
CARERS NETWORK WESTMINSTER

Annual Accounts for Year Ending March 2022

Company Number: 04712756

Charity Number: 1097723

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Financial Statements for the year ended 31 March 2022**

Content	Pages
Reference and administrative details	1
Report of the Board of Trustees	2-9
Independent Auditor's Report	10-12
Statement of Financial Activities - Year ended 31 March 2022	13
Balance Sheet	14
Statement of Cash Flows	15
Notes to the Financial Statements	16-25

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Reference and administrative details**

The Board of Trustees	Nadia Taylor (Chair) Linda McHugh (Deputy Chair) Hassan Hamidi Abu-Bakir (resigned 2 December 2021) Elizabeth Adair Charles Adeniran Punam Birly U'Hla Htay Jennifer Nel (Treasurer)	
Company Secretary	Deirdre Goss (appointed 1 July 2022) Sally Prentice (resigned 1 July 2022)	
Chief Executive Officer	Brian Jones (appointed 1 July 2022) Sally Prentice (resigned 1 July 2022)	
Registered Office	Office 8 Beethoven Centre Third Avenue London W10 4JL	
Auditors	Ward Williams Belgrave House 39-43 Monument Hill Weybridge Surrey KT13 8RN	
Bankers	Unity Trust Bank Plc Four Brindleyplace Birmingham B1 2JB	Nationwide Building Society Nationwide House Pipers Way Swindon
	Aldermore Bank PLC 1st Floor, Block B Western House Lynch Wood Peterborough PE2 6FZ	Redwood Bank The Nexus Building Broadway Letchworth Garden City Hertfordshire SG6 3TA
Company Number	04712756	
Charity Number	1097723	
Solicitors	Coral Williams trading as Robinson Wilson Solicitors Selbourne House 36A Elgin Avenue London W9 3PR	

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Trustees' Report for the year ended 31 March 2022**

The trustees present their annual report with the audited financial statements for the year ended 31 March 2022. Comparative figures are those for the year ended 31 March 2021.

Introduction from the Chair

Although still in the shadow of Covid-19, we have gradually begun to emerge from the pandemic with confidence and resilience. Despite being plunged into a second national lockdown, followed by a third over the winter of 2021, I am very proud of our dedicated staff at Carers Network who had developed and continued to implement a hybrid service delivery model of in-person and online activities supporting 2484 carers of whom 516 were new carers.

Our Casework and Information, Advice and Guidance teams assisted carers with accessing financial support and provided vital information which has made a real difference to carers in the carrying out of their roles. We were able to submit successful personal budget applications for carers securing £378,099 of funding. In late 2021 Carers Network sent out its annual survey to over 3000 carers. 85% of those who responded felt that the support from Carers Network met their needs and 92% stated that they would recommend our organisation to other unpaid carers – a clear testament of the impact of our work and the effectiveness of our services.

We were able to improve our digital communications increasing our inclusivity and reaching ever more carers. To support this endeavour further, and to increase accessibility to our services, Carers Network developed a new visual identity and branding through our new website, thanks to funding from the National Lottery Community Fund, to whom we are very grateful. I am particularly pleased that carers and their families were fully engaged at every stage of development of our new website and its content.

Despite working in a challenging climate, Carers Network was able to continue its long-standing projects as well as expand its work and develop new specialist projects offering much-needed support and assistance to carers. In addition to our iconic End-of-Life project benefitting carers looking after terminally ill loved ones, I would like to mention our counselling project run in partnership with Goldsmiths, University of London, the Carers Found project – a specialist outreach project reaching diverse communities – the Carers Connected project and the Bizzy Box project assisting carers who look after loved ones affected by dementia and a range of other conditions. While the initiative for these innovative projects may have come from Carers Network, they could not have been realised without the generous support of our funders and benefactors.

A highlight this year was the celebration of the 30th Anniversary of Carers Network in the form of a reception at Westminster City Hall which was greatly enjoyed by the many carers who attended it. I would like to take the opportunity to thank The Lord Mayor of Westminster Councillor Hamza Taouzalle and his colleagues for their generosity in hosting this event. We very much look forward to working with the new Administration, and are grateful for the continuous support we have enjoyed from Westminster Council for over 30 years.

I would like to express my gratitude to our fantastic staff team for their hard work and continuous commitment to our carers. As always, none of our achievements would have been possible without their dedication. They have a new leader in the person of Brian Jones who joined us as Chief Executive in July in succession to Sally Prentice who was in post during the year under review. In welcoming Brian, I should also like to take this opportunity to thank Sally for her service to the organisation during the pandemic, a challenging period for all charities.

One way in which we were able to maintain our contact with carers during the pandemic was by means of a much-enhanced level of online activity, much of it delivered by volunteers. These online activities ranged from Zumba and mindfulness to poetry and creative writing and our volunteers were also instrumental in befriending isolated carers and organising carers' forums. They made a great contribution to our team.

We have secured funding for our core services and our new strategy is well advanced. We are actively engaged in working with the London Borough of Hammersmith and Fulham on the development of their new strategy to support unpaid carers, and we are also looking forward to working with Cabinet Members and Directors in Westminster and Kensington and Chelsea to help them ensure that carers' needs and priorities are reflected in their plans. With all of these important initiatives underway, I am confident that Carers Network will continue to thrive and grow as it develops new and creative ways to engage with carers and provide them with sympathetic, expert and timely support. Thank you to all our staff, Trustees, service users, Commissioners and funders for making this possible.

