

THE LISTENING EAR

England & Wales · Charity number 1095964

Details

Status Registered

Legal form Other

Registered 2003-02-14

Register [View on the Charity Commission register](#)

Contact

Address The Listening Ear
127-129 Bargates
Christchurch
BH23 1QH

Phone 01202980770

Email info@thelisteningear.org

Website www.the-listening-ear.org

Activities

Objects: TO RELIEVE DISTRESS AND SUPPORT YOUNG PEOPLE AND THEIR FAMILIES TROUBLED BY EMOTIONAL AND BEHAVIOURAL DIFFICULTIES CAUSING, OR LIKELY TO CAUSE, ANXIETY OR DISTRESS. SUCH PROVISION SHALL BE RESTRICTED TO THOSE YOUNG PEOPLE AND THEIR FAMILIES, WHO ARE EITHER DOMICILE IN OR IN FULL TIME EDUCATION WITHIN, THE BOUNDARIES OF THE BOROUGH OF POOL, BOURNEMOUTH BOROUGH, OR DORSET COUNTY.

Activities: The Listening Ear's objectives are to provide a professional and confidential counselling and training service to the BCP (Bournemouth, Christchurch, and Poole) community, supporting children and families to overcome issues with mental health and wellbeing. Such provision shall be restricted to those children, young people, and their families, who are either domicile in or in full time education

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Education/training
- **Who:** Children/young People

Geography

- **Area of benefit:** BOROUGH OF POOLE, BOURNEMOUTH BOROUGH, OR DORSET COUNTY
- Bournemouth
- Dorset
- Poole

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£154,358	£112,025	-	-
2024-03-31	£92,062	£112,823	-	-
2023-03-31	£129,409	£134,421	-	-
2022-03-31	£149,130	£107,190	-	-
2021-03-31	£44,964	£39,455	-	-

Trustees

Name	Role	Appointed
Katarzyna Aniela Stankiewicz-Lammin	Chair	2021-06-27
Jonathan Christopher Humphreys		2020-05-19
Layla Andrea Russell		2023-07-01
William Lee Weldon II		2020-05-19

THE LISTENING EAR

England & Wales - Charity number 1095964

Accounts

Charity Number.
1095964

THE LISTENING EAR

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2025

THE LISTENING EAR

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LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

127 - 129 Bargates
Christchurch
Dorset
BH23 1QH

TRUSTEES

W Weldon
K Stankiewicz-Lammin
J Humphreys
L Russell

INDEPENDENT EXAMINER

Phillip J Polden FCCA
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

BANKERS

Barclays Bank plc
61 Old Christchurch Road
Bournemouth
Dorset
BH1 1ER

Charity Number 1095964

THE LISTENING EAR

CHAIRPERSON'S ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER : 1095964

PRINCIPAL OFFICE : 127-129 Bargates, Christchurch BH23 1QH

TRUSTEES: W. Lee Weldon, Kasia Stankiewicz-Lammin, Jonathan Humphreys, Layla Russell

INDEPENDENT EXAMINER: Phillip Polden FCCA Brett Pittwood Chartered Certified Accountants
Suite 8, Bourne Gate, 25 Bourne Valley Road, Poole, Dorset BH12 1DY

BANKERS: Barclays Bank plc, 61 Old Christchurch Road, Bournemouth, Dorset, BH1 1ER

The Listening Ear - Annual Chairperson's Report

Date: 30.03. 2025

Charity No: 1095964

Covering period: 1 April 2024 to 31 March 2025

The Listening Ear has continued to provide vital counselling services for children and young people in the areas of Bournemouth, Christchurch, and Poole. During this financial year, The Listening Ear provided 291 counselling packages working within 42 local primary, secondary, and special schools. The presenting issues continue to vary, however, the charity has again seen a steady increase in referrals for children who have experienced trauma and children who are neurodiverse.

The Listening Ear continues to strive for professional excellence and is proud to have been recognised with a number of accolades in 2024-25 including:

- Specialist Counselling Service 2024-25 Prestige Awards (South England) for the 4th consecutive year
- Global Awards 2024-25 Mental Health Support Non-Profit of the Year
- E2 Media 2024 Accolade of Achievement

- E2 Media 2024 Charity Director of the Year
- Global Health & Pharma 2024 Best Youth Focused Counselling Service
- AI Non-profit Awards 2024 Best Children's Mental Health Charity

Through the course of the year the team of four trustees; Chairperson - Kasia Stankiewicz-Lammin, Secretary - Lee Weldon, Treasurer - Jonathan Humphreys, as well as Layla Russell have been supporting TLE. The board continues to be committed to helping the charity grow and evolve in order to support the high demand for mental health support for young people.

In addition to the work of the Board of Trustees, Anita Weldon continues in the role of Charity Director in charge of the day to day running of the charity alongside a small administration staff.

While the charity has continued to provide a high quality service, funding has not met the demand. Due to current economic uncertainty, the rise in minimum wage, and the general rise in costs to run the charity, the trustees have taken the decision to close The Listening Ear no later than 31 March, 2026. The Listening Ear will no longer accept new referrals as of 1 April, 2025. All client work will be completed by 18 July, 2025. The charity director will continue to complete all necessary administration and maintain the offices through the remainder of the current lease, at which time the charity commission will be notified of the final closure of the charity.

