

FOOD AND SHELTER FOUNDATION

England & Wales · Charity number 1096411

Details

Status Registered

Legal form Charitable company

Company number [04590133](#)

Registered 2003-03-07

Register [View on the Charity Commission register](#)

Contact

Address 72 Forest Road
Leicester
LE5 0DG

Phone 01162516487

Email foodandshelterfoundation@gmail.com

Activities

Objects: TO RELIEVE POVERTY, ADVANCE EDUCATION, PRESERVE AND PROTECT HEALTH WORLDWIDE

Activities: to relieve poverty, advance education, preserve and protect health worldwide

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Religious Activities, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** WORLDWIDE
- Egypt
- India
- Malawi
- The Gambia
- Zimbabwe
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£771,205	£529,061	£715,073	0
2023-11-30	£333,139	£403,291	-	-
2022-11-30	£370,000	£432,693	-	-
2021-11-30	£400,000	£250,442	-	-
2020-11-30	£416,012	£319,847	-	-

Trustees

Name	Role	Appointed
FAROOK MEMBER		2002-11-14
IBRAHIM MEMBER		2002-11-14
YUNUS MEMBER		2004-12-01

FOOD AND SHELTER FOUNDATION

England & Wales - Charity number 1096411

Accounts

Company registration number: 04590133
Charity registration number: 1096411

**FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

FOOD & SHELTER FOUNDATION
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FOOD & SHELTER FOUNDATION
Reference and Administrative Details
For The Year Ended 30 November 2024

Trustees	Yunus Ahmed Mussa Member Ibrahim Ahmed Member Farook Ahmed Member
Charity Number	1096411
Company Number	04590133
Registered Office	109 Coleman Raod Leicester Leicestershire LE5 4LE
Independent Examiner	Nazir Malida FCCA Watergates Chartered Certified Accountants & Registered Auditors 109 Coleman Road Leicester LE5 4LE

FOOD & SHELTER FOUNDATION
Company No. 04590133
Trustees' Report For The Year Ended 30 November 2024

The trustees present their report and the financial statements for the year ended 30 November 2024.

Objectives and Activities

Aims and Objectives

The objective of the charitable company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide.

Achievements and Performance

Charitable Activities

Food and Shelter foundation has continued working mainly in Africa through British Charities thus avoiding duplicity in management and administration; thereby giving the maximum benefit to the recipients of the funds.

The charity has donated a large percentage of its funds to British Registered Charities of which a large amount of its funds have been utilised in Africa. The charity has also participated in helping individuals in England who have fallen into hardship during the recession.

The following is a brief summary of the achievements and performance:

- The Charity is a main contributor in the running of an all girls orphanage in Malawi whereby the majority of the running cost has been met by Food & Shelter foundation looking after the welfare of the orphans education, accommodation and food. The Charity has also taken an active part in building of new complex to house the Orphans and provision of Education facilities. This had become a necessity for the well being of children and their education.
- Emergency housing to the displaced in Malawi during the recent floods which have affected a large population making them homeless and destitute.
- Grains and fertilizer packs to help farmers be self-sufficient.
- The Charity has continued its work in Gambia assisting towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa.
- The charity has undertaken the constructions of living facility for Orphans children who were being housed in terrible conditions.
- The Charity is also supporting two large organisations in India, who house and educate the orphans.
- The Charity has also given its attention to Zimbabwe, a country which is going through great economic challenges with its people suffering as a result. Food & Shelter Foundation have good network within the country which can be relied upon for proper distribution of aid.
- The Charity is also aiding feeding of the poor in Egypt through a local volunteer, working directly for the charity on a voluntary basis.
- The Charity will continue with the above projects and will be conducting field visits in the coming year to assess the proper utilisation of its funds.

Financial Review

Reserves Policy

The director and trustees endeavour to distribute all income received in the year to charitable causes. The level of reserves held at the year end is considered to be adequate to continue to support its charitable causes as well as meeting its ongoing support and governance costs.

The charity will continue to fundraise and provide donations under its main objectives.

The fund is a general fund and is unrestricted.

**FOOD & SHELTER FOUNDATION
Trustees' Report (continued)
For The Year Ended 30 November 2024**

Structure, Governance and Management

Governing Document

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2022 and registered as a charity on 07 March 2003.

