

THE LISTENING EAR

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2023

THE LISTENING EAR

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YEAR ENDED 31 MARCH 2023

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Charity Number 1095964

THE LISTENING EAR

CHAIRPERSON'S ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER : 1095964

PRINCIPAL OFFICE :VO9, 203-205 Charminster Road, Bournemouth BH8 9QQ (1 April-30 Nov 2022)
127-129 Bargates, Christchurch BH23 1QH (as of 1 Dec 2022)

TRUSTEES: Theresa Linder, W. Lee Weldon, Kasia Stankiewicz-Lammin, Kim Williams, Jonathan Humpheys

INDEPENDENT EXAMINER: Phillip Polden FCCA Brett Pittwood Chartered Certified Accountants
Suite 8, Bourne Gate, 25 Bourne Valley Road, Poole, Dorset BH12 1DY

BANKERS: Barclays Bank plc, 61 Old Christchurch Road, Bournemouth, Dorset, BH1 1ER

The Listening Ear - Annual Chairperson's Report

Date: 30 Aug 2023

Charity No: 1095964

Covering period: March 2022 to March 2023

Over the last few years, it has become very clear that mental health can no longer be considered as a secondary aspect to people's day to day functioning. In times when mental health awareness is expanding, there is more research directed and focused on wellbeing. There is no benefit to stepping away from thinking about human beings' complex constructs influenced by a variety of factors.

During recent times we have experienced a global pandemic, wars including one that is ongoing in Ukraine and the cost-of-living crisis. Many of these impactful events have had an influence on how people feel which has resulted in an increased demand for specialist mental health support. We are aware that providing appropriate mental health support for young people is possibly the most beneficial preventative measure during childhood. The National Health Service is overburdened and it is clear that there is a place for a charity that can meet the mental health needs of young people deserving support. Child and Adolescent Mental Health services of the National Health Service are currently unable to meet all of the increasing demand. Therefore, creating other appropriate avenues to support young people's health and recovery appears to be a joint effort to work proactively and therapeutically.

For years now, The Listening Ear has provided vital counselling services for children and young people in the areas of Bournemouth, Christchurch, and Poole. The number of young people supported has been systematically increasing. The number of young people supported by the TLE services supported rose from 312 in 2022, to 433 over the course of the year. The presenting issues were varied and draw our attention to the need for intensified and tailored therapeutic support. TLE was once again able to engage closely with its partnership with 70 schools, 44 primary schools, 21 secondary schools, one college and four special schools.

Due to current economic uncertainty and the impact of the cost-of-living crisis, funding remains the biggest challenge for the charity. We are mindful that there is a tendency for more funding going into larger organisations, nevertheless efforts are made to support our fundraising avenues. Securing grants, regular donations and fundraising events such as a golf day or a chilli and cheese festival helped to increase the charity income. Moving forwards, the objective remains securing a steady stream of funding which continues to be the main challenge facing the charity.

Through the course of the year the team of five trustees; Chairperson - Kasia Stankiewicz-Lammin, Secretary - Lee Weldon, Treasurer - Jonathan Humphreys, as well as Theresa Linder, and Kim Williams have been supporting TLE. The board continues to be committed to helping the charity grow and evolve in order to support the high demand for mental health support for young people.

In addition to the Board of Trustees, the charity was able to retain an administrative assistant to support ongoing fundraising and the management of the charity.

TLE is committed to supporting young people in the community being mindful of their needs and the importance of mental health.

On behalf of The Listening Ear Kasia Stankiewicz-Lammin - Chairperson

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

VO9
203-205 Charminster Road
Bournemouth
Dorset
BH8 9QQ

TRUSTEES

T Linder
W Weldon
J Humphreys
K Stankiewicz-Lammin
K Williams

INDEPENDENT EXAMINER

Phillip J Polden FCCA
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

BANKERS

Barclays Bank plc
61 Old Christchurch Road
Bournemouth
Dorset
BH1 1ER

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE LISTENING EAR**

I report on the financial statements of The Listening Ear for the year ended 31 March 2023 which comprise the statement of financial activities, balance sheet and related notes on pages 4 to 6. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year.

