

Relationship Counselling-East Anglia

England & Wales - Charity number 1096975

Details

Other names RELATE CAMBRIDGE, RELATE CAMBRIDGESHIRE

Status Registered

Legal form Charitable company

Company number [04664883](#)

Registered 2003-04-10

Register [View on the Charity Commission register](#)

Contact

Address 4 Newmarket Road
Cambridge
Cambridgeshire
CB5 8DT

Phone 01302347710

Email MaxineSharman@TalkListenChange.org.uk

Website www.relate.org.uk/centre/cambridgeshire

Activities

Objects: 1. TO EDUCATE THE PUBLIC CONCERNING THE BENEFITS OF SECURE COUPLE RELATIONSHIPS, MARRIAGE AND FAMILY LIFE IN ORDER TO IMPROVE THE EMOTIONAL, SEXUAL AND SPIRITUAL WELL-BEING OF INDIVIDUALS WHICH IS DERIVED FROM COMMITTED RELATIONSHIPS;2. TO SEEK TO ENHANCE, THE GOOD HEALTH, BOTH MENTAL AND PHYSICAL, OF ADULTS AND CHILDREN BY:2.1 INCREASING PUBLIC AWARENESS OF THE BENEFIT OF COMMITTED COUPLE RELATIONSHIPS, MARRIAGE, AND FAMILY LIFE; AND 2.2 WORKING TO PREVENT POVERTY, HARDSHIP AND DISTRESS CAUSED BY THE BREAKDOWN OF SUCH RELATIONSHIPS;3. TO PROVIDE COUNSELLING, ADVICE, EDUCATION, GUIDANCE AND RELIEF TO ADULTS AND/OR CHILDREN IN RELATION TO ANY ASPECT OF CONTEMPORARY LIFE OR WORK WHICH:3.1 MAY PREJUDICE THEIR PHYSICAL OR MENTAL WELL BEING; OR3.2 INFLUENCE, EITHER DIRECTLY OR INDIRECTLY, THEIR PRESENT OR FUTURE FAMILY OR COUPLE RELATIONSHIP;4. TO RELIEVE THOSE IN NEED BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE; AND5. TO PROMOTE RESEARCH INTO ALL OF THE ABOVE OBJECTS AND TO MAKE THE RESULTS AVAILABLE TO THE PUBLIC

Activities: N/A

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED. IN PRACTICE CAMBRIDGESHIRE
- Cambridgeshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£315,480	£335,246	-	-
2024-03-31	£223,171	£248,302	-	-
2023-03-31	£293,267	£302,513	-	-
2022-03-31	£263,706	£302,402	-	-
2021-03-31	£314,411	£314,532	-	-

Trustees

Name	Role	Appointed
Anna Callaghan		2026-06-01
Barbara SHUTTLEWORTH		2025-12-01
Grant Lowe		2025-12-01
Maxine Sharman		2026-06-01
Michelle Hill		2026-06-01

Relationship Counselling-East Anglia

England & Wales - Charity number 1096975

Accounts

Registered Charity Number : 1096975
Registered Company Number : 04664883

RELATE CAMBRIDGESHIRE LTD
(Now known as Relationship Counselling -East Anglia Ltd)

UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

RELATE CAMBRIDGESHIRE LTD

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RELATE CAMBRIDGESHIRE LTD

THE REFERENCE AND ADMINISTRATION OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2025

Directors and Trustees

I Maddison (Chairman) - Resigned 1st December 25
F McLeman - Resigned 1st December 25
S Escott - Resigned 1st December 25
A Bayliss - Resigned 1st December 25
C Levins - Resigned 1st December 25
V Pool - Resigned 1st December 25
B Shuttleworth - Appointed 1st December 25
G Lowe - Appointed 1st December 25

Charity Registered Number

1096975

Company Number

04664883

Registered Office

4 Newmarket Road, Cambridge, CB5 8DT

Independent Examiner

Compton Hardwick Ltd, 17 Hillside, Sawston, Cambridge, CB22 3BL

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2025

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of Relate Cambridgeshire Ltd for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution

The objective of Relate Cambridgeshire Ltd is to enhance the quality of the couple and, thereby parental family relationships, to help avoid unnecessary breakdown and to limit the damage commonly accompanying poor relationships.

b. Method of appointment or election of Trustees

Each year director trustees are elected from the members of Relate Cambridgeshire Ltd at the AGM. During the year, up to two more members may be co-opted onto the Executive Committee but stand for election in subsequent years. Potential director trustees who support and can contribute to the organisation are encouraged to join. This is done by advertising, charity networks and contacts.

c. Risk Management

The Trustees of Relate Cambridgeshire Ltd have considered the major risks to which the charity is exposed, in particular those related to the operations and finances of the centre, and are satisfied that systems are in place to mitigate its exposure to all the major risks.

d. Reserve Policy

The Trustees have established a Reserve Policy in order to maintain reserves which are generally required for the organisation and include a contingency fund to meet unforeseen emergencies. They will also maintain reserves at an overall level which enables the management of short term cash flow fluctuations.

As at 31 March 2025 the Trustees have a Trustee Reserve of £100,000 (2024: £100,000) to cover three months running costs. The Trustees are satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2025

The report of the trustees

The financial statements set out on pages 7 to 14 have been prepared in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Although the number of counselling hours delivered and income have increased over the previous year the Centre has been unable to get back to the levels of activity achieved pre covid. The Centre has benefited from significant grant funding from Children in Need and Mind but has again been subject to nationwide inflationary pressures on its cost base and in particular staff costs. Overall there is a deficit for the year of £19,766 (2023/24 deficit £25,131) albeit a modest reduction on the previous year.

Unfortunately in the autumn of 2024 National Relate came under severe financial pressure and went into administration in November 2024. As a result the activity and brand of 'Relate' was sold by the Administrator to another national charity in late December 2024. During the early part of 2025 there were extensive discussions with the new owners of the brand but none of the federated centres, of which Cambridge was one, could envisage a viable way forward with that organisation. With effect from 1 April 2025 the Centre rebranded as Relationship Counselling Cambridgeshire. In conjunction with other former Relate centres the Centre embarked upon the setting up a nationwide umbrella organisation: Relationships England and Wales. A short while thereafter and in recognition of the Centre expanding its area of activity into Norfolk and Suffolk the Centre changed its name a second time to 'Relationship Counselling – East Anglia'.

In the late summer of 2025 the Centre entered into more protracted discussions with Talk, Listen, Change (TLC) with whom it had had talks earlier in the year. In the autumn the trustees along with the management team resolved that it was in the best interest of the beneficiaries and the Centre as a whole to merge with TLC. With effect from 2 December 2025 the activity, staff, assets and liabilities of what was now Relationship Counselling – East Anglia (Limited formerly Relate Cambridgeshire Limited) were transferred to TLC and Relationship Counselling – East Anglia ceased to trade from that date.

As of 2 December 2025 the former trustees namely: I Maddison, F McLeman, S Escott, A Bayliss, C Levins and V Pool resigned and G Lowe and B Shuttleworth were appointed as trustees.

The statement of Financial Activities shows incoming resources for the year of a revenue nature of £315,480 (2024: £276,580), giving a net deficit of £19,766 (2024: deficit £25,131). A majority of the expenditure is spent on provision of the counselling service, management and administration.

The Trustees would particularly like to thank the following for their support:

Girton Town Charity
Children in Need
John Huntingdon's Charity
Huntingdon Freeman Trust
Melbourn Parish Council

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2025

Statement of Trustees responsibilities

The trustees (who are also directors of Relate Cambridgeshire Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make estimates and judgements that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006.

The Trustees are also responsible for safeguarding the assets of the charitable company and hence taking the reasonable steps for the prevention of detection of fraud and other irregularities.

Approved by order of the board of trustees on 23/12/25 and on its behalf by:

B M Shuttleworth

.....
B Shuttleworth

RELATE CAMBRIDGESHIRE LTD

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner's report to the Trustees of Relate Cambridgeshire Ltd

We report on the financial statements of the charity for the year ended 31 March 2025 which are set out on pages 7 to 14, which have been prepared in accordance with section 145 of the Charities Act 2011 and the Statement of Recommended Practice applicable for charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2015).

Respective responsibilities of Trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charities trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied ourselves that the charity is not subject to a full audit under company law, or otherwise, and is eligible for independent examination. It is our responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- the state whether particular matters have come to our attention.

Basis of independent examiner's report

We have conducted our examination in accordance with the General Directions given by the Charity Commissioners for England and Wales setting out the duties of an independent examiner issued by Charity Commissioners under section 145(5)(b) of the Act relating to the conducting of an independent examination, referred to above. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below:

RELATE CAMBRIDGESHIRE LTD

INDEPENDENT EXAMINER'S REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2025

Independent Examiner's statement

Subject to the limitations upon the scope of our work as detailed above, in connection with our examination, no matter has come to our attention:

1) which gives us reasonable cause to believe that in any material respect, the requirements

i) to keep accounting records in accordance with section 386 and 387 of the Companies Act 2006: and

ii) to prepare Financial Statements, which accord with the accounting records and comply with the accounting requirements of section 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective January 2015)

have not been met; or

2) to which, in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Compton Hardwick Ltd

.....
Compton Hardwick Ltd
20 Elin Way
Meldreth
Royston
SG8 6LX

DATE 23-05-2025

RELATE CAMBRIDGESHIRE LTD

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025

		Restricted Funds £ 2025	Unrestricted funds £ 2025	Total Funds £ 2025	Total Funds £ 2024
INCOME:	Note				
Voluntary income	3	57,387	11,479	68,866	57,491
Activities for generating funds	5	-	240,134	240,134	212,993
Investment income	4	-	6,480	6,480	6,096
Government grants		-	-	-	-
TOTAL INCOME		57,387	258,093	315,480	276,580
EXPENDITURE ON:					
Charitable activities	6	55,930	261,999	317,929	286,749
Governance costs	7	1,457	15,860	17,317	14,962
TOTAL EXPENDITURE		57,387	277,859	335,246	301,711
NET (DEFICIT)		-	(19,766)	(19,766)	(25,131)
RECONCILIATION OF FUNDS					
Total funds brought forward		-	124,076	124,076	149,207
Net movement in funds		-	(19,766)	(19,766)	(25,131)
TOTAL FUNDS CARRIED FORWARD		-	104,310	104,310	124,076

All activities derive from continuing operation

The notes of pages 9 to 14 form part of these financial statements.