Organisational Structure

The trustees who have served during the year are set out on page 1 and have a wide range of skills and experience to aid them in the governing of the charity.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

Yunus Ahmed Mussa Member

Trustee
28th August 2025

FOOD & SHELTER FOUNDATION
Independent Examiner's Report to the Trustees of FOOD & SHELTER FOUNDATION
For The Year Ended 30 November 2024

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2024.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nazir Malida FCCA
28th August 2025
109 Coleman Road
Leicester
LE5 4LE

FOOD & SHELTER FOUNDATION
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 30 November 2024

	Notes	2024 Unrestricted funds £	2023 Unrestricted funds £
INCOME AND ENDOWMENTS FROM:			
Donations and legacies	3	771,205	333,139
EXPENDITURE ON:			
Charitable activities:	4		
Provision of education		(35,362)	(68,376)
Alleviation of poverty		(493,478)	(334,760)
Other		(221)	(155)
		<u>(529,061)</u>	<u>(403,291)</u>
NET INCOME/(EXPENDITURE)		242,144	(70,152)
		<u>242,144</u>	<u>(70,152)</u>
NET MOVEMENT IN FUNDS		242,144	(70,152)
RECONCILIATION OF FUNDS:			
Total funds brought forward		472,929	543,081
TOTAL FUNDS CARRIED FORWARD	7	<u>715,073</u>	<u>472,929</u>

The notes on pages 8 to 11 form part of these financial statements.

FOOD & SHELTER FOUNDATION
Balance Sheet
As At 30 November 2024

	Notes	2024 Unrestricted funds £	2023 Total funds £
CURRENT ASSETS			
Cash at bank and in hand		715,073	472,929
		<u>715,073</u>	<u>472,929</u>
NET CURRENT ASSETS (LIABILITIES)		<u>715,073</u>	<u>472,929</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>715,073</u>	<u>472,929</u>
NET ASSETS		<u>715,073</u>	<u>472,929</u>
FUNDS OF THE CHARITY			
Unrestricted Funds		<u>715,073</u>	<u>472,929</u>
TOTAL FUNDS	7	<u><u>715,073</u></u>	<u><u>472,929</u></u>

For the year ending 30 November 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

Yunus Ahmed Mussa Member

Trustee
28th August 2025

The notes on pages 8 to 11 form part of these financial statements.

FOOD & SHELTER FOUNDATION
Statement of Cash Flows
For The Year Ended 30 November 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Net cash generated from/(used in) operations	1	242,144	(75,202)
Net cash generated from/(used in) operating activities		<u>242,144</u>	<u>(75,202)</u>
Increase/(decrease) in cash and cash equivalents		<u>242,144</u>	<u>(75,202)</u>
Cash and cash equivalents at beginning of year	2	<u>472,929</u>	<u>548,131</u>
Cash and cash equivalents at end of year	2	<u><u>715,073</u></u>	<u><u>472,929</u></u>

FOOD & SHELTER FOUNDATION
Notes to the Statement of Cash Flows
For The Year Ended 30 November 2024

1. Reconciliation of income/(expenditure) to cash generated from/(used in) operations

	2024	2023
	£	£
Net income/(expenditure)	242,144	(70,152)
<i>Movements in working capital:</i>		
Decrease in trade and other creditors	-	(5,050)
Net cash generated from/(used in) operations	242,144	(75,202)

2. Cash and cash equivalents

Cash and cash equivalents, as stated in the Statement of Cash Flows, relates to the following items in the Balance Sheet:

	2024	2023
	£	£
Cash at bank and in hand	715,073	472,929

3. Analysis of changes in net funds

	As at 1 December 2023	Cash flows	As at 30 November 2024
	£	£	£
Cash at bank and in hand	472,929	242,144	715,073

FOOD & SHELTER FOUNDATION
Notes to the Financial Statements
For The Year Ended 30 November 2024

1. General Information

FOOD & SHELTER FOUNDATION is a company limited by guarantee, incorporated in England & Wales, registered number 04590133 and registered charity number 1096411. The registered office is 109 Coleman Raod, Leicester , Leicestershire, LE5 4LE.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds are to be used for specific purposes as laid down by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2.3. Incoming Resources

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be reliably measured.