Kasia Stankiewicz-Lammin - Chairperson

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE LISTENING EAR**

I report on the financial statements of The Listening Ear for the year ended 31 March 2025 which comprise the statement of financial activities, balance sheet and related notes on pages 4 to 6. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Phillip J Polden FCCA
Chartered Certified Accountant
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

16.12
..... 2025



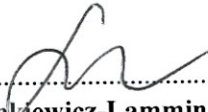
**STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2025**

	2025	2024
	Unrestricted	Unrestricted
	Funds	Funds
INCOMING RESOURCES		
Incoming resources from charitable activities:		
Counselling services	72,374	64,058
Grants received	62,165	13,655
Donations	16,108	8,357
Fundraising events income	3,268	5,897
	<hr/>	<hr/>
	153,915	91,967
Incoming resources from generated funds:		
Other income - bank compensation	225	-
Bank deposit account interest	218	95
	<hr/>	<hr/>
	154,358	92,062
RESOURCES EXPENDED		
Activities in furtherance of the charity's objects:		
Counsellors' services	66,739	60,659
Senior counsellor	267	352
Training and supervision costs	9,744	10,075
Security checks	280	372
Events and fundraising expenses	2,921	1,447
Governance costs:		
Charity director	11,200	10,603
Administrators	2,495	10,878
Stationery, postage and office expenses	767	587
Repairs and renewals	443	190
Telephone and internet	832	868
Insurance	503	503
Rent and storage	12,235	12,310
Cleaning	216	-
Water and electricity	1,426	1,566
Car parking permits	847	1,393
Accountancy	1,110	1,020
	<hr/>	<hr/>
	112,025	112,823
NET INCOMING/(OUTGOING) RESOURCES	<hr/> <hr/>	<hr/> <hr/>
	£42,333	£(20,761)

**BALANCE SHEET
AS AT 31 MARCH 2025**

	Note	2025	2024
CURRENT ASSETS			
Debtors	4	5,580	9,425
Property - rent deposit		1,000	1,000
Bank current account		68,824	23,541
Bank deposit account		12,433	10,266
		<u>£87,837</u>	<u>£44,232</u>
CREDITORS: amounts falling due within one year			
Creditors and accruals	5	9,177	7,905
		<u>£9,177</u>	<u>£7,905</u>
NET CURRENT ASSETS		<u>78,660</u>	<u>36,327</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£78,660</u>	<u>£36,327</u>
RESERVES			
Unrestricted funds:			
Surplus brought forward		36,327	57,088
Surplus/(deficit) for the year		42,333	(20,761)
Surplus carried forward		<u>£78,660</u>	<u>£36,327</u>

These financial statements were approved by the Trustees on 16.12 2025 and signed on its behalf by:


.....
K Stankiewicz-Lammin
Chairperson

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

a) Accounting convention

The financial statements are prepared under the historical cost convention and the Charities Acts. They follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in 2005, and comply with Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

b) Incoming resources

All income apart from donations is included in full in the financial statements when receivable. Donations are included when received.

c) Resources expended

Resources expended, including irrecoverable VAT, are recognised in the year in which they are incurred.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

2. TRUSTEES' EMOLUMENTS

Neither the trustees nor any persons connected with them have received remuneration during the year. No expenses have been reimbursed to the trustees during the year.

3. INDEPENDENT EXAMINER

Accountancy fees includes a provision of £1,110 (2024 = £1,020) in respect of the preparation and the independent examination of these financial statements. No other financial services were provided by the independent examiner.

4. DEBTORS	2025	2024
Unpaid invoices for counselling services provided	£5,580	£9,425
	<hr/> <hr/>	<hr/> <hr/>
5. CREDITORS AND ACCRUALS		
Counsellors' services	6,465	5,355
Senior counsellor	15	55
Charity Director	1,000	800
Administrator	427	495
Water and electricity	160	180
Accountancy and independent examination fees	1,110	1,020
	<hr/> <hr/>	<hr/> <hr/>
	£9,177	£7,905

THE LISTENING EAR

England & Wales - Charity number 1095964

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Charity Number.
1095964

THE LISTENING EAR

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2024

THE LISTENING EAR

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LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

127 - 129 Bargates
Christchurch
Dorset
BH23 1QH

TRUSTEES

W Weldon
K Stankiewicz-Lammin
J Humphreys
L Russell

INDEPENDENT EXAMINER

Phillip J Polden FCCA
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

BANKERS

Barclays Bank plc
61 Old Christchurch Road
Bournemouth
Dorset
BH1 1ER

Charity Number 1095964

THE LISTENING EAR

CHAIRPERSON'S ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER : 1095964

PRINCIPAL OFFICE : 127-129 Bargates, Christchurch BH23 1QH

TRUSTEES:, W. Lee Weldon, Kasia Stankiewicz-Lammin, Jonathan Humphreys, Layla Russell

INDEPENDENT EXAMINER: Phillip Polden FCCA Brett Pittwood Chartered Certified Accountants Suite 8, Bourne Gate, 25 Bourne Valley Road, Poole, Dorset BH12 1DY

BANKERS: Barclays Bank plc, 61 Old Christchurch Road, Bournemouth, Dorset, BH1 1ER

The Listening Ear - Annual Chairperson's Report

Date: 14 April 2024

Charity No: 1095964

Covering period: 1 April 2023 to 31 March 2024

For over 20 years, The Listening Ear has continued to provide vital counselling services for children and young people in the areas of Bournemouth, Christchurch, and Poole with needs growing every year.