Nadia Taylor
Chair

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Trustees' Report for the year ended 31 March 2022 (continued)**

Objectives and Activities

Purpose

Carers Network Westminster adopted new Articles of Association on 2 December 2021, which state that the purposes of the charity are:

- to provide charitable services to carers in London Boroughs and similarly connected areas.
- to offer help to carers, as they relieve the aged, the sick, the infirm and persons suffering from mental illness or learning or physical disabilities in the said area, by the provision of advice, support, training, and other assistance as Carers Network deem necessary.
- to advance the education of the public and others in all matters relating to caring and the role of carers.

Mission, Vision and Aims

Carers Network mission is supporting carers and enhancing lives across London. Our vision is that every unpaid carer is recognized and leads a healthy, fulfilling life with control over their caring role.

The 2018 – 2022 Carers Network Strategy's overarching aims are:

1. To meet the needs of beneficiaries and create a sense of ownership among carers.
2. More carers get the information they need at the right time avoiding crisis and improving health and wellbeing.

Public Benefit

The primary public benefit of Carers Network is to support unpaid carers in the City of Westminster, the London Borough of Hammersmith and Fulham and the Royal Borough of Kensington and Chelsea. The wider public benefit to society from supporting unpaid carers is considerable as many carers experience poor mental and physical health and often have to give up paid work to care for family and friends.

Services

Carers Network supports unpaid carers by providing the following services:

1. Information and Advice

Carers Network has an experienced and committed team who provide an empathetic, expert, and comprehensive Information, Advice and Guidance Telephone Helpline from 9am to 5pm Monday to Friday, and out of hours for working carers.

The team also run online drop-in sessions and in-person sessions, in a variety of community settings endeavouring to reach geographically wide across local authorities, as well as responding to email enquiries. The team advise carers on their rights, including in the workplace; sources of practical, emotional, and financial support, including applying for discretionary grants; the offer of a statutory Carers Assessment; and referrals and signposting to relevant services, including specialist advice agencies.

Carers receive information through a weekly e-newsletter, our website and through social media. Carers Network seeks to empower carers in decision-making at every stage of their caring role by equipping them with relevant knowledge on their rights. In 2021/22 Carers Network responded to 2,540 enquiries.

2. Carer's Assessments, Carer's Annual Reviews and Carer's Personal Budget Applications

Since the implementation of the Care Act in 2015, Carers Network has had delegated authority to complete statutory Carer's Assessments on behalf of our three local authorities. Our dedicated and skilled team take time to listen to carers, which enables them to produce an in-depth assessment of their needs; and develop a support plan with each carer and an application for a carer's personal budget. In 2021/22 the teams undertook 980 assessments and reviews.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Trustees' Report for the year ended 31 March 2022 (continued)**

3. Practical and emotional support

Carers Network provides practical support through liaison with health and social care professionals and partner voluntary organizations. Emotional support is offered through the welfare calls the staff team undertook at the start of the first national lockdown; our new counselling service and online support groups for carers who care for people with specific conditions (learning difficulties, dementia, and mental health conditions).

Carers Network also provides a programme of training and development for carers, which enables them to fulfil their role safely and confidently.

4. Small grants

Carers Network supports carers in applying for small grants from a range of small local and national trusts and foundations, as well as from Carers Trust, to meet a variety of needs including short breaks and equipment.

5. Advocacy

Carers Network seeks to influence service provision for the benefit of carers by engaging with providers of social care, health, advice, and other services with the aim to improve support for carers and the people they care for.

6. Carer Involvement

Carers Network facilitates a Carers' Forum in Westminster, Hammersmith and Fulham and Kensington and Chelsea where carers find out about and influence local service delivery. These events are a recognized mechanism for service providers and commissioners to consult with carers. Over the last year Carers Network has greatly benefited from the carers sharing their insights with PERQ Studio and Adept Digital in the creation of our new brand identity and website.

7. Social Engagement

In the period April 2021 to March 2022 many of our activities and social events remained on-line or on the telephone, due to continuing Covid-19 restrictions. We ran 226 on-line activities and 38 on-line training sessions including quilting, poetry, creative writing, painting, yoga, Pilates, and Zumba. We also provided 12 Carer's forums, including some evening sessions, re-commenced coffee mornings and arranged Carers Rights Day activities in a number of Sainsbury's stores. A big thank you to all our staff, volunteers and other partner organisations including Chelsea Physic Garden, English National Opera, The National Gallery and Portobello Fitness.

Achievements and Performance

In 2021/2022 Carers Network major achievements were as follows:

- We worked with 2484 carers (20/21: 3022).
- We identified 516 new carers (20/21: 410).
- We have made a major investment in digital through designing and implementing a new website and brand identity, to improve and broaden our engagement with carers and funders, and to provide carers of all ages with comprehensive and up to date information and resources to support them, accessible across a variety of digital platforms, including mobile phones. This was financed by a grant from the National Lottery Community Fund.
- Supported 189 carers through the End of Life Project (20/21: 168 carers), and arranged workshops covering future care planning, Power of Attorney, pensions, inheritance tax and funerals.
- In the second year of our Carers Found project to identify and connect with carers not currently accessing support, we engaged with 31 organizations (12 charities, 6 BAME organizations, 5 community centres, 2 LGBTQ+ organizations and 2 housing associations) and held 8 workshops.
- In partnership with the MA Counselling course at Goldsmiths, University of London, we provided up to 12 free psychodynamic counselling sessions, a service which was accessed by 47 carers.
- In our Carers Connected project in Westminster we provided 268 hours of activities, such as music, art and jewellery making, and tele be-friending, engaging 197 carers and involving 31 volunteers.
- Organized 226 on-line activities and 38 on-line training sessions
- Obtained funding for a new project called BizzyBox to be launched in May 2022, which will provide a free lending library of activity products designed to help cared-for persons living with dementia, recovering from a stroke or heart attack or living with autism or a learning disability.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Trustees' Report for the year ended 31 March 2022 (continued)**

Fundraising

Carers Network has again worked hard this year to secure funding for existing projects and for new projects to aid our mission of supporting unpaid carers in London Boroughs.