2.4. Resources Expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure. It is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

3. Income from Donations and Legacies

	2024	2023
	Unrestricted funds	Unrestricted funds
	£	£
Donations and gifts	771,205	333,139

4. Analysis of Expenditure

	Activities undertaken directly	Support costs (see note 5)	2024 Total
	£	£	£
Provision of education	35,362	-	35,362
Alleviation of poverty	493,478	-	493,478
Other	-	221	221
	528,840	221	529,061

FOOD & SHELTER FOUNDATION
Notes to the Financial Statements (continued)
For The Year Ended 30 November 2024

	Activities undertaken directly	Support costs (see note 5)	2023
	£	£	Total £
Provision of education	68,376	-	68,376
Alleviation of poverty	334,760	-	334,760
Other	-	155	155
	403,136	155	403,291

5. Support Costs

	2024 Other £
General administration	221
	221

	2023 Other £
General administration	155
	155

6. Average Number of Employees

Average number of employees during the year was: NIL (2023: NIL)

7. Movement in Funds

	As at 1 December 2023	Income	Expenditure	As at 30 November 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	472,929	771,205	(529,061)	715,073
Total funds	472,929	771,205	(529,061)	715,073

	As at 1 December 2022	Income	Expenditure	As at 30 November 2023
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	543,081	333,139	(403,291)	472,929
Total funds	543,081	333,139	(403,291)	472,929

8. Transactions with Trustees

FOOD & SHELTER FOUNDATION
Notes to the Financial Statements (continued)
For The Year Ended 30 November 2024

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

During the year the expenses reimbursed to the trustees or paid directly to third parties were as follows:

2024	2023
£	£
<hr/> <hr/>	<hr/> <hr/>

9. Related Party Disclosures

During the year the charity received the following donations:

QS Supplies Limited - £241,176 (2023: £842)

Leicester Doors and Timber Limited - £460,029 (2023: £302,297)

Buildyard Wigston Limited - £70,000 (2023: £30,000)

The trustees are also directors of the above named companies.

FOOD AND SHELTER FOUNDATION

England & Wales - Charity number 1096411

Accounts

REGISTERED COMPANY NUMBER: 04590133 (England and Wales)
REGISTERED CHARITY NUMBER: 1096411

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2023
FOR
FOOD & SHELTER FOUNDATION**

Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

FOOD & SHELTER FOUNDATION
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FOR THE YEAR ENDED 30TH NOVEMBER 2023

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FOOD & SHELTER FOUNDATION
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 30TH NOVEMBER 2023

TRUSTEES	Mr F A Member Director Mr Y A M Member Director Mr I Member Director
REGISTERED OFFICE	109 Coleman Road Leicester LE5 4LE
PRINCIPAL ADDRESS	72-74 Forest Road Leicester LE50DG
REGISTERED COMPANY NUMBER	04590133 (England and Wales)
REGISTERED CHARITY NUMBER	1096411
INDEPENDENT EXAMINER	Watergates Ltd 109 Coleman Road Leicester LE5 4LE

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th November 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charitable company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Food and Shelter foundation has continued working mainly in Africa through British Charities thus avoiding duplicity in management and administration; thereby giving the maximum benefit to the recipients of the funds.

The charity has donated a large percentage of its funds to British Registered Charities of which a large amount of its funds have been utilised in Africa. The charity has also participated in helping individuals in England who have fallen into hardship during the recession.

The following is a brief summary of the achievements and performance:

- The Charity is a main contributor in the running of an all girls orphanage in Malawi whereby the majority of the running cost has been met by Food & Shelter foundation looking after the welfare of the orphans education, accommodation and food. The Charity has also taken an active part in building of new complex to house the Orphans and provision of Education facilities. This had become a necessity for the well being of children and their education.
- Emergency housing to the displaced in Malawi during the recent floods which have affected a large population making them homeless and destitute.
- Grains and fertilizer packs to help farmers be self-sufficient.
- The Charity has continued its work in Gambia assisting towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa.
- The charity has undertaken the constructions of living facility for Orphans children who were being housed in terrible conditions.
- The Charity is also supporting two large organisations in India, who house and educate the orphans.
- The Charity has also given its attention to Zimbabwe, a country which is going through great economic challenges with its people suffering as a result. Food & Shelter Foundation have good network within the country which can be relied upon for proper distribution of aid.
- The Charity is also aiding feeding of the poor in Egypt through a local volunteer, working directly for the charity on a voluntary basis.
- The Charity will continue with the above projects and will be conducting field visits in the coming year to assess the proper utilisation of its funds.

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2023

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

The general fund represents donations received from UK companies.

