

SCIENCE OF SPIRITUALITY CHARITABLE TRUST (UNITED KINGDOM)

England & Wales · Charity number 1096502

Details

Other names	RUHANI MISSION CHARITABLE TRUST (MIDLANDS), SCIENCE OF SPIRITUALITY CHARITABLE TRUST (UNITED KNIGDOM)
Status	Registered
Legal form	Other
Registered	2003-03-13
Register	View on the Charity Commission register

Contact

Address	367 Wake Green Road Birmingham B13 0BH
Phone	01217771132
Email	birminghaminfo@sos.org
Website	www.scienceofspirituality.org.uk

Activities

Objects: A) TO ADVANCE THE SANT MAT FAITH (FAITH) ITS TRADITIONS AND TENETS AS TAUGHT BY THE SANT SAT GURUS OF THE KIRPAL ASHRAM OF SANT KIRPAL SINGH MARG VIJAY NAGAR DELHI 110009 INDIA (KIRPAL ASHRAM) FOR THE SPIRITUAL AND MORAL ADVANCEMENT OF HUMANITY WITHOUT ANY DISTINCTION BETWEEN CASTE COLOUR CREED OR RELIGION AND TO UPHOLD THE PRACTICE OF THE FAITH IN CONGREGATIONS (SATSANGS) FOR THE PURPOSE OF ADVANCING THE RELIGIOUS KNOWLEDGE AND WORSHIP TOGETHER TO REALISE THE GOAL OF LIFE I.E UNITING SOUL WITH OVER SOUL (GOD).B) TO ADVANCE RELIGIOUS EDUCATION PARTICULARLY AMONG THE YOUNG PERSONS.C) TO ADVANCE THE EDUCATION OF THE PUBLIC (PARTICULAR YOUNG PEOPLE) AND TO TEACH "MOTHER TONGUE" LANGUAGE SO THAT THEY CAN UNDERSTAND ORIGINAL TEACHINGS OF THE SANT MAT FAITH IN THE LANGUAGE EXPRESSED BY SANT SAT GURUS.D) FOR SUCH OTHER CHARITABLE PURPOSES ACCORDING TO THE LAW OF ENGLAND AND WALES AS MAY FROM TIME TO TIME BE DETERMINED BY THE TRUSTEES IN CONSULTATION WITH THE SANT SAT GURU.

Activities: Meditation ClassesMeditation retreats & SeminarsYouth group activitiesBook stall / displays

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Religious Activities, Arts/culture/heritage/science, Amateur Sport
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED BUT IN PRACTICE THE EAST & WEST MIDLANDS.
- Birmingham City
- City Of Westminster
- Liverpool City
- West Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£194,752	£244,178	-	-
2024-03-31	£75,178	£33,190	-	-
2023-03-31	£82,118	£21,436	-	-
2022-03-31	£109,118	£49,276	-	-
2021-03-31	£99,033	£13,188	-	-

Trustees

Name	Role	Appointed
Mukesh Murria	Chair	
DR RAVI VATISH		
HARMESH VARMA		2022-05-01
MR JOGINDER PAL KAINTH		
MR NIRBHAI SINGH THIND		
MRS SHAKUNTLA RANI PUN		
MRS TRISHLA DEVI MURRIA		
NASREEN KHERDIN		2022-05-01
NITIN SHARMA		2022-05-01
PRITAM SINGH		
Stephen Charles Hall		2015-07-06

SCIENCE OF SPIRITUALITY CHARITABLE TRUST (UNITED KINGDOM)

England & Wales - Charity number 1096502

Accounts

Financial Statements for the Year Ended 31 March 2025

for

**Science of Spirituality Charitable Trust
(United Kingdom)**

Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Contents of the Financial Statements
for the Year Ended 31 March 2025**

	Page
General Information	1
Accountants' Report	2
Income and Expenditure Accounts	3
Balance Sheet	6
Notes to the Financial Statements	7

**Science of Spirituality Charitable Trust
(United Kingdom)**

**General Information
for the Year Ended 31 March 2025**

GOVERNING DOCUMENT:	Trust deed dated 6 th February 2003 Amended by Resolution dated 15 th November 2006
REGISTERED CHARITY NUMBER:	1096502
TRUSTEES:	Mr Mukesh Kumar Murria Mrs Shakuntla Rani Pun Dr Ravi Kumar Vatish Mr Joginder Pal Kainth Mr Pritam Singh Mr Nirbhai Singh Thind Mrs Anamika Rani Jalalvand – resigned 16 th November 2024 Mrs Trishla Devi Murria Mr Stephen Charles Hall Mrs Harmesh Varma Mr Nitin Sharma Mrs Nasreen Kherdin
BRANCH ADMINISTRATORS	
BIRMINGHAM:	Mrs Shakuntla Rani Pun
LONDON:	Mrs Harmesh Varma
ADDRESS FOR CORRESPONDENCE:	367 Wake Green Road Moseley Birmingham B13 0BH
ACCOUNTANT:	Pamma and Rakhra Associated Limited 53 Chestnut Road Oldbury West Midlands B68 0AY

Financial Statements
for the Year Ended 31 March 2025

Accountants' Report to
Science of Spirituality Charitable Trust
(United Kingdom)

I report on the accounts of Science of Spirituality Charitable Trust for the year ended 31 March 2025 set out on pages three to nine.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under Section 145 of the 2011 Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees, concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

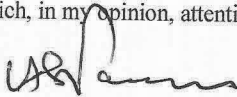
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Pamma and Bekhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Date: 18.12.2025

**Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)**

**INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	2025		2024	
		£	£	£	£
Income					
Donations received		179,199		60,378	
Raffle tickets		270		140	
Other income		<u>884</u>		<u>74</u>	
			180,353		60,592
Other income					
Gift Aid - Tax refund			<u>14,399</u>		<u>13,417</u>
TOTAL INCOME			194,752		74,009
Expenditure					
Rates and water		2,778		3,394	
Insurance		2,476		2,356	
Light and heat		3,189		5,659	
Repairs to property		6,516		4,526	
Depreciation of tangible fixed assets					
Fixtures and fittings		1,401		2,828	
Computer equipment		143		-	
Room hire		4,388		2,705	
Telephone		1,352		1,079	
Postage		66		57	
Stationery, books etc.		843		672	
Sundry equipment costs		-		174	
Catering expenses		4,379		3,262	
Special events (net costs)	4	215,015		922	
Sundry expenses		1,142		452	
Accountancy		370		370	
Donations		-		3,000	
Bank charges		120		15	
Mortgage		<u>-</u>		<u>550</u>	
			244,178		32,021
EXCESS OF EXPENDITURE OVER INCOME			(49,426)		41,988
2024 - INCOME OVER EXPENDITURE			<u><u> </u></u>		<u><u> </u></u>

The notes form part of these financial statements

Science of Spirituality Charitable Trust
(United Kingdom)

BIRMINGHAM
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
Income					
Donations received		71,076		27,587	
Raffle tickets		270		140	
Other income		<u>884</u>		<u>74</u>	
			72,230		27,801
Other income					
Gift Aid - Tax refund			<u>6,612</u>		<u>8,511</u>
TOTAL INCOME			78,842		36,312
Expenditure					
Rates and water		1,868		2,115	
Insurance		1,772		1,682	
Light and heat		2,829		5,269	
Repairs to property		6,330		1,482	
Depreciation of tangible fixed assets					
Fixtures and fittings		1,401		2,828	
Computer equipment		143		-	
Room hire		173		-	
Telephone		584		536	
Postage		66		57	
Stationery, books etc.		843		672	
Sundry equipment costs		-		174	
Catering expenses		4,379		3,262	
Special events (net costs)	4	81,665		922	
Sundry expenses		1,142		452	
Accountancy		370		370	
Donations		-		3,000	
Bank charges		19		15	
Mortgage		<u>-</u>		<u>550</u>	
			<u>103,584</u>		<u>23,386</u>
EXCESS OF EXPENDITURE OVER INCOME			(24,742)		12,926
2024 - INCOME OVER EXPENDITURE			<u><u>(24,742)</u></u>		<u><u>12,926</u></u>

The notes form part of these financial statements

**Science of Spirituality Charitable Trust
(United Kingdom)**

**LONDON
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025**

		2025		2024	
	Notes	£	£	£	£
Income					
Donations received			108,123		32,791
Other income					
Gift Aid - Tax refund			<u>7,787</u>		<u>4,906</u>
TOTAL INCOME			115,910		37,697
Expenditure					
Rates and water		910		1,279	
Insurance		704		674	
Light and heat		360		390	
Repairs to property		196		3,044	
Room hire		4,215		2,705	
Telephone		768		543	
Special events (net costs)	4	133,350		-	
Bank charges		<u>101</u>		-	
			<u>140,594</u>		<u>8,635</u>
EXCESS OF EXPENDITURE OVER INCOME			(24,684)		29,062
2024 - INCOME OVER EXPENDITURE			<u><u>(24,684)</u></u>		<u><u>29,062</u></u>

The notes form part of these financial statements

Science of Spirituality Charitable Trust
 (United Kingdom)
 (Registered Charity Number: 1096501)

Balance Sheet
31 March 2025

		2025		2024	
Notes	£	£	£	£	£
FIXED ASSETS					
Tangible assets	5		679,625		680,923
CURRENT ASSETS					
Other debtors		237		237	
Barclays account - Birmingham		58,549		81,737	
Treasurers account - Birmingham		-		-	
Lloyds - London		680		1,646	
Lloyds - London		167,721		191,440	
Bank account - Liverpool		100		100	
US Dollar account - Birmingham		-		640	
Euro account - Birmingham		1,692		11	
Paypal account - Birmingham		19		200	
Cash in hand - Birmingham		175		1,290	
			229,173		277,301
NET ASSETS			908,798		958,224
FINANCED BY					
RESERVES AND FUNDS					
Revaluation Reserve	6		233,987		233,987
General Funds	7		674,811		724,237
			908,798		958,224

We approve the financial statements for the year ended 31 March 2025 and confirm that we have made available all relevant records and information for their preparation.

