

# 2021

APR 2020 – MAR 2021

SCIENCE OF SPIRITUALITY  
CHARITABLE TRUST (U.K.)  
Registered Charity  
No.1096502



## ANNUAL REPORT

106 Icknield Port Road Edgbaston Birmingham B16 0AA

[www.scienceofspirituality.org.uk](http://www.scienceofspirituality.org.uk)

# Activities Undertaken

## **1. Temporary Closure of Meditation Centre**

Due to the Coronavirus pandemic, the Meditation Centre closed its doors to the public from March 2020 onwards. We have not yet resumed any public access for gatherings.

## **2. Maintenance / Building regulation certificates**

With gatherings ceased over the past twenty months, the maintenance team have been able to carry out general maintenance and repairs at the centre as well as obtain up to date certificates on public safety aspects including:

- Electric & gas certificates
- Fire safety measures
- Service of air conditioning and heating
- Replacement of front windows
- Paintwork

## **3. Online Activity**

Science of Spirituality has consistently provided access to numerous online discourses and events over the pandemic period, including a daily discourse. All members were informed of these wonderful opportunities to access inspirational talks and stay connected with activities. Our local team also conducted a Meditation retreat online for UK members to attend.

The Children's team have provided a wonderful online gathering on Zoom each Sunday from 11am – 12pm where video clips and readings are shared. The children also have a chance to share thoughts on topics and play fun games with one another. This online service has enabled the children to continue learning, keep in touch and also enjoy each other's company.

## **4. Financial Information**

We continue to use a professional accountant to produce annual accounts for our charity.

## **5. Insurance**

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

## **6. Conclusion**

We look forward to the re-opening of our centre in 2022.

# Update from London Group

## **Renovation of the new Meditation Centre**

In February 2020 Science of Spirituality, London bought a property for our organisation in Langley, Slough. Due to the Coronavirus pandemic, we carried out limited cleaning and repairs in 2020.

During 2021 we have been working with an architect and other building professionals to finalise the plans for renovation of the Centre. Once a contractor has been selected we hope to start work in 2022.

We provided Health and Safety, Fire and First Aid training on site. Cleaning and minor repairs were undertaken.



## **Insurance**

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

## **Online Activities**

As physical meetings were not possible during the pandemic, the Science of Spirituality London team researched online platforms to provide virtual programmes. We provided weekly access for our members to virtual meditation programmes and spiritual talks.

In April 2021, a collective IT team from Science of Spirituality Birmingham and London arranged a Virtual One Day Meditation Retreat.

At the end of August, a Virtual Veggie Feast Week was held where pre-recorded vegetarian recipes were shared during the week for everyone to prepare in their own time and share pictures of their creations.

## **Financial Information**

We continue to use a professional accountant to produce annual accounts for our charity.

## **Conclusion**

We look forward to finishing the renovation work at the new centre and opening it by the end of 2022.

**Financial Statements for the Year Ended 31 March 2021**

**for**

**Science of Sprituality Charitable Trust  
(United Kingdom)**

Pamma and Rakhra Associated Limited  
53 Chestnut Road  
Oldbury  
West Midlands  
B68 0AY

**Science of Sprituality Charitable Trust  
(United Kingdom)**

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for the Year Ended 31 March 2021**

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**Science of Spirituality Charitable Trust  
(United Kingdom)**

**General Information  
for the Year Ended 31 March 2021**

**GOVERNING DOCUMENT:** Trust deed dated 6<sup>th</sup> February 2003  
Amended by Resolution dated 15<sup>th</sup> November 2006

**REGISTERED CHARITY NUMBER:** 1096502

**TRUSTEES:** Mukesh Murria  
Shakuntla Rani Pun  
Dr. Ravi Vatish  
Joginder Kainth  
Pritam Singh Bhohie  
Nirbhai Singh Thind  
Anamika Jalalvand  
Trishla Devi Murria  
Manmohan Singh Joat  
Krishen Lal  
Arvinder Kaur Sukhija  
Usha Marwaha  
Stephen Charles Hall

**BRANCH ADMINISTRATORS**

**BIRMINGHAM:** Shakuntla Rani Pun

**LONDON:** Steve Hall

**LIVERPOOL:** Jennifer Chibb

**ADDRESS:** 367 Wake Green Road  
Moseley  
Birmingham  
B13 0BH

**ACCOUNTANT:** Pamma and Rakhra Associated Limited  
53 Chestnut Road  
Oldbury  
West Midlands  
B68 0AY

**Financial Statements**  
**for the Year Ended 31 March 2021**

**Accountants' Report to**  
**Science of Spirituality Charitable Trust**  
**(United Kingdom)**

I report on the accounts of Science of Spirituality Charitable Trust for the year ended 31 March 2020 set out on pages three to ten.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under Section 145 of the 2011 Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees, concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Pamma and Panna Associated Limited  
53 Chestnut Road  
Oldbury  
West Midlands  
B68 0AY