FINANCIAL REVIEW

Reserves policy

The director and trustees endeavour to distribute all income received in the year to charitable causes. The level of reserves held at the year end is considered to be adequate to continue to support its charitable causes as well as meeting its ongoing support and governance costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2002 and registered as a charity on 7 March 2003.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on and signed on its behalf by:

.....
Mr F A Member - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FOOD & SHELTER FOUNDATION**

Independent examiner's report to the trustees of Food & Shelter Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th November 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the ****ERROR - relevant professional body must be completed****, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nazir Malida

Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

Date:

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH NOVEMBER 2023

	Notes	30/11/23 Unrestricted fund £	30/11/22 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>333,139</u>	<u>370,000</u>
EXPENDITURE ON			
Charitable activities			
Provision of education		68,376	29,242
Alleviation of poverty		334,760	403,451
Other		<u>155</u>	<u>-</u>
Total		<u>403,291</u>	<u>432,693</u>
NET INCOME/(EXPENDITURE)		(70,152)	(62,693)
RECONCILIATION OF FUNDS			
Total funds brought forward		543,081	605,774
TOTAL FUNDS CARRIED FORWARD		<u><u>472,929</u></u>	<u><u>543,081</u></u>

The notes on page 0 form part of these financial statements

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL POSITION
30TH NOVEMBER 2023

	Notes	30/11/23 Unrestricted fund £	30/11/22 Total funds £
CURRENT ASSETS			
Cash at bank		472,929	548,131
CREDITORS			
Amounts falling due within one year	3	-	(5,050)
NET CURRENT ASSETS		<u>472,929</u>	<u>543,081</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>472,929</u>	<u>543,081</u>
NET ASSETS		<u>472,929</u>	<u>543,081</u>
FUNDS			
Unrestricted funds	4	<u>472,929</u>	<u>543,081</u>
TOTAL FUNDS		<u>472,929</u>	<u>543,081</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th November 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
Mr F A Member - Trustee

The notes on page 0 form part of these financial statements

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2023**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2023**

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th November 2023 nor for the year ended 30th November 2022.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 30th November 2023 nor for the year ended 30th November 2022.

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30/11/23	30/11/22
	£	£
Accruals and deferred income	-	5,050
	<u> </u>	<u> </u>

4. MOVEMENT IN FUNDS

	At 1.12.22	Net movement in funds	At 30.11.23
	£	£	£
Unrestricted funds			
General fund	543,081	(70,152)	472,929
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	543,081	(70,152)	472,929
	<u> </u>	<u> </u>	<u> </u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	333,139	(403,291)	(70,152)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	333,139	(403,291)	(70,152)
	<u> </u>	<u> </u>	<u> </u>

Comparatives for movement in funds

	At 1.12.21	Net movement in funds	At 30.11.22
	£	£	£
Unrestricted funds			
General fund	605,774	(62,693)	543,081
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	605,774	(62,693)	543,081
	<u> </u>	<u> </u>	<u> </u>

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2023**

4. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	370,000	(432,693)	(62,693)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>370,000</u>	<u>(432,693)</u>	<u>(62,693)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.21 £	Net movement in funds £	At 30.11.23 £
Unrestricted funds			
General fund	605,774	(132,845)	472,929
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>605,774</u>	<u>(132,845)</u>	<u>472,929</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	703,139	(835,984)	(132,845)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>703,139</u>	<u>(835,984)</u>	<u>(132,845)</u>

FOOD & SHELTER FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2023

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th November 2023.

FOOD AND SHELTER FOUNDATION

England & Wales - Charity number 1096411

Accounts

REGISTERED COMPANY NUMBER: 04590133 (England and Wales)
REGISTERED CHARITY NUMBER: 1096411

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2022
FOR
FOOD & SHELTER FOUNDATION**

Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

FOOD & SHELTER FOUNDATION
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FOR THE YEAR ENDED 30TH NOVEMBER 2022

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FOOD & SHELTER FOUNDATION
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 30TH NOVEMBER 2022

TRUSTEES	Mr F A Member Director Mr Y A M Member Director Mr I Member Director
REGISTERED OFFICE	109 Coleman Road Leicester LE5 4LE
PRINCIPAL ADDRESS	72-74 Forest Road Leicester LE50DG
REGISTERED COMPANY NUMBER	04590133 (England and Wales)
REGISTERED CHARITY NUMBER	1096411
INDEPENDENT EXAMINER	Watergates Ltd 109 Coleman Road Leicester LE5 4LE

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th November 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charitable company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Food and Shelter foundation has continued working mainly in Africa through British Charities thus avoiding duplicity in management and administration; thereby giving the maximum benefit to the recipients of the funds.