The financial statements were approved by the Trustees on and signed on their behalf by:

S R Pun

.....
 S R Pun

Date: 18.12.2025

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been compiled on a basis which enables profits to be calculated in accordance with generally accepted accounting practice and which provides sufficient and relevant information to enable the completion of a tax return.

The financial statements have been prepared under the historical cost convention, in accordance with acceptable accounting standards and the Charities SORP (Statement of Recommended Practice, Accounting and Reporting by Charities) issued in June 2005.

Incoming and outgoing resources

Incoming and Outgoing resources are recorded on a receipts and payments basis.

Funds

Designated funds

Funds set aside for designated purposes.

Unrestricted funds

Funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

2. TAXATION

The trust is a registered charity, number 1096502, and is exempt from Income Tax and Capital Gains Tax.

3. TRUSTEES REMUNERATION AND EXPENSES

No remuneration, directly or indirectly out of the funds of the trust, was paid during the year to the trustees or any persons known to be connected to the trustees (2024: £nil).

4. SPECIAL EVENTS

Special events costs in the year relate to the costs incurred for hosting the UK tour of Sant Rajinder Singh Ji, the head of Science of Spirituality. Public talk events took place at venues in Birmingham and London during August 2024, attracting people of all faiths and backgrounds. (2024: Costs related to Veg Fest).

	Birmingham £	London £	2025 Total £	2024 Total £
Analysis of costs				
Hotel	27,642	117,186	144,828	
National Exhibition Centre	66,426	-	66,426	
Catering costs – including waiter services	38,853	-	38,853	
Stage decorations/flowers	1,918	1,400	3,318	
Event insurance	595	476	1,071	
Media advertising	12,955	19,104	32,059	
Printing/parshad bags etc	4,308	665	4,973	
Young adults & children’s satsang	3,156	-	3,156	
Other costs – including coach hire and musicians	8,234	5,799	14,033	
	<u>164,086</u>	<u>144,629</u>	<u>308,715</u>	2,093
Total costs expended				
Costs recovered/reimbursed	<u>82,421</u>	<u>11,279</u>	<u>93,700</u>	<u>1,171</u>
NET COST	<u>81,665</u>	<u>133,350</u>	<u>215,015</u>	<u>922</u>

Science of Spirituality Charitable Trust
(United Kingdom)

Notes to the Financial Statements
for the Year Ended 31 March 2025

5. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2024	675,030	29,353	3,788	708,171
Additions	-	246	-	246
At 31 March 2025	<u>675,030</u>	<u>29,599</u>	<u>3,788</u>	<u>708,417</u>
DEPRECIATION				
At 1 April 2024	-	24,037	3,211	27,248
Charge for year	-	1,401	143	1,544
At 31 March 2025	-	<u>25,438</u>	<u>3,354</u>	<u>28,792</u>
NET BOOK VALUE				
At 31 March 2025	<u>675,030</u>	<u>4,161</u>	<u>434</u>	<u>679,625</u>
At 31 March 2024	<u>675,030</u>	<u>5,316</u>	<u>577</u>	<u>680,923</u>
The freehold property comprises of:				
Property in Birmingham	415,000			
Property in London	<u>260,030</u>			
At 31 March 2025	<u>675,030</u>			

6. REVALUATION RESERVE

	Revaluation reserve £
At 1 April 2024	<u>233,987</u>
At 31 March 2025	<u>233,987</u>

The freehold property in Birmingham was professionally valued in 2017 at £415,000 on the Market Value basis.

7. GENERAL FUNDS

	Total £	Birmingham £	London £	Glasgow £	Liverpool £
Non-restricted funds					
Balance at 31 March 2024	724,237	271,021	453,116	-	100
Income and Expenditure Account for the year	<u>(49,426)</u>	<u>(24,742)</u>	<u>(24,684)</u>	-	-
Balance at 31 March 2025	<u>674,811</u>	<u>246,279</u>	<u>428,432</u>	-	<u>100</u>

The Charity did not hold any Designated or Restricted funds at the year end (2024: £nil).

Science of Spirituality Charitable Trust
(United Kingdom)

Notes to the Financial Statements
for the Year Ended 31 March 2025

8. **TRUSTEES**

The Trustees who served during the year were:

Mr Mukesh Kumar Murria
Mrs Shakuntla Rani Pun
Dr Ravi Kumar Vatish
Mr Joginder Pal Kainth
Mr Pritam Singh
Mr Nirbhai Singh Thind
Mrs Anamika Rani Jalalvand – resigned 16th November 2024
Mrs Trishla Devi Murria
Mr Stephen Charles Hall
Mrs Harmesh Varma
Mr Nitin Sharma
Mrs Nasreen Kherdin

9. **BRANCH ADMINISTRATORS**

BIRMINGHAM:
LONDON:

Mrs Shakuntla Rani Pun
Mrs Harmesh Varma

2025

APRIL 2024 – MARCH 2025

SCIENCE OF SPIRITUALITY
CHARITABLE TRUST (U.K.)

Registered Charity

No.1096502



ANNUAL REPORT

106 Icknield Port Road, Edgbaston, Birmingham, B16 0AA

www.scienceofspirituality.org.uk

Activities Undertaken

1. Regular openings of the Meditation Centre

We continue to offer weekly gatherings each Sunday morning, opening our doors to regulars as well as newcomers. The session includes inspiring reading and video presentations relating to ethical values and leading a spiritual life, followed by a short meditation sitting with instructions. This is followed by a complimentary vegetarian meal prepared by volunteers. Attendees can borrow books or media from the library and mingle with one another after the session. All in all, we are offering people of all backgrounds to come together and enjoy an opportunity to learn about the daily meditation practice, so that they can bring about calm in their day-to-day life.

2. 10-Day Meditation Retreat with Dr Richard Scotti

This long and focused meditation retreat ran for 9 days, from 5-14th April 2024, and was hosted by Dr Richard Scotti, a renowned meditation workshop facilitator for Science of Spirituality. Between 25-40 individuals participated each day from the local area as well as members who travelled from Europe. The retreats offer individuals an opportunity to spend ample time away from their regular routines and experience deeper relaxation through longer meditation sessions. The days also include workshops, walks in nature at the nearby reservoir, delicious meals, and inspiring video showings. This was a highly successful programme which was very well received by all participants, particularly as we were unable to hold this annual retreat for some years during the covid period.





3. Public Talk at the Meditation Centre



On Friday 17th May 2024 we welcomed a guest speaker from India who gives talks and workshops that unravel the power of meditation and spirituality in everyday life.

The talk was held at the Meditation Centre and was promoted within the city. Her talk entitled 'Mastering your mind and emotions through Meditation' was well received, as she was very engaging and motivational.

4. International Tour of Sant Rajinder Singh Ji

We were honoured to welcome the head of Science of Spirituality, Sant Rajinder Singh Ji for a UK tour. Public talk events took place at prestigious venues in the cities of Birmingham and London. Our local volunteers worked extensively with the venues and many service providers for several weeks, in order to host hundreds of attendees and cater for their comfortable stay.



a Spiritual master of our time..

Sant Rajinder Singh Ji Maharaj teaches a simple and timeless form of meditation that leads to personal transformation. He offers a blueprint for happiness and fulfilment and has helped millions worldwide embark on the inner spiritual journey to discover the peace and joy within.

BIRMINGHAM: 24 - 25 August | LONDON: 28 - 29 August

Explore the transformative power of meditation for physical, emotional and spiritual wellbeing

International Convention Centre
8 Centenary Square,
Birmingham B1 2EA

InterContinental London - The O2
1 Waterview Drive, Greenwich
Peninsula, London SE10 0TW

Detox the Mind for Lasting Happiness
24 August 2024 - 4 PM
Discover how to identify and eliminate mental toxins for a life of peace and lasting happiness.

Enjoy Your Inner Spiritual Retreats
25 August 2024 - 3 PM
Uncover great spiritual traditions and the power of meditation for true peace and spiritual awareness.

Rejuvenate Spiritually through Meditation
28 August 2024 - 7 PM
Discover how meditation can rejuvenate your spirit, bringing lasting peace and serenity to your life.

Experience Love and Light Within
29 August 2024 - 6 PM
Learn to connect with the love and light within you in this transformative talk.

Please click the link below to register for the events
For any enquiries please call 0121 454 6847
or email: info@scienceofspirituality.org.uk
These public talks are free of charge and open to all.

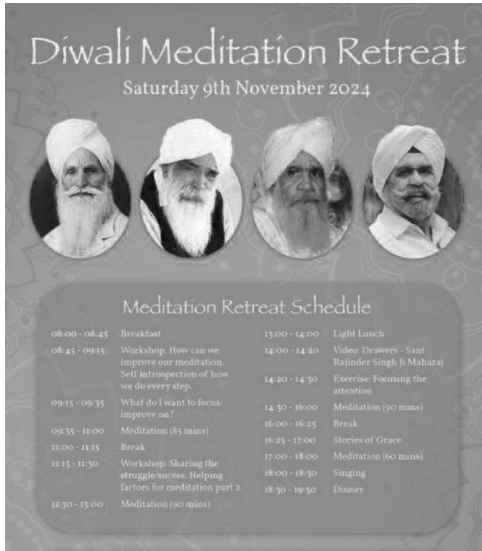


The inspiring talks attracted people of all faiths and backgrounds, and the atmosphere was charged with love for all humanity.