Date: 17/1/2022

**Science of Spirituality Charitable Trust**  
**(United Kingdom)**  
**(Registered Charity Number: 1096502)**

**Income and Expenditure Account**  
**for the Year Ended 31 March 2021**

|  | 2021          |                      | 2020          |                       |
|--|---------------|----------------------|---------------|-----------------------|
|  | £             | £                    | £             | £                     |
| <b>Income</b>                            |               |                      |               |                       |
| Donations received                       | 69,239        |                      | 148,625       |                       |
| Raffle tickets                           | -             |                      | 43            |                       |
| Other income                             | -             |                      | 998           |                       |
| Gift Aid - Tax refund                    | <u>29,794</u> |                      | <u>12,730</u> |                       |
|  |               | <b>99,033</b>        |               | 162,396               |
| <b>Expenditure</b>                       |               |                      |               |                       |
| Rates and water                          | 1,732         |                      | 1,618         |                       |
| Insurance                                | 1,649         |                      | 1,188         |                       |
| Light and heat                           | 1,461         |                      | 2,731         |                       |
| Repairs to property                      | 370           |                      | 1,605         |                       |
| Depreciation of tangible fixed assets    |               |                      |               |                       |
| Fixtures and fittings                    | 2,605         |                      | 2,605         |                       |
| Computer equipment                       | 290           |                      | 290           |                       |
| Room hire                                | 724           |                      | 13,447        |                       |
| Telephone                                | 429           |                      | 383           |                       |
| Postage                                  | -             |                      | 127           |                       |
| Advertising                              | -             |                      | 850           |                       |
| Stationery, books etc.                   | 404           |                      | 568           |                       |
| Sundry equipment costs                   | 268           |                      | 168           |                       |
| Catering expenses                        | -             |                      | 2,831         |                       |
| Sundry expenses                          | -             |                      | 1,118         |                       |
| Accountancy                              | 340           |                      | 335           |                       |
| Donations                                | -             |                      | -             |                       |
| Bank charges                             | 35            |                      | -             |                       |
| Mortgage                                 | <u>2,881</u>  |                      | <u>3,784</u>  |                       |
|  |               | <b>13,188</b>        |               | 33,648                |
| <b>EXCESS OF INCOME OVER EXPENDITURE</b> |               | <b><u>85,845</u></b> |               | <b><u>128,748</u></b> |



**Science of Spirituality Charitable Trust  
(United Kingdom)**

**Birmingham  
Income and Expenditure Account  
for the Year Ended 31 March 2021**

|  | 2021         |                      | 2020         |                      |
|--|--------------|----------------------|--------------|----------------------|
|  | £            | £                    | £            | £                    |
| <b>Income</b>                            |              |                      |              |                      |
| Donations received                       | 26,142       |                      | 31,175       |                      |
| Raffle tickets                           | -            |                      | 43           |                      |
| Other income                             | -            |                      | 998          |                      |
| Gift Aid - Tax refund                    | <u>7,338</u> |                      | <u>7,590</u> |                      |
|  |              | <b>33,480</b>        |              | 39,806               |
| <b>Expenditure</b>                       |              |                      |              |                      |
| Rates and water                          | 1,732        |                      | 1,618        |                      |
| Insurance                                | 1,121        |                      | 989          |                      |
| Light and heat                           | 603          |                      | 2,731        |                      |
| Repairs to property                      | 370          |                      | 870          |                      |
| Depreciation of tangible fixed assets    |              |                      |              |                      |
| Fixtures and fittings                    | 2,605        |                      | 2,605        |                      |
| Computer equipment                       | 290          |                      | 290          |                      |
| Room hire                                | 484          |                      | 928          |                      |
| Telephone                                | 429          |                      | 383          |                      |
| Postage                                  | -            |                      | 127          |                      |
| Advertising                              | -            |                      | 850          |                      |
| Stationery, books etc.                   | 404          |                      | 568          |                      |
| Sundry equipment costs                   | 268          |                      | 168          |                      |
| Catering expenses                        | -            |                      | 2,831        |                      |
| Sundry expenses                          | -            |                      | 1,118        |                      |
| Accountancy                              | 340          |                      | 335          |                      |
| Donations                                | -            |                      | -            |                      |
| Bank charges                             | 35           |                      | -            |                      |
| Mortgage                                 | <u>2,881</u> |                      | <u>3,784</u> |                      |
|  |              | <b>11,562</b>        |              | 20,195               |
| <b>EXCESS OF INCOME OVER EXPENDITURE</b> |              | <b><u>21,918</u></b> |              | <b><u>19,611</u></b> |