The charity has donated a large percentage of its funds to British Registered Charities of which a large amount of its funds have been utilised in Africa. The charity has also participated in helping individuals in England who have fallen into hardship during the recession.

The following is a brief summary of the achievements and performance:

- The Charity is a main contributor in the running of an all girls orphanage in Malawi whereby the majority of the running cost has been met by Food & Shelter foundation looking after the welfare of the orphans education, accommodation and food. The Charity has also taken an active part in building of new complex to house the Orphans and provision of Education facilities. This had become a necessity for the well being of children and their education.
- Emergency housing to the displaced in Malawi during the recent floods which have affected a large population making them homeless and destitute.
- Grains and fertilizer packs to help farmers be self-sufficient.
- The Charity has continued its work in Gambia assisting towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa.
- The charity has undertaken the constructions of living facility for Orphans children who were being housed in terrible conditions.
- The Charity is also supporting two large organisations in India, who house and educate the orphans.
- The Charity has also given its attention to Zimbabwe, a country which is going through great economic challenges with its people suffering as a result. Food & Shelter Foundation have good network within the country which can be relied upon for proper distribution of aid.
- The Charity is also aiding feeding of the poor in Egypt through a local volunteer, working directly for the charity on a voluntary basis.
- The Charity will continue with the above projects and will be conducting field visits in the coming year to assess the proper utilisation of its funds.

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2022

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

The general fund represents donations received from UK companies.

FINANCIAL REVIEW

Reserves policy

The director and trustees endeavour to distribute all income received in the year to charitable causes. The level of reserves held at the year end is considered to be adequate to continue to support its charitable causes as well as meeting its ongoing support and governance costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2002 and registered as a charity on 7 March 2003.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 29th August 2023 and signed on its behalf by:

Mr F A Member - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FOOD & SHELTER FOUNDATION**

Independent examiner's report to the trustees of Food & Shelter Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th November 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the ****ERROR - relevant professional body must be completed****, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nazir Malida

Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

29th August 2023

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH NOVEMBER 2022

	Notes	30/11/22 Unrestricted fund £	30/11/21 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		370,000	400,000
EXPENDITURE ON			
Raising funds		-	30
Charitable activities			
Provision of education		29,242	54,883
Alleviation of poverty		403,451	195,529
Total		432,693	250,442
NET INCOME/(EXPENDITURE)		(62,693)	149,558
RECONCILIATION OF FUNDS			
Total funds brought forward		605,774	456,216
TOTAL FUNDS CARRIED FORWARD		543,081	605,774

The notes on page 0 form part of these financial statements

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL POSITION
30TH NOVEMBER 2022

	Notes	30/11/22 Unrestricted fund £	30/11/21 Total funds £
CURRENT ASSETS			
Cash at bank		548,131	605,774
CREDITORS			
Amounts falling due within one year	3	(5,050)	-
NET CURRENT ASSETS		<u>543,081</u>	<u>605,774</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>543,081</u>	<u>605,774</u>
NET ASSETS		<u>543,081</u>	<u>605,774</u>
FUNDS			
Unrestricted funds	4	<u>543,081</u>	<u>605,774</u>
TOTAL FUNDS		<u>543,081</u>	<u>605,774</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th November 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29th August 2023 and were signed on its behalf by:

Mr F A Member - Trustee

The notes on page 0 form part of these financial statements

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2022**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2022**

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th November 2022 nor for the year ended 30th November 2021.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 30th November 2022 nor for the year ended 30th November 2021.

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30/11/22	30/11/21
	£	£
Accruals and deferred income	5,050	-
	<u>5,050</u>	<u>-</u>

4. MOVEMENT IN FUNDS

	At 1.12.21 £	Net movement in funds £	At 30.11.22 £
Unrestricted funds			
General fund	605,774	(62,693)	543,081
	<u>605,774</u>	<u>(62,693)</u>	<u>543,081</u>
TOTAL FUNDS	605,774	(62,693)	543,081
	<u>605,774</u>	<u>(62,693)</u>	<u>543,081</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	370,000	(432,693)	(62,693)
	<u>370,000</u>	<u>(432,693)</u>	<u>(62,693)</u>
TOTAL FUNDS	370,000	(432,693)	(62,693)
	<u>370,000</u>	<u>(432,693)</u>	<u>(62,693)</u>