RELATE CAMBRIDGESHIRE LTD

BALANCE SHEET
AS AT 31 MARCH 2025

	Note	2025		2024	
		£	£	£	£
Fixed Assets	9		1,282		2,901
Total Fixed Assets			<u>1,282</u>		<u>2,901</u>
Current Assets					
Debtors	10	15,033		4,208	
Cash at bank		<u>150,978</u>		<u>151,259</u>	
		166,011		155,467	
Creditors: Amounts falling due within one year	11	<u>(62,983)</u>		<u>(34,292)</u>	
Net Current Assets			<u>103,028</u>		<u>121,175</u>
NET ASSETS			<u>104,310</u>		<u>124,076</u>
FUNDS					
Trustee Reserve			100,000		100,000
General Fund			<u>4,310</u>		<u>24,076</u>
			<u>104,310</u>		<u>124,076</u>

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2016 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

financial statements were approved by the Board of Trustees

B M Shuttleworth

G Lowe

B Shuttleworth
Director

G Lowe
Director

Approved by the board of trustees on 23/12/25

The notes on pages 9 to 14 form part of the financial statements.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. LEGAL FORM

The charity is a registered charity registered in England and Wales number 1096975 and a company limited by guarantee, having no share capital, incorporated in England and Wales number 04664883.

The company was known as Relate Cambridgeshire Ltd at the balance sheet date of 31st March 2025. On 10th June 2025, the company changed its registered name to Relationship Counselling -East Anglia Ltd.

2. ACCOUNTING POLICIES

BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity have taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". - the requirements of Section 7 statement of Cash Flows.

FUND ACCOUNTING

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. The aim and purpose of each designated fund is set out in the notes to the financial statements. Restricted funds are funds of the charity restricted for specific services or for educational and research projects being undertaken by the charity. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each material designated and restricted fund is set out in the notes to the financial statements.

INCOME

All incoming resources is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured. Income is deferred where it has been received ahead of the period where the funds will be used.

Donations are recognised on receipt.

Membership income is recognised in the period to which the membership fee relates.

The charity is not VAT registered.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Allocation and Apportionment of Costs:

Where possible, costs are allocated directly to the fund and activity that they relate to. Where costs are shared between activities or funds an apportionment is made using an appropriate basis such as budgeted costs or percentage of total costs.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

TAXATION

The charity is exempt from corporation tax on its charitable activities.

DEBTORS

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts offered.

CASH AT BANK

Cash at bank includes monies held in bank current accounts and short term highly liquid investments with a short maturity of three month or less from the date of acquisition or opening of the deposit.

CREDITORS AND PROVISIONS

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be estimated or measured reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

FINANCIAL INSTRUMENTS

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

3. DONATIONS AND LEGACIES

	Restricted Funds £ 2025	Unrestricted funds £ 2025	Total Funds £ 2025	Total Funds £ 2024
Donations and Grants	54,903	4,213	59,116	54,732
Local authority funding	2,484	7,266	9,750	2,759
	<u>57,387</u>	<u>11,479</u>	<u>68,866</u>	<u>57,491</u>

4. INCOME FROM INVESTMENTS

	Restricted Funds £ 2025	Unrestricted funds £ 2025	Total Funds £ 2025	Total Funds £ 2024
Bank deposit interest received	-	6,480	6,480	6,096
	<u>-</u>	<u>6,480</u>	<u>6,480</u>	<u>6,096</u>

5. INCOME FROM FUNDRAISING ACTIVITIES

Activities for generating funds	Restricted Funds £ 2025	Unrestricted funds £ 2025	Total Funds £ 2025	Total Funds £ 2024
Income from client services (including gift aid)	-	235,642	235,642	183,149
Income from contracted services	-	4,417	4,417	26,954
Training services	-	75	75	2,890
Other	-	-	-	-
	<u>-</u>	<u>240,134</u>	<u>240,134</u>	<u>212,993</u>

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

6. EXPENDITURE ON RAISING FUNDS

	Restricted Funds £ 2025	Unrestricted funds £ 2025	Total Funds £ 2025	Total Funds £ 2024
Charitable activities	55,930	261,999	317,929	286,749
	<u>55,930</u>	<u>261,999</u>	<u>317,929</u>	<u>286,749</u>
Charitable activities				
Staff salaries, NI and pensions	24,722	152,952	177,674	171,014
Other staff costs	1,072	177	1,249	1,357
Counsellor salaries	16,406	81,942	98,348	86,447
Other counsellor costs	1,948	2,214	4,162	5,088
Establishment costs	8,258	11,369	19,627	5,172
Administrative costs	3,524	13,345	16,869	17,671
	<u>55,930</u>	<u>261,999</u>	<u>317,929</u>	<u>286,749</u>

The basis for allocation of costs as shown above is explained in the accounting policies.

7. GOVERNANCE COSTS

	Restricted Funds £ 2025	Unrestricted funds £ 2025	Total Funds £ 2025	Total Funds £ 2024
Independent examiner's fee	76	824	900	900
National Relate Federation service charge	1,352	14,723	16,075	14,027
Other	29	313	342	35
	<u>1,457</u>	<u>15,860</u>	<u>17,317</u>	<u>14,962</u>

8. STAFF COSTS

	2025 £	2024 £
Wages and salaries	261,303	244,869
Social security costs	10,288	9,484
Pension contributions	4,431	3,109
	<u>276,022</u>	<u>257,462</u>
Number of full time employees or full time equivalents	2025	2024

Direct charitable (including unpaid volunteer staff)

7 7

The above number does not include directors who are not permitted to receive remuneration for their duties. In view of the nature of the charity's activities the majority of administrative and counselling staff do not work full time. There were 27 (2024: 26) people who provided time to the charity. Expenses paid to directors totalled £Nil (2024: £Nil). There were no related party transactions requiring disclosure.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. TANGIBLE FUNCTIONAL FIXED ASSETS

	Furniture & equipment £
Cost	
At 1 April 2024	11,083
Additions	886
Disposals	-
At 31 March 2025	<u>11,969</u>
Depreciation	
At 1 April 2024	8,182
Charge for the year	2,505
Disposals	-
At 31st March 2025	<u>10,687</u>
Net book value	
At 31 March 2025	<u>1,282</u>
At 31 March 2024	<u>2,901</u>

10. DEBTORS

	2025 £	2024 £
Trade debtors	14,088	3,449
Debtors - gift aid recoverable	48	25
Prepayments	897	734
	<u>15,033</u>	<u>4,208</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	7,217	3,357
Accrued expenses	1,425	1,430
PAYE and pension contributions	5,060	4,695
Deferred income - MIND Grant	17,950	-
Deferred income - Children in Need	23,216	16,570
Deferred income - National Lottery Grant	-	375
Deferred income - Other bursary funds	8,115	7,865
	<u>62,983</u>	<u>34,292</u>

RELATE CAMBRIDGESHIRE LTD

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets £	Current Assets £	Creditors £	Net Current Assets £
Unrestricted funds				
Trustee Reserve	1,282	98,718	-	100,000
General Fund	-	67,293	(62,983)	4,310
Total Funds	<u>1,282</u>	<u>166,011</u>	<u>(62,983)</u>	<u>104,310</u>

The trustees reserve should equate to three months running costs at £100,000.

Analysis of unrestricted fund movements

	Funds at 2024 £	Movements in Funds £	Transfers Between Funds £	Funds at 2025 £
Trustee Reserve	100,000	-	-	100,000
General Fund	24,076	(19,766)	-	4,310
	<u>124,076</u>	<u>(19,766)</u>	<u>-</u>	<u>104,310</u>

13. COMPANY STATUS AND WINDING UP OR DISSOLUTION OF THE CHARITY

Relate Cambridgeshire Ltd is a company limited by guarantee not exceeding £1 per member. The company has no share capital. If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

14. RELATED PARTY DISCLOSURES

There are no related party disclosures for the year ended 31 March 2025.

15. EVENTS AFTER THE REPORTING PERIOD

In autumn of 2024 National Relate came under severe financial pressure and went into administration in November 2024. As a result the activity and brand of 'Relate' was sold by the Administrator to another national charity in late December 2024. During the early part of 2025 there were extensive discussions with the new owners of the brand but none of the federated centres, of which Cambridge was one, could envisage a viable way forward with that organisation. With effect from 1 April 2025 the Centre rebranded as Relationship Counselling Cambridgeshire. In conjunction with other former Relate centres the Centre embarked upon the setting up a nationwide umbrella organisation: Relationships England and Wales. A short while thereafter and in recognition of the Centre expanding its area of activity into Norfolk and Suffolk the Centre changed its name a second time to 'Relationship Counselling – East Anglia'.