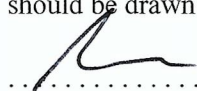
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....
Phillip J Polden FCCA
Chartered Certified Accountant
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

19 DECEMBER 2023 Date

STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2023

	2023	2022
	Unrestricted	Unrestricted
	Funds	Funds
INCOMING RESOURCES		
Incoming resources from charitable activities:		
Counselling services	108,240	124,542
Grants received	6,000	5,000
Donations	6,936	15,226
Fundraising events income	8,217	4,362
	<hr/>	<hr/>
	129,393	149,130
Incoming resources from generated funds:		
Bank deposit account interest	16	1
	<hr/>	<hr/>
	129,409	149,131
RESOURCES EXPENDED		
Activities in furtherance of the charity's objects:		
Counsellors' services	95,991	83,644
Senior counsellor	500	100
Training and supervision costs	9,390	5,830
Security checks	364	626
Events and fundraising expenses	1,917	379
Governance costs:		
Charity director	11,520	10,065
Administrator	8,180	4,180
Stationery, postage and office supplies	192	174
Repairs and renewals	754	-
Telephone and internet	439	294
Insurance	484	484
Room hire	201	384
Water and electricity	699	-
Accountancy	1,110	990
Legal and professional fees	2,680	-
Miscellaneous	-	40
	<hr/>	<hr/>
	134,421	107,190
NET (OUTGOING)/INCOMING RESOURCES	<hr/> <hr/>	<hr/> <hr/>
	£(5,012)	£41,941

BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023	2022
CURRENT ASSETS			
Debtors	4	4,600	10,122
Property - rent deposit		1,000	-
Bank current account		60,001	60,660
Bank deposit account		7,112	7,096
		<u>£72,713</u>	<u>£77,878</u>
CREDITORS: amounts falling due within one year			
Creditors and accruals	5	15,625	15,778
		<u>£15,625</u>	<u>£15,778</u>
NET CURRENT ASSETS		<u>57,088</u>	<u>62,100</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£57,088</u>	<u>£62,100</u>
RESERVES			
Unrestricted funds:			
Surplus brought forward		62,100	20,159
(Deficit)/surplus for the year		(5,012)	41,941
Surplus carried forward		<u>£57,088</u>	<u>£62,100</u>

These financial statements were approved by the Trustees on 18/12/ 2023 and signed on its behalf by:


K Stankiewicz-Lammin
 Chair

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

a) Accounting convention

The financial statements are prepared under the historical cost convention and the Charities Acts. They follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in 2005, and comply with Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

b) Incoming resources

All income apart from donations is included in full in the financial statements when receivable. Donations are included when received.

c) Resources expended

Resources expended, including irrecoverable VAT, are recognised in the year in which they are incurred.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

2. TRUSTEES' EMOLUMENTS

Neither the trustees nor any persons connected with them have received remuneration during the year. No expenses have been reimbursed to the trustees during the year.

3. INDEPENDENT EXAMINER

Accountancy fees includes a provision of £1,110 (2022 = £990) in respect of the preparation and the independent examination of these financial statements. No other financial services were provided by the independent examiner.

4. DEBTORS	2023	2022
Unpaid invoices for counselling services provided	£4,600	£10,122
5. CREDITORS AND ACCRUALS		
Counsellors' services	11,370	12,469
Senior counsellor	-	100
Charity Director	1,065	1,125
Administrator	1,000	620
Refund of counselling fees	-	200
Supervision costs	920	170
Room hire	-	104
Water and electricity	140	-
Office supplies	20	-
Accountancy and independent examination fees	1,110	990
	£15,625	£15,778