Comparatives for movement in funds

	At 1.12.20 £	Net movement in funds £	At 30.11.21 £
Unrestricted funds			
General fund	456,216	149,558	605,774
	<u>456,216</u>	<u>149,558</u>	<u>605,774</u>
TOTAL FUNDS	456,216	149,558	605,774
	<u>456,216</u>	<u>149,558</u>	<u>605,774</u>

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2022**

4. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	400,000	(250,442)	149,558
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>400,000</u>	<u>(250,442)</u>	<u>149,558</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.20 £	Net movement in funds £	At 30.11.22 £
Unrestricted funds			
General fund	456,216	86,865	543,081
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>456,216</u>	<u>86,865</u>	<u>543,081</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	770,000	(683,135)	86,865
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>770,000</u>	<u>(683,135)</u>	<u>86,865</u>

FOOD & SHELTER FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2022

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th November 2022.

FOOD AND SHELTER FOUNDATION

England & Wales - Charity number 1096411

Accounts

REGISTERED COMPANY NUMBER: 04590133 (England and Wales)
REGISTERED CHARITY NUMBER: 1096411

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2021
FOR
FOOD & SHELTER FOUNDATION**

Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

FOOD & SHELTER FOUNDATION
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FOR THE YEAR ENDED 30TH NOVEMBER 2021

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FOOD & SHELTER FOUNDATION
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 30TH NOVEMBER 2021

TRUSTEES	Mr F A Member Director Mr Y A M Member Director Mr I Member Director
REGISTERED OFFICE	109 Coleman Road Leicester LE5 4LE
PRINCIPAL ADDRESS	72-74 Forest Road Leicester LE50DG
REGISTERED COMPANY NUMBER	04590133 (England and Wales)
REGISTERED CHARITY NUMBER	1096411
INDEPENDENT EXAMINER	Watergates Ltd 109 Coleman Road Leicester LE5 4LE

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th November 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charitable company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Food and Shelter foundation has continued working mainly in Africa through British Charities thus avoiding duplicity in management and administration; thereby giving the maximum benefit to the recipients of the funds.

The charity has donated a large percentage of its funds to British Registered Charities of which a large amount of its funds have been utilised in Africa. The charity has also participated in helping individuals in England who have fallen into hardship during the recession.

The following is a brief summary of the achievements and performance:

- The Charity is a main contributor in the running of an all girls orphanage in Malawi whereby the majority of the running cost has been met by Food & Shelter foundation looking after the welfare of the orphans education, accommodation and food.
- Emergency housing to the displaced in Malawi during the recent floods which have affected a large population making them homeless and destitute.
- Grains and fertiliser packs to help farmers be self-sufficient.
- The charity has continued its work in Gambia assisting towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa.
- The charity has undertaken the constructions of living facility for Orphans children who were being housed in terrible conditions.
- The Charity is also supporting two large organisations in India, who house and educate the orphans.

The charity has also given its attention to Zimbabwe, a country which is going through great economic challenges with its people suffering as a result. Food & Shelter Foundation have good network within the country which can be relied upon for proper distribution of aid..

The Charity will continue with the above projects and will be conducting field visits in the coming year to assess the proper utilisation of its funds.

Fundraising activities

The general fund represents donations received from UK companies.

FINANCIAL REVIEW

Reserves policy

The director and trustees endeavour to distribute all income received in the year to charitable causes. The level of reserves held at the year end is considered to be adequate to continue to support its charitable causes as well as meeting its ongoing support and governance costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2002 and registered as a charity on 7 March 2003.

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2021

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 28th September 2022 and signed on its behalf by:

Mr F A Member - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FOOD & SHELTER FOUNDATION**

Independent examiner's report to the trustees of Food & Shelter Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th November 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nazir Malida
FCCA
Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

28th September 2022

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH NOVEMBER 2021

	Notes	30/11/21 Unrestricted fund £	30/11/20 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>400,000</u>	<u>416,012</u>
EXPENDITURE ON			
Charitable activities			
Provision of education		54,883	79,231
Alleviation of poverty		195,529	231,592
Provision of medical assistance		-	9,000
Other		<u>30</u>	<u>24</u>
Total		<u>250,442</u>	<u>319,847</u>
NET INCOME		149,558	96,165
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>456,216</u>	<u>360,051</u>
TOTAL FUNDS CARRIED FORWARD		<u>605,774</u>	<u>456,216</u>