The UK tour was followed by four weekly introductory sessions about meditation at our local Centre, aimed at those who wanted to develop their meditation practice further.



5. One day meditation Retreats



The one-day meditation retreats offer attendees an opportunity to dedicate a whole day towards nurturing their spiritual practices and enjoy meditation sittings, readings and video throughout the day.

This year the retreats were held on 19th August 2023 and 3rd February 2024, with several individuals travelling from outside Birmingham to enjoy the opportunity.

6. In reach activities and celebrations

Throughout the year we marked various occasions such as celebrating the birth anniversaries of our spiritual Masters (21st September 2024) as well as a Christmas Party (15th December 2024) that involved decorating the centre, organising party games with the children and enjoying lots of festive food.

These events encourage bonding among volunteers, regular attendees and newcomers.



7. Sports Session for all ages



Sports Day
Saturday 23rd November 2024

We would like to welcome you along with your family and friends to join us for our fun-filled sports day!

Date: Saturday 23rd November 2024 Time: 2pm - 4pm

Venue: Bishop Challoner Catholic College, Institute Road, Kings Heath, Birmingham B14 7EG. Please see map below.

Cost: £5 per person. No charge for children aged 10 and under.

Activities: We have organised to play Badminton and Basketball. Please wear suitable clothing and bring your badminton rackets and shuttlecocks if you have some. The sports session is for all ages and abilities. Please contact Amir on 07969 670623 or Andy on 07765 420628 for any further information or if you need transport.

Best Wishes,
SOS Sports Co-ordinators

"Sant Mat couples a powerful meditation practice with a dynamic, inclusive, positive way of living" Sant Rajinder Singh Ji Maharaj

Fun session of Basketball and badminton session for at a local sports hall



8. Food bank Collection

During the year our Meditation Centre has donated non-perishable and long dated food items for those in need. The items have been collected and delivered to the local Spearhead Trust in Druids Heath.

9. Ruhani Post Magazine

The Ruhani Post Magazine, that features articles from the great Masters of Science of Spirituality, continues to be produced in both English and Hindi/Punjabi and is distributed free of charge. The magazine is disseminated largely via email with only a few hard copies, in order to reduce printing and postage costs and for environmental reasons.

10. Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

11. Maintenance & Insurance

In August 2024 all the ceiling lights and emergency lights were replaced. The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

Update from London Group

We are pleased to present the annual report for the Science of Spirituality London group, summarising our activities and achievements from April 2024 to March 2025. This past year has been marked by renewed energy and significant progress, particularly in our efforts to establish a Centre in London dedicated to promoting inner peace and self-realization through meditation.

Sant Rajinder Singh Ji UK Tour at the Intercontinental London – The O2

A major highlight of the past year was the August 2024 UK Tour, during which Sant Rajinder Singh Ji visited London for four days and delivered a series of uplifting public talks. These sessions were very well attended, drawing audiences from across the UK and beyond.

The event was successfully promoted through Facebook, Eventbrite, WhatsApp, radio, television, newspaper features, and leaflet distribution, demonstrating excellent teamwork and coordination by the UK volunteers and leadership team. The response from attendees reflected a deep appreciation and growing interest in the teachings of meditation, love, and service.

Regular Programmes in London

Regular programmes continue to bring meditation and spiritual guidance to the wider community. Monthly meditation sessions are held in Langley, while fortnightly sessions take place in Central London, providing opportunities for both in-person and online participation.

Alongside this, special programmes such as one-day retreats help members deepen their meditation practice and reconnect with the teachings in a supportive, reflective environment, they also make meditation accessible to both newcomers and long-standing members.

Centre Developments

Work has progressed steadily on the London Centre project, with appropriate applications and consultations made to establish a permanent base in London. This represents a significant milestone in expanding accessibility for the community and creating a lasting spiritual hub for future generations.

Planning for the Langley Centre refurbishment continues to advance. Trustees' consultations with Sant Rajinder Singh Ji, the leadership team and the members ensure that all steps remain aligned with spiritual principles, sound financial management, and the shared goal of serving the members effectively.

Children's Programme

The Children's Programme continues to grow, providing structured activities to teach children the values of love, peace, kindness, and meditation. Dedicated, trained volunteers lead these sessions while also offering facilities for parents to attend the main programmes

Looking Ahead

In the coming year, the focus will be on progressing both the Langley and London Centre projects, expanding meditation programmes, and continuing to offer regular online and in-person Satsangs. The goal remains to share the universal message of love, peace, and spiritual growth through meditation.

We are pleased to present the annual report for the Science of Spirituality London group, summarising our activities and achievements from April 2024 to March 2025. This past year has been marked by renewed energy and significant progress, particularly in our efforts to establish a Centre in London dedicated to promoting inner peace and self-realization through meditation.

Sant Rajinder Singh Ji Tour – August 2024

A major highlight of the past year was the August 2024 Spirituality Tour, during which Sant Rajinder Singh Ji visited London for four days and delivered a series of uplifting public talks. These sessions were very well attended, drawing audiences from across the UK and beyond.

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The Children's Programme continues to grow, providing structured activities to teach children the values of love, peace, kindness, and meditation. Dedicated, trained volunteers lead these sessions while also offering facilities for parents to attend the main programmes

Centre Developments

Work has progressed steadily on the London Centre project, with appropriate applications and consultations made to establish a permanent base in London. This represents a significant milestone in expanding accessibility for the community and creating a lasting spiritual hub for future generations.

Planning for the Langley Centre refurbishment continues to advance. Trustees' consultations with Sant Rajinder Singh Ji, the leadership team and the members ensure that all steps remain aligned with spiritual principles, sound financial management, and the shared goal of serving the members effectively.

Looking Ahead

In the coming year, the focus will be on progressing both the Langley and London Centre projects, expanding meditation programmes, and continuing to offer regular online and in-person Satsangs. The goal remains to share the universal message of love, peace, and spiritual growth through meditation.

SCIENCE OF SPIRITUALITY CHARITABLE TRUST (UNITED KINGDOM)

England & Wales - Charity number 1096502

Accounts

Financial Statements for the Year Ended 31 March 2024

for

**Science of Spirituality Charitable Trust
(United Kingdom)**

Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Contents of the Financial Statements
for the Year Ended 31 March 2024**

	Page
General Information	1
Accountants' Report	2
Income and Expenditure Accounts	3
Balance Sheet	6
Notes to the Financial Statements	7

**Science of Spirituality Charitable Trust
(United Kingdom)**

**General Information
for the Year Ended 31 March 2024**

GOVERNING DOCUMENT: Trust deed dated 6th February 2003
Amended by Resolution dated 15th November 2006

REGISTERED CHARITY NUMBER: 1096502

TRUSTEES: Mr Mukesh Kumar Murria
Mrs Shakuntla Rani Pun
Dr Ravi Kumar Vatish
Mr Joginder Pal Kainth
Mr Pritam Singh
Mr Nirbhai Singh Thind
Mrs Anamika Rani Jalalvand
Mrs Trishla Devi Murria
Mr Stephen Charles Hall
Mrs Harmesh Varma
Mr Nitin Sharma
Mrs Nasreen Kherdin

BRANCH ADMINISTRATORS

BIRMINGHAM: Mrs Shakuntla Rani Pun

LONDON: Mrs Harmesh Varma

ADDRESS FOR CORRESPONDENCE: 367 Wake Green Road
Moseley
Birmingham
B13 0BH

ACCOUNTANT: Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Financial Statements
for the Year Ended 31 March 2024

Accountants' Report to
Science of Spirituality Charitable Trust
(United Kingdom)

I report on the accounts of Science of Spirituality Charitable Trust for the year ended 31 March 2024 set out on pages three to ten.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under Section 145 of the 2011 Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees, concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Date: 14/1/2025

**Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)**

**INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024**

	2024		2023	
	£	£	£	£
Income				
Donations received	60,376		61,519	
Raffle tickets	140		93	
Other income	74		106	
Special events: - Income re "Veg it out festival"	<u>1,171</u>		<u>-</u>	
		61,761		61,718
Other income				
Gift Aid - Tax refund		<u>13,417</u>		<u>20,400</u>
TOTAL INCOME		75,178		82,118
Expenditure				
Rates and water	3,392		1,843	
Insurance	2,356		2,038	
Light and heat	5,659		2,433	
Repairs to property	4,526		3,287	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,828		2,605	
Room hire	2,705		1,280	
Telephone	1,079		840	
Postage	57		67	
Stationery, books etc.	672		1,160	
Sundry equipment costs	174		1,065	
Catering expenses	3,262		1,255	
Special events: - Costs re "Veg it out festival"	2,093		-	
Sundry expenses	452		657	
Accountancy	370		360	
Donations	3,000		1,000	
Bank charges	15		-	
Mortgage	<u>550</u>		<u>1,546</u>	
		33,190		21,436
EXCESS OF INCOME OVER EXPENDITURE		<u>41,988</u>		<u>60,682</u>

The notes form part of these financial statements

**Science of Spirituality Charitable Trust
(United Kingdom)**

**BIRMINGHAM
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024**

	2024		2023	
	£	£	£	£
Income				
Donations received	27,586		33,715	
Raffle tickets	140		93	
Other income	74		106	
Special events: - Income re "Veg it out festival"	<u>1,171</u>		<u>-</u>	
		28,971		33,914
Other income				
Gift Aid - Tax refund		<u>8,511</u>		<u>13,807</u>
TOTAL INCOME		37,482		47,721
Expenditure				
Rates and water	2,114		1,529	
Insurance	1,682		1,438	
Light and heat	5,269		2,310	
Repairs to property	1,482		1,022	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,828		2,605	
Telephone	536		492	
Postage	57		67	
Stationery, books etc.	672		1,160	
Sundry equipment costs	174		1,065	
Catering expenses	3,262		1,255	
Special events: - Costs re "Veg it out festival"	2,093		-	
Sundry expenses	452		657	
Accountancy	370		360	
Donations	3,000		1,000	
Bank charges	15		-	
Mortgage	<u>550</u>		<u>1,546</u>	
		24,556		<u>16,506</u>
EXCESS OF INCOME OVER EXPENDITURE		<u>12,926</u>		<u>31,215</u>

