

BETTER DAYS

Financial Statements

For The Year Ended 31 March 2022



Our Lives, Our Leisure

Registered Charity No. 1097343

**Better Days
Members of the Management Committee
and Professional Advisors
For the year ended 31 March 2022**

The Management Committee have pleasure in presenting their report and the Financial Statements for the year ended 31 March 2022

Reference and Administrative Details

Charity No 1097343

Principal Office Better Days
4 Glendale Terrace
Byker
Newcastle upon Tyne
NE6 1PB

Accountant Mark Thompson MAAT
42 Lesbury Road
Heaton
Newcastle upon Tyne
NE6 5LB

Bankers Lloyds Bank
Osborne Road
Newcastle Branch

Management Committee
Stephen Watson - Chairperson
Gordon Duncan - Deputy Chairman
Tricia Lynn - Health & Safety
Billy Richardson - Treasurer
Anne Tulip - Secretary
Graham Newton - Deputy Secretary
Janine Turnbull
Pam Richold
Elaine Parker

Better Days

Trustees Report for the Year ending 31st March 2022

Achievements and performance of the Charity

After the Covid pandemic and all the insecurity that followed, we were very excited to be awarded the 3 years funding from the National Lottery. Activities were limited if they were in our office building, so we endeavoured to provide activities outside. Our members were very pleased to see each other and get out of the house. From early March 2021 in partnership with a local music cooperative we were providing weekly music sessions in the grounds of 3 local parks. From early June we were back in our building where we resumed our music sessions plus for eight weeks, we had an arts and craft course. At the end of this we had an art exhibition and concert. From early May we resumed our regular cycling group on a Wednesday and our adapted cycling group on a Friday. While the attendance at our regular cycling has been steady, our adapted cycling sessions really benefitted from our appearance on local BBC news programme Look North telling viewers of our success with the National Lottery. While the cycling has continued all through the year, the music sessions resumed at the beginning of October and culminated in the They have all subsequently received a copy of the CD, and it is also now on Spotify. In August we were finally allowed to resume our volunteer gardening in the local Exhibition Park. We have been assisting the park rangers for several years in tidying and pruning. Everyone was delighted to get back to this. After two years, in September, we were eventually able have our Annual General Meeting. It was great to see everyone who would not normally come to our activities. Around this time, we had two morning sessions with Northumbria Police discussing cybercrime and how to stay safe online. From early December until the end of January 2022 we were restricted in having any meetings inside our building because of an upsurge in Covid cases although our cycling and gardening continued. On 31st January we started another 8-week music course which resulted in two live performances at a local pub in February and April. Both performances showcased how everyone had progressed and were very confident in front of an audience. We are very appreciative of our relationships with Unlock Music, The Cycle Hub, Urban Green, and Northumbria Police. We are very lucky to be able to work in partnership with such amazing people and provide activities that foster cooperation, excitement, and fun.

Signed: *S. Elton* Chair, on behalf of the Trustees, date: 2/8/2022

INDEPENDENT EXAMINER'S REPORT

**Report to the
trustees of**

Better Days

**On accounts for
the year ended**

31 March 2022

Charity no 1097343

**Respective
responsibilities of
trustees and
examiner**

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

**Basis of
Independent
examiner's
statement**

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent
examiner's
statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 130 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 12 July 2022

Name: Mark Thompson MAAT
Address: 42 Lesbury Road
Newcastle
NE6 5LB

**Better Days
Statement Of Financial Activities
For the year ended 31 March 2022**

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
Incoming Resources	Notes				
Grant Income	2		65532	65532	20448
Donated Income		75		75	130
Reimbursements				0	0
Generated Income & Donations				0	0
Total Incoming Resources		75	65532	65607	20578
Resources Expended					
Direct Charitable Expenditure					
Salary Costs	3		27888	27888	27974
Premises			2519	2519	1479
Room Hire			456	456	0
Supplies & Resources			5024	5024	3810
Activities & Workshops				0	0
Staff Training				0	0
Travel Costs				0	0
Volunteer Expenses			925	925	20
Communications				0	59
Administration					
Management & Administration			1535	1535	1228
Fundraising Costs				0	0
Accountancy			420	420	567
Insurance			217	217	217
Total Resources Expended		0	38984	38984	35354
Net income (expenditure) for the year		75	26548	26623	-14776
Net Movement Between Funds		0	0	0	0
Total Funds as at 1 April 2021		8487	9655	18142	32918
Total Funds as at 31 March 2022		8562	36203	44765	18142

Better Days

Balance Sheet as at 31 March 2022

	Notes	2022		2021	
		£	£	£	£
Currents Assets					
Cash at bank and in hand		<u>44765</u>		<u>18142</u>	
		44765		18142	
Current Liabilities					
Net Current Assets					
			44765		18142
Net Assets					
			44765		18142
Funds					
	4				
Restricted Funds			36203		9655
Designated Funds			7000		7000
General Funds			1562		1531
			<u>44765</u>		<u>18186</u>

Approved by the Committee on 2/8/2022.....

and signed on their behalf:

Stephen Watson.....

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Better Days

Notes to the financial statements for the year ended 31 March 2022

1 Accounting Policies

1.1 Basis of preparation of accounts

Financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

Better Days meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

1.3 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. Designated funds are set aside by the Management Committee as described below (see note 4) Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

1.4 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.5 Opening Balance

Note - historic transactions that have never cleared from the bank account, have been removed. This has increased the opening balance by £44 (Unrestricted Funds).

2 Grants Received

Community Foundation FR Bykes	6000
National Lottery (Main Grant)	32330
National Lottery (Training Grant)	10000
Rothley Trust	1000
The Giving Network Fund	3202
Willan Charitable Trust	10000
Yapp Charitable Trust	3000

Total Restricted Grants Received	65532
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3 Employees

Staff are employed through Skills For People.
Total salaries for the year were
The average no. of staff employed was 1.

27888

4 Analysis of Funds

Restricted Funds

	Balance Apr-21	Income	Exp	Balance Mar-22
Yapp Charitable Trust	0	3000		3000
National Lottery (Main Grant)		32330	28790	3540
National Lottery (Training Grant)		10000		10000
Rothley Trust	0	1000	1000	0
Community Foundation FR Bykes	0	6000		6000
The Giving Network Fund	0	3202		3202
The Joicey Trust	2500			2500
RW Mann Trust	1000		255	745
Willan Charitable Trust	0	10000	8276	1724
Greggs Foundation	943			943
Postcode Community Trust	4550			4550
Squires Foundation	662		662	0
Total	9655	65532	38983	36204

Designated Funds

Legal Liability Fund

7000

As good financial management, this money has been set aside by the organisation for emergencies e.g. winding up costs: redundancies and any other legal and contractual fees.

Unrestricted Funds**1562**