The notes on page 0 form part of these financial statements

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL POSITION
30TH NOVEMBER 2021

	Notes	30/11/21 Unrestricted fund £	30/11/20 Total funds £
CURRENT ASSETS			
Cash at bank		605,774	456,216
NET CURRENT ASSETS		605,774	456,216
TOTAL ASSETS LESS CURRENT LIABILITIES		605,774	456,216
NET ASSETS		605,774	456,216
FUNDS	3		
Unrestricted funds		605,774	456,216
TOTAL FUNDS		605,774	456,216

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th November 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28th September 2022 and were signed on its behalf by:

Mr F A Member - Trustee

The notes on page 0 form part of these financial statements

FOOD & SHELTER FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2021

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th November 2021 nor for the year ended 30th November 2020.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 30th November 2021 nor for the year ended 30th November 2020.

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2021**

3. MOVEMENT IN FUNDS

	At 1.12.20 £	Net movement in funds £	At 30.11.21 £
Unrestricted funds			
General fund	456,216	149,558	605,774
TOTAL FUNDS	456,216	149,558	605,774

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	400,000	(250,442)	149,558
TOTAL FUNDS	400,000	(250,442)	149,558

Comparatives for movement in funds

	At 1.12.19 £	Net movement in funds £	At 30.11.20 £
Unrestricted funds			
General fund	360,051	96,165	456,216
TOTAL FUNDS	360,051	96,165	456,216

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	416,012	(319,847)	96,165
TOTAL FUNDS	416,012	(319,847)	96,165

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2021**

3. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.19 £	Net movement in funds £	At 30.11.21 £
Unrestricted funds			
General fund	360,051	245,723	605,774
	360,051	245,723	605,774
TOTAL FUNDS	360,051	245,723	605,774

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	816,012	(570,289)	245,723
	816,012	(570,289)	245,723
TOTAL FUNDS	816,012	(570,289)	245,723

4. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th November 2021.

FOOD AND SHELTER FOUNDATION

England & Wales - Charity number 1096411

Accounts

REGISTERED COMPANY NUMBER: 04590133 (England and Wales)
REGISTERED CHARITY NUMBER: 1096411

**TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2020
FOR
FOOD & SHELTER FOUNDATION**

Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

FOOD & SHELTER FOUNDATION
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2020

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FOOD & SHELTER FOUNDATION
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 30TH NOVEMBER 2020

TRUSTEES	Mr F A Member Director Mr Y A M Member Director (appointed 1/10/2020) Mr I Member Director (appointed 1/10/2020)
REGISTERED OFFICE	109 Coleman Road Leicester LE5 4LE
PRINCIPAL ADDRESS	72-74 Forest Road Leicester LE50DG
REGISTERED COMPANY NUMBER	04590133 (England and Wales)
REGISTERED CHARITY NUMBER	1096411
INDEPENDENT EXAMINER	Watergates Ltd 109 Coleman Road Leicester LE5 4LE

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th November 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charitable company is to carry on as a non-profit making body in particular to relieve poverty, advance education, preserve and protect health worldwide.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Food and Shelter foundation has continued working mainly in Africa through British Charities thus avoiding duplication in management and administration; thereby giving the maximum benefit to the recipients of the funds.

The charity has donated a large percentage of its funds to British Registered Charities of which a large amount of its funds have been utilised in Africa. The charity has also participated in helping individuals in England who have fallen into hardship during the recession.

The following is a brief summary of the achievements and performance:

- The Charity is a main contributor in the running of an all girls orphanage in Malawi whereby the majority of the running cost has been met by Food & Shelter foundation looking after the welfare of the orphans education, accommodation and food.
- Emergency housing to the displaced in Malawi during the recent floods which have affected a large population making them homeless and destitute.
- Grains and fertiliser packs to help farmers be self-sufficient.
- The charity has continued its work in Gambia assisting towards the relief of poverty, sickness and distress of persons who are in conditions of need and hardship by providing food, clothing, accommodation and financial assistance in Gambia, West Africa.
- The charity has undertaken the constructions of living facility for Orphans children who were being housed in terrible conditions.
- The Charity is also supporting two large organisations in India, who house and educate the orphans.

The charity has also given its attention to Zimbabwe, a country which is going through great economic challenges with its people suffering as a result. Food & Shelter Foundation have good network within the country which can be relied upon for proper distribution of aid..

The Charity will continue with the above projects and will be conducting field visits in the coming year to assess the proper utilisation of its funds.