During this financial year, The Listening Ear provided 254 counselling packages working within 45 local primary, secondary, and special schools. The presenting issues continue to vary, however, the charity has seen a steady increase in referrals for children who have experienced trauma and children who are neurodiverse.

Due to current economic uncertainty and the impact of the cost-of-living crisis, funding remains the biggest challenge for the charity. We are mindful that there is a tendency for more funding going into larger organisations, nevertheless efforts are made to support our fundraising avenues. Securing grants, regular donations and fundraising events such The Cheese & Chili festival, Family Fun Day as well as involvement with local Rotary groups have all helped to increase awareness as well as income for the charity. Moving forwards, the objective remains securing a

steady stream of funding; this continues to be the main challenge facing the charity.

Despite the financial challenges, The Listening Ear continues to strive for professional excellence and is proud to have been recognised with a number of accolades in 2023-24 including:

- Specialist Counselling Service 2023-24 Prestige Awards (South England) for the 3rd consecutive year
- Children's Charity of the Year-2024 E2 Media Awards of Excellence
- Best Children's Charity AI Non-profit Organisation Award

Through the course of the year the team of four trustees; Chairperson - Kasia Stankiewicz-Lammin, Secretary - Lee Weldon, Treasurer - Jonathan Humphreys, as well as Layla Russell have been supporting TLE. The board continues to be committed to helping the charity grow and evolve in order to support the high demand for mental health support for young people.

In addition to the work of the Board of Trustees, Anita Weldon continues in the role of Charity Director in charge of the day to day running of the charity alongside a small administration staff.

The Listening Ear remains committed to supporting young people in the community being mindful of their needs and the importance of mental health.

On behalf of The Listening Ear Kasia Stankiewicz-Lammin - Chairperson

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE LISTENING EAR**

I report on the financial statements of The Listening Ear for the year ended 31 March 2024 which comprise the statement of financial activities, balance sheet and related notes on pages 4 to 6. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Phillip J Polden FCCA
Chartered Certified Accountant
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

22 January 2025

**STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2024**

	2024	2023
	Unrestricted Funds	Unrestricted Funds
INCOMING RESOURCES		
Incoming resources from charitable activities:		
Counselling services	64,058	108,240
Grants received	13,655	6,000
Donations	8,357	6,936
Fundraising events income	5,897	8,217
	<hr/>	<hr/>
	91,967	129,393
Incoming resources from generated funds:		
Bank deposit account interest	95	16
	<hr/>	<hr/>
	92,062	129,409
RESOURCES EXPENDED		
Activities in furtherance of the charity's objects:		
Counsellors' services	60,659	95,991
Senior counsellor	352	500
Training and supervision costs	10,075	9,390
Security checks	372	364
Events and fundraising expenses	1,447	1,917
Governance costs:		
Charity director	10,603	11,520
Administrators	10,878	8,180
Stationery, postage and office expenses	587	192
Repairs and renewals	190	754
Telephone and internet	868	439
Insurance	503	484
Rent and storage	12,310	-
Room hire	-	201
Water and electricity	1,566	699
Car parking permits	1,393	-
Accountancy	1,020	1,110
Legal and professional fees	-	2,680
	<hr/>	<hr/>
	112,823	134,421
NET OUTGOING RESOURCES	<hr/> £(20,761) <hr/>	<hr/> £(5,012) <hr/>

**BALANCE SHEET
AS AT 31 MARCH 2024**

	Note	2024	2023
CURRENT ASSETS			
Debtors	4	9,425	4,600
Property - rent deposit		1,000	1,000
Bank current account		23,541	60,001
Bank deposit account		10,266	7,112
		<u>£44,232</u>	<u>£72,713</u>
CREDITORS: amounts falling due within one year			
Creditors and accruals	5	7,905	15,625
		<u>£7,905</u>	<u>£15,625</u>
NET CURRENT ASSETS		<u>36,327</u>	<u>57,088</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£36,327</u>	<u>£57,088</u>
RESERVES			
Unrestricted funds:			
Surplus brought forward		57,088	62,100
Deficit for the year		(20,761)	(5,012)
Surplus carried forward		<u>£36,327</u>	<u>£57,088</u>

These financial statements were approved by the Trustees on 21 January 2025 and signed on its behalf by:

K Stankiewicz-Lammin
Chairperson

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES

a) Accounting convention

The financial statements are prepared under the historical cost convention and the Charities Acts. They follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in 2005, and comply with Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

b) Incoming resources

All income apart from donations is included in full in the financial statements when receivable. Donations are included when received.

c) Resources expended

Resources expended, including irrecoverable VAT, are recognised in the year in which they are incurred.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

2. TRUSTEES' EMOLUMENTS

Neither the trustees nor any persons connected with them have received remuneration during the year. No expenses have been reimbursed to the trustees during the year.

3. INDEPENDENT EXAMINER

Accountancy fees includes a provision of £1,020 (2023 = £1,110) in respect of the preparation and the independent examination of these financial statements. No other financial services were provided by the independent examiner.