**Science of Spirituality Charitable Trust
(United Kingdom)**

**LONDON
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024**

	2024		2023	
	£	£	£	£
Income				
Donations received		32,790		27,804
Other income				
Gift Aid - Tax refund		<u>4,906</u>		<u>6,593</u>
TOTAL INCOME		37,696		34,397
Expenditure				
Rates and water	1,278		314	
Insurance	674		600	
Light and heat	390		123	
Repairs to property	3,044		2,265	
Room hire	2,705		1,280	
Telephone	<u>543</u>		<u>348</u>	
		<u>8,634</u>		<u>4,930</u>
EXCESS OF INCOME OVER EXPENDITURE		<u>29,062</u>		<u>29,467</u>

**Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)**

**Balance Sheet
31 March 2024**

		2024		2023	
Notes	£	£	£	£	£
FIXED ASSETS					
Tangible assets	4		680,923		682,257
CURRENT ASSETS					
Other debtors		237		1,737	
Barclays account - Birmingham		81,737		84,850	
Treasurers account - Birmingham		-		16,104	
Lloyds - London		1,646		9,881	
Lloyds - London		191,440		154,143	
Bank account - Liverpool		100		100	
US Dollar account - Birmingham		640		640	
Euro account - Birmingham		11		11	
Paypal account - Birmingham		200		200	
Cash in hand - Birmingham		<u>1,290</u>		<u>1,507</u>	
		277,301		269,173	
CURRENT LIABILITIES					
Other creditors		-		1,500	
Mortgage account		<u>-</u>		<u>33,694</u>	
		<u>-</u>		<u>35,194</u>	
			<u>277,301</u>		<u>233,979</u>
NET ASSETS			<u>958,224</u>		<u>916,236</u>
FINANCED BY					
RESERVES AND FUNDS					
Revaluation Reserve	5		233,987		233,987
General Funds	6		<u>724,237</u>		<u>682,249</u>
			<u>958,224</u>		<u>916,236</u>

We approve the financial statements for the year ended 31 March 2024 and confirm that we have made available all relevant records and information for their preparation.

The financial statements were approved by the Trustees on and signed on their behalf by:

.....
S R Pun
S R Pun

Date: 8.1.2025

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been compiled on a basis which enables profits to be calculated in accordance with generally accepted accounting practice and which provides sufficient and relevant information to enable the completion of a tax return.

The financial statements have been prepared under the historical cost convention, in accordance with acceptable accounting standards and the Charities SORP (Statement of Recommended Practice, Accounting and Reporting by Charities) issued in June 2005.

Incoming and outgoing resources

Incoming and Outgoing resources are recorded on a receipts and payments basis.

Funds

Designated funds

Funds set aside for designated purposes.

Unrestricted funds

Funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

2. TAXATION

The trust is a registered charity, number 1096502, and is exempt from Income Tax and Capital Gains Tax.

3. TRUSTEES REMUNERATION AND EXPENSES

No remuneration, directly or indirectly out of the funds of the trust, was paid during the year to the trustees or any persons known to be connected to the trustees (2023: £nil).

4. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2023	675,030	28,429	3,218	706,677
Additions	-	924	570	1,494
	<u>675,030</u>	<u>29,353</u>	<u>3,788</u>	<u>708,171</u>
At 31 March 2024	<u>675,030</u>	<u>29,353</u>	<u>3,788</u>	<u>708,171</u>
DEPRECIATION				
At 1 April 2023	-	21,209	3,211	24,420
Charge for year	-	2,828	-	2,828
	<u>-</u>	<u>24,037</u>	<u>3,211</u>	<u>27,248</u>
At 31 March 2024	<u>-</u>	<u>24,037</u>	<u>3,211</u>	<u>27,248</u>
NET BOOK VALUE				
At 31 March 2024	<u>675,030</u>	<u>5,316</u>	<u>577</u>	<u>680,923</u>
At 31 March 2023	<u>675,030</u>	<u>7,220</u>	<u>7</u>	<u>682,257</u>
The freehold property comprises of:				
Property in Birmingham	415,000			
Property in London	<u>260,030</u>			
At 31 March 2024	<u><u>675,030</u></u>			

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2024**

5. REVALUATION RESERVE

	Revaluation reserve £
At 1 April 2023	<u>233,987</u>
At 31 March 2024	<u><u>233,987</u></u>

The freehold property in Birmingham was professionally valued in 2017 at £415,000 on the Market Value basis.

6. GENERAL FUNDS

	Total £	Birmingham £	London £	Glasgow £	Liverpool £
Non-restricted funds					
Balance at 31 March 2023	682,249	258,095	424,054	-	100
Income and Expenditure Account for the year	41,988	12,926	29,062	-	-
Transfers	-	-	-	-	-
Balance at 31 March 2024	<u><u>724,237</u></u>	<u><u>271,021</u></u>	<u><u>453,116</u></u>	<u><u>-</u></u>	<u><u>100</u></u>

The Charity did not hold any Designated or Restricted funds at the year end (2023: £nil).

7. TRUSTEES

The Trustees who served during the year were:

Mr Mukesh Kumar Murria
 Mrs Shakuntla Rani Pun
 Dr Ravi Kumar Vatish
 Mr Joginder Pal Kainth
 Mr Pritam Singh
 Mr Nirbhai Singh Thind
 Mrs Anamika Rani Jalalvand
 Mrs Trishla Devi Murria
 Mr Stephen Charles Hall
 Mrs Harmesh Varma
 Mr Nitin Sharma
 Mrs Nasreen Kherdin

8. BRANCH ADMINISTRATORS

BIRMINGHAM:
LONDON:

Mrs Shakuntla Rani Pun
Mrs Harmesh Varma

2024

APRIL 2023 – MARCH 2024

SCIENCE OF SPIRITUALITY
CHARITABLE TRUST (U.K.)

Registered Charity
No.1096502



ANNUAL REPORT

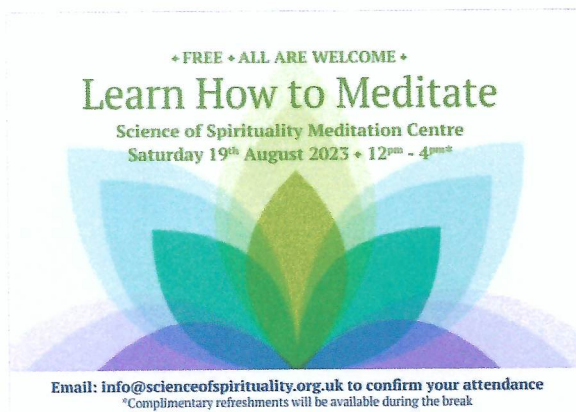
106 Icknield Port Road, Edgbaston, Birmingham, B16 0AA
www.scienceofspirituality.org.uk

Activities Undertaken

1. Regular openings of the Meditation Centre

We continue to offer weekly gatherings each Sunday morning, opening our doors to regulars as well as newcomers. The morning session includes inspiring reading and video presentations relating to ethical values and leading a spiritual life, followed by a short meditation sitting with instructions. This is followed by a complimentary vegetarian meal prepared by volunteers. Attendees can borrow books or media from the library and mingle with one another after the session. All in all, we are offering people of all backgrounds to come together and enjoy an opportunity to learn about the meditation practice, so that they can bring about calm in their day-to-day life.

2. One day meditation Retreats



The one-day meditation retreats offer attendees an opportunity to dedicate a whole day towards nurturing their spiritual practices and enjoy meditation sittings, readings and video throughout the day.

This year the retreats were held on 19th August 2023 and 3rd February 2024, with several individuals travelling from outside Birmingham to enjoy the opportunity.

3. We held our annual Veg it Out Event at the Meditation Centre on 5th August 2023



This was an outreach initiative and its aim was to promote the vegetarian and vegan diet, provide information about different food products and offer tastings to visitors. The day included a presentation on the benefits of adopting a Vegetarian and Vegan lifestyle. The event was shared through extensive leafleting in the local area as well as through social media. It was a great success and attracted many visitors from the local area.

4. In reach activities and celebrations

Throughout the year we marked various occasions such as celebrating the birth anniversaries of our spiritual Masters, a Diwali Celebration (12th November 2023), as well as a Christmas Party (10th December 2023) that involved decorating the centre, organising party games with the children and enjoying lots of festive food.

These events encourage bonding among members and newcomers.



We also organised a weekend trip to Wales Trip to Wales where 30 members stayed at a self-catering cottage in St Asaph. The outings included Llanberis Lake Railway, Snowdonia, Llandudno, Caernarfon Castle and the Pontcysyllte Aqueduct.





5. Food bank Collection

During the year our Meditation Centre has donated non-perishable and long dated food items for those in need. The items have been collected and delivered to the local **Spearhead Trust in Druids Heath.**

6. Ruhani Post Magazine

The Ruhani Post Magazine, that features articles from the great Masters of Science of Spirituality, continues to be produced in both English and Hindi/Punjabi and is distributed free of charge. The magazine is disseminated largely via email with only a few hard copies, in order to reduce printing and postage costs and for environmental reasons.

7. Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

8. Insurance

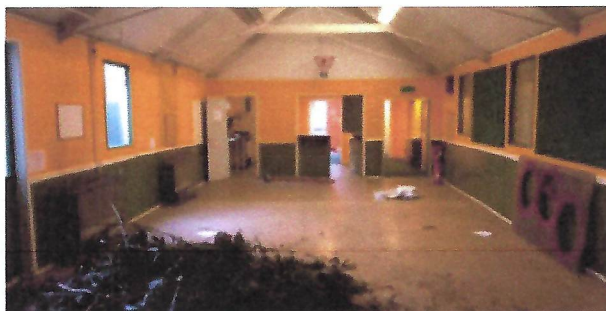
The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

Update from London Group

1. Renovation of the new Meditation Centre

In February 2020 Science of Spirituality, London bought a property for our organisation in Langley, Slough.

During 2023/24 we continued to work with an architect and other building professionals to finalise the plans for renovation of the Centre. We provided Health and Safety, Fire and First Aid training on site. Cleaning and minor repairs were undertaken.



2. Activities

We continued to provide access for our members to virtual meditation programmes and spiritual talks.

This year we increased the number of in person events, holding meetings in Central London in person twice a month and once a month in Langley.

We held several in person meditation retreats and day seminars during the year.

3. Foodbank Collection

We collected food donations at our New Year programme in January 2024. These were given to Nishkam Sewa who provide homeless people with all kinds of support including food items.

During the year members gave donations to purchase fresh vegetables for Newbury Soup Kitchen who provide meals for the homeless.



4. New Year Meditation Retreat

On Saturday 6th January 2024, the London Sangat held their New Year celebration at Colnbrook Village Hall close to Heathrow airport and the London SOS Meditation Centre.



The theme was "Meditate More in 2024" Following the meditation we had some yoga sessions and workshops. Afterwards a delicious Indian themed evening meal was served.



5. Insurance

The Building Insurance and Public Liability Insurance are all current.

6. Financial Information

We use a professional accountant to produce annual accounts for our charity.

SCIENCE OF SPIRITUALITY CHARITABLE TRUST (UNITED KINGDOM)

England & Wales - Charity number 1096502

Accounts

2023

APR 2022 – MAR 2023

SCIENCE OF SPIRITUALITY
CHARITABLE TRUST (U.K.)
Registered Charity
No.1096502



ANNUAL REPORT

106 Icknield Port Road Edgbaston Birmingham B16 0AA
www.scienceofspirituality.org.uk

Activities Undertaken

1. Regular openings of the Meditation Centre

We were pleased to re-open the Meditation Centre in May 2022 after the Covid pandemic restrictions were lifted, commencing with rigorous cleaning throughout the building and sanitisation products in place.

We continue to offer weekly gatherings each Sunday morning, opening our doors to regulars as well as newcomers. The morning session includes inspiring reading and video presentations relating to ethical values and leading a spiritual life, followed by a short meditation sitting with instructions. This is followed by a complimentary vegetarian meal prepared by volunteers. Attendees are able to borrow books or DVD's from the library and mingle with one another after the session. All in all, we are offering people of all backgrounds to come together and enjoy an opportunity to learn about the meditation practice, so that they can bring about calm in their day to day life.

2. One day meditation Retreats

The one-day meditation retreats offer attendees an opportunity to dedicate a whole day towards nurturing their spiritual practices and enjoy meditation sittings, readings, and video showings throughout the day.

These were held on **24th September 2022 and 4th February 2023** and some attendees travelled from outside Birmingham to enjoy the opportunity.



3. Updating safety compliance

Several aspects of safety compliance was updated and dealt with before the re-opening of the Meditation Centre after the Covid period. The whole fire safety system was serviced, the electrical and gas safety certificate was obtained, emergency lighting was fitted and the boiler was replaced.

4. Food bank Collection

During the year our Meditation Centre has donated non-perishable and long dated food items for those in need. The items have been collected and delivered to the local **Spearhead Trust in Druids Heath.**

5. Ruhani Post Magazine

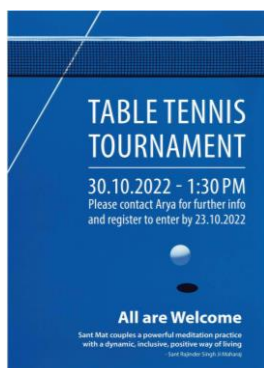
The Ruhani Post Magazine, that features articles from the great Masters of Science of Spirituality, continues to be produced in both English and Hindi/Punjabi and is distributed free of charge. The magazine is disseminated largely via email with only a few hard copies, in order to reduce printing and postage costs and for environmental reasons.

6. Inreach activities and celebrations

Throughout the year we marked various occasions such as celebrating the birth anniversaries of our spiritual Masters with special presentations and cake cutting. We also held a Christmas Party that involved decorating the centre, organising party games with the children and enjoying lots of festive food.



In October 2022 we held a Table Tennis Tournament catering for all ages and abilities. It was a fun contest and everyone had a wonderful time.



7. Library Facilities

We are the only place in Birmingham which provides multi faith books and literature under one roof.



8. Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

9. Insurance

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

Update from London Group

Renovation of the new Meditation Centre

In February 2020 Science of Spirituality, London bought a property for our organisation in Langley, Slough. Due to the Coronavirus pandemic, we carried out limited cleaning and repairs in 2020 and 2021.

During 2022/23 we have continued to work with an architect and other building professionals to finalise the plans for renovation of the Centre. Once our plans for use of the centre are finalised, we hope to start work in 2024.

We provided Health and Safety, Fire and First Aid training on site. Cleaning and minor repairs were undertaken.



Insurance

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

Activities

Post pandemic we have continued to provide bi-weekly access for our members to virtual meditation programmes and spiritual talks.

This year we have increased the number of in person events, holding meetings in Central London in person twice a month. We have held several in person meditation retreats and day seminars and we expect the physical meetings to continue next year. We have supported local foodbanks and soup kitchens.

Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

Conclusion

We look forward to starting work at the new centre and opening it by the end of 2024

Financial Statements for the Year Ended 31 March 2023

for

**Science of Spirituality Charitable Trust
(United Kingdom)**

Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

**Science of Spirituality Charitable Trust
(United Kingdom)**

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for the Year Ended 31 March 2023**

	Page
General Information	1
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**Science of Spirituality Charitable Trust
(United Kingdom)**

**General Information
for the Year Ended 31 March 2023**

GOVERNING DOCUMENT: Trust deed dated 6th February 2003
Amended by Resolution dated 15th November 2006

REGISTERED CHARITY NUMBER: 1096502

TRUSTEES: Mukesh Murria
Shakuntla Rani Pun
Ravi Vatish
Joginder Kainth
Pritam Singh
Nirbhai Singh Thind
Anamika Jalalvand
Trishla Devi Murria
Stephen Charles Hall
Harmesh Varma
Nitin Sharma
Nasreen Kherdin

BRANCH ADMINISTRATORS

BIRMINGHAM: Shakuntla Rani Pun

LONDON: Harmesh Varma

LIVERPOOL: Jennifer Chibb

ADDRESS: 367 Wake Green Road
Moseley
Birmingham
B13 0BH

ACCOUNTANT: Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Financial Statements
for the Year Ended 31 March 2023

Accountants' Report to
Science of Spirituality Charitable Trust
(United Kingdom)

I report on the accounts of Science of Spirituality Charitable Trust for the year ended 31 March 2023 set out on pages three to ten.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under Section 145 of the 2011 Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees, concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

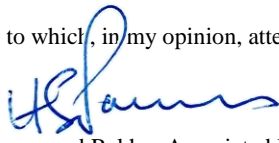
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Date: 19/1/2024

**Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)**

**INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023**

	2023		2022	
	£	£	£	£
Income				
Donations received	61,519		94,046	
Raffle tickets	93		-	
Other income	<u>106</u>		<u>47</u>	
		61,718		94,093
Other income				
Gift Aid - Tax refund		<u>20,400</u>		<u>15,025</u>
TOTAL INCOME		82,118		109,118
Expenditure				
Rates and water	1,843		2,378	
Insurance	2,038		2,791	
Light and heat	2,433		742	
Repairs to property	3,287		14,615	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,605		2,605	
Computer equipment	-		187	
Room hire	1,280		-	
Telephone	840		739	
Postage	67		-	
Stationery, books etc.	1,160		443	
Sundry equipment costs	1,065		1,880	
Catering expenses	1,255		-	
Sundry expenses	657		206	
Accountancy	360		340	
Donations	1,000		20,000	
Bank charges	-		38	
Mortgage	<u>1,546</u>		<u>2,312</u>	
		21,436		<u>49,276</u>
EXCESS OF INCOME OVER EXPENDITURE		<u>60,682</u>		<u>59,842</u>

The notes form part of these financial statements

**Science of Spirituality Charitable Trust
(United Kingdom)**

**BIRMINGHAM
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023**

	2023		2022	
	£	£	£	£
Income				
Donations received	33,715		54,674	
Raffle tickets	93		-	
Other income	<u>106</u>		<u>47</u>	
		33,914		54,721
Other income				
Gift Aid - Tax refund		<u>13,807</u>		<u>6,109</u>
TOTAL INCOME		47,721		60,830
Expenditure				
Rates and water	1,529		1,775	
Insurance	1,438		1,298	
Light and heat	2,310		475	
Repairs to property	1,022		6,622	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,605		2,605	
Computer equipment	-		187	
Telephone	492		451	
Postage	67		-	
Stationery, books etc.	1,160		443	
Sundry equipment costs	1,065		1,880	
Catering expenses	1,255		-	
Sundry expenses	657		206	
Accountancy	360		340	
Donations	1,000		20,000	
Bank charges	-		38	
Mortgage	<u>1,546</u>		<u>2,312</u>	
		<u>16,506</u>		<u>38,632</u>
EXCESS OF INCOME OVER EXPENDITURE		<u>31,215</u>		<u>22,198</u>