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Relationship Counselling-East Anglia

England & Wales - Charity number 1096975

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Registered Charity Number : 1096975
Registered Company Number : 04664883

RELATE CAMBRIDGESHIRE LTD

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RELATE CAMBRIDGESHIRE LTD

THE REFERENCE AND ADMINISTRATION OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2024

Directors and Trustees

I Maddison (Chairman)

F McLeman

S Escott

A Bayliss

A Forman (resigned 21 November 2023)

K Bates (resigned 25 October 2023)

C Levins

V Pool (appointed 25 October 2023)

Charity Registered Number

1096975

Company Number

04664883

Registered Office

4 Newmarket Road, Cambridge, CB5 8DT

Independent Examiner

Compton Hardwick Ltd, 20 Elin Way, Meldreth, Royston, SG8 6LX

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of Relate Cambridgeshire Ltd for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution

The objective of Relate Cambridgeshire Ltd is to enhance the quality of the couple and, thereby parental family relationships, to help avoid unnecessary breakdown and to limit the damage commonly accompanying poor relationships.

b. Method of appointment or election of Trustees

Each year director trustees are elected from the members of Relate Cambridgeshire Ltd at the AGM. During the year, up to two more members may be co-opted onto the Executive Committee but stand for election in subsequent years. Potential director trustees who support and can contribute to the organisation are encouraged to join. This is done by advertising, charity networks and contacts.

c. Risk Management

The Trustees of Relate Cambridgeshire Ltd have considered the major risks to which the charity is exposed, in particular those related to the operations and finances of the centre, and are satisfied that systems are in place to mitigate its exposure to all the major risks.

d. Reserve Policy

The Trustees have established a Reserve Policy in order to maintain reserves which are generally required for the organisation and include a contingency fund to meet unforeseen emergencies. They will also maintain reserves at an overall level which enables the management of short term cash flow fluctuations.

As at 31 March 2024 the Trustees have a Trustee Reserve of £100,000 (2023: £100,000) to cover three months running costs as recommended by Relate Central Office. The Trustees are satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2024

The report of the trustees

The financial statements set out on pages 7 to 14 have been prepared in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

This year has once again been challenging with the number of counselling sessions delivered falling slightly compared to the previous year. Funding from the NHS Cambridgeshire & Peterborough Support Hub was discontinued, and the Charity has increasingly faced competition from on-line counselling providers. The turnover of counselling staff has also remained a constraint.

The Charity has continued to adapt, adjusting its prices, and introducing more face-to-face counselling to meet client demand. It has also benefited from a grant from Children in Need.

Nationwide inflationary pressures have remained an issue for our cost-base, especially our staff costs. Overall, there has been a deficit for the year of £25,131 (2022/23 deficit of £9,245). The directors are still satisfied that the Charity can continue its activities during the coming year and that its assets are adequate to fulfil its obligations. The Trustees are pleased to report that the level of activity in the current year has improved and anticipate a better outturn for 2024/25.

The Charity has been sad to lose two of our Trustees who we gratefully thank for their service. We are also pleased to welcome one new Trustee.

The statement of Financial Activities shows incoming resources for the year of a revenue nature of £276,580 (2023: £293,268), giving a net deficit of £25,131 (2023: deficit £9,245). A majority of the expenditure is spent on provision of the counselling service, management and administration.

The Trustees would particularly like to thank the following for their support:

Girton Town Charity
Children in Need
John Huntingdon's Charity
Huntingdon Freeman Trust
Simon Gibson Trust
National Lottery

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2024

Statement of Trustees responsibilities

The trustees (who are also directors of Relate Cambridgeshire Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make estimates and judgements that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006.

The Trustees are also responsible for safeguarding the assets of the charitable company and hence taking the reasonable steps for the prevention of detection of fraud and other irregularities.

Approved by order of the board of trustees on ^{24/10/2024}..... and on its behalf by:


.....
I Maddison - Chairman

RELATE CAMBRIDGESHIRE LTD

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner's report to the Trustees of Relate Cambridgeshire Ltd

We report on the financial statements of the charity for the year ended 31 March 2024 which are set out on pages 7 to 14, which have been prepared in accordance with section 145 of the Charities Act 2011 and the Statement of Recommended Practice applicable for charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2015).

Respective responsibilities of Trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charities trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied ourselves that the charity is not subject to a full audit under company law, or otherwise, and is eligible for independent examination. It is our responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- the state whether particular matters have come to our attention.

Basis of independent examiner's report

We have conducted our examination in accordance with the General Directions given by the Charity Commissioners for England and Wales setting out the duties of an independent examiner issued by Charity Commissioners under section 145(5)(b) of the Act relating to the conducting of an independent examination, referred to above. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below:

RELATE CAMBRIDGESHIRE LTD

INDEPENDENT EXAMINER'S REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2024

Independent Examiner's statement

Subject to the limitations upon the scope of our work as detailed above, in connection with our examination, no matter has come to our attention:

1) which gives us reasonable cause to believe that in any material respect, the requirements

i) to keep accounting records in accordance with section 386 and 387 of the Companies Act 2006: and

ii) to prepare Financial Statements, which accord with the accounting records and comply with the accounting requirements of section 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective January 2015)

have not been met; or

2) to which, in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Compton Hardwick Ltd

.....
Compton Hardwick Ltd
20 Elin Way
Meldreth
Royston
SG8 6LX

DATE 30/10/2024.

RELATE CAMBRIDGESHIRE LTD

BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024		2023	
		£	£	£	£
Fixed Assets	9		2,901		6,467
Total Fixed Assets			<u>2,901</u>		<u>6,467</u>
Current Assets					
Debtors	10	4,208		10,247	
Cash at bank		<u>151,259</u>		<u>173,214</u>	
		155,467		183,461	
Creditors: Amounts falling due within one year	11	<u>(34,292)</u>		<u>(40,721)</u>	
Net Current Assets			<u>121,175</u>		<u>142,740</u>
NET ASSETS			<u>124,076</u>		<u>149,207</u>
FUNDS					
Trustee Reserve			100,000		100,000
General Fund			<u>24,076</u>		<u>49,207</u>
			<u>124,076</u>		<u>149,207</u>

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for


- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2016 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees and signed on their behalf, by:



Ian Maddison
Chairman



Fiona McLeman
Director

Approved by the board of trustees on 24.10.2024

The notes on pages 9 to 14 form part of the financial statements.



RELATE CAMBRIDGESHIRE LTD

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024**

	Note	Restricted Funds £ 2024	Unrestricted funds £ 2024	Total Funds £ 2024	Total Funds £ 2023
INCOME:					
Voluntary income	3	53,409	4,082	57,491	62,683
Activities for generating funds	5	-	212,993	212,993	228,633
Investment income	4	-	6,096	6,096	1,951
Government grants		-	-	-	-
TOTAL INCOME		53,409	223,171	276,580	293,268
EXPENDITURE ON:					
Charitable activities	6	52,348	234,401	286,749	289,197
Governance costs	7	1,061	13,901	14,962	13,316
TOTAL EXPENDITURE		53,409	248,302	301,711	302,513
NET (DEFICIT)		-	(25,131)	(25,131)	(9,245)
RECONCILIATION OF FUNDS					
Total funds brought forward		-	149,207	149,207	158,452
Net movement in funds		-	(25,131)	(25,131)	(9,245)
TOTAL FUNDS CARRIED FORWARD		-	124,076	124,076	149,207

All activities derive from continuing operation

The notes of pages 9 to 14 form part of these financial statements.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. LEGAL FORM

The charity is a registered charity registered in England and Wales number 1096975 and a company limited by guarantee, having no share capital, incorporated in England and Wales number 04664883.

2. ACCOUNTING POLICIES

BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity have taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". - the requirements of Section 7 statement of Cash Flows.

FUND ACCOUNTING

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. The aim and purpose of each designated fund is set out in the notes to the financial statements. Restricted funds are funds of the charity restricted for specific services or for educational and research projects being undertaken by the charity. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each material designated and restricted fund is set out in the notes to the financial statements.

INCOME

All incoming resources is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured. Income is deferred where it has been received ahead of the period where the funds will be used.

Donations are recognised on receipt.

Membership income is recognised in the period to which the membership fee relates.

The charity is not VAT registered.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Allocation and Apportionment of Costs:

Where possible, costs are allocated directly to the fund and activity that they relate to. Where costs are shared between activities or funds an apportionment is made using an appropriate basis such as budgeted costs or percentage of total costs.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

TAXATION

The charity is exempt from corporation tax on its charitable activities.

DEBTORS

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts offered.

CASH AT BANK

Cash at bank includes monies held in bank current accounts and short term highly liquid investments with a short maturity of three month or less from the date of acquisition or opening of the deposit.

CREDITORS AND PROVISIONS

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be estimated or measured reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

FINANCIAL INSTRUMENTS

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

3. DONATIONS AND LEGACIES

	Restricted Funds £ 2024	Unrestricted funds £ 2024	Total Funds £ 2024	Total Funds £ 2023
Donations and Grants	53,409	1,323	54,732	51,073
Local authority funding	-	2,759	2,759	11,610
	<u>53,409</u>	<u>4,082</u>	<u>57,491</u>	<u>62,683</u>

4. INCOME FROM INVESTMENTS

	Restricted Funds £ 2024	Unrestricted funds £ 2024	Total Funds £ 2024	Total Funds £ 2023
Bank deposit interest received	-	6,096	6,096	1,951
	<u>-</u>	<u>6,096</u>	<u>6,096</u>	<u>1,951</u>

5. INCOME FROM FUNDRAISING ACTIVITIES

Activities for generating funds	Restricted Funds £ 2024	Unrestricted funds £ 2024	Total Funds £ 2024	Total Funds £ 2023
Income from client services (including gift aid)	-	183,149	183,149	149,178
Income from contracted services	-	26,954	26,954	75,800
Training services	-	2,890	2,890	3,340
Other	-	-	-	315
	<u>-</u>	<u>212,993</u>	<u>212,993</u>	<u>228,633</u>

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

6. EXPENDITURE ON RAISING FUNDS

	Restricted Funds £ 2024	Unrestricted funds £ 2024	Total Funds £ 2024	Total Funds £ 2023
Charitable activities	52,348	234,401	286,749	289,197
	<u>52,348</u>	<u>234,401</u>	<u>286,749</u>	<u>289,197</u>
Charitable activities				
Staff salaries, NI and pensions	22,928	148,086	171,014	161,854
Other staff costs	1,131	226	1,357	1,136
Counsellor salaries	14,887	71,560	86,447	94,696
Other counsellor costs	2,626	2,462	5,088	5,657
Establishment costs	4,794	378	5,172	6,020
Administrative costs	5,982	11,689	17,671	19,834
	<u>52,348</u>	<u>234,401</u>	<u>286,749</u>	<u>289,197</u>

The basis for allocation of costs as shown above is explained in the accounting policies.