4. DEBTORS	2024	2023
Unpaid invoices for counselling services provided	£9,425	£4,600

5. CREDITORS AND ACCRUALS

Counsellors' services	5,355	11,370
Senior counsellor	55	-
Charity Director	800	1,065
Administrator	495	1,000
Supervision costs	-	920
Water and electricity	180	140
Office supplies	-	20
Accountancy and independent examination fees	1,020	1,110
	<u>£7,905</u>	<u>£15,625</u>

THE LISTENING EAR

England & Wales - Charity number 1095964

Accounts

Charity Number.
1095964

THE LISTENING EAR

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2023

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Charity Number 1095964

THE LISTENING EAR

CHAIRPERSON'S ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER : 1095964

PRINCIPAL OFFICE :VO9, 203-205 Charminster Road, Bournemouth BH8 9QQ (1 April-30 Nov 2022)
127-129 Bargates, Christchurch BH23 1QH (as of 1 Dec 2022)

TRUSTEES: Theresa Linder, W. Lee Weldon, Kasia Stankiewicz-Lammin, Kim Williams, Jonathan Humpheys

INDEPENDENT EXAMINER: Phillip Polden FCCA Brett Pittwood Chartered Certified Accountants
Suite 8, Bourne Gate, 25 Bourne Valley Road, Poole, Dorset BH12 1DY

BANKERS: Barclays Bank plc, 61 Old Christchurch Road, Bournemouth, Dorset, BH1 1ER

The Listening Ear - Annual Chairperson's Report

Date: 30 Aug 2023

Charity No: 1095964

Covering period: March 2022 to March 2023

Over the last few years, it has become very clear that mental health can no longer be considered as a secondary aspect to people's day to day functioning. In times when mental health awareness is expanding, there is more research directed and focused on wellbeing. There is no benefit to stepping away from thinking about human beings' complex constructs influenced by a variety of factors.

During recent times we have experienced a global pandemic, wars including one that is ongoing in Ukraine and the cost-of-living crisis. Many of these impactful events have had an influence on how people feel which has resulted in an increased demand for specialist mental health support. We are aware that providing appropriate mental health support for young people is possibly the most beneficial preventative measure during childhood. The National Health Service is overburdened and it is clear that there is a place for a charity that can meet the mental health needs of young people deserving support. Child and Adolescent Mental Health services of the National Health Service are currently unable to meet all of the increasing demand. Therefore, creating other appropriate avenues to support young people's health and recovery appears to be a joint effort to work proactively and therapeutically.

For years now, The Listening Ear has provided vital counselling services for children and young people in the areas of Bournemouth, Christchurch, and Poole. The number of young people supported has been systematically increasing. The number of young people supported by the TLE services supported rose from 312 in 2022, to 433 over the course of the year. The presenting issues were varied and draw our attention to the need for intensified and tailored therapeutic support. TLE was once again able to engage closely with its partnership with 70 schools, 44 primary schools, 21 secondary schools, one college and four special schools.

Due to current economic uncertainty and the impact of the cost-of-living crisis, funding remains the biggest challenge for the charity. We are mindful that there is a tendency for more funding going into larger organisations, nevertheless efforts are made to support our fundraising avenues. Securing grants, regular donations and fundraising events such as a golf day or a chilli and cheese festival helped to increase the charity income. Moving forwards, the objective remains securing a steady stream of funding which continues to be the main challenge facing the charity.

Through the course of the year the team of five trustees; Chairperson - Kasia Stankiewicz-Lammin, Secretary - Lee Weldon, Treasurer - Jonathan Humphreys, as well as Theresa Linder, and Kim Williams have been supporting TLE. The board continues to be committed to helping the charity grow and evolve in order to support the high demand for mental health support for young people.

In addition to the Board of Trustees, the charity was able to retain an administrative assistant to support ongoing fundraising and the management of the charity.

TLE is committed to supporting young people in the community being mindful of their needs and the importance of mental health.

On behalf of The Listening Ear Kasia Stankiewicz-Lammin - Chairperson

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

VO9
203-205 Charminster Road
Bournemouth
Dorset
BH8 9QQ

TRUSTEES

T Linder
W Weldon
J Humphreys
K Stankiewicz-Lammin
K Williams

INDEPENDENT EXAMINER

Phillip J Polden FCCA
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

BANKERS

Barclays Bank plc
61 Old Christchurch Road
Bournemouth
Dorset
BH1 1ER

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE LISTENING EAR**

I report on the financial statements of The Listening Ear for the year ended 31 March 2023 which comprise the statement of financial activities, balance sheet and related notes on pages 4 to 6. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year.

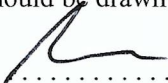
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....