**Science of Spirituality Charitable Trust
(United Kingdom)**

**LONDON
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023**

	2023		2022	
	£	£	£	£
Income				
Donations received		27,804		39,372
Other income				
Gift Aid - Tax refund		<u>6,593</u>		<u>8,916</u>
TOTAL INCOME		34,397		48,288
Expenditure				
Rates and water	314		603	
Insurance	600		1,493	
Light and heat	123		267	
Repairs to property	2,265		7,993	
Room hire	1,280		-	
Telephone	<u>348</u>		<u>288</u>	
		<u>4,930</u>		<u>10,644</u>
EXCESS OF INCOME OVER EXPENDITURE		<u>29,467</u>		<u>37,644</u>

**Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)**

**Balance Sheet
31 March 2023**

	Notes	2023	£	2022	£
FIXED ASSETS					
Tangible assets	4		682,257		682,496
CURRENT ASSETS					
Other debtors			1,737		1,737
Barclays account - Birmingham			84,850		63,822
Treasurers account - Birmingham			16,104		9,702
Lloyds - London			9,881		14,810
Lloyds - London			154,143		119,746
Bank account - Liverpool			100		100
US Dollar account - Birmingham			640		640
Euro account - Birmingham			11		11
Paypal account - Birmingham			200		15
Cash in hand - Birmingham			<u>1,507</u>		<u>517</u>
			269,173		211,100
CURRENT LIABILITIES					
Other creditors			1,500		1,500
Mortgage account			<u>33,694</u>		<u>36,542</u>
			<u>35,194</u>		<u>38,042</u>
			<u>233,979</u>		<u>173,058</u>
NET ASSETS			<u><u>916,236</u></u>		<u><u>855,554</u></u>
FINANCED BY					
RESERVES AND FUNDS					
Revaluation Reserve	5		233,987		233,987
General Funds	6		<u>682,249</u>		<u>621,567</u>
			<u><u>916,236</u></u>		<u><u>855,554</u></u>

We approve the financial statements for the year ended 31 March 2023 and confirm that we have made available all relevant records and information for their preparation.

The financial statements were approved by the Trustees on and signed on their behalf by:

.....
S R Pun

Date: 17.01.2024

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been compiled on a basis which enables profits to be calculated in accordance with generally accepted accounting practice and which provides sufficient and relevant information to enable the completion of a tax return.

The financial statements have been prepared under the historical cost convention, in accordance with acceptable accounting standards and the Charities SORP (Statement of Recommended Practice, Accounting and Reporting by Charities) issued in June 2005.

Incoming and outgoing resources

Incoming and Outgoing resources are recorded on a receipts and payments basis.

Funds

Designated funds

Funds set aside for designated purposes.

Unrestricted funds

Funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

2. TAXATION

The trust is a registered charity, number 1096502, and is exempt from Income Tax and Capital Gains Tax.

3. TRUSTEES REMUNERATION AND EXPENSES

No remuneration, directly or indirectly out of the funds of the trust, was paid during the year to the trustees or any persons known to be connected to the trustees (2022: £nil).

4. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2022	675,030	26,063	3,218	704,311
Additions	-	2,366	-	2,366
	<u>675,030</u>	<u>28,429</u>	<u>3,218</u>	<u>706,677</u>
At 31 March 2023	<u>675,030</u>	<u>28,429</u>	<u>3,218</u>	<u>706,677</u>
DEPRECIATION				
At 1 April 2022	-	18,604	3,211	21,815
Charge for year	-	2,605	-	2,605
	<u>-</u>	<u>21,209</u>	<u>3,211</u>	<u>24,420</u>
At 31 March 2023	<u>-</u>	<u>21,209</u>	<u>3,211</u>	<u>24,420</u>
NET BOOK VALUE				
At 31 March 2023	<u>675,030</u>	<u>7,220</u>	<u>7</u>	<u>682,257</u>
At 31 March 2022	<u>675,030</u>	<u>7,459</u>	<u>7</u>	<u>682,496</u>
 The freehold property comprises of:				
Property in Birmingham	415,000			
Property in London	<u>260,030</u>			
At 31 March 2023	<u>675,030</u>			

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2023**

5. REVALUATION RESERVE

	Revaluation reserve £
At 1 April 2022	<u>233,987</u>
At 31 March 2023	<u><u>233,987</u></u>

The freehold property in Birmingham was professionally valued in 2017 at £415,000 on the Market Value basis.

6. GENERAL FUNDS

	Total £	Birmingham £	London £	Glasgow £	Liverpool £
Non-restricted funds					
Balance at 31 March 2022	621,567	227,878	393,589	-	100
Income and Expenditure Account for the year	60,682	31,215	29,467	-	-
Transfers	-	-	-	-	-
Balance at 31 March 2023	<u><u>682,249</u></u>	<u><u>259,093</u></u>	<u><u>423,056</u></u>	<u><u>-</u></u>	<u><u>100</u></u>

The Charity did not hold any Designated or Restricted funds at the year end (2022: £nil).

7. TRUSTEES

The Trustees who served during the year were:

Mukesh Murria
Shakuntla Rani Pun
Ravi Vatish
Joginder Kainth
Pritam Singh
Nirbhai Singh Thind
Anamika Jalavand
Trishla Devi Murria
Stephen Charles Hall
Harmesh Varma
Nitin Sharma
Nasreen Kherdin

8. BRANCH ADMINISTRATORS

BIRMINGHAM:	Shakuntla Rani Pun
LONDON:	Harmesh Varma
LIVERPOOL:	Jennifer Chib

SCIENCE OF SPIRITUALITY CHARITABLE TRUST (UNITED KINGDOM)

England & Wales - Charity number 1096502

Accounts

2022

APR 2021 - MAR 2022

SCIENCE OF SPIRITUALITY
CHARITABLE TRUST (U.K.)
Registered Charity
No.1096502



ANNUAL REPORT

106 Icknield Port Road Edgbaston Birmingham B16 0AA

www.scienceofspirituality.org.uk

Activities Undertaken

1. Temporary Closure of Meditation Centre, Birmingham

Due to the Coronavirus pandemic, the Meditation Centre closed its doors to the public from March 2020 onwards. We have not yet resumed any public access for gatherings.

2. Maintenance / Building regulation certificates

With gatherings ceased over the past two years, the maintenance team have been able to carry out general maintenance and repairs at the centre. We anticipate a full opening of the centre around the month of May 2022.

3. Online Activity

Science of Spirituality has consistently provided access to numerous online discourses and events over the pandemic period, including a daily discourse. All members were informed of these wonderful opportunities to access inspirational talks and stay connected with activities.

The Children's team have provided a wonderful online gathering on Zoom most Sundays from 11am – 12pm where video clips and readings are shared. The children also have a chance to share thoughts on topics and play fun games with one another. This online service has enabled the children to continue learning, keep in touch and also enjoy each other's company.

4. Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

5. Insurance

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

6. Conclusion

We look forward to the re-opening of our Birmingham Meditation centre in May 2022.

Update from London Group

Renovation of the new Meditation Centre

In February 2020 Science of Spirituality, London bought a property for our organisation in Langleigh, Slough. Due to the Coronavirus pandemic, we carried out limited cleaning and repairs in 2020 and 2021.

During 2022 we have continued to work with an architect and other building professionals to finalise the plans for renovation of the Centre. Once our plans for use of the centre are approved by the local authority, we hope to start work in 2023.

We provided Health and Safety, Fire and First Aid training on site. Cleaning and minor repairs were undertaken.



Insurance

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

Online Activities

As physical meetings were not possible during the pandemic, the Science of Spirituality London team researched online platforms to provide virtual programmes. We provided weekly access for our members to virtual meditation programmes and spiritual talks.

Since June 2022 we have started holding meetings in Central London in person once a month. Appetite continues for online activities.

During the year we have held several online meditation retreats and are currently planning for more in person events.

Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

Conclusion

We look forward to starting work at the new centre and opening it by the end of 2023.

Financial Statements for the Year Ended 31 March 2022

for

**Science of Spirituality Charitable Trust
(United Kingdom)**

Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Contents of the Financial Statements
for the Year Ended 31 March 2022**

	Page
General Information	1
Accountants' Report	2
Income and Expenditure Accounts	3
Balance Sheet	6
Notes to the Financial Statements	7

**Science of Spirituality Charitable Trust
(United Kingdom)**

**General Information
for the Year Ended 31 March 2022**

GOVERNING DOCUMENT: Trust deed dated 6th February 2003
Amended by Resolution dated 15th November 2006

REGISTERED CHARITY NUMBER: 1096502

TRUSTEES: Mukesh Murria
Shakuntla Rani Pun
Ravi Vatish
Joginder Kainth
Pritam Singh
Nirbhai Singh Thind
Anamika Jalalvand
Trishla Devi Murria
Stephen Charles Hall
Harmesh Varma - appointed 1/5/2022
Nitin Sharma - appointed 1/5/2022
Nasreen Kherdin - appointed 1/5/2022
Krishen Lal - retired 1/5/2022
Arvinder Kaur Sukhija - retired 1/5/2022
Usha Marwaha - retired 1/5/2022

BRANCH ADMINISTRATORS

BIRMINGHAM: Shakuntla Rani Pun

LONDON: Hanna Varma

LIVERPOOL: Jennifer Chibb

ADDRESS: 367 Wake Green Road
Moseley
Birmingham
B13 0BH

ACCOUNTANT: Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Financial Statements
for the Year Ended 31 March 2022

Accountants' Report to
Science of Spirituality Charitable Trust
(United Kingdom)

I report on the accounts of Science of Spirituality Charitable Trust for the year ended 31 March 2022 set out on pages three to ten.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under Section 145 of the 2011 Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees, concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

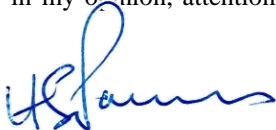
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Date:18/12/2022.....

Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)

Income and Expenditure Account
for the Year Ended 31 March 2022

	2022		2021	
	£	£	£	£
Income				
Donations received	94,046		69,239	
Other income	47		-	
Gift Aid - Tax refund	<u>15,025</u>		<u>29,794</u>	
		109,118		99,033
 Expenditure				
Rates and water	2,378		1,732	
Insurance	2,791		1,649	
Light and heat	742		1,461	
Repairs to property	14,615		370	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,605		2,605	
Computer equipment	187		290	
Room hire	-		724	
Telephone	739		429	
Stationery, books etc.	443		404	
Sundry equipment costs	1,880		268	
Sundry expenses	206		-	
Accountancy	340		340	
Donations	20,000		-	
Bank charges	38		35	
Mortgage	<u>2,312</u>		<u>2,881</u>	
		<u>49,276</u>		<u>13,188</u>
 EXCESS OF INCOME OVER EXPENDITURE		<u>59,842</u>		<u>85,845</u>

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Birmingham
Income and Expenditure Account
for the Year Ended 31 March 2022**

	2022		2021	
	£	£	£	£
Income				
Donations received	54,674		26,142	
Other income	47		-	
Gift Aid - Tax refund	<u>6,109</u>		<u>7,338</u>	
		60,830		33,480
 Expenditure				
Rates and water	1,775		1,732	
Insurance	1,298		1,121	
Light and heat	475		603	
Repairs to property	6,622		370	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,605		2,605	
Computer equipment	187		290	
Room hire	-		484	
Telephone	451		429	
Stationery, books etc.	443		404	
Sundry equipment costs	1,880		268	
Sundry expenses	206		-	
Accountancy	340		340	
Donations	20,000		-	
Bank charges	38		35	
Mortgage	<u>2,312</u>		<u>2,881</u>	
		<u>38,632</u>		<u>11,562</u>
 EXCESS OF INCOME OVER EXPENDITURE		<u>22,198</u>		<u>21,918</u>

**Science of Spirituality Charitable Trust
(United Kingdom)**

**London
Income and Expenditure Account
for the Year Ended 31 March 2022**

	2022		2021	
	£	£	£	£
Income				
Donations received	39,372		43,097	
Gift Aid - Tax refund	<u>8,916</u>		<u>22,456</u>	
		48,288		65,553
 Expenditure				
Rates and water	603		-	
Insurance	1,493		528	
Light and heat	267		858	
Repairs to property	7,993		-	
Room hire	-		240	
Telephone	<u>288</u>		-	
		<u>10,644</u>		<u>1,626</u>
 EXCESS OF INCOME OVER EXPENDITURE		<u>37,644</u>		<u>63,927</u>

**Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)**

**Balance Sheet
31 March 2022**

	Notes	2022	£	2021	£
FIXED ASSETS					
Tangible assets	4		682,496		685,288
CURRENT ASSETS					
Other debtors		237		237	
Barclays account - Birmingham		63,822		96,923	
Treasurers account - Birmingham		9,702		17,710	
Lloyds - London		14,810		25,454	
Lloyds - London		119,746		71,459	
Bank account - Liverpool		100		100	
US Dollar account - Birmingham		640		6405	
Euro account - Birmingham		11		11	
Paypal account - Birmingham		15		130	
Cash in hand - Birmingham		<u>517</u>		<u>798</u>	
		209,600		213,462	
CURRENT LIABILITIES					
Mortgage account		<u>36,542</u>		<u>103,038</u>	
			<u>173,058</u>		<u>110,424</u>
NET ASSETS			<u>855,554</u>		<u>795,712</u>
FINANCED BY					
RESERVES AND FUNDS					
Revaluation Reserve	5		233,987		233,987
General Funds	6		<u>621,567</u>		<u>561,725</u>
			<u>855,554</u>		<u>795,712</u>

We approve the financial statements for the year ended 31 March 2022 and confirm that we have made available all relevant records and information for their preparation.

The financial statements were approved by the Trustees on and signed on their behalf by:

..... *S.R. Pun*
S R Pun

Date: *7.12.2022*

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been compiled on a basis which enables profits to be calculated in accordance with generally accepted accounting practice and which provides sufficient and relevant information to enable the completion of a tax return.

The financial statements have been prepared under the historical cost convention, in accordance with acceptable accounting standards and the Charities SORP (Statement of Recommended Practice, Accounting and Reporting by Charities) issued in June 2005.

Incoming and outgoing resources

Incoming and Outgoing resources are recorded on a receipts and payments basis.

Funds

Designated funds

Funds set aside for designated purposes.

Unrestricted funds

Funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

2. TAXATION

The trust is a registered charity, number 1096502, and is exempt from Income Tax and Capital Gains Tax.

3. TRUSTEES REMUNERATION AND EXPENSES

No remuneration, directly or indirectly out of the funds of the trust, was paid during the year to the trustees or any persons known to be connected to the trustees (2021: £nil).

4. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2021	675,030	26,063	3,218	704,311
Additions	-	-	-	-
At 31 March 2022	<u>675,030</u>	<u>26,063</u>	<u>3,218</u>	<u>704,311</u>
DEPRECIATION				
At 1 April 2021	-	15,999	3,024	19,023
Charge for year	-	2,605	187	2,792
At 31 March 2022	<u>-</u>	<u>18,604</u>	<u>3,211</u>	<u>21,815</u>
NET BOOK VALUE				
At 31 March 2022	<u>675,030</u>	<u>7,459</u>	<u>7</u>	<u>682,496</u>
At 31 March 2021	<u>675,030</u>	<u>10,064</u>	<u>194</u>	<u>685,288</u>
The freehold property comprises of:				
Property in Birmingham	415,000			
Property in London	<u>260,030</u>			
At 31 March 2022	<u>675,030</u>			

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2022**

5. REVALUATION RESERVE

	Revaluation reserve £
At 1 April 2021	<u>233,987</u>
At 31 March 2022	<u>233,987</u>

The freehold property in Birmingham was professionally valued in 2017 at £415,000 on the Market Value basis.

6. GENERAL FUNDS

	Total £	Birmingham £	London £	Glasgow £	Liverpool £
Non-restricted funds					
Balance at 31 March 2021	561,725	205,680	355,945	-	100
Income and Expenditure Account for the year	59,842	22,198	37,644	-	-
Transfers	-	-	-	-	-
Balance at 31 March 2022	<u>621,567</u>	<u>227,878</u>	<u>393,589</u>	<u>-</u>	<u>100</u>

The Charity did not hold any Designated or Restricted funds at the year end (2021: £nil).

7. TRUSTEES

The Trustees who served during the year were:

Mukesh Murria
Shakuntla Rani Pun
Ravi Vatish
Joginder Kainth
Pritam Singh
Nirbhai Singh Thind
Anamika Jalavand
Trishla Devi Murria
Stephen Charles Hall

Trustees appointed after the year end:

Harmesh Varma
Nitin Sharma
Nasreen Kherdin

Trustees retiring after the year end:

Krishen Lal
Arvinder Kaur Sukhija
Usha Marwaha

8. BRANCH ADMINISTRATORS

BIRMINGHAM:
LONDON:

Shakuntla Rani Pun
Hanna Varma

SCIENCE OF SPIRITUALITY CHARITABLE TRUST (UNITED KINGDOM)

England & Wales - Charity number 1096502

Accounts

2021

APR 2020 - MAR 2021

SCIENCE OF SPIRITUALITY
CHARITABLE TRUST (U.K.)
Registered Charity
No.1096502



ANNUAL REPORT

106 Icknield Port Road Edgbaston Birmingham B16 0AA

www.scienceofspirituality.org.uk

Activities Undertaken

1. Temporary Closure of Meditation Centre

Due to the Coronavirus pandemic, the Meditation Centre closed its doors to the public from March 2020 onwards. We have not yet resumed any public access for gatherings.

2. Maintenance / Building regulation certificates

With gatherings ceased over the past twenty months, the maintenance team have been able to carry out general maintenance and repairs at the centre as well as obtain up to date certificates on public safety aspects including:

- Electric & gas certificates
- Fire safety measures
- Service of air conditioning and heating
- Replacement of front windows
- Paintwork

3. Online Activity

Science of Spirituality has consistently provided access to numerous online discourses and events over the pandemic period, including a daily discourse. All members were informed of these wonderful opportunities to access inspirational talks and stay connected with activities. Our local team also conducted a Meditation retreat online for UK members to attend.

The Children's team have provided a wonderful online gathering on Zoom each Sunday from 11am – 12pm where video clips and readings are shared. The children also have a chance to share thoughts on topics and play fun games with one another. This online service has enabled the children to continue learning, keep in touch and also enjoy each other's company.

4. Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

5. Insurance

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

6. Conclusion

We look forward to the re-opening of our centre in 2022.

Update from London Group

Renovation of the new Meditation Centre

In February 2020 Science of Spirituality, London bought a property for our organisation in Langley, Slough. Due to the Coronavirus pandemic, we carried out limited cleaning and repairs in 2020.

During 2021 we have been working with an architect and other building professionals to finalise the plans for renovation of the Centre. Once a contractor has been selected we hope to start work in 2022.

We provided Health and Safety, Fire and First Aid training on site. Cleaning and minor repairs were undertaken.



Insurance

The Building Insurance and Public Liability Insurance are all up to date at the Meditation Centre.

Online Activities

As physical meetings were not possible during the pandemic, the Science of Spirituality London team researched online platforms to provide virtual programmes. We provided weekly access for our members to virtual meditation programmes and spiritual talks.