**Science of Spirituality Charitable Trust  
(United Kingdom)**

**London  
Income and Expenditure Account  
for the Year Ended 31 March 2021**

|  | 2021          |                      | 2020          |                       |
|--|---------------|----------------------|---------------|-----------------------|
|  | £             | £                    | £             | £                     |
| <b>Income</b>                            |               |                      |               |                       |
| Donations received                       | 43,097        |                      | 117,450       |                       |
| Gift Aid - Tax refund                    | <u>22,456</u> |                      | <u>5,140</u>  |                       |
|  |               | 65,553               |               | 122,590               |
| <b>Expenditure</b>                       |               |                      |               |                       |
| Insurance                                | 528           |                      | 199           |                       |
| Repairs to property                      | 858           |                      | 735           |                       |
| Room hire                                | <u>240</u>    |                      | <u>12,519</u> |                       |
|  |               | <u>1,626</u>         |               | <u>13,453</u>         |
| <b>EXCESS OF INCOME OVER EXPENDITURE</b> |               | <u><u>63,927</u></u> |               | <u><u>109,137</u></u> |

**Science of Spirituality Charitable Trust**  
**(United Kingdom)**  
**(Registered Charity Number: 1096502)**

**Balance Sheet**  
**31 March 2021**

|                                 | Notes | 2021<br>£      | £              | 2020<br>£      | £              |
|---------------------------------|-------|----------------|----------------|----------------|----------------|
| <b>FIXED ASSETS</b>             |       |                |                |                |                |
| Tangible assets                 | 4     |                | 685,288        |                | 688,183        |
| <b>CURRENT ASSETS</b>           |       |                |                |                |                |
| Other debtors                   |       | 237            |                | 237            |                |
| Barclays account - Birmingham   |       | 96,923         |                | 80,062         |                |
| Treasurers account - Birmingham |       | 17,710         |                | 17,310         |                |
| Lloyds - London                 |       | 25,454         |                | 26,252         |                |
| Lloyds - London                 |       | 71,459         |                | 6,735          |                |
| Bank account - Liverpool        |       | 100            |                | 100            |                |
| US Dollar account - Birmingham  |       | 640            |                | 675            |                |
| Euro account - Birmingham       |       | 11             |                | 11             |                |
| Paypal account - Birmingham     |       | 130            |                | 100            |                |
| Cash in hand - Birmingham       |       | <u>798</u>     |                | <u>760</u>     |                |
|                                 |       | 213,462        |                | 132,242        |                |
| <b>CURRENT LIABILITIES</b>      |       |                |                |                |                |
| Mortgage account                |       | <u>103,038</u> |                | <u>110,558</u> |                |
|                                 |       |                | 110,424        |                | 21,684         |
| <b>NET ASSETS</b>               |       |                | <u>795,712</u> |                | <u>709,867</u> |
| <b>FINANCED BY</b>              |       |                |                |                |                |
| <b>RESERVES AND FUNDS</b>       |       |                |                |                |                |
| Revaluation Reserve             | 5     |                | 233,987        |                | 233,987        |
| General Funds                   | 6     |                | <u>561,725</u> |                | <u>475,880</u> |
|                                 |       |                | <u>795,712</u> |                | <u>709,867</u> |

We approve the financial statements for the year ended 31 March 2021 and confirm that we have made available all relevant records and information for their preparation.

The financial statements were approved by the Trustees on and signed on their behalf by:

..... S.R. Pun  
S R Pun

Date: 08/01/2022

**Science of Spirituality Charitable Trust  
(United Kingdom)**

**Notes to the Financial Statements  
for the Year Ended 31 March 2021**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements have been compiled on a basis which enables profits to be calculated in accordance with generally accepted accounting practice and which provides sufficient and relevant information to enable the completion of a tax return.

The financial statements have been prepared under the historical cost convention, in accordance with acceptable accounting standards and the Charities SORP (Statement of Recommended Practice, Accounting and Reporting by Charities) issued in June 2005.

**Incoming and outgoing resources**

Incoming and Outgoing resources are recorded on a receipts and payments basis.

**Funds**

**Designated funds**

Funds set aside for designated purposes.

**Unrestricted funds**

Funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

**2. TAXATION**

The trust is a registered charity, number 1096502, and is exempt from Income Tax and Capital Gains Tax.

**3. TRUSTEES REMUNERATION AND EXPENSES**

No remuneration, directly or indirectly out of the funds of the trust, was paid during the year to the trustees or any persons known to be connected to the trustees (2020: £nil).