7. GOVERNANCE COSTS

	Restricted Funds £ 2024	Unrestricted funds £ 2024	Total Funds £ 2024	Total Funds £ 2023
Independent examiner's fee	64	836	900	900
National Relate Federation service charge	995	13,032	14,027	12,416
Other	2	33	35	-
	<u>1,061</u>	<u>13,901</u>	<u>14,962</u>	<u>13,316</u>

8. STAFF COSTS

	2024 £	2023 £
Wages and salaries	244,869	245,506
Social security costs	9,484	7,984
Pension contributions	3,109	3,060
	<u>257,462</u>	<u>256,550</u>
Number of full time employees or full time equivalents	2024	2023
Direct charitable (including unpaid volunteer staff)	7	8

The above number does not include directors who are not permitted to receive remuneration for their duties. In view of the nature of the charity's activities the majority of administrative and counselling staff do not work full time. There were 26 (2023: 24) people who provided time to the charity. Expenses paid to directors totalled £Nil (2023: £Nil). There were no related party transactions requiring disclosure.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. TANGIBLE FUNCTIONAL FIXED ASSETS

	Furniture & equipment £
Cost	
At 1 April 2023	12,393
Additions	-
Disposals	<u>(1,310)</u>
At 31 March 2024	<u>11,083</u>
Depreciation	
At 1 April 2023	5,926
Charge for the year	2,665
Disposals	<u>(409)</u>
At 31st March 2024	<u>8,182</u>
Net book value	
At 31 March 2024	<u>2,901</u>
At 31 March 2023	<u>6,467</u>

10. DEBTORS

	2024 £	2023 £
Trade debtors	3,449	8,829
Debtors - gift aid recoverable	25	123
Prepayments	<u>734</u>	<u>1,295</u>
	<u>4,208</u>	<u>10,247</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	3,357	1,358
Accrued expenses	1,430	4,075
Dilapidation provision	-	5,000
PAYE and pension contributions	4,695	3,932
Deferred income - Children in Need	16,570	11,919
Deferred income - National Lottery Grant	375	6,162
Deferred income - Other bursary funds	<u>7,865</u>	<u>8,275</u>
	<u>34,292</u>	<u>40,721</u>

RELATE CAMBRIDGESHIRE LTD

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets £	Current Assets £	Creditors £	Net Current Assets £
Unrestricted funds				
Trustee Reserve	2,901	97,099	-	100,000
General Fund	<u>-</u>	<u>58,368</u>	<u>(34,292)</u>	<u>24,076</u>
Total Funds	<u>2,901</u>	<u>155,467</u>	<u>(34,292)</u>	<u>124,076</u>

As recommended by Relate Head Office, the trustees reserve should equate to three months running costs at £100,000.

Analysis of unrestricted fund movements

	Funds at 2023 £	Movements in Funds £	Transfers Between Funds £	Funds at 2024 £
Trustee Reserve	100,000	-	-	100,000
General Fund	<u>49,207</u>	<u>(25,131)</u>	-	<u>24,076</u>
	<u>149,207</u>	<u>(25,131)</u>	-	<u>124,076</u>

13. COMPANY STATUS AND WINDING UP OR DISSOLUTION OF THE CHARITY

Relate Cambridgeshire Ltd is a company limited by guarantee not exceeding £1 per member. The company has no share capital. If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

14. RELATED PARTY DISCLOSURES

There are no related party disclosures for the year ended 31 March 2024.

Relationship Counselling-East Anglia

England & Wales - Charity number 1096975

Accounts

Registered Charity Number : 1096975
Registered Company Number : 04664883

RELATE CAMBRIDGESHIRE LTD

**UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

RELATE CAMBRIDGESHIRE LTD

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RELATE CAMBRIDGESHIRE LTD

THE REFERENCE AND ADMINISTRATION OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023

Directors and Trustees

I Maddison (Chairman)
J Dibnah (resigned 31 August 2022)
J Rackowe (resigned 16 November 2022)
F McLeman
S Escott
L Amos (resigned 19 April 2022)
A Bayliss
A Forman (appointed 16 November 2022)
K Bates (appointed 16 November 2022)
C Levins (appointed 22 March 2023)

Charity Registered Number

1096975

Company Number

04664883

Registered Office

8 Wellington Court, Cambridge, CB1 1HZ

Independent Examiner

Compton Hardwick Ltd, 20 Elin Way, Meldreth, Royston, SG8 6LX

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of Relate Cambridgeshire Ltd for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution

The objective of Relate Cambridgeshire Ltd is to enhance the quality of the couple and, thereby parental family relationships, to help avoid unnecessary breakdown and to limit the damage commonly accompanying poor relationships.

b. Method of appointment or election of Trustees

Each year director trustees are elected from the members of Relate Cambridgeshire Ltd at the AGM. During the year, up to two more members may be co-opted onto the Executive Committee but stand for election in subsequent years. Potential director trustees who support and can contribute to the organisation are encouraged to join. This is done by advertising, charity networks and contacts.

c. Risk Management

The Trustees of Relate Cambridgeshire Ltd have considered the major risks to which the charity is exposed, in particular those related to the operations and finances of the centre, and are satisfied that systems are in place to mitigate its exposure to all the major risks.

d. Reserve Policy

The Trustees have established a Reserve Policy in order to maintain reserves which are generally required for the organisation and include a contingency fund to meet unforeseen emergencies. They will also maintain reserves at an overall level which enables the management of short term cash flow fluctuations.

As at 31 March 2023 the Trustees have a Trustee Reserve of £100,000 (2022: £100,000) to cover three months running costs as recommended by Relate Central Office. The Trustees are satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2023

The report of the trustees

The financial statements set out on pages 7 to 14 have been prepared in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

This year has again, as expected, been challenging with counselling activity continuing to remain below its pre-pandemic level. Although we did see a slight increase in the number of counselling sessions delivered, turnover of counselling staff remains a constraint. We are however pleased that demand for counselling remains strong.

The Charity has continued to adapt and has benefited from a grant from Children in Need and a contract with the Cambridgeshire & Peterborough NHS Support Hub. Most of our services were delivered via webcam although we started to offer some limited face to face counselling, mainly for children's services. We were also able to resume some of our professional training activities.

Nationwide inflationary pressures have been an issue for our cost-base, especially our staff costs. The Charity recognises the need to be flexible regarding working arrangements and has relinquished its Cambridge office premises. Overall there has been a deficit for the year of £9,245 (2022 deficit of £38,696). The directors are nevertheless satisfied that the Charity can continue its activities during the coming year and that the Charity's assets are adequate to fulfil its obligations.

The Charity is sad to report the retirement of three of our Trustees who we gratefully thank for their service. Moreover a long standing former trustee, Chris Padfield, who was chair for many years died in June 2023. Chris was a staunch supporter and advocate of Relate and the Trustees would like to acknowledge his significant contribution over many years. We are also very pleased to welcome three new Trustees who have expanded our knowledge and experience.

The statement of Financial Activities shows incoming resources for the year of a revenue nature of £293,268 (2022: £263,706), giving a net deficit of £9,245 (2022: deficit £38,696). A majority of the expenditure is spent on provision of the counselling service, management and administration.

The Trustees would particularly like to thank the following for their support:

Girton Town Charity
Children in Need
John Huntingdon's Charity
Huntingdon Freeman Trust
Simon Gibson Trust
National Lottery

RELATE CAMBRIDGESHIRE LTD

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2023

Statement of Trustees responsibilities

The trustees (who are also directors of Relate Cambridgeshire Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make estimates and judgements that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006.

The Trustees are also responsible for safeguarding the assets of the charitable company and hence taking the reasonable steps for the prevention of detection of fraud and other irregularities.

Approved by order of the board of trustees on 25 October 2023 and on its behalf by:



.....
A Maddison - Chairman

RELATE CAMBRIDGESHIRE LTD

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2023

Independent examiner's report to the Trustees of Relate Cambridgeshire Ltd

We report on the financial statements of the charity for the year ended 31 March 2023 which are set out on pages 7 to 14, which have been prepared in accordance with section 145 of the Charities Act 2011 and the Statement of Recommended Practice applicable for charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2015).

Respective responsibilities of Trustees and examiner

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charities trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied ourselves that the charity is not subject to a full audit under company law, or otherwise, and is eligible for independent examination. It is our responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- the state whether particular matters have come to our attention.

Basis of independent examiner's report

We have conducted our examination in accordance with the General Directions given by the Charity Commissioners for England and Wales setting out the duties of an independent examiner issued by Charity Commissioners under section 145(5)(b) of the Act relating to the conducting of an independent examination, referred to above. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below:

RELATE CAMBRIDGESHIRE LTD

INDEPENDENT EXAMINER'S REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2023

Independent Examiner's statement

Subject to the limitations upon the scope of our work as detailed above, in connection with our examination, no matter has come to our attention:

- 1) which gives us reasonable cause to believe that in any material respect, the requirements
 - i) to keep accounting records in accordance with section 386 and 387 of the Companies Act 2006: and
 - ii) to prepare Financial Statements, which accord with the accounting records and comply with the accounting requirements of section 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective January 2015)have not been met; or
- 2) to which, in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Compton Hardwick Ltd

.....
Compton Hardwick Ltd
20 Elin Way
Meldreth
Royston
SG8 6LX

DATE 25/10/2023

RELATE CAMBRIDGESHIRE LTD

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023

	Note	Restricted Funds £ 2023	Unrestricted funds £ 2023	Total Funds £ 2023	Total Funds £ 2022
INCOME:					
Voluntary income		49,322	13,362	62,683	34,722
Activities for generating funds		-	228,633	228,633	227,955
Investment income		-	1,951	1,951	63
Government grants		-	-	-	966
TOTAL INCOME		49,322	243,946	293,268	263,706
EXPENDITURE ON:					
Charitable activities		48,195	241,002	289,197	285,939
Governance costs		1,127	12,189	13,316	16,463
TOTAL EXPENDITURE		49,322	253,191	302,513	302,402
NET (DEFICIT)		-	(9,245)	(9,245)	(38,696)
RECONCILIATION OF FUNDS					
Total funds brought forward		-	158,452	158,452	197,148
Net movement in funds		-	(9,245)	(9,245)	(38,696)
TOTAL FUNDS CARRIED FORWARD		-	149,207	149,207	158,452

All activities derive from continuing operation

The notes of pages 9 to 14 form part of these financial statements.