In April 2021, a collective IT team from Science of Spirituality Birmingham and London arranged a Virtual One Day Meditation Retreat.

At the end of August, a Virtual Veggie Feast Week was held where pre-recorded vegetarian recipes were shared during the week for everyone to prepare in their own time and share pictures of their creations.

Financial Information

We continue to use a professional accountant to produce annual accounts for our charity.

Conclusion

We look forward to finishing the renovation work at the new centre and opening it by the end of 2022.

Financial Statements for the Year Ended 31 March 2021

for

**Science of Spirituality Charitable Trust
(United Kingdom)**

Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Contents of the Financial Statements
for the Year Ended 31 March 2021**

	Page
General Information	1
Accountants' Report	2
Income and Expenditure Accounts	3
Balance Sheet	8
Notes to the Financial Statements	9

**Science of Spirituality Charitable Trust
(United Kingdom)**

**General Information
for the Year Ended 31 March 2021**

GOVERNING DOCUMENT: Trust deed dated 6th February 2003
Amended by Resolution dated 15th November 2006

REGISTERED CHARITY NUMBER: 1096502

TRUSTEES: Mukesh Murria
Shakuntla Rani Pun
Dr. Ravi Vatish
Joginder Kainth
Pritam Singh Bhohie
Nirbhai Singh Thind
Anamika Jalalvand
Trishla Devi Murria
Manmohan Singh Joat
Krishen Lal
Arvinder Kaur Sukhija
Usha Marwaha
Stephen Charles Hall

BRANCH ADMINISTRATORS

BIRMINGHAM: Shakuntla Rani Pun

LONDON: Steve Hall

LIVERPOOL: Jennifer Chibb

ADDRESS: 367 Wake Green Road
Moseley
Birmingham
B13 0BH

ACCOUNTANT: Pamma and Rakhra Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Financial Statements
for the Year Ended 31 March 2021

Accountants' Report to
Science of Spirituality Charitable Trust
(United Kingdom)

I report on the accounts of Science of Spirituality Charitable Trust for the year ended 31 March 2020 set out on pages three to ten.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under Section 145 of the 2011 Act
- To follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees, concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Pamma and Pamma Associated Limited
53 Chestnut Road
Oldbury
West Midlands
B68 0AY

Date: 17/1/2022

**Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)**

**Income and Expenditure Account
for the Year Ended 31 March 2021**

	2021		2020	
	£	£	£	£
Income				
Donations received	69,239		148,625	
Raffle tickets	-		43	
Other income	-		998	
Gift Aid - Tax refund	<u>29,794</u>		<u>12,730</u>	
		99,033		162,396
 Expenditure				
Rates and water	1,732		1,618	
Insurance	1,649		1,188	
Light and heat	1,461		2,731	
Repairs to property	370		1,605	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,605		2,605	
Computer equipment	290		290	
Room hire	724		13,447	
Telephone	429		383	
Postage	-		127	
Advertising	-		850	
Stationery, books etc.	404		568	
Sundry equipment costs	268		168	
Catering expenses	-		2,831	
Sundry expenses	-		1,118	
Accountancy	340		335	
Donations	-		-	
Bank charges	35		-	
Mortgage	<u>2,881</u>		<u>3,784</u>	
		<u>13,188</u>		<u>33,648</u>
 EXCESS OF INCOME OVER EXPENDITURE		<u>85,845</u>		<u>128,748</u>

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Birmingham
Income and Expenditure Account
for the Year Ended 31 March 2021**

	2021		2020	
	£	£	£	£
Income				
Donations received	26,142		31,175	
Raffle tickets	-		43	
Other income	-		998	
Gift Aid - Tax refund	<u>7,338</u>		<u>7,590</u>	
		33,480		39,806
 Expenditure				
Rates and water	1,732		1,618	
Insurance	1,121		989	
Light and heat	603		2,731	
Repairs to property	370		870	
Depreciation of tangible fixed assets				
Fixtures and fittings	2,605		2,605	
Computer equipment	290		290	
Room hire	484		928	
Telephone	429		383	
Postage	-		127	
Advertising	-		850	
Stationery, books etc.	404		568	
Sundry equipment costs	268		168	
Catering expenses	-		2,831	
Sundry expenses	-		1,118	
Accountancy	340		335	
Donations	-		-	
Bank charges	35		-	
Mortgage	<u>2,881</u>		<u>3,784</u>	
		<u>11,562</u>		<u>20,195</u>
 EXCESS OF INCOME OVER EXPENDITURE		<u>21,918</u>		<u>19,611</u>

**Science of Spirituality Charitable Trust
(United Kingdom)**

**London
Income and Expenditure Account
for the Year Ended 31 March 2021**

	2021		2020	
	£	£	£	£
Income				
Donations received	43,097		117,450	
Gift Aid - Tax refund	<u>22,456</u>		<u>5,140</u>	
		65,553		122,590
 Expenditure				
Insurance	528		199	
Repairs to property	858		735	
Room hire	<u>240</u>		<u>12,519</u>	
		<u>1,626</u>		<u>13,453</u>
 EXCESS OF INCOME OVER EXPENDITURE		<u><u>63,927</u></u>		<u><u>109,137</u></u>

Science of Spirituality Charitable Trust
(United Kingdom)
(Registered Charity Number: 1096502)

Balance Sheet
31 March 2021

	Notes	2021	2020		
		£	£	£	£
FIXED ASSETS					
Tangible assets	4		685,288		688,183
CURRENT ASSETS					
Other debtors		237		237	
Barclays account - Birmingham		96,923		80,062	
Treasurers account - Birmingham		17,710		17,310	
Lloyds - London		25,454		26,252	
Lloyds - London		71,459		6,735	
Bank account - Liverpool		100		100	
US Dollar account - Birmingham		640		675	
Euro account - Birmingham		11		11	
Paypal account - Birmingham		130		100	
Cash in hand - Birmingham		798		760	
		<u>213,462</u>		<u>132,242</u>	
CURRENT LIABILITIES					
Mortgage account		<u>103,038</u>		<u>110,558</u>	
			<u>110,424</u>		<u>21,684</u>
NET ASSETS			<u>795,712</u>		<u>709,867</u>
FINANCED BY					
RESERVES AND FUNDS					
Revaluation Reserve	5		233,987		233,987
General Funds	6		<u>561,725</u>		<u>475,880</u>
			<u>795,712</u>		<u>709,867</u>

We approve the financial statements for the year ended 31 March 2021 and confirm that we have made available all relevant records and information for their preparation.

The financial statements were approved by the Trustees on and signed on their behalf by:

.....
S. R. Pun
 S R Pun

Date: 08/01/2022

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been compiled on a basis which enables profits to be calculated in accordance with generally accepted accounting practice and which provides sufficient and relevant information to enable the completion of a tax return.

The financial statements have been prepared under the historical cost convention, in accordance with acceptable accounting standards and the Charities SORP (Statement of Recommended Practice, Accounting and Reporting by Charities) issued in June 2005.

Incoming and outgoing resources

Incoming and Outgoing resources are recorded on a receipts and payments basis.

Funds

Designated funds

Funds set aside for designated purposes.

Unrestricted funds

Funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

2. TAXATION

The trust is a registered charity, number 1096502, and is exempt from Income Tax and Capital Gains Tax.

3. TRUSTEES REMUNERATION AND EXPENSES

No remuneration, directly or indirectly out of the funds of the trust, was paid during the year to the trustees or any persons known to be connected to the trustees (2020: £nil).

4. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2020	675,030	26,063	3,218	704,311
Additions	-	-	-	-
At 31 March 2021	<u>675,030</u>	<u>26,063</u>	<u>3,218</u>	<u>704,311</u>
DEPRECIATION				
At 1 April 2020	-	13,394	2,734	16,128
Charge for year	-	<u>2,605</u>	<u>290</u>	<u>2,895</u>
At 31 March 2021	-	<u>15,999</u>	<u>3,024</u>	<u>19,023</u>
NET BOOK VALUE				
At 31 March 2021	<u>675,030</u>	<u>10,064</u>	<u>194</u>	<u>685,288</u>
At 31 March 2020	<u>675,030</u>	<u>12,669</u>	<u>484</u>	<u>688,183</u>
The freehold property comprises of:				
Property in Birmingham	415,000			
Property in London	<u>260,030</u>			
At 31 March 2021	<u>675,030</u>			

**Science of Spirituality Charitable Trust
(United Kingdom)**

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

5. REVALUATION RESERVE

	Revaluation reserve £
At 1 April 2020	<u>233,987</u>
At 31 March 2021	<u><u>233,987</u></u>

The freehold property in Birmingham was professionally valued at £415,000 on the Market Value basis.

6. GENERAL FUNDS

	Total £	Birmingham £	London £	Glasgow £	Liverpool £
Non-restricted funds					
Balance at 31 March 2020	475,880	183,762	292,018	-	100
Income and Expenditure Account for the year	85,845	21,918	63,927	-	-
Transfers	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Balance at 31 March 2021	<u>561,725</u>	<u>205,680</u>	<u>355,945</u>	<u>-</u>	<u>100</u>

The Charity did not hold any Designated or Restricted funds at the year end (2020: £nil).

7. TRUSTEES

The Trustees who served during the year were:

Mukesh Murria
Shakuntla Rani Pun
Dr. Ravi Vatish
Joginder Kainth
Pritam Singh Bhojie
Nirbhai Singh Thind
Anamika Jalavand
Thrishla Devi Murria
Manmohan Singh Joat
Krishen Lal
Arvinder Kaur Sukhija
Usha Marwaha
Stephen Charles Hall

8. BRANCH ADMINISTRATORS

BIRMINGHAM:
LONDON:

Shakuntla Rani Pun
Stephen Charles Hall