8		<u>(41,825)</u>		<u>(74,657)</u>
Members' funds			<u>(36,825)</u>		<u>(69,657)</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 9 to 12 form an integral part of these financial statements.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Balance sheet (continued)

Directors' statements required by Sections 475(2) and (3)
for the period ended 31 December 2020

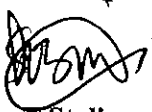
For the period ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the period in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These accounts were approved by the directors on 29 December 2021, and are signed on their behalf by:



I Stylianou
Director

Registration number 4022199

The notes on pages 9 to 12 form an integral part of these financial statements.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2019

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2. Incoming resources

Incoming resources represents the value of Grants, Project income and Donations and other Fund raising activities receivable during the year.

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	25% reducing balance
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1.4 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis. Expenditure which is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent with the use of these resources.

2. Incoming resources

The total turnover of the company for the period has been derived from its principal activity wholly undertaken in the UK.

Incoming resources during the year was attributable to geographical markets wholly within the United Kingdom.

2.1 Incoming resources from activities to further the charity's objects

EWC continued carry out its core activities of running drop-in sessions mainly for the welfare of women in The London Borough of Haringey area.

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2020

..continued

				Period ended	Period ended
3.	Total resources expended	Basis of allocation	Restricted activities	Unrestricted activities	Governance
				31/12/20	31/12/19
Cost directly allocated to activities:					
Staff costs	Direct				
Material & other direct supplies	Direct	-	741	741	3,152
Bank Charges	Direct	-	6	6	49
Travel	Usage				
Accountancy	Direct	-	1,500	1,500	1,500
Bad debts	Direct				
Support costs allocated to activities:					
Premises	Usage	-	5,160	5,160	6,953
General office	Usage	-	397	397	1,132
Advertising	Usage		600	600	
Repairs & maintenance	Usage	-	4,240	4,420	2,623
Communications	Usage	-	444	444	649
PPS & computer costs	Usage	-	8	8	152
Legal, professional & book-keeping	Usage		-	-	-
Depreciation	Usage	-	28	28	28
Consultancy	Usage			8,890	8,890
Management committee expenses	Usage		-	-	900
				13,124	8,890
				22,014	31,208

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2020

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4. Tangible fixed assets	Fixtures, fittings and equipment	Total
At 31 December 2019	949	949
At 31 December 2020	949	949
Depreciation		
At 31 December 2019	911	883
Charge for the period	28	28
At 31 December 2020	939	939
Net book values		
At 31 December 2019	38	38
At 31 December 2020	10	10

5. Debtors	31/12/20	31/12/19
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Trade debtors

6. Bank and Cash	31/12/20	31/12/19
Bank of Cyprus 51855611	40,421	4,459
Petty Cash	249	136
	<u>40,670</u>	<u>4,595</u>

7. Creditors: amounts falling due within one year	31/12/20	31/12/19
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Other creditors	600	600
Accruals and deferred income	76,905	73,690
	<u>77,505</u>	<u>74,290</u>

Epione Wellbeing Centre Ltd
Company limited by guarantee

Notes to the financial statements
for the period ended 31 December 2020

..continued

8.. Reserves	Unrestricted Funds	Total
At 31 December 2019	(69,657)	(69,657)
Surplus for the year	32,832	32,832
At 31 December 20120	<u>(36,825)</u>	<u>36,825</u>

9.. Company limited by guarantee

The company is limited by guarantee and without a share capital