RELATE CAMBRIDGESHIRE LTD

**BALANCE SHEET
AS AT 31 MARCH 2023**

		2023		2022	
Note	£	£	£	£	£
Fixed Assets			6,467		10,232
Total Fixed Assets			6,467		10,232
Current Assets			*		
Debtors		10,247		11,205	
Cash at bank		173,214		168,207	
		183,461		179,412	
Creditors: Amounts falling due within one year		(40,721)		(31,192)	
Net Current Assets			142,740		148,220
NET ASSETS			149,207		158,452
FUNDS					
Trustee Reserve			100,000		100,000
General Fund			49,207		58,452
			149,207		158,452

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

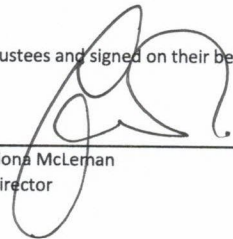
- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2016 and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees and signed on their behalf, by:



Ian Maddison
Chairman



Fiona McLernan
Director

Approved by the board of trustees on 25 October 2023

The notes on pages 9 to 14 form part of the financial statements.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1. LEGAL FORM

The charity is a registered charity registered in England and Wales number 1096975 and a company limited by guarantee, having no share capital, incorporated in England and Wales number 04664883.

2. ACCOUNTING POLICIES

BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity have taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". - the requirements of Section 7 statement of Cash Flows.

FUND ACCOUNTING

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. The aim and purpose of each designated fund is set out in the notes to the financial statements. Restricted funds are funds of the charity restricted for specific services or for educational and research projects being undertaken by the charity. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each material designated and restricted fund is set out in the notes to the financial statements.

INCOME

All incoming resources is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured. Income is deferred where it has been received ahead of the period where the funds will be used.

Donations are recognised on receipt.

Membership income is recognised in the period to which the membership fee relates.

The charity is not VAT registered.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Allocation and Apportionment of Costs:

Where possible, costs are allocated directly to the fund and activity that they relate to. Where costs are shared between activities or funds an apportionment is made using an appropriate basis such as budgeted costs or percentage of total costs.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

TAXATION

The charity is exempt from corporation tax on its charitable activities.

DEBTORS

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts offered.

CASH AT BANK

Cash at bank includes monies held in bank current accounts and short term highly liquid investments with a short maturity of three month or less from the date of acquisition or opening of the deposit.

CREDITORS AND PROVISIONS

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be estimated or measured reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

FINANCIAL INSTRUMENTS

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

3. DONATIONS AND LEGACIES

	Restricted Funds £ 2023	Unrestricted funds £ 2023	Total Funds £ 2023	Total Funds £ 2022
Donations and Grants	49,322	1,751	51,073	28,680
Local authority funding	-	11,610	11,610	6,042
	<u>49,322</u>	<u>13,362</u>	<u>62,683</u>	<u>34,722</u>

4. INCOME FROM INVESTMENTS

	Restricted Funds £ 2023	Unrestricted funds £ 2023	Total Funds £ 2023	Total Funds £ 2022
Bank deposit interest received	-	1,951	1,951	63
	<u>-</u>	<u>1,951</u>	<u>1,951</u>	<u>63</u>

5. INCOME FROM FUNDRAISING ACTIVITIES

Activities for generating funds	Restricted Funds £ 2023	Unrestricted funds £ 2023	Total Funds £ 2023	Total Funds £ 2022
Income from client services (including gift aid)	-	149,178	149,178	197,340
Income from contracted services	-	75,800	75,800	30,474
Training services	-	3,340	3,340	-
Other	-	315	315	141
	<u>-</u>	<u>228,633</u>	<u>228,633</u>	<u>227,955</u>

6. GOVERNMENT GRANTS

	Restricted Funds £ 2023	Unrestricted funds £ 2023	Total Funds £ 2023	Total Funds £ 2022
Job retention scheme	-	-	-	966
	<u>-</u>	<u>-</u>	<u>-</u>	<u>966</u>

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

7. EXPENDITURE ON RAISING FUNDS

	Restricted Funds £ 2023	Unrestricted funds £ 2023	Total Funds £ 2023	Total Funds £ 2022
Charitable activities	48,195	241,002	289,197	285,939
	<u>48,195</u>	<u>241,002</u>	<u>289,197</u>	<u>285,939</u>
Charitable activities				
Staff salaries, NI and pensions	21,543	140,311	161,854	151,673
Other staff costs	823	313	1,136	914
Counsellor salaries	14,073	80,623	94,696	89,658
Other counsellor costs	1,679	3,978	5,657	5,847
Establishment costs	3,670	2,350	6,020	18,541
Administrative costs	6,407	13,427	19,834	19,306
	<u>48,195</u>	<u>241,002</u>	<u>289,197</u>	<u>285,939</u>

The basis for allocation of costs as shown above is explained in the accounting policies.

8. GOVERNANCE COSTS

	Restricted Funds £ 2023	Unrestricted funds £ 2023	Total Funds £ 2023	Total Funds £ 2022
Independent examiner's fee	77	823	900	900
National Relate Federation service charge	1,050	11,366	12,416	15,563
	<u>1,127</u>	<u>12,189</u>	<u>13,316</u>	<u>16,463</u>

9. STAFF COSTS

	2023 £	2022 £
Wages and salaries	245,506	230,442
Social security costs	7,984	7,769
Pension contributions	3,060	3,120
	<u>256,550</u>	<u>241,331</u>

Number of full time employees or full time equivalents

	2023	2022
Direct charitable (including unpaid volunteer staff)	8	7

The above number does not include directors who are not permitted to receive remuneration for their duties. In view of the nature of the charity's activities the majority of administrative and counselling staff do not work full time. There were 24 (2022: 22) people who provided time to the charity. Expenses paid to directors totalled £Nil (2022: £Nil). There were no related party transactions requiring disclosure.

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

10. TANGIBLE FUNCTIONAL FIXED ASSETS

	Furniture & equipment £
Cost	
At 1 April 2022	41,872
Additions	1,310
Disposals	<u>(30,789)</u>
At 31 March 2023	<u>12,393</u>
Depreciation	
At 1 April 2022	31,640
Charge for the year	3,165
Disposals	<u>(28,879)</u>
At 31st March 2023	<u>5,926</u>
Net book value	
At 31 March 2023	<u>6,467</u>
At 31 March 2022	<u>10,232</u>

11. DEBTORS

	2023 £	2022 £
Trade debtors	8,829	10,752
Debtors - gift aid recoverable	123	53
Prepayments	<u>1,295</u>	<u>400</u>
	<u>10,247</u>	<u>11,205</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	1,358	5,338
Accrued expenses	4,075	2,258
Dilapidation provision	5,000	5,000
PAYE and pension contributions	3,932	4,424
Deferred income - Children in Need	11,919	8,577
Deferred income - National Lottery Grant	6,162	-
Deferred income - Other bursary funds	<u>8,275</u>	<u>5,595</u>
	<u>40,721</u>	<u>31,192</u>

RELATE CAMBRIDGESHIRE LTD

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets £	Current Assets £	Creditors £	Net Current Assets £
Unrestricted funds				
Trustee Reserve	6,467	93,533	-	100,000
General Fund	-	89,928	(40,721)	49,207
Total Funds	<u>6,467</u>	<u>183,461</u>	<u>(40,721)</u>	<u>149,207</u>

As recommended by Relate Head Office, the trustees reserve should equate to three months running costs at £100,000.

Analysis of unrestricted fund movements

	Funds at 2022 £	Movements in Funds £	Transfers Between Funds £	Funds at 2023 £
Trustee Reserve	100,000	-	-	100,000
General Fund	58,452	(9,245)	-	49,207
	<u>158,452</u>	<u>(9,245)</u>	<u>-</u>	<u>149,207</u>

14. COMPANY STATUS AND WINDING UP OR DISSOLUTION OF THE CHARITY

Relate Cambridgeshire Ltd is a company limited by guarantee not exceeding £1 per member. The company has no share capital. If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

15. RELATED PARTY DISCLOSURES

There are no related party disclosures for the year ended 31 March 2023.