Fundraising activities

The general fund represents donations received from UK companies.

FINANCIAL REVIEW

Reserves policy

The director and trustees endeavour to distribute all income received in the year to charitable causes. The level of reserves held at the year end is considered to be adequate to continue to support its charitable causes as well as meeting its ongoing support and governance costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Food & Shelter Foundation is a charitable company limited by guarantee, incorporated on 14 November 2002 and registered as a charity on 7 March 2003.

FOOD & SHELTER FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30TH NOVEMBER 2020

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 31st August 2021 and signed on its behalf by:

Mr F A Member - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FOOD & SHELTER FOUNDATION**

Independent examiner's report to the trustees of Food & Shelter Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th November 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nazir Malida
FCCA
Watergates Ltd
109 Coleman Road
Leicester
LE5 4LE

31st August 2021

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH NOVEMBER 2020

	Notes	30/11/20 Unrestricted fund £	30/11/19 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2	416,012	269,026
EXPENDITURE ON			
Charitable activities			
Provision of education		79,231	43,358
Alleviation of poverty		231,592	225,466
Provision of medical assistance		9,000	9,000
Other		24	36
Total		319,847	277,860
NET INCOME/(EXPENDITURE)		96,165	(8,834)
RECONCILIATION OF FUNDS			
Total funds brought forward		360,051	368,885
TOTAL FUNDS CARRIED FORWARD		456,216	360,051

The notes on page 0 form part of these financial statements

FOOD & SHELTER FOUNDATION
STATEMENT OF FINANCIAL POSITION
30TH NOVEMBER 2020

	Notes	30/11/20 Unrestricted fund £	30/11/19 Total funds £
CURRENT ASSETS			
Cash at bank		456,216	360,051
NET CURRENT ASSETS		<u>456,216</u>	<u>360,051</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>456,216</u>	<u>360,051</u>
NET ASSETS		<u>456,216</u>	<u>360,051</u>
FUNDS	5		
Unrestricted funds		<u>456,216</u>	<u>360,051</u>
TOTAL FUNDS		<u>456,216</u>	<u>360,051</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th November 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31st August 2021 and were signed on its behalf by:

Mr F A Member - Trustee

The notes on page 0 form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH NOVEMBER 2020**

1. ACCOUNTING POLICIES**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	30/11/20	30/11/19
	£	£
Donations received	416,012	269,026

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2020

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th November 2020 nor for the year ended 30th November 2019.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 30th November 2020 nor for the year ended 30th November 2019.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	<u>30/11/20</u>	<u>30/11/19</u>
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No employees received emoluments in excess of £60,000.

5. MOVEMENT IN FUNDS

	At 1.12.19 £	Net movement in funds £	At 30.11.20 £
Unrestricted funds			
General fund	360,051	96,165	456,216
	<u>360,051</u>	<u>96,165</u>	<u>456,216</u>
TOTAL FUNDS	<u>360,051</u>	<u>96,165</u>	<u>456,216</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	416,012	(319,847)	96,165
	<u>416,012</u>	<u>(319,847)</u>	<u>96,165</u>
TOTAL FUNDS	<u>416,012</u>	<u>(319,847)</u>	<u>96,165</u>

Comparatives for movement in funds

	At 1.12.18 £	Net movement in funds £	At 30.11.19 £
Unrestricted funds			
General fund	368,885	(8,834)	360,051
	<u>368,885</u>	<u>(8,834)</u>	<u>360,051</u>
TOTAL FUNDS	<u>368,885</u>	<u>(8,834)</u>	<u>360,051</u>

FOOD & SHELTER FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30TH NOVEMBER 2020**

5. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	269,026	(277,860)	(8,834)
	<u>269,026</u>	<u>(277,860)</u>	<u>(8,834)</u>
TOTAL FUNDS	<u>269,026</u>	<u>(277,860)</u>	<u>(8,834)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.18 £	Net movement in funds £	At 30.11.20 £
Unrestricted funds			
General fund	368,885	87,331	456,216
	<u>368,885</u>	<u>87,331</u>	<u>456,216</u>
TOTAL FUNDS	<u>368,885</u>	<u>87,331</u>	<u>456,216</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	685,038	(597,707)	87,331
	<u>685,038</u>	<u>(597,707)</u>	<u>87,331</u>
TOTAL FUNDS	<u>685,038</u>	<u>(597,707)</u>	<u>87,331</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th November 2020.