Phillip J Polden FCCA
Chartered Certified Accountant
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

19 DECEMBER 2023 Date

STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2023

	2023	2022
	Unrestricted	Unrestricted
	Funds	Funds
INCOMING RESOURCES		
Incoming resources from charitable activities:		
Counselling services	108,240	124,542
Grants received	6,000	5,000
Donations	6,936	15,226
Fundraising events income	8,217	4,362
	<hr/>	<hr/>
	129,393	149,130
Incoming resources from generated funds:		
Bank deposit account interest	16	1
	<hr/>	<hr/>
	129,409	149,131
RESOURCES EXPENDED		
Activities in furtherance of the charity's objects:		
Counsellors' services	95,991	83,644
Senior counsellor	500	100
Training and supervision costs	9,390	5,830
Security checks	364	626
Events and fundraising expenses	1,917	379
Governance costs:		
Charity director	11,520	10,065
Administrator	8,180	4,180
Stationery, postage and office supplies	192	174
Repairs and renewals	754	-
Telephone and internet	439	294
Insurance	484	484
Room hire	201	384
Water and electricity	699	-
Accountancy	1,110	990
Legal and professional fees	2,680	-
Miscellaneous	-	40
	<hr/>	<hr/>
	134,421	107,190
NET (OUTGOING)/INCOMING RESOURCES	<hr/> £(5,012) <hr/>	<hr/> £41,941 <hr/>

**BALANCE SHEET
AS AT 31 MARCH 2023**

	Note	2023	2022
CURRENT ASSETS			
Debtors	4	4,600	10,122
Property - rent deposit		1,000	-
Bank current account		60,001	60,660
Bank deposit account		7,112	7,096
		<u>£72,713</u>	<u>£77,878</u>
CREDITORS: amounts falling due within one year			
Creditors and accruals	5	15,625	15,778
		<u>£15,625</u>	<u>£15,778</u>
NET CURRENT ASSETS		<u>57,088</u>	<u>62,100</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£57,088</u>	<u>£62,100</u>
RESERVES			
Unrestricted funds:			
Surplus brought forward		62,100	20,159
(Deficit)/surplus for the year		(5,012)	41,941
Surplus carried forward		<u>£57,088</u>	<u>£62,100</u>

These financial statements were approved by the Trustees on 18/12/ 2023 and signed on its behalf by:


 K Stankiewicz-Lammin
 Chair

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

a) Accounting convention

The financial statements are prepared under the historical cost convention and the Charities Acts. They follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in 2005, and comply with Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

b) Incoming resources

All income apart from donations is included in full in the financial statements when receivable. Donations are included when received.

c) Resources expended

Resources expended, including irrecoverable VAT, are recognised in the year in which they are incurred.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

2. TRUSTEES' EMOLUMENTS

Neither the trustees nor any persons connected with them have received remuneration during the year. No expenses have been reimbursed to the trustees during the year.

3. INDEPENDENT EXAMINER

Accountancy fees includes a provision of £1,110 (2022 = £990) in respect of the preparation and the independent examination of these financial statements. No other financial services were provided by the independent examiner.

4. DEBTORS

	2023	2022
Unpaid invoices for counselling services provided	£4,600	£10,122

5. CREDITORS AND ACCRUALS

Counsellors' services	11,370	12,469
Senior counsellor	-	100
Charity Director	1,065	1,125
Administrator	1,000	620
Refund of counselling fees	-	200
Supervision costs	920	170
Room hire	-	104
Water and electricity	140	-
Office supplies	20	-
Accountancy and independent examination fees	1,110	990
	<u>£15,625</u>	<u>£15,778</u>

THE LISTENING EAR

England & Wales - Charity number 1095964

Accounts

Charity Number.

1095964

THE LISTENING EAR

CHAIRMAN'S ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

VO9, 203-205 Charminster Road, Bournemouth BH8 9QQ

TRUSTEES

T. Linder, W. Weldon, K. Stankiewicz-Lammin, K. Williams, J. Humpheys

INDEPENDENT EXAMINER

Phillip Polden FCCA Brett Pittwood Chartered Certified Accountants Suite 8 Bourne Gate 25 Bourne Valley Road Poole Dorset BH12 1DY

BANKERS

Barclays Bank plc 61 Old Christchurch Road Bournemouth Dorset BH1 1ER

The Listening Ear - Annual Chairman's Report

Date: 30 Aug 2022

Charity No: 1095964

Covering period: March 2021 to March 2022

This past year saw the world slowly returning to some sense of normality as the impact of the COVID-19 pandemic started to ease. However, this also meant an increase in demand for mental health support as families dealt with the lingering effects of the crisis, straining an already overloaded healthcare sector. Through this time, The Listening Ear (TLE) continued to provide vital counselling services to children and young people in Bournemouth, Christchurch, and Poole. In fact, the number of clients supported rose to 312 over the course of the year and the number of counsellors working with TLE grew to 30 by July 2022.

As schools opened up, and in-person interactions were allowed, TLE was able to once again engage closely with its partner schools, working in 82 across BCP by July 2022. This allowed TLE to stay actively engaged with helping children and young people cope with mental health issues that were amplified by the pandemic.

Due to economic uncertainty, there continued to be limited funding available for smaller charities like TLE with more funding and attention going to larger organisations. Still, TLE was able to secure grants for £6000 and regular donations to keep the charity actively supporting children and young people throughout the year. Additionally, fundraising events such as a Golf Day and providing parking guidance for the Christchurch Chilli and Cheese Festival helped to increase the charity's income. Going forward, securing a steady stream of funding continues to be the main challenge facing the charity.

Through the course of the year TLE's team of 9 trustees focused on helping the charity refresh its strategy and its overall business model. By the summer of 2022, several trustees chose to step down from their role due to personal commitments. Consequently, there are now 5 trustees on the TLE board, Chairperson- Kasia Stankiewicz-Lammin, Secretary- Lee Weldon, Treasurer- Jonathan Humphreys, as well as Theresa Linder, and Kim Williams. The board continues to be committed to helping the charity grow and evolve in order to support the high demand for TLE's services.