We are delighted that our End of Life Project continues to be fully funded by The Henry Smith Charity and The National Lottery Community Fund (Reaching Communities Fund). This funding has enabled us to expand and offer the service until 2024. The National Lottery Community Fund has also provided funding to support the development of Carers Network's new website and brand identity.

Carers Network is very pleased to continue into the second year of Carers Found, a major three-year project commenced in late 2020. Carers Found, is designed to engage with people who are caring for family and friends but do not identify themselves as carers, and therefore are not aware of the support available to them. Our sincere thanks go to City Bridge Trust for its three years of funding and the Garfield Weston Foundation for supporting the project in its first year.

Connected to Carers Found, Carers Trust provided funding for an Inclusive Communications project to engage with groups where digital exclusion, social isolation, and language barriers are an obstacle to engagement. Such groups include carers from BAME communities, carers who identify as LGBTQIA+, male carers and carers living with disabilities.

In March 2022 we were delighted to receive initial funding from The Valesco Donor Invitation Fund (via London Community Foundation) and the Westminster Amalgamated Charity, to enable us to prepare for the launch of our new BizzyBox project in May 2022, to help cared-for persons living with dementia, recovering from a stroke or heart attack or living with autism or a learning disability.

We are grateful to City of Westminster Charitable Trust for funding our Carers Connected project, which aimed to tackle social isolation and loneliness through the provision of 150 hours of volunteer-led activities to over 2,800 unpaid carers in the City of Westminster during the year.

Westminster Amalgamated Charity has continued to be a steadfast supporter and we are particularly grateful to them for investing in the creation of a new counselling service for carers in partnership with Goldsmiths, University of London. We would also like to thank all the family trusts and individual donors who have supported Carers Network throughout the year, including the team of runners who generously gave up their time to participate in the Royal Parks Half Marathon in October 2021.

Carers have also benefited from generous gifts in kind. The Department for Transport and British Transport Police hosted an online Christmas Quiz, donating prizes of gift vouchers plus a hamper. ISG Limited kindly donated 100 Christmas Goodie Boxes which carers came and collected. Through the English National Opera's Community Scheme 50 carers enjoyed performances of The Handmaid's Tale and The Cunning Little Vixen.

Throughout the year carers took part in tours and trips organised for us by The Royal Collection Trust, Chelsea Physic Garden, Chiswick House, Kew Gardens, The Wallace Collection, The National Gallery, Queen's Park Rangers FC and St Paul's Cathedral.

We also received free tickets for carers to visit Tower Bridge courtesy of City Bridge Trust and from The Courtauld Gallery for their Open House Day preview.

The National Gallery ran a complementary 'In Their Footsteps' online art class exclusively for our carers, with each of the 15 participants receiving a box of materials so they did not have to purchase anything to take part. Each of 6 sessions run by members of Gallery team including curators cost the gallery £194 to run.

51 carers were also able to take up the offer of one year's free membership of Westway Portobello Fitness Club which would have cost the carers £249.99 a year each.

We continue to benefit from being able to offer carers free meals at Mike's Table, a community supper club where paying guests subsidise free places for community groups.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Trustees' Report for the year ended 31 March 2022 (continued)**

Volunteering

Carers Network's volunteer programme has created a range of roles within the charity, including but not limited to, supporting fundraising and communications; undertaking administrative tasks such as supporting the organization of quarterly Carers Forums in each borough; befriending; and delivering exercise groups and activities for carers.

A team of volunteers has continued delivering online, telephone and in-person activity groups. These have included Mindfulness, Zumba, Chair Yoga, Slow Flow Yoga, Photography, Art, Knitting, Jewellery Making, Literature Appreciation and Creative Writing. Over the year there have been 171 sessions.

Carers have appreciated the choice of how to engage with the groups, with some now running in-person, such as the weekly art class run at the Beethoven Centre. Volunteers greatly benefit from running groups because it gives them the opportunity to work as part of a team, develop their skills, make friends and improve their confidence, as well as the obvious benefits to carers. Feedback from volunteers tells us how enjoyable and rewarding they find it.

We have 16 carers who volunteer to support us with the BizzyBox Lending project. The carers volunteering on this project enjoy the opportunity to socialise with and meet other carers and take an hour or so to themselves outside of their caring role.

Our Carers Found project which started in November 2020 involves outreach and engagement activities with community organizations including Al-Manaar, Al-Hasaniya, Midaye, and Hodan Somali community.

We have launched a new counselling service for carers in partnership with Goldsmiths, University of London. Carers' mental health has been placed under even more pressure during the lockdown and we see this as an important service to expand and sustain in future years.

Future plans

Carers Network's major focus is to identify and connect with more carers across our three London boroughs, so they know what advice and services are available to them to support them in their caring role. Many people looking after partners, family members, friends and neighbours do not see themselves as carers.

Over the next year, we are excited to be working with our Local Authority partners to co-produce a strategy for carers. Our own strategy will also be refreshed to underpin those of our partners and the carers that we support.

Equal opportunities

Carers Network supports carers from all ages and ethnic backgrounds, reflecting the incredibly rich diversity of the communities in central London: 72 per cent of our carers are women, and 28 per cent male; we support carers in their twenties through to their nineties; we support carers whose families came to London from Ireland; the Caribbean islands; north, central and southern Africa; China; the Middle East; India, Bangladesh and Pakistan; and central and eastern Europe. We are proud of having a skilled, empathetic, and experienced team of 22 staff (19 FTE), whose ages range from 23 to 66 and come from a variety of backgrounds including Black Caribbean, Black African, British Asian, White British and White European. Our staff speak Spanish, Portuguese, Polish, Russian, and Italian.