Relationship Counselling-East Anglia

England & Wales - Charity number 1096975

Accounts

Registered Charity Number : 1096975
Registered Company Number : 04664883

RELATE CAMBRIDGESHIRE

**UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

RELATE CAMBRIDGESHIRE

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Balance Sheet	8
Notes to the Financial Statements	9-15

RELATE CAMBRIDGESHIRE

**THE REFERENCE AND ADMINISTRATION OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022**

Directors and trustees

I Maddison (Chairman)
J Dibnah
J Rackowe
F McLeman
S Escott
L Amos
A Bayliss

Charity Registered Number

1096975

Company Number

04664883

Principal Office

3 Brooklands Avenue, Cambridge, CB2 8BB

Independent Examiner

Thomas Quinn, 15 Station Road, St Ives, Cambridgeshire, PE27 5BH

RELATE CAMBRIDGESHIRE

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of Relate Cambridgeshire for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

STRUCTURE, GOVERNANCE AND MANAGEMENT**a. Constitution**

The objective of Relate Cambridgeshire is to enhance the quality of the couple and, thereby parental family relationships, to help avoid unnecessary breakdown and to limit the damage commonly accompanying poor

b. Method of appointment or election of Trustees

Each year director trustees are elected from the members of Relate Cambridgeshire at the AGM. During the year, up to two more members may be co-opted onto the Executive Committee but stand for election in subsequent years. Potential director trustees who support and can contribute to the organisation are encouraged to join. This is done by advertising, charity networks and contacts.

c. Risk Management

The Trustees of Relate Cambridgeshire have considered the major risks to which the charity is exposed, in particular those related to the operations and finances of the centre, and are satisfied that systems are in place to mitigate its exposure to all the major risks.

d. Reserves Policy

The Trustees have established a Reserves Policy in order to maintain reserves which are generally required for the organisation and include a contingency fund to meet unforeseen emergencies. They will also maintain reserves at an overall level which enables the management of short term cash flow fluctuations.

As of 31 March 2022, the Trustees have a Trustee Reserve of £100,000 (2021: £116,230) to cover three months running costs as recommended by Relate Central Office. The Trustees are satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

RELATE CAMBRIDGESHIRE

**TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2022**

The report of the trustees

The financial statements set out on pages 7 to 15 have been prepared in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

As anticipated the level of counselling activity post Covid-19 is taking time to get back to that before the pandemic and continues to be a challenge. Most, if not all, counselling in the year to March 2022 remained online. Whilst more counselling was done over the year as a whole counselling capacity fell as the number of counsellors decreased. But the most significant impact when compared to the previous year is the loss of the Job Retention Scheme and other Covid-19 grants. Establishment costs have been reduced and counsellors' pay arrangements have been restructured to control costs but this has not yet been sufficient to compensate for the loss of income. This has resulted in a deficit for the year of £38,696 (2021 deficit of £121). The directors are nevertheless satisfied that the charity is in a position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligations.

The Statement of Financial Activities shows incoming resources for the year of a revenue nature of £263,706 (2021, £314,411), giving realised net (deficit) resources of £(38,696), (2021: deficit £121). A majority of the expenditure is spent on provision of the counselling service, management and administration.

The Trustees would particularly like to thank the following for their support:

Girton Town Charity
Children in Need
John Huntingdon's Charity
Huntingdon Freeman Trust
Awards for All
National Lottery

Change of name

During the year the company and charity name was changed from Relate Cambridge to Relate Cambridgeshire.

Statement of Trustees responsibilities

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make estimates and judgement that are reasonable and prudent;
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.

RELATE CAMBRIDGESHIRE

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006.

The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 16 November 2022 and on its behalf by:



.....
I Maddison - Chairman

RELATE CAMBRIDGESHIRE

**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

Independent examiner's report to the Trustees of Relate Cambridgeshire

We report on the financial statements of the charity for the year ended 31 March 2022 which are set out on pages 7 to 15, which have been prepared in accordance with section 145 of the Charities Act 2011 and the Statement of Recommended Practice applicable for charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective January 2015).

Respective responsibilities of Trustees and examiner

The charity's trustees (who are also directors for the purpose of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011(the 2011 Act)) and that an independent examination is required.

Having satisfied ourselves that the charity is not subject to a full audit under company law, or otherwise, and is eligible for independent examination. It is our responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

We have conducted our examination in accordance with the General Directions given by the Charity Commissioners for England and Wales setting out the duties of an independent examiner issued by Charity Commissioners under section 145(5)(b) of the Act relating to the conducting of an independent examination, referred to above. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below:

RELATE CAMBRIDGESHIRE

INDEPENDENT EXAMINER'S REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2022

Independent Examiner's statement

Subject to the limitations upon the scope of our work as detailed above, in connection with our examination, no matter has come to our attention:

1) which gives us reasonable cause to believe that in any material respect, the requirements

- i) to keep accounting records in accordance with section 386 and 387 of the Companies Act 2006; and
- ii) to prepare Financial Statements, which accord with the accounting records and comply with the accounting requirements of section 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective January 2015)

have not been met; or

2) to which, in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.



THOMAS QUINN
15 STATION ROAD
ST IVES
CAMBRIDGESHIRE
PE27 5BH

DATE ... 16 November 2022 ..

RELATE CAMBRIDGESHIRE

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

		Restricted Funds £ 2022	Unrestricted Funds £ 2022	Total Funds £ 2022	Total Funds £ 2021
INCOME AND ENDOWMENTS FROM:	Note				
Voluntary Income	3	24,795	9,927	34,722	39,938
Activities for generating funds	5	-	227,955	227,955	179,976
Investment income	4		63	63	143
Government grants	6	-	966	966	94,354
		<u>24,795</u>	<u>238,911</u>	<u>263,706</u>	<u>314,411</u>
TOTAL INCOME AND ENDOWMENTS		24,795	238,911	263,706	314,411
EXPENDITURE ON:					
Charitable activities	7	23,692	262,247	285,939	301,862
Governance costs	8	1,103	15,360	16,463	12,670
		<u>24,795</u>	<u>277,607</u>	<u>302,402</u>	<u>314,532</u>
TOTAL EXPENDITURE		24,795	277,607	302,402	314,532
NET (DEFICIT)		-	(38,696)	(38,696)	(121)
RECONCILIATION OF FUNDS					
Total funds brought forward		-	197,148	197,148	197,269
Net movement in funds		-	(38,696)	(38,696)	(121)
TOTAL FUNDS CARRIED FORWARD		-	158,452	158,452	197,148

All activities derive from continuing operation

The notes on pages 9 to 15 form part of these financial statements.

RELATE CAMBRIDGESHIRE

**BALANCE SHEET
AS AT 31 MARCH 2022**

	Note	2022		2021	
		£	£	£	£
Fixed Assets	10		10,232		5,492
Total fixed assets			10,232		5,492
Current Assets					
Debtors	11	11,205		13,392	
Cash at bank		168,207		219,327	
			179,412	232,719	
Creditors: Amounts falling due within one year	12	(31,192)		(41,063)	
Net Current Assets			148,220		191,656
NET ASSETS			£ 158,452		£ 197,148
FUNDS					
Trustees Reserve	13		100,000		116,230
General Fund	13		58,452		80,918
			£ 158,452		£ 197,148

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2016 and

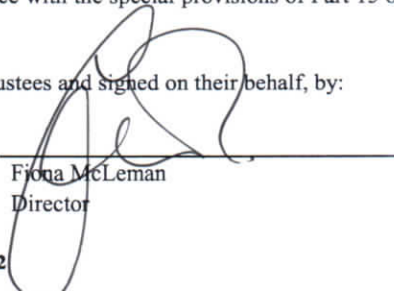
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees and signed on their behalf, by:



Ian Maddison
Chairman



Fiona McLeman
Director

Approved by the board of trustees on 16 November 2022

The notes on pages 9 to 15 form part of the financial statements

RELATE CAMBRIDGESHIRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. LEGAL FORM

The charity is a registered charity registered in England and Wales number 1096975 and a company limited by guarantee, having no share capital, incorporated in England and Wales number 04664883.

2. ACCOUNTING POLICIES**BASIS OF PREPARATION OF FINANCIAL STATEMENTS**

The financial statements of the charitable company, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102. This Financial Reporting Standard is applicable in the UK and Republic of Ireland and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'. - the requirements of Section 7 Statement of Cash Flows.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated Funds (Trustees Reserve) comprise unrestricted funds that have been set aside by the Trustees for specific purposes. The aim of the designated fund is set out in the notes to the accounts.

Restricted Funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for specific purposes.

INCOME

All incoming resources is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured.

Income is deferred where it has been received ahead of the period where the funds will be used.

Donations are recognised on receipt.

Membership income is recognised in the period to which the membership fee relates.

The charity is not VAT registered.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Allocation and Apportionment of Costs:

Where possible, costs are allocated directly to the fund and activity that they relate to. Where costs are shared between activities or funds an apportionment is made using an appropriate basis such as budgeted costs or percentage of total costs.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

RELATE CAMBRIDGESHIRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

DEBTORS

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

CASH AT BANK

Cash at bank includes monies held in bank current accounts and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit.

CREDITORS AND PROVISIONS

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be estimated or measured reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

FINANCIAL INSTRUMENTS

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement

RELATE CAMBRIDGESHIRE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

3. DONATIONS AND LEGACIES

	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Donations and Grants	24,795	3,885	28,680	31,488
Local authority funding	-	6,042	6,042	8,450
	<u>24,795</u>	<u>9,927</u>	<u>34,722</u>	<u>39,938</u>

4. INCOME FROM INVESTMENTS

	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Bank deposit interest received	-	63	63	143
	<u>-</u>	<u>63</u>	<u>63</u>	<u>143</u>

5. INCOME FROM FUNDRAISING ACTIVITIES

	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Activities for generating funds				
Income from client services (including gift aid)	-	197,340	197,340	138,482
Income from contracted services	-	30,474	30,474	42,034
Training services	-	-	-	(540)
Other	-	141	141	-
	<u>-</u>	<u>227,955</u>	<u>227,955</u>	<u>179,976</u>

6. GOVERNMENT GRANTS

	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Local authority grants	-	-	-	10,000
Job retention scheme	-	966	966	84,354
	<u>-</u>	<u>966</u>	<u>966</u>	<u>94,354</u>

RELATE CAMBRIDGESHIRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

7. EXPENDITURE ON RAISING FUNDS

	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Charitable activities	23,692	262,247	285,939	301,862
	<u>23,692</u>	<u>262,247</u>	<u>285,939</u>	<u>301,862</u>
Charitable activities				
Staff salaries, NI and pensions	12,505	139,168	151,673	127,083
Other staff costs	146	768	914	523
Counsellor salaries	7,360	82,298	89,658	120,754
Other counsellor costs	581	5,266	5,847	2,307
Establishment costs	1,596	16,945	18,541	39,504
Administrative costs	1,504	17,802	19,306	11,691
	<u>23,692</u>	<u>262,247</u>	<u>285,939</u>	<u>301,862</u>

The basis for allocation of costs as shown above is explained in the accounting policies.