In addition to the Board of Trustees, the charity was able to add a new staff member, Samantha Cake as an administrative assistant to support Anita in the office starting from July 2021.

As we move beyond the crisis of the pandemic, we know that we will still feel the lingering effects on mental health issues with children and young people for years to come, and TLE is committed to providing as much support as possible for the community.

On behalf of The Listening Ear Kasia Stankiewicz-Lammin- Chair

Charity Number.
1095964

THE LISTENING EAR

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2022

THE LISTENING EAR

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LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

VO9
203-205 Charminster Road
Bournemouth
Dorset
BH8 9QQ

TRUSTEES

T Linder
W Weldon
J Humphreys
K Stankiewicz
K Williams

INDEPENDENT EXAMINER

Phillip J Polden FCCA
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

BANKERS

Barclays Bank plc
61 Old Christchurch Road
Bournemouth
Dorset
BH1 1ER

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE LISTENING EAR**

I report on the financial statements of The Listening Ear for the year ended 31 March 2022 which comprise the statement of financial activities, balance sheet and related notes on pages 4 to 6. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
 Phillip J Polden FCCA
 Chartered Certified Accountant
 Brett Pittwood
 Chartered Certified Accountants
 Suite 8 Bourne Gate
 25 Bourne Valley Road
 Poole
 Dorset
 BH12 1DY

..... Date

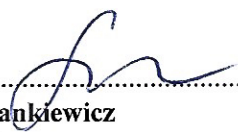
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2022

	2022 Unrestricted Funds	2021 Unrestricted Funds
INCOMING RESOURCES		
Incoming resources from charitable activities:		
Counselling services	124,542	4,005
Grants received	5,000	37,553
Donations	15,226	2,607
Fundraising events income	4,362	-
Miscellaneous income	-	796
	<hr/>	<hr/>
	149,130	44,961
Incoming resources from generated funds:		
Bank deposit account interest	1	3
	<hr/>	<hr/>
	149,131	44,964
RESOURCES EXPENDED		
Activities in furtherance of the charity's objects:		
Counsellors' services	83,644	27,427
Senior counsellor	100	-
Training and supervision costs	5,830	1,447
Security checks	626	455
Events and fundraising expenses	379	-
Governance costs:		
Charity director	10,065	-
Administrator	4,180	-
Counsellors' services for administration	-	8,250
Stationery, postage and office supplies	174	105
Telephone and internet	294	409
Insurance	484	484
Room hire	384	220
Accountancy	990	624
Miscellaneous	40	34
	<hr/>	<hr/>
	107,190	39,455
NET INCOMING RESOURCES	<hr/> <hr/>	<hr/> <hr/>
	£41,941	£5,509

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022	2021
CURRENT ASSETS			
Debtors	4	10,122	1,820
Bank current account		60,660	18,606
Bank deposit account		7,096	7,096
		<u>£77,878</u>	<u>£27,522</u>
CREDITORS: amounts falling due within one year			
Creditors and accruals	5	15,778	7,363
		<u>£15,778</u>	<u>£7,363</u>
NET CURRENT ASSETS		<u>62,100</u>	<u>20,159</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£62,100</u>	<u>£20,159</u>
RESERVES			
Unrestricted funds:			
Surplus brought forward		20,159	14,650
Surplus for the year		41,941	5,509
Surplus carried forward		<u>£62,100</u>	<u>£20,159</u>

These financial statements were approved by the Trustees on23.12..... 2022 and signed on its behalf by:

.....

K Stankiewicz
Chair

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

a) Accounting convention

The financial statements are prepared under the historical cost convention and the Charities Acts. They follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in 2005, and comply with Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

b) Incoming resources

All income apart from donations is included in full in the financial statements when receivable. Donations are included when received.

c) Resources expended

Resources expended, including irrecoverable VAT, are recognised in the year in which they are incurred.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

2. TRUSTEES' EMOLUMENTS

Neither the trustees nor any persons connected with them have received remuneration during the year. No expenses have been reimbursed to the trustees during the year.

3. INDEPENDENT EXAMINER

Accountancy fees includes a provision of £990 (2021 = £624) in respect of the preparation and the independent examination of these financial statements. No other financial services were provided by the independent examiner.

4. DEBTORS	2022	2021
Unpaid invoices for counselling services provided	£10,122	£1,820
	<u>£10,122</u>	<u>£1,820</u>

5. CREDITORS AND ACCRUALS

Counsellors' services	12,469	5,449
Senior counsellor	100	-
Charity Director	1,125	-
Counsellors' services for administration	-	1,035
Administrator	620	-
Refund of counselling fees	200	-
Supervision costs	170	-
Room hire	104	-
Accountancy and independent examination fees	990	624
	<u>£15,778</u>	<u>£7,108</u>

Charity Number.
1095964

THE LISTENING EAR

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2022

THE LISTENING EAR

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LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