Financial position

In 21/22 Carers Network had a total income of £925,182 (20/21: £936,277), total expenditure of £865,501 (20/21: £854,625) and a resulting net surplus of £59,681 (20/21: £81,652). Of the total expenditure, £767,114 (20/21: £778,224) was spent on carers support and events, £42,310 (20/21: £17,582) on governance and £56,077 (20/21: £58,819) was spent on raising funds. On 31 March 2022 Carers Network had total funds carried forward of £599,600 (20/21: £539,919), of which £124,350 (20/21: £71,626) was restricted and £Nil (20/21: £33,515) was designated for specific projects. The remaining £475,250 (20/21: £434,778) is unrestricted.

Carers Network's finances have not been unduly affected by COVID-19 as our major sources of income are our local authority contracts and funding from trusts and foundations to deliver specific projects. However, local authorities are under intense financial pressure because of the impact of COVID-19 and the rising demand for social care services.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Trustees' Report for the year ended 31 March 2022 (continued)**

Principal Sources of Funds

Carers Network major sources of funding are our local authority contracts to deliver carers hub information, advice and guidance, support services and statutory Carer's Assessments and Carer's Personal Budget applications. We have contracts with City of Westminster Council, the London Borough of Hammersmith and Fulham and the Royal Borough of Kensington and Chelsea. Our other major sources of funding are The National Lottery Community Fund, The Henry Smith Charity, and City Bridge Trust.

Reserves Policy

Carers Network reserves policy is to maintain sufficient reserves to enable normal operating activities to continue over a period of three to six months. On 31 March 2022 Carers Network held free reserves of £475,250 (20/21: £434,778) which meets the requirement of the policy. In developing the reserves policy, trustees have considered the importance of ensuring essential services are maintained if funding streams are reduced/removed and the risks of being dependent on a small number of funding streams. Trustees do not want to hold surplus funds unnecessarily and the policy will be reviewed on a periodic basis.

Going concern

Given Carers Network's level of free reserves available at the year end, the trustees consider that the charity has sufficient resources to continue to deliver services to carers for the foreseeable future. Carers Network's contracts with our local authority funders were due to be retendered in the 2021 – 2022 financial year: this obviously presents a degree of financial uncertainty, but the charity has effectively delivered all three contracts and, working in collaboration with our partners, these contracts have been extended. Accordingly, the financial statements have been prepared on a going concern basis. There are no material uncertainties about Carers Network's ability to continue as a going concern.

Risk Management and responding to Covid-19

The Carers Network's Board has a Finance & Risk sub-committee which is chaired by Jennifer Nel, Treasurer, which has been meeting on a regular basis since September 2017. The committee regularly reviews the charity's Risk Register. Each identified risk is assessed, and action taken to manage, mitigate or remove the risk.

The COVID-19 pandemic has been a hugely challenging time for every organization. As described in last year's Annual Report, Carers Network staff team, volunteers and trustees worked at pace to support carers, reconfigure services and adapt to remote working. Thanks to the investment from The Lloyds Bank Foundation in new laptops and phones, Carers Network made much greater use of technology and social media to communicate with carers and public service professionals in local government, the NHS and emergency services through the second and third lockdowns, which in some respects were harder than the first.

The vaccination programme has been a major focus over the last year: Carers Network has provided carers with regular communications and update on the vaccine programme in each borough, responded quickly to questions from carers and advertised local vaccination centres. Most importantly, we responded straightaway to a carer's concern about a vaccine scam, immediately alerting the Police and the local Safeguarding Board.

Structure, Governance and Management

Constitution

Carers Network Westminster is a registered charity. It was founded in 1991 and was first registered as a charity in 1996. The current charity was registered on 29 May 2003 following constitution as a company limited by guarantee (incorporated on 26 March 2003).

The charity is governed by Articles of Association. The Memorandum and Articles were revised in 2021. As per the Companies Act 2006 the terms from the Memorandum were amalgamated into the Articles of Association, meaning the Memorandum is redundant.

Carers Network Westminster operates under the name Carers Network.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Trustees' Report for the year ended 31 March 2022 (continued)**

Appointment of Trustees

The minimum number of trustees is four and the maximum is fifteen. Trustees are elected by the membership at the Annual General Meeting and serve for a three-year term after which they may offer themselves for re-appointment for up to two further 3 year terms. Prospective trustees are interviewed. In selecting a person to be appointed as a trustee, current trustees consider how their residence, occupation, employment, knowledge, and personal or professional qualifications may contribute to delivering against the charity's objects. There have been no changes to the board of trustees over the last year.

Induction and Training of Trustees

All new trustees are provided with an induction to Carers Network, which includes the Memorandum and Articles of Association, current strategic plan, organizational structure, annual budget, and latest audited accounts. They also receive details of their obligations under charity law. Trustees can access training through NCVO, specialist trustee organizations and the local voluntary sector infrastructure organizations One Westminster, Kensington, and Chelsea Social Council and SOBUS in Hammersmith and Fulham.

Related Parties

Carers Network has no related party transactions to disclose.