**4. TANGIBLE FIXED ASSETS**

|  | <b>Freehold<br/>property<br/>£</b> | <b>Fixtures<br/>and<br/>fittings<br/>£</b> | <b>Computer<br/>equipment<br/>£</b> | <b>Totals<br/>£</b>   |
|--|------------------------------------|--|-------------------------------------|-----------------------|
| <b>COST</b>                                |                                    |  |                                     |                       |
| At 1 April 2020                            | <b>675,030</b>                     | <b>26,063</b>                              | <b>3,218</b>                        | <b>704,311</b>        |
| Additions                                  | <u>-</u>                           | <u>-</u>                                   | <u>-</u>                            | <u>-</u>              |
| At 31 March 2021                           | <b><u>675,030</u></b>              | <b><u>26,063</u></b>                       | <b><u>3,218</u></b>                 | <b><u>704,311</u></b> |
| <b>DEPRECIATION</b>                        |                                    |  |                                     |                       |
| At 1 April 2020                            | -                                  | <b>13,394</b>                              | <b>2,734</b>                        | <b>16,128</b>         |
| Charge for year                            | <u>-</u>                           | <b><u>2,605</u></b>                        | <b><u>290</u></b>                   | <b><u>2,895</u></b>   |
| At 31 March 2021                           | <u>-</u>                           | <b><u>15,999</u></b>                       | <b><u>3,024</u></b>                 | <b><u>19,023</u></b>  |
| <b>NET BOOK VALUE</b>                      |                                    |  |                                     |                       |
| At 31 March 2021                           | <b><u>675,030</u></b>              | <b><u>10,064</u></b>                       | <b><u>194</u></b>                   | <b><u>685,288</u></b> |
| At 31 March 2020                           | <u>675,030</u>                     | <u>12,669</u>                              | <u>484</u>                          | <u>688,183</u>        |
| <b>The freehold property comprises of:</b> |                                    |  |                                     |                       |
| Property in Birmingham                     | <b>415,000</b>                     |  |                                     |                       |
| Property in London                         | <b><u>260,030</u></b>              |  |                                     |                       |
| <b>At 31 March 2021</b>                    | <b><u>675,030</u></b>              |  |                                     |                       |

**Science of Spirituality Charitable Trust  
(United Kingdom)**

**Notes to the Financial Statements  
for the Year Ended 31 March 2021**

**5. REVALUATION RESERVE**

|                  | <b>Revaluation<br/>reserve<br/>£</b> |
|------------------|--------------------------------------|
| At 1 April 2020  | <u><b>233,987</b></u>                |
| At 31 March 2021 | <u><u><b>233,987</b></u></u>         |

The freehold property in Birmingham was professionally valued at £415,000 on the Market Value basis.

**6. GENERAL FUNDS**

|   | <b>Total<br/>£</b>           | <b>Birmingham<br/>£</b>      | <b>London<br/>£</b>          | <b>Glasgow<br/>£</b>   | <b>Liverpool<br/>£</b>   |
|---|------------------------------|------------------------------|------------------------------|------------------------|--------------------------|
| <b>Non-restricted funds</b>                 |                              |                              |                              |                        |                          |
| Balance at 31 March 2020                    | 475,880                      | 183,762                      | 292,018                      | -                      | 100                      |
| Income and Expenditure Account for the year | 85,845                       | 21,918                       | 63,927                       | -                      | -                        |
| Transfers                                   | <u>-</u>                     | <u>-</u>                     | <u>-</u>                     | <u>-</u>               | <u>-</u>                 |
| <b>Balance at 31 March 2021</b>             | <u><u><b>561,725</b></u></u> | <u><u><b>205,680</b></u></u> | <u><u><b>355,945</b></u></u> | <u><u><b>-</b></u></u> | <u><u><b>100</b></u></u> |

The Charity did not hold any Designated or Restricted funds at the year end (2020: £nil).

**7. TRUSTEES**

The Trustees who served during the year were:

Mukesh Murria  
Shakuntla Rani Pun  
Dr. Ravi Vatish  
Joginder Kainth  
Pritam Singh Bhohie  
Nirbhai Singh Thind  
Anamika Jalavand  
Thrishla Devi Murria  
Manmohan Singh Joat  
Krishen Lal  
Arvinder Kaur Sukhija  
Usha Marwaha  
Stephen Charles Hall

**8. BRANCH ADMINISTRATORS**

|             |                      |
|-------------|----------------------|
| BIRMINGHAM: | Shakuntla Rani Pun   |
| LONDON:     | Stephen Charles Hall |