VO9
203-205 Charminster Road
Bournemouth
Dorset
BH8 9QQ

TRUSTEES

T Linder
W Weldon
J Humphreys
K Stankiewicz
K Williams

INDEPENDENT EXAMINER

Phillip J Polden FCCA
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

BANKERS

Barclays Bank plc
61 Old Christchurch Road
Bournemouth
Dorset
BH1 1ER

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE LISTENING EAR**

I report on the financial statements of The Listening Ear for the year ended 31 March 2022 which comprise the statement of financial activities, balance sheet and related notes on pages 4 to 6. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
 Phillip J Polden FCCA
 Chartered Certified Accountant
 Brett Pittwood
 Chartered Certified Accountants
 Suite 8 Bourne Gate
 25 Bourne Valley Road
 Poole
 Dorset
 BH12 1DY

..... Date

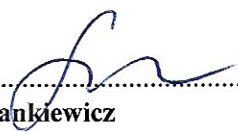
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2022

	2022 Unrestricted Funds	2021 Unrestricted Funds
INCOMING RESOURCES		
Incoming resources from charitable activities:		
Counselling services	124,542	4,005
Grants received	5,000	37,553
Donations	15,226	2,607
Fundraising events income	4,362	-
Miscellaneous income	-	796
	<hr/>	<hr/>
	149,130	44,961
Incoming resources from generated funds:		
Bank deposit account interest	1	3
	<hr/>	<hr/>
	149,131	44,964
RESOURCES EXPENDED		
Activities in furtherance of the charity's objects:		
Counsellors' services	83,644	27,427
Senior counsellor	100	-
Training and supervision costs	5,830	1,447
Security checks	626	455
Events and fundraising expenses	379	-
Governance costs:		
Charity director	10,065	-
Administrator	4,180	-
Counsellors' services for administration	-	8,250
Stationery, postage and office supplies	174	105
Telephone and internet	294	409
Insurance	484	484
Room hire	384	220
Accountancy	990	624
Miscellaneous	40	34
	<hr/>	<hr/>
	107,190	39,455
NET INCOMING RESOURCES		
	<hr/> <hr/>	<hr/> <hr/>
	£41,941	£5,509

**BALANCE SHEET
AS AT 31 MARCH 2022**

	Note	2022	2021
CURRENT ASSETS			
Debtors	4	10,122	1,820
Bank current account		60,660	18,606
Bank deposit account		7,096	7,096
		<u>£77,878</u>	<u>£27,522</u>
CREDITORS: amounts falling due within one year			
Creditors and accruals	5	15,778	7,363
		<u>£15,778</u>	<u>£7,363</u>
NET CURRENT ASSETS		<u>62,100</u>	<u>20,159</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£62,100</u>	<u>£20,159</u>
RESERVES			
Unrestricted funds:			
Surplus brought forward		20,159	14,650
Surplus for the year		41,941	5,509
Surplus carried forward		<u>£62,100</u>	<u>£20,159</u>

These financial statements were approved by the Trustees on 23.12 2022 and signed on its behalf by:

.....

K Stankiewicz
 Chair

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES

a) Accounting convention

The financial statements are prepared under the historical cost convention and the Charities Acts. They follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in 2005, and comply with Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

b) Incoming resources

All income apart from donations is included in full in the financial statements when receivable. Donations are included when received.

c) Resources expended

Resources expended, including irrecoverable VAT, are recognised in the year in which they are incurred.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

2. TRUSTEES' EMOLUMENTS

Neither the trustees nor any persons connected with them have received remuneration during the year. No expenses have been reimbursed to the trustees during the year.

3. INDEPENDENT EXAMINER

Accountancy fees includes a provision of £990 (2021 = £624) in respect of the preparation and the independent examination of these financial statements. No other financial services were provided by the independent examiner.

4. DEBTORS	2022	2021
Unpaid invoices for counselling services provided	£10,122	£1,820
	<u>£10,122</u>	<u>£1,820</u>

5. CREDITORS AND ACCRUALS

Counsellors' services	12,469	5,449
Senior counsellor	100	-
Charity Director	1,125	-
Counsellors' services for administration	-	1,035
Administrator	620	-
Refund of counselling fees	200	-
Supervision costs	170	-
Room hire	104	-
Accountancy and independent examination fees	990	624
	<u>£15,778</u>	<u>£7,108</u>

THE LISTENING EAR

England & Wales - Charity number 1095964

Accounts

Charity Number.
1095964

THE LISTENING EAR

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

YEAR ENDED 31 MARCH 2021

THE LISTENING EAR

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LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER

1095964

PRINCIPAL OFFICE

VO9
203-205 Charminster Road
Bournemouth
Dorset
BH8 9QQ

TRUSTEES

T Linder
W Weldon
J Humphrys
N Whitnell
T Sheppard
L Tillings
C Mears
K Stankiewicz
K Williams

INDEPENDENT EXAMINER

Phillip J Polden FCCA
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

BANKERS

Barclays Bank plc
61 Old Christchurch Road
Bournemouth
Dorset
BH1 1ER

The Listening Ear - Annual Chairman's Report

Date: 30 Aug 2021

Charity No: 1095964

Covering period:

July 2020 to July 2021

This past year challenged The Listening Ear (TLE) with an unprecedented mix of a pandemic, significant social and economic disruption, and a mental health crisis fuelled by isolation and uncertainty. In response, the TLE team found ways to evolve and innovate in order to continue providing vital counselling services to children and young people in Bournemouth, my Christchurch, and Poole. In fact, the number of clients supported rose to 125 over the course of the year and the number of counsellors working with TLE grew from 3 to 15 by July 2021.