Wider Network

Carers Network is a member of the national charities Carers Trust and Carers UK and the National Council for Voluntary Organizations.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Statement of Trustee's Responsibilities**

The trustees, who are also directors of Carers Network for the purposes of company law, are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Carers Network and of the incoming resources and application of resources, including the income and expenditure, of the Carers Network for the period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP 2019 (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Carers Network will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Carers Network and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Carers Network and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

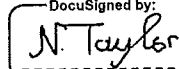
- There is no relevant audit information of which the Carers Network's auditor is unaware; and
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Carers Network's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Auditor

Ward Williams were appointed as auditor to the Carers Network during 2021 and a resolution proposing that they be re-appointed will be put forward at the next General Meeting.

This report was approved by the Board of Trustees.

DocuSigned by:

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11/29/2022

Nadia Taylor
Chair

Registered Office:
Office 8, Beethoven
Centre
Third Avenue
London
W10 4JL

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Independent Auditor's Report to the Trustees of Carers Network Westminster**

Opinion

We have audited the financial statements of Carers Network Westminster for the year ended 31 March 2022 which comprise Statement of Financial Activities, Balance Sheet, Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Independent Auditor's Report to the Trustees of Carers Network Westminster**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees report; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 9, the trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

- We obtained an understanding of the legal and regulatory frameworks applicable to the charity and the sector in which they operate. We determined that the following were most significant: the Companies Act 2006, the Charities Act 2011.
- We obtained an understanding of how the charity are complying with those legal and regulatory frameworks by making inquiries to the management of the charity. We corroborated our inquiries through our review of correspondence during our audit work.
- We assessed the susceptibility of the charity's financial statements to material misstatement, including how fraud might occur. Audit procedures performed included:
 - identifying and assessing the design effectiveness of controls management has in place to prevent and detect fraud;
 - understanding how those charged with governance considered and addressed the potential for override of controls or other inappropriate influence over the financial reporting process;
 - challenging assumptions and judgements made by management in its significant accounting estimates;
 - identifying and testing journal entries, in particular and journal entries posted with unusual account combinations; and assessing the extent of compliance with the relevant laws and regulations.

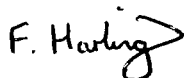
**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Independent Auditor's Report to the Trustees of Carers Network Westminster**

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Frank Harling (Senior Statutory Auditor)
for and on behalf of Ward Williams
Belgrave House
39-43 Monument Hill
Weybridge
Surrey
KT13 8RN
Date: 30/11/2022

Ward Williams is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Statement of Financial Activities as at 31 March 2022

		Unrestricted funds 2022	Restricted funds 2022	Total funds 2022	Total funds 2021
	Note	£	£	£	£
Income from:					
Charitable activities	2	710,925	146,278	857,203	873,164
Donations and legacies	3	14,815	51,174	65,989	56,989
Investments		1,990	-	1,990	2,198
Other income	4	-	-	-	3,926
		<u>727,730</u>	<u>197,452</u>	<u>925,182</u>	<u>936,277</u>
Total income					
Expenditure on:					
Charitable activities		672,141	137,283	809,424	795,806
Raising funds		56,077	-	56,077	58,819
		<u>728,218</u>	<u>137,283</u>	<u>865,501</u>	<u>854,625</u>
Total	5	<u>728,218</u>	<u>137,283</u>	<u>865,501</u>	<u>854,625</u>
Net income / (expenditure)		(488)	60,169	59,681	81,652
Transfers between funds		<u>7,445</u>	<u>(7,445)</u>	-	-
Net movement in funds		<u>6,957</u>	<u>52,724</u>	<u>59,681</u>	<u>81,652</u>
Total funds brought forward		<u>468,293</u>	<u>71,626</u>	<u>539,919</u>	<u>458,267</u>
Total funds carried forward		<u>475,250</u>	<u>124,350</u>	<u>599,600</u>	<u>539,919</u>

The Statement of Financial Activities includes all gains and losses recognised in the year.

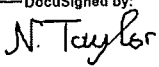
All incoming resources and resources expended derive from continuing activities.

The notes on pages 16 to 25 form part of these financial statements.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
BALANCE SHEET AS AT 31 MARCH 2022**

	Note	2022 £	2022 £	2021 £	2021 £
Fixed assets					
Tangible assets	10		10,805		13,744
Current assets					
Debtors	11	15,968		15,604	
Cash at bank and in hand		604,143		553,309	
		<u>620,111</u>		<u>568,913</u>	
Liabilities					
Creditors: amounts falling due within one year	12	(31,316)		(42,738)	
		<u></u>		<u></u>	
Net current assets			588,795		526,175
Total assets less current liabilities			<u>£599,600</u>		<u>£539,919</u>
Charity Funds					
Restricted funds	14		124,350		71,626
Unrestricted funds – General fund	14		475,250		434,778
Unrestricted funds – Designated funds	18		-		33,515
			<u>£599,600</u>		<u>£539,919</u>
Total funds			<u></u>		<u></u>

The financial statements were approved by the Trustees on 11/29/2022 and signed on their behalf by:

DocuSigned by:

 -----CF3AA4189E3B9AC-----

Nadia Taylor
Chair of Trustees on behalf of the trustees

Company Registration No. 04712756

The notes on pages 16 to 25 form part of these financial statements.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
CASH FLOW STATEMENT AS AT 31 MARCH 2022**

	Note	2022 £	2021 £
Net cash flow from operating activities	16	53,302	31,659
Cash flow from investing activities			
Payments to acquire tangible fixed assets		(4,458)	(7,831)
Interest received		1,990	2,198
Net cash used in investing activities		<u>(2,468)</u>	<u>(5,633)</u>
Net increase in cash and cash equivalents		50,834	26,026
Cash and cash equivalents as at 01 April 2021		553,309	527,283
Cash and cash equivalents as at 31 March 2022		<u>604,143</u>	<u>553,309</u>
Cash and cash equivalents consist of:			
Cash at bank and in hand		604,143	553,309
Cash and cash equivalents carried forward		<u>604,143</u>	<u>553,309</u>

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022**

1. ACCOUNTING POLICIES

(a) General information and basis of preparation

Carers Network Westminster is a registered charity (Charity number: 1097723; Company number: 04712756) limited by guarantee in England & Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principle activities are to provide core services of information advice and support to all unpaid carers and their families in the City of Westminster, the London Borough of Hammersmith and Fulham and the Royal Borough of Kensington and Chelsea.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice and applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued in October 2019, the Financials Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and the UK generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

In making their going concern assessment the Trustees have fully considered the impacts on the charitable company of the global Covid-19 pandemic. For further information on this please refer to the Trustees Report on pages 2 to 9.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Fund accounting

The charity maintains various types of funds as follows.