RELATE CAMBRIDGESHIRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

8. GOVERNANCE COSTS	Restricted Funds 2022 £	Unrestricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Independent examiner's fees	60	840	900	900
Directors expenses	-	-	-	-
National Relate Federation service charge	1,043	14,520	15,563	11,770
AGM and annual report	-	-	-	-
Total governance costs	<u>1,103</u>	<u>15,360</u>	<u>16,463</u>	<u>12,670</u>

9. STAFF COSTS	2022 £	2021 £
Wages and salaries	230,442	239,138
Social security costs	7,769	5,855
Pension contributions	<u>3,120</u>	<u>2,844</u>
	<u>241,331</u>	<u>247,836</u>

Numbers of full time employees or full time equivalents	2022	2021
Direct charitable (including unpaid volunteer staff)	7	8

The above number does not include directors who are not permitted to receive remuneration for their duties. In view of the nature of the charity's activities the majority of administrative and counselling staff do not work full time. There were 22 (2021: 26) people who provided time to the charity. Expenses paid to directors totalled £Nil (2021: £NIL). There were no related party transactions requiring disclosure.

 RELATE CAMBRIDGESHIRE

 NOTES TO THE FINANCIAL STATEMENTS
 FOR THE YEAR ENDED 31 MARCH 2022

10. TANGIBLE FUNCTIONAL FIXED ASSETS

	Furniture and equipment £
Cost	
At 1 April 2021	33,670
Additions	9,282
Disposals	(1,080)
At 31 March 2022	<u>41,872</u>
Depreciation	
At 1 April 2021	28,178
Charge for the year	3,768
Disposals	(306)
At 31 March 2022	<u>31,640</u>
Net book value	
At 31 March 2022	<u>10,232</u>
At 31 March 2021	<u>5,492</u>

11. DEBTORS

	2022 £	2021 £
Trade debtors	10,752	12,682
Debtors - gift aid recoverable	53	88
Prepayments	<u>400</u>	<u>622</u>
	<u>11,205</u>	<u>13,392</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	5,338	6,201
Accrued expenses	2,258	5,627
Dilapidation provision	5,000	5,000
PAYE and pension contributions	4,424	5,082
Deferred income - Children in Need	8,577	1,370
Deferred income - MoD Peterborough	-	467
Deferred income - National Lottery Grant	-	9,550
Deferred income - Awards for All	-	1,021
Deferred income - Other bursary funds	<u>5,595</u>	<u>6,745</u>
	<u>31,192</u>	<u>41,063</u>

RELATE CAMBRIDGESHIRE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets	Current Assets	Creditors	Net Current Assets
	£	£	£	£
Unrestricted funds				
Trustees Reserve	10,232	89,768	-	100,000
General Fund	<u>-</u>	<u>89,644</u>	<u>(31,192)</u>	<u>58,452</u>
Total Funds	<u>10,232</u>	<u>179,412</u>	<u>(31,192)</u>	<u>158,452</u>

As recommended by Relate Head Office, the trustees reserve should equate to three months running costs at £100,000.

Analysis of unrestricted fund movements

	Funds at 2021	Movements in Funds	Transfers Between Funds	Funds at 2022
	£	£	£	£
Trustees Reserve	116,230	-	(16,230)	100,000
General Fund	<u>80,918</u>	<u>(38,696)</u>	<u>16,230</u>	<u>58,452</u>
	<u>197,148</u>	<u>(38,696)</u>	<u>-</u>	<u>158,452</u>

14. COMPANY STATUS AND WINDING UP OR DISSOLUTION OF THE CHARITY

Relate Cambridgeshire is a company limited by guarantee not exceeding £1 per member. The company has no share capital. If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

15. RELATED PARTY DISCLOSURES

There were no related party disclosures for the year ended 31 March 2022.

Relationship Counselling-East Anglia

England & Wales - Charity number 1096975

Accounts

Registered Charity Number : 1096975
Registered Company Number : 04664883

RELATE CAMBRIDGE

**UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

RELATE CAMBRIDGE

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Trustees' report	2-4
Independent Examiner's Report	5-6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Financial Statements	9-15

RELATE CAMBRIDGE

**THE REFERENCE AND ADMINISTRATION OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021**

Directors and trustees

I Maddison (Chairman)
J Dibnah
J Rackowe
F McLeman
S Escott
L Amos
A Bayliss

Charity Registered Number

1096975

Company Number

04664883

Principal Office

3 Brooklands Avenue, Cambridge, CB2 8BB

Independent Examiner

P W Accountants Ltd, Chartered Accountants, 82b High Street, Sawston, Cambridgeshire, CB22 3HJ

RELATE CAMBRIDGE

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their annual report together with the financial statements of Relate Cambridge for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

STRUCTURE, GOVERNANCE AND MANAGEMENT**a. Constitution**

The objective of Relate Cambridge is to enhance the quality of the couple and, thereby parental family relationships, to help avoid unnecessary breakdown and to limit the damage commonly accompanying poor relationships.

b. Method of appointment or election of Trustees

Each year director trustees are elected from the members of Relate Cambridge at the AGM. During the year, up to two more members may be co-opted onto the Executive Committee but stand for election in subsequent years. Potential director trustees who support and can contribute to the organisation are encouraged to join. This is done by advertising, charity networks and contacts.

c. Risk Management

The Trustees of Relate Cambridge have considered the major risks to which the charity is exposed, in particular those related to the operations and finances of the centre, and are satisfied that systems are in place to mitigate its exposure to all the major risks.

d. Reserves Policy

The Trustees have established a Reserves Policy in order to maintain reserves which are generally required for the organisation and include a contingency fund to meet unforeseen emergencies. They will also maintain reserves at an overall level which enables the management of short term cash flow fluctuations.

As of 31 March 2021, the Trustees have a Trustee Reserve of £116,230 (2020: £116,230) to cover three months running costs as recommended by Relate Central Office. The Trustees are satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

RELATE CAMBRIDGE

**TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2021**

The report of the trustees

The financial statements set out on pages 7 to 15 have been prepared in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The Covid-19 pandemic created a number of challenges from the very beginning of the financial year. In light of the uncertainties and drop in demand as the service went online a decision was taken in April 2020 to mothball the centre. As the furlough arrangements became more flexible and the first lockdown was easing the centre reopened on a gradual basis from mid August 2020. Staffing levels were increased over the following six months as counselling hours rose. Activity levels in January to March 2021 were circa 75% of those in the same period of 2020. For the year as a whole the level of activity is about 50% of that pre pandemic. With the support of some much appreciated pandemic grants and the Job Retention Scheme coupled with savings on costs as staff worked from home the centre has managed to break even for the year. This is a vastly better outturn than that which was envisaged in March / April 2020 when the pandemic first took hold. Having said that, with furlough coming to an end and uncertainty as to the resumption and uptake of face-to-face counselling, the post pandemic period will bring further challenges. The directors are nevertheless satisfied that the charity is in a position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligations.

The Statement of Financial Activities shows incoming resources for the year of a revenue nature of £314,411 (2020: £434,440), giving realised net (deficit) resources of £(121), (2020: surplus £2,160). A majority of the expenditure is spent on provision of the counselling service, management and administration.

The Trustees would particularly like to thank the following for their support:

Girton Town Charity
Children in Need
John Huntingdon's Charity
Huntingdon Freeman Trust
Awards for All

Statement of Trustees responsibilities

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make estimates and judgement that are reasonable and prudent;
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.

RELATE CAMBRIDGE

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006.

The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29 September 2021 and on its behalf by:



I Maddison - Chairman

RELATE CAMBRIDGE

**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

Independent examiner's report to the Trustees of Relate Cambridge

We report on the financial statements of the charity for the year ended 31 March 2021 which are set out on pages 7 to 15, which have been prepared in accordance with section 145 of the Charities Act 2011 and the Statement of Recommended Practice applicable for charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective January 2015).

Respective responsibilities of Trustees and examiner

The charity's trustees (who are also directors for the purpose of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011(the 2011 Act)) and that an independent examination is required.

Having satisfied ourselves that the charity is not subject to a full audit under company law, or otherwise, and is eligible for independent examination. It is our responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

We have conducted our examination in accordance with the General Directions given by the Charity Commissioners for England and Wales setting out the duties of an independent examiner issued by Charity Commissioners under section 145(5)(b) of the Act relating to the conducting of an independent examination, referred to above. An independent examination includes a review of the accounting records kept by the charity and of the accounting systems employed by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below:

RELATE CAMBRIDGE

**INDEPENDENT EXAMINER'S REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2021**

Independent Examiner's statement

Subject to the limitations upon the scope of our work as detailed above, in connection with our examination, no matter has come to our attention:

1) which gives us reasonable cause to believe that in any material respect, the requirements

i) to keep accounting records in accordance with section 386 and 387 of the Companies Act 2006; and
ii) to prepare Financial Statements, which accord with the accounting records and comply with the accounting requirements of section 394 and 395 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective January 2015)

have not been met; or

2) to which, in our opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Pw Accountants Ltd

P W ACCOUNTANTS LTD
CHARTERED ACCOUNTANTS
82b HIGH STREET
SAWSTON
CAMBRIDGESHIRE
CB22 3HJ

DATE *29-09-21*

RELATE CAMBRIDGE

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

		Restricted Funds £ 2021	Unrestricted Funds £ 2021	Total Funds £ 2021	Total Funds £ 2020
INCOME AND ENDOWMENTS FROM:	Note				
Voluntary Income	3	-	39,938	39,938	51,813
Activities for generating funds	5	-	179,976	179,976	381,922
Investment income	4		143	143	705
Government grants	6	-	94,354	94,354	-
		<u>-</u>	<u>314,411</u>	<u>314,411</u>	<u>434,440</u>
TOTAL INCOME AND ENDOWMENTS		-	314,411	314,411	434,440
EXPENDITURE ON:					
Charitable activities	7	-	301,862	301,862	419,065
Governance costs	8	-	12,670	12,670	13,215
		<u>-</u>	<u>314,532</u>	<u>314,532</u>	<u>432,280</u>
TOTAL EXPENDITURE		-	314,532	314,532	432,280
NET (DEFICIT) / INCOME		-	(121)	(121)	2,160
RECONCILIATION OF FUNDS					
Total funds brought forward		-	197,269	197,269	195,109
Net movement in funds		-	(121)	(121)	2,160
TOTAL FUNDS CARRIED FORWARD		<u>-</u>	<u>197,148</u>	<u>197,148</u>	<u>197,269</u>

All activities derive from continuing operation

The notes on pages 9 to 15 form part of these financial statements.