To achieve this growth, TLE adapted to the national lockdowns by rapidly shifting its counselling services to virtual, video meetings between the counsellors and clients. Additionally, once vaccines became available for front line workers, all staff were vaccinated and able to go back into schools as soon as possible. This allowed TLE to stay actively engaged with helping children and young people cope with mental health issues that were amplified by the pandemic.

Other positives from the year included a close working relationship with Avonwood Primary school where we have a counsellor on site one morning each week. Additionally, TLE expanded our work with the local authority allowing us to support even more children and young people.

While there was no shortage of demand for support from the charity, it was a challenging year to maintain the funding required to meet the demand. With a significant reduction in funds available due to economic uncertainty, small charities such as TLE were faced with strong competition from more established organisations for the limited funds. Still, TLE was able to secure grants for £32000 to keep the charity actively supporting children and young people throughout the year. Going forward, securing a steady stream of funding looks to be the main challenge facing the charity.

As the charity grew over the course of the year, so too did the Trustee Board. By July 2021 there were 9 Trustees supporting TLE, collectively bringing experiences ranging from charity work, psychology, youth work, marketing, and strategy. Over the course of the year the board completed a review and refresh of the charity's strategy and its overall business model. The board continues to be committed to helping the charity grow and evolve in order to support the high demand for TLE's services.

Although the world seems to be returning to a degree of normality, we know that we will feel the lingering impact from the pandemic on mental health issues with children and young people for years to come, and TLE is committed to providing as much support as possible for the community.

On behalf of The Listening Ear Theresa Linder - Chair

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE LISTENING EAR**

I report on the financial statements of The Listening Ear for the year ended 31 March 2021 which comprise the statement of financial activities, balance sheet and related notes on pages 4 to 6. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Phillip J Polden FCCA
Chartered Certified Accountant
Brett Pittwood
Chartered Certified Accountants
Suite 8 Bourne Gate
25 Bourne Valley Road
Poole
Dorset
BH12 1DY

14.12.2021

**STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2021**

	2021	2020
	Unrestricted	Unrestricted
	Funds	Funds
INCOMING RESOURCES		
Incoming resources from charitable activities:		
Counselling services	4,005	5,950
Grants received	37,553	2,500
Donations	2,607	245
Miscellaneous income	796	-
	<hr/>	<hr/>
	44,961	8,695
Incoming resources from generated funds:		
Bank deposit account interest	3	13
	<hr/>	<hr/>
	44,964	8,708
RESOURCES EXPENDED		
Activities in furtherance of the charity's objects:		
Counsellors' services	27,427	10,060
Training and supervision costs	1,447	-
Security checks	455	-
Governance costs:		
Counsellors' services for administration	8,250	1,614
Stationery, postage and office supplies	105	-
Telephone and internet	409	475
Insurance	484	246
Office rent	-	770
Room hire	220	-
Accountancy	624	570
Miscellaneous	34	40
	<hr/>	<hr/>
	39,455	13,775
NET INCOMING/(OUTGOING) RESOURCES	<hr/> <hr/>	<hr/> <hr/>
	£5,509	£(5,067)

**BALANCE SHEET
AS AT 31 MARCH 2021**

	Note	2021	2020
CURRENT ASSETS			
Debtors	4	1,820	4,800
Bank current account		18,606	4,946
Bank deposit account		7,096	7,092
		<u>£27,522</u>	<u>£16,838</u>
CREDITORS: amounts falling due within one year			
Creditors and accruals	5	7,363	2,188
		<u>£7,363</u>	<u>£2,188</u>
NET CURRENT ASSETS		<u>20,159</u>	<u>14,650</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>£20,159</u>	<u>£14,650</u>
RESERVES			
Unrestricted funds:			
Surplus brought forward		14,650	19,717
Surplus/(deficit) for the year		5,509	(5,067)
Surplus carried forward		<u>£20,159</u>	<u>£14,650</u>

These financial statements were approved by the Trustees on 13.12 2021 and signed on its behalf by:

Theresa Linder

T Linder
Chair

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES

a) Accounting convention

The financial statements are prepared under the historical cost convention and the Charities Acts. They follow the recommendations in 'Accounting and Reporting by Charities: Statement of Recommended Practice' issued in 2005, and comply with Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993.

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

b) Incoming resources

All income apart from donations is included in full in the financial statements when receivable. Donations are included when received.

c) Resources expended

Resources expended, including irrecoverable VAT, are recognised in the year in which they are incurred.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

2. TRUSTEES' EMOLUMENTS

Neither the trustees nor any persons connected with them have received remuneration during the year. No expenses have been reimbursed to the trustees during the year.

3. INDEPENDENT EXAMINER

Accountancy fees includes a provision of £624 (2020 = £570) in respect of the preparation and the independent examination of these financial statements. No other financial services were provided by the independent examiner.

4. DEBTORS	2021	2020
Unpaid invoices for counselling services provided	£1,820	£4,800
	<u>£1,820</u>	<u>£4,800</u>
 5. CREDITORS AND ACCRUALS		
Counsellors' services	6,484	660
Reimbursed expenses	255	-
Office rent	-	388
Accountancy and independent examination fees	624	1,140
	<u>£7,363</u>	<u>£2,188</u>