Restricted funds -

Restricted funds represent grants and donations received which are allocated by the donor for specific purposes. Expenditure that meets these criteria is charged to the fund, together with a fair allocation of support costs.

Designated funds -

Designated funds represent funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects.

Unrestricted funds -

Unrestricted funds represent income which is expendable at the discretion of the Trustees in the furtherance of the objects of the charity.

(c) Incoming resources

Donations and similar incoming resources are included in the year in which they are receivable, which is when the charity becomes entitled to the resource. Donated services are valued at the estimated value to the charity of the services received. Grants receivable are credited to the Statement of Financial Activities (SOFA) in the year for which they are received.

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Investment income is included in the SOFA in the year in which it is receivable.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022**

1. ACCOUNTING POLICIES (continued)

(d) Resources expended and basis of allocation of costs

Expenditure is recognised on an accruals basis as a liability is incurred, inclusive of any VAT which cannot be recovered. Grants payable are charged in the year they become payable.

Other resources expended are allocated directly to the particular activity where the cost relates to that activity.

Support costs have been allocated between charitable activities, generating voluntary funds and governance costs. Costs that are not wholly attributable to an expenditure category have been apportioned to each activity on an estimate of staff time.

(e) Costs of generating voluntary funds

Costs of generating funds include the cost of advertising for donations and the staging of special fundraising events. Costs relating to grant applications for specific projects are allocated direct to charitable expenditure.

(f) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs.

(g) Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity such as the cost of board meetings, statutory compliance and costs linked to the strategic management of the charity.

(h) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation, which is provided in annual instalments over the estimated useful lives of the assets. The rates of depreciation applied to the assets are:

Fixtures, Fittings & Equipment: 20% straight line

(i) Pension costs

The charity contributes to the NEST Pension Scheme which is a defined workplace contribution scheme. The cost of the contributions is charged to the Statement of Financial Activities (SOFA) when the cost is incurred.

(j) Gifts in kind

Items gifted to the charity are included either as incoming resources in the statement of financial activities or as an asset in the balance sheet. The valuation of such items is as deemed reasonable by the Trustees.

(k) Government grants

Government grants relate to Covid-19 support that was available and are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

(l) Critical accounting estimates and areas of judgement

In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements not do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022

2. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Income Funds £	Total Funds 2022 £	Total Funds 2021 £
Carer Support and activities				
The National Lottery Community Fund	-	61,288	61,288	23,206
Garfield Weston Foundation	-	-	-	20,000
Hammersmith and Fulham Council	206,312	-	206,312	235,772
The Henry Smith Charity	-	55,000	55,000	34,000
The Lloyds Bank Foundation for England and Wales	-	-	-	24,581
City Bridge Trust	-	21,500	21,500	-
Other income	-	8,490	8,490	27,665
Royal Borough of Kensington and Chelsea	104,040	-	104,040	101,333
Westminster Amalgamated Charity	-	-	-	10,000
Westminster City Council	400,573	-	400,573	396,607
	<u>710,925</u>	<u>146,278</u>	<u>857,203</u>	<u>873,164</u>

3. VOLUNTARY INCOME

	Unrestricted Funds £	Restricted Income Funds £	Total 2022 £	Total 2021 £
Grants for individuals	-	8,915	8,915	6,860
Donations and grants received	14,815	42,259	57,074	50,129
	<u>14,815</u>	<u>51,174</u>	<u>65,989</u>	<u>56,989</u>

Donations and grants received includes a donation of £1,755 (2021: £18,073) from Global Giving's COVID-19 fundraising campaign and the donations we receive from supporters through the Global Giving platform.

4. OTHER INCOME

	Unrestricted Funds £	Restricted Income Funds £	Total 2022 £	Total 2021 £
Government grants – Job Retention Scheme Support re Covid-19	-	-	-	3,926
	<u>-</u>	<u>-</u>	<u>-</u>	<u>3,926</u>

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022**

5. RESOURCES EXPLAINED ON CHARITABLE ACTIVITIES

	Direct Staff Costs £	Other Direct Costs £	Support Staff Costs £	Other Support Costs £	Total 2022 £	Total 2021 £
Costs of Charitable Activities						
Carers Support & Events	498,867	24,292	96,510	147,445	767,114	778,224
Governance Costs	-	-	27,935	14,375	42,310	17,582
Raising Funds	-	-	46,669	9,408	56,077	58,819
	<u>£ 498,867</u>	<u>£ 24,292</u>	<u>£ 171,114</u>	<u>£ 171,228</u>	<u>£ 865,501</u>	<u>£ 854,625</u>

Support costs are allocated to activities based on an assessment of the time spent by staff on each activity.