RELATE CAMBRIDGE

BALANCE SHEET
AS AT 31 MARCH 2021

	Note	2021		2020	
		£	€	€	£
Fixed Assets	10		<u>5,492</u>		<u>7,589</u>
Total fixed assets			<u>5,492</u>		<u>7,589</u>
Current Assets					
Debtors	11	13,392		13,145	
Cash at bank		<u>219,327</u>		<u>212,291</u>	
		232,719		225,436	
Creditors: Amounts falling due within one year	12	<u>(41,063)</u>		<u>(35,756)</u>	
Net Current Assets			<u>191,656</u>		<u>189,680</u>
NET ASSETS			<u>£ 197,148</u>		<u>£ 197,269</u>
FUNDS					
Trustees Reserve	13		116,230		116,230
General Fund	13		<u>80,918</u>		<u>81,039</u>
			<u>£ 197,148</u>		<u>£ 197,269</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.


The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

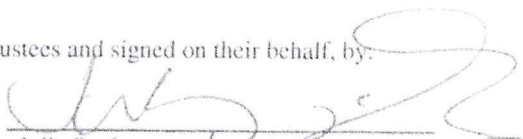
The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2016 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees and signed on their behalf, by:


 Ian Maddison
 Chairman


 Julia Rackowe
 Director

Approved by the board of trustees on 29 September 2021

The notes on pages 9 to 15 form part of the financial statements

RELATE CAMBRIDGE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. LEGAL FORM

The charity is a registered charity registered in England and Wales number 1096975 and a company limited by guarantee, having no share capital, incorporated in England and Wales number 04664883.

2. ACCOUNTING POLICIES**BASIS OF PREPARATION OF FINANCIAL STATEMENTS**

The financial statements of the charitable company, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102. This Financial Reporting Standard is applicable in the UK and Republic of Ireland and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'. - the requirements of Section 7 Statement of Cash Flows.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

INCOME

All incoming resources is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured.

Donations are recognised on receipt.

Membership income is recognised in the period to which the membership fee relates.

The charity is not VAT registered.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

RELATE CAMBRIDGE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

DEBTORS

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

CASH AT BANK

Cash at bank includes monies held in bank current accounts and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit.

CREDITORS AND PROVISIONS

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be estimated or measured reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

FINANCIAL INSTRUMENTS

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement

RELATE CAMBRIDGE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

3. DONATIONS AND LEGACIES

	Restricted Funds 2021 £	Unrestricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Donations	-	31,488	31,488	38,528
Local authority funding	-	8,450	8,450	13,285
	<u>-</u>	<u>39,938</u>	<u>39,938</u>	<u>51,813</u>

4. INCOME FROM INVESTMENTS

	Restricted Funds 2021 £	Unrestricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Bank deposit interest received	-	143	143	705
	<u>-</u>	<u>143</u>	<u>143</u>	<u>705</u>

5. INCOME FROM FUNDRAISING ACTIVITIES

	Restricted Funds 2021 £	Unrestricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Activities for generating funds				
Income from client services (including gift aid)	-	138,482	138,482	281,958
Income from contracted services - Schools Project & Littlehey	-	42,034	42,034	89,457
Training services	-	(540)	(540)	10,507
	<u>-</u>	<u>179,976</u>	<u>179,976</u>	<u>381,922</u>

6. GOVERNMENT GRANTS

	Restricted Funds 2021 £	Unrestricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Local authority grants	-	10,000	10,000	-
Job retention scheme	-	84,354	84,354	-
	<u>-</u>	<u>94,354</u>	<u>94,354</u>	<u>-</u>

RELATE CAMBRIDGE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

7. EXPENDITURE ON RAISING FUNDS

	Restricted Funds 2021 £	Unrestricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Charitable activities	-	301,862	301,862	419,065
	<u>-</u>	<u>301,862</u>	<u>301,862</u>	<u>419,065</u>
Charitable activities				
Staff salaries (including supervision)	-	124,239	124,239	149,468
Staff expenses and recruitment	-	473	473	2,454
Pension contributions	-	2,844	2,844	3,530
Staff training	-	50	50	358
Counsellor salaries	-	120,754	120,754	177,871
Counsellor expenses	-	566	566	7,694
Volunteer receptionists expenses	-	-	-	956
Bursaries - counsellors	-	1,541	1,541	422
Payroll costs	-	1,726	1,726	1,759
CiN equipment	-	140	140	362
Customer courses	-	-	-	5,854
Counsellor training	-	200	200	470
Outpost room hire	-	187	187	14,758
Rent payable	-	22,700	22,700	24,900
Heat, power and rates	-	4,008	4,008	4,828
Insurance	-	2,102	2,102	1,877
Repairs and renewals	-	10,608	10,608	2,266
Telephone & IT	-	1,547	1,547	441
Appointments system	-	426	426	269
Printing, postage, stationery and cleaning	-	2,000	2,000	10,369
Bank charges	-	3,282	3,282	4,822
Publicity	-	-	-	150
Sundry expenses	-	372	372	869
Depreciation of fixed assets used for charity	-	2,097	2,097	2,319
	<u>-</u>	<u>301,862</u>	<u>301,862</u>	<u>419,065</u>

The basis for allocation of costs as shown above is explained in the accounting policies and the notes to the accounts.

RELATE CAMBRIDGE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

8. GOVERNANCE COSTS	Restricted Funds 2021 £	Unrestricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Independent examiner's fees	-	900	900	900
Directors expenses	-	-	-	342
National Relate Federation service charge	-	11,770	11,770	11,596
AGM and annual report	-	-	-	377
Total governance costs	-	12,670	12,670	13,215

9. STAFF COSTS	2021 £	2020 £
Wages and salaries	239,138	317,678
Social security costs	5,855	9,662
Pension contributions	2,844	3,530
	247,836	330,870

Numbers of full time employees or full time equivalents	2021	2020
Direct charitable (including unpaid volunteer staff)	8	11

The above number does not include directors who are not permitted to receive remuneration for their duties. In view of the nature of the charities activities the majority of total administrative and counselling staff do not work full time. The full time equivalent number disclosed above does not include the additional 26 (2020: 34) people who provide time to the charity. Expenses paid to directors totalled £Nil (2020: £342). There were no related party transactions requiring disclosure.

RELATE CAMBRIDGE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

10. TANGIBLE FUNCTIONAL FIXED ASSETS

	Furniture and equipment £
Cost	
At 1 April 2020	33,670
Additions	-
At 31 March 2021	<u>33,670</u>
Depreciation	
At 1 April 2020	26,081
Charge for the year	2,097
At 31 March 2021	<u>28,178</u>
Net book value	
At 31 March 2021	<u>5,492</u>
At 31 March 2020	<u>7,589</u>

11. DEBTORS

	2021 £	2020 £
Trade debtors	12,682	12,579
Debtors - gift aid recoverable	88	366
Prepayments	<u>622</u>	<u>200</u>
	<u>13,392</u>	<u>13,145</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	6,201	3,524
Accrued expenses	5,627	2,617
Dilapidation provision	5,000	-
PAYE and pension contributions	5,082	4,759
Deferred income - Children in Need	1,370	8,125
Deferred income - MoD Peterborough	467	497
Deferred income - National Lottery Grant	9,550	9,550
Deferred income - Awards for All	1,021	-
Deferred income - Other bursary funds	<u>6,745</u>	<u>6,685</u>
	<u>41,063</u>	<u>35,756</u>

RELATE CAMBRIDGE

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets	Current Assets	Creditors	Net Current Assets
	£	£	£	£
Unrestricted funds				
Trustees Reserve	5,492	110,738	-	116,230
General Fund	<u>-</u>	<u>121,981</u>	<u>(41,063)</u>	<u>80,918</u>
Total Funds	<u>5,492</u>	<u>232,719</u>	<u>(41,063)</u>	<u>197,148</u>

As recommended by Relate Head Office. The trustees reserve should equate to three months running costs of £116,230.

Analysis of unrestricted fund movements

	Funds at 2020	Movements in Funds	Transfers Between Funds	Funds at 2021
	£	£	£	£
Trustees Reserve	116,230	-	-	116,230
General Fund	<u>81,039</u>	<u>(121)</u>	<u>-</u>	<u>80,918</u>
	<u>197,269</u>	<u>(121)</u>	<u>-</u>	<u>197,148</u>

14. COMPANY STATUS AND WINDING UP OR DISSOLUTION OF THE CHARITY

Relate Cambridge is a company limited by guarantee not exceeding £1 per member. The company has no share capital. If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

15. RELATED PARTY DISCLOSURES

There were no related party disclosures for the year ended 31 March 2021.