6. GOVERNANCE COSTS

	2022 £	2021 £
Audit fees	7,200	6,635
Trustee Support costs	2,971	1,888
Membership costs	4,204	2,441
Salary costs	27,935	6,618
	<u>£42,310</u>	<u>£ 17,582</u>

7. NET INCOMING RESOURCES FOR THE PERIOD

This is stated after charging

	2022 £	2021 £
Depreciation	7,113	7,725
Auditors' remuneration	<u>7,200</u>	<u>6,635</u>

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022**

8. TRUSTEE AND STAFF INFORMATION

a) Trustees

No trustee received remuneration during the year (2021: £nil).

The Chair was reimbursed £2,934 during the year (2021: £1,866) for expenditure on additional care costs that were incurred in order for the Chair to undertake her duties and attend meetings

Trustees received travel reimbursements of £37 (2021: £22) in the year.

b) Staff	2022	2021
	£	£
Salaries and wages	583,312	612,351
Social security costs	50,667	52,688
Pension costs	35,203	39,193
Seconded and agency staff	799	3,199
	<u>669,981</u>	<u>707,431</u>

Key management personnel include the Chief Executive Officer, Head of Operations, Head of Services and Head of Fundraising and Communications.

The total employee benefits of the Charity's key management personnel were £179,411 (2021: £178,238).

One employee (2021: none) received emoluments between £60,000-£69,999 on an annualised basis during the year.

The average full time equivalent of staff employed by the charity during the period, including seconded staff was:

	2022	2021
	No.	No.
Governance and generating funds	2	2
Charitable activities	17	20
	<u>19</u>	<u>22</u>

9 TAXATION

The charitable company is exempt from corporation tax on its charitable activities.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022**

10 TANGIBLE FIXED ASSETS

	Computers and Equipment £
Cost:	
At 1 April 2021	45,855
Additions	4,458
Disposals	<u>(2,123)</u>
At 31 March 2022	<u>48,190</u>
Depreciation:	
At 1 April 2021	32,111
Depreciation charged in the year	7,113
Depreciation eliminated on disposal	<u>(1,839)</u>
At 31 March 2022	<u>37,385</u>
Net book value	
At 31 March 2022	<u>£10,805</u>
At 31 March 2021	<u>£13,744</u>

11 DEBTORS

	2022 £	2021 £
Grant debtors	1,227	400
Grants receivable - accrued income	124	3,857
Prepayments	14,617	11,347
	<u>£ 15,968</u>	<u>£ 15,604</u>

CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	4,804	1,321
Accruals and deferred income	8,800	21,914
Other taxation and social security	13,194	14,121
Pension	3,929	5,041
Other liabilities	589	341
	<u>£ 31,316</u>	<u>£ 42,738</u>

Accruals and deferred income above includes £nil (2021: £15,000) relating to deferred income. The income deferred in the previous year (£15,000) related to the Henry Smith Charity.

13 COMMITMENTS UNDER OPERATING LEASES

At 31 March 2022 the charity had total future minimum lease payments under non-cancellable operating leases as follows:

	2022	2021
	£	£
Total commitments	<u>6,431</u>	<u>8,745</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
Tangible fixed assets	5,582	5,223	10,805	13,744
Current assets	500,984	119,127	620,111	568,913
Creditors: Amount falling due within one year	(31,316)	-	(31,316)	(42,738)
Net asset at 31 March 2022	<u>475,250</u>	<u>124,350</u>	<u>599,600</u>	<u>539,919</u>

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)**

Notes to the financial statements for the year ended 31 March 2022

15. MOVEMENT IN FUNDS

	Brought forward £	Incoming Resources £	Outgoing Resources £	Transfers £	Carried Forward £
Restricted Funds					
End of Life Carers Project	15,442	89,289	(45,330)	-	59,401
Former Carers Project	2,164	-	(531)	(1,633)	-
On-Line Learning Platform	10,000	-	(5,395)	(4,605)	-
Covid-19 Response Project	7,423	-	(3,122)	-	4,301
Carers Funds Project	11,667	23,255	(30,874)	-	4,048
Carers Counselling Project	19,713	8,000	(10,247)	-	17,466
Inclusive Communications Project	-	5,000	(1,676)	-	3,324
BizzyBox Lending Project	-	23,453	(3,231)	4,000	24,222
Carers Trust Individual Grants	-	8,915	(8,915)	-	-
Carers Connected Project	-	12,050	(462)	-	11,588
Website Development Project	-	27,000	(27,000)	-	-
Other Restricted Funds	5,217	490	(500)	(5,207)	-
Total Restricted Funds	71,626	197,452	(137,283)	(7,445)	124,350
Unrestricted Funds					
General Fund	434,778	727,730	(728,218)	40,960	475,250
Designated Funds	33,515	-	-	(33,515)	-
Total Unrestricted Funds	468,293	727,730	(728,218)	7,445	475,250
TOTAL FUNDS	539,919	925,182	(865,501)	-	599,600

General transfers between the restricted and unrestricted funds above relate to restricted projects which have now concluded. The charity has reviewed these projects and are content that the project requirements and obligations have been met and any remaining balance on the fund can be transferred to unrestricted reserves with no amounts due to be returned to the relevant funder.

16. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net income / (expenditure) for the year	59,681	81,652
Interest receivable	(1,990)	(2,198)
Depreciation of tangible fixed assets	7,113	7,725
Loss on disposal of assets	284	-
(Increase) in debtors	(364)	(1,683)
(Decrease) in creditors	(11,422)	(53,837)
Net cash from operating activities	53,302	31,659

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)**

Notes to the financial statements for the year ended 31 March 2022

17. PURPOSE OF RESTRICTED FUNDS

End of Life Carers Project

This is a flagship project which commenced in October 2014 to provide support to end-of-life carers in the City of Westminster, London Borough of Hammersmith & Fulham and Royal Borough of Kensington & Chelsea. It is a dedicated support service for adult carers providing unpaid care to a friend or relative who has been diagnosed with a terminal illness, or is 80 or over, and has general frailty and/or co-existing conditions, or is in a residential or nursing home.

The current three year cycle of funding commenced in October 2020, and during this financial year £40,000 was received from The Henry Smith Charity and £34,288 was received from The National Lottery Community Fund.

Former Carers Project

This was a project supported by the Lloyds Bank Foundation England & Wales which ran from 2017 to 2021 supporting carers whose caring role had come to an end to move on to the next stage of their lives. Grants of £97,002 over four years funded the salary of a project worker, events and equipment costs, marketing, promotion and evaluation, and a contribution to core costs.

On-line Learning Platform

In December 2020 a grant of £10,000 was received from The London Community Foundation from its London Community Response Fund – Coronavirus Appeal, for the purpose of providing 300 unpaid carers to with online access to specialist training during the current Covid-19 period and beyond. The training helped carers gain confidence in their caring role. The project was completed in November 2021.

Covid-19 Response Project

In September 2020 a grant of £15,000 was received from The Lloyds Bank Foundation for England and Wales – React Fund, to provide Carers Network with additional funds to support our response to Covid-19. This was primarily used to purchase additional information technology equipment and protective screens to segregate our office workstations in compliance from social distancing guidance issued by HM Government. Some equipment was capitalised and the cost expended during the financial year represents depreciation thereon

Carers Found Project

This is a major project running from February 2020 to February 2023, that will identify 240 hidden and hard-to-reach unpaid carers in the City of Westminster, the London Borough of Hammersmith & Fulham and the Royal Borough of Kensington and Chelsea. Carers Found will enable people who are excluded through isolation or other barriers to live more fulfilling lives by offering them personalised support in their caring role.

A grant of £20,000 was received from The Garfield Weston Foundation at commencement in February 2020, which was followed by a grant of £105,200 to be paid in tranches over three years from January 2021 from City Bridge Trust to cover the salary of a Community Development Officer, plus related volunteer costs and overheads, and independent evaluation of the project.

Carers Counselling Project

Commencing in September 2020, the Carers Counselling Project established a new counselling service for up to 48 older, unpaid carers in conjunction Goldsmiths University of London and London and South East Colleges, local unpaid carers are offered up to 12 one-on-one sessions of psychodynamic counselling to improve their mental health due to more positive behaviour and increased resilience, along with decreased isolation and loneliness.

Grants of £10,000 in July 2020 and £8,000 in October 2021 were received from Westminster Amalgamated Charity to be utilised for older, unpaid carers residing in the City of Westminster.

A further grant of £15,000 was received in October 2020 from the Independent Age Grants Fund to be utilised for older, unpaid carers residing in the London Borough of Hammersmith & Fulham and the Royal Borough of Kensington & Chelsea.

Inclusive Communications Project

In November 2021 a grant of £5,000 was received from Carers Trust in support of more inclusive communications for the Carers Found Project (see above). In close collaboration with community organisations, the project raises awareness among unpaid adult carers from hidden and hard-to-reach communities about their caring role and corresponding rights and entitlements.

**CARERS NETWORK WESTMINSTER
(LIMITED BY GUARANTEE)
Notes to the financial statements for the year ended 31 March 2022**

BizzyBox Lending Project

This is a new project launched in March 2022 to enable unpaid carers in the City of Westminster, London Borough of Hammersmith & Fulham and Royal Borough of Kensington & Chelsea to join an equipment lending library and borrow for free a fantastic range of activity products that their cared-for person can enjoy from the comfort of their own home. These products, which include puzzles, comfort pets, activity boards and hug buddies have been specially designed to help those living with dementia, recovering from a stroke or heart attack or living with autism or a learning disability.

The project is supported by The Valesco Donor Invitation Fund which contributed a grant of £15,000 in March 2022 and the Westminster City Council North Westminster Programme which has agreed to contribute a grant of £14,089, of which £8,453 was paid in March 2022. The North Westminster Programme is about strengthening communities in the Queen's Park, Westbourne, Harrow Road and Church Street wards. In addition, a grant of £4,000 for older or elderly carers from a London based private family foundation, will be utilised for the purchase of activity equipment for the lending library.

Carers Trust Individual Grants

As a Carers Trust Network Partner, Carers Network is able to apply to Carers Trust on behalf of individual unpaid carers for small one-off grants. Typically, these are for the purchase of essential household equipment or repairs. 100% of the amounts received are immediately paid out to the claimant.

Carers Connected Project

This project commenced in May 2021 with the aim of tackling social isolation and loneliness among unpaid carers in the City of Westminster, through the provision of volunteer led activities including chair yoga, mindfulness, creative writing and one-on-one tele befriending.

The project is supported by the City of Westminster Charitable Trust, which contributed a grant of £12,000 during the year.

Website Development Project

We have made a major investment in digital through designing and implementing a new website and brand identity, to improve and broaden our engagement with carers and funders, and to provide carers of all ages with comprehensive and up to date information and resources to support them, accessible across a variety of digital platforms, including mobile phones. This was largely financed by a grant of £27,000 from The National Lottery Community Fund, as an addendum to their funding of the End of Life Carers Project.

Other Restricted Funds

These relate to small ad-hoc grants under £5,000 each received for restricted purposes.

18. PURPOSE OF DESIGNATED FUNDS

At the end of the year, £nil (2021: £33,515) is held within designated funds.

19. RELATED PARTY TRANSACTIONS

There were £nil (2021: £nil) related party transactions during the year.

20. CONTROLLING PARTY

The Charity is controlled